

The Kendalight

Kendal at Oberlin Residents Association

July 2011

Volume XVIII, Number 7

Celebrate Independence Day on July 4!

Please join the Kendal Community in celebrating the birth of our country on Monday, July 4, 2011: Parade the Circle, enjoy the program, feast in the Fox & Fell, splurge on an ice cream sundae – all in good fun.

The **schedule for the day** is:

9:15am - Decorate yourself and help others decorate bicycles, tricycles, rollators, wheelchairs and pets in the Central Activities Room. *Sign up to be a wheelchair pusher!*

10:00am - Parade the Circle in front of Heiser with fife and drum, the daring Tricycle Troupe, attractive Umbrella Belles and the famous Kendal Precision Lawn Chair Drill Team. The march starts in the mailbox hallway. (We'll stay indoors if it's raining.)

10:30am - Patriotic Program in the Heiser Auditorium: a reprise of Robert Taylor's inspiring "Creating a 'More Perfect' Union – a Look at America's History through the Words of Those Who Lived It" with readings, music and group singing with George and Jane Hannauer and Jara Stull.

11:30am - Festive Meal in the Fox and Fell, Langston and Friends Corner. (Only a light supper will be available in the evening at Langston and Friends Corner Dining Room.)

3:00pm - Ice Cream Social in the Stephens Care Center Courtyard Garden with group singing led by the Hannauers. Come dressed for the occasion and join the parade with your pet or vehicle or on foot. Everyone is welcome and encouraged to participate.

-Anne and Jim Helm, volunteered coordinators

During a recent Independence Day parade, Kendal residents were all decked out in red, white and blue, awaiting the Kendal Precision Lawn Chair Drill Team.



Photo: Eleanor Helper



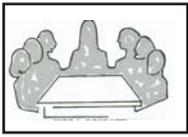
Kendal "Publicity Plugs" Contributors Recognized

Each June, Kendal hosts an Appreciation Breakfast with the Oberlin School's administration to reflect on the partnership between Kendal and the schools in their shared effort to bring good press to the schools. This year's event was especially impressive with 100% participation including Superintendent Geoff Andrews; the Director of Pupil Services; and principals from Eastwood, Prospect, Langston and the High School. In addition, every Kendal resident writer or photographer for the Publicity Plugs program was present. Publicity Plugs, now in existence for six full school years, is counted on to generate public awareness of the varied and high-quality school programs, activities and achievements.

It seems like yesterday when former Superintendent Beverly Reep and I generated a half dozen ideas on how Kendal could help the schools. *Eureka* had been created in 2004, making clear that Kendal residents offered wonderful writing talent. Ever since (Continued on p. 9)

**COFFEE HOUR WITH
BARBARA THOMAS
MONDAY, JULY 11
9:30AM - LANGSTON**

**AFTERNOON
EXCHANGE
WEDNESDAY, JULY 27
4:00PM - AUDITORIUM
BARBARA THOMAS**



KNOW YOUR KORA COUNCIL

This is a report on the recently concluded Staff Vacation Fund, a solicitation conducted by the KORA Council each spring as a way to show our appreciation to Kendal staff members for their valued service. This fund takes the place of gratuities, tips and gifts that would serve the same purpose, but are forbidden for residents to give and staff members to accept from residents. A similar solicitation for the Staff Holiday Fund is held each November. Although fund-raising is a KORA responsibility, the money contributed is processed by the Kendal administration. They record checks received from residents and send letters acknowledging these tax-deductible contributions. They also determine shares of the total fund for each eligible employee according to a formula that recognizes hours worked and length of service. They deduct various taxes and then write and distribute checks to each eligible employee. Administrative officers and department heads do not receive any share of these funds. The data that follow were received from Ann O'Malley. For over a year that I have been monitoring both the Staff Holiday Fund and the Staff Vacation Fund, I have asked many questions and received answers and explanations from Judy Miller and Jane Webster, as well as from Ann. I am happy to acknowledge and thank them for their assistance.

This year, contributions totaling \$33,888 were received from 247 residents. The average contribution per resident was therefore about \$137. (A check coming from a couple is counted as coming from two residents, each contributing half the check amount.)

To complicate matters, it turns out that late contributions are received after the fund raising is concluded for both the Staff Vacation Fund and the

Staff Holiday Fund. These contributions are held and applied to the next KORA fund-raising project for staff. This held-over amount for the vacation fund was \$4,716. Adding this amount to the contributed total of \$33,888 produced a total fund of \$38,604 this year.

The amount actually distributed, net of all taxes (approximately 7.1%), was \$35,861. A total of 156 employees were eligible to receive shares of this fund. Amounts received ranged from a low of \$19.48 to a high of \$311.64. I would welcome discussion with residents interested in knowing more (or perhaps having concerns or suggestions) about any step of this entire operation, starting from the solicitation, collection and processing of contributed funds, proceeding to the calculation of shares for employees deemed to be eligible to receive shares, and concluding with the delivery to these employees of Staff Vacation Fund checks clearly indicated as gifts from residents.

-Sam Goldberg, KORA Vice President

“Perspectives”

Fri., July 29 - 4:00pm - AUD

Michael Francis, a senior majoring in Hospitality Services at Pennsylvania State University, will tell us about his internship experience at Kendal. He has assisted us on three projects dealing with preparation for CARF accreditation, tracking community benefits as a nonprofit organization and helping with Senior Independence. He says the two months he has lived at Kendal have changed the direction he will take once he graduates in December.

Check out our KORA website: www.kaores.kendal.org

And check two interesting “Other Kendal” links, both produced by the KatO’s Admissions and Marketing Dept.: The blog at www.kendalatoberlin.net and the Facebook Page at www.facebook.com/kendalatoberlin.

2011 Silent Auction Raises Funds to Benefit Kendal at Oberlin Staff Members

Thanks to your generous participation, this year’s Silent Auction raised a total of \$2,637.75! This amount will be split equally between the Stephens Education Fund and the Staff Emergency Fund.

The Staff Emergency Fund helps staff members with small grants and short-term loans for emergency needs. The circumstances of the emergency remain confidential between the staff member and Human Resources to assure dignity is maintained through a difficult time. The Stephens Education Fund approved 16 tuition requests in 2010 benefiting the following departments: Nursing, Early Learning Center, Dining Services, Administration, Fitness, Social Services, and Grounds. Both of these funds assure us the opportunity to lend a hand when most needed via an enjoyable community event. Your contributions are warmly appreciated!

*-Toni Merleno, Director of
HR & Operational Services*

Big Bus: A Day at the Cleveland Museum of Art Thursday, July 14 9:00am-3:00pm

The museum has mounted five handsome exhibits drawing largely from its own holdings. Steven Litt, *Plain Dealer* art and architecture critic, has called it a spectacular show.

You will be free to pick what you want to examine at the museum, individually. No tours have been arranged. We have been assigned a schoolroom in which to eat our brown bag lunches between 11:30am and 12 noon. Or if you prefer, you can try the museum’s small cafe.

Reservation checks were due June 28. Questions? Call Pat Talbot.

PROGRAMS

LECTURES

First Thursday Health Lecture
No Health Lecture on July 7.

Third Thursday Lecture
“Killer Whale and Crocodile”
July 21 - 7:15pm - AUD

Arthur Holbrook, distinguished documentary filmmaker, will present an account of the exchange between two traditional woodcarvers, one, an Indian from Vancouver Island, the other from Papua, New Guinea. Kendal resident Dorothy Holbrook will introduce her son, who is here attending his Oberlin High School reunion.

Kendal at Oberlin Quarterly Health Services Forum
Tues., July 26 - 4:00pm - AUD

Topics to be discussed:

- MOLST - Medical Orders for Life Sustaining Treatment
- Senior Independence Update
- Senior Independence Hospice
- Provider Satisfaction Results from the Health and Wellness Clinic

TRIPS

Lunch Bunch:
Jackalope Lakeside, Lorain
Wednesday, July 13

Serving up a variety of seafood to complement its water views, this bistro-style restaurant has two patios for outdoor dining on the lake. A specialty is lobster and blue crab bisque. Menu includes a variety of seafood appetizers as well as salads, sandwiches (including Lake Erie perch), pasta and pizza.

Bus leaves Heiser at 11:30am, returning about 2:30pm. Van charge: \$6.50. Place check to KORA for \$6.50 in Box #89 by Monday, July 11. Lunch is at your expense.

Sign-up sheet posted Monday, July 4.

Conversations with Community Ohio Dance Theater Presents
Tues., July 5 - 7:15pm - AUD

The Ohio Dance Theater has a new production the students would like to present. Founder and artistic director Denise Gula will describe what to expect and the movements.

Oberlin Summer Theater Festival Returns to Hall Auditorium

The Oberlin Summer Theater Festival will launch its third season this summer, offering three classics: the stage adaptation by Rick Cummins and John Scoullar of Antoine de Saint-Exupery's **The Little Prince** -- July 1-July 30; Lorraine Hansberry's **A Raisin in the Sun** -- July 8-July 29; and William Shakespeare's **Hamlet** -- July 15-July 30.

Performances are **FREE** and will run in rotating repertory. **You must reserve tickets.** Evening performances will begin at 7:00pm and there will be 2:00pm matinees on some Wednesdays, Saturdays and Sundays.

The Kendal bus is scheduled to take you to these performances:

- **Sun., July 10, A Raisin in the Sun, 2:00pm** (bus departs 1:20 and 1:40pm)
- **Sat., July 16, Hamlet, 2:00pm** (bus departs 1:20 and 1:40pm)
- **Sat., July 30, The Little Prince, 2:00pm** (bus departs 1:20 and 1:40pm)

Call 775-8169 to reserve tickets. Check the schedule posted on Kendal's Town and Gown bulletin board for other performance days and times.

MUSIC

A Casual Concert
Friday, July 8 - 7:15pm - AUD

A variety of traditional works, light classics and popular songs (all in English) will be sung by Herb Henke, bass, and Allen Huszti, baritone, with Marian Lott and Helen Taylor at the piano.

Credo Chamber Music
Wed., July 20 - 4:00pm - AUD

Oberlin has been home to the Credo Chamber Music festival for the past ten summers. High school students from around the world come to study and perform chamber music in the area. **Note afternoon time.**

Arthur LaRue, baritone
Saturday, July 2 - 2:30pm
in Heiser Lounge

Resident Marilyn Gallagher's son, Arthur LaRue, presents "A Few of My Favorite Things," a mix of solo pieces and familiar songs for everyone to sing. Oberlin resident Sarah Vail accompanies him.

Courtyard Garden Concerts

Come enjoy the lovely Courtyard Garden and listen to music before dinner during the summer months. In July at 4:00pm on Fridays, you'll hear:

July 1: Helen Taylor, piano, CAR

July 8: Christian James, vocal

July 15: Joe Marotta, accordion

July 22: Angie Tarsitano-Amato and friends (Michele's daughter), vocals

July 29: TBA

Tappan Square Band Concerts

Concerts are scheduled for 7:00pm.

Fri., July 1: Patriots Community Band

Fri., July 8: Blue Lunch Band

Fri., July 15: Walkin' Cane (at FAVA)

Fri., July 22: Cross Connections Jazz

Fri., July 29: The Geeze Cats



**Sunday Movies
in Whittier
at 7:15pm**

July 3 - Glory (1989) - Account of the first U.S. unit of black soldiers during the Civil War and the young, inexperienced Northerner (Matthew Broderick) who trained and led them. Rated R.

July 10 - Yankee Doodle Dandy (1942) - James Cagney won an Oscar for his portrayal of composer/singer/dancer George M. Cohan. Great singing and dancing with a great cast that includes Walter Huston.

July 17 - Benny and Joon (1993) - In this romantic comedy, a mentally ill young woman (Mary Stuart Masterson) finds her love in an eccentric man (Johnny Depp) who models himself after Buster Keaton. Rated PG.

July 24 - Amelia (2009) - Biographical film of the life of Amelia Earhart, starring Hilary Swank as Earhart along with a cast that includes Richard Gere as her husband. Rated PG.

July 31 - Barefoot in the Park (1967) - Neil Simon comedy about conservative young lawyer (Robert Redford) and his free-spirited wife (Jane Fonda) beginning wedded life in a fifth-floor New York City walk-up apartment.

**Saturday Favorite Film
July 2 - 7:15pm - AUD**

Mamma Mia (2008) - Romance and comedy and the music of ABBA. Based on the long-running stage play. Rated PG-13

**Saturday Night Movie
July 16 - 7:15pm - AUD**

Whale Rider (2003) - When the heir-apparent for the leadership of a Maori tribe dies as a child, his twin sister aspires to take his place in spite of male-dominated tribal tradition. Wonderful coming-of-age story with a twist, starring 13-year-old Keisha Castle-Hughes. Rated PG-13.



**Art
Gallery
News**

NOTE: Leslie Miller's work which has been on loan to Kendal for several years will be returned to the artist in September. Her images, now in the Langston and in the Green Room corridor, will be for sale until their return to her. These beautiful and interesting images are clearly marked. Checks should be made to Leslie Miller and will be handled by the Art Committee, Box #105.

-Katie Brown, Art Committee Chair

Kendal and Friends Gallery - Our summer treat in both the Kendal and Friends Galleries is this year's Kendal Collects -- original works of art owned but not created by the residents who submitted them. The show went up on

Tuesday, May 24 and will remain until Monday, August 15. With 80-plus pieces contributed by more than 50 residents, this is certainly one of our most fascinating exhibits ever. It contains everything from sculpture, ceramic pieces and fiber art to watercolors, oils, original prints and photographs.

Ranging from the serious to the whimsical, the exhibit offers something for everyone! Be sure to visit both galleries in order to enjoy the entire show.

-Sheila Eckstein, Robert Taylor and Marilyn Myerson, Co-coordinators

Community Gallery - We will showcase the work of Paul and Cate Schwaegerle. Paul has been experimenting with electronic manipulation of digital photographs, creating an art form he calls "pixographs." This is a fascinating new art form which will be installed with samples of Paul's and Cate's original work.

R>A>F ShopTalk

Watch the R>A>F bulletin board near the Fitness bulletin board for information on at least one cottage sale likely to open in July. Receipts from May 25 through June 21 were \$1,851.01. *Keep It Flying!* *-Mary Simons, chair*

**Opera DVD Night
Friday, July 22 - AUD
Act I - 4:00pm
Act II - 7:15pm**

Don Giovanni - Act I will be shown at 4:00pm. After a supper break, Act II will be shown at 7:15pm. The opera is cited by writers in the Romantic Era as one of the great works of genius from the 18th century. This 1987 Salzburg Festival performance is conducted by Herbert von Karajan. Don Giovanni is sung by Samuel Ramey. Anna Tomowa-Sintow, Julia Varady and Kathleen Battle sing the female roles and Ferruccio Furlanetto sings the role of Leporello. *-Allen Huszti*

Curio Cabinet Collection

This is certainly BIRD season at Kendal! Large and small, they fly about in all yards here, and as soon as you spot one, it flies away. If you'd like to see some birds that will remain still as you look, please visit the current Curio Cabinet exhibit in Heiser. Barry Walker has loaned us his collection of miniature bird carvings. They are amazing, so don't miss them!

**Oberlin Heritage Center:
A Life Recorded One Day
at a Time: Fannie Bailey,
Oberlin and the Civil War
Wed., July 13 - 7:15pm - AUD**

Fannie White Bailey kept a journal while living with her husband, James, in Oberlin in the 1850s and 1860s. During the Civil War, she recorded the daily events of her life and those of her community. This talk by Kelly D. Selby, assistant professor of history, Walsh University, was postponed due to bad weather. Free; open to the public.

Overview of our Kendal at Oberlin Community

Most organizations have life cycles which can be divided into three phases. For Kendal at Oberlin, the first phase, creating the dream, involved a small group of Oberlin residents who envisioned a world-class retirement community in Oberlin. This took place during late 1986 and early 1987. As a result of their discussions, it was concluded that the only practical way to have a chance at having a facility in Oberlin was to interest an established operator of retirement communities to become its sponsor. The group made a major study of potential sponsors and decided that the sponsoring organization which best fit what they were looking for was the Kendal Corporation which had facilities primarily around Philadelphia. A tentative agreement was made with Kendal Corporation at that time to help investigate the possibilities.

The second phase, developing the dream into an organized community, began in late 1987 and ended in 1997 when the community achieved full occupancy. It began when the tentative agreement with Kendal Corporation was formalized in late 1987. Soon after that we began to look for \$3,000,000 in venture capital money to help finance some very important needs. We had no credit standing, so securing these funds was undertaken as a labor of love and hope. We eventually succeeded in securing \$1,000,000 from the Allen Hospital Foundation and \$2,000,000 from Oberlin College with appropriate venture capital interest rates until repaid in full. \$500,000 of the money went to buy nursing bed licenses which were required by the State of Ohio and \$450,000 went to purchase the 93-acre parcel of land which became our initial campus. The rest of the money helped with operating needs until we could secure some kind of permanent financing. The permanent financing was subsequently negotiated with The Bank of Ireland

on a temporary basis until we could complete negotiations with Lorain County to issue tax free muni bonds. This was completed in due course and we were on our way!

Other development activities followed, such as establishing relationships with government agencies, creating a backlog of potential resident interest, designing and building needed facilities, securing and training professional staff, developing appropriate management and operating goals, practices and procedures and putting them into place, establishing a strong financial base, and putting a value system into place and practice. A major early-on development activity we undertook was to fashion a marketing plan to interest potential residents to sign on with Kendal at Oberlin. The plan was primarily implemented by volunteers through the holding of meetings and gatherings. There were at least 100 such meetings and gatherings held in many locations. Some of these affairs had as few as two or three attendees and some had as many as 150. This marketing plan was successful in bringing together enough interested people so facilities construction could start in early 1992. These meetings and gatherings were also very important in helping to make us the fine community we are through the deep feelings of togetherness they generated.

While it is interesting to know our history, the most important phase of our community's life cycle is now, the third phase. It involves keeping our community alive and well into the indefinite future. We want to maintain a vibrant and successful community; a community where residents, administration and board maintain a shared common vision of what we should be; a community that faithfully lives and promotes that shared common vision through the decisions we make and the actions we take; a community with high regard for the dignity and integrity of individuals combined with visionary

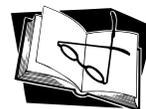
community building values; a community of people who care about each other and about the world around them.

Because we have a general consensus that residents, administration and board should have a shared common vision of what we should be, and because we have adopted the operating goals, practices and values that best help us achieve that shared common vision, we can say today with conviction -- close to 18 years since the first residents moved into the community in 1993 -- that we are what we should be -- a vibrant, successful and caring community. Each of us, and all of us -- residents, staff and board -- need to be together in helping to keep our community vibrant, successful and caring far into the indefinite future.

-Tom Piraino

Come Join us in "Threads"

This group meets in the Craft Room every Thursday afternoon. We mend, sew, knit, crochet, make lace, quilt, cross stitch and more. We create neat things and get to know each other while working. Come join us! For more information, call Eileen Dettman.



For the Vision Impaired

Low-Vision Support Group "What's Your Story?" Thursday, July 14 4:00pm - Green Room

Allie Baker and Adam Hahn, AMD Alliance International

Reading of *The Kendalight*

Marie Evans will be reading *The Kendalight* on Friday, July 1, at 10:00am in the Crossroads Room. All are welcome!

Welcome Kendal's New Residents

Dyane Sherwood

I was born in Hawaii in 1948 and moved throughout the country until I attended Wellesley College. I was on my own by 20 because I attended college against my Mormon father's wishes and would not accept him as an absolute authority. I was given wonderful support at Wellesley, and my maternal grandmother was an anchor for me; she loved completely and openly, yet in a very quiet way. Like many young women coming of age in the late 1960s, I felt that I should be able to do any and everything; I felt the need to *achieve*. I spent 41 years in the San Francisco Bay area: a PhD at the University of California, Berkeley, postgraduate work at Stanford. I lived for 12 years on the Stanford campus as a faculty wife and stepmother, while teaching and doing research in cellular neurophysiology and then retraining to become a psychotherapist. It was only by turning inward with the help of Jungian analysis that I was able to move through the tremendous emotional pain related to my family; more than that, my analytic work gave me a real life, one that was my own. When I was 40, my marriage ended, and I moved to a tiny cabin in a redwood forest. Then I met my husband, Jacques Rutzky, who is truly the blessing of my life. Together we built a Japanese farm house, or minka, below redwoods that bent in the high winds coming up from the ocean. We lived a rugged life in this remote place, with well water, a wood-burning stove, and sometimes by candlelight until Jacques installed a generator. My only regret is that we were not able to have children. I love sitting in silence, being with



Dyane



Jacques

good friends, good food and wine, hiking, cooking, sewing, gardening, listening to chamber music and opera, and things yet to be discovered!

Jacques Rutzky

I was born in Detroit, in 1954. My father was dedicated to medicine. He obtained boards in pediatrics, hematology, clinical pathology and hospital administration. I had a wonderful mother and three older sisters. In 1974 I finished my freshman year at Oberlin. Afterward, I went to the East Coast and I began a long apprenticeship with V. R. Dhiravamsa, a Thai meditation master, that included four years of silent retreat. I married young, moved to the University of Michigan and received a BA in psychology. We moved near Antioch University in San Francisco, and I received an MA in clinical psychology. The following year my wife and I divorced. Years later, I saw a beautiful woman walking gracefully before the setting sun at a friend's party. During our courtship, Dyane found a cabin in the redwoods south of San Francisco. For a housewarming present I carved her a set of napkin rings. This made a strong impression on her. We married a few months later. We tried to have a child. The first year we were married, Dyane had cancer. She had surgery the next year, and I had surgery the following year. On a vacation to Paris in 2000, we were stuck in bed and virtually unable to

move. We flew back to San Francisco, and were misdiagnosed three times. Finally, a Stanford neurologist said, "Viral encephalitis." After ten years of treatment, I still couldn't manage. I retired for the benefit of my patients as much as myself. Dyane was able to work but could not make up for my inabilities. We finally decided we needed help, and we moved to Kendal with great relief.

Upcoming Move-Ins

Barbara Bruer will move from Hartsdale, NY, to a Cottage in July.

John and Peggy Gordon will move from Hudson, OH, to a Cottage in July.

Recent Move-Ins

Marcia Deist moved from Akron, OH, to a Cottage in early June.

Arn and Beth Lewis moved from Wooster, OH, to a Cottage in early June.

Bob and Carol Longworth moved from Oberlin to a Cottage in late June.

Dan Reiber and Gaye Laurell moved from Mayfield Village, OH, to a Cottage in late June. They will move to a Phase III Cottage when construction is completed.

Grover and Mary Zinn moved from Oberlin to a Cottage in early June.

Transfers

Demmie Carrell will move from her Cottage to the Apartments in early July. Phone number remains the same.

Dick Taylor moved from his Cottage to the Apartments in late June. Phone number remains the same.

Find biographies of all residents, newcomers and old timers, in "Who's Here" on the library center bookcase.

Residents Winners in Leading Age/AOPHA Regional Show

Kendalites fared well in the June Leading Age/AOPHA Northeast Region Residents Arts and Writing Show at St. Marys of the Woods. **Eleanor Helper** gained 1st place in computer art for her "Still Life with Rose, Cocoa Pot and Horse," and honorable mention for her photograph, "Buttonbush Bridge in Winter." **Jane Hannauer's** prose nonfiction won 2nd place for "My City." Her "Round and Round," took 2nd place in the woven art category. **Don Parker** garnered 2nd place for both his watercolor, "Summer Day Respite," and his prose fiction "The Visitation." **Eva Greenberg's** "Terry and the Pigeon," took 3rd place in prose nonfiction (see Spring 2011 *EUREKA*). **Mary Louise Van Dyke** received honorable mention for "The Four Seasons," a woven art hanging. Congratulations to the winners, and to all who submitted works. The statewide exhibit will be held in Columbus in early September. *-Thelma Morris*

Thanks, Kendal Residents, for Help with Crop Walk

Oberlin Crop Walk this year raised \$11,404.20. It was short of our goal of \$12,000. But Kendal and the Quakers raised \$1,584 which was an increase from last year. Of the money raised, 97% goes to help people throughout the world; 25% comes back to Oberlin and is distributed between Oberlin Community Services and Oberlin Weekday Community Meals. **Thank you for all your help!**

-Connie Bimber

"Cabaret"-- Lecture and Film Thursday, July 28 - AUD 4:15pm and 7:15pm

Resident Bob Baldwin presents a lecture about "Cabaret" at 4:15pm, then after dinner shows the film. Winner of eight Academy Awards, including Best Director (Bob Fosse), Best Actress (Liza Minnelli) and Best Supporting Actor (Joel Grey), this 1972 film is adapted from the acclaimed stage production with music by John Kander (OC '51) and lyrics by Fred Ebb. It in turn was based on John van Druten's play, "I am a Camera." Genesis of the story was Christopher Isherwood's book, "Goodbye to Berlin," set in 1931 Berlin as the Nazis began to gain power. Fosse's finely tuned combination of devastating drama and ebullient entertainment results in one of the most substantial screen musicals ever made

Cardinal Shop Needs Volunteer Cashiers

The Cardinal Shop serves the residents and staff of Kendal and contributes most of its profit to the Resident Assistance Fund and a small amount to the Staff Emergency Fund.

In order to stay open five days a week from 10:30am to 1:00pm, we need volunteer cashiers.

The shop also sells the creations of some of our residents. We need someone to help with record keeping to see that our artists are properly reimbursed. If you can help us, call Nancy Beauchamp. It's a marvelous way to meet people.

Kendal at Lakeside Event

Lakeside, a Chautauqua community in Ottawa County, provides a summer experience dedicated to spiritual growth, educational and cultural enrichment and recreational pursuits. Kendal at Oberlin and Kendal at Home are partnering with Lakeside to sponsor the Environmental Stewardship week beginning Monday, July 18.

Staff from Kendal at Oberlin and Kendal at Home will host a reception on July 18 following the afternoon program, "Water Quantity in Lake Erie." For those interested in attending the seminar and then the reception, Kendal has been given a limited number of Lakeside day passes. The Kendal bus has also been reserved.

The bus will leave Kendal at 11:00am and will leave Lakeside at 4:00pm getting back to Kendal at Oberlin at about 5:00pm. Cost for the bus will be \$15.00 per person. This is open to Kendal residents and Priority List and Kendal at Home members. Tickets and bus reservations are on a first-come basis. Contact the Admissions Office if you are interested.

To learn more about Lakeside, visit their website at www.lakesideohio.com or pick up a Lakeside calendar of events at the Admissions Office

Kendal Kryptogram #77 -by Nina Love

ON'T WAN NYC MABSY NYUN MUDDOCT

KAB ALL, GBN NYC MALLOW NYCK

MUDDK KAB ALL OW.

-GCW ZCWQ'T FANYCD

Solution to Kendal Kryptogram #76: "The pen is mightier than the sword, so in this dangerous world I always carry a pen."

-Ashleigh Brilliant

Equipment Update for the Fitness Center

The Fitness Center has been approved for capital funding to replace the Trotter Treadmill and the Schwinn Air-Dyne upright bicycle this year. Both machines are long past their expected lifetimes and their repair costs are excessive. Replacement will ultimately save repair costs and allow for a better exercise experience.

Fitness Center staff and the Fitness and Health Committee members will begin to explore commercial machine options during the summer, with installation in autumn.

Some of the equipment preferences we will look for are:

1. Treadmill (similar to the Body-guard Treadmill we purchased a few years ago) with low step-up-onto belt; easy directions for basic use; low starting speed and slow stopping speed.

2. Upright Bicycle with a softer and wider seat; easy adjustments for seat height and resistance; large dials for speed, resistance and time.

Once the new machines arrive, the replaced ones will be stripped for as much as can be recycled, with the remainder discarded. Due to the known safety problems with both machines, it is not feasible to donate or sell them.

We will keep you informed as the search for appropriate equipment continues. If you are interested in participating in the equipment search, contact Dianne at 775-9851.

-Dianne Green, Fitness Coordinator; Jerry Berner, Chair, Fitness and Health Committee

First Church United Fellowship Saturday, July 9 - Penn Room 9:30am: Coffee, juice & muffins Followed by - A Summer Social

Everyone is welcome to join this gathering of friends. There will be no meeting in August as we take a summer "break." Note: Our June meeting was outstanding. Attendance reached 50 including some new faces.

Walk With a Doc

Come walk the Metroparks trails with a doctor from the Cleveland Clinic.

This program began in Columbus, OH, and has moved to Northern Ohio. It's an opportunity to take part in an informal group outing and a question-and-answer session with a local physician.

When: Saturday, July 2, 8:30-9:30am.

Where: Bur Oak section of the Black River Reservation in Sheffield.

How: Meet Jerry Berner at Heiser Reception Desk at 7:45am to car pool or caravan to Bur Oak.

Questions? Contact Jerry Berner.

Saturday Park Walks

In July, the Kendal at Oberlin Park Walkers will continue having our Lorain County Park walks twice a month:

• **Saturday, July 9** we will go to French Creek Reservation Nature Center.

• **Saturday, July 23**, we will go to Sandy Ridge Reservation.

These are sites we did not visit last year. We gather at the Heiser Reception Desk at 9:00am to car pool. Try it -- you may actually like it! Questions? Contact Jerry Berner.

RELIGIOUS SERVICES AT KENDAL

Episcopal Service

Holy Communion
Saturday, July 9, 11:00am, CAR
Rev. Brian Wilbert

First Church Service

Sunday, July 17, 4:00pm, CAR

Roman Catholic Mass

Friday, July 15, 10:00am, Crossroads

Society of Friends

Sundays, 10:00am, Green Room

Unitarian Universalists will not meet at Kendal in July and August.



Bridge Results

MONDAYS

May 23: 1st, Helen Randel; 2nd, Bill Schreiner; 3rd, Mary Beth McCalla.

May 30: 1st, Nancy Beauchamp; 2nd, Connie Bimber; 3rd, Helen Randel.

June 6: 1st, Nancy Beauchamp; 2nd, Warren Wickes; 3rd, Helen Randel.

June 13: 1st, Helen Randel; 2nd, Alverta Schneider.

WEDNESDAYS

June 1: 1st, Betty O'Connor and Mary Beth McCalla; 2nd, Helen and Bob Randel; 3rd, Levona and Bush Olmsted; 4th, Connie Boase and Pete Andrews.

June 15: 1st, Paul and Cate Schwaegerle; 2nd, Alice Kohl and Nancy Beauchamp; 3rd, Connie Boase and Pete Andrews; 4th, Mary Beth McCalla and Warren Wickes.

The Kendalight

A monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Drive, Oberlin OH 44074

Associate Editors: Connie Bimber, Robert Baldwin
Managing Editor: Elizabeth Aldrich
Immediate Past Editor: Betsy Thomas
Photos: Eleanor Helper
Proofreaders: Mary Ashbrook, Mary Simons
Production: Don VanDyke

Deadline for the August 2011 issue of *The Kendalight* is July 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles to:
Klite600@yahoo.com

If no email access, please type articles on separate sheet (NOT on room request form), sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number.



Dining and Nutrition Services

Special July Meals

Monday, July 4 - Fourth of July

Mid-day picnic buffet lunch in Fox and Fell, after parade, from 11:30am to 1:30pm.

Evening meal will be available in Langston and Friends Corner only. Fox and Fell is closed.

Notes from Ann Pilisy - Dining Services will say goodbye to many staff, as they prepare to leave for college. Please welcome our new hires in July and August, and let me know how they are doing on their new job at Kendal.

Publicity Plugs...

(Continued from p. 1)

2005, resident writers have done research about the program or events, conducted interviews and frequently gone to the schools to complete their stories. We now have two volunteer photographers who work in partnership with the writers. The year 2010-2011 marked the third year running that 36 articles (50+ photographs) were published in area papers.

It was clear from the comments of the principals and superintendent that the news has been a tremendous plus in helping create a more positive reputation for the schools.

Nancy Freed, Community Relations Coordinator for Kendal, who has acted as the liaison for Publicity Plugs since its inception, reported that this year's collection of articles was one of the strongest ever.

Our year-end event, however, was bittersweet with the anticipated loss of Superintendent Geoff Andrews and retirement of art teacher Lorna Kretchmar. As usual, however, the report of plans for the coming school

Monday, July 4 - Fourth of July

3:00pm Ice Cream Social in Courtyard Garden

Wednesday, July 20

Newcomers' Dinner

5:15pm - Wm. Penn Room

Reminder to residents: Newcomers are defined as those who have lived at Kendal for a year or less.

year assured excitement for more good things to come in 2011-12 with a summer off for Kendal's writers and photographers.

Thanks and appreciation is extended to our Publicity Plugs writers and photographers: Dick Baznik, Claudine Carleton, Carol Ganzel, Eva Greenberg, Jane Hannauer, Eleanor Helper, Nancy McClusky, Diantha Paré, Ruth Searles, and Eleanor Whitehead.

If any Kendal resident is interested in joining this great team, contact one of the current resident members, Nancy Freed (nfreed@kao.kendal.org) or Barbara Thomas.

-Barbara Thomas

Solo Diners and **SPINACH** dining groups are going on summer hiatus. Both invite Kendal residents -- newcomers and old timers -- to join them again in September.

Call 775-9868 to hear announcements and menus of the day.

Or find them on our website:

www.kaores.kendal.org

Energy Conservation: Plant and Garden Care

Composting: This is the creation of natural soil enrichment from yard and kitchen scraps. This nourishes the garden and cuts back on waste sent to landfills. Mixing compost into your soil will add nutrients, aid in the absorption of air and water, deter weed growth and prevent soil erosion. Yard trimmings and food scraps make up about 23% of the municipal solid waste in the U.S. At Kendal there is a compost pile at the east side of Facility Services barn. The general time frame for usable compost to form is 6-8 months. Once the contents of the pile have a crumbly soil-like texture, it is ready to be applied to the land. The following items are safe for composting: green kitchen and yard trimmings, cardboard, paper and newspaper shreds, fruits and vegetables, eggshells, animal manure (excluding dog or cat feces), sawdust, leaves, nutshells, coffee grounds.

Saving Water: You'll use a lot less water overall if you water your garden or pots early in the morning or later in the evening, so the hot midday sun doesn't make the water evaporate. Also try to water when it is not windy. If you can, use a drip irrigation system or a perforated "soaker" hose.

Bird Feeders: Birds naturally prey on insects and can be responsible for lowering insect problems, such as mosquitoes. Attracting birds to your yard helps them by off-setting the destruction of their natural habitats by urban sprawl and logging. Suggested bird seed is black oiled sunflower seed and thistle seed. Please do not use seed containing millet and/or cracked corn.

Kendal Northern Ohio 2011 Cultural Sensitivity Committee

Meetings will take place monthly in the Kendal at Oberlin Den at 9:00am on the third Friday: July 15; August 19; September 16; October 21; November 18, December 16.

SUN	MON	TUE	WED	THU	FRI	SAT
<h1>JULY 2011</h1> <p> = Kendal Bus HL = Heiser Lounge CAR = Central Activity Rm WCH = Warner Concert Hall CCR = Crossroads Room WHT = Whittier Lounge GCR = Green Room (tx) = Ticket required Bold Face = at Kendal </p>					1 Reading of Kendalight 10:00am Crossroads Rm Courtyard Garden Concert 4:00pm Baroque Performance Inst. Faculty Concert St. Matthew Passion 7:00pm WCH (\$10 at door) Patriots Band 7:00pm Tappan Sq	2 Walk With a Doc at Bur Oak 7:45am Heiser Arthur LaRue, baritone 2:30pm HL Film: Mamma Mia 7:15pm AUD
3 Quaker Worship 10:00am Green Rm English Country Dancing -- Every Sunday in July 7:15pm AUD Film: Glory 7:15pm WHT	4 July Fourth Independence Day Celebration! Parade - Heiser Circle 10:00am, program in AUD Picnic-style lunch 11:30am-1:30pm Ice Cream Social 3:00pm Courtyard Bridge 7:10pm AUD	5 Conversations with Community: "Ohio Dance Theater" 7:15pm AUD	6 Wed. Morning Discussion Group meets every Wed. 10:00-11:00am - WHT Pairs Bridge 7:10pm AUD	7 No First Thurs. Health Lecture	8 Sounding Board 10:00am Green Rm Courtyard Garden Concert 4:00pm Blue Lunch Band 7:00pm Tappan Sq A Casual Concert 7:15pm AUD	9 Walk in the Park: French Creek 9:00am Heiser United Fellowship 9:30am Penn Rm Episcopal Serv. 11:00am CAR
10 Quaker Worship 10:00am Green Rm Oberlin Summer Theater Festival "Raisin in the Sun" 2:00pm Hall -Free! Film: Yankee Doodle Dandy 7:15pm WHT	11 Croquet Tournam- ent Begins Coffee Hour with Barbara Thomas 9:30am Langston Bridge 7:10pm AUD	12	13 LUNCH BUNCH: Jackalope Lake- side, Lorain 11:30am-2:30pm Scrabble 7:15pm CCR OHC: Fannie Bailey, Oberlin and the Civil War 7:15pm AUD	14 Big Bus: Cleveland Museum of Art 9:30am-4:00pm Low Vision Group 4:00pm Green Rm.	15 Roman Catholic Mass 10am Crossroads Courtyard Garden Concert 4:00pm Walkin' Cane 7:00pm FAVA Lawn Credo Faculty Concert 8:00pm WCH (tx) 	16 Oberlin Summer Theater Festival "Hamlet" 2:00pm Hall -Free! Film: Whale Rider 7:15pm AUD
17 Quaker Worship 10:00am Green Rm First Church, UCC Service 4:00pm CAR Film: Benny and Joon 7:15pm WHT	18 Bridge 7:10pm AUD	19	20 Credo Chamber Music 4:00pm AUD No Unitarian Univ. Newcomers Dinner 5:15pm Penn Rm Pairs Bridge 7:10pm AUD	21 KORA Council 10:00am AUD "Killer Whale and Crocodile" 7:15pm AUD	22 Courtyard Garden Concert 4:00pm Opera DVD - AUD "Don Giovanni" Part I - 4:00pm Part II - 7:15pm Cross Connections 7:00pm Tappan Sq	23 Walk in the Park: Sandy Ridge 9:00am Heiser Credo Festival Finale Concert 1:30pm WCH
24 Quakers 10:00am Green Rm Film: Amelia 7:15pm WHT	25 Bridge 7:10pm AUD	26 Kendal at Oberlin Health Services Quarterly Forum 4:00pm AUD	27 Afternoon Exchange Barbara Thomas 4:00pm AUD Scrabble 7:15pm CCR	28 "Cabaret" - AUD Bob Baldwin Lecture: 4:15pm Film: 7:15pm	29 "Perspectives" 4:00pm AUD Courtyard Garden Concert 4:00pm The Geeze Cats 7:00pm Tappan Sq	30 Oberlin Summer Theater Festival "Little Prince" 2:00pm Hall -Free!
31 Quakers 10:00am Green Rm Film: Barefoot in the Park 7:15pm WHT	31 Bridge 7:10pm AUD					