

Black History Month, Oberlin

Black History Month evolved from an event created by Carter G. Woodson in 1926. This year's theme is **THE BLACK FAMILY: Representation, Identity, and Diversity**. As the Association for the Study of African American Life and History (ASALH) explains, "The black family has been a topic of study in many disciplines—history, literature, the visual arts and film studies, sociology, anthropology, and social policy... The family offers a rich tapestry of images for exploring the African American past and present." As an example, let's look at a family from Oberlin history.

Brothers Gideon Quarles Langston, Charles Henry Langston, and John Mercer Langston all attended Oberlin College. At the time of the boys' birth in Louisa County, Virginia, it was illegal for their white father and European, African, and Native American mother to marry. When both parents died in 1833, the boys moved to Ohio with their Quaker guardian. Their father's inheritance ensured their education and allowed them to work for Black freedom, liberation, and justice.

All three brothers were involved in the Underground Railroad, which assisted in the 1858 Oberlin-Wellington Rescue. Charles was one of the two men tried and convicted for subverting the 1850 Fugitive Slave Act. In his closing statement, Charles voiced sentiments that still ring true today: *I stand here to say that I will do all I can, for any man thus seized and held... We have a common humanity. You would do so; your manhood would require it; and no matter what the laws might be, you would honor yourself for doing it; your friends would honor you for doing it; your children to all generations would honor you for doing it; and every good and honest man would say, you had done right!*

Sources: https://en.wikipedia.org/wiki/Charles_Henry_Langston, https://en.wikipedia.org/wiki/John_Mercer_Langston, www.ASALH.org, www.blacklivesmatter.com.



Charles H. Langston,
With Other Rescuers.

Both Charles and John worked tirelessly for equal rights, suffrage, and education. Charles helped found the Ohio Anti-Slavery Society and, after the American Civil War, was general superintendent of refugees and freedmen for the Freedmen's Bureau in Kansas. In 1872 he was principal of the school that became Western University.

John was an abolitionist, attorney, educator, activist, diplomat, and politician. He achieved many "firsts," perhaps most notably first Black elected to Congress from Virginia.

Ironically, history remembers Charles and John best as grandfather and great-uncle, respectively, of James Mercer Langston Hughes, the famous poet, social activist, novelist, playwright, and columnist.

Clearly members of this family supported each other, their friends, and their community to fight for Black freedom, liberation, and justice.

~Suzanne McDougal

**EXCHANGES WITH
BARBARA THOMAS
THURSDAYS AT 4:00PM
ZOOM, KOTV, WSCC**

CELEBRATE BLACK HISTORY with

- **2021 Black History Month Virtual Festival** (www.asalh.org/festival/).
- **Our own civil rights film festival (see p. 4):**
 - *Just Mercy* on Feb. 20.
 - *The Long Walk Home* on Feb. 27.
 - Themed Films on Wednesdays.



Winter LifeLong Learning Classes at Kendal

These courses will be conducted via Zoom. You will be able to ask questions by using the Zoom chat function. Sign up to receive the invitation to join a class by contacting Rebecca Cardozo. There is no fee for the courses.

By the end of February, almost all residents and a large majority of the staff at Kendal at Oberlin will be protected against COVID-19! What a wonderful milestone. We appreciate the very smooth vaccination clinics that KaO administration, Kendal Health & Wellness Clinic, and Walgreens organized.

We are very grateful to everyone who got vaccinated – you protect the whole community as well as yourselves. Because our residents received vaccinations, the Kendal campus will be able to open up even more in late February.

Despite Covid restrictions, we Kendalites have found new ways to keep connected and vital. Look at all the events promoted on WKAO, full sign-up sheets by the mailboxes for events, new social opportunities in person and on Zoom, planning for favorite events like Fun Fitness and Summer Solstice, in-person music, and table tennis to name a few.

Committees and Interest Groups are thriving and continuing their important work. The Program Committee's large array of interesting, varied programs seems back to pre-Covid numbers. The Art Committee is changing exhibits in two galleries every 6–8 weeks and plans to change the Friends Gallery exhibits in Stephens Care Center as Covid restrictions allow.

Instead of the usual January KORA Council meeting, we held an orientation for new Council members and a KORA organizational meeting, which included the chairs of Standing Committees to facilitate their work. Committees are already hard at work, including revising the “Yellow Book” directory of KORA activities.

We look forward to a new year of vibrant, caring life both at Kendal and nationally.

~Mary Behm, 2021 KORA President

French Film Comedy from Jacques Tati to the Present; February 3, 10, and 17; 10:30am–12:00pm. Grace An, Oberlin College Associate Professor of French and Cinema Studies, will present three classes on French film comedy, focusing on why comedy has been a popular genre in France. Along with the classes, the three films under discussion will be shown on KOTV.

Session I: “French Film Comedy of the 1950s” presents a brief history of early physical comedy (i.e., Charlie Chaplin, Buster Keaton, Jacques Tati), followed by a discussion of *Mon Oncle*, starring the film’s director, Jacques Tati. Tati found humor in visual gags, bodily movement, and sound, all of which were meticulously orchestrated in films presenting a bemused critique of industrialization, commercialism, and materialism following World War II.

Session II: “Humor as Weapon” considers ways in which humor allowed women to express a range of emotion and experience on the eve of the feminist movement of the 1970s and discusses Nelly Kaplan’s 1968 *La Fiancée du Pirate* (translated as *The Pirate’s Fiancée* but released as *A Very Curious Girl*). Kaplan died one month ago and was remembered by *The New York Times* for making films about female strength. **Film will be shown Sat., Feb. 6, at 7:15pm on KOTV.**

Session III: “Lost and Improved in Translation” looks at how contemporary French films play with regional stereotypes through an analysis of *Bienvenue chez les Ch’tis* (2008), starring Dany Boon, also the film’s director. Set in Nord-Pas-de-Calais, a region whose climate, cuisine, linguistic tics, and inhabitants surprise visitors who are there against their choice, the film remains the highest-grossing French movie of all time and continues to challenge students to find a suitable translation for “bromance.” **Film will be shown Sat., Feb. 13, at 7:15pm on KOTV.**

Mountains and Water; March 15, 22, 29; 11:00am–12:00pm. Kevin Greenwood, Joan L. Danforth Curator of Asian Art at Allen Memorial Art Museum, will present a three-part lecture series on the history and development of Chinese landscape painting from its early origins through the 21st century. Although it’s one of the world’s great artistic traditions, it rarely represents specific places and is often not really about the land. The lectures will take a close look at some of the best-known works and major figures in the tradition, including important examples from the Museum’s collection.

Suggestions and Concerns Committee Meeting Mon., Feb. 8 - 2:00pm Crossroads Room

Only two residents at a time, wearing masks and observing social distancing, may meet with the committee.

~Marjorie Porter, Chair



Next KORA Council Meeting Thurs., Feb. 18 - 10:00am KOTV

Mark your calendar and be sure to join us for our monthly meeting!

The Presidential Transition: From Trump to Biden

Mon., Feb. 1 - 7:15pm
Zoom and KOTV

While presidents face common challenges (setting policy priorities, appointing officials, organizing the White House), each takes office in different circumstances, and each presidency reflects the president's personality.

Joe Biden enters office as someone offering normality. But the crisis he confronts, the president he succeeds, the balance within Congress, and the unpromising prospects for his party in the 2022 election all suggest his term will be stressful and contentious.

Joseph White, Luxenberg Family Professor of Public Policy at Case Western Reserve University, examines how Joe Biden has sought to fit an agenda and appointments to the circumstances as well as how leaders of both parties' factions have responded.

Community Conversations FAVA's Community Outreach

Mon., Feb. 15 - 7:15pm
Zoom and KOTV

Kathleen Jackson, Executive Director of Firelands Assn. for the Visual Arts (FAVA), will discuss how FAVA has shifted programming during the pandemic to include subscription boxes of art supplies for kids, tool rentals for artists, and online exhibitions, including a new collaboration with Kendal at Oberlin's galleries!

Mary Church Terrell: Crusader for Equality

Tues., Feb. 23 - 7:15pm
Zoom and KOTV

Sherrie Tolliver will perform a dramatic re-creation of the life of Mary Church Terrell, a Black activist who championed racial equality and women's suffrage in late 19th and early 20th century. A conversation about her years in Oberlin will follow.

A member of Women in History, Sherrie has brought the stories of great American women to life since 1994. She has a BFA in acting from New York University where she minored in African-American History. Her 40-year career as an actor, writer, director, and history interpreter has included performances in such local venues as Cleveland Play House and Karamu Theatre.

Review of International Climate Policy

Mon., Mar. 1 - 7:15pm
Zoom and KOTV

Dr. Jonathan Pershing, currently a member of John Kerry's climate policy team, will present a program on international climate change policy. This policy is important because the United States contributes only about 13% of total worldwide carbon emissions. Dr. Pershing has been involved in international climate negotiations for the past 30 years, most recently as Special Envoy for Climate Change at the U.S. Department of State. He is also Jan Larsen's son-in-law.

♪ Music at Kendal ♪

First Sunday Chamber Music Open Rehearsal

Sun., Feb. 7 - 4:00–5:00pm - HL

Stop by and listen to this informal presentation by Kendal residents. It's a read-through (or rehearsal) for all to enjoy! Protocols limit the number of people who can be in Heiser Lounge at any one time to 10, including the musicians, but passersby will be able to hear the music. If you do come into Heiser Lounge, don't stay too long!

Virtual Tea with the Conservatory Dean and Friends

Feb. 16 - 7:15pm - Zoom

Make yourself a cup of tea and join Conservatory Dean William Quillen for a virtual visit! He will share updates on how the conservatory has risen to the challenge of in-person instruction during the pandemic. He will also introduce us to Oberlin's new quartet in residence, the Verona String Quartet: Jonathan Ong, Dorothy Ro, Abigail Rojansky, and Jonathan Dormand.

A preview of the event may be seen on a video; the link will appear on WKAO and in a February Exchange.

Holly Handman-Lopez

Mon., Feb. 22 - 7:15pm
Zoom and KOTV

Holly Handman-Lopez, Assistant Professor in the Oberlin College Dance Dept., will present Site-Specific Dance. She will show a variety of film clips, indicating what is happening in dance around Oberlin, talk about the history of the genre, and discuss how and why current artists choose to create work beyond theater and studio walls.

Study of Biblical Literature Interest Group

"Tanak: Conquest of Canaan and the Rustic King"

Mondays, February 8, 15, 22 - 10:00–11:30am - Zoom

Resident Malcolm Peel will present an historical critical approach, with focus on content and theology of The Former Prophets (History) Joshua, Judges, and 1 Samuel. Contact Malcolm Peel for the Zoom link to the meeting or check the listing on WKAO.

Feb. 8 - TANAK/OT – Conquest: Joshua's Blitzkrieg

Feb. 15 - TANAK/OT – Conquest: Judges' Guerilla Warfare

Feb. 22 - TANAK/OT – Israel's Rustic King, Saul

Looking for Someone?

You'll find profiles of all residents, newcomers and old-timers, in "Who's Here" on the library center bookcase.

Saturday Night Movies 7:15pm - KOTV

Feb. 6 - La Fiancée du Pirate (1969) LLC class French Film Comedy:

An oppressed and exploited young woman begins charging for her sexual favors and completely disrupts the smug patriarchal capitalist society of the village of Tellier.

Feb. 13 - Bienvenue chez les Ch'tis (2008) LLC class French Film Comedy: A French public servant from Provence is banished to the far north.

Strongly prejudiced against this cold and inhospitable place, he leaves his family behind to relocate there temporarily, with the firm intent to quickly come back.

Feb. 20 - Just Mercy (2019) True story of world-renowned civil rights defense attorney Bryan Stevenson who worked to free a wrongly condemned death row prisoner.

Feb. 27 - The Long Walk Home (1990) True story of two women, black and white (Whoopi Goldberg, Sissy Spacek), in 1955 Montgomery, Alabama, who must decide what they are going to do in response to the famous bus boycott led by Martin Luther King.

Sunday Movies 7:00pm - WSCC

Feb. 7 - Lincoln (2012) President Abraham Lincoln (Daniel Day-Lewis) struggles with the continuing carnage on the battlefield as he fights with many inside his own cabinet on the decision to emancipate the slaves.

Feb. 14 - Houseboat (1958) A widower (Cary Grant), his three young children, and the new nanny (Sophia Loren) get to know each other better while living on a badly neglected houseboat.

Feb. 21 - W. (2007) Biographical film based on the life of George W. Bush stars Josh Brolin.

Feb. 28 - A Meeting of the Minds (2016) A young high-priced corporate



Art Gallery News

The next show in the **Kendal Gallery** will be works by **Marty Huehner**, who lives in Mt. Vernon, OH. **Visual Echoes of Nature** will include primarily ceramic wall pieces but also a few works in bronze. The show will be in the gallery Feb. 2–March 29. Marty will give an artist's talk on Fri., Feb. 12, at 4:00pm on Zoom and KOTV.

Don Parker's exhibit in the **Community Gallery** of beautiful **watercolor and pastel paintings** ends on February 4. His artist talk on Zoom and KOTV was well attended. He showed slides of the paintings and explained his techniques. It was especially interesting to see one painting's watercolor underlayer and then the finished painting after he had added elements with pas-

tels. Don is donating the proceeds of all sales to the Kendal Residents Assistance Fund. **Seen in the Wild**, an exhibit of **Rebecca Cardozo's photographs**, opens on February 5.

Thanks to generous new donations, additional art is gracing the walls of the Kendal Health and Wellness Clinic, bringing beauty and interest to residents and staff.

A new exhibit has been installed in the Stephens Care Center's **Friends Gallery**. It displays art created by residents in Kendal's own Art Studio and **photographs** by **Nancy Lombardi** and **Kathy Caldwell**.

Be sure to enjoy another look at **Mary Van Nortwick's** interesting collection of **snow globes** still on exhibit in the **Curio Cabinet**. In mid-month, a display of small antique dolls and doll china from the collections of five Kendal residents will be set up on the cabinet's small shelves.

lawyer becomes entangled in a client's criminal case.

Wednesday Themed Films 2:00pm - WSCC

Feb. 3 - Remember the Titans (2000) True story of Black coach Herman Boone (Denzel Washington) who tries to integrate a high school football team in Alexandria, Virginia.

Feb. 10 - Queen of Katwe (2016) A young girl overcomes her disadvantaged upbringing in the slums of Uganda to become a chess master.

Feb. 17 - Red Tails (2012) During World War II, the U.S. military forms the first all-Black aerial-combat unit, known as the Tuskegee Airmen.

Feb. 24 - Ruby Bridges (1998) True story of six-year-old Ruby Bridges, the first black student to attend integrated schools in New Orleans in 1960.

Thursday Movie Musicals 2:00pm - WSCC

Feb. 4 - The Black Emperor of Broadway (2020) True story of Charles S. Gilpin who in 1921 became the first Black actor on Broadway when he landed the lead role in Eugene O'Neill's "The Emperor Jones."

Feb. 11 - Pal Joey (1957) A womanizing nightclub singer (Frank Sinatra) must choose between a rich widow (Rita Hayworth) and a new chorus girl (Kim Novak).

Feb. 18 - Cinderella (1965) Lesley Ann Warren stars in this version of Rodgers & Hammerstein's retelling of the story.

Feb. 25 - Annie (1981) Film version of 1977 Broadway megahit about orphan Annie, her trusty dog Sandy, and Daddy Warbucks. Stars Aileen Quinn, Albert Finney.

**Kendal cable channels: WKAO: 919, 19-1, or 95-100;
KOTV: 920, 19-2, or 95-101; WSCC: 921, 20-1, or 96-100**

Kendal Pollination Station at Whittier

Thanks to Rachel Duncan of the KaO Grounds Crew and residents Helene Aarons and Nick Long, Kendal is the site of a garden area that has just qualified as a Certified Monarch Waystation. The Waystation is behind the Stephens Care Center, around the Whittier Patio.

New plants in the area have been selected for their appeal to monarch butterflies and other important pollinators. Plants native to the eastern U.S. were chosen after evaluating several potential benefits to pollinators: shelter, nectar and pollen source, “host plant” (food for larvae), and habitat, in addition to their beauty and seasonal interest. Some familiar species include common milkweed, purple coneflower, and phlox while others like columbine, salvia, lobelia, and sunflowers are yet to be planted. Some shrubs and small trees are already in the garden.

The organization that has certified the Kendal Pollination Station at Whittier is Monarch Watch (<https://biosurvey.ku.edu/monarch-watch>), which is affiliated with the Kansas Biological Survey. This program focuses on the annual migration of the monarch butterfly in North America. The monarch butterfly is used as an indicator species in studies of pollinators (birds, bats, and insects besides butterflies), giving scientists an idea about the general health of pollinator populations. Citizen scientists play important roles in the program, tracking of migrating monarchs, for example.

The U.S. Forest Service notes that pollination is “an essential ecological survival function. Without pollinators, the human race and all of earth’s terrestrial ecosystems would not survive. Of the 1,400 crop plants grown around the world, i.e., those that produce all of our food and plant-based industrial products, almost **80%** require pollination by animals.” (<https://www.fs.fed.us/wildflowers/pollinators/importance.shtml>)

Spring Fling!

2021 Theme: TRAVEL



Volunteer and Save the Date Saturday, May 1

This year’s Spring Fling will be all about travel! Let the community see and hear about the places you’ve been and the places you’d like to go. The format will be a video that we can all watch on KOTV or WSCC, including:

- Short stories from your travels.
- Pictures from your travels.
- Dance, music, and song; all with a theme of Travel!

We need your help! Please sign up on the clipboard by the mailboxes and send detailed input to Special Events Chair Carol Harvey.

Volunteer to:

- Tell your personal travel story (1-to-2-minutes or 200–300 words) – the time an elephant stepped on your suitcase, or your conversation with a penguin. Do you have pictures for the story? Would you like to record the story in your own voice or have someone else record it?
- Provide good quality travel pictures you have taken. High-resolution digital images are best, though we can make scans if you have prints. We want lots of these!
- Sing a short song or perform a short musical piece on a travel theme.
- Work with your friends to put together short segments to be included (short songs or musical pieces accompanied by travel pictures taken by residents). Photographers, talk to your performing friends, and vice versa.

We also need technical help! Please let Carol Harvey know if you’d like to be part of the technical team. We need these folks to work with the performers and storytellers right from the beginning to:

- Make video and/or audio recordings of your fellow residents.
- Edit the video and audio recordings.

This will be such FUN!!

~Spring Fling Planning Committee

A Gothic Valentine
To: Kendal
From: Countee Cullen, William Faulkner, & Maxine Houck
Tuesday, February 16 - 4:15pm - KOTV

Resident Maxine Houck presents a *zafing* half-hour of “Sonnet” by Cullen. And a short story by Faulkner. You might be surprised, but you probably won’t be bored. Join her for sounds from the South and Harlem. And Kendal.

More About Kendal's Residents



Rebecca Chudacoff

Born in Tulia, TX, in 1938, my twin sister and I were adopted at six months by a childless, older couple in nearby Clarendon. Though limited in income, my adoptive parents restored us to health, were well-educated, and gave us every opportunity available.

Unfortunately, from its promising beginnings as a cultural outpost, Clarendon gradually declined into a cowboy town, not unlike Larry McMurtry's Thalia in "Last Picture Show" (to illustrate: many teachers were football coaches halfheartedly fulfilling the position's teaching requirements).

At age 11, I began studying violin with a skilled teacher in Clarendon, later progressing to weekly lessons in Amarillo with a Juilliard graduate. In 1956 I was accepted as a violin major in the Oberlin Conservatory. This was the path that led me from a cultural backwater to a stimulating environment peopled by diverse peers.

A junior year in Salzburg led to a scholarship at Middlebury's Summer German Language school and a German teaching assistantship at UT Austin. I then married Edward Chudacoff and returned to Oberlin, where Ed taught music theory and composition, later relocating to Ann Arbor after Ed accepted a teaching position at the University of Michigan.

In Ann Arbor, I taught many violin students, served as concertmaster of the Ann Arbor Symphony for a decade, and substituted for string faculty on leave from nearby EMU. Following

the onset of hearing loss in 1998, 2005 marked an abrupt end to my participation in music. However, I've found time to enroll in literature classes taught by retired UofM faculty, and I hope to utilize new technological hear-

ing instruments for group participation here.

Our daughter Claudia lives in College Park, MD, and our son Matthew lives in Fort Collins, CO. Three grandchildren are now in college, and the oldest has begun a job with Teach for America.



Smart Giving! Pool-ing Our Resources

One of the places our Kendal residents love most is the pool, a beautiful indoor four-lane lap pool surrounded by large windows and skylights, as well as a small warmer pool for water therapies. It's a vitally important part of exercise for residents, but it was not originally planned that way.

At first, Kendal had intended to build a very modest pool to limit construction and operating costs. However, many residents were serious swimmers and water walkers. They favored a larger pool suitable for lap swimming and deep-water exercise and therapy.

Residents formed a committee including founders Etta Ruth Weigl and Connie Boase (who donated many small items including safe floor tiles and pool lift chairs) and R. Ogden Hannaford, a retired architect, who produced a new design. Bill Johnson donated \$150,000 in memory of his late wife, sculptor Mayo Crew Johnson.

In all, residents raised \$460,000 in gifts and pledges and \$228,000 in loans, some of which were later forgiven. Kendal at Oberlin contributed \$400,000. The pool was finally built in the late 1990s, and it opened in 1997.

Although some classes have been temporarily cancelled during the pandemic, the pool's swimming calendar slots are still quickly filled. Its spiritual and aesthetic qualities – the tall cathedral-like ceiling, views of the south woods, and pools of sunshine on sunny days – persist. Thank you to all our swimmer-donors for such a beautiful Kendal pool.

Photo: Dale Preston



Notes From the Program Committee

There were many wonderful programs during the holiday season and in January, and now our thoughts turn to programs for the cold gray months ahead. You will find information in this *Kendalight* about February programs. And you should know that there are more in the planning stages for March and beyond.

We are always looking for your program ideas. One advantage of Zoom programs is that we can invite speakers from afar. (Our farthest reach so far was Tiffinay Chang's program which was brought to us from Taiwan.) So with Zoom, distance is not a barrier. Let us know your ideas.

WE REPEAT: The best way to ensure that you can access our programs is to email Carol Harvey. She will send you program access information several days ahead and on the day of the event. Thank you, Carol!!

We hope you are enjoying our programs. If you do enjoy a program, please send "thanks" to program sponsors and presenters; your feedback is always appreciated, especially because we don't know who is watching. If you miss a program, or would like to see it again, DVDs of many of the programs are available in the Kendal library (bottom shelf, right side).

And last, thanks to you, our audience. We always welcome your comments.
~Shirley Taylor,
Chair, Program Committee



From Supporting Friends

Thanks to everyone who sent holiday cards to the Stephens Care Center. You used over 300 address labels. The cards were greatly appreciated both by the residents and by the staff who watched the joy on the resident's face as the card was opened. While the quarantine of the care center continues and residents there can't have visits, Supporting Friends would like to encourage you to continue sending cards, notes, and phone calls. We can't give hugs, but we can show we remember and care.

There will be a card table with care center address labels and writing materials in the Heiser Lounge this February and again in April. At other times, you can always find a list of current SCC residents posted on a bulletin board just before you make the turn to the Employee Entrance. Thank you for helping to reduce the isolation in the Stephens Care Center.

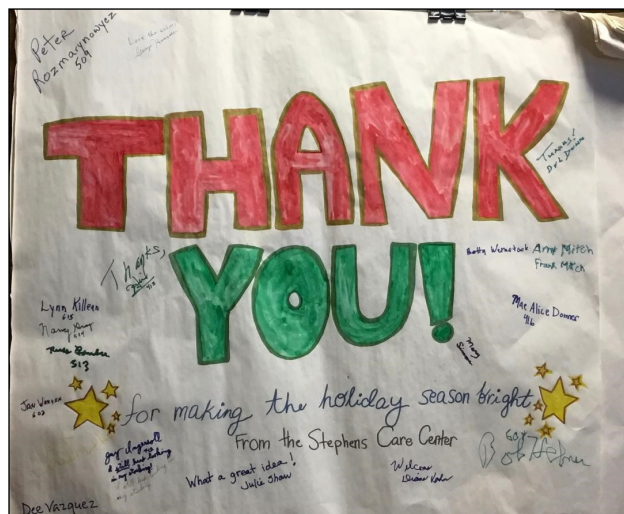


Photo: Christopher Tymmon

An appreciative thank you to the independent residents who helped make the knitted door decorations for the SCC!

Swapping Our Stories Wed., Feb. 3 and March 3 4:00–5:15pm - Zoom

As Stephens Care Center and Independent Living residents tell and hear each other's personal narratives, we recognize ourselves in our shared experiences. Starting with prompts suggested by facilitator Phyllis Gorfain, participants may also introduce new topics.

Zoom in even if you don't think you have a story to contribute. Forgotten events can jump out when you hear someone else's recollections!

Opening prompts: "The best advice I ever received" and "The best surprise I ever gave (or was given)."

Recent Transfers

Ruth Searles to Whittier.



Event Links

- For "inside Kendal" program links, contact Carol Harvey.
- For "outside Kendal" community cultural and educational ad hoc events, contact Barbara Gordon-Lickey.

Kendal Kryptogram #191 - by Nina Love

HE'D OLDHOC EX AXXY BOXBYO ERLK EX
ZXKUHKZO BOXBYO ERLE EROS RLuo TOOK
AXXYOW. ~FLCP EVLHK

Solution to Kryptogram #190: "Tell me and I forget, teach me and I remember, involve me and I learn."
~Benjamin Franklin



Library Notes

February Exhibit

Author! Author! Current Kendal authors take a bow along with translators, editors, and illustrators whose books will be displayed in the library's February exhibit. We will celebrate the expertise and creative thinking in our community as shown by works in a remarkably wide range of subjects, from art to science, the ancient Greeks to current climate change, cookbooks to constitutional theory.

Books by the following residents in the Library's collection will be displayed: Richard Baznik, Mary Clare Beck, David Bell, Linda Bell, David Benzing, Judy Cook, Norman Craig, Eileen Dettman, Barbara and Gordon Evans, Linda Grashoff, Barbara Grose-close, Dianne Haley, Ronald Kahn, Jan Klaveness, John Leinenweber, Beth Irwin Lewis, Alan Lockwood, Edward LeRoy Long, Jr., Elizabeth Mathias, Sidney and Stella Rosenfeld, Jean Slon-neger, Robert Taylor, Thomas Van Nortwick, and Anne Wardwell.

If we have overlooked your publication, or if you would like to donate your book to be included, please contact Joan Long.

Look for 2021 KaO Directory in Mailbox Soon!

Need an extra copy? Put \$2.00 in an envelope with your name on it in Box #8 and we'll deliver one to you.

~Nina Love

Climate Query



Did you know that, starting in 2023, the European Union will tax all American imports unless the U.S. prices its carbon emissions? This would harm our economy. To prevent this, it's not too early to call Sen. Rob Portman (202-224-3353) and Sen. Sherrod Brown (202-224-2315) to urge them to support carbon pricing.

KENDAL RESALE SHOP

Benefitting Kendal Residents Assistance Fund (RAF) and Community Charities

SHOP!

Wed.–Sat., 11:00am-5:00pm
(closed Sun.–Tues.)

DONATE!

Bring your donations of clean, gently-used, ready-to-wear clothing and usable household items to the box outside the shop.

Given to RAF in 2020:

Total contribution: \$24,468.73.

Weekdays at 5 Continues

Plan to drop in and visit with friends for 45 min. regularly or occasionally – for your mental health, or just for fun! The moderator for each day is listed below, followed by the Zoom host.

Monday: Katie Brown, different hosts

Tuesday: Nancy Garver, Elizabeth Hole

Wednesday: Priscilla Steinberg, Ann Fuller

Thursday: Kathy Caldwell, Kari Inglis

Friday: Carol Longsworth, Tom Konkoly

Contact Elizabeth Hole for the Zoom link or find it on WKAO.



2020 Tax Information for Kendal Residents

In his November Zoom talk on “2020 Taxes and Changes,” Vance DeBouter, local CPA and a community member of KaO's Finance Committee, presented updated information about federal, state, school, and local taxes as they apply to Kendal residents.

If you would like to review this information, contact Tom Konkoly to borrow a thumb drive of the talk to use on your computer.

Tuesday at 2 Continues Feb. 2, 9, 16, 23 - Crossroads

Sign up on the blue sheets on the clipboard by the open mailboxes.

~Anne Palmer

Play Readers: Fillmore's Find Fri., Feb. 26 - 1:30 & 7:15pm KOTV

This play is loosely based on a short story Don Parker wrote several years ago. Themes in the play are threefold: recognizing and respecting differences in people, finding meaning beyond materialism and personal gain, and celebrating indigenous customs and wisdom. If that sounds heavy, the play leans toward the lighthearted through the interaction of the quirky and crafty characters. These inhabitants of a little village in southern Ohio are not unlike people in general, folks you may know or associate with. This Zoom Theater play should be both enjoyable and thought-provoking.

Soul Collage Virtual Art Therapy: Positive Affirmations

The purpose of this virtual class is to provide an opportunity for people to reflect on a weekly positive affirmation through art and discussion.

When: Sundays, 4:00–6:00pm, February 7 through April 18. No class April 4.

Supplies: Gather up magazine images and words you would like to use in your collages. Glue, scissors, and cardstock paper will be provided for Stephens Care Center participants.

Led by: Claire Donofrio, Ursuline College Counseling and Art Therapy student. Please contact her with any questions: claire.donofrio@ursuline.edu.

Resident Medical Resource Book Needs New Editor

For the past two years, Douglas McClennen has been editor of the Resident Medical Resource book (RMR). He is stepping down from this post, and a new editor needs to be found.

The RMR identifies residents willing to share their medical experiences with anyone contemplating a diagnosis or scheduled for any of a wide variety of medical procedures. Contents of the RMR are arranged first by branch of medicine, then by diagnosis or procedure. The current edition can be found among the reference works in the library, on a shelf next to the desk; look for a tag that says RMR.

The editor of the RMR should have a medical background (or someone to work with who has one). The text involves a wide array of medical terms, many of which overlap; all of them must be accurate and informative.

If you are interested in the post, contact Doug McClennen. He has the files related to the current issue on his computer and will be glad to share them.

Masks for the New Normal



Get New – From box at Heiser Reception Desk.

Customize – Call Joyce Parker for alterations appointment.

Recycle – Leave misfits and repairs in box at Reception Desk.



My best friend, who has a hard time expressing feelings, just ended our phone call with “Love ya! Bye for now.” Wow — I feel like I’ve had a big hug! I should end my phone calls like that, too.

STAY CONNECTED

From The John Bartram Arboretum: The Native Fringe Tree

The fringe tree (*Chionanthus virginicus*) is one of the native trees more recently planted in our Arboretum.

Look for it in the circle of plantings to your left as you walk up from the employee parking lot to enter the building or bring a child to the Kendal Early Learning Center. The tree is in the middle of a grouping of beautiful small shrubs and flowers. A sign on the north side of the bed gives the names of the plantings there.

Another native fringe tree in our arboretum is found north of Farmers Pond and Cottage #108, at GIS Map coordinates 41.34286 -82.209574.

The lightly fragrant fringe tree’s botanical name *Chionanthus* means snow flower. The slow-growing tree is dioecious (separate male and female plants). The male flowers are showier, and the female have the fruit. But you can’t tell which one you have when getting a young plant. It has showy, creamy, white blossoms in late spring, olive-like fruit that is attractive to birds, and elliptical leaves that are late to emerge in the spring and turn yellow in autumn.

Native to the eastern United States, the tree has both a height and spread of from 12 to 20 feet.

The fringe tree tolerates air pollution, clay, and salt, and needs at least a medium amount of water as well as good drainage. So you can understand why



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www.flickr.com/photos/14405058@N08/3977467227



Kathy Caldwell

our new tree is well suited to its location near a roadway, where removal of snow and ice is very important.

Do keep observing the fringe tree throughout the seasons. I think you will find it a joy.

~ Anne Helm for the Arboretum Committee



Remember! Wear your face mask and your name tag so newcomers and old-timers alike know who you are!

Essential Tremor Group Welcomes New Members

Essential tremor is the medical name for the shakiness syndrome that is common in old age. The Kendal Essential Tremor Group meets periodically to discuss this syndrome, how to cope with it, treatment possibilities, and current developments in medical knowledge. Our group welcomes new members. If you are interested in the subject, either as a matter of curiosity or personal experience, you are welcome to join our meetings. Our next meeting will be Tues., Feb. 16, at 2:00pm. Contact Marvin Gordon-Lickey for more information.

Dementia Friendly Discussion - Fri., Feb. 26 - 10:00am - Zoom

Focus is on cognitive changes and how to create an environment at KaO that supports the sense of well-being for all residents. Contact Carol Bojanowski for a link to the meetings, which take place on fourth Fridays.

Saturday Walks

Come explore walking areas off the KaO campus. The walks are leisurely, about 2–3 miles, and generally scenic. We meet outside the Heiser main entrance every Saturday at 9:30am (weather permitting). Only one household/bubble per vehicle is permitted; remember to bring a car pass.

Questions? Contact Phil Pritchett.

Table Tennis in February

Although the successful efforts to keep Kendal free of COVID-19 limit table tennis play, on Saturdays and Sundays we continue to have a table available in Heiser Auditorium. Sign up for a slot at the reception desk. Precautionary measures apply!

One table continues to be set up for play in the Stephens Care Center.

~*Sidney Rosenfeld*

UU Gathering:

**Friday After-Lunch
Check-In with Rev. Mary
Fridays, Feb. 5, 12, 19, 26
12:30–1:30pm - Zoom**

Gather. Reflect. Share.

In this time of turbulence, faith in democracy and the common good is needed. Check in on Fridays with Oberlin Unitarian Universalist Fellowship's minister Mary Grigolia to share:

- What's touching you in current affairs?
- What's happening in your family and friendships?
- How are you personally?

Use Zoom login:

<https://zoom.us/j/keepingfaithwithlife>

Want to Help Plan KaO's Future Hardware and Software Technology?

The KORA Executive Committee is looking for suggestions to fill an open position on the Joint Technology Committee. Contact Mary Behm.

Kendal Transportation News

A survey of Kendal residents was completed in January 2021 to determine the level of interest in free K-car transportation within the Kendal campus for residents attending exercise (including pool) programs.

Of 95 residents responding to the survey, only one individual indicated current interest, and arrangements will be made for this person.

K-car usage will remain primarily dedicated to transporting residents off-campus to out-of-county medical appointments.

~*Barbara Barna and Ken Check, co-chairs of Ride-Share*

Kendal Volunteer Hours Withstand the Pandemic!

Kendal residents have done it again, despite a devastating pandemic. Our team of Volunteer Clearinghouse members spent many hours collating, tallying, adding, and re-checking the numbers on the 196 forms submitted by residents showing volunteer hours served in 2020. The grand total: 43,797 hours!

Although much of our community volunteering was curtailed in 2020, we were able to continue some of our volunteer activities in the larger community via Zoom gatherings.

Our tallying team tried to sort hours volunteered here at Kendal that were due to the pandemic and our shelter-in-place status. This year's figures show the different ways our residents volunteered: delivering packages and newspapers; organizing shopping and deliveries from IGA, Drug Mart, Lorenzo's, and more; teaching Zoom skills; sanitizing after Stephens Care Center visits; planning how to reorganize to remain a productive community — the list goes on and on. The total for these volunteer hours: 6,858.

The figures also show 6,193 hours volunteered for Kendal at Oberlin activities in general, and 18,127 hours for various KORA committees.

Next month we'll look more carefully at where all the volunteer hours were donated. For now, let's be proud of this picture of Kendal's 2020 service.

~*Volunteer Clearinghouse Committee:*

Barbara Bruer, Anne Elder, Nancy Garver, Anne Martin, Anne Palmer, Nancy Snyder, Grace Tompos, Andy Unger.

Church Services on WSCC

First Church in Oberlin UCC
Sundays, 10:00am

Roman Catholic Mass
St. Patrick's Cathedral, NYC
Sundays, 11:15am

IN MEMORIAM

RAYMOND "RAY" GROO
JANUARY 13, 2021

The **Kendalight**

Monthly newsletter of the
Kendal at Oberlin Residents Association,
600 Kendal Dr., Oberlin, OH 44074

Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Kathy Reichard, Mary Simons

Photos: Sally Nelson-Olin, Gary Olin

- Deadline for the March 2021 issue of *The Kendalight* is Feb. 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: Klite600@yahoo.com
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services

In the plastic-bag bin (now placed outside the Heiser Auditorium rear doors), you can recycle:

- Clean, dry, STAPLE-FREE plastic shopping bags (all retailers' bags accepted).
- Clear shrink wrap (not translucent) and stretch film plastic.
- Clean, dry plastic produce bags.
- Plastic newspaper sleeves.
- Dry cleaner bags.

Please do not place in bin: paper, glass, metal, garbage, compost, hard/rigid plastic, food- or chemical-contaminated bags, black or dark-colored bags (PVC), bubble wrap.

Do You Know About the Gluten-Free Committee?

Because some Kendal at Oberlin residents cannot eat foods containing gluten, there is a special Kendal committee that meets with the kitchen staff every other month to discuss the gluten-free menus.

We are fortunate to have kitchen personnel who work hard to provide gluten-free alternatives for every meal and to assure that nutritious meal options are always available for people with celiac disease or gluten sensitivity. The meetings provide a forum to give feedback to the cooks and to hear their suggestions. The meetings are also an opportunity for residents to share information with each other about ways they deal with their digestive problems.

The committee, which is officially known as the Gluten-Free Advocacy and Support Group, is open to all. Kendal nutritionist Sue Campbell is also available to advise you.

Contact Sue Palmieri, the committee chairman, for more information.



DINING MATTERS

On the kaores.kendal.org website, click on the

Menus button to:

Find nutritional information for the items offered for meal delivery as you make your menu selections. There is a fortnight of menu information – the current week and the upcoming week.

Provide your feedback to the dining staff by clicking on the **Dining Comments** button at the top of the screen. Give your name on the comments card or remain anonymous.

Call 775-9868 to hear menus of the day and announcements.

Meet Our Kendal Newcomers on KOTV

The Newcomers Committee will continue to bring you interviews with our newest residents via monthly programs on KOTV. Our next program is Wednesday, February 17, at 4:00 pm. Plan to take advantage of this opportunity to learn more about people you will want to get to know. Mark your calendar and watch for additional announcements about this program.

Need Tech Help?

Kennie Fierro is available virtually to assist with technology on Fridays at 11:00am on Zoom: # 916 6217 3903, call-in number: +1 646 558 8656.



Dining Matters

Residents and the dining staff alike are anxiously awaiting the opening of the Fox and Fell for in-person dining. While we wait for the last of the residents to have their second vaccine dose and for immunity to kick in, we are still seeing significant community spread in Lorain County. Even with the protection of the vaccine, we are able to pick up the virus and possibly transmit it to others – this is still unknown since new virus mutations make Covid more transmissible. Therefore, some residents may prefer to continue to dine in their homes or with their bubble buddies for a while longer.

When state regulations permit and the health department approves the configuration and service plan for Fox and Fell dining, we will have limited seating for in-person dining with appropriate safety precautions. Waited service as well as some new changes to the ambiance will make our Fox and Fell feel more like a restaurant as we socialize over a leisurely meal. We are figuring out plans so that reservations for in-person dining will be equitably available for those who have missed dining together.

For those who prefer to have meals in their cottages/apartments and for those who do not have reservations for the Fox and Fell, meal delivery will continue throughout the cold months of winter. We are in a transition period as we all make our way back to normal. Let's celebrate what progress we are making toward normal and be patient as we slowly and safely transition to what will become our new-new normal.



For the Vision-Impaired:

Low-Vision Support Group Now on Hiatus

SUN	MON	TUE	WED	THU	FRI	SAT
<u>First Church Service</u> 10:00am WSCC <u>RC Mass</u> 11:15am WSCC <u>Film (see page 4)</u> 7:00pm WSCC	<u>Chronicle News</u> 10:00am WSCC <u>Centering Program</u> 11:00am WSCC <u>Match Game TV Show</u> 3:00pm WSCC <u>Documentary</u> 7:00pm WSCC	<u>Chronicle News</u> 10:00am WSCC <u>Grief Support</u> 10:30am Whit./Zoom <u>Violin by Shannon</u> 10:30pm Zoom/WSCC <u>Tuesday at 2</u> 2:00pm Crossroads <u>News Currents</u> 3:00pm WSCC <u>Downton Abbey</u> 7:00pm WSCC	<u>Chronicle News</u> 10:00am WSCC <u>Themed Film (see p. 4)</u> 2:00pm WSCC <u>SCC Council</u> 4:00pm WSCC 2/10 & 2/24 <u>Song Swap</u> 7:00pm Zoom/KOTV	<u>Chronicle News</u> 10:00am WSCC <u>Yoga/Meditation</u> 1:30pm WSCC <u>Musical Film (see p. 4)</u> 2:00pm WSCC <u>Exchange with BT</u> 4:00pm Zoom/KOTV/ WSCC <u>Great Courses</u> 7:00pm WSCC	<u>Chronicle News</u> 10:00am WSCC <u>Check-In - Rev. Mary</u> 1:30pm Zoom <u>Travel Video</u> 3:00pm WSCC	<u>Saturday Walk</u> 9:30am Heiser <u>Violin by Shannon</u> 10:30pm Zoom/WSCC <u>Film (see page 4)</u> 7:15pm KOTV

WEEKDAYS
Weekdays at 5
5:00pm Zoom

	1 The Presidential Transition 7:15pm Zoom/KOTV	2	3 Swapping Stories with Phyllis Gorfain 4:00pm Zoom/	4	5	6
7	8 Study of Biblical Lit 10:00am Zoom Suggestions & Concerns 2:00pm Crossroads	9	10	11	12 Artist Talk Marty Huehner 4:00pm Zoom/KOTV	13
14	15 Study of Biblical Lit 10:00am Zoom FAVA's Community Outreach 7:15pm Zoom/KOTV	16 A Gothic Valentine 4:15pm Zoom/KOTV Virtual Tea with the Conservatory Dean and Friends 7:15pm Zoom/KOTV	17 Welcome Our Kendal Newcomers 4:00pm KOTV	18 KORA Council 10:00am KOTV	19	20
21	22 Study of Biblical Lit 10:00am Zoom Holly Handman-Lopez 7:15pm Zoom/KOTV	23 Mary Church Terrell 7:15pm Zoom/KOTV	24	25	26 Dementia Friendly Discussion Group 10:00am Zoom Play Readers: <i>Fillmore's Find</i> 1:30pm KOTV & 7:15pm KOTV	27

28

February 2021

For details, links, and last-minute scheduling, see WKAO and KORA Calendar.

Zoom: See kaores.net and click "Calendar" for link.

KOTV: Cable 920, 19-2, or 95-101

WSCC: Cable 921, 20-1, or 96-100

