

The Kendalight

Kendal at Oberlin Residents Association

July 2015

Volume XXII, Number 7

Fun Fitness Week: Better Than Ever!

Kendal's Fun Fitness Week was a great success! (See photo on p. 7.)

Our participants included 175 residents, 78 staff members and 14 from the Kendal Early Learning Center.

Following is a listing of the 21 events (in order of number of participants) and the name of each event chairperson: Luncheon 140 (Ann Pilisy); Observation Walk 85 (Elizabeth Hole/Deb Gray-Boggs); CommUnity Walk 73 (Jeni Hoover); Location Recognition 58 (Ed Wardwell); Heiser/Perimeter Walk 47 (Nancy Hultquist); Bowling 44 (Morgan Wransky); Bean Bag Toss 38 (Morgan Wransky); Walking Relay Race 36 (Dan Reiber/Kim Peters); Miniature Golf 32 (Dan Reiber); Robot Table Tennis 27 (Sidney Rosenfeld); Basketball Shoot Standing 26 (Noemi Cannon); Shot Put Throw 25 (Jill Connone/Saun Howard); Cycling 22 (Donna Baznik); Wii Fun 20 (Saun Howard/Jill Connone); Basketball Shoot Seated 20 (Ashley Krueck); Water Balloon Toss 18 (Donna Baznik); Lap Swim/Water Walking 17 (Nancy Hultquist); Four Square 17 (Lee Hefner/Jerry Berner); Tennis Court Fun 16 (Larry Porter); Pool Fun 15 (Saun Howard/Danna Mitchell); Fun Run 7 (Lisa Wilken). Helping plan and implement these events were 35 Kendal staff and residents.

And special thanks to Dining Services and Facility Services (and Grounds) Staff. If you have any suggestions and/or comments to help us plan for next year please contact Jill Connone or Jerry Berner.



Independence Day Saturday, July 4, 2015

The Kendal Community is celebrating the birth of our country on July 4. Our theme this year is "Immigration," recognizing that we have ancestors who have come from different countries. So we will march in groups according to our **ethnic heritage**. Please join us: parade the circle on foot or in a chair or with your dog, enjoy the program, fly a kite, take part in a feast, sail a boat, splurge on an ice cream sundae, join in the song – all in good fun. **Volunteers are needed to fly a kite or skipper a ship.**

The **schedule for the day** is:

9:15 am: Decorate yourself and help others decorate bicycles, tricycles, rollators, wheelchairs, and pets in the Gathering Room.

9:45 am: Line up for the parade in the hall by the open mailboxes.

10:00 am: Parade the Circle in front of Heiser with fife and drum, the Statue of Liberty, the Bell of Freedom, the Hammer of Justice, nationality groups, and the famous Kendal Precision Lawn Chair Drill Team. The march starts in the mailbox hallway. (Stay indoors if raining.)

10:30 am: Patriotic Program in the Heiser Auditorium: Robert Taylor's program of readings, music and group singing.

11:30 am: Kite Flying and drinks in front of Heiser (kites provided, weather permitting). **Fliers needed!**

11:30 am: Festive Meal at the Fox and Fell, Langston and Friends Corner (only a light supper available in the evening).

3:00 pm: Ice Cream Social in the Whittier Game Lounge.

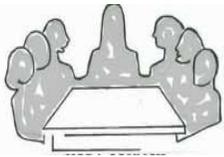
4:00 pm: Group Singing led by the Hannauers in the Gathering Room.

4:30 pm: Model Sail and Power Boats at Triangle Pond (weather permitting). You could be a Skipper. Contact danreiber4@gmail.com.

Come dressed for the occasion and join the parade with your pet or vehicle or on foot. Everyone is welcome and encouraged to participate.

-Anne and Jim Helm, volunteered coordinators





Know Your KORA Council

In a previous column I compared KORA to the wired network of light emitting diodes that I once saw, where each diode lit up in response to human movement below. The June Council meeting reflected a lot of activity in the network, sparking one center after another. I'll report on a few ... you can add to the list, I'm sure.

Many thanks to all of you who contributed to the Employee Vacation Fund. Our Treasurer reports that 229 Kendal residents and families of residents contributed \$36,916 to the Fund. This tangible expression of thanks for all that our staff members contribute to our well-being and enjoyment of this place goes with our wishes for a refreshing time away. Good weather would be welcome, too, I'm sure!

The second Keep on Moving Oberlin Mobility Fair, held at the Oberlin Public Library, came to a successful conclusion. Many, many thanks go to Anne Helm and her committee. Managing one of these Fairs involves a lot of attention to logistics, publicity, resource people, budget and so on. Anne referred to the wonderful cadre of folks who helped make it happen -- some 25 in number -- and concluded: "I am already receiving ideas of how to make the next two even better; your input welcome." P. S. Anne is not in town for the next one. Please consider chairing this fine group of workers as we move on to our next location -- Mt. Zion Baptist Church Fellowship Hall on Sept. 21, 2015. You've all seen a billboard with the message: Watch This Space!

The space to check out is the KORA bulletin board opposite the mailboxes. Posted there is a description of the 2015 LeadingAge Annual Meeting & EXPO to be held in Boston on Novem-

ber 1-4, 2015. Also posted is a copy of two actions Council took to support KORA representation each year. at the LeadingAge Annual Meeting. This year, Jim Helm will be there as KORA Vice President and resident member of a program panel on Kendal/College/Town collaboration on Environmental Issues. Ruth Ann Clark, a resident member of the KatO Board of Directors, will be on a panel: Community Engagement Beyond Your Four Walls. Other residents, including myself, may attend. Read about it!

Don't leave the bulletin board without reading the Guidelines drafted by Council last year: Planning for Overflow Crowds at Heiser Auditorium. The Program Committee asked Council to address issues involving blocked aisles and extra chairs at a recent popular event. We are suffering the price of success with many of our programs. The Safety Committee and the Program Committee are at work and will

be heard from in the next issue of *The Kendalight*.

Meanwhile: Please respect the ushers. Do not bring extra chairs into the auditorium. Help keep everyone safe by not blocking aisles and doors. We will do more about opening the doors to the Heiser Lounge for large events. Fun Fitness Week was better than ever, with new events and excellent participation, as reported on p. 1 by co-chairs resident Jerry Berner and Wellness Coordinator Jill Connone. Liaisons Jim Helm and Grace Tompos continue to keep communication flowing with Facility Services Director Rey Carrion and contractors about our construction concerns. Last, but not least. While the KORA Council meeting was taking place in the Auditorium, the final panel of Bob Cothran's mural was being installed in the Café area outside the Fox and Fell Dining Room. See it and marvel!

-Ardith Hayes, KORA President

Become a Friend to an Oberlin College International Student

The Oberlin College Office of International Student Services is looking for volunteers for its Community Friends Program for International Students. Several Kendal residents have participated in the program and enjoyed interacting with the students.

This is an informal program in which a student and a Community Friend develop their own relationship after an initial introduction is made. Friends will receive an email notifying them of their student match in the last week of August. Contact Andrés Fernández, Assistant Dean of Studies, 775-8540 or afernand@oberlin.edu.

Conversations with Community A Reading from "After I Stop Lying" by Debby Bacharach July 23 - 7:15pm - AUD

In her debut book of poetry, Seattle poet and essayist Deborah Bacharach takes on pivotal moments in a woman's life. Her poems have been published in journals nationally and internationally, including *The Antigonish Review*, *Arts & Letters*, *Calyx*, *Cimarron Review*, *New Letters* and *Poet Lore*. Debby is a college writing instructor, editor, and tutor and lives in Seattle with her family. The daughter-in-law of Kendal residents Joe and Sue Palmieri, she was educated at Swarthmore College and the University of Minnesota.

**COFFEE WITH
BARBARA THOMAS
THURSDAY, JULY 9
9:30AM IN LANGSTON**

**AFTERNOON EXCHANGE
THURSDAY, JULY 30
4:00PM - AUDITORIUM
BARBARA THOMAS**

PROGRAMS

LECTURES

First Thursday Health Lecture
No lecture on July 2.

Third Thursday Lecture
No lecture on July 16.

Conversations with Community
Oberlin Summer Theater
Festival: Seven Years
of Free Theater
July 21 - 10:00am - AUD

Paul Moser, producing artistic director of OSTF, will talk to us about the festival, its mission, and the current exciting summer season.

Kendal at Oberlin Quarterly
Health Services Forum
Tues., July 28 - 4:00pm - AUD

Our topics will include:

- The Role of the Speech Therapist in Cognition.
- Your suggested topics. You may drop off your suggestions for the forum at the Heiser Reception Desk from July 1-10

TRIPS

LUNCH BUNCH
Nine Bistro at Grey Hawk
Golf Club, LaGrange
Wednesday, July 8

Nine Bistro at the Grey Hawk Golf Club has a covered deck overlooking the 18th green. It offers a wide array of sandwiches, wraps, salads, entrees and accompaniments. Bus leaves Heiser at 11:30am, returning about 2:00pm. Van charge: \$8.00. Place check to KORA for \$8.00 in Box #89 by Monday, July 6. Lunch is at your expense. Sign-up sheet will be posted Wednesday, July 1.

It's Time for Grobe's Again !

Grobe's Fresh Market will return to the Heiser Lounge on Friday mornings from the end of July through August. But we need resident volunteers to be the cashiers -- two people for each shift: 10:30am-12:00pm and 12:00-1:30pm on Fridays. Call Janet Kelsey Werner at 440-774-8700 to volunteer for this easy, healthy and popular helpful-to-our-residents task.

MUSIC

String Ensemble
Credo Chamber Music
Thurs., July 16 - 4:00pm - AUD

Advanced student musicians will play classical works. Prof. Peter Slowick is founder and artistic director for Credo, a three-week summer program of intensive chamber music study, performance and service at the Oberlin Conservatory. **Note afternoon time.**

Memorial Concert
for John Gordon
Tues., July 21 - 7:15 pm - AUD

Five members of the Cleveland Orchestra will play works by Bach, Brahms and Beethoven in loving memory of Kendal resident John Gordon. **All are welcome.**

BIG BUS to Blossom
Sat., July 25, 5:45pm-Midnight

The Big Bus will make its annual trip to the summer home of the Cleveland Orchestra, nestled in the lush valley of the Cuyahoga River. We will hear the Cleveland Orchestra, conducted by Stéphane Denève, perform Stravinsky's Concerto in E-flat major ("Dumbarton Oaks"), Schumann's Piano Concerto, Paul Lewis, piano, and Tchaikovsky's Symphony No. 4.

We board the bus outside Heiser and step off at the Music Center tram stop. The tram takes us to the edge of the pavilion. Then it's only a short walk to our seats, central but convenient to the restrooms. After the concert the tram takes us back to our bus and, when it is loaded, other traffic is halted and we sail out with no struggle or waiting.

Reservations: Your check for \$25, payable to KORA, dropped in Box #120 covers your concert ticket. Your check is your reservation. You will be billed for the transportation cost after we return.

Questions? Contact Pat Talbot.

Oberlin Summer Theater Festival Returns to Hall Auditorium

The Oberlin Summer Theater Festival will launch its seventh season this summer, offering three classics: **Treasure Island**, by Ken Ludwig, adapted from the novel by Robert Louis Stevenson (July 3 - August 8); William Shakespeare's **All's Well That Ends Well** (July 10 - August 8); **Crumbs from the Table of Joy**, by Lynn Nottage (July 17 - August 7).

Performances are **FREE** and will run in rotating repertory. **You must reserve tickets.** Evening performances will begin at 7:00pm and there will be 2:00pm matinees on some Wednesdays, Saturdays and Sundays.

The Kendal bus is scheduled to take you to these performances:

- **Wednesday, July 22, Treasure Island, 2:00pm**
- **Wednesday, July 29, All's Well That Ends Well, 2:00pm**
- **Wednesday, August 5, Crumbs From the Table, 2:00pm**

Call 775-8169 to reserve tickets. Check the schedule posted on Kendal's Town and Gown bulletin board for other performance days and times.

Sunday Movies in Whittier at 7:00pm

July 5 - Jaws (1975): Amity Island Police Chief Brody (Roy Scheider), shark expert Matt Hooper (Richard Dreyfuss) and grizzled ship captain Quint (Robert Shaw) search for the great white shark which is terrorizing the island. PG.

July 12 - Willy Wonka & the Chocolate Factory (1971): The owner (Gene Wilder) leads kids on a thrilling and often dangerous tour of the strangest chocolate factory. G.

July 19 - The Zoo Keeper (2011): Griffin Keyes (Kevin James), the zoo's best-loved caretaker, feels he must find a more-glamorous career to get a girlfriend. The zoo animals reveal their ability to talk and offer to teach him the rules of courtship, animal-style. PG.

July 26 - Honey, I Shrank the Kids (1989): Accidentally miniaturized by an experimental ray machine, four children must survive the journey back to their house through a yard where ants stampede like elephants. PG.

Saturday Night Documentary July 25 - 7:15pm - AUD

How to Die In Oregon (2011): In 1994 Oregon became the first state to legalize physician-assisted suicide. Filmmaker Peter Richardson gently enters the lives of the terminally ill as they consider whether and when to end their lives by lethal overdose. The film focuses on the patients themselves, their families and friends, as they struggle with the legal option they are allowed in Oregon. Through their stories, Richardson examines both sides of the complex and emotionally charged issue. What emerges is a life-affirming powerful portrait of what it means to die with dignity. This 2011 Sundance Film Festival winner will leave time for a most interesting discussion afterwards.
-Donna VanRaaphorst



Art Gallery News

The “**Kendal Collects Show**” will remain up until August 18. This will be followed by **Timothy Callagan’s** paintings of people and places in the Kendal Gallery, **Matthew Gallagher’s** “Encaustics” in the Friends Gallery, and in the Community Gallery a display of needlework quilts created by the “**Twisted Stitchers**” -- a group that meets regularly at Kendal to spend the day sharing ideas and company as they stitch away.

The third and final large panel of Bob Cothran’s mural in three installations is now in place on the far right wall outside the entrance into the Fox and Fell Dining Room. Bob’s work on Part III has been underway for about a year and the entire three-panel project for about five years, using a wall-mounted easel he constructed in the

Craft Room. Both Kendal staff and residents have often visited to check on Bob’s progress.

Viewers can follow the journey of certain citizens from “Humdrum City” during the Edwardian Era in search of curious herbs and spices to season their palates, all the way to their triumphant return at the far right of Part III. Each section of the mural, accompanied by brief texts filled with verbal puns, depicts the varied adventures of the search party, through field and forest and across storm-tossed seas in a landscape populated by small birds and creatures.

The sophisticated process of mounting the mural was again directed by Stefan Dedecek and his colleagues from McKay Lodge Conservation Laboratory of Oberlin as a contribution to Kendal at Oberlin. The text below the pictures is being transcribed and will be displayed in a separate frame somewhere in the vicinity. A celebratory reception will be planned for the near future.

Friday Opera DVD - July 17 4:30pm and 7:15pm - AUD

Tannhäuser - Richard Wagner’s work was composed as a “grand romantic opera.” Two aspects of love are personified in the characters of Venus (profane love) and Elisabeth (pure love). The story tells of the redemption of Tannhäuser’s soul by Elisabeth. This 1989 performance is from the Bayreuth Festspielhaus.

-Allen Huszti

NOTE: Because of its length, Tannhäuser will be shown in two parts:

Act 1 at 4:30pm

Acts 2-3 at 7:15pm.

Saturday Foreign Films July 18 - 7:15pm - AUD

Children of Heaven (1997): Persian with subtitles. This uplifting, crowd-pleasing story of family and love was nominated for an Academy Award as Best Foreign Language Film. When Ali loses his sister Zahra’s school shoes, this young pair dream up a plan to stay out of trouble: they’ll *share* his shoes and keep it a secret from their parents. If they’re going to successfully cover their tracks, Ali and Zahra must carefully watch their step on what rapidly turns into a funny, heart-warming adventure. This acclaimed film is a charming treat you’ll love! PG.
-Dwight Call

Environmental Summer Fiction Film: Wed. July 15 - 7:15pm - AUD

The Day After Tomorrow (2004): Global warming triggers an abrupt climate change, creating a global superstorm that unleashes worldwide weather disasters. Tornadoes devastate Los Angeles, huge hail pounds Tokyo, and colossal tsunamis and blizzards whip New York. Could global warming really cause such incredible disasters? See it and decide for yourself!
-Dina Schoonmaker

Share a Few Favorite Poems Thurs., July 9 - 7:15pm - AUD

Please bring a poem or two by a favorite poet to read aloud. In *Eureka!* we have a fine outlet for sharing original poetry; this evening is an occasion for sharing a few favorite poems by others.

Play Readers: Steel Magnolias Sat., August 1 - 7:15pm - AUD

Directed by Jerry Berner, this play has warmth, humor and pathos. It is about a close-knit group of six women who meet in Truvy's Beauty Parlor in a small town in northwest Louisiana. As the play opens, Shelby and her mother M'Lynn come to have their hair done for Shelby's wedding that day. The cast includes Clairee, the former mayor's widow, and her friend, the sour-tempered curmudgeon Ouiser, who entertains everyone with her barbs and quips. The sixth woman is an apprentice beautician Annelle, who transforms from a shy newcomer to a good-time girl then to a repentant revival-tent Christian.

After 7:15pm, no one will be admitted until the first scene break.

Please come to the special matinee performance in the Auditorium on Friday, July 31 at 1:30pm to avoid the Saturday night capacity crowd.

Check our Map, Have a Seat!

A map of all of the benches at Kendal is now available at the Heiser Reception Desk. It has both the Kendal and the resident benches marked on it as of May 15, 2015. Feel free to borrow one and take walks, knowing that you'll be able to stop and refresh yourself along the way. Elizabeth Hole expects to update the map each spring.

Dog Play Area? It's in the Works

There is a proposal being developed for a dog play area in the Whittier Greenleaf Garden for 3-5 hours per week. For questions or suggestions, contact Betsy David or Elizabeth Hole.

Kendal Resale Shop Talk

Benefiting Kendal Resident Assistance Fund and Community Charities

One of the volunteers for KRS is named *Resale*. *Resale* occasionally likes to write a column, having been a reader of "Dear Abby" long ago. The first "Dear *Resale*" is offered here:

Dear *Resale*: My question is about how to make donations to the shop that benefits the Resident Assistance Fund. I have some old clothes, some old furniture, and some old furnishings. Does the Shop want and accept old stuff? While it is all old, some of it is very good quality.

Dear Donor: Yes, the Shop does accept old stuff. We are located in a community of "old" folks, and the volunteers who help out are older people. We LIKE "old" in all its forms!

Dear *Resale*: If I were shopping in your place, would I like any of the old stuff? Is it only for older people?

Dear Donor/Shopper: You would like quite a lot of our stuff! Besides, not all our shoppers are old. Some are middle aged, some are young; and some stuff is for tiny tots. And when your donations go beyond the capacity of our shop, we give those away to community charities which benefit people of ALL ages.

Dear *Resale*: Sometimes I have new stuff that I have never used or worn. Can I give that too?

Dear Donor: Of course! It is fun to receive things that have had no or little use or wear. Everyone likes those things.

Dear *Resale*: Do you make much money to give to the Resident Assistance Fund?

Dear Donor: Yes, we do. For instance, in May we received \$4,453.25. The Threads group contributed \$55 of that total, so we had a very good month. The Kendal Resale Shop is a good place to visit. From items small to large, it is a fun adventure. You never

know what you will find and discover you just have to buy! Thanks for your donations and for shopping!

P. S. Letters to *Resale* may be directed to me.

*-Ruth Ann Clark, Chair
Kendal Resale Shop*

Kudos for Kendal Artists and Writers

Leading/Age Arts and Writing Resident Forum held its annual regional competition for residents of not-for-profit retirement communities in northeast Ohio on June 4. KatO is assigned to the region serving greater Cleveland, an area filled with sophisticated arts and writing talents.

Again, Kendal artists and writers were recognized in large numbers. Congratulations to everyone who submitted prose or poetry, paintings or pottery, weavings or writings. The prizewinners' work will go on to the Leading/Age Annual Conference in Columbus in late August to compete with other regional winners for statewide awards. Our residents swept the Prose Fiction category: 1st place, Don Parker, 2nd place, Rita Haessly, and 3rd place, Herb Henke. In Prose Non-Fiction, June Swartwout gained a 3rd place ribbon. Joyce Parker's ceramic bowl was awarded 2nd place in the 3D category for any media. In Photography, Cate Schwaegerle won 2nd place and Eleanor Helper a 3rd place ribbon. Paul Schwaegerle's Computer Art entry placed 3rd.

-Thelma Morris

≡ For the Vision Impaired ≡

Low-Vision Support Group "Sightseeing Without Sight"

Thursday, July 9

4:00pm - Green Room

Reading of The Kendalight Wednesday, July 1, at 11:00am in Whittier Lounge

NOTE TIME! Jocelyn Maurushat will read the current issue of Kendal's newsletter. All are welcome!

Welcome Kendal's New Residents

Louise and Dick Dunn

Louise: I was born and grew up in Wallingford, CT, on the campus of Choate School, an all-boys prep school at the time. Five hundred boys in my backyard! However, my youth was spent with horses, riding in jumper, hunter shows. Besides horses, my early interest was in art, and I entered the Rhode Island School of Design in Fine Arts and graduated in landscape architecture, which combined my interests in art and the out-of-doors. I practiced landscape architecture until retirement a few years ago.

I met Dick while working for the Rhode Island Development Council, an arm of the State Planning Department. When he finished his graduate degree at Cornell, we were married and moved to Oak Park, IL, where he was Assistant City Manager. Three years later he became City Manager of Oberlin. After brief time in Montclair, NJ, we had the opportunity to move back to Oberlin, and we were delighted. Such a unique place!

I was active on the city Planning Commission, the Open Space Commission, and as Vice President of the Regional Planning Commission. But perhaps the most interesting and rewarding work I have done was working as a volunteer chaplain at Allen Hospital for 23 years.

We are parents of three girls, and grandparents to three boys -- our greatest achievement!

Our move to Kendal has been anticipated for many years, and we are delighted to be here with old friends and to meet new ones!

Dick: Dick was born on June 16, 1929, in New Haven, CT, and was raised with an older brother, Bob, in Hamden, CT. He was graduated from Dartmouth College with a BA degree. This was followed by attending Cornell University where he earned master's degrees, first in city and regional planning, followed by one in public administration.

Having put off work as long as possible, he was hired as Assistant to the Manager of the Rhode Island Development Council from 1955 to 1958. It was here that he met Louise Munson, a co-worker and recent graduate from the Rhode Island School of Design. They soon married and moved to Oak Park, IL, where he served as Assistant City Manager from 1958 to 1963. Dick was then offered the position of City Manager of Oberlin, followed by Vice-President and then President of Gilford Instrument Laboratories in Oberlin until 1983, when he was employed by Oberlin College as Vice-President for Development and Alumni Affairs.

While City Manager of Oberlin, he oversaw the legislation of the Fair Housing Law, the first such law in Ohio. In recent years, he has served on the boards of Kendal at Home, Kendal at Oberlin, and the Firelands Association for the Visual Arts.

Looking for Someone Special?

You'll find biographies of all residents, newcomers and oldtimers, in "Who's Here" on the library center bookcase.

Update from our Transportation Commission

The Transportation Commission and the Task Forces on Public and Medical Transportation met jointly on June 18. This provided an opportunity for the sharing of ideas and information, questions and consideration of need for additional information and for the direction of future action. Discussion was lively, open and productive. *-Ira Steinberg*

SAVE THE DATE!
SATURDAY, AUGUST 8
FAMILY FUN FAIR
DWNTOWN OBERLIN
10:00AM TO 4:00PM

Upcoming Moves

Norm and Ann Craig will move from Oberlin, OH, to a Kendal Cottage in mid-July.

John Matsushima will move from Fairview Park, OH, to a Kendal Cottage in mid-July.

Anita Parins will move from Brandywine, MD, to a Kendal Cottage in early July.

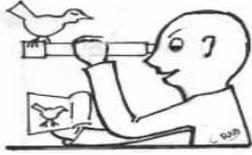
Recent Moves

Ken and Jane Cheek moved from North Eastham, MA, to a Kendal Cottage in mid-June.

Bob and Diane Follet moved from Wescosville, PA, to a Kendal Cottage in late June.

Don Illig moved from a Kendal Cottage to Whittier in mid-June.

IN MEMORIAM
MARGARET "MARGE" WHEELER
JUNE 11, 2015



5/3/15
to
6/13/15

Nature Sightings

5/3 Marcia Deist: Barn swallow in Lot 7; 5/3 Pugsleys: Three white-crowned sparrows at their feeder, and a rose-breasted grosbeak two days later; 5/5: Orcutts: Two eastern kingbirds at Rock Pond; 5/5 Anne Helm: Scarlet tanager in back of #82; 5/6 Maurene Bailey: Wood thrush singing in the woods behind the pool, brown thrasher also singing near Lots 14/15; 5/7 Anne Martin and Nina Love: Hummingbirds at their feeders; 5/9 N. Love and Lee Hefner: Great-crested flycatcher and oriole in Buttonbush; 5/11 A. Helm: White-crowned and white-throated sparrows eating dandelion seeds near #82; 5/11 A. Martin: Male oriole on top of her hummingbird feeder; Marilyn Myerson: the same, except a female, on hers. 5/13 A. Helm: Oriole at a plant stand back of #82 “trying to come in the window,” and a hummer at her feeder; 5/13 Larry Porter: A “silvery blue” butterfly (they like mud); 5/15 M. Bailey: Common nighthawks flying over New Russia Park; 5/15 Emily Pugsley: Raccoon outside #9 at the bird feeder; 5/15 Characteristic cliff swallow mud nest in Lot 6; 5/18 A. Helm: “Garter snake in my Community Garden plot – Yea!” and barn swallows in carport of parking Lot 6; 5/19 M. Bailey: Sees and hears chestnut-sided warbler singing near #223, and yellow warbler, red-eyed vireo and warbling vireo! 5/22 M. Myerson: Green heron on Farmer’s Pond; 5/23 Lois McCorkle: Goldfinch in a tree outside the window of Patterson; 5/24 L. Porter: Vole back of #65; 5/25 Jonah Becker (Dining Services): Snake trying to eat a frog, by the benches near the front door; 5/26 Denise Makay: BIG turtle by #145 exit; 5/26 Orcutts: Ring-necked duck in Rock Pond, and willow flycatcher singing



Kendal residents, staff members and the Kendal Early Learning Center children and staff participated in the CommUnity Walk on Friday, June 12 as Fun Fitness Week came to a close. The Walk was followed by the FFW Recognition Luncheon in Fox & Fell. Photo: Eleanor Helper.

on the north shore of Rock Pond; 5/27 A. Helm: Pair of orioles coming together to a hummingbird feeder and orange at #82; 5/28 M. Bailey: Eagle swooping low over the pond at Lot 16/17, and the next day heard a yellow-billed cuckoo calling from the woods behind the Facility Services maintenance building!! 6/2 Judy and Dennis Cook: an American woodcock behind #138, and a rose-breasted grosbeak (frequent visitor); 6/3 M Deist: Hummer, downy, and oriole all at once, behind
(Continued on p. 8)

2015 Kendal Telephone Directory Update Ready

The mid-year update to the 2015 Kendal at Oberlin Directory has been distributed in resident mailboxes. If you need more than one copy of this one-page insert, it is available at the Heiser Reception Desk. -Nina Love

Kendal Kryptogram #125 -by Nina Love

VDWUDALL ZXUTY TEPA SAAH

EJDXUTY WHOA, SKY XY TEL UWHA

WH YWW JWHU. -WUBAH HELT

Solution to Kendal Kryptogram #124: “A bargain is something you can’t refuse at a price you can’t resist.” -Franklin P Jones

Nature Sightings... (Cont'd from p. 7)

#95, and on **6/6** a rose-breasted grosbeak at the feeder at #101; **6/7** E. Pugsley: Cedar waxwings at #9; **6/7** L. Porter: Goldfinch, house finches and a purple finch at the feeder at #65; **6/10** M. Bailey: Red-eyed vireo singing from a tree near #49; **6/11** A. Helm: Reported Melissa VanZant of Housekeeping found a stunned (?) downy woodpecker lying on the sidewalk; **6/12** Eleanor Helper: Female mallard and seven ducklings in the vernal pond by Buttonbush Bridge; **6/13** Helen Ketcham (and George): Very interested in a chipmunk dashing back and forth through the open space at the back door of #34.

-Betty Weinstock

... and on Wildflower Hill

As of June 14, blooming on Wildflower Hill (starting from the middle at the bottom, going west, up and along the top of the hill, and back again to the beginning) were: Sundrops, Sweet William (several colors, red, pink, white), Daisy fleabane, dandelion, onion (of some kind), Deptford Pink, Foxglove Beardtongue, Ohio Spiderwort, Birdsfoot Trefoil, Yarrow, two kinds of clover, Yellow Sweet Clover, English Plantain, Oxeye Daisy, Bindweed, Curly Dock, Dame's Rocket, Butterfly Weed, Canada Thistle (just starting to bloom in places), Common Milkweed, Moth Mullein, Purple Cone Flower, Yellow Cone Flower, Blue False Indigo (mostly gone already), St. John's wort, Everlasting Pea, Lupin (mostly gone), Yellow Loosestrife, and a sunflower from Peg Schultz's garden.

WARNING: There are ticks on Wildflower Hill whose bite could give you Lyme disease. If you stay on the mowed path, I think you will be perfectly safe. Examine yourself for ticks if you have been walking in wildish areas. -Betty Weinstock

SWERVE Will Be Back on July 2 to Check our Bikes

Joe from SWERVE bike shop has volunteered his services once again to tune up and do minor repairs on our bikes, trikes, recumbents, etc. He will be on the Kendal campus on **Thursday, July 2 from 10:30am to noon in Parking Lots 9/10**. Rain dates: TBD. The bike shop will also pick up (and return) bikes, trikes, recumbents, etc., for free and transport them to the shop for other repair and maintenance that can't be done during the above servicing times. Kendal residents are lucky to have such obliging shop owners; we should support them whenever we can. -Dina Schoonmaker, *Environmental Concerns*

Table Tennis News

As of June 22, on average nine players took part in each of our ten sessions. In June, too, a new group member added to the six we had already gained among new residents this year -- thanks in good part to our visiting coach Doyle Harbaugh (who recently played for the U. S. in two international paratournaments in Central Europe). How do you get started enjoying the sport of table tennis 40 years or more since you last played ping pong on the basement table? First, you let the good reports you've heard push you through the auditorium door; then, you calm your -- unneeded! -- jitters by helping to scoop stray balls; next, you step up to one of our three tables and, with lots of cheerful help, soon discover that you're keeping the ball in play! "Why did I wait so long before I tried this?" But why wait a day longer? Join us at our next session! -Sidney Rosenfeld

RELIGIOUS SERVICES AT KENDAL

Episcopal Service

Holy Communion
Saturday, July 11, 11:00am, Gathering Room, Rev. Nancy Roth

Roman Catholic Mass

Friday, July 17, 10:00am,
Crossroads Room

Society of Friends

Sundays, 10:30am, Whittier Lounge

First Church Sunday Service

Sunday, July 19, 4:00pm,
Gathering Room

No First Church United Fellowship or UU Kendal Gathering

Saturday Walks

Everyone is invited to join us for enjoyable walks off the Kendal campus. Come experience lovely areas in Lorain County both near and far. These are leisurely 2- to 3-mile walks. We will gather at the Heiser Reception Desk at 9:00am each Saturday to car pool. Here is the schedule for July:
July 4 Independence Day Celebration at Kendal
July 11 Carlisle Reservation/Meadow Loop Trail
July 18 French Creek Reservation/Pine Tree Trail
July 25 New Russia Township Preserve/Cemetery
Questions? Contact Jerry Berner.

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Dr., Oberlin OH 44074

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Deadline for the August 2015 issue of *The Kendalight* is July 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles by email to our address:

Klite600@yahoo.com

If no email access, please type article on separate sheet, sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number.



Dining and Nutrition Services

Saturday, July 4 - Independence Day!

Holiday Festive Meal in Fox and Fell Dining Room, after parade, 11:30am-1:30pm.

Evening meal will be available in Langston and Friends Corner only. Fox and Fell is closed.

Saturday, July 4 - 3:00pm Ice Cream Social in the Whittier Game Lounge

Notes from Ann Pilisy: Dining Services will say goodbye to many staff over the summer, as they leave Kendal at Oberlin to begin their college careers. Please welcome new hires, and let us know how they are doing.

Nestbox News

As of June 22, the New Russia Township Park of 30 nest boxes has **fledged 14 bluebirds** and currently has three active bluebird nests – containing a total of **8 eggs and 5 chicks**. We lost many tree swallow chicks, but after we successfully treated the boxes for blow fly larva infestation (which kills the young), the many nest boxes successfully **fledged 55 chicks**. The more modest Kendal trail of 13 nest boxes successfully **fledged 4 bluebirds** from the nest box by Rock Pond and another pair of bluebirds have settled down in the box by Meadow Pond where they have **4 beautiful blue eggs**. The busy **tree swallows have fledged 16 chicks** and currently are nesting in two boxes that contain **6 chicks**. The orange-fronted, fork-tailed barn swallows nesting in one of the carpools, as well as all the white-fronted tree swallows are fun to watch as they skim the expansive lawn in front of Wildflower Hill catching insects in flight. All these swallows help keep the mosquito

Meet, Greet, Eat Returns on Monday, July 27

Sign-up sheets for the Meet, Greet and Eat dining group will be posted below the open mailboxes on Monday, July 20. Then come to the Fox and Fell around 5:30pm on July 27 wearing your name tag and enjoy a meal with new (or old) friends. Each dining table will be assigned a number and you'll pick a number to find your table. The usual dining options are also available in Langston and Fox and Fell.

numbers down. One nest box in the Community Garden has four noisy house wren chicks that will fledge any moment now. They are cheerful noisy company for the gardeners.

-Nina Love

An Informational Chat with Senior Independence

10:00-10:30am, Apt. #155

Wed., July 8 - Benefits of Walking

Wed., July 22 - Falls Prevention

It's Time for Summer Break!

Solo Diners and SPINACH (Senior Persons Interested in Nutrition And Community Health)

dining groups are going on summer hiatus. Both invite Kendal residents -- newcomers and oldtimers -- to join them in September.

For daily announcements of Kendal happenings and dining room menus, call 775-9868.

New Composting Arrangements at Kendal

Disposing of Plant Clippings: For pickup of your weeds and other unwanted plants that amount to more than a handful, place them in a bag or other disposable container outside your trash room. The Grounds crew will pick them up during their daily weekday rounds of the campus.

There is no need to notify Becky Bolyard in the Facility Services office. Tiny amounts can go in with trash. If you prefer to come in person with your plants (no food, please) for composting, bring them to the east end of the big yard outside the community garden and place them in one of the piles next to the dumpster. Empty them out of any plastic or paper bags you may have used and take the bags away with you. When enough vegetative matter accumulates, it will go into the dumpster for transport to a commercial composting facility.

Materials in our former compost piles were not decomposing properly and those piles have been discontinued. Instead, gardeners will be using leaf compost from the city and other sources.

Composting Food Waste: One way you may compost your kitchen waste -- egg shells, coffee grounds, peelings, leftover food of any kind -- is to take it to one of the 64-gallon trash containers outside the loading dock. The dock is behind the Heiser Center building between the employees' entrance and the Fox and Fell. You will see containers labeled Viridiun at the side of the short driveway to the dock. Put your contribution into a container that has a plastic liner in it and throw away any bags you may have used for transport into the nearby dumpster. All the food that the kitchen throws away goes into these containers and is picked up by a recycling company for composting.

-Melissa Reed, Horticulture Committee

SUN	MON	TUE	WED	THU	FRI	SAT
July 2015 CCR = Crossroads Room GaRm = Gathering Room WCH = Warner Concert Hall WHT = Whittier Lounge Bold Face = at Kendal tx = Tickets needed * = Kendal Bus		English Country Dancing every Sunday 7:15pm AUD Morning Conversation Group every Wednesday 10:00am WHT Jehovah's Witness Bible Study every Friday 10:00am WHT	1 Reading of Kendalight 11:00am WHT Pairs Bridge 7:00pm AUD	2 Bike Repair Parking Lot 9 & 10 10:30am-Noon No Health Lecture	3 Courtyard Garden Concert 4:00pm Baroque Performance Institute 8:00pm Root Room, Carnegie Bldg. (tx at door) *	4 July Fourth Independence Day Parade - Heiser Circle 10:00am; program in AUD 10:30am. Festive meal 11:30am-1:30pm Ice Cream Social 3:00pm WHT Game Lounge Group Singing 4:00pm GaRm
5 Quaker Worship 10:30am WHT Film: Jaws 7:00pm WHT	6 Bridge 7:00pm CCR	7	8 SI Chat - #155 10:00-10:30am LUNCH BUNCH: Nine Bistro, * LaGrange 11:30am-2:00pm Song Swap with Judy Cook Heiser Lounge 6:00pm Scrabble 7:15pm CCR	9 Coffee with Barbara Thomas 9:30am Langston Low Vision Group 4:00pm Green Rm Share Favorite Poems 7:15pm AUD	10 Courtyard Garden Concert 4:00pm Credo Faculty Recital * 8:00pm Kulas (tx at door)	11 Walk in the Park 9:00 Heiser No First Church United Fellowship Episcopal Serv. 11:00am GaRM
12 Quaker Worship 10:30am WHT Film: Willy Wonka 7:00pm WHT	13 Suggestions & Concerns 2:00pm CCR Bridge 7:00pm CCR	14 Credo Guest * Recital: Fry St. String Quartet 7:00pm Kulas	15 No UU Gathering Pairs Bridge 7:00pm CCR Film: The Day After Tomorrow 7:15pm WHT	16 KORA Council 10:00am AUD Credo String Ensemble 4:00pm AUD No Third Thursday Lecture	17 Roman Catholic Mass 10:00am CCR Courtyard Garden Concert 4:00pm Opera DVD: Tannhäuser - AUD Act 1 - 4:30pm Act 2&3 - 7:15pm	18 Walk in the Park 9:00 Heiser Foreign Film: Children of Heaven 7:15pm AUD
19 Quaker Worship 10:30am WHT First Church Service 4:00pm GaRM Film: The Zoo Keeper 7:00pm WHT	20 Monday Night Movie at Apollo (tx) Sign up for * Kendal bus Bridge 7:00pm CCR	21 Paul Moser, Oberlin Summer Theater Festival 10:00am AUD Memorial Concert for John Gordon 7:15pm AUD	22 SI Chat - #155 10:00-10:30am Oberlin Summer Theater Festival: Treasure Island * 2:00pm Hall -Free! Scrabble 7:15pm CCR	23 "After I Stop Lying" Poetry Reading 7:15pm AUD	24 Courtyard Garden Concert 4:00pm	25 Walk in the Park 9:00 Heiser Big Bus: Blossom 5:45pm-Midnight Sphinx Academy Catalyst String Quartet 7:00pm Methodist Church * Documentary Film: How to Die in Oregon 7:15pm AUD
26 Quaker Worship 10:30am WHT Film: Honey, I Shrunk the Kids 7:00pm WHT	27 Meet, Greet, Eat 5:30pm Fox & Fell Sign up! Bridge 7:00pm CCR	28 Kendal at Oberlin Quarterly Health Services Forum 4:00pm AUD Song Swap with Judy Cook Heiser Lounge 6:00pm	29 Oberlin Summer Theater: All's Well That Ends Well * 2:00pm Hall -Free! Cooper Intl. Violin Competition Recital Finals 7:00pm WCH *	30 Afternoon Exchange Barbara Thomas 4:00pm AUD Cooper Intl. Violin Competition * Honors Recital 7:00pm WCH	31 Play Readers: "Steel Magnolias" 1:30pm AUD Courtyard Garden Concert 4:00pm	