

The Kendalight

Kendal at Oberlin Residents Association

January 2020

Volume XXVII, Number 1



January brings hope for a new and brighter year. And reminders of the joys we share on our campus ... like the glistening winter beauty of dripping icicles, perhaps a portent of spring to come.

Photo: Rebecca Cardozo

**COFFEE HOUR WITH
BARBARA THOMAS
WEDNESDAY, JANUARY 15
9:30AM - LANGSTON**

**AFTERNOON EXCHANGE
BARBARA THOMAS
TUESDAY, JANUARY 28
4:00PM - AUDITORIUM**

Lads and Lassies!!!

Come to our Annual Robbie Burns Dinner Friday, January 24

Dust off yer kilt, wear yer scarves and tartans of any kind, and join us in a celebration of all things Scottish.

5:00pm Bagpipe music in Heiser Lounge and grand march to Stephens Care Center & return.

5:30pm Address to the Haggis & Grace in Heiser Lounge.

6:00pm Dinner in Fox and Fell, followed by toasts and stories.

7:00pm Music with our lovely Scottish lass, Shannon Mustard and her violin, poetry, and maybe a surprise (check sign-up sheet for details).

**Sign up by
Sunday, Jan. 19!**

No charge for dinner, but...

- Donations to help pay the piper are really appreciated.
- To order a Scottish ale with your dinner, enclose \$2 per person in an envelope with a note giving your name and number of persons and place in Box #116.



Any checks should be payable to Carl Whitehouse.

Residents who don't sign up for the Robert Burns dinner are welcome in the Langston, Penn, and Den.



Winter LifeLong Learning Classes

For classes with class numbers and fees, register and pay by calling Lorain County Community College at 440-366-4148 or in person at the first or second session of the class.

This month the new **KORA Council** begins its work for 2020. Five new members join the ten continuing their tenure from 2019. At an orientation meeting on January 9 the Council will review our mission, constitution, and policies. In addition, the Council's internal committees will be organized, and liaisons to all of the KORA standing committees will be assigned.

The KORA Council has an **Executive Committee** (President, Vice President, Secretary, and Treasurer). In addition, the Council has four internal committees:

The **Budget Committee** works with the Treasurer through the year to oversee the financial matters of the KORA, evaluates and recommends to Council expenditures outside budget, and annually prepares a budget for the coming year.

The **Coordination Committee** works with all Standing Committees, Subcommittees, and Special Purpose Groups resolving problems, such as duplication of effort, and facilitating communication with Council and among these various groups. It is responsible to request, receive, and compile the annual reports from all of these KORA groups.

The **Suggestions and Concerns Committee** receives suggestions, complaints, and concerns from residents and takes appropriate steps to respond to these issues. The committee works to maintain anonymity for those bringing concerns.

The **Audit Committee** annually audits the accounts of the Council treasury, delivering their report to the President who then makes it available to members of the Association.

Other than the officers, each Councilor is a liaison to one or more of the 19 KORA Standing Committees. These

Opera: 400 Years of Musical and Stylistic Terms Explained. Allan Huszti, Professor Emeritus of Music, Sweet Briar College, presents a three-session course for both experienced opera lovers and those less familiar with the genre. Focusing on the evolution of opera, which was invented in the early 17th century by Italians who wanted to recreate the performances of ancient Greece, he will explain some of the musical terms that have influenced opera's development. Contributions to opera from other countries and the shift from ancient myths to historical and more realistic plots will be discussed. **Tues., Jan. 14, 21, and 28, 10:30am** Fee \$20 (Class 4231)

Philosophy of the Mind. Richard Hall, Professor Emeritus of Philosophy, Michigan State University, leads a three-part course focusing on recent work in the philosophy of mind. The first session considers the dualist (mind/body) concept dominant in our culture; the second surveys materialist theories of mind; the third evaluates recent non-dualist views. **Tues., Feb. 4, 11, and 18, 10:30am** Fee: \$20 (Class 4102)

Opera Preview. Student performers will join Jonathon Field, Director of Oberlin Opera Theater, for a preview of Mozart's *Cosi fan tutti*. The opera plays its cynicism for laughs with its sharply satirical take on relationships between men and women. **Thur., March 5, 4:00pm** No registration or fee.

Performances in Hall Auditorium are March 11, 13, and 14 at 8:00pm and March 15 at 2:00pm. For tickets, call Oberlin College Central Ticket Service at 800-371-0178. (Check March *Kendalight* for available Kendal bus service.)

Circe and Penelope: Ancient and Modern Views of Women. Mary Kirtz Van Nortwick, Professor Emerita of English and Director of Canadian Studies, University of Akron, and Tom Van Nortwick, Nathan A. Greenberg Professor Emeritus of Classics, Oberlin College, will present a three-session course on the various representations of Circe and Penelope in ancient texts and in two works by Margaret Atwood. 1. Ancient and modern views of women, the literary and historical context; 2. Circe in the *Odyssey* and in Atwood's Circe/Mud poems; 3. Penelope in the *Odyssey* and in Atwood's *Penelopiad*. **Wed., March 11, 18, and 25, 10:30am** Fee: \$20 (Class 4232) **Readings:** Homer's *The Odyssey*, Books 10, 18-23. Recommended translations: Robert Fagles, *Homer: The Odyssey*; Penguin, 1997. Robert Fitzgerald, *The Odyssey: Homer*; Doubleday, 1961. Margaret Atwood, Circe/Mudd poems in *Selected Poems, 1965-1975*, Houghton Mifflin, 1976. *The Penelopiad*; Canongate, 2005. (All are available in paperback and on Kindle.)

liaisons facilitate communication between Council and the Committees. They assist, when appropriate, with issues and problems facing the Committees. Liaisons and Standing Committee chairpersons will meet to begin their collaborative work on Thurs., Jan. 16, replacing the regular monthly KORA Council meeting for January. KORA also has a Leadership De-

velopment and Nominations Committee. The work of this group will be presented in a future *Kendalight*.

Let 2020 begin!

~Gary Olin, KORA President

**No KORA Council Meeting
on Thursday, January 16.**

First Thursday Health Lecture

No lecture on January 2.

Third Thursday Lecture

“Heat, Fire, Water: How Climate Change Has Created a Public Health Emergency”

Jan. 16 - 7:15pm - AUD

An emeritus professor of neurology at the University at Buffalo, Alan Lockwood will base his talk on a white paper he wrote for Physicians for Social Responsibility. (The paper can be downloaded from the PSR website.)

He is a past president of Physicians for Social Responsibility and a member of its Board of Directors. He has written extensively on numerous topics, and two of his books, *The Silent Epidemic: Coal and the Hidden Threat to Health* and *Heat Advisory: Protecting Health on a Warming Planet*, are in the Kendal library (and can also be downloaded from websites). He and his wife Anne moved to Kendal three and a half years ago after 25 years in Buffalo.

Community Conversations

“Elusive Utopia and Further Reflections on the History of Oberlin”

Tues., Jan. 21 - 7:15pm - AUD

Gary J. Kornblith and Carol Lasser, emeriti professors of history at Oberlin College, will discuss their book *Elusive Utopia: The Struggle for Racial Equality in Oberlin, Ohio*. Drawing from newspapers, pamphlets, organizational records, memoirs, census materials, and tax lists, the book traces the rise and fall of Oberlin’s idealistic vision and commitment to racial equality in a pivotal era in American history. Oberlin residents since 1980, these noted historians have been involved in many local educational initiatives, including a partnership with teachers in the Oberlin City Schools funded by the National Endowment for the Humanities.

Lunch Bunch:

Black River, Oberlin

Wednesday, January 8

Join us for lunch (or breakfast – it’s served all day!) at this favorite local restaurant. We visit it every Winter Term when Oberlin College is on break. Menu includes a variety of vegan and vegetarian dishes, as well as tasty burgers and wraps.

Bus leaves Heiser at 11:30am, returning about 2:00pm. No charge for bus. Lunch at your expense.

Sign up on sheet on shelf under Activities bulletin board. 🚌

My Favorite Vacation

Fri., Jan. 24 - 10:30am - AUD

Enjoy the next in our series of audience participation events!

In the midst of another cold winter, think of a nice vacation in a much warmer spot. Dream about “my favorite vacation” and come to the auditorium ready to let us all know about it.

In two minutes or less, tell us why this is your favorite vacation. Where, when, and with whom did you do it; what is the back story; why it is your favorite; and what else would you like to say? Bring a memento!

Even if you don’t have a favorite vacation, come and enjoy the fun and get out of the winter doldrums.

Questions? Call Joe Colucci.

🎵 Music at Kendal 🎵

Loren Gerlach

Sat., Jan. 4 - 6:45pm - HL

Loren Gerlach, resident Marjorie Porter’s son, will sing some of his own songs about what he calls his “Wanderlust” and a few Tom Lehrer songs and such. Join him around the fireplace for an informal musical treat!

Sunday Afternoon

Chamber Music Fun

Sun., Jan. 5 - 4:00-5:00pm - HL

Stop by and listen to this informal presentation by Kendal residents. It’s not a formal concert, but a read-through (or rehearsal) for all to enjoy!



2019 Tax Information for Kendal Residents

Vance DeBouter, local CPA and a community member of KatO’s Finance Committee, gathered together the updated information about federal, state, school, and local taxes (as they apply to Kendal residents) that the late Joe Palmieri used to provide for us each February. Look for it on the *kaores* website (kaores.kendal.org).

~Ann O’Malley, Kendal CFO

Play Readers: Two One-Act Plays from “You Know I Can’t Hear You When the Water’s Running”

Fri., Jan. 24 - 1:30pm - AUD; Sat., Jan. 25 - 7:15pm - AUD

In the first of two one-act plays from a quartet by Robert Anderson, “Footsteps of Doves,” a long-married couple is shopping for a new bed (double vs. twins). The pro and con discussions deal with intimacy, privacy, discomfort, and other personal matters. The second play, “I’m Herbert,” features an elderly married couple who continually mis-address each other by former spouses names. These should provide our residents with a humorous evening.

Since there are no scene breaks, be on time or you will not be admitted to Heiser Auditorium.

~Jerry Berner

Sunday Movies in Jameson House at 7:00pm

Jan. 5 - The Sting (1973) Paul Newman and Robert Redford play two grifters who team up to pull off the ultimate con on a mob boss. Film received seven Academy Awards including one for Best Picture. PG.

Jan. 12 - Three Guys Named Mike (1951) A flight attendant (Jane Wyman) flirts with an airline pilot (Howard Keel), a college professor (Van Johnson), and a businessman (Barry Sullivan), all of whom are named Mike.

Jan. 19 - Hidden Figures (2016) True story of three African American women mathematicians at NASA – Katherine Johnson (Taraji P. Henson), Dorothy Vaughan (Octavia Spencer), and Mary Jackson (Janelle Monáe) – who served a vital role in NASA during the early years of the U.S. space program. PG.

Jan. 26 - The Monuments Men (2014) An unlikely World War II platoon (George Clooney, Matt Damon, Bill Murray) is tasked to rescue art masterpieces from Nazi thieves and return them to their owners. PG-13.

Saturday Foreign Film

Jan. 11 - 7:15pm - AUD

It's a Wonderful Family - Part 2 (2017) In a sequel to the film shown at Kendal in May, the characters are the same, but a few years older. The father, grandfather, and husband has taken up driving, albeit not without a few bumps. The family revokes his privilege, which leads to an intra-family conflict. PG. Japanese, subtitles. Recommended by Tom and Michi Morgan. ~*Dwight Call*

Saturday Night Film

Jan. 18 - 7:15pm - AUD

Iron Jawed Angels (2004) This true story about the women's suffrage movement tells the risks women took standing up for their rights.

~*Kenneth Cheek*



Art Gallery News

The **Kendal Gallery's** current exhibition is "The Process of Printmaking," a collaborative exhibit with the Artists Archives of the Western Reserve in Cleveland. It includes prints by a number of archived artists, often side by side with the materials from which those prints were created. There will be a reception on January 17 in the Heiser Lounge at 4:30 pm. It will include talks by Mindy Tousley, Executive Director of the AAWR, and Kelly Pontoni, their Registrar and a printmaker herself.

Now on exhibit in the **Community Gallery** is the work of James Peake, a paper-folding expert based in Oberlin. Three of his creations, each made of a single folded sheet of brightly colored origami paper, are on one wall, and a number of brightly colored photographs of his origami creations mounted on canvas are on the longer wall. An active member of the international origami community, James has orga-

nized and hosted over a dozen origami gallery exhibitions. He has led numerous educational origami programs and events for students young and old in Oberlin, Cleveland, and elsewhere as well as presenting at multiple origami festivals in the U.S. and abroad. His reception will be on Friday, January 10, at **10:30am** in the Heiser Lounge. Note the **morning** time!

David Miraldi's riveting photos from Israel and Jordan will remain on display in the **Friends Gallery** until January 10. On January 14 a new show of bright abstract expressionist acrylics by area artist Katie Krueger will be installed.

"Tiny Treasures," miniatures from Peru and other Latin American countries, are now arranged in the **Curio Cabinet**. These small boxes and egg shells are from the collection of Monica Fuquay. Each contains tiny figures depicting scenes of the Nativity.

A second curio cabinet has been installed by the house committee in the opposite corner. In it will be exhibited three-dimensional treasures from the Kendal permanent art collection that cannot be mounted on a wall hook.

Do You Own Any of Michele Hannon's "Critters"?

In spring 2020, the art committee would like to have a show of Michele Hannon's "critters" in the Curio Cabinet. If you own any of her art that we could borrow for about eight weeks, please leave a message in Box #8.

Film Suggestions Welcomed

This month Kenneth Cheek takes on the task so ably handled by the late Donna VanRaaphorst. He will schedule Saturday domestic films including documentaries, dramas, humor, and musicals. Your input on films is encouraged. Call him or drop him a note.

Find biographies of all residents, both newcomers and old-timers, in "Who's Here" on the Kendal library center bookcase.

Turn in Volunteer Hours for the Year-End Count

Each January we ask Kendal residents to turn in a record of all volunteer hours contributed in service to KatO or the wider community in the preceding year.

Look for the 2019 form in your open mailbox, fill it out, and place it in Box #121 by January 31. A copy is also posted on the Volunteer Bulletin Board in the hallway near the KELC.

~*Volunteer Clearinghouse Committee*

Our paper collage project in November was attended by several residents. We took a good look at Aimee Lee's artistry in the Kendal Gallery and appreciated her attention to detail and history of Korean paper making. We then looked to make our own textures and patterns. But our final results were our own "hurried" creations! Joyce's paper patterns with multimedia color, and black and white, became four posters for Oberlin College's Friendship Initiative with Professor Mahallati's peace work. Don Parker painted a watercolor poster called "Bridge to Peace" for the initiative. (In January we will begin the "friendship bowls" for the Friendship Day Festival in April.)



Ted Nowick worked on clock decorations for the Solstice, in spite of the disarray in the Art Studio due to the window replacement project. Jeanne Berger is gathering names of people who want to make Acrylic Pour paintings, similar to the ones displayed in the hallway this fall.

The "Empty Mugs and Holiday

Watercolor Painting Workshops in the Art Studio in 2020

Landscape Painting Workshop

Jan. 7-Feb. 25, Tuesdays, 3:00-5:00 pm

For folks who have some experience in painting and want to explore ways to improve their painting of outdoor scenes.

Plein Air (Outdoor) Painting and Sketching Workshop

Summer 2020 (dates to be announced)

Several sessions to be offered.

Watercolor Workshop

Fall 2020 (dates to be announced)

For folks with beginning-level experience and those who would just like to try their hand at painting.

Sign up for workshops on the bulletin board near the Art Studio, or contact Don Parker: 935-6811, Box #92.

Brass and Organ Spectacular" on December 13 was a joyous occasion! Kendal had at least four persons donating pottery or helping. Many people volunteer and support the fundraiser, which is an annual affair. All proceeds (\$9,000) went to Oberlin Community Services which hosts the event at First Church in Oberlin.

In January there will be creative commotion with Don Parker's watercolor landscape painting class on Tuesdays and Joyce Parker's pottery classes on Wednesdays. See the yellow bulletin board outside the Art Studio or get on our email lists for more information. There's fun and adventure to be had in the Art Studio!

Thanks to all who supported our two-day Pottery Gift Sale in November! We earned \$997 toward our goal for equipment or supplies.

~Joyce Parker

Ohio Light Opera Trip?

Are you a fan of the Ohio Light Opera, the resident professional company of the College of Wooster?

Its 2020 summer schedule is now available. Fans who would be interested in Kendal bus transportation to the Freedlander Theatre are invited to the Green Room on January 15 at 4:00pm to choose a performance to attend. Then we'll reserve a Kendal bus.

Dementia-Friendly Discussion

Group - Thurs., Jan. 23 -

10:30am - Green Room.



I moved here mainly to enjoy Oberlin Conservatory music. Now that I live in the Stephens Care Center, I can't get to all the programs I like. A friend of mine knows how to stream some of the programs to my TV. We enjoy watching the programs together in my room. It's a great way to **STAY CONNECTED.**

The 2020 KORA Resident Medical Resource Directory is in the works!

The purpose of the directory is to provide the names of Kendal residents who are willing to share information about their experiences around a wide variety of medical conditions and procedures. For example, if you are thinking about a hip or knee replacement, you can talk with someone who has gone through the procedure recently.

The Directory, which has a light green cover, is located on the reference shelf in the Kendal library. It is also identified by a tag with RMR in orange lettering. Please do take a look at it.

We will be contacting new residents (through their open mailboxes) to see if they have medical information to share.

If you are already in the directory, but have new conditions to share, please put your information in the RMR open mail box (far upper right corner).

Also, if you wish to have your name added or removed, put a note to that effect in the same box.

The current RMR committee is made up of Doug McClennen, chair, and resident Linda Koco. We do not have regular meetings, but individuals with questions should feel free to call Doug.

More About Kendal Residents



Bettina Frisse

I was a shy, awkward tomboy but still had loads of fun with my five close sibs in a rambling old house in Cleveland Heights.

I attended a private girl's school and received an exemplary education, but it took Vermont's Goddard College to help me discover myself.

I ended up in Pittsburgh's Hill District (remember Hill Street Blues?) in LBJ's Great Society Teachers Corps.

For the next 30 years, I resided in Pittsburgh, loving its ethnic diversity, wonderful canoe trips, and amazing hills, valleys, and rivers. I pursued my MSW in Social Work there, worked with a private family agency for 15 years, became active in Big Brother/Big Sister and Girl Scout organizations, and started giving back to society.

Social work was draining, and I slowly became a person I didn't like. So, I segued into gardening and landscape design, forming Yard & Garden.

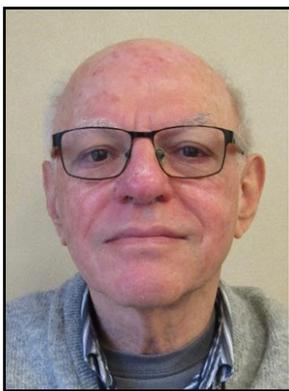
It was a natural; I loved the outdoors and the environmental mysteries first unlocked by my Grandpa who on Sunday walks would name all the wildflowers and mimic bird calls. He introduced me to the wahoo bird, too.

Near age 50, I upped and moved to rural dairy country in central New York, where I worked at Stone Quarry Hill Art Park taking care of flower

beds, driving a BIG tractor, and doing site maintenance.

A decade later I moved to a hamlet on Norman Rockwell street in an 1850 house; it had a working front porch, kids zooming on bikes, and Baltimore orioles eating the cherries. A retiree's dream.

The older me knows I can't do everything I want. But I can do some things. My job now is to find out what these things are and to discover ways to do them while giving back after a life filled with generosity to me. KAO+ BFF looks like a good match!



Andrew (Andy) Unger

I was born in New York City in 1941. My father was an accountant and later a small business owner. My mother was a housewife during my childhood but had previously worked for a major labor union as a bookkeeper/office manager.

After high school I attended George Washington University in Washington, DC, where I majored in history. I married my college sweetheart a year after graduating, and we soon had two children. We divorced eight years after our marriage. I remain close to my children and have a cordial relationship with my former spouse.

After graduation I wasn't sure what I really was cut out for in terms of work

and future study. I took a job as an insurance underwriting investigator. It was "gumshoe" work that felt natural to me. I developed investigative skills which laid the foundation for my later career.

After about a year I applied to Georgetown University Law School and was admitted as a night student. My day job was as a copyright examiner in the United States Copyright Office, which is a part of the Library of Congress. These were years of very long days.

After law school I worked at the Internal Revenue Service as an estate and gift tax attorney.

My work there as a specialized auditor allowed me to develop skills and gain confidence, thereby contributing to personal growth.

Upon retiring from the government, I worked for several years at a small law firm that specialized in estate planning. I did tax work, probate, and will drafting.

I am enthusiastic about classical and jazz music, photography (particularly black and white), the visual arts in general, literary fiction, swimming, cooking, and volunteering.

Recent Move-ins

Vincenzo Santone and **Ann Halteman**, from Medford, MA, to a Kendal apartment in early December.

Elizabeth Locke, from Austin, TX, to a Kendal apartment in mid-December.

Helene Aarons, from Santa Fe, NM, to a Kendal apartment in late December.

2020 KatO Directories Coming Soon!

Mary Ann Shearer - check with Front Desk for new phone number and email address.

Dick Hazelton - new phone number
Kathy Hazelton - new phone number



Library Notes

The Library Committee is working on several priorities for 2020.

- **Special displays** have been much appreciated, and we plan to continue them in 2020, when several anniversaries of events that shaped our lives will be observed: 100 years since the 19th Amendment gave women the right to vote; 50 years since the first Earth Day; 75 years since the momentous events of 1945. There also are the many months, weeks, and days dedicated to worthy subjects, as well as birthdays, awards, deaths – the possibilities are endless. And, after all the attention given to our cat display, we must not forget the dogs.
- **Shelving** is always an issue as we try to make the best use of our space. We need to shift the DVD collection to their new shelves, making the DVDs more visible while opening two sections of shelves for books in the crowded non-fiction area.
- The next project is shifting the mass market paperbacks from the middle of hardcover fiction to the end of the that section. After that we will decide whether to merge the Light Fiction and Serious Fiction sections, two categories that have often brought questions and complaints. The Library Committee leans towards integrating LF and F, but there are some who still prefer a separate section for mysteries. Some also view with alarm the amount of labor required!
- We are also considering changes in the waist-high shelving units and uses for the now mostly uncluttered bottom shelves. There may be some location tweaks for oversize books, reference works, current and back issues of magazines, and KORA materials. All of these will be considered with due awareness that someone is likely to be dissatisfied with any change. *~Mary Clare Beck*

Changes for the Kendal Bible Study Group

The Kendal Bible Study Group is undertaking a new approach with a new instructor, complementing the work of the Interim Rector Sarah Schofstall and Curate Greg Stark of Christ Church Episcopal Church in Oberlin.

The group meets Mondays from 10:00-11:00am in the Green Room.

Careful study of the first four Gospels of the New Testament has revealed four distinct portraits of Jesus of Nazareth. The writers developed unique understandings of the Nazarene whose ministry of 1-3 years changed the history of Western civilization.

The Kendal Bible Study Group will examine Matthew, Mark, Luke, and John to gain better understanding of why the differences, the relevance of the differences to contemporary faith and understanding, and the resistance of the Church to expanding or contracting these four Gospels.

Kendal resident Malcolm Peel will be the instructor for the first three Mondays in January and February. Malcolm, who has a PhD from Yale University, is former Professor and Chair of the Departments of Religion at Lycoming College (PA), Coe College (IA), and Agnes Scott College (Atlanta, GA). His teaching spans 27 years and includes serious focus on Biblical Theology with emphasis on New Testament and Early Christian literature.

All are welcome and no conversion is required!

Take Action! with LWVOA Wed., Jan. 8 - 1:30-3:00pm Green Room

Thanks to all those who took time out of their busy holiday schedules in December to write almost 40 postcards to our state and federal legislators. Among other issues, we asked them to support various bills strengthening voting rights and lowering prescription drug prices.

Come join us this month, stay for all or part of the time. The more we contact our legislators, the greater our impact! *~Mary Van Nortwick*

Make A Difference – Join LWVOA in Registering Voters in 2020!

Want to help register voters and ensure that registrations are up to date?

Friendly, outgoing volunteers are needed starting in January to register voters at Lorain County Community College and out in the community. Schedules are being developed by League of Women Voters of the Oberlin Area and you will soon be able to sign up for this exciting opportunity. Kendal residents make a difference. To be on the list to assist or for more information, email Ann Francis at francis.annm@gmail.com.

In 1993, the Kendal residents began a long tradition of registering voters. In 2018, we helped LWVOA submit more voter registration forms than any other League in Ohio.

Let's keep this tradition going!

Kendal Kryptogram #178 - By Nina Love

PHUAHTZ YTRUKM LGO MUEX, SHQOM

EAT COOL HUB CRUKOTM KNEX.

~MHTH FENOTRBKO

Solution to Kryptogram #177: "Mother Nature made me beautiful, but Father Time beat the daylights out of me." *~Elwood Patrick*

Kendal Resale Shop Talk

Benefitting Kendal Residents Assistance Fund and Community Charities

December was a very busy month for the Kendal Resale Shop. There were cottage sales plus holiday displays in the shop. Many hands helped to make this happen.

In addition, the Twigbee event was a great success with 23 young shoppers from the Kendal Early Learning Center coming with \$2 each to shop for gifts for their families. The gifts had been pre-selected from the resale shop. Kendal elves helped the children choose their gifts and then wrap them. Big smiles all around!

Perhaps you will find that January is a good time to clean out closets and bring treasures to the resale shop that you no longer need.

While your donations are truly appreciated, please be sure that the items you are giving can be sold.

Our trash cans overflow with dirty clothes and the unusable.

Resale Shop deposits to the Residents Assistance Fund totaled \$3,611 for November and \$37,047 year to date through mid December.

~Shirley Taylor for the KRS

Thank You from the Staff for the Holiday Fund

The 2019 Staff Holiday Fund was the largest on record: \$61,148 generously donated by our wonderful residents. One hundred sixty-three Kendal at Oberlin and PS Salon staff members received gifts ranging from \$75.00 to \$484.26.

On behalf of our dedicated staff teams, I thank you sincerely and warmly for your tangible expression of appreciation for their excellent services 24/7/365! It is a continual joy to be partners with you in our vibrant community.

~Toni Merleno, Director of Human Resources & Operational Services

From The John Bartram Arboretum: Callery Pears at Kendal; Why a Differing View of Them Over Time

The folks landscaping the brand new Kendal at Oberlin graced the front of Heiser with six Callery pear trees, three on each side of the main entrance. It seemed a very good choice at the time. The Callery pear, a small ornamental flowering tree, was brought to the U.S. from China in the late 1800s. Fast-growing, tolerant of air pollution, disease resistant, with pretty white flowers in early spring – what more could you want in a landscaping tree?

“Scientists thought they had the perfect tree, but it became a nightmare,” according to the *Washington Post*. Rachel Duncan, KatO grounds-keeper and certified arborist, explains that although these trees were originally thought to be sterile, they often hybridize with other pear species and other “sterile” cultivars, leading to fertile fruit that begins seeding out into native habitat and decreasing native biodiversity and natural ecosystem health.

The Dawes Arboretum in Newark, OH, removed their last Callery pear in 2018. They state: “When a non-native plant enters a natural habitat and begins reproducing so rapidly that it takes over to the detriment of existing flora, it is classified as invasive.” Here in our Arboretum, the Callery pear trees invaded Wildflower Hill. They

Remember! Wear your name tag so newcomers (and old-timers) can tie your name to that face!

multiplied freely, so were cut down. However, the stumps sprouted again. Kara Phillips, KatO grounds supervisor, found more than she anticipated this fall while mowing Wildflower Hill. Those have been cut again, and appropriate poison was applied directly to each stump.

The State of Ohio is adding *Pyrus calleryana*, Callery pear, to the invasive species list effective January 2023. After that, they can no longer be sold in Ohio, and people will be actively encouraged to get rid of them. But at present, nurseries are still marketing these trees in an effort to get rid of their stock.

We will be removing some, if not all, of the Callery pears in front of Heiser this coming year. Facility Services and the Arboretum Committee are working on these plans. Two of the pear trees have rot and are dying, presenting safety issues. They will be removed this winter. Fungal infections are spreading and there is evidence of poor root collar health and branch junctions in others. See the Arboretum table in Heiser Lounge for more evidence of these problems. But problems can lead to opportunities! We have the opportunity to rethink the landscaping at the Heiser entrance.

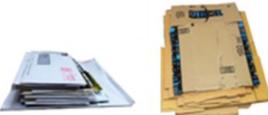
~Anne Helm for the Arboretum Committee

Need help with your computer, tablet, smartphone, or related device? Ask KORATech! We make house calls!

To contact KORATech do one of the following:

- Click the KORATech button on the KORA website
 - Ask for – and fill out – a request form at the Heiser Front Desk
 - Email us at koratech@kaores.kendal.org
 - Call us at 440-574-0261
-

RECYCLING REMINDERS

 <p>Plastic Water bottles Soda bottles Milk jugs Shampoo bottles Detergent containers</p> <p>Metal Aluminum cans Food cans</p> <p>Glass Bottles Jars</p>	<p>PLASTIC (ignore recycling numerals), METAL, and GLASS items go in the recycle bins found in each trash room. Includes plastic yogurt cups, clamshells. Also milk, juice, wine, soup cartons. Be sure each item is EMPTY, CLEAN, and DRY.</p>
 <p>Paper Newspaper Envelopes Mail Phone books Magazines</p> <p>Cardboard Flattened boxes Food boxes with liners removed File folders Poster board</p>	<p>PAPER and CARDBOARD items go in (or behind) the paper recycle bin in each trash room.</p> <p>Be sure food cartons are EMPTY and all items are FLATTENED.</p>
 <p>Plastic Bags</p>	<p>CLEAN PLASTIC BAGS go in the marked bin in trash rooms 3, 8, and 10.</p>
 <p>Packing Peanuts and Air Pillows</p>	<p>PACKING PEANUTS and AIR PILLOWS go in the marked bin in trash rooms 3 and 8.</p>
 <p>Batteries</p>	<p>BATTERIES go in the marked box under the open mailboxes.</p>
 <p>Electronic Devices</p>	<p>Call Facility Services to pick up old, unwanted ELECTRONIC DEVICES.</p>
 <p>Food Bags and Compostable Containers</p>	<p>Pick up biodegradable bags in Langston (near napkin return) and fill with COMPOSTABLE food items.</p> <p>FILLED BAGS and CONTAINERS (biodegradable clamshell boxes and cups) go on the Langston conveyor belt.</p>
<p>EVERYTHING ELSE</p>	<p>Treat as trash!</p>

Ballroom Dancing at Kendal

**Sun., Jan 26
4:00pm - AUD**



Some of us love to dance! Join us for Ballroom Dancing on the 4th Sunday each month at 4:00pm in the Heiser Auditorium. We have music for most “standard” ballroom dances. This is not a time for lessons, but to enjoy dancing. Questions? Ask Dan Reiber (774-4394) or Sandi McClennen (774-7142).

Dark Sky Special Purpose Group Forming

Those interested in forming a Kendal Task Group to see if Kendal can be designated the first International Dark Sky Retirement Community are welcome to send their names and contact information to Terry McGowan at lighting@ieec.org or Box #13.

The International Dark Sky Association (IDA) recognizes special dark sky places around the world where work had been done to minimize light pollution and promote dark skies, not just to see the stars, but also to preserve the night environment for plants, animals – and people.



For the Vision-Impaired

Low-Vision Support Group: “Correcting Misconceptions about Age-Related Macular Degeneration”

**Thursday, January 9
4:00pm - Green Room**

More Recycling Reminders

Please do not place your recycled items in plastic bags for deposit in the bins.

Questions? Contact Lori Sprosty, Oberlin recycling coordinator (440-935-0096) or Jerry Berner (440-774-6025).



Keith and Victoria (Torie) Young: Making a Difference at Kendal

Keith and Victoria (Torie) Young moved to Kendal from New Jersey in 1993, carrying \$2000 in cash. "The movers required payment in cash," Torie recalled. "We decided to sleep on the floor of our cottage while waiting for our things to arrive the next day. That night a flashing light outside the window nearly scared me to death before I realized it was a Facility Services truck checking to make sure everyone was safe."

Keith and Torie grew up as friends in Warren, PA, and both graduated from Oberlin College, but they didn't date until after WWII when they met at church and renewed their friendship. They were married just before Keith started medical school at Jefferson Medical College in Philadelphia. Torie earned a degree in medical sciences from Northwestern and later worked in the nation's oldest hospital (Pennsylvania Hospital) in Philadelphia.

Keith practiced internal medicine in New Jersey until his retirement in 1987. He and Torie were ardent sailors; Keith taught navigation in Kingsway, NJ, and later in Vermilion, OH.

The Youngs became enthusiastic residents of Kendal and served the community in many ways. As secretary of the Library Committee, Keith made an in-depth study of Longwood's library that was crucial to the organization of Kendal at Oberlin's library. Torie loved golfing, music, and travel. She and Frampie Ailey were often the top team at Kendal's annual croquet tournament. Torie regularly volunteered at Stephens Care Center and Heiser desks.

Keith died in 2012 and Torie in 2017. Together, the Youngs have provided a generous gift to Kendal through their Trust.



Bridge Results

Dec. 2: 1st, Jan Van Doren; 2nd, Bill Washburn; 3rd, Tomo Ijiri

Dec. 9: 1st, Tomo Ijiri; 2nd, Charlotte McGowan; 3rd, Betty O'Connor

Dec. 16: 1st, Betty O'Connor; 2nd, Kathy Caldwell

Dec. 23 1st, Rachel Fordyce; 2nd, Betty O'Connor

UU Kendal Gathering

"What Actions Are Ohioans

Taking to Combat Climate

Change?" Rev. John Elder

Wed., Jan. 15 - 4:00pm - Ed Ctr

We'll watch an inspiring short TED talk by Greta Thunberg in which she argues that "hope follows action." Then John Elder will tell us the actions being taken by such groups as the Citizens Climate Lobby, Community Environmental Legal Defense Fund, FaCT (Faith Communities Together for a Sustainable Future), Sunrise Oberlin, and more.

All are welcome.

December Table Tennis

After seven sessions up to Christmas week, as in November we averaged 17 players at each, totaling 122 turns at our three tables. Meanwhile, our table in the apartment house was seeing lively before- and after-hours use (9:00am to 9:00pm). Likewise in December one new resident, boxes still unpacked, joined the group.

Drop by and see how we help one another move beyond "ping pong" (a brand name) to table tennis! It's fun.

~Sidney Rosenfeld

Kendal United Fellowship

Sat., Jan. 11 - AUD

9:30am - Food and fellowship

10:00am - Bob Longsworth

Come hear Bob tell us about "Oberlin and the War on Strong Drink."

All are welcome.

Saturday Walks

From now through March, those desiring to walk off the Kendal campus should meet at the Heiser Reception Desk at 9:00am every Saturday. We will decide whether to walk that day (weather permitting) and carpool to the destination. The walks are 1-3 miles and are leisurely. Come join us!

Questions? Contact Phil Pritchett.

RELIGIOUS SERVICES

AT KENDAL

Ecumenical Church Service

Sun., Jan. 12, 4:00pm, Gathering Rm.

Episcopal Service

Holy Communion

Mon., Jan. 13, 4:00pm, Gathering Rm.

Society of Friends

Sundays, 10:30am, Education Center

The Kendalight

Monthly newsletter of the

Kendal at Oberlin Residents Association,
600 Kendal Dr., Oberlin, OH 44074

Managing Editor: Elizabeth Aldrich

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- Deadline for the February 2020 issue of *The Kendalight* is January 15.
- Editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: klite600@yahoo.com
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services

Intergenerational Gathering

Fri., Jan. 24, 3:00pm, Langston
Bring your crazy hats for the annual **Mad Hatter's Tea Party**.

Solo Diners

Wed., Jan. 9, 5:30pm, The Den. We meet on the 2nd Thursday of the month.

Meet, Greet, and Eat Returns on Mon., Jan. 27!

Meet, Greet and Eat gives Kendal residents an opportunity to share a meal with other residents with whom they don't usually eat. Sign up in advance, come to the Heiser Lounge at 5:15pm (wearing your name tag), and draw a number which will correspond to your table in the Fox and Fell or William Penn Room. Sign-up sheets will be placed below the open mailboxes on Mon., Jan. 20; deadline for signing is noon, Sat., Jan. 25. Usual dining options are also available in Langston and Fox and Fell. ~*Sharon Furrow, Sheila Eckstein, Phyllis Gorfain, Priscilla Steinberg*

Weather Emergency Meal Delivery

When potentially hazardous weather such as actual temperatures in the low to midteens, extremely cold wind chill temperatures, or heavy snow and icy conditions is predicted for the dinner hour, Kendal administration may offer weather emergency meal delivery. The announcement will be broadcast on WKAO by 2:00pm; an email blast will also be sent to the resident email group.

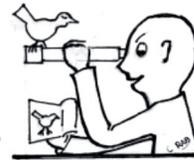
In that case, cottage residents will have the option to call the Dining Room/Catering Manager's office at 775-9801 between 2:00 and 4:30pm to place a meal order which will be delivered to their home free of charge. Delivery will be between 5:15 and 6:00pm. Please note that you will likely need to reheat your meal.

~*Greg Zebe, Dining Services Director*

Social Services

Lunch with the Kims Tues., Jan. 14 - 12:00pm - Den

Join Kim Preston and Kim Peters to explore topics of interest to us all. Bring your lunch or purchase it at Langston. **All are welcome.**



Nature Sightings 11/12/19-12/18/19

11/12, Male and Female Bufflehead (ducks) on Rock Pond, Scott Orcutt; **11/15, Belted Kingfisher** atop the bird box Meadow Pond, Ruth Bent; **11/16, 3 Bluebirds** at west shore of Rock Pond, Scott O.; **11/28, Sharp-shinned Hawk** near patio of #168, Nancy Matthews; **11/29, Mallard pair** doing pre-copulatory displays, Scott, O.; **12/2, 2 Eastern Bluebirds** outside fitness room, Maureen Bailey (HSKP); **12/5, Northern Flicker** near #12, Maureen B.; **12/7, Great Blue Heron** north shore of Rock Pond, Scott O.; **12/12, Mature Bald Eagle** flying south over Lot 14, Jason Cockayne (FS); **12/12, Cooper's Hawk** low in tree southside of entrance blvd, Larry Porter; **12/18, Coyote** crossing route 58 near Drug Mart, Anne Martin, Bill Rice, Brian (driver); **Red Shouldered Hawk** in woods by #8, Jane Cheek.

Did You Know?

You can call 775-9868 to hear announcements and menus of the day.

Dining Matters Survey

Approximately two-thirds of Kendal residents completed the Dining Matters Survey in November. Your Dining Matters Committee is in the process of analyzing the data and will use the data to better understand the nutritional preferences of our community.

Nearly 70% of respondents identified themselves as omnivores who prefer meat for protein and just over 30% preferred a plant-based diet. In terms of healthy diet preferences, over half were interested in low saturated fat and high fiber diets, nearly half wanted low-salt options, a third were concerned about excess carbohydrates and sugars, and 10% wanted gluten-free options.

The Dining Matters Committee, composed of residents and staff, is using the data from the survey to inform our discussions as we work to continuously improve dining at Kendal.

Nutrition Counseling Mondays, 1:30-3:30pm Health and Wellness Clinic



Beginning in 2020, Sue Campbell will have open hours every Monday in the Health and Wellness Clinic for nutrition counseling. Scheduling an appointment is recommended. Services include but are not limited to:

- Cardiovascular disease
- Diabetes types I and II
- GI disorders (celiac disease, irritable bowel disease)
- Food allergies
- Weight management (need to lose weight or gain weight)
- Vegetarianism
- Nutrition for immunity
- Healthy eating during the holidays
- Navigating meal preparation or the grocery store
- Diet and coumadin
- Renal disease
- Mediterranean diet
- Keto diet

Sue Campbell, RD, LD, 440-775-9065, scampbell@kao.kendal.org

SUN	MON	TUE	WED	THU	FRI	SAT
<h1 style="color: red;">January 2020</h1> <p> CCR = Crossroads Room GaRm = Gathering Room HL = Heiser Lounge WCH = Warner Concert Hall WHT = Whittier Lounge Bold = at Kendal tx = Tickets needed  = Kendal Bus </p> 			1	2	3	4
				No Health Lecture	No News & Views	Walk in Park 9:00am Heiser Loren Gerlach Sings 6:45pm HL
5 Quaker Worship 10:30am Ed Ctr Chamber Music Fun 4:00pm HL Film: The Sting 7:00pm Jameson <u>English Country</u> <u>Dancing</u> every Sunday, 7:15pm AUD	6 <u>Bible Study today</u> only, 10:00am Crossroads <u>Square Dancing</u> every Monday 4:00-5:30pm AUD Bridge 6:30pm Green Rm. <u>Mexican Train</u> most Mondays 7:15pm F&F Café	7 No Tuesday Tea at AMAM	8 LUNCH BUNCH: Black River, Oberlin 11:30am-2:00pm  LWVOA Take Action! 1:30pm Green Rm. Song Swap with Judy Cook 7:00pm AUD	9 Low-Vision Group 4:00pm Green Rm Solo Diners 5:30pm The Den	10 Artist Reception: James Peake 10:30am HL Note time.	11 Walk in Park 9:00am Heiser Kendal United Fellowship 9:30am AUD Film: It's a Wonderful Family - Pt. 2 7:15pm AUD
12 Quaker Worship 10:30am Ed Ctr Ecumenical Serv. 4:00pm GaRm Film: Three Guys Named Mike 7:00pm Jameson	13 <u>Bible Study</u> every Mon., 10:00am Green Room Suggestions & Concerns 2:00pm CCR Episcopal Service 4:00pm GaRm Bridge 6:30pm Green Rm.	14 Grief Support Group 10:30am to Noon WHT Lunch with the Kims Noon Den	15 Coffee Hour with Barbara Thomas 9:30am Langston Unitarian Univ. Gathering: Climate Change Rev. John Elder 4:00pm Ed Ctr	16 No KORA Council Meeting 3rd Thursday Lecture Alan Lockwood on Climate Change 7:15pm AUD	17 Artist Reception: Artists Archives of the Western Reserve 4:30pm HL	18 Walk in Park 9:00am Heiser Film: Iron Jawed Angels 7:15pm AUD
19 Quaker Worship 10:30am Ed Ctr Film: Hidden Figures 7:00pm Jameson	20 Apollo Movie Night Sign up for bus  Bridge 6:30pm Green Rm.	21 Community Conversations "Elusive Utopia and Further Reflections" 7:15pm AUD	22 Song Swap with Judy Cook 7:00pm AUD	23 Dementia-Friendly Group 10:30am Green Rm	24 Favorite Vacation 10:30am AUD Play Readers: Two One-Act Plays 1:30pm AUD Mad Hatter's Tea Party 3:00pm Langston Burns Dinner 5:00pm Music HL 5:30pm Address to Haggis HL 6:00pm Dinner F&F 	25 Walk in Park 9:00am Heiser Play Readers: Two One-Act Plays - "Footsteps of Doves" and "I'm Herbert" 7:15pm AUD
26 Quaker Worship 10:30am Ed Ctr Ballroom Dancing 4:00pm AUD Film: The Monuments Men 7:00pm Jameson	27 Meet, Greet, and Eat (sign up) 5:15pm Fox & Fell Bridge 6:30pm Green Rm.	28 Grief Support Group 10:30am to Noon WHT Afternoon Exchange Barbara Thomas 4:00pm AUD	29 Winter Term Opera "The Wild Beast of the Bungalow" 7:30pm WCH  Call 775-8169 for seating on WCH stage.	30	31 Remembering Len Garver: Rod Knight runs Len's trolley 4:45pm HL Beethoven String Quartets - Winter Term Project 	