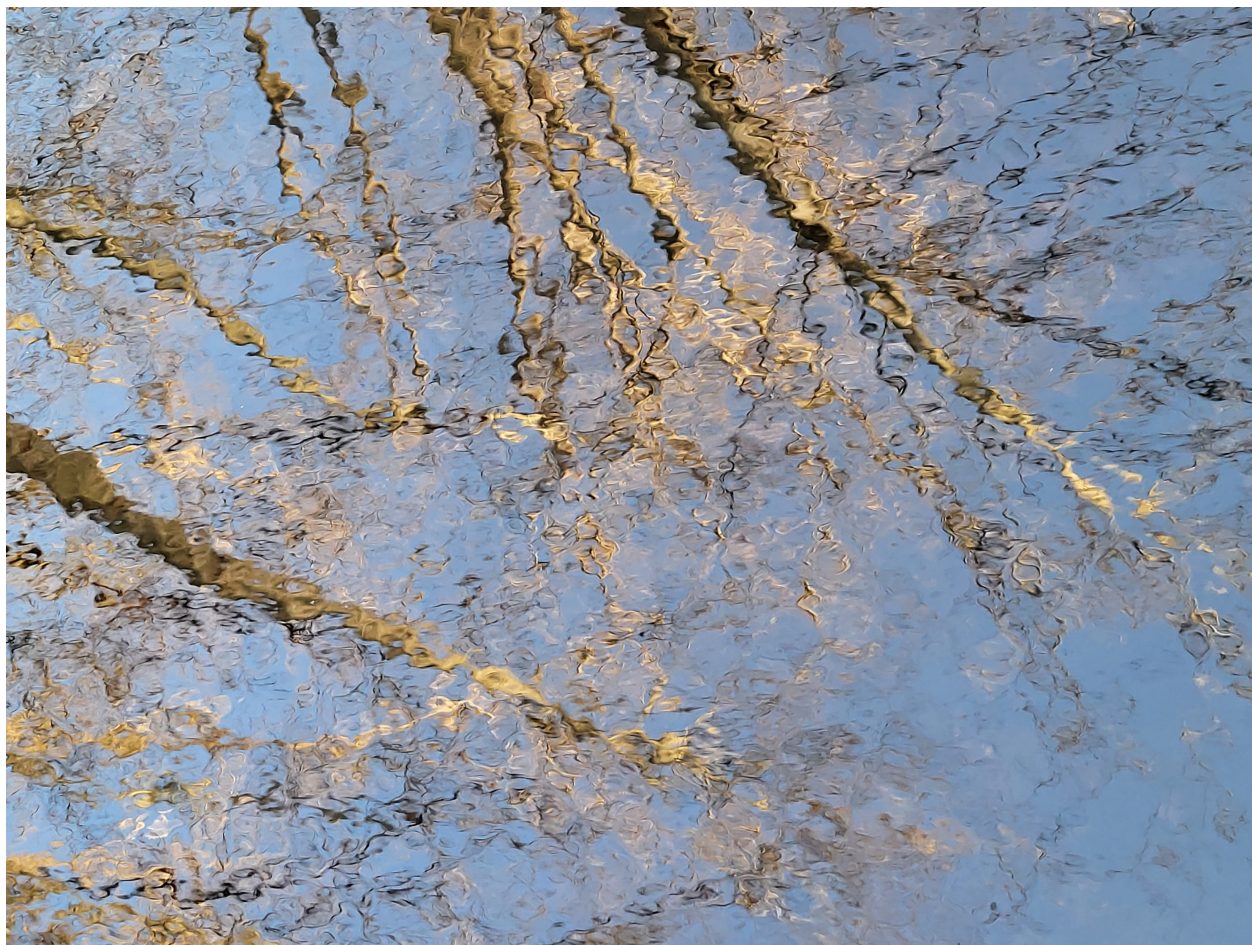


Kendal
atOberlin

WKAO

***Off Buttonbush
Bridge
by Kathleen
Cervený***



Monday, April 29

Monday Dinner



SOUP

Beef Vegetable

Cream of Asparagus

SALADS

Salad Bar

Apple Fennel



DESSERTS

Black Forest Cake

Mandarin Oranges

Monday Dinner

ENTREES

Grilled Swordfish

Espresso Rubbed Pork Chop

Broccoli Cheddar Quiche



ACCOMPANIMENTS

Green Beans

Bavarian Red Cabbage

Mashed Red Potatoes



The Langston

Open Monday - Saturday

- **Langston meal hours, Mon. - Sat.**
Breakfast. 7:30 am - 9:30 am
Lunch. 11:30 am - 1:30 pm
Dinner. 4:45 pm - 6:30 pm
- **Carry-out is available throughout the meal service.**
- **Open between meals with limited menu and beverages until 4:30 pm.**

POOL MONITOR times for Monday



10:30-11:30am

AUDITORIUM EXERCISE CLASSES

Stretch and Strength Class



with Craig Maracci on DVD

Mon, Wed., Fri.
8:45 - 10:00 am
Auditorium

Line Dance Class



Mondays at 4:15 pm

Auditorium



French Language Group

Every Monday for a program or dinner.

More information: Barbara Gordon-Lickey

Dinner this week

Mon., Apr. 29, 7:00-9:00 pm

Crossroads



Square Dancing & *Contradancing*

No partner needed

Tuesdays at 4

Heiser Auditorium



Dancing with your Rollator



**Tuesdays – 5:00
Auditorium**

**Was ? Sie sprechen
Deutsch ? !**



Wunderbar !

**Dann kommen Sie zum
Deutschtisch!**

**Dienstags um 5:30 Uhr
Fox & Fell**



Tuesday Night Bridge
6:30 - 8:00 p.m.
In the Green Room



TV Series

The Crown

2007

Mon., Apr. 29

7 pm

WSCC



From Oberlin Conservatory



“Assimilation v. Integration in Music Education”

Chris Jenkins

**Assoc. Dean for Academic Support,
& Liaison to Office of Equity,
Diversity, & Inclusion**

Mon., Apr. 29, 7:15

AUD & KOTV

Meditation Series

“Meditations for Living and Dying Well”

led by Mary Grigolia

**Tues., April 2, 16, 30, & May 7; 1-2:30 pm
Educ Center Training Room**

Sign up at open mailboxes.



Tuesday Movies

Jane Eyre

2011

Apr. 30, 1:00 pm

WSSC 921

UU Kendal Gathering



Liberating Love: A Community Conversation

**with Mary Grigolia
Tues., Apr. 30, 2:00 pm
Crossroads Room**

Health Services Forum



- Maximizing your Health & Wellness Clinic benefit
- Preventing falls / Falling safely
- Water: the essential nutrient
- Q&A with Dr. Georgia Newman

Wed., May 1, 4:00 pm
Auditorium & KOTV



Oberlin Conservatory

Contemporary Music Ensemble

Timothy Weiss, conducting

Wed., May 1, 7:30pm

Warner Concert Hall

Sign up for Kendal bus.

Health Talk

“Hearing Impairment – Diagnosis, Testing, & Hearing Aid Technology”



**Dr. Josh Bowyer, Audiologist
Oberlin Hearing Care**

**Thurs., May 2, 7:15 pm
Heiser Aud. & KOTV**



Call for Nominees!

**The KORA Leadership Development and
Nominations Committee seeks your
nominees for the
2025 KORA Council and LDNC.**

Deadline – May 15.

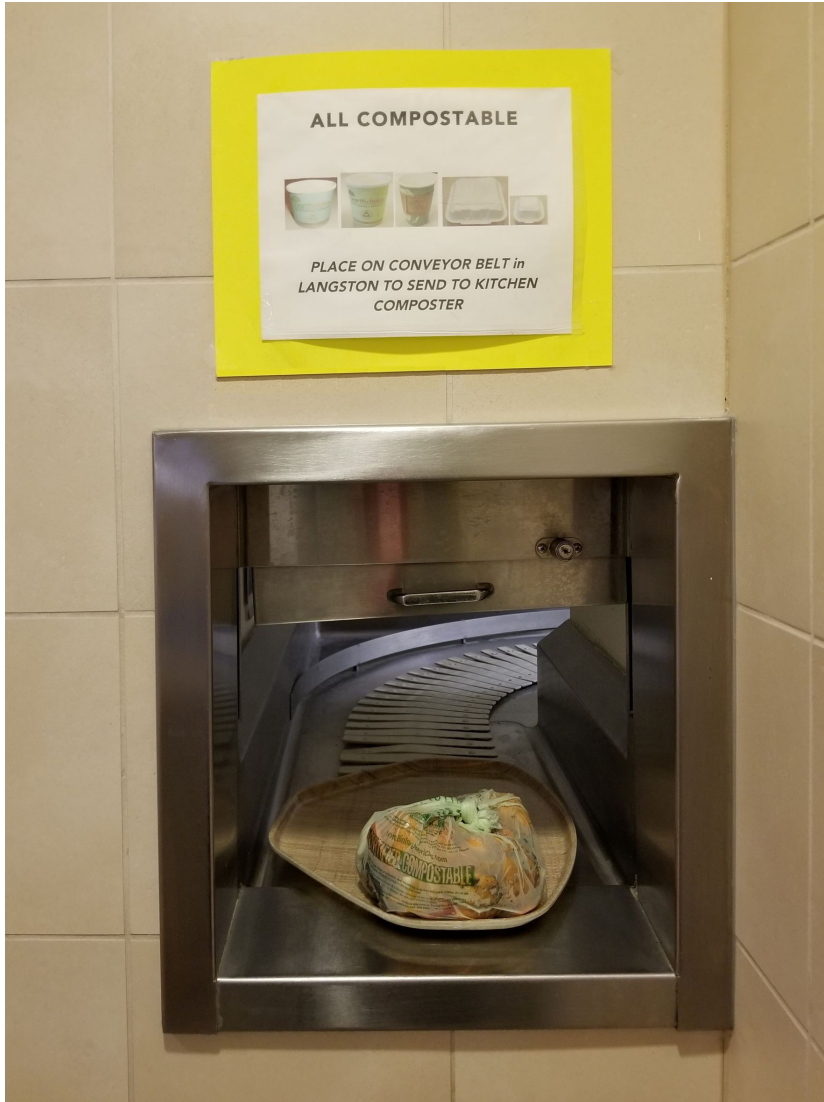
**Find Nomination Forms & Information
under the KORA Bulletin Board.**

Rehome EUREKA!

**Please place your
old copies in the
Eureka box under
the open mailboxes
for others to enjoy.
Thank you!**



Lisa Wilken asks us ...



**Please remember:
return the green
food compost
bags to Langston.**

**Place on them on
a tray on the
conveyor belt.**



To email inquiries or requests for
WKAO
please use address
wkao@kao.kendal.org

Do put event date in subject line.

