

The Kendalight

Kendal at Oberlin Residents Association

June 2020

Volume XXVII, Number 6



Fun Fitness

The 15th year of our annual Fun Fitness Week takes the form of Fitness Challenges

and Perimeter Observational Walks. Several have already been sent to your email or open mailboxes.

These are voluntary activities, run on the honor system. Remember to maintain social distancing and wear your mask!

The instructions sent to you explain how to record your answers and totals, and how to submit them. The results will be posted in July.

Whatever you do, **have fun!**

~Kathy Caldwell, Chair, Fitness and Health Committee



Independence Day, Saturday, July 4, 2020

Our annual celebration of the birth of our nation on July 4th will necessarily be different than in previous years. However, we still plan to at least PARADE! – with masks and maintaining proper physical distance, of course.

Would you like to participate as a marcher in the parade or as a spectator on the street around Heiser Circle? We need lots of both. In either case, please decorate yourself as festively as possible – and maybe decorate your current mask or create a new mask for the occasion. We could end up looking like Carnival time in Venice! Marchers can bring a decorated pet or vehicle – rollator, electric wheelchair, wagon, bicycle (at a slow speed, of course), even a small float. Whether marching or spectating, think about having a sign or flag to wave. And an instrument or noisemaker of some kind – so long as you don't have to blow into it, as you would with a whistle or a kazoo. Possibilities are drums of all kinds, cymbals, tambourines, rattles, air horns. The more noise we can make, the more celebratory it will be.

Final details for the full day will be in the July *Kendalight*, but start thinking now about ways you would like to participate. Yes, this will be very different from earlier 4th of July celebrations, but with all of us using our creativity and our imaginations, we can make it memorable in its own special way.

~Tom Morgan, Volunteered Coordinator

**ZOOM EXCHANGES
WITH
BARBARA THOMAS
AT 4:00PM**

TUESDAY, JUNE 9

THURSDAY, JUNE 18

THURSDAY, JUNE 25

THURSDAY, JULY 2



Treating Cabin Fever

Here is another remedy from our own Dr. Joyce (a PhD, not THAT kind of doctor).

Binge-Watch TV. Netflix has hundreds of choices in movies and series to choose from. Popular series favorites include *Russian Doll*,

Ozark, *Locke and Key*, *Outlander*, *Sherlock*, *Better Call Saul*, and *Breaking Bad*. If you are a member of Amazon Prime, you also have access to Amazon Prime Video that offers both free series programming (*Curb Your Enthusiasm*, *Tom Clancy's Jack Ryan*, *The Marvelous Mrs. Maisel*, *Good Omens*) and free original movies (*The Big Sick*, *Manchester by the Sea*, *The Report*) and popular movies (*Beckett*, *Star Trek*, *Thor*, *The Lincoln Lawyer*). If you are a PBS member, you might be entitled to PBS Passport that includes PBS programming like *Downton Abbey*, *Mr. Selfridge*, *Victoria*, *Nature*, and *Nova*, as well as *PBS NewsHour* and *Washington Week in Review*. Current television and other original programming can be streamed on Hulu, Sling TV, and You-Tube TV. For no-cost watching, try YouTube (take care not to confuse this with YouTube TV, a subscription service).

See the July Kendalight for more prescriptions.



The KORA Council continues attending to business during this unique “hard-closure” time. The KORA Executive Committee meets weekly to address emerging issues, and the whole Council holds regular meetings. The following report of the May meeting of the Council indicates its ongoing work.

Reports from Council Committees: Members of the **Coordination Committee** have contacted the chairpersons of KORA standing committees to get updates of the activities and concerns from these groups, offering assistance as needed. Two leadership changes were reported. Shirley Taylor is the new chairperson of the Program Committee and Kathy Caldwell is chairperson of the Pet Matters Committee.

Suggestions and Concerns Committee received input from residents via email and reported two concerns. One was the request that residents wear more-visible nametags, which has been handled by the Kendal office staff and members of the committee. The other was a concern for the isolation felt by some residents during our closure.

Reports from Liaisons:

Facility Services Liaison Bruce Richards reported that work will soon begin to clean the mud and debris from recent construction sites, address the drainage of standing water in ditches, and construct a visitation booth for the Stephens Care Center.

Stephens Care Center Liaison Phil Pritchett reported adjustments to resident meetings, which are now weekly and engage residents via Zoom in several locations rather than in one central meeting area.

Other Business

The Council heard updates from two working groups: the **Video Policy**

LDNC Prepares for Nominations Season

It is harder to visualize KORA at work at this time when communications and meetings take place via Zoom. Many activities from the New Normal Committee list (May 15 COVID-19 News Update) reveal KORA at work through its committee structure and resident volunteer efforts. The meetings of KORA Council are now being recorded and made available on the Resident Website. These resources may help to provide a sense of the active community life that is here, even if not visible in the usual ways, especially for our newest residents. The beat goes on, and so it is time to hear from LDNC!

The Leadership Development and Nominations Committee is defined in the Revised KORA Constitution and Bylaws, Article IV. Through the year we are focusing on leadership development and the leadership needs of the association. Working with the Coordination Committee of KORA Council, we hope to be a resource for committees and interest groups as we get to know our residents and their interests. Our resident association is a voluntary system which touches on just about every aspect of our lives at Kendal. It depends on residents with organizational skills to provide leadership as well as upon the participation of all residents according to their interests and gifts.

In addition our work includes the tasks of the former Nominations Committee. In July we will invite you to consider for office residents that you feel would represent you well as councilors and officers of KORA. LDNC has job descriptions for these positions which will be posted. We will describe them briefly in the July *Kendalight*, provide information about leadership needs for 2021, and outline the nominations process.

It's not too soon to be thinking about whom to suggest and about your own desire for engagement in KORA activities. Members of LDNC are: Ardith Hayes and Sue Palmieri, co-chairs; Robert Longsworth, Tom Morgan, Sandy Siebenschuh, and Barbara Whitehead.

group and the **New Normal Committee**. Each has residents collaborating with Kendal administration.

Resident Engagement Coordinator Joyce Benjamin gave an update about connecting Kendal community with relevant information during this time of closure. In addition, she reported on her role as Kendal at Oberlin liaison to the Kendal Corporation's expanding Communication Initiative.

The **Council** agreed to provide ice cream for our community July 4th celebration.

The June Council Meeting

Plans are underway for the June 16 KORA Council Zoom meeting to be available via the new Kendal dedicated TV channel, so that the entire community can view the meeting.

~*Gary Olin, KORA President*

June Suggestions and Concerns Committee

The committee meeting is cancelled, but you are welcome to send a suggestion or concern to chair Marjorie Porter. You will find her open mailbox number, email address, and phone number in the 2020 Kendal Directory.

A written message is preferred, to make sure it's conveyed correctly to others. Your message will be shared and discussed with other committee members, and you will receive a response.

~*Marjorie Porter, Chair,*

Suggestions & Concerns Committee

Minutes of KORA Council meetings are available in the library and on the KORA website *kaores.net*
Click *Calendar*, click *Archive*, click *Events-Recording*



2020 Gay Pride Month at Kendal at Oberlin

Gay Pride will be marked at Kendal at Oberlin by putting up rainbow flags along the Heiser entrance and encouraging residents and staff to put rainbow flags in our windows. The program and movies originally planned for June are postponed until fall when hopefully LGBT+ and Allies can gather together to celebrate. During June the KaO LGBT+ and Allies Interest Group will have a display in Heiser for you to visit and learn about LGBT issues and activities.

The KaO LGBT+ and Allies Interest Group was first organized in Spring 2018 to support LGBT+ persons at Kendal and to educate and advocate around LGBT+ issues. The interest group planned KaO's first Pride Week Celebration in June 2018 and another week of activities for Pride Month in June 2019. The group, made up of residents and staff, meets from time to time during the year as issues arise and/or the group members decide the time is right for a meeting, discussion, and/or event for LGBT+ and Allies. If you would like to participate in the interest group, contact Dwight Call or Ann Francis.

2020 LeadingAge Ohio STARS Are Delayed... But No Worries!

COVID-19 has definitely changed all our lives, and the preventive need for social distancing eliminated all in-person LeadingAge Ohio gatherings for April and May.

Bobbi Dolan, Program Associate for LeadingAge Ohio, said, "Please know that we are monitoring the situation with the coronavirus and will continue to do so in the coming weeks. Your safety and the safety of your residents and staff are of the utmost importance. We have not rescheduled any of the postponed events because the end of all this is yet unknown. If anything changes we will make sure to notify our members as soon as possible."

All staff nominations are on hold while we wait for our situation to change. When we receive word of rescheduling the STARS honors luncheon, we will proceed with making final nominations and announcing our 2020 STARS.

*~Toni Merleno,
Director, KaO HR*



Remember! Wear your face mask and your name tag so newcomers and old-timers alike know who you are!

2020 Chalk Walk

It is with a heavy heart that the Oberlin Chalk Walk Committee has decided to postpone the 2020 Oberlin Chalk Walk (originally scheduled for June 20) until further notice. Please know we are monitoring the COVID-19 situation to make informed decisions to keep all of our artists, volunteers, and community members safe and healthy.

Please continue to check our website and Facebook page for updates.



Have a Heart

Have you noticed some residents and staff are wearing rainbow hearts on their nametags? At Kendal at Oberlin wearing a rainbow heart on your name tag affirms LGBTQ+ persons and recognizes persons as allies. Request a heart by putting a note in open mailbox #49 with your contact information.

♪ Music at Kendal ♪

Kendal Song Swap by Zoom Wednesdays - 7:00 to 7:40pm

To get the Zoom link do one of these:

- See resident database (kaores.net) and click "Calendar."
- Email Judy Cook, who sends out the Zoom link the day of the event.

Zoom Folk Concert Series

A series of afternoon folk concerts is being planned to feature folk artists from Britain and America. These concerts will likely be Zoomed and include participation by Kendal residents or outside artists, a 30-min. concert by the performer, and a 15-min. Q&A.

Watch for more details on WKAO. Or contact Judy Cook.

Check WKAO for Events

Keep watching WKAO to see announcements for programs you can see via Zoom, online streaming, or our new cable channels (see "In This Together: But Now with More TV Channels!" on page 8). WKAO alerts you about Kendal inhouse programs (exercise, information exchanges, films, music), suggestions from residents (concerts, lectures, virtual tours), and college programs.

For example, *Stage Left* is a new series of online programs featuring Oberlin Conservatory faculty and students as well as guests from around the globe. A live program will be streamed Tuesday evening, June 4, but other programs are available on demand at www.oberlin.edu/conservatory/stage-left.

~Your conscientious WKAO staff

For the

Vision-Impaired



Low-Vision Support Group

Because of restrictions on Kendal meetings due to COVID-19, we will not meet in June.

We're in This Together!

I can't believe it's June! We have been in the thick of the pandemic since mid-March when we had a hard close, shutting down all community activity spaces, dining rooms, and fitness areas including the pool, and not allowing entrance to Kendal by any visitors unless for essential business.

The Board of Directors agreed to cancel its March meeting and defer "ordinary" business because everything had become "extraordinary." Two months later, the board agreed to meet remotely using a forum like Zoom. In fact, it will be doing remote meetings for all of 2020, clearly the "new normal" way.

One of the highlights of the May board meeting was learning about the changes that have occurred on our campus in recent months. This was accomplished well through a slide program – no words, just photos of everywhere! It took the board behind the scenes: to the kitchen as mid-day meals were packed up; to the dining rooms now being used as critical storage for "PPE" (personal protective equipment). The board saw that signage was prominent everywhere, directing both residents and staff how to behave in the "new normal."

I'm arranging to share the slides on KORA's website. Some will be new to you, especially those behind the scenes including in the Stephens Care Center.

How will Kendal at Oberlin guide the reopening and still remain safe without a vaccine for the surest protection? One word: carefully.

Kendal administration has partnered with resident leaders, beginning with KORA's President Gary Olin. The New Normal Planning Committee is meeting weekly with a ton of emails in between as they focus on identified priorities for programming that could begin to be offered, but with necessary practices and procedures to assure safety for all.

The activities that carry the least amount of risk are those that are out-



Photo: Rebecca Cardoza

Question: What has a ten-year gestation period, is one mile long, and is enjoyed by many residents?

Answer: Our Perimeter Path.

Kendal's pathway was a long time coming. In 1996, the KORA minutes noted: Since the perimeter pathway has been an ongoing problem that has not been solved, it was moved, seconded, and passed, that a separate Perimeter Pathway Committee be formed. It was noted that a pathway is in the long-range plan, but money is not available in the 1996 budget....

A map of the proposed path appeared in *The Kendalight*, and an early estimate for construction was \$99,000. KORA donated \$10,000 and several anonymous gifts came in. Kendal administration also stepped up. A year later, the chair of the committee, Ogden Hannaford, reported that with \$30,000 in hand, an initial segment of the path could be staked out near the Maple Street entrance.

We have little information from the intervening years. When Phase I of construction began in 2005, the path was incomplete and mostly gravel. By 2006, the final paved segment of the path was completed.

Over a span of 10 years, the building of the path demonstrates the perseverance and generosity of many residents. Today more than ever, we appreciate our perimeter path every day.

~Grace Tompos

side, with all participants wearing masks and socially distanced. Indoor activities bring more risk and restrictions. In-house dining will be the last area to be opened up! Other community rooms will be limited by number of people, with no space to exceed 10 (such as Heiser Auditorium). Some spaces will be far more limited, like the fitness room (2 people) or the library (5 people) and have a specific time limit for use.

Spaces will require social distancing and masks to be worn at all times.

The guidelines may be driven by square footage or by regulations or clinical advice. All spaces will need to be sanitized before and after personal use, and many more sanitizing supplies put in place. This may be inconvenient and burdensome, but it will finally bring back more of our meaningful interactions and much loved ways of spending time. We all have missed doing what we so dearly love at Kendal. Let the living begin, but with care and attention to reduce risk!

~Barbara Thomas



Art Gallery News

Kendal's quarantine has provided us all with some special gifts. First of all, the artists whose works were hung in the three galleries – **Taha Benadada**, whose evocative seascapes appear in the **Kendal Main Gallery**; **Roy Jenkins**, whose beautiful photos are hung in the **Community Gallery**; and **Katie Krueger**, whose powerful abstract paintings line the **Friends' Gallery** – have all agreed to loan us their work until the lockdown is over. Thus, we are happy to report that Kendal's beaches will remain open, residents may continue to visually visit lighthouses near and far, and those in the Stephens Care Center can continue to be stimulated by the bright designs they pass! The downside of this necessary arrangement is that we will probably not have the opportunity to admire the creativity of our fellow residents, since the "Kendal Creates" exhibition will have to wait for another time.

Many people have asked (OK, one person) about the thrilling work of the notorious "Hanging Committee," which puts up each new show in our galleries. Here's how the magic happens:

1. The artist brings the work to the gallery.
2. The curator for the gallery leans the individual pieces against the wall on the floor in the order s/he thinks might be suitable.
3. Discussion ensues among the various members. Suggestions are made.
4. We do it the way the curator says.
5. The crew, usually consisting of Robert Taylor, Mary Behm, Grover Zinn, Nina Love, John Matsushima, Bill Siebenschuh, and Tom Van Nortwick, divides up the work of hanging the art, working in pairs or alone.
6. The procedures for hanging the individual pieces are:
 - a. If possible, the center of each piece is positioned 58 in. from the floor, the distance that Paul Arnold established was best for viewing.
 - b. The intricate scientific process (well, some arithmetic is required) of determining where to put the picture hangers is initiated by each hanging unit.
 - c. The hanging proceeds.
 - d. Swearing and finger-pointing follow, as the teams (OK, it's always Bill and Tom) discover that their calculations were slightly off.
 - e. Eventually, after some salubrious interventions by capable adults, the measurements are corrected and the pictures hung.
7. High-fives and backslapping conclude the operation.

As you can see, this is demanding and sometimes dangerous work (swollen thumbs, etc.) best left to experts, but the Hanging Committee does it anyway.

We really do hope that the art in the galleries can provide stimulation and solace in these trying times.

Stephens Care Center News

SCC residents who wish to have **window-side visits** this summer will have chairs placed outside their SCC room windows. You can call the residents directly to see if they are ready for a visit, or call the nursing staff in the SCC to assure your person will be available to visit with you. Please help keep our CommUnity connected.

Spelling Bee! We need some competition!! Two of our spellers are looking for a bit of a challenge. If you like to spell and can use Zoom, join us on Sundays at 3:00pm at Zoom Meeting Room: 686-672-940. Oberlin College student Delaney Kelly is our leader.

~Michele Tarsitano-Amato

Kendal Resale Shop Talk

Benefitting Kendal Residents Assistance Fund and Community Charities

Re-Opening the Resale Shop

We've got plans in our heads.

We've got energy to spare.

So please hold on.

We'll soon be there.

*~Shirley Taylor,
for the Kendal Resale Shop*



What's New With the Cardinal Shop?

The Cardinal Shop is currently reassessing its mission to better serve the changing demographics of KaO.

As the new Grand Plan for space in Heiser and the Stephens Care Center evolves, the Cardinal Shop will be announcing its plans for adaptation.

Stay tuned!



STAY CONNECTED!

Our quarantine is still in place and it's hard to keep up our spirits and believe there will ever be an end to it. Meanwhile, residents in the Care Center are even more isolated than those in independent living.

Two Tips To STAY CONNECTED

1. Keep track of birthdays on the monthly birthday list. Send a note/card to any resident in the Care Center who has a birthday. They will know you have not forgotten them.
2. The Creative Arts Department in the Care Center has drawn games (Tic Tac Toe) on the windows facing the outside in the Patterson and Whittier Lounges and left Sharpies outside the windows. You can make arrangements with someone in the Care Center, go up to windows, and play a game.

If you have trouble contacting someone in the Stephens Care Center by phone, e-mail, etc., to play games or just talk, please contact Elizabeth Hole.

More About Kendal Residents



Anne and Rollin Conway

Anne:

I was born in the second year of the baby boom and have lived almost all my life in Ohio. I grew up in and around Mansfield and met my husband Rollin at church camp. We married young and finished college together at Ohio Wesleyan University.

When our two daughters were small, I completed my library degree and began my career as music cataloger for Cuyahoga County Public Library. I soon transferred to public services and worked at Berea, Fairview, and Bay Village branches, retiring as branch manager of the Parma Heights branch in 2007. Along the way I became involved in union organizing, serving as president of the CCPL local and on the Professional Council of Service Employees International Union.

After retirement, we moved to Oberlin and bought our first and only house, having lived in parsonages throughout Rollin's career as a United Methodist pastor. Our older daughter Kristan lives in Oberlin with her husband and two sons. She is an occupational therapist in the Midview Schools. Jessica lives with her husband in Avon Lake and is a family practice physician at the Cleveland Clinic.

We count ourselves fortunate to have our family close to us.

We have always enjoyed traveling, usually camping when our girls were young. Maine, the Georgian Bay in Ontario, and Steamboat Springs, CO, are some of our favorite destinations,

and we treasure memories of our trips to Israel, Alaska, Hawaii, and Australia. We are now on a mission to visit the only four states we have yet to see.

Closer to home, we spend much of the summer at our cottage at Lakeside, enjoying the Chautauqua program and just relaxing beside Lake Erie.

Moving to Kendal seems like the right way to begin our next adventure.

Rollin:

I am a PK (preacher's kid) who was born in Medina, OH, during the first year of the baby boom. As a PK, I and my family moved several times during my childhood and teenage years.

I graduated from Mount Vernon, OH, high school, majored in psychology at Ohio Wesleyan University, and went to seminary at the Methodist Theological School in Ohio (MTSO), earning both Master of Divinity and Doctor of Ministry degrees.

Throughout my career, I served six parishes in the East Ohio Conference of the United Methodist Church and taught as an adjunct faculty member for MTSO. I've been a long-time board member for OhioGuidestone, a non-profit health and welfare agency with a wide variety of programs throughout Ohio.

I met my wife, Anne, at church camp and we married while we were both still in college. We have two daughters, Kristan Carter, who lives with her husband, Brian, and two sons, Leo and Max, in Oberlin; and Jessica Chisholm, who lives with her husband, Jason, in Avon Lake. Kris is an occupational therapist working with students in the Midview school system; Jessie is a family practice physician working for the Cleveland Clinic at their Avon facility. We feel fortunate to have family members nearby.

We retired to Oberlin 12 years ago, buying our first non-parsonage home.

As a PK and pastor, I had lived in parsonages all my life.

We have enjoyed Oberlin immensely. We are active members of The First Church in Oberlin (UCC), enjoy Conservatory student recitals, and other college town benefits. We spend time traveling, visiting with family and friends, hiking, and discovering the beauty and wonder of nature. We're looking forward to making new friends in the Kendal community.



Helene Aarons

My 80-year journey has been full of unplanned events which have allowed me to experience and develop very different parts of myself, from living in a teepee and foraging in meadows for fresh greens for salad to spending five years as a Volkswagen mechanic. I was a great technician but lousy diagnostician, rebuilding an engine because it was out of gas!

Hippie life in the 60s, 70s, and early 80s presented lots of opportunities to explore new ideas, skills, and lifestyles. Today, my recent stroke is my prime teacher, necessitating a different way of walking into a new life.

Several threads have remained constant throughout these years. First, my deep love for, and connection to, nature. I had a wonderful 25-year Federal career helping folks challenge the illusion that we are separate from nature. As a wilderness and vision quest guide, I helped people experience the awesome ability of nature to be a teacher and guide in our lives. Nature is my spiritual mother.

Second, learning about community,

For new policy about email addresses and phone numbers, please see page 10.

Let's Welcome Our Newcomers

The Newcomers Committee sponsors an event twice each year to introduce new residents to the community. Due to Kendal's hard close, the one scheduled for May 6 was postponed and will be rescheduled either as a traditional reception or in some other form.

In the meantime, seven new residents have joined our community since Kendal's hard close in March. Others are expected this summer and fall. How do we meet them? Due to COVID restrictions including quarantine, masks, and social distancing, they are not well known to the community at large.

Since it is difficult to meet them (or even see them) the "normal" way, we are introducing them to you in a "new normal" way. Beginning with this issue (both pages 6 and 7), *The Kendalight* will publish a photograph of each new resident, along with a profile or brief caption. Welcome, Newcomers! ~Anne Wardwell, Chair, Newcomers and Friendship Committee

Recent Move-Ins



Ann Fuller moved from Oberlin, OH, in early March.

Physicist and then Oberlin Community Services Executive Director for 28 years. Interested in technology, history, genealogy, and music.



Andréé and Jim Underwood moved from Vermilion, OH, in mid-April.

Andréé Underwood: Native speaker of French. Teacher of the language and its culture for 30+ years. Interests: yoga practice and meditation, reading, classical music, gardening, tennis, swimming, hiking...



Lillie and Nick Long moved from Lafayette, LA, in late April.

Lillie Long: Public Affairs Specialist with the Department of Homeland Security in New Orleans as a writer and photographer. Interested in photography, movies, traveling, cooking, growing herbs, sewing, crochet, painting, and pottery.

Nick Long: Chemical Engineer for 33 years manufacturing chemical additives for oil and gasoline. Interested in gardening, cooking, and pottery.

Upcoming Moves

Larry and Donna Steele will be moving from Princeton, NJ, in June.

Helene Aarons (Cont'd)

from living in a co-op in college, various communes during my 15-year sojourn as a hippie, and even spending hours watching a colony of ants go about their daily life.

Third, my love of making art. I have worked in many different media, most recently making vinyl floor mats and wall hangings painted with indigenous tribal designs. Seeing nature in all her beauty – an opening flower, the veins of a leaf, and the brilliant red of a male cardinal – is often my inspiration.

As my journey continues at Kendal, I look forward to continue building a rich and nourishing life with new friends and new experiences.

Jim Underwood: Previously lived in Oberlin and the Cleveland area for many years. Taught French and English on both the high school and university levels for 8 years; next career in library/media. Main interests are art, antiques, literature, and travel.

Kendal Kryptogam #183 - by Nina Love

HABABMAH KUCK YEK TAKKOYT DUCK FEZ

DCYK OX XEBAKOBAX C DEYWAHLZG

XKHEPA EL GZRP. ~WCGCO GCBC

Solution to Kryptogram #182: "People will forget what you said, people will forget what you did, but people will never forget how you made them feel." ~Maya Angelou

Bobbie Carlson Tended our Garden

In the article “How Does Our Kendal Apartments Garden Grow?” (May 2020, page 5), we regrettably misspelled the last name of Bobbie Carlson, a long-time Kendal resident with a long history in Oberlin.

Florence Louise “Bobbie” (Dunn) Carlson was the daughter of two Oberlin College grads. No surprise then that she graduated from Oberlin in 1940 and went off to China as a Shansi rep where she met another Shansi rep, Ellsworth “Ells” Carlson. They married in 1943, returning to the U.S. a year later as Japanese forces advanced on their city. In 1950 Ells accepted a position in the Oberlin College history department and he and Bobbie returned to Oberlin and remained here, moving to Kendal in 1995. Ells died three years later, but as noted in the May article Bobbie was a vibrant part of our community until 2014.

One of their noteworthy residences in town was the OC president’s house on Forest St. Always active in community affairs, Bobbie worked to improve the relationship between college and town by organizing events there during Ells’ two tenures as acting president of Oberlin College in 1970 and during 1974-75.

Bobbie always made a difference in Oberlin and later at Kendal.



The Rising of the Moon

On Friday, June 5, we will celebrate the **Full Strawberry Moon**.

In This Together: But Now with More TV Channels!

We have many resources available to help us all cope with the COVID Crisis. In my “Cabin Fever” columns I have been sharing some of the things we can do to keep from climbing the walls. This time I want to share a resource that is now available: **a New Television Station: KOTV!**

For many years we have had WKAO cable box 919 (or 19-1 or 95-100 without the cable box). WKAO provides the daily menu and announcement slides and has recently been expanded to include exercise videos and Zoom Exchanges with Barbara Thomas.

We have added a new cable channel found on 920 with the cable box (or on 19-2 or 95-101 without the cable box). Subject to the development of appropriate COVID precautions and protocols, the plan is to begin broadcasting selected events that we had traditionally conducted in the auditorium. Dennis Cook reported, “The auditorium equipment can support anything we did before COVID plus Zoom: presentations with or without slides, song swaps, poetry readings, special events.” All residents on campus will have access to this channel and all the events it broadcasts. KOTV is still in its infancy, but “stay tuned” for details as it grows and develops.

We are also working with Oberlin Cable Co-Op on a “third” TV channel that would provide additional programming for residents in the Stephens Care Center but will be available to all residents in the community as well. We look forward to bringing this new technology to the community and will keep you all updated as to the progress of these projects.

*~Dr. Joyce Benjamin
(a PHD, not THAT kind of doctor)*

Blossom Music Center Big Bus Trip Cancelled

We had hoped to make our annual visit to the Cleveland Orchestra Blossom Festival in August, but the season series has been cancelled. Questions? Ask Randy Wagner or Anne Martin.

Nest Box News

The cold snap the weekend of May 11 took a terrible toll on Bluebird chicks. Here at Kendal five chicks at Meadow Pond were found dead in their nest. The six Bluebird chicks in the box by Lot 5 were found dead; English House Sparrows had entered that nest and killed all the chicks. The fate of the adults is not known. The moral of the story: don’t count your bluebirds until they’ve fledged!

But it is still early in the season and Mother Nature is trying to recover some lost territory. At Island Pond two boxes are paired. One has been claimed by Eastern Bluebirds and contains five chicks that should fledge around June 1. The box attacked by the English House Sparrows now contains 5 blue Eastern Bluebird eggs that should hatch around June 7. The single Bluebird egg in the Community Garden hatched in mid-May. It has been actively guarded and fed by both its parents – a treat for gardeners to observe.

American Tree Swallows have claimed three of our nest boxes; one of them by Island Pond plus two on Wildflower Hill contain a total of 16 eggs. The vigilant adults are never far away and if you approach a box they’ve chosen, they usually perch on top.

A pair of Mallards has chosen the flower bed near the entrance inside the Community Garden to make a nest and start their family. The almost invisible female is sitting on a large clump of daffodils on eggs that should hatch before the end of the month. Ducks incubate for around 28 days. Another family of Mallards has been observed “commuting” between Rock Pond and the swamp behind the pool and fitness room. It’s been a treat for those of us living along their route to watch them come and go.

~Nina Love

Report From The John Bartram Arboretum: Observing Trees

Trees are poems the earth writes upon the sky...
~Kahlil Gibran

During this unusual time of shutdown within the John Bartram Arboretum here at Kendal at Oberlin, outsiders have not been coming to visit, but we residents have been looking more at our 100-plus acres while sitting, walking, running, or riding our bikes. I have been fascinated by the many remarks made to me about our trees.

Early on, several of you said something like "I've been challenged by the various shapes I am seeing in the structure of trees since the leaves have not appeared yet. I never before thought much about that, but now I've had the time to do so." And they have asked me if I can identify most trees by looking at their trunks and limbs. "Not most, but I'm gradually learning. Are you?"

Others have noticed how particular birds go to particular trees, giving us great delight. In early May, apartment dwellers noticed how the Baltimore orioles have loved the crabapple tree in the southeast corner of the apartment building. The male started coming to the blossoms. A few days later a resident put up an orange and he came to both. A short while later the female came to the orange and then to the tree. Residents found orioles in the crabapple near Parking Lot 4 as well.



Blooming crabapple tree near apartments.



Oriole at the crabapple blossoms.



Oriole at the orange.

New Event Production Process Being Developed

As *The Kendalight* goes to press, the Cable Oversight Advisory Committee is discussing its recommendations to KORA and the Kendal administration about what and how to put things on the KaO cable channels (see "In This Together: But Now with More TV Channels!" on page 8). The committee is meeting weekly. Cable events will not be scheduled or supported until the committee's recommendations are accepted and operators have been trained.

The tentative plan is to use the blue reservation forms to schedule cable events (since the Heiser Auditorium console is involved) and follow the old-normal copy-and-distribute paper route for getting the word out to *The Kendalight*, WKAO, and the Kendal Calendar.

Stay tuned as more details develop!

A resident who walked the perimeter path each day since the shutdown remarked that the willow tree by Meadow Pond had them mesmerized. First, it was the gracefulness of the bare branches, then the opening of the leaf buds. They recalled playing under the umbrella of a willow at their grandparents' home as a small child and realized that such early memories are influencing their later views of trees. What are your memories?



Willow tree by Meadow Pond.

As I turned from the perimeter path to walk down the road between Phases 2 and 3, a resident called out to me with joy, pointing to the large swamp white oak on Route 58 which they could view from the living room of their cottage. "See that beautiful (probably 100-year-old) tree! That is the tree that convinced us to plant this one," indicating the several-year-old swamp white oak they had had planted near their cottage a few years ago.



"Baby" swamp white oak tree.

What poems will we help the earth write upon the sky?

~Anne Helm, Arboretum Committee



From Your Editors

You may be wondering, **Where are all the phone numbers and email addresses?** In the interest of protecting Personally Identifiable Information (PII) of our residents, *The Kendalight* will no longer publish resident contact information. This reflects an important policy change.

In the past we created two versions of *The Kendalight*. The first was for residents only and included resident PII. The second was for internet distribution, with resident PII removed. Today we are making only one version, without resident PII. This should help keep us safe from scamming.

Now you are wondering, **But how will I get directory changes and contact information for new residents?** Answer: Look in the online directory or the bulletin board (see the article to the right). JoDee Palmer will be the contact person for directory changes, including posting changes on the bulletin board.

Stay safe and keep reading!

~Elizabeth Aldrich and Suzanne McDougal

Saturday Walks

We now must restrict our walks to the perimeter path and its extension to Phase 2. We will meet at 9:30am on Saturdays at the Heiser main entrance as long as there is interest.

Questions? Contact Phil Pritchett.

AAA Safe Driving Courses at Kendal Cancelled

The two-day AAA safe driving course scheduled at Kendal for April 29-May 1 was cancelled in March due to the pandemic shutdown. The KORA Transportation Committee had hoped to offer additional courses in the summer and in autumn. But AAA has announced it is cancelling all its mature driver classes for 2020. Questions? Ask Kenneth Cheek or Barbara Barna.

Looking for Someone Special?

You'll find biographies of all residents, newcomers and old-timers, in "Who's Here" on the library center bookcase.



Nature Sightings 4/14-5/14

4/14, Blue-winged Teal, Russia Township Pond, Betsy Baumbach; **4/16, Goose chasing Egret**, Rock Pond, Dina Schoonmaker; **4/16, Ruby-crowned Kinglet**, near Meadow Pond, Lee Hefner; **4/16, Pied-bill Grebe**, Farmer's Pond, Nancy Cooper; **4/24 Muskrat chasing Goslings**, Heiser Pond, Mary Lee Orr; **4/24, Hermit Thrush, Palm Warblers**, near Meadow Pond, Lee H.; **4/29, Rose-breasted Grosbeaks** on feeder #201, Lee H.; **4/30, Baltimore Oriole**, near #5, Bill Washburn; **5/1, Yellow Warbler, Carolina Wren, Flicker**, near Meadow Pond, Lee H.; **5/2, Scarlet Tanager**, lot 12A, Ed Wardwell; **5/3. 8 Ducklings**, Center Pond, Carol and Roger Hall; **5/3, 2 Turtles** battling in Meadow Pond, Ruth Bent; **5/3, Snapping Turtles** mating behind #201, Lee H.; **5/3, Bunnies** left the nest, flowerbed in front of #201, Lee H.; **5/5, Red-headed Woodpecker**, Buttonbush Woods, Anne Helm; **5/6, Red Admiral Butterfly**, behind #90, Anne Martin; **5/6, White-crowned Sparrow**, in front of #33, Mary Behm; **5/7, Yellow-rumped Warblers and Vireos**, in trees by entrance trailer, Lee H.; **5/13, Louisiana Water Thrush**, ambulance entrance, Joan Long.

IN MEMORIAM

MARY BETH McCALLA
MAY 15, 2020

Where to Find Contact Info

Now that email addresses and phone numbers for neighbors are not in *The Kendalight* (see editorial to the left), here's where to find them:

- **Online Resident Directory**, in the resident database (kaores.net), click "Directory." Note: you must either be on the Resident WiFi network or be logged in to access this information.
- **Bulletin Board**, near photos of new residents. Be sure to check these updates regularly and add this new information to your personal printed directory.

Did You Know? You can call 775-9868 to hear announcements and menus of the day.

Table Tennis in May

The table in the apartment building is closed down. We wish our friends in the Stephens Care Center healthy and happy play on the table there.

~Sidney Rosenfeld

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association,
600 Kendal Dr., Oberlin, OH 44074
Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Kathy Reichard, Mary Simons

Photos: Sally Nelson-Olin, Gary Olin

- Deadline for the July 2020 issue of *The Kendalight* is June 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: Klite600@yahoo.com
- If no email access, please type article on separate sheet, sign and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services

REMINDER: The plastic bag and all the containers in which your daily meal arrives are trash. None are recyclable or compostable.

Please!

PUT THEM IN THE TRASH!!!

Making a Difference with Technology

Kyle Michalak, the son of late Kendal resident Joyce Michalak, has been helping Oberlin residents for years, first as a police officer, then as gallery director at Firelands Association for the Visual Arts, and now by using his 3D printer to benefit staff at Welcome Nursing Home in Oberlin and staff here at Kendal where his mother Joyce lived for nearly 20 years. Kyle is making personal protective equipment (PPE), both facial masks and face shields, and donating them to the two communities. Kendal currently has enough N95 masks for staff, so the 3D ones are being used as backup.



Kay Herrick (Nurse Manager) and Annette Moore (Health Services Administrative Assistant) wearing 3-D Masks.

"The 3D masks can be wiped down and you can change the filters. It takes about 10 printing hours to make one mask," explains the 69-year-old Oberlin resident. He notes that 3D printers cost about \$300 and countless models of just about everything are available.

Kyle got his 3D printer more than a year ago so he could volunteer for e-Nable, a global nonprofit that pro-

vides free and low-cost fingers and hands for children and adults who have lost their limbs to war, natural disaster, illness, or accidents. But his plans were put on hold while he cared for his wife Linda, who died in January. Now he has made a hand prototype for e-Nable and been approved as a volunteer.

While waiting for his first assignment, he heard that the Kendal staff were having trouble meeting pandemic requirements with cloth face masks that did not fit tight enough or were too tight. He created the "ear-saving" device that's pictured below on his 3D printer.

"A wonderful addition to the mask collection. Relieves all pressure from the ears. Kyle does amazing work," says Shenell Hinton, Kendal's director of Clinical Services & Nursing. Adds Kyle, "Kendal took such good care of my mom for 20 years, I'll do anything for them."

*~Based on the Kendal at Oberlin Blog,
<https://kao.kendal.org/news/making-a-difference-with-technology/>*



"Ear-Saver" Device.

Dining Matters



While the dining staff provides three meals a day for residents in the Stephens Care Center, they have developed a working system to provide a home-delivered meal for residents in independent living. Although the medical dietary needs of our independent living residents have been met, the system has allowed little choice in the meals delivered.

Now that the dining staff has a handle on the logistics of providing meals in a time of COVID Crisis, the Dining Matters Committee has resumed meeting. Our committee is keenly aware of the challenges facing our dining staff as well as the importance of the midday meal in our somewhat restricted lives.

Soon, our Dining Services team will provide some choices for our independent living residents to select meal options. Please realize that supply chain issues under COVID-19 conditions may necessitate last-minute substitutions for requested items.

The Dining Matters Committee continues to listen to concerns and suggestions as we work toward restoring some semblance of normalcy. We are all in this together as we adapt to constraints and strive to thrive in the COVID-19 climate. We appreciate the patience and good will of all our Kendal community.

A Message from Monica

Just a note to say HELLO to all my residents.

I miss you a lot, but now that you can't come to me for breakfast or lunch in Langston, I go to your doors to deliver groceries. At least I see you from a distance.

I miss chatting with you as you get your desserts and seeing you socializing with each other. Please know that we are here to help you and keep you safe.

Until the New Normal gets here, BIG HUGS to YOU ALL!

~Monica Fuquay

