

The Kendalight

Kendal at Oberlin Residents Association

May 2015

Volume XXII, Number 5

A BIG THANK YOU -- to all the folks who helped make the 2015 Spring Fling -- "Romp in the Garden" -- a delightful evening of fun!

- To **Facility Services** staff who helped with chair arrangements and setups.
- To Ann Pilisy's **Dining Services** staff who helped in the Fox & Fell.
- To **Helen Randel** and her jar of Goldfish -- winners were Jim and Linda Marshall who guessed the closest number.
- To all those **folks who joined the Hat Parade**, judged by the crowd of Ruths -- Miller, Schwaegerle, Searles and Bent -- who awarded prizes while Robert Taylor described in beautiful detail each parader.
- To the **Nowick-Taylor team** who supervised the hanging of the flowers which were made by Ted's amazing, nimble-fingered crew who met weekly with him.
- To the **Stephens Care Center Art Crew** who made and delivered the floral invitations.
- To all the **Performers**: Tap dancers and English country dancers, Kirk Roose and his Barbershop Boys, our own Care Center Bell Ringers, Dianne Haley on the piano -- all shepherded by Dan Reiber.
- To **everyone** who brought **refreshments** and to the **Horticulture Committee members** who donated the lovely seedlings used as table decorations (now on sale at the May 1 Plant Sale).
- To our appreciative and supportive **Kendal audience**. Many, many thanks!

Fun Fitness Week, June 8-12

Our annual Fun Fitness Week takes place June 8-12. Once more we will plan more than 20 activities during the week. If you would like to help us plan and/or run any of these activities, we invite you to come to our second meeting at 1:00pm on Thursday, May 7 in the Whittier Lounge.

Even if you are not part of the planning, we encourage you to participate in at least one of the FUN activities. By your enjoyment you will earn an invitation to a free, healthy appreciation luncheon in the Fox and Fell on June 12. Watch for more details in the June *Kendalight*. If you have any questions contact Jerry Berner at 774-6025 or jberner@oberlin.net; or Jill Connone at 775-9851 or jconnone@kao.kendal.org.

Oberlin's Big Parade on May 2

This wondrous not-to-be-missed town and gown spectacle begins with the line-up at 11:00am in the parking lot of Prospect Elementary School, 36 S. Prospect St. It starts at 12:00 noon and goes east along West College St. to Main St. and Tappan Square. Kendal's Precision Lawn Chair Drill Team will be marching in the parade for the last block and will perform in front of the Ben Franklin store. Look for us!

COFFEE HOUR
WITH BARBARA THOMAS
MONDAY, MAY 11
9:30AM - LANGSTON

**AFTERNOON
EXCHANGE**
TUESDAY, MAY 26
4:00PM - AUDITORIUM
BARBARA THOMAS

Update Your Advance Health Care Directives

If you missed the Advance Health Care Directives session with our Social Services Associates in April, it's not too late to review or create your Health Care Power of Attorney document and/or Living Will.

Call 775-9819 or stop by the Health & Wellness Clinic to book Kim Preston or Kim Peters on any Tuesday or Friday at 11:00am.

To schedule a different time, contact: Kim Peters at kpeters@kao.kendal.org or 776-5016; or Kim Preston at kpreston@kao.kendal.org or 775-9813.

An Informational Chat with Senior Independence 10:00am-noon, Apt. #155 Wed., May 13 - Hypertension Wed., May 27 - Summer Safety

Join Senior Independence, Kendal's home health and home care program, for refreshments and a good conversation about an important health topic.

If It's Spring ... It's Time for the Annual Plant Sale!

Friday, May 1 - 7:30am to 5:00pm in the West Corridor between mailboxes and bank

Know Your KORA Council Spring LifeLong Learning Courses in Heiser Auditorium

Resident association presidents are included in the annual Kendal System Strategic Thinking Gathering, along with staff and board members from each Kendal community. This year we met at Kendal at Longwood on April 23-24 to focus on the future of aging and its implications for the Kendal system and the Kendal communities. The trends are clear, beginning with a dramatic shift in age demographics worldwide. Also noted: Trouble ahead for the economics of old age; growing preference for living in age-desegregated communities rather than CCRCs; and a growing need for individualized care and support services.

I will share reflections from time to time on why all of the above matters to us here at KatO, and on what we have to contribute precisely because the Kendal system has developed into a rich resource on healthy aging. I mention these trends briefly just now, because they are the background for our participation in the May 28 Intergenerational Conversations preceding the White House Conference on Aging to take place later this summer.

Some of you are aware of the upcoming panels. Here is the limited information we have at this point. There will be ten sites for these focus groups; two are at Kendal communities, one of which is Kendal at Oberlin. These sites will be connected live via Public Broadcasting links, and coverage will switch back and forth, with all sites open to one another via a central moderator (similar to live TV coverage of elections!) Michele Tarsitano-Amato is coordinating KatO participation.

Our site will have two tables of ten participants: two residents, two high school students, two college students, two staff members, and two from the larger community. We will be assigned one of four possible focus issues: retirement security; healthy aging; long-term services and supports; elder justice. Likely we will be given "healthy aging,"

News & Views: Foreign Affairs. Topics are taken from the latest "Great Decisions" briefing book from the Foreign Policy Assn. Fridays, 10:30am to noon. **May 1**, Jim and Ann Helm, **India Changes Course** (see p. 3). No registration or fee.

Alice Munro's Final Fictions. In three classes, you will consider the works of Munro within the larger context of Canadian literature; examine the relationship between her works and her life; and, finally, discuss several short stories in her recently published "Dear Life," which she has said will be her last collection of stories. Munro, winner of the 2013 Nobel Prize in Literature, calls the final four stories in this volume her "most autobiographical." Presenter: Mary Kirtz Van Nortwick, Professor Emerita of English and Director of Canadian Studies, University of Akron. Mon., 10:30am to noon, **May 4, 11, 18** (3 sessions). Fee: \$20. (Class # 5341)

A Narrated Tour of Oberlin Neighborhoods and Historic Landmarks. Thurs., 1:00-3:00pm, **May 28**. This tour with Jane Blodgett is fully subscribed. Enrollment is closed

For more information, call 366-4148; to register by phone, call Lorain County Community College at 366-4067.

but a word of caution: this topic has many facets, including but not limited to Thoughtful Medicine.

I want to emphasize that in addition to two designated residents, there is a role for every one of us who cares to attend that day to listen, observe, and even "tweet" comments and thoughts to the panelists. Yes, there will be a "tweet education session" prior to May 28 that is open to all comers! We hope to organize some pre-session conversations to give input to our resident panelists. KORA, through the Executive Committee, is in conversation with Michele about resident members for each panel, and I will be glad to know of your interest in this program. Watch for information in your open mailbox as plans develop.

Two good-news items from the April KORA meeting: Council gave the Creative Arts Committee the go-ahead to purchase a new kiln with the option open for contributions to be made toward the final cost; the Neighborhood Names Committee efforts had the happy result of plans for improved directional signage around our circle.

-Ardith Hayes, KORA President

Commencement Weekend Highlights in Oberlin

Friday, May 22 -- The Grand Piano Extravaganza, 8:30pm, Warner Concert Hall (\$20) -- Featuring the Oberlin Conservatory piano faculty and seniors. **Sign up for Kendal bus.**

Sunday, May 24 -- Campus Illumination: Social on the Square, 7:00-10:00pm -- Enjoy ice cream and music on a Tappan Square transformed by strings of colored Japanese lanterns. After the **Oberlin Jazz Ensemble** plays at 9:30pm, **Oberlin Steel drum band** ends the evening on the steps of Finney Chapel. **No Kendal bus. Consider carpooling.**

Monday, May 25 -- At 9:30am the **Academic Procession and Commencement Exercises** begin on Tappan Square. First Lady **Michelle Obama** will speak and **Marian Wright Edelman**, founder and president of the Children's Defense Fund, will deliver the 2015 Commencement address. Each speaker will receive an honorary doctor of humanities degree.

PROGRAMS

LECTURES

First Thursday Health Lecture: Polypharmia: You and Your Medicines

May 7 - 7:15pm - AUD

Dr. John Voytas, Kendal's Assistant Medical Director, will bring his geriatric expertise to discuss medicinal risks, benefits and possible interactions.

Third Thursday Lecture: Migration of Adult Children in Thailand: Perspective from the "Left-Behind" Grandparents **May 21 - 7:15pm - AUD**

Prof. Berit Ingersoll-Dayton is Director of the Joint Doctoral Program in Social Work and Social Science at the University of Michigan. The daughter of Kendal residents Fern and Jay Ingersoll spent part of her childhood in Thailand. Her research has two overarching themes: Understanding support exchanges among family members in later life, and developing and evaluating social psychological interventions that enhance social exchanges among older adults and their families.

Oberlin Dance Company 2015 Fri., May 1 - 8:00pm - Hall

This presentation by the Oberlin Dance Company features choreography by Holly Handman-Lopez. General admission: \$8. **Sign up for Kendal bus.**

Tim Page: a Life in Music - Tues., May 5 - 7:15pm - AUD

Oberlin Conservatory Visiting Scholar Tim Page is a Pulitzer-Prize-winning music critic and author/editor of books on Virgil Thomson, Glenn Gould, Ohio-born novelist Dawn Powell, and Asperger's Syndrome.

He will speak on the evolution in the music field he has witnessed and written about over the course of his life and career. Expect a lively presentation with plenty of audience interaction.

TRIPS

Lunch Bunch: Vintage House Cafe, Avon Wednesday, May 13

The Vintage House Cafe began life as a local Avon doctor's office 70 years ago; in 2004 it was transformed into a cozy cafe with two comfortable dining rooms on the ground floor and a tea room upstairs. The menu: Soups, salads, sandwiches, paninis, wraps, along with daily specials and entrees, freshly baked pie, cake and cheesecake! Bus leaves Heiser at 11:30am, returning about 2:00pm. Bus charge: \$7.00. Place check to KORA for \$7.00 in Box #89 by Monday, May 11. Lunch at your expense. Sign-up sheet will be posted Monday, May 4.

News & Views: Foreign Affairs Fri., May 1 - 10:30am - AUD

Anne and Jim Helm will present **India Changes Course**, a discussion suggested by the "Great Decisions" briefing book (Foreign Policy Assn.). For many years, Jim and Anne Helm have worked with the students and community of Lady Doak College in Madurai. They will bring their personal experiences to bear on the briefing book's description of changes in the wake of the 2014 election of Narendra Modi and his party, and what these changes mean for U.S. foreign policy. No registration or fee. **All are welcome.**

Nicholas King, piano Mon., May 4 - 7:15pm - AUD

Pianist Nicholas King, an Artist Diploma student of Angela Cheng at Oberlin Conservatory, performs works by Rachmaninoff, Liszt and Chopin.

'Round Midnight and Pitch Please, a cappella song fest Wed., May 6 - 7:15pm - AUD

Two Oberlin student multi-voice-range *a cappella* choirs sing repertoire of many styles and eras.

String Quartet Recital Sat., May 9 - 7:15pm - AUD

Oberlin conservatory students Dana Johnson and Nathaniel Cornell, violins; Rachel Mooers, viola; and Maurice Cohn, cello, perform string quartets by Haydn and Mendelssohn.

Semble N - Making Contemporary Music Wed., May 13 - 2:00pm - AUD

Oberlin Conservatory student group Semble N perform, demonstrate and discuss recently composed works in an informal, interactive workshop setting.

Andy Cohen and the New Florida Blues Band Thurs., May 14 - 7:15pm - AUD

Andy Cohen and friends perform a variety of down-home blues and folk tunes.

James Tinsley, trumpet Katie Cross, piano Tues., May 26 - 7:15pm - AUD

James Tinsley and Katie Cross play works by Bartok, Copland, Poulenc, Schumann and traditional spirituals arranged by Moses Hogan.

Justyna Janiak and Pawel Krymer, viola duo Thurs., May 28 - 7:15pm - AUD

Visitors from Poland Justyna Janiak and Pawel Krymer play violists solos and duets by J.S. Bach, Biber, Rossini, Ysaye.

Sunday Movies in Whittier - 7:00pm

May 3: Going My Way (1944) - Easy-going Father O'Malley (Bing Crosby) is viewed with skepticism by the aging Father Fitzgibbon (Barry Fitzgerald) until the young priest inspires the youth of his new parish by forming a boys' choir.

May 10: Mildred Pierce (1945) - Joan Crawford won an Oscar playing the abandoned housewife and mother who becomes a waitress. She eventually finds success in business, but she loses control of her ungrateful oldest daughter (Ann Blyth) with tragic results.

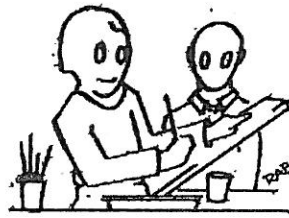
May 17: The Pursuit of Happyness (2006) - Evicted single father Chris Gardner (Will Smith) and his 5-year-old son live in shelters and endure hardships; yet Chris refuses to give in to despair as he struggles to create a better life for himself and his son. PG-13.

May 24: Driving Miss Daisy (1989) - An elderly Southern widow (Jessica Tandy) treasures her independence. She is annoyed when her son hires a black chauffeur (Morgan Freeman) to drive her but the two form a close friendship over the years. Film won Oscars for Best Picture and Best Actress. PG.

May 31: The Bucket List (2007) - Two terminally ill men (Morgan Freeman and Jack Nicholson) escape from a cancer ward and head off on a road trip with a list of wishes to fulfill before they die. PG-13.

Friday Night Opera DVD May 29 - 7:15pm - AUD

Don Pasquale - Donizetti's work is the latest *opera buffa* to remain in the opera repertoire. It is a quick-witted opera with humor tempered by pathos. The performance is from the 2006 Ravenna Festival and is conducted by Riccardo Muti. This is *bel canto* opera at its best.
-Allen Huszti



Art Gallery News

Kendal Residents, It's Your Show!

On May 18, **Kendal Collects** will go on exhibit. At least two of our galleries (possibly all three) will be filled with art work from the interesting collections in your homes. (They will all be returned to you when the show ends in mid-August.) We look forward to discovering what treasures from your own collections you would like to share with everyone here at Kendal and in the wider community.

Be sure to get your entry form returned to **Box #129** by the deadline -- **Monday, May 4!** If you've misplaced your form, extras are available at the Heiser Reception Desk.

The show of narrative photographs by **Robert Studzinski** showing people from remote corners of the world and close to home will continue in the **Kendal Gallery** until May 18.

The art of **Oberlin High School** students in **Friends Gallery**, and the work of Oberlin artist **Matt Kokoski** will continue on display in the **Community Gallery** until mid-May.

The interesting display in the **Curio Cabinet** of **paperweights** lent to us by **Anne Martin** will be followed by a display of **Margaret Kanost's "Chinese miniatures."**

Saturday Documentary Film May 16 - 7:15pm - AUD

Into the Abyss (2011) - Werner Herzog explores a triple homicide case in Conroe, TX, by probing the human psyche in an attempt to discover why people kill and why the state kills. Through intimate conversations with those involved, including a 28-year-old death row inmate, Anthony Perry, Herzog achieves what he describes as "a gaze into the abyss of the human soul." His inquiries also include families of the victims and perpetrators as well as a state executioner and pastor who have been with death-row prisoners as they have taken their last breaths. PG 13.

-Donna Van Raapborst

OHC: From Civil War to Civil Rights: Stories from the Oberlin Oral History Project Wed., May 27 - 7:15pm - AUD

Geni Poporad Vanek will trace the changes in attitudes from idealism after the Civil War to discrimination during the '30s and '40s and back to idealism in the '60s in the "town that started the Civil War."

Free and open to the public.

Saturday Foreign Film May 23 - 7:15pm - AUD

Whale Rider (2002) - English and Maori with subtitles. On the east coast of New Zealand, the Whangara people believe their presence dates back a thousand years or more to a single ancestor, Paikea, who escaped death when his canoe capsized by riding to shore on the back of a whale. From then on, Whangara chiefs, always the first-born, always male, have been considered Paikea's direct descendants. Pai, an 11-year-old girl in a patriarchal New Zealand tribe, believes she is destined to be the new chief, but her grandfather Koro is bound by tradition to pick a male leader. Pai loves Koro more than anyone else in the world, but she must fight him and a thousand years of tradition to fulfill her destiny. PG-13 -*Dwight Call*

Singin' Buddies May 1 - 2:00pm - Whittier

Kendal Music Therapy and the Lorain County harmonizers bring to you men's singing for fun. This is a casual time for singing songs, informal harmonizing, and sharing of songs.

Kendal Resale Shop Talk

Benefiting Kendal Resident Assistance Fund and Community Charities

One of the great joys of the new Kendal Resale Shop is the way that it continues to be a place of hospitality, perhaps more than before. Folks not only shop there; they also visit with their friends and family while there. We are glad to provide such an open, light, fun place for everyone.

Recently a woman from town was shopping and wanted to buy something that cost \$2.00. She had a \$10 bill with her, but no \$1.00's. Fran Cooper happened to be there, saw her situation, and gave her \$2.00. The woman noticed Fran's name badge. Some time later, Fran received a thank you note containing \$2.00. The note said: "Thank you for making my payment when I met you in the new Resale Shop. I did not have exact change... Thank you for your help. P.S. This is why I love Kendal." I share the story with Fran's permission, for the joy of all of us. The Shop's honor system of payment is as strong as ever, as is our hospitality. We now carry children's clothes, along with a few toys. Most of the clothes so far have been donated by parents of Kendal Early Learning Center children, so the sizes are quite small. It has been a delight, akin to soul food, for the Resale volunteers to process these adorable clothes for tiny tots. And they are selling, too. What fun to have things for little people in the midst of our community of elders.

In March, total receipts were \$3,636.25. Included in this total are a car sale with \$500 for RAF, and \$16 from Threads. Indeed, we had a very good first quarter in 2015.

*-Ruth Ann Clark,
Chair, Kendal Resale Shop*

Kendal at Oberlin's 2015 LeadingAge-Ohio STARS!

The Finalist STARS selected for this year are **Maureen Bailey**, Housekeeping Services; **Don Mulica**, Administration/IT Support; **Josh Nedro**, Grounds/Facility Services; **Sue Rogers**, Health Services; **Laura Zika**, Dining Services. CONGRATULATIONS to this year's Kendal at Oberlin Finalists! The STARS and their nominators will attend the recognition luncheon on Wednesday, May 20 at Lutheran Home at Concord Reserve in Westlake. They will be honored along with STARS from other LeadingAge-Ohio facilities in our northeast region. Following are the Kendal staff members who were nominated for this year's program but not selected as finalists: Christina Abraham of Dining Services; Mary Balduff of KELC; Quinn Barbee of Facility Services; Robyn Becher of Health Services; Jonah Becker of Dining Services; Lauren Colby of Dining Services; Jill Connone of Fitness; Ashley Drummond of Health Services; Deb Gray-Boggs of Housekeeping; Wayne Jacob of Dining Services; Ruth Jasko of Health Services; Patty Johnson of Health Services; Abrianna Lawrence of Dining Services; Debbie Lindner of Housekeeping; Jakob McHugh of Dining Services; Annette Moore of Health Services; Julie Price of Housekeeping; Jeanne Schwartz of Facility Services; Nikki Scott of Housekeeping; Christine Stanley of Housekeeping; Lisa Stewart of Health Services; Larry Thompson of Dining Services; Nick Ward of Facility Services; and Cindy Willbond of Health Services. Each receives a congratulatory letter, a copy of their nomination form and a \$5 certificate to use in the Langston Dining Room. Thanks to everyone who took time to submit nominations for these wonderful Kendal staff members!

-Toni Merleno, Director of HR & Operational Services

First Thursday Evening Hours Allen Memorial Art Museum May 7 - Open until 8:00pm Poetry Reading at 5:30pm Allen Art Bldg - Classroom 1

"The Muse in the Museum" is a community poetry reading that will feature works written in response to, or inspired by, works of art now on display at the museum. Poems were selected from a call for entries to writers of all ages. Co-sponsored with Main Street Readings and the Oberlin College Creative Writing Program. **All are welcome.**

Tuesday Tea at AMAM May 12 - 2:30pm

Mallory Cohen (OC '15), curatorial assistant at the Allen Memorial Art Museum, will present a talk on Henri-

Edmond Cross' painting "The Return of the Fisherman" from 1896. She will examine the work as an intersection between the aesthetics of the neo-impressionist movement, and the politics of the anarcho-communists. Each year a graduating senior is selected, through a competitive call for papers, to give the talk at the May Tuesday Tea. **All are welcome.** If you need a ride, meet at Heiser Reception Desk at 2:10 pm.

Low-Vision Support Group

**Don't Let Low Vision
Get You Down:
Coping with Depression,
Anxiety and Anger
Thursday, May 14
4:00pm - Green Room**

**Reading of *The Kendalight*
Friday, May 1, at 11:00am
in Whittier Lounge**

Jocelyn Maurushat will read the current issue of Kendal's newsletter. **All are welcome!**

Kendal 2015 Directory Additions and Corrections

Margaret Kanost - Check with Front Desk for correct phone number.

Darlene Krato - Delete cell phone number listed.

Welcome Kendal's New Residents

Jean Lalli



Born and raised in Cleveland, I attended Regina High School, St. Vincent Charity Hospital School of Nursing, and the affiliated St. John College. Later, I graduated from Ursuline College, the oldest women's liberal arts college in Ohio. My nursing career included practicing in surgery, an emergency room, a psychiatric closed unit, a skilled nursing unit, and an outpatient clinic. I took a leave to work on an ocean liner cruising from New York to South America and the Caribbean. My last full-time position was as an infection-control practitioner in a 350-bed skilled-nursing facility. I have a son who lives in Toledo, and a daughter and son-in-law with three children who live in Strongsville. Ideally, Kendal locates me between my two children. My grandchildren include a 13-year-old who is starting St. Ignatius High School (Jesuit, for boys); a middle grandson who is the natural jock of the family; and a granddaughter whom we are tempted to spoil. I particularly enjoy taking one of them at a time for outings and overnights. I've spent my discretionary time in many nourishing ways. For eight years I served at a downtown Monday-night meal for the needy. I enjoyed both competitive and social running for over 30 years. I became an antifracking activist, mostly through Faith Communities Together for Frac Awareness and First Unitarian Church of Cleveland. I've grown close to other members of my Spirituality of Women's Friendship Group, and I still socialize with high-school classmates. Fortunately, one of my favorite pleat-

Lois Wolfe



I was born in Elyria, OH, in 1929. Grew up on the family farm in Carlisle Township. Graduated from Elyria High in 1947. Married Don in 1949. We lived on Butternut Ridge Rd. until he retired from Ridge Tool Co. Moved to Birmingham, OH, in 1989. We spent 24 winters in Florida. Don died in March 2014. I have four children, nine grandchildren, and seven great-grand children. I'm looking forward to living at Kendal.

Upcoming Moves

Ann Francis and Nancy Lombardi will move from Lansing, MI, to a Kendal Cottage in late May.

Recent Move-Ins

Joe and Sue Colucci moved from Clarkston, MI, to a Kendal Cottage in mid-April.

Carl Gerber moved from Washington, DC, to a Kendal Apt. in late April.

Recent Transfers

Helen Baldwin moved from a Kendal Apt. to Whittier in mid-April.

Nancy Beauchamp moved from a Kendal Cottage to an Apt. in mid April.

Ruth Bent moved from one Kendal Cottage to another in mid-April.

Carl Peterson moved from a Kendal Cottage to Jamieson in late April.

Cay Thompson moved from a Kendal Apt. to Whittier in mid-April.

sures is portable: reading. I look forward to making new friendships and joining new groups at Kendal

Transportation Talk

On May 1, the **Public Transportation task force** of the KORA Transportation Commission will distribute a new survey dealing with **Non-Medical Transportation**.

Please return completed surveys to the box at the Heiser Reception Desk by May 15. When you deliver the completed form, please check off your name on the list of residents.

-Barbara Barna and Ira Steinberg

Genealogy-History Group "A Kansas Family"

Tues., May 12 - 7:15pm - AUD

Mary Clare Beck will describe her strong-minded, enterprising great grandfather who overcame a multitude of difficulties in making a life for his extended family in Kansas in the 1870s. They were among the many pioneers from the eastern states and from abroad who had migrated west at this time, expecting farmland and meeting instead a land of plains. Mary Clare will also describe some of the sources she used for information about her ancestors. **All are welcome.**

Bikes/Trikes/Recumbents

Tune Ups and Repair

**Thurs., May 14 - 10:00am-noon
Parking Lots 9 and 10**

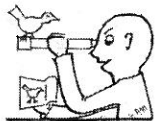
Joe from Oberlin's SWERVE bike shop has volunteered his services once again to tune up and do minor repairs on our bikes/trikes/recumbents and such. Please support such obliging shop owners whenever you can!

Conversations with Community

Plant Wizardry: Herbal Medicine Around the World from Shamans to Chemotherapy

Mon., May 18 - 7:15pm - AUD

Dr. Jeanne McKibben, a retired Oberlin physician, will use her medical expertise to explore alternative healing beliefs and techniques.



**2/1/15-4/15/15
Nature Sightings
at Kendal**

Feb. Orcutts: Red-shouldered hawk, house sparrows, tree sparrows, song sparrows, blue jays, ring-billed gulls. Marcia Deist: Downy woodpeckers, nuthatches, tufted titmice; Lee Hefner: Cardinals, gold and house finches, doves; Peg Schultz: Red-breasted woodpecker at her backyard feeder; **2/21** Dina Schoonmaker: Juncos at #222 (Rock Pond).

3/3 Orcutts: Turkey vulture, not at Kendal, but at I-480 Lorain/Cuyahoga Co. line, a VERY early harbinger of spring; **3/6** Marilyn Myerson: Robins; **3/7** Elizabeth Hole: Spirit found some pussy willows out! **3/9** Orcutts: Downy woodpecker on feeder, and countless geese under the feeders;

3/13 Nina Love: Red-wing blackbird – a sure sign of spring – at Parking Lots 1 and 3, and at Rock Pond; **3/15** Orcutts: Grackles at Rock Pond; **3/16** Terry Carlton: Turkey vulture soaring over the eastern half of KatO; **3/16** Larry Porter: Dark-eyed vireo, red-headed woodpecker, and house finch back of #65, and muskrat in Farmers Pond, a very plump and healthy looking beast (duck eggs responsible?); **3/18** Orcutts: Bluebird pair inspecting nestboxes near Rock Pond; **3/18** Peg S.: The same on the Kendal side of Island Pond; **3/22**

Orcutts: Seven scaup (lesser?) in Rock Pond; **3/23** Terry C.: Slate-colored junco behind #143, and **3/24** a downy woodpecker at Farmer's Pond; **3/24** Orcutts: Buffleheads, redheads, ring-necked ducks, hooded mergansers in Rock Pond; **3/25** Orcutts: Ruddy ducks at Rock Pond; **3/30** Lee H.: Great white egret behind Phase II; **3/31** Orcutts: Belted kingfisher on north shore of Rock Pond.

4/1 Lee H.: Two tree swallows at Rock Pond; **4/2** killdeer at 11:30pm near east end of Wildflower Hill, heard a calling barred owl near the west end, and a possum skulking on the side

of the road near Buttonbush Bridge. **4/3** Larry P.: Spring peepers on “the east side”, but heard western chorus frogs by Buttonbush Bridge two days earlier; **4/5** Orcutts: Blue-winged teal in Rock Pond; **4/6** Maureen Bailey: 5-6 ring-necked ducks, and two buffleheads on Meadow Pond, and two pied-billed grebes in Russia Township Park. Keep watching!!! -*Betty Weinstock*

Bird Monitoring News

Off to a promising start! As of April 26, New Russia Township Park had **four active eastern bluebird nests with a total of 21 eggs**, with the first 5 due to hatch on May 2 or 3. There are also many American tree swallows investigating nestboxes in the Park but since they are so dependent upon flying insects for food, they are usually a few weeks behind bluebirds in their nesting schedule. In addition, a kestrel box was recently mounted in the northwest corner of the park – basically across from Drug Mart. It was mounted on a 16-20 foot telescopic pole by Black River Audubon Society volunteers. Kestrels are also endangered because of the diminishing number of farm buildings and fields of grasses and native plants housing

an abundance of small rodents on which they feed. Other less common species in the park so far are eastern meadowlarks, Wilson's snipe and field sparrows, none of which use nestboxes. At Kendal there is no eastern bluebird activity but many American tree swallows are staking claims on our boxes. On the Kendal trail, one nestbox had a dead tree swallow with a broken neck (victim of an English house sparrow). But on a box near Phase III bluebirds were seen feeding, or perched on the fence nearby. -*Nina Love*

IN MEMORIAM
MARGARET “PEG” SCHULTZ
APRIL 12, 2015
JANETTE ELLENBERGER
APRIL 22, 2015
JANE LINDAMOOD
APRIL 22, 2015
ALVERTA SCHNEIDER
APRIL 24, 2015
ERNEST “ERNE” PERHAMUS
APRIL 27, 2015

Kendal Kryptogram #123 -by Nina Love

NAQ NTZELXNA HWR LO GEZGNEZU

MR EDA VRE GEZOLUZAM OWRDKU

NDMRTNMLXNKKQ, SQ UZVLALMLRA, SZ

ULOJDNKLVLZU VERT ZFZE URLAP OR.

-PREZ FLUNK

Solution to Kendal Kryptogram #122: “April is the cruelest month, breeding lilacs out of the dead land, mixing memory and desire, stirring dull roots with spring rain.” -T. S. Eliot

Notes from the Thoughtful Medicine Committee

The Thoughtful Medicine Committee will meet on Thursday, May 28 at 10:00am in the Green Room.

Don Hultquist and Lynn Killean will lead a discussion on Support Groups: Why they are important, how to start and nurture a group, and the creative activities that can be helpful.

At the March meeting there was support for the proposal brought by the Resident Medical Resource Committee to invite Atul Gawande to Oberlin. Don Hultquist will report progress. John Elder and Bob Hefner will lead a discussion on steps the committee should take if it is serious about registering the trademark "Thoughtful Medicine."

The committee welcomes all residents with their suggestions and invites you to attend our meetings. Or put a note in our open mailbox near Heiser Reception Desk. *-Ruth Miller, Chair*

Migratory Bird Outing to Oberlin South Woods

Wed., May 13 - 9:45am Meet at Heiser to carpool

Western Reserve Land Conservancy is in the process of acquiring parkland in Lorain County, some of it in the Oberlin South Woods area. Kendal residents Scott and Adie Orcutt will be our guides, along with Dean Kulwicki from Black River Audubon. Walking sticks are encouraged although the terrain is mostly flat. Look for sign-up sheet on the shelves under the open mailboxes.

First Church United Fellowship Saturday, May 9 - AUD 9:30am: Fellowship and food 10:15am: David Simmer

David Simmer, President of Friends of Lorain County Sacred Landmarks Initiative, will bring a game to test our skills at answering county religious questions: Lorain County Jeopardy. **All are welcome.**

May Park Walks

Sat., May 2, noon: Oberlin Big Parade (no separate walk).

Thurs., May 7, 6:00pm: Lorain County Metro Parks "Hike For Your Health," Black River Reservation/High Meadows. Topic: "Self-Defense 101."

Sat., May 9, 9:00am: Black River Reservation/High Meadows.

Sat., May 16, 9:00am: Sandy Ridge Reservation.

Sat., May 16, 2:00pm: Indian Hollow Reservation (Cleveland Hiking Club).

Sat., May 23, 9:00am: Columbia Reservation.

Sat., May 30, 9:00am: Schoepfle Garden.

We will gather at the Heiser Reception Desk to carpool for all of the walks.

The hike on May 7 is part of a new series sponsored by Lorain County Metro Parks and Lorain County Community College. There will be a different health-related subject presented at each monthly walk through October 8. The 3-mile afternoon walk on May 16 will be led by the Cleveland Hiking Club. Note that their walks are somewhat brisker than our usual walks.

Questions? Contact Jerry Berner.

UU Kendal Gathering

Wed., May 20 - 4:15pm - AUD "Quaker Testimonials"

Speaker: Kendal resident Don Reeves. **All are welcome.**

RELIGIOUS SERVICES AT KENDAL

Episcopal Service

Sat., May 9, 11:00am, Gathering Room, Rev. Brian Wilbert

First Church Service

Sun., May 17, 4:00pm, Gathering Rm.

Roman Catholic Mass

Fri., May 15, 10:00am, Crossroads

Society of Friends

Sun., 10:30am, Whittier Lounge

Bridge Results

Mondays: March 30: 1st, Eileen Dettman; 2nd, Enid Cleary.

April 6: 1st, Eileen Dettman (one table).

April 13: 1st, Mary Beth McCalla; 2nd, Cathy Fauver.

April 20: 1st, Eileen Dettman (one table).

Wednesdays: April 6: 1st, Cate and Paul Schwaegerle; 2nd, Helen and Bob Randel.

April 15: 1st, Helen and Bob Randel; 2nd, Connie and Russ Bimber.

Solo Diners: Thursday, May 14, 5:30pm, The Den. Watch for our sign-up sheet.

SPINACH dining group will not meet again until September.

Kendal at Oberlin Open House

During Commencement Weekend, we will hold open houses Friday, May 22 (1:00-4:30pm); and Saturday, May 23, Sunday, May 24, and Monday, May 25 (9:00am-4:30pm). Join us in welcoming visitors to our campus!

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Dr., Oberlin OH 44074

Consulting Editor: Robert Baldwin

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Deadline for the June 2015 issue of *The Kendalight* is May 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles by email to our address:

Klite600@yahoo.com

If no email access, please type article on separate sheet, sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number.

Congratulations, Kendal Dining Services Staff Graduates

- **Jasmyne Anderson**, Wellington High/JVS. Future: Modeling School. "I always have a good time, you can be so mad and once you step a foot in Kendal the residents make you happy."
- **Nikki Crawford**, Firelands High. Future: Aveda Institute.
- **Jaden Dorin**, Oberlin High, IB. Future: Edinboro University, PA, Secondary Special Education in Social Studies. "I enjoy my job and have made amazing friends as well as strong bonds with the residents that live here. Working at Kendal has taught me appreciation and respect of the elderly. Listening to their stories has motivated me to become a Social Studies teacher."
- **Grace Folley**, Firelands High. Future: LCCC, Nursing. "I enjoy working at Kendal. I've made great friends with my coworkers and I love seeing the residents every day I work, they put a smile on my face."
- **Jody Hanko**, Firelands High. Future: The Ohio State University Agricultural Technical Institute, Agricultural Business. "I love working here, everyone is so kind and accepting. I'm so lucky to be able to work at such an amazing place such as Kendal."
- **Alyssa Hayes**, Firelands High. Future: LCCC, Nursing. "I have loved working in Fox & Fell and Friends Corner. I enjoy seeing them all and interacting with them on a daily basis."
- **Presley Hood**, Western Reserve High. Future: University of Akron, Nursing. "My experience at Kendal has been phenomenal. The people here are amazing and the residents sure do know how to put a smile on your face."
- **Jesse Krislov**, Lake Ridge Academy High. Future: University of Michigan, International Relations. "Amazing opportunity and a chance to experience actually working and engaging in a field, great people to work alongside."
- **Abrianna Lawrence**, Early College High School/LCCC. Future: Grand



Dining and Nutrition Services

Sunday, May 10, Mother's Day Buffet, 12 noon and 2:00pm, Fox & Fell Dining Room: Reservation forms will be placed in mailboxes.

Monday, May 11, Ninde Scholars Reception, 5:00pm, AUD

The late Richard and Nan Ninde, long-time Kendal residents, presented a challenge grant of \$450,000, asking the community to match it dollar for dollar. The resulting endowment supports the Ninde Scholars program

Canyon University, Phoenix, AZ, Justice. "I enjoyed working at Kendal very much! Everyone here is so friendly. I am going to be very sad when I leave."

• **Kylie Lenio**, Midview High. Future: LCCC, Social Work. "I love Kendal so much! I couldn't pick a better place to work. I hope I'm at Kendal for as long as possible"

• **Sam Levine**, Oberlin High. Future: Davidson College, NC, International Studies. "I really enjoyed forming relationships with coworkers and residents. I was always treated respectfully; I couldn't ask for a better high school job. Ann always responded to our busy high school schedules."

• **Lauren Markus**, Western Reserve High. Future: Malone University, Nursing. "I love the residents and the staff. Other than a few technical difficulties occasionally, everything is perfect!"

• **Jakob McHugh**, Amherst High. Future: Kent State University, Nursing. "Kendal has been an amazing experience. The experiences and relationships I have had working here will last a lifetime, and I am very sad to be leaving in the fall."

• **Thomas Protzman**, Oberlin High. Future: College to study Political Science, German Literature and Soccer. "I have enjoyed getting to know and learning from the residents of Kendal. It has been a memorable experience."

• **Michael Rice**, Oberlin High, Ninde Scholar. Future: Cleveland State University, Business. "I have met many people that helped me along the way, while working at Kendal. I was able

to experience what it's like to have a job where it takes communication skills."

• **Casey Sams**, Wellington High. Future: Army. "Kendal is a beautiful place."

• **Aliyah Segarra**, Early College High School/LCCC. Future: Dance Instructor. "I love it."

• **April Sword**, Oberlin High. Future: LCCC, Nursing. "I enjoy the people I work with and the new stories each resident has to tell me. They all bring a smile to my face."

• **Meaira Williams**, Oberlin High. Future: Ohio University or University of Michigan, Criminal Justice or Education. "My experience at Kendal has been amazing. My coworkers make work so much fun. All of the residents here at Kendal have taught me a lot about their experiences. I appreciate them being willing to share with me."

• **Armanie Wilson**, Early College High School/LCCC, Associate of Arts & High School Diploma. Future: University of Michigan/Flint. "So far, my experience at Kendal has been great. Residents are amazing and friendly, as well as my coworkers. Residents make me excited about work because they have amazing stories."

• **Columbus Wilson**, Oberlin High, Ninde Scholar. Future: LCCC, Psychology. "Best job I've had so far. I love the people and amazing environment."

Call 775-9868 to hear announcements and menus of the day.

SUN	MON	TUE	WED	THU	FRI	SAT
<h1>May 2015</h1> <p> GaRm = Gathering Rm HL = Heiser Lounge CCR = Crossroads Conf. Rm WCH = Warner Concert Hall </p> <p> WHT = Whittier Lounge Bold Face = at Kendal ★ = Kendal Bus tx = Tickets needed </p> <p>The Driver Education Workshop on May 12 & 14 takes place in the Green Room, 10:00am-noon and 1:00-3:00pm. This class is now filled. Check sign-up sheets for the June and September sessions for availability.</p>				English Country Dancing every Sun. 7:15pm AUD Wed. Morning Conversation Group meets every Wed. 10:00-11:00am WHT Jehovah's Witness Bible Study every Friday 10:00am WHT	1 Plant Sale 7:30am-5:00pm West Corridor News & Views 10:30am AUD Reading of <i>The Kendalight</i> 11:00am WHT Singin' Buddies 2:00pm WHT Sinfonietta Concert 8:00pm WCH ★ Oberlin Dance 8:00pm Hall (tx) ★	2 No Walk in the Park Big Parade in Oberlin 12:00 pm Collegium Musicum 8:00pm Fairchild ★
3 Quaker Worship 10:30am WHT Film: Going my Way 7:00pm WHT Oberlin Musical Union 8:00pm Finney ★	4 Bridge 7:00pm CCR Nicholas King, piano 7:15pm AUD	5 Tim Page 7:15pm AUD Chamber Orchestra 8:00pm Finney ★	6 Pairs Bridge 7:00pm CCR A cappella Song Fest 7:15pm AUD ★	7 Walk in the Park 6:00pm Heiser First Thursday at AMAM Open til 8:00pm; Poetry 5:30pm Health Lecture Dr. John Voytas 7:15pm AUD Jazz Ensemble 8:00pm Finney ★	8 Oberlin Orchestra 8:00pm Finney ★	9 Walk in the Park 9:00am Heiser First Church United Fellowship 9:30am AUD Cleveland Orchestra (tx) 8:00pm Finney String Quartet 7:15pm AUD
10 Quaker Worship 10:30am WHT Mother's Day Buffet - Fox & Fell 12 noon; 2:00pm Film: Mildred Pierce 7:00pm WHT Opera Scenes 8:00pm Finney ★	11 Coffee Hour with Barbara Thomas 9:30am Langston Suggestions & Concerns 2:00pm CCR Reception for Ninde Scholars 5:00pm - AUD Bridge 7:00pm CCR	12 Tea at AMAM 2:30pm Genealogy Group: A Kansas Family 7:15pm AUD	13 South Woods 9:45am Heiser SI Chat - #155 10:00am-noon LUNCH BUNCH Vintage House, Avon 11:30am-2:00pm ★ Semble N 2:00pm AUD Song Swap with Judy Cook HL 6:00pm Scrabble 7:15pm CCR	14 Bike Repair Park. Lots 9 & 10 10:00am-noon Low Vision Support Group 4:00pm Green Rm Solo Diners 5:30pm Den Andy Cohen and New Florida Blues Band 7:15pm AUD	15 Roman Catholic Mass 10:00am CCR	16 Walk in the Park 9:00am Heiser Bike Repair Park. Lot 9 & 10 10:30am-1:00pm Art Committee Sale in Heiser Lounge Film: Into the Abyss 7:15pm AUD
17 Quaker Worship 10:30am WHT First Church Service 4:00pm GaRm Film: Pursuit of Happiness 7:00pm WHT	18 OHS Chorale 2:00pm AUD Monday Night at Apollo (tx) ★ Bridge 7:00pm CCR Herbal Medicine Dr. J. McKibben 7:15pm - AUD	19	20 UU Kendal Gathering: Don Reeves 4:15pm AUD Pairs Bridge 7:00pm AUD	21 KORA Council 10:00am AUD Lecture: Dr. Berit Ingersoll-Dayton 7:15pm AUD	22 Trolley Run in Remembrance of Len Garver 5:00pm HL Grand Piano Extravaganza (tx) 8:30pm WCH ★	23 Walk in the Park 9:00am Heiser Film: Whale Rider 7:15pm AUD Commencement Recital 8:00pm Finney ★
24 Quakers 10:30am WHT Film: Driving Miss Daisy 7:00pm WHT Illumination Night 7:00-10:00pm Tappan Sq. car pool	25 Memorial Day Oberlin College Commencement 9:30am - Tappan Sq. car pool Bridge 7:00pm CCR	26 Aft. Exchange 4:00pm AUD Song Swap with Judy Cook HL 6:00pm J. Tinsley, trumpet; K. Cross, piano 7:15pm AUD	27 SI Chat - #155 10:00am-noon Scrabble 7:15pm CCR OHC: From Civil War to Civil Rights 7:15pm AUD	28 Justyna Janiak, Pawel Krymer, viola duo 7:15pm AUD	29 Opera DVD: Don Pasquale 7:15pm AUD	30 Walk in the Park: 9:00am Heiser
31 Quakers 10:30am WHT	Film: Bucket List 7:00pm WHT					