

The Kendalight

Kendal at Oberlin Residents Association

December 2023

Volume XXX, Number 12



Winter Solstice
Sat., Dec. 16 - 7:15pm
AUD, KOTV

Watch a video-taped Encore of the Solstice 2021 program, *Songs of the Season*, encompassing music and poetry related to many year-end observances, including solstice, winter, Chanukah, Christmas, and Kwanzaa.

Afterwards, gather for a party and celebration in Fox and Fell. Dining Services will provide beverages, and residents are invited to bring a sample of their favorite seasonal treats to share. Don't forget vegan and gluten- and sugar-free goodies!

What other retirement community do you know that has wonderful programs like these produced by talented residents? Come enjoy the festivities as we give the world a new beginning!



December 2023 Events

See page 8 as well as WKAO for details and more events!

Chanukah Blessings, Dec. 7–14, 5:00pm, Heiser Lounge Or join host Priscilla Steinberg at 5:00pm on Dec. 7 and 14 on WSCC and Zoom for opening and closing blessings. See p. 8.

Winter Solstice, Sat., Dec. 16, 7:15pm, AUD and KOTV Encore video of 2021 program in person or at home. (See article on the left.)

Celebration Ringers, Sun., Dec. 17, 4:00pm – AUD, KOTV

Christmas Eve, Sun., Dec. 24, 7:15pm, Heiser Lounge Gather in front of the fireplace to sing carols with

Dianne Haley at the piano and enjoy music of the season with Nelson Cleary and the Kendal Strings, as well as Allen Huszti. Grover Zinn will bring us his traditional readings of *The Night Before Christmas* and *How the Grinch Stole Christmas* – and share thoughts of the season. Enjoy punch and cookies afterward!

New Year's Eve, Sat., Dec. 31, 7:00pm, AUD Celebrate with popcorn, a humorous movie, and the countdown to Auld Lang Syne with noise makers and sparkling bubbly. Watch or join the fun of contra dancing with Jan Larsen and line dancing with Dan Reiber. No partner required. Maybe some social dancing, too. There will be volunteers to show you how. New residents, seasoned residents – we're looking for new ideas to celebrate the mischief and mayhem of New Year's Eve. Contact Dan Reiber.



STAY CONNECTED During the Holidays

Supporting Friends will help make it easy to visit someone in the Stephens Care Center or to invite them to join you for a meal.

• A table in Heiser Lounge has names of SCC residents who would like a

visit.

- Just pick a name, call the resident, and make a date to get together.
- If the resident needs help getting to the Langston or the Fox and Fell, call Sandi McClennen for Walking or



Wheelchair Partner (WWP) assistance.

- Notify the SCC front desk of your plans.
- Visit your friend and **STAY CONNECTED!**

COFFEE HOUR WITH BARBARA THOMAS

WED., DEC. 13 - 9:30AM
LANGSTON, KOTV, ZOOM



AFTERNOON EXCHANGE BARBARA THOMAS

THURS., DEC. 28 - 4:00PM
AUD, KOTV



Kendal at Oberlin Residents Association

As we near the end of 2023, it is appropriate to take a look back in order to be ready to move forward. The past year has been full of abundant activities, programs, and celebrations, especially the 30th Anniversary of Kendal at Oberlin. We owe a profound debt of gratitude to Carol Harvey and the Special Events Committee and the many, many performers and participants in the November 11 gala celebration.

It has also been a year filled with planning, especially planning to welcome our new CEO when Barbara Thomas retires at the beginning of 2024, after more than 31 years of leading our beloved community. December will be filled with interviews and decisions, not to mention our usually rich celebration of holidays and traditions with special programs, music, and family gatherings.

And, as we wrap up the old year, we can resolve to move into 2024 with great determination that it will be our best year ever as a community. Our dozens of committees, support groups, and interest groups will lead the way. Many of you have expressed your deep desire to help our new CEO feel at home. It's a big change, but we have always been a graciously welcoming community. It will be our privilege to show our newest family member and leader just how wonderful life can be when lived the "Kendal Way."

Happy Holidays! And thank you so much for your contributions to the Holiday Appreciation Fund to help our amazing staff have a happy celebration!
~Rollin Conway, KORA President 2023



**Next KORA
Council Meeting
Thurs., Dec. 14 - 10:00am
AUD and KOTV**

Life-Long Learning Winter Classes at Kendal

This course will be offered only in Heiser Auditorium. Doors will close at 10:35am. To register, please contact Kari Inglis (or Rebecca Cardozo, if so indicated) BEFORE the first session, if possible. There is no fee.

Genetic Engineering. Tues., Jan. 16, 23, and 30, 10:30am–12:00pm. Yolanda Cruz, Professor Emerita of Biology at Oberlin College, presents a three-part course. The products of genetic engineering abound in many aspects of modern lives. How do we assess the benefits of this technology?

Session 1: Genetically Engineered (GM) Products GM products are today a part of our daily lives. What GM products are we likely to encounter?

Session 2: Why It's Called "Genetic Engineering" What does "genetically engineering" an organism actually mean? How is it done?

Session 3: Pros and Cons of Genetic Engineering The uses and abuses of GM technology. What have we learned?

Oberlin College Theater: *Pipeline*

Fri., Dec. 8 - 7:30pm - Wurtzel Theatre 🚌

Professor Caroline Jackson-Smith, OC Professor of Theatre and Africana Studies, directs this production of Dominique Morisseau's play. Omari, a Black student at a predominantly white prep school, is provoked into an altercation with his teacher. His single mother, Nya, teaches at the district public school and her fears for her son push her to the edge. As mother and son grapple with their relationship, larger cultural and societal issues emerge.

The first 25 Kendalites who sign up for the Kendal bus will receive complimentary tickets, on arrival. Look for bus sign-up sheet under open mailboxes.

Additional performances are scheduled for Dec. 7 and 9 at 7:30pm, and Dec. 9 and 10 at 2:00pm. Senior tickets are \$8. Call Central Ticket Office: 775-8169.

Play Readers: *Silent Sky* by Lauren Gunders

Fri., Dec. 8 - 1:30pm; Sat., Dec. 9 - 7:15 pm - AUD, KOTV

Silent Sky dramatizes the story of Henrietta Leavitt, an early 20th-century astronomer whose discoveries changed our understanding of the cosmos – in the face of opposition from the patriarchal astronomical institutions of her time. Henrietta had significant hearing loss; the silent sky she viewed at the Harvard College Observatory revealed to her, through meticulous observations, how to measure the distance to distant stars. Her work revealed that billions of galaxies exist beyond the Milky Way and that the universe is expanding.

Phyllis Gorfain directs Betsy Allen, Carol Conti-Entin, Catharina Caldwell, David Bell, and Jean Slonneger in a beautiful play honoring Henrietta's journey.

Tour: *Anna Von Mertens/Henrietta Leavitt:*

***A Life Spent Looking* Thurs., Dec. 14 - 1:30pm - AMAM** 🚌

Allen Memorial Art Museum director Andrea Derstine will treat Kendal residents to a special tour the week after the Play Readers *Silent Sky* (see above).

Artist Anna Von Mertens celebrates the achievements of the early 20th-century astronomer, Henrietta Leavitt, whose pioneering work changed our understanding of the cosmos. The museum exhibit collects all of Von Merten's rigorous, beautiful, and graphic drawings as well as hand-stitched quilted textiles that respond to the rigorous observations of Henrietta Leavitt. Look for bus sign-up sheet under the open mailboxes.

Two-Day Samba Extravaganza Mon., Dec. 11 and Tues., Dec 12 - 7:15pm - AUD, KOTV

Examining Racism in America to Forge a More Equitable Future

Joyce Assis, an Oberlin resident and a native Brazilian with African roots, will present a two-part program on the samba, a lively dance of Afro-Brazilian origin. On Monday, she will talk about the history and culture of the samba, including its origins in Africa and connections to the period of enslavement in Brazil. On Tuesday, Joyce will conduct a workshop in which she will perform the samba and invite residents to participate and learn this beautiful dance.



Carmen Miranda, a Portuguese-born Brazilian singer, dancer, and actress, was the first samba singer to promote the genre internationally.

Dark Sky Lighting at Kendal Mon., Dec. 4 - 7:15pm AUD, KOTV

Terry McGowan will share Kendal's efforts to be certified as the world's first "Dark Sky Retirement Community" by DarkSky International. Kendal's outdoor lighting test installations demonstrate the objective of walking or driving safely at night while also valuing views of the stars and the night environment needed by plants and animals, including people.

Literary Journalism Wed., Dec. 6 - 7:15pm AUD, KOTV

Hal Sundt teaches creative writing at Oberlin College when he's not in New York writing books or articles for such periodicals as *The New York Times Magazine*, *The American Scholar*, and *The Ringier*. Hal will share his experiences and illustrate the variety of forms that literary journalism can take. Hal teaches that real life doesn't fit an ideal narrative and access to sources is often limited. How do writers work around these challenges to craft engaging and informative stories?

Did You Know...



On Christmas morning, only plain gift-wrapping paper is recyclable. Tissue paper, metallic paper, paper with glitter, coated paper, or that with any plastic on it, should all go into the trash.

~*Environmental Concerns Committee*

Lunch Bunch JVS Buckeye Room Wed., Dec 6 - 11:45am Kendal bus lv. 11:30am



Join us for a special meal prepared and served by the Lorain County JVS Culinary Arts students. All menus are set at \$17.00 for a four-course meal with a beverage. Cash or debit card only! Bus is free. Lunch on your own. **See menu attached to sign-up sheet.**

The Salem Witch Trials of 1692: Putting Puritan Persecution in Perspective Wed., Jan. 3 - 7:15pm AUD, KOTV

Sue Wurster, a retired teacher of English, speech, and theater, offers a fresh take on the Salem witch trials and their echoes in the Joe McCarthy period and our own time.

Today, historians are looking at Salem in the context of a "bigger picture" and seeing that the political, economic, and social tensions in 1692 were just as powerful as those that Americans were dealing with in 1952 and, indeed, those we are experiencing today.

Live Music at Kendal

Live Chamber Music at Kendal at Oberlin

Sun., Dec. 3, 4:00pm, AUD Kendal Presents: Kendal resident musicians play piano, clarinets, viola da gamba.

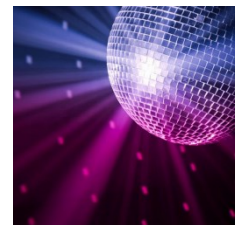
Sat., Dec. 9, 4:00pm, AUD Piano recital by Roman Rudnytsky, professional concert pianist and retired professor, Akron School of Music.

Oberlin Percussion Group Fri., Dec. 1 - 7:15pm AUD, KOTV

The Oberlin Percussion Group, directed by Prof. Ross Karre, will guide the audience on a tour of familiar (and not-so-familiar) sounds for percussion. The students of OPG have co-curated a collection of works which bring their favorite sounds, rhythms, and creative expressions to the Kendal community. There will be hints of the coming holiday season as well as projects which bring joy at any time of year!

Blue Fiasco at Klub Kendal Sat., Dec. 2 - 7:15pm AUD, KOTV

Resident George Cyphers is a member of this jazz band which entertains in bars and restaurants around northern Ohio.



Listen to a selection of lively music as you sit cabaret-style at tables in Heiser Auditorium. There will be a disco ball above a small dance floor. We'll serve lemon water. Bring your own beverage and a snack to share.

Lori Taylor Has Joined Our Buddy System

Lori has graciously agreed to help coordinate the system. If you have questions or are interested in establishing a Buddy, let Lori Taylor or your Area Coordinator know.



The “Art In Our Lives” series will feature Barbara and Carl Whitehouse and their gingerbread house craft and art on Thurs., Dec. 7, at 1:00pm in the Art Studio. They will demonstrate their work and answer your questions.

Plans are being made for a variety of art activities for early 2024. Watch for the Art Studio email newsletter and check the Studio hallway bulletin board where you can sign up.

There will be times for making small ceramic cabins for the Hoot ‘n’ Holler RR; workshops for Acrylic Pour, producing swirling patterns on stretched canvas; creating whimsical creatures from natural materials; and likely a Clay Workshop, to name some in the works.

And be sure to check out our Annual Holiday Pottery and Card sale in Heiser Lounge, Dec. 1–3, 7:00am–8:00pm.

~Don Parker

Saturday Night Movies 7:15pm - AUD, KOTV

Dec. 2 - No film (Concert).

Dec. 9 - No film (Play).

Dec. 16 - No film (Winter Solstice).

Dec. 23 - **The Man Who Invented Christmas (2017)** A delightful story of how Charles Dickens came to write the *Christmas Carol*, with Ebenezer Scrooge and all the other characters coming to life in the writing of the story.

Dec. 30 - No film.

For movie descriptions and details, see www.imdb.com.

The Kendal cable channels are:

- WKAO: 919, 19-1, OR 95-100
- KOTV: 920, 19-2, OR 95-101
- WSCC: 921, 20-1, OR 96-100

Art Gallery News

This year’s collaborative exhibit with the Artists Archives of the Western Reserve, *Viewer’s Choice*, will be in the **Kendal Gallery** from Dec. 5, 2023, to Jan. 29, 2024. For this show, Kendal residents were invited to select artworks from the Archives to be shown here. The result is an exciting exhibit of works by 30 different archived artists in a wide variety of media, including oil, acrylic, watercolor, pastel, graphite, mezzotint, mixed media, print, and ceramics. The Artist’s Talk will be on Fri., Jan. 12, at 4:00pm in Heiser Auditorium and on KOTV.

Kendal staff from many different departments will display their artistry in the **Community Gallery’s Kendal Staff Creates** exhibit Dec. 8–Feb. 1. Media include fiber arts, painting, photography, and sculpture. We know our staff is talented in their work, now we’ll have a chance to see their artistic talent.

Thanks to a suggestion from Kathy Reichard, who found the grey construc-

tion walls in the **Friends Gallery** hallway uninviting, the Art Committee has hung several posters, photographs, and a colorful Japanese obi. Take a stroll to look at the construction progress and enjoy the new artwork.

In mid-December, new photographs from the Kendal Photography Interest Group will grace the **Friends Gallery** walls.

The display of colorful and delightful pill boxes from the collection of the late Nancy Cecil continues until December 11 in the **Curio Cabinet**. Don’t forget to take a sheet from the envelope on the wall and enter the Treasure Hunt. You might win a prize! In mid-December look for a new exhibit. It will be “antique” toys from the collection of “antique” Kendal residents.

The **Marketing Display Window** continues to show a fascinating variety of ceramic pieces made in a craft co-op in Ayacucho, Peru, from the collection of Ted Wolner. Stop on your way to the apartments and take a look!

Sunday Movies 7:00pm - WSCC

Dec. 3 - **A Christmas Story (1983)**

Dec. 10 - **Home Alone (1990)**

Dec. 17 - **Elf (2003)**

Dec. 24 - **How the Grinch Stole Christmas (2000)**

Dec. 31 - **Christmas In Connecticut (1945)**

Monday Documentaries 1:00pm - WSCC

Wildest Places: Antarctica (2019):

Dec. 4 - Ep 1: Currents

Dec. 11 - Ep 2: Seasons

Dec. 18 - Ep 3: Connected Continents

Tuesday Themed Films 1:00pm - WSCC

Dec. 5 - **Klaus (2019)**

Dec. 12 - **Little Fockers (2004)**

Dec. 19 - **March of the Penguins (2005)**

Dec. 26 - **The Polar Express (2004)**

Thursday Movie Musicals 1:00pm - WSCC

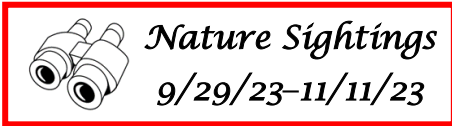
Dec. 7 - **White Christmas (1954)**

Dec. 14 - **The Muppet Christmas Carol (1992)**

Dec. 21 - **The Nutcracker (1977)**

Dec. 28 - **Holiday Inn (1942)**

Looking for Someone? Find profiles of all residents, newcomers and old-timers alike, in *Who’s Here* on the Kendal Library center bookcase.



9/29, Great Egret, on rock of Rock Pond, Maureen Bailey (Housekeeping); **9/29, Migrating flock of Chimney Swifts**, over Lot 2 cottages, Maureen B.; **10/3, White squirrel (not albino)**, foraging under bird feeders at #8, Nina Love; **10/10, Hairy Woodpecker**, tree north of Troll Bridge, Anne Martin; **10/11, Silvery Checkerspot** (butterfly), on lantana flowers at #90, Anne M.; **10/16, Cormorant**, on rock of Rock Pond, Carol Conti-Entin; **10/21, Jefferson Salamander**, Lot 7 garages, Jason Cockayne (Facility Services); **10/24, Great Blue Heron**, Farmer’s Pond, Mary Joy Leaper; **10/25, Wild Turkeys** (2), Lot 12, behind cottages, Lenée & Conrad Owens; **10/28, Golden Eagle**, over Rock Pond, Anne Helm (confirmed by birder Rick Dodge); **10/30, Yellow-Rumped Warbler**, Farmer’s Pond, Prudy Hall; **11/3, Dark-Eyed Junco**, near #90, Anne M.; **11/6, Eastern Comma** (butterfly), on snow screen by Lot 7, Anne M.; **11/7, Praying Mantis** (3-1/2 in.), on mums by #90, Anne M.; **11/11, Red-Bellied Woodpecker**, Farmer’s Pond, Lenée Owen.

~Mary Joy Leaper

**American Sign Language
Dec.–April - 1:40–2:20pm
Ed Center Training Room**

Jaison Anderson’s Oberlin High School students are teaching ASL to residents and staff. Next classes:

- Dec. 7 - Introduction signs
- Jan. 25 - Medical signs
- Feb. 8 and 29 - Feelings/personality and activities leisure signs
- March 7 and 21 - Family signs and jobs/occupations
- April 11 and 25 - Education/schooling, why move to Kendal, reflection, sign an easy song

Questions: email Michele Tarsitano-Amato at mtars@kao.kendal.org.

ALL are welcome to attend.

By the time you read this update, the Transition Team will have conducted Zoom interviews with five strong CEO candidates. Each candidate brought a unique set of qualifications honed from different personal backgrounds and work experiences in the senior living and services sector. Each interview gave us an opportunity to consider in what direction Kendal at Oberlin might grow under the leadership of each of these candidates.

Along with gauging business skills, we relied heavily on our own Strategic Plan and Quaker values to frame key questions that we introduced as “a variety of things that are of great importance to the Kendal at Oberlin community.” Specifically, we engaged in direct conversations around Goal 3: Strengthening KaO as an employer of choice; Goal 4: Commitment to DEIB; Goal 5: Uses of technology to improve operations and resident experiences; Goal 6: Strengthening and growing conservation and sustainability; and Goal 7: Promoting meaningful growth. We heard about each candidate’s involvement and their commitment to the foundational values, either professionally or personally, and most shared that they are anxious to hear more about KaO’s progress in each of these areas. One candidate went so far as to “applaud our callout for sustainability in our strategic plan.”

Our next step in the search process is on-campus in-person interviews of the four finalist candidates. Invitations have been sent for the week of December 4. Interview teams include KORA Councilors, who listened to residents at a special KORA meeting to help format their questions, Staff, KaO and KNO Board members, Transition Team members, and Barbara Thomas – potentially 48 individuals total, including 21 residents. Something to note: while each interview group will offer their feedback and that information will be invaluable to the Transition Team’s recommendation of a final candidate, the decision of who to hire ultimately falls to the KaO Board of Directors.

The Transition Team thanks everyone for their support and encouragement throughout this process. Collectively we are sure that we will identify the right best candidate to lead Kendal at Oberlin. If you have any questions or suggestions, please reach out to the Transition Team at jpvilla@oh.rr.com.

~ The Transition Team

Cognitive Issues/Memory Support Group

Are you experiencing changes in your cognition or memory and wish there was a place to talk to other residents about them? A small group of residents has been meeting twice a month to share their concerns related to memory loss. They talk about how to remain engaged and promote their highest quality of life. Five residents participate, and they encourage others to join who feel they would benefit.

If you think you might be interested in attending this group, contact Carol Bojanowski for further information.



Supporting Friends

Some Stephens residents would like to be able to go for a walk on Saturdays and Sundays at 2:00pm. Others would like to show up at the Medical Secretary’s desk and have someone there to walk with them. If you would like to be part of a team of Independent Living residents helping with these walks, let Elizabeth Hole know.

More About Kendal's Residents



R. Peter “Pete” and Prudence “Prue” Richards

Pete:

I was born in early 1943 in Lorain; my parents were recent Oberlin College graduates. Dad barely had time to greet me before leaving for WWII Navy duty in the Pacific; my mother and I lived my first couple of years in Oberlin.

After the war, we moved to Columbus, then to New Jersey when I was seven. I graduated from high school there in 1961, came to Oberlin for college, then did graduate work at the University of Chicago, earning a MS in mineralogy/crystallography and a PhD in paleocology. I taught at Oberlin for seven years, did a postdoctoral year at the University of Michigan, and morphed into a limnologist.

I worked in the National Center for Water Quality Research at Heidelberg University for 35 years quantifying pollution chemistry of Ohio rivers and Lake Erie (commuting from Oberlin).

Prue and I have a blended family of five “boys” who span five years in age; two from my first marriage and three from hers.

Some of my interests are collecting and studying mineral crystals and mushrooms, gardening, fishing, and generally being outside in the natural world. I’ve done quite a bit of wood-working, from furniture repair and manufacture to building an A-frame cabin with no power tools. Music, and especially singing, have always been part of my life. I studied music theory as an Oberlin student. I was fortunate

to be part of the Oberlin College Choir that toured the Soviet Union in 1964.

Prue and I sing in the First Church Choir and Musical Union, and, although we lived across the street from each other at the time, a big part of getting to know each other was singing in the Oberlin Community Chamber Singers.

Kendal is a big change. We look forward to it!

Prue:

My parents moved to Oberlin in 1947 to teach in the English Department at the College, and I was their “first Oberlin project.” I attended the brand-new First Church nursery school, then the Oberlin public schools, and graduated from OHS in 1966. After two years at the College of Wooster, I returned to Oberlin College and got my BA and teaching degree, then went on to teach English at Oberlin High School while my three sons were growing up. Being a Mom was my first calling in life, and as a teacher in the system I knew all my kids’ friends and what they were up to.

I spent summers as a child with my maternal grandmother while my parents taught summer school at OSU. She introduced me to sewing by having me make a blouse from cutting out the pattern to the finished garment, completely by hand—facings, zipper, and all! My paternal grandmother had a treadle sewing machine, which I learned to use later. From my clothes to children’s clothes to Renaissance and Living History costumes and many quilts, textiles, and sewing have given me great joy my whole life. They led me to my second career as the collections assistant at the Oberlin Heritage Center via costuming for their Oberlin Wellington Rescue presentations.

Music has been the other constant in my life. Over the years I’ve played brass, woodwind, and stringed instru-

ments in marching bands, concert bands, and orchestras, but singing is my greatest joy. Starting with singing in the shower, on to Junior Choir at First Church, then the adult choir, Oberlin Community Chamber Singers (where I met Pete), Black River Singers, Musical Union, and a couple of recitals, nothing (besides my husband, children, and grandchildren) makes me happier than singing.

Apollo’s Fire: Wassail! Irish-Appalachian Christmas Fri., Dec. 15 - 7:30pm - St. Raphael Catholic Church, Bay Village

Just a reminder! If you purchased a ticket to this event and signed up for the Kendal bus, it will leave Heiser Center at 6:30pm. 🚌

BIG BUS to Cleveland Museum of Art Fri., Jan. 5, 2024 9:30am–3:30pm 🚌



To reserve a bus seat, place \$35.00 check (made out to KORA) in mailbox #93. **No refunds after Dec 5.**

Questions? Ask Gerry Findlan.

To buy exhibit tickets, see www.clevelandart.org/exhibitions.

Did You Know?

You can call 440-775-9868 daily for Kendal announcements and menus.

Movín', Movín', Movín'

Recent Moves

Linda Triplett from Chicago, IL, in early November.

Mae Alice Donner to a new room in Jameson in early November.

Hirschel Kasper to a new room in Jameson in early November.

Dwight Call to Jameson House in late October.

Jerry Knapczyk and Satsuki Annino to a new cottage in mid-November.



Library Notes

30

A Look Back. The history of the growth of the library continues. Still not open in December 1993, the library committee appealed to residents to stop by the library if they had a spare hour now and then and take books out of boxes and process them according to the instructions found in the boxes. Residents were asked to help with the well-known library practice of stamping books with ownership information and inserting book pockets in each book. (*The Ad Hoc Newsletter*, December 9, 1993).

From these simple beginnings, the library has evolved in 30 years to house approximately 7,500 fiction and non-fiction books. In addition, a large collection of mass market paperbacks contains general fiction and thrillers, mysteries, and romance novels. A sizeable collection of DVDs is also available.

The remarkable feature of the library collection is that it has been built from donations from residents these past 30 years. The quality and variety of these donations can be observed in the monthly exhibits organized by Mary Clare Beck and Kari Inglis. ~Joan Long

Please Keep Track of Your Volunteer Hours!

Each Fall, the Volunteer Clearing House Committee reminds us to get ready for our annual collection of resident and staff volunteer hours.

In 2022, more than 55,000 hours of volunteer service were provided by residents and staff, both here at Kendal and in the wider community. In January, you will receive a form in your open mailbox asking you to report the hours you have volunteered in 2023. When you receive your form, please return it promptly to Box 121. A copy of the form will also be posted on the Volunteer Bulletin Board. Questions? Place them in Box 93 or Box 121.

~Volunteer Clearing House Committee

Connecting in Community in 2023

Beyond the abundant ways individuals connect to the community, here are a few ways our Kendal at Oberlin community connected to the greater community beyond our campus in 2023.

Walk to End Alzheimer's: A successful Basket Raffle raised \$3,596 for the Alzheimer's Association, and our Walking Team of 32 residents and staff joined together to participate in the Lorain County Walk.

Our community also worked to raise money for **United Way** community collaboratives through fundraisers such as the Bake Sale and participation in the Spelling category of *A Night at the Bee*. In the April 2024 Bee, there will be opportunities to compete in the categories of History, STEM, Spelling, and Art (like the game "Pictionary"). Interested? It's not too early for residents to start practicing!



Kendal at Oberlin Racial Equity Forums: This year leaders and representatives of the larger community were invited here and shared their experiences on topics including our immigration system, racial equity in education, redlining, and racial disparities in health care. Shared meals and Continue the Conversation opportunities such as "Healing the Space Between Us" were powerful opportunities to learn, connect, and build relationships. Sparked from the Healing the Space conversation, in 2024 there will be monthly gatherings with Oberlin City's Equity Coordinator to learn and build relationships for connecting in the Oberlin community.

Examining Racism in America to Forge a More Equitable Future

Oberlin Community Services was grateful for the muscle KaO's staff horticulturists put into the Cooper Community Resource Center grounds on Oct. 5! We helped their new lead gardener, Henry Yeager, to beautify the property by removing weeds, landscaping, removing dead plants and roots, and making new plantings. Kendal residents (right) came Oct. 17 to help plant new trees, shrubs, and grasses, all of which are both edible and native to Ohio.



~Kim Preston

Kendal Kryptogram #222 – by Nina Love

ZKOP E TAPNEXOD KAZ BS FELO EN NWOPY, E

KUDXFS OGD DOWOPY.

~AVXOP PUNK

Solution to Kryptogram #221: "Autumn shows us how beautiful it is to let things go." ~Unknown



Holiday Pottery, Art Sale
Fri.–Sun., Dec. 1–3
7:00am–8:00pm - Heiser Lounge

Here’s a great opportunity to get special holiday gifts for family or friends (or yourself)! Hand-crafted items made in the Art Studio will be on tables in the Heiser Lounge. A special piece will be featured for silent auction.

Sales are on the honor system. Proceeds will support continuing creative work in the Art Studio.

KRS Holiday Jewelry and Gift Sale
Thurs.–Fri., Dec. 7–8
10:00am–2:00pm
Heiser Lounge

If you’re looking for gift ideas or something special for yourself or a special friend or loved one, stop by and check out our selection.

Proceeds will benefit the Residents Assistance Fund.

Chanukah Gatherings
Thurs., Dec. 7–Thurs., Dec. 14
5:00pm - HL, WSCC



Chanukah begins this year at sundown on Thurs., Dec. 7, and continues for eight days. In Heiser Lounge, all residents are welcome to gather in person for candle lighting and blessings. Rabbi Enid Lader will join the last menorah lighting on Thurs., Dec. 14.

Channel WSCC will host Priscilla Steinberg reciting the opening Chanukah blessings on Dec. 7 and the closing blessings on Dec. 14 on Zoom (link is posted on WKAO).

On the other six nights WSCC will broadcast YouTube blessings as the menorah is lit.


Happy Chanukah, everyone!

 **International Christmas Carol Sing-Along**
Sun., Dec. 3 - 3:00pm - Fox & Fell Penn Room

At this musical and linguistic event, we welcome seasonal songs as well as carols that come from diverse religions and cultures. Each carol is introduced by a speaker of the language, who pronounces each line for the singers to repeat. We then sing the carol with piano and maybe other instruments.

We have many carols printed up from last year, in German, Spanish, French, Italian, Swedish, etc., but it would be nice to have some new ones.


Please contact Betsy Baumbach if you would like to offer a song.

 **'Tis the Season! Sing with the Kendal Karolers**
Tues., Dec. 14 - 3:15pm - Meet in Green Room


Calling all wandering minstrels: Come sing songs of the season to neighbors in the Stephens Care Center, Heiser Center, and the apartment hallways. We’ll include tunes you know for winter, Chanukah, Christmas. Lyrics will be provided. Singers will be joined by Caroline Brandenberger and Prudy Hall on their festive fiddles! Questions? Contact Louise Coffin.

 **Come Carol with the Oberlin Community**
Sun., Dec. 17 - 3:30pm - Meet at Tappan Square flagpole

Kendal residents and singing groups are invited to join other Oberlin singers to carol holiday music. Sing for a while in various stores or other nearby sites. Gather for warmth and fellowship and possibly more singing at Oberlin’s Peace Church at about 4:45pm.

 **Celebration Ringers**
Sun., Dec. 17 - 4:00pm - AUD, KOTV

Ring in the holiday season with a Christmas handbell concert. This community handbell choir, led by director Patty Yates and based in Strongsville, returns to Kendal to perform on 5+ octaves of handbells and 7 octaves of chimes. Kendal resident Betsy Allen joined the choir in 2022.

 **Fitness Center Holiday Open House**
Wed., Dec. 20 - 3:30–7:00pm

Join us for pool games and cookie decorating! Play some games, in the pool or from the deck, then decorate a cookie to enjoy.

 **Happy Boxing Day!**

This holiday originated in Great Britain during the Middle Ages, probably as the time when gifts were given to servants and the poor. Today it is celebrated in various ways in countries all around the world, usually on Dec. 26.



Marimba Christmas
Wed., Dec. 20 - 7:00pm - WSCC

For many years Michael Rosen, Professor of Percussion at Oberlin Conservatory, and his percussion students performed seasonal songs in the Heiser Lounge, using marimbas, xylophones, drums, lyres, rattles, and various other instruments. *(Recorded in 2020.)*



Jara’s Marimba Program
Fri., Dec. 22 - 3:00pm - WSCC

SCC music therapist Jara Dell shares favorite holiday musical selections on the marimba. *(Recorded in 2020.)*

**From the John Bartram Arboretum
Serviceberry (*Amelanchier
canadensis*)**

Serviceberry has four-season appeal with its spring flowers, summer fruits, fall foliage, and winter white zigzag twigs with light grey bark. They are most often understory trees, but particular varieties do very well in full sun, giving even sweeter and more abundant berries according to the Ohio Department of Natural Resources. There are many cultivars.

Many birds, including cardinals, cedar waxwings, towhees, Baltimore orioles, and mockingbirds, eat serviceberries, as do squirrels, chipmunks, foxes, and deer.

You only need one tree to have ber-



Serviceberry (Amelanchier) fall foliage

ries. It grows well in moist areas with some cultivars becoming a rather dense bush if not pruned a lot. Then little birds like to build nests in it.

Most do not do well in polluted areas or high-salt areas. They grow 1–2 feet each year, reaching 15–30 feet in height.

~Anne Helm for the Arboretum Committee



Serviceberry tree as you come down Kendal's boulevard towards Heiser.



Serviceberry Bark

*Photo Credits:
Anne Helm.*

Jack-o'-Lantern Showcase Winners

This year's Halloween pumpkin carving competition was the best ever, with an all-time high of 18 entries from residents and staff alike. All entries demonstrated great skill, good humor, and originality.

The voting was very close. The over-all winner for Originality was Lilly Long's "Cinderella's Coach." Keeping it in the family was Nick Long's Most Humorous entry, "Pinocchio." Finally, in the Scariest category the winner was "One-eyed purple people eater." If you were its anonymous entrant, let Dan Reiber or Jack Secrist know and we'll include your name in *The Kendalight*.



Thanks to all of our participants for making this year's contest a great success.

~Jack Secrist



Holiday Lights Tour
Thurs., Dec. 14 - 7:00–8:45pm

Join us for a tour of holiday lights in the Oberlin area. We will view lights in Oberlin, at the Lorain County Metro Parks, and at other locations. No charge for this tour. Sign up for the Kendal bus on the sheet near mailboxes. Questions? Call Gerry Findlan.

Create Stephens Holiday Door Decorations
Sat., Dec. 2 - Drop in, 9:30–11:30am - Art Studio

Join in the festive spirit as we cut pictures from old holiday cards and attach them to long streamers for the residents' doors. Come, give your creativity free rein, and share the holiday spirit while creating these beautiful decorations.



KENDAL RESALE SHOP

Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities

SHOP!

Wednesday–Saturday
11:00am–5:00pm
(closed Sunday–Tuesday)

DONATE!

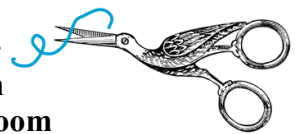
Bring your donations of clean, gently used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

Given to RAF, year to date:

Total contribution: \$35,720.

Threads:

**Drop Off or
In Person in
the Craft Room**



Thursdays - 11:00am–12:00pm

We do simple sewing jobs for residents only. We shorten pants, sew on buttons, patch holes, sew up seams, and mend toes of socks. Bring your clean, bagged items to the Craft Room anytime, place them on the table, and fill out the required work order form located on the clipboard.



Smart Giving!

2023 Year-End Tax-Wise Planning Available Online through March 2024

The 2023 Year End Tax Planning Webinar given by CPA Vance DeBouter in November was recorded and is available to stream on the KORA website until the end of March 2024. The printed text of Vance's talk is available upon request. Questions? Ask Tom Konkoly by phone or email. ~Kendal Philanthropy Committee

Mindful Mondays Lunch with Kim and Cyndi Mon., Dec. 11 - 12:00pm - Fox and Fell Den

Join Kendal Social Services Associates Kim Peters (440-776-5016) and Cyndi Moran (440-775-9813) for an hour of conversation and discussion while enjoying lunch. No sign-up required. All are welcome.

Lift Your Spirit with Song, Poems, Stories Tues., Dec. 12 - 2:00-3:00pm - Kendal Fitness Center

Create resilience in this time of gathering darkness by bringing an uplifting song, poem, or story to share that opens our hearts and allows us to be present to winter's beauty and stillness. Or just come to listen and/or sing. Facilitated by Rev. Mary Grigolia, Oberlin UU Fellowship. Contact: Gerlind Jenkner.

New Indigenous Americans Interest Group Forming

If you would like to join a new group to learn more about the history and current situation of indigenous Americans and to promote that learning through educational programs at Kendal, contact Dianne Haley. Another possible goal of this group could be to develop a Land Acknowledgement for KORA.

Table Tennis Hours

Come and play on Wednesday, Friday, and Sunday, 10:00am to 12:00pm in Heiser Auditorium. All are welcome!
~Sidney Rosenfeld, Sports and Recreation

Suggestions and Concerns Mon., Dec. 11 - 2:00-3:00pm - Crossroads Room

We will listen to your suggestion or concern in confidence (privately, if you wish), discuss it with you, and refer the matter to a pertinent department head or committee chair. ~Rich Hall, chair

KaO Health Services Forum Wed., Dec. 13 - 4:00pm AUD, KOTV

- Kendal Health Services Dashboard
- Connecting with On-Campus and Local Health Care Providers
- Living Resiliently with Heart Disease
- Q&A with Georgia Newman, MD
~Stacy Terrell, Chief Health Services Officer

Off-Season Saturday Walks

Those desiring to walk off the Kendal campus should meet at the Heiser Reception Desk at 9:00am every Saturday. We will decide whether to walk that day (weather permitting) and carpool to the destination. The walks are leisurely, 1-3 miles, and generally scenic.

Let's Dance!

English Country Dancing

Sundays - 7:15pm
Heiser Auditorium
Contact: Judy Cook

Line Dancing

Mondays - 4:15pm
Heiser Auditorium
Contact: Dan Reiber

Square Dancing

Tuesdays - 4:00pm
Heiser Auditorium
Contact: Donna and Larry Steele



Church Services Holiday schedules may vary

First Church in Oberlin, UCC
Sun., 10:00am, WSCC

Oberlin Friends Meeting
Sun., 10:30am, Ed Center and Zoom

Oberlin Unitarian Universalist Fellowship
Sun., 11:00am, Zoom

Roman Catholic Mass
St. Patrick's Cathedral, NYC
Sun., 11:15am, WSCC

Christ Episcopal Church
Sun., 12:30pm, WSCC, YouTube

Catholic Communion Service
Sat., 3:30pm, Green Room



Event Links

- For "inside Kendal" program links, contact **Carol Harvey**.
- For "outside Kendal" community cultural and educational ad hoc events, contact **Barbara Gordon-Lickey**.

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Assn.
600 Kendal Dr., Oberlin, OH 44074

Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Barb Benjamin, Anne Martin, Polly McIlrath, Mary Simons
Profile Photos: Sally Nelson-Olin

- Deadline for the January 2024 issue of *The Kendalight* is December 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: kite600@yahoo.com
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Meet a Dining Star Luna Waltz

Sometimes it seems hard to believe that we are actually making progress in Dining Services, but this is a moment that we can all celebrate. Lisa Wilken has been officially named as Director of Hospitality Services. She brings energy and dedication to her job. Lisa is determined to resolve the issue of consistency slippage. If unfortunate variations have crept into a dish during the past several presentations, she discusses the issue with the chefs to understand and eliminate the differences. Lisa emphasizes that she depends on and pays attention to the comment cards that she receives from us.

What do you think of the extended Langston hours? I have heard positive comments. Several card games have moved into the Langston to capitalize on the availability of food and drink. Please remember that the Langston is open mornings and afternoons, and take advantage of the hot drinks, muffins, light fare, and desserts.

Coming soon, if not already here, servers are getting small-portion buttons on their tablets. When these are functional, your server can mark down that you wish a small portion of a dish. This does not mean a reduced price, but it does prevent you from either eating more than you wish or leaving food on the plate. Those who have advocated for this feature have assured us that they are willing to pay full price, but they don't like wasting food. It is not clear when this button will be activated. Just ask your server whether he or she has the small-portion button on the tablet yet.

Lisa promises that further changes are coming in Dining Services. We don't yet know what or when, but the staff is striving mightily to bring improvements.

Keep your eyes and ears open, and, if you have a chef candidate in your pocket, be sure to let Lisa know.

~Barbara Pierce, Chair, Dining Matters

Luna grew up on a 50-acre farm in Oberlin that had exotic animals. She went to Lake Ridge Academy for all 13 years of school and always loved theatre design and stagecraft. At her graduation, she received the Thespian award for 500 hours of theater work. She worked at the MAD Factory (Music, Art, Drama, Dance) in Oberlin from the age of four, and at 17 was stage manager for *Aida*.

Luna worked at Cleveland Metro Parks during Covid. She came to work at Kendal because her now-fiancée Sophie was a dishwasher here. They've been best friends since preschool at the Oberlin Early Childhood Center

She loves being at Kendal ("This is an incredible place to work because of the residents and staff!") and is known for her daily "Fact of the Day" which she has posted since she came here eight months ago. ~Priscilla Steinberg

Sprechen Sie Deutsch?

Join us every Tuesday for an hour of German conversation.

On the first Tuesday of each month we meet for lunch at noon in the Den in Fox and Fell. (Pick up your meal in Langston.)

On the other Tuesdays, we meet at 7:00pm in Crossroads Room.

Questions? Ask Betsy Baumbach.

Solo Diners

Tues., Dec. 26 - 5:30pm - Den

Join solo Kendal residents monthly for dinner and conversation in the Den. There is no planned agenda – just informal sharing. Sign-up sheet will be posted by the open mailboxes.

Introverts Unite!
Contact Suzanne McDougal

Cognitive Issues Discussion Group Fri., Dec. 22 - 10:30am Ed Center Training Room

All are welcome. ~Carol Bojanowski

Grief Support Group Tues., Dec. 26 - 10:00am Green Room

Facilitated by Melissa Thompson, LSW (mkthompson@kao.kendal.org).

Centering Time With Indira Palekar Mondays - 11:00–11:30am Zoom and WSCC

Psychologist Indira Palekar offers the Kendal community a time to reflect on topics that are suggested by the current participants. For Zoom link, contact Kim Peters (kpeters@kao.kendal.org).

Where to Find Contact Info

- **Kendal at Oberlin Directory**, printed and distributed in February.
- **KaO PDF Directory**, distributed via email to all residents.
- **Bulletin Board**, near photos of new residents. Make these corrections and additions to your printed directory.
- **Online Resident Directory**, in the KORA website (www.kaores.org). Click "Directory" under the "People" tab. You must be logged in for access.




IN MEMORIAM

JOANNE NOREBERG

OCTOBER 27, 2023

PAULINE FREAS

NOVEMBER 5, 2023

SUN	MON	TUE	WED	THU	FRI	SAT	
<p><u>First Church Service</u> 10:00am WSCC</p> <p><u>Quaker Worship</u> 10:30am Ed Ctr, Zoom</p> <p><u>RC Mass</u> 11:15am WSCC</p> <p><u>Christ Episcopal Service</u> 12:30pm WSCC</p> <p>Film (see p. 4) 7:00pm WSCC</p> <p><u>English Country Dancing</u> 7:15pm AUD</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Centering Time</u> 11:00am Zoom, WSCC (no 12/25)</p> <p><u>Documentary</u> (see p. 4) 1:00pm WSCC (no 12/25)</p> <p><u>Line Dancing</u> 4:15pm AUD (no 12/25)</p> <p><u>The Crown</u> 7:00pm WSCC (no 12/25)</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Themed Film</u> (see p. 4) 1:00pm WSCC</p> <p><u>Square Dancing</u> 4:00pm AUD</p> <p><u>Somebody Feed Phil</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>News Currents</u> 1:00pm WSCC</p> <p><u>SCC Council</u> 12/13 4:00pm</p> <p><u>Song Swap</u> 12/13, 12/27</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Musical Film</u> (see p. 4) 1:00pm WSCC</p> <p><u>Jazz Listening</u> 2:00pm AUD 12/14, 12/28</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Art History</u> 1:00pm WSCC</p>	<p><u>Saturday Walk</u> 9:00am Heiser</p> <p><u>Ken Burns: Baseball</u> 1:00pm WSCC</p> <p><u>Catholic Communion Service</u> 3:30pm Green Rm</p> <p><u>Film</u> (see p. 4) 7:15pm</p>	
<h1 style="color: red; text-align: center;">December 2023</h1> <p>Zoom: See kaores.org Calendar for link.</p> <p>KOTV: Cable 920, 19-2, or 95-101</p> <p>WSCC: Cable 921, 20-1, or 96-100</p>				<p style="text-align: center;">Holiday Sales! Heiser Lounge</p> <p style="text-align: center;">Art Studio Pottery, Art, Cards Fri.–Sun., Dec. 1–3 7:00am–8:00pm</p> <p style="text-align: center;">Kendal Resale Shop Jewelry and Gifts Thurs.–Fri., Dec. 7–8 10:00am–2:00 pm</p>		1	2
<p>3</p> <p>International Christmas Carol Sing-Along 3:00pm Penn</p> <p>Live Music Kendal Presents: Kendal resident musicians 4:00pm AUD</p>	<p>4</p> <p>Jeremy Denk, piano master class 12:00pm Stull, 2nd floor Carpool</p> <p>Dark Sky Lighting at Kendal 7:15pm AUD, KOTV</p>	<p>5</p> <p>Djembe Orchestra, Weedie Braimah, director 7:30pm Warner Carpool</p>	<p>6</p> <p>Lunch Bunch JVS 11:30am–1:30pm 🚗</p> <p>Literary Journalism 7:15pm AUD, KOTV</p>	<p>7 Chanukah 12/7-12/14 5:00pm HL, WSCC, Zoom See p. 1 & p. 8</p> <p>Art in Our Lives 1:00pm Art Studio</p> <p>ASL Class 1:40pm Ed Ctr</p> <p>A&S Chamber Collective, 7:30pm Warner 🚗</p>	<p>8</p> <p>Play Readers: <i>Silent Sky</i> 1:30pm AUD, KOTV</p> <p>OC Theater: <i>Pipeline</i> 7:30pm Wurtzel (tx) 🚗</p> <p>Oberlin Orchestra, Raphael Jiménez, conductor 7:30pm Finney 🚗</p>	<p>9</p> <p>Met Opera, <i>Florenca en el Amazonas</i> 12:55pm Apollo 🚗</p> <p>Roman Rudnytsky, piano recital 4:00pm AUD</p> <p>Play Readers: <i>Silent Sky</i> 7:15pm AUD, KOTV</p> <p>Collegium Musicum 7:30pm Fairchild 🚗</p>	
<p>10</p> <p>Musical Union, Greg Ristow, conductor, Handel's <i>The Messiah</i> 2:30pm Finney 🚗</p>	<p>11</p> <p>Lunch with Kim & Cyndi 12:00pm Den</p> <p>Suggestions and Concerns 2:00pm Crossroads</p> <p>Two-Day Samba Extravaganza 7:15pm AUD, KOTV</p>	<p>12</p> <p>Lift Your Spirit with Song, Poems, Stories 2:00pm Fitness Center</p> <p>Two-Day Samba Extravaganza 7:15pm AUD, KOTV</p> <p>Contemp. Music Ensemble and Sinfonietta, Timothy Weiss 7:30pm Finney 🚗</p>	<p>13</p> <p>Coffee Hour with BT 9:30am Langston, Zoom, KOTV</p> <p>Health Services Forum 4:00pm AUD, KOTV</p>	<p>14</p> <p>KORA Council 10:00am AUD, KOTV</p> <p>Tour: <i>Mertens/Leavitt</i> 1:30pm AMAM 🚗</p> <p>Kendal Karolers 3:15pm Green Rm</p> <p>Holiday Lights Tour 7:00-8:45pm 🚗</p>	<p>15</p> <p>Apollo's Fire: Wassail! Bay Village 7:30pm concert (tx) <u>Bus lv. 6:30pm</u> 🚗</p> <p>Cleve. Chamber Choir 7:15pm lecture 8:00pm concert Fairchild www.clevelandchamberchoir.org for free Tx 🚗</p>	<p>16</p> <p> Winter Solstice Celebration 7:15pm AUD, KOTV</p>	
<p>17</p> <p>Carol with Community 3:30pm Tappan Sq flagpole</p> <p>Celebration Ringers 4:00pm AUD, KOTV</p>	<p>18</p>	<p>19</p>	<p>20</p> <p>Fitness Center Holiday Open House 3:30-7:00pm</p> <p>Encore: Marimba Christmas 7:00pm WSCC</p>	<p>21</p> <p>Len's Trolley 4:30–5:45pm HL</p>	<p>22</p> <p>Cognitive Issues Discussion Group 10:30am Ed Center</p> <p>Encore: Jara's Marimba Program 3:00pm WSCC</p>	<p>23</p>	
<p>24 Christmas Eve</p> <p>Christmas Eve Gathering 7:15pm HL</p>	<p>25 Christmas</p> <p></p>	<p>26 Boxing Day</p> <p>Kwanzaa Begins </p> <p>Grief Support Group 10:00am Green Rm</p> <p>Solo Diners 5:30pm Den</p>	<p>27</p>	<p>28</p> <p>Exchange with BT 4:00pm AUD, KOTV</p>	<p>29</p>	<p>30</p>	
<p>31</p> <p>New Year's Eve Celebration 7:00-10:00pm AUD, KOTV</p>							