

The Kendalight

Kendal at Oberlin Residents Association

March 2024

Volume XXXI, Number 3

**Examining Racism
in America
to Forge a More
Equitable Future**

**Racial Equity Forum
Land Grant Colleges and
the Dispossession of Native Americans
Tues., March 12 - 7:15pm - AUD, KOTV**

Maggie Nash, professor emerita of the Graduate School of Education at the University of California, Riverside, will talk about the federal government’s role in selling Indigenous land to fund the newly formed Land Grant College system in the 19th century.

Continue the Conversation on Wed., March 13, at lunch in the Den at 12:00pm.



**Oberlin Heritage Center
The Fifth Star: Ohio’s Fight for
Women’s Right to Vote
Thurs., March 14 - 7:15pm - AUD**

Dr. Jamie Capuzza, professor, Dept. of Literature and Communication Arts, University of Mount Union, Ohio, will present an illustrated program about Ohio’s contributions to the historic women’s suffrage movement. It is drawn from her 2023 book, with the same title, which was inspired by Ohio’s status as the fifth state to ratify the 19th Amendment.

Highlights include pivotal state conventions, leaders of the movement, and the perseverance the movement required. Listen for some Oberlin connections as well.

Free and open to the public. ~Elizabeth Schultz, Executive Director, OHC



Artist Recital Series 2023–2024 Season

Sign up for the Kendal bus for both performances.

- **Thurs., March 7, 7:30pm, Warner. *Imani Winds*. FREE bonus concert for subscribers.**
- **Wed., March 13, 7:30pm, Finney. *Artemis*.** For tickets, call the Eric Baker Nord Performing Arts Annex at 800-371-0178. Senior discounted tickets are \$30 per concert.

<p>COFFEE HOUR WITH SETH VILENSKY</p> <p>THURS., MARCH 14 - 9:30AM</p> <p>LANGSTON, ZOOM, KOTV</p>	<p>AFTERNOON EXCHANGE SETH VILENSKY</p> <p>WED., MARCH 27 - 4:00PM</p> <p>AUD, KOTV</p>
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**Primary Election
Tues., Mar. 19, 2024
6:30am–7:30pm
Heiser Auditorium**



NOTE: You MUST have a valid photo ID to vote in person.

In-person Voting: Bring a valid photo ID with an expiration date that has not passed. Utility Bills are no longer acceptable. Acceptable photo IDs are (bring ONE):

- Ohio Driver’s License, State of Ohio ID Card, Interim ID form issued by the Ohio BMV
- U.S. Passport or U.S. Passport Card
- U.S. Military ID Card with name and photo, Ohio National Guard Photo ID Card, U.S. Dept. of Veterans Affairs ID Card

Issues

KaO residents will have seven Oberlin City Charter Amendment issues to vote on as well as Oberlin Public Library Renewal /1.5 mills Current Expenses for 10 years

Let’s leave the parking spaces around Heiser Circle for our local voters.

- For more information about voting or issues, go to the Lorain County Board of Elections website <https://www.voteloraincountyohio.gov/>
- To learn about judicial candidates, go to judicialvotescount.org
- Questions? Ask Ann Francis or Mary Van Nortwick, members of League of Women Voters of Lorain County (LWVLoCo), formerly LWV Oberlin Area.



Kendal at Oberlin Residents Association

According to our *Kendal Values and Practices*, our objective is to “enhance the quality of life and vitality of those we serve and foster a sense of **community**, treating each person as a valued **individual** and in an atmosphere of mutual respect and caring.”

It can prove to be a delicate balancing act to honor and respect each individual, while at the same time encouraging devotion to our beloved community. Some of us are eagerly enthusiastic, urging our neighbors to get involved with comments like “everyone needs to step up to help out;” or “everyone should come to dinner;” or “this program is so important everyone should attend.”

This pressure, no matter how well intentioned, tends to disregard our personal needs as individuals. Each of us should be involved in a way that feeds our souls. Some of us relish being involved in everything. Others pick and choose activities very carefully, participating only occasionally. Still others are comfortable participating in communal activities only infrequently. It is enough to know that we are surrounded by a caring community that values and respects us enough to allow us to be ourselves.

Let us honor our Kendal values by respecting the comfort level and personal needs of each resident. I believe this leads to a community filled with individuals able to savor the joy and satisfaction of walking hand in hand through this rich period of our lives.

Rollin Conway, KORA President 2024

**Next KORA
Council Meeting
Thurs., Mar. 21
10:00am - AUD, KOTV**



Call 440-775-9868 for announcements and menus of the day.

Life-Long Learning Classes in Heiser Auditorium

Doors will close at 10:35am. To register, please contact Kari Inglis (or Rebecca Cardozo, if so indicated) BEFORE the first session, if possible. There is no fee.

Lorain County’s Natural Capital and Environment Services: Much Degraded but Still Recoverable. Tues., Mar. 5, 12, 26, 10:30am–12:00pm.

David Benzing, Kendal resident and Professor Emeritus of Biology, Oberlin College, presents a three-part course on Lorain County in a time of global change: the damage already sustained and ways to do better. Lorain County’s relevant conditions include proximity to Lake Erie; intensive, mostly grain-based agriculture; and substantial urban development.

The course begins with a description of the county’s past and present cultural and natural history. Next come the on-going land uses, broadly defined, along with identification of the challenges that attend the cultivation of specific crops; the management of soils, storm water, invasive species, and various pollutants; and the collection and treatment of sewage. Mitigation strategies are included. *This course is sponsored by Kendal’s John Bartram Arboretum, which was recently elevated from first to second level status, entailing educational outreach.*

Same-Sex Desire in Classical Literature. Tues., April 2, 9, 16, 10:30am–12:00pm. Kirk Ormand, Oberlin College Professor of Classics, presents a three-session course looking at ways our understanding of “Greek and Roman homosexuality” has changed over the last 30 years.

Since the late 19th century, the undisputed fact that the Greeks and Romans approved of, and participated in, homoerotic sex has been posited as a “problem” (*cf.* John Addington Symonds’ *A Problem in Greek Ethics*). The study of Greco-Roman sexual culture, however, took a radical turn when Michel Foucault made it the centerpiece of volumes 2 and 3 of his 4-volume *History of Sexuality*. In those works, Foucault argued that the Greeks and Romans did not use our modern categories of homo- and hetero-sexual and did not consider homoerotic desire to be fundamentally different from heteroerotic desire.

We will examine several primary texts and discuss the ways that our understanding of “Greek and Roman homosexuality” has changed fundamentally. No knowledge of Foucault required!

Texts: Love Poetry of Sappho and Theognis; Plato’s *Symposium* (excerpts); Lucian’s *Dialogues of the Courtesans* 5, coupled with the story of Iphis from Ovid’s *Metamorphoses*.

The Program Committee Wants to Hear From You!

The Program Committee has put together a survey to suggest programs you are interested in. If you picked up the survey at the Opportunity Fair and returned it, HURRAY! THANK YOU!

If you haven’t seen the survey, please pick up a copy from under the open mailboxes and return it to Box 45 as soon as you can.

We are looking for ideas for programs and people who can make these programs happen. We are a friendly, welcoming committee that believes in a collaborative approach. We are dependent on community involvement and energy. We want to hear from you.

~Shirley Taylor, Chair, Program Committee

Looking for Someone? Find profiles of all residents, newcomers and old-timers alike, in *Who’s Here* on Kendal Library’s center bookcase.

Kendal Health Lecture Medical School Education in 2024

Thurs., Mar. 7 - 7:15pm
AUD, KOTV

Dr. Patricia J. Kellner, MD, Assistant Clinical Professor at Case Western Reserve School of Medicine, will discuss training of medical students and mid-level providers as well as the problems of access to primary and specialty medical care in today's world. ~Jack Secrist

Save the Dates Special Live Music Sun., April 7 - 4:00pm - AUD

- The Kendal Choir, directed by Carol Longworth and Tom Riis, with commentary by Bob Longworth
- Toot Sweet, ensemble of recorders
- Catharina Meints Caldwell, playing one of her 12 Violas da Gamba

Solar Eclipse Monday Afternoon, April 8

Mark your calendars for a campus-wide CommUnity viewing of the total solar eclipse! The last one in Ohio was in 1806 and the next will be in 2099.

The KaO Sales and Marketing team has purchased enough eclipse viewing glasses for residents, staff, KELC, and Priority members. Light refreshments will be served, and glasses will be distributed closer to the event.



A Night at the Bee Friday Evening, April 19

Cheer on our own Wordly Wise team! This fundraiser for Lorain County's United Way is a fun night of food, raffles, and friendly competition in four categories: Spelling, History, STEM, and Art.

Will our champion spellers win in all categories this year? Come and see. For more details, see <https://uwloraincounty.org/anightatthebee/>



Lunch Bunch Main Street Grille Wed., March 13

Kendal bus lv. 11:30am



New to our town, this daytime diner has a quaint and cozy atmosphere serving up omelets, pancakes, sandwiches, and salads.

Note: Our group size is limited to eight people. The Kendal bus is free, lunch on your own. Watch for sign-up sheet by open mailboxes.

Peace Corps Reflections Wed., Mar. 6 - 7:15pm AUD, KOTV

Five of the Kendal residents who have served in the Peace Corps will share memories of their time as volunteers and describe how that time of service has affected their lives. Presenters will be Nan Holben, Sharon Furrow, Anne Martin, Rebecca Cardozo, and Jan Larsen. Come to see photos of their experiences and hear a few stories.

National Theater Live Vanya

Wed., Mar. 20 - 7:00pm - Apollo

See Simon Stephens' radical new version of Chekhov's *Uncle Vanya*, as retold in this one-man performance by Andrew Scott. **Sign up for the Kendal bus.** Senior tickets: \$18 at the door. The National Theater Live presentations are being shown at the Apollo.

Oberlin Opera Theater: *L'Orfeo* Thurs., March 14 - 8:00pm - Hall

Monteverdi's setting of the mythical tale of Orpheus and his great love Eurydice is a story of passion and courage, and the complexity of the human spirit. Directed by Stephanie Havey, OC Visiting Assistant Professor of Opera Theater, this is a collaboration of Oberlin Opera Theater and Oberlin Conservatory's Historical Performance program. For senior tickets (\$8), call Oberlin College Central Ticket Service, 440-775-8169. **Sign up for Kendal bus.**

Play Readers: *Rashomon* Fri., Mar. 22 - 1:30pm; Sat., Mar. 23 - 7:15pm - AUD, KOTV

In this two-act play by Fay and Michael Kanin, a crime is seen through the eyes of four people. Directed by Pauline Handman.

🎵 Live Music at Kendal 🎵

Sun., Mar. 3, 4:00pm, AUD *Kendal Presents* music by residents Bob Randel, Catharina Meints Caldwell, Kathy Hazelton, Betsy Baumbach, Conrad Owens, Nelson Cleary, guest Jack Knapp.

Wed., Mar. 6, 4:00pm, AUD Piano recital by Oberlin Conservatory student Jamie Phillips-Freedman.

Sun., Mar. 10, 4:00pm, AUD Oberlin Conservatory viola students of Prof. Peter Slowik perform viola sonatas by Paul Hindemith.

Sun., Mar. 17, 4:00pm, AUD Viola recital by Oberlin Community Music School student (and Kendal dining staff member) Lindsey Jones.

Sun., Mar. 24, 4:00pm, AUD Flute recital by Oberlin Community Music School faculty member Kelly Wilson, accompanied by Elena Loskova, piano, Oberlin Conservatory staff.

Sun., Mar. 31, 4:00pm, AUD *Elegance on Tour* voice recital with Kathleen Bosl, soprano, singing French art songs with Elena Loskova on piano.

L'Orfeo Opera Preview Wed., Mar. 13 - 4:00pm - AUD

Oberlin voice students will perform scenes from Oberlin Opera Theater's production of Monteverdi's *L'Orfeo*, directed by Stephanie Havey.

Saturday Night Movies 7:15pm - AUD, KOTV

March 2 - *Babette's Feast* (1987)

During the late 19th century, a strict religious community in a Danish village takes in a French refugee from the Franco-Prussian War as a servant to the late pastor's daughters.

March 9 - *The Cave of the Yellow Dog* (2005)

On the Mongolian steppes, a girl learns the painful lesson of letting go of want and desire when her father insists on leaving her new-found stray dog behind. However, the consequences of change may bring unexpected rewards.

March 16 - *Crash* (2004) Los Angeles citizens with vastly separate lives collide in interweaving stories of race, loss, and redemption.

March 23 - No film (Play, see p. 3).

March 30 - *Rashomon* (1950) The rape of a bride and the murder of her samurai husband are recalled from the perspectives of a bandit, the bride, the samurai's ghost, and a woodcutter.

The Kendal cable channels are:

- WKAO: 919, 19-1, OR 95-100
- KOTV: 920, 19-2, OR 95-101
- WSCC: 921, 20-1, OR 96-100

An Invitation...

Are you interested in meeting with a group of Kendal residents who are planning on forming an **Indigenous Peoples Interest Group**?

We may discuss topics such as: whether to write a Land Acknowledgement Statement for Kendal; research on the original inhabitants of northeast Ohio; how we can get to know and be supportive of local Native Americans.

Contact Dianne Haley for information about our group's next lunch meeting.

Art Gallery News

Here/There & Back Again, artworks by Mindy Tousley, will continue in the **Kendal Gallery** until March 25. A new show will open on March 26 featuring paintings and drawings by Thomas Roese, who was added to the Artists Archives of the Western Reserve in 2001. He will give an Artist's Talk at 4:00pm on Fri., April 5, in Heiser Auditorium and on KOTV. Tom and his husband Bill Franklin are on Kendal at Oberlin's Priority List and will be moving here as soon as a cottage becomes available.

On May 20 the biennial *Kendal Collects* exhibit will begin in the Kendal and Community galleries as well as in the Curio Cabinet.

Sheila Eckstein's glorious watercolor exhibit continues in the **Community Gallery** until March 28. The next exhibit, opening Fri., March 29, is *Quilting Divas: Quilts and Posters of Women's Suffrage and Equality*. Chris Worland, one of the Divas, will give an Artist's Talk at 4:00pm on Sat., March 30, in Heiser Auditorium and on KOTV.

Sunday Movies 7:00pm - WSCC

Mar. 3 - *Fried Green Tomatoes* (1991)

Mar. 10 - *Amelia* (2009)

Mar. 17 - *Where The Crawdads Sing* (2022)

Mar. 24 - *The Beguiled* (2017)

Mar. 31 - *The Dig* (2021)

Monday Documentaries 1:00pm - WSCC

Mar. 4 - *Jane: A film By Brett Morgan* (2017)

Mar. 11 - *Bombshell: The Hedy Lamarr Story* (2017)

Mar. 18 - *Audrey* (2020)

Mar. 25 - *The Mystery of Marilyn Monroe* (2022)

The **Friends Gallery** continues to exhibit photographs by members of the *Kendal Photography Interest Group*. *Kendal Collects* will not be shown in the Friends Gallery. In the next several months, the renovation/construction project will move across the hallway to the current Friends Corner Dining Room. At that point, the new north wall of the hallway will become our new (and permanent) exhibition space.

Fred and Mary Behm's collection of elegantly carved and painted duck decoys now in the **Curio Cabinet** will remain on exhibit until the end of the month. The bird perched on the top of the cabinet is not part of the Behm collection; it was carved by the late Kendal resident Barry Walker.

The **Marketing Display Window** exhibits a variety of birds and butterflies collected during travels on seven continents by Anne and the late Tom Martin.

Do you have a collection of small objects that you would like to lend for a six-week display in the Curio Cabinet by the main entrance to Heiser Center? Contact Nina Love!

Tuesday Themed Films 1:00pm - WSCC

Mar. 5 - *Little Women* (1994)

Mar. 12 - *Daughters of the Dust* (1992)

Mar. 19 - *Barbie* (2023) *MAX*

Mar. 26 - *A League of Their Own* (1992)

Thursday Movie Musicals 1:00pm - WSCC

Mar. 7 - *Across the Universe* (2007)

Mar. 14 - *Swing Time* (1936)

Mar. 21 - *My Fair Lady* (1964)

Mar. 28 - *Funny Girl* (1968)

For movie descriptions and details, see www.imdb.com.



The *Art in Our Lives* presentation is on Thurs, March 7, at 1:00pm in the Art Studio. John Elder will describe the variety of media he has used over the years in a variety of art expressions. Cate Schwaegerle will talk about her art expression through photography and how she and Paul (her late husband) worked together with digitally manipulated photos.

Ted Nowick and crew will be making decorations for the April 27 Spring Fling to fit the theme *In Praise of Pollinators*. They'll be working on Monday, Wednesday, and Friday evenings.

Other activities being planned for this spring include: whimsical creatures from natural materials (a repeat); acrylic pour abstract painting; and exploring acrylic brush painting. Contact Joyce Parker for more information and/or sign up on the Art Studio bulletin board for email alerts about these events.

Coordination of activities in the Art Studio is overseen by a team (Agnes Bacon, Jeanne Berger, Kathleen Cerveny, Lillie Long, Nick Long, Don Parker, Joyce Parker, Jim Underwood, Jill Wettersten, and Barbara Whitehouse), with Kathleen Cerveny as current chair and contact person.

If you missed us at the Opportunity Fair, come to the Art Studio to see what we have to offer.

~Don Parker



John Elder will talk at Art in our Lives about the variety of media he has used over the years in a variety of art expressions.



Call for Nominees

Leadership Development & Nominations Committee

Get Ready, Set, Nominate!

From March 1–May 15, the Leadership Development and Nominations Committee (LDNC) welcomes your suggestions and nominations for the 2025 KORA Council and the LDNC.

2025 may be the year you are ready to serve or you may know of someone who would be just the right person to represent residents and help make decisions.

Resident involvement in the governance of our community – on KORA Council, on KORA Executive Committee, on LDNC – ensures that residents have a voice in what transpires in our community now and in the future. LDNC encourages all residents to consider service.

In 2025, LDNC anticipates open positions for President, Vice President, Treasurer, Councilors, and LDNC members. Open positions vary from year to year, and sometimes open positions arise that are not anticipated. It is very helpful to LDNC and the community to have a pool of people with a variety of skills, that you recommend for KORA officers, KORA Councilors, and LDNC members. We hope you will think both broadly and specifically about persons to serve.

On the KORA Bulletin Board and on the Resident website, you will find this year's Call for Nominees. The Call for Nominees description explains more details about the nomination process and contains a summary of roles and responsibilities for KORA Council positions and LDNC members. Consult the bulletin board, the website, or LDNC members for information.

If you would like to discuss a nomination or have questions, please contact a member of the LDNC. Once you are ready to nominate someone, seek their permission, then fill out the Nominations Form briefly explaining why you would like to see your nominee in this position. Make clear to the person that your suggestion does not guarantee that they will be on the LDNC's committee's recommended slate in November. If you nominate yourself, include a few words about your interest in the job.

Nominations should be placed in Heiser open mailbox 45, Attention Shirley Taylor, by May 15, 2024.

Your input is essential! Get Ready, Get Set, Nominate! ~2024 Members of LDNC are Ruth Ann Clark, Ann Francis, Kathy Hazelton, Elizabeth Hole, Sally Nelson-Olin, Shirley Taylor

Solution to Kendal Acrostic #7

John Reed, *My Grandma the Poisoner*: "Grandma never cooked the same thing twice and her creations were greasy beyond belief and just really weird. For example, chicken baked with apricots, or mixed up ground meats with prunes or pickled things. She was infamous at the local grocery store. They always saved shark livers for her."

Look for the New Acrostics! Copies of the *Kendal Acrostic for Puzzle Aficionados* created by Nina Love and Polly McIlrath are available in the Kendal library on a stand in front of the desk. Help yourself and enjoy!

Mindful Mondays Lunch with Kim and Cyndi Mon., March 11 - 12:00pm - Fox and Fell Den

Join Kim Peters (440-776-5016) and Cyndi Moran (440-775-9813) for conversation and discussion while enjoying lunch. No sign-up needed. **All are welcome.**

More About Kendal's Residents



Ellice Ann Forman and William (Bill) Edward Rush

Ellice:

I was born in Hyattsville, MD. I have two younger brothers who live outside of Columbus, OH, and in Washington, DC. When I was in third grade, my family moved to the Cleveland area, where I lived until I graduated from high school. My father was a physicist who worked at Union Carbide and NASA during this period.

I completed my undergraduate education at Oberlin College (but I also spent my junior year attending NYU in Manhattan). My first job after college was in Chicago, my second job was in New Haven, CT; I moved to Cambridge, MA, for graduate school where I completed my doctorate in education at Harvard University. Following that graduation, I spent ten years teaching at Northwestern University. My last faculty position (for 32 years) was at the University of Pittsburgh. My undergraduate major was in mathematics, but my graduate degree was in human development. The focus of my research was primarily on communication in exemplary mathematics and science classrooms.

My interests: I enjoy reading about a wide range of topics. I have always had a keen interest in the arts and humanities. My first husband had been an art history major at Oberlin. As an adult, I visited art museums all over North America and Europe. After I retired, I

began taking Osher classes in literature. I also enjoy attending classical music concerts, cooking, Tai Chi, walking, and swimming.

I met my husband, Bill, at a family wedding in Baltimore. His bookkeeper, Cookie, is my brother's mother-in-law. Neither of us wanted to attend this wedding so Cookie promised to introduce us so that we could keep each other company for the evening. Somehow, we managed to continue to keep each other company for the past 30 years.

Bill:

I was born in Bristol, VA. I have a brother who lives in Florida. My father moved us around frequently because of the nature of his job, so we lived in various small towns, mostly in the south.

After graduating from high school, I won a scholarship to attend the Maryland Institute College of Art (MICA) in Baltimore, where I studied commercial art initially, then switched to painting and sculpture.

After leaving MICA four years later, I eventually ended up making a living working in a couple of music stores in Baltimore, mainly as the classical music guy (along with sweeping the floors and taking out the trash).

I had met my first wife, Carolyn, at MICA, and we eventually had three children, Zoe, Phoebe, and Chad. At my second record store job, I became friends with Mike, and we boldly decided we wanted to open our own music business. Our business, Recordmasters, eventually grew into three stores in Baltimore.

Many years later, Mike bought me out (it was a friendly business deal), and I was able to spend much of my time doing what I deeply loved, painting. Carolyn and I eventually divorced, so I was single a few years until I was fortunate enough to meet my second

wife, Ellice (at a wedding in Baltimore). In 1998, I moved to Pittsburgh to join Ellice, where she taught at the University of Pittsburgh.

My interests? Painting, of course, music (in many forms), reading (especially the work of European writers such as Tolstoy, Dostoyevsky, Chekhov, and Mann), sports (spectator, especially football and baseball), plus, I'm a fair tennis player.

Movín', Movín', Movín'

Recent Moves

John Matsushima to Jameson House in mid-February.

Horticulture News

It's March! So spring is soon upon us. Your Horticulture Committee has some essential activities already underway.

- **SAVE THE DATE:** Fri., May 10, from 7:30am to 4:00pm, we will host our annual PLANT SALE, beloved by residents and staff alike. More details will be forthcoming. If you would like to help out with the sale, call Bettina Frisse or Nick Long, or leave a note with your contact information in Nick's open mailbox.
- March is a great month to start seeds indoors, whether for your own garden or for the Plant Sale. To reserve space under the grow lights in the Horticulture Room, call Nick Long or leave a note with your contact information in his open mailbox. Use the sign-up sheet in the Horticulture room on the first light stand.
- Is this your year to start a garden plot in the Community Garden? There are currently two 10-foot by 10-foot plots available. If you'd like to arrange a tour, call Charlotte Elsner or leave a note in her open mailbox.





The LeadingAge Ohio STARS (Service, Teamwork, Attitude, Respect, and Safety) Recognition Program has returned for 2024 after a four-year hiatus due to the Covid pandemic.



Our KaO facility may nominate a maximum of six (6) frontline, nonsupervisory employees for this recognition which will take place at a special honors luncheon to be scheduled in our region of Northeast Ohio in the month of May. Cost is \$25/person, payable by Kendal. We always try to have at least one employee nominated from each of our frontline operational departments – Health Services (includes CAT-Activities, Social Services, HWC), Hospitality Services, Facility Services, and from the Administration areas (Reception, Sales and Marketing, Finance, HR, KELC). It’s a great opportunity for recognizing frontline employees working behind the scenes who are not always visible to the rest of the community.


Nomination forms will be available at the Heiser Front Desk and at the Stephens Care Center Medical Secretary Desk beginning February 19 until March 18. Please write or print legibly or type your nomination and attach it to the form, ensuring you include your full name and phone number. Please submit only one employee nomination per person. No group nominations will be considered. Kendal residents, family members, and employees are welcome to submit a nomination.

Nomination forms must be returned to Toni Merleno in Human Resources no later than Mon., March 18 by end of day. Thank you!

**Spring Fling! Is Coming!
In Praise of Pollinators
Sat., April 27 - 7:15pm - Heiser**

- New decorations from the Art Studio.
- Join the Parade as a hummingbird, bee, or butterfly!
- Watch our three dance groups strut their stuff on the screen.
- Enjoy classic and newly penned poetry.
- Song, skits, and beautiful photography will abound!
- Bring a plate of finger food (if you wish) and join everyone in Fox and Fell afterwards.

Come and celebrate *Spring Fling!* – and the birds and the bees. ~Judy Cook



Nature Sightings
12/24/23-2/10/24

12/24/23, Wild Turkeys (4), staff parking lot, Mary Clare Beck; 1/4/24, American Tree Sparrow, Farmer Pond, Prudy Hall; 1/10, Wild Turkeys (4), apartment building, Jim Walsh; 1/18, House Finch, Robins, Starling, near #68 crabapple, Lenée Owens; 1/22, Purple Finch, Bluebirds, feeder by Farmer Pond, P. Hall; 1/23, Bluebirds and Juncos, near #68 crabapple, L. Owens; 1/25, Ring-billed gulls (100), flying overhead, Anne Martin; 2/1, Bald Eagle, W. College St., Kathy Hazelton; 2/8, Red-bellied Woodpecker, Farmer Pond, P. Hall; 2/9, Red-winged Blackbirds (3), trees near Farmer Pond, Heiser Pond, Island Pond, A. Martin; 2/10, Bald Eagle, tree on north edge of Island Pond, Barbara and Carl Whitehouse; 2/10, Swans (2), landing on Rock Pond, Nina Love and Grover Zinn. ~Mary Joy Leaper

**Save the Date
Fitness Lunch
and Learn** 

Thurs., Apr. 18 - 12:00pm - Penn

Join us at lunch time for a fitness discussion with Jill Tvaroha in lieu of our usual evening program.

You’ll pick up your lunch tray and bring it to the Penn to talk with Jill. Details to follow in the April *Kendalight*.

**2024 KaO Directory
Coming Soon!**

Watch for it in your open mailbox.
~Nina Love

**Newcomer Introductions
Wed., Mar. 20 - 4:00pm - KOTV**

Don’t miss this opportunity to become better acquainted with your new neighbors!
~Sharon Furrow



Remember!
Wear your name tag so newcomers (and old-timers) can tie your name to that face!

NAME TAG!

Kendal Kryptogram #224 – by Nina Love

MR XWBEYRCK . RUREXWFR RCYR SY DCERDAX

QDZRF .

~WYLDE OSCAR

Solution to Kryptogram #223: “Life can only be understood backwards but it has to be lived forward. ~Soren Kierkegaard”



Our Changing KORA Website

In early February the KORA Website Committee was notified by our vendor, Viibrant, that they will change the platform that houses our website.

Viibrant's intent is to present our content in a way that is easier for them to maintain and that can provide more features in the future.

Viibrant assures us that all the features we currently offer will be available on the new platform and that most users will be able to understand the new website format. The Website Committee has spent years making sure our site is both attractive and easy to use. Given our experience with this vendor, committee members are apprehensive.

The five members of the committee will work hard in the next weeks and months to test and implement the new setup and to do everything we can to help people navigate the changes. Besides revising our user manuals, we will offer training sessions. We will also modify the rules for posts on the online Bulletin Board to allow residents to communicate with us about the changes.

~Tom Taylor for the Website Committee

Kendal Volunteer Hours in 2023

Kendal residents and staff have recorded the number of hours they have served as volunteers both within Kendal and outside in the greater community for 2023. These volunteer hours have been submitted, and the totals have been tabulated by the Volunteer Clearinghouse Committee. The many and varied volunteer activities reflect the extent of our efforts to serve our community and to help Kendal at Oberlin validate its non-profit status.

The grand total of all hours reported for 2023: 63,490! This total is a significant increase when compared with the hours reported in the previous two years.

Inside Kendal: Residents volunteered **40,256 hours** within the Kendal community in two categories: KORA (31,424 hours) and Kendal at Oberlin (8,832 hours). Compared with 2022, there is an increase in KORA hours, and a slight decrease in KaO hours. The total hours of volunteering within the Kendal community increased by more than 1,800 hours.

Outside Kendal: Residents and staff volunteered **23,234 hours** outside of Kendal in eight categories: Organizations (8,831 hours), Church (5,570 hours), Oberlin College/LCCC (2,321 hours), Government (1,823 hours), Medical (1,241 hours), Meals (581 hours), Schools (163 hours), and Miscellaneous (2,704 hours). Compared with 2022, there is an increase in all categories and the total hours of volunteering outside of Kendal increased by more than 5,900 hours. These volunteer hours reflect the continued commitment of Kendal residents and staff to many non-profit organizations in our community.

Responses: This year 219 reports were received from the residents, which is more than the number received last year. Kendal respondents reported 1,179 hours of community service with a variety of non-profit organizations such as Cuyahoga Valley National Park, Lorain County Metroparks, Oberlin Rotary Club, Black River Audubon Society, Friends of Oberlin Public Library, Salvation Army, and local churches. Stephens Care Center recorded more than 1,200 hours volunteered by BOTH Kendal residents and community volunteers.

The Volunteer Clearinghouse Committee appreciates the diligent work of residents and staff to track their volunteer hours and report them at the end of the year. **THANKS to all who volunteered in 2023. You make a difference!**

~Volunteer Clearinghouse Committee: Anne Elder, Ann Findlan, Tomo Ijiri, Pearl Lin, Anne Martin, and Andy Unger.



Library Notes

Recent Acquisitions

Ohio Suffragettes

The Fifth Star: Ohio's Fight for Women's Right to Vote (Kent State University Press, 2023) by Jamie C. Capuzza.

Ohio was the fifth state to ratify the 19th Amendment. This story of the contribution of Ohio women to obtain voting rights for women covers the period of 1850 through 1920.

Many of the women profiled in the book were associated with Oberlin and Oberlin College. Dr. Capuzza is a professor in the Department of Literature and Communication Arts at the University of Mount Union and directs the Gender and Sexuality Studies Program.

She will speak about her book at the Oberlin Heritage Center program on Thurs., March 14, at 7:15pm in Heiser Auditorium (see p. 1).

(Displayed on the new books shelf.)

DVD Collection

We thank David and Louise Coffin for their donation of a large collection of DVDs. The donation is a welcome addition featuring newer movie titles as well as classic films not previously owned. Selections from this collection will appear with the new DVDs (near the new books shelf).

Mystery Collections

Fans of the *Bruno, Chief of Police*, novels will be happy to hear that the library now has a complete set of this series by Martin Walker with many thanks for the donation from Bruce Harker and Anne Palmer. They advise that the series is best read in order of publication, so the books will appear in order on the new books shelf.

Bruce and Anne also donated a selection of mysteries set in India and by writers new to the library collection. These will also be displayed on the new books shelf.

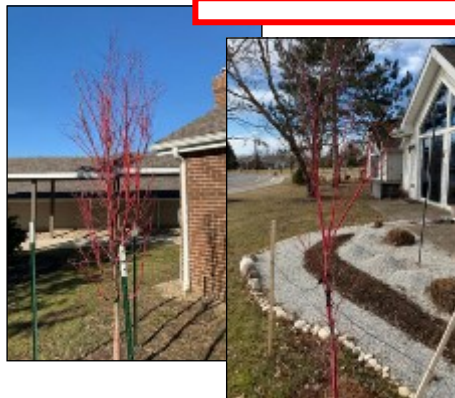
~Joan Long, Library Committee

From the John Bartram Arboretum Coral Bark Japanese Maple

The Coral Bark Japanese Maple (*Acer palmatum 'Sango-kaku'*) is a relatively new addition to our Collection. It can be seen alongside cottage 5 and at the back of cottage 74. They are very special additions to the Arboretum, even though they are not native, because they have such an unusual colored bark that is very noticeable after its leaves fall. Take a look and enjoy its beautiful bark.

This tree is small in height and can be easily pruned when young, so it is good for small spaces where there is some sun, moist yet well drained. Pruning, if needed, should be done during late fall to mid-winter. Luckily, Coral Bark tolerates a variety of soils; although it prefers neutral to slightly acid conditions.

It is relatively disease resistant. Anthracnose, a fungal disease, may cause some leaf curling with a portion of the leaf dying, but it is not life-threatening



Maple trees near Cottages 5 and 74.



to the tree. Late spring frosts can damage its leaves.

How wonderful it is to have that tree in our collection.

~Anne Helm for the Arboretum Committee

References:

- plants.ces.ncsu.edu
- www.missouribotanicalgarden.org/PlantFinder

Meet, Greet, and Eat Returns

The Meet, Greet and Eat (MGE) Committee is happy to announce that a MGE dinner will be held on Thurs., March 28. These popular dinners provide an opportunity for residents to share a meal with other residents they may not yet know and with whom they may not have dined before.

For those new to Kendal, here's how MGE dinners work: Sign-up sheets will be placed by the open mailboxes on Thurs., March 21. You have until noon on Tues., March 26, to sign up. Arrive at Fox and Fell at 5:15pm on the evening of the dinner. Check in with the MGE Committee at the entrance and draw a number that indicates your table assignment.

Find your table and join your tablemates. Your server will take your order from that day's menu, as usual. Lively conversations ensue throughout the dining room as tables fill and we meet and greet each other!

Newcomers are especially encouraged to take this opportunity to get acquainted with other members of the community.

Residents who choose not to participate in Meet, Greet and Eat that evening may dine in Fox and Fell or Langston, as usual.



Oberlin Equity Conversation Thurs., March 28 - 1:00-2:00pm - Green Room

Terri Richardson-Sanders, City of Oberlin Equity Coordinator, joins us for a monthly conversation about our city, what she hopes for in 2024, and how we can support equity in Oberlin. Terri is part of the City of Oberlin's Planning and Development office, which is working on transportation, housing, and other needs including medical debt. **All are welcome!**

Spring Fling Decorations for Sale! Sat., March 16 1:00–3:00pm - AUD

All of you who have admired and enjoyed watching the dancing figures that have graced the Heiser Auditorium ceiling for the past two years can now buy one (or more) to hang in your own cottage, apartment, or Stephens Care Center room – or give as gifts.

The paper flowers will remain in the Auditorium, and the dancing figures will be replaced by new decorations for this year's Spring Fling celebration on Sat., April 27.

Proceeds from this sale will go to the Residents Assistance Fund.

KENDAL RESALE SHOP

Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities

SHOP!

Wednesday–Saturday
11:00am–5:00pm
(closed Sunday–Tuesday)

DONATE!

Bring your donations of clean, gently used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

Given to RAF, year to date:

Total contribution: \$5,538.



Smart Giving! KaO Gift Annuity Update Workshop Fri., March 15 - 9:00–10:00am - Ed Center Training Room

Want to have your cake and eat it too? Find out how at this workshop! Ann O'Malley will explain the Charitable KaO Gift Annuity Program and update us (rates for New CGAs effective Jan. 1, 2024). For more information, contact Tom Konkoly. *~Sponsored by Philanthropy Committee*

Table Tennis Hours

Come and play on Wednesday, Friday, and Sunday, 10:00am to 12:00pm in Heiser Auditorium. **All are welcome!**
~Phil Pritchett

Off-Season Saturday Walks

Those desiring to walk off the Kendal campus should meet at the Heiser Reception Desk at 9:00am every Saturday. We will decide whether to walk that day (weather permitting) and carpool to the destination. The walks are leisurely, 1-3 miles, and generally scenic.
~Phil Pritchett

Where to Find Contact Info

- **Kendal at Oberlin Directory**, printed and distributed in February.
- **KaO PDF Directory**, distributed via email to all residents.
- **Bulletin Board**, near photos of new residents. Make these corrections and additions to your printed directory.
- **Online Resident Directory**, in the KORA website (www.kaores.org). Click "Directory" under the "People" tab. You must be logged in for access.



Event Links

- For "inside Kendal" program links, **contact Carol Harvey**.
- For "outside Kendal" community cultural and educational ad hoc events, **contact Barbara Gordon-Lickey**.

Let's Dance!

English Country Dancing

Sundays - 7:15pm - AUD
Contact: Judy Cook

Line Dancing

Mondays - 4:15pm - AUD
Contact: Dan Reiber

Square Dancing

Tuesdays - 4:00pm - AUD
Contact: Donna and Larry Steele



Heiser Jigsaw Puzzles

An informal group of residents works jigsaw puzzles in the Heiser Lounge, and you are invited to join in! Here's what you need to know.

Where things are:

- **Large table** has the puzzle currently being worked.
- **Small table** has the puzzle recently completed on display.
- **Unworked puzzles** are on the floor to the right of the small table.
- **Completed puzzles** to be given away are under the small table.

Donations:

- Puzzles that have LARGE pieces and 300–500 pieces go to Janie Ellingsen in Stephens.
- Puzzles with tiny pieces or that are too large for our table go elsewhere.
- Puzzles of 1000 pieces or more are accepted when we have fewer than five (5) unworked puzzles.

Note: No new donations needed at this time!

Questions? Ask Anne Southworth.

**Introverts Unite!
Contact Suzanne McDougal**

Church Services

First Church in Oberlin, UCC
Sun., 10:00am, WSCC

Oberlin Friends Meeting
Sun., 10:30am, Thomas Ed Ctr, Zoom

Oberlin Unitarian Universalist Fellowship
Sun., 11:00am, Zoom

Roman Catholic Mass
St. Patrick's Cathedral, NYC
Sun., 11:15am, WSCC

Christ Episcopal Church
Sun., 12:30pm, WSCC, YouTube

Catholic Communion Service
Sat., 3:30pm, Green Room

Christ Episcopal Communion
Thurs., Mar. 14, 10:00am, Green Room



Did You Know... Only plastics that have a triangle symbol with a number in it (1 through 7) can be recycled. Plastics with a blank triangle – or no triangle at all – go into the trash.
~Mary Joy Leaper, Environmental Concerns

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Assn.
600 Kendal Dr., Oberlin, OH 44074

Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Barb Benjamin, Anne Martin, Polly McIlrath, Mary Simons
Profile Photos: Sally Nelson-Olin

- Deadline for the April 2024 issue of *The Kendalight* is March 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: klite600@yahoo.com
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining Matters

Special Orders: If you are ordering a cake or cupcakes from Dining Services, please place the order at least three days ahead so that the staff has time to procure any special ingredients. In fact, if you have a special cake in mind, give the staff several more days to make the necessary arrangements. The staff will appreciate your consideration and will more likely be able to produce the desired cake or cupcakes on the day.

Traffic Build-up. Sometimes we find traffic build-up around the salad bar and the soup station. If you use a walker or a rollator, we urge you to behave as if you are driving a vehicle in these tight spaces. Warn people ahead of you of your presence. The words, “behind you,” in a clear voice will be sufficient to warn people not to back

into you. Everyone should remain alert to possible tripping hazards. Remember that not everyone has full vision. It is always helpful to say, “on your left,” or “on your right” to call attention to your location and proximity.

Mobility Devices. Remember that our servers are always happy to park mobility devices at the side of the dining room and retrieve them when needed. It is helpful to mark your walker or rollator in some clear way. The servers can then gather a salad or get your soup for you.

Our intention is always to provide the greatest amount of independence for every resident. Don't be afraid to speak up if we are missing the mark.

~Barbara Pierce, Chair,
Dining Matters Committee

Meditations for Living and Dying Well

Tues., April 2, 16, 30, May 7 - 1:00–2:30pm - Ed Ctr Training Rm

In four sessions, we'll share mindfulness and gratitude practices to befriend the body, awaken the heart, and deepen our well-being, so we may live well now and when we're ready allow the body to let go with grace. Although no religious language is used, the program respects all religious views. Led by Rev. Mary Grigolia, Oberlin Unitarian Universalist Fellowship. **All are welcome!**

Suggestions and Concerns Mon., March 11 - 2:00–3:00pm Crossroads Room

We listen to your suggestion or concern in confidence (privately, if you wish), discuss it with you, and refer the matter to a pertinent department head or committee chair. ~Janet Newman, Chair

UU Kendal Gathering Liberating Love

🕊️ **Lift Your Spirit: Poems, Songs, Stories**
Tues., March 12 - 2:00–3:00pm
Crossroads Room

🕊️ **A Community Conversation**
Tues., March 26 - 2:00–3:00pm
Crossroads Room

Rev. Mary Grigolia. **All are welcome.**

Praying the Psalms Wed., Feb. 14–March 20 10:00–11:30am - Crossroads

All are welcome to an in-depth look at six psalms with discussion and reflection. We are meeting for six Wednesdays beginning February 14. For each session, read a selected psalm and bring your reflections – written, drawn, in whatever creative way you wish. Email Charlotte McGowan for a syllabus.

Threads: Drop Off or In Person in the Craft Room Thursdays - 11:00am–12:00pm

We do simple sewing jobs for residents only. Bring your clean, bagged items to the Craft Room anytime, place them on the table, fill out the work order form. Or stop by during open hours.



Solo Diners: Come fill our table!

Solo Diners Tues., March 26 - 5:30pm - Den

Join solo Kendal residents monthly for dinner and conversation in the Den. There is no planned agenda – just informal sharing. Sign-up sheet will be posted by the open mailboxes.

Centering Time With Indira Palekar Mondays - 11:00–11:30am Zoom and WSCC

Psychologist Indira Palekar offers the Kendal community a time to reflect on topics that are suggested by the current participants. For Zoom link, contact Kim Peters (kpeters@kao.kendal.org).

Cognitive Issues Discussion Group Fri., March 22 - 10:30am Ed Ctr Training Rm

All are welcome. ~Jesse Carlock

Grief Support Group Tues., March 26 - 10:00am Green Room

We meet on the fourth Tuesday of the month, facilitated by licensed social worker Melissa Thompson. Our group is inclusive to anyone who has experienced a significant loss. Contact Melissa (mktompson@kao.kendal.org).

I don't need a hearing aid, yet some residents speak so softly that I can't understand their words. And when they use a microphone, instead of speaking up, they are even quieter! Please, always speak a little more loudly than you think you should, so all of us can understand you and **STAY CONNECTED.**



SUN	MON	TUE	WED	THU	FRI	SAT
<p><u>First Church Service</u> 10:00am WSCC</p> <p><u>Quaker Worship</u> 10:30am Ed Ctr, Zoom</p> <p><u>RC Mass</u> 11:15am WSCC</p> <p><u>Christ Episcopal Service</u> 12:30pm WSCC</p> <p>Film (see p. 4) 7:00pm WSCC</p> <p><u>English Country Dancing</u> 7:15pm AUD</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Centering Time</u> 11:00am Zoom, WSCC</p> <p><u>Documentary (see p. 4)</u> 1:00pm WSCC</p> <p><u>Line Dancing</u> 4:15pm AUD</p> <p><u>The Crown</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Themed Film (see p. 4)</u> 1:00pm WSCC</p> <p><u>Square Dancing</u> 4:00pm AUD</p> <p><u>Travels by Narrowboat</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>News Currents</u> 1:00pm WSCC</p> <p><u>SCC Council</u> 3/13 4:00pm</p> <p><u>Song Swap</u> 3/13, 3/27</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Christ Episcopal Communion Service</u> 3/14 10:00am Green Rm</p> <p><u>Musical Film (see p. 4)</u> 1:00pm WSCC</p> <p><u>Jazz Listening</u> 2:00pm AUD 3/7, 3/21</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Art History</u> 1:00pm WSCC</p>	<p><u>Saturday Walk</u> 9:00am Heiser</p> <p><u>Ken Burns: Baseball</u> 1:00pm WSCC</p> <p><u>Catholic Communion Service</u> 3:30pm Green Rm</p> <p><u>Film (see p. 4)</u> 7:15pm</p>

March 2024

Zoom: See kaores.org Calendar for link.

KOTV: Cable 920, 19-2, or 95-101

WSCC: Cable 921, 20-1, or 96-100

Note:

“Home” events (at Kendal) are in **Bold**.

“Away” events are not.



1	2
Oberlin Chamber Orchestra, R. Jimenez, conductor 7:30pm Finney	Oberlin Baroque Ensemble 7:30pm Fairchild

3	4	5	6	7	8	9
<p>Live Music Kendal Presents 4:00pm AUD</p>	<p>Memory Course 2:00–3:00pm Ed Ctr Training Rm</p>	<p>LLL Class: Lorain County's Natural Capital and Environment Services, David Benzing 10:30am AUD</p>	<p>Praying the Psalms 10:00am Crossroads</p> <p>Live Music: Jamie Phillips-Freedman, piano 4:00pm AUD</p> <p>Peace Corps Reflections 7:15pm AUD, KOTV</p> <p>Oberlin Orchestra, R. Jimenez, conductor 7:30pm Finney </p>	<p>Woodshop Meeting 10:00am Green Rm</p> <p>Art in Our Lives 1:00pm Art Studio</p> <p>Len's Trolley 4:30pm HL</p> <p>Kendal Health Lecture 7:15pm AUD, KOTV</p> <p><u>ARS: Imani Winds</u> 7:30pm Warner </p>		<p>Met Opera, Verdi's <i>La Forza del Destino</i> 12:00pm Apollo </p>
10	11	12	13	14	15	16
<p></p> <p>Live Music Viola students of Prof. Peter Slowik 4:00pm AUD</p>	<p>Lunch with Kim & Cyndi 12:00pm Den</p> <p>Suggestions, Concerns 2:00pm Crossroads</p> <p>Memory Course 2:00–3:00pm Ed Ctr Training Rm</p>	<p>LLL Class: David Benzing 10:30am AUD</p> <p>Lift Your Spirit with Song, Poems, Stories 2:00pm Crossroads</p> <p>Land Grant Colleges and the Dispossession of Native Americans 7:15pm AUD, KOTV</p>	<p>Praying the Psalms 10:00am Crossroads</p> <p>Lunch Bunch Main Street Grille 11:30am </p> <p>Cont. the Conv. Lunch Noon Den (see p. 1)</p> <p><i>L'Orfeo</i> Opera Preview 4:00pm AUD</p> <p><u>ARS: Artemis</u> 7:30pm Finney tx </p>	<p>Coffee Hour with Seth Vilensky 9:30am Langston, Zoom, KOTV</p> <p>OHC - The Fifth Star 7:15pm AUD</p> <p>Oberlin Opera Theater <i>L'Orfeo</i> 8:00pm Hall tx </p>	<p>Smart Giving CGA Update Workshop 9:00am Ed Ctr Room</p>	<p>Spring Fling Decorations for Sale! 1:00-3:00pm AUD</p>
17	18	19	20	21	22	23
<p>Live Music Lindsey Jones, viola 4:00pm AUD</p>	<p>Memory Course 2:00–3:00pm Ed Ctr Training Rm</p>	<p>Primary Day </p> <p>Primary Election 6:30am-7:30pm AUD</p>	<p>Bahá'í New Year</p> <p>Praying the Psalms 10:00am Crossroads</p> <p>Newcomer Intros 4:00pm KOTV</p> <p>National Theater Live <i>Vanya</i> 7:00pm Apollo tx </p>	<p>KORA Council 10:00am AUD, KOTV</p> <p>Hearing Issues Support Group 3:00pm Ed Ctr Room</p> <p>Oberlin College Choir and Chamber Singers, Greg Ristow, conductor 7:30pm Warner </p>	<p>Cognitive Issues Discussion Group 10:30am Ed Ctr Room</p> <p>Play Readers <i>Rashomon</i> 1:30pm AUD, KOTV</p>	<p>Play Readers <i>Rashomon</i> 7:15pm AUD, KOTV</p>
24	25	26	27	28	29	30
<p>Live Music Kelly Wilson, flute Elena Loskova, piano 4:00pm AUD</p>		<p>Grief Support Group 10:00am Green Rm</p> <p>LLL Class: David Benzing 10:30am AUD</p> <p>UU Gathering 2:00pm Crossroads</p> <p>Solo Diners 5:30pm Den</p>	<p>Exchange with Seth Vilensky 4:00pm AUD, KOTV</p>	<p>Oberlin Equity 1:00pm Green Rm</p> <p>Meet, Greet, and Eat 5:15 pm Fox & Fell</p>		<p>Artist's Talk <i>Quilting Diva</i> Chris Worland 4:00pm AUD, KOTV</p>
31						
<p>Easter</p> <p>Live Music Kathleen Bosl, sop. Elena Loskova, piano 4:00pm AUD</p>						