

The Kendalight

Kendal at Oberlin Residents Association

July 2020

Volume XXVII, Number 7

Independence Day, Saturday, July 4, 2020 (Rain date, Monday, July 6)

Kendal at Oberlin has celebrated the birth of our country every July 4 since the founding of our community. Please plan to join us for this tradition and a day of special activities.

We will begin the day with a brief program and parade around Heiser Circle. You are invited to join the parade in any manner you so choose. Dress creatively to suit yourself, carry a sign, promote your cause, parade on foot, on bike, on trike, by motorized chair, with dog, with cat ... Make up your own themed groups!

Don't forget to wear your mask and keep your distance!

~Tom Morgan, Coordinator



Please
remove all cars from
the parking places in
Heiser Circle before
9:00am on July 4.

Photographers!

If you get some great shots at any of our July 4th activities, select and send only the best to Carol Harvey for possible inclusion on the Around Kendal Gallery board.

Schedule

July 1-3

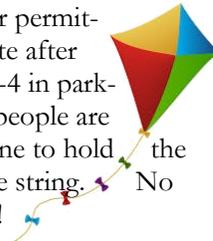
- **10:00am-12:00pm, 1:00-3:00pm:** Prepare decorations for yourself, your pet, your bicycle, tricycle, rollator, or motorized chair. Craft Room and Art Room.

July 4

- **9:45am: Paraders, line up** on the perimeter road between parking lot #4 and the stop sign. Parade Marshal Tom Taylor will instruct you.
- **10:00am: Mini-program**, with brief remarks and song followed by the **Parade to and around the Circle.**
- **10:30am: Boat parade on Farmer's Pond.** View from the shuffleboard courts or grass.



- **11:00-1:00pm: Daily meals delivered and lunch time.** If desired, gather in your neighborhood for outdoor dining together.
- **1:00-2:00pm: Ice Cream Cups.** Pick up in Langston.
- **2:00pm: Kite flying** in the field at the base of Wildflower Hill, wind and weather permitting. Borrow a kite after lunch at garage 4-4 in parking lot #4. Two people are recommended, one to hold the kite, the other the string. No running required!
- **4:00-5:30pm: Model Sail and Power Boats** at Triangle Pond (weather permitting). You could be a skipper.
- **4:00-5:30pm: Hoot 'n' Holler Garden Railway Operation** just east of parking lot #6. (God willing and the creek don't rise!)
- **7:15pm: Saturday Night Movie: 1776.** See page 4.



Frederick Douglass "Performs" at Kendal

On July 5, 1852, Frederick Douglass delivered a speech that asked, "What does the Fourth of July mean to anyone who is enslaved?" Del Jenkins will read Douglass' powerful speech (abridged) on KOTV this July 4 to help us all think about the meaning of the Fourth of July in light of current violations of our nation's founding principles. Broadcast times for the Douglass speech will be available on WKAO.

**ZOOM EXCHANGES
WITH
BARBARA THOMAS
THURSDAYS AT 4:00PM
JULY 2, 9, 16, 23, 30**



Kendal at Oberlin Residents Association

The Kendal at Oberlin Residents Association is alive and well, albeit operating in the New Normal. Taking a bold step, KORA Council held its first televised meeting on KOTV and plans to continue broadcasting monthly meetings to the Kendal community.

The Council's concern for the ongoing activity of our residents through committees, subcommittees, and special purpose groups continues. Coordination Committee members have offered assistance where needed. Some groups have found creative ways to continue with their work. Others find their interests cannot be carried out under the current necessary restrictions. Groups that need assistance moving forward under the New Normal can contact a member of KORA Council for help.

Another concern of the Council is helping our nine newest residents find their way into the life of our community. The regular meet-and-greet programs to introduce new residents have had to be canceled, as well as the welcoming dinner hosted by the Leadership Development & Nominations

Committee. The Council has provided several Zoom get-togethers for these new residents and their mentors, which have helped with the introduction process. The whole community is encouraged to be creative in reaching out to our newest members.

KORA Council is celebrating the establishment of Kendal's two newest TV channels as additions to the regular WKAO (919 with cable box; 19-1 or 95-100 without cable box). Channel KOTV (920 with cable box; 19-2 or 95-101 without cable box), operating from Heiser Auditorium, has begun showing Zoom events and will be able to broadcast programs that originate in the auditorium. A third channel is for programming directed to the Stephens Care Center. We look forward to the many ways our community will be served by these additional channels. ~Gary Olin, KORA President

KORA Council's next meeting at 10:00am on Thurs., July 16, can be viewed on KOTV. Join us as we care for the business of our resident association.

Minutes of KORA Council meetings are available in the library and on the KORA website kaores.net. Click *Calendar*, click *Archive*, click *Events-Recording*.

LDNC Seeking KORA Nominations for 2021

Kendal at Oberlin is known for our strong Resident Association and outstanding resident initiative and participation in community life. Each of us has an opportunity to find a niche in our KaO activities and programs.

In this season the Leadership Development and Nominations Committee (LDNC) focuses on the officers and councilors who serve at the organizational heart of the association. **KORA Council** maintains and strengthens the functioning of the association, including our committee system. The four **Council Officers** comprise the **Executive Committee**. It enables the Council to function smoothly, bringing to its agenda the needs and concerns of the community as a whole and maintaining communication with the Administration.

Through the year **LDNC** focuses on the leadership needs of the association and its committees, consults with the KORA Executive Committee as appropriate, conducts an orientation to KORA for newer residents, and presents nominations for open leadership positions at the November Annual Meeting

Open positions for 2021 include **two officers (President and Treasurer)**, **three Councilors**, and one member of the **LDNC**. The President may serve for no more than two consecutive one-year terms. The Treasurer may serve up to four one-year terms. A Councilor or LDNC member may serve no more than two consecutive two-year terms.

"Job descriptions" for these positions will be posted on the KORA board. In brief, **Councilors** attend monthly Council meetings and serve

New Normal Fun Fitness 2020 Report

In our New Normal, the Fitness Committee has offered two Fitness Challenges: April 15–May 15 and May 15–June 15.

Results submitted for the first challenge: Biking – 92 laps; Perimeter walk – 163 laps; Heiser Circle – 80 laps; Steps – 22; Exercise sessions – 30; Puzzles – 184; Books – 12 read; Walks to Heiser Lounge – 90; Magazines – 31 read; Birding – 52 species; Fitbit steps – 422,000; Music sessions – 30; Gardening – 32.

We have also had a Perimeter Scavenger Hunt and a Buttonbush Bridge and Beyond Observation Walk which I hope everyone enjoyed.

The New Normal Committee has opened up the pool and exercise equipment (with restrictions). Plus the Fitness Committee requested opening up miniature golf, croquet, bocce ball, and possibly kite flying and sail boating, using Dan Reiber's kites and the radio-controlled boats of the Triangle Pond Yacht Club. (See article on p. 10.)

~Kathy Caldwell, Chair,
Fitness and Health Committee



on one of the Committees of Council and as liaisons to one of the Standing Committees of Council – bringing to the job patience, discretion, listening skills, and a willingness to speak out.

The **President** is the chief executive officer of the association, a responsibility involving team leadership of Council and its officers, as well as commitment to Kendal's Values and Practices for work with residents, staff, board of directors, and the community at large in the development and growth of the resident community.

The **Treasurer** is the financial officer of the association, who oversees all budgetary matters, financial reports, and legal documents pertaining to KORA as a 501(c)(3) organization.

LDNC candidates need knowledge of KORA as an organization, wide knowledge of the resident community, discernment and good judgment, and an ability to honor confidentiality.

The LDNC asks you as residents to suggest people who would represent you well as councilors and/or officers. Nominees should have lived at Kendal for at least one year. **Submit your**

nominations in writing to Box #216 before August 15. Please get the consent of the person you are suggesting, making clear that your suggestion does not guarantee that he/she will be on the committee's recommended slate. If you nominate yourself, include a few words about your interest in the position.

Our committee often receives more nominations than there are openings available. KORA Executive Committee tells us particular skills or backgrounds needed to round out the Council, and we are charged to maintain broad diversity, including newer residents, and in the case of LDNC to consider former KORA officers.

The LDNC will nominate a slate of candidates to present to the KORA Annual Meeting in November for ratification by consensus. If other nominations are made from the floor (permissible under the KORA constitution), the election will be decided by ballot. ~2020 LDNC: *Ardith Hayes, Sue Palmieri, co-chairs; Robert Longsworth, Secretary; Tom Morgan, Sandy Siebenschub, Barbara Whitehouse*

Opening for a Resident Board Member for 2021-2023

The Board of Directors is now seeking nominations from KORA for a new resident board member who will serve a three-year term beginning in January 2021. Richard Baznik has capably served two terms, ending in December 2020.

Our bylaws allow up to 20% of the board to be filled by KaO residents who serve a three-year term, with the possibility of one additional three-year term.

We seek candidates who are committed to helping Kendal at Oberlin stay strong and who have skills and experience that complement the skill-sets of the current board. Experience in finance, campus planning, diversity/inclusion, governance, and on other boards will be considered, as will familiarity with Quaker values, since candidates must have the ability to respect the many valid opinions of others.

If you are interested (or know someone who is), please notify KORA Council president Gary Olin within the next ten days, since nominees must be submitted by July 15.

Nominations should only be submitted with the consent of the person being nominated. If you nominate yourself, it is suggested that you include a supporting statement from another Kendal resident.

In August–September, nominees will have a touch-base contact by the board's Governance Committee which will interview the finalists. At the November board meeting, the finalist will be recommended by the Governance Committee to the full board as well as to The Kendal Corporation for approval.

♪ Music at Kendal ♪

Check WKAO for Events

Keep watching WKAO to see announcements for programs you can see via Zoom, online streaming, or our new cable channels. WKAO alerts you to Kendal inhouse programs (exercise, information exchanges, films, music), suggestions from residents (concerts, lectures, virtual tours), and college programs. ~*Your conscientious WKAO staff*

Exciting Credo Concerts from Oberlin Conservatory

For Zoom links, send your name and email address to Carol Harvey.

Mon., July 6 - 8:30pm - Zoom

Dmitri Kousov, cello; Yulia Fedoseeva, piano. Program TBA.

Tues., July 7 - 8:30pm - Zoom

David Bowlin, violin; Tony Cho, piano. Program: William Grant Still, "Summerland;" Copland, Sonata for Violin and Piano; Strauss, Sonata for Violin and Piano.

Mon., July 13 - 7:15pm - Zoom

Charles McGuire, first of two music history presentations on Beethoven string quartets. Forty-minute video.

Tues., July 14 - 7:15pm - Zoom

Charles McGuire video on Beethoven quartets, followed by open discussion with Professor McGuire.

Tues., July 21 - 7:15pm - Zoom

Callisto String Quartet followed by open discussion with the musicians. Program: Beethoven, Opus 18, No. 6, Movt. I; Shostakovich 8, Movts. 1 and 2; Beethoven, Grosse Fuge.

Tues., July 28 - 7:15pm - Zoom

Bach solo string compositions performed by Credo students. Celebrating the 300th anniversary of these solo works. Conversation with Prof. Peter Slowik after the performance.

All New Saturday Night Movies on KOTV

As an experiment for the next few weeks, there will be a lighthearted, weekly Saturday evening movie on KOTV, until we can assemble in the Heiser Auditorium again.

If you own a movie you think residents would enjoy, let us know. A sign-up sheet will be posted on the open mailbox counter. Also, if you're enjoying the films, let us know so that we know whether to continue showing them. Questions? Contact Kenneth Cheek or his current substitute Elizabeth Hole.

Saturday Night Movie July 4 - 7:15pm - KOTV

1776 (1972) Film version of the Tony-winning Broadway musical, featuring many of the original cast. In the days leading up to July 4, 1776, Continental Congressmen John Adams and Benjamin Franklin coerce Thomas Jefferson into writing the Declaration of Independence as a delaying tactic as they try to persuade the American colonies to support a resolution on independence.

Saturday Night Movie July 11 - 7:15pm - KOTV

North by Northwest (1959) In a tale of mistaken identity, an innocent man (Cary Grant) is pursued across the U.S. by a foreign agent (James Mason) who is about to smuggle stolen government secrets out of the country. An elegant blonde (Eva Marie Saint) helps him (or does she?). This Hitchcock film offers a rare combination of action, suspense, and humor.



The Rising of the Moon

The full Thunder/Buck Moon rises on Sunday, July 5, 2020, at 12:44am ET.



Art Gallery News

In light of the changing landscape of the New Normal for Kendal, look for the appearance of new artworks in the

reserved space for recent acquisitions near the Kendal Health and Wellness Clinic. There will continue to be no new gallery shows during the COVID lockdown. However, beginning next month, expect to see a new addition to *The Kendalight*, "Notes on the Kendal Art Collection."

Notes From Your Program Committee

Alas, we can no longer sit in Heiser shoulder to shoulder listening to speakers and musical events and movies and asking our questions.

We want to keep our traditionally fabulous programming going, and so we have had to come up with alternative ways to make the presentations. Good news! We now have KOTV broadcast possibilities, and we have Zoom and other live-streaming tools, and we can combine them.

Saturday Night Movies, Conservatory performances, and other programs are back with us and we're making plans for the fall.

If possible, we will have programs broadcast on KOTV, and if it is a Zoom presentation, you may want to zoom in so that you can be part of the discussion.

If you would like to receive an invitation to the Program Committee presentations, email Carol Harvey. We will send you an invite with the link and viewing information on the date of the event.

~Shirley Taylor

Play Readers Resume!

On Friday, July 24 at 1:30pm and at 7:15pm we will be broadcasting on KOTV repeat presentations of two one-act comedies: *I'm Herbert* and *A Defenseless Creature*. The former will be a tribute to Ray LeGrand.

Those residents who have entered Kendal since the lockdown will be our auditorium audience. Everyone else is invited to enjoy these in the comfort of their homes. If you have questions, contact Jerry Berner.

Lifelong Learning: Shakespeare at Kendal

Since COVID-19 has upended our traditional approach to holding classes in cooperation with Lorain County Community College, the Lifelong Learning Committee is experimenting with different ways to nourish our minds. The first such effort invited residents to view the Stratford Festival of Canada's streaming version of *The Tempest* and to participate in a performance-based discussion led by Phyllis Gorfain, Professor Emerita of English at Oberlin College. Thirty-five people tuned in to a very lively and fruitful discussion!

The success of this event has led to a second, this time focused on Stratford's production of *Romeo and Juliet* which will stream July 9-30 at www.stratfordfestival.ca. **On Friday, July 31, from 4:00-5:30 pm Phyllis will lead a Zoom discussion on various aspects of the production.** As we get closer to the event, further details will be provided on WKAO, the Heiser bulletin board, the Stephens Care Center board, and the Online Residents Calendar.

More new approaches to lifelong learning will be presented in August, so please stay tuned.

~Mary Van Nortwick, Co-chair, LLL Committee

KaO Now Has Three Cable Channels

Any resident receiving TV signals from Cable Co-op can see these channels.

KaO Name	Channel# With Cable Box	Channel# Without Box	Content
WKAO	919	19-1 or 95-100	Daily slides
KOTV	920	19-2 or 95-101	Community programs
WSCC	921	20-1 or 96-100	SCC programs

Heiser Auditorium Reopens

The New Normal Committee is developing, in two phases, new policies and procedures for using Heiser Auditorium. Like all new procedures, they are “evolving,” so please be patient and give your suggestions for improvement to any member of the committee.

Phase One is for events that do not require any audiovisual or broadcast TV support. This includes activities for a small number of people, such as rehearsing music, exercising, and play-reading.

To schedule an event, the sponsor gets a **Blue Form A** (short form) from the Heiser Reception Desk (Front Desk) and follows the instructions. The first task is getting approval from Health and Safety (approved protocols for certain types of events are in a binder at the Front Desk). Then the sponsor fills in the form and returns it to the receptionist, who adds the event to the auditorium schedule.

Phase Two is for events that do require coordination with support groups such as the Cable Television Committee, the Program Committee, WKAO, the IT staff, and the AV Committee. This includes programs to be shown on KOTV, such as KORA Council meetings, Exchanges, lectures, and movies.

To schedule an event, the sponsor gets a **Blue Form B** (long form) from the Front Desk and asks the receptionist to add the event to the auditorium schedule as “tentative.” The sponsor then follows the instructions. The first task is getting approval from Health and Safety (approved protocols for certain types of events are in a binder at the Front Desk). Then the sponsor coordinates with all the support groups needed for this event. Finally, the sponsor returns the filled-in form to the receptionist, who removes the “tentative” label from the event in the auditorium schedule.

NEEDED: New resident operators for the Heiser Auditorium Audio-Visual-Television system. It’s fun and useful. If interested, contact Dennis Cook.

Kendal Resale Shop Talk

Benefitting Kendal Residents Assistance Fund and Community Charities

YES, WE’RE OPEN!

Come and shop Wednesday–Saturday, 11:00am to 5:00pm
(Closed Sunday–Tuesday)

The donation box will be available Monday–Friday, 8:00am to 5:00pm and Saturday, 11:00am to 5:00pm.

You’ll find a great selection for summer. And jewelry too!

We know you’ve had time to clean out your closets, and we welcome gently used items and clean clothing.

COME SHOP!

COME DONATE!

~Shirley Taylor, Kendal Resale Shop

For the Vision-Impaired



Low-Vision Support Group

Because of restrictions on Kendal meetings due to COVID-19, we will not meet in July.

We’re in This Together! Do You Have a Quarantine Survival Plan?

You never expect the unexpected, yet it could happen any time. Maybe you get word that contact tracing indicates you need to self-quarantine for two weeks. Or you have gone away for a few days and return to our locked-down campus. It is a good idea to develop a two-week “survival plan.”

So how do you make your quarantine survival plan? There are three steps:

1. Think through your plan in advance.
2. Build your quarantine survival kit and have it “at the ready.”
3. Keep your fingers crossed that you won’t need it.

The first step is to design an “Advent-ure Calendar” with 14 squares on a paper instead of the traditional 24-day countdown.

Next fill in your specific day-by-day plan. Remember you will have lots of energy – well, some enthusiasm, maybe – at first, but much less toward the end, so put the best stuff toward the end. On each day, put something for your *body* (an exercise routine, a tasty nutritious snack, and a nap), something for your *mind* (a good article on a topic you want to explore, a well-written short story by a favorite author, etc.), and something for your *spirit* (write a thank-you note you have meant to send, write an entry in your “gratitude journal,” make a call to someone you always enjoy talking to, etc.).

Set the plan aside for a day and then do some R&R (revising and rewriting). You may have thought of more things to add. You may want to shift some of the things around and put them earlier or later in the calendar.

Next month, we finalize our plan and build our “quarantine survival kit.”

~Joyce Benjamin

More About Kendal Residents



Ann L. Fuller

I was born in Chicago and attended Francis W. Parker School. I graduated from Bryn Mawr College in 1958 and went on to earn an MA in history from the University of Chicago where I met my husband. After marriage, I switched from history to science, first fulfilling some undergraduate prerequisites and then earning an MA in physics and a PhD in Plasma Physics (the first woman) at Columbia University.

We lived in many places due to my husband's career: Princeton, Berkeley, New York City, Middletown and Hartford, CT, and Seattle. We moved to Oberlin with our two children in 1970 when my husband became president of Oberlin College (1970-1974). Unable to work at a paid job, I became active in the women's movement, organizing groups, serving on the first Oberlin College Committee on the Status of Women, planning conferences, and writing articles.

After my husband left the presidency and we separated, I switched gears and eventually took a job at Oberlin Community Services (OCS), first as caseworker and then executive director, running low-income programs, establishing after-school math tutoring, mentoring Oberlin College students, computerizing recordkeeping, and collaborating on community projects. I retired in 2006 after 28 years.

In retirement, I have done consulting, oral history, website maintenance, research, and committee work for local

nonprofits, including OCS, Oberlin Heritage Center, FAVA, Shansi, MA-NA, and Kendal (since 2007). I currently serve on the Kendal Strategic Planning and Finance Committees and as a member of the Information Technology Advisory Group.

I have been a lap swimmer for many years. I do genealogical research with an interest in genetic genealogy and am a volunteer curator for the website *Geni.com*.

My son lives in California, and my daughter and two grandsons (one at Grinnell and the other in high school) live in Brooklyn, NY.



Lillie and Nicholas (Nick) G. Long

Lillie:

I grew up in Welsh, a small town in the Rice Belt in south Louisiana. Life with my four siblings moved at a much slower pace back then, allowing time to enjoy walks, reading under an old oak tree, and occasional late afternoon fishing trips with Dad after work.

In the afternoons after school, I would often stop by to visit my uncle, editor of the local weekly newspaper, to look at photographs and talk with him. These talks may have sparked my lifelong interest in writing and photography. I became a lab technician following divorce. I met my husband Nick while working at a hospital in Louisiana. We've been married 30 years and have a blended family with three children and four grandchildren.

Nick went to work with Chevron Chemical in Mont Belvieu, TX, in 1990, and I went back to school. I graduated from the University of Houston in Clear Lake, TX, with Bachelor of Arts degrees in media studies and literature.

Nick's work took us to New Orleans in 1996 where I went to work for Louisiana State University Health Sciences Center as an editorial consultant in the Department of Otolaryngology. When funding for research was cut, I went to work as media director for an advertising, marketing, and public relations firm, Hughey and Associates on St. Charles Avenue.

After Hurricane Katrina devastated the area in August 2005, my employers evacuated and did not return to New Orleans.

In October 2005, I went to work as a public affairs specialist with the Department of Homeland Security (DHS) in New Orleans as a writer and photographer in the External Affairs Office. I eventually transitioned to DHS's Louisiana Recovery Office where I managed content for internal and external websites.

I love photography, movies, traveling, growing herbs, sewing, croche, and painting.

Nick:

I was born in Columbus, OH, and lived in Cleveland and Philadelphia as we moved for my father's work.

I enlisted in the US Air Force in 1969 where I became a linguist interpreting Chinese Mandarin language.

I have a Bachelor of Science degree in chemical engineering from the University of Akron and worked for chemical manufacturers developing oil additives for the transportation industry.

I moved to south Louisiana for work where I met and married Lillie. We have a blended family of three children and four grandchildren.

I enjoy making home brewed beer and was a member of a home brew club in New Orleans where I became a

For addresses and phone numbers, please see the online database or the bulletin board.

Recognized Beer Judge in 1998. I am not as involved in beer brewing today. My preferred hobby now is gardening.

I am very interested in gardening and became a Louisiana Master Gardener in 2014 and have volunteered for six years.

As a member of the Lafayette Parish Master Gardeners, I volunteered at a local elementary school helping the teachers introduce gardening basics to first graders in their school gardens.

I also volunteered at the greenhouse on the University of Louisiana campus Ira Nelson Horticultural Center. Our Master Gardener group maintains several demonstration beds there. These include a nice sized vegetable garden where I spent most of my volunteer hours. We also found time to socialize.

I chose to move to Kendal because of the care and kindness shown by the people living and working here and especially for the care given to my parents while they lived here until 2013.

Recent Move-Ins

Larry and Donna Steele, from Princeton, NJ, in mid-June.

Upcoming Moves

Jonathan Entin and Carol Conti-Entin, from Shaker Heights, OH, in mid-July.

Looking for Someone Special?

You'll find biographies of all residents, newcomers and old-timers, in "Who's Here" on the library center bookcase.



Remember! Wear your face mask and your name tag so newcomers and old-timers alike know who you are!



Creative and thoughtful abilities abound on Kendal campus, and the Art Studio is still available. Painting, ceramics, paper art, and mobiles are being done by individuals, and outdoor classes are happening. Floral Creations and artists are coexisting to keep fewer people (a maximum of five, wearing masks, of course!) in the room (staying 6 feet apart and waltzing around each other as necessary). We have sinks for hand washing, the important sanitizers, and a sign-in and -out sheet to help eventual tracing, if needed.



In January we had a new project making an outdoor ceramic disc mobile with the theme, "Save Life on Earth." By late May we had assembled these "paintings" on a support outside the Art Studio. Artists were: Beverly Fordyce, Janet Bolland, Jill Wettersten, Charlotte Elsner, and Don and Joyce Parker.

On May 20 we chose an outdoor location next to the new garage in parking lot #11 for our first outdoor ceramics classes. With four tables, four chairs, and four artists, we decorated bowls as a simple first project. We became accustomed to those vital safety standards.

Since our outdoor classes must be kept very small (three plus the leader) and are dependent on weather predictions, I need a list of persons who want to participate in Outdoor Art Studio or who wish to lead a group. A variety of simple media is possible. Then a leader's phone call or email will arrange the time for the next group. These are hopeful plans given our creative desires.



~Joyce Parker

Photos: Joyce Parker

Kendal Kryptogram #184 - by Nina Love

SMT SPASM B GU HUS ESPTSKM UP EMUFT
 YMTH B ESQST Q GUN BE JAZZ UJ ZUFT.
 B'FT QZEU CPUFTG WR QKSAQZ STES Q YTS
 GUN BE SMT ZUFBHNTES. ~UNGTH HQEM

Solution to Kendal Kryptogram #183: Remember that not getting what you want is sometimes a wonderful stroke of luck. ~Dalai Lama

From The John Bartram Arboretum: Magnolia 'Daybreak'

The genus *Magnolia* consists of about 100 species plus lots of hybrids and cultivars. The genus name honors Pierre Magnol (1638–1715), a French botanist.

'Daybreak' is a pink-flowered hybrid magnolia registered in 1990 by geneticist and plant breeder Dr. August Kehr (1914–2001) who registered 31 magnolias over his lifetime. Rachel Duncan, arborist on staff here at Kendal, was very pleased to be able to find this particular magnolia. It is different from most magnolias in that it is columnar, typically maturing at 20–25 feet but only 6–12 feet wide. It blooms as the tree's leaves are still in bud, thus the blossoms, which are 8–10 inches in diameter, are particularly stunning.

Generally speaking, Asian magnolias bloom on bare branches before their leaves come out, whereas American magnolias, on the other hand, usually do not bloom until after the leaves have emerged. But there are several species of the genus *Magnolia* which occur both in eastern Asia and in eastern North America. This interconti-



Magnolia 'Daybreak'
by Stephen Hopkins63 [CC BY-SA 2.0]

ental distribution is with species *M. acuminata* (including our native cucumber tree one of which is to be added to the Arboretum bed north of Farmer's Pond) and *M. liliiflora*, the Mulan magnolia from China. They have the same number of chromosomes and the presence of reduced outer tepals. We might ask "When and why did these occur on both continents?"

Dr. Kehr hand-pollinated a relative of our native cucumber tree with a Gresham hybrid to get 'Daybreak.' It makes an outstanding specimen tree: it is showy and fragrant. In 2004 it received the Pennsylvania Horticultural Society Gold Medal.

It is not susceptible to mildew; nor does it have any significant pests. Young trees do have smooth grey bark near the base of the tree which can make it vulnerable to frost especially on the west side. Our tree at Kendal is planted a little to the east of the apartment building, making it less likely to suffer frost on the west.

Since 'Daybreak' has a narrow outline and is adapted to urban atmospheres, others have proposed it as a substitute for the callery pear, which we have been removing from the front of Heiser.

Heidi Leen donated our Magnolia 'Daybreak' in honor of Mary Ann Serazin, who could have seen it from her apartment.

~Anne Helm for the Arboretum Committee

Thanks to the Holden Arboretum, Harvard's Arnold Arboretum, and Missouri's Botanical Garden for information about magnolias.



Library Notes

Shelving Changes

This year there have been major rearrangements of the library's shelving with the aim of making the organization clearer and simpler.

DVDs. Besides moving the DVDs to new, more visible shelves on the west wall, we separated drama from the documentaries. Documentaries are at the end of the shelving, marked with blue dots.

Fiction. Our first step was to move the Mass Market Paperback Collection out of the middle of the hardcover Fiction shelves to the end. Then came a major change, the merging of the Fiction and

Light Fiction sections, which now are a single Fiction section. The terms Light Fiction and Serious Fiction caused questions and complaints and, over time, became difficult to explain and maintain. Since Light Fiction was mainly mysteries, we considered just calling it the mysteries section, but the ever expanding genres of mysteries and thrillers make it complicated to determine what goes where. For a small library, the simplest solution seemed to be a single Fiction section with genre labels for mystery, science fiction, and romance to help readers browse. Fiction, except for audiobooks, now is in three adjacent sections: Large Print Fiction, Fiction, and Mass Market Paperbacks. The latter are not cataloged but are arranged by authors' names. The others are also

shelved by authors' names and are in our card catalog by author and title. Readers interested in everything by a particular author should check the card catalog for both novels and works in the 800s (essays and memoirs) and nonfiction. For audiobooks, shelved on a rack at the back of the room, there is a printed author list. **Nonfiction.** Much of the nonfiction has been weeded of low-use items and shifted to take advantage of the space opened by moving the DVDs and the special collections of Oberlin and Ohio books. Clip-on subject labels are being added to the shelves to help browsers find material by subject until such time as we have an online catalog with subject cataloging of our fine nonfiction collection.

~Mary Clare Beck, Library Committee

A Very Different United Way Spellebrate for 2020: A Virtual Champion Battle

Three past Spellebrate winning teams – Kendal at Oberlin (2016 and 2019), Lorain Public Library (2018), and Oberlin Rotary (2017) – will compete via Zoom in two rounds: Speed and Final. KaO's twice-champion Wordly Wise 2020 team is Rebecca Cardozo, Robin Lauren, Nancy MacRae, and Toni Merleno. The actual competition will take place July 1 and will be recorded. Everyone can watch the fun on July 16 when it will be accessible via Lorain County United Way's YouTube channel between 5:00-6:00pm. If you make a donation to support local families and Wordly Wise, you will be entered into a drawing to win a prize donated by a local company. To donate go to <https://www.uwloraincounty.org/crowdfunding> and indicate it's for Kendal's Wordly Wise team.

The team receiving the most crowdfunding contributions before Wed., July 1, will receive a bonus point during the speed round. The team raising the most cumulatively, including during the YouTube premiere on July 16, will receive the *Con-bee-niality Award*.

All crowdfunding proceeds will support the United Community Assistance Network (UCAN) Community Collaborative powered by United Way of Greater Lorain County, helping local families overcome financial crisis. This is especially needed during this pandemic. ~Toni Merleno, *Team Wordly Wise*



2019 Spellebrate Kendal Champs Nancy MacRae, Tina Graf, Robin Lauren, and Rebecca Cardozo. Photo: Barbara Thomas.

Two Well-Being Workshops Offered Tuesday, July 7 - 10:30am; Wednesday, July 8 - 10:30am

Thoughtful Health Conversations will host two small zoom meetings to discuss Judi Bachrach's Well-Being Checklist (see below). In these challenging times, THC believes it is helpful to consider the seven components of well-being, so that we can make choices which increase it and our sense of joy. THC encourages residents to use the checklist as a basis for a patio conversation with friends or to join us for a zoom conversation.

A sign-up sheet is available in front of the open mailboxes (on a clipboard, bring your own pen). Or email Elizabeth Hole to reserve your spot. Attendance will be limited to nine people so that everyone can fit on one Zoom iPad screen. Questions? Email Elizabeth Hole.

Well-Being Checklist

There are seven inner landscapes to explore. Six of them are paired as they are so closely intertwined. They are all connected pathways to well-being and the seventh one, joy, is interwoven within them all. Here are some questions you can use to begin exploring. If you had seven glasses to fill, how full would each one be? How can you bring each aspect into a greater balance for yourself?

Identity and Connectedness

- Who am I now that my daily life has changed so much? Am I comfortable with who I am? What could I do to enhance my comfort within these new ways of living?
- How is my sense of identity tied to the Kendal community? How connected to Kendal do I feel? What can I do to redefine my place? How can I help support our connectedness?

Safety and Autonomy

- How does having continued restrictions on my movements mean safety for myself and others? Do I feel safe? Do others around me feel safe? Is Kendal safe?
- How am I handling my sense of autonomy within these new rules? Do I feel controlled, not trusted, resentful? How can I align my sense of self with the needs of Kendal during this crisis? How can I shift my attitude to personally thrive and support Kendal's goals?

Growth and Meaning

- How have I grown in meeting this crisis? How have I adapted to so much change so quickly? Have I found new ways of engaging, started new or completed old projects, learned how to Zoom?
- What meaning has sustained me, what new meaning arises as I rise to this historical occasion? The virus itself is a neutral factor, but what repercussions from this event will require new meaning to hold my own reactions to living at Kendal, in Ohio, in my country?

Joy

- What brings me joy today? This week? This month? How can I create circumstances within the New Normal to put myself in the way of finding and maintaining deeper contentment? What small pleasures can feed that deeper stream? How can I safely share this joy with others?

By bringing these seven elements into greater harmony with one another, we can achieve an ongoing sense of well-being throughout this crisis. Let's support one another as we explore this landscape together.*

*If you are seriously struggling with any of the above, please remember to check in with Kendal's Social Services, Indira Palekar, and your friends and family.

Jocelyn Maurushat: Making a Difference at Kendal Not during my lifetime...

Jocelyn Maurushat was generous while she lived at Kendal, but she did not want any public recognition. "After I am gone, you can tell ..."

When Jocelyn was looking at cottages, prior to moving to Kendal in 2009, she was shown Cottage #1. "I have never been number one in my life; I will take it!" Thus began her ten years at Kendal.

Jocelyn had the first electric car at Kendal and she often drove back to Sandusky, her home for many years. She retained many cherished friendships and usually spent holidays with those friends.

A former teacher, Jocelyn enjoyed reading and was well informed. She often got library books on her tablet. She was tech savvy and had ALL the newest gadgets: Apple Watch, iPhone, tablet, and of course a desk-top computer.

It was a difficult adjustment when Jocelyn moved to Assisted Living. When asked how she felt, her reply was: "I am good from the neck up!"

Jocelyn left us in October 2019. Recently Barbara Thomas learned that Jocelyn gave Kendal at Oberlin a very generous gift *in Trust* for the Residents Assistance Fund. And so Jocelyn's generosity will continue to support Kendal at Oberlin for many years to come.

Thank you, Jocelyn. Your generous spirit will be forever with us.



IN MEMORIAM

JOYCE DUGAN
JUNE 9, 2020



Staying Connected has become a real challenge as we go into our fourth month of the COVID-19 pandemic. We now Stay Connected 6 feet apart with masks on our faces, by phone, virtually, or by writing messages. It's just not the same. But we have been successful so far, staying safe. We can still let our friends know we are thinking of them and we care about them, and that's what's important! So remember your friends and neighbors, and remember that some of them are in the Stephens Care Center.

STAY CONNECTED!

Saturday Walks

We now must restrict our walks to the perimeter path and its extension to Phase 2. We will meet at 9:30am on Saturdays at the Heiser main entrance as long as there is interest.

Questions? Contact Phil Pritchett.

Table Tennis in June

The successful efforts to keep Kendal free of COVID-19 continue, for the most part, to limit table tennis play. Our table in the Stephens Care Center remains in use, though.

~Sidney Rosenfeld

Return of Some Outdoor Sports

Certain outdoor sports are now available for your enjoyment. Please wear a face mask, observe your social-distancing protocols, and follow the sanitizing instructions at the equipment locations. Sanitizers are provided.

- **Bocce** - Equipment is in the hallway at the Penn dining room exit. The door lock will remain open 7:30am-9:00pm.
- **Croquet** - Equipment is in a large plastic barrel outside the Penn dining room exit, to the left around the corner of the building. The door lock will remain open 7:30am-9:00pm.
- **Kite Flying** - Equipment is in the sun porch of Cottage #208. Please sign out any kite using the number marked on the kite. You are responsible for returning it. Best to fly kites with two people in the open field between Wildflower Hill and Rock Pond.
- **Sailing Radio-controlled Sailboats.**
- **Putt Golf** should open this month, too.

Questions? Contact Dan Reiber, co-chair, Sports and Recreation Committee.

The Kendalight

Monthly newsletter of the
Kendal at Oberlin Residents Association,
600 Kendal Dr., Oberlin, OH 44074

Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Kathy Reichard, Mary
Simons

Photos: Sally Nelson-Olin, Gary Olin

- Deadline for the August 2020 issue of *The Kendalight* is July 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: *Klite600@yahoo.com*
- If no email access, please type article on separate sheet, sign and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services

REMINDER: The plastic bag and all the containers in which your daily meal arrives are trash. None are recyclable or compostable. Please! PUT THEM IN THE TRASH!!!



Dining Matters

While we residents in independent living are now enjoying the freedom to choose our mid-day meal options, infrequently we may not receive an item we expect. There are many reasons for such glitches.

First, there is human error. We appreciate that the staff must assemble over 350 meals a day for delivery and understand that mistakes can sometimes occur. You can help reduce errors by using the electronic ordering system if you are able. Contact Stephanie Sutton at ssutton@kao.kendal.org or 440-775-9805 to receive an electronic menu. Those menus are very easy to complete on a smart phone or computer and can be submitted from the comfort of your air-conditioned home.

Occasionally, there are disruptions in the food supply system. When our normal suppliers fail us, Dining Services often finds last-minute vendors to fulfill orders, but it may not be possible. That is why it is most important that you indicate any food allergies on every

weekly form. When your desired item is unavailable and another is substituted, staff makes every effort to provide an appropriate, non-allergic substitution.

With summer weather upon us, we must all be alert to food safety. If you will not be home to collect your mid-day delivered meal, you may call 440-775-9801 to ask that your meal be held for you in the Heiser kitchen. When you return, just ask the Heiser Reception Desk to call to have the meal brought to you in the Heiser lobby. Or you might prefer to ask a neighbor to pick up your meal and refrigerate it for you until you return home. Remember that food should not remain unrefrigerated for more than two hours – and delivery to your door is part of that time limit, too.

**Did You Know?
You can call 775-9868 to hear announcements and menus of the day.**

Support your Favorite Restaurants and Help Oberlin Community Services at the Same Time

Now you can buy gift cards to support your favorite restaurants and help Oberlin Community Services at the same time. Here's how:

1. Fill out the donation slip in Heiser Lounge indicating which restaurant(s) you would like to support.
2. Write a check made out to Oberlin Community Services with "restaurant donation" in the memo line. OCS requests donations in multiples of \$20, because they would like each recipient to receive enough for a full meal.
3. Put the check in Box #40 and it will be sent to OCS.

OCS will purchase the restaurant gift cards, distribute them to their clients, and send you a tax receipt, if you like. To make a repeat donation in the future, just tell Barbara Gordon-Lickey.

Nest Box News

Eastern Bluebirds made a good recovery during June from the losses in May. The five Bluebird chicks in one of the Island Pond nest boxes successfully fledged, as did the five chicks in the nest box by the wooded grove near parking lot 5, bringing the total number of Eastern Bluebird chicks that successfully fledged in our nest boxes to 10!

American Tree Swallows are busy raising their chicks in three of our boxes; five in the one at Meadow Pond, and seven in one nest at Island Pond and two boxes on Wildflower Hill contain a total of nine Tree Swallow chicks.

The nest box in the Community Garden, which fledged a single Bluebird last month, is now hosting a pair of noisy House Wrens that have laid a total of six eggs in their nest of sticks.

There are many other bird species nesting on our campus that do not use nest boxes. These include Vireos, Orioles, Eastern Robins, Nuthatches, Red Bellied Woodpeckers, Chickadees, Red Wing Blackbirds, Chipping Sparrows, Gold Finches, and House Finches, to name just a few. Add to that the waterfowl: Canadian Geese, Mallards, and Great Blue Herons, and possibly even a noisy Belted Kingfisher.

~Nina Love

July Suggestions and Concerns Committee

The committee meeting is cancelled, but you are welcome to send a suggestion or concern to chair Marjorie Porter. You will find her open mailbox number and email address in the 2020 Kendal Directory.

A written message is preferred, to make sure it's conveyed correctly to others. Your message will be shared and discussed with other committee members, and you will receive a response.

~Marjorie Porter, Chair,
Suggestions & Concerns Committee

SUN	MON	TUE	WED	THU	FRI	SAT
<h1 style="text-align: center; color: red;">July 2020</h1> <h2 style="text-align: center; color: red;">Your Personal Calendar</h2> <p>Zoom: See resident database (<i>kaores.net</i>) and click "Calendar" for link.</p> <p>KOTV: See channel 920, 19-2, or 95-101.</p>			1 Parade Prep 10:00am-12:00pm 1:00-3:00pm Craft Rm, Art Rm Song Swap 7pm Zoom/KOTV	2 Parade Prep 10:00am-12:00pm 1:00-3:00pm Craft Rm, Art Rm Exchange with Barbara Thomas 4pm Zoom/KOTV	3 Parade Prep 10:00am-12:00pm 1:00-3:00pm Craft Rm, Art Rm	4 <div style="border: 1px solid black; padding: 2px; text-align: center;">Independence Day</div> Program & Parade 10:00am Heiser Cir Boat Parade 10:30am Farmer's Pond Ice Cream Cups 1:00-2:00pm Langston Kite Flying 2:00pm Wildflower Hill Model Boating 4:00-5:30pm Triangle Pond Hoot n Holler RR 4:00-5:30pm Lot 6 Film: 1776 7:15pm KOTV
			5	6 Credo Cello & Piano 8:30pm Zoom	7 Well-Being Workshop 10:30am Zoom Credo Violin & Piano 8:30pm Zoom	8 Well-Being Workshop 10:30am Zoom Song Swap 7pm Zoom/KOTV
12	13 Credo Music History 1 7:15pm Zoom	14 Credo Music History 2 7:15pm Zoom	15 Song Swap 7pm Zoom/KOTV	16 KORA Council 10am Zoom/KOTV Exchange with Barbara Thomas 4pm Zoom/KOTV Spellebrate 2020 Champion Battle 5-6pm YouTube	17	18 Walk the Perimeter 9:00pm Heiser
19	20	21 Credo String Quartet 7:15pm Zoom	22 Song Swap 7pm Zoom/KOTV	23 Exchange with Barbara Thomas 4pm Zoom/KOTV	24 Play Readers Two One-Acts 1:30pm KOTV Play Readers Two One-Acts 7:15pm KOTV	25 Walk the Perimeter 9:00pm Heiser
26	27	28 Credo Bach Solos 7:15pm Zoom	29 Song Swap 7pm Zoom/KOTV	30 Exchange with Barbara Thomas 4pm Zoom/KOTV	31 Discussion of <i>Romeo & Juliet</i> 4:00pm Zoom/KOTV	