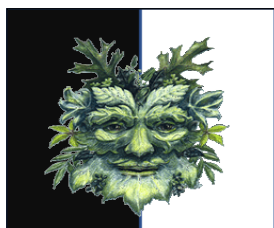


The Kendalight

Kendal at Oberlin Residents Association

December 2020

Volume XXVII, Number 12



Solstice Is Coming

Thursday, December 17 - 7:15pm - KOTV

*Darkness turning to Light on the earth
with the returning rays of the sun*

This year you can enjoy Kendal's annual solstice program from the comfort of your easy chair. Tune to KOTV and see some delightfully different offerings, presented in an exciting new way. Kendal residents, from the youngest to the seasoned pros, have been recording separate segments for the past two months. Robert Taylor, as usual, will weave it all together with words of wisdom and humor; Dennis Cook will use his special knowledge of film editing to create a polished program. Enjoy! ~Special Events Committee



Happy Holidays

Kendal Holiday Events

See articles throughout this issue as well as KOTV announcements for details and additions!

Enjoy Tree Decorations in the Lobby! Dec. 5.

Hanukkah, Dec. 10-18 An area of Heiser Lounge has been reserved each day from 5:15-5:45pm for up to six residents to say the blessing and celebrate this holiday of hope and resilience. See p. 5 for more information.

Or join us at 5:00pm on WSCC to share the lighting of the menorah and singing of blessings each night.

Christmas Eve, Thurs., Dec. 24, 7:15pm, KOTV Celebrate with us! For several years, Grover Zinn has given us a beautiful Christmas Eve program that many residents look forward to. This year we're a more or less captive audience, and we'll all be joining remotely. Grover will bring us his traditional readings of *The Night Before Christmas* and *How the Grinch Stole Christmas* – and no doubt more.

Christmas Day, Fri., Dec. 25, 4:00pm, KOTV Judi Bachrach's husband read *A Child's Christmas in Wales* to their family and friends for the last 40 years of his life. Judi continues this tradition at Kendal. Though we cannot be gathered in front of the fireplace in Heiser Lounge with hot cider and cookies to follow, Judi invites us to snuggle in at home and tune in to hear this traditional poem.

New Year's Eve, Thurs., Dec. 31, 7:15pm, KOTV

Something OLD! Something NEW!

Something for EVERYONE! Something for YOU!

We're having a Zoom Party and MORE – on KOTV, tons of fun in store!

Do you know tech? Do you know party? Got an idea to make this more hearty?

Call a phone number ending in four to reach Dan Reiber, the emcee of yore!



STAY CONNECTED Holiday Card Project

We are in the throes of the holiday season, yet it may be hard to tell because of our Covid limitations. The residents in the Stephens Care Center (SCC) are even more limited than those of us in independent living. They could easily feel forgotten unless we connect with them.

One way to connect is to send holiday greetings. It's easy!

- Find the table in Heiser Lounge with address labels for each SCC resident and a stack of cards.
- Take as many labels as you like.
- Choose cards or use your own, and add your extras to the stack for others to use.
- Alone or with a small group, write encouraging holiday wishes to the SCC residents.
- Leave your completed cards in the special box under the table.



**Send as many cards as you can!
STAY CONNECTED**



In December the KORA Council is looking to the New Year. At the annual meeting on November 12, our Resident Association elected new officers and new members of KORA Council. We accepted the 2021 budget of \$37,550. We also approved several amendments, which will enhance the work of KORA next year and beyond.

KORA will be in good hands next year with Mary Behm as president, Charlotte McGowan as vice president, Sandy Siebensschuh as secretary, and Bruce Richards as treasurer. They have already begun meeting with the Executive Committee. This is the second year for Sandy and Bruce on that committee, although Bruce will have a new role, moving from vice president to treasurer.

Three new members have been added to KORA Council: Rollin Conway, Barbara Pierce, and A V Shirk. They will join the eight other councilors and the KORA officers to oversee what I am confident will be a challenging and creative agenda amid this continued COVID-19 pandemic.

Several of us will be leaving the Council at the end of December. Priscilla Steinberg has served our association in a number of ways. She has guided the affairs of the Budget Committee, now renamed the Finance Committee. In addition, she has delighted us each month as she shares highlights from the newsletters of other Kendals. Jean Slonneger chaired

Next KORA Council Meeting

Thurs., Dec. 10
10:00am - KOTV

Come to our meeting, and remind others to come, too!



Winter LifeLong Learning Classes at Kendal

These courses will be conducted via Zoom. You will be able to ask questions by using the Zoom chat function. Sign up to receive the invitation to join a class by contacting Rebecca Cardozo. There is no fee for the courses.

French Film Comedy from Jacques Tati to the Present; February 10, 17, 24; 10:30am–12:00pm. Grace An, Oberlin College Professor of French and Cinema Studies, will present three classes on French film comedy. In addition to the classes, the three films under discussion will be shown via KOTV on different dates TBA.

Mountains and Water; March 15, 22, 29; 11:00am–12:00pm. Kevin Greenwood, Joan L. Danforth Curator of Asian Art at Allen Memorial Art Museum, will present three classes on these prominent themes in Chinese art.

our Coordination Committee with grace as she helped many groups work through problems and developed a better annual reporting process. She also produced an engaging logo and provided all sorts of creative art and posters.

After four years of faithful service, Randy Wagner has completed his term as KORA treasurer. He has managed our finances with competence, giving our Council clear, understandable reports. In addition, Randy has been an invaluable member of the Executive Committee.

KORA continues to profit from our active Leadership Development and Nominations Committee. Not only have they provided a strong slate of new KORA leaders, but they have also worked to cultivate and strengthen potential leaders for the future of our association. Outgoing chairperson Ardith Hayes, who completes her term on this committee, has contributed much to its success.

This is my final report for *The Kendalight*. I am honored to have served as KORA President for the past two years. It has given me an opportunity to experience the dynamic ethos of our community, made possible through the good efforts of our many engaged residents along with the cooperative spirit of Barbara Thomas and the Kendal at Oberlin staff.

~Gary Olin, KORA President 2020

2020 Tax Answers for Kendal Residents from Vance DeBouter

During the Zoom program on “2020 Taxes and Changes” held on Wed., Nov. 18, Vance DeBouter, local CPA and a community member of KaO’s Finance Committee, talked with Grace Tompos and Tom Konkoly about 2020 year-end tax planning and answered questions from Kendal residents.

His informative presentation offered reminders of important actions to take in making the 2020 Income Tax preparation go smoothly and accurately. If you missed it or would like to review it, contact Tom Konkoly to borrow a thumb drive to use on your computer.

Here is additional information based on questions asked by residents:

Question: Do gifts to the employee funds (vacation and holiday) qualify for a tax deduction?

Answer: YES, Kendal is a 501(c)(3) nonprofit organization and all gifts to Kendal are tax deductible.

Question: How do I give a stock gift to Kendal at Oberlin?

Answer: Call Ann O’Malley; she has a form for you to complete.

This will enable the transfer of stock from your account to Kendal. In order to be sure your gift gets processed in this calendar year, you should begin the transfer now.

**Community Conversations
Our Oberlin Prairie
Tues., Dec. 1 - 7:15pm
Zoom and KOTV**

Kate Pilacky and Andy McDowell from the Western Reserve Land Conservancy, Ohio's largest land trust, will present a program on their work. They will focus on the Firelands area and specifically on the newly opened Oberlin Preserve. The site is historically significant because it was a stop on the Underground Railroad and was once owned by the family of the Oberlin abolitionist John A. Copeland Jr. Learn about the conservancy's plans for restoring the prairie to Oberlin.

**Kendal System Educational
Series on Racial Inequality
Mon., Dec. 7 - 2:00pm
Zoom and KOTV**

Kendal appointed a Racial Justice and Reform Task Force to get underway conversations related to racial injustice and inequity that would encourage all of us to reexamine our own potential unconscious biases around race.

The result was a series of three sessions, led by Christopher Ridenhour, Director of Workplace Culture at SpiritTrust Lutheran, that included a passive learner curriculum on racial inequality where participants learned the uniqueness of diversity, equity, and inclusion in aging services.

Now join us for the final session, a "Kendal System Town Hall on Race." Questions were submitted in advance for the town hall.



**EXCHANGES WITH
BARBARA THOMAS
THURSDAYS AT 4:00PM
Zoom, KOTV, WSCC**

**New Developments in
Online Programs and
Virtual Reality at the Allen
Memorial Art Museum
Fri., Dec. 4 - 4:00pm
Zoom and KOTV**

Dr. Jill Greenwood, AMAM Eric & Jane Nord Family Curator of Education, will discuss the fascinating new web page that allows one to have a 3D visit to the museum.

**Community Conversations
Oberlinians Who Fought
for Women's Suffrage
Thurs., Dec. 10 - 7:15pm
Zoom and KOTV**

Oberlin Heritage Center's Museum Education and Tour Coordinator Amanda Manahan will tell us about Oberlinians who fought for women's suffrage, working against discrimination on the basis of both sex and race.

Drawing from newspaper accounts and historical records, this 25-minute program looks at activism in a small town, and how it connected to the larger national movement and events that led up to Ohio's ratification of the 19th Amendment in 1919 and to national ratification in 1920. A Q&A session will follow.

The program was originally researched and developed in 2019 by AmeriCorps/Ohio History Service Corps member Riley Thomas.

Discounts for Apollo's Fire

Cleveland's baroque orchestra is offering discounted tickets to its streaming concerts.

One week after the final performance of each program, you will receive a link and password to attend the performance on your chosen device. The video will be available for ten days. Watch it as many times as you like! Call Apollo's Fire box office for details (216-320-0012, ext. 1) and be sure to say you're from Kendal.

🎵 Music at Kendal 🎵

**Marimba Christmas
Sun., Dec. 13 - 1:00pm - WSCC**

A stellar annual event at Kendal has for many years been the Marimba Christmas, at which Michael Rosen, Professor of Percussion at Oberlin Conservatory, and his outstanding percussion students performed seasonal songs in the Heiser Lounge. Marimbas, xylophones, drums, lyres, rattles, and various other instruments entertained us after a mid-day Sunday dinner.

This year, Prof. Rosen has recorded Marimba Christmas and sent it to us to play and enjoy on WSCC. The broadcast will be repeated after Christmas at a date to be announced.

**A Holiday Bonus: Song
Swap of Seasonal Songs
Mon., Dec. 14 - 7:15pm
Zoom and KOTV**

Judy Cook and Mary Louise VanDyke invite Kendalites who enjoy singing or playing Christmas carols and other songs of the season to a Zoom session. Listeners may tune in for the music since it will also be broadcast. Solo singers and instrumentalists may bring a carol or Hanukkah song that is dear to them, perhaps sharing a few words about its history or telling how it played a part in a holiday tradition.

Instrumentalists are invited to bring flute, guitar, harmonica, clarinet, recorder, gamba, or piano (or their singing voices) to share the spirit of the season with Kendal neighbors.

Judy is beloved for the regular song swaps of folk songs she hosts. Mary Louise, who served for many years as editor of the *Dictionary of American Hymnology*, will add information of interest as the carols are offered.

Performers should notify Carol Longsworth at clongswo@oberlin.edu to register their specific song. The Zoom link will be sent the morning of the event. ~Sponsored by the Music Committee

Saturday Night Movies 7:15pm - KOTV

Dec. 5 - The Man in the White Suit (1952) An altruistic chemist (Alec Guinness) invents a fabric which resists wear and stain as a boon to humanity, but big business and labor realize it must be suppressed for economic reasons.

Dec. 12 - The Holiday (2006) Two women troubled with guy problems swap homes (in each other's countries) at Christmastime, where they each meet a local guy and fall in love.

Dec. 19 - A Christmas Carol (1951) Ebenezer Scrooge (Alastair Sim), a curmudgeonly, miserly businessman, has no time for sentimentality and largely views Christmas as a waste of time. But this Christmas Eve he will be visited by three spirits who will show him the error of his ways.

Dec. 26 - Oklahoma! (1955) Several farmers, cowboys, and a traveling salesman sing Rodgers and Hammerstein songs and compete for the romantic favors of various local ladies. With Gordon MacRae and Shirley Jones.

Sunday Christmas Movies 7:00pm - WSCC

Dec. 6 - Christmas in Connecticut (1945) A magazine columnist (Barbara Stanwyck) panics when her boss invites himself and a returned war hero to her home for a traditional family Christmas.

Dec. 13 - A Christmas Story (1983) Ralphie tries to convince his parents that a Red Ryder BB gun is the perfect Christmas gift.

Dec. 20 - White Christmas (1954) A successful song-and-dance team (Bing Crosby, Danny Kaye) put on a show with a sister act.

Dec. 27 - The Shop Around the Corner (1940) Two employees who dislike each other are actually anonymous correspondents who are falling in love through their letters.



Art Gallery News

Helen Wilson's exquisitely cut, painted, and gilded collages, *A Botanical Voice*, continue on display in the **Kendal Gallery**, to be followed on December 8 by an exhibition of oil paintings by John Sargent III. This show will be up until February 1.

Tom Van Nortwick's stunning photography, *Filtered Light*, produced in a collaborative effort with James Ward Peake, will be on display in the **Community Gallery** through December 10. All proceeds from the sale of these photos will be donated to FAVA, the Firelands Association for the Visual Arts. Tom will have extra prints made if the print on display has been sold. *Watercolors and Pastels Painted by Don Parker, 2015–2020*, will follow, from December 11 through February 4. On

Wednesday Film Adaptations 2:00pm - WSCC

Dec. 2 - The Apartment (1960) A corporate climber (Jack Lemmon) falls in love with the office elevator operator (Shirley MacLaine).

Dec. 9 - A Doll's House (1959) In 19th-century Norway, innocent Nora (Claire Bloom) commits forgery to support her sick husband (Anthony Hopkins).

Dec. 16 - Barefoot in the Park (1967) Uptight lawyer (Robert Redford) marries free-spirited woman (Jane Fonda) and has comedic marital problems.

Dec. 23 - The Nutcracker and the Four Realms (2018) A young girl is transported into a magical world of gingerbread soldiers and an army of mice.

Dec. 30 - R.E.N.T. (2005) A group of bohemians in NYC's East Village struggles with life under the shadow of AIDS. Adaptation of 1996 Broadway musical.

Tues., Dec. 29, at 4:00pm, Don, one of the founders of the KaO Art Studio, will give a Zoom Artist Talk that will be broadcast on KOTV.

A new exhibition is planned for the **Friends Gallery** in the Stephens Care Center. Art by residents will be exhibited first, and then the committee hopes to initiate a new series of displays by local area artists, with a concurrent online exhibition.

Like the current exhibition of Tom Van Nortwick's photographs, future exhibitions in the Kendal galleries will also appear online in FAVA's new online exhibition gallery (<https://exhibitions.favagallery.org>). On that page, click on the Current Exhibitions "title" to see the drop-down menu with four current exhibitions from which you may select.

Plans are progressing for installation of the *Founders Quilt* in the small alcove off the Heiser Lounge, where signed documents associated with the found-

Thursday Movie Musicals 2:00pm - WSCC

Dec. 3 - De-Lovely (2004) Life and career of Cole Porter (Kevin Kline), from his first meeting with his wife Linda (Ashley Judd) until his death.

Dec. 10 - Yentl (1983) In circa-1900 Poland, a young Jewish woman (Barbra Streisand) poses as a schoolboy to study Talmudic Law. **Begins 1:30pm.**

Dec. 17 - Babes in Toyland (1986) Young girl awakens in a magical world and joins a toy master and storybook figures to combat an evildoer who wants to ruin Christmas.

Dec. 24 - How The Grinch Stole Christmas (2000) A curmudgeon (Jim Carrey) sets out to quash the yuletide preparations of the Whos of Whoville.

Dec. 31 - Bundle of Joy (1956) Musical with Debbie Reynolds as a department store clerk who finds an abandoned baby, then discovers gossip-crazed coworkers think it's hers.

Art Gallery News (Cont'd from p. 4)

ing of Kendal at Oberlin hang on the wall. The quilt was created by a number of our Founders (the first residents of Kendal). Each square depicts some aspect of the early days at Kendal.

In a new Zoom initiative, the committee will host a talk by Dr. Jill Greenwood, Eric & Jane Nord Family Curator of Education at the Allen Memorial Art Museum. Her talk, "New Developments in Online Programs and Virtual Reality at the Allen Memorial Art Museum," will be broadcast on Zoom and KOTV on Fri., Dec. 4, at 4:00pm. Among other topics, she will discuss the fascinating new web page that allows one to have a 3D visit to the museum. The Zoom link will be provided to residents at a date close to the time of the lecture.

NOTE: If you have some small antique dolls to LEND for a display in the **Curio Cabinet**, contact Nina Love.

Swapping Holiday Stories and Memories Wednesdays, Dec. 2, 9, 23 - 5:00pm - Zoom

Thanksgiving, Hanukkah, Kwanzaa, Christmas, New Year's – these words stir emotions, memories, and hopes – a holiday spirit. To enhance that holiday spirit for residents in the Stephens Care Center, both Independent Living and SCC residents will share personal holiday stories and memories in three Zoom sessions facilitated by Phyllis Gorfain.

Please join us! Let Phyllis know in advance or just join in. See WKAO for the link. You are welcome to participate in one, two, or all three sessions!

Prompts will include topics such as "The best present I ever received/gave for the holidays," "My holiday from hell," "Special holiday customs in our family," "An experience that changed my view of ____ (fill in the blank)," or even "Bah! Humbug!" Add your own story ideas. Or kick off your story by holding up a holiday memento or photo to your Zoom camera.

~Phyllis Gorfain

Join Kendal Karolers and Spread Holiday Spirit in SCC Sat., Dec.12, 3:00pm; Wed., Dec.16, 6:15pm, Sat., Dec. 19, 6:15pm

Participate one, two, or three times! Sign up before December 10 on the sheet near the open mailboxes.

Kendal Karolers sing outside, so dress warmly. We'll meet at the Heiser Reception Desk 15 minutes early to get music and the route to follow.

Coordinators: Mary Louise VanDyke, Robin Laurén, Nancy Garver. Questions? Contact Mary Louise VanDyke.

Hanukkah Gatherings for Independent Living Residents

Hanukkah begins at sundown on December 10 and continues for eight days. An area of Heiser Lounge has been reserved each of those days from 5:15–5:45pm for a gathering of up to six to say the blessing and celebrate this holiday of hope and resilience.

There will be sign-up sheets by the open mailboxes. We limit to six to allow up to four others to be in the lounge area without violating the limit of ten people. We will all be masked and will stand 6 feet from each other.

We also ask that the first person on the sign-up list assure that no more than ten people are in Heiser Lounge.

For questions, please call or email Sandi McClennen.

Happy Hanukkah, everyone!



Oberlin Community Services Needs Our "Holiday Helping Hands"

Oberlin Community Services' Holiday Helping Hands Outreach returns to our Kendal community this month to give needy children in the Oberlin area gifts of toys and much-needed clothing this holiday season. Volunteer sponsors buy and wrap gifts for specific children of Oberlin families. Although the children are anonymous, gift ideas, clothes, and shoe sizes are provided to make it easy to find the perfect items. Last year 336 children in 125 families received gifts. Staff and residents from Kendal at Oberlin kindly covered 25 of these children.

The names and information for the children are on the bulletin board in the Heiser hallway near the Kendal Early Learning Center. Staff and residents can take a name (or names) and shop for the children. This year, if you find it easier to participate by buying gift cards for families, that is certainly welcomed.

Bring your wrapped and labeled gifts to the Heiser Lounge and leave them on the tables placed by the front windows on Friday, December 11. Staff will transport them to Oberlin Community Services for distribution to the families. We have participated in this program for several years and have made Christmas a much brighter holiday for Oberlin area families who are facing financial challenges.

Founded in 1955, OCS is the largest "safety net" agency in our service area. A responsive community organization, it provides direct assistance, referrals, and other services to Oberlin and southern Lorain County residents who need help meeting basic needs. Their staff and many volunteers are dedicated to their clients and strive to ensure their long-term well-being.

~Larry Thompson,
Human Resources Assistant

Kendal cable channels:

WKAO: 919, 19-1, or 95-100; KOTV: 920, 19-2, or 95-101; WSCC: 921, 20-1, or 96-100

More About Kendal's Residents



Sara Millman

My life began in the Chicago area, but we moved to California when I was four. I grew up in Castro Valley (birthplace of Rachel Maddow), then chiefly notable for its six-mile stretch of gas stations and supermarkets.

I started college at UC Berkeley but earned my BA from the University of Oregon in Community Service and Public Affairs, a program designed to equip graduates for human services roles traditionally requiring higher degrees. My specialty was evaluation research, and I was among the program's first graduates who taught the next cohort of the same program.

In time, I found that the work I wanted to do required a higher credential, meaning graduate work. I decided to become a China-specialist/demographer/social psychologist and explore how the Chinese one-child population policy was achieving such great impact and whether lessons from there could be applied in less regimented societies to help them slow their own population growth.

I started graduate work in the University of Washington's sociology department due to UW's strong programs in the three areas I hoped to combine. Learning Chinese at the same time proved too much so I focused on becoming a demographer, earning my MA at UW and my PhD at the University of Michigan.

Then I taught population at Brown University (nine years) and a wider range of sociology courses at the Uni-

versity of Hawaii in Hilo (19 years). Teaching was a joy when I had students genuinely interested in learning, as was research when I had colleagues with whom to share my work.

Ten years ago, I took early retirement and settled in the Seattle area I had loved as a graduate student. I craved the sense of community and involvement I had experienced there. That same craving is much of what motivated me to join KaO this October. Even with the pandemic restrictions, I've felt warmly welcomed here and look forward to the future as those restrictions eventually lift.

Meet Our Kendal Newcomers on KOTV

Because of the suspension of large group activities last March, the Newcomers Committee has been unable to hold receptions twice a year to introduce new residents to the community. Until we can resume these events sometime in the future, Zoom and KOTV can provide opportunities to learn more about our newest residents. The Committee has been producing monthly programs on KOTV featuring interviews with residents who have moved to Kendal during the past year.

The next program on KOTV is December 16 at 4:00pm. Mark your calendar and watch for additional announcements of this program.

Daily at Five Dec. 1-14 - 5:00pm - Zoom

Many of us miss meeting old and new friends in Heiser during dinner. "Daily at Five" is a new program to let us do this again, but virtually.

Every day from December 1 to December 14 you can join a Zoom meeting with other residents at 5:00pm. This is a trial period, and we hope your feedback will help perfect the program so it can be offered again in January and February. See WKAO for the Zoom link.

This program was inspired by residents' comments collected by Tina Graf and her group during the summer. If you have questions or suggestions, call or email Elizabeth Hole or Margaret-Ann Ellis.

Tuesday at Two Dec. 1, 8, 15, 22 - 2:00pm Crossroads

Share ideas with other residents on "what's up" in our lives.

Christina Graf will be the guide. Meet with masks. Sign up on the pink clipboard by the open mailboxes.

Upcoming Moves

Rebecca Chudacoff from Ann Arbor, MI, in mid-December.

Recent Transfers

Norm Craig to Whittier in early November.

John Leinenweber to Patterson in late November.

Fundamentals from the Front Desk

- **To receive notices and announcements via email instead of your open mailbox:**
 - Please notify the Front Desk or JoDee Palmer. Your name will then be added to an electronic Resident Email Distribution Group.
 - If you are already part of this distribution group, remember to let us know if your email address changes, so that your information can be updated.
- **To reserve your group's meeting (physical space or Zoom) for 2021:**
 - Fill out the appropriate room reservation form.

Sunday Open Rehearsals in Heiser Lounge to Resume

A tradition of informal music playing, or open rehearsals, by Kendal residents on Sunday afternoons was just getting started when the Covid pandemic intervened. With strict new protocols to protect the health of the musicians and any listeners, the Music Committee has now been authorized to resume this program. The first session will be on December 6 starting at 4:00pm.

The sound of live music has long been a hallmark of life at Kendal and many residents have mourned its loss. Concerts by Conservatory and other outside artists are still off limits, but Kendal has many residents who play musical instruments. Programs on the **first Sunday of each month** will give them a chance to play informally with other Kendal musicians.

While these events are primarily for the benefit of the players, other residents can stop by and listen. The protocols limit the number of people who can be in Heiser Lounge at any one time to 10, **including the musicians**, but passers-by in the halls, the reception area, and even the library will be able to hear the music. If you do come into Heiser Lounge to listen, don't stay too long so that others can have an opportunity.

The program for the first Sunday is set, but any Kendal resident who would like to play in these sessions can sign up for future events with Larry Mirel. The second session will be on Sunday, January 3, 2021.

IN MEMORIAM

JAMES "JIM" HAMILTON
NOVEMBER 9, 2020

LOUISE LUCKENBILL
NOVEMBER 17, 2020

JUDY RIGGLE
NOVEMBER 25, 2020

Want to Do Something about Climate Change?

The Voluntary Association of 55 residents at eight Kendal campuses in six states can help you. The volunteers seek to build a collaborative effort among Kendal residents, administrators, staff, and the Kendal Corporation to address global warming. Our goals: inform residents, administrators, and staff of our activities and solicit their advice; explore ways our communities can reduce carbon emissions; and advocate state and federal policies that aggressively address climate change.

KORA's Environmental Concerns Committee has endorsed these goals and invites resident support of a proposed letter (below) to be sent to the Kendal Corporation Board of Directors in early 2021. If you wish to support this collaboration, please email jobndelder@aol.com or drop a note in Box 121.

No names will be given to the board, only the total number of residents from different Kendals who support the proposed collaboration.

Proposed Letter to the Kendal Corporation Board of Directors:

From its founding in 1973 the Kendal Corporation has been a leader among the nation's most progressive CCRCs. Its grounding in Quaker values and its constant, non-intrusive support of all the Kendal campuses sets and maintains exemplary standards for us all.

We as elders, and you as board members, have a heightened awareness of our responsibility to the health and welfare of our children, grandchildren, and the future of our planet. This moment presents an exceptional opportunity for the Kendal community to serve as a model for CCRCs everywhere to address climate change.

Therefore, in the spirit of Quaker collaboration and consensus-building, we Kendal residents seek the Board's assistance in developing a shared commitment among the Kendal Corporation and the residents, administrators, and staffs of its affiliates to address the climate crisis in ways aligned with the IPCC recommendations; specifically, that the board will support and encourage each Kendal affiliate to set carbon reduction goals, such as cutting emissions 50% by 2030 and achieving net carbon neutrality by 2050; help establish interim benchmarks and monitoring systems to measure progress; and seek ways to assist each Kendal affiliate to achieve these goals and targets.

Kendal Kryptogram #189 - by Nina Love

NARROW ICW AB BL NPXT NLDW
FTIM EDAMGOWB LM LPD JIXWB. AF'B
ETWM YDLIR NAMRB IMR MIDDLE
EIABFB YWCAM WQXTIMCAMC KOIXWB.
~XTIDOWB CTACMI

Solution to Kryptogram #188:

"Under a tall tree I will lie and let the clouds go sailing by." ~J.R.R. Tolkien

Kendal Resale Shop Talk

Benefitting Kendal Residents Assistance Fund and Community Charities

We have some new shoppers who are very happy. Stephens Care Center residents were allowed to come to the shop on Tuesday, two at a time. During the shopping hours, Mary Simons minded the store. A good time was had by all!



JINGLE BELLS,
JINGLE BELLS

Check out the holiday displays in the Kendal Resale Shop. You will find decorations, seasonal clothing, wrapping paper, cards, and more.

And a friendly reminder – if you donate clothing to the KRS, please be sure that it is clean and ready to wear. Please do not bring us your plastic bags. They can be recycled in the compost deposit area between Langston and Fox & Fell.

Whether purchasing or donating, you are helping the Kendal Residents Assistance Fund. The resale shop raised \$1500 in October.

COME SHOP!

Wed.-Sat., 11:00am-5:00pm
(closed Sunday–Tuesday)

(closed Christmas and New Year's)

COME DONATE!

The donation box is always available outside the shop.

Notes From the Program Committee

Thank you for completing the Program Committee survey. It was helpful to learn that our programs and movies are generally well received. People are watching!

Some responses indicated that there were problems accessing programs.

1. Some residents indicated that they did not know about the programs. Please send an email to Carol Harvey (bcarolharvey@aol.com) so that she can email you the links the day of the program. Also, watch the WKAO slides each day. Look for



Library Notes

New DVDs

With the installation of new shelving for DVDs at the beginning of the year, we expected to live with a no-growth collection that would be weeded enough to make room for a few donations. Surprise, surprise, the greater visibility and the greater use by residents in Covid shutdown made the DVD collection more popular than ever and the space limitations more evident. Then this fall, we received the superb DVD collection left by Bill

notices on the round table at the entrance to Heiser and on the Kendal bulletin boards.

2. Some people are having trouble with TV access because of confusion about channels (WKAO and WSCC) and because of sound issues. User Zoom training would be helpful for some. These problems are being addressed.

3. Many responders indicated that they would like to have more Kendal programs. We have many possibilities for programs, but we need help getting them to you. We need help with the administrative pieces of getting a program together; no technical expertise required. Would you consider joining the Program Committee to help?

Check out our Archives! You can now find DVDs of Kendal programs in the Kendal library on the bottom shelf (right) of the DVD area. You are welcome to borrow these DVDs, but please do not copy them.

Many programs are being offered for your holiday viewing and we hope you enjoy them. They will help to continue some of the Kendal holiday traditions.

~Shirley Taylor,
Chair, Program Committee

Hole and knew we had to add more shelving on the last remaining wall space. Once again, our skilled wood workers (Jim Sunshine, John Brandenberger, and Carl Whitehouse) went into action constructing the shelves, with support from Facility Services. By now, the new shelves should be installed and the collection shifted into its added space, providing many more films to enjoy on cold winter evenings.

In another addition to the collection, the Program Committee is providing DVDs of its programs, such as the lectures on Covid by Yolanda Cruz. They are shelved in a section labeled “Kendal Programs.”

~Mary Clare Beck, Library Committee



9/21/20
to 11/11/20

Nature Sightings

9/21, albino squirrel, woods south of tennis courts, David Dauphiné and Larry Porter; **9/24, chimney swifts** foraging above Lot 3, Maureen Bailey; **9/24, red-breasted nuthatch** in pines, Lot 3, Maureen B.

10/5, red-eyed vireo singing in woods behind pool, Maureen B.; **10/7, flock of 30+ pine siskins**, Lot 4, Maureen B.; **10/9, red-tailed hawk** flying over Lot 16, Maureen B.; **10/19, turkey**, woods by pool parking lot, Anne Martin; **10/22, flock of pine siskins**, feeders behind Whittier, Maureen B.; **10/26, white-throated sparrow**, singing near Lot 2, Maureen B.; **10/29, partially leucistic sparrow** (with almost completely white head), feeders at #26, Maureen B.

11/7, piliated woodpecker, making a racket in the maples next to #8, Nina Love; **11/8, rusty blackbirds**, woods behind the pool, Maureen B.; **11/11, red-breasted nuthatch**, Lot 4, Maureen B.; **11/11, bluebird**, shore of Rock Pond, Dina Schoonmaker.

KELC Fundraiser Offers a Very Special Calendar!



Looking for the perfect gift to make your family and friends smile in these pandemic times?

For 2021, Jason Kotecki, author of *Escaping Adultitis*, has created a “Celebrate Everything Calendar” filled with simple ways to enjoy simple daily holidays: Ice Cream Flavor Day, Chicken Dance Day, Astronomy Day.

And to help us all enjoy life and not take ourselves too seriously, he has included a monthly fun challenge to do with our family, friends, or co-workers.

Stop by the Kendal Early Learning Center to purchase a calendar for \$20 (two for \$35) or send an email to jeboover@kao.kendal.org.

2021 KaO Directories Coming Soon!

The 2021 Kendal at Oberlin address and phone number directory will be in your open mailbox in late January. Have you checked your entry in the three-ring binder by the mailboxes? Deadline is December 18. ~Nina Love

Grief Support Group

Our group is for those who have suffered any kind of loss. We meet every Tuesday at 10:30am, facilitated by licensed social worker Melissa Thompson. SCC residents meet in Whittier Lounge; others participate via Zoom.

Residents can gather with others who also have experienced a loss and are looking for support, encouragement, and information to help them cope during this difficult time of change and transition. For the link, contact Melissa (mkthompson@kao.kendal.org), Kim Preston (kpreston@kao.kendal.org), or Kim Peters (kpeters@kao.kendal.org).

~Melissa Thompson, LSW, Grief Support Group Facilitator, Social Services Team

From The John Bartram Arboretum: Winterberry Holly *Ilex verticillata*

Winterberry is a shrub that we at Kendal at Oberlin can enjoy many months of the year. It grows well in zones 3 to 9, in sun or part shade, and is native throughout Eastern North America. It tolerates clay and wet soil and resists erosion. It has no serious disease or insect problems, although it can have powdery mildew.

Plants do best in acid soil. They can grow 3–12 feet high and 3–12 feet wide, depending on the variety. They should be pruned to shape in early spring before the new growth.

Winterberry is especially appreciated for the bright color of its fruit in late fall and winter. It blooms in very late spring to early summer, and its flowers appear on the new growth. Its berries



are much more noticeable than its flowers and often stay on the stems until early spring.

Winterberry has both male and female plants, so botanically it is called

Suggestions and Concerns Committee Meeting Mon., Dec. 14 - 2:00pm Crossroads Room

Only two residents at a time, wearing masks and observing social distancing, may meet with the committee.

Looking for Someone Special?

You'll find profiles of all residents, newcomers and old-timers, in “Who's Here” on the library center bookcase.



deciduous. There needs to be one male for six–ten females in order to have the fertilized beautiful red berries.

And it is another plant here at the Arboretum which attracts birds – eastern bluebirds, American robins, cedar waxwings, and woodpeckers. How wonderful that the berries stay on the stems throughout the winter and are available to them.

You can find winterberry here at the John Bartram Arboretum as you come off the Buttonbush Bridge to the north next to the Apartment Building, and in the Courtyard Garden, to name a few locations. As you take walks through the Kendal at Oberlin John Bartram Arboretum, enjoy *Ilex verticillata* and the variety of birds it attracts.

~Anne Helm for the Arboretum Committee
Photos by Kathy Caldwell



Remember! Wear your face mask and your name tag so newcomers and old-timers alike know who you are!

Masks for the New Normal



Get New – From box at Heiser Reception Desk.

Customize – Call Joyce Parker for alterations appointment.

Recycle – Leave misfits and repairs in box at Reception Desk.

Saturday Walks

Come explore walking areas off the KaO campus. The walks are leisurely, about 2–3 miles, and generally scenic. We meet outside the Heiser main entrance every Saturday at 9:30am (weather permitting). Only one household/bubble per vehicle is permitted; remember to bring a car pass.

Questions? Contact Phil Pritchett.

Table Tennis in December

We've taken a big step forward! Now on Saturdays and Sundays, a table will be available for play in Heiser Auditorium. Sign up for a slot at the reception desk. Precautionary measures apply!

One table continues to be set up for play in the Stephens Care Center.

~Sidney Rosenfeld

Zoom Protocol from the Program Committee

The following protocols will help everyone to focus on program speakers and participate in discussion. Thank you for your cooperation.

1. Plan to join the meeting 5 minutes ahead of time. You will be in a waiting room and the host will admit you.
2. Please make sure that you are muted throughout the presentation.
3. Please use the Zoom chat function to submit questions. Enter your questions as you think of them. Do not wait until the end to submit your question – the program may end before the presenter sees and responds to it. The presenter will address questions either at an appropriate time during the presentation or at the end.
4. Use Active Speaker View (not Gallery View). This will allow you to focus on the presenter and not be distracted by other viewers. Use the small “grid” icon (screen location is device dependent) to toggle between the views.

Church Services on WSCC

First Church in Oberlin UCC
Sundays, 10:00am

Roman Catholic Mass
St. Patrick's Cathedral, NYC
Sundays, 11:15am

OCS Says “Thank You” for Kendal at Oberlin’s Souper Supper Support in October

A message from Margie Flood, Oberlin Community Services Executive Director (and daughter of residents Carol and Bob Longworth):

Thank you to everyone who supported the Souper Supper OCS fundraising effort!

- This year, Souper Supper raised nearly \$8,000 to help feed community members who struggle to make ends meet. Your support is so important, and it could not come at a better time, as demands on our food capacity intensify. Just since October, we have seen a nearly 33% increase in families at our Food Distributions; our expectation is for that number to continue to grow. Across the board, our numbers have begun to reflect the ever-growing need we know exists in Oberlin and Lorain County. New families are signing up for the Holiday Helping Hands program. We are seeing people we haven't seen in more than 10 years, and people who have never had to ask for help before. We are providing more financial assistance to more people.

For those of you who have been eagerly awaiting news of the annual Holiday Brass Extravaganza and Empty Mugs sale:

- Unfortunately, this festive holiday tradition will not happen before Christmas. It is usually organized and run by Oberlin Conservatory brass and the Oberlin College Pottery Co-op; this year, as much as the students wanted to pull something together, it has been too difficult, due to all of the complications and stresses caused by the pandemic. We will hope for some sort of virtual winter festival – stay tuned!

My deepest gratitude to each of you for the many ways you support OCS.

- Thanks to you and so many community members who have reached out to share their resources, OCS is well-situated to continue to serve all those who seek help. Together, we will help our community through these difficult times. Best wishes for a safe and blessed holiday season.

~Margie Flood

Large-Print 2021 Calendars

Thelma Morris has large-print calendars (\$12.00) from Magnifiers & More. Contact her for more information.

The Kendalight

Monthly newsletter of the
Kendal at Oberlin Residents Association,
600 Kendal Dr., Oberlin, OH 44074

Managing Editor: Elizabeth Aldrich

Associate Editor: Suzanne McDougal

Proofreaders: Kathy Reichard, Mary Simons

Photos: Sally Nelson-Olin, Gary Olin

- Deadline for the January 2021 issue of *The Kendalight* is Dec. 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: *Klite600@yahoo.com*
- If no email access, please type article on separate sheet, sign and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services

Remember! We can recycle many of the containers used for meal delivery:

- Clean and dry plastics #1 – #7. Includes meal-delivery containers: clam shell box, black soup bowl with lid, black entrée box with lid. Reattach translucent plastic cover to soup bowl (if not attached, it could stop up sorting machines).
- NEVER recycle Styrofoam dish or cup and its plastic lid.



AA for You? Saturday, 7:00pm Education Building Training Room

A new Alcoholics Anonymous meeting has started at Kendal, for residents only!

We need a few people to make this work. Will you be one of them? Skeptics welcome!

Questions? Contact Kim Peters
kpeters@kao.kendal.org (776-5016) or
Kim Preston, Social Services
kpreston@kao.kendal.org (775-9813).



DINING MATTERS

On the kaores.kendal.org website, click on the **Menus** button to:

- **Find nutritional information** for the items offered for meal delivery as you make your menu selections. There is a fortnight of menu information – the current week and the upcoming week.
- **Provide your feedback** to the dining staff by clicking on the **Dining Comments** button at the top of the screen. You can give your name on the comments card or remain anonymous.



Dining Matters

Dining during the holiday season will not be the same this year. As we attempt to maintain a COVID-free campus, we have options of dining with our extended bubbles or dining while we enjoy virtual holiday entertainment provided by our Kendal community and other sources.

Yet this month is a treasure!

We have many holidays we can celebrate in various ways throughout the month of December. On December 13, Saint Lucia is remembered by our Scandinavian friends as they sing, light candles, and eat cookies. We can join our Jewish friends virtually for the eight nights of Hanukkah as they light the menorah and sing. Our Solstice Celebration is eagerly anticipated this year in its new, virtual format. Our Christian friends celebrate Christmas with hymns and joy. Our apologies if we missed your favorite holiday of the season – including birthdays and anniversaries that are sprinkled throughout December.

Our dining staff is working hard to make December as festive and special as possible. From an unexpected candy cane to a Hersey's kiss, it warms our hearts to know that the staff cares.

To spread the holiday spirit, residents who have opted out of meal delivery will be offered the option of receiving a holiday meal on December 25.

We are looking forward to the New Year of 2021 for effective vaccines, better Covid treatments, and progress toward dining together safely. The resident and staff members on the Dining Matters committee will continue to work toward additional dining options as safety allows. We wish everyone a safe and happy holiday season.



For the Low-Vision Support Group Vision-Impaired: Now on Hiatus

Please Keep Track of Your Volunteer Hours!

On January 1, you will receive a form in your open mailbox asking you to list the number of hours you volunteered in 2020. Please fill it out as best you can, guesstimating if necessary. Then return the completed form to Box 121 by Friday, January 29.

The Volunteer Committee will collate all the forms and total the number of hours. This number reflects the dedication of Kendal residents to "giving back" to our larger community. More than 52,000 hours were volunteered by Kendal residents and staff in 2019.

In 2020, much of our community volunteering has been curtailed. But this year's report will show many ways residents have volunteered despite the pandemic: delivering packages and newspapers; organizing shopping and deliveries from IGA, Drug Mart, and more; teaching Zoom skills; sanitizing after Stephens Care Center visits – the list goes on and on.

Newer residents should include in their count the hours volunteered in 2020 before moving to Kendal.

Questions? Contact Anne Elder.

~Volunteer Clearing House Committee

Did You Know? You can call 775-9868 to hear announcements and menus of the day.

