

# The Kendalight

Kendal at Oberlin Residents Association

April 2022

Volume XXIX, Number 4



## *Spring Fling!* Let's Dance!

Sat., April 30 - 7:15pm - AUD\* and KOTV

A combination of videotaped and live performances will make *Let's Dance* a *Spring Fling!* like no other! Six dance groups, including the new Rockin' Rollators, will show us their steps.

A delightful selection of poems about dance, songs about dance, Jara's wonderful bells, clarinets, our Kendal string players, and music featuring our new-to-us

piano will make for an exciting evening.

Join friends and neighbors in person or on KOTV to explore the possibilities of dance at *Spring Fling!* 2022.

~Special Events Planning Committee

## From Barbara Thomas: More Core Value Behaviors

Here is another example of the core values that are a part of every KaO staff person's job description.

**Results Orientation:** Peter Drucker is credited with the phrase "What gets measured gets managed."

Kendal staff do a good job discerning what to track for improved outcomes. Tracking may be required by regulation. Sometimes we're looking for more favorable outcomes for everyone. Often we're looking to improve safety or reduce costs.

For example, falls are our greatest area of risk at Kendal. It may be uncomfortable to report an accident, but timely, written reports of accidents and near-misses, with sufficient details, can help us reduce reoccurrences. Everyone benefits!

These past two-plus years we have spent an inordinate amount of time testing for Covid, then following up every positive case to track exposures. This time-consuming process provides the best possible way to mitigate the life-threatening impact of Covid.

Every department can contribute to process improvement. The detail may seem trivial, but it can lead to recognition of a significant trend for planning. For instance, close attention to meal choices leads to more efficient buying. In this period of reduced availability, such systems are critical.

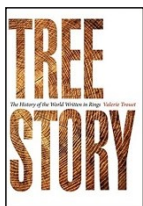
Next time you become aware of a change at Kendal, it may be the result of careful tracking and analysis toward improved outcomes. Together, we can do better, always! ~Barbara Thomas

## ARBOR DAY CELEBRATIONS

### How Trees Contribute to Earth's Life Support System and Human Welfare

Fri., April 29 - 7:15pm - AUD\* and KOTV

As part of the Arboretum Committee's annual observance of Arbor Day, Kendal resident David Benzing will give this general-interest presentation. He is the Robert S. Danforth Professor of Biology emeritus at Oberlin College, as well as senior research scientist at the Marie Selby Botanical Gardens in Sarasota, FL, where he holds the Jessie Cox Chair for Tropical Botany.



### What We Can Learn About Human, Climate, and Forest History from the Rings in Trees

Thurs., May 5 - 7:15pm - AUD\* and KOTV

Valerie Trouet, a globally recognized tree scientist, is a professor in the Laboratory of Tree-Ring Research at the University of Arizona and a UA Distinguished Scholar. A dendrochronologist for almost two decades, her research focuses on the climate history of the past 2,000 years and allows us to put current climate change in a long-term context.

Valerie will introduce the science of dendrochronology, guiding us through its main applications in climatology, ecology, and archeology, with a wide variety of examples. She will recount some of the many stories the rings in trees can tell us. Her first book, *Tree Story: The History of the World Written in Rings*, was published by Johns Hopkins University Press in Spring 2020. This presentation has been jointly arranged by the Arboretum Committee and Oberlin College.

\* For links and last-minute changes in location, transportation, and restrictions, see WKAO and the KORA Calendar.



Kendal at Oberlin Residents Association

At the KORA Council meeting on March 17 we celebrated Barbara Thomas's 30th anniversary as CEO of Kendal at Oberlin. The surprise program included a slideshow with historic photos and resident memories, videos of two staff "home-grown tomatoes," remarks from KaO Board and KORA, a book containing the slideshow photos and narration, a booklet with all memories that residents submitted, 30 roses in a cut glass vase from the Resale Shop, and distinguished guests. The book with the slideshow and the memory booklet are now available in the library.

Special thanks to the Anniversary Celebration Committee: Robert Taylor (narration), Rebecca Cardozo (slides and videography), and Carol Harvey (information management and videography); Laurie Dupree and Ryan Stalzkowski (staff videos); Terry Kovach, Dick Baznik, and Roger Cooper (historic photos); Sally Nelson-Olin (photo scanning); Dick Baznik (book layout); Tom Morgan and Bruce Richards (AV); and the many residents who submitted memories from the past 30 years.

Kendalites are exceptionally thoughtful and generous. Last year we donated over 45,000 volunteer hours, and not every volunteer submitted their hours for the tally. Kudos to you all! We also have been generous with our monetary donations. Next month starts the first of four appeals KORA and KaO make for donations. Kendal has a firm no-tipping policy and the May and November staff appeals enable us to express our deep appreciation to the people who do so much for us. The September appeal is to raise funds for all of KORA's activities and the October appeal is for KaO's benevolent concerns, including the Resident Assistance Fund.

~Mary Behm, KORA President 2022

## April LifeLong Learning Class at Kendal

This course will be conducted via Zoom; you can ask questions using the chat function. Sign up to receive the invitation to join by contacting Kari Inglis.

This will be the last class of the 2021–2022 year. Classes will resume in the fall.

**pHotometry, pHarmacy, pHysiology: How Acidity Affects our World; April 12, 19, and 26, 10:30am–12:00pm** Dr. Rob Thompson, Oberlin College Professor of Chemistry, presents a three-session course explaining how we are affected by acidity.

**First Session:** pH is related to the concentration of protons in an aqueous solution and is related to acidity and basicity. Many natural pigments, such as those in flowers, change color with pH, and these changes can be monitored by photometry.

**Second Session:** The proton is transferred in an acid-base reaction in water, creating a conjugate base from the original acid. These two forms – acid and conjugate base – of the same compound have strikingly different properties. Knowing about the differences between them allows us to control the pH to produce mostly acid or mostly conjugate base.

**Third Session:** The human body regulates pH, mostly through its bicarbonate buffer system. What are buffers and how do they work to maintain a constant pH? What happens in human physiology when the pH strays from its optimum? Ever hear of ketoacidosis? We'll explain.

## Fun Fitness in 2022: Welcome to the Fitness Center!

**Wed., Apr 20 - Open House - 1:00–6:30pm**

**Health Talk - 7:15pm**

**AUD\* and KOTV**

Come to the Fitness Center **Open House** to see the Equipment Room, Pool, and Fitness/Relaxation Room. Find out what goes on in each room, pick up schedules, learn about the equipment, and meet some fellow workout friends. Jill Tvaroha (Wellness Coordinator) and Fitness and Health Committee members will be available to show you around.

The **Health Talk** will focus on Fitness Assessments and Personal Programs – what they are, when you get one, how to schedule one, and how one helps residents find the right classes or programs to meet their needs.

Come to both events and enjoy the healthy snacks provided!



**COFFEE HOUR WITH  
BARBARA THOMAS  
WEDNESDAY, APRIL 13  
9:30AM - FOX & FELL,\*  
ZOOM, KOTV**

**AFTERNOON EXCHANGE  
BARBARA THOMAS  
WEDNESDAY, APRIL 27  
4:00PM - AUD,\* KOTV**



Kendal at Oberlin Residents Association

**Next KORA Council Meeting**

**Thurs., April 21 - 10:00am - AUD\* and KOTV**

**First Thursday Health Lectures  
Essential Tremor: an Illness  
and a Disability**  
Thurs., April 7- 7:15pm  
AUD\* and KOTV

Join us in the auditorium to hear from Kendal resident Dr. Marvin Gordon-Lickey.

**Interview with  
Kurt Russell, Ohio's  
2022 Teacher of the Year**  
Thurs., April 14 - 7:15pm  
AUD\* and KOTV

Kurt Russell, one of four nominees for U.S. Teacher of the Year, teaches social studies at Oberlin High School, including courses in African American history, U.S. history, International Baccalaureate history of the Americas, and a course on race, gender, and oppression in American and world history.

Find out about the good things happening just steps away from Kendal's campus and learn about challenges facing schools today.

**Loren Gerlach Wanderlust**  
Tues., April 5 - 7:00pm - AUD\*

Loren Gerlach, resident Marjorie Porter's son, will sing, accompanied on guitar, some of his own songs about his adventurous world travels. And he'll include a few of Tom Lehrer's pieces and tell us some stories, too.

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**Commemorating U.S. Holocaust Remembrance Day on April 28**  
**Play Readers: *The Interview***  
Thurs., April 28 - 7:15pm - AUD\* and KOTV

Set in the Beachwood, OH, home of Holocaust survivor Bracha Weismann, this play explores the complex ties and tensions between mothers and daughters and demonstrates how we can heal from telling and hearing suppressed stories.

By attending this beautiful play, we can participate in the redemptive power of bearing witness as we honor those who perished in the Holocaust as well as those still being executed in contemporary genocides.

Priscilla Steinberg plays Holocaust survivor Bracha; Pauline Handman plays Ann, the historian who interviews Bracha for an archives; Kathy Hazelton plays Bracha's daughter, Rifka; Jim Underwood videotapes Bracha's story as Chris. Phyllis Gorfain directs.

A recording of the show will be rebroadcast Mon., May 2, 7:15pm, KOTV.

**Conversations with Community**  
**David Bradford on**  
**Building Exceptional**  
**Relationships with Family,**  
**Friends, and Colleagues**  
Mon., April 18 - 7:15pm  
Zoom and KOTV

David Bradford, the Eugene O'Kelly II Senior Lecturer emeritus in Leadership at the Stanford Graduate School of Business, will be interviewed by resident Marjorie (Risser) Porter, his Oberlin College classmate of 1960.

Marjorie will talk with David about his latest book, *Connect: Building Exceptional Relationships with Family, Friends, and Colleagues*. Watch on Zoom and participate in a lively discussion.

**Conversations with Community**  
**Age of Fracture**  
Tues., April 19 - 7:15pm  
AUD\* and KOTV

Daniel T. Rodgers, Henry Charles Lea Professor of History emeritus at Princeton University, will speak on transformations in social ideas in the last quarter of the 20th century. His book, *The Age of Fracture*, deals with challenges to mid-century concepts of national consensus, managed markets, gender and racial identities, citizen obligation, and historical memory. It won the Bancroft Prize in American History in 2011. He will be visiting his sister, Betsy Allen, at Kendal.

**🎵 Music at Kendal 🎵**

**Live Chamber Music**  
**at Kendal at Oberlin**  
Sundays - 4:00pm - AUD\*

The Music Subcommittee presents live music played by Kendal residents, Oberlin Conservatory students, and other outside musicians on most Sunday afternoons.

The first Sunday of each month is reserved for informal readings by Kendal resident musicians.

In April we have the following programs planned:

- April 3 - "Open Rehearsal" by Kendal residents.
- April 10 - Piano recital by Oberlin Conservatory student Qi Qi.
- April 17 - Oberlin Conservatory students Gabriel Cuz Ruiz (flute), Ian McEdwards (clarinet), Safe Jannani (violin), and Leo Choi (piano).
- April 24 - Oberlin Conservatory students Solomon Leonard (viola) and Nik Divall (guitar).

**Verona Quartet**  
Mon., April 4 - 7:15pm  
AUD\* and KOTV

A professional string quartet in residence at Oberlin College, the Verona Quartet will play a program of pieces prepared for its U.S. concert tours.

**Blue Fiasco Concert**  
Sat., April 23 - 7:15pm  
AUD\* and KOTV

Jazz band Blue Fiasco will play a selection of popular music. Resident George Cyphers is a member of this group which plays concerts around northern Ohio.

**Need Another Directory?**

Put \$2.00 in an envelope with your name on it in open mailbox #8 and a 2022 KaO Directory will be delivered to your open mailbox.

## Saturday Night Movies 7:15pm - KOTV

**April 2 - Shall We Dance? (1996) Japanese (subtitles)** A strait-laced Japanese businessman (Koji Yakusho) gets a glimpse of a beautiful young woman in the window of a ballroom dance studio. Depressed and unhappy, he signs up for dancing lessons, hoping it helps him get his life back together.

**April 16 - Shall We Dance? (2004) American version of 1996 Japanese film.** Bored and overworked, middle-aged estate lawyer (Richard Gere) sees a beautiful woman in the window of Miss Mitzi's Dance Studio. He impulsively signs up for ballroom dancing lessons and ends up training for a dance competition.

## Saturday Foreign Film April 9 - 7:15pm - AUD\*

**All About My Mother (1999)** A film by Pedro Almodóvar, Spanish with English subtitles. Tragedy strikes, but Manuela overcomes grief and becomes caregiver to a colorful extended family. Riveting performances, unforgettable characters, and creative plot twists. A funny and absolute stunner. Won 1999 Best Foreign Film Oscar.

**NOTE:** I'd review and consider any foreign film for the Saturday screening, especially if the person recommending owns a copy and is willing to lend it for me to review. ~Dwight Call

For movie descriptions and details, see [www.imdb.com](http://www.imdb.com).

## Sunday Movies 7:00pm - WSCC

**April 3 - The Boy Who Harnessed the Wind (2019)**

**April 10 - Yours, Mine, and Ours (1968)**

**April 17 - Easter Parade (1948)**

**April 24 - Hunt for the Wilderpeople (2016)**



## Art Gallery News

Akron artist **Stephen Tomasko** is returning to the **Kendal Gallery** to show a variety of his work, including photographs, encaustics, and collages. His show will be on exhibit through May 16. His artist talk is on Zoom and KOTV on Fri., April 8, at 4:00pm.

The exhibit in the **Community Gallery** by **Jack Millette Mosher** features paintings of his family done over 45 years, inspired by small black and white photographs. Jack says, "Doing them has been my periodic way of trying to better understand what I've often been mystified by." He has never seen this group of paintings together. A reception for Jack will be on Tues., April 26, 4:00-5:00pm in the Community Gallery.

Spring is here! **Don Parker** will retrieve his model railroad landscape figures and buildings currently in the **Curio Cabinet** so they can be reinstalled in his outdoor railroad layout. After our

exhibit of Mary Van Nortwick's Ukrainian Easter eggs, Nancy Lombardi's female action figures will be displayed, depicting strong female characters that emerged on television, video games, and movies in the last 30 years.

Oils, pastels, acrylics, wood cuts and wood block prints, lithographs, and handmade paper collage from the personal collections of Art Committee members continue to enliven the **Friends Gallery** in the Stephens Care Center. Independent residents still have a chance to glimpse what Art Committee members collect, providing they are properly masked and check in at the Kiosk before entering SCC.

Finally, Polly Carroll's colorful and whimsical handmade dolls and other creations in the **Admissions Office Display Window** were much enjoyed. Ceramics by Rockwell Kent from the collection of Jim Underwood are now there until mid-May.

The biennial **Kendal Collects** show featuring art that Kendal residents have in their personal collections will go on display in all our Galleries and display areas on May 17. (See box, page 5.)

## Tuesday Themed Films 1:00pm - WSCC

**April 5 - Awakenings (1990)**

**April 12 - A River Runs Through It (1992)**

**April 19 - The Green Mile (1999)**

**April 26 - The Zookeeper's Wife (2017)**

## Thursday Movie Musicals 2:00pm - WSCC )

**April 7 - The Pajama Game (1957)**

**April 14 - Till the Clouds Roll By (1947)**

**April 21 - A Song Is Born (1948)**

**April 28 - Clambake (1967)**

## BIG BUS Trip to Cleveland Museum of Art

**Tues., April 5 - 10:00am-4:00pm**

Bus seats are fully reserved and the trip is on! Museum admission is free.

Lunch is on your own at the museum's Provenance Café. **If you have a reserved seat, bus leaves at 10:00am.**

## Time of Remembrance Video Sat., April 2 - 1:00pm - KOTV

Celebrating those lost at the end of the Covid shut down.

### The Kendal cable channels are:

- **WKAO: 919, 19-1, OR 95-100**
- **KOTV: 920, 19-2, OR 95-101**
- **WSCC: 921, 20-1, OR 96-100**

## Kendal Collects Is Coming! May 17–Aug. 14



One of the Art Committee's most popular exhibits is our summer biennial **Kendal Collects**. This is always a fascinating show. Residents are invited to submit one or two original works of art from their personal collections. They will be on display from May 17–August 14 in all three of our exhibit areas – the Kendal Gallery, the Friends Gallery, and the Community Gallery.

Look for your entry form in your open mailbox on April 25. Please plan to share your treasures with your fellow residents and the community at large.

## UU Gathering Cultivating Resilience

Rev. Mary Grigolia and Zellda Zolley  
Wed., April 20 - 4:00–5:00pm  
Green Room\*

In our interactive program, we explore faith as an evolving relationship with life. What is faith to you? What six words express faith for you? Bring a picture that reflects faith for you.

## Dementia Friendly Discussion Group

Fri., April 22 - 10:30am  
Green Room\*

## Grief Support Group

Tues., April 26 - 10:00am  
Green Room\*



I finally found the courage to confide in you that I am concerned because I often forget where things are. It isn't helpful for you to say, "I often forget where things are, too." That invalidates what I said. I need you to listen to me, recognize my concern, and help me decide what to do next.  
**STAY CONNECTED**

## The Founders Quilt Book Now Available

*The Founders Quilt* exhibition catalogue is now available. The book reprints the excellent original photographs of the individual quilt squares, with comments by the women who made the squares, all Founders (the first residents of Kendal at Oberlin).

Each square depicts some aspect of the early days at Kendal.



Book cover, front and back.

Copies for perusal are in the Kendal library and by the quilt, which now hangs in the small alcove between the Auditorium and Fox & Fell. To purchase the book, contact Grover Zinn, chair of the Kendal Art Committee.

## Newcomer Introductions

Wed., April 20 - 4:00pm - KOTV

Meet our latest arrivals! These broadcasts provide an opportunity for the whole community to learn more about our newest residents. The committee will continue to provide these televised introductions in the future, as newcomers arrive. Recordings of past interviews are available in the Kendal library.

~Sharon Furrow

## Suggestions and Concerns

Mon., April 11 - 2:00pm  
Crossroads Room\*

Members of this committee will listen to your suggestion or concern in confidence (and privately, if you wish), discuss it with you, and refer the matter to the appropriate department head or committee chair. Questions? Contact Chair Anne Lockwood.

## Horticulture News

### Plant Sale, Fri., May 6 7:30am–4:30pm

The Horticulture Committee has plants for your rooms and for outdoors on sale at two locations this year: Heiser West Corridor (from mailboxes to the bank) and the covered walkway at the Employee Entrance.



Plants will be on tables as usual. Some bulbs and root plants from the Courtyard Garden will be available for sale. Volunteers will be on hand to help you decide which plant is best for you and to pack up your purchases.

Leftover plants will be available on the honor system all day Sat., May 7, and Sunday morning, May 8.

We need help with publicity, pricing plants, moving the plants to the sale tables, "crowd control," and sales. Contact Nick Long to get involved.

## Community Garden

There's nothing like eating really fresh vegetables from your own garden. In the Kendal Community Garden you will have your own 10ft × 10ft plot for veggies and/or flowers. Full sun and water are included. New plots this year include two in which native flowers and plants will be sown and grown, for later planting throughout Kendal. There are still unclaimed plots. For information, contact Nancy MacRae.

## Cottage Gardens

Are you considering planting in the garden space around your Kendal cottage? A free talk on Sustainable Home Landscaping by Barb Holtz, sponsored by the City of Oberlin and Western Reserve Land Conservancy, will be given Tues., April 12, 7:00 pm, at the Oberlin Public Library. This may interest all Kendal dwellers, not just cottage gardeners.

### Planting a Seed Presented by Barb Holtz

Outreach Specialist, Ohio Prairie Nursery

♦ Tuesday, April 12, 2022 ♦ 7:00PM ♦  
Oberlin Public Library Community Room  
65 South Main Street  
(Face Coverings Encouraged)

## Kendal Buddy System Update, Spring 2022

Many of us appreciate having someone here at Kendal who is checking every day to make sure that we are awake and well. That's why the Buddy System was created. In the early days of the system, most participants arranged signals with neighbors.

Today, many of Kendal's buddies contact one another with text messages, email, or phone calls. Some buddies are on opposite sides of the Kendal campus.

Kendal has ten Buddy System areas. One or two residents have volunteered to be coordinators who greet newcomers and explain the system to them. The coordinators will find a buddy for a resident, if needed, and also maintain a list of buddies in their area with contact information. These lists are kept private. The few Kendal staff members who receive updated copies of the buddy lists keep these on hand in case of an emergency. Kendal residents may need to be contacted quickly about a serious situation. Newcomers who have cell phones that can receive text messages are asked if they want KaO texts.

If you want to have a buddy or if you want to receive emergency texts from Kendal, please contact your Buddy System Area Coordinator.

Kendal's Buddy System area coordinators are:

Cottages 1-24: Eileen Payton

Cottages 25-52: Sandy Siebenschuh

Cottages 53-80 & 101-104: Nancy Cooper

Cottages 81-100 & 105-120: Jill Wettersten

Cottages 121-144: Kay Rider

Apartments 145-168: Marilyn Burns & Ann Halteman

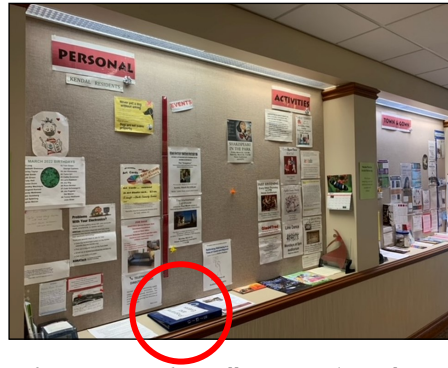
Cottages 188-199: Ruth Miller

Cottages 200-211: Harol Pesuit

Cottages 212-223: Marie Evans

Apartments 245-268: Kathy Reichard

~Lynn Ayres, Buddy System Coordinator



*Information on the Bulletin Boards is also in the Blue Notebook on the shelf.*

### Personal & Activities and Town & Gown Bulletin Boards

Ever wonder how notices are added to a bulletin board? Here's the process!

#### Person submitting the notice

1. Make two copies of your notice, using a typeface that is easy to read at a distance.
2. Place your name, date, and preferred contact method (email, phone, mailbox) somewhere on each copy.
3. Put both copies in the Bulletin Board open mailbox (at the far right).

#### Bulletin Board subcommittee

1. Add one copy to the appropriate board (rearranging as needed to put notices in more or less date order).
2. Add the other copy to the Blue Notebook (on the shelf for those who find the notices on the board hard to read).

~Bulletin Board Subcommittee

#### IN MEMORIAM

**DEBBIE TUAN**  
**MARCH 8, 2022**

**ANN CRAIG**  
**MARCH 11, 2022**

**ANITA PARINS**  
**MARCH 11, 2022**

**DON NOREMBERG**  
**MARCH 25, 2022**



## Library Notes

### Overdue Notices

There is a narrative, most likely apocryphal, that a man out walking happened to run into one of his friends who was a librarian. Stopping to chat, the man asked about how everything was in the library. The librarian replied that things were really great. All the books were back on the shelf but one, and he was just now on his way to get that last book. Be advised that your Kendal library does not operate this way. Rest assured that no one from the Kendal Library will knock on your door asking for overdue books. We want the books to be in circulation and available. However, we do try to maintain a fairly accurate account of the holdings and try to keep them in circulation. Thank you for your attentiveness toward our overdue notices.

### Book Displays

Mary Clare Beck, during her term as Chair of the Library Committee, began the practice of organizing a monthly display of books from the library collection highlighting certain topics. She has continued this activity with last month's display featuring Large Print Books, focusing on their ease of reading for those with low vision. The April display features masters of the short story. Toward the end of the month, we will also display books on trees that have been purchased by the Arboretum Committee (see list on page 9). The books celebrate Arbor Day, April 29, and will include *Tree Story* by Valerie Trouet, who will be speaking at Kendal on May 5. ~Joan Long

### Upcoming Moves

**Josie Jones** from Fairport Harbor, OH, in early April.

**Jiann and Pearl Lin** from Oberlin, OH, in mid-April.

**Steve Ristow and Bobbie Conlan** from Kailua, HI, in late April.



# KORA Needs Your Input!

## Leadership Development & Nominations Committee

The deadline for nominations for KORA officers and Councilors is May 15. Please help us reach out to residents who would like to be on KORA Council.

**Why is KORA important to all residents?** All Kendal residents are members of KORA, the Kendal at Oberlin Residents Association. According to the Constitution and By-laws, its purpose is, among other things, “to establish and maintain in cooperation with the Administration, Staff, and Board of Directors of Kendal at Oberlin a community in which each person is nurtured and the corporate body of residents and staff is enriched.” And it does that. KORA and all the activities under its umbrella are what make Kendal the vibrant community it is today.

**What can you do?** Take an interest. Attend KORA Council meetings (in the auditorium or remotely, the third Thursday of every month at 10:00am). Participate in something that interests you. **AND think about whom you might nominate to KORA leadership – including yourself!**

**KORA leadership** consists of a Residents Council including four officers – President, Vice President, Secretary, and Treasurer – and eleven Councilors. **This year our President Mary Behm and Vice President Charlotte McGowan as well as Councilors Anne Lockwood and**

**Sandi McClennen reach the end of their eligibility to serve, and will need to be replaced for 2023.** The current Secretary Anne Palmer and Treasurer Bruce Richards are each eligible for an additional term. Councilors who can remain on Council are Joyce Benjamin, George Blomgren, Rollin Conway, Rich Hall, Kari Inglis, Tom Konkoly, Barbara Pierce, Phil Pritchett, and AV Shirk.

Residents also nominate and elect members of our **Leadership Development and Nominations Committee (LDNC).** **Tom Morgan, Sue Palmieri, and Barbara Whitehouse** will no longer be eligible to serve next year and must be replaced. Ann Francis and Bob Longworth can continue another year.

According to our President Mary Behm, “Councilors and officers need to be good listeners, calm, problem solvers, organized, creative, able to cut through the emotion of issues to find common ground.” LDNC needs members with a broad knowledge of the community and fellow residents. Who comes to mind?

**First, get the permission of anyone you wish to nominate. Then**

**submit your nomination in writing, in his open mailbox or by email, to LDNC Secretary Bob Longworth, by May 15.** A brief letter giving reasons for your choice would be helpful. You may certainly nominate yourself.

*~Sue Palmieri, Chair, 2022 LDNC*

## Bag Recycling Bin Removed

The Environmental Concerns Committee reports that the bin for recycling plastic bags placed outside Heiser Auditorium’s south doors will be removed on April 2. Local recycling sources will be listed.

## Chalk Walk Is Back!

Hurrah! Be among the 20+ Kendal participants who help at Chalk Walk by handing out chalk with which to decorate the sidewalks, cardboard on which to sit, and big smiles of encouragement to all. Shifts will be 9:45am–12:00pm, 12:00–2:00pm, and 2:00–4:15pm on Saturday, June 25 (rain date June 26) at four locales in downtown Oberlin.

More information? Ready to sign up? Contact coordinator Dina Schoonmaker by email. Sign-ups begin in June.



## Recent Moves

**Ann Tye** from Middleburg Heights, OH, in early March.

**Jack and Kathleen Secrist** from Oberlin, OH, in early March.

**Nancy Marsh** from Mountain View, CA, in mid-March.

**Janet Kelsey Werner** to an apartment in mid-March.

## Kendal Kryptogram #205 – by Nina Love

U ERTY SENS TYRTCY BUCC QUANCCZ

LRFY SR OYNCUVY SENS SEYOY UX RACZ

RAY ONLY SEY EWFNA ONLY NAG SENS

BY NOY NCC FYFKYOX RQ US.

**~FNODNOYS NSBRRG**

**Solution to Kryptogram #204:** God in his wisdom made the fly and then forgot to tell us why.  
*~Ogden Nash*

## Climate Change



Did you know that on **Earth Day, Friday, April 22, 10:30am–2:30pm**, by the **Heiser Lounge windows**, the Environmental Concerns Committee will host a display featuring green products available online and at IGA, “Green Clean quizzes,” updates on recycling and SSAFE initiatives, and of course, fun facts.

## Kendal Bird Watchers and E-list

Do you like to listen to, observe, identify birds? Whether you watch your feeder, walk near Kendal’s ponds and woods, or just sit on a bench, Kendal is a great birding location. Migratory birds are starting to arrive—including diving ducks, shore birds, and songbirds. Some may only be at Kendal for a few hours.

Consider joining Kendal Birdwatchers to let others know what you see or get help identifying birds. We have an E-list for sharing information, and sometimes we observe in small groups or participate in national bird counts.

All are welcome, from beginners to experienced birders. Contact Anne Martin to join Kendal Bird Watchers and be part of the E-list or for more information.



## Kendal at Oberlin Strategic Plan Approved

The KaO Strategic Plan 2022–2026 was approved by the Kendal Board of Directors at its March 15 meeting. A financial feasibility report will go to the board in July.

The plan represents 14 months of research, testing, and writing. The process included important input from residents, staff, board members, and community members. The Strategic Planning Committee appreciates the willing and thoughtful participation of everyone involved who have helped produce a relevant plan to guide the life of the Kendal at Oberlin community for the next five years.

Copies of the final draft are on the administration bulletin board and in the library. ~Gary Olin, Vice Chair, SPC



## Nature Sightings

1/15/22–3/12/22

**1/15, two White-Throated Sparrows**, #128 feeder, Prudy Hall; **1/20, two Robins**, Troll Bridge, Mary Clare Beck; **1/23, Downy Woodpecker and Red-Bellied Woodpecker**, suet feeder by Buttonbush Bridge, Anne Helm; **1/24, two dozen Robins**, eating crabapples #136, Sally Nelson-Olin; **1/24, Red-Shouldered Hawk**, Farmer Pond tree, Anne Martin; **2/2, four Eastern Bluebirds**, #8 birdfeeder, Nina Love; **2/5, Doe and two nearly-grown Fawns**, licking seed from #8 feeder, Nina L.; **2/20, Red-Winged Blackbird**, Center Pond, A. Martin; **3/4, Snow Goose**, Rock, Farmer Pond, Charlotte Elsner; **3/6, Bufflehead Ducks**, Rock Pond, Dina Schoonmaker; **3/8, Red-Tailed Hawk**, soaring over Center Pond, A. Martin; **3/10, Flock of Ring-Necked Ducks, 2 Hooded Mergansers**, Meadow Pond, Maureen Bailey (hskp.); **3/12, Eastern Bluebird**, feeder behind #85, Barb Benjamin.

## Resident Medical Resource Revision Available

Thanks to Deborah Gray, the newly revised *Resident Medical Resource* is now available in the library on the table in front of the librarian’s desk.

This document lists Kendal residents who have volunteered to speak informally with other residents about their experience with or knowledge of given medical conditions.

## Did You Know?

You can call 775-9868 to hear announcements and menus of the day.



*If it’s Spring, it must be time for a shopping trip to Petitti’s Garden Center in Avon.*

## Transportation News

### Kendal Gardening Bus

Kendal residents will have the opportunity to shop at Petitti’s Garden Center in Avon by Kendal bus on Thurs., May 5, 9:00–11:30am.

A new Kendal bus will carry 16 people plus gardening purchases. Watch for the sign-up sheet in the Heiser lobby on the counter by the open mailboxes in mid-April. 🚌

### AAA Safe Driving Courses

The AAA will present two Safe Driving courses in the Kendal Education Center. These two-day courses are scheduled for:

- #1 - Monday, May 2, and Wednesday, May 4.
- #2 - Friday, May 13, and Thursday, May 19.

Hours are 10:00am–12:00pm and 1:00–3:00pm both days.

A sign-up sheet will be available in the Heiser Lobby on the counter by the open mailboxes in mid-April.

## Plea for Fresh Flowers

The Floral Creations Committee is always grateful to residents who are willing to provide flowers from their gardens for the arrangements in Heiser Lounge.

Please let Dina Schoonmaker know by email if you are willing to let us cut your beautiful flowers, what you plan to grow, and when you expect your blooms. We always cut sensitively but are also happy to have you cut your own and leave them in the Floral Creations/Art Studio. ~Dina Schoonmaker



## From the John Bartram Arboretum Black Tupelo (*Nyssa sylvatica*)

You'll find one of these trees planted in the "stop sign bed" by the three-way intersection at the boulevard that leads to Heiser Center. You can identify this tree in the summer by its dark green oval glossy leaves, which turn to a peach or wine red in the fall. It will have small greenish-white flowers in the spring along with leaves which easily hide them from view. You will find the fruit about the time that the leaves are turning color in the fall. The tree can display yellow, red, purple and orange on the same branch. Horticulture expert Michael Dirr says it is "one of the best and most consistent native trees for fall color."

It is found throughout eastern North America from Maine to Florida. Medium-sized, it matures from 30–70 feet; however, Dirr reports the National Champion to be 92 feet. It likes full sun to part shade. Its shape is pyramidal in youth, though it may become more rounded in old age.

The tupelo's bark is deep and furrowed, some people saying it looks like the scales of an alligator. The tree prefers swampy, acidic soil, though it is

quite adaptable. The Muskogee (Creek) Nation, a large group of indigenous peoples of the Southeastern Woodlands now based in Oklahoma, calls the Tupelo the swamp tree. Even though it likes to be wet, the tree does like reasonably good drainage.

The fruit, which is sour, attracts birds and other wildlife in early autumn and well into winter. It is high in fat and fiber.

A leaf spot, *Mycosphaerella nyssaecola*, can cause premature defoliation. Newly bred varieties have helped increase resistance to this leaf spot.

~Anne Helm for the Arboretum Committee  
For illustrations and more information, see references:

[www Caseytrees.org](http://www Caseytrees.org)  
[www Arborday.org](http://www Arborday.org)  
[www MortonArboretum.org](http://www MortonArboretum.org)

### Check out the display in our Kendal library for Arbor Day (April 29):

- *Braiding Sweetgrass* by Robin Kimmerer
- *Finding the Mother Tree* by Suzanne Simard
- *The Insect Crisis* by Oliver Milman
- *Tree Story* by Valerie Trouet (see page 1 for lecture date)
- *Songs of Trees* by David George Haskell



## Citation Editor

The *Kendalight* staff needs someone to research and create

copyright citations for clipart and photos taken from the internet. Please join us! Contact Elizabeth Aldrich at [Klite600@yahoo.com](mailto:Klite600@yahoo.com).

## Social Services Advance Directives Annual Workshop Fri., April 15, 10:30am–12:00pm Training Room, Ed. Center\*



Join Cyndi Moran and Kim Peters to:

- **Review** when your Health Care Power of Attorney (HCPOA) is activated.
- **Define** what a Living Will is (not a Do Not Resuscitate [DNR] order).
- **Share** resources that may help you talk to your loved ones about what you define as quality of life.

Please sign up by April 4 on the clipboard at the mailboxes.

Contact Cyndi Moran, 440-775-9814, [camoran@kao.kendal.org](mailto:camoran@kao.kendal.org) or Kim Peters, 440-776-5016, [kpeters@kao.kendal.org](mailto:kpeters@kao.kendal.org)



Have you ever thought it might be fun to draw stick figures? These little characters can have unlimited personality, but there are a few tricks that will help make them convincing.

The Art Studio will sponsor **Drawing for Fun: Stick Figures and Beyond**, a casual class for beginners meeting in two Tuesday sessions, April 19 and April 26, at 4:00pm. The focus will be



to polish up basics such as proportion and observation skills while keeping a sketch journal. Class size will be limited and supplies will be provided. Call Jean Slonneger if you have questions or to enroll.

We hope that you have not forgotten the "Hand Made at Kendal" art cards with the little hand print on the back of the card. Charlotte Elsner has carved that insignia and prints it on our note cards. Each of these cards is unique, and your \$3.00 donation contributes to the welfare of our Oberlin community neighbors.

**Textile Arts** will be taught on Wed., April 13, and Thurs., April 14, from 2:30–5:00pm. Residents need to attend both days in order to enjoy best results.

After bleaching out color on dark fabric and drying it overnight, we will proceed to do printing with textile paints. Some who are eager to try these techniques have been practicing leaf printing on paper with Charlotte.

The two **Clay Workshop** classes are producing promising results. The creators have gotten some of their problems resolved and made a step in the learning process. It's been fun!

Come check out the Art Studio!

~Joyce Parker

## Looking for Someone?

You'll find profiles of all residents, newcomers and old-timers alike, in "Who's Here" on the library center bookcase.

## Saturday Walks

Come explore walking areas off the KaO campus. The walks are leisurely, about 2–3 miles, and generally scenic. We meet outside the Heiser main entrance every Saturday at 9:00am (weather permitting) to car pool.

- **April 2** Indian Hollow - Sheldon Woods
  - **April 9** Black River - High Meadow
  - **April 16** Vermilion River - Bacon Woods
  - **April 23** Rowland Preserve
  - **April 30** Carlisle - Meadow Loop
- Questions? Contact Phil Pritchett.

## Let's Dance!

### English Country Dancing

Sundays - 7:15pm  
Heiser Auditorium\*  
Contact: Judy Cook.

### Line Dancing

Mondays - 5:00pm  
Heiser Auditorium\*  
Contact: Dan Reiber.

### Square Dancing

Tuesdays - 4:00pm  
Heiser Auditorium\*  
Contact: Jeanne Berger.

### Rollator Line Dancing

Tuesdays - 5:15pm  
Heiser Auditorium\*  
Contact: Dan Reiber.  
Where happy feet meet happy music.



## Church Services

**First Church in Oberlin, UCC**  
Sun., 10:00am, WSCC

**Oberlin Friends Meeting**  
Sun., 10:30am, Ed Center and Zoom

**Oberlin Unitarian Universalist Fellowship**  
Sun., 11:00am, Zoom

**Roman Catholic Mass**  
**St. Patrick's Cathedral, NYC**  
Sun., 11:15am, WSCC

**Christ Episcopal Church**  
Sun., 12:30pm, WSCC, YouTube

**Catholic Communion Service**  
Sat., 3:30pm, Green Room

## Table Tennis Hours

Regular hours for table tennis have been set for Wednesday, Friday, and Sunday, 10:00am to 12:00pm in Heiser Auditorium.\*

Come and play! All are welcome!  
~*Sidney Rosenfeld, Co-Chair,*  
*Sports and Recreation Committee*

## Pickleball Update

Pickleball at Kendal is still in its infancy. Our number of Kendal pickleball players is small at this point, but as Spring comes and Covid cases drop, our numbers will grow. In the meantime, a dedicated few of us continue to play at Splash Zone.

With the help of Kendal residents, we have been able to purchase a portable pickleball net for outdoor play at New Russia Township Park. Kendal residents will then have a choice either to play at Splash Zone's indoor courts or outdoors in the park as weather permits. More information on outdoor pickleball will come soon.

Generally, one Saturday each month, a clinic is held at Splash Zone to introduce new players to the game. The contact for this clinic is Roy Ebihara at [raebihara@gmail.com](mailto:raebihara@gmail.com). There is no need to register. Just show up with \$4.00!

Come join the fun! ~*Jesse Carlock*

## KENDAL RESALE SHOP

*Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities*

### SHOP!\*

Wednesday–Saturday  
11:00am–5:00pm  
(closed Sunday–Tuesday)

### DONATE!

Bring your donations of clean, gently-used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

### Given to RAF, year to date:

Total contribution: \$7478.00.

## Southwark Society Dinner

With a sigh, the cofounders, in 2005, of the Southwark Society, Katie Brown and Sidney Rosenfeld, announce that they must cancel the annual banquet. In the unlikely event that a South Philly native joins the Kendal community, the tradition will be revived. ~*The Founders*

## The Kendalight

Monthly newsletter of the  
Kendal at Oberlin Residents Assn.  
600 Kendal Dr., Oberlin, OH 44074

Managing Editor: Elizabeth Aldrich  
Associate Editor: Suzanne McDougal  
Proofreaders: Kathy Reichard, Mary Simons

Photos: Sally Nelson-Olin, Gary Olin

- Deadline for the May 2022 issue of *The Kendalight* is April 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: [Klite600@yahoo.com](mailto:Klite600@yahoo.com)
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.

## Where to Find Contact Info

- **Kendal at Oberlin Directory**, printed and distributed in February.
- **KaO PDF Directory**, distributed via email to all residents.
- **Bulletin Board**, near photos of new residents. Make these corrections and additions to your printed directory.
- **Online Resident Directory**, in the resident database ([www.kaores.net](http://www.kaores.net)), click "Directory." Note: you must either be on the Resident WiFi network or be logged in to access this information.



## Dining and Nutrition Services



October 27, 2021, was Katie Barman's first day of work at Kendal as dining room manager at Friends Corner.

She has spent her entire career working in food service. In fact, she first met Kendal staffers Lisa Wilken and Scott Stonestreet when they all worked at Mercy Hospital Lorain.

Subsequently she moved to Chicago, where she worked in hospitals as well as long-term healthcare facilities for 30 years. She returned to northeastern Ohio to be close to her family. Katie's three daughters are all nursing professionals who live in this area.

Since she arrived, Katie has been busy rigorously training the serving staff of the Friends Corner. They strive to achieve a family atmosphere in the 45-seat dining room. It opened for lunch on March 3 and began serving

breakfast on March 10. The staff may soon be ready to serve dinner. The final piece of the dining puzzle in the Stephens Care Center will be the opening of the Country Kitchen for breakfast, which will probably take place later this spring.

It has been so long since residents have been able to enjoy the conviviality of dining together that these days conversation is enthusiastic.

Because of the government's Covid regulations, independent living residents are not currently allowed to join friends and spouses for meals in Friends Corner. However, SCC residents may eat in Langston (breakfast) or Fox & Fell (lunch or dinner) any day of the week. Gradually, step by step, social life is returning to normal.

And Katie Barman is helping to lead the way in the Stephens Care Center.

## Nest Box News

With the spring bulbs emerging and the birds beginning to sing, it's time to begin looking for bluebirds

Eastern Bluebirds make their nests in holes in trees or wooden fence posts in the wild. But they have greatly benefited from nest boxes placed in suitable habitats by Audubon and other groups. Eastern Blues have been eating all winter from feeders outside Kendal cottages, especially those that back up to woods. The nest boxes by Island Pond, by Meadow Pond, and in the small grove of trees between parking lots 5 and 6 all successfully hosted and fledged Eastern Bluebirds last year, so we hope they will return to raise another brood this spring.

The American Tree Swallows will not return until there are flying insects for them to eat. They too will use our nest boxes. And soon House Wrens will be in nest boxes or the small bird-

houses near our cottages. So it is with hopeful hearts that monitors will soon begin their rounds to see what species is taking up residence and where. This can be determined by looking into the box to see the shape of the nest and materials used, and later by the appearance of the eggs and young. A blade of grass is likely a Bluebird claim. A feather on the floor of the box is likely a Tree Swallow. And a twig or a pile of small sticks means a House Wren is taking up residence. All three are native species, and dependent upon cavities in which to make their nests and rear their young. The data we collect on the nest boxes – the species, number of eggs, young and chicks fledged – all becomes part of the Black River Audubon Society's totals and ultimately part of Cornell University's nation-wide Breeding Bird Survey. It is gratifying to be able to contribute to this effort. ~Nina Love

## Meet a Dining Star Kristal Purnell

Kristal graduated from Parma Senior High School and went on to be a nurses aide at Parma Hospital for three years. She changed her mind when she found there was a two-year wait to get into its nursing program.

She met her husband Leonard in 2007 and married him in First Church in Oberlin in 2011. He's now a manager at Huntington Bank. They have two children, who attend the Oberlin schools. Eleven-year-old Logan plays baseball and nine-year-old Aria loves being on her jump rope team.

In 2016 Kristal worked at the Hotel in Oberlin banquet service and at its bar. She began working in Langston in 2018. And we all know how important she was to all of us during the first 14 months of the pandemic! From March 2020 to May 2021 she was employed by Kendal to work at IGA five days a week, 7:00–9:00am, filling residents' orders for groceries to be delivered by Kendal to each parking lot area every two weeks. (I know what an outstanding job she did, since I was the one who made 200 calls mornings over a two-week period to alert residents.)

What does she like to do? Bowling is her favorite. And travel. The whole family takes trips and goes to different areas of the country each time.

Now she's here at Kendal 9:00am–3:00pm, at home for her children before and after school. Kristal calls herself a "stay-at-home" mom! She loves working at Kendal and meeting all the residents, so do greet her when you are in the Fox & Fell.

*Priscilla Steinberg, on behalf of the Dining Matters Committee.*

## Low-Vision Support Group Audio Presentation



## "Conquering Fear of the Unknown"

**Fri., April 8 - 1:30pm - AUD\***

~Terry Carlton

