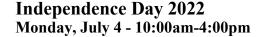
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Kendal at Oberlin Residents Association

July 2022

Volume XXIX, Number 7

Please remove all cars from the parking places in Heiser Circle before 9:00am on July 4.



July 4, 2022, is shaping up to be better than ever. We may still have a few restrictions, and maybe the staff can't join us for everything they usually do, but it will be a day to celebrate the past and enjoy some new activities.

We suggest you bring your own lawn chair (with your name and cottage or apartment number clearly marked) for use during the day. You can leave it in a shady spot for using later at a new venue or sitting with friends during the Ice Cream Social.



Supporting Friends Requests Your Help



On July 4, some SCC residents will want company attending some or all of the different events. The Stephens staff will find out who would like a companion and for which event(s). Lists of the events – the morning parade, the program in the auditorium, lunch, the ice cream social – will show which residents are interested in which events.



Please drop by the table in the Heiser Lounge

and sign up to accompany a resident to the events they would enjoy. Thank you all for your help in making July 4th a celebration for all who would enjoy it!



- 9:45am: Paraders, line up:
 - o SCC residents by mailboxes.
 - IL residents by Lounge windows.
 - ° Bikes, trikes, pets in Lot 11.
- 9:45am: Onlookers, gather around Heiser Circle. BYO folding chairs.



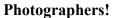
- 10:00am: Parade –Folks from the Stephens Care Center, children from KELC (we hope), independent residents walking, riding, showing off their pets, and the wonderful Precision Lawn Chair Drill Team performing for the finale.
- 10:45am: Patriotic Program in Heiser Auditorium, with Robert Taylor, seven readers, and a few traditional songs. (It is also on KOTV!)

• 11:45am-1:30pm: Indoor Picnic in Fox and Fell, provided by Dining Services, by reservation. You can eat early, or take in a new activity for 45 minutes while you wait for a later

meal time.

- 12:00-12:45pm: Trike-a-Thon between Education Building and-Heiser Center.
 Ride through slaloms and roundabouts. Prizes!
 BYO or trikes available to borrow.
- 2:00pm: Radio-controlled Sail and Power Boats at Triangle Pond.
- 3:00pm: Ice Cream Social!

 Wrapped novelty ice cream treats are provided under the tent on Heiser Circle. Your lawn chairs will come in handy for chatting with neighbors in mid-afternoon.



Send your best pictures to Carol Harvey for possible inclusion on the Around KENDAL board.



Summer is here! Many of us are venturing on trips and excursions like the Toledo Art Museum and Blossom Music Center and are enjoying Kendal's wildlife and beautiful grounds as well as our local parks. Although summer has a little slower pace, our Program, LGBTQA+, and other committees are providing lots of rewarding and fun experiences for us.

Your generous contributions to May's Staff Vacation/Appreciation Fund totaled an amazing \$87,154.96! Wow, thank you all so very much. I know how much this is appreciated by our staff (check the bulletin board for thank-you notes). Two hundred thirteen staff members benefited from this generous gift. After adjusting for Social Security, checks ranged from our base minimum of \$75.00 to \$721.24 for more experienced staff.

Department heads and senior administrators are not included. Your exceptional generosity in this unsettled time is greatly appreciated.

Due to vacation schedules, KORA will not have a council meeting in July. We look forward to seeing you at our August 18 meeting.

~Mary Behm, KORA President 2022



Next KORA Council Meeting Oberlin. Thurs., Aug. 18 - 10:00am AUD and KOTV Oberlin. What of look like

Come to our meeting in Heiser Auditorium, and ask someone to join you! All are welcome.

Cleveland Orchestra S1 Series 2022-2023

Each year we organize bus transportation from Kendal to Severance Hall for the Cleveland Orchestra S1 Sunday afternoon series. Our bus conveniently drops riders off at the main door.

We are planning buses for the four concerts of the S1 series for all those renewing their subscriptions who plan to take the bus, as well as for new subscribers.

In 2022-2023, the S1 series concert dates are Nov. 27, 2022, March 5, April 16, and May 14, 2023. Great news! This year Music Director Franz Welser-Möst plans to conduct two of the S1 concerts.

New Kendal residents and others interested should order tickets for preferred seating directly from the Cleveland Orchestra Box Office at www.clevelandorchestra.com or call 216-231-1111.

For those using the bus, a sign-up sheet will be posted on the counter opposite the mailboxes later this summer. The bus (fee to be determined, based on number of riders) leaves Kendal at 1:30pm and returns to Kendal by 6:30pm.

For more information about concerts and orchestra buses, contact Anne Martin or Randy Wagner.

More Core Value Behaviors: Professional Behavior

In October 2021 I began a series of articles that have featured the 14 Core Value Behaviors that are part of every staff member's job description at Kendal at Oberlin.

Professional Behavior is the 14th and final core behavior of this series. These behaviors have included such values as team work, communications, creativity/innovation, commitment to residents, safety/environmental awareness, quality, valuing diversity, and decision-making.

Whether a high school student hired for a first job or someone who comes with years of experience, we strive to have every employee exhibit Professional Behavior on the job at Kendal at Oberlin.

What does Professional Behavior look like? It begins with being respectful to others, even if situations may be stressful or involve unpleasant interactions. It can take practice to remain

calm, choose words carefully, and keep emotions under control.

Professional Behavior calls for being a good communicator, speaking clearly, directly, and being unafraid to admit you do not have the answer being sought.

Professional Behavior translates to doing your best to refer a concern to another responsible person, as needed. One of the most important aspects of this core behavior is to earn a reputation for being a dependable team player, pulling one's weight, and sometimes more!

Professional Behavior means doing your best to deliver on promises made and to keep the agreed-upon deadlines.

While things can happen to interfere with plans, Professional Behavior calls for thoughtful communication to explain changed circumstances.

~Barbara Thomas, KaO CEO

COFFEE HOUR WITH BARBARA THOMAS WEDNESDAY, JULY 13 9:30AM - FOX & FELL, ZOOM, KOTV

AFTERNOON EXCHANGE
BARBARA THOMAS
WEDNESDAY, JULY 27
4:00pm - AUD, KOTV

Looking for Someone?

Find biographies of all residents, newcomers and old-timers, in *Who's Here* on the library center bookcase.

First Thursday Health Lecture

On hiatus for July, August, and September. Look for it again in October.

Health Services Forum Wed., July 13 - 4:00pm AUD, KOTV

- Managing health care costs through home health.
- How transitions in care are decided.
- Q&A with KaO Medical Director Dr. Georgia Newman.
- ~Stacy Terrell, Chief Health Services Officer

Community Conversations A Poetry Potluck Wed., July 6 - 7:15pm - AUD

If you are nourished by poetry, bring a favorite poem to read aloud and share with others. We're looking forward to a variety of dishes.

~Marjorie Porter

Lunch Bunch: 1833 Restaurant The Hotel at Oberlin Wed., July 20 - 11:30am

The private dining room has been reserved for us. The 1833 Restaurant offers seasonally inspired menus showcasing locally sourced ingredients and regional artisan products.

Bus leaves Kendal at 11:30am, returning about 2:00pm. The bus is free; lunch on your own.

"Solo Diners" Is Back! Tues., July 26 - 5:30pm - Den

Join single Kendal residents monthly for dinner and conversation in the Den. There is no planned agenda – just informal sharing that helps build a sense of community.

A sign-up sheet will be posted by the open mailboxes a week before the dinner.

Play Readers: A Lovely Sunday for Creve Coeur Fri., July 22 - 1:30pm - AUD, KOTV Sat., July 23 - 7:15pm - AUD, KOTV

The Kendal Play Readers will present Tennessee Williams' one-act play *A Lovely Sunday for Creve Coeur*. Starring will be Jean Slonneger, Nancy Matthews, Rebecca Cardozo, and Margaret-Ann Ellis as four idiosyncratic women with four unique problems reaching for a resolution.

You'll laugh, you'll cry, or both. Director Maxine Houck makes it your choice.

Watch Encore Programs Mondays at 7:15pm on KOTV



July 11 - How to Survive the AI Revolution. Kevin Roose tells us, how people can stay relevant and avoid becoming obsolete in this new, robot-filled world. In his new book, Futureproof: 9 Rules for Humans in the Age of Automation, the New York Times technology columnist has an answer: by focusing on the skills and abilities that make us uniquely human. (From Jan. 13, 2022)

July 18 - Restoring Prairies and Savannas in Northern Ohio. John Blakeman discusses the design and management of native prairies, meadows, and savannas. When he toured the Kendal campus in fall 2021, he made suggestions about how to change resource-intensive, mowed turf grass into more environmentally friendly alternatives. (From Jan. 10, 2022)

July 25 - Building Exceptional Relationships. David Bradford, the Eugene O'Kelly II Senior Lecturer emeritus in Leadership at the Stanford Graduate School of Business, talks about his latest book, *Connect: Building Exceptional Relationships with Family, Friends, and Colleagues. (From April 18, 2022) Note: The technical difficulties that occurred in the original presentation have been corrected.*

J Music at Kendal J

Live Chamber Music at Kendal at Oberlin

The semester at Oberlin College has ended and most of the students have left town.

The regular Sunday afternoon concerts will be suspended until the new semester begins in the fall. There may be occasional student concerts over the summer.

Watch WKAO and the bulletin boards for information.

Live Chamber Music Special Program Credo Concert Sun., July 10 - 4:00pm - AUD

The Credo Music Festival chamber music concert at Kendal celebrates the return of the group once again to the Oberlin College campus after several years of remote music due to the pandemic.

Credo describes itself as a dedicated community of leading classical music professionals who work to educate and inspire talented young string players to develop their gift of music, to acknowledge that it is a gift from God, and then to respond with joyous and energetic service to their community.

~Carol Longsworth

Kelly Wilson, alto flute Tues., July 26 - 7:15pm AUD, KOTV

Kelly Wilson, award-winning alto flute player, will present a program of selected repertoire for the instrument. (This may be a first for Kendal!)

Event Links

- For "inside Kendal" program links, contact Carol Harvey.
- For "outside Kendal" community, cultural and educational events, contact Barbara Gordon-Lickey.

Saturday Night Movies 7:15pm - AUD, KOTV

July 2 - Three Identical Strangers (2018) Documentary. Three young men who had been adopted, then meet and learn that they were triplets separated at birth. Resident Kenneth Cheek was associated with the research involved in this case study.

July 16 - Weed The People (2018) A documentary of the current state of knowledge about the use of marijuana for medical purposes. Focuses primarily on cancer but has a great deal of information relevant to other uses.

July 30 - Little Women (2020) Jo March (Saorise Ronan) reflects back and forth on her life, telling the beloved story of the March sisters – four young women, each determined to live life on her own terms. Stars Emma Watson, Florence Pugh, Eliza Scanlen. Laura Dern plays Marmee.

Second Saturday Film July 9 - 7:15pm - AUD

Gorillas in the Mist (1988) The true story of Dian Fossey, a scientist who came to Africa to study the vanishing mountain gorillas and later fought to protect them. Stars Sigourney Weaver. ~Dwight Call

For movie descriptions and details, see www.imdb.com.

Sunday Movies 7:00pm - WSCC

July 3 - Yankee Doodle Dandy (1942)

July 10 - Operation Mincemeat (2022)

July 17 - The Secret Life of Bees (2008)

July 24 - The Wizard of Lies (2017)

July 31 - Downton Abbey (2019)



Art Gallery News

Every summer, all three of our Galleries, as well as the Admissions Office Display Window, are devoted to works created by Kendal residents or loaned from their collections.

Last year's show featured what Kendal residents have created. This year's show is devoted to works they own.

The **Kendal Collects** show is nonjuried – all entries were accepted providing they could be mounted on our gallery walls or displayed safely on our limited shelf space.

Over 40 residents submitted items and more than 70 items have been installed. The genres run the gamut of

artistic creation – from drawings, watercolors, and oils to photography, sculpture, metalwork,

woodwork, and more.

Now that independent living residents may walk through the Stephens Care Center, the Friends Gallery has returned to use for public shows.

Check-in at the kiosk is required, but we're sure that after you see the show, you'll find the check-in worth the time.

Collects

The Kendal Collects show will run until August 16.

Be sure to check out the display in the **Curio Cabinet**. It features *British Postal Stamps, First Day Covers* that were collected by Grover Zinn in the late 1960s and early 1970s while he was on sabbatical in Oxford.

Monday Documentaries 7:00pm - WSCC

Breakthrough: The Ideas That Changed the World:

July 4 - The Telescope (2019)

July 11 - The Airplane (2019)

July 18 - The Robot (2019)

July 25 - The Car (2019)

Tuesday Themed Films 1:00pm - WSCC

July 5 - Arrival (2016)

July 12 - The Giver (2014)

July 19 - Passengers (2016)

July 26 - The Martian (2015)

KENDAL RESALE SHOP

Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities

SHOP!

Wednesday–Saturday 11:00am–5:00pm (closed Sunday–Tuesday)

DONATE!

Bring your donations of clean, gently used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

Given to RAF, year to date:

Total contribution: \$21,352.

Thursday Movie Musicals 2:00pm - WSCC

July 7 - The Music Man (1962)

July 14 - The Phantom of the Opera (2005)

July 21 - The Wizard of Oz (1939)

July 28 - Top Hat (1935)

The Kendal cable channels are:

• WKAO: 919, 19-1, or 95-100

• KOTV: 920, 19-2, or 95-101

• WSCC: 921, 20-1, or 96-100

Bye, Bye, Blues

We have used the **Blue Sheet** for many years to schedule Heiser programs and events. It is going away!

The Blue Sheet will be replaced by a simpler **Community**

Events Form. This new form will be used to indicate the resources needed for all community events (including events that are not in Heiser). It will be used to update our Residents' Calendar and request publicity resources and set-up.

As in the past, an event date and time and place must be cleared by the receptionist and entered on the Administrative Calendar before you submit the form. If this is a private group event, you have reserved the space, and you are done.

However, if you want to invite the community, complete the Community Events Form which will help you get the support you need.

The new form should not be used for committee meetings, but if you're planning a bocce tournament, or bus trip, or special training in the Education Center, or a science discussion in the Green Room, please fill out the Community Events Form so that all of our Kendal events will be coordinated and available for you to look at on the Residents' Calendar.



There's no word yet on the 2022 submission plans for residents for the LeadingAge Ohio Arts & Writing Resident Forum. Keep watching Kendal's Weekly News Updates and the bulletin board opposite the mailboxes for more information.

> ~Anne Palmer, Thelma Morris and Don Parker, Coordinators

Hymn Sing a Long

Sundays, July 10 & 24, Aug. 7 & 21 - 3:00pm - Penn

This casual group began outdoors in 2021 and has since appreciated the piano and space in the William Penn Room. We sing from 3:00-4:00pm on Sunday afternoons every other week, avoiding some calendar conflicts.

Dianne Haley plays the piano to lead us. We leaf through a hymnal that has been updated for inclusiveness, choosing random songs to sing together.

All are welcome!

Kendal Newcomer Introductions Return in September on KOTV

Meet new residents when the Newcomers Committee broadcasts its next introductions in September.

We will continue to provide these televised interviews over the coming months as new residents arrive. Be sure to tune in to learn more about our newest neighbors. ~Sharon Furrow

Call for Participation

Kendal Artists and Writers

Have you written a creative piece, poem or short story on aging or being an older adult?

Have you painted a portrait, taken a photo, or created an illustration that defines (or redefines) aging?

Generations Today, the magazine of the American Society on Aging, is calling for submission of art of all types from now until September 12.

Pieces selected will appear in the November-December issue.

Send a picture of your painting or a copy of your poem or story to Alison Biggar, Editorial Director (abiggar@asaging.org). For more information, contact Thelma Morris.

Big Bus Trip to AB Blossom Music Center Sat., July 9 - Lv. 5:45pm

Here's a reminder: If you have reserved your concert seat and bus ticket for the trip to Blossom to hear Elim Chan conduct the Cleveland Orchestra and guest pianist Benjamin Grosvenor perform, the bus departs Heiser at 5:45pm. It delivers us to the Music Center tram stop; the tram takes us to the edge of the pavilion. It's a short walk to our seats. After the concert, the tram will take us back to our bus which departs on the speedy bus lane. Rollators/walkers can be accommodated.

Questions? Contact Randy Wagner or Anne Martin.



dents and staff who are pet owners!

The Pet Committee is sponsoring a contest on the bulletin board by the Kendal Early Learning Center for the entire month of July.

Send two photos, a face shot of yourself and a photo of your pet, to Kathy Caldwell <u>today</u> to still be included in this fun contest.

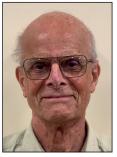
People will be asked to match the owner to the pet. There will be sheets to fill out and submit as you try to match our Kendal pets with their owners. A prize will be given to the person who guesses the most matches!

~Kathy Caldwell

Suggestions and Concerns Mon., July 11 - 2:00pm Crossroads Room

Members of this committee will listen to your suggestion or concern in confidence (and privately, if you wish), discuss it with you, and refer the matter to the appropriate department head or committee chair. Questions? Contact Chair Anne Lockwood.

More About Kendal's Residents





David (Dave) Harper and Susanna (Sue) Harper

Dave:

In Swarthmore, PA, naturalist parents raised us four kids to love the natural world. Annual moves between third and ninth grade left me less comfortable in the social world. A year in a barn and several without electricity made life adventurous, however. We grew up with the mindset of making do with what you have and a certain pride in not needing more.

At Bates College (ME) I majored in geology and in the Outing Club. Without a driving career passion, I began a series of eclectic two-year ventures: volunteering in rural Mexico and Algeria with the American Friends Service Committee (AFSC); docent at Boston Museum of Science; student work program director at Franconia College (NH); grad school degree from Penn in new field of environmental land use planning.

Sue (met in Algeria) and I married after grad school in 1969, beginning a rewarding 50-plus-year adventure.

A rare environmental planning job brought us to Syracuse, then to academia for eight years at SUNY Environmental College. Highlights were several summers with an archaeological survey in Greece, visits to student projects in Chilean national parks, and an evolving immersion in art. Disappointed with the planning profession and academic politics, I repurposed myself as a maintenance carpenter with public housing for nearly 20 years.

Then a fulfilling retirement to art, travel and family history.

Along the way, I discovered a passion for creating metaphorical sculptures from natural materials in outdoor settings. Built installations in DC, Mexico, Canada, Ireland, and locally. On retiring, we left Syracuse for a nearby wooded rural farmstead, becoming involved in an active art park, where I created "Stacks," an evocative and admired outdoor wooden library emerging from a fallen tree trunk.

After 20 years in this quiet paradise, we are ready to join the Kendal community.

Sue:

I grew up in a Quaker family in South Jersey. My parents migrated from Europe. My first language was German. I found that the Society of Friends gave me the values and standards whereby I live, sustaining me over these many years.

I had the privilege of working with David Richie, founder of workcamps, in Philadelphia for several years and later moved on to international work as a nurse, with the AFSC in Algeria. These experiences provided me with a rich and rewarding exposure to cultures which I could never have had otherwise.

My education extended to nursing with a BSN at the University of Colorado. I was privileged to participate in the first Nurse Practitioner program in the country at the University of Colorado Medical Center.

I met Dave in Algeria as part of a team developing an educational and clinical center for the general population, at the conclusion of the French-Algerian war. A daunting task. Some years later we reconnected, married, and found ourselves in Syracuse. Our common interests in art, theater, and travel provided us with some 50 years of exploring our beautiful country and abroad.

I retired caring for my mother in our home for three years. I later became a certified ombudsman for long-termcare seniors at a senior residence.

For fun, I enrolled in several years of art courses, where I learned to love watercolors. My favorite pastime interests are reading, gardening, and maintaining good friendships. I'm looking forward to a new chapter at Kendal.





Jiann I. Lin and Pearl Lin

Jiann:

I was born in 1940 in Taipei, Taiwan, as the first child/son of my parents' seven children. My Dad was a principal, Mom a schoolteacher.

I graduated from National Taiwan University Class of 1962, with BA in English and History. After military service, I left Taiwan in 1963 for the U.S. for graduate studies.

The Sixties was a decade of historic significance. While at the University of Wisconsin-Madison, I was deeply impressed by civil rights movement, student activism, and political campaigns.

After completing an MA in History and East Asian Studies at UW-Madison, and an MLS in Library Science at SUNY-Albany, I came to Oberlin College in 1969, serving as an East Asian Specialist-Librarian.

Pearl and I were married in 1971 in Cleveland. Our daughter Monica's (Edmund) family lives in Oakland, CA. Our son Jeff's (Sarah) family lives in Minneapolis, MN.

I became a naturalized U.S. citizen in 1976, the bicentennial year. I was invited in 1978 by the U.S. Dept. of State Office of the Historian to participate in

a conference to review foreign relations documents.

In 1992 I was selected by the Oberlin Shansi Memorial Association as a visiting scholar at China's Yunnan University.

Around 1993 I met with Oberlin College English Professor David Young. We started collaboration on translating classical Chinese poetry. So far, we have published three books of English Chinese bilingual edition: The Clouds Float North: The Complete Poems of Yu Xuanji (ca. 844–871), 1998. Out on the Autumn River: Selected Poems of Du Mu (803–852), 2007. Listening All Night to the Rain: Selected Poems of Su Dongpo (1037–1101), 2020. We are working on the fourth project: Li Yu (937–978), a Northern Song Dynasty poet.

In 2007 I retired from Oberlin College. I enjoy reading, classical music, impressionist artists, Japanese ukiyoe, and Chinese landscape paintings.

Pearl:

I was born in Taipei, Taiwan. I came to the United States for undergraduate study, had a BA degree in Business Administration.

We were married in Cleveland. We have two children: daughter Monica, in California, and son Jeff, in Minnesota.

I worked at Richman Brothers Accounting Department in Cleveland, then at the Oberlin College Treasurer's Office. I stopped working for ten years to stay home to raise a family.

In 1986 I went back to the Oberlin College Controller's Office as Accounts Payable supervisor. I retired as College Controller in 2002.

In 2003 I started working at Lorain County Community College as Government Grants Accountant and retired at 2012 year-end.

I served Oberlin Community Services as a Board member for six years, and First Church in Oberlin UCC as Treasurer for 13 years.

My interests include listening to music, reading, gardening, sewing.

Big Bus: Everything's Better at the Lake! - August 9



Lakesidechatauqua.com

Treat yourself to an afternoon and evening on Lake Erie's shore.

Start by celebrating the 200th anniversary of the longest continuously operating lighthouse on the American side of the Great Lakes with a visit to Marblehead Lighthouse and the Wolcott Keeper's House.

A short ride away, visit the quaint Lakeside Chautauqua community where you can stroll the beach, relax under the pavilion, and perhaps play mini-golf. Then enjoy dinner with a lake view inside or outside the Hotel Lakeside or try one of several other eateries. Shop for fine art or gifts and cool off with ice cream.

Finish the day by watching the sun go down over the lake as you listen to Saint-Saens's *Cello Concerto No. 1*.

Big Bus departs from Heiser at 1:30pm and returns around 11:00pm. \$45 covers bus, admission, and concert.

Sign up under the open mailboxes and pay by placing a check to KORA in Box 93.

Don't hesitate, because we're opening the trip up to Kendal at Oberlin Priority List members also.



Shoresandislands.com

Upcoming Moves

David Scholl and Ruth "Bunny" Hensley from Los Gatos, CA, in late July.

Jerry Knapczyk and Satsuki Annino from Santa Fe, NM, in early August.

William "Bill" Witter from Madison, WI, in early August.

Recent Moves

Susan Blouch from Rocky River, OH, in early June.

Polly McIlrath from Bloomfield Hills, MI, in late June.

Eileen Dettman to Whittier in early June.

Ruth Miller to Whittier in mid-June.

Kendal Kryptogram #208 – by Nina Love

YE SHY WHO H VEEK GYERVW SGSEZT
BE UG H ORPPGOONRD DLHZ.

~HUZHWHS DLYPEDY

Solution to Kryptogram #207: "It is better to be a young June bug than an old Bird of Paradise." ~ Mark Twain



Library

As you enter the Kendal library and pass the reception desk alcove on the right, with its reference works, you will see the second alcove, dedicated to our collection of mass-market fictional books.

These are divided into three categories: Fiction, Mysteries (involving crimes and the supernatural), and Romance. Each of these is arranged by the author's name or pseudonym, and the books are then subdivided by title. Unlike with other books, you may borrow them and return them freely, without signing a card.

Like certain comic books or TV programs, many of them are series devoted to a single character or group of friends. Some become so popular that they have been translated into many languages and sold by the millions or even hundreds of millions.

Mass marketing began 200 years ago, when the invention of roller presses speeded production, and networks of railways speeded delivery. The appeal of special events - puzzles and romantic attraction – is easy to understand.

The mass-market fictions have the appeal of everyday social relationships, which inspire the same curiosity that draws us to read advice columns (think of Jane Austen). Their text is often dominated by conversations, and by "thought report" (when the author reads a character's mind). Englishspeaking authors often try to spice up their novels by describing exotic/ familiar settings (such as Scotland or California), and exotic/familiar historical moments (such as the "Regency Period").

Try them; you might like them.

Need to Change a Date for a Scheduled Event? Notify The Kendalight and WKAO so we can update your event on the website or elsewhere!

KaO Wildflower Hill Advisory Group

In January 2022, KaO Horticulturist Rachel Duncan met with an ad hoc Wildflower Hill Advisory Group, composed of residents who are interested in or concerned about the future of Wildflower Hill. The purpose was to discuss ambitions, concerns, and plans that could affect the evolution of the site and to gather resident input.

Rachel presented a range of issues that have been raised and an overview of several pending plans for the site. The group had a lively discussion and reached a broad consensus on many items. We agreed we should continue to meet as the need arises.

We are now planning another meeting, and all interested residents are welcome to join. To be included on the roster, contact Larry Dunn, who is coordinating this effort.



It's a hot summer, but the Art Studio maintains "its cool" and is a pleasant place to work and play. Just call or email one of the Art Studio team: Don & Joyce Parker, Nick &

Lillie Long, Jeanne Berger, Jill Wettersten, or Jim Underwood. Art supplies are available for use in the studio and you can spread out your work or experiments on a large table. See schedules for the use of the room on the calendar on the small sanitizing table.

Stop by the Art Studio to check out the rack holding "Handmade at Kendal" art cards. Place your \$3.00 donation in the can for Oberlin Community Services (or Kendal's Resident Assistance Fund).

This summer we are creating ideas ~Larry Porter for Art Studio groups and classes but have yet to firm up the specifics.

> If you would like to participate, ask Joyce Parker to add your name to the list for the email updates that are sent to interested residents. ~Ioyce Parker



Where 2 Turn?

When you have a question, or are curious, or need help

about a decision to do with healthcare or late-in-life choices, where do you turn?

Usually you turn to your family and friends, or to professional specialists.

But what if your network doesn't cover your issue? Where do you turn?

Well, turn to our new discussion group - fellow residents who will listen, share their experiences, and suggest resources on a peer-to-peer basis.

Where 2 Turn will meet informally on the third Tuesday of each month, at 10:00am in the Green Room, starting in September.

The group will answer questions, discuss whatever topics are brought up, and present helpful information, especially as forms or procedures change. Members will work closely with other KORA groups (like Thoughtful Health Conversations) and with KaO departments (like Social Services) to maintain a list of resources and contacts.

What sorts of things do we discuss?

- Buddies
- Hospital notification forms
- DNR forms and Health Care Directives
- Wills
- Funeral and other arrangements
- Growing older and dying
- Making hard decisions
- Anything that you aren't comfortable taking elsewhere!

What can you expect from the group? If not an answer, at least a discussion from a resident's point of view. Maybe some personal opinions. Maybe some unintended consequences from experience. Maybe a resource: another group, a book, an internet site. Or maybe a promise of research.

Come and see!

If you have topics to suggest, please send them to Suzanne McDougal.

From the John Bartram Arboretum Oaks in the John Bartram Arboretum

We are getting a good number of different species of oaks (*Quercus*) in our Arboretum. They belong to the beech family (*Fagaceae*). Some of them may have been on this land for a hundred years, in wet areas between farmers' fields. Others have been newly planted.

Quite a few of them are grouped in two areas not all that far from each other. One treasured tree is the swamp white oak in the area we call the Woods at 4.

Another area, the woods along the boulevard leading to Heiser Center, has some old oaks and some younger ones, recently planted, including a shingle oak, a northern red, a pin, and a chinquapin. Since our master land-scape plan suggests planting more large shade trees in this area and oaks are on the list of trees proposed for our campus, this area could become an oak grove.

Oaks are grouped into two types: the white and the red/black. White oaks



Historic Oak Photo Credit: Dale Preston

have soft, rounded edges on their leaves. The leaves of red/black oaks have pointy edges, with the red having more lobes than the black. White oaks tend to grow larger then red/black.

Oaks are especially valuable to wild-life because of their mast. Mast is the term used to describe the fruit of a woody plant. The fruit is the part of the tree that contains the seeds and protects the seeds until they can sprout in the soil. Mast can be soft or hard. Whereas maples and poplars have soft mast which does not last through the winter, trees like oaks and walnuts bear hard mast which can provide wildlife

with good nutrition all through the winter. Hard mast is an important source of protein and fat not only for squirrels, but also for many other species such as ducks and foxes.

A very valued young bur oak here has been planted near the Education Building in honor of Alan Siewert, retired Ohio Forester, who has taught courses there and has given much assistance to our Arboretum.

Four of our newly planted or aboutto-be-planted oaks are commemorative trees. These are bur, red, chinquapin, and shingle oaks. Some of these add diversity to the oaks in our Arboretum.

If you wish to know more about this program, contact Ann O'Malley (aomalley@kao.kendal.org).

Enjoy the oaks large and small in our arboretum, and think about how important they are for our environment.

~Anne Helm for the Arboretum Committee

Reference:

Trees of Ohio: Field Guide. Ohio Department of Natural Resources, Division of Wildlife, 2019.

\$mart Giving! Charitable Gift Annuities (CGAs)

Single Life Gift Annuity				
Age	Payout Rate			
75	6%			
80	7			
85	8.1			
90	9.1			

Two Life Gift Annuity				
Age	Payout Rate			
75/75	5.2%			
80/80	5.9			
85/85	6.9			
90/90	8.6			

Rates effective July 1, 2022.

A charitable gift annuity is a contract between you and Kendal at Oberlin. As a donor, you make a gift to Kendal using cash or securities. In return, you are eligible to take a partial tax deduction. The gift is set aside in a reserve account and invested. Based on your age(s) at the time of the gift, you receive a fixed quarterly distribution of income based on the investment rates (above) for the rest of your life or both lives if a Two Life Gift Annuity. At the end of your life or at the end of both lives, if a Two Life Gift Annuity, Kendal at Oberlin receives the remainder of the gift.

Contact your financial advisor to see if a CGA is an advantageous gift for you to consider, based upon your current circumstances.

We invite you to talk with Kendal at Oberlin CEO Barbara Thomas or CFO Ann O'Malley for guidance.

Residents' 2022 Gift to KaO Staff Vacation/ Appreciation Fund

This year our very generous residents contributed a whopping \$87,154.96 to the Staff Vacation/Appreciation Fund!

After deducting FICA from this amount, \$80,961.41 was distributed to 213 happy staff members in amounts ranging from the minimum of \$75.00 to \$721.24.

This year KORA Council President Mary Behm's staff appreciation letter was printed in the June staff newsletter, *Ripples in the Pond*, for all to read.

On behalf of our very grateful staff family, THANK YOU SO VERY MUCH!

~Toni Merleno, Director of Human Resources & Operational Services

UU Monthly Kendal Gathering Cultivating Resilience Wed., Sept. 21 - 4:00pm - Ed Ctr

We are on hiatus for July and August How do we stay centered in stressful times? How do we not get overloaded – emotionally, physically, psychologically and spiritually? And how may we bounce back when overwhelmed?

The "answer" is cultivating resilience. Our theme for this month is the Path of Belonging.

Rev. Mary Grigolia and Zellda Zelley

Did You Know?

Call 440-775-9868 to hear announcements and menus of the day.

IN MEMORIAM

JEANNE BERNER MAY 30, 2022

Margaret Kanost June 23, 2022

Saturday Walks

Come explore walking areas off the KaO campus. The walks are leisurely, about 2–3 miles, and generally scenic. We meet outside the Heiser main entrance every Saturday at 9:00am (weather permitting) to carpool.

- July 2 Kopf Family Reservation
- July 9 Cascade Park
- July 16 Vermilion River Bacon Woods
- July 23 Indian Hollow Sheldon Woods
- July 30 Findley State Park Questions? Contact Phil Pritchett.

Tennis Anyone?

Every Monday, Wednesday, and Friday at 8:00am, weather permitting, a group of Kendal residents, staff, and neighbors gets together on our beautiful claysurface tennis courts for a friendly game of doubles tennis with rotating partners. Our players have varying skill levels and all are welcome. Main objective: get some exercise and have fun!

Come out and join us, even if you haven't played in a while or have never played. To be on our tennis alert email list, contact Arlene or Larry Dunn.

Let's Dance!

English Country Dancing

Sundays - 7:15pm Heiser Auditorium Contact: Judy Cook.

Line Dancing

Mondays - 5:00pm Heiser Auditorium Contact: Dan Reiber.

Square Dancing

Tuesdays - 4:00pm Heiser Auditorium

Contact: Donna and Larry Steele

Rollator Line Dancing

Tuesdays - 5:15pm Heiser Auditorium Contact: Dan Reiber.

Where happy feet meet happy music.

Church Services

First Church in Oberlin, UCC Sun., 10:00am, WSCC

Oberlin Friends Meeting Sun., 10:30am, Ed Center and Zoom

Oberlin Unitarian Universalist Fellowship

Sun., 11:00am, Zoom

Roman Catholic Mass St. Patrick's Cathedral, NYC Sun., 11:15am, WSCC

Christ Episcopal Church Sun., 12:30pm, WSCC, YouTube

Catholic Communion Service Sat., 3:30pm, Green Room

Table Tennis Hours

Regular hours for table tennis have been set for Wednesday, Friday, and Sunday, 10:00am to 12:00pm in Heiser Auditorium.

Come and play! All are welcome!

~Sidney Rosenfeld, Co-Chair,
Sports and Recreation Committee

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Assn. 600 Kendal Dr., Oberlin, OH 44074 Managing Editor: Elizabeth Aldrich Associate Editor: Suzanne McDougal Proofreaders: Kathy Reichard, Mary

Profile Photos: Sally Nelson-Olin

- Deadline for the August 2022 issue of *The Kendalight* is July 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: <u>Klite600@yahoo.com</u>
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services



Community is one of the characteristics that most of us prize at Kendal. The return to group dining offers

us the opportunity to meet and get to know people that we don't usually see and spend time with.

Some of us walk up to partially occupied dining tables and ask if we might join the group. Sometimes that doesn't work out because the spaces are being held for other diners, so we move on to other tables without thinking twice about the encounter. Usually, however, we are welcomed enthusiastically. If a group wishes to discourage additional diners, we encourage them to remove empty chairs as a signal that the table is

already complete.

But sometimes people feel awkward making these overtures. For this reason Lisa Wilkin has established the **Community Table**, seating eight or more. You will find two tables pushed together to form this large table under the windows (Table 2).

Everyone, single or not, is welcome to join this table. If there is space, you are welcome to grab a chair.

The important thing is to find your way to the community table or another one where you can engage in stimulating conversation.

We are counting on everyone to help us return to the pre-pandemic quality of the dining experience at Kendal.

Your Plastic Bags Can Become Useful Items

The bin outside Heiser Auditorium's south doors is back in service for recycling plastic bags. A chart above the bin clearly states that clean plastic BAGS can be recycled and should be put in that receptacle.

But only clean plastic bags!

The bags are collected every few weeks and taken to the Oberlin First United Methodist Church where women work diligently to turn the plastic into "plarn" (plastic yarn) which is then knitted into bed mats for homeless people. Imagine how your lowly plastic bags can become items of use and value and help save our planet!

If you'd like to know more about how you can help with this project, ask Ann Findlan or Anne Elder, or check the Volunteer Bulletin Board.

In the meantime – **RECYCLE ONLY CLEAN PLASTIC BAGS**.

~Volunteer Coordinating Committee

Grief Support Group Tues., July 26 - 10:00am Green Room - All are welcome.

Low-Vision Support Group



Dementia Friendly Discussion Group Fri., July 22 - 10:30am Green Room



July is a nice, sunny month when we celebrate the Independence of our country on July

4th. It's Kendal's main summer holiday, when we have a special program, parade, and share a picnic meal. Remember that fellow residents in the Stephens Care Center who would like to share in the celebration may need some assistance. Please offer to help and STAY CONNECTED.

June Dining Star Correction!

I apologize sincerely for getting June's Dining Star's last name wrong. His name is **Michael Rosenthal**. I am very sorry about that!. ~*Priscilla Steinberg*

Meet a Dining Star Tricia Fenton

Tricia grew up in Vermilion in a large Italian newspaper family. She was the middle child of seven! Her best memories are of big Sunday family dinners with wonderful Italian foods.

She went to Lorain County Community College in its Early Childhood Program and spent her career in that area, teaching at Murray Ridge and in other places. She loves working with that young age!

Tricia's family consists of two daughters and a son who live with her and a cat and a dog. In her free time, she bikes and swims and visits her mother.

At Kendal, Tricia starts her day at Langston making breakfast. Then she goes into the Fox and Fell to get ready for lunch. She enjoys talking to the residents and loves working with the staff!

Look for Tricia! She always has a smile as she helps residents.

~Priscilla Steinberg

Where to Find Contact Info

- Kendal at Oberlin Directory, printed and distributed in February.
- **KaO PDF Directory**, distributed via email to all residents.
- Bulletin Board, near photos of new residents. Make these corrections and additions to your printed directory.
- Online Resident Directory, in the resident database (www.kaores.net), click "Directory." Note: you must either be on the Resident WiFi network or be logged in to access this information.

Trolley Run! Rod Knight will run Len Garver's HO trolleys on Wed., July 13, 10:15am—noon in Heiser Lounge.

SUN	MON	TUE	WED	THU	FRI	SAT
First Church Service 10:00am WSCC Quaker Worship	Chronicle News 10:00am WSCC	Chronicle News 10:00am WSCC	Chronicle News 10:00am WSCC	Chronicle News 10:00am WSCC	Chronicle News 10:00am WSCC	<u>Saturday Walk</u> 9:00am Heiser
10:30am Ed Ctr, Zoom RC Mass 11:15am WSCC	Centering Program 11:00am WSCC	Themed Film (see p. 4) 1:00pm WSCC Square Dancing	News Currents 2:00pm WSCC	Musical Film (see p. 4) 2:00pm WSCC	Famous Composers 2:00pm WSCC	
Christ Episcopal Service 12:30pm WSCC Film (see p. 4) 7:00pm WSCC	Line Dancing 5:00pm AUD	4:00pm AUD Rollator Line Dancing 5:15pm AUD	SCC Council 4:00pm WSCC TBA	Jazz Listening 2:00pm AUD 7/7 & 7/21		Catholic Communion Service 3:30pm Green Rm
English Country Dancing 7:15pm AUD	Documentary (see p. 4) 7:00pm WSCC	First Woman Constable 7:00pm WSCC	Song Swap 7:00pm Zoom, KOTV 7/13 & 7/27	Ken Burns Baseball 7:00pm WSCC		Film (see page 4) 7:15pm AUD, KOTV
Zoom: "Calen KOTV:	See <i>kaores.net</i> and dar" for link. Cable 920, 19-2, odd: Cable 921, 20-1, odd:	d click or 95-101	"Hor (at are	Note: ne" events Kendal) in Bold. ay" events are not.	Baroque Perf. Inst. Bach, Mass in B Minor 8:00pm Warner (Tickets at door)	2
3	4 Independence Day	5	6	7	8	9
	Events (see page 1) Parade & Program Indoor Picnic Trike-a-Thon Model Boats Ice Cream Social				Low-Vision Support Group 1:30pm Crossroads	BIG BUS to Blossom Music Center Leave: 5:45pm — Must have reserved seat
			Poetry Potluck 7:15pm AUD			Film: Gorillas in the Mist 7:15pm AUD
Hymn Sing a Long 3:00pm Penn Credo Concert 4:00pm AUD	Suggestions and Concerns 2:00pm Crossroads Encore: How to Survive the Al Revolution 7:15pm KOTV	12 CommUnity Picnic 11:30am-1:15pm Outside Heiser	Coffee Hour with BT 9:30am F&F, Zoom, KOTV HO Trolley Run 10:15am-noon HL Health Services Forum 4:00pm AUD, KOTV	14	Credo Chamber Music Faculty Recital 8:00pm Kulas (tx)	16
17	18	19	20	21	22	23
Credo Chamber Music Final Student Recital 1:00pm Warner	Encore: Restoring Prairies and Savan- nas in Northern OH 7:15pm KOTV		Lunch Bunch 1833 Restaurant, Oberlin 11:30am–2:00pm	No KORA Council until August	Dementia Friendly Discussion Group 10:30am Green Rm Play Readers: Tennessee in Oberlin 1:30pm KOTV	Play Readers: Tennessee in Oberlin 7:15pm KOTV
24	25	26	27	28	29	30
Hymn Sing a Long 3:00pm Penn		Grief Support Group 10:00am Green Rm				
31	Encore: Building Exceptional Rela- tionships 7:15pm KOTV	Solo Diners 5:30pm Den Kelly Wilson, alto flute 7:15pm AUD, KOTV	Exchange with Barbara Thomas 4:00pm AUD, KOTV			