

# The Kendalight

Kendal at Oberlin Residents Association

April 2021

Volume XXVIII, Number 4

## Severe Weather Season 2021: Make a Plan and Be Alert!



On April 7, 2020, after 11:00pm, while many were sleeping, an EF-1 tornado tore through the southeastern part of Lorain County and traveled on the ground for 11.5 miles into Medina County. This is a reminder for everyone to be prepared for the 2021 severe weather season of April through August. Note, however, that tornados and destructive weather can occur year-round if the conditions are right for storms to develop.

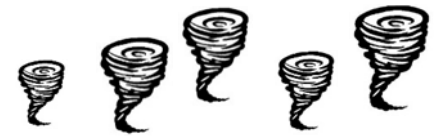
Kendal has a *Safety Plan and Procedure* that residents and staff must follow to avoid injury. When the National Weather Service issues a Tornado or Severe Thunderstorm Warning for Lorain County, all staff members and residents should immediately take precautions and seek safe shelter in the following areas:

- **Heiser Community Center:** Public restrooms, auditorium, and interior corridors **away from windows.**
- **Apartment Building:** Bathrooms (if no windows), laundry rooms, trash rooms, stairwells, and corridors **away from windows.** If time permits, second floor residents should go to the lower level of the building and take shelter in the above-mentioned areas – **always away from windows.**
- **Stephens Care Center:** Public restrooms, bathing rooms, interior corridors, and resident bathrooms **away from windows.**
- **Cottages:** Bathrooms and closets inside, **away from windows.**

Facility Services and Stephens Care Center have weather radios that issue watches, warnings, and advisory announcements. They will communicate with the rest of the community center. During the day, Facility Services will notify the Heiser Community Center of imminent severe weather and all-clear messages.

Oberlin City's and Kendal's storm warning sirens will sound **only** when Oberlin is in the direct path of an approaching tornado. **Residents should not depend upon hearing this siren to take shelter, however.** Everyone should be monitoring the weather advisories when severe weather is anticipated. Tornados can strike within minutes.

Everyone should have a battery-operated weather radio tuned to the NOAA (National Oceanic and Atmos-



pheric Administration) channel during the severe weather season. When severe weather is predicted, monitor your weather radios, computers, and TV weather channels to stay updated on the latest storm advisories. Now is the time to check that you have fresh batteries for flashlights as well as replacements in case of power failures due to storms.

Use the Buddy system to ensure your neighbors are aware of severe weather threats and know where to go and what to do. Remember: Safety is everyone's responsibility here at Kendal at Oberlin.

~Toni Merleno, Director of HR & Operational Services/Risk Manager



## Spring Fling!

2021

Saturday, May 1  
7:15pm - KOTV



During the last week in April, be sure to peruse the teaser displays along the windows in Heiser Lounge and test your knowledge of places near and far with Joe Colucci's geographical quiz.

Then it will be time for the main event – a video on KOTV presenting a whirlwind of stories and music from places Kendal residents have visited!

We can't gather in the auditorium yet, but we can invite friends and neighbors to our homes (in groups up to six). Sit back and enjoy the show together while snacking on your small bags of complimentary goodies.

Be prepared for a Grand Tour!



Just as spring brings rebirth, Kendal is reawakening after a year of suspended animation due to COVID-19. Because of an effective vaccine, major restrictions are being lifted. We see more and more of what we consider a normal life returning (dining in Fox and Fell!), while continuing to respect the concerns of residents who still feel at risk.

This is possible because our whole community worked very hard to bring us through the unknowns of a devastating pandemic.

A huge thank you to the staff who changed their lives to keep us safe; to residents who followed protocols which greatly restricted our lives to keep us safe; and to our leaders who followed science as it evolved, shared information quickly and thoroughly, and worked super-human hours for over a year.

Kendalites are a thoughtful, generous community. Next month starts the first of four appeals KORA and KaO make for donations. These appeals may come as a surprise to new residents, as it did to Fred and me when we moved here in May 2017. We'd just given all this money to Kendal and now we were being asked for more? Then we realized that Kendal has a no-tipping policy and the May and November staff appeals are to express our deep appreciation for all that staff does for us. The September appeal is to raise funds for all of KORA's activities, and the October appeal is for Kendal's benevolent concerns, including the Resident Assistance Fund.

Sadly, we must say goodbye to Maggie Stark who was instrumental in bringing us all here and has been key to our community's success. We will miss her tremendously and wish her a very happy retirement.

~Mary Behm, KORA President 2021

## Spring LifeLong Learning Classes at Kendal

These courses will be conducted via Zoom. You will be able to ask questions by using the Zoom chat function. Sign up to receive the invitation to join a class by contacting Rebecca Cardozo. There is no fee for the courses.

**Interpreting *Macbeth* Through Performance; Tues., April 13, 20, 27; 10:30am–12:00pm.** Phyllis Gorfain, Oberlin College Professor Emerita of English, will lead three classes examining how multiple stage and film adaptations reinterpret this Shakespeare tragedy. Guided by the instructor's opening observations, participants will discuss how they see directors and actors freshly interpreting significant incidents. The collaborative discussion will celebrate how unique performance choices provide deeper understandings of this powerful play. A film version of *Macbeth* performed at Shakespeare's Globe Theatre in 2013 will be shown Saturday, April 10, at 7:15pm on KOTV.

The first session, **Defying Fate and Pursuing Ambition**, will study performance choices to question the ways both Macbeths respond to the prophecies of the Weird Sisters.

The second, **Machismo and the Tragic Fear of Femininity**, will explore how performance choices underscore the tragedy of gender when narrow notions of "manhood" and a fear of femininity lead characters away from generation and toward death.

The third, **Cancelling Conscience and Consequences**, will trace the tragic arc of the Macbeths' attempts to cancel conscience and avert consequences. The course will then wind up examining how multiple productions promote or thwart a return to conscience in their differing conclusions.

**Mosques, Churches, and Synagogues in Medieval Spain; Tues., May 4, 11, 18; 10:30am–12:00pm.** Erik Inglis, Professor of Medieval Art History, Oberlin College, presents a three-lecture course on Iberia from the 12th to 14th centuries. During this period, the peninsula had vibrant Muslim, Jewish, and Christian communities, whose coexistence was marked by both strife and cooperation. Works of art and architecture were vehicles for, and documents of, this coexistence. Each lecture focuses on one faith, but also shows art's role in contact with the other two.

The first lecture, **Precious Objects from Al-Andalus**, focuses on Muslim courts, which put a premium on precious objects in ivory, metal, and silk.

The second, **Race and Religion in Alfonso the Wise's Cantigas de Santa Maria (Songs of Holy Mary)**, looks at Alfonso the Wise, ruler of Castile and León from 1252 to 1284, who was an important patron of learning and books. This lecture introduces the Cantigas and focuses on the miracles that document contact among Christians, Jews, and Muslims.

The last lecture, **Synagogues and Haggadot: Jewish Art in Castile and the Crown of Aragon**, discusses two aspects of Jewish art from two distinct regions of 14th-century Spain: two synagogues from Castile, and some Aragonese haggadot manuscripts read during the celebration of Passover. All these works were created in regions governed by Christians but have different ornamental forms. The synagogues' ornament has clear ties to styles pioneered by Muslim artists and architects, while the figurative decoration of the manuscripts demonstrates contact with Christian models.

**Next KORA Council Meeting**  
**Thurs., April 15 - 10:00am - Zoom and KOTV**  
Mark your calendar and join us for our monthly meeting!

**Community Conversations  
Making Creative Play  
a Part of Our Lives  
Mon., April 5 - 7:15pm  
Zoom and KOTV**

Join Michele Root-Bernstein for a Zoom conversation as she considers the role of “serious leisure” in a meaningful life. How do we make creative play a part of our lives, and why?

An adjunct faculty member at Michigan State University, Michele’s work in creativity studies feeds directly into her career as a haiku poet. She explores the importance of imaginative play for all ages in her 2014 book, *Inventing Imaginary Worlds, From Childhood Play to Adult Creativity*. Leisure activities that we pursue actively and consistently affirm our inner nature to ourselves and others. And of particular interest to retirees, creative activities exercise physical and mental skills, even as they promote review of our lives, our legacies, and our desires for personal transcendence.

**The Story Behind  
Stories from Storage  
Thurs., April 22 - 7:15pm  
Zoom and KOTV**

Heather Lemonedes Brown, Virginia N. and Randall J. Barbato Deputy Director and Chief Curator at the Cleveland Museum of Art, will tell us how *Stories from Storage*, the spring exhibition at the CMA, was organized in just nine months during a global pandemic. The exhibition comprises 20 stories and includes more than 300 works of art, all drawn from the museum’s vaults.

Heather will briefly discuss all 20 stories and delve more deeply into her own story, *Mise en Page*, which reveals 16 Old Master drawings that combine numerous elements carefully arranged on a sheet of paper. Heather is the daughter of resident Joyce Lemonedes.

**Community Conversations  
Exploring Amazonia’s  
Diverse Ecosystems:  
Myth vs. Reality  
Mon., April 26 - 7:15pm  
Zoom and KOTV**

Resident David Benzing, Robert S. Danforth Professor of Biology Emeritus of Oberlin College, is senior research scientist at the Marie Selby Botanical Gardens in Sarasota, FL, where he holds the Jessie Cox Chair for Tropical Botany.

Amazonia is not covered by unbroken rainforest but has a mosaic of diverse types of ecosystems that support more than one-third of our planet’s named species of plants and animals. To study how these disparate ecosystems are organized and operate, scientists must accept total immersion, which means that they must figuratively endure extended periods of time in the belly of the beast. How David met this challenge to address important questions about tropical plants – particularly about flora known as epiphytes – is the subject of his presentation.

**Community Conversations  
Hot Issues in Employee  
and Other Civil Rights  
Mon., May 3 - 7:15pm  
Zoom and KOTV**

Attorney Tamara Packard (OC ’90) practices employment and other civil rights law in Madison, WI. For several years, she co-taught a seminar at the University of Wisconsin Law School on Sexual Orientation and the Law. She will speak about new developments in employment antidiscrimination laws, unionization, access to abortion, voting rights, police immunity reform, and the like. Live questions follow her talk and you may email questions in advance to [tpackard@pinesbach.com](mailto:tpackard@pinesbach.com). Tamara is the daughter of resident Linda Grashoff.

**🎵 Music at Kendal 🎵**

**First Sunday Chamber  
Music Open Rehearsal  
Sun., April 11 - 4:00–5:00pm  
Heiser Auditorium**

Since the first Sunday in April is Easter, this monthly informal presentation by Kendal residents will be held on the second Sunday. The venue will now be Heiser Auditorium since as many as 25 people are allowed in that room. If more than 25 people show up, the overflow will be able to hear the music in the hallways and Heiser Lounge.

**Oberlin Sonny Rollins  
Jazz Ensemble  
Mon., April 19 - 7:15pm  
KOTV**

The Jazz Ensemble plays 36 minutes of Rollins’ arrangements of a few favorite jazz tunes. Members of the group are selected on the basis of four criteria: an audition for Oberlin’s jazz faculty, evidence of academic achievement, thoughtful response to a question about the place of jazz in the world, and service to humanity.

Sonny Rollins, a tenor sax jazz musician known as the greatest living improviser (active 1940s–2012), endowed the Sonny Rollins Jazz Ensemble Fund at Oberlin College in 2017 in recognition of the institution’s long legacy of access and social justice advocacy.

**Yolanda Cruz Answers  
Our COVID-19 Questions  
Mon., April 12 - 7:15 pm  
Zoom and KOTV**

How long are the vaccines effective? What does 95% effective mean? How well do the vaccines work against mutant versions? What will it take to reach herd immunity? Oberlin College Professor Emerita Yolanda Cruz will answer our pandemic-related questions during this one-evening follow-up to her well-received November LifeLong Learning Course.

**EXCHANGES WITH BARBARA THOMAS  
THURSDAYS AT 4:00PM - ZOOM, KOTV, WSCC**

## Saturday Night Movies 7:15pm - KOTV

**April 3 - I Am Not Your Negro (2016)** Film based on James Baldwin's memories of Malcolm X, Martin Luther King, and Medgar Evers, all assassinated in the '60s.

**April 10 - Macbeth (2013)** Film version of the play performed at Shakespeare's Globe Theatre. (See p. 2 for information on LLL Zoom course *Interpreting Macbeth Through Performance*, April 13, 20, 27; 10:30am-12:00pm.)

**April 17- West Side Story (2021)** Adaptation of 1957 musical explores forbidden love and the rivalry between the Jets and the Sharks, two teenage street gangs of different ethnic backgrounds.

**April 24 - Life is Beautiful (1997)** When an open-minded Jewish librarian and his son become victims of the Holocaust, he uses a mixture of will, humor, and imagination to protect his son from the dangers in their camp.

## Sunday Movies 7:00pm - WSCC

**April 4 - Easter Parade (1948)** A nightclub performer (Fred Astaire) hires a naïve chorus girl (Judy Garland) to become his new dance partner to prove he can make anyone a star.

**April 11 - Inspector Clouseau (1968)** British prime minister enlists the expertise of bumbling French sleuth Inspector Clouseau (Alan Arkin) to catch thieves committing robberies across Europe.

**April 18 - Same Kind of Different As Me (2017)** Two men from drastically different backgrounds meet at a local shelter and develop a life-changing friendship.

**April 25 - The Out of Towners (1970)** An Ohio businessman and his wife (Jack Lemmon, Sandy Dennis) have an unending stream of bad luck during their 24-hour first visit to New York City.



## Art Gallery News

The **Kendal Gallery's** new show, *Fantastical Landscapes*, displays the photographs of Ryn Clarke and runs through May 17. Ryn, who lives in Cleveland, is a member of the board of the Artists Archives of the Western Reserve and is a past president of the Cleveland Museum of Art's affiliate group Friends of Photography. A Zoom conversation with her will begin at 4:00pm on Friday, April 16.

David Spencer's exhibit, *A World of Mischief!* opens in the **Community Gallery** on Friday, April 2. He describes his colorful work as "a combination between playtime and pure fun." He is an illustrator and graphic designer. David will give a Zoom artist

talk on Tuesday, April 13, at 4:00pm.

The many antique dolls on display in the **Curio Cabinet** were replaced by Mary Van Nortwick's cherished collection of elegantly decorated Ukrainian Easter Eggs.

The biennial *Kendal Creates* show will be May 18 to August 15. Residents are invited to submit one or two works you have created to the 2021 show. Unfortunately, we are limited to two of the usual three galleries. Entry forms will be in open mailboxes in late April and must be submitted by May 10. Questions? Ask Sheila Eckstein, Nina Love, or Robert Taylor.

Finally, as new donations were accepted into the Kendal collection, we were able to refresh the art in the east wing of the apartment hallway and hang four wonderful Hogarth engravings in the alcove off Heiser Lounge near the William Penn.

## Wednesday Themed Films 2:00pm - WSCC

**April 7 - Old Yeller (1957)** In post-Civil War Texas a teenage boy (Tommy Kirk) grows to love a stray yellow dog while helping his mother run their homestead during his father's absence on a cattle drive.

**April 14 - The Incredible Journey (1963)** Despite hardships and danger, a bull terrier, Labrador retriever, and Siamese cat travel 200 miles across the Canadian wilderness to find their way home.

**April 21 - Bringing Up Baby (1938)** A befuddled paleontologist (Cary Grant) is pursued by a flighty but often irritating heiress (Katharine Hepburn) and her pet leopard, Baby, who tends to get lost.

**April 28 - That Darn Cat! (1965)** A cat that always gets into trouble may have wandered into a crime scene, so its owner (Hayley Mills) enlists a highly allergic FBI agent (Dean Jones) to track down the criminals.

## Thursday Movie Musicals 2:00pm - WSCC

**April 1- Django (2018)** The story of Django Reinhardt, famous guitarist and composer, and his flight from German-occupied Paris in 1943.

**April 8 - Almost Angels (1962)** A working-class Austrian boy joins the Vienna Boys Choir and finds friendship and the healing power of music. The Choir performs throughout the film.

**April 15 - Yankee Doodle Dandy (1942)** Song-and-dance man George M. Cohan (James Cagney in Oscar-winning role) recalls his life from his youth in vaudeville to later success.

**April 22 - Pollyanna (1960)** A 12-year-old orphan (Hayley Mills) brings cheer to a gloomy 1912 town and her rich, dour spinster aunt (Jane Wyman).

**April 29 - The Golden Coach (1951)** Set to the music of Antonio Vivaldi, director Jean Renoir tells the story of a viceroy who receives a golden coach and gives it to a tempestuous actress.



## Event Links

- For “inside Kendal” program links, contact Carol Harvey.
- For “outside Kendal” community cultural and educational ad hoc events, contact Barbara Gordon-Lickey.

## Notes From the Program Committee

We hope that you enjoyed the programs presented to our Kendal community in March, including Jon Pershing’s talk on International Climate Change Policy and Kevin Greenwood’s series on landscape painting in China. If you missed a program, you can find a DVD of it in the library.

In April we look forward to a program by Yolanda Cruz, hearing David Benzing talk on diverse eco-systems in the Amazon, and learning about the Cleveland Art Museum’s current exhibit *Stories from Storage*. For reminders and links to upcoming programs, please be sure that you are on Carol Harvey’s email list.

As we look at possibilities for using Heiser Auditorium, the Program Committee will need to explore the many details associated with increased programming options. Stay tuned.

There are many tasks associated with soliciting and implementing Kendal’s programs. We are always interested in your program ideas, but we also would like your help with one or more of the many tasks that make programs possible. Contact Shirley if you think you can help or would like to learn more.

~Shirley Taylor, Chair,  
Program Committee

### The Kendal cable channels are:

- **WKAO: 919, 19-1, OR 95-100**
- **KOTV: 920, 19-2, OR 95-101**
- **WSCC: 921, 20-1, OR 96-100**

## Strategic Planning for Kendal’s Future

The Strategic Planning Committee is excited to announce that Kendal at Oberlin is beginning a new strategic planning process to engage all of its residents, clients, staff, and supporters in the effort to identify areas in which we can improve, enrich, and lead.

We look forward to hearing your thoughts in upcoming surveys, conversations, and meetings, which will be planned with everyone’s continued safety in mind. You are also invited to share your thoughts and ideas about the future of Kendal at Oberlin with the committee, including Liz Schultz (chair, [director@oberlinheritage.org](mailto:director@oberlinheritage.org)), Gary Olin (vice-chair, [glolin@oberlin.net](mailto:glolin@oberlin.net)), Dick Baznik, Mary Behm, Ann Fuller, Sean Kelly, Karen Kilgo, Toni Merleno, Jack Southworth, Barbara Thomas, Mary Van Nortwick, and Joan Villarreal.

~Gary Olin



## How Do I Choose the Right L.E.D. Bulb?

A team of four Oberlin College Environmental Studies 101 students is working with Kendal’s Environmental Concerns Committee to develop a presentation to help residents choose the right L.E.D. bulb/fixture for their specific needs.

As we celebrate the 51st Earth Day on April 22, we can help save energy and meet the City of Oberlin’s Climate Action Plan goals by switching to L.E.D.s. Watch for more details about this program.

~John Elder



## Maxine Houck reads Mark Twain on Tuesday Teatime Tales: TWIN (HUCK FINN, JIM, & a historian) TWIN Tuesday, April 20 - 4:30pm - KOTV

John Malkovich once said, “Nothing you do particularly matters. But I’m not really sure that’s a great excuse for doing it poorly.”

Lily Tomlin once said, “No matter how cynical you become, it’s never enough to keep up.”

I think Mark Twain would have liked them both. That is why I’m reading two selections from *Huckleberry Finn* and one from Twain’s *Autobiography*. Both are very, very funny once you are an adult. One is only compassionate and perceptive.

If you think of Mark Twain as writing children’s lit because your junior high teacher had you read *Huckleberry Finn* and *Tom Sawyer*, think again and come listen.



## More About Kendal's Residents

### Upcoming Moves

Judy Glaser will be moving from Lakeside, OH, in early April.

### Meet Our Kendal Newcomers on KOTV Wed., April 21 - 4:00pm

The Newcomers Committee brings you interviews with our newest residents via monthly programs on KOTV. Plan to take advantage of this opportunity to learn more about people you will want to get to know.

Mark your calendar and watch for additional announcements about this program.

~Sharon Furrow

### Social Services Advance Directives Annual Workshop

Tues., April 20, 1:30-2:30pm  
OR  
Wed., April 21, 1:30-2:30pm

Sign up for one of these in-person sessions on the clipboard on the shelf under the mailboxes.

Kendal Social Services staff Kim Peters and Kim Preston will explain the documents and help you complete or update your Health Care Power of Attorney and Living Will. These legal documents are free and will be provided at the workshop.

### Three Short Plays by Kendal Residents Fri., April 23 - 7:15pm - KOTV

Watch the culminating work of a new playwriting course taught by Oberlin alum Delaney Kelly. Featuring original one-act plays by Judi Bachrach, Jerry Berner, and Barbara Gordon-Lickey, performed by Kendal residents.

### It's Time for the Plant Sale! Fri., May 7, 7:30am-4:30pm Covered Walkway Behind Lot 11 Garages

This year the Horticulture Committee will have plants for your rooms and for outdoors on sale at a new and scenic location: the covered walkway along Farmer Pond and behind the Parking Lot 11 garages.

Plants will be on tables alongside the walkway. Residents will enter from the end of the walkway closest to the apartments (south end) and will exit between the Troll Bridge and Lot 11. Volunteers will be on hand to help you decide which plant is best for you and to help pack up your purchases.

Leftover plants will be available on the honor system all day Saturday, May 8, and Sunday morning, May 9.

Volunteers are always welcome to help with publicity, preparing and pricing the plants, moving the plants to the walkway, "crowd control," and sales. Contact Prudy Hall to get involved in the day and enjoy the surroundings.



### Betty Weinstock's Book on Wildflowers Now Digitized

Wildflowers in and around Oberlin are in bloom, and a guide to these flowers, compiled by Betty Weinstock, will soon be available as a digital book online.



Betty made careful observations in Oberlin and surrounding areas from 1998 through 2001, photographed and wrote identifying descriptions of the flowers, and put them into a "self-published" book. A single hard copy of the book is available in the Kendal library, but now the Horticulture Committee has made a digital copy of Betty's book. The book and the link to access it will be announced at the April Horticulture meeting.

### Be an OC Library Friend: Try It, You'll Like It!

Remember those good old days when you wandered into Oberlin College's Mary Church Terrell Library and borrowed most anything that circulated? Ditto the Conservatory, Art, and Science Libraries? Well, fear not: those days are returning. Until then, sit back and read *Library Perspectives*, the quarterly newsletter of the Friends of the Oberlin College Libraries.

Many Kendalites are already members and receive this informative publication about the latest doings at the libraries and among the lively Friends community via electronic delivery or snail mail.

Are you a newcomer? Pick up a paper copy of *Library Perspectives* on the Town and Gown ledge opposite the mailboxes in Heiser's front hallway, or contact Thelma Morris. She'll make sure you get a copy.

Look forward to some Oberlin College faculty book talks being scheduled for Friends' consumption on Zoom – coming soon. And watch for the informal library tours when the buildings open to the community. They'll be offered first to those who are Friends of the Oberlin College Libraries – and then to any interested Kendalites.

~Joan Long and Thelma Morris

**Need to Change a Date for a Scheduled Event? Or Make Some Other Correction??** Notify *The Kendalight* and WKAO so we can update your announcement on the website or elsewhere!

**Driving While Black:  
A Conversation with  
Gretchen Sorin  
Tues., April 13 - 7:00pm - Zoom**

Oberlin Heritage Center presents a discussion with historian Gretchen Sullivan Sorin based on *Driving While Black: African American Travel and the Road to Civil Rights*. Dr. Sorin's book conveys both the opportunities and dangers black motorists faced—and continue to face—on the road: from the relief of independent mobility, to the hostility of sundown towns and systemic racism, to the automobile as a personal status symbol, to the unique businesses that catered to African American travelers.

She is a Distinguished Professor and Director of The Cooperstown Graduate Program/SUNY Oneonta, as well as a museum consultant and scholar.

The program will begin with an introduction to her research findings, followed by a conversation facilitated by Dr. Meredith Gadsby, Associate Professor of Africana Studies and Comparative American Studies at Oberlin College. Viewers will be able to submit questions.

Advance registration for this Oberlin Heritage Center event is required at [www.oberlinheritagecenter.org](http://www.oberlinheritagecenter.org).



*Plans are progressing for installation of the Founders Quilt in the small alcove off the Heiser Lounge, where signed documents associated with the founding of Kendal at Oberlin hang on the wall. The quilt was created by a number of our Founders, residents who moved in during 1993. The squares show the creative vision of the individual quilters. Some depict aspects of life at Kendal, others show pets, whimsical images, activities, sayings, birds, Oberlin, and the like.  
~Grover Zinn, Art Committee. Photos: Terry Kovach*

**Study of Biblical Literature Interest Group  
Former Prophets: Israel Becomes Like the Nations  
Mondays, April 12, 19, 26 - 10:00–11:30am - Zoom**

Resident Malcolm Peel continues the study of TANAK, the Hebrew Bible, with further focus on the Prophets: the stories of Elijah and Elisha following the split of the United Kingdom, the messages of Amos and Hosea to the Northern Kingdom, and the Prophecy of Isaiah and Micah to the Southern.

Contact Malcolm for Zoom link to meeting or check the listing on WKAO.

- April 5** - No session first Mondays
- April 12** - Former Prophets: The Kingdom Splits; Early Prophets Rise
- April 19** - Latter Prophets: Amos & Hosea. Northern Kingdom Falls
- April 26** - Latter Prophets: Isaiah & Micah. Southern Kingdom Falls

**Kendal Kryptogram #193 - by Nina Love**

**PROORZ X SHOOK ETTY OLXA X ETTYHFL SHO.**

**~SHYYHXW FLXNRFURXZR**

**Solution to Kryptogram #192:** "The first day of spring is one thing, and the first spring day is another."  
~Henry Van Dyke

**KENDAL RESALE SHOP**  
*Benefitting Kendal Residents Assistance Fund (RAF) and Community Charities*

**SHOP!**  
Wed.–Sat., 11:00am–5:00pm  
(closed Sun.–Tues.)

**DONATE!**  
Bring your donations of clean, gently-used, ready-to-wear clothing and usable household items to the box outside the shop.

**Given to RAF in Feb. 2021:**  
Total contribution: \$2,483.

## Nest Box News

The breeding season is just beginning. We expect Eastern Bluebirds (many of them stayed in the Oberlin and Kendal area all winter) as well as American Tree Swallows and even House Wrens to nest in some of our boxes.

The Kendal trail of ten boxes is part of the Black River Audubon system of nest box trails. Last month, Penny and Fritz Brandeau, who live in Amherst and supervise and support all the local nest box monitors, installed ten brand new or refurbished nest boxes to replace the old and worn-out boxes here at Kendal.

Nest box monitors check each box once a week and document their observations. The species that has claimed the nest box can be determined by the nesting material chosen and the size and shape of the nest – even before the eggs are laid. When the chicks emerge, monitors check on their development and health in order to find parasites and predict fledge dates and document their observations. All the collected data becomes a part of Cornell University's breeding bird survey.

If you would like to share the excitement of monitoring nest boxes in support of Eastern Bluebirds and other native species, contact Nina Love.

## Suggestions and Concerns Committee Meeting Mon., April 12 - 2:00pm Crossroads Room

This committee will listen to your suggestion or concern in confidence (and privately, if you wish). Members of the committee will discuss it with you and then decide how to pursue it to a satisfactory resolution. Contact chair Marjorie Porter for more information.

## Dementia Friendly Discussion Group Fri., April 23 - 10:00am - Zoom

Contact Carol Bojanowski to get the link. **All are welcome!**

## Climate Query



**Did you know that Ohio State researchers have found that a carbon tax is “less costly than other ways to cut CO2 emissions”?** It also cuts them faster. When the revenues are returned to households, as in Canada, that covers *all* the increased fossil-fuel costs for low- and middle-income people. The policy creates jobs, saves lives, improves people's health, and grows the economy.

## Dementia Friendly Discussion Group, Explained!

It all started in January 2018, when KORA invited Dr. Tracey Lind, former Dean of Trinity Cathedral in Cleveland, Ohio, to speak about her journey with frontotemporal dementia. Interested residents asked how to interact with people experiencing cognitive challenges, then formed groups to discuss books such as *Dancing with Dementia* by Christine Bryden and *Dementia Beyond Disease* by Dr. Allen Power. Residents also developed an educational program called *Stop, Look, and Listen*.

The Dementia Friendly Discussion Group (DFDG) was formed to continue the education of residents about dementia. The group hosts an informal discussion monthly and looks for ways to educate the community and to reduce the stigma of cognitive change. Discussions include a wide range of topics both general and personal. Examples include: What are normal vs. abnormal cognitive changes? and What are some do's and don'ts when talking with people with dementia? Everyone is welcome, whether you have a problem to solve, something to share, or are simply curious.

The group also writes a monthly tip in *The Kendalight* called **STAY CONNECTED**. Starting this month, each tip will derive from Dr. Allen Power's book, *Dementia Beyond Disease*. The book explains there are six components of well-being for those living with dementia: identity, connectedness, security, autonomy, meaning, and growth. When carefully supported, these six aspects of well-being can combine to create joy. ~Carol Bojanowski

## Speaking to Deafness

The pandemic has taught us all that it is difficult to understand what a speaker is saying even if we have normal hearing. For the hearing impaired, it is nearly impossible to understand the masked speaker and even worse when the speaker is six feet away.

Following the hints in last month's *Kendalight*, here are some clues that will make it easier to talk to the hearing impaired listener:

- **Face the person** and stand still while you're speaking.
- **Speak more slowly.**
- **Speak clearly** and use your **normal speaking volume; no need to raise your voice.**
- **Use visual cues** if it will help.

For the hearing impaired:

- **Eliminate all background noises;** turn off the radio or TV.
- **Ask the speaker to repeat** if you cannot hear.
- Remember, **it's our responsibility to speak up** and say "I can't hear you." ~Posie Dauphiné



**IDENTITY:** As a person's memory declines, it is important to support their sense of **IDENTITY**

by using their name, reminding them of your name, and talking directly to them, not past them to a caregiver. When possible, remind them of shared experience from the past. "I used to live next to you, and I always loved the..."

**STAY CONNECTED** – respect and support the sense of **IDENTITY**



**From The John Bartram Arboretum: Witch Hazel (*Hamamelis virginiana*), (*H. vernalis*), and (*H. ovalis*)**

There are three witch hazel native to the United States. Writing in the November 2012 *Ohio Magazine*, Jill Sell said, “At its most fanciful, the common witch hazel...looks like Dr. Seuss sneaked into the woods with a yellow crayon and drew squiggly French fries all over the shrub. At its best, witch hazel looks as if it were adorned with the waving tentacles of beautiful Chihuly art glass.”

Linnaeus, father of botanical nomenclature, christened witch hazel back in 1753: witch from wych, the old English word for flexible, and hazel for having leaves very much like those of hazelnut trees. The leaves, about 4 in. long, have impressed veins which are medium to dark green.

The common witch hazel in Ohio (*H. virginiana*) flowers in the woods in the fall through much of the winter and is a solid yellow color. Another native (*H. vernalis*) is known as the Ozark witch hazel and found in Zones 4–8. It has a red flower and blooms now in the spring with its brown leaves still hanging on to its branches. You can find a fine specimen between the Education Center and SCC, very near the Patter-



Photo by S.O. McDougal



Photo by Kathy Caldwell



Photo by Anne Helm

Witch hazel tree from corridor between Heiser and apartments, a closeup, and spring blossoms.

son door. Go up close to it and be surprised by the intricacy of the flowers, which can get hidden by those leaves.

We have three newly planted witch hazel. One is visible from the Heiser Lounge, planted next to the library. If you walk down the glass corridor past the Marketing office, you can see another one, to the right, just as you enter the apartments (see photo). The third has been placed at Hackberry Grove between cottages 100 and 108. These shrubs are very fragrant

*H. ovalis* was discovered in 2004 and is not readily available for cultivation.


Witch hazel like half-day shade and well-drained soil, acid to neutral. Most varieties reach 10–20 ft. high and wide. *H. vernalis* is shorter than *H. virginiana*. The plants can be pruned back, have no significant disease problems, and are

quite adaptive to the environment. However, if too wet, witch hazel can get several fungal diseases which can mar its appearance.

Native Americans introduced colonists to the properties of witch hazel. Known as a true medicinal plant, it is an ingredient in nonprescription drugs approved by the Food and Drug Administration and in skin care products.

The witch hazel is an important addition to our Arboretum, especially since it provides nectar for pollinators when few other plants are blooming. Its capsule-shaped seeds ripen in the fall and are eaten by a number of birds, and it is a host plant for the larvae of the spring azure butterfly. ~Anne Helm for the Arboretum Committee. Thanks to Rachel Duncan, Grounds Staff and Arborist at Kendal at Oberlin, for her counsel.

**Masks for the New Normal**




**Get New** – From box at Heiser Reception Desk.

**Customize** – Call Joyce Parker for alterations appointment.

**Recycle** – Leave misfits and repairs in box at Reception Desk.

**Looking for Someone?**  
Find profiles of all residents, newcomers and old-timers, in “Who’s Here” on the Kendal Library center bookcase.



**Remember! Wear your face mask and your name tag so newcomers and old-timers alike know who you are!**

**Plea for Fresh Flowers**  
The Floral Creations Committee is always grateful to residents who are willing to provide flowers from their gardens in the spring, summer, and autumn for the arrangements in Heiser Lounge.  
Please let Dina Schoonmaker know by email if you are willing to let us cut your beautiful flowers, what you plan to grow, and when you expect your blooms. We always cut sensitively but are also happy to have you cut your own and leave them in the Floral Creations/Art Studio.  
~Dina Schoonmaker

## Saturday Walks

Come explore walking areas off the KaO campus. The walks are leisurely, about 2–3 miles, and generally scenic. We meet outside the Heiser main entrance every Saturday at 9:30am (weather permitting). Remember to display in your car the new pink card that identifies you as a Kendal resident.

- **April 3** Amherst Beaver Creek
  - **April 10** Indian Hollow - Sheldon Woods
  - **April 17** Vermilion River - Mill Hollow
  - **April 24** Carlisle - Meadow Loop
- Questions? Contact Phil Pritchett.

## Table Tennis in April

Our successful efforts to keep Kendal free of COVID-19 have restricted the chances to play table tennis. Now, however, table use has been expanded.

For more information, inquire at the Heiser Reception Desk or ask Phil Pritchett, Sandi McClennen, or David Bell. Precautionary measures apply!

One table continues to be set up for play in the Stephens Care Center.

~Sidney Rosenfeld



## AA for You? Saturdays, 7:00pm Education Building Training Room

Try out the resident-led Alcoholics Anonymous meeting on Saturdays at Kendal, for residents only!

Questions? Contact Kim Peters  
[kpeters@kao.kendal.org](mailto:kpeters@kao.kendal.org) (776-5016) or  
Kim Preston, Social Services  
[kpreston@kao.kendal.org](mailto:kpreston@kao.kendal.org) (775-9813).

## For the Vision-Impaired:



## Low-Vision Support Group Now on Hiatus

## Where to Find Contact Info

- **Kendal at Oberlin Directory**, printed and distributed each year in February.
- **Bulletin Board**, near photos of new residents. Add these corrections and additions to your printed directory.
- **Online Resident Directory**, in the resident database ([kaores.net](http://kaores.net)), click "Directory." Note: you must either be on the Resident WiFi network or be logged in to access this information.

## Weekdays at 5 Continues

Plan to drop in and visit with friends for 45 min. regularly or occasionally – for your mental health, or just for fun! The moderator for each day is listed below, followed by the Zoom host.

**Monday:** Priscilla Steinberg, Kari Inglis

**Tuesday:** Nancy Garver, Ann Fuller

**Wednesday:** Emma Mason, Christina Graf

**No Thursday** (owing to the Exchange)

**Friday:** Kathy Caldwell, Tom Konkoly

Contact Christina Graf for the Zoom link, or find it on WKAO.

## Tuesday at 2 Continues April 6, 13, 20, 27 - Crossroads

Sign up on the blue sheets on the clipboard by the open mailboxes.

~Anne Palmer

## IN MEMORIAM

**ERIKA PILISY  
MARCH 4, 2021**

**NORMAN "NORM" CRAIG  
MARCH 7, 2021**

## Church Services on WSCC

**First Church in Oberlin UCC**  
Sundays, 10:00am

**Roman Catholic Mass**  
**St. Patrick's Cathedral, NYC**  
Sundays, 11:15am

## UU Gatherings:

### ♠ **Blind-Sided by the Right?** Wed., April 7 - 4:00pm - Zoom

What's driving the rise of the extreme right in the U.S.? Rev. Mary Grigolia shares insights based on columns by Heather Cox Richardson, professor of American History at Boston College. Followed by discussion.

All are welcome.

### ♠ **Friday Check-In** Fri., April 2, 9, 16, 23, 30 12:30–1:30pm - Zoom

Gather. Reflect. Share. Check in on Fridays with Oberlin Unitarian Universalist Fellowship's minister Mary Grigolia to share on Zoom:

♠ Zoom Link: <https://zoom.us/j/3574352466>  
*keepingfaithwithlife*

Or <https://zoom.us/j/3574352466>

## Southwark Society Dinner

The Southwark Society (aka the South Philly Club) regrets that it must cancel its annual Founders Banquet. We hope to revive this tradition in 2022.

~Cofounders, in 2005

Katie Brown and Sidney Rosenfeld

## The **Kendalight**

Monthly newsletter of the

Kendal at Oberlin Residents Association,  
600 Kendal Dr., Oberlin, OH 44074

Managing Editor: Elizabeth Aldrich  
Associate Editor: Suzanne McDougal  
Proofreaders: Kathy Reichard, Mary Simons

Photos: Sally Nelson-Olin, Gary Olin

• Deadline for the May 2021 issue of *The Kendalight* is April 15.

• The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

• Note: Please submit articles by email to our address: [Klite600@yahoo.com](mailto:Klite600@yahoo.com)

• If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.

• All articles must carry a signature and telephone number.

## Kendal Buddy System Update, Spring 2021

This time last year, we were at the beginning of a world-wide pandemic. Kendal responded to the crisis with a “hard closure” to keep us all safe until vaccines became available. The Buddy System responded by double-checking to make sure that the contact information and all buddy matches on all buddy lists were current and correct.

Thankfully, this spring most of us have been vaccinated and we are looking forward to a phased reopening. However, there are still many types of emergencies that could happen, so please take a moment to recall the information that is on your area’s buddy list about you.

Did your buddy change in the last year? Did your contact information change? Is your cell phone number on Facility Services’ list of residents who would like to receive a text from Kendal if we were to have a local emergency? Would you like to get your cell phone on that list?

If you are not sure what information the Buddy System currently has for you, or if you wish to make some changes, please contact your area coordinator. Current coordinators are:

- Cottages 1-24: Eileen Payton
- Cottages 25-52: Sandy Siebenschuh
- Cottages 53-80 & 101-104: Nancy Cooper
- Cottages 81-100 & 105-120: Jill Wettersten
- Cottages 121-144: Kay Rider
- Apartments 145-168: Betty O’Connor & Marilyn Burns
- Cottages 188-199: Ruth Miller
- Cottages 200-211: Harol Pesuit
- Cottages 212-223: Marie Evans
- Apartments 245-268: Kathy Reichard

Thanks all for your help with this. The Buddy System really does keep us safer. ~Lynn Ayres, Buddy System Coordinator

**Call 775-9868 to hear the announcements of the day.**



## Dining and Nutrition Services

### Dining Matters



#### Meal Plan Planning

As the Covid restrictions decrease and options for dining slowly increase, discussions about choices for meal plans continue. Our standard Kendal contract specifies receiving a meal a day, but during the pandemic we have had the choice to opt in or out for meals each week. We now have the opportunity to make reservations for dining in the Fox and Fell. In the foreseeable future, we will have a choice of meal plans. Details are still under discussion, but the following describes the basics of the “Choice Meal Plan.”

Each calendar quarter, we will have the opportunity to choose the number of meals we want for those months: opting out, 10 meals, 20 meals, or the contracted meal a day with an added bonus of two additional meals. Based on our individual decisions, we will be allocated a specified number of “dining dollars” determined by the number of basic meals (soup/salad, entrée, side dishes, dessert, and beverage) we have selected. These “dining dollars” can be used for meals in the Fox and Fell or for a la carte items in Langston when it is opened. If we chose to opt out or to select the 10 or 20 meal plans, we will also receive actual dollars credited to our accounts to offset the cost of the food for those basic meals that we have elected to forgo. We will be able to check online to determine the number of “dining dollars” we have remaining throughout

the month. If we exceed the number of “dining dollars” we have selected (reached a zero balance), we can purchase additional meals and items that can be charged to our accounts.

This is the basic “Choice Meal Plan.” We are still working to determine the viability of providing flexibility within the plans. While the quarterly meal plan schedule is set, we still need to determine if we can reinstitute the old travel policy for those who select the deluxe meal plan (daily plus two), whether we can use the meal plan for guests (a concern for the future), if we can fiscally allow a limited number of “dining dollars” to be carried over to the next month for the deluxe meal plan, etc.

Once the “Choice Meal Plan” is available, Fox and Fell will have complete meals at pre-set prices with seafood, meat, and vegetarian entrées available as well as some always available entrées. There will always be a selection of entrées at the basic meal price and often a premium entrée at a slightly increased price.

The staffing issue is a factor that determines the extent and timing of services. While the dining staff continues to provide three meals a day for the residents of the Stephens Care Center and prepares and serves dinner in the Fox and Fell, they are also working on a plan for Langston to open with takeout meals, extended hours, and limited seating for dining. We hope to see the opening of the Langston later this month.

### Essential Tremor Group Welcomes New Members

The Essential Tremor Group meets on the second Tuesday of every other month at 2:00pm. Our next meeting is on April 13. We discuss essential tremor, how to cope with it, treatment possibilities, and developments in medical knowledge. New members are welcome. Please contact Marvin Gordon-Lickey for more information.

SUN	MON	TUE	WED	THU	FRI	SAT
<u>First Church Service</u> 10:00am WSCC <u>RC Mass</u> 11:15am WSCC <u>Jazz with Nate</u> 2:00pm WSCC  <u>Film (see page 4)</u> 7:00pm WSCC	<u>Chronicle News</u> 10:00am WSCC <u>Centering Program</u> 11:00am WSCC  <u>Match Game TV Show</u> 3:00pm WSCC  <u>Documentary</u> 7:00pm WSCC	<u>Chronicle News</u> 10:00am WSCC <u>Grief Support</u> 10:30am Whit./Zoom  <u>Tuesday at 2</u> 2:00pm Crossroads <u>News Currents</u> 3:00pm WSCC <u>Downton Abbey</u> 7:00pm WSCC	<u>Chronicle News</u> 10:00am WSCC <u>Violin</u> 10:30pm Zoom/WSCC <u>Themed Film (see p. 4)</u> 2:00pm WSCC  <u>SCC Council</u> 4:00pm WSCC 4/14 & 4/28 <u>Song Swap</u> 7:00pm Zoom/KOTV	<u>Chronicle News</u> 10:00am WSCC <u>Yoga/Meditation</u> 1:30pm WSCC <u>Musical Film (see p. 4)</u> 2:00pm WSCC  <u>Exchange with BT</u> 4:00pm Zoom/KOTV/ WSCC <u>Great Courses</u> 7:00pm WSCC	<u>Chronicle News</u> 10:00am WSCC <u>Check-In - Rev. Mary</u> 12:30pm Zoom  <u>Gadget Help</u> 2:00pm Zoom  <u>Travel Video</u> 3:00pm WSCC	<u>Saturday Walk</u> 9:30am Heiser <u>Violin by Shannon</u> 10:30pm Zoom/WSCC <u>Book Reading</u> 2:00pm WSCC <u>Music with Jara</u> 3:00pm WSCC <u>AA for You?</u> 7:00pm Ed Ctr <u>Film (see page 4)</u> 7:15pm KOTV

# April 2021

For details, links, and last-minute scheduling, see WKAO and the KORA Calendar.

**Zoom:** See *kaores.net* and click "Calendar" for link.  
**KOTV:** Cable 920, 19-2, or 95-101  
**WSCC:** Cable 921, 20-1, or 96-100

**WEEKDAYS**  
 Weekdays at 5  
 5:00pm Zoom  
 (except Thurs.)

<div style="display: flex; justify-content: space-between;"> <span>1</span> <span>2</span> <span>3</span> </div>						
4	5	6	7	8	9	10
	Creative Play 7:15pm Zoom/KOTV		UU Kendal Gathering Blind-Sided by the Right? 4:00pm Zoom			
11	12	13	14	15	16	17
	Study of Biblical Lit 10:00am Zoom  Suggestions & Concerns 2:00pm Crossroads  COVID-19 Q&A Yolanda Cruz 7:15pm Zoom/KOTV	Artist Talk David Spencer 4:00pm Zoom/KOTV  <i>Driving While Black</i> Gretchen Sorin 7:00pm Zoom		KORA Council 10:00am Zoom/KOTV	Artist Talk Ryn Clarke 4:00pm Zoom/KOTV	
18	19	20	21	22	23	24
	Study of Biblical Lit 10:00am Zoom  Jazz Ensemble Sonny Rollins 7:15pm KOTV	Advance Directives 1:30pm TBD  Tuesday Teatime Tales: Mark Twain 4:30pm KOTV	Advance Directives 1:30pm TBD  Welcome Our Kendal Newcomers 4:00pm KOTV	The Story Behind <i>Stories from Storage</i> 7:15pm Zoom/KOTV	Dementia Friendly Discussion Group 10:00am Zoom  Three Short Plays 7:15pm KOTV	
25	26	27	28	29	30	
	Study of Biblical Lit 10:00am Zoom  Amazonia's Diverse Ecosystems 7:15pm Zoom/KOTV				 <b>Spring Fling!</b> 2021 Saturday, May 1 7:15pm - KOTV	