

# The **Kendalight**

Kendal at Oberlin Residents Association

June 2013

Volume XX, Number 6



## **KatO 20th Anniversary: Create, Participate, Celebrate, Anticipate**

We hope that everyone has had a chance to check out the “Wish Fish,” presented to us by the Kendal Early Learning Center in honor of our 20<sup>th</sup> Anniversary, that now hang by the secretary-desk in Heiser Lounge, as well as the beautiful anniversary banners, hanging in town, that were created by the high school students. We are off to a glorious start in making this an incredible celebration! If you missed the 20<sup>th</sup> Anniversary twist to the Precision Lawn Chair Drill Team at the Big Parade, you will have a second chance when we march in the June-teenth Celebration at Tappan Square on June 15. Watch for a 20<sup>th</sup> Anniversary salute as part of the Fun Fitness Week, and in the July 4<sup>th</sup> Parade as well. We still need your Kendal treasures to add to our display on the shelves in Heiser Lounge. A cute bucket that everyone was given on the 10<sup>th</sup> Anniversary, as well as some special cooking pamphlets and awards, are already set to adorn the shelves. Please contact Donna Baznik or Harol Pesuit with any of your treasures that we can borrow.



## **Fun Fitness Week June 17-21**

Plan on having fun by participating in some of the more than 20 events planned for June 17-21. In addition to your perennial favorites (Bowling, Observation Walk, Brain Teasers, Walking Relay Race, Fun Obstacle Course, Miniature Golf, Basketball Shooting, Shotput, Robot Table Tennis, Four Square and Wii Fit), we will have several new events. These include a Fun Pool Activity, Bean Bag Toss, and a Perimeter/Heiser Circle Sidewalk Walk (4-day event). This year we want everyone to participate in the 20<sup>th</sup> ANNIVERSARY COMMUNITY WALK. on Friday, June 21. Remember, if you participate in at

least one event during the week you will be our guest for luncheon in the Fox and Fell on Friday. Watch the bulletin board outside the Early Learning Center for details and sign-up sheets. Questions: Jerry Berner or Jill Connone.

**COFFEE WITH  
BARBARA THOMAS  
THURSDAY, JUNE 13  
9:30AM - LANGSTON**

**AFTERNOON  
EXCHANGE  
MONDAY, JULY 1  
4:00PM - AUDITORIUM  
BARBARA THOMAS**

## **Silent Auction and CommUnity Picnic on Wednesday, June 12**

Our annual CommUnity Picnic and Silent Auction's last day takes place on Wednesday, June 12. The **Silent Auction** will be set up on Monday, June 10, in Heiser Lounge. Bidding will begin for all items late Monday afternoon and will continue until 3:00pm on Wednesday, June 12.

If you have fond summertime memories of barbecuing, fresh salads, juicy watermelon slices, ice-cold lemonade and fresh-baked cookies, don't miss our **Annual CommUnity Picnic!** Traditionally we line up picnic buffet tables right outside the Heiser entrance. You can count this as a meal under your meal program or simply pay the cashier for your lunch at the start of the line outside the Heiser doors. This picnic is a chance for staff members, board members, residents and community friends to have a wonderful time of fellowship as they eat under the tents on the lawn area west of the Heiser entrance. In case of rain, tables will be set up in the Auditorium and the food will be served there.

Stephens Care Center residents visit the buffet line first at 11:15am with everyone following at 11:30am through 1:15pm. If you would like to volunteer to help SCC residents carry their meal selections through the line to their picnic tables, contact Michele Tarsitano-Amato at 775-9890. We hope everyone joins us for these enjoyable community events. Summer is always a great time to be at Kendal!

*-Toni Merleno for the Staff  
Special Events Committee*



## KNOW YOUR KORA COUNCIL

Final reminder: If you haven't already done so and are able, please consider a contribution to the Employees Vacation Fund. Your check, made out to Kendal at Oberlin, noted "Employees Vacation Fund," should be put in the marked box at the Heiser Front Desk by June 7. Your responses through May 20 have been generous: Contributions from 99 residents totaled over \$17,000. Thank you!

The principal question before the May 16 KORA Council meeting was whether KORA should explore a resident-led capital campaign, probably focused on Community Center improvements. After extended discussion the Council reached consensus on forming a committee "to draft a preliminary proposal for a capital campaign . . . test the proposal with a few residents and report its recommendations to the Council for further consideration."

Throughout the discussion, it was emphasized that this move is an exploration. A commitment to undertake such a campaign, if any, would require further action by the Council. Consideration of a capital campaign was triggered by more detailed planning for the proposed Community Center improvements that will commence in June, with construction to begin by early 2014. Six aspects of the Master Plan might seem appropriate for designated campaign gifts: fitness center expansion, horticulture/greenhouse expansion, renovation of wood shop and art studio, dedicated space for the Resident Assistance Fund shop, and an education center addition. Gifts toward these would yield considerable savings in interest and bond repayments.

"Bricks and mortar" gifts appeal to some donors. Opportunity for such on this scale seems unlikely to appear in the near future. Other opportunities for gifts were mentioned: increasing the Resident Assistance Fund, or a fund to assist potential new residents with entry fees in recognition of a lifetime of service or to enhance our socio-economic diversity. Several concerns and reservations regarding such a campaign were noted. Some residents expressed considerable unease about a resident-led campaign, potential intrusions on privacy, and the implication that residents soliciting gifts from other residents would breach individual financial confidentiality. Some would prefer that any initiative come from Kendal administration, and/or the Board. Others questioned the need, even the morality, of gifts for ourselves and our community. Some question whether we need all the enhancements in the Master Plan.

Earlier KatO efforts that resulted in our

swimming pool, the tennis courts, and Buttonbush Bridge were resident-driven. Other Kendals have had successful resident-led campaigns for specific improvements, and are willing to share their experiences. Kendal Corporation offers assistance for philanthropic efforts.

To ensure a range of perspectives, the KORA Executive Committee has named eight residents to an Ad Hoc Committee to Explore a Resident-Led Capital Campaign: Ardith Hayes, Bob Randel, Dick Baznik, Ira Steinberg, John Elder, Meg Gold, Ray LeGrand, and Don Reeves, convener.

A detailed summary of the Council discussion has been placed in the Kendal Library. Residents are encouraged to review (or copy) it, and offer their counsel to members of the Ad Hoc Committee, who will attempt to draft a proposal for future Council consideration.

*-Don Reeves, KORA President*

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## Take a Stroll Down Hallie's Alley

Hallie's Alley was constructed by Bert Laird, his family and friends in June 1994. In "Hallie's Way: A Path of Remembrance" in *The Kendalight* that month, Bert says, "For the past two weeks I and friends have been hacking a way through the woods... to establish quiet viewing spots for this beautiful little water hole, in memory of my beloved wife Hallie. She cherished the trees and birds and flowers and was particularly fond of water."

Our residents have continued to maintain Hallie's Alley, the pathway that leads from the wooden bridge on the east side of the walkway between Parking Lots 10-12. It is a lovely trail through the woods, passing Green Pond and two benches and re-emerging at Meadow Pond. Try it, you'll like it -- especially after the work done by Don and Barbara Reeves last fall and by 17 residents in March: George Andrews, Anne and John Elder, Ben Lenz, Ruth Miller, Marilyn Myerson, Adie and Scott Orcutt, Don and Joyce Parker, Don Reeves, Dan Reiber, Peg Schultz, Jim Sunshine, Barry Walker, Betty Weinstock and May Zitani. We should be proud of this resident-created and -maintained treasure. Thank you all!

Ben checked with eight founders, who have assured him that early on it was called Hallie's Alley, as that has a nice rhyme. He thinks we should leave it that way. A fund was established by Bert Laird at Kendal in 1994 to cover the cost of bridge replacement when necessary.

*-Submitted by Ben Lenz*

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### Check out our KORA website: [www.kaores.kendal.org](http://www.kaores.kendal.org)

And check two other interesting "Other Kendal" links, both produced by KatO's Admissions and Marketing Dept.: The blog at [www.kendalatoberlin.net](http://www.kendalatoberlin.net) and the Facebook Page at [www.facebook.com/kendalatoberlin](http://www.facebook.com/kendalatoberlin).

# PROGRAMS

 **Celebrate 20 Years with Music!**

## LECTURES

**First Thursday Health Lecture  
“Cancer FYI:  
Your Questions Answered”  
June 6 - 7:15pm - AUD**

Using data from the American Cancer Society (ACS), Dr. Alexander Zolli will dispel rumors, myths and misconceptions about cancer. ACS will have information available about its free programs and services. Dr. Zolli, director of the Center for Vascular and Thoracic Medicine and Surgery in Lorain, gave us an informative talk last year on peripheral arterial disease.

**Third Thursday Lecture  
No Lecture on June 20.**

**Oberlin Heritage Center:  
Education in Early Ohio  
Wed., June 12 - 7:15 p.m - AUD**

Hear some of the school reminiscences of James Fairchild, third president of Oberlin College, and other Oberlinians in this entertaining program that spans the early 1800's to the early 1900's. OHC Museum Education and Tour Coordinator Liz Schultz will give a lesson on school-house architecture, typical subjects, teacher qualifications, state-wide initiatives and schoolyard diversions. Free and open to the public.

## TRIPS

**Lunch Bunch: Rose Café and Garden at Lakeview Park  
Wednesday, June 26**

If we are lucky, the historic Rose Garden at Lorain County Metro Parks' Lakeview Park will still be in bloom. If not, we'll enjoy our lunch and admire the Lake Erie view. Van leaves Heiser at 11:30am, returning about 2:30pm. Van charge: \$7.00. Place check to KORA for \$7.00 in Box #89 by Monday, June 24. **Lunch at your expense.** Sign-up sheet posted Monday, June 17.

**Workshop Players, Amherst:  
“On Golden Pond”  
Sunday, July 7 - 3:00pm**

Our own Marcia Deist will be playing the role of Ethel. **If you want to go on the Kendal bus (lv. at 2:00pm), put your name on the sign-up sheet before June 21.** Place check for \$10 payable to Jerry Berner in his open box. (Rate is for at least 15 people.) Note: Rest rooms are not handicap-accessible. Performances are at 8:00pm on June 27, 28, 29, July 5, 6, 11, 12, 13 and at 3:00pm on June 30, July 7 and July 14. If you go on your own, order tickets for \$12 each at 988-5613. The theatre is at 44800 Middle Ridge Rd., Amherst.

Kendal's 20th Anniversary celebration would surely not be complete without music. Saturday, September 21 at 7:15pm is the date set aside for a musical review, an entertainment of singing, skits and unadulterated fun. Mark your calendars now.

Planning co-chairs Helen Taylor and Carol Longworth are looking at a program which could include songs familiar and new, original lyrics to familiar tunes, a few props and costumes, even a celebration of Kendal's early days in the mud.

Though the program will be somewhat modest in scope, we want to get assignments solidified early. We need a few good women and men now for: 1. Singers; 2. Props manager; 3. Costume manager; 4. Production crew; 6. Writers; 7. Other?

Helen and Carol hope people with organizational skills or musical talent will step up now to join the fun to prepare this musical entertainment. Contact Carol. Let her hear from you.

*-Carol Longworth and Helen Taylor*

**BigBus: Trip to Cleveland  
Federal Reserve Bank  
Building and The Arcade  
Tues., June 10 - 8:30am-3:30pm**

A limited group will travel to Cleveland to visit the Federal Reserve Bank of Cleveland for a lecture on the bank's role in the national money supply and a tour of its impressive 1923 building, listed on the National Register of Historic Buildings.

Following our tour, we will visit the Old Arcade Building to examine its ground-breaking architecture and eat our brown bag lunches in its food court. On our way home we will make a brief stop at the former Higbee's department store to see what the Horseshoe Casino has done to the store's former elegance.

 **Independence Day 2013: Celebrating the Fourth of July for the 20th Time!**

Join us in a fun celebration of our 20th Fourth of July Parade. This year we will include cohorts of residents organized by year of entry to Kendal. Each cohort will decorate a sign (which we will provide) with their year and an illustration of some Kendal memory or event that occurred during that year. Please sign up by the open mailboxes to march, ride, or just decorate your year's sign. And encourage others in your cohort to join you. Questions? Ask Jim or Anne Helm.







## Sunday Movies Whittier - 7:00pm

**June 2 - Bus Stop (1956)** - A naive cowboy falls in love with a saloon singer (Marilyn Monroe) and wants to take her home to Montana.

**June 9 - Overboard (1987)** - Spoiled heiress (Goldie Hawn) won't pay carpenter for a job. When she turns up with amnesia, he convinces her that she is his wife to get even. Love ensues. PG-13.

**June 16 - Shakespeare in Love (1998)** - Will Shakespeare, a known but struggling poet, playwright and actor, is suffering from writer's block and needs a muse. He finds one -- and the result is "Romeo and Juliet." R.

**June 23 - The Grass Is Greener (1960)** - British couple (Cary Grant, Deborah Kerr) are forced to run tourist tours through their castle to make ends meet. Then an American oil tycoon (Robert Mitchum) turns up to form a triangle.

**June 30 - The Ultimate Gift (2005)** - Jason thought he was going to inherit a gift of money. Instead he ended up on an improbable journey of discovery.

## Saturday Foreign Film June 1 - 7:15pm - AUD

**Le Havre (2012)** - Finnish filmmaker Aki Kaurismaki's film is distinguished by the way he moves figures in light, color and space, and contrasts urban scenes with village scenes. It is a charming tale of a shoe shiner, Marcel Marx, and his neighbors in a working-class neighborhood of Le Havre. In their natural and compassionate way, they protect and help Idrissa, an illegal Congolese teenager, to escape from authority and find his mother working in London. The theme is "Always Be a Human." In French, with subtitles.

## Kendal 2013 Directory Additions and Corrections —

**Michael Fletcher** - Check with Heiser Front Desk for corrected email address.



## Art Gallery News

This year's **Kendal Collects** fills all three of our gallery spaces -- **Kendal Gallery, Community Gallery and Friends Gallery** -- through August 12. The show, consisting of art owned by

but not created by the residents who submitted them, features 70-plus pieces submitted by 50 residents. It contains everything from ceramic pieces and fiber art to watercolors, oils, original prints and photographs. Ranging from the whimsical to the serious, the exhibit offers something for everyone. Be sure to visit all the galleries.

*-The Art Committee*

## Friday Night Movie June 14 - 7:15pm - AUD

**Gangs of New York (2002)** This epic tale of vengeance and survival was directed by Martin Scorsese and earned ten Academy Awards. Waves and waves of immigrants flooded into New York City, leading to corruption and lawlessness in lower Manhattan's notorious Five Points. Following many years of incarceration, a young Irish immigrant returns to the city seeking revenge against a rival gang leader who killed his father. However, this personal vendetta becomes part of the gang warfare that erupts as he and his fellow Irishmen fight to establish a place for themselves in their new homeland. Film stars Leonardo DeCaprio, Cameron Diaz, and Daniel Day-Lewis. R. **Be prepared! This film lasts a little more than 2-1/2 hours.**

## Saturday Opera-Themed Movie June 22 - 7:15 pm - AUD

**Opera-themed movies will be shown during the summer months.**

**Meeting Venus (1991)** - This film poses the question, "What can go wrong with presenting an opera in this day and age?" The answer: "Unions, a cast speaking six different languages, political protests, and, of course, love." This comedy of life, love and art stars Glenn Close with Kiri Te Kanawa's voice. PG-13. *-Allen Huszti*

## Ancestor Memorabilia Program Planned

Several years ago the Genealogy-History Group, wanting to give a bit of life to a name on a chart, presented a program of ancestor memorabilia. Fourteen Kendal residents, each exhibiting an item they had inherited from an ancestor, told us briefly about the item and its first owner. There was a wide variety of objects in the program, ranging from a beautiful 1887 microscope formerly owned by the doctor-grandfather of George Langelier to a tiny painted portrait of a house in Switzerland lived in by Ruth Bent's ancestors. There was a ball clock belonging to George Andrews' great-grandmother and a mustache cup used by Mary Simons' ancestor. Jean Heller showed a Gaudy teacup and saucer brought from abroad by her great-grandmother. The Genealogy-History Group is considering a repeat of the ancestor memorabilia program but with a new set of participants. Any resident may participate. The antique to be shown should be from a grandparent or older ancestor. The precious objects are never separated from owners. Each participant will have two to three minutes to show the item to the audience and describe it and the ancestor who owned it. If the object is very small, it can be projected onto a screen. The program in the Heiser Auditorium is planned for the fall, perhaps in October.

Please contact Marcia Goldberg if you wish to participate.

**Play Readers:  
“The Admirable Crichton”  
Sat., June 15 -7:15pm - AUD**

In Act I of J. M. Barrie’s play, British peer Lord Loam considers class divisions in British society to be artificial. He promotes this view at a tea party where the servants mingle with his aristocratic guests. Crichton, his butler, particularly disapproves, considering the class system “the natural outcome of a civilized society”. In Act II Loam, three daughters, two friends and two servants have been shipwrecked on a desert island. Crichton is the only person with the mental and physical resourcefulness for their survival. Act III is two years later. Crichton has civilized the island with farming and house building and is waited upon with the trappings and privileges of power just as his master had been. Lady Mary, Loam’s eldest daughter, falls in love with Crichton. Just as they are to be married, a passing ship rescues them. What happens when they return to England? Come see Act IV and the entire play! There is no seating after 7:15pm until the end of Act I. If SCC residents and others can’t attend June 15, they can attend the final rehearsal at 1:30pm on Friday, June 14.

**2013 Chalk Walk  
Sat., June 22, 10:00am-4:00pm  
(Rain Date - Sunday, June 23)**

It’s time for the eighth annual Chalk Walk on the sidewalks of downtown Oberlin. Returning master artists: Augusto Bordoelois, Dan Cherney, Hector Castellanos, Robin Van Lear and Wendy Mahon. Local artists: Cara Romano, Laura Dahle, Haley Heidemann, Robin Strahan, and Ian Blewitt and the Oberlin High School Art Club. They will join artists of all ages to create their masterpieces in chalk. Kendal volunteers again are staffing the booths that assign space and provide materials. Sponsors: Allen Memorial Art Museum, FAVA, Oberlin Main Street and Chamber, Oberlin Public Library and Oberlin Heritage Center.

**RAFF ShopTalk  
Where you find Reasonably Assessed Finery & Furnishings...**

Quite happily there is an increased pace in the R>A>F in May. After the Spring Style Show folks seemed to be more active in making donations and clearing spaces in their dwellings. Also more customers are shopping in the R>A>F. Spring has opened with a nice liveliness. As R>A>F has received some very nice furnishings, which of course are most reasonably assessed for sale, there has also been a bit of “competition” for particular items. While this may be good for sales, it calls to attention the need to remind folks about the “hold” system used in the shop. Basically, the HOLD slips can be used for only one day. After that, the HOLD expires. This can be a bit challenging when folks are shopping and are not prepared to pay for their items immediately. When you have questions about the process or about a purchase, please contact Ruth Ann Clark. Receipts for April were \$1,691.75. We happily look forward to reporting on a stronger sales record in May (to be reported in the July *Kendalight*). Know that you, your donations, your purchases, and your support of R>A>F are appreciated. There is much joy to be found in this kind of giving.  
*-Ruth Ann Clark, Chair, R>A>F*

**Oberlin Project Summer  
Film Series Returns**

The Kendal Environmental Concerns Committee will once again co-sponsor a summer series of environmental documentaries with The Oberlin Project. Watch Channel 19 for information.

**Tappan Square Band Concerts (sign up for Kendal bus)**

**Family Concert in the Park  
Saturday, June 22, 5:30 pm**  
Following a day of fun at Chalk Walk, listen to Kevin Jones and The Scrooges, a hometown band playing dance music and rock and roll.

**Genealogy Interest Group  
Wed., June 19 - 7:15pm - AUD  
“Documenting Your  
Family History”**

The final meeting for the 2012-2013 “academic year” will focus on some different ways to generate and preserve family history. Ed Schwaegerle, Nancy Beauchamp, Frank Walworth, and Don Reeves will begin the program by exhibiting their family history books. The featured speaker will be Steve Reed who will describe how we can generate and permanently secure our biographies in video/audio form. All are welcome to attend.

**Join the Bird Feeder Brigade**

Several of our Stephens Care Center residents have bird feeders outside their windows. They have the seed but are unable to go outside to refill the bird feeders. Emily Pugsley and Emiko Custer have volunteered to help keep the bird feeders filled and would like some help. Please let them know if you are willing to meet with them to work out the details for the Brigade. *-Connie Bimber*

**Vision Impaired**

**Low-Vision Support Group  
“Summary of Research and  
Development 2013”  
Thursday, June 13  
4:00pm - Crossroads Room**

**Reading of *The Kendalight*  
Marie Evans will read the  
*Kendalight* on Saturday, June 1,  
at 10:00am in Whittier Lounge.  
All are welcome!**

**Friday Nights in the Park Concert  
Friday, June 28, 7:00 p.m.**  
The First Friday Night concert of the year features Soul Proprietors, playing original folk rock and blues, leading off the summer concert tradition.

## Welcome Kendal's New Residents

### Michael Don (Mike) Fletcher

Born in Fayetteville, AR, in 1948, I am the youngest of three children. I never married. The architectonic character of the Ozark landscape, especially the handsomely proportioned hills of Fayetteville, stoked my innate interest in architecture. Playing clarinet in school bands began an interest in music. Overtures from operas, our main concert pieces, left me wanting to experience entire operas. Architecture and political science were my majors at the University of Arkansas. I graduated in 1971 with a BA plus a commission as an Army officer. My active duty consisted of three months as a second lieutenant in the Transportation Corps at Fort Eustis, VA. The Federal Service Entrance Exam in 1972 led to Navy civilian employment in Great Lakes, IL. The job and I moved in 1974 to Mechanicsburg, PA. For most Navy years, I was a supply systems analyst for computer programs that determined which spare parts to stock in which warehouses around the world. After several reorganizations, I retired in 2004 from NAVSISA (Navy Supply Information Systems Activity), still in Mechanicsburg. Architecture and music have been the most frequent focuses of my travel. I have visited 48 states and seven other countries. Group travel has included 20 Elderhostels, 16 Smithsonian Journeys, and a few offerings of other organizations. The most rewarding was a three-week Council on International Educational Exchange program in Japan in 1986.



The highlight was a week with a family in their home in Nagoya. From 2001 through 2010, I visited two dozen retirement communities in a dozen states. Kendal at Oberlin emerged as my first choice: the most culture within walking distance, the most interesting residents, and the most appealing floor plans in the newer cottages. Here I am, despite having no previous tie to Ohio. *A longer version of this biography is in "Who's Here" in the Kendal Library.*

### Recent Move-Ins

**Andrew Frierson** moved from New York, NY, to a Kendal Cottage in mid-May.

**Laurence "Larry" and Marjorie Porter** moved from East Lansing, MI, to a Kendal Cottage in mid-May.

### Upcoming Moves

**Lawrence "Larry" and Arlene Dunn** will move from LaCrosse, IN, to a Kendal Cottage in mid-June.

**Margaret "Kay" Rider** will move from Green Valley, AZ, to a Kendal Cottage in late June.

**Gerald and Aideen Zeitlin** will move from Chestnut Hill, MA, to a Kendal Cottage in early June.

### Recent Transfers

**Janet Hutchison** moved from Whittier to Patterson in early May. Phone number remains the same.

**Bush and Levona Olmsted** moved from a Kendal Cottage to the Stephens Care Center. Both reside in rooms in the Whittier wing. Phone number remains the same.

**Janet Wanyek** moved from a Kendal Cottage to Patterson in late April. Phone number remains the same.

### Slow Medicine: What is it? How can it help us? How do we feel about it?

Residents are invited to sign up for one of the small group conversations being planned for June 11, 13, 24 and 26 in the William Penn Room from 5:30-7:00pm.

We'll pick up our dinners and join a table of seven or eight to talk together about our responses to Dr. Dennis McCullough's book, "My Mother, Your Mother: Embracing the Compassionate Approach to Caring for Your Aging Loved Ones."

Many heard Dr. McCullough speak in April and expressed interest in learning more about Slow Medicine in our experience of aging at Kendal. Try to get the book from the library or from a friend before the June discussions. But come anyway, even if you haven't read the book. Each group will be facilitated by a resident who has read it, and every participant will be provided with a summary of the chapters, notes for reflection, and suggested questions.

These Kendal residents have agreed to be conversation facilitators: Katie Brown, Eleanor Devereux, Anne Helm, Ray LeGrand, Don Parker, Don Reeves and Peg Schultz. We are grateful for their leadership.

Ruth Miller and Ardith Hayes met with KORA Council officers as part of planning this first step in exploring Slow Medicine at Kendal. They talked with Kendal staff, particularly the health and social services team members, to keep them informed about our process. The two will record the questions and concerns that come from the groups each evening as a guide to a follow up program that will include Kendal staff. Watch for the sign-up sheets by the mailboxes! Read the book!

Join in the growing excitement about the ways we support and care for one another at Kendal -- residents and staff working together.



## What Is a Peer Mentor?

Members of KORA's Suggestions and Concerns Committee and some other interested residents recently completed training as "Peer Mentors." The training was provided by Long-Term Care Ombudsman, the organization that provides "ombudsman" service, as required by the State, to nursing homes in four northeast Ohio counties. This training was a new venture for both the participants and the leader, Laurie Scharf, who previously had trained only nursing home residents as advocates for fellow residents -- not independent living residents as advocates for residents in both assisted living and skilled nursing units.

Our primary mission is to help assure that our residents in Stephens Care Center, especially those without family or other advocates close by, receive the full benefits of "person-centered care." For instance, we expect to meet with new residents a week or so after they move to the SCC to see if they have any questions or concerns, since most are probably not able to absorb all the information in the "Handbook for Stephens Care Center Residents" (a hefty 36 pages!), which they receive on admission.

We will work closely with staff, especially in social and clinical services, and with the KORA Care and Nurturing Committee to be sure we augment, but do not duplicate, their functions. (We are still looking for a better term than "Peer Mentor" for our function!) We are: Eleanor Devereux, John Elder, Lee Hefner, Don Hultquist, Pam Lenz, Diantha Paré, Barbara Reeves and May Zitani.

### IN MEMORIAM

CHARLES "CHARLIE" SHEPPARD  
APRIL 28, 2013

CONSTANCE "CONNIE" BOASE  
MAY 16, 2013

## Kendal Winners in Leading Age Arts and Writing Show

Congratulations to all the gifted competitors from Kendal at Oberlin who participated in the northeast Ohio regional show at St. Augustine Manor, Cleveland. First, second and third place entries will proceed to Columbus for the statewide contest in late August. Watch for the announcement of the the exhibition and lunch. ....and the winners are: Prose Fiction: "Tangles," by Don Parker, 1<sup>st</sup> place; Prose Non-Fiction: "Winter Light," by Ardith Hayes, Honorable Mention; Fine Art 1: "Aging in Place," by Don Parker, 2<sup>nd</sup> place; Fine Art 2: "Portrait of Harvey Gittler," by John Elder, 1<sup>st</sup> place; Computer Art: "Every Day is Wash Day," by Paul Schwaegerle, 2<sup>nd</sup> place; "Atrium Reflection," by Eleanor Helper, 3<sup>rd</sup> place; Woven Arts: Scarf, by Jane Hannauer, 2<sup>nd</sup> place; Photography: "Foggy Day," by Paul Schwaegerle, 1<sup>st</sup> place; "Autumn Glory," by Joanne Busiel, Honorable Mention.

*-Michele Tarsitano-Amato and Thelma Morris*

## Recycling Update

**Plastic containers #1-7** (food, beverage, detergents) are now recyclable.

**Milk, juice and ice cream cartons** can be rinsed thoroughly and placed in receptacles labeled "cans and glass."

**Soup, food and coffee biodegradable containers from Dining Services are not recyclable.** Please rinse them thoroughly and either place on

the Langston conveyer belt for composting or place in your own trash

**ALL paper and cardboard** should be placed in the labeled receptacle.

**Compact fluorescent bulbs** should be placed in the labeled receptacle.

**Items not on the above list should be placed in TRASH.**

Questions? Contact Jerry Berner or Facility Services.

## Thank You, Don!

To those of you who have not seen the new native flower garden on the shores of Heiser Pond, just in front of the main building -- or do not know the history of said garden -- it is there, already beautiful, and as the flowers come into bloom, it will be much more so. The garden is Don Parker's creation. It was his original, brilliant idea, and he was responsible for all the details of its establishment. He planned it, tested the soil to see if the idea was practical, got Facility Services and its men to prepare and improve the soil, ordered the flowers, went to Indiana to pick them up, loaded them into his Prius (all 400+ of them -- his wife may have had to ride home on the car roof!) and brought them here. He organized the planting of said flowers (and of some others donated from resident gardens) and the necessary watering of them. We are all deeply in his debt for the coming beauty of this garden, and we want, enthusiastically, to thank him. THANK YOU, DON!

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**Saturday, June 15 - Juneteenth Parade and Festival on Tappan Square, 10:00am-5:00pm**

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**Kendal Kryptogram #100 -by Nina Love**

**YOU TZ GL XG THRGPNYXQU -- EXFUZZ**

**AGE YPU Y QMUUZU. -KTFFTU KEPBU**

**Solution to Kendal Kryptogram #98: "All war is a symptom of man's failure as a thinking animal." -John Steinbeck**

## Table Tennis Update

During a short midwinter lull, our numbers at table tennis dipped from an average of 11 players at each session in 2012 to 9. Meanwhile, new -- and less new -- residents have joined our group, and in May we were up to 10. In June, as we already know, still more players will take part. Energy, spirits, and just plain fun are high. It's a good time for Kendalites who've been about to join us to take the jump. If you're hesitant, just ask any of our players about the personal rewards! On May 4, our young coach Keith Pech guided us in three small-group training sessions. With a limit of three players to a group, he was able to tend to each player's techniques. Among the skills Keith taught us were the sidespin serve and its return. Since his visit, we see one another using our serves -- both sidespin and underspin -- to good effect. The more we better our stroke form, the greater the enjoyment we get from the game. *-Sidney Rosenfeld*

## Conversations with Community

### "Ohio Model UN Report"

**Tues., June 4 - 1:30pm - AUD**  
Members of Langston Middle School Model UN Club will tell us about their trip to Columbus in March to take part in the Ohio MUN Conference. They represented Bangladesh, Guatemala, Morocco, Somalia and Ukraine.



### "Dog Training Techniques"

**Thurs., June 6 - 4:00pm - AUD**

Lois Friedman will demonstrate techniques for training her amazing dogs. Bring a folding chair to the grassy area by Parking Lot 2 and watch!



### "Lorain Metro Parks Update"

**Thurs., June 13 - 7:15pm - AUD**

Rebecca Bode from Lorain County Metro Parks tells us what's happening in the park system and how we can take advantage of it all.

## Saturday Park Walks

**June 1, 9:00am** - New Russia Nature Preserve and Cemetery.

**June 8, 8:30am** - Walk With a Doc, Bur Oak.

**June 15, 9:00am** - French Creek/Pine Tree section.

**June 22, 9:00am** - Carlisle Reservation/Meadow Loop.

**June 29, 9:00am** - Findlay State Park. Meet at Heiser Reception Desk to carpool. These are not nature walks and are at a leisurely pace. It really is a lot more pleasurable walking in the parks than around Kendal's perimeter path. Join us. Try it -- you'll probably like it.

Questions? Contact Jerry Berner.

## Bocce Tournament Begins

The 11th Annual Bocce Tournament will begin June 10. Please sign up with a partner by Saturday, June 8 on the sheet by the bulletin board. NO EXPERIENCE NECESSARY.

All Kendal residents are invited to play bocce: "The world's oldest sport, a sport known to revive the body and mind, and, next to soccer, the most popular game in the world." There are two bocce sets available for your use (stored by the exit door near the William Penn Room). Take them out for a trial spin on any outside lawn. Questions? Please ask Pam or Ben Lenz.

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## RELIGIOUS SERVICES

### AT KENDAL

#### Episcopal Service

Holy Communion  
Saturday, June 8, 11:00am, CAR  
Rev. Nancy Roth

#### First Church Service

Sunday, June 16, 4:00pm, CAR

#### Roman Catholic Mass

Friday, June 21, 10:00am, Crossroads

#### Society of Friends

Sundays, 10:00am, Whittier Lounge

## Bridge Results

### MONDAYS

**April 29:** 1st, Bill Schreiner; 2nd, Helen Randel.

**May 6:** 1st, Cathy Fauver; 2nd, Betty O'Connor and Eileen Dettman (tie).

**May 13:** 1st, Bill Schreiner; 2nd, Bob Randel.

**May 20:** 1st, Carol Ganzel; 2nd, Helen Randel.

### WEDNESDAYS

**May 1:** 1st, Russ & Connie Bimber; 2nd, Eileen Dettman and Mary Beth McCalla; 3rd, Cate and Paul Schwaegerle; 4th, Helen and Bob Randel.

**May 15:** 1st, Cate and Paul Schwaegerle; 2nd, Russ and Connie Bimber; 3rd, Helen and Bob Randel.

## First Church United Fellowship Saturday, June 8 - AUD

**9:30am: Fellowship and food**

**10:15am: Pastor David Hill**

Pastor Hill will share recent events at First Church as well as talk to us about the importance of our church to Oberlin. **All are welcome.**

## The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents

Association, 600 Kendal Dr., Oberlin OH 44074

Consulting Editor: Robert Baldwin

Managing Editor: Elizabeth Aldrich

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Immediate Past Editor: Betsy Thomas

Photos: Eleanor Helper

Production: Don VanDyke

Deadline for the July 2013 issue of *The Kendalight* is June 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

**Note: Please submit articles by email to our address:**

***Klite600@yahoo.com***

If no email access, please type article on separate sheet (NOT on room request form), sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number.





## Dining and Nutrition Services

### Special Events for June

**Wednesday, June 12**  
**Annual CommUnity Picnic**  
**11:30am-1:30pm in front of Heiser**

**Sunday, June 16**  
**Father's Day Buffet**

### Notes from Ann Pilisy

The spring/summer five-week menu cycle began on May 29. Please give us your feedback, so we can continue to adjust menus to majority satisfaction.



**4/16/13**  
**to**  
**5/15/13**

### Nature Sightings at Kendal

**4/16** Scott Orcutt: Chipping Sparrow, near Parking Lot #3; **4/18** Emily Pugsley: Great Blue Heron on Triangle Pond; **4/19** WHO REMOVED A NEST AND EGGS FROM ROCK POND? SHAME!! **4/19** Multiple shots fired. Island Pond. (Does this mean the Screamer was still active this late in the breeding season?) **4/19** ANOTHER ROCK POND GOOSE NEST HAS BEEN ROBBED OF EGGS! WHY???

**4/20** Lee Hefner: Pine Siskins and a Common Loon on Russia Twp. Pond; **4/22** Terry Carlton: geese and goslings in Farmer's Pond; **4/22** Maureen from Housekeeping: four Spotted Sandpipers in Russia Twp. Pond; **4/25** Betsy & Tin David: Great Egret on Triangle Pond; **4/25** Scott Orcutt: Juvenile Red-Breasted Merganser in Rock Pond, and

**Friday, June 21**  
**Fun Fitness Week Participants' Recognition Luncheon**  
**11:30am-1:15pm in the Fox and Fell**

If you participate in **one** Fun Fitness event, you are invited to this free lunch. But you must sign up for it in advance.

**4/26** Yellow Warbler and pair of Green Herons near Rock Pond; **4/26** Meg Gold: Pine Warbler and a Redwing at Bev Fordyce's feeder; **4/27** Joy Walworth: Green Heron dining at Meadow Pond; **4/28** Scott Orcutt: three Greater Yellowlegs at Rock Pond (on Little Rock). **5/4 & 5/5** Lee Hefner: heard a Wood Thrush singing in the woods at the entrance to Kendal; **5/4** Bob Hefner: Fox Sparrow (!) near #201; **5/5** Ann Pilisy: first hummingbird of the season at her feeder in west Oberlin; **5/7** Marcia Deist: White-Crowned Sparrow at #95; **5/10** Nina Love: Northern Oriole at her hummingbird feeder at 8:00am; **5/12** Emily Pugsley: Pine Siskins and Chipping Sparrows at feeder; **5/13** Anne Helm: White-Crowned Sparrow in back of #82; **5/15** Maureen: Flicker near #29; **5/15** Scott Orcutt: Eastern Kingbird near Rock Pond.

Keep them coming! -Betty Weinstock

### A Wine Table in the Works?

Interested in starting a wine table, where diners bring their own wine? Please contact Mel Schuster.

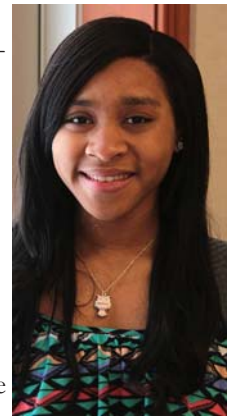
### Solo Diners: Thursday, June 13, 5:30pm, The Den

This will be our last gathering until September. Watch for our sign-up sheet.

## Food for Thought

### Meet Taiya George...

Those of us who have lived in Oberlin for some time know about the town/gown agreement that any student who has spent his/her entire high-school career at Oberlin High School and who has met all the eligibility standards to attend Oberlin College can do so FREE.



Now, Taiya George, a server at The Fox and Fell, is graduating and taking advantage of this wonderful offer. What else does Taiya do besides school work and Kendal serving? When I came to interview her, she was playing the piano in the Heiser Lounge. She has played violin in the Oberlin High School orchestra. She enjoys watching soccer on television and was even the number one soccer fan of the Oberlin High School Boys' team. Of course, she takes care of her three cats: Sylvester, Gabriel, and Kevin Leader. Her parents have agreed to cat sit while Taiya is in college.

At Oberlin, Taiya expects to major in psychology. Innately shy, she conquers her shyness by being open and caring with others. She is a great listener. She thoroughly dislikes people who "put others down." We hope that in her career she will be able to sensitize others to be conscious and careful of others' feelings. Message: "DON'T DIS." -Naomi Barnett interviews one of our Dining Services staff each month on behalf of the Kendal Food Committee.

Call 775-9868 to hear announcements and menus of the day.  
Or find them on our website:  
[www.kaores.kendal.org](http://www.kaores.kendal.org)

SUN	MON	TUE	WED	THU	FRI	SAT
<h1 style="color: red; margin: 0;">JUNE 2013</h1> <p style="margin: 5px 0;">NOTE: July 1- Afternoon Exchange, Barbara Thomas - 4:00pm AUD</p>			<p style="text-align: center; margin: 0;">Wednesday Morning Conversation every Wednesday 10:00am - WHT</p> <p>☸ = Kendal Bus      HL = Heiser Lounge  CAR = Central Activity Rm      WCH = Warner Concert Hall  CCR = Crossroads Room      WHT = Whittier Lounge  GCR = Green Room      Bold Face = at Kendal</p>		<p>1 Walk in the Park 9:00am Heiser</p> <p>Reading of <i>Kendalight</i> 10:00am WHT</p> <p>Film: Le Havre 7:15pm AUD</p>	
<p>2 Quaker Worship 10:00am WHT</p> <hr/> <p>English Country Dancing every Sunday 7:15pm - AUD</p> <hr/> <p>Film: Bus Stop 7:00pm WHT</p>	<p>3</p> <p>Bridge 7:00pm AUD</p>	<p>4</p> <p>Conversations with Community "Model UN Report from Langston Students" 1:30pm AUD</p>	<p>5</p> <p>Pairs Bridge 7:00pm AUD</p>	<p>6</p> <p>Conversations with Community "Lois and Dogs" 4:00pm Pkg Lot 2</p> <p>Health Lecture: Cancer Questions Dr. Alexander Zolli 7:15pm AUD</p>	<p>7</p> <p>Courtyard Garden Concert 4:00pm</p>	<p>8</p> <p>Walk With a Doc 8:30am Heiser</p> <p>United Fellowship 9:30am AUD</p> <p>Episcopal Serv. 11:00am CAR</p>
<p>9 Quaker Worship 10:00am WHT</p> <p>Film: Overboard 7:00pm WHT</p>	<p>10</p> <p>Silent Auction Heiser Lounge</p> <p>Big Bus: Cleve- land Federal Re- serve Bank, Arcade 8:30am-3:30pm</p> <p>Sounding Board 2:00pm WHT</p> <p>Bridge 7:00pm AUD</p>	<p>11</p> <p>Silent Auction Heiser Lounge</p>	<p>12</p> <p>Silent Auction Heiser Lounge Bidding ends at 3:00pm</p> <p>CommUnityPicnic 11:30am-1:15pm Front of Heiser</p> <p>Scrabble 7:15pm CCR</p> <p>OHC: "Education in Early Ohio" 7:15pm AUD</p>	<p>13</p> <p>Coffee Hour with Barbara Thomas 9:30am Langston</p> <p>Low Vision Support Group 4:00pm Crossroads</p> <p>Solo Diners 5:30pm Den</p> <p>Conversations with Community "Lorain Metro Parks" 7:15pm AUD</p>	<p>14</p> <p>Courtyard Garden Concert 4:00pm</p> <p>Film: Gangs of New York 7:15pm AUD</p>	<p>15</p> <p>Walk in the Park 9:00am Heiser</p> <p>Juneteenth Festival at Tappan Sq. 10:00am-5:00pm</p> <p>Play Readers: "The Admirable Crichton" 7:15pm AUD</p>
<p>16 Quaker Worship 10:00am WHT</p> <p>Father's Day Buffet</p> <p>First Church Service 4:00pm CAR</p> <p>Film: Shake- spear in Love 7:00pm WHT</p> <p>23 Quaker Worship 10:00am WHT</p> <p>Film: The Grass is Greener 7:00pm WHT</p> <p>30 Quakers 10:00am WHT</p> <p>Film: Ultimate Gift 7:00pm WHT</p>	<p>17 Fun Fitness</p> <p>———— Cycling, Observation Walk, Water Walking, Miniature Golf</p> <p>Bowling - 9:30am- Noon - CAR</p> <p>20th Anniversary Recognition - 11:45am OR 1:30pm - AUD</p> <p>Pool Fun 4:00pm Pool</p> <p>Bridge 7:00pm AUD</p> <p>24</p> <p>Bridge 7:00pm AUD</p>	<p>18 Fun Fitness</p> <p>Wii Fit Fun - 9:30am - Noon - Exercise Rm</p> <p>Fun Obstacle Course - 1:00-2:30pm - Heiser Lounge</p> <p>Sitting Basketball Shoot: 3:30pm CAR</p> <p>Robot Table Tennis - 7:15pm - AUD</p> <p>25</p>	<p>19 Fun Fitness</p> <p>Brain Teasers, Lap Swim/ Perimeter/Heiser Walk</p> <p>Walking Relay Race 9:30-11:30am Ambulance Circle</p> <p>Shotput Throw - 12 Noon - 2:00pm - Croquet Ct. Area</p> <p>Bean Bag Toss - 4:00-5:30pm- CAR</p> <p>Unitarian Univ. 4:15pm AUD</p> <p>Pairs Bridge 7:00pm CCR</p> <p>Genealogy Group 7:15pm AUD</p> <p>26</p> <p>LUNCH BUNCH: Rose Cafe ☸ 11:30am-2:30pm</p> <p>Scrabble 7:15pm CCR</p>	<p>20 Fun Fitness</p> <p>Swim/ ———— Walk</p> <p>Tennis Court Fun 7:30-9:00am</p> <p>Four Square 1:00pm AUD</p> <p>Standing Basket- ball Shoot: 4:00pm Employee Entrance</p> <p>KORA Council 10:00am AUD</p> <p>27</p>	<p>21 Fun Fitness</p> <p>20th Anniversary Community Walk 10:00am - Heiser Entrance</p> <p>Participants' Recognition Luncheon Fox and Fell 11:30am-1:15pm</p> <p>Catholic Mass 10:00am CCR</p> <p>Courtyard Garden Concert 4:00pm</p> <p>28</p> <p>Courtyard Garden Concert 4:00pm</p> <p>Soul Proprietors ☸ 7:00pm Tappan Sq.</p> <p>Baroque Performance Institute Concert 8:00pm WCH (tickets at door) ☸</p>	<p>22</p> <p>Walk in the Park 9:00am Heiser</p> <p>Chalk Walk 10:00am-4:00pm Downtown Oberlin</p> <p>Family Concert in the Park: Kevin James and The Scrooges 5:30pm Tappan Sq. ☸</p> <p>Opera Movie: Meeting Venus 7:15pm AUD</p> <p>29</p> <p>Walk in the Park 9:00am Heiser</p>