

The **Kendalight**

Kendal at Oberlin Residents Association

August 2011

Volume XVIII, Number 8

Fun Fitness Week a Great Success!

There were 202 participants including 118 independent residents, 17 from Stephens Care Center, 61 staff, two interns, two Kendal at Home members and two Senior Independence staff. These numbers are very close to last year's.

Following is a listing of the events in order of popularity: Participants' Luncheon, 120; Kendal Sites Quiz, 60; Bowling, 54; Community Walk, 47; Observation Walk, 37; Silly Obstacle Course, 34; Miniature Golf, 32; Walking Relay, 30; Brain Teasers, 28; Robot Table Tennis, 25; Shotput Throw, 20; Wii Fit Fun, 18; Lap Swim/Water Walking, 13; Basketball - Standing, 11; Basketball - Sitting, 10; Tennis Court Fun, 8.

This year members of the Kendal Early Learning Center participated/cheered in Bowling, Walking Relay (see photo) and Standing Basketball.

2011 Fun Fitness Walking Relay was capped off by students from Kendal's Early Learning Center who walked the last lap, cheered on by residents and staff. Photo: Eleanor Helper



Share Great Fellowship, Music, Ice Cream at the CommUnity Ice Cream Social in Early September

Kendal's CommUnity Ice Cream Social, our annual outreach event to our neighbors, will be held early in September (date to be announced) from 6:00 to 8:00pm. Once again, the event will take place at the corner of Maple and North Pleasant Sts. Pleasant St. will be blocked off by the city to provide a safe setting. "Mud in Yer Eye" will be returning to provide delightful music. Join us for an evening of fellowship with our friends and neighbors (including Kendal priority list members) over an ice cream treat. The Kendal van will shuttle residents to the Social, leaving the Heiser entrance beginning at 6:00pm. Please be patient -- the bus will continue to circuit until the Social ends at 8:00pm. If it rains, the Social will be moved to the Heiser Auditorium. We hope to see you all at the upcoming ice cream social. *-Kendal at Oberlin Staff Special Events Committee*

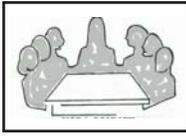
Our thanks to the committee: Jerry Berner and Laurie Dupee co-chairs; Dick Baznik; Nancy Beauchamp; Deb Grey-Boggs; Jill Connone; Kelly Dillon; Dianne Green; Eleanor Helper; Heather Houghland; Ben Lenz; Tiffany Lester; Kim Peters; Ann Pilisy; Bob Randel; Sid Rosenfeld; Isobel Rutherford; Peg Schultz; Nikki Scott; Jara Stull; Michele Tarsitano-

Amato; Ed Wardwell; Budd Werner. Thanks also to Facility Services and Dining Services for their special help. If any residents or staff have suggestions and comments about Fun Fitness Week events, please share them with Jerry Berner or Laurie Dupee. We would be pleased to hear from you.

**COFFEE HOUR WITH
BARBARA THOMAS
THURSDAY, AUGUST 11
9:30AM - LANGSTON**

**DISCLOSURE
STATEMENT
Ann O'Malley
THURSDAY, AUGUST 11
4:00PM - AUDITORIUM**

**AFTERNOON
EXCHANGE
BARBARA THOMAS
TUESDAY, AUGUST 30
4:00PM - AUDITORIUM**



KNOW YOUR KORA COUNCIL

Once a month the residents of Kendal's Stephens Care Center meet in the Central Activities Room. Some walk in, with or without rollators; many come in wheelchairs. SCC staff encourages everyone to come if able. As we assemble, Stacy Terrell is there, adjusting the sound system; Kim Peters is preparing to take notes of everything that's said. Michele Tarsitano-Amato and Greg Zehe appear. Stacy speaks first, relaying any news of the SCC. Is there a change in staff? Is an inspection going on? Right now, of course, there are concerns about the construction happening so close to many residents' rooms. Stacy has set up weekly meetings to update residents so they will know exactly what to expect. Next, Stacy will inquire about each aspect of daily living: Is the nursing staff satisfying individual needs? Are they responding promptly enough? Does Social Services answer your requests? Is laundry being done properly and returned on time? Is Housekeeping doing a good job? All those attending have time to respond; possible improvements are discussed. Overall, the feedback is positive; personal care seems to be working well. Greg steps up to inquire about food, service, temperature, etc. We hear occasional suggestions but few complaints. Michele then tells about new activities and programs and asks for suggestions. Some time during the meeting the liaison from KORA relates the highlights of the last KORA meeting. Part of the liaison's job is also to report to KORA on this SCC meeting. We all want the Stephens Care Center to be a happy, caring place. This interchange of news keeps all residents up to date on what's happening everywhere at Kendal.

-Mary Simons with Eleanor Devereux, KORA liaisons

Nominations Sought for KORA Council

KORA Council consists of 11 councilors and four officers. It is the responsibility of the Nominating Committee to prepare and present a slate of people to fill available positions. To start this process we ask residents to suggest to us people who you feel would well represent you as councilors and/or as officers. We recommend that these residents should have lived at Kendal for at least one year. Your suggestions should be submitted to Pam Lenz (Box #29) or Don Illig (Box #97) **in writing before August 15**. You should get the consent of the person whom you are suggesting while indicating that your suggestion does not guarantee that he/she will be on the committee's recommended slate. There are more well-qualified persons than places available.

From this pool of names, the Committee nominates a slate of candidates, which is presented at the Annual Meeting in November for ratification by consensus. KORA's Constitution provides for nominations from the floor, in which case the election would be decided by ballot. *-Demmie Carrell, Don Illig, Pam Lenz, Betty Weinstock, Jim White, KORA Nominating Committee*

BAYarts Show Opens on Sunday, Aug. 7 - 5:00-7:00pm

Kendal at Oberlin and Kendal at Home have collaborated with BAYarts in Bay Village for "Community ARTreach," a juried fine art show featuring 36 artists aged 60+ from Kendal at Oberlin, Kendal at Home and the greater community of northeast Ohio. The show runs from Aug. 7 to Aug. 31. There will be an artist reception on Sunday, Aug. 7 from 5:00-7:00pm in the new Fuller House Gallery, 28795 Lake Rd. **Sign up for the Kendal bus.** On Friday, Aug. 19 WCLV will broadcast a live jazz performance from the exhibit from 5:00-8:00pm.

"Oberlin College's Initiatives" OC President Marvin Krislov Wed., Aug. 31 - 4:00pm - AUD

Join Oberlin College President Marvin Krislov as he discusses the state of the college and its current initiatives. There is much to be excited about including the Green Arts District, Oberlin Inn planning, reopening Allen Memorial Art Museum, additional Apollo Theater renovations and more. After his remarks, he will host a question and answer session.

Harvest for Help Sat., Sept. 17 - 10:00am- 3:00pm Lorain County JVS

This year's community health fair will be part of a larger Community Appreciation Day at the Lorain County Joint Vocational School. Kendal staff and board are hosting local hospitals, hospices, home health care agencies and others to facilitate access to important "life-enhancing" information for older adults. Pharmacists' evaluations, health screenings, and more! We are asking for resident volunteers to welcome and guide our guests. Please contact Stacy Terrell at 775-9811 to sign up as a volunteer. This year we expect over 3,000 people.

Newcomers' Reception

The Newcomers' Committee invites you to attend a Newcomer's Reception on Wednesday, August 10, at 4:00pm in Heiser Lounge. Please come to meet and welcome our newest residents. **Remember to wear your name tag! A number of new Kendal residents are trying to get to know each other and the rest of us.**

**Check out our KORA website:
www.kaores.kendal.org**

And check two interesting "Other Kendal" links, both produced by the KatO's Admissions and Marketing Dept.: The blog at www.kendalatoberlin.net and the Facebook Page at www.facebook.com/kendalatoberlin.

PROGRAMS

LECTURES

**First Thursday Health Lecture:
“Dizziness and Balance”
August 4 - 7:15pm - AUD**

Dr. Andrey Stojic, MD, Ph.D, from the Center for Regional Neurology at the Cleveland Clinic Main Campus will be our speaker.

**Third Thursday Lecture
on the Second Thursday:
“Old School, New School, Our
School, Their School”
August 11 - 7:15pm - AUD**

Kendal resident Dick Baznik will take an intimate look at higher education.

**OHC: The Civil War - Oberlin
Perspectives on the Home
Front and War Front
Thurs., Aug. 18 - 7:15pm - AUD**

The beginning of the Civil War consumed the thoughts of many in 1861, especially in Oberlin which was often called “The Town That Started the Civil War.” Karyn Norwood tells stories of Oberlin individuals and events from the wartime period. She is one of 20 AmeriCorps volunteers assigned by the Ohio Historical Society in the statewide Ohio History Service Corps Program. In late August, she will attend Simmons College as a graduate student in Library and Information Science.

Playreaders: “Blithe Spirit” - Sat., Aug. 6 - 7:15pm - AUD

In 1941, as German bombs were devastating London, Noel Coward wrote what has been called a delightfully satirical drawing-room comedy about ghosts. It was a resounding success when it first opened in the West End, setting box-office records by running for just under 2,000 performances. It has “haunted” British and American stages ever since.

A review of a recent Broadway revival mentions “how well this play holds up after so many years.... It still manages to entertain and surprise.” Come see for yourself. Then, plan to stay after the performance for cookies and lemonade in Heiser Lounge and a chance to chat with the cast.

TRIPS

**Lunch Bunch:
The Unicorn, Grafton
Wednesday, August 10**

The Unicorn has a warm, welcoming atmosphere with an Irish flair. It offers a wide array of sandwiches, salads, fish and chips, seafood and other entrees. And great desserts like crême brulée. Bus leaves Heiser at 11:30am, returning about 2:30pm. Bus charge: \$7.50. Place check to KORA for \$7.50 in Box #89 by Sun., Aug. 7. Sign-up sheet posted Mon., Aug. 1. Lunch at your expense. **Note: There are a few steps to enter.**

**Big Bus: Joffrey Ballet
Blossom Music Center
Saturday, Aug. 20, 8:00pm**

Continuing a renewed tradition of ballet at Blossom, the Joffrey returns to perform with the Cleveland Orchestra. And once again, we have been offered a half-price, senior group rate of \$26.50 per seat in Area 1, where we sat last year. Bring your brown-bag supper to eat on the bus or grounds at Blossom. **The Big Bus will depart at 6:00pm.** Place check to KORA for \$26.50 in Box #120 to purchase your ticket for the ballet. Transportation cost (probably around \$26) will be billed near our departure date and, as usual, will depend on the number of riders. Questions? Call Pat Talbot.

Courtyard Garden Concerts

Listen to music before dinner on Fridays in August at 4:00pm.

August 5 -- Nine Love, piano, CAR

August 12 -- Jerry Simmer, keyboard and vocals

August 19 -- TBA

August 26 -- TBA

In the Courtyard This Summer

Come enjoy special treats in our beautiful Courtyard Garden!

During August join Kendal residents on:

Tuesdays at 7:00pm -- Cool off with a Fruit Smoothie.

Thursdays at 7:00pm -- Relax at a Tea Party in the Gazebo.

Tappan Square Band Concerts

Concerts are scheduled for 7:00pm.

August 5 - Cats on Holiday

August 12 - Dan Zola Orchestra
No Kendal bus.

Ohio Dance Theatre

Children’s Ballet:

“The Fairy Forest”

Stocker Arts Center

Saturday, Aug. 20, 2:00pm

The “Fairy Forest” is an original heart-warming and humorous ballet for the child in all of us! First choreographed for ODT by New York choreographer and ODT alumna Marie Zvosec, it will give members of the Youth Ballet Company the opportunity to shine. We have been offered a senior group price of \$17 per ticket and have reserved a block of seats for this matinee performance.

The Kendal bus will leave Heiser at 1:00pm, returning after the performance at about 4:30pm.

To reserve your place for this delightful ballet, place your check for \$25 payable to KORA in Box #192. This will buy your tickets and cover the transportation costs.

Direct your questions to Ed Wardwell.



Sunday Movies in Whittier at 7:15pm

Aug. 7 - Lassie (2005) - When a family is hit by a financial crisis, they have no choice but to sell Lassie. Hundreds of miles away from home, the collie sets out on the long journey to find her family. Rated PG.

Aug. 14 - The Pink Panther (2006) - Steve Martin as bumbling Inspector Jacques Clouseau is assigned to solve the murder of a famous soccer coach and the theft of the famous Pink Panther diamond. Kevin Kline plays his hapless chief inspector. Rated PG.

Aug. 21 - Field of Dreams (1989) - Kevin Costner is a novice farmer who hears "a voice" inspiring him to build a baseball diamond in the middle of his Iowa cornfield to bring Shoeless Joe Jackson back to play ball. Rated PG.

Aug. 28 - Casablanca (1942) - American expatriate and gin-joint owner Rick (Humphrey Bogart) is reunited with his former love, Ilse (Ingrid Bergman), in Vichy-controlled Casablanca. But her husband (Paul Henreid) is there, too. Great movie, great cast. Won Best Picture Oscar.

Saturday Favorite Films

No film will be shown this month.

Saturday Night Movie

August 13 - 7:15pm - AUD

The Reader (2008) - Academy Award winner Kate Winslet stars in a "tale of eroticism, secrecy and guilt" set in turbulent post-Nazi Germany. She plays Hanna Schmitz, a working-class woman who enjoys a brief but intense love affair with a teenage boy. They meet again years later when Hanna is a defendant in a notorious case and her ex-lover, now a law student, holds the secret to her salvation. The movie also stars Ralph Fiennes and Lena Olin. Rated R.



Art Gallery News

You have two more weeks to enjoy this summer's wonderful Kendal Collects exhibit in both the Kendal and Friends Galleries.

Kendal Gallery - We are looking forward to our resident muralist Bob Cothran's original drawings of designs for stage settings. The show will be hung on August 16 and there will be a reception for the artist on Friday, September 9 at 4:00pm. -*Marilyn Meyerson*

Friends Gallery (in the hallway near Stephens Care Center) - The new show will be photos by David Miraldi taken on recent trips to Egypt and Russia. David, son of Stephens Care Center resident Mary Miraldi, is an attorney in private practice in Lorain --

and an excellent photographer. Come take a look at his work. - *Robert Taylor and Ted Nowick, Co-coordinators*

Community Gallery (opposite Cardinal Shop) - The show of photographs of Cate and Paul Schwaegerle continues. Paul's work exhibits computer enhanced techniques which give an interesting new view of this artistic medium.

Friends Dining Room -- On display is a selection of photographs made by resident Dick Blount who recently passed away, leaving this beautiful legacy of world travel. -*Katie Brown*

Leslie Miller's work in the Langston and Green Room corridor will leave us at the end of August. It is for sale up to that time. Checks should be made to Leslie Miller and will be handled by the Art Committee, Box #105.

News and Views

Fri., Sept. 2 - 10:30am - AUD

The News & Views group will meet for the first fall meeting with the discussion topic Economic Sanctions and Nuclear Nonproliferation from the 2011 edition of the Foreign Policy Assn. briefing book "Great Decisions." Don Reeves is the discussion leader. Sponsored by the Center for LifeLong Learning. All are welcome.

Saturday Night Opera DVD

August 27 - 7:15pm - AUD

Andrea Chenier - Umberto Giordano's opera is set in Paris during the French Revolution. The story is a love triangle involving the poet Andrea Chenier; the Countess Maddalena di Coigny; and Gerard, a former servant who is a spy for Robespierre. Placido Domingo sings the role of Chenier, Anna Tomowa-Sintow sings the role of Maddalena and Giorgio Zancanaro sings the role of Gerard in this Royal Opera House production conducted by Julius Rudel. - *Allen Huszti*

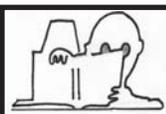
Moderator Training Sessions

News & Views plans to schedule occasional domestic issues sessions throughout the year. The Kettering Foundation through its National Issues Forum offers publications on important national issues. The Foundation will provide a moderator training session which will be useful for these and other programs needing discussion leaders. The moderator training is open to all who are interested. Watch for updates on time and place.

"Sustainable Living and Clean Air Advocacy"

Wed., Aug. 24- 4:00pm - AUD

Kathleen Schomaker is Associate Director of Gray is Green: The National Senior Conservation Corps, a network created in 2008 that "engages older adults in sustainability practices and environmental issues through education, volunteerism, and advocacy." Jointly sponsored by the Environmental Concerns Committee and the KatO Administration.



LIBRARY NOTES

The Library Committee will meet on Friday, August 5, at 4:00pm in the Library. We invite new residents to join us as we discuss our \$1800 budget, and plans for the rest of the year.

NEWSPAPERS - Most of the Library budget is spent on newspapers. We subscribe to *The New York Times*, *The Wall Street Journal*, *The Plain Dealer* and *Oberlin News-Tribune*. We are grateful to residents who share their subscriptions to additional local or national papers (the large-print weekly NYT, *The Christian Science Monitor*, *The Elyria Chronicle Telegram*, and *The Lorain Morning Journal*) with us.

No part of any newspaper should be removed from the library until it is more than a week old. If you want a paper after that, mark what you want and your open box number on the top of the first page of that day's paper, so we can put it in your box instead of recycling it.

MORE SHARING - Our library features a great selection of recent magazines (on display racks to the left as you enter the library) and many recent health newsletters (in three-ring binders on the top center shelf of the Reference Section, to your left as you face the desk). These are all donated. We welcome more of these (within two months of publication) to improve our collection. -*Russ Bimber*

Transportation Talk

It's been some time since my last communication, and I want to remind everyone how our transportation program operates.

- **If you have any questions about the Medical Shuttle** (such as how your medical appointment fits into the schedule), call me for assistance.

- **We transport all residents who have medical appointments within Lorain County.** There is a misconception that Kendal won't transport residents having dental, foot, or routine eye exam and dialysis treatments because these are not covered under "medical" transportation. We transport our residents to **all** local medical appointments, whether covered under "medical" transportation or not. The only difference is that a fee may be charged for "nonmedical" trips.

- **If you have medical appointments at Cleveland Clinic's main campus or University Hospitals, please let me know.** If you are a friend who provides transportation to these appointments, let me hear from you, too. We want to learn how many

Kendal residents travel to Cuyahoga County for medical appointments.

- **Kendal has added a new transportation vendor, MedCorp.** It provides ambulance/ambulette services outside of Lorain County. If you need their service, contact me and I will provide the cost information.

I am trying another vendor, **Be My Hired Driver.** It will provide a bonded driver to drive your car (and you) to any medical, shopping or personal appointments for an hourly rate.

- **We still offer transportation on:**
 - *Monday mornings, 8:00-11:30am, and Friday afternoons, 1:00-4:00pm, to downtown Oberlin for personal errands;
 - *Wednesday morning into Oberlin;
 - *First and third Wednesday afternoon shopping trips to Midway Mall and Super Kmart; and
 - *Thursday afternoon trip to IGA.

Remember: I'm just a phone call away! If you have any transportation issues or concerns, call me at 775-9832.

-*Donna E. Smith,*
Transportation Coordinator

Kendal 2011 Directory Additions and Corrections

Marcia Deist - New telephone number: check with Front Desk.

"Right to Vote" Class Starts in September

An eight-session course that chronicles the evolution of the right to vote from the American Revolution to the present will begin on Monday, September 19 and run through November 5 in Heiser Auditorium from 10:00-11:30am. Participants will read two books: "Right to Vote" and a biography of Elizabeth Cady Stanton. Sponsored by Case Western Reserve University's Continuing Education office, the class will be led by Ellen Erzen, an instructor at Cuyahoga Community College. Advance registration is required. Cost: \$70. Questions? Call Carol Ganzel or Jane Moore.



Vision Impaired

Magnifiers and More Thursday, August 25 2:00-4:00pm - AUD

Magnifiers and More is coming to Kendal with a wide range of magnifiers, visual aids, electronic equipment to order. Watch for details!

Monthly On-Line National Low-Vision Support Group

"Keeping Fit: Fall Prevention and Exercise for Older Adults with Vision Loss"

Thursday, August 11 4:00pm - Green Room

Anne Riddering, OTR/L, Henry Ford Health System.

Reading of *The Kendalight*

Marie Evans will be reading *The Kendalight* on Monday, August 1, at 10:00am in the Crossroads Room. All are welcome!

Welcome Kendal's New Residents

Catherine Wilber



I was an only child and grew up in Pittsburgh, fortunately with many cousins close by. Free of spirit, I knew at an early age that I wanted nothing more than to be an artist, and was enrolled early on in the Carnegie Museum's Saturday morning art classes, which were held in the magnificent Hall of Dinosaurs. It was a visually awesome experience. After I graduated from high school at 16, my father insisted I spend my first year of college at Moore in Philadelphia (then a girl's school, now co-ed). I transferred my sophomore year to Carnegie Tech, studied printing and design, and received my BFA in 1959. I then moved to Cleveland where several friends and I pursued careers in graphic design. My experiences included fashion illustration for major department stores, wallpaper and fabric design, greeting cards for American Greetings and, through commissions from a New York agent, illustrations for Whitman Publications children's books. My first husband, an advertising executive in Cleveland, and I started our own ad agency. It was fairly successful, and after his death four years later, I carried on alone until my second marriage. I came to live in Oberlin in 1981 when I married Harry Wilber, a widower with two college-age sons. A Chicagoan by birth, Harry came to Ohio and secured frequency availability through the FCC to start his own radio station in 1975. Harry's older son, Doug, later returned to Ohio to help his father run the station, which allowed Harry and me to travel extensively. We were married 20 years before his sudden death in 2001. Since then I spend my mornings happily at the station with my stepson and daughter-in-law, and my afternoons volunteering at the FAVA galleries.

Upcoming Move-Ins

Barbara Bruer will move from Hartsdale, NY, to a cottage in early August.

John and Harol Pesuit will move from Briarcliff Manor, NY, to a cottage in early August.

Janet Wanyek will move from Wakeman, OH, to a cottage in early August.

Recent Move-Ins

John and Peggy Gordon moved from Hudson, OH, to a Cottage in mid-July.

Tom Martin moved to Patterson in late June. He has no phone.

Recent Transfers

Demmie Carrell moved from a cottage to the apartments in mid-July. Phone number remains the same.

Janet Hutchison moved from a cottage to Whittier in early July. Phone number remains the same.

Gerry McNabb moved from a cottage to Whittier in early July. Phone number remains the same.

Find biographies of all residents, newcomers and old timers, in "Who's Here" on the library center bookcase.

IN MEMORIAM

K. JEAN DEHNEL
JULY 20, 2011

MILTON YINGER
JULY 28, 2011



5/12/11-
7/14/11

Nature Sightings at Kendal

5/12 Kingbirds feeding over Rock Pond; **5/16** Egret on Heiser Pond, and same thing on 7/7; **5/17** Northern oriole in the Buttonbush Swamp; **5/18** Pair of bluebirds: The female came six times to the box near #82, the male seen in the area; **5/18** White crowned sparrow at the feeders and trees near #82-92; **5/20** Mother and tiny baby deer near Buttonbush Bridge; **5/21** Kingbird at Island Pond; **5/23** Common egret fishing while under attack by redwing blackbirds at Farmers Pond; **5/27** Willow flycatchers, warbling vireos and still more eastern kingbirds at the edges of Rock Pond; **5/30** An 8-inch turtle with a smooth carapace on the rocks near #108; **5/31** Northern oriole visited the community gardens!
6/1 A flicker and bluebird pairs at #82 and the back of #85; **6/1** Painted turtle laying and burying eggs behind #143; **6/8** Baltimore oriole (northern oriole) visiting the hummingbird feeder at #8 regularly; **6/9** Yellow-throated vireo singing all day just across Rt. 58 from KatO ponds; **6/7** Common nighthawk doing its "booming" display flight over #49 at dusk; **6/10** Big snapping turtle (Marcia Deist has pictures) in the lawn beside #104 at ~10:00am; **6/14** Oriole in the trees across the road from Buttonbush marsh; **6/19** Green heron stalking frogs or fish in Heiser inlet; **6/20** Downy woodpecker feeding his baby at #28, a great white egret spent several days at Center Pond, and the first butterflies in butterfly garden were small, dark gray with a white streak down the back; **6/21** Small (5-6 inch) snapping turtle in the front yard of #215 and nighthawks were over the campus almost every night; **6/22** Three kingbirds at Island Pond, one a baby, and a mother deer and (Continued on p.7)

July 2011 KatO Board News

Much of the Board's work begins before arrival at the board meeting with a thorough review of committee reports that are approved in the form of a Consent Agenda. Members are urged to bring questions to each meeting so the content is fully understood.

Review of the financials verified that the Statement of Operations shows a strong bottom line with good control of expenses. Debt covenants are being met and the investment portfolio is doing well despite a rocky June. **Cottage construction is on target and within budget.** Occupancy will occur in September-October. Energy Star evaluation is underway. The Board heard the favorable results of the post-occupancy satisfaction survey of the Dining Expansion/Renovation.

Marketing reports that 95% of our cottages and apartments are committed with 94% occupancy. Many Try-It visits are scheduled through the summer. Special events are going very well and are well attended.

The Board's Generative Discussion for July focused on a review of Kendal's mission statement as well as the ten-year-old Vision Statement. A new vision is under consideration, recognizing the many changes that have occurred to our organization in its growth of programs and services. Consideration also needs to be given to city-wide planning in the Oberlin 2025 plan. The Board was presented with a matrix that compared the entities of Kendal Northern Ohio, Kendal at Oberlin, Kendal at Home and Senior Independence with each other. **"SWOT" responses were received by the Board.** The document includes ideas from 70+ residents submitted for Kendal's Strengths-Weaknesses-Opportunities-Threats. It will be used by leadership in its planning and be available to other Kendal committees. The management team and the Board will also submit responses for the SWOT. *-Barbara Thomas*



Check out the view from the new bench on Wildflower Hill. Photo: Eleanor Helper

Nature Sightings... (Cont'd from p. 6)

two fawns coming up from Farmers Pond stopped before crossing the sidewalk in front of Marcia and Sam Goldberg's place, then headed to the woods behind the VanDyke's; **6/24**

Barn swallows' nest on the fire alarm near #52; **6/29** Five bluebird babies hatched in the nest back of #82, two mourning doves fledged back of #108 and a doe and two spotted fawns at the stop sign by the entrance to Kendal.

7/2 Two butterflies, small and brown with white spots on the wings and four baby bluebirds fledged from nest box #2 at community gardens; **7/6** Three enormous butterflies in the butterfly garden don't seem to be going anywhere and a savannah sparrow was seen in the Township field north of Rock Pond; **7/13** Green heron flying over Rock Pond in the early evening (and, according to Adie, has done so almost every night for some time).

Observers: Nancy Beauchamp, Terry Carlton, Norma Daffin and Kris Auble, Marcia Deist and her dog, Carol Ganzel, Nancy Garver, Meg Gold, Dianne Green, Anne Helm, Helen Ketcham, Nina Love, Joanne Norenberg, Adie and Scott Orcutt, Don Parker, Emily Pugsley, Barbara Reeves, Peg Schultz, Etta Ruth Weigl, and Betty Weinstock.

And blooming on Wildflower Hill: (7/14): Alsike clover, birdsfoot trefoil, black-eyed susan, bladder campion, blazing star, bouncing bet, brown-eyed susan, bull thistle (almost blooming), butterflyweed, Canada thistle, chicory, common plantain, creeping bell flower, crocosmia (one plant, must have migrated from Bill's garden), Culver's root (I think; first time I saw it there), cup plant (will bloom very soon), curled dock, daisy fleabane, dame's rocket (still a little), day lily, Deptford pink, English plantain, (Continued on p. 8)

Kendal Kryptogram #78 -by Nina Love

RDXXARR YR HAPPYEH KGOP MUD

KOEP. GOTTYEARR YR KOEPYEH KGOP

MUD HAP. -VOBA HOSVEAS

Solution to Kryptogram #77: "It's not the cough that carries you off, but the coffin they carry you off in." -Ben Lenz's Mother

Table Tennis Upswing

A surge of interest in table tennis, above all among the women, has led us to expand our weekly open sessions to three. We now meet to learn the basics, practice and play matches each Tuesday, Thursday and Saturday, 9:30 to 11:30am. We trust this extended schedule will allow all players more time at our two high-quality tables. Come join the health and good-mood-promoting fun! Watchers are likewise always welcome.

The "ping pong" table in the north apartment building (first floor) has been repaired -- our thanks to Facility Services! -- and is standing sturdy and solid, ready for play daily from 9:00am to 9:00pm. Despite its revived state, you are urged to desist from sitting, jumping or leaning on it, lest it collapse again. You'll find balls and paddles on and in the little side table. (It helps to switch on the large overhead light.)

Improve your physical well-being and mental alertness. Play table tennis!

-Sidney Rosenfeld, Sports and Recreation Committee

Time to Sign up for 2011 Shuffleboard Tournament

It's time to find a partner and sign up for the 2011 Shuffleboard Tournament! Please sign up by August 21. You'll find the sign up sheet below the Activities Bulletin Board. The schedule of team play will be posted and placed in your mail box on or before August 25. Play will begin on September 5 and conclude about mid-October (depending on the number of participants). No previous experience is necessary. You may practice anytime the courts are open with the equipment which is stored in the north stairwell, first floor of the apartment building. Call Don or Joyce Parker for any questions or help. This is a great game for all ages and abilities; the emphasis is on fun!

Walks in the Park in August

In August, the Kendal at Oberlin Park Walkers will take four walks. Meet at Heiser Reception Desk to car pool.

- **Saturday, August 6** - 7:45am
Walk With a Doc at Bur Oak.
 - **Saturday, August 13** - 9:00am -
Findley State Park.
 - **Saturday, August 20** - 9:00am -
Sandy Ridge Reservation.
 - **Saturday, August 27** - 9:00am -
Carlisle Reservation Meadow Loop.
- Questions? Contact Jerry Berner.

Nature Sightings... (Cont'd from p.7)

European horsemint, gray-headed coneflower (I think it's gray not green), heal-all, indian hemp, milkweed, ox-eyed daisy, purple coneflower, Queen Anne's lace, rattlesnake master, red clover, sow thistle, St. Johnswort, sweet pea, sweet William, teasel, western ironweed, yarrow (both common white and a few pink), yellow and white sweet clover, and white vervain (at the bench by Rock Pond). AND - There is now a bench on the top of Wildflower Hill, thanks to Ben Lenz! Come see for yourself! *-Betty Weinstock*

The First Church United Fellowship and Unitarian Universalist Kendal Gathering will not meet in August. Both groups will meet again in September. All are welcome!

RELIGIOUS SERVICES AT KENDAL Episcopal Service

Saturday, August 6, 11:00am, CAR
Rev. Nancy Roth

First Church Service

Sunday, August 21, 4:00pm, CAR

Roman Catholic Mass

Friday, August 19, 10:00am,
Crossroads Room

Society of Friends

Sundays, 10:00am, Green Room

Bridge Results

Mondays:

June 20: 1st, Carol Ganzel; 2nd, Eileen Dettman; 3rd, Mary Beth McCalla.

June 27: 1st, Bush Olmsted; 2nd, Corning Chisholm; 3rd, Helen Randel.

July 4: No Bridge

July 11: 1st, Betsy Belden; 2nd, Alverta Schneider; 3rd, Sarah Verghese.

July 18: 1st, Connie Boase; 2nd, Eileen Dettman.

Wednesdays:

July 6: 1st, Bob Randel and Russ Bimber; 2nd, Betsy Belden and Ed Schwaegerle; 3rd, Alice Kohl and Nancy Beauchamp; 4th, Helen Randel and Connie Bimber.

July 20: 1st, Bush and Levona Olmsted; 2nd, Cate and Paul Schwaegerle; 3rd, Betsy Belden and Ed Schwaegerle; 4th, Russ and Connie Bimber.

Oberlin Family Fun Fair Saturday, August 6, Downtown Oberlin, 10:00am - 4:00pm

It's time again for Oberlin's classic downtown festival featuring a vintage car show, oldies music, merchant sidewalk sales, entertainment and more.

The Kendalight

A monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Drive, Oberlin OH 44074

Associate Editors: Connie Bimber, Robert Baldwin

Managing Editor: Elizabeth Aldrich

Immediate Past Editor: Betsy Thomas

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Production: Don VanDyke

Deadline for September 2011 issue of *The Kendalight* is August 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles to:

Klite600@yahoo.com

If no email access, please type articles on separate sheet (NOT on room request form), sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number.

Energy Conservation: Air Conditioning

The following suggestions are from the pamphlet: "Energy Efficiency and Renewable Energy" prepared by the U.S. Department of Energy (available from Oberlin Municipal Power and Light).

1. With a central air system set the fan to shut off at the same time as the cooling unit. In other words, don't use the system's central fan to provide circulation, but instead use circulating fans in individual rooms.
2. Set your thermostat as high as comfortably possible in the summer. The less difference between the indoor and outdoor temperatures, the lower the overall cooling bill will be. At night, turn your air conditioner off.
3. Don't set your thermostat at a colder setting than normal when you turn on your air conditioner. It will not cool your home any faster and could result in excessive cooling and, therefore, unnecessary expense.
4. Don't place lamps or TV sets near your air conditioning thermostat. The thermostat senses heat from these appliances, which can cause the air conditioner to run longer than necessary.
5. Keep your window coverings closed during the day to prevent solar gain.

-Jerry Berner, Environmental Concerns Com.

Kendal Northern Ohio 2011 Cultural Sensitivity Committee

Meetings will take place monthly in the Kendal at Oberlin Den at 9:00am on the third Friday: August 19; September 16; October 21; November 18, December 16.

October is Cultural Awareness Month, sponsored by the Cultural Sensitivity Committee. Keep your eyes open for information on dances, music, food and more!

Solo Diners and **SPINACH** are on summer hiatus. Both invite Kendal residents -- newcomers and old timers -- to join them again in September.

R>A>F ShopTalk

Q: What happened to my donation? I gave R>A>F a crystal pitcher/TV cabinet/Christmas sweater/silk kimono two weeks ago. It has not appeared in the Shop, Apt. #155. Is something funny going on here?

A: NO! R>A>F volunteers send donated items in many directions. Sometimes we hold a treasure until we can research the value, or take it to an expert in or around Oberlin. Sometimes the outside specialist offers a better price than we believe we could realize here in our Shop.

Many times we have more of a certain class of donations than we can possibly display; clothing comes to mind. We find charities such as Goodwill, Elyria's Hospitality Center, churches and other nonprofits who will accept and make good use of our surplus. Out-of-season clothing and Christmas treasures are stored for the appropriate sale time. Sometimes we find via the internet that the value of an object is so high that we consign it to an art/antiques auction house. Some donations are successfully sold through eBay. Other times we may save a good item for the next cottage sale.

Some furniture and all of our bed, bath and table linens, as well as audio components, are to be found in "Room 280" -- between Apts. 266 and 268 on the second floor, south wing. So, don't feel unappreciated! We are happy to receive all kinds of donations (with the exception of broken electrical and electronic items).

And, don't forget: 100% of proceeds go to Kendal's Resident Assistance Fund. Receipts for the period June 22 through July 26 were \$2,819.37.

Keep It Flying! -Mary Simons, chair

**Call 775-9868 to hear announcements and menus of the day.
Or find them on our website:
www.kaores.kendal.org**

Dining and Nutrition Services

Upcoming Special Events

**September - Watch for date!
CommUnity Ice Cream Social
6:00-8:00pm corner lot on
Maple and N. Pleasant Sts.**

Notes From Ann Pilisy

- On Monday, July 4, many residents arrived for lunch in Fox & Fell after the special program and requested tables for six. We have only five large round tables for six. Dining staff did its best to seat everyone as quickly as possible after the end of the program. **Casual, walk-in seating, without special requests, can streamline this process in the future.**
- Daily reservations in Fox & Fell have become much more frequent. (Reservations are generally unnecessary unless you have a large party or other specific requests.) With this practice, you may miss enjoying a meal with other residents whom you have not yet met. Staff does its best to offer multiple available seating options. Remember our Kendal Values: to foster a sense of community and an atmosphere of mutual respect and caring, and to welcome all people.
- Dining Services welcomes several family reunions and celebrations in August.

Kendal's Kitchen Tours Wed., Aug. 31 and Sept. 7, 2011

- Sign-up sheets will be posted in mid-August. Tours, limited to eight people, start promptly in Langston at 10:00am or 3:00pm and last about 45 minutes.
- Enclosed shoes must be worn (no sandals or clogs) and hairnets will be given to everyone (Health Department rules). During the tour, avoid leaning on or touching kitchen surfaces and equipment. If you are ill, please do not come. Additional tours may be scheduled if needed.

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|---|---|---|---|---|--|
| <div style="border: 1px solid black; padding: 5px; width: fit-content;"> English Country Dancing Every Sunday in August 7:15pm AUD </div> | 1 Reading of Kendalight 10:00am CCR Bridge 7:10pm AUD | 2 | 3 Wed. Morning Discussion Group meets every Wed. 10:00-11:00am - WHT Pairs Bridge 7:10pm AUD | 4 Health Lecture: "Dizziness and Balance" 7:15pm AUD | 5 Courtyard Garden Concert 4:00pm Band Concert: Cats on Holiday 7:00pm Tappan Sq | 6 Walk With a Doc at Bur Oak 7:45am Heiser Family Fun Fair 10:00am-4:00pm Downtown Oberlin Episcopal Serv. 11:00am CAR Playreaders: "Blithe Spirit" 7:15pm AUD |
| 7 Quaker Worship 10:00am Green Rm BAYarts Show Reception, Fuller House Gallery 5:00-7:00pm Film: Lassie 7:15pm WHT | 8 Bridge 7:10pm AUD | 9 | 10 LUNCH BUNCH: The Unicorn, Grafton 11:30am-2:30pm Newcomers' Reception Heiser Lounge 4:00pm Scrabble 7:15pm CCR | 11 Coffee Hour with Barbara Thomas 9:30am Langston Disclosure Statement Ann O'Malley 4:00pm AUD Low Vision Group 4:00pm Green Rm Thursday Lecture Dick Baznik 7:15pm AUD | 12 Sounding Board 10:00am Green Rm Courtyard Garden Concert 4:00pm Dan Zola Orchestra 7:00pm Tappan Sq | 13 Walk in the Park Findley State Park 9:00am Heiser No First Church United Fellowship Film: The Reader 7:15pm AUD |
| 14 Quaker Worship 10:00am Green Rm Film: The Pink Panther 7:15pm WHT | 15 Bridge 7:10pm AUD | 16 | 17 No Unitarian Univ. meeting in August Final Round Violin Competition 7:00pm WCH Pairs Bridge 7:10pm AUD | 18 KORA Council 10:00am AUD OHC: "Civil War: Oberlin Perspectives on Home Front and War Front" 7:15pm AUD | 19 Roman Cath. Mass 10:00am CCR Courtyard Garden Concert 4:00pm | 20 Walk in the Park Sandy Ridge 9:00am Heiser Ohio Dance Theatre: The Fairy Forest Stocker Arts Ctr Bus Iv. 1:00pm Big Bus: Joffrey Ballet, Blossom Music Center Bus Iv. 6:00pm |
| 21 Quaker Worship 10:00am Green Rm First Church Service 4:00pm CAR Film: Field of Dreams 7:15pm WHT | 22 Bridge 7:10pm AUD | 23 | 24 "Sustainable Living and Clean Air Advocacy" 4:00pm AUD Scrabble 7:15pm CCR | 25 Magnifiers and More - AUD 2:00-4:00pm | 26 Courtyard Garden Concert 4:00pm | 27 Walk in the Park Carlisle Res. 9:00am Heiser Opera Night DVD: Andrea Chenier 7:15pm AUD |
| 28 Quaker Worship 10:00am Green Rm Film: Casablanca 7:15pm WHT | 29 Bridge 7:10pm CCR, GCR | 30 Aft. Exchange Barbara Thomas 4:00pm AUD | 31 Kendal Kitchen Tours 10:00am and 3:00pm - MUST SIGN UP IN ADVANCE Marvin Krislov, Oberlin College President 4:00pm AUD | <h1>August 2011</h1> <p>CCR = Crossroads Conf. Rm Bold Face = at Kendal GCR = Green Conf. Rm tx = Tickets needed WCH = Warner Concert Hall 🚌 = Kendal Bus WHT = Whittier Lounge</p> | | |