

The Kendalight

Kendal at Oberlin Residents Association

February 2019

Volume XXVI, Number 2



John Mercer Langston
(1829-1897)

Kendal at Oberlin Celebrates Black History Month

Your Diversity Awareness Committee has chosen to use a Heiser community center bulletin board to observe Black History Month this year.

The board in the West Corridor (past the KELC outdoor play area) will feature a brief explanation of the origin of this annual observance and its history, and provide our community residents, staff members, and board members the opportunity to write their comments. Which African-Americans have inspired you? What does Black History Month mean to you?

Write your responses on the cards available on this Heiser bulletin board and we will post them for all to read and share.

We hope to receive many comment cards to share with everyone in our Kendal community.

Toni Merleno for the Diversity Awareness Committee

“Schools which tend to separate the children of the country in their feelings, aspirations, and purposes, which foster and perpetuate sentiments of caste, hatred, and ill-will, which breed a sense of degradation on the one part and of superiority on the other, which beget clannish notions rather than teach and impress an omnipresent and living principle and faith that we are all Americans, in no wise realize our ideal of common schools, while they are contrary to the spirit of our laws and institutions.”

~John Mercer Langston

From his “Equality Before the Law” speech delivered at Oberlin, Ohio, May 17, 1874
<http://www2.oberlin.edu/external/EOG/LangstonSpeeches/equality.htm>

COFFEE HOUR
WITH
BARBARA THOMAS
MONDAY, FEBRUARY 4
9:30AM - LANGSTON

AFTERNOON
EXCHANGE

BARBARA THOMAS
THURSDAY, FEBRUARY 28
4:00PM - AUDITORIUM



Tired of Snow and Cold? Think *Spring Fling!*
And Mark Your Calendar for Friday, April 26

Every Spring Kendal folks welcome the season with a festival – the Spring Fling! Plans are beginning to percolate, but we need YOUR ideas. Come, talk, and bring suggestions on **Thurs., Feb. 7 at 10:30am in the Fox and Fell Café.**

~Program Committee

KNOW YOUR KORA COUNCIL

Gary Olin, the incoming President of KORA, led an orientation session for the members and officers of the KORA Council on January 10. The meeting afforded an opportunity for the participants to become better acquainted with one another, to review the (recently updated) Constitution and Bylaws of the Association, and especially to reflect on how best to fulfill the roles and responsibilities entailed by leadership in the Association.

Gary took note of and paid tribute to the extraordinary work of the Council during the past anniversary year under the superb leadership of Ann Francis. He also suggested persuasively that during the coming year the Council devote careful attention to cultivating its relationship with standing committees and special purpose groups, especially through designated liaisons. Indeed, a meeting with the chairs of standing committees has been scheduled for early February, soon after the Opportunity Fair at which the panoply of work carried out by all the various groups of organized residents will have been on display.

The KORA Council itself has five constituent committees, and three of them met briefly during the orientation session: the Budget Committee (chaired by Priscilla Steinberg) bears the responsibility of allocating the annual income among the several standing committees and subcommittees of the Association; the Coordination Committee (chaired by Jean Slonneger) is charged with fostering the well-being of all those groups and eliciting an annual report from each of them; and the Committee on Suggestions and Concerns (chaired by Marjorie Porter) provides a regular process by which residents, with the assurance of confidentiality, may bring to the attention of the Association problems and possibilities that may deserve and/or require further pursuit.

Winter LifeLong Learning Classes

For classes with fees, register and pay by calling Lorain County Community College at 440-366-4148 or in person at the first or second session.

News & Views: Foreign Affairs: Discussion of topics from the 2019 “Great Decisions” briefing book published by the Foreign Policy Association. **Fridays, 10:30am to noon.** No registration or fee. **Feb. 1: “Nuclear Negotiations: Back to the Future?”** with Al Carroll (see p. 5); **March 1: “Cyber Conflict and Geopolitics,”** with Larry Lannom. (see p. 5). **All are welcome.**

Oedipus and Greek Tragedy. Thomas Van Nortwick, Nathan A. Greenberg Professor Emeritus of Classics, Oberlin College. Three-part course on Sophocles’ “Oedipus Rex,” its literary and historical context. The sessions address the origins and endurance of the tragic perspective in western literature, the history and physical circumstances of Greek theater performance, and the meaning of the play for our understanding of human experience. Copies of the text “The Three Theban Plays” (Robert Fagles, trans., Penguin Books, 1984) are available at MindFair Books or in copied form from the instructor. **Wed., Feb. 6, 13, and 20, 10:30am.** Fee: \$20. (Class 4168)

Opera Preview: Dialogues of the Carmelites. Jonathon Field, Director of the Oberlin Opera Theater, along with students from the production, previews “Dialogues of the Carmelites” by Francis Poulenc, which premiered in 1957 and is based on the martyrdom of Carmelite nuns who were guillotined during the French Revolution’s Reign of Terror for refusing to abandon their vocation. **Thurs., March 7, 4:00pm.** No registration or fee. Call Oberlin College Central Ticket Office Service (775-8169) to buy tickets for a performance in Hall Auditorium on March 13, 15, or 16 at 8:00pm, or March 17 at 2:00pm. There will be Kendal buses to the matinee and one evening performance.

Zen and Art. Kevin Greenwood, Joan L. Danforth Curator of Asian Art, Allen Memorial Art Museum (AMAM). Three-session course introduces Chan (Zen) Buddhism. Zen originated in China around the 7th century as a synthesis of Indian Buddhism and traditional Chinese thought. As it spread to Japan in the 12th century and to Europe and North America in the 20th, each culture embraced Zen thought differently. These differences were reflected in the arts. **Mon., March 4, 11, and 18, 10:30am.** Fee: \$20. (Class 4169) An optional visit to the current exhibition at the AMAM related to the lecture series “Art and Being in the Garden of Ryōan-ji” is scheduled for Tues., March 19 at 10:30am.

2018 Tax Information for Kendal Residents

KatO CFO Ann O’Malley has gathered together the updated information about federal, state, school, and local taxes (as they apply to Kendal residents) that the late Joe Palmieri used to provide for us each February. Vance DeBouter, local CPA, chair of KatO’s Finance Committee and officer of the Board, has reviewed and approved the information.

Look for it on the *kaores* website (<http://kaores.kendal.org/>).



Residence at Kendal confers membership in KORA, and every resident is welcome at meetings of its Council.

~Bob Longworth, *Vice President*

**Next KORA Council Meeting
Thurs., Feb. 21 - 10:00am - AUD**

First Thursday Health Lecture “Family Systems Therapy” Feb. 7 - 7:15pm - AUD

Kendal resident Linda Bell, PhD, will share her 40-year research project and her experience teaching and practicing family systems therapy.

All are welcome.

Third Thursday Lecture “Community Foundation of Lorain County: Connecting People Who Care with Causes that Matter”

Feb. 21 - 7:15 - AUD

Cindy Andrews, the president and CEO of the Community Foundation, will talk about the hundreds of purpose-driven funds maintained by the foundation that directly impact areas of need in Lorain County.

Community Conversations The Kendal Resident Database and You!

Feb. 18 - 7:15 - AUD

Our Kendal Resident Database is designed so that the people who *have* the information can put it in and the people who *need* the information can get it out. This database is the eighth generation of an interactive online database that began in Washington, DC, in the late '90s. It is a fascinating tool with many hidden features, some of which will be revealed by resident Dennis Cook.

Need to Change the Date of a Scheduled Event? Or Make Some Other Correction?

Be sure to notify *The Kendalight* and WKAO of the change – even if it is a late one!

We can often update your announcement on the daily schedule, website, or elsewhere!

Lunch Bunch Moosehead Grill, Amherst Wednesday, February 13

The grill is well known to barbecue lovers for its ribs, pulled pork, beef brisket, and more. But salads and sandwiches, as well as seafood, chicken, and steak, are on the menu, too.

Bus leaves Heiser at 11:30am, returning about 2:00pm. Bus charge: \$8.00.

Place check to KORA for \$8.00 in Box #157 by Monday, February 11.

Lunch at your expense. Sign-up sheet will be posted on the shelf under the Activities bulletin board. 🚌

Volunteer Committee Hard at Work Counting Hours

The Volunteer Committee is busily counting the survey results for 2018 received from Kendal volunteers. It is always amazing to reflect on the number and variety of volunteer hours given by both residents and staff, not only here at Kendal but also at many places in the wider Oberlin and Lorain County area.

Next month *The Kendalight* will feature the final total. Check the Volunteer Bulletin Board for a preview in early February. And check that board each month, where we offer different volunteer opportunities. Some you may know well, but others may be new to you! ~*Volunteer Clearinghouse Committee*

Do You Play a Musical Instrument?

The Music Committee, a subcommittee of the KORA Program Committee, is compiling a list of Kendal residents who play musical instruments, with the goal of creating opportunities for those who want to play chamber music for the sheer fun of it.

There is a sign-up sheet on the shelf beneath the open mailboxes. Please let the Committee know what instrument you play or have played, whether you are a retired professional musician or just took lessons years ago.

Even if you have not opened the case or oiled the valves in years, the Committee wants to know what hidden talents we have among us. Please take a minute to sign in. It won't commit you to anything!

Questions? Contact Larry Mirel.

♪ Music at Kendal ♪

Bob Follet, viola, and Allen Huszti, piano Sun., Feb. 17 - 4:00pm - AUD

Kendal residents and professional musicians Bob Follet, viola, and Allen Huszti, piano, play compositions by Bach, Schumann, and Reger.

Michelle Abraham, violin, and Peter Takacs, piano Tues, Feb. 19 - 7:15pm - AUD

An all-Beethoven concert including violin sonatas in A Major and E-flat Major and Romance for Violin in F Major. Prof. Takacs recently retired from the Piano Dept. of the Oberlin Conservatory. He has recorded the Beethoven piano sonatas.

Amber Scherer, piano Wed., Feb. 20 - 7:15pm - AUD

Amber Scherer will perform selections by Bach, Scriabin, Kaplan, and Chopin.

Mustard's Retreat Fri., Feb. 22 - 7:15pm - AUD

Mustard's Retreat is a folk trio featuring Libby Glover, singer, and David Tamulevich and Michael Hough, guitars. The Trio's performances are critiqued as “joyful, uplifting, insightful, original, and timeless.”

Sunday Movies in Jameson House at 7:00pm

Feb. 3 - Secondhand Lions (2003) A coming-of-age story about a shy, young boy (Haley Joel Osment) sent by his irresponsible mother to spend the summer in Texas with his eccentric great-uncles (Robert Duvall and Michael Caine). PG.

Feb. 10 - On Golden Pond (1981) Elderly couple (Henry Fonda, Katharine Hepburn) are joined by estranged daughter (Jane Fonda) at their summer cottage for father's last birthday. PG.

Feb. 17 - Dave (1993) An ordinary guy named Dave (Kevin Kline) is asked to double for the President of the United States. Sigourney Weaver plays the first lady who ends up helping him in the deception. PG-13.

Feb. 24 - The Iron Lady (2011) An elderly Margaret Thatcher (Meryl Streep) talks to the imagined presence of her recently deceased husband, struggling to come to terms with his death. PG-13.

Saturday Night Movie

Feb. 16 - 7:15pm - AUD

Tootsie (1982) Another Dustin Hoffman classic directed by Sydney Pollack. A talented actor who has alienated himself from every producer in New York needs money because he is thousands of dollars in debt. He is willing to play the role of his life. The film also stars Jessica Lange, Terri Garr, Dabney Coleman, Charles Durning, Bill Murray, and Geena Davis. PG.

~Donna VanRaaphorst

Saturday Foreign Film

Feb. 23 - 7:15pm - AUD

Ohayo [Good Morning] (1959) Two brothers begin a silence strike to press their parents into buying them a television set. A classic by the noted Japanese director Yasujiro Ozu. Drama and Comedy. Japanese with English subtitles. G.

~Dwight Call



Art Gallery News

The next exhibit in the **Kendal Gallery**, going up on February 5, will be the annual members' show of the Ohio Collage Society, a state-wide organization for artists who currently practice the technique of collage. The Society's members' show is held each year in different galleries around the state, and this year's show will be their 13th consecutive year of exhibitions. The subject matter, techniques, materials, and intentions vary widely from artist to artist. The reception for this show takes place at 2:30pm on Friday, February 8, in the Heiser Lounge. The Ohio Collage Society's show will be in the gallery until April 1.

On February 8, Louise Luckenbill's

show, "Let's take a Trip on the Train," will come off the **Community Gallery** walls, and more than a dozen woven panels and some mobiles of Malke (Bernadette Ginestet-Levine) will be installed. Malke, a local artist who exhibited here some years ago, will be familiar to many of us. A reception is planned for Wednesday February 20 at 4:30pm in the Heiser Lounge.

On February 12, Deborah Campa's show in the **Friend's Gallery** comes down, and the work of Oberlin High School students will go up. It will be on display until April 5. We always look forward to see what our talented Oberlin youth have created.

Finally, the whimsical representations of ophthalmologists at work in the **Curio Cabinet** will be returned to Ron Price near the end of this month, and a collection of small toys will be installed for March. Watch for details!

First Thursday Evening Hours at AMAM February 7 - 5:30-7:30pm

James Clifton, curator of Renaissance and Baroque painting, will discuss Joachim Wtewael's work, "The Kitchen Maid," on loan from the Centraal Museum in Utrecht, Netherlands, until July 21. Vegetables in the still life beside her suggest that her gaze is provocative, while in the background Christ imparts words of wisdom to Martha and Mary. How might the two parts of this picture be reconciled? The talk will begin at 5:30pm in the King Sculpture Court, followed by a reception with light refreshments in the East Gallery.

Tuesday Tea at Allen Memorial Art Museum Feb. 12 - 3:00pm

Curatorial Assistant Emma Laube '17 will discuss the influences on Beijing-born French artist Zao Wuo-Ki, whose work is featured in the current "Prints in Context" exhibition that she curated. The exhibit considers the work of Zao in relation to prints by Franz Kline, Joan Miro, and Paul Klee. Cookies and tea will follow the talk in the East Gallery. All are welcome.

Remember! Wear your name tag so newcomers (and old-timers) can tie your name to that face!

Mexican Train Domino Game Opportunities. The wonderful yellow hat that I wear on Monday nights states that I am the: Royal Custodian of the Thoughtful Medicine Mexican Train Therapeutic Tiles. All of this is to confirm that we can accommodate up to 20 players every Monday night at 7:15pm outside the Fox & Fell. There are four tables available with two sets of traditional dot dominoes and two with large numbers. Come and learn to have fun, which is very therapeutic, as Thoughtful Medicine requires. ~Lynn Killean

**News & Views:
Foreign Affairs
Fri., Feb. 1 - 10:30am - AUD**

Al Carroll, Kendal resident and retired nuclear physicist at Brookhaven National Labs, will speak on the topic **“Nuclear Negotiations: Back to the Future?”**

Nuclear weapons have not gone away, and the Trump administration has brought a new urgency, if not a new approach, to dealing with them. The President has met with Vladimir Putin as the New Start Treaty with Russia comes up for renewal in 2021, the first presidential summit ever with Kim Jong-un occurred to discuss denuclearizing the Korean Peninsula, and President Trump has decertified the Obama nuclear deal with Iran.

To what degree should past nuclear talks guide future U.S. nuclear arms control negotiations? Can the art of the deal apply to stabilizing our nuclear future? **No registration or fee. All are welcome.**

**News & Views:
Foreign Affairs
Fri., March 1 - 10:30am - AUD**

Larry Lannom, Kendal resident and Director of Information Services and Vice President at the Corporation for National Research Initiatives, will speak on the topic **“Cyber Conflict and Geopolitics.”**

Cyber conflict is a new and continually developing threat, which can include foreign interference in elections, industrial sabotage, and attacks on infrastructure.

Russia has been accused of interfering in the 2016 presidential elections in the United States, and China is highly committed to using cyberspace as a tool of national policy. Dealing with cyber conflict will require new ways of looking at 21st-century warfare. Is the United States prepared to respond to such threats? **No registration or fee. All are welcome.**

**Visiting Friends in the SCC
Tues., Feb. 12 – 3:00-4:00pm
Ed. Center Training Room**

Have you ever wanted to visit a friend or neighbor in the Stephens Care Center, but been unsure how to get started? Would you like to learn more about building or maintaining a relationship with someone living in SCC? Kendal’s Social Services has planned a training session for you. Sign up in front of the open mailboxes during the week before. Questions? Ask Kim Peters (KaOSSGroup@Kendal.org) or Elizabeth Hole.

**Kendal at Oberlin
Health Services Forum
Wed., Feb. 27 - 4:00pm - AUD**

- Getting Physically Ready for Spring
- Planning a Good Night’s Sleep
- Stephens Care Center Updates
- Wellness Support Networks
- Volunteer Health Service Navigators
- Q and A with our Medical Director

*~Stacy Terrell, KatO Chief
Health Services Officer*



11/29/18-1/9/19

Kendal Nature Sightings

11/29 Large flock of Blackbirds, mostly Grackles, near #37, Maureen Bailey (hskp); **12/7** Cooper’s Hawk, tree near Heiser, Gail Fowler; **12/10** Red-Tailed Woodpecker, tree by Troll Bridge, Anne Martin; **12/17** Hawk chasing Blue Jay, near Heiser entrance, Marilyn Burns; **12/17** Brown Creeper and Flicker, near #138, Judy Cook; **12/19** three Eastern Bluebirds, flying over Center (Heiser) Pond, Maureen B.; **12/19** Carolina Wren, feeder at #201, Lee Heffner; **12/25** Red Shouldered Hawk, Center (Heiser) Pond, Betsy and Larry Mirel; **1/6** American Tree Sparrows, west of Rock Pond, Scott Orcutt; **1/7** Mature Bald Eagle, fishing at Rock Pond, Jim and Kate Walsh; **1/7** Male Redhead Duck, Farmer’s Pond, Rick and Prudy Hall; **1/9** Flock of Cedar Waxwings, trees in front of Kendal Early Learning Center, Jim and Kate W.

**Thoughtful Health Conversations
A Coming Attraction: Wellness Support Networks!**

Here are three conversations between residents. Have you ever found yourself in situations like these?

⊙ I just got back from the doctor, and she said I need surgery very soon, and I’m so flustered I don’t remember anything else she said.

⊙ *If you’d asked, I’d have been happy to go with you as another listener.*

⊙ I don’t need a Wellness Support Network; my daughter in Seattle knows what I want.

⊙ *That’s very nice, but she won’t be able to drive you to the hospital if you fall and cut your head. Feel free to call me if you need something.*

⊙ I’ve been hearing about this Wellness Support Network stuff, but my partner and I can take care of each other.

⊙ *When the ambulance doors closed behind my partner as he was being taken to the hospital, I was scared and didn’t know whom to talk to.*

Thoughtful Health Conversations suggests you plan ahead and develop your own Wellness Support Network. Learn more at the KatO Health Services Forum on Wednesday, February 27 (see the announcement above).

More About Kendal Residents

Carol and Roger Hall

Carol:

I was born in 1941 and grew up in Cleveland's eastern suburb, South Euclid. My sister, two years younger, and I enjoyed attending Brush High School. I then went to the College of Wooster and received a BA in sociology in 1963. President Kennedy was promoting the Peace Corps, so I applied and was sent to a small town near the Caribbean in Colombia to teach public health. I loved learning Spanish and working with the coastal people.

After two years, I came back to Cleveland to work at Metro Health Hospital as a pediatric social worker until I met and married Roger, taking on his two children. We soon had another daughter to complete our family of five. Once the children were all in school, I worked part-time teaching sewing at Stretch and Sew, then as a librarian in the county library, and finally in adult education in the Cleveland schools.

My favorite job was doing home visits, working with "at risk" mothers with babies ages zero to three. We worked on the physical, mental, and emotional development of the baby. I went with them to some medical appointments and encouraged the mothers to complete their high school education. I visited all our Hispanic families.

I enjoyed being a Girl Scout leader for both of my daughters, and our family was active in our Presbyterian church.

After the children completed college, Roger and I began traveling with friends to most of the countries in Europe.

We also started volunteering with Medical Ministry International, an ecumenical organization, to set up clinics in rural areas of underdeveloped coun-



tries and provide medicine and care for the needy. We still go twice per year to offer our services. I interpret for doctors. Roger is a general helper working on a variety of jobs.

We love to learn and are looking forward to lectures and classes as well as volunteer experiences at Kendal.

Roger:

I was born in 1936 to two wonderful parents who lived into their late eighties!

I enjoyed Boy Scouts and YMCA camps and activities in Cleveland Heights until I left for the College of Wooster in 1954. There I majored in chemistry and went on to get a master's degree in organic chemistry from Ohio University in 1961.

I married my college sweetheart in 1958 and moved to Jacksonville, FL, in 1961 where I was hired by the Glidden Company. Unfortunately, my wife developed leukemia after we had our second child, so we moved back to Cleveland Heights. I was able to transfer to Glidden Company in Cleveland. My wife passed away, but my parents helped me with the two children until I married Carol in 1966. We had a daughter in 1968 to complete our family.

I received five patents for coatings for metal at Glidden, and I held research management positions the last 20 years. I retired at age 59.

Carol and I have enjoyed traveling the world for fun and education. We also travel to assist doctors in the ecu-

menical Christian Program, Medical Ministry International. I help in the pharmacy or move patients from station to station.

Sometimes I entertain them with magic tricks!

Altogether, we have traveled to 57 countries. Italy, Greece, and the Holy Lands were the most interesting.

We like to play card games and we have enjoyed adult education classes at Cuyahoga Community College and Baldwin Wallace University on the west side of Cleveland.

Now we look forward to making good friends at Kendal. Anyone like to play golf?

Upcoming Moves

Roberta Rosell will move from Northbrook, IL, to a Kendal apartment in mid-February.

Terry and Charlotte McGowan will move from Cleveland Heights, OH, to a Kendal cottage in mid-February.

Rebecca Cardozo will move from Washington, DC, to a Kendal apartment in late February.

Recent Transfers

Agnes Bacon moved from a cottage to an apartment in early January.

IN MEMORIAM

SHIRLEY HAYWARD
DECEMBER 30, 2018

FERN INGERSOLL
JANUARY 22, 2019

Find biographies of all residents, both newcomers and old-timers, in "Who's Here" on the Kendal library center bookcase.



Prudence and Richard Hall

Prudy:

My childhood in Minneapolis and St. Paul as an offspring of two academics (Dad – history at University of Minnesota; Mom – classics at Macalester) somehow led to college at Oberlin (Class of 1959, biology). Then came marriage to Rich (also Class of 1959, philosophy) and a lab technician job at Princeton.

Important happenings since included a move to Lancaster, PA, where Rich taught philosophy at Franklin and Marshall College, and where our two sons, Ethan (1962) and Eric (1964), were born. Then came the move to East Lansing, MI, and Michigan State University.

My career includes lab instructor at F&M, lab tech at MSU (1969-1977), grad student (MSU, plant biology, PhD 1983), post-doctoral researcher in Australia and at MSU, and finally a faculty member (biology and chemistry) at Hiram College (1988-2005).

Rich and I have enjoyed sailing on the Great Lakes, spending many summers recently in the northern waters of Green Bay, both ashore and aboard our old sailboat, Providence.

We are also avid amateur musicians – Rich piano, me violin and viola. I played with Hiram Chamber Orchestra for nearly 30 years. I also discovered a week-long chamber music workshop at The Clearing in Ellison

Bay, WI, and have attended the last 12 years.

Together we have traveled to Australia, New Zealand, Ecuador and the Galápagos Islands, Antarctica, and South Africa, besides the U.S. I led student and alumni trips from Hiram to Australia, New Zealand, Galápagos Islands, and South Africa, and I've traveled with an Australian friend to Madagascar and Cuba as well.

For me, coming to Oberlin as a student was a huge life-changing event, for which I am grateful. And so, I am happy to be returning to familiar grounds, and to becoming a member of the Kendal community.

Rich:

My roots are as much in Oberlin as anywhere. I've lived in Palo Alto, Iowa City, Chapel Hill, Princeton, and East Lansing.

But it was Oberlin where I went to college and where I met Prudy, my fantastic First (and only) Mate. First Mate, because when I took her sailing on stormy Green Bay in the summer of 1957 (the first time she'd ever been sailing), she loved it and wanted more.

And more we did, sailing for at least a few weeks most summers since, on northern Lake Michigan, Lake Superior, the North Channel, and, lately, back on Green Bay.

Next to my First Mate and sailing, I love music, having played piano and sung in choirs most of my life. My fingers are getting stiff and my voice wa-

very, but I hope to find some groups to play and sing with here at Kendal.

My dad was an academic, as the list of cities I've lived in tells you, and I've continued that tradition, being a philosophy prof, mostly at Michigan State, mostly philosophy of mind.

I still get a lot of pleasure out of reading and thinking about all the unsolved philosophical problems (how does conscious experience arise out of neuron firings?).

I'm looking forward to finding lots of kindred spirits at Kendal.

**Mardi Gras
Mystery Theater**



Sun., March 10 - 3:00pm - AUD

Angie Church and Belinda Varner, Kendal night-shift housekeeping staff, are excited to be directing "Mardi Gras at Dupre Chateau."

Our Mystery Theater in March will be a masquerade party. Masks and beads will be provided – or you can bring your own!

The Kendal Early Learning Center helped decorate 100 masks. But still more are needed! If you would like to volunteer, call Belinda at 440-225-0422 or email BVarner@kao.kendal.org.

During intermission, alcohol-free margaritas and punch will be served. **We are asking our guests to bring favorite snacks to share.**

All are invited to join the Mardi Gras celebration at the Mystery Theater on March 10!

Kendal Kryptogram #168 - By Nina Love

SO HAVE MOTUL EX MQRO EXPOEYOU TV

CUXEYOUV XU BOUQVY EXPOEYOU TV

DXXMV. ~HTUEQL MAEYOU JQLP, KU.

Solution to Kryptogram #167: "In the new year may you have a new soul – and a new backbone, new nose, new feet, new ears, and new eyes."

~G.K. Chesterton

From The John Bartram Arboretum: Tree Commission Academy

Kendal at Oberlin is fortunate to be hosting for the second time the Tree Commission Academy taught by Regional Forester Alan Siewert. This has brought Kendal and our John Bartram Arboretum many pluses: we gain the knowledge and skills based on best practices, and a web of connections and relationships with the broader community and government agencies. All of these are needed to develop a strong, vibrant arboretum.

The course consists of four two-day sessions, conducted over a period of several months. The first session this year took place on January 16 and 17. About 2/3 of the 23 enrollees were Kendal residents and staff. There are 18 course units overall, 12 of which cover the underlying science and techniques of care and maintenance of trees in urban areas. The other six units relate to the social dimensions of urban forestry: how to work with community and government agencies.

Ohio is unique in having such a course. Ohio recognizes that “the trees that line our streets and inhabit our parks are an incredible resource. Trees, like the rest of our community infrastructure (roads, sewers, lights, buildings, and equipment) require proper planning and maintenance to grow and deliver all potential benefits. The planning and administration of our urban forest is essential if it is to reach its full benefits and provide a meaningful return on our investment.”

We here at Kendal at Oberlin and the John Bartram Arboretum are continuing to learn and are grateful for help such as the Tree Commission Academy. Let’s give a shout-out to those who are taking the course! And may we invest wisely in the incredible resource of our trees.

To understand more, go to:
<http://forestry.ohiodnr.gov/portals/forestry/pdfs/urban/tccatalog2013.pdf>

~Anne Helm for the Arboretum Committee

Kendal Resale Shop Talk

Benefitting Kendal Residents Assistance Fund and Community Charities

2018 was another good year for the Kendal Resale Shop. In December, KRS deposited \$4,200, giving us an annual total of \$45,002.56. KRS also generated a total of \$727.00 in payroll deduction sales, bringing the annual total to \$45,729.56 for Residents Assistance Fund (RAF).

In addition to resale shop sales, Dan Reiber’s efforts brought \$3,600 in total auto sales commissions, giving us a 2018 grand total of \$49,329.56 to RAF. Thanks to all the Kendal and Oberlin shoppers, our generous donors, and hard-working volunteers! Together we make a difference.

DID YOU KNOW? In addition to funds generated for RAF, KRS donates furniture, electronics, books, and hundreds of pounds of clothing, bedding, etc., to community charities in Lorain and Huron counties.

THANK YOU! Keep those donations coming and keep shopping the KRS!
~Nancy Lombardi,
Chair, Kendal Resale Shop

Need Another Directory?

To get an extra copy of the 2019 KatO Directory, put \$1.00 in an envelope with your name on it in Box #8 and a directory will be delivered.

January 2019 Board Highlights

The Board’s fall meetings and first meeting of 2019 have been busy with new people joining us and dedicated members fulfilling their nine-year terms and stepping off the board.

David Clash and Eddie Miller were thanked by the board as they completed extensive committee and board service. Both men, who served Kendal during a period of great growth and accomplishments, will be recognized in April at the Annual Board Dinner.

In January, the board welcomed new board member Joan Villarreal who brings extensive community and career experience. Before retiring, Joan was a senior vice president—loan operations manager with Lorain National Bank, and prior to that she spent almost a decade with two area United Ways (Greater Lorain County and Greater Cleveland). Gary Olin was welcomed as the elected KORA representative to serve on the board for 2019.

The January meeting included such annual business practices as disclosure of conflicts of interest and completion of a code of conduct form to meet compliance regulations. The board spent the majority of its meeting time in small- and large-group discussions with a focus on its strengths and challenges, topics that invigorate (or confuse) board members, and how to be the best board in 2019. ~Barbara Thomas

Can You Volunteer to Ride on the Kendal Bus to Drug Mart or IGA?

Kendal’s Social Services wants to develop a small group of volunteers to ride on the Kendal bus to IGA or Drug Mart once a week to help other residents with their shopping.

Some of the ways to help Kendal shoppers might include reading ingredient information on labels, reaching items on too-low or too-high shelves, or using the printed in-store aisle listings to help locate merchandise.

We hope to get four volunteers, so that each one would ride the bus only once a month.

If you have questions or would like to help form this small group, contact Elizabeth Hole, Care and Nurturing Committee.

For the Vision-Impaired



**Low-Vision Support Group:
“From Coping to Thriving
with Vision Loss”
Thursday, February 14
4:00pm - Green Room**

***The Kendalight* Monthly Readings Have Been Cancelled**

Future readings of *The Kendalight* on the first day of each month are cancelled due to lack of interest.

Note that Audio Announcements of daily programs and menus are available at 440-775-9868.

Did You Misplace Your Bicycle?

Perhaps it's one of the six bikes – with flat tires – that are filling up the spaces at Kendal's employee entrance. These bicycle parking spaces are needed for our daily users!

So please check to see if one of these bikes belongs to you. Those unclaimed will be offered for sale.

Horticulture News

- On Friday, May 10, the Horticulture Committee will present a Kendal tradition, the ever-popular annual plant sale. More details will be forthcoming.
- February is a good month to start seeds for planting outdoors in May. To reserve space under grow lights in the Horticulture Room, please give Don Reeves a call or leave a note with your contact information in his open mailbox.
- For a community garden plot to grow your vegetables, fruit, or flowers this summer, you may arrange a tour by calling Melissa Reed or by leaving a note in her open mailbox. Most plots are 10 x 10 feet.



BIG BUS Butler Museum of Amer- ican Art, Youngstown Wed., Mar. 6 - 9:30am-4:00pm

The sign-up sheet for this Big Bus trip is on the shelf below the open mailboxes. Sign-up begins February 1 and closes at noon on February 27.

To reserve a seat on the coach, place a check for \$48.00, payable to KORA, in Box #245. The price per person includes lunch and gratuity, donation, coach, and driver gratuity. Bus leaves Heiser Center at 9:30am (9:15am sign-in), returning by 4:00pm.

The original museum, designed by McKim, Mead, and White, is a masterpiece of Second Renaissance Revival. We'll tour the extensive Butler collection which is exhibited chronologically in easily accessible galleries. The museum's permanent collection spans 400 years of American Art.

A catered light lunch will be served and an optional free concert by students from Youngstown State University's Dana School of Music is available in the Atrium at noon.

The Arms Museum (and historic house) nearby is not part of our package but is available for a visit.

Questions? Contact hosts Maxine Houck or Barbara Bruer.

Need Tech Help?

Oberlin College students Kennie Fierro and Samantha Perez will again provide “Gadget Help” on Thursdays at 4:30pm in the Whittier Game Lounge.

Bring your tablet, laptop, or phone, and they can help you out.

Check Out the New Home for Oberlin Winter Market!

Many of your favorite vendors from the Oberlin Farmer's Market can now be found on Saturdays from 10:30am to 1:30pm at the Oberlin Early Childhood Center, 317 E. College Street. Vendors supply locally grown produce and meats, hydroponic greens, honey, jams, baked goods, handicrafts, cards, art, and more. Listen to local musicians play while you shop!

Dementia Friends Ohio: Friday, Feb. 22 - 10-11am OR Wednesday, Feb. 27 - 4-5pm Crossroads Room

Do you want to know more about dementia and how it affects people? Twice this month the Dementia-Friendly Discussion Group will sponsor a program called Dementia Friends Ohio, part of a global movement developed by the Alzheimer's Society in the United Kingdom and now underway in the United States. Their goal is to help everyone understand five key messages about dementia, how it affects people, and how we can make a difference in the lives of people living with the disease.

The material presented is intended for people living in the greater community. The small group of Kendal residents that attended a session thought it was also good basic information for the wider Kendal community.

Attendance will be limited. Sign-up sheets will be by the open mailboxes a week before the first presentation.

~Carol Bojanowski

Monthly Dementia-Friendly Discussion Group Thurs., Feb. 28 - 10:30am Green Room



I can't drive anymore. I hate to bother my friends. But I lose track of time and forget to go to church. I always went to church and was quite active. If you are going to my church, please take me with you. I need to STAY CONNECTED with my church and community.

Saturday Walks

From now through March, those desiring to walk off the Kendal campus assemble at the Heiser Reception Desk at 9:00am every Saturday.

Those present will decide whether to walk on that day (weather permitting) and car pool to the destination. The walks are usually 1-3 miles and are leisurely. Come join us! Questions? Contact Philip Pritchett.

Thanks for the Memories!

Thanks to three individuals who provided us with special holiday treats:

On **Christmas Eve**, Grover Zinn hosted a cozy time with carols and other music provided by Kendal residents and visiting musicians. Allen Huszti sang his annual rendition of "The Boar's Head Carol." Interspersed with the music, Grover read "Twas the Night Before Christmas" and "How the Grinch Stole Christmas." And he told the story of the Christmas Truce of 1914, when German soldiers began singing "Silent Night" and the American troops joined in for a short period of peace. Christmas cookies and hot cider concluded the evening.

On **Christmas afternoon**, Judi Bachrach curled up in a big wing chair and read "A Child's Christmas in Wales" to a group of about 40 residents. It was delightful and Judi is a wonderful storyteller. When as a newcomer she offered to continue her husband's tradition of reading this story every year, she did not know that two other people at Kendal had already made it a treasured tradition in past years.

On **New Year's Eve**, Dan Reiber took the helm and planned a delightful evening replete with the movie "Shirley Valentine," followed by snacks, watching the ball drop, celebrating, and dancing the evening away.

~Program Committee

Winter Table Tennis

Going into the last week of January, the table tennis scene was hopping. An average of 14 players were turning out for our (mostly) three times weekly sessions. A new Kendalite joined us regularly. Our thanks to visiting coach Doyle Harbaugh (from Wakeman) who was, as always, untiring in helping all comers to improve. Stop by and have a look!
~Sidney Rosenfeld

UU Kendal Gathering

"I am Outraged!"

What Is Outrage

Doing to Us?

OC Prof. Cindy Frantz

Wed., Feb. 20 - 4:00pm - AUD

Our current political times engender a steady stream of outrage on all sides. What are the consequences of all this outrage? Is it a force for good or for bad? A long-time member of the Oberlin Unitarian Universalist Fellowship, Cindy Frantz is a social and environmental psychologist who teaches at Oberlin College. **All are welcome!**

Social Services

Lunch with the Kims

Tues., Feb. 19 - 12:00pm - Den

Join Kim Preston and Kim Peters to explore topics of interest to us all. Bring your lunch or purchase it at Langston. **All are welcome.**

RELIGIOUS SERVICES

AT KENDAL

Episcopal Service

Holy Communion

Sat., Feb. 9, 11:00am, Gathering Rm.

Society of Friends

Sundays, 10:30am, Education Center



Bridge Results

Jan. 1 1st, MaryBeth McCalla; 2nd, Tomo Ijiri

Jan. 7: 1st, Joe Colucci; 2nd, Connie Bimber; 3rd Rachel Fordyce

Jan. 14: 1st, Joe Colucci; 2nd, Connie Bimber

Jan. 21: 1st, MaryBeth McCalla; 2nd, Betty O'Connor

Jan. 28: 1st, Connie Bimber; 2nd, Kathy Caldwell

Kendal United Fellowship

Sat., Feb. 9 - AUD

9:30am - Food and fellowship

10:15am - Program

Max Morgan's journey of faith, and three couples' stories of a collective 198 years of marriage will be shared.

All are welcome

Did You Know? You can call 775-9868 to hear announcements and menus of the day.

The Kendalight

Monthly newsletter of the

Kendal at Oberlin Residents Association,
600 Kendal Dr., Oberlin, OH 44074

Consulting Editor: Robert Baldwin

Managing Editor: Elizabeth Aldrich

Associate Editor: Suzanne McDougal

Proofreaders: Kathy Reichard, Mary Simons

Photos: Sally Nelson-Olin, Gary Olin

Production: Don VanDyke

- Deadline for the March 2019 issue of *The Kendalight* is February 15.
- Editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: kite600@yahoo.com
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services



Dining Notes From Ann Pilisy

Dining Services Rollators: We have 10 rollators with trays for all to use. These rollators should not leave the dining room areas. They need to be available for everyone's use, for all meals. We frequently find these rollators outdoors, at the front entrance, and elsewhere in our community.

If you see rollators outdoors, please bring them back. Also, please refrain from stuffing soiled tissue into the cup holder on these trays, this is unsanitary. If you would like to purchase a rollator with a tray, to have as your own, let us know. Your cooperation is appreciated by all.

Please be sure your rollator or scooter has your name on it in an obvious

spot, so staff can retrieve it for you. (Stick-on address labels work well.)

To Groups Using the Den: The Den is always in high demand. Rooms are usually set up after dinner on the prior evening. If you are part of a regular Den dinner group and cannot attend, let us know on the prior day, whenever possible. Also, if your group has fewer than eight attending and others want the Den, you may be relocated. We do our best to accommodate everyone in the best way possible. We depend on your cooperation so we can assign the Den fairly.

Solo Diners

Join us again on **Thurs., Feb. 14, 5:30pm, in the Den.** We meet on the 2nd Thursday of the month.

Kendal's Celebration of Asian New Year (Year of the Pig)

**Intergenerational Gathering
Thurs., Feb. 14, 3:00pm,
in Langston
with Shoji Dance Troupe
Remember: Wearing red brings
good luck!**

Third Friday Vegan Dinner Now on Kendal Schedule

The Vegan Dinner project initiated by Carla and Bob VanDale has been successful enough to warrant a regularly scheduled time and place – the Penn Room on the third Friday of each month.

On Friday, Feb. 15, at 5:15pm, Kendal's culinary staff will serve a plant-based ITALIAN meal in the Penn. See the sign-up sheet on the ledge below the open mailboxes for details. Advance reservations are needed since seating is limited to 30.

Thank You for Buying Cookbooks!

Maribelle Holly, the charge nurse on the Jameson wing, sends a hearty thank you to all residents who purchased a Kendal cookbook. She has already donated \$500.00 to the Lorain County Alzheimer's Association using the proceeds from the book.

There are still a few cookbooks left. They make excellent gifts for Valentine's Day, birthdays, and other special occasions. The books are \$10.00 (in cash or a check made payable to The Alzheimer's Association) and can be purchased from the Jameson House staff in the Stephens Care Center.

Save Your Box Tops for Oberlin Kids!

1. Buy products bearing a Box Top coupon.
2. Before you recycle each box, clip the Box Top coupon.
3. **Put the Box Tops in the jar on the shelf under the Activities board.**
4. Our Kendal Early Learning Center Director will take the Box Tops to the Oberlin schools.
5. The schools will trade the Box Tops for cash. Each Box Top is worth 10¢!

Food Composting Trial

The Environmental Concerns Committee has purchased more green compostable bags, thanks to the support residents have given us in our trial run.

Please continue to bring your green compostable bag filled with home **food waste only** to Langston and put it on a tray on the conveyor belt.

Congratulations on keeping excess garbage out of the landfill by recycling compostable material. ~*Dina Schoonmaker, Environmental Concerns Committee*

Weather Emergency Meal Delivery

If potentially extreme weather such as actual or wind chill temperatures in the low to mid-teens or below, heavy snow, or icy conditions is predicted over the dinner hour, Kendal Administration may declare an extreme weather situation.

In that case, cottage residents have the option to order a boxed dinner which will be delivered to their home. Before 2:00pm, WKAO will broadcast an announcement and two options for your meal. Please call the dining room manager's office at 775-9801 between 2:00pm and 4:30pm to place your meal order. Delivery will be between 5:15pm and 6:00pm. Please note that you will likely need to reheat your meal.

~*Greg Zebe, Dining Services Director*

SUN	MON	TUE	WED	THU	FRI	SAT
<h1 style="color: red;">February 2019</h1> <p> CCR = Crossroads Room GaRm = Gathering Room HL = Heiser Lounge WCH = Warner Concert Hall </p> <p> WHT = Whittier Lounge Bold = at Kendal tx = Tickets needed = Kendal Bus </p>					1 CANCELLED News & Views Foreign Affairs 10:30am AUD Faculty Concert Brian Wentzel, organ 7:30pm Fairchild	2 Walk in Park 9:00am Heiser Met Opera HD: "Carmen" (Bizet) (tx) 1:00pm Apollo
3 Quaker Worship 10:30am Ed Ctr Film: Secondhand Lions 7:00pm Jameson <u>English Country</u> <u>Dancing, every Sun-</u> <u>day, 7:15pm AUD</u>	4 Coffee Hour with Barbara Thomas 9:30am Langston <u>Bible Study every</u> <u>Mon., 10:00am</u> <u>Crossroads</u> Bridge 6:30pm Green Rm.	5	6	7 2019 Spring Fling Planning 10:30am F&F Café First Thursday at AMAM Open 5:00-7:30pm Program: 5:30pm Health Lecture Linda Bell 7:15pm AUD	8 Artist Reception: Ohio Collage Society 2:30pm HL Dannenberg Honors Recital 7:00pm WCH (Note time)	9 Walk in Park 9:00am Heiser Kendal United Fellowship 9:30am AUD Episcopal Serv. 11:00am GaRm
10 Quaker Worship 10:30am Ed Ctr Film: On Golden Pond 7:00pm Jameson Faculty & Guest Recital D. Adkins, violin, R. Hawkins, clarinet, B. Zeger, piano	11 Suggestions & Concerns 2:00pm CCR Bridge 6:30pm Green Rm.	12 KELC Valentine's Day Play Date 10:00-11:00am AUD Tea at AMAM 3:00pm How to Visit Friends in SCC 3:00-4:00pm Ed Ctr Training Room	13 LUNCH BUNCH: Moosehead Grill, Amherst 11:30am-1:30pm Song Swap with Judy Cook 7:00pm AUD	14 Open Door School 4th Graders read to residents, KELC stu- dents; play recorders 10:00-11:30am AUD Asian New Year Celebration with- Shoji Dancers 3:00pm Langston Low-Vision Group 4:00pm Green Rm Solo Diners 5:30pm The Den (Sign up)	15 Vegan Diners Italian Dinner 5:15pm Penn (Advance sign up needed)	16 Walk in Park 9:00am Heiser Film: Tootsie 7:15pm AUD
17 Quaker Worship 10:30am Ed Ctr Bob Follet, viola, Allen Huszti, piano 4:00pm AUD Film: Dave 7:00pm Jameson	18 Monday Night Movie at Apollo Sign up for bus Bridge Rm. 6:30pm Green Rm. Community Conversations "Kendal Resident Database and You" Dennis Cook 7:15pm AUD	19 Grief Support Group 10:30am to Noon WHT Lunch with the Kims Noon Den M. Abraham, violin, P. Takacs, piano 7:15pm AUD	20 UU Gathering OC Prof. Cindy Frantz What Is Outrage Doing to Us? 4:00pm AUD Artist Reception: Malke 4:30pm HL Amber Scherer, piano 7:15pm AUD	21 KORA Council 10:00am AUD 3rd Thursday Lecture "Community Foundation of Lorain County" 7:15pm AUD	22 Dementia Friends OH 10:00-11:00am CCR Rod Knight runs Len's trolley 5:00pm HL Mustard's Retreat 7:15pm AUD ARS: Doric String Quartet 7:30pm Finney (tx)	23 Walk in Park 9:00am Heiser Film: Ohayo [Good Morning] 7:15pm AUD
24 Quaker Worship 10:30am Ed Ctr Film: The Iron Lady 7:00pm Jameson	25 Bridge 6:30pm Green Rm.	26 Contemporary Music Ensemble Zack Finkelstein, tenor 7:30pm WCH	27 Health Services Forum 4:00pm AUD Dementia Friends OH 4:00-5:00pm CCR Song Swap, Judy Cook 7:00pm AUD ARS: Joyce DiDonato and SONGPLAY 7:30pm Finney (tx)	28 Dementia-Friendly Group 10:30am Green Rm Afternoon Ex- change Barbara Thomas		