

The Kendalight

Kendal at Oberlin Residents Association

August 2020

Volume XXVII, Number 8

Get ready to Vote

Make sure your voter registration is up to date.

You must be registered to vote by October 5 to vote in the November 3 election.

- To check your status, register, update your voter registration, and also find lots of information about issues and candidates, go to the Lorain County Board of Elections (LCBOE) website: www.voteloraincountyohio.gov/.
- Paper copies of voter registration forms are in Heiser Lounge.

Apply for an Absentee Ballot.

The deadline for submitting Absentee Ballot Requests is three days before November 3. But do it now so the Board of Elections isn't overwhelmed with Absentee Ballot Requests in October!

1. Get an Absentee Ballot Request Form.

- To download a form, go to the LCBOE website: www.voteloraincountyohio.gov/.
- Paper copies of the request forms are in Heiser Lounge.

2. **Fill out the form.** Make sure to provide your phone number and email at the bottom of the form so that the Board of Elections can contact you if something is missing/wrong with the ballot application.

3. **Mail your completed form** to: Lorain County Board of Elections, 1985 North Ridge Rd. E., Lorain, OH 44055. Actual ballot will be mailed back to you on or after October 6, 2020.

4. **Track the status** of your application at the LCBOE website.

Questions? Please contact Ann Francis or Mary Van Nortwick.

Stephens Care Center Residents:

To check on voter registration status or to receive an Absentee Ballot Request form, please contact Michele Tarsitano at mtars@kao.kendal.org.

When you receive your ballot, fill it out soon, and send it back to the Lorain County Board of Elections. Don't let a pandemic, post office problems, or fewer voting sites cause you to miss your opportunity to vote.

REMEMBER: The United States Postal Service estimates first class mail may take 2 to 5 days for delivery.

Letter from Lorain County Board of Elections

July 24, 2020

In preparation for the upcoming November 3 General Election, the Lorain County Board of Elections reminds all Lorain County residents they must be registered to vote by October 5, 2020. If you are unsure whether you are registered to vote, call the Board of Elections at 440-326-5901 or check <https://www.voteloraincountyohio.gov/>; SCC residents, please contact Michele Tarsitano at mtars@kao.kendal.org.

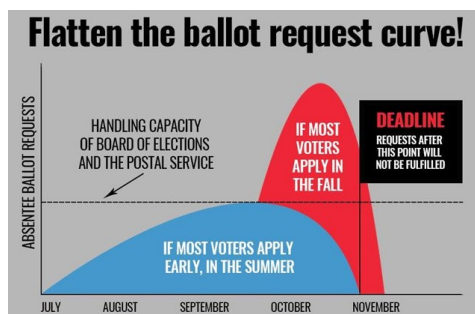
All regular voters have the following options for obtaining a ballot for voting in November:

- Ask for an Absentee Ballot Request form by mail or pick a form up in Heiser Lounge; SCC residents, please contact Michele Tarsitano.
- Vote early in person at the Lorain County Board of Elections starting on October 6 (1985 North Ridge Rd. E., Lorain, Ohio 44055).
- Vote on Election Day, November 3 from 6:30am to 7:30pm at the New Russia Township Hall.

For Stephens Care Center Voters who need assistance with your ballot, the Board of Elections will provide two individuals to assist you with voting. These two individuals could be Kendal employees.

If you have any questions or concerns, please call Lorain County Board of Elections at: 440-326-5906.

Paul R. Adams, Director





Kendal at Oberlin Residents Association

KORA Council and its many groups are finding new ways to engage Kendal residents, realizing that we will be challenged by the constraints of COVID-19 for many months to come. Programs and KORA Council meetings are being broadcast on KOTV. Groups and committees are finding new ways to meet via Zoom, outdoor locations, and indoor meeting rooms, always observing the proper protocols for numbers, distancing, and sanitizing.

In July, KORA continued the long-standing tradition of a special Kendal July Fourth celebration. This year all festivities were held outdoors with all participants masked and observing proper distancing. The event honored our nation while providing a sober challenge for the continued work “to establish a more perfect Union.”

The Council gives a well-deserved “Thank You” to Tom Morgan, Robert Taylor, and the entire resident and staff crew that made the day a grand success. The whole experience was enhanced by the sound system provided by Dennis Cook. Del Jenkins read Frederick Douglass’ speech from July 5, 1852, “The Meaning of the Fourth of July for the Negro,” broadcast throughout the day on KOTV. KORA Council contributed to the happy occasion by providing ice cream for all.

KORA Council and KaO administration are establishing a joint committee for technology. We have come to realize that managing the KORA website/database, the capability for Zooming, and two additional TV channels calls for collaboration, coordination, and oversight.

On behalf of the entire resident community, KORA Council offers our deep appreciation for the faithful, tireless, and gracious way the staff of Kendal at Oberlin has worked through this

LifeLong Learning Classes at Kendal for Fall 2020

We’re happy to report that classes will be held this fall, conducted via Zoom. You will be able to ask questions during the classes by using the Zoom chat function. Sign up to receive the invitation to join a class by contacting Carol Harvey at some point closer to the start of the class. More information about these classes will appear in *The Kendalight*.

Religion and Politics, Sept. 8, 15, 22, 10:30am-12:00pm, Zoom.

Cindy Chapman, Adelia A.F. Johnston and Harry Thomas Frank Professor of Religion and Chair of Jewish Studies, Oberlin College.

What We’ve Learned about the COVID-19 Virus, Nov. 3, 10, 17, 10:30am - 12:00pm, Zoom.

Yolanda Cruz, Robert S. Danforth Professor of Biology, Oberlin College.

Reminder from the LDNC

You have until August 15 to submit nominations for KORA Councilors to serve on the 2021 Council. The terms are for two years and may be renewed for one additional term.

Secure the consent of the resident you wish to nominate. Or you may declare your own interest in the position. A few words in support of the nomination is welcome. Submit your nominations in writing or by email to Robert Longworth, Leadership Development and Nominating Committee Secretary.

Keep in mind that the committee may have more nominations than openings. This year there are three open positions on the Council and one open position on LDNC. Position de-

scriptions of Councilors and Officers can be found on the shelf below the KORA Bulletin Board or in the July *Kendalight*. ~2020 LDNC: *Ardith Hayes, Sue Palmieri, co-chairs; Robert Longworth, Secretary; Tom Morgan, Sandy Siebenshub, Barbara Whitehouse*

Alone and Sharing Groups

Recognizing that the pandemic restrictions may be particularly stressful for Kendal’s single residents, we are creating opportunities where five residents with a facilitator can share ideas about surviving, and even thriving, during COVID-19. Residents who would like to join one of these groups can contact Dianne Haley, Robin Laurén, or Anne Palmer.

Disclosure Statement - Ann O’Malley Monday, August 24, 4:00pm - Zoom and KOTV

pandemic to keep Kendal residents safe and healthy. Their dedication to our Kendal community is exemplary.

The August meeting of KORA Council will be Thursday, August 20, at 10:00am. Once again, this meeting will be available to the entire community via KOTV. In addition, in August the KORA Executive Committee will be planning for the annual appeal in support of the KORA budget for 2021, which will be presented to Kendal residents in September.

~Gary Olin, KORA President

A Look Ahead at 2021 Budget Meetings

• **Mon., Sept. 14 - Initial Budget Forum with Residents, 10:00am-12 noon, Zoom and KOTV.**

• **Tues., Oct. 20 - Budget Update Meeting with Residents, 4:00-5:30pm, Zoom and KOTV.**

• **Mon., Nov. 23 - Final Budget Meeting with Residents, 4:00-5:00pm, Zoom and KOTV.**

~Ann O’Malley, CFO, KaO

Notes from Your Program Committee

Yes, it is a different world. We cannot present live programs and concerts from Heiser, but we hope that you have enjoyed the Oberlin Conservatory Credo lectures and concerts, Saturday night movies, and discussion of *Romeo and Juliet* that have come via Zoom and been broadcast on KOTV in July.

We plan to continue these kinds of programs and more in the fall, and hope that you will want to tune in virtually.

If you haven't done so already, please send a note to Carol Harvey to get on our invitation list. Carol will provide you with the links and viewing information for each event.

We are always eager to hear of programs that you think would be of interest to our community. Please send your ideas to Shirley Taylor.

Suggestions and Concerns Committee Meeting Mon., Aug. 10 - 2:00pm Green Room

Our committee has resumed regular face-to-face meetings in the Green Room on second Mondays from 2:00-3:00pm. We will follow proper COVID-19 protocol, wearing masks and observing social distancing. For that reason, we can allow no more than two residents at a time to present their idea or concern to us, keeping the maximum number of people in the room to six. ~Marjorie Porter

Play Readers: *Doubt* Fri., Aug. 21 - 7:15pm - KOTV

In 2005 John Patrick Shanley's play was awarded the Pulitzer prize for drama and the Tony award for best play. This takes place in a Catholic school. The principal (Jean Slonneger) believes that the priest (Robert Taylor) has compromised a black student. A young nun (Sue Palmieri) struggles with her loyalties and beliefs. The student's mother (Rebecca Cardozo) raises doubts about the charges, as do the cast and the audience.

Community Conversations Poetry Reading

Thurs., Aug. 13 - 7:15pm - Zoom

Once again, Deborah Bacharach, poet and writing instructor (and daughter-in-law of Kendal resident Sue Palmieri), will join us to read her poetry, this time via Zoom from her home in Seattle. Her poems have been published in journals nationally and internationally.

On past visits to Kendal, her readings have included poems from her book *After I Stop Lying*.

Cleveland Orchestra Comes to Kendal

Fri. Aug. 14 - 4:00pm - KOTV

Four members of the Cleveland Orchestra will come to Kendal to perform a special thank-you concert to Kendal residents for their long-time support of the orchestra.

Because of this rare and special opportunity, the New Normal Committee approved the string quartet to perform live in the Heiser Auditorium. This performance will be broadcast live on KOTV so that all Kendal residents can enjoy it.

Our visitors will be screened, and all health and safety procedures and protocols will be implemented.

**ZOOM EXCHANGES
WITH BARBARA THOMAS
THURSDAYS AT 4:00PM
AUGUST 6, 13, 20, 27**

🎵 Music at Kendal 🎵

During our shutdown, more and more music listeners are turning to online events, YouTube links, Zoom concerts, and live streaming.

The Kendal Music Committee wants to share some sites we feel provide the entertainment, inspiration, or aesthetic experience actual concert attendance has provided in the past.

Here are some recommendations.

- **Stage Left:** Oberlin Conservatory's link for concerts on Thursday nights at 7:30pm.
- **Wigmore Hall:** Metropolitan Opera concerts <https://wigmore-hall.org.uk>.
- **Apollo's Fire:** MEDIA link outreach video of Bach's Coffee Cantata and through MEDIA heading "Music for the Soul" (15 concerts).
- **Ohio Light Opera:** Summer schedule has a few performances in August. Website announces Archive performances August 1 and 8 and Virtual performances August 14 and Sept. 4.
- **Lincoln Center:** Another home page to consult.
- **YouTube:** Choose a composer or composition that you would like to hear and see what's there. Quality varies.

Feel free to submit your own ideas for the next *Kendalight*.

~Carol Longworth, Music Committee

Want to Sing in a Virtual Choir?

A virtual choir from all over the area is being recruited to sing at a virtual community-wide service at First Church, Oberlin, on October 4. The service will consider issues important to the whole community: race, health, division/inclusiveness, justice.

Tom Bandy, a member of the Oberlin Conservatory faculty and director of music at First Church, will put together a virtual choir to participate. If you want to sing, contact Carol Longworth. Instructions and free music scores will follow.

Saturday Movies

7:15pm - KOTV

Aug. 1 - *Young Frankenstein* (1975)

A reworking of the original Frankenstein, with lots of laughs and Gene Wilder.

Aug. 8 - *South Pacific* (1958)

Film version of Broadway hit with Mitzi Gaynor, Rossano Brazzi, and John Kerr.

Aug. 15 - *The Gods Must Be Crazy* (1980)

A comic allegory about a traveling bushman who encounters modern civilization.

Aug. 22 - *Door to Door* (2002)

A man afflicted with cerebral palsy is desperate to find a job despite his condition. He uses his sense of humor, determination, and winning spirit to convince a manager to hire him as a door-to-door salesman.

Aug. 29 - *O Brother, Where Art Thou?* (2000)

In the 1930s deep south, three escaped convicts search for hidden treasure while a relentless lawman pursues them. The plot of *The Odyssey* with racial issues involved.

Sunday Movies

7:00pm - WSCC

Aug. 2 - *Sunset Boulevard* (1950)

In 50s Hollywood, a screenwriter (William Holden) develops a dangerous relationship with a faded film star (Gloria Swanson) who is determined to make a triumphant return.

Aug. 9 - *The Soloist* (2009)

A reporter (Robert Downey Jr.) befriends a mentally ill and homeless man (Jamie Foxx), who once was a student at Juilliard but now plays music on the streets.

Aug. 16 - *A Place in the Sun* (1951)

A working-class young man (Montgomery Clift) becomes entangled with two women, a worker in his wealthy uncle's factory (Shelley Winters) and a beautiful socialite (Elizabeth Taylor). The results are tragic.



Art Gallery News

There is good news about two of the Kendal galleries!

The first gallery to present a new show will be the **Community Gallery**. On Tuesday, August 11, an exhibition of quilts by Cat Fobes Nimer will open. An accomplished quilter for more than 30 years, she received awards in local and regional quilt shows in recognition of her work. Cat Fobes Nimer was a graphic designer and loved color, using it to great effect in her quilts which are all hand-quilted.

This show will be followed by a display of photographs by Kendal resident Tom Van Nortwick beginning on October 16.

On October 13, the **Kendal Gallery** will install a new show consisting of collages by Helen Wilson, who uses the infinite layers found in nature, relationships, and architecture as a common theme in her work. Most of her



This Helen Wilson collage in Kendal's permanent art collection hangs in the Crossroads Room.

pieces are made of papers with acrylics, inks, and metal gilding. Helen often uses old maps, handwritten letters, and other ephemera to give a deeper "voice" to the finished works. Plans include a Zoom artist's talk.

On December 8, a new show of oil paintings by John Sargent will be mounted.

Unfortunately and understandably, the Stephens Care Center, home of the **Friends Gallery**, remains closed to residents and visitors at present.

The Art Committee is indebted to the artists who have left their works on display at Kendal for the past several months: Taha Benadada, Roy Jenkins, and especially Katie Krueger whose paintings will continue to hang in the Friends Gallery.

Where the Kendal cable channels are:

- KOTV: 920, 19-2, OR 95-101.
- WSCC: 921, 20-1, OR 96-100.



A new "thread" weaving into the "fabric" of one of the new visitation areas in August will be a small group of experimental artists. Meeting at the south end of the garage in

Parking Lot #11 on Wednesday mornings (9:30am-12:00pm), we will have four sessions, open to all IL residents. Four at a time will attempt four projects: making a clay vase, playing with design elements with watercolor paints, monoprinting with acrylic paint, and another clay project.

Details will be sent to our Clay Workshop email group, with useful YouTube demonstrations.

If you have interest, questions, or ideas for a future session, email or send a note to Joyce Parker. ~Joyce Parker



We're in This Together! Build Your Quarantine Survival Kit

You never expect the unexpected, yet it could happen any time. So last month we developed a two-week quarantine “survival plan.” Now that you have thought through your 14-day plan and have written out your daily calendar, you need to build your survival kit. Here are the contents:

First in the box is a small notebook with the “Advent-ure Calendar” in countdown order. Put each day on a separate page so that you can tear it out and check it during the day.

Put in small containers of the non-perishable essentials you identified: dish soap, toothpaste, etc. You can use these in place of your regular supply during your quarantine so that your regular supply serves as a backup.

In smaller boxes or envelopes, put the things you need for each day of your Advent-ure Calendar: the exercise routine for the day, the day’s one-page crossword puzzle (with the answers, of course), the telephone number of the favorite person to call, a special non-perishable treat to enjoy when needed during the day.

On Day One of your calendar have the information you need so you can sign up for a free trial of a network like Hulu, or Britbox, or CBS All-Access. You can binge-watch that channel for the first week. Don’t forget to cancel it after six days, unless you really enjoy it. At the start of the second week, you can sign up for a different 7-day free trial. When you finish binge-watching that week, congratulations! You are out of quarantine!

Now, fingers-crossed that you never need to use your Advent-ure Calendar to get through 14 days of quarantine!

~Joyce Benjamin

The More We Change, the More We Stay the Same!

The Fourth of July has always been a day of celebration for Kendal at Oberlin, and this year was no exception. Residents enjoyed a full agenda of activities, with the New Normal changing some traditions and adding others.

Traditions kept included a parade, program, boat parade, ice cream, kites, model boats, and model trains. Notable in the parade were a variety of pets as well as wonderful patriotic costuming and decorations. Changes included a shortened program held outdoors, ice cream takeout from Langston, and (of course) masks and physical distancing throughout. Additions included a special newcomers unit in the parade, a Frederick Douglass reading by Del Jenkins on KOTV, and an evening film (the musical *1776*) on KOTV. Also, the day was recorded and was broadcast on KOTV later as a movie!

Kudos to everyone who created, supported, and participated in our 2020 Independence Day activities. See you next year! *Photo: Suzanne McDougal.*

Because Democracy is NOT a Spectator Sport

The nonpartisan League of Women Voters of the Oberlin Area is the fifth largest League in Ohio. As the only League in Lorain County, Presidential election years are always busy ones for us, but this year among our many challenges is how to hold a virtual Oberlin Community Candidates Night. We need your help! We have committees currently working on:

- **Voter Registration** – Please contact Laura Irvin, laura.irvin1959@att.net or Mo Schoenherr, m_2559@hotmail.com
- **Oberlin Community Candidates Night** – Please contact Deb Cocco, obiedeborab@aol.com or Alison Ricker, aricker@oberlin.edu
- **Vote 411 and the Lorain County Voter Guide** – Please contact Sue Simonson, sue.simonson@gmail.com

And of course we would love to have you as a member. Dues are \$60/year or \$90/year for two people in the same household. See Elizabeth Aldrich for membership details or just go to our LWVoberlinarea.org website and join online.

Looking for Someone Special?

You’ll find profiles of all residents, newcomers and old-timers, in “Who’s Here” on the library center bookcase.

More About Kendal Residents



Andrée and James (Jim) Underwood

Andrée:

Born to a family of winemakers, the first 19 years of my life were spent in Algeria, North Africa, with the Mediterranean for horizon and playground.

My mother's ancestors had been deported there from Albi, France, as punishment for taking part in an uprising that ousted Louis-Philippe, the "Bourgeois King."

My father's forebears had moved there after losing their vineyards in Southern France to the phylloxera pandemic of 1872. This insect, native from North America, attacked and systematically destroyed the roots of the vines, and today French vine varieties can only prosper by being grafted onto American roots resistant to it.

Well, after two years at University of Algiers (Albert Camus' Alma Mater – yeah!) I pursued a degree in English in Toulouse, France, and obtained a Fulbright scholarship to study in the U.S. Influenced by French author Chateaubriand's over-enthusiastic descriptions of Spanish moss and the Meschacebé river (read "Mississippi;" some say Chateaubriand never set foot on this continent!), I chose to attend LSU, birthplace of the *Southern Review*, over Cornell (too much cold and snow), or Bryn Mawr (Nay! Only girls there).

The rest is history. Before I departed to the States, my father said: "Especially do not come back with an American." Famous last words, well heeded. I returned with two! Jim and I had met

at a summer institute for teachers of French at Washington and Lee University. We married there the following year, and returned a third summer with our son Denis!

We have now lived in Ohio since 1974 including Oberlin, then Vermilion. So, moving to Kendal feels like some sort of a home coming, although I do miss Lake Erie with its stunning sunsets in the same direction as in Algeria, and where I enjoy swimming come summer into early Fall.

Jim:

I grew up in Somerset, OH, a town that my mother's ancestors had settled in 1801, having migrated west from eastern Pennsylvania. Its biggest claim to fame was being the hometown of Civil War General Phillip Sheridan. A real source of pride was his imposing equestrian monument at the center of the main square.

I also had the special experience of growing up in the gothic revival home Sheridan had built for his parents in the 1850s. Many memories in pictures and books decorate our new Kendal quarters.

Moving on, my B.A. was earned at Mount Union College in French and American literature. I taught for a year in the Akron, OH, area, then received an NDEA grant for a summer program at Washington and Lee in the glorious Blue Ridge Mountains where I met Andrée. We married almost a year later. Our son, Denis, was born in Texas where we both taught French in the Houston area. Then came Paris for a year where I earned my MA in Middlebury College's year abroad program while Andrée taught English at a suburban lycée.

Next stop, Western Michigan University, Kalamazoo. I taught French there for a few years and then pursued a master's in library/media at Western.

After returning to Ohio in 1974, I spent most of my remaining career as head librarian/media specialist with the Olmsted Falls Schools.

I retired in 1997 but worked five more years as a Lorain County Community College academic advisor.

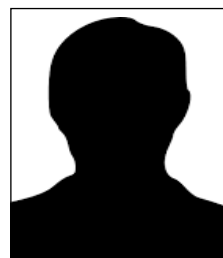
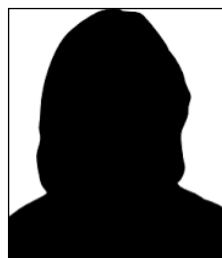
I have served on city commissions for historic preservation and design review, especially in Berea, Oberlin, and Vermilion. I also enjoy book and antiques collecting, especially the arts and crafts period (Stickley, Roycroft, Ohio art pottery, and the art and book illustrations of Rockwell Kent and others). Other interests are architecture and being a docent at the Wetzheimer/Johnson House designed by Frank Lloyd Wright and now owned by Oberlin College.

Our son Denis and family live in Oak Park, IL, so it is a double pleasure to visit them, including our 10-year-old granddaughter Helena!

Recent Move-Ins

Jonathan Entin and Carol Conti-Entin, from Shaker Heights, OH, in mid-July.

Joyce Lemonades, from Huntington, NY, in late July.



Donna and Larry Steele moved from Princeton, NJ, in mid-June.

Donna: Worked as a nurse in various health-related positions for 30 years. Enjoys travel, biking, kayaking, sewing, and reading.

Larry: Was a chemical engineer with Bristol Myers Squibb for over 30 years. Enjoys biking, golf, photography, gardening, and orchid growing.



Treating Cabin Fever

Dr. Joyce (a PhD, not THAT kind of doctor) prescribes doing something enjoyable at least once a day. Repeat as necessary.

Fix Comfort Food. For a special treat, once a week prepare your favorite comfort food like macaroni and cheese, spaghetti and meatballs, grilled cheese and tomato soup, etc. Try out a new recipe that might become a new favorite.

Do Puzzles. In addition to physical jigsaw puzzles, there are paper puzzles including crossword puzzles, acrostics, find a word, logic puzzles, and Sudoku. If you have access to a computer, there are electronic forms of all of these and thousands more gaming apps.

Play games. Low-tech single player games include card games like the dozens of variations on solitaire (Klondike, Spider, Canfield, Chain, etc.), Napoleon at St. Helena, Devil's Grip, or Pyramid/Pile of 28. For two people, there are lots of other card games like Rummy, Spit, Pinochle, 2 Handed Spades, Whist, and Black-jack. There are a myriad of higher-tech games both for one player (Monopoly, Bridge, Poker, etc.) and interactive online (Words with Friends, Tank Battle, Backgammon, Guess, Tic Tac Toe, and Chess versions are free). A word of caution: Some games are listed as free but can entice you to pay special charges.

Exercise. You don't need a lot of equipment. Take a walk and look at the blooming flowers. You can watch Tai-Chi instruction or other routines on YouTube, for example. You can dance like nobody's watching because they aren't. Practice yoga, do low-impact cardio, balance and/or flexibility workouts. Be careful not to overdo.

Do Your "Spring" Cleaning. This is a great time to clean out and reorganize the closets and cupboards. You can also organize those photos that have been sitting around or cluttering up your phone. Organize your desk. Caution: Spread these tasks over several days; if you tire, stop and do something that's more fun.

Upcoming Moves

David and Posie Dauphiné will move from Blowing Rock, NC, in early August.

George Cyphers will move from Reminderville, OH, in mid-August.



Wordly Wise Team Receives Awards

As thanks for participating in the Spellebrate Lorain County: Virtual Battle of the Champions, team members each received this "thumbs-up" award from Kendal at Oberlin.

Virtual Insurance Workshops with Donna Weber

Thursdays - 10:00-11:00am - Zoom/KOTV

- **Aug. 27** – How Medicare Advantage Plans work and the pros and cons
 - **Sept. 3** – Traditional Medicare with Retiree or Commercial Insurance
 - **Sept. 24** – Things to Consider during Open Enrollment
 - **Oct. 1** – Traditional Medicare with Medigap Insurance
- For links, ask Ann O'Malley, or see the Online Resident Calendar or WKAO.

Kendal Kryptogram #185 - by Nina Love

YEARS CEAN UFO DC PNLORBT, RES

COUNT. YEARS CEAN HLPO DC TJLHOT,

RES SOUNT.

~MEXR HORRER

Solution to Kryptogram #184: "The truth I do not stretch or shove when I state a dog is full of love. I've also proved by actual test a wet dog is the lovinest."
~Ogden Nash

New Normal Report

Lawn Chairs Available

Kendal provides lawn chairs to be used by residents while entertaining visitors outside a cottage or first floor apartment. Facility Services personnel will deliver these chairs via a WorxHub order. The order should include when the chairs should be delivered and when removed.

Covered Visiting Locations

The New Normal Committee provides three covered locations for residents to entertain visitors, hold small group meetings, and share informal conversations. These locations are:

1. Patio adjacent to lot #11 garages.
2. South lawn adjacent to the Marketing offices.
3. Tennis court area.

These venues can be reserved for any of three separate times daily (10:00am-noon, 1:00-3:00pm, and 6:00-8:00pm) by using SignUp Genius. (See FAQs on KORA Website for link). At other times, these spaces are available to residents on an informal first-come basis. Proper COVID-19 protocol is to be followed for any and all uses.



The Pet Matters Committee was formally approved by KORA, replacing the Pet Concerns Committee and the Pet Projects Special Interest Group. It is forming subcommittees to handle various needs of the committee. Kathy Caldwell is the chair.

The first meeting via Zoom on June 3 determined that residents with pet concerns/problems can contact any member of the Pet Committee OR the Suggestions and Concerns Committee to help resolve the issue.

The July 8 meeting approved a new registration form to be passed out to all pet owners. The committee will follow up to be sure the forms are completed and returned.

New guidelines for the Resident Handbook will be posted in the next month.
~Kathy Caldwell

We currently have a shortage of plastic bags for dog debris. Please place newspaper/produce bags in the blue marked container under the open mail boxes.

Kendal Resale Shop Talk

Benefitting Kendal Residents Assistance Fund and Community Charities

YES, WE'RE 5 for 5!

1. We're safe.
2. We're convenient (no passes needed to reach our shop!).
3. We have **GREAT** stuff – and you can try on clothes in the shop.
4. Our prices can't be beat.
5. We provide a wonderful home for your "extra unwanted" items.

Come and shop Wednesday through Saturday, 11:00am to 5:00pm (closed Sunday–Tuesday).

The donation box is available 24/7. We welcome gently used items and clean clothing.

COME SHOP! COME DONATE!

~Shirley Taylor, KRS

From The John Bartram Arboretum: The American Sycamore

This native American tree is one of the largest deciduous trees in the Eastern United States, growing 75 to 100 feet in height and developing a similar spread. The trunk can become 10 feet plus in diameter, though more usually in the 5- to 7-foot range. Fast growing, often two feet a year, it also can have a very long life; some have been documented at more than 250 years old. Most long-lived trees do not grow nearly so quickly.

Its trunk is a fascinating green, brown, and light grey, with even a pinkish hue in some light. As it grows, the bark cracks and peels off, revealing the colors. At the John Bartram Arboretum you can find a young one donated as a commemorative tree in the bed between Parking Lots 5 and 6. Sycamores are found in wet locations such as along stream beds, which they help stabilize.

Sycamore flowers are monoecious with the male and female flowers appearing on the same tree. The male and female fruits are dense 1-inch balls hanging on slender stems called button balls (as a child I called them ping pong balls).

The sycamore has an aggressive root system which can be an advantage or a disadvantage. Magnificent in a large yard or along a broad street, it should not be planted close to the foundation of a house or other structure or near water lines because it needs space and water. When planting, we should keep in mind the wisdom of "Choosing the Right Tree for the Right Place."

This tree attracts birds – seed and insect eaters, cavity nesters – as well as small animals. Songbirds like black-capped chickadees and juncos eat the seeds; woodpeckers, red-tailed hawks, hummingbirds, barred owls, and wood duck have been found nesting in its hollow branches.

~Anne Helm, Arboretum Committee



Sycamore tree and closeup of bark.

Photos: Kara Phillips

The Rising of the Moon

The **Full Moon in August** is called Green Corn Moon, Grain Moon, Fruit Moon, and Barley Moon, all inspired by various crops that can be harvested in August.

It also is called the Sturgeon Moon because Native Americans knew that the giant sturgeon of the Great Lakes and Lake Champlain were most readily caught during this full moon.

The moon rises on Aug. 3, 2020, at 11:58am in Oberlin.



Congratulations to OHC

The Oberlin Heritage Center has again achieved accreditation by the American Alliance of Museums, the highest national recognition afforded the nation's museums. OHC was initially accredited in 2005. Alliance Accreditation brings national recognition to a museum for its commitment to excellence, accountability, high professional standards and continued institutional improvement. According to the AAM's Accreditation Commission, "With its small staff, engaged board, and modest budget the museum's accomplishments are many and impressive."

"We were thrilled to receive the news, particularly in a challenging year. This is a huge achievement and credit goes to OHC's members, passionate volunteers and interns, dedicated board, and amazing colleagues, past and present," said Executive Director Elizabeth Schultz. "But we won't rest on our laurels – we're always striving to be better."

Many of those "passionate volunteers" come from the Oberlin community, in general, and Kendal at Oberlin, in particular. The OHC's Annual Report for 2019 included these pictures, taken in December in our Fox and Fell. The caption reads, "We had so many people to thank at the Volunteer Breakfast that we had to break the group into two photos!"



No Vacation for Volunteers!

Just a reminder to residents to keep track of those volunteer hours all summer! Your help is important in so many ways. *~Volunteer Clearinghouse*



Library Notes

Shelving Changes

In addition to the reorganization of the shelving alcoves, there have been changes in the low shelving units in the middle of the room where various small special collections are located:

- Range 1: New Books on top, environmental and health newsletters (in binders)
- Range 2: Back issues of magazines, KORA and Kendal materials
- Range 3: Kendal biographies on top and bottom shelf; Humor and children's books collections, weeded to half their previous size
- Range 4: Books about Oberlin and Ohio

A few issues remain to be addressed. All Kendal/KORA material should be in one place instead of some on the low shelves and some on the Reference shelves. Some changes in the magazine shelves may be desirable.

The Reference Collection needs to be classified. While some may question why we even have something as absurdly obsolete as a collection of reference books, there are librarians and researchers on the Library Committee who cannot imagine a library without one and consider delving into a reference book to be one of life's pleasures. *~Mary Clare Beck*

Masks for the New Normal



Get New – From box at Heiser Reception Desk.

Customize – Call Joyce Parker for alterations appointment.

Recycle – Leave misfits and repairs in box at Reception Desk.

Saturday Walks

Our walks now are restricted to the perimeter path and its extension to the New Russia Township Park. During the warmer weather, we will meet at 8:00am on Saturdays at the Heiser main entrance as long as there is interest. Questions? Contact Phil Pritchett.

Table Tennis in July

The successful efforts to keep Kendal free of COVID-19 continue, for the most part, to limit table tennis play. Our table in the Stephens Care Center remains in use, though.

~Sidney Rosenfeld

New Exercise Group

We will meet in Heiser Auditorium Tuesdays and Thursdays, 8:45-9:45am beginning August 21. With a limit of 10, there are still a few openings. Interested? Contact John Matsushima.



Threads: Back in Business!

Threads is open again for simple sewing jobs for RESIDENTS ONLY. Please bring your CLEAN, bagged, items to the Craft Room, place them on the table, and fill out the required work order form located on the clipboard. Hours are 11:00am-12:00pm on Thursdays.

The Threads group is looking for a volunteer or two. Please call Eileen Dettman, Nancy Cecil, or Gay Fischer. Or stop by the Craft Room during open hours.

IN MEMORIAM

BARBARA ROLLINS
JUNE 30, 2020

ANN LIVINGSTON
JULY 16, 2020

Nest Box News ... and More

A pair of Eastern Bluebirds made a new nest in one of the nest boxes by Island Pond and its five eggs hatched on July 16. And although the Eastern Bluebirds were hanging out in the trees near the Parking Lot 5 box early in the month, they never started another nest.

The House Wrens in the nest box in the community garden, scolding all the gardeners there, successfully fledged their four chicks.

American Tree Swallow chicks in three of our boxes all fledged and can now be seen swooping across the ponds or spacious lawns with their gaping beaks catching insects in flight. Tree Swallows do not raise a second clutch of chicks. So all but one nest box are now empty.

In non-nest box news, American Robins like flat surfaces on which to build their nests. Though they usually

nest in trees, they are often on the rafters in carports.

A pair of robins nested successfully in the trumpet vine wrapping a beam and downspout outside the fitness room, placing their nest on the bend in the downspout there. The chicks flourished and fledged and the trumpet vine has been pruned in an attempt to slow its invasive spread. The two fully grown robin chicks in the nest on the fire alarm box outside Cottage #2 have fledged and joined the adults looking for earthworms on the lawns. My backyard feeder is frequented by two species of woodpecker (the Downy Woodpecker and the Red-Bellied Woodpecker), White-Breasted Nuthatches, Goldfinches, Tufted Titmice, Chickadees, Eastern Bluejays, and American Goldfinches. And an opportunistic, busy chipmunk cleans up the spills on the ground below.

~Nina Love

Dementia Friendly Discussion Group Fri., Aug. 28 - 10:30am - Zoom

The group offers a forum to discuss issues related to cognitive changes and how to create an environment at Kendal at Oberlin that supports the sense of well-being for all residents. To get the link to join the meeting, contact Carol Bojanowski.



Just a reminder to stay connected with your friends in the Stephens Care Center. Phone calls, written notes, emails, FaceTime, Skype, or any other means are still important. You can now also arrange to visit one of your friends in the Stephens Care Center, meeting outdoors, wearing a mask, and staying six feet apart. Visits can be reserved on Signup Genius or by contacting Kelly Kukes at 440-935-0542.

STAY CONNECTED!

Church Service

First Church of Oberlin UCC
Sundays, 10:00am - WSCC

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Dr., Oberlin, OH 44074
Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Kathy Reichard, Mary Simons

Photos: Sally Nelson-Olin, Gary Olin

- Deadline for the September 2020 issue of *The Kendalight* is August 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: Klite600@yahoo.com
- If no email access, please type article on separate sheet, sign and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services

Good News! We can recycle many of the containers used for meal delivery:

- Clean and dry plastics #1–#7. Includes meal-delivery containers: clam shell box, black soup bowl with lid, black entrée box with lid. Reattach translucent plastic cover to soup bowl (if not attached, it could stop up sorting machines).
- NEVER recycle Styrofoam dish or cup and its plastic lid.
- Yogurt containers; milk, juice, and wine cartons.
- Tinned/metal fish containers. Recycle IF cleaned of oil AND the peel-off lid is tucked firmly inside the container. If you cannot tuck the lid in securely, do NOT recycle the peeled-off lid.



Nature Sightings

May 15 – July 14

5/15, Black-throated Blue Warbler, woods near Meadow Pond, Anne Martin; **5/15, Catbirds, Swainson's Thrush, Verry, Least Flycatcher**, woods near Meadow Pond, Lee Hefner; **5/18, Tennessee Warblers**, singing in woods near pool, Maureen Bailey (hskp); **5/19, Red Start, Magnolia, Common Yellow Throat Warblers, Carolina Wren**, woods near Meadow Pond, Lee H.; **5/21, Bullfrogs**, Meadow Pond and Rock Pond, Larry & Marjorie Porter; **5/22, Ovenbird** by Buttonbush Bridge, Larry P.; **5/22, Hummingbird** near birdbath back of #55, Larry P.; **5/23, Blackburnian Warbler**, near #138, Judy Cook; **5/23, Cedar Waxwing**, pool parking lot, Joan Long; **5/23, Baltimore Orioles**, #11-12, Joan L.; **5/28, Great Crested Flycatcher**, near #114, Jane & Ken Cheek; **5/30, Killdeer**, Heiser Circle, Nancy Lombardi; **5/30, Broad-winged Hawk** near front entrance, Larry & Betsy Mirel; **6/1, Mama Duck and 5 Ducklings** going from base of Mt. Kendal to Rock Pond, Mary Clare Beck; **6/1, Red-eyed Vireo** singing near Lot 1, Maureen B.; **6/1, Crayfish chimney** in front flowerbed #8, Nina Love; **6/3, Chimney Swifts** over employee parking lot, Maureen B.;



Dining Matters

Don't use a regular paper bag in a microwave. The glue that holds the bag together may release toxic fumes when microwaved. Always use containers or cooking wraps (wax paper, parchment paper, etc.) that are listed as microwave safe.

6/4, Brown Thrasher in grassy lot behind #9, Maureen B.; **6/5, 11 Ducklings**, Buttonbush swamp, Jim Walsh; **6/9, Red-spotted Purple Butterfly**, garden south of #90, Anne M.; **6/9, Monarch eggs** on milkweed by #29, Maureen B.; **6/10, Hummingbird** on penstemon back of #145, Anne Helm; **6/11, Red Squirrel** on birdfeeder back of #65, Larry P.; **6/13, Phoebe** over Buttonbush swamp, Larry P.; **6/15, Sharpshinned Hawk** over #9, Maureen B.; **6/16, Virginia Rail**, Troll Bridge marsh, Anne M.; **6/17, Walnut Sphinx Moth** on screen door #90, Anne M.; **6/18, Red-bellied Woodpecker**, male, female, and adolescent, Buttonbush, Anne H.; **6/21, Oriole** by windmill, Betsy Baumbach; **7/2, Warbling Vireo** singing, Lot 2, Maureen B.; **7/6, Elm Sphinx Moth**, employee entrance, Maureen B.; **7/10, Pale Beauty Moth** (dead) gossamer green, Troll Bridge, Anne M.; **6/12, Silver-spotted Skipper** (butterfly), walkway near #90, Anne M.



Dining Matters

At the moment, Kendal residents continue to be offered the option of having our meals delivered to our doors.

In the summer heat, it is especially important to collect those meals as soon as possible and to refrigerate items to reduce spoilage and to keep us safe. Cold meals during the heat of August are enjoyable, but some entrées, soups, and sides may require reheating.

The microwave is most efficient for reheating food without adding additional heat to our homes. Our meals come to us fully cooked – a health department requirement. Consequently, we should be careful not to overcook them while reheating – especially if we do not like mushy vegetables.

Reheating cooked food in the microwave is a skill that develops with experience. Adding a little water to the plate and using a microwave-safe cover, covering the plate with damp paper toweling, or including a small microwavable cup with water in the microwave ensures that the entrée will not dry out while reheating. Set the timer for half the usual time so you can stir the soup or vegetables; then continue cooking for the rest of the required time. This will provide more even heating, fewer cold spots, and even help keep liquids from boiling over.

Did You Know?

You can call 775-9868 to hear announcements and menus of the day.

For the Vision-Impaired



Low-Vision Support Group

Because of restrictions on Kendal meetings due to COVID-19, we will not meet in August.

SUN	MON	TUE	WED	THU	FRI	SAT
<h1 style="color: red;">August 2020</h1> <h2 style="color: red;">Your Personal Calendar</h2> <p>Zoom: See resident database (kaores.net) and click "Calendar" for link.</p> <p>KOTV: See channel 920, 19-2, or 95-101.</p> <p>WSCC: See channel 921, 20-1, or 96-100.</p>					 <p>The full moon rises on Aug. 3, 2020 at 11:58am</p>	1 Walk the Perimeter 8:00am Heiser Film: Young Frankenstein 7:15pm KOTV
2 First Church Service 10:00am WSCC Film: Sunset Boulevard 7:00pm WSCC	3	4	5 Song Swap 7pm Zoom/KOTV	6 Exchange with Barbara Thomas 4pm Zoom/KOTV	7	8 Walk the Perimeter 8:00am Heiser Film: South Pacific 7:15pm KOTV
9 First Church Service 10:00am WSCC Film: The Soloist 7:00pm WSCC	10 Suggestions & Concerns 2:00pm Green Rm	11	12 Song Swap 7pm Zoom/KOTV	13 Exchange with Barbara Thomas 4pm Zoom/KOTV Poetry Reading Deborah Bacharach 7:15pm Zoom	14 Cleveland Orchestra 4:00pm KOTV	15 Walk the Perimeter 8:00am Heiser Film: The Gods Must Be Crazy 7:15pm KOTV
16 First Church Service 10:00am WSCC Film: A Place in the Sun 7:00pm WSCC	17	18	19 Song Swap 7pm Zoom/KOTV	20 Exchange with Barbara Thomas 4pm Zoom/KOTV	21 Play Readers Doubt 7:15pm KOTV	22 Walk the Perimeter 8:00am Heiser Film: Door to Door 7:15pm KOTV
23 First Church Service 10:00am WSCC Film: A Suitable Girl 7:00pm WSCC	24 Disclosure Statement Ann O'Malley 4:00pm Zoom/KOTV	25	26	27 Insurance Workshop with Donna Weber 10:00am Zoom/KOTV Exchange with Barbara Thomas 4pm Zoom/KOTV	28 Dementia-Friendly Group 10:30am Zoom	29 Walk the Perimeter 8:00am Heiser Film: O Brother, Where Art Thou? 7:15pm KOTV
30 First Church Service 10:00am WSCC Film: The African Queen 7:00pm WSCC	31		Song Swap 7pm Zoom/KOTV			