

The Kendalight

Kendal at Oberlin Residents Association

January 2021

Volume XXVIII, Number 1



World's Biggest Burns Comes to Kendal! Monday, January 25 - 4:00pm - KOTV

Every January 25 (or thereabouts) Scottish folk the world over celebrate the birthday of Robert Burns, born in 1759 and renowned for his poetry and lyrics written in Scots and English. Past Kendal Burns events included a grand march led by a piper, recitation of the "Address to the Haggis," dinner in the Fox and Fell, and musical entertainment. This year, menu choices for our delivered dinner will include the traditional Scottish options of haggis, neeps (mashed turnips), and tatties (mashed potatoes) with brown sauce. And we can tune in to KOTV to watch the *World's Biggest Burns* event offered by SBH Scotland.



Spina Bifida Hydrocephalus Scotland (www.sbhscotland.org.uk) is a nonprofit organization that provides a lifetime commitment of support and information to all those affected by the conditions. For this, their 30th year of Burns Suppers, they want to bring the whole world together for one **FREE** very special hour of Burns entertainment, featuring award-winning comedians and presenters, the world's leading Robert Burns performer, and traditional Scottish pipers. Although in previous years the SBH Scotland Burns Supper was a fundraising event, the virtual *World's Biggest Burns* event is being presented to the world for **FREE**.

So order the haggis, neeps, and tatties for your dinner; brush up on your Scots dialect; don your favorite tartan; and have your favorite beverage ready for toasting. Then tune in to KOTV on January 25 at 4:00pm and enjoy!

~Suzanne McDougal



As part of the John Bartram Arboretum's Commemorative Tree Program, Kendal Grounds crew planted a fig tree (left) donated by Grace Tompos and a European beech tree (center) donated by Mary Lee Orr (right). For more about this program, see the article on page 9.

Photos by Kathy Caldwell



Kendal at Oberlin Residents Association

This holiday season was very different, yet Kendal residents and staff brought joy and happiness in creative ways. We had music, a Solstice program, lovely decorations and floral designs, new art exhibits, friends, traditional stories, treats from dining, and new ways of sharing holiday traditions. Generous residents, who are so appreciative of what our staff is doing for us during COVID-19, donated over \$84,000 to the Staff Holiday Fund! Thank you so much! We missed family gatherings, but we are very grateful for this loving community. Vaccines are bringing hope to the new year, although we must still remain vigilant.

A heartfelt thank-you to Gary Olin who has done a stupendous job as KORA president. He was thrust into the presidency two years ago when incoming president Jim Helm unexpectedly died. Then this past year Gary was thrust into all the challenges and demands of a pandemic. He has been an inspiring leader, guiding us with his calm thoughtfulness, caring, sense of humor, kindness, and exemplary organizational skills in these tumultuous times. LeadingAge Ohio awarded Gary its 2020 Excellence in Volunteer Service Award in recognition of his exemplary leadership as KORA President in 2019 and 2020. We deeply appreciate all he has done.

We are also thankful for the leadership, transparency, loving support, and care of CEO Barbara Thomas, her administrative team, and the entire Kendal staff. They have sacrificed personally, yet willingly and with good cheer, to keep us safe and as happy as possible during a pandemic. We are indeed a commUnity, each and every one of us supporting and sustaining one another.

And we are grateful for how Kendal residents have pulled together to find

Winter LifeLong Learning Classes at Kendal

These courses will be conducted via Zoom. You will be able to ask questions by using the Zoom chat function. Sign up to receive the invitation to join a class by contacting Rebecca Cardozo. There is no fee for the courses.

French Film Comedy from Jacques Tati to the Present; February 3, 10, and 17; 10:30am–12:00pm. Grace An, Oberlin College Professor of French and Cinema Studies, will present three classes on French film comedy, focusing on why comedy has been a popular genre in France. In addition to the classes, the three films under discussion will be shown via KOIV at a time TBA.

Session I: “French Film Comedy of the 1950s” presents a brief history of early physical comedy (i.e., Charlie Chaplin, Buster Keaton, Jacques Tati), followed by a discussion of *Mon Oncle*, starring the film’s director, Jacques Tati. Tati found humor in visual gags, bodily movement, and sound, all of which were meticulously orchestrated in films presenting a bemused critique of industrialization, commercialism, and materialism following World War II.

Session II: “Humor as Weapon” considers ways in which humor allowed women to express a range of emotion and experience on the eve of the feminist movement of the 1970s and discusses Nelly Kaplan’s 1969 *La Fiancée du Pirate* (translated as *The Pirate’s Fiancée* but released as *A Very Curious Girl*). Kaplan died one month ago and was remembered by *The New York Times* for making films about female strength.

Session III: “Lost and Improved in Translation” looks at how contemporary French films play with regional stereotypes through an analysis of *Bienvenue chez les Ch’utis* (2008), starring Dany Boon, also the film’s director. Set in Nord-Pas-de-Calais, a region whose climate, cuisine, linguistic tics, and inhabitants surprise visitors who are there against their choice, the film remains the highest-grossing French movie of all time and continues to challenge students to find a suitable translation for “bromance.”

Mountains and Water; March 15, 22, 29; 11:00am–12:00pm. Kevin Greenwood, Joan L. Danforth Curator of Asian Art at Allen Memorial Art Museum, will present three classes on these prominent themes in Chinese art.

new ways of doing what we love to do in spite of our COVID-19 restrictions. Twenty-seven years ago Kendal’s first residents created a remarkable community which seemed like a paradise to me – warm, caring, marvelously vital with more social, cultural, and educational activities than I could fit in. With COVID-19’s dangers and restrictions, Kendalites are doing it again – figuring out innovative ways to continue this rich tapestry of social interactions and activities in a loving, caring manner.

Cold, dark Ohio winter can be difficult psychologically; COVID-19 makes it harder. Vaccines are bringing hope that restrictions may lessen and we’ll be

able to join together in person once again. In new and old ways, Kendal’s wonderfully vibrant intellectual, cultural, and social life will continue to thrive.

I appreciate the honor and responsibility of being KORA’s president. Please contact me with any ideas and concerns you have. Together we will continue to sustain this remarkable community.

~Mary Behm, KORA President 2021

No KORA Council Meeting on Thursday, January 21.

Modeling Climate Change Using MIT's EnRoads Tool **Mon., Jan. 11 - 7:15pm** **Zoom and KOTV**

Tamara Risser, environmental engineer and activist in Portland, ME, will invite audience participation and use the tool to show the estimated extent to which different actions – such as planting trees – would impact climate change. This model has been used by the UN in climate talks and is endorsed by, among others, Bill Nye, the Science Guy. Here is the link to the website: www.climateinteractive.org/tools/en-roads/

The Presidential Transition: From Trump to Biden **Mon., Feb. 1 - 7:15pm** **Zoom and KOTV**

While presidents face common challenges (setting policy priorities, appointing officials across the government, and organizing the White House), each takes office in different circumstances, and each presidency reflects the personality of the president.

Joe Biden enters office as someone offering normality. But the crisis he confronts, the president he succeeds, the balance within Congress, and the unpromising prospects for his party in the 2022 election all suggest his term will be stressful and contentious.

Joseph White, Luxenberg Family Professor of Public Policy at Case Western Reserve University, will examine how Joe Biden has sought to fit an agenda and appointments to the circumstances as well as how leaders of both parties' factions have responded.

**EXCHANGES WITH
BARBARA THOMAS**
THURSDAYS AT 4:00PM
Zoom, KOTV, WSCC

Community Conversations A Poetry Potluck **Mon., Jan. 25 - 7:15pm - Zoom**

If you are nourished by poetry, bring a favorite poem to read aloud and share with others. We're looking forward to a variety of "dishes."

How Corporations Are Fueling the Climate Crisis **Tues., Jan. 26 - 7:15pm** **Zoom and KOTV**

Oberlin College alumnus Greg Cole-ridge, National Outreach Director, Move to Amend, will share how the spending of corporate money in elections and other never-intended constitutional rights for corporate entities have contributed to the destruction of the earth's climate and overall ecosystem by fossil fuel corporations nationally and here in Ohio. MTA is organizing for the We the People Amendment to the US Constitution to end all corporate constitutional rights and political money in elections defined as "free speech."

Long associated with the American Friends Service Committee, Greg is the author of *Citizens over Corporations: A Brief History of Democracy in Ohio and Challenges to Freedom in the Future*.

A Road to Epiphany: Two Fairy Tales by Oscar Wilde **Tuesday, January 5 - 4:30pm - KOTV**

Enjoy an uplifting afternoon tea as you listen to Maxine Houck read "The Happy Prince" and "The Selfish Giant" on the eleventh day of Christmas, just before Twelfth Night and Epiphany. End the holiday season on a loving and gentle note as you begin 2021. Watch the snow fall. Sip warmth.

Play Readers: Songs of Love **Friday, January 29 - 7:15pm - KOTV**

Romulus Linney's play takes place in a retirement community. A single man and a single woman plan on marrying. Their children object strenuously. Nurse acts as the mediator between the two parties. Be sure to see this play to learn how this contentious issue is resolved. Actors include: Kathy Caldwell, Anne Wardwell, Ed Wardwell, Tom Konkoly, Marvin Gordon-Lickey, and Barbara Gordon-Lickey. Bruce Richards is handling the technical aspects and Jerry Berner is the director. Note: contact Robin Laurén if you do not have access to a TV.

🎵 Music at Kendal 🎵

First Sunday Chamber Music Open Rehearsal **Sun., Jan. 3 - 4:00–5:00pm - HL**

Stop by and listen to this informal presentation by Kendal residents. It's a read-through (or rehearsal) for all to enjoy! Protocols limit the number of people who can be in Heiser Lounge at any one time to 10, including the musicians, but passersby will be able to hear the music. If you do come into Heiser Lounge, don't stay too long!

Art Song **Mon., Jan. 4 and 18 - 7:15pm** **Zoom and KOTV**

Using slides and musical examples, Oberlin College Associate Prof. of Collaborative Piano Thomas Bandy will present two sessions on art song.

Mon., Jan. 4: *Dichterliebe*, music by Robert Schumann, poetry by Heinrich Heine.

Mon, Jan. 18: *Mélodies* by Gabriel Fauré (1845–1924). Four periods of his song composition, from the style of Gounod to the late period of intense, opaque, even modernist concision.

Saturday Night Movies 7:15pm - KOTV

Jan. 2 - Oklahoma! (1955) Several farmers, cowboys, and a traveling salesman sing Rodgers and Hammerstein songs and compete for the romantic favors of various local ladies. With Gordon MacRae and Shirley Jones.

Jan. 9 - The Trouble with Harry (1955) The trouble with Harry is that he is dead and, while no one really minds, everyone feels responsible. After Harry's body is found in the woods, several locals must determine not only how and why he was killed but what to do with the body.

Jan. 16 - Quartet (2012) At a British retirement home for musicians, the annual concert to celebrate Verdi's birthday is disrupted by the arrival of a temperamental diva (Maggie Smith), the former wife of one of the residents.

Jan. 22 - The Horse's Mouth (1958) A somewhat vulgar but dedicated painter (Alec Guinness) searches for the perfect realization of his artistic vision, much to the chagrin of others.

Jan. 30 - Murder on the Orient Express (1974) In December 1935, when his train is stopped by deep snow, detective Hercule Poirot (Albert Finney) is called on to solve a murder that occurred in his car the night before.

Sunday Movies 7:00pm - WSCC

Jan. 3 - Shine (1996) Pianist (Geoffrey Rush), driven by his father and teachers, has a breakdown. Years later he returns to the piano, to popular if not critical acclaim.

Jan. 10 - Judy (2019) Biographical drama based on the life of actress Judy Garland stars Renée Zellweger who won the best actress Oscar for the role.

Jan. 17 - Selma (2014) A chronicle of the campaign by Dr. Martin Luther King Jr. to secure equal voting rights via an epic march from Selma to Montgomery, AL, in 1965.



Art Gallery News

With the return of two of the three Art Galleries to activity with exhibitions, the Art Committee is pleased to announce that the **Kendal Gallery** now has a show of **oil paintings** by John A. Sargent III. He will give an Artist Talk on Friday, January 8, at 4:00 pm. (Look for the Zoom/KOTV information in emails announcing Kendal events and on WKAO.) This exhibition will continue until early February, followed by **Ceramic Pieces** by Marty Huehner on February 2.

The **Community Gallery** continues with Don Parker's show **Watercolor and Pastel Paintings, 2015-2020** until early February. This exhibit is also online at FAVA's website. Don is donating the proceeds of all sales to the

Kendal Residents Assistance Fund. **Photography** by Rebecca Cardozo will open on February 5.

Although the **Friends Gallery** remains open only to residents of the Stephens Care Center, the Committee is delighted to announce that in January residents' art previously exhibited in other Kendal galleries will provide resources for a new show there. Kendal Art Studio, Kathy Caldwell, and Nancy Lombardi will provide artwork.

We are happy about the new exhibition in the Friends Gallery for SCC residents and look forward to the time when the gallery will again be open to all. Katie Krueger's paintings were removed in December, and Michele Tarsitano-Amato has decorated the area with a holiday theme until the new show can be installed.

Mary Van Nortwick's **snow globes** in the **Curio Cabinet** will be followed by an exhibit of small antique dolls.

Jan. 24 - We're No Angels (1955) Three recent Devil's Island escapees (Humphrey Bogart, Peter Ustinov, Aldo Ray) hide out in kindly merchant's house and repay his kindness by helping him and his family out of several crises.

Jan. 31 - Baby Boom (1987) The life of a yuppie (Diane Keaton) is thrown into turmoil when she discovers that she's inherited her long-lost cousin's 14-month-old baby girl.

Wednesday Themed Films 2:00pm - WSCC

Jan. 6 - Toast (2011) Based on bitter-sweet memoir of food writer Nigel Slater's childhood, film is a love letter to the tastes and smells that a young boy associates with his journey into adulthood.

Jan. 13 - For Grace (2016) Film follows efforts of renowned chef Curtis Duffy to build a restaurant, showing the exacting standards required for luxury dining.

Jan. 20 - Julie & Julia (2009) Film contrasts the life of chef Julia Child (Meryl Streep) in the early years of her culinary career with the life of young New Yorker Julie Powell (Amy Adams), who aspires to cook all 524 recipes in Child's cookbook in 365 days.

Jan. 27 - East Side Sushi (2015) A Latina woman (Diana Elizabeth Torres), a young single mom, aspires to become a sushi chef while working in a Japanese restaurant.

Thursday Movie Musicals 2:00pm - WSCC

Jan. 7 - Till the Clouds Roll By (1947) Fictionalized biopic of composer and Broadway pioneer Jerome Kern, portrayed by Robert Walker.

Jan. 14 - A Star Is Born (1937) A young aspiring actress (Janet Gaynor) achieves stardom in Hollywood with the help of an alcoholic leading man (Fredric March) whose best days are behind him.

(Continued on p. 5)



Make sure the mask covers your nose, mouth, and chin and fits snugly at top and bottom.

Wearing Masks Properly

Mask wearing has become a normal routine of life at Kendal at Oberlin and in the greater community. Scientific studies and our history as a community indicate that masks help as part of a comprehensive approach to mitigating the spread of the COVID-19 virus. Masks must be worn in all public areas at Kendal, including on the walkways outdoors when you are near or pass others. Here are some general reminders on the proper mask techniques for all residents and staff.

- Wash/sanitize your hands before and after touching the mask.
- Touch only the bands or ties when putting on and taking off your mask.
- Choose a mask made with a breathable fabric (such as cotton) that is tightly woven (does not let light pass through when held up to a light source) and has two or three layers.
- Make sure the mask fits to cover your nose, mouth and chin. If you adjust the mask to cover those areas, wash your hands before and after. Many Kendalites have noticed that some at Kendal will let their mask drop below their nose and even their mouth. This defeats the purpose of the mask. Please make sure that your nose, mouth, and chin remain covered. Adjust the ties as necessary to ensure they remain covered.
- Make sure you can breathe and talk comfortably through your mask. If you are having difficulty, please contact Julie Carpenter, RN (jcarpenter@kao.kendal.org) in the Health and Wellness Clinic for some other suggestions on mask material.
- Wash reusable masks after each use. Treat them like underwear. If a mask is disposable, discard it when soiled.

Many have asked, “Will I still need to wear a mask after I receive the COVID-19 vaccination?” The answer is “Yes.” Research is still on-going, but the CDC informs us that “while experts learn more about the protection that COVID-19 vaccines provide under real-life conditions, it will be important for everyone to continue using all the tools available to help stop this pandemic” (i.e., wearing masks, washing hands often, and social distancing).

Local community spread is another factor in requiring masks. Lorain County currently has a 17.5% positivity rate. As we go through the new year with actual experience with the vaccine, when people get vaccinated and the community spread is reduced, the CDC and the Ohio Department of Health may make changes to their recommendations.

A BIG THANK YOU to everyone at Kendal for all you are doing every day to keep our community safe!

~Stacy Terrell, KaO Chief Health Services Officer

Sources: Johns Hopkins Medicine and the Centers for Disease Control and Prevention



Winter Solstice Rerun

Fri., Jan. 1 - 4:00pm - KOTV

Intro to Playwriting Tuesdays, January 12-April 13 1:00-2:30pm – Zoom

If you enjoyed the December 18 performance of *Three Short Plays*, consider trying it yourself! In this 14-week course taught by Oberlin College theater graduate Delaney Kelly, you will go from learning the basic mechanics of the script all the way to writing a one-act play! No experience necessary.

Sign-up sheets are posted on the Heiser activities bulletin board.

Thursday Movie Musicals

2:00pm - WSCC (Cont'd from p. 4)

Jan. 21 - Belle of the Yukon (1944)

Left by a con man (Randolph Scott), a dancer (Gypsy Rose Lee) tracks him down in gold-rush Alaska running an honest casino/dance hall.

Jan. 28 - On Moonlight Bay (1951)

During WWI, a teenage girl (Doris Day) begins a romance with a college student (Gordon MacRae), but his unconventional attitudes cause friction with her father.

Study of Biblical Literature Interest Group

“The Birth of a Nation: Tour of the Torah”

Mondays, January 11, 18, 25 - 10:00–11:30am - Zoom

Resident Malcolm Peel (and other invited instructors) will present an historical critical approach, with attention to the content and theology of the Torah: Genesis, Exodus, Leviticus, Numbers, and Deuteronomy.

Contact Malcolm Peel for the Zoom link to the meeting.

Jan. 11 - The Bible – An Introduction: Ancient Oriental Religious Literature

Jan. 18 - Ancestral Prologue – Abraham, Isaac, Jacob and His 12 Sons (1800 BCE–1600 BCE)

Jan. 25 - Exodus from Egypt and Gift of the Ten Words

Kendal cable channels:

WKAO: 919, 19-1, or 95-100; KOTV: 920, 19-2, or 95-101; WSCC: 921, 20-1, or 96-100

Help Plan Our Next



The Special Events Committee is starting to plan for Spring Fling. Since much is involved we will have an open Zoom meeting on Friday, January 8, at 10:00am.

Anyone interested in participating in the planning should let Carol Harvey know so they will be included in the Zoom invitation.

Watching and Helping Green Things Grow

Meet other residents with similar interests at a monthly Horticulture Committee Zoom meeting, or contact chair Prudy Hall with a specific request or question. We coordinate our activities with the Kendal Grounds staff.

Here are a few of our current inside projects: watering the flowers and plants for sale in the glass hallway between Heiser and the apartment building; starting plants from seeds and/or propagating them in our greenhouse-like Horticulture Room. Or outside: removing invasive species occupies some of us; others have taken on beautification of a specific area with fellow residents or on their own. Wildflower Hill plantings or those near Buttonbush Bridge come to mind, as do the lovely blooming wildflowers on Center Pond Island and its shores, which were planted by our committee members.

Find out more at the next Horticulture Committee Zoom meeting on Mon., Jan. 11, at 10:00am. Contact Joan Long for the link.

Looking for Someone Special?

You'll find profiles of all residents, newcomers and old-timers, in "Who's Here" on the library center bookcase.

Kendal Resale Shop Talk

Benefitting Kendal Residents Assistance Fund and Community Charities

Thank you all for your support of our recent furniture sale. KRS made over \$1,300 for the Residents Assistance Fund. Be sure to check out our new post-holiday displays, not to mention our friendly, welcoming atmosphere.

Please do NOT rely on us to recycle your paper/plastic bags, clothes hangers, telephones, VHS tapes, and outdated electronic equipment.

Consigning every single thing you no longer wish to keep in your closet or garage to KRS is burdensome to our small team of dedicated volunteers who would much rather be using their energy to provide you with a delightful shopping experience.

We welcome clean and usable household items and clothing. The donation box is always available outside the shop. If in doubt about a potential donation, give us a call.

Happy New Year!

COME SHOP!

Wed.–Sat., 11:00am–5:00pm
(closed Sunday–Tuesday)

Meet Our Kendal Newcomers on KOTV

The Newcomers Committee looks forward to the new year and the potential resumption of activities and events we enjoyed prior to last March, including our twice-yearly receptions to introduce newcomers to the Kendal community.

In the meantime, we will continue to bring you interviews with our newest residents via monthly programs on KOTV. Our next program is Wed., Feb. 17, at 4:00pm. Plan to take advantage of this opportunity to learn more about people you will want to get to know. Mark your calendar and watch for additional announcements about this program.



In January the Art Studio will be involved in a joint project with Kendal residents and Firelands Association for the Visual Arts (FAVA). Joyce Parker, a new board member

of FAVA, is planning the "artsy" decoration of 25 small art kits that will be donated to OberlinKids in February 2021. Since we will be unable to participate in this year's Friendship Festival at Oberlin College, this project is our Independent Living Creative Art Studio's community outreach.

We are fortunate to have this quality and creative art institution in Oberlin and encourage Kendal residents to look at its website (www.favagallery.org). You may enjoy the online classes and art galleries. New memberships are always welcome to support FAVA's mission! Scholarship funds need money to increase community participation.

Contact FAVA board members Tom Konkoly, Joyce Parker, or Mary or Tom Van Nortwick for a FAVA brochure.

Suggestions and Concerns Committee Meeting Mon., Jan. 11 - 2:00pm Crossroads Room

Only two residents at a time, wearing masks and observing social distancing, may meet with the committee.

~Marjorie Porter, Chair

Masks for the New Normal



Get New – From box at Heiser Reception Desk.

Customize – Call Joyce Parker for alterations appointment.

Recycle – Leave misfits and repairs in box at Reception Desk.



Event Links

- For “inside Kendal” program links, contact Carol Harvey.
- For “outside Kendal” community cultural and educational ad hoc events, contact Barbara Gordon-Lickey.

Sign Up for Links to Community Cultural and Educational Events

Many dramas, concerts, and lectures are available to us from a variety of sources outside Kendal at Oberlin. Barbara Gordon-Lickey has offered to gather information about these events and share the list twice a month with interested residents.

To add to the list: Send information about events you think would interest others to Barbara. Events must be free, but requests for donations are allowed. If the event is intended for a private audience, please get permission from the sponsor first. In your email or note, please include:

- The word “event” in the subject line.
- Title.
- Date and time.
- Mode of access (internet, Zoom, or cable).
- Link to the event or registration site (if required).
- Brief description.
- Would you welcome inquiries? (If yes, your name will be published.)
- Your name and contact information (for Barbara).

To receive the list: See the list on the activities bulletin board or email Barbara the following information:

- “Include me” in the subject line.
- Your name and email address.

2021 KaO Directory Coming Soon!

Watch for it in your open mailbox.

Zoom Help is on the Way

Zoom has become a mainstay of meetings and programs at Kendal. To assist our residents, KORA has purchased several Zoom Pro accounts to help KORA groups continue to communicate. These accounts can schedule up to 100 people and are not limited to 40 minutes. If you are chair of a KORA Committee, Special Interest Group, or Support Group, you can request a meeting scheduled from a KORA Zoom account.

KORA will send chairs a copy of the Zoom scheduler contact list; it will also be posted on the Resident Website and the KORA bulletin board. Your KORA Zoom Team consists of Mary Behm, Joyce Benjamin, Charlotte McGowan, Phil Pritchett, Bruce Richards, and Shirley Taylor.

To help our residents learn to log onto Zoom and to participate in Zoom meetings, KORA plans to have training sessions on KOTV or other venues early in the new year. Please watch for announcements in the Kendal Covid News Updates, on WKAO, and on the KORA Calendar.

Recent Move-Ins

Rebecca Chudacoff from Ann Arbor, MI, in mid-December. Her contact information can be found on the Administration bulletin board.

Recent Transfers

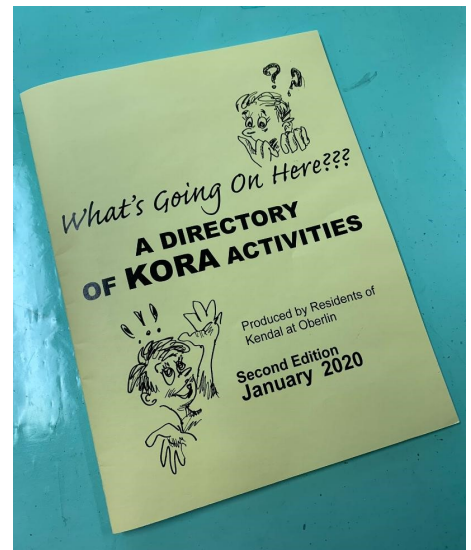
Diana Kahn from Jameson House to Jameson wing in mid-December.

Kendal Kryptogram #190 - by Nina Love

FREE DR NOV A TMUZRF, FRNJS DR NOV A
URDRDCRU AOQMEQR DR NOV A ERNUO.

Check Out Our Social Opportunities

This is a new listing of ways to connect and socialize with each other, some in person and some via Zoom. As new opportunities arise, the list will be revised. If you have a new idea or need to update a listing, please contact Kari Inglis. Look for copies of this list (on yellow sheets) in the Kendal library, by the open mailboxes, and on the Heiser information tables and bulletin boards.



Time to Update the KORA Directory of Activities

The “Yellow Book” Directory of KORA Activities needs to be updated, since some contacts have changed and there are some new groups.

Contact Charlotte McGowan if you have changes or additions.

~CROXNDAO TUNOGEOA

Solution to Kryptogram #189: “Middle age is so much more than wrinkles on our faces. It’s when broad minds and narrow waists begin exchanging places. ~Charles Ghigna

Notes From the Program Committee

We have lots of good news from the Program Committee.

1. Two new folks, Jan Larsen and Carol Conti-Entin, have joined our committee to be program sponsors; they will shepherd programs from idea to viewing.
2. Many exciting programs are coming in January and February (see articles in this *Kendalight*).

Each program involves many pieces, so: HELP WANTED. We are looking for videographers (we are about to buy two video cameras), video editors, and folks who would like to help “moderate” a Zoom meeting (serve as co-host to admit and mute folks and monitor the chat). If you’re interested, please let me know.

REMEMBER: The best way to ensure that you can access our programs is to email Carol Harvey. She will send you program access information several days ahead and on the day of the event. Thank you, Carol!!

We hope you are enjoying our programs. Your feedback is always appreciated, especially because we don’t know who is watching! If you enjoy a program, please send “thanks” to program sponsors and presenters.

And a special thanks to you, our audience. We always welcome your comments.

~Shirley Taylor,
Chair, Program Committee

Woodshop Services Available to Residents

Need a lamp repaired? Chair rickety? Bring it to the Woodshop! Woodshop Committee members are always happy to help out when they can.

Bring any easily carried item to the cart across from the Woodshop door, fill out a form found just under the top of the cart, and place it in the box.

Our charge is low: \$15 per hour plus materials; if you need an estimate, we can provide one.

If in doubt, consult us. If the item is too large, we might be able to pay a house call. (We don’t, however, do furniture refinishing.)

Service with a smile!

~Woodshop Committee



Climate Query

Did you know that 3,586 economists, including four former Federal Reserve Chairs and 28 Nobel Laureates (<https://www.econstatement.org>), endorse pricing carbon and returning the revenues to households? Or that it’s the most effective and quickest way to cut carbon emissions? Write or call Rep. Jim Jordan, Sen. Rob Portman, and Sen. Sherrod Brown to urge them to support carbon pricing.

Tuesday at 2 Continues in 2021 in the Crossroads

We will meet Jan. 5, 12, 19, and 26, and Feb. 2, 9, 16, and 23.

Sign up on the blue sheets on the clipboard by the open mailboxes.

~Anne Palmer

Daily at 5 Is Now Weekdays at 5

In December we experimented with an early evening Zoom session called “Daily at 5” where residents could meet informally. Now in January, the program resumes as “Weekdays at 5.”

Look for the new Zoom link update on WKAO. Plan to drop in regularly or occasionally – for your mental health, or just for fun!

If you would like to be a moderator or a Zoom host, contact Elizabeth Hole to be included in the training.

If you would like help learning to use Zoom, contact Mary Behm.

Thanks to KORA for their support with the Zoom link!



2020 Tax Information for Kendal Residents

In his November Zoom talk on “2020 Taxes and Changes,” Vance DeBouter, local CPA and a community member of KaO’s Finance Committee, presented updated information about federal, state, school, and local taxes as they apply to Kendal residents.

If you would like to review this information, contact Tom Konkoly to borrow a thumb drive of the talk to use on your computer.

Oberlin Heritage Center Reveals Oberlin’s Secrets and Scandals!

Join OHC for one (or both) free 25-minute Zoom programs, with time for a Q&A session afterwards. Advance registration is required using the links below. Registrants will receive a confirmation email and Zoom link.

Tues., Jan. 12: Secrets & Scandals – Oberlin Women - 5:15pm - Zoom

A kiss? Forgery and deceit? This program will explore town and gown reaction to two scandalous events involving women of Oberlin’s first century.

To register, please visit:
<http://bit.ly/3INJHVT>.

Tues., Jan. 26: Secrets & Scandals – Oberlin Men - 5:15pm - Zoom

Trouble in “paradise?” Theft and fraud? This program will unmask stories and perceptions of Oberlin during its infancy. To register, please visit:

<https://bit.ly/3kPonRP>.

Kendal Neighborhood Zoom Chat Model

Are you interested in starting a Zoom chat for your neighborhood? About 25 of us near Parking Lot 8 have been happily chatting from our individual homes every Saturday for several weeks. Our gatherings start in a group of around 25 and then split into breakouts to discuss a suggested topic. We are having fun getting to know each other and are looking forward to deepening our relationships over the winter.

Folks from another neighborhood are hoping to launch a similar program after the holidays. If you are interested in starting a similar chat in your neighborhood, contact Kathy Hazelton or David Dauphiné to visit one of our sessions.


Grief Support Group

Our group is for those who have suffered any kind of loss. We meet every Tuesday at 10:30am, facilitated by licensed social worker Melissa Thompson. SCC residents meet in Whittier Lounge; others participate via Zoom.

Residents can gather with others who also have experienced a loss and are looking for support, encouragement, and information to help them cope during this difficult time of change and transition.

For the link, contact Melissa (mktompson@kao.kendal.org), Kim Preston (kpreston@kao.kendal.org), or Kim Peters (kpeters@kao.kendal.org).

~Melissa Thompson, LSW, Grief Support Group Facilitator, Social Services Team



Some people say January is a time for feeling sad and lonely – it's winter, it's cold, and the holidays are over. But I feel cheerful and loved because my friends phone me often and share their stories!

STAY CONNECTED

From The John Bartram Arboretum: Commemorative Trees

The John Bartram Arboretum's Commemorative Tree Program is a way of acknowledging people important in your life while making a positive impact on our environment. Originally, trees were planted as memorial trees after someone's death. Sometimes the donation was not for a particular tree, but given to the general fund in memory of a particular loved one without designation of a particular tree.

Then in June 2017 donations began to be given for particular trees that could be found at particular locations in the Arboretum. Don Parker has carefully charted information about these donations and Joyce Parker has entered them into the leather-bound book found in the Kendal library.

Ron and Diana Kahn broadened the view of the program when they gave a donation for two ginkgo trees to honor their two grandchildren. They wanted Saul and Judah to be able to see the trees growing when they came to visit their grandparents at Kendal at Oberlin. What a lovely idea! This year, pictures sent to them have had to take the place of visits.

This program can be thought of as a donation to the Arboretum, to memorialize or to honor. Just this past November three trees were planted: a Hackberry (*Celtis occidentalis*) memorializing Ira Steinberg; a European Beech (*Fagus*



What's in This Book?

Hint: This special leather-bound volume is in our library. Read the John Bartram Arboretum article on this page to find out more!

sylvatica var. *reversii*) memorializing Daniel Orr and Rebecca Cary Orr; and a Fringe Tree (*Chionanthus virginicus*) memorializing James Helm.

Take a walk in our Arboretum and enjoy the many trees given to the Commemorative Tree Program. Look up those trees in the leather-bound book to see the honoree, the donor, the tree, the location on our grid, and the catalog number.

~Anne Helm for the Arboretum Committee
Photo by Kathy Caldwell



Remember! Wear your face mask and your name tag so newcomers and old-timers alike know who you are!

Essential Tremor Group Welcomes New Members

Essential tremor is the medical name for the shakiness syndrome that is common in old age. The Kendal Essential Tremor Group meets periodically to discuss this syndrome, how to cope with it, treatment possibilities, and current developments in medical knowledge. Our group welcomes new members. If you are interested in the subject, either as a matter of curiosity or personal experience, you are welcome to join our meetings. Our next meeting will be on Feb. 16 at 2:00pm. Contact Marvin Gordon-Lickey for more information.

Dementia Friendly Discussion - Fri., Jan. 22 - 10:00am - Zoom

Focus is on cognitive changes and how to create an environment at KaO that supports the sense of well-being for all residents. Contact Carol Bojanowski for a link to the meeting.

Saturday Walks

Come explore walking areas off the KaO campus. The walks are leisurely, about 2–3 miles, and generally scenic. We meet outside the Heiser main entrance every Saturday at 9:30am (weather permitting). Only one household/bubble per vehicle is permitted; remember to bring a car pass.

Questions? Contact Phil Pritchett.

Table Tennis in January

Although the successful efforts to keep Kendal free of COVID-19 limit table tennis play, on Saturdays and Sundays we continue to have a table available in Heiser Auditorium. Sign up for a slot at the reception desk. Precautionary measures apply!

One table continues to be set up for play in the Stephens Care Center.

~*Sidney Rosenfeld*



11/16/20
to 12/9/20

Nature Sightings

11/16, **Red-Shouldered Hawk**, wetlands behind #6, Joe Luciano; 12/1, flock of **Slate-Colored Juncos**, back of #65, Larry Porter; 12/1, two **Bald Eagles**, over employee parking lot, Greg Wilgor (FS); 12/1, **Tree Sparrow**, feeder at #201, Lee Hefner; 12/2, **Red-Tailed Hawk**, perched in trees west of #201-202, L. Hefner; 12/6, **Red-Breasted Nuthatch**, feeder at #128, Prudy Hall; 12/6, **Belted Kingfisher**, Island Pond, Anne Martin; 12/6, **American Coot**, Island Pond, Betsy Baumbach and Anne Martin; 12/7, **Red-Headed Woodpecker**, suet at #85, Barb Benjamin; 12/9, **Cooper's Hawk**, perched in trees behind pool, Maureen Bailey (Hskp).

IN MEMORIAM

EDWARD "ED" FRIEDMAN
DECEMBER 12, 2020

Church Services on WSCC

First Church in Oberlin UCC
Sundays, 10:00am

Roman Catholic Mass
St. Patrick's Cathedral, NYC
Sundays, 11:15am

Large-Print 2021 Calendars

Thelma Morris has large-print calendars (\$12.00) from Magnifiers & More. Contact her for more information.



Smart Giving!

Rosti Didchenko: Making a Difference at Kendal

Rostislav (Rosti) Didchenko was born on Christmas Eve 1921 in the Ukraine. His family were refugees from communist Russia who found political asylum during World War I under the protection of the League of Nations. He was home-schooled in Ukrainian and Polish and attended high school after his family fled to Poland.

After Poland was taken over by Germany in World War II, Rosti graduated from a German high school but was barred from entering university under the Third Reich. He was permitted to enter the University of Prague in occupied Czechoslovakia and did forced labor as a lab technician in German war production plants, where he narrowly missed dying in an air raid by American bombers.

After the war, Rosti found himself a "displaced person" in Bavaria. As he waited for his immigration visa, he completed chemical studies at the Institute of Technology in Munich. He came to the US and received a PhD in chemistry from Harvard. Rosti worked for the Union Carbide Company in Cleveland for 30 years, retiring with the title Senior Research Manager. Kendal resident Agnes Bacon, who worked in Rosti's lab, said he was a smart and modest man and a "good boss."

Rosti was an excellent photographer whose work was exhibited in the Cleveland Museum of Art's May Show. He and his wife Irene travelled extensively. They moved to Kendal in 2009 and Irene died a year later. They had no children.

Rosti loved fishing and was often seen by Rock Pond with his fishing rod. His friends came to his Apt. 162 to watch foreign movies (they affectionately called it "Cinema 162") and to admire his big Maine coon cat. Rosti found his niche at Kendal. When he died in 2018 at age 97, he left the proceeds of his life insurance policy to Kendal, a wonderful legacy from a man with a full life.

The Kendalight

Monthly newsletter of the
Kendal at Oberlin Residents Association,
600 Kendal Dr., Oberlin, OH 44074

Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Kathy Reichard, Mary Simons

Photos: Sally Nelson-Olin, Gary Olin

- Deadline for the February 2021 issue of *The Kendalight* is Jan. 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: Klite600@yahoo.com
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services

Remember! We can recycle many of the containers used for meal delivery:

- Clean and dry plastics #1 – #7. Includes meal-delivery containers: clam shell box, black soup bowl with lid, black entrée box with lid. Reattach translucent plastic cover to soup bowl (if not attached, it could stop up sorting machines).
- NEVER recycle Styrofoam dish or cup and its plastic lid.

Please Turn in Volunteer Hours for the Year-End Count

On January 1, you will receive a form in your open mailbox asking you to list the number of hours you volunteered in 2020. Please fill it out as best you can, guesstimating if necessary. Then return the completed form to Box 121 by Friday, January 29. The Volunteer Committee will collate all the forms and total the number of hours.

In 2020, much of our community volunteering was curtailed. But your report can show the many ways residents volunteered at Kendal despite the pandemic: delivering packages and newspapers; organizing shopping and deliveries from IGA, Drug Mart, and more; teaching Zoom skills; sanitizing after Stephens Care Center visits – the list goes on and on.

And don't forget your volunteer activities in the larger community that continued during these trying times via Zoom gatherings!

Questions? Contact Anne Elder.

~Volunteer Clearing House Committee



DINING MATTERS

On the kaores.kendal.org website, click on the **Menus** button to:

- **Find nutritional information** for the items offered for meal delivery as you make your menu selections. There is a fortnight of menu information – the current week and the upcoming week.
- **Provide your feedback** to the dining staff by clicking on the **Dining Comments** button at the top of the screen. You can give your name on the comments card or remain anonymous.

2020 Staff Holiday Fund Surpasses 2019 Staff Holiday Fund Total

The 2020 Staff Holiday Fund collected a total of \$84,393.27, breaking 2019's record total of \$61,148 gifted by our wonderful residents! One hundred sixty-five (165) Kendal at Oberlin and PS Salon staff members received gifts ranging from \$100.00 to \$624.07. How beyond generous and kind to make this staff gift so large and generous!

On behalf of our grateful staff, I thank you warmly for your munificent expression for their dedicated service, particularly during this continuing pandemic.

~Toni Merleno, Director of Human Resources & Operational Services



Dining Matters

The Dining Matters committee has been meeting irregularly during the Covid crisis, but we plan to have more regular meetings in 2021 as we discuss future changes in dining. Depending on vaccination schedules and safety issues, meal delivery to Independent Living residences and for residents in the Stephens Care Center will continue throughout early 2021.

Meanwhile, the dining staff appreciates all feedback that you provide to them regarding meal packaging and the delivery operation. All comments, both good and bad, are logged into the KaO tracking database. From this database, Greg and the staff are able to identify the challenges and determine potential causes. Your feedback provides a valuable basis for quality assurance data which guides the dining staff in improving performance and providing the exact meal you ordered.

You should have received a Dining Hotline refrigerator magnet in the fall. Call the dining hotline, 440-775-9801, immediately on the day you receive your meal to report any problems with your delivery. Email is slower and a way for you to provide more detailed feedback. You can email Greg at gzebe@kao.kendal.org.

The dining staff meets every day to review the progress of their performance initiatives. That way, they know what is working and what needs to be improved. Dining Services is also fortunate to have a wonderful group of students who tramp through all kinds of weather to deliver our meals to us. All members of the dining staff have a genuine interest in getting things right! Please keep in touch.

Did You Know?

You can call 775-9868 to hear announcements and menus of the day.



**For the Low-Vision Support Group
Vision-Impaired: Now on Hiatus**

SUN	MON	TUE	WED	THU	FRI	SAT
<u>First Church Service</u> 10:00am WSCC <u>RC Mass</u> 11:15am WSCC <u>Film (see page 4)</u> 7:00pm WSCC	<u>Chronicle News</u> 10:00am WSCC <u>Centering Program</u> 11:00am WSCC <u>Documentary</u> 7:00pm WSCC	<u>Chronicle News</u> 10:00am WSCC <u>Grief Support</u> 10:30am Whit./Zoom <u>Violin by Shannon</u> 10:30pm Zoom/WSCC <u>Tuesday at 2</u> 2:00pm Crossroads <u>The Crown</u> 7:00pm WSCC	<u>Chronicle News</u> 10:00am WSCC <u>Themed Film (see p. 4)</u> 2:00pm WSCC <u>SCC Council</u> 4:00pm WSCC <u>Song Swap</u> 7:00pm Zoom/KOTV	<u>Chronicle News</u> 10:00am WSCC <u>Yoga/Meditation</u> 1:30pm WSCC <u>Musical Film (see p. 4)</u> 2:00pm WSCC <u>Exchange with BT</u> 4:00pm Zoom/KOTV/WSCC <u>Art History</u> 7:00pm WSCC	<u>Chronicle News</u> 10:00am WSCC	<u>Saturday Walk</u> 9:30am Heiser <u>Violin by Shannon</u> 10:30pm Zoom/WSCC <u>Music by Jara</u> 3:00pm WSCC <u>Film (see page 4)</u> 7:15pm KOTV

For details, links, and last-minute scheduling, see WKAO and KORA Calendar.

1 Happy New Year!

2

January 2021

Zoom: See *kaores.net* and click "Calendar" for link.

KOTV: Cable 920, 19-2, or 95-101

WSCC: Cable 921, 20-1, or 96-100



Winter Solstice Celebration Replay
4:00pm KOTV

3	4	5	6	7	8	9
	Art Song 7:15pm Zoom/KOTV	<i>A Road to Epiphany: Two Fairy Tales by Oscar Wilde</i> 4:30pm KOTV			Artist Talk John Sargent 4:00pm Zoom/KOTV	
10	11	12	13	14	15	16
	Study of Biblical Lit 10:00am Zoom Suggestions & Concerns 2:00pm Crossroads Modeling Climate Change 7:15pm Zoom/KOTV	Intro to Playwriting 1:00-2:30pm Zoom OHC: Secrets and Scandals—Women 5:15pm Zoom				
17	18	19	20	21	22	23
	Study of Biblical Lit 10:00am Zoom Art Song 7:15pm Zoom/KOTV	Intro to Playwriting 1:00-2:30pm Zoom		No KORA Council Meeting	Dementia Friendly Discussion Group 10:00am Zoom	
24	25	26	27	28	29	30
	Study of Biblical Lit 10:00am Zoom World's Biggest Burns 4:00pm KOTV  Poetry Potluck 7:15pm Zoom	Intro to Playwriting 1:00-2:30pm Zoom OHC: Secrets and Scandals—Men 5:15pm Zoom How Corporations Fuel Climate Crisis 7:15pm Zoom/KOTV			Play Readers: <i>Songs of Love</i> 7:15pm KOTV	