

The Kendalight

Kendal at Oberlin Residents Association

August 2016

Volume XXIII, Number 8

Share Great Fellowship, Music, Ice Cream at the CommUnity Ice Cream Social on Thursday, August 11

Kendal at Oberlin's CommUnity Ice Cream Social, our annual outreach to our friends and neighbors, will be held on Thursday, August 11, from 6:00 to 8:00pm. Once again, the event will take place in the field at the corner of Maple and N. Pleasant Sts. Pleasant St. will be blocked off by the city to provide a safe setting. A local group will provide delightful music.

Join us for an evening of fellowship with our friends and neighbors (including Kendal priority list members) over an ice cream treat.

The Kendal bus will shuttle residents to the Social, leaving the Heiser entrance beginning at 6:00pm. Please be patient -- the bus will continue to circuit until the Social ends at 8:00pm. If it rains, the Social will be moved to the Heiser Auditorium. We hope to see you all!

-KatO Staff Special Events Committee

It's Our Windmill Now

Yes, that windmill on Rte. 58 is now part of Kendal at Oberlin! If you have any interest in informal discussion exploring restoration or assuring the windmill's continuance as an interesting landmark in Lorain County, let Marie Evans know.



Kendal Health Services Forum Wed., Aug. 31 - 2:00pm - AUD

Please welcome Judy Braun, Director for Affiliate Services for the Kendal Corporation, to a special two-hour forum. Judy will lead us through a community discussion on "Care for the Cognitively Impaired."

A graduate of Case Western Reserve University with an MSN in Gerontological Nursing and a PhD in Geriatric/Mental Health Nursing, Judy has taught at the graduate level at Case Western, Georgetown University and Mary-mount University. She is the author of two texts, "Toward a Restraint-Free Environment" and "Care of the Elderly Client."

**COFFEE HOUR
WITH
BARBARA THOMAS
MONDAY, AUGUST 15
9:30AM - LANGSTON**

Look Up and Smile at That Drone Overhead

Zachary Buschur, the son of Kendal's Admissions assistant JoDee Palmer, is licensed to fly a drone. Sometime during the week of August 8, he'll be taking aerial video and photographs of Kendal at Oberlin to be used in our marketing efforts. We're hoping for a beautiful day to get some great overhead shots of our vibrant community. If you spot the drone in the air, please smile and wave!

The weather will determine which day the drone flies. Once that is known, we will put a sign on the center table near the main Heiser entrance. If you have any questions, please call the Admissions Office at 775-9889.

A Look Ahead at 2017 Budget Meetings

- **Tuesday, August 30 – Budget Kick-Off Meeting with Residents, 1:00 to 3:00pm, Auditorium;**
- **Friday, November 4 – Budget Update Meeting on Budget Process, 4:00pm, Auditorium;**
- **Monday, November 21 – Final Budget Meeting with Residents, 4:00pm, Heiser Auditorium.**

-Ann O'Malley, CFO, KatO

KNOW YOUR KORA COUNCIL

Nominations for a resident member of the Board of Directors are due to KORA Secretary Sally Nelson-Olin August 5. Instructions for nominating a resident to this important and fulfilling position are posted on the KORA bulletin board and were also in the July *Kendalight*. The Board asks that we submit a number of nominees for consideration. It is exceptional on the part of Kendal Corporation to support the value of transparency in governance by including resident members on the Board of Directors. If you are thinking of someone whom you feel is well qualified for this position, now is the time to act.

Also please note the article at the top of this page in which the KORA Nominating Committee asks you to suggest residents for office whom you feel would represent you well on KORA Council. Resident leadership in KORA governance and programs is equally important to the values that make our community unique.

Discussion continues about best practices in response to growing needs in dementia care. Many residents have indicated a willingness to be trained as a companion to a resident of the Stephens Care Center when called upon. Please join us for an open meeting on August 31 with Judy Braun, Kendal Corporation's Director for Affiliate Services.

Meanwhile, during Coffee Hour, we often hear a plea for volunteers to meet a need that is neither new nor an enticement to new learning. It does promise to call out our personal best in relationship skills. It will log a bit of distance on our Fitbits and provide some gentle muscle strengthening. It might result in a surprising friendship, heretofore regarded as unlikely. It frequently will take us to the same event that is already on our

Nominations Sought for KORA Council

The KORA Nominating Committee's task is to prepare a slate to fill the available positions for KORA Council, which consists of 11 councilors and four officers. To start this process, we ask residents to suggest people whom you feel would represent you well as councilors and/or officers. We recommend that these residents should have lived at Kendal for at least one year. Your suggestions should be submitted to Del Jenkins or Elizabeth Aldrich **in writing before August 15**. Please get the consent of the person whom you are suggesting, making clear that your suggestion does not guarantee that he/she will be on the Committee's recommended slate. There are more well-qualified persons than places available. The Committee nominates a slate of candidates to present to the KORA Annual Meeting in November for ratification by consensus. If nominations are made from the floor (permitted by KORA's Constitution), the election will be decided by ballot.

-Del Jenkins, Elizabeth Aldrich, co-chairs; Anne Martin, Ruth Miller, Marilyn Myerson

calendars. I am referring to the Kendal Wheelchair Brigade!

The Wheelchair Brigade matches a resident who can push a wheelchair with a resident who wants to attend a program in Heiser Auditorium, but who can't get there on his/her own. Training is provided (see sign-up sheet by mailboxes). Steps involved: check to see if your resident wants to attend a particular program; show up in time to allow staff to get her/him ready to go; sit with your "buddy" during the program and return safely back to his/her room afterwards. You are not expected to attend a program that does not fit your schedule or does not interest you. It's helpful to work out a schedule in advance, then alert Margaret-Ann Ellis, chair of the Brigade, if you need a replacement. Although the job can occasionally be frustrating, it offers an opportunity to get to know someone or to spend some time with a friend who is now in the SCC. As I ponder the current dearth of volunteers for the Brigade, I wonder: Do our Wheelchair buddies need buddies? Maybe you and a friend can become a team assigned to a single resident and share the scheduling. Talk to Margaret-Ann if you'd like more information. As I've often heard her say: "Pay it forward, friend."

-Ardith Hayes, KORA President

Cottage Walkways Clogged?

Bicycles, tricycles, tables, chairs, ornamental vases and metal designs, plants hanging and sitting on the cement, water hoses – all clog walkways in front of our cottage doors, especially during the summer months. But are they also preventing bikes, trikes, electric carts, rollators and wheelchairs from easily maneuvering along the walks? Or impeding residents with fading eyesight out for a summer stroll? Or blocking that big gurney emergency services are using to cart a neighbor off to the hospital at midnight?

While most sidewalks outside cottages allow easy passage, some do not. Kendal neighbors have always been sensitive to the many needs served by the walkways outside our front doors. Thanks for taking a good look outside your cottage door to see if some clearing needs to happen for safety's sake! *-Thelma Morris, Safety Committee*

Oberlin Family Fun Fair Saturday, August 6, Oberlin, 10:00am - 4:00pm

It's time for Oberlin's annual downtown festival featuring a Classic Car Show on West College St., kids' activities (offered by local and regional non-profits), merchant sidewalk sales, music and more.

PROGRAMS

**Thursday Health Lecture
No Lecture on August 4.**

**Third Thursday Lecture
No Lecture on August 18.**

**Play Readers: The Little Foxes
Fri., Aug. 5 - 1:30pm - AUD
Sat., Aug. 6 - 7:15pm - AUD**

In Lillian Hellman's play, Regina Giddens, a Southern matriarch, along with her two scheming brothers, plans to get rich from investing in a cotton mill. But first they must tap into the wealth of Regina's sickly husband. When he refuses to advance the money, the schemes devolve into theft and blackmail, driving an irreparable wedge between family members. Cast includes: Marcia Deist, Ed Wardwell, Terry Carlton, Ann Wardwell, Bill Rice, Robert Taylor. Jerry Berner directs. Once the play has begun, there will be no admittance to either performance until the first scene break.

**Oberlin Heritage Center:
National Parks -- America's
Best Idea
Wed., Aug. 17 - 7:15pm- AUD**

In commemoration of the 100th birthday of the National Park Service, Andrew Mizsak discusses some of our nation's most notable preserved spaces and places. The illustrated presentation features a sampling of the country's most scenic natural and most significant historical locations. Mr. Mizsak is the Principal Consultant & CEO of the Cultural Sites Advocacy Group of Ohio. Free; open to public.

Grobe's Fresh Produce Returns to KatO

Grobe's local seasonal produce will be available for purchase in our Heiser Lounge on Fridays, 10:30am-1:30pm for the remainder of the growing season. All purchases are by cash or check. Single pieces of produce are available.

**Lunch Bunch:
Clementine's, Olmsted Falls
Wednesday, August 10**

This charming Victorian restaurant at Grand Pacific Junction serves soups, quiche, a good choice of salads, and an array of sandwiches for every taste. Bus leaves Heiser at 11:30am, returning about 2:00pm. Place check to KORA for \$8.00 in Box #157 by Mon., Aug. 8. Lunch at your expense. Sign-up sheet posted Mon., Aug. 1.

**Environmental Concerns
Committee Film:
"Guns, Germs and Steel: a
three-part documentary"
Mondays - 4:00pm - AUD
Aug. 15 - Part I : Out of Eden
Aug. 22 - Part II: Conquest
Aug. 29 - Part III: Tropics**

Based on Jared Diamond's Pulitzer Prize-winning book, these three one-hour programs trace humanity's journey over the last 13,000 years – from the dawn of farming at the end of the last Ice Age to the realities of life in the 21st Century. Inspired by a question put to him more than 30 years ago, Diamond embarked on a world-wide quest to understand the roots of global inequality. He peeled back the layers of history to uncover fundamental, environmental factors shaping the destiny of humanity. Contributions to the film come not only from Diamond himself but also from a wealth of international historians, archeologists and scientists.

-Dina Schoonmaker

**Northern Ohio Youth Orchestra
Summer Symphony Concert
Sat., Aug. 13 - 11:00am - AUD**

Students from the NOYO Summer Symphony day camp return to Heiser Auditorium for another special pre-lunch concert. Young string players, grades 4 through 9, will present an exciting mix of works for string orchestra and chamber ensembles, led by conductor Peggie Willett.

**"The Best of Victor Borge:
Acts One and Two"
Fri., Aug. 26 - 7:00pm - AUD**

This 90-min. video of a live 1990 performance by comedian and pianist Victor Borge features such classic routines as "The Timid Page Turner," "Introducing Mozart" and "Salieri Opera." (The popular video has sold over 2,600,000 copies!)

Courtyard Garden Concerts

Listen to music before dinner on Fridays in August at 4:00pm. (The rain/heat location will be in the Gathering Room.)

Aug. 5 - Judy Cook, favorite songs.

Aug. 12 - Helen Taylor and Jane Nord, piano duets in the Gathering Room.

Aug. 19 - Enid Cleary, Ann Slosser, piano duets in the Gathering Room.

Aug. 26 - Joe Marotta, accordion.

**Tuesday Night Opera DVD:
"La Rondine"
Aug. 9 - 7:15pm - AUD**

This rarely performed "lyric comedy" has been called Puccini's attempt to write a Viennese operetta. Certain elements in the plot of "La Rondine" seem drawn from "Die Fledermaus," by Johann Strauss. But this opera has a nostalgic musical style that may be Puccini's reaction against the turmoil of the First World War. *-Allen Huszti*

Sunday Movies in Whittier Lounge at 7:00pm

Aug. 7 - Inside Out (2015) In this Pixar computer-animated tale, a young girl's emotions live in the control center inside her mind. After she moves to San Francisco, her emotions -- Joy, Fear, Anger, Disgust and Sadness -- conflict on how to navigate a new city, house, school. PG.

Aug. 14 - Without Limits (1998) An unlikely track star at the University of Oregon (Billy Crudup) makes it to the 1972 Olympics in Munich with the help of his coach. PG-13.

Aug. 21 - The Quiet Man (1952) An American boxer (John Wayne) retires to his native Ireland and falls in love with a spirited lass (Maureen O'Hara). Complications ensue.

Aug. 28 - Morocco (1930) A chanteuse (Marlene Dietrich) must choose between a wealthy playboy (Adolphe Menjou) and a womanizing Foreign Legionnaire (Gary Cooper).

Saturday Foreign Film August 13 - 7:15pm -AUD

Tea with Mussolini (1999) Drama and comedy stars Cher, Judi Dench, Joan Plowright, Maggie Smith and Lily Tomlin. In 1935 a group of elderly British women has chosen Florence, Italy, as a place to live to blend their proper British sensibilities with their love of Italian art and culture. Mary Walsh works as the English secretary to Paolo Innocente, who, in part because of his own wife's adamant refusal, largely neglects his illegitimate adolescent son, Luca. Luca has lived in an orphanage since his mother's death. On a mutual agreement with Paolo, Mary becomes Luca's guardian and will receive help in raising Luca from the other women and financial help from Paolo as



Art Gallery News

Kendal Creates Exhibition, now in all three of Kendal's galleries and overflowing into the corridor to the Green Room, will come down on August 15. If you have your creation in the show, please remember to pick it up Monday, August 15, between 8:30 and 10:00am. In mid-August exciting new shows will go on display in our galleries and in the curio cabinet.

The **Kendal Gallery** installation will feature the handmade paper of Pam McKee and Yuko Kimura. This show will be mounted on August 16. Come to a reception on Friday, September 9 at 4:30pm in the Heiser Lounge.

needed. Associated with these women is a brash younger nouveau riche Jewish-American woman named Elsa Morgenthal, who, because of her affection for Luca's mother to whom she owed money, sets up a trust for Luca. Life changes for the women with the onset of WWII. Despite all of them being taken into custody of sorts by the Italians, they are eventually housed in a comfortable hotel. Lady Hester wrongly believes it is her association with Mussolini that has gotten them into their comfortable surroundings. Italian and English with English sub-titles. G. *-Dwight Call*

Audrey Otto, who had a show here in 2007, is returning with a show of her recent watercolors. It will go on display in the **Friends Gallery** on August 18. No reception is planned. The photography of Dale Preston, well-known local photographer (and husband of Kim Preston, Kendal social services associate), will be mounted in the **Community Gallery** on August 19. He has been photographing Oberlin College and town for 14 years, specializing in events and people. The date of a reception will be announced later. Be sure to have some final looks at Janet Smith's interesting collectibles in the **Curio Cabinet**. On August 15, the wood sculpture creations of Ernie Eddy will be on display.

Saturday Night Movie August 27 - 7:15pm - AUD

Dances with Wolves (1990) This directorial debut by Kevin Costner won the Academy Award for best picture. It is an epic story of the interaction between a tribe of Sioux and the U. S. Cavalry in the post-Civil War period. The screenplay by Michael Blake is an adaptation of his novel involving a tender love story between Lt. Dunbar (Costner) and the Indian maiden Stands with a Fist, played by Mary McDonald. PG-13.

-Donna VanRaaphorst

The Gilbert & Sullivan Festival Returns to Kendal

Following the success of our two past summer G&S Festivals, we will begin our third festival on August 16 with the movie, "Topsy-Turvy" (shown in two parts), followed by two operettas:

Tues., Aug. 16: Topsy-Turvy (1999) - 4:30pm and 7:15pm - AUD. Film tells of the stormy relationship of Gilbert and Sullivan and how they came to write what some consider to be their finest operetta, "The Mikado." R.

Thurs., Aug. 18: The Mikado - 7:15pm - AUD. There is great humor in a mock execution and decrees attempting to control the morals of society.

Sat., Aug. 20: HMS Pinafore - 7:15pm - AUD. The opera's humor focuses on love between members of different social classes. It pokes fun at politics and the rise of unqualified people to positions of authority. *-Allen Huszti*

Kendal Resale Shop Talk

Benefiting Kendal Resident Assistance Fund and Community Charities

Greetings. This is my first *Kendalight* column as chair of the Kendal Resale Shop team. Thank you to everyone who has come up to wish me well in my new role. I appreciate your support and good wishes. This is such a great community!

I'd also like to thank my fellow members of the KRS team and the Kendal staff for their support and patience while I "learn the ropes" of this job. And a huge shout out to Ruth Ann Clark for her leadership of KRS over the past four years, which included the design and relocation of our Resale Shop to its current location. Our Kendal community has been fortunate to benefit from her skill and talent.

Receipts for the month of June totaled \$964.36. THANK YOU. Keep those donations coming and keep shopping the KRS!

-Nancy Lombardi, new Chair KRS

Bus to Cleveland Orchestra 2016-2017 S1 Sunday Series

Each year we organize bus transportation from Kendal to Severance Hall for the Cleveland Orchestra S1 Sunday afternoon series. We are planning buses for the four concerts of the Cleveland Orchestra **S1** series beginning October 9 for all those who are renewing their subscriptions and plan to take the bus. For new Kendal residents, please order your tickets directly from the Cleveland Orchestra Box Office for your preferred seating. The bus is a convenient way to travel to the concerts, taking us right to the door. Bus ticket cost is determined by number of riders. Please indicate your interest on the bus sign-up sheet opposite the mailboxes. For more information, contact Anne Martin or Randy Wagner.

From Little Acorns Mighty Oaks Do Grow...

Little did Terry and Claudine Carlton realize that when a tulip tree was planted in the '60's on their new property on Fairway Dr. in Oberlin, its offspring would follow them to Kendal at Oberlin. Maxine Houck, the 2001 purchaser of their Fairway home, moves to Kendal on August 18. She heard this spring about the new John Bartram Arboretum at Kendal and was interested that the tulip tree (*Liriodendron tulipifera*) was named its signature tree. "Why, I regularly am weeding out baby tulip trees at my home. I just pulled a few the other day," she remarked.

Not long after, Maxine notified Arboretum committee members that she had discovered more "babies." Two trips have been made to transplant the little ones to containers to have in our "nursery." Baby trees need more frequent care than larger established trees, so some are in an individual resident's care and others in the horticulture room or community garden plot.

As we plant new young trees on Kendal grounds, we hope to identify Tree Angels: those willing to observe a particular small tree regularly and notify the Committee when it needs some special care. This Angel may be willing to water the tree when needed (weekly, if no rain) or be paired with someone who would help with the watering.

The Arboretum committee is organizing project teams to assess trees, make tree labels, and tag trees with the labels as well as to plan educational events and help in other ways.

Look for more about these teams in next month's *Kendalight*. People can help us in a wide variety of ways and we are grateful to Maxine Houck for finding a special way to contribute while she is in the turmoil of moving.

-Anne Helm for the John Bartram Arboretum Committee



Anne Helm (left) and Maxine Houck stand under the original Fairway Dr. tulip tree, holding two of its offspring. Photo: Kathy Caldwell

**Low-Vision Support Group:
"Exploring the World
of the Other Four Senses"
Barbara Pierce**

**Thursday, August 11
4:00pm - Green Room**

**Reading of *The Kendalight*
Monday, August 1, at
11:00am in Whittier Lounge**

Barbara Bruer and Judy Riggie will read the current issue of Kendal's newsletter.
All are welcome!

More About Kendal's New Residents

Ruth and Thomas A. Green

Ruth: Born into a wonderful family, I have had the pleasure of relatives and friends all over the country throughout my life.

1. New Haven, CT: I learned to read and write, play multiple solitaire, enjoy Pepe's pizza, carry a chair properly.
2. Washington, DC: I learned that the Federal Government is real.
3. Detroit, MI: I learned that art museums and other museums are wonderful places in which to wander and ponder.
4. Oberlin College, Oberlin, OH: I learned that my older sisters, who preceded me, were right again, that I am not an activist but am glad others are, and that I am not good at being in charge of anything except me.
5. London, UK: I learned that I didn't want to live alone, and that Tom Green would be great to love and be with forever.
6. Brookfield Center, CT: I learned that I am not a teacher.
7. Simmons College, Boston, and Lesley College, Cambridge, MA: I learned that I am a librarian -- a cataloger.
8. Ann Arbor, MI: I confirmed my interest in blue-grass and country music and in weaving and spinning (organizing all those threads and fibers). At the University of Michigan School of Art, I learned that artists, like scientists, learn by doing experiments, but that artists are allowed to change hypothesis in mid-experiment.
9. Press Here, Ann Arbor, MI: I learned that I love to share workspace and talk with artists, that it takes me a long time to do anything but that I am persistent, and that it is fun to throw paint at a large wall.
10. KatO: I am learning that young



Tom and Ruth Green

and old together can build and sustain a mutually beneficial and vibrant community. I couldn't be luckier!

Tom: I was born in New York City and grew up in Westport, CT. I attended Columbia College, where I majored in history and furthered my interests in ideas about freedom (free will and political liberty) that I had developed during my high school years and have been concerned with ever since. The free-will issue especially has loomed large for me, as it did for some teen-aged friends in the 1950s; most of them got over it. My objective on leaving college was to focus on history of institutions, practices and ideas relating to criminal responsibility, mostly within the Anglo-American past, medieval to modern. I was trained at Harvard as a medievalist, spent two years in London on research for my dissertation, and brought back both a great many file cards and Ruth. She turned

she turned out to be a great deal better than my dissertation. I taught for two years at Bard College while writing my dissertation. In order to learn something about the law, and to prepare for moving forward in time within the field of the history of criminal justice, I attended Harvard Law School.

From 1972 until my retirement in 2009 I taught at the University of Michigan in the Law School and in the History Department. During the first half of my career, I wrote about the history of the English criminal trial jury, 1200-1800. The second half was devoted to the American side, and culminated in a study of the free-will problem as reflected in late 19th- and 20th-century thought regarding criminal responsibility. Now, in the third and final half of my career, I am working on the relationship between the jury and ideas about criminal responsibility in the Anglo-American past: bringing together the subjects I have studied over the years. My main professional organization has been the American Society for Legal History. I served as its president and, for 25 years, as editor of its book series. I continue to work on manuscripts, and enjoy keeping in touch with former students.

Sheila Ploger

Because the nearest hospital to Wellington was Allen Memorial, I was born in Oberlin, and Wellington was my hometown until I graduated from high school. At Ohio Wesleyan (BA) I fell in love with my science course, geology, and completed an MA at Indiana University, also in geology. Married to Bob Ploger, after a long courtship by correspondence, in Denver, where he graduated from the University of Denver and I worked at the U.S. Geological Survey. We moved to California and lived in

IN MEMORIAM

DAVID SCHAAL
JULY 12, 2016

JOYCE MICHALAK
JULY 13, 2016

THOMAS "TOM" BOLLAND
JULY 24, 2016

the Santa Barbara area while he did graduate work and took a job with IBM and we raised our children, Wendy and Rob. Employment brought us back to the Washington, DC, area for the next 30



Sheila Ploger

years, and I enjoyed a part-time job as a media assistant with the Montgomery County Public Schools for 20 years. An 1820 grist mill in Rock Creek Park was no longer working and it caught my attention as a place to volunteer and restore the mill. I served on the eight-member non-profit board as secretary/treasurer/membership for 18 years as we raised a million dollars and contracted the restoration work to get it back up and running. Sadly, during this time my marriage ended.

After retiring I volunteered weekly in my Unitarian Universalist Congregation's office. Daily walks, yoga and reading are priorities. My daughter lives in Brooklyn, NY, and my son in Tucson. Retirement was fun and active but Kendal called. My mother Helen Wagner, had been an original resident, brother Randy Wagner had moved in, and now I, too, am here.

Upcoming Moves

Maxine Houck will move from Oberlin to a Kendal Apartment in mid-August.

Alan and Anne Lockwood will move from Buffalo, NY, to a Kendal Cottage in early August.

Betsy Young will move from Oberlin to a Kendal Cottage in early August.

Recent Transfers

Louise Breese moved from Whittier to Patterson in mid-July.

Transportation News: Trial Run Scheduled for Kendal Ride-Share Program for Medical Transport

The Kendal Ride-Share Program Task Force, co-chaired by Barbara Barna and Kenneth Cheek, reports that the new program will be inaugurated in mid-September with a six-month trial period during which ride requests from Kendal residents will be accepted **only for medical appointments outside of Lorain County**. Participating Kendal residents will be asked to provide feedback to determine what changes may be needed in the Ride-Share Program to improve either medical or non-medical transportation access.

Instructions for Kendal riders to access the new ride-share system will be placed in mailboxes before Labor Day

Using the new Kendal Ride-Share Program, Kendal residents will be able to arrange medical transportation outside of Lorain County either by phone or computer. Riders will interact with the system by either logging in on the computer or by leaving a phone message for the Call Manager (a volunteer Kendal resident) who will enter the request into the computer. Drivers (also volunteer Kendal residents) will access ride requests on the computer and contact riders whose requests they can personally complete. Call Managers will monitor the system once a day to make sure that all transportation requests are answered.

This program supplements the currently available informal ride-sharing program (for all types of transportation) whereby Kendal residents post ride requests and ride offers on the community bulletin board opposite the mailboxes in Heiser Center.

For more details, see the Task Force's report on the KORA bulletin board.

Shirley Hayward moved from her apartment to Whittier #602 in early July. Phone number remains the same.

Malcolm Lieblich moved from Whittier to Jameson in early July.

Jean Schaal moved from Whittier to Patterson in mid-July.

Recent Moves

Gordon and Barbara Evans moved from Interlochen, MI, to a Kendal Cottage in mid-July.

Mary Ann Serazin moved from North Ridgeville, OH, to a Kendal Apartment in early July.

Kendal Kryptogram #138 -by Nina Love

FTOO BY TRUMP, ZVA ZOO MFT

ATNBKY ZET FTET

-YFZLTYUTZET; MFT MTRUTYM

Solution to Kryptogram #137: "I believe in looking reality straight in the eye and denying it." -Garrison Keillor

Time to Sign up for the Shuffleboard Tourney

It's time to find a partner and sign up for the 2016 Shuffleboard Tourney! Sign up starting Friday, August 19, on the sign-up sheet below the Activities Bulletin Board. Schedule of team play will be posted and placed in your mailbox on or before Friday, September 2. Play will begin on Saturday, September 3, and conclude at the end of September (depending on the number of participants). No previous experience is necessary. You may practice any time the courts are open with the equipment which is stored in the north stairwell, first floor of the apartment building. Courts are in the covered walkway next to the apartment parking lot. Call Dan Reiber for any questions or help. This is a great game for all ages and abilities; the emphasis is on fun!

Saturday Walks

Join us for a leisurely 1 to 3 mile walk off the Kendal campus. We meet at the Heiser Reception Desk at 9:00am to car pool. Walks will be postponed if it is raining.

Aug. 6: French Creek/Nature Ctr.

Aug. 13: New Russia Nature Preserve/Cemetery

Aug. 20: Carlisle Reservation/Equestrian Trails

Aug. 27: Lorain Pier

If you have any questions, please contact Jerry Berner.

Best Bluebird Year Ever!

Four of Kendal's nest boxes were chosen by four pairs of Eastern Bluebirds this year. These four pairs fledged 16 chicks from their first broods and immediately started second families from which they have fledged another 16 --so far. Five additional chicks are expected to fledge by the end of July. This will make 37 fledged Eastern Bluebirds this season! And that's just Kendal!

The cumulative totals for Kendal, New Russia Township Park and Westwood Cemetery (still more coming) are as follows: Number of eggs laid – 157. Number of chicks hatched – 115. Number of Bluebird chicks fledged -- 82. And the season is not quite over yet so these numbers will inch up slightly. The September update will have the final totals for the season.

-Nina Love

Table Tennis Update

Table tennis in July began as grand-kids month. Teaching our young visitors how to spin the ball over the net and seeing their eyes light up as they did it meant fun for all. New reports from the apartment building also had it that the table there was seeing good use. In July, too, three fairly new residents, all beginners, tried their hand at table tennis -- and in the succeeding days returned for more. From the young to us less-young, table tennis is a sport for all. It promotes brain function, hand-eye coordination, and sociability. Stop in and see for yourself!

The First Church United Fellowship and Unitarian Universalist Kendal Gathering will not meet in August. Join them again in September. All are welcome!

RELIGIOUS SERVICES AT KENDAL Episcopal Service

Saturday, August 13, 11:00am,
Gathering Room, Rev. Nancy Roth

First Church Service

Sunday, August 21, 4:00pm, Gathering Room

Roman Catholic Mass

Friday, August 19, 10:00am, Crossroads

Society of Friends

Sundays, 10:30am, Education Center

Kendal Therapy Dept.

Discovery Series:

“Get a Grip: Is Your Hand Strength at Its Best?”

Thurs., Aug. 25 - 3:00pm - AUD

Join Stephanie Caesar, Director of Rehab at Kendal, and Diane Loughren, Occupational Therapist, for another installment of the Discovery Series. Come and participate in a short clinic to test both overall grip strength and coordination allowing for comparisons to norms. Hope to see you there!

Kendal Early Learning Center “Wild School Site”

Award Celebration

Tues., Aug. 9 - 10:00am

Heiser Center Pond

We will meet by the Heiser Center Pond where Jamey Emmert will say a few words about the award followed by pole-making, then fishing with Kendal Early Learning Center children, residents and staff. A great time will be had by all so please mark your calendars to join us.

-Jeni E. Hoover, Director, KELC

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Dr., Oberlin OH 44074
Consulting Editor: Robert Baldwin
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Photos: Lyn Cope, Eleanor Helper
Production: Don VanDyke

Deadline for the September 2016 issue of *The Kendalight* is August 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication. **Please submit articles by email to our address:**

Klite600@yahoo.com

Articles may be typed on separate sheet, signed and placed in Kendalight open mailbox. All must carry signature and phone number.

Would You Like to Have a “Wellness Partner”?

As part of KORA's Thoughtful Medicine endeavor, the Conversations Working Group is introducing the concept of a “Wellness Partner.” Our Social Services expects Kendal residents to keep updated the designation of one or more people as our Health Care Power of Attorney (HCPOA) with the legal power to make medical decisions when we are no longer able to do so ourselves. It is important to have ongoing conversations with our HCPOA about our priorities and wishes for end of life care. However, some of us may feel the need for someone local we trust who is willing and able to supplement this relationship in such ways as attending medical appointments with us, discussing these visits with us afterwards, and sharing the information as we request. Our “Wellness Partner” can stay current with our medical condition, needs and wishes, and, especially in emergency situations, communicate this information until our HCPOA becomes available. Our “Wellness Partner” can help us think about and implement quality of life choices.

In preparation for a presentation to the whole Kendal community in September, the Conversations Working Group is looking for a few volunteers to try out the “Wellness Partner” form which has been developed in cooperation with the Social Services and other staff.

Please contact Eleanor Devereux if you are willing to participate in this “trial run” of what we hope will add a valuable new dimension to our “thoughtful medicine at Kendal.”

*-Elizabeth Hole, Chair,
Conversations Working Group*

Announcements and menus of the day: Call 775-9868



Dining and Nutrition Services

Upcoming Special Events

Thursday, August 11, 6:00pm to 8:00pm

CommUnity Ice Cream Social with musical entertainment at corner lot on Maple and N. Pleasant Sts. Kendal bus shuttle service. Bus will continue to circuit until the Social ends at 8:00pm

Intergenerational Gathering: Thurs., Aug. 18, 3:15pm, Langston.

Celebrate National S'Mores Day with a campfire sing along with Judy and Dennis Cook.

Solo Diners and SPINACH are on summer hiatus til September.

The Langston has added new grocery options. We now have fresh baked bread available Monday through Friday, packaged and ready to take home. Some of the other new selections: Take-Along Fruit and Cottage Cheese; Fruit and Yogurt; Artichoke or Spinach Dip with Vegetables and Naan bread; Cheese and Crackers. All items that are packed here at Kendal are considered grocery and are an extra charge. These include Yogurt Parfaits, Hard-Boiled Eggs, and Bagged Lunches.

Quaker Books and Other Materials Available at KatO

Quaker materials at Kendal were reviewed by Oberlin Friends Meeting members and an excel database was created. Purple folders labeled **QUAKER BOOKS ETC.** have been placed in the Heiser Lounge glass bookcase, the Kendal Library, and on a bookshelf in the Education Center Conference Room. In these folders are lists that should help you learn what books and pamphlets are available and where they can be found. Kendal residents, staff and board members who would like to know more about Quaker history, faith and practice, people who have been Friends, as well as the current thinking of members of the Religious Society of Friends are invited to browse or check out Quaker books and pamphlets available here at Kendal at Oberlin. Most Quaker books are in the glass bookcase in Heiser Lounge. Pamphlets are located in the Education Center Conference Room

Library. And there are some offerings in the Kendal Library.

If you have questions or need a suggestion of what might be of interest to you, please contact Ann Francis, Janet Smith or other Quaker members here at Kendal. Enjoy!

“Go Wish” for Ice Cream

Residents have until Labor Day to accept the invitation from the Thoughtful Medicine Conversations Working Group to play the “Go Wish” card game and receive a coupon for free ice cream from the Langston. The decks of cards are on the Main Desk in the Library. The game takes about 15 min.

It will reveal to those who care about you what your wishes are if you can no longer tell them those wishes yourself. Once you have played the game, you will get the coupon. Share the wishes from your final few cards with family or friends who can not be here.

Questions? Call Priscilla Steinberg.

SUN	MON	TUE	WED	THU	FRI	SAT
Grobe's Fresh Produce will be sold in Heiser Lounge every Friday from 10:30am-1:30pm. Remember, cash or check only!	1 Reading of Kendalight 11:00am WHT Bridge 7:00pm CCR	2	3 Wed. Morning Conversation Group meets every Wed. 10:00-11:00am WHT	4 No First Thurs. Health Lecture	5 Play Readers: "The Little Foxes" 1:30pm AUD Courtyard Garden Concert 4:00pm	6 Walk in Park 9:00am Heiser Family Fun Fair 10:00am-4:00pm Downtown Oberlin Play Readers: "The Little Foxes" 7:15pm AUD
7 Quaker Worship 10:30am Ed Ctr English Country Dancing every Sunday, 7:15pm AUD Film: Inside Out 7:00pm WHT	8 Suggestions & Concerns 2:00pm CCR Bridge 7:00pm CCR	9 Kendal Early Learning Center Wild School Site Award 10:00am Center Pond Opera DVD: La Rondine 7:15pm AUD	10 LUNCH BUNCH: Clementine's, * 11:30am-2:00pm Song Swap with Judy Cook 7:00pm AUD	11 Low-Vision Support Group 4:00pm Green Rm. CommUnity Ice Cream Social - Maple & North Pleasant Sts. 6:00-8:00pm *	12 Courtyard Garden Concert 4:00pm	13 Walk in Park 9:00am Heiser No First Church United Fellowship NOYO Summer Symphony Concert 11:00am AUD Episcopal Serv. 11:00am GaRm Film: Tea with Mussolini 7:15pm AUD
14 Quaker Worship 10:30am Ed Ctr Film: Without Limits 7:00pm WHT	15 Coffee Hour with Barbara Thomas 9:30am Langston Film: Guns, Germs and Steel - Part I 4:00pm AUD Monday Night Movie at Apollo (tx) Sign up for * Bridge 7:00pm CCR	16 Talking with the Kims Noon - Langston Join Kim Peters and Kim Preston at the big window table. G&S: Topsy-Turvy 4:30pm AUD - I 7:15pm AUD - II	17 No Unitarian Univ. meeting OHC: National Parks - America's Best Idea 7:15pm AUD	18 KORA Council 10:00am AUD Celebrate National S'Mores Day! Langston 3:15pm No Third Thurs. Lecture G&S Film: The Mikado 7:15pm AUD	19 Roman Cath. Mass 10:00am CCR Courtyard Garden Concert 4:00pm	20 Walk in the Park 9:00am Heiser G&S Film: HMS Pinafore 7:15pm AUD
21 Quaker Worship 10:30am Ed Ctr First Church Serv. Film: The Quiet Man 7:00pm WHT	22 Film: Guns, Germs and Steel - Part II 4:00pm AUD Bridge 7:00pm CCR	23 Orientation Recital Select Conservatory Students * 7:00pm Finney	24 Song Swap with Judy Cook 7:00pm AUD	25 Therapy Dept.: Get a Grip: Is Your Hand Strength at Its Best? 3:00pm AUD	26 Courtyard Garden Concert 4:00pm Trolley Run in Remembrance of Len Garver 5:00pm HL Film: Best of Victor Borge 7:00pm AUD	27 Walk in the Park 9:00am Heiser Film: Dances with Wolves 7:15pm AUD
28 Quaker Worship 10:30am Ed Ctr Film: Morocco 7:00pm WHT	29 Film: Guns, Germs and Steel - Part III 4:00pm AUD Bridge 7:00pm CCR	30 Budget Kick-Off Meeting with Residents 1:00-3:00pm AUD	31 Health Services Forum with Judy Braun 2:00pm AUD	<h1>August 2016</h1> GaRm = Gathering Rm WHT = Whittier Lounge HL = Heiser Lounge CCR = Crossroads Conf. Rm * = Kendal Bus WCH = Warner Concert Hall tx = Tickets needed		