

The Kendalight

Kendal at Oberlin Residents Association

August 2021

Volume XXVIII, Number 8

Silliness at Kendal

Do you know about the Silliness Committee? Its mascot is a pink flamingo. It is an official KORA committee with no officers, no meetings, and few rules. (The committee rules, such as they are, are in the “constitution.”)



Its challenge is to spread silliness while being kind to those who are humor-challenged. We believe the world is a better place with some silliness in it!

You’ll find the Silliness Committee listed under KORA Service Groups in the Organizational Directory on the KORA website. Notice that it’s the only listing with a blank entry for staff. But an organization must have an official contact, right? Click on the empty line and you’ll learn its staff is “Undisclosed Culprits.”

Silliness in Plain Sight

Have you seen strange creatures in strange places? On special occasions or just because, you may spot a flamingo, a sea monster (Nessie?), or another silly critter inhabiting a garden, pond, or blank wall. They are everywhere!

Most recently, our mascot has appeared with certain cartoons at the end of the WKAO slides. And a flamingo has been seen lurking near the Troll Bridge.



But silliness has been with us a long time. Look on the wall just inside the main Heiser entrance to see a flamingo artwork donated by Mr. Sill E. Ness.



Past issues of *The Kendalight* include these references:

- “A pink flamingo (bikini-clad) with 12 wee flamingrets in the front garden of #38. They since have migrated to the back garden of #29. These have been causing quite a consternation in the neighborhood!” (Nature Sightings, August 2006)
- An advertisement (April 2009) →
- “Most amazing was the influx of flamingoes (with neck warmers on) in the Heiser front garden...” (Nature Sightings, May 2009)
- “Martin Davidoff saw a DRAGON (Nessie? or Puff?) in Triangle Loch.” (Nature Sightings, May 2014)

As of this month, also be on the lookout for silly dancers! →

Spread the Silliness!

Are you Silly? The Silliness Committee welcomes you to membership. Members are anonymous. If something funny to do occurs to you, do it! Post a cartoon. Plant a flamingo or sea monster. Put a dancer on a wall for an hour or two. Start a funny hat day. Report sightings to your fellow residents.

And always remember that it is easier to get forgiveness than permission!

~Undisclosed Culprit, on behalf of the Silliness Committee

Silliness Committee Constitution

1. Try to be kind to fellow residents who may be developmentally disabled in the humor department.
2. Do not throw toilet paper rolls over the trees, strew marbles on the floor, or grease the sidewalks.
3. Seize opportunities to make people laugh. Do not shun activities such as Crazy Hat days and the like.
4. Emulate the Flamingo Brigade by sometimes striking at odd times.
5. Remember that it is easier to get forgiveness than permission.
6. There are no officers and no scheduled meetings.
7. No explosives.

There is no indication of the membership and notice of this committee having been terminated. If there is any information about this seemingly subversive group, please share it with others.





Kendal at Oberlin Residents Association

As Kendal reopens, we appreciate being able to have a more relaxed and sociable life – dining together, having in-person meetings, reuniting Stephens Care Center and independent living residents, and holding impromptu gatherings. The Heiser Auditorium is open to pre-pandemic capacity, enabling many favorite programs to return. The new Choice Meal Plan began in mid-July, welcomed by some, concerning to others. Change is difficult, especially coming out of the major restrictions and isolation of the pandemic. But our residents support, care for, and respect each other and staff. As we remember our values, we will overcome remaining rough spots and differences, working together to be a strong, thoughtful, supportive, and caring community.

New residents, sequestered since they arrived, expressed interest in finding out more about Oberlin. Kathy Hazelton and Terry Kovach arranged to have Oberlin Heritage Center’s CEO (and Kendal Board member) Liz Schultz narrate a much-enjoyed bus tour of Oberlin for 18 residents who had moved in just before or during the pandemic. Two new staff members were also able to participate. Costs were shared between Marketing and the residents.

As we work on developing the new Vibrant website portal and database, I want to particularly thank Dennis Cook for the many hours and years that he spent developing and maintaining the database which has been so important to Kendal life. I also thank Jim Pugsley for creating and working on the website.

Our two-day Independence Day celebration was spectacular! Thanks to everyone who planned and participated. It started the summer splendidly.

~Mary Behm, KORA President 2021

**Next KORA Council Meeting
Thurs., August 19 - 10:00am
Heiser Auditorium and KOTV**

LifeLong Learning Classes Resume in the Fall

Several LifeLong Learning courses will be presented at Kendal this fall. At this time, we anticipate that the courses will be presented via Zoom only and you will be able to ask questions by using the Zoom chat function. Sign up to receive the invitation to join a class by contacting Rebecca Cardozo. There is no fee for the courses.

The New Supreme Court; Mon., Sept. 13, 20, 27, 10:30am–12:00pm. Kendal resident Jonathan Entin will present a three-session course focusing on the fact that the Supreme Court now has three justices appointed by President Trump. This could have significant implications for legal doctrine, the Court, and the nation.

The **first session** will review the Court’s 2020–2021 term and preview major cases on the docket for 2021–2022. These include public school students’ First Amendment rights, religious rights, the constitutionality of the Affordable Care Act, and voting rights. The next term will see major cases on abortion and the Second Amendment and, possibly, the future of affirmative action.

The **second session** will address the changing laws on voting rights and elections, the current state of the law, and how the Court might respond to the spate of new laws adopted in the wake of the 2020 election. Proposed federal voting rights legislation that has passed the House but has so far been blocked in the Senate will also be discussed.

The **third session** will focus on how the Court seems to be transforming the law of religious freedom, trace the history of the Court’s treatment of religious liberty, and examine the prospects for change as the claims for religious liberty arise from majority religions as opposed to the smaller groups who advanced such claims in earlier cases.

Private Lives: Home and Family in the Art of the Nabis, Paris, 1889–1900 Tues., Aug. 3 - 7:15pm - Zoom and KOTV

Heather Lemonedes Brown, Virginia N. and Randall J. Barbato Deputy Director and Chief Curator at the Cleveland Museum of Art, introduces the exciting new CMA exhibition *Private Lives: Home and Family in the Art of the Nabis, Paris, 1889–1900*. She curated this show together with Mary Weaver Chapin of the Portland Art Museum.

In addition to treasures from the Cleveland and Portland museums, the show features loaned works from the National Gallery of Art, the Museum of Modern Art, and the Musée d’Orsay, among others.

Not only is Heather the daughter of Kendal resident Joyce Lemonedes but the position she holds was endowed by the daughter and son-in-law of resident Jane Nord.

COFFEE HOUR WITH

BARBARA THOMAS

THURSDAY, AUGUST 5

9:30AM - FOX & FELL

AFTERNOON EXCHANGE

BARBARA THOMAS

THURS., AUG. 12 & 19

4:00PM - AUD, KOTV

Coming Soon! Insurance Workshops

Donna Weber, KaO insurance coordinator, will present these workshops in September and early October:

- Things to Consider during Open Enrollment
- How Medicare Advantage Plans work and the pros and cons
- Traditional Medicare with Retiree or Commercial Insurance
- Things to Consider during Open Enrollment

Check the September *Kendalight* for dates, times, and locations.

July 2021 Board Notes

Kendal's Board of Directors met by Zoom for the last time in July, hoping to meet in person at Kendal in the fall. The board took care of the important business of approving final details of Kendal's refinance with Huntington Bank and a portion partnering with Buckeye Community Bank. Date of completion was projected as July 29. The all-in taxable swap was set at a rate

of 1.79% through Sept. 5, 2023, and the all-in tax-exempt swap was 2.221%, commencing Sept. 5, 2023, through Nov. 5, 2030. Over the next nine years it is expected to save Kendal at Oberlin approximately \$2.9M.

An agreement to seek bond rating by Fitch instead of Standards & Poor was approved. Fitch does much more business with retirement communities than S&P does. The meeting included an enthusiastic discussion of "opportunities" and "threats" ahead for Kendal based on a review of trends and issues. Like the breakout groups with residents, the discussions were most interesting with a wide variety of topics explored. The session was highly rated based on feedback from a post-meeting evaluation.

~Barbara Thomas, KaO CEO

**DISCLOSURE STATEMENT
ANN O'MALLEY, CFO
WED., AUG 11 - 4:00PM
ZOOM, KOTV**



LeadingAge Ohio Arts & Writing Resident Show Is Back – Virtually!

LeadingAge Ohio is the website and its Gather Voices is the platform where contributions from Kendal's artists and writers will appear this year. Choose your favorite art work, poem, essay, or short story created during the 2020–2021 pandemic.

Plan to send art photo or writing electronically to LeadingAge Ohio for inclusion. Deadline: September 20. See LeadingAge flyer posted on the resident bulletin board.

Need more info?

- ART AND CRAFTS: contact Don Parker.
- WRITINGS: contact Thelma Morris or Anne Palmer.

🎵 Music at Kendal 🎵

First Sunday Chamber Music Open Rehearsal Sun., Sept. 5 - 4:00–5:00pm Heiser Auditorium

We're on hiatus this month but stop by in September for an informal presentation by Kendal residents. It's a read-through (or rehearsal) for all to enjoy!

Cleveland Orchestra Bus S1 Series 2021–2022

Are you wondering how to go to Cleveland Orchestra concerts? Whether you are a new resident or longer-term one, now's your chance! Kendal has arranged a bus to four Sunday matinee concerts (the S1 series) for 2021–2022. The signup sheet for the bus is posted on the counter across from the mailbox. (The roundtrip bus cost will be determined later.) We invite you to read the S1 dates and concert listings posted above the bus list, call the Box Office to subscribe to that series, and sign up for the bus service. If you have questions about seating areas at Severance Hall, we can make suggestions. If you have questions about the bus, please ask. The first S1 series concert is November 7, so it's not too soon to make plans for the coming year!

Remember:

1. Contact the Orchestra to subscribe.
2. Express interest in the bus on the signup sheet.

Call the Box Office at 216-231-1111 or 800-686-1141, Mon.–Fri., 9:00am–5:00pm, and leave a callback number as appropriate. Information is also on the website: clevelandorchestra.com. (Residents have found the Box Office a good route; you'll get a call back and can talk to someone.) Questions? Contact Anne Martin or Randy Wagner.

Saturday Night Movies 7:15pm - KOTV

Aug. 7 - Philomena (2013) A woman (Judy Dench) searches for her son, who was taken away from her decades ago after she became pregnant and was forced to live in a convent.

Aug. 14 - Fiddler on the Roof (1971) In prerevolutionary Russia, a Jewish peasant contends with marrying off three daughters while growing anti-Semitic sentiment threatens his village.

Aug. 21 - In the Heat of the Night (1967) A black police detective (Sidney Poitier) is asked to investigate a murder in a racially hostile southern town.

Aug. 28 - The Theory of Everything (2014) Film tells the extraordinary story of love between the renowned astrophysicist Stephen Hawking (Eddie Redmayne) and his tireless first wife Jane (Felicity Jones).

Sunday Movies 7:00pm - WSCC

Aug. 1 - The Little Foxes (1941) Bette Davis stars as a woman who'll stop at nothing to wrest control of the family business from her brothers, even if it means sacrificing her husband or the love of her daughter.

Aug. 8 - Gentleman's Agreement (1947) A journalist (Gregory Peck) moves to New York City and poses as a Jew to experience anti-Semitism for a magazine article.

Aug. 15 - Heartburn (1986) NYC food writer (Meryl Streep) gives up her career for love and family but her DC political columnist husband (Jack Nicholson) can't give up his playboy ways.

Aug. 22 - Seven Pounds (2008) A man (Will Smith) with a fateful secret sets out to redeem himself by changing the lives of seven strangers.

Aug. 29 - Master and Commander (2003) In 1805 during the Napoleonic Wars, a British man-of-war captain (Russell Crowe) leads his crew in pur-



Art Gallery News

The Community Gallery underwent a transformative expansion in mid-July with the installation of plywood backing and new wall carpeting on several walls adjacent to the current Gallery. The work was completed by Joe Pullin of Pullin Painting and Bryon Skvor of Rockwood Flooring. The committee deeply appreciates the support of Barbara Thomas and the cost-sharing participation by Kendal at Oberlin in this project, as well as the expenses needed

suit of a French privateer to prevent it from reaching the Pacific Ocean via Cape Horn.

Tuesday Themed Films 2:00pm - WSCC

Aug. 3 - August at Akiko's (2018) After many years, a musician searching for his roots returns to Hawaii and bonds with an elderly local woman.

Aug. 10 - The Hottest August (2019) New Yorkers talk about their lives and hopes for the future in a time marked by political division and climate change.

Aug. 17 - Mid-August Lunch (2008) A cash-strapped older man with a 93-year-old mother ends up making lunch for three other elderly, feisty ladies, in order to repay favors done by friends who want to find ways to escape their aged mothers. In Italian with subtitles.

Aug. 24 - August Rush (2007) An 11-year-old musical prodigy runs away from an orphanage to New York City. As he begins to unravel the mystery of who he is, his mother is searching for him and his father is searching for her.

Aug. 31 - The Whales of August (1987) Two aged sisters (Bette Davis, Lillian Gish) reflect on life and the past during a late summer day at the house

in order to create the new structure and lighting for the Founders Quilt.

As in the past, the **Kendal Creates** show displays the enormous creativity and vision of Kendal residents. It is a delight to see many new residents participating. Residents with items on display are reminded to pick them up on Mon., Aug. 16, between 8:30 and 11:00am, after which new exhibitions will be installed.

The **Kendal Gallery** will display *Stitch, Resist, Reflect*, the work of textile artists JoAnn Giordano, Kathleen Van Meter, and Akemi Nakano Cohn, from Tues., Aug. 17, through Mon., Oct. 11.

Continued on page 5

they visit every summer to view the whales making their way south.

Thursday Movie Musicals 2:00pm - WSCC

Aug. 5 - Bye Bye Birdie (1963) A rock singer travels to a small Ohio town to make his "farewell" television performance and kiss his biggest fan before he is drafted.

Aug. 12 - On The Town (1949) Sailors Gabey (Gene Kelly), Chip (Frank Sinatra), and Ozzie (Jules Munshin) have 24 hours to meet pretty women and see the sights of New York City.

Aug. 19 - Flower Drum Song (1961) A young woman arrives in San Francisco's Chinatown from Hong Kong to marry a nightclub owner, unaware he is involved with one of his singers.

Aug. 26 - High Society (1956) In an all-star musical, a socialite (Grace Kelly) is about to remarry when her wealthy ex-husband (Bing Crosby) re-enters her life and tries to win her back.

The Kendal cable channels are:

- **WKAO: 919, 19-1, OR 95-100**
- **KOTV: 920, 19-2, OR 95-101**
- **WSCC: 921, 20-1, OR 96-100**

Art News

Continued from page 4

The Artist Talk on Zoom and KOTV will be on Fri., Aug. 27, at 4:00pm.

The **Community Gallery** will display the photography of Kendal resident Carol Conti-Entin from Fri., Aug. 20, through Thurs., Oct. 14.

Don Parker's watercolors will continue to show in the **Friends Gallery**.

Joan Long's collection of antique wine glasses will replace Joe Luciano's models in the **Curio Cabinet**, and the **Marketing display window** will feature an exhibit of small sculptured objects by Ted Nowick.

Suggestions and Concerns Committee Meeting Mon., Aug. 9 - 2:00pm Crossroads Room

Members of this committee will listen to your suggestion or concern in confidence (and privately, if you wish), discuss it with you, and refer the matter to the appropriate department head or committee chair. Questions? Contact chair Marjorie Porter.

OC Libraries Are Open!

The Oberlin College libraries are now open for Kendal visitors and borrowers. If you have an Oberlin Public Library card, you can register at the Mary Church Terrell Library circulation desk and borrow from that collection or from the Conservatory, Science, or Art libraries.

Tours offered by Joan Long for newcomers will be available in late September and continue during College vacation times. If you aren't a newcomer, a tour can be arranged as well. Enjoy an hour of informal familiarization with the libraries of your choice, meet the library staff, and explore parking protocols.

Questions you can't wait to ask? Email Joan Long or Thelma Morris.

Wellness Support Network Workshop Scheduled for October 6

Here's another situation a resident might experience:

Resident A: I've been hearing about this Wellness Support Network stuff, but my partner and I can take care of each other.

Resident B: When my partner was taken to the hospital in an ambulance, I was overwhelmed and needed a friend to take me there.

The Thoughtful Health Conversations Group Wellness Support subcommittee has a possible solution. Our mission is to encourage residents to choose a few friends who agree ahead of time to help them in times of medical emergency or with other health-related needs, thus forming their Wellness Support Network. We would like to designate October as Wellness Support Month.

At our workshop on October 6, 11:00am–12:00pm, anyone who is interested can learn more about forming a Wellness Support Network for him/her/ themselves. Look for more details in the September *Kendalight*. ~Sandi McClellen



In August, Joyce Parker will lead a group in ceramics that will create a stoneware square pot with a lid. It's not a beginner's project, but if you are adventurous, try it! Check

the schedule on the bulletin board near the Art Studio or give her a call.

In September, Don Parker will begin a watercolor group open to all. It's a chance to learn or practice the essentials of painting in this wonderfully expressive medium. Call Don to hold a place in the class.

Most of you are aware that the plasticity of our brains still needs good stimuli to function well. Good physical exercise of the body is very important and learning new things is good exercise for our mental abilities.

To stimulate parts of our brain, we need to use our imaginations and exercise our creativity. Even at our age, positive brain changes can take place. It has been shown that creative expression significantly affects our well being. In *Art for Work*, Marjorie Jacobson says, "Creative expression is one of the keys to living and working artfully. Imagination without action doesn't make you creative; it only makes you imaginative. Action brings ideas to life. With imagination, observation, reflection, and practice, you can transform the mundane into the

artful." But you don't have to be good at something to get the benefit!

In September we may have an open house so that more residents can see the resources we have of materials and ideas that are available in our Independent Living Creative Art Studio. Let's ignite some new creative sparks all around our campus as we enter into fall and winter weather. ~Joyce Parker

KENDAL RESALE SHOP

Benefitting Kendal Residents Assistance Fund (RAF) and Community Charities

SHOP!

Wednesday–Saturday,
11:00am–5:00pm
(closed Sunday–Tuesday)

DONATE!

Bring your donations of clean, gently-used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

Given to RAF year-to-date:

Total contribution: \$12,300.

IN MEMORIAM

JOHN LEINENWEBER

JULY 7, 2021

More About Kendal's Residents



Jesse Carlock and Kathleen (Kerry) Glaus

Jesse:

People have always fascinated me. That focus developed in my role as the “lost child” in my family system. I became a keen observer of people. Those skills, along with others, became core elements in my career as a Gestalt/Satir Family Systems psychologist. I wanted to heal people’s wounds.

I credit my father with inspiring me to further my education. Although he only had a third-grade education, my father would read the newspaper daily, frequently advising me that government funds were available for college. My father was one of many “bridge people” who led me towards goals that I could not envision for myself.

First in my family to enter and graduate college (Queens College in Charlotte, NC), I continued to The Florida State University, earning an MS degree in Higher Education Administration. My real love was psychology, and at the urging of my work supervisor (“bridge person”), I entered and completed a PhD program in Counseling and Human Systems.

I love writing and theater and found ways to weave these into my career as a psychologist. I published poetry, short stories, and a play in college. While running a medium-size group practice, I wrote articles, books, and chapters.

As a teen, my interest in theater led me to explore psychodrama in NY and later dramatic methodologies with Virginia Satir, “mother of family therapy.”

Kerry Glaus, my wife of 40 years, is my most cherished “bridge person.” Our world is broadened by cultural tours to remote places and meeting people worldwide (Asia, Southeast Asia, Australia, Kenya, Indonesia, Peru, New Zealand, Czech Republic, Greece, and others). Our love of scuba diving takes us to other jewels, like the Solomon Islands.

I am delighted to be joining you at Kendal at Oberlin.

Kerry:

Curiosity and a drive to explore are in my DNA. As a little kid in diapers, I would escape from my parents’ house, climbing out windows, climbing through the coal chute, climbing fences, so that I could take off and be free to follow my curiosity and explore... day or night, summer or winter.

Drove my parents crazy.

Fast forward to the present...I am still driven by my curiosity and need to explore. (Did I mention it’s in my DNA?) As a psychologist, I have had the opportunity to explore the fascinating intricacies of people’s minds and the colorful landscape of their emotions. As a scuba diver, I have thrilled at the magnificence of underwater worlds while experiencing the sensation of being as weightless as if I were in space.

I have also explored the world through extensive traveling, particularly to more remote and far-flung areas of the world. My passion for reading and writing stimulate me to explore and sort through my own internal landscape.

Backstory...I grew up in small towns (Minerva, OH; Wairoa, HB, New Zealand); went to college where I earned doctoral degrees in Health Psychology (Ohio University) and Clinical Psychology (Wright State University); and did post-doctoral training in Management (Harvard University).

I have worked as a faculty member (Miami University; Emory University) and an academic administrator (Wright State University), and I have been a practicing psychologist in clinical and consulting positions since 1978.

Now, my curiosity and drive to explore have brought me and Jesse Carlock, my wife of 40 years, to Kendal at Oberlin. I am confident that the community here will embrace and nurture me. My biggest fear in life is a fear of boredom and I know I won’t experience that here. The driven, curious, adventurer in me has found a home here at Kendal.



Deborah Gray

I was born in 1950, and my father, after graduating from Harvard Law the next year, began working on Wall Street. Then my mother died, and while my dad was a single dad and my elementary school was on split shifts, he arranged for me to eat lunch with the teachers, between the shifts. That is when I first knew I wanted to be a teacher. When my father later remarried and joined a company in Pittsburgh, we moved to Sewickley, PA, where I received a superb education at Sewickley Academy.

Oberlin was the first college I visited, and I felt at home immediately. Majoring in mathematics, I spent all four years there, as well as three happy summers working on campus.

Beginning in 1974, after an MAT at Mount Holyoke, I taught mathematics in secondary schools, except for ten years while married and working for various businesses and editing the N.H. Bahá’í newsletter. I taught and did aca-

ademic scheduling at Concord Academy, Concord, MA, from 1977 to 1983 and, after the marriage ended, from 1993 to 2021.

My interests at school included attending volleyball matches and performing arts events, serving on admissions committees, helping supervise student-run campus recycling, proof-reading publications, and reminding colleagues about the strengths and needs of introverted students.

Favorite pastimes include unusual board games, Duolingo, library books and TV shows on Kindle, and classical music. I still read everything I can find on frugality, personal finance, and investments.

As I have few living family members, Kendal has been my goal destination since my first visit in 1997. I am thrilled to be joining this community. I look forward to having more time for familiar and new pastimes, studying, exercise, and finding ways to volunteer.

Resident Profile Correction

An editing change altered the tone and structure of the rhymed couplet at the beginning of Carol Conti-Entin's profile on page 25 of the *Kendal at Oberlin 2020 Resident Profiles* compendium. The correct version is: "To those who like trivia, puzzles, or games: Trade mascots for campuses' actual names."

This version appeared correctly in the *Who's Here* binder in the Kendal library and in *The Kendaligh?*'s September 2020 issue (page 6). The Profiles team regrets the error in the compendium.



Library Notes

New Library Computer

Thanks to KORA's grant from unspent 2020 funds, the library now has a new computer to replace that which we have had for seven years (ancient by tech standards). The new system features a Dell Inspiron 3880 desktop with 23-in. monitor and an Intel Core i7 processor and 8 gigabytes of RAM memory. The laser printer is Xerox with built-in power saver.

The Windows 10 Home edition runs via a 64-bit operating system that is fully updated to the most recent version. Installed programs include permanent versions of Microsoft Word, Excel, and PowerPoint productivity software and McAfee security software.

Upcoming Moves

Elizabeth Swenson from Shaker Heights, OH, in early August.

Elizabeth "Betsy" Allen from State College, PA, in mid-August.

Recent Move-Ins

Deborah Gray from Concord, MA, in mid-July.

Recent Transfers

Ann Craig to Patterson in early July.

Jane Nord to Whittier in early July.

Kate Walsh to Patterson in early July.

Our startup screen includes enlarged icons linking to popular browsers (Microsoft Edge, Google Chrome, and Firefox) and to the KORA website and its user guide. We hope to add additional links to sites of use to Kendal residents.

With a new system, there will be a new user password. Instructions attached to the side of the computer cabinet will be revised accordingly. If there is interest, we will provide training sessions.

We are enormously grateful to KORA, especially treasurers Randy Wagner and Bruce Richards for their support, and to our amazing KORAtch helper, Linda Koco, for the immense amount of work she has given to acquiring and setting up the new equipment. That is on top of all the time she has put in maintaining the old one and helping users, as did her predecessors Dan Ayres and Russ Bimber. Other retirement communities do not depend on resident volunteer tech support to such an extent, which makes our helpers all the more deserving of thanks.

~Mary Clare Beck

Library book overdue?

Please return it as soon as you can, or let us know where it might be.

Thanks!



Event Links

- For "inside Kendal" program links, contact **Carol Harvey**.
- For "outside Kendal" community cultural and educational ad hoc events, contact **Barbara Gordon-Lickey**.

Kendal Kryptogram #197 - by Nina Love

HUM CUR' B DBUG WOMZPYRZ SPAR HUM ZEUS

UWC; HUM ZEUS UWC SPAR HUM DBUG WOMZPYRZ.

~ZAUEZA FAEROEC DPOS

Solution to Kryptogram #196: "It's a sure sign of summer if the chair gets up when you do." ~Walter Winchell



Strategic Planning Update

Kendal at Oberlin’s strategic planning for 2022–2027 is progressing well. The Board of Directors’ committee began work in late January. During the following six months, it researched the emerging trends for senior living communities. It also engaged Kendal residents and staff, collecting concerns and ideas for Kendal’s future.

In May, 182 residents completed a survey which produced 93 pages of comments. In June, separate Zoom breakout meetings engaged more than 120 residents in conversations about Kendal’s future. Kendal staff participated in two similar sessions, sharing ideas and concerns from their perspectives.

The present task for the Strategic Planning Committee is to collate and summarize all of the data that has been produced through these various efforts so that the strategic plan can begin to take shape in the months ahead with the final report due to the Kendal at Oberlin Board of Directors by March 2022.

At this point, seven major areas have emerged under which the committee will be developing goals with supportive objective and strategies. These seven organizing areas are:

- Culture of Kendal at Oberlin
- Information Technology
- Health and Wellness
- Work Force
- Environment, Energy, and Climate
- Affordability
- Growth and Evolution
- Covid Impact

As this work moves forward, the Strategic Planning Committee will continue to seek ways to keep our Kendal community informed regarding the progress of its work.

~Gary Olin, Vice Chair,
Strategic Planning Committee

Encore Programs on KOTV Mondays - 7:00pm - KOTV

Missed a program you’d hoped to watch? Want to re-watch a particular favorite? Many of our programs that appear over Zoom are recorded. If you have specific programs you’d like to see, contact Mary Van Nortwick. Mary and fellow coordinator Ken Cheek will do their best to accommodate special requests!



Aug 2 - Interpreting Macbeth Through Performance, Part 2 - *Machismo and the Tragic Fear of Femininity*. Phyllis Gorfain, OC Professor Emerita of English, examines how multiple stage and film adaptations reinterpret this Shakespeare tragedy. Video clips show how directors and actors freshly interpret significant incidents, providing deeper understandings of this powerful play. (*From April 20, 2021*)

Aug 9 - Interpreting Macbeth Through Performance, Part 3 - *Cancelling Conscience and Consequences*. See above. (*From April 27, 2021*)

Aug. 16 - Making Creative Play a Part of Our Lives. Michele Root-Bernstein, an adjunct faculty member at Michigan State University, notes that creative activities exercise physical and mental skills, even as they promote review of our lives and legacies. (*From April 5, 2021*)

Aug. 23 - Cosmic Train Wrecks: When Galaxies Collide. Dr. Jillian Scudder, Assistant Professor, OC Dept. of Physics, discusses how we search for these collisions between galaxies, how a collision changes the galaxies involved, and what we still hope to learn. (*From Sept. 17, 2020*)

Aug. 30 - A Gothic Valentine to Kendal. Resident Maxine Houck reads Countee Cullen’s “Sonnet” and a short story by William Faulkner, “A Rose for Emily.” You might be surprised, but you probably won’t be bored. Join her for sounds from the South and Harlem. (*From Feb. 16, 2021*)

Oberlin Heritage Center Mapping the Past: Using HistoryForge to Understand Life in Oberlin in 1910 Tues., Aug 10 - 7:00pm - Zoom

What was life like in Oberlin in 1910? What type of jobs did Oberlinians have? Ohio History Service Corps member Marissa Hamm answers these questions in a 45-min. virtual presentation. She will discuss her research sources, including census data from 1910 that Oberlin Heritage Center volunteers have been uploading to the new online tool HistoryForge.

HistoryForge is an interactive database that maps information from censuses onto historical map layers. OHC is a participating partner so residents and historians can use the powerful search engine to explore the buildings, neighborhoods, individuals, and families of early 20th-century Oberlin.

To register, go to www.oberlinheritagecenter.org

Climate Query



Did you see that the Northwest heat dome was “virtually impossible without human-caused climate change?” That temperature records there were broken not by 1, 2, or 3 degrees, but by 7, 8, and 9 degrees? That more than a billion seashore animals burned to death? Urge Senators Brown and Portman to price carbon (202-224-3121).

From the John Bartram Arboretum: The American Chestnut Tree (*Castanea dentata*)

When Europeans came to this country, the American chestnut had fed wildlife and native people for centuries. These were the largest and the tallest trees, dominating the eastern forests. Then within 40 years of the blight (*Cryphonectria parasitica*), these trees were almost all gone from our forests.

Now we hope that the American chestnut can be bred with other varieties to become blight resistant. The blight does not kill the tree's root system. These roots send up a sprout which is then killed by the blight before it can become the magnificent tree it once had been. Many people remember eating chestnuts at the winter holiday times and singing "Chestnuts roasting on an open fire..." No longer is that happening for our children and grandchildren.

Kendal resident Lynn Ayres tells how her late husband Dan began researching experiments in propagating hybrid American chestnut trees that were resistant to the blight. Dan's mother, a biology teacher, felt that one day the American chestnut would come back to provide food, lumber, and shade for our descendants.



Tree in this 2012 photo was planted by Dan in 2002. Photo by Lynn Ayres.

Lynn says, "When Dan retired in 2002, he contacted a man in northern Michigan who gave Dan chestnuts from his hybrid American chestnut trees. That summer our small backyard was completely covered with chestnuts in seed trays that produced several hundred seedlings. Dan planted these in the Ann Arbor/Ypsilanti area's parks, schools, churches, and yards.

"In 2012, I took a photo (above) showing Dan and our dog Beau standing next to a 12-foot-high American chestnut tree that Dan had planted 10 years earlier. By the time we moved to Kendal in 2016, the tree was 20 feet

high and had produced chestnuts the previous two years."

Many research sites have been started to try to find a chestnut variety which will be resistant to the blight. Anne Helm visited one in Pennsylvania in June at the Chestnut Grove Natural Area which includes a stand of American chestnuts, part of the Pennsylvania Chapter of The American Chestnut Foundation's effort to restore the great American tree to the landscape. Many chestnut trees were planted in fenced-in areas where the general public could not contaminate the research work.



Chestnut at Pennsylvania research site. Photo by Anne Helm.

We hope the solution will be found to finding a blight-resistant tree that is very close to the original American chestnut (*Castanea dentata*).

*~Lynn Ayres and Anne Helm
for the Arboretum Committee*

Transportation Talk

AAA Safe Driving Course

If you signed up for these courses:

- **Course #1, 10:00am–3:00pm, Heiser Auditorium, Aug. 23 and Aug. 25.**
- **Course #2, 10:00am–3:00pm, Education Center, Aug. 24 and Aug. 26.**

Welcome to the New Kendal Resident Ride-Share Program!

This KORA program utilizes qualified Kendal resident drivers to provide their own cars as transportation for other Kendal residents to go to medical appointments outside of Lorain

County. See details on the resident bulletin board.


Ride-Share is also considering adding grocery curbside pickup for residents who cannot shop for their own groceries. Interested residents should contact Barb Barna or Ken Cheek, Ride-Share co-chairs.

Dementia Friendly Discussion Group Fri., Aug. 27 - 10:30am Green Room and Zoom

This month we meet in person in the Green Room. If you prefer joining us via Zoom, contact Carol Bojanowski to get the link. **All are welcome!**

Looking for Someone?

You'll find profiles of all residents, newcomers and old-timers, in "Who's Here" on the library center bookcase.



Dr. Alan Power's fifth component of well-being is **MEANING**. People with cognitive changes need to do meaningful things that make them feel useful, instead of just sitting and watching. Rather than assuming someone can't do an activity, help them participate in a meaningful way. It may take some patience, but allow them to have some real responsibility. **STAY CONNECTED.**

Saturday Walks

Come explore walking areas off the KaO campus. The walks are leisurely, about 2–3 miles, and generally scenic. We meet outside the Heiser main entrance every Saturday at 9:00am (weather permitting). Remember to display in your car the pink card that identifies you as a Kendal resident.

- **Aug. 7** Black River - Bur Oak
- **Aug. 14** Lorain Pier
- **Aug. 21** Bike Path - Kipton
- **Aug. 28** Sandy Ridge

Questions? Contact Phil Pritchett.

Table Tennis Has Returned

Regular hours for table tennis have been set for Wednesday, Friday, and Sunday from 10:00am to 12:00pm in Heiser Auditorium. Come and play! All are welcome!
~*Sidney Rosenfeld*

Let's Dance!

English Country Dancing, with live music by the band *Consensus* Sundays - 7:15pm - Education Center

Enjoy graceful and flowing dance moves to the live music of the band, *Consensus*. Jan Larsen will teach every dance and continue prompting the whole time so you don't have to know anything to begin with and you don't have to remember the moves. Jan's slogan is that, if there is a problem, "it's always the caller's fault." You don't need to come with a partner. Feel free to come to watch the dancing and listen to the music.

The band consists of Nancy Darling (daughter-in-law of Kendal resident Marilyn Burns) *recorder*, Peter Zacari *recorder*, and Joanne Laessig *concertina and autoharp* (both come here each week from Cleveland Heights!), and Kendal residents Allen Huszti *piano* and Prudy Hall *violin*. Every English country dance has its own music that is played for that particular set of steps. The band enjoys harmonizing and improvising as they keep the dancers moving to the music.

Square Dancing, with recorded music Tuesdays - 4:00pm - Heiser Auditorium

If you square danced in grade school or as a teenager or adult, here is a chance to try it again. Even if you never tried it, it's not too late. Every dance session begins with a review of the basics. We walk through every dance a couple of times before we do it to the music, and the speed of the music can be adjusted to suit the dancers. You don't need to come with a partner. And, as an old Nigerian proverb says, "If you can walk, you can dance."

Any questions? Call or email Jan Larsen.

Nest Box News

Three Kendal boxes already fledged nine **Eastern Bluebirds** this year even though four bluebird chicks succumbed to cold weather early in the season and another clutch of four eggs were lost to snake predation. (On the bright side, the snake was well fed!) We thought no second broods had been started, but on July 24 monitors were overjoyed to see a new nest in a box by Island Pond with one beautiful blue bluebird egg. So it seems bluebirds have started a second brood after all! All nest boxes will be fitted with snake guards beneath them before next year as they should have been before the breeding season began.

The **American Tree Swallows** have finished for this year. The adults and 22 chicks are now patrolling the lawns and ponds of Kendal, scooping up insects in their gaping bills.

Other nest box tenants on the Kendal campus are **House Wrens**. The box behind Cottage 5 had four lively chicks but when monitors checked on July 24, they found one dead chick, so that nest fledged only three of its chicks. The house wrens nesting in the Community Garden box successfully fledged five chicks, and there is now a second nest with five new chicks. Monitors enjoyed watching the busy adult bring a choice insect morsel in her beak to feed to her chicks. ~*Nina Love*

Church Services on WSCC

First Church in Oberlin UCC
Sundays, 10:00am

Roman Catholic Mass
St. Patrick's Cathedral, NYC
Sundays, 11:15am

Christ Episcopal Church
Sundays, 12:30pm

Did you know? You can call 775-9868 to hear announcements and menus of the day.

The **Kendalight**

Monthly newsletter of the Kendal at Oberlin Residents Assn.
600 Kendal Dr., Oberlin, OH 44074
Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Kathy Reichard, Mary Simons

Photos: Sally Nelson-Olin, Gary Olin

- Deadline for the September 2021 issue of *The Kendalight* is August 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: Klite600@yahoo.com
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.





Dining and Nutrition Services



Dining Matters

The Dining Matters Committee is composed of residents and staff with the goals of providing resident input to the Dining Staff and informing residents of the reasoning behind anticipated dining changes. Issues are discussed, constraints acknowledged, suggestions proposed, and solutions explored during meetings. Residents can contact Barb Benjamin or any member of the Dining Matters Committee with suggestions or solutions to improve dining.

Currently, we are in the introductory cycle of the Choice Meal Plan using the declining balance of Dining Dollars to

cover our dining experiences. The flexibility of this plan was designed to provide residents maximum choice so that we're not restricted to a meal a day as specified in the contract. Some residents are using their Dining Dollars to provide a light meal at lunch and an entrée with sides and dessert for dinner. Others prefer one large meal a day with multiple courses and even additional portions. We can choose how we want to use our Dining Dollars.

During this introductory period, you will be able to change your choice of tiers (0, 10, 20, 30+2) for the next cycle starting August 19. Look for notices for the deadline to change your plan.



More Dining Matters

Mistakes happen and Dining Service is not exempt. If your meal or the dining experience is not up to par, please let the staff know so that it can be corrected. The goal is to make your dining experience the best it can be – making both diner and dining staff happy.

The staff wants to hear from *you*, they want *you* to be satisfied. You can courteously ask your young server to have the manager stop by your table. This is the most immediate way to resolve a food flub.

If it is not a critical issue, you can fill out a comment card, leave a comment on the web, or contact a member of the Dining Matters Committee. Less urgent problems can be addressed through these channels.

Emergency Call Devices

In response to a concern about the limitation of Kendal's Cord Mate emergency call system brought up at a meeting of the Suggestions & Concerns Committee, Kendal Chief Health Services Officer Stacy Terrell has provided the information below about three medical alert systems.

Kendal's Cord Mate – This is a necklace button that can remotely activate your cottage's emergency pull cord. This makes it easy to summon help in case a fall happens where the pull cord is not reachable. It is waterproof and can be worn in the shower. This device only works when you are at home. The call goes to the Stephens Care Center just as it would if you pulled your emergency pull cord. Please note, this device only works within the confines of a cottage or apartment and the immediate area outside. The cost is \$75 for the Cord Mate device, then \$5 per month. To order, call Facility Services at 775-9899.

Lively Mobile – This wearable device has an emergency call button that works anywhere and gives you connection to a Five Star call center. Its GPS can be located within 15 feet. Cost: \$50 for the device. Three plans are available: \$25 per month basic; \$30 per month adds Lively Link, which updates loved ones on your safety, and Urgent Care access; or \$40 per month, which also adds fall detection. There is also a one time activation fee (\$35 if you order by phone or \$25 if you order online). To order, call 1-800-650-5921 or go to www.lively.com.

Cell Phones – Lively also makes phones which have easy-to-use buttons and an emergency button connection to Five Star emergency service. Lively Flip phone cost: about \$100 per phone plus service package (variable rates).

KaO Social Services can provide information about the latter two options and help anyone interested in subscribing to one of them. *~Marjorie Porter*

Need to Change a Date for a Scheduled Event? Or Make Some Other Correction?? Notify *The Kendalight* and WKAO so we can update your announcement on the website or elsewhere!

Where to Find Contact Info

- **Kendal at Oberlin Directory**, printed and distributed each year in February.
- **Bulletin Board**, near photos of new residents. Add these corrections and additions to your printed directory.
- **Online Resident Directory**, in the resident database (www.kaores.org), click "Directory." Note: you must either be on the Resident WiFi network or be logged in to access this information.

For the Vision-Impaired



Low-Vision Support Group

Resident Terry McGowan on "Lighting Your Way to Better Vision"

Fri., Aug. 13 - 1:30pm - AUD

WEEKLY

SUN	MON	TUE	WED	THU	FRI	SAT
<p><u>First Church Service</u> 10:00am WSCC</p> <p><u>RC Mass</u> 11:15am WSCC</p> <p><u>Christ Episcopal Service</u> 12:30pm WSCC</p> <p><u>Film (see page 4)</u> 7:00pm WSCC</p> <p><u>English Country Dancing</u> 7:15pm Ed Ctr</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Documentary</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Themed Film (see p. 4)</u> 2:00pm WSCC</p> <p><u>Square Dancing</u> 4:00pm AUD</p> <p><u>Downton Abbey</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>News Currents</u> 3:00pm WSCC</p> <p><u>SCC Council</u> 4:00pm WSCC 8/4 & 8/18</p> <p><u>Song Swap</u> 7:00pm Zoom, KOTV</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Musical Film (see p. 4)</u> 2:00pm WSCC</p> <p><u>Great Courses</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Art History</u> 2:00pm WSCC</p> <p><u>Ken Burns Baseball</u> 3:00pm WSCC</p> <p><u>Mexican Train Dominoes</u> 7:00pm HL</p>	<p><u>Saturday Walk</u> 9:00am Heiser</p> <p><u>Book Reading</u> 4:00pm WSCC</p> <p><u>AA for You?</u> 7:00pm Ed Ctr</p> <p><u>Film (see page 4)</u> 7:15pm KOTV</p>
1	2	3	4	5	6	7
	<p>Encore: Interpreting Macbeth Through Performance, Part 2 7:00pm KOTV</p>	<p><i>Private Lives</i> Heather Lemonedes Brown 7:15pm Zoom, KOTV</p>		<p>Coffee Hour with BT 9:30am Fox & Fell</p>		
8	9	10	11	12	13	14
	<p><u>Suggestions & Concerns</u> 2:00pm Crossroads</p> <p>Encore: Interpreting Macbeth Through Performance, Part 3 7:00pm KOTV</p>	<p>OHC: Mapping the Past 7:00pm Zoom</p>	<p>Disclosure Statement Ann O'Malley 4:00pm, Zoom, KOTV</p>	<p>Exchange with BT 4:00pm AUD, KOTV</p>	<p>Lighting Your Way to Better Vision Terry McGowan 1:30pm AUD</p>	
15	16	17	18	19	20	21
	<p>Encore: Creative Play 7:00pm KOTV</p>			<p>KORA Council 10:00am AUD, KOTV</p> <p>Exchange with BT 4:00pm AUD, KOTV</p>		
22	23	24	25	26	27	28
	<p>AAA Safe Driving Course #1 10:00am-3:00pm AUD</p> <p>Encore: Cosmic Train Wrecks 7:00pm KOTV</p>	<p>AAA Safe Driving Course #2 10:00am-3:00pm Ed Ctr</p> <p>Grief Support Group 10:00am Green Rm</p>	<p>AAA Safe Driving Course #1 10:00am-3:00pm AUD</p>	<p>AAA Safe Driving Course #2 10:00am-3:00pm Ed Ctr</p>	<p>Dementia Friendly Discussion Group 10:30am Green Rm, Zoom</p> <p>Artist Talk: <i>Stitch, Resist, Reflect</i> 4:00pm Zoom, KOTV</p>	
29	30	31	<h1 style="color: red;">August 2021</h1> <div style="border: 1px solid red; padding: 5px; display: inline-block; margin: 10px;"> <p>For details, links, and last-minute scheduling, see WKAO and the KORA Calendar.</p> </div> <p>Zoom: See kaores.net and click "Calendar" for link.</p> <p>KOTV: Cable 920, 19-2, or 95-101</p> <p>WSCC: Cable 921, 20-1, or 96-100</p>			
	<p>Encore: A Gothic Valentine 7:00pm KOTV</p>					