

# The Kendalight

Kendal at Oberlin Residents Association

June 2022

Volume XXIX, Number 6



## 2022 Gay Pride Month at Kendal at Oberlin

The Kendal at Oberlin LGBTQ+ & Allies Interest Group invites our residents and staff to an Ice Cream Social on Sunday, June 26, from 12:00-2:00pm in Heiser Lounge.

This will provide a festive atmosphere to come together to celebrate Pride and to express gratitude for our open and affirming KaO community where LGBTQ+ & Allies issues and people are validated and embraced.

During the month there will also be

two displays designed to raise awareness of LGBTQ+ & Allies activities, contributions, and issues. One will be in Heiser Lounge and the other on the community bulletin board in the hallway outside the Early Learning Center. Finally, there will be a day set aside for LGBTQ+ advocacy on the part of residents and staff, with opportunities provided to write postcards to our legislators.


The KaO LGBTQ+ & Allies Interest Group was first organized in Spring 2018 to support LGBTQ+ per-

sons at Kendal and to educate and advocate around LGBTQ+ issues. The interest group planned KaO's first Pride Week Celebration in June 2018 and another week of activities for Pride Month in June 2019.

The group, made up of residents and staff, meets from time to time during the year as issues arise and/or the group members decide the time is right for a meeting, a discussion, and/or an event for LGBTQ+ & Allies.

If you would like to participate in the interest group, contact Dwight Call or Ann Francis.

## Commencement Highlights in Oberlin

**Fri., June 3, The Grand Piano Extravaganza, Warner Concert Hall, 8:00pm (\$25)** – Featuring Oberlin Conservatory piano faculty members and graduating seniors. **Sign up for Kendal bus.** 

**Sat., June 4, Commencement Recital, Finney Chapel, 1:00pm** – Featuring selected Oberlin Conservatory students. Masks are mandatory. **Sign up for Kendal bus.** 

**Sat., June 4, Campus Illumination and Social on the Square, 7:30pm** – Enjoy ice cream, music, and the community on a Tappan Square transformed by strings of colored Japanese lanterns. Please carpool.

**Sun., June 5, Commencement Ceremony, Tappan Square, 9:30am** – Featuring President Ambar and Board of Trustees Chair T. Chris Canavan '84. Nobel Prize winner and Professor of Economics at the Massachusetts Institute of Technology Joshua D. Angrist '82 will deliver the keynote address.

No tickets are required. The ceremony will also be live-streamed.

## Commencement Weekend Kendal Open House

**Fri., June 3–Sun., June 5, 9:30am to 4:00pm**

The Crossroads Room will be our hospitality suite, offering refreshments and an opportunity to connect with Kendal residents. Tours will be available with the Sales and Marketing staff. Join us in welcoming alumni and other visitors to our campus.



## More Core Value Behaviors: Decision-Making

Decision-making is a core value behavior that is part of every Kendal at Oberlin employee's job description. It affects staff at every level of employment.

Whether a driver working away from campus or a registered nurse working alone at night, our staff must feel empowered to solve problems or take appropriate action to address circumstances under their control.

Such decisions are to be made with Kendal at Oberlin's vision and Values.

Staff come to know by experience and confidence when a situation necessitates a course of action without delay. If a housekeeper's equipment suddenly tingles when she handles the cord, she knows to stop using the equipment and report it immediately for inspection.

More complex decision-making calls for evaluating decisions thoughtfully, collecting necessary data or facts, and

*Continued on p. 2*



Kendal at Oberlin Residents Association

Dorothy Luciano and John Elder’s talk about the creation of Kendal at Oberlin last month was fascinating. It is miraculous that a group of concerned, active, and dedicated people was able to envision, plant the seeds for, and nurture this wonderful community. An Encore performance of the program will be presented on Mon., June 6, at 7:15pm on KOTV.

The founding group’s vision was for a community where residents create the life they want to lead. They plan programs and activities, include all residents no matter where they are on the continuum of care, and reach out to the broader community. We continue to strive to practice the values and standards set forth by the Kendal Corporation and Kendal at Oberlin. Residents are committed to openness, respect, and care for each other. We foster a community where members respond to one another with sensitivity, good will, and patience, and where issues and problems can be resolved.

KORA provides the structure for resident-planned activities, encourages a sense of community, and works directly and cooperatively with the administration. It’s a two-way process – Kendal leadership also consults with KORA and residents. I am extremely grateful to the creators and those who have continued to grow this wonderful community.

~Mary Behm, KORA President 2022



Kendal at Oberlin Residents Association

### Next KORA Council Meeting Thurs., June 16 - 10:00am AUD and KOTV

Come to our meeting in Heiser Auditorium, and ask someone to join you! All are welcome.

### More Core Value Behaviors: Decision-Making (Cont’d from p. 1)

using all available information to prevent reaching conclusions prematurely. Staff must know when to use consensus appropriately with other team members and when to use independent decision-making in the best interest of all.

In these pandemic years, our staff and residents have been called on to make thoughtful decisions under conditions of uncertainty but have proceeded always keeping in the forefront Kendal’s Values. ~Barbara Thomas, KaO CEO

### New Opening for 2023-2025 Resident Board Member

The Board of Directors is seeking 10 or more nominations from KORA for a resident board member to serve a three-year term beginning in January 2023. As of the end of 2022, Grace Tompos will have served two terms, capably chairing the Committee on Philanthropy.

Our bylaws allow up to 20% of the board to be filled by residents. A resident’s board service is for a three-year term, with the possibility of one additional three-year term. The board seeks candidates who are committed to helping Kendal at Oberlin stay strong and who have skills and experience that complement those of the current board. A background in many areas – such as finance, facilities planning, philanthropy, diversity/inclusion, and governance – and on other boards will be considered, as will familiarity with Quaker values which stress respect for the many valid opinions of others and consensus-based decision-making.

**Nominations should be placed in the KORA open mailbox by June 30, so that names of nominees can be submitted by July 15.** Nominations should only be submitted with the consent of the nominee. Each nomination should include a résumé and a brief statement of the nominee’s interest in serving on the board.

### Summer Recreational Activities at Kendal Wed., June 1 - 7:15pm, - AUD and KOTV

Dan Reiber will tell us about recreational opportunities this summer: canoeing, bocce, pickleball, and more.



### Results of Fitness Survey: The Future in Fitness

#### Wed., June 15 - 7:15pm - AUD and KOTV

Jill Tvaroha will present the results of the Fitness Survey distributed in May. It encompassed all aspects of the Fitness Center programming and was sent to residents and staff. The results will be shared, and Jill will talk about current programs and potential schedule changes.

A gratitude ceremony for all the resident volunteers that have been providing stability and diversity to the Fitness Center programs will also be held.

**COFFEE HOUR WITH  
BARBARA THOMAS  
THURSDAY, JUNE 9  
9:30AM - FOX & FELL,  
ZOOM, KOTV**

**AFTERNOON EXCHANGE  
BARBARA THOMAS  
THURSDAY, JUNE 23  
4:00PM - AUD, KOTV**

**First Thursday Health Lecture  
Navigating the Health  
System at Kendal in 2022  
Thurs., June 2 - 7:15pm  
AUD and KOTV**

Come meet the Bloomers, Henry and Maude, new Kendal arrivals from Wyoming, as they seek answers from our excellent panel: Laurie Dupee, Chrystn Petsas, and perhaps also our Medical Director, Dr. Georgia Newman.

What does Kendal expect? What can we expect?



**Encore Programs  
on KOTV**


Missed a program you'd hoped to watch? Want to re-watch a particular favorite? Many of our live programs are recorded, and the Program Committee plans to show some of the recordings on KOTV.

If you have specific programs you'd like to see again, please contact Shirley Taylor.

Our Encore performances for June are listed on page 7. We will do our best to accommodate special requests!

**Save the Date!  
Community Conversations  
A Poetry Potluck  
Wed., July 6 - 7:15pm - AUD**

If you are nourished by poetry, bring a favorite poem to read aloud and share with others. We're looking forward to a variety of dishes. ~Marjorie Porter

**Big Bus Trip to   
Toledo Museum of Art  
Wed., June 15 - 9:30am-5:00pm**

Good news! The big bus trip to the Toledo Museum of Art is confirmed AND there are still seats available.

We will leave Heiser at 9:30am and return by 5:00pm. Bus is \$35 per person; museum is free.

Bring your lunch with you or purchase it at the museum café.

If you haven't signed up for this trip but would like to, please let coordinator Gerry Findlan know. Place a check for \$35 made out to KORA in Box #93.

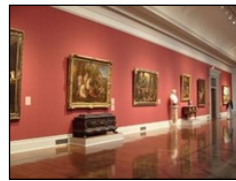


Photo credit:  
Toledo Museum of Art

**🎵 Music at Kendal 🎵**

**Live Chamber Music  
at Kendal at Oberlin**

The semester at Oberlin College has ended and most of the students have left town. The regular Sunday afternoon concerts will be suspended until the new semester begins in the fall. There may be occasional student concerts over the summer.

Watch WKAO and the bulletin boards for information.

**Live Chamber Music  
Special Program**

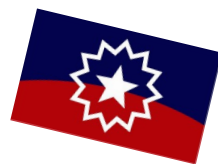
**The Verona Quartet Returns!  
Sun., June 5 - 4:00pm - AUD**

The Verona Quartet, the acclaimed professional string quartet that is currently resident at Oberlin College, will return for a second concert at Kendal.

The quartet will be leaving Oberlin the next day, June 6, for a summer of concert performances around the country. They will play two pieces they have prepared for their tour, the Beethoven String Quartet Op. 18 No. 1 and the Dvorak *American* Quartet.

To accommodate the performance by the Verona Quartet, the Open Rehearsal by Kendal musicians previously announced for Sunday, June 5, has been rescheduled for Sunday, June 12 at 4:00pm in Heiser Auditorium.

**2022 Juneteenth Celebration Festival  
“Dancing and Celebrating through the Second Line:  
Releasing Enslaved Spirits to Freedom”  
Saturday, June 18 - 9:00am-6:00pm  
Underground Railroad Center at Station Square  
(behind the South Main Street McDonald’s)**



Come join the fun, learning, good food, and Second Line. A parade with the African pride dancers, drumline, praise dancers, and other local performers will march from Spring St. Park down Groveland St. to Pleasant St., ending at the Underground Railroad Center. Attendees can enjoy games, face painting, raffles, various vendors, and food trucks.

The Juneteenth Oberlin Executive Board says, “This Juneteenth Celebration will feature a New Orleans Second Line parade. The Second Line will be led by Oberlin College graduate Kevin Lewis from New Orleans who specializes in Second Line music using the traditional Dirge. We will honor the spirits of Black People, when death was one of the ways our ancestors were free from slavery, Jim Crow laws, lynching, the Reconstruction Era, Black Codes, and segregation. The Second Line parade will be going down Morgan Street to the Westwood Cemetery – singing and dancing, celebrating our ancestors’ release to freedom.” For more event details, visit [www.juneteenthoberlin.org](http://www.juneteenthoberlin.org).

**LifeLong Learning Team  
Invites Your Suggestions**

Our final course for 2021-2022 was offered last month. Now, to help us plan for fall and beyond, we need suggestions for classes that you would like to attend.

We encourage diversity of both speakers and topics.

Please send ideas for potential presenters and topics to Mary Van Nortwick. With Zoom as an option, the presenter need not live in the Oberlin area.

## Saturday Night Movies 7:15pm - KOTV

**June 4 - The Other Son (2021)** Two young men, one Israeli and one Palestinian, discover they were accidentally switched at birth.

**June 18 - Children of a Lesser God (1986)** with special short. A new speech teacher (William Hurt) at a Maine school for the deaf falls in love with the janitor (Marlee Matlin), a deaf woman speechless by choice. Matlin won Best Actress Oscar.

**June 25 - Bowmakers (2019)** Documentary about an organization in Brazil that makes violin bows from a single tree and its offspring. Each bow is like a magic wand from the Harry Potter series.

## Saturday Foreign Film June 11 - 7:15pm - AUD

**Pelle the Conqueror (1987)** Swedish with English subtitles. When his wife dies, Lasse (Max von Sydow) takes his 12-year-old son Pelle from their native Sweden to find a better life in Denmark, where they find even harsher conditions. Won 1988 Oscar for Best Foreign Language Film. ~*Dwight Call*

For movie descriptions and details, see [www.imdb.com](http://www.imdb.com).

## Sunday Movies 7:00pm - WSCC

**June 5 - Hail, Caesar! (2016)**

**June 12 - Fitzwilly (1967)**

**June 19 - Father of the Bride (1991)**

**June 26 - Scarlet Street (1945)**

### Looking for Someone?

Find profiles of all residents, newcomers and old-timers alike, in *Who's Here* on our library center bookcase.



## Art Gallery News

Every summer, all three of our Galleries, as well as the Admissions Office Display Window, are devoted to works created by Kendal residents or loaned from their collections. Last year's show featured what Kendal residents have created. This year's show is devoted to works they own.

The **Kendal Collects** show is non-juried – all entries were accepted providing they could be mounted on our gallery walls or displayed safely on our limited shelf space.

Over 40 residents submitted items and more than 70 items have been installed. The genres span the gamut of

artistic creation – from drawings, watercolors, and oils to photography, sculpture, metalwork, woodwork, and more.

Now that Independent Living residents may walk through the Stephens Care Center, the Friends Gallery has returned to use for public shows. Check-in at the kiosk is required, but we're sure that after you see the show, you'll find the check-in worth the time.

**The Kendal Collects show will run until August 16.**

Be sure to check out the display in the **Curio Cabinet**. It features *British Postal Stamps, First Day Covers* that were collected by Grover Zinn in the late 1960s and early 1970s while he was on sabbatical in Oxford.



## Monday Documentaries 7:00pm - WSCC

**June 6 - The Stonewall Uprising (2010)** 🌈

**June 13 - Growing Up Trans (1983)** 🌈

**June 20 - A Secret Love (2020)** 🌈

**June 27 - Disclosure (2020)** 🌈



## Tuesday Themed Films 1:00pm - WSCC

**June 7 - Joe Bell (2021)** 🌈

**June 14 - The Birdcage (1996)** 🌈

**June 21 - To Wong Foo, Thanks For Everything! Julie Newmar (1995)** 🌈

**June 28 - Pride (2014)** 🌈

## Thursday Movie Musicals 2:00pm - WSCC

**June 2 - Damn Yankees (1958)**

**June 9 - Tick, Tick... Boom (2021)**

**June 16 - Royal Wedding (1951)**

**June 23 - Second Chorus (1941)**

**June 30 - Annie (1982)**

## KENDAL RESALE SHOP

*Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities*

### SHOP!

Wednesday–Saturday  
11:00am–5:00pm  
(closed Sunday–Tuesday)

### DONATE!

Bring your donations of clean, gently-used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

### Given to RAF, year to date:

Total contribution: \$17,787.97.

### The Kendal cable channels are:

- WKAO: 919, 19-1, OR 95-100
- KOTV: 920, 19-2, OR 95-101
- WSCC: 921, 20-1, OR 96-100



## Independence Day 2022

Please hold Monday, July 4, for the annual Kendal community celebration of the birth of our country.

Parade Heiser Circle, see our ~~Precision~~ Lawn Chair Drill Team in action, enjoy Robert Talyor's exceptional patriotic program in Heiser Auditorium, feast at the Fox & Fell, and take part in other activities of the day!

We hope to offer opportunities for canoeing on Farmer Pond, kite flying, model sail and power boat racing on Triangle Pond, Hoot and Holler RR watching, ice cream eating, and any other fun things we can come up with.



Come dressed for the occasion and join the parade with your decorated pet or vehicle, riding or on foot.

Everyone is welcome and encouraged to participate. ~*Special Events Committee*

## UU Kendal Monthly Gathering Resilience: Celebrating Blessings

Rev. Mary Grigolia  
Wed., June 15 - 4:00-5:00pm  
Crossroads Room

One way we build resilience – emotionally, physically, and spiritually – is by celebrating our blessings. The word “blessed” comes from the French and Latin for “wounded.” That which wounds us reveals our vulnerability, teaches us about ourselves and the world, and requires us to grow into our full and whole selves. What blessings do you need to celebrate?

All are welcome.

Zoom login: <https://zoom.us/my/keepingfaithwithlife>

**Grief Support Group**  
Tues., June 28 - 10:00am  
Green Room - All are welcome.

## Kendal Returns to Blossom on Sat., July 9 🚌 Sign up by June 4!

We are going to Blossom again this year, the spectacular summer home of the Cleveland Orchestra located in the lush Cuyahoga River valley.

Elim Chan conducts the orchestra in the Weber Overture to Der Freischütz and the Rimsky-Korsakov Scheherazade. Benjamin Grosvenor is the pianist in the Liszt Piano Concerto No. 1.

The bus will depart outside Heiser at 5:45pm and deliver us to the Music Center tram stop. The tram takes us to the edge of the pavilion. It's only a short walk to our seats, central but convenient to the restrooms. After the concert, the tram will take us back to our bus and we will depart via the bus lane. Bus steps are standard. Rollators/walkers can be accommodated.

**Reservations:** The total charge for the concert and transportation will be \$52.00 per person. Place nonrefundable checks payable to KORA in Box #112 by June 4. Your check is your reservation.

Questions? Contact Randy Wagner or Anne Martin.

## Suggestions and Concerns Mon., June 13 - 2:00pm Crossroads Room

Members of this committee will listen to your suggestion or concern in confidence (and privately, if you wish), discuss it with you, and refer the matter to the appropriate department head or committee chair. Questions? Contact Chair Anne Lockwood.

## Newcomer Introductions Wed., June 15 - 4:00pm - KOTV

Meet new residents when the Newcomers Committee broadcasts its next introductions. We will continue to provide these televised interviews over the coming months as new residents arrive. Be sure to tune in to learn more about our newest neighbors. ~*Sharon Furrow*

## 2022 Chalk Walk Sat., June 25 - 10:00am-4:00pm (Rain Date - Sunday, June 26)

It's time for the annual Chalk Walk on the sidewalks of downtown Oberlin. We need many Kendal volunteers to staff the four booths that assign space and provide free materials such as chalk and cardboard to sit on. Please volunteer for a slot, 9:45am-12:00pm, 12:00-2:00pm, and 2:00-4:15pm at



one of these booths – in front of FAVA or Ben Franklin or Hall Auditorium or the Hotel on East College Street. Or be a “floater” during the first or last time periods. Master artists, local artists, and scores of community members of all ages create beautiful, inspired, goofy, and unique works of chalk art throughout downtown Oberlin. Before or after your shift, create your own masterpiece! It is one of Oberlin's most fun summer days!

To volunteer please contact Dina Schoonmaker by email or note in box #222.



## The Lunch Bunch is Back!

Join us Wednesday, June 8, for lunch at Bistro Bella Luna in Oberlin. Leave Kendal at 11:30am on our bus to Bella Luna, an American bistro with a French-Italian influence. Our menu will feature local and hydroponic produce, as well as vegan and gluten-free options.

The bus is free, lunch on your own. Sign up sheet will be posted on June 1.

## More About Kendal's Residents



### Jack Secrist and Kathleen Secrist

#### Jack:

I was born and raised in Williamsville, NY, a small village near Buffalo where my parents grew up and spent their entire lives. I had one brother, five years my senior, who was my mentor in all things good and not so good. He was a doctor who greatly influenced my decision to follow a career in medicine. He died of cancer much too soon in his late forties.

After high school I went to Williams College and then returned home for medical school in Buffalo. Being sick of bad weather, my first wife and I moved west to Los Angeles, where I continued my medical training at UCLA. That was in the early 1970s during the Vietnam War, and I soon found myself in the Air Force at a small base in Oscoda, MI. By then we had two beautiful daughters and a marriage that was slowly failing. Next stop was at the Mayo Clinic in Rochester, MN, for a three-year residency in Dermatology. There I met Kathleen, who became the love of my life. She also had two young daughters by a previous marriage. We soon married and moved to Elyria, OH, to begin a new life together with our four kids. I practiced Dermatology for the next 43 years, 26 in solo practice and 17 with the Cleveland Clinic. Kathleen was my office manager for 25 of those years.

It's amazing how fast time goes by. Our children grew up together, went to high school and college, got married,

and started their careers.

We feel blessed to have had such a wonderful life and family. Our strong faith in God has been a great solace to us in coping with the few bumps in the road.

With our kids on their way, we decided it was time for a change. We were fascinated by this nearby college town, Oberlin, and thought we should continue our life there. And so we did. We have really enjoyed the past ten years living here in town. We have been able to travel to Europe, Africa, Antarctica, China, and the western U.S. Some of these vacations were on bikes, which is a great way to travel.

In Oberlin we made new friends, enjoyed the benefits of living in a college town, and also learned about Kendal. This, we thought, is no doubt where we should be spending the rest of our lives. So, our new adventure at Kendal has begun. Carpe diem.

#### Kathleen:

I was born in 1946 and grew up in Rochester, MN. I'm one of six children and my twin brother and I were the youngest. He was the troublemaker, of course, and I was the good one. I attended Marquette University and taught school in Chicago before getting married and returning to Rochester, while my husband was in training at the Mayo Clinic. My last move was to Elyria, where I helped set up and manage Jack's medical practice for 25 years and raise our family.

I have always been active in volunteer work and belong to two service organizations. I taught religion classes at St. Jude church for 20 years, worked at the Lorain County Community College library, and was a Girl Scout leader.

I'm an avid athlete and have completed a marathon and two triathlons. Jack and I have also enjoyed bike vacations in ten U.S. states, as well as bike trips in France and Italy. We belonged to the Lorain County Roadrunners and have

finished many local races. We were the first members of the Silver Wheels bike club and are still riding our bikes with the group.

Reading has always been my secret pleasure, and I belong to several book clubs, including the Chautauqua Literary and Scientific Circle. Chautauqua has always been a special place for our family vacations. We have spent every year of our married life visiting Chautauqua in the summers and often in the winter, too. I'm so happy living here at Kendal because it reminds me of our summers at Chautauqua.

Jack and I have been happily married 44 years, and we are blessed with four wonderful daughters and the families they have created. We are looking forward to enjoying everything about Kendal.



### Lori Taylor and Helmut Jungschaffer

#### Lori:

I was born and raised in the Upper Peninsula of Michigan. Wonderful teachers and mentors opened doors, and encouraged lifelong learning, progressive social action, and independent thinking. Like other flower children, I hitchhiked around the country, attended an experimental college, and traveled in Europe and Asia after graduating from college.

Vocationally, I have taught secondary education for adults, practiced and taught dental hygiene, and have my own organizing business. The organizing introduced me to many delightful Kendal folks.

Helmut and I met on a blind date.

He was working for AFSC at the time. I have been part of the Friends Meetings in Harrisburg, PA, and in Cincinnati, OH.

Our children were born in Germany. We lived in Freiburg for six years while Helmut attended the university and I practiced dental hygiene.

Following his career, we moved around a lot until landing in Oberlin in 1998. We were attracted to Oberlin because it makes no excuses for its political and social history. In addition, I just love what Oberlin College and Kendal have to offer. I am hoping that by simplifying and downsizing myself, I will have more time to pursue new interests and continue my book group, fitness classes, and interest in the environment, social justice, and politics.

**Helmut:**

I was born as the youngest child of three in Germany. After school, I started working in a psychiatric hospital, trained as a registered nurse, and immediately after completion of that training went to medical school. Moving to the U.S., I did a residency in pediatrics at Penn State, followed by a fellowship in pediatric rheumatology at Children’s Hospital Medical Center in Cincinnati. After working for the Appalachian Regional Commission in Kentucky, I relocated to Oberlin and joined the Oberlin Clinic. I retired in 2018.

My first stay in the U.S. was working in an AFSC field office as part of my alternative service as a conscientious objector to the German draft. At that occasion I met my wife, the reason I relocated to the U.S. after completion of my service.

**Watch Encore Programs on Mondays at 7:15pm on KOTV**



**June 6 - Present at the Creation** - Dorothy Luciano and John Elder, members of the original Oberlin Retirement Community Committee from its start in 1987, share their memories of how our Kendal community came into being. *(From May 4, 2022)*

**June 20 - Lifestyles of the Wet and Feathered** - Resident nature photographer Carol Conti-Entin presents a well-illustrated talk about Northeast Ohio’s common herons, geese, ducks, and their young. Learn about the fascinating habits and curious adaptations of the waders and waterfowl that share our campus and regional nature preserves. *(From Feb. 22, 2022)*

**June 27 - The Future of American Democracy** - Economist/futurist Rebecca Ryan shares perspectives on the possible futures of American democracy, based on political scientist Larry Diamond’s analysis of its four key elements: • A political system for choosing and replacing the government through free and fair elections. • The active participation of the people, as citizens, in politics and civic life. • Protection of the human rights of all citizens. • A rule of law, in which the laws and procedures apply equally to all citizens. *(From Nov. 18, 2021)*

**Upcoming Moves**

**Susan Blouch** from Rocky River, OH, in early June.

**Polly McIlrath** from Bloomfield Hills, MI, in late June.

**Recent Moves**

**Dave and Sue Harper** from Cazenovia, NY, in mid-May.

**Jerry Berner** to Whittier in mid-May.

**Marianne Cochrane** from Oberlin, OH, to Jameson House in mid-May.

**Looking for Someone?**

You’ll find profiles of all residents, newcomers and old-timers alike, in *Who’s Here* on the library center bookcase.



**Pet Projects**

**Weather Emergencies.** On May 3 we at Kendal experienced a tornado warning, requiring residents and staff to take cover in rooms with no windows.

Please stop and think about what to do for the safety of your pet in weather emergencies. Where is your pet? Is your pet in a room with windows?

**Reminders to Kendal Pet Owners**

- Complete your updated pet registration forms.
- Pick up after your pets, following Oberlin City ordinances.

~Kathy Caldwell

**Kendal Kryptogram #207 – by Nina Love**

BE BR SWEWZ EH SW O PHAGY FAGW  
 SAY EXOG OG HUT SBZT HC VOZOTBRW.  
 ~KOZM EQOBG

**Solution to Kryptogram #206:** “A recent study has shown that women who carry a little extra weight live longer than the men who mention it.”

~Anonymous



**Love Eureka! Acrostics?**

**It’s even more fun to create them.**

**Contact Nina Love to learn how.**



## Library Notes

In case you missed hearing any of the recent lectures here at Kendal at Oberlin or would like know more about the topics presented, check out the following. The books described below are available in your Kendal library.

In January, Kevin Roose, *The New York Times* podcaster, spoke about the challenge of adapting to technology in the changing world of automation. The skills to do so are outlined in his book *Futureproof: 9 Rules for Humans in the Age of Automation*.

*Connect: Building Exceptional Relationships with Family, Friends, and Colleagues* is the title of the book by David Bradford, Eugene O’Kelly II Senior Lecturer emeritus in Leadership at the Stanford Graduate School of Business, with Carole Robin. He was interviewed by his Oberlin classmate, Marjorie Porter in an April Zoom meeting.

The following evening, Daniel T. Rodgers, Henry Charles Lea Professor of History emeritus at Princeton spoke about his book *Age of Fracture*, which examines how the ideas that Americans had lived by became fragmented in the latter part of the last century.

On May 5, the Arboretum Committee sponsored a lecture by Valerie Trouet, a professor in the Laboratory of Tree-Ring Research at the University of Arizona. Her research relating to climate change and how tree rings contribute to this study are detailed in her book *Tree Story: The History of the World Written in Rings*.

**Wall Street Journal Delivery.** Subscribers to *The Wall Street Journal* have been notified that starting May 30, the *Journal* will be mailed instead of delivered. That means that it will not be available in the library until around the noon hour. ~Joan Long

### Did You Know?

You can call 775-9868 to hear announcements and menus of the day.

## Big Bus: Lakeside and Marblehead Lighthouse - August 9

Spend an afternoon and evening on Lake Erie’s shore, visiting Marblehead Lighthouse State Park ([marbleheadlighthouseohio.org](http://marbleheadlighthouseohio.org)) and Lakeside Chautauqua ([lakesideohio.com](http://lakesideohio.com)).

**1:30pm - Leave Kendal** via BRT bus. 

**2:30pm - Arrive at Marblehead Lighthouse State Park.** Tour Marblehead Lighthouse, the oldest lighthouse in continuous operation (1822) on the U.S. side of the Great Lakes. Visit the U.S. Life Saving Service Museum and tour the Wolcott keeper’s home with an expert on the area, Paul Moon. He’s the father of KaO Assistant Director of Marketing Elisabeth Christman.



©Jeff Hudak

**4:00pm - Leave Marblehead Lighthouse State Park.**

**4:30pm - Arrive at Lakeside Chautauqua.** Since 1873, Lakeside is a historic community in northwest Ohio that offers an abundance of educational, cultural, spiritual, and recreational opportunities year-round for both families and groups of all sizes. Tour the area on your own, have dinner at any of the restaurants, including Hotel Lakeside, The Patio, and others.



Photo Credit: Chautauqua Trail

**7:00pm - Attend Vespers** (optional).

**8:00pm - Attend concert at Hoover Auditorium.** Lakeside Symphony Orchestra concert features soloist Thomas Mesa in a performance of Cello Concerto No. 1 in A Minor by Saint-Saëns.

**10:00pm - Leave Lakeside,** returning to Kendal about 11:00pm.

Price: \$45 per person (includes bus, admission, and concert). To reserve a place for this trip, sign the sheet that will be in front of the open mailboxes around June 9 and follow the instructions for securing your reservation with prepayment.

Questions? Check with trip coordinators Kathy Hazelton or Gerry Findlan.

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## Gardeners On Call

The Floral Creations volunteers in our community really appreciate the donations of flowers from your gardens!

At present we have some residents who are willing to arrange, but find it difficult to collect the flowers needed. We only buy from the Carlyle florist when necessary.

Gardeners On Call will be an email list of residents who are sometimes willing to share flowers for arranging at Heiser Community Center. Such sharing is a long tradition, and some gardeners love to see their flowers in an arrangement.

If you are on Katie Brown’s email list and a notice goes out that flowers are needed, you as the gardener will be put in contact with the “flower duty folks” so agreeable plans can be made for picking or timely delivery.

If you would like to share your flowers and could deliver them to the Floral Creations counter in the Art Studio, please contact Katie Brown.

We are also looking for residents wanting to volunteer for the Floral Creations interest group. Regarding that please email Dina Schoonmaker.



Photo Credit: S.O. McDougal



## From the John Bartram Arboretum The Interconnection Between Trees and Birds

Birds need trees and trees need birds. What can they do for each other?

Trees host insects in their bark and leaves. Particular insects can be harmful to a tree but a source of food for particular birds. The woodpecker may be drilling a deeper hole into the crack in the branch of a tree to get harmful insects from the tree and eventually form a deep enough hollow to shelter and nest there.

Trees provide shelter in all kinds of weather. Some trees have three or more branches coming together which create the perfect spot for the cup-shaped nests made by goldfinches.

Chickadees like to nest in the natural hollow in a tree at the forest edge, often finding such a place in birch trees. Amazingly, they help with pest control. It is estimated that they consume 1,000 bugs a day while feeding their nestlings

and themselves. Bad bugs would soon overpopulate and kill many trees if birds weren't there to control them.

Bluejays bury the acorns of a white oak up to 2½ miles away to retrieve later when food is scarce. However, if not retrieved, the acorns may grow into new oak trees.

In the Midwest much of the land has been cleared for agricultural, residential, and commercial purposes. The John Bartram Arboretum is important in conservation of native species of fauna and flora, and the two can help each other.

Late spring and early summer is a wonderful time to take a walk, look around, and enjoy what you discover.

~Anne Helm for the Arboretum Committee

### References:

- [www.birdsandblooms.com](http://www.birdsandblooms.com)
- *Arborsmith, Trees need Birds* by Gilbert A. Smith, Master Arborist
- *Ohio State U. Extension Fact Sheet W-13-2002*



*Chickadee nesting in tree.*

Photo Credit: Shutterstock.com 1085091989



*Cedar Waxwing feeding on berries.*

Photo Credit: Kathy Caldwell



*Blue Bird resting in a tree.*

Photo Credit: Kathy Caldwell

## Nest Box News

Kendal's nest boxes are important to help sustain native bird populations that build nests and rear their young only in a cavity – never on a branch or bush or ivy-covered wall or on the ground. As the numbers of cavity-dependent bird species declined, Audubon groups put up nest boxes in habitats to support them.

Kendal's monitors check our 13 boxes and record the species, number of eggs, chicks, and chicks successfully fledged. As of mid-May, one nest box has fledged four Eastern Bluebird chicks. A second nest box near Meadow Pond had five beautiful blue Eastern Bluebird eggs due to hatch before the end of the month. But that nest and its contents were destroyed by English House Sparrows, an invasive non-native species that is a primary cause of population decline in native species.

At season's end, Kendal's data is added to the approximately 50 Black

River Audubon Society's trail totals that are then incorporated into Cornell University's nationwide Breeding Bird Survey. Ultimately, it becomes a tiny, but important, part of breeding bird data collected around the nation and around the world by scientists who study trends in wildlife populations on our planet.

If you would like to be part of this effort, contact Nina Love.



### Nature Sightings

3/16/22–5/12/22

**3/16, Pied-billed Grebe**, Island Pond, Maureen Bailey (Hskp); **male and female Hooded Mergansers**, Meadow Pond, Maureen B.; **3/16, Eastern Phoebe**, atop Buttonbush Bridge, Anne Martin; **3/16, White-throated Sparrow**, Farmer Pond tree, Anne M.; **3/16, pair of Ring-necked Ducks**, Farmer Pond, Charlotte Elsner; **3/17, chorus of Wood Frogs**, dawn, Island

Pond, Anne M.; **3/29, Great Blue Heron**, Center Pond, Carol Hall; **3/29, Brown Creeper and 2 Song Sparrows**, tree behind #201, Lee Hefner; **3/31, Tree Swallow**, Center Pond, Maureen B.; **4/4, Pileated Woodpecker**, Buttonbush, Anne M.; **4/5, 2 Wood Ducks**, Island Pond, Prudy Hall; **4/6, 2 Buffleheads**, Island Pond, Prudy H.; **4/6, Osprey**, catching fish at New Russia Township, Maureen B.; **4/13, 3 American Goldfinches**, near #88, Anne M.; **4/15, Catbird**, singing near Buttonbush Bridge, Don Parker; **4/15, Brown Thrasher**, singing Meadow Pond, Maureen B.; **4/15, Yellow-rumped Warbler**, woods at Green Pond, Maureen B.; **4/17, Deer**, behind #85 in quad, Barb Benjamin; **4/17, American Killdeer**, rooftop Lot 11, Anne M.; **4/18, female Brewer's Blackbird**, #218, Mary Van Nortwick; **4/18, Fox Sparrow**, #218, Mary V. N.; **4/24, 5 Cedar Waxwings**, #23, Betsy Baumbach; **4/24, Cabbage Butterfly**

*Nature Sightings continued on p. 10*

## Saturday Walks

Come explore walking areas off the KaO campus. The walks are leisurely, about 2–3 miles, and generally scenic. We meet outside the Heiser main entrance every Saturday at 9:00am (weather permitting) to carpool.

- **June 4** Indian Hollow - Royal Oaks
  - **June 11** Columbia Reservation
  - **June 18** Schoepfle Garden
  - **June 25** Carlisle - Equestrian Center
- Questions? Contact Phil Pritchett.

## Let's Dance!

### English Country Dancing

Sundays - 7:15pm  
Heiser Auditorium  
Contact: Judy Cook.

### Line Dancing

Mondays - 5:00pm  
Heiser Auditorium  
Contact: Dan Reiber.

### Square Dancing

Tuesdays - 4:00pm  
Heiser Auditorium  
Contact: Jeanne Berger.

### Rollator Line Dancing

Tuesdays - 5:15pm  
Heiser Auditorium  
Contact: Dan Reiber.  
Where happy feet meet happy music.



## Tennis Anyone?

Every Monday, Wednesday, and Friday at 8:00am, weather permitting, a group of Kendal residents, staff, and neighbors gets together on our beautiful clay-surface tennis courts for a friendly game of doubles tennis with rotating partners. Our players have varying skill levels and all are welcome. Main objective: get some exercise and have fun!

Come out and join us, even if you haven't played in a while or have never played. To be on our tennis alert email list, contact Arlene or Larry Dunn.

## Nature Sightings

(Continued from p. 9)

and **Crane Fly**, #65, Larry Porter; **4/24, Osprey**, flying above Kendal, Rachel Duncan (Grounds); **4/24, 4 Trumpeter Swans**, over Kendal, Rachel D.; **Wood Thrush**, fluting in Maple Swamp behind #5-#8, Nina Love; **4/27, Yellow Warbler**, Farmer Pond, Prudy H.; **4/28, Ring-necked Duck**, Rock Pond, Charlotte E.; **4/29, Prothonotary Warbler**, #201, Maureen B.; **5/2, Nashville Warbler**, near Meadow Pond, Anne M.; **5/2, White-crowned Chipping Sparrows**, #1, Joan Long; **5/2, Swanson's Thrush**, Green Pond woods, Maureen B.; **5/6, Cormorant**, Farmer Pond, Charlotte McGowen; **5/6, male and female Baltimore Orioles**, #33, Fred & Mary Behm; **5/8, Great Crested Flycatcher**, Palm Warblers, **Green Heron**, wood edges of Meadow Pond, Lee H.; **5/8, Rose-breasted Grosbeaks**, #201 feeder, Lee H.; **5/8, Spotted Sandpiper**, Farmer Pond, Prudy H.; **5/11, Eastern Kingbird**, Rock Pond, Mary V. N.; **5/11, Hummingbird**, Farmer Pond, Prudy H.; **5/12, Great Blue Heron**, Center Pond, Carol Hall.

## Church Services

**First Church in Oberlin, UCC**  
Sun., 10:00am, WSCC (except on 6/5)

**Oberlin Friends Meeting**  
Sun., 10:30am, Ed Center and Zoom

**Oberlin Unitarian Universalist Fellowship**  
Sun., 11:00am, Zoom

**Roman Catholic Mass**  
**St. Patrick's Cathedral, NYC**  
Sun., 11:15am, WSCC

**Christ Episcopal Church**  
Sun., 12:30pm, WSCC, YouTube

**Catholic Communion Service**  
Sat., 3:30pm, Green Room

## Table Tennis Hours

Regular hours for table tennis have been set for Wednesday, Friday, and Sunday, 10:00am to 12:00pm in Heiser Auditorium.

Come and play! All are welcome!

~Sidney Rosenfeld, Co-Chair,  
Sports and Recreation Committee

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## The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Assn.  
600 Kendal Dr., Oberlin, OH 44074  
Managing Editor: Elizabeth Aldrich  
Associate Editor: Suzanne McDougal  
Proofreaders: Kathy Reichard, Mary Simons

Profile Photos: Sally Nelson-Olin

- Deadline for the July 2022 issue of *The Kendalight* is June 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: [Klite600@yahoo.com](mailto:Klite600@yahoo.com)
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.

### IN MEMORIAM

**LOUISE DUNN**  
**MAY 16, 2022**



## Spring Fling!

### Thanks for Let's Dance!

The Special Events Committee sends heaps of thanks and praise to all the performers in this year's *Spring Fling!* extravaganza. You were all so easy to work with and your dedication to doing a superlative job was unsurpassed. Weren't those invitations in each mailbox wonderful? And the decorations hanging from the ceiling? As the back page of the program showed, we had a "cast of thousands" working together.



## Dining and Nutrition Services



This month's Morsel is a summary of various dining details.

The Kendal cooks do not add salt to recipes or dishes they prepare. A few bases are salty when they arrive, but most are low-sodium and gluten-free. Adding salt, Mrs. Dash, soy sauce, or other condiments is left to each diner.

Onions and garlic are staples in many recipes. Unfortunately for those who are allergic to them, nothing can be done to modify these dishes. If you are ordering stir fry, you can request that they be left out. You can also ask that soy sauce not be used. This will reduce the salt content. Remember that the soy sauce is not low sodium, but is gluten-free.

Please note that Mrs. Dash has been added to the herbs and herb blends available behind the salad dressings.

Be sure to familiarize yourself with the condiment packets beside the microwave outside the William Penn. Here is where you will find soy sauce, duck sauce, hot sauce, mayonnaise, etc.

Please remember that mashed potatoes are now always available at the evening meal.

Almost always, plain versions of dishes are available upon request. The exceptions are dishes like stuffed peppers and spaghetti. But you should al-

ways be able to order plain vegetables and simple broiled fish, chicken, or pork. If your server seems unfamiliar with your request, ask for the manager and make your request clear to her.

Vegetarian sausage is now available at breakfast if you wish to order it.

If you are looking for vegetarian dishes, keep an eye on the menu. "VG" will be at the end of the line for every vegetarian dish listed. The word "Vegan" appears in every title of a vegan dish.

You should try requesting the doneness you prefer for your meat order. Sometimes the server has no way of indicating this information, but often the request can be made on the iPad. We all feel frustration when our meat comes out too rare or too well done.

The staff is adamant that you should send back any unsatisfactory portion so they can cook it further or try again. This seems a great waste, but it is no more of a loss than sending it back uneaten. Director of dining services Greg Zehe says that restaurants are accustomed to having dishes returned as unacceptable. This is what Kendal would prefer to have us do as well.

Finally, at the request of several residents, feta cheese has made an appearance on the salad bar. It will probably alternate weeks with blue cheese as a salad choice.

## Meet a Dining Star Michael Hoffman

Michael graduated from Oberlin High School and the Oberlin JVS culinary program. He began working in our dish room, moved onto the line, and now does the salad bar prep and often makes the soups. He has been at Kendal for four years.

One of the interesting things about Michael is that he was born with only one lung and weighed 1 lb, 12 oz! This has not stopped him from playing baseball since he was four or playing the euphonium in the Oberlin High School marching band.

When Michael is not at Kendal, he loves to watch movies and listen to the music of the '50s (like the Temptations) and to classical music. He takes walks in different area parks to enjoy nature and also plays with his seven-year-old dog Bella.

~Priscilla Steinberg

## Low-Vision Support Group



### Open Discussion

Fri., June 10 - 1:30pm - AUD

~Terry Carlton

## Trolley Run!

Rod Knight will run Len Garver's HO trolleys on Thurs., June 9, 10:15am-noon in Heiser Lounge.

## Dementia Friendly Discussion Group Fri., June 24 - 10:30am Green Room

### Event Links

- For "inside Kendal" program links, contact **Carol Harvey**.
- For "outside Kendal" community, cultural and educational events, contact **Barbara Gordon-Lickey**.



I'm a person living with dementia. I don't consider myself a victim, or hopeless, or having a tragic condition. I prefer to think of my condition as challenging, maybe stressful, and life changing. But I'm hopeful that I can remain positive and live the most fulfilling and productive life possible. I need my friends to help me on my journey.

**STAY CONNECTED**

## Where to Find Contact Info

- **Kendal at Oberlin Directory**, printed and distributed in February.
- **KaO PDF Directory**, distributed via email to all residents.
- **Bulletin Board**, near photos of new residents. Make these corrections and additions to your printed directory.
- **Online Resident Directory**, in the resident database ([www.kaores.net](http://www.kaores.net)), click "Directory." Note: you must either be on the Resident WiFi network or be logged in to access this information.

SUN	MON	TUE	WED	THU	FRI	SAT
<p><u>First Church Service</u> 10:00am WSCC</p> <p><u>Quaker Worship</u> 10:30am Ed Ctr, Zoom</p> <p><u>RC Mass</u> 11:15am WSCC</p> <p><u>Christ Episcopal Service</u> 12:30pm WSCC</p> <p><u>Film (see p. 4)</u> 7:00pm WSCC</p> <p><u>English Country Dancing</u> 7:15pm AUD</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Centering Program</u> 11:00am WSCC</p> <p><u>Line Dancing</u> 5:00pm AUD</p> <p><u>Documentary (see p. 4)</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Themed Film (see p. 4)</u> 1:00pm WSCC </p> <p><u>Square Dancing</u> 4:00pm AUD</p> <p><u>Rollator Line Dancing</u> 5:15pm AUD</p> <p><u>First Woman Constable</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>News Currents</u> 2:00pm WSCC</p> <p><u>SCC Council</u> 4:00pm WSCC 6/8</p> <p><u>Song Swap</u> 7:00pm Zoom, KOTV 6/8 &amp; 6/22</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Musical Film (see p. 4)</u> 2:00pm WSCC</p> <p><u>Jazz Listening</u> 2:00pm AUD 6/9 &amp; 6/23</p> <p><u>Ken Burns Baseball</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Famous Composers</u> 2:00pm WSCC</p>	<p><u>Saturday Walk</u> 9:00am Heiser</p> <p><u>Catholic Communion Service</u> 3:30pm Green Rm</p> <p><u>Film (see page 4)</u> 7:15pm KOTV</p>
<h1 style="color: red;">JUNE 2022</h1> <p><b>Zoom:</b> See <a href="http://kaores.net">kaores.net</a> and click "Calendar" for link.</p> <p><b>KOTV:</b> Cable 920, 19-2, or 95-101</p> <p><b>WSCC:</b> Cable 921, 20-1, or 96-100</p>			1	2	3	4
			<p><b>Summer Recreational Activities at Kendal</b> 7:15pm AUD, KOTV</p>	<p><b>Health Lecture</b> Navigating the KaO Health System 7:15pm AUD, KOTV</p>	<p>Grand Piano Extravaganza (tx) 8:00pm WCH </p>	<p>Commencement Recital 1:00pm Finney </p> <p>Illumination Night 7:30–10:00pm Tappan Sq., carpool</p>
<p><b>5</b></p> <p>Oberlin College Commencement 9:30am Tappan Sq. Carpool (live-streamed)</p> <p><b>Chamber Music</b> Verona Quartet 4:00pm AUD</p>	<p><b>6</b></p> <p>Encore: Present at the Creation 7:15pm KOTV</p>	<p><b>7</b></p>	<p><b>8</b></p> <p>Lunch Bunch Bistro Bella Luna, Oberlin 11:30am–2:30pm </p> <p>Met Opera in HD Encore Brett Dean's <i>Hamlet</i> 6:30pm Apollo </p>	<p><b>9</b></p> <p><b>Coffee Hour with BT</b> 9:30am F&amp;F, Zoom, KOTV</p> <p>HO Trolley Exhibit 10:15am–noon HL</p>	<p><b>10</b></p> <p>Low-Vision Support Group 1:30pm AUD</p>	<p><b>11</b></p> <p>Film: <i>Pelle the Conqueror</i> 7:15pm AUD</p>
<p><b>12</b></p>	<p><b>13</b></p> <p>Suggestions, Concerns 2:00pm Crossroads</p>	<p><b>14</b></p>	<p><b>15</b></p> <p>BIG BUS to Toledo 9:30am–5:00pm  Must have reservation</p> <p>UU Gathering 4:00pm Crossroads</p> <p>Newcomer Intros 4:00pm KOTV</p> <p>Fitness Survey Results 7:15pm AUD, KOTV</p>	<p><b>16</b></p> <p>KORA Council 10:00am AUD, KOTV</p>	<p><b>17</b></p>	<p><b>18</b> </p> <p>Oberlin Juneteenth Celebration Festival 9:00am–6:00pm See page 3</p>
<p><b>19</b> Father's Day</p>	<p><b>20</b></p> <p>Encore: Lifestyles of the Wet and Feathered 7:15pm KOTV</p>	<p><b>21</b></p>	<p><b>22</b></p>	<p><b>23</b></p> <p>Exchange with Barbara Thomas 4:00pm AUD, KOTV</p>	<p><b>24</b></p> <p>Dementia Friendly Discussion Group 10:30am Green Rm</p>	<p><b>25</b></p> <p>Chalk Walk 10:00am–4:00pm Downtown Oberlin</p>
<p><b>26</b></p> <p>Pride Week  Ice Cream Social 12:00–2:00pm Heiser Lounge</p>	<p><b>27</b></p> <p>Encore: Future of American Democracy 7:15pm KOTV</p>	<p><b>28</b></p> <p>Grief Support Group 10:00am Green Rm</p>	<p><b>29</b></p>	<p><b>30</b></p>	<div style="border: 2px solid black; padding: 10px; width: fit-content; margin: auto;"> <p><b>Note:</b> "Home" events (at Kendal) are in Bold. "Away" events are not.</p> </div>	