

The Kendalight

Kendal at Oberlin Residents Association

August 2017

Volume XXIV, Number 8

Share Great Fellowship, Music, Ice Cream at the CommUnity Ice Cream Social on Thursday, August 17

Kendal at Oberlin's CommUnity Ice Cream Social, our annual outreach to our friends and neighbors, will be held on Thursday, August 17, from 6:00 to 8:00pm. Once again, the event will take place in the field at the corner of Maple and N. Pleasant Sts. "Consensus" and others will provide live music. Join us for an evening of fellowship with our friends and neighbors (including Kendal priority list members) over an ice cream treat.

The Kendal bus will shuttle residents to the Social, leaving the Heiser entrance beginning at 6:00pm. Please be patient -- the bus will continue to circuit until the Social ends at 8:00pm. If it rains, the Social will be moved to the Heiser Auditorium. We hope to see you all!

~KatO Staff Special Events Committee

Kendal Health Services Forum Wed., Aug. 23 - 4:00pm - AUD

- Kendal's AEDs (Automated External Defibrillators)
- Jameson House Programming and Timeline
- Ohio Living Home Health Benefits for KatO Residents
- Questions and Answers with Georgia Newman, MD, Medical Director

Kendal is installing two Automated Electronic Defibrillators, one in the Fitness Equipment Room and one in the Heiser Community Center. A process will be initiated to ensure that an AED is used only on those residents who desire it. If residents do not want an AED used, Kendal will require that a sticker stating "Do Not Resuscitate" be attached to the back of their Kendal name tag. If a resident does not have this sticker on the back of their Kendal name tag, an AED could be used. These stickers will be available in the Health and Wellness Clinic after August 23 by appointment. Kendal staff will ensure the proper DNR documentation is in place.

A Look Ahead at 2018 Budget Meetings

- **Thursday, August 31 Budget Kick-Off Meeting with Residents**, 10:00am to 12 noon, Heiser Auditorium;
- **Thursday, October 12 – Budget Update Meeting on Budget Process**, 4:00pm, Heiser Auditorium;
- **Thursday, November 16 – Final Budget Meeting with Residents**, 4:00pm, Heiser Auditorium.

~Ann O'Malley, CFO, KatO

"Fiddlehead Dance," a sculpture created by artist Richard Nord, has been installed in the lawn area outside the Patterson lounge on Heiser Circle. The sculpture was displayed at a recent fundraiser for Firelands Association for the Visual Arts.

Richard will discuss his work at a reception on Tuesday, August 15, at 4:15pm in Heiser Auditorium.

Photo: Suzanne McDougal

Kendal Staff Members Are Grateful for Vacation Fund Checks

A total of 163 Kendal at Oberlin staff members, including our Beauty Salon staff member, happily received Vacation Fund checks in amounts ranging from a minimum of \$50.00 to a maximum of \$374.11.

The total amount our generous residents gave was \$48,091.33, which we believe is the largest collection yet since this tradition of gifting staff members bi-annually began years ago. Please know how very much appreciated these gift funds are by our dedicated staff members. Thank you!

~Toni Merleno, Director of Human Resources & Operational Services



KNOW YOUR KORA COUNCIL

*Speak your heart they will hear/
hearts speak to each other/
even when minds don't listen*
~Ruth Forman

At July's KORA Council Meeting 67 people were in attendance. It is affirming that even during summer months so many of you turn out. Your interest and participation in Council Meetings strengthens the Association. Meetings are an important time to learn what is happening at Kendal, to ask questions, and to connect with other residents. Your voice and presence are valued. Newcomers are especially encouraged to be at meetings. Be sure to mark on your calendar Thursday, August 17, at 10:00am when we will meet again.

In August two of Council's *ad-hoc committees* will be reporting and asking for input. The bylaws *ad-hoc* will be recommending changes to KORA bylaws, and the 25th Anniversary Themes and Slogans *ad-hoc* will be offering their suggestions.

Also please note the article at the top of this page in which the KORA Nominating Committee asks you to suggest residents for office who you feel would represent you well on KORA Council. Resident leadership in KORA governance and programs is important to the values that make our community unique.

Again, I urge you to check out the KORA and Volunteer Bulletin Boards. This month on the KORA Board, you will find the KORA Council letter faxed to Senator Portman raising our concerns about health care legislation. In one of the pocket folders are a full set of minutes and reports of July's KORA Council Meeting. In another folder is the committee list (107 committees, their chairs and liaisons) and A/V Instructions for Presenters in Heiser Auditorium.

Down the hall by the Kendal Early

Nominations Sought for KORA Council

The KORA Nominating Committee's task is to prepare a slate to fill the available positions on KORA Council, which consists of 11 councilors and four officers. To begin this process, we ask residents to suggest people who you feel would represent you well as councilors and/or officers. We recommend that these residents should have lived at Kendal for at least one year. Your suggestions should be submitted to Box #157, **in writing before August 15**. Please get the consent of the person whom you are suggesting, making clear that your suggestion does not guarantee that he/she will be on the committee's recommended slate. There are usually more well-qualified persons than places available. From this pool of names, the committee nominates a slate of candidates to present to the KORA Annual Meeting in November for ratification by consensus. If nominations are made from the floor (permissible under KORA's constitution), the election will be decided by ballot.

~2017 Nominating Committee: Elizabeth Aldrich, Ardith Hayes, co-chairs; Anne Martin, John Matsushima, Marilyn Myerson

Learning Center is the Volunteer Bulletin Board. At each KORA Council meeting, we take time to learn about volunteer opportunities. This month Diane Follet talked about Supporting Friends and appealed for more volunteers, and Joyce Parker explained two volunteer projects: one in the Craft Room turning used towels into house-keeping rags and one in the Art Studio making small pots as thank-you offerings. Volunteers are needed in the Cardinal Shop. Pet Projects is seeking dog walkers and kitty feeders. The Hospitalization Notification Committee could use assistance. Among these offerings are big and little ways to volunteer. Details and contact information are on the Volunteer Bulletin Board.

We are a community of ideas, but volunteers doing the work and participating make them a reality.

~Ann Francis, KORA President

KatO Resident Insurance Workshops - 10:00-11:00am Education Center Training Rm. ~ with KatO Insurance Coordinator Donna Weber

- Aug. 9 - Overview of Insurance
- Aug. 23 - Understanding the Unique Language of Insurance
- Sept. 20 - Things to Consider during Open Enrollment

Open Enrollment Session for:
Oct. 4 - STRS
Oct. 11- OPRS
Oct. 19 - Oberlin College
Oct. 25 - Anthem/BCBS Plans
Nov. 1 - Aetna
Nov. 8 - Traditional Medicare/Medigap Plans

**COFFEE HOUR WITH
BARBARA THOMAS
TUESDAY, AUGUST 15
9:30AM - LANGSTON**

**AFTERNOON EXCHANGE
BARBARA THOMAS
MONDAY, AUGUST 28
4:00PM - AUDITORIUM**

PROGRAMS

NOTE: The First Thursday Health Lecture and Third Thursday Lecture series are on hiatus for June, July and August. Join us again in September.

Big Bus Trip in September to Cleveland Museum of Natural History Monday, September 18 10:45am – 5:15pm Cost: \$42

The Kendal Day Trip committee announces a big bus trip to the Cleveland Museum of Natural History. This museum is considered among the finest institutions of its kind in North America. The Kendal day trip will give an opportunity to:

- Visit the various galleries of the museum.
- Experience the current special exhibits.
- Explore the new Perkins Wildlife Center and Woods Garden.
- Enjoy the planetarium program.
- Lunch in the Exploration Restaurant (at personal expense or bring a box/bag lunch).
- Travel in a comfortable coach (with an on-board toilet).

To reserve a place for this trip: Sign the sheet in front of the mailboxes. Make payment of \$42 payable to KORA given to Gary Olin, Box #136. (A place is reserved only with payment in full.) Trip coordinator: Gary Olin.

Grobe's Fresh Produce Returns to KatO

Grobe's seasonal produce will be available for purchase in our Heiser Lounge on Fridays, 10:30am-1:30pm for the remainder of the growing season. All purchases are by cash or check. Single pieces of produce are available.

Lunch Bunch: 1833, Hotel at Oberlin Wednesday, August 9

The 1833 Restaurant on the first floor of the Hotel at Oberlin offers seasonally inspired menus, featuring locally sourced ingredients and regional artisan products.

It serves soup, salads, and an array of sandwiches, plus some tasty desserts and a selection of draft and craft beers.

Bus leaves Heiser at 11:30am, returning about 1:30pm. No charge for Kendal bus. Sign-up sheet is posted on Tuesday, August 1.

Bus to the Cleveland Orchestra 2017-2018 Sunday Series S1

Each year we organize bus transportation from Kendal to Severance Hall for the Cleveland Orchestra **S1** Sunday afternoon series.

We are planning buses for the four concerts of the 2017-2018 Cleveland Orchestra **S1** series beginning November 5 for all those who are renewing their subscriptions and plan to take the bus. For new residents of Kendal, please order your tickets directly from the Cleveland Orchestra Box Office for your preferred seating. The bus is a convenient way to travel to the concerts and takes us right to the door. Bus ticket cost is determined by number of riders. Please indicate your interest on the bus sign-up sheet opposite the mailboxes. For more information about concerts and orchestra buses, contact Anne Martin or Randy Wagner.

Northern Ohio Youth Orchestra Summer Symphony Concert Sat., Aug. 12 - 11:00am - AUD

The Northern Ohio Youth Orchestra Summer Symphony day camp for middle-school-aged string players returns to Kendal for the third year to present a fun-filled concert under the direction of conductor Peggie Willett.

Courtyard Garden Concerts

Listen to music before dinner on Fridays in August at 4:00pm. (The rain/heat location will be the Gathering Room.)

- Aug. 4** - Doug McClennen, folk songs
- Aug. 11** - Saxophone Jazz Duo
- Aug. 18** - Helen Taylor and Jane Nord, piano duets in the Gathering Room
- Aug. 25** - TBA

Get to Know Sandusky Trip Tuesday, August 15

9:15am – 2:30pm Cost: \$23

Gather at Heiser at 9:00am to board the bus for Sandusky. Our visit includes:

- **Merry-Go-Round Museum:** Fantastically carved and painted animals from rides all over the country. Several calliopes, places to do rubbings, photos, and a magical ride. A wood-carver will demonstrate his craft.
- **Lunch at Damon's (overlooking the marina):** Menu includes sandwiches, soup and salads.

Or bring a box lunch to eat on a bench or at a picnic table by the water.

- **Maritime Museum:** Exhibits of Coast Guard history, lighthouses, the Battle of Lake Erie, with full-size and model boats (including ice boats), and a pirating exhibit!

Sign up under open mailboxes. You are not registered until your check is received. Place check for \$23 payable to KORA in Box #87 by August 13.

(Check covers cost of bus and museums; lunch on your own.) Money is not refundable.

Questions? Contact Judy Riggle:

Sunday Movies in Whittier Lounge at 7:00pm

Aug. 6 - *The Sunshine Boys* (1975)

A pair of feuding retired vaudeville comedians (George Burns, Walter Matthau) reunite for a TV special about the history of comedy. PG.

Aug. 13 - *Little Boy* (2015) In a heart-warming tale of faith, hope and love, a seven-year old boy tries with all his might to achieve the impossible: bring his father home from World War II alive. PG-13.

Aug. 20 - *The Theory of Everything* (2014) Eddie Redmayne won Best Actor Oscar for his role as theoretical physicist Stephen Hawking who at 21 learns that he has ALS. With his wife Jane at his side, he begins an ambitious study of time. Eventually, his first marriage ends; he then marries Elaine, the woman who was hired to care for him. PG-13.

Aug. 27 - *Bringing Up Baby* (1938) While trying to secure a \$1 million donation for his museum, a befuddled paleontologist (Cary Grant) is pursued by a madcap heiress (Katherine Hepburn) and her pet leopard, Baby. Film is called the definitive "screwball comedy."

"Years of Living Dangerously Second Season: Uprising" Tues., Aug. 1 - 4:30pm - AUD

The Environmental Concerns Committee presents the final episode of this documentary which aired on the National Geographic Channel in Fall 2016. In Waukegan, IL, America Ferrera meets with activists, backed by the Sierra Club's Beyond Coal campaign, who are working to shut down a local coal plant, and with a mayor who wants to keep it open. Sigourney Weaver investigates China's progress in reducing emissions. China invests more money in clean energy than any other country.



Art Gallery News

Have you seen the magnificent new sculpture in the lawn area outside the Patterson lounge on Heiser Circle? It was created by Richard Nord and purchased by a resident who donated it to Kendal. Richard, who has created several sculptures in and around Oberlin, will talk about his work at a reception on Tuesday, August 15, at 4:15pm in Heiser Auditorium.

Next up in the **Kendal Gallery** is the Cleveland Museum of Natural History's Guild of Nature Artists. A reception will take place on Friday, September 8 at 4:30pm in Heiser Lounge. The encaustic painting of Kathy McManee will be installed in the **Community Gal-**

lery on August 19. A reception will follow at 4:00pm in Heiser Lounge. The **Friends Gallery** will display the photographs of Selina Bartlett, images from her travels around the world. She will discuss her work in Friends Corner Dining Room on September 15 at 2:30pm. Lee Hefner's small treasures in the **Curio Cabinet** will be followed by the Coluccis' collection of small porcelain houses which they've purchased in their travels all around the world.

Kendal Collects is closing on August 15. Remember to pick up your art on Monday, August 14, or Tuesday, August 15! If you need help, please phone Marilyn Myerson.

Saturday Night Movie August 5 - 7:15pm - AUD

Dial M for Murder (1954) Alfred Hitchcock's classic film noir stars Ray Milland, Grace Kelly and Robert Cummings. This is the screen version of Frederick Knott's stage hit. Kelly won the New York Film Critics and National Board of Review Best Actress Awards for her performance in this romantic triangle.

~Donna VanRaaphorst

Special Presentation: "Gandhi" Part 1 - Aug. 14 - 7:15pm -AUD Part 2 - Aug. 15 - 7:15pm -AUD

Shown in honor of the 70th anniversary of the founding of both India and Pakistan, this epic 1982 foreign film shows the man's character and nonviolent patience in driving the British out of the subcontinent. Similarly, Jinnah's stubbornness succeeded in dividing the subcontinent between India and Pakistan (West and East). Stars Ben Kingsley. PG. Resident Lal Arora will lead a short discussion after each showing.

~Dwight Call. Sponsored by
Kendal Diversity Awareness Committee

Saturday Foreign Film August 12 - 7:15pm - AUD

Farewell to Manzanar (1976) Fact-based drama about one of ten internment camps used by the American military during World War II to detain some 100,000 Japanese Americans (most of them U.S.-born) following Japan's attack on Pearl Harbor. A short documentary follows the movie itself. English and some Japanese with sub-titles. PG-13. ~Dwight Call

Opera DVD: "The Trojans"

Because of the length of this opera by Berlioz, it will be shown on two days in Heiser Auditorium.

Wednesday, August 2, 7:15 pm:
Acts 1 and 2, "The Siege of Troy"

Friday, August 4, 4:30 pm:
Act 3, "The Trojans in Carthage"

Friday, August 4, 7:15 pm:
Act 4 and 5

This opera is rarely performed and is spectacular both musically and visually!
~Allen Huszti

Kendal Resale Shop Talk *Benefiting Kendal Resident Assistance Fund and Community Charities*

Throughout June and July, KRS processed hundreds of donated items. Those who frequent our Resale Shop have seen our showroom fill up and empty over and over again during these past months. We have been fortunate to receive so many donations that our customers appreciate. In addition to the items we've processed for immediate resale in our shop, we have stored seasonal items, such as winter clothing and holiday items, in our backroom as storage space permits. We will move these items to our showroom for resale during the appropriate months. However, KRS cannot store or resell all the items we receive in our Resale Shop. Those we cannot resell are usually too large to display in our showroom (e.g., king-size beds); not resalable (e.g., mattresses); or of poor quality or in low demand. These are passed along to over 12 non-profit community groups including:

- Clothing, shoes, housewares, electronics to Goodwill Industries;
- Furniture and lighting fixtures to Habitat for Humanity ReStore;
- Linens and kitchen supplies to Family Promise, which helps homeless families;
- Winter coats, gloves and scarves to Oberlin Community Services;
- Fabric and sewing notions to Women of Worth, which supports incarcerated women;
- Braces, crutches and other durable medical equipment to BUSES International, which provides mobile medical clinics;
- Books, CDs and DVDs to Friends of Oberlin Public Library;
- Suitcases to the Salvation Army for its foster child program; and
- Eyeglasses to the Lions Club.

Resale Shop deposits to the Residents Assistance Fund for the month of June totaled \$1,617.80. Thanks to all our donors and shoppers!

DID YOU KNOW? In 2014 when our new Resale Shop was being designed, Arn Lewis knew KRS needed an intentional donation box, one easy to use by everyone. (We previously had only a large cardboard box behind the main desk in Heiser.). Arn generously offered to create one for us. Little did we know what a beautiful, functional box he would design to fit our exact space and needs. All of us have been grateful to him ever since. We learned much later that he made this box on his kitchen table at home! So, when you pass by the Kendal Resale Shop or come to make your donations, please pause a moment to enjoy the beauty of this box and to give thanks to Arn Lewis, one more time.

THANK YOU! Keep those donations coming and keep shopping the KRS!

~Nancy Lombardi, Chair of the Kendal Resale Shop.

Fun Fitness 2017 Report

There was lots of enthusiasm this year with several new events in the Week of Fun Fitness. Turnout was similar to that in 2016 with 182 residents (R), 87 staff (S) and 20 KELC (K) kids. The **luncheon**, with changes to the menu, was attended by 111 (R), 28 (S) – a big thank you to Ann Pilisy for her assistance.

New events this year included **Dog Walk**, which was merely an add-on to the **Perimeter/Heiser Walk** (thank you, Jeni Hoover) to include our furry walking pals. We had 30 (R) and 9 (S) walkers. **Dog Fun** was held in front of the Patterson patio with 25 (R), 19 (S). The **Trike Relay** held in the driveway in front of Heiser was an opportunity for the KELC kids (20) to pick up tokens from seated residents (6) on a very cold and windy day.

Name That Tune (orchestrated by

Marian Lott) was enjoyed by 43 (R) and 8 (S) with several others listening from afar. **Lounge Croquet** held in the Heiser Lounge under Jerry Berner's supervision was a lot of fun with 23 (R) and 15 (S). Elizabeth Hole with help from Lorraine Crites put together a fun **Outdoor Observation walk** 26 (R) and 3 (S). Beverly Fordyce put together the **Indoor Walk** 34 (R) and 7 (S). **Cycling** had 19 (R) and 1 (S) counted by Jill Wettersten. Nancy Hultquist tallied 19 (R) and 3 (S) **lap swimmers**. Dan Reiber oversaw **miniature golf** with 22 (R) and 6 (S). Donna Baznik's **water balloon toss** had 15 (R), 6 (S) and 14 (K) tossers. Joe Luciano and Rachel Fordyce's **Baggo** collected 41 (R) and 17 (S) to pitch the bags. Ed Wardwell assembled 9 (R) and 16 (S) to shoot **basketball** in the Facility Services parking lot. Sidney Rosenfeld's evening **Robot Table Tennis** enticed 22 (R) with several new players taking a shot at it. Dan Reiber and Kim Peters oversaw the **Walking Relay** in a new location (behind the Education Center Bldg.) with 9 (R) and 9 (S). Fitness Staff Jill Tvaroha and Saun Howard manned the **Shot Put Throw** in the Croquet Yard with 7 (R) and 11 (S). Jara Dell's **Lawn Games** had to move into the

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Vision Impaired

Low-Vision Support Group

Webcast:

“The Value of Low-Vision Rehabilitation”

Thursday, August 10

4:00pm in Green Room

Reading of *The Kendalight*

Tuesday, August 1, at 11:00am in Whittier Lounge

Judy Riggle will read the current issue of Kendal's newsletter.

All are welcome!

More About Kendal's New Residents

Mary and Fred Behm

Mary: I was born in Washington, DC, at the end of World War II, growing up in Highland Park, NJ. We spent most summers on Keuka Lake in the Finger Lakes -- idyllic times. Wanting a small liberal arts college away from home, Oberlin was perfect, especially with its Conservatory since I love music. I cycled through a number of majors, ending up in German. I met my husband, Fred, while he was working in Oberlin, and we married right after graduation. Having studied so many subjects worked out to be the ideal education for my career as a school library-media specialist, since that required knowing a little about a lot of different subjects. I worked in various public school districts in the Elyria area, also earning a master's in Library Science from Case Western Reserve University. We lived in Elyria for 25 years and in Grafton for nearly 26. We have one son, Brian, a gastroenterologist at University of Virginia. His wife, Carolyn, is a cardiologist in private practice. We have two wonderful grandchildren: Matthew (now 11) and Allison (now 9). We go to Charlottesville often to help care for the grandkids. Fred and I love to travel, from intriguing local places to more exotic locales like China, Australia and Africa. We attend lots of concerts, especially Apollo's Fire, art shows, galleries, museums, theater and lectures. I volunteer a lot, particularly with FAVA, Center for Life-Long Learning at LCCC, my Oberlin class and AAUW. We love gardening and look forward to exchanging our 2 1/2-acre garden for a smaller one. We also look forward to making new friends and joining the wonderfully vibrant Kendal community.



Fred: I was born in Cleveland, OH, in 1934, growing up in the old Brooklyn neighborhood on the west side. I went to James Ford Rhodes High School, then Ohio State School of Agriculture before being drafted into the U.S. Army. I spent two years in Germany in the 3rd Armored Division. I worked in the dairy-farming and food-service industries before starting as a salesman at the wholesale Superior Electric Supply Co. When the owner retired, I bought the company, retiring myself in 2002. My wife, Mary, and I met while she was a student at Oberlin College. We married in 1966 and have one son, Brian, a gastroenterologist at the University of Virginia. His wife, Carolyn, is a cardiologist in private practice. They have two children, Matthew and Allison. My free time is spent traveling; collecting everything from stamps (first day covers) and U.S. and Confederate currency to Chinese teapots and fine art glass; politics; gardening; attending theater, concerts, museums; and reading

IN MEMORIAM

GAYE LAURELL
JULY 28, 2017

Report from the John Bartram Arboretum: Mourning our Ash Tree Loss Reflects Need for Diversity

In September 2010, the *Plain Dealer* announced that "Ohio's war against the emerald ash borer is over; the bug won." By then the borer was in all our 88 counties, and by now it has killed hundreds of millions of native ash trees in North America. This insect kills by boring tunnels under the bark to lay eggs. The tunnels disrupt the water flow up the trunk of the tree so that the branches do not get needed water and nutrients. Once an ash tree is infested, it usually dies in less than five years. Around 10% of Ohio trees had been ash. Our Arboretum display table in Heiser for August will have a slab of ash wood with the bark removed, showing the tunnels which the emerald ash borer created. It is hard to imagine that such a small insect can bring down such a magnificent tree.

We at Kendal at Oberlin are feeling the sadness. Very recently a prominent ash was removed just north of the Troll Bridge when it was judged by our Ohio Forester Alan Siewert to be a safety hazard which could easily fall in a storm. About one-third of its branches were still growing leaves, but its structure was very weak. The cut stump has now tried valiantly to grow again from the roots. But it will not be a tree again.

Instead of cutting down all ash trees to stop the spread of the borer, Wayne National Forest in Ohio is letting many stand, hoping that they will be able to find some resistant to the borer. Remember the beautiful American elm? Research groups are still trying to find the unusual elm tree resistant to the Dutch Elm Disease, a fungus spread by the elm bark beetle which reached North America in 1928 on imported lumber. Over 75% of 77

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Mourning Ash Tree Loss...

(Continued from p. 6)

million North American elms were lost by 1989. Some of the research involves tweaking elm genes. Kendal resident Elizabeth Aldrich had one such elm given to her by a friend and planted at Kendal by Ryan Stalzkowski, but unfortunately it lived only about five years. Research is continuing with some new cultivars developed at the University of Wisconsin, now ready to be moved to test plots. Perhaps our arboretum can be a new trial location. Remember! As we add to our trees and shrubs here at Kendal, we need to remain cognizant of developing a diverse collection so that a disastrous disease or pest would have minimal effect. Let's learn from our losses and rejoice in the beauty of nature, thinking together about what trees and shrubs we do not already have here which suit our particular locations.

~Anne Helm for
the Arboretum Committee

Recent Transfers

Viola Blount moved from a Cottage to an Apartment in late July. Phone number remains the same.

Janet Bolland moved to a new Cottage in mid-July. Phone number remains the same.

Charlie Matthews moved from Whittier to Patterson in mid-July.

Don and Joanne Norenberg moved from a Cottage to an Apartment in mid-July. Phone number remains the same.

Katherine Nunley moved from an Apartment to Whittier in late July. Phone number remains the same.

Fun Fitness 2017 Report...

(Continued from p. 5)

Gathering Room due to weather with 11 (R), 8 (S) and 8 (K). Tom and Judy Riggie, overseeing **Tennis Fun** in the Tennis Courts in Larry Porter's absence, had 8 (R) and 4 (S). **Wii Fun**, held in the Relaxation/Fitness Room, was enjoyed by 9 (R), 4 (S) and 19 (K) with Jill Tvaroha, Dana Mitchell and Saun Howard to assist. Paul Schwaegerle organized **Name That Flower** in Heiser Auditorium with 27 (R) and 2 (S). **Radio Controlled Sailing** was well managed with a good breeze by Dan Reiber and his assistants John Matsushima and Doug McClennen at Triangle Pond with 26 (R) and 7(S). Our **CommUnity Walk** on Friday included 34 (R), 8 (S) and 6 (K). Special thanks to all the folks who helped push the wheelchairs so everyone could participate. And a very big Thank You to Eleanor Helper for her wonderful photographs of all our events. I hope everyone had FUN and will continue to keep FIT!!!

~Kathy Caldwell

Upcoming Moves

Tom Van Nortwick and **Mary Kirtz Van Nortwick** will move from Oberlin, OH, to a Kendal Cottage in mid-August.

Women's Equality Day

Saturday, August 26

Luncheon - Noon - Fox & Fell Program - 1:30 pm - AUD

It's the 97th national anniversary of women gaining the right to vote. To celebrate, join us for the 23rd annual Oberlin area luncheon. Theme: Our Women Achievers. Hear Oberlin College Robert S. Danforth Professor of Biology Yolanda Cruz, retired teacher and former 4th Congressional District candidate Janet Garrett, and Western Reserve Land Conservancy Associate Field Director Kate Pilacky. Moderator: Audrey Kolb, President, Friends of Westwood Cemetery. Reservations \$15. Mail checks payable to Women's Equality Day to Ovidia Guaderrama, 191 Hollywood St., Oberlin, OH 44074, by August 20. For more information, contact Ovidia at 440-775-3711.

Recent Moves

Carol Bojanowski moved from Westlake, OH, to a Kendal Cottage in late July.

Nancy MacRae moved from Schellsburg, PA, to a Kendal Cottage in early July. .

Bill and Sandy Siebenschuh moved from Cleveland Heights, OH, to a Kendal Cottage in late July.

Kendal Kryptogram #151 -by Nina Love

KNOW SNO KOPP AL CHQ KO

TWEK SNO KEHSN EX KUSOH.

-ZOW XHUWTPAW

Solution to Kryptogram #150: "Lost is our simplicity of times; the world abounds with laws and teems with crimes." **-Unknown**

Saturday Walks

Join us at 9:00am every Saturday morning at the Heiser Reception Desk to car pool to some lovely walking sites off our Kendal campus. Walks are 1-3 miles in length, at a leisurely pace. If you have questions, please contact Jerry Berner.

Aug. 5: Indian Hollow

Aug. 12: Black River/Day's Dam

Aug. 19: Bike Trail/Butternut Ridge

Aug. 26: Findley State Park

Table Tennis News

Consulting directly with Kendal, a new retirement community in Florida modeled its table tennis program from the start on ours. Reports tell us that large numbers of residents are enthused by their high-quality tables, surround barriers, and back-sparing ball scoops. Also, with safety foremost in mind, the table tennis organizer at an East Coast Kendal -- who knows our program through *The Kendalight* -- inquired about our playing conditions. It gladdens us that we can help seniors elsewhere enjoy playing table tennis! Just as Doyle Harbaugh's good humor and patience in coaching us are boundless, our thanks to him go beyond measure. By the last week in July, Doyle had practiced with us twice for two full hours, and there was good prospect that he'd return on the 31st. After each session with him, we leave the table improved and encouraged. Deepest thanks to you once again, Doyle!

~*Sidney Rosenfeld*

Celestial Event in August!

We will have the **Full Green Corn/ Sturgeon Moon Celebration on Monday, August 7**. The moon rises at 8:40pm here in Oberlin, so we will gather once again at the base of Wildflower Hill at 8:30pm. Bring a song, a chair or a nibble to share. We will provide the plum wine.

~*Dick and Donna Bazzyk*

After-Dinner Craft Fling in the Art Studio on four consecutive Tuesdays: August 8, 15, 22 and 29

- No experience or talent needed.
- Enjoy an activity together.
- First project: More mini-friendship bowls made with clay for the community.

Questions? Ask Joyce Parker.

The Cardinal Shop Needs Volunteers - Help!

The Cardinal Shop serves Kendal residents and staff by providing a convenient on-site source of small essentials and gifts. In addition to offering greeting cards, candy bars and sundries like bars of soap, the shop is an outlet for our resident creative artists. We have unique pottery, paintings, vests, note cards and more -- all crafted by Kendal residents.

The shop contributes most of its profit to the Residents Assistance Fund and a small amount to the Staff Emergency Fund.

In order to stay open five days a week from 10:30am to 1:00pm (and until 3:00pm on Fridays), we need volunteer cashiers.

If you can help us, drop a note in the Cardinal Shop open mailbox or call Cate Schwaegerle.

RELIGIOUS SERVICES AT KENDAL

Episcopal Service

Saturday, August 12, 11:00am, Gathering Room, Rev. Brian Wilbert

First Church Service

Sunday, August 20, 4:00pm, Gathering Room

Roman Catholic Mass

Friday, August 18, 10:00am, Crossroads

Society of Friends

Sundays, 10:30am, Education Center



Bridge Results

MONDAYS

June 26: 1st, Eileen Dettman; 2nd, Rachel Fordyce.

July 3: 1st, Enid Cleary; 2nd, Mary Beth McCalla.

July 10: 1st, Connie Bimber; 2nd, Mary Beth McCalla.

July 17: 1st, Tomo Ijiri; 2nd, Connie Bimber.

July 24: 1st, Connie Bimber; 2nd, Eileen Dettman.

Taking a Summer Break

• **First Church Fellowship** and the **UU Kendal Gathering** will each meet next in September when their 2017-2018 programs begin.

• **Solo Diners** and **SPINACH (Senior Persons Interested in Nutrition And Community Health)** dining groups are on summer hiatus. Both invite Kendal residents -- newcomers and oldtimers -- to join them again in September.

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Dr., Oberlin, OH 44074

Consulting Editor: Robert Baldwin

Managing Editor: Elizabeth Aldrich

Proofreaders: Kathy Reichard, Mary Simons

Photos: Lyn Cope, Eleanor Helper, Sally Nelson-Olin, Gary Olin

Production: Don VanDyke

Deadline for the September 2017 issue of *The Kendalight* is August 15.

The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles by email to our address:

Klite600@yahoo.com

If no email access, please type article on separate sheet, sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number.

Recycling Reminders: How do we handle our recyclables?

Place on the Langston kitchen conveyor belt:

All compostable carry-out containers from Kendal dining rooms and reusable green plastic take-out boxes.

Place in the designated containers in your trash room:

All paper (newspapers, mail, catalogs, magazines, flattened cardboard such as cereal boxes);

Cleaned food containers -- glass, cans, plastics (#1-7), milk cartons and juice bottles;

CFL and fluorescent tubes.

Place in the designated containers in trash rooms #3, #8 or #9/10:

Intact plastic bags;

Packing peanuts, bubble wrap.

Place in the designated box under the copier in Kendal Library:

Printer ink cartridges.

Place in paper bags outside the trash rooms:

Lawn and garden clippings.

Take to Lowe's, Home Depot, Best Buy, Staples, Sears:

Rechargeable batteries, cell phones.

Call Facility Services for disposal of electronic items.

All items that are not recyclable or compostable are TRASH.

For more on recycling, click on the "Green Living" button on the KORA website (kaores.kendal.org). You'll find the pamphlet "Kendal at Oberlin Suggestions for Environmentally Sensitive Living" as well as other information.

~Jerry Berner

To hear announcements and menus of the day, call 775-9868.



Dining and Nutrition Services

Upcoming Special Events

Thursday, August 17, 6:00pm to 8:00pm

CommUnity Ice Cream Social at corner lot on Maple and North Pleasant Sts.; musical entertainment by "Consensus" and others.

Kendal bus shuttle service from Heiser front entrance to field will continue to circuit until the Social ends at 8:00pm.

Intergenerational Gathering: Thurs., Aug. 10, 3:15pm, Langston. Celebrate National S'Mores Day with a campfire sing-along.

Welcome to Fox & Fell new hires: Coby DeLeon, Thayer Preston, Kaitlyn Frazier, Rachael Henry.

Kendal Neighborhood Buddy System News

The semi-annual update of the buddy lists for each Kendal neighborhood has been completed. The area coordinators now are:

1st Floor Apts. - Betty O'Connor

2nd Floor Apts. - Carl and Barbara Whitehouse

Phase I - Mary Lynne Grove and Marian Lott

Phase II - Marie Evans

Phase III - Judy Tandy

Cottages 1-24 - Elizabeth Brinkman

Cottages 25-52 - John Leinenweber

Cottages 53-80, 101-104 - Nancy Cooper

Cottages 83-100, 105-120 - Jill Wettersten

Cottages 121-141 - Kay Rider

If you are not yet participating in the Buddy System, feel free to contact your area coordinator for more information and assistance.

As you plan vacations or perhaps a move to the Stephens Care Center, remember to notify your buddy and help find a replacement buddy, when possible.

Thank you all for your help with this. The Buddy System really does keep us safer.

~Elizabeth Hole,
Buddy System Coordinator

Walk to End Alzheimer's Sat., Sept. 23 - 9:00 am Tappan Square

Join the Kendal at Oberlin team of staff and residents to help a cause that is near and dear to all our hearts. We are delighted that, for the second year in a row, the Walk to End Alzheimer's will take place here in Oberlin. Bring your family or friends to join in the fun. All are welcome! Contact Laurie Dupee (775-0094, ext. 346) to register with our KatO team by Sept. 8. We'll be glad to assist you with the registration.

The Langston will sponsor Purple with a Purpose Fridays in August and September. All proceeds will benefit the Alzheimer's walk on September 23.

Aug. 4: Purple cows, \$2.00 for a 16-oz. float

Aug. 11: Galaxy donuts, \$1.00 each

Aug. 18: Purple ribbon cookies, \$1.00

Aug. 25: Purple cupcakes \$1.25

Sept. 1: Purple Ribbon Rice Krispy treats, \$1.00

Sept. 8: Purple pretzel sticks, two for \$1.00

Sept. 15: Purple chow mix, \$1.00 a bag

Sept. 22: Purple cotton candy, \$1.00. Will take orders for Purple candy apples, price to be announced.

SUN	MON	TUE	WED	THU	FRI	SAT
<h1 style="text-align: center; color: red;">August 2017</h1>		1 Reading of Kendalight 11:00am WHT Documentary Environmental Film: Uprising 4:30pm AUD	2 <hr/> Wed. Morning Conversation Group meets every Wed. 10:00- 11:00am WHT <hr/> Opera DVD: The Trojans Pt. 1 - 7:15pm AUD	3 No First Thurs. Health Lecture	4 Courtyard Garden Concert 4:00pm Opera DVD: The Trojans Pt. 2 - 4:30pm AUD Opera DVD: The Trojans Pt. 3 - 7:15pm AUD	5 Walk in Park 9:00am Heiser Family Fun Fair 10:00am-4:00pm Downtown Oberlin Film: Dial M for Murder 7:15pm AUD
		6 Quaker Worship 10:30am Ed Ctr <hr/> English Country Dancing every Sunday, 7:15pm AUD <hr/> Film: Sunshine Boys 7:00pm WHT	7 <hr/> Episc. Bible Study Mondays 10:00am Green <hr/> Bridge 7:00pm CCR Celebrate Full Green Corn Moon 8:30pm - Wild- flower Hill	8 Sandusky Trip ★ 9:15am -2:30pm Coffee Hour with Barbara Thomas 9:30am Langston Talking with Kims Noon - Den Artist Reception Richard Nord 4:15pm - AUD Film: Gandhi Part 2 7:15pm AUD	9 Insurance Workshop: Overview 10:00-11:00am Education Center LUNCH BUNCH: 1833, Hotel at Oberlin 11:30am-1:30pm ★ Song Swap with Judy Cook 7:00pm AUD	10 Celebrate National S'Mores Day! Langston 3:15pm Low-Vision Support Group 4:00pm Green Rm. No Solo Diners
13 Quaker Worship 10:30am Ed Ctr Film: Little Boy 7:00pm WHT	14 Suggestions & Concerns 2:00pm CCR Bridge 7:00pm CCR Film: Gandhi Part 1 7:15pm AUD	15 Sandusky Trip ★ 9:15am -2:30pm Coffee Hour with Barbara Thomas 9:30am Langston Talking with Kims Noon - Den Artist Reception Richard Nord 4:15pm - AUD Film: Gandhi Part 2 7:15pm AUD	16 No Unitarian Univ. meeting	17 KORA Council 10:00am AUD CommUnity Ice Cream Social - Maple & North Pleasant Sts. 6:00-8:00pm ★	18 Roman Catholic Mass 10:00am Crossroads Courtyard Garden Concert 4:00pm	19 Walk in the Park 9:00am Heiser Artist Reception Kathy McManee 4:00pm - HL
20 Quaker Worship 10:30am Ed Ctr First Church Serv. 4:00pm GaRm Film: The Theory of Everything 7:00pm WHT	21 Monday Night Movie at Apollo (tx) Sign up for Kendal bus ★ Bridge 7:00pm CCR	22 Orientation Concert Select Conserva- tory Students 7:00pm Finney ★	23 Insurance Workshop: Language of Insurance 10:00-11:00am Education Center Health Services Forum 4:00pm AUD Song Swap with Judy Cook 7:00pm AUD	24 Courtyard Garden Concert 4:00pm Remembering Len Garver: Rod Knight Runs Len's Trolley 5:00-6:30pm HL	25 Courtyard Garden Concert 4:00pm Remembering Len Garver: Rod Knight Runs Len's Trolley 5:00-6:30pm HL	26 Walk in the Park 9:00am Heiser Women's Equality Day Program Noon - F&F Lunch (need ticket) 1:30pm - AUD
27 Quaker Worship 10:30am Ed Ctr Film: Bringing Up Baby 7:00pm WHT	28 Aft. Exchange Barbara Thomas 4:00pm AUD Bridge 7:00pm CCR	29 Orientation Concert Select Conserva- tory Students 7:00pm Finney ★	30 Health Services Forum 4:00pm AUD Song Swap with Judy Cook 7:00pm AUD	31 2018 Budget Kick-Off Meeting with Residents 10:00am-12 noon AUD	GaRm = Gathering Rm HL = Heiser Lounge WCH = Warner Concert Hall WHT = Whittier Lounge Bold Face = at Kendal ★ = Kendal Bus tx = Tickets needed	