

The Kendalight

Kendal at Oberlin Residents Association

May 2020

Volume XXVII, Number 5



Fun Fitness

Fitness and Health requires exercise of both the body and the mind. This year our annual Fun Fitness Week takes the form of Fitness Challenges and a Perimeter Observational Walk.

See instructions in your email or open mailbox. These are voluntary activities, run on the honor system. Remember to maintain social distancing and wear your mask!

Submit your totals after May 15 to Kathy Caldwell; the results will be posted at the end of May.

~Kathy Caldwell, Chair, Fitness and Health Committee



Spring Fling!

Saved by Green Man

Dancers, singers, and specialty performers scheduled for the Spring Fling: take note! All will be incorporated into the Winter Solstice on Thursday, December 17, 2020.

Again, many thanks to all of you for your patience. The planning committee will reconvene as soon as it makes sense.

~Program and Special Events Committees



Treating Cabin Fever

Dr. Joyce (a PhD, not THAT kind of doctor) has some more remedies for your Cabin Fever. The doctor prescribes doing something enjoyable at least once a day. Repeat as necessary.

Learn Something New. Try a virtual tour of a museum, national park, zoo, or outer space (www.nasa.gov offers several virtual tours). Join an online group. Practice your foreign language skills. Take a free online course from Coursera, Khan Academy, Open Culture Online Courses, iTunes U Free Courses, and others. View one of the Great Courses (some DVDs are available in the library; others can be found at TheGreatCourses.com). Look for free trial subscriptions for new customers.

Exercise. You don't need a lot of equipment. Take a walk and look at the blooming flowers. Watch Tai-Chi instruction or other routines on YouTube. Dance like nobody's watching (they aren't). Practice yoga, do low-impact cardio, balance and/or flexibility workouts. Be careful not to overdo.

Do Things that Bring Others Joy. Groom your animal companions. Write a history for family and friends; begin with recollections and edit it later. Start homemade holiday presents now. Record a story or poem on your phone, computer, or iPad.

See June Kendalight for more prescriptions.

A Message from Barbara Thomas...

COVID-19: Heartfelt Losses, Unexpected Silver Linings

Last month I spoke of the many types of losses at Kendal, some we could never have imagined being part of our Kendal experience. The most difficult and heartbreaking losses remain those situations around the loss of life. Both residents and staff have had heartbreaking losses. Since March, our community has lost four residents, non-COVID related: Emily Pugsley ((March 12), Sabra Henke (March 21), Anne Davis (April 5), and Gerald Zeitlin (April 26). And Kendal "family" have also been impacted with the death of resident Rita Haessly's son Bill (age 61) and staff member Dave Patterson's wife Tammy (age 56). While not COVID-19 related, the comforting rituals and presence of family in ways we've come to expect were not possible. Family and friends can never recapture that time in the same way and that loss will be with us forever. (Continued on page 7)

ZOOM EXCHANGES WITH BARBARA THOMAS

AT 4:00PM

THURSDAY, MAY 7; TUESDAY, MAY 12;

THURSDAY, MAY 21; THURSDAY, MAY 28



Kendal at Oberlin Residents Association

The KORA Council is finding new ways to do our work during this “Hard Closure.” “Zooming,” a form of communication previously unknown to me, has become a staple for KORA business. The KORA Executive Committee is meeting weekly and the entire Council has convened twice in April using this amazing online tool. In addition, emails and phone calls have been working overtime with the questions, ideas, and plans to keep our community connected and healthy.

Here are some of the matters which the Council has been addressing:

Staff Appreciation Appeal. The Council is making an appeal for contributions to a Staff Appreciation Fund which will operate as our annual Staff Vacation Appeal. Gifts are being received at the front desk through May 15, payable to Kendal at Oberlin. (See the article on p. 3 which gives more details.)

Employee Appreciation Task Group. The Council has appointed a task group to develop a variety of ways residents can show appreciation to Kendal’s dedicated staff. So far this group has produced appreciation posters (thanks to Jean Sloninger) and solicited notes of appreciation for the staff.

Resident Engagement Coordinator. Resident Joyce Benjamin has been appointed to work with Kendal Administration and Kendal Corporation to facilitate resident engagement and communication.

Contacting KORA Standing Committees. The Coordination Committee of the Council is communicating with each chairperson of the standing committees to offer encouragement and assistance as the committees seek creative ways to continue their agendas.



KORA Website User Guide. The Council reviewed the draft of a guide that is being produced by Bruce Richards to assist in the use of the KORA Website/Database. Residents will find this document helpful in accessing all the detailed information on the website, while leaders of various KORA groups will be instructed in ways to add information to their group’s particular entries.

Treasurer’s Report. KORA Treasurer Randy Wagner presented the March Treasurer’s report, which showed year-to-date expenditures at 23% of the budget.

The KORA Council, in cooperation with Kendal Administration, will continue to do its work for our community in new and creative ways as together we rise above the present challenge. ~Gary Olin, KORA President



Solstice Fling?

This announcement is being written on the day when 50 Kendal residents should have been happily having a dress rehearsal for Spring Fling 2020. Well, not this year.

The Special Events Committee met with the Program Committee to try to make plans for future events, knowing that we have no idea what the future holds.

However, it is our goal to use all of the acts planned for Fling Spring and turn them into a program that fits the Winter Solstice theme. If anyone can do that, it is Robert Taylor.

We will also be talking with Barbara Thomas about how and when the Kendal community can thank the Kendal staff for their extraordinary care of us during this “hard closure.”

It will be some time before 250 of us can crowd into the Heiser Auditorium again, but right now new cameras and a new internal TV channel are being installed where we can videotape small performing groups and send the “show” into smaller rooms and our own living rooms.

If any group can make the best of a bad situation, it is Kendal at Oberlin residents.

Watch for the excitement to come.

~Program and Special Events Committees

Staff Appreciation Appeal

Each spring we say thank you to our Kendal staff with our gifts to the Employee Vacation Fund, one of our two annual appeals for staff. This year the vacation appeal is appropriately named “Staff Appreciation Fund.” We plan for our response to be especially generous in light of the extraordinary work the staff has been doing on our behalf during this COVID-19 crisis.

Our gifts will be distributed equitably among all the staff by a formula developed in consultation with KORA. Senior management and department heads are the only employees not included in this distribution. This year our gifts will be particularly timely since the Kendal staff is facing many personal and family challenges.

As you know Kendal has a “no-tipping” policy; so please give, as you are able, as one expression of your gratitude for our staff’s dedicated work in your behalf. Checks are to be payable to Kendal at Oberlin with memo: Staff Appreciation, and deposited in the box at Heiser Reception Desk by May 15. These gifts will be distributed to our staff by the end of May, along with a letter of “Thank you” from us, the residents of Kendal at Oberlin.

~Gary Olin, KORA President



STAY CONNECTED!

We are into the second month of “being sequestered.” Just a reminder to continue communicating with the residents in the Stephens Care Center. It may help to keep a schedule of your communications so you remain in touch with residents in the care center on a regular basis for the duration. The longer “being sequestered” lasts, the harder it will be to keep our spirits up and the easier it will be to lose contact with those we no longer see day to day. STAYING CONNECTED is one way of helping.

Classical Music Online

The Coronavirus pandemic has forced the cancellation of many live musical performances at Kendal, at Oberlin, and around the globe. As partial compensation, many musical organizations are making recorded live performances available online. There are plenty of choices, both scheduled and on demand. One excellent way to find them is through www.bachtrack.com, which provides a compendium of many first-rate concert, opera, and theater performances around the globe. The Berlin Philharmonic is also making available many of its past performances, with first-rate sound quality. Find them at: www.digitalconcerthall.com/en/home.

And don’t forget YouTube, which has thousands of performances of all kinds of classical music – operas, symphonies, chamber music, and solos – as well as interesting lectures and demonstrations by leading musicians, all available on demand. With very few exceptions, classical music performances are free on YouTube.

~Larry Mirel for the Music Committee

Oberlin Public Library Wants to Serve YOU!

Joe Colucci and Vern Wettersten have been working behind the scenes with Darren McDonough, Director of OPL, to get DVDs and library books to you at Kendal.

Email Joe or put a note in his open mailbox. Include your name, unit number, date, library card number, book title and author, and/or DVD title. Please make sure what you want is available.

Once a week Joe will send this information to OPL. When received at Kendal, they will be delivered to you. Check-out is for the usual three weeks. Return your books to collection boxes in Heiser lobby and in Stephens Care Center.

This is the time to catch up on all your reading!

♪ Music at Kendal ♪

Check WKAO for Events

Keep watching WKAO to see announcements for Oberlin Stage Left and other programs offered online by the college in May.

Stage Left is a new series of online programs featuring Oberlin Conservatory faculty and students as well as guests from around the globe. It will be live-streamed on Tuesday and Thursday evenings as well as Sunday afternoons.

~Your conscientious WKAO staff

Kendal Song Swap by Zoom Wednesdays - 7:00 to 7:40pm

To get the Zoom link do one of these:

- Look on the resident database calendar (kaores.net) and click “Calendar”.
- Email Judy Cook who will put you on the song swap list and email you the Zoom link each Wednesday morning.

We hope to eventually have these events on the cable channel available to both cottages and care center.

Zoom Folk Concert Series

A series of afternoon folk concerts is being planned to feature folk artists from Britain and America. These concerts will likely be Zoomed with the following format: half-hour concert by the performer, with one or two songs done by Kendal residents or outside artists before the main act and 15 min. of Q&A with the artist afterward.

We expect these concerts to begin in May. To get the Zoom link do one of these:

- Look on the resident database calendar (kaores.net) and click “Calendar”.
- Email Judy Cook who will put you on the folk concerts list and email you the Zoom link the day of each concert.

We hope eventually to have these events on the cable channel available to both cottages and care center.

Kendal Resale Shop Talk

Benefitting Kendal Residents Assistance Fund and Community Charities

To the tune of “When Johnny Comes Marching Home Again”:

The resale shop is closed for now.
Boohoo. Boohoo.

The resale shop is closed for now.
Boohoo. Boohoo.

We wear our masks and stay away
We keep inside for most of the day.
But we'll all hang in as
COVID marches on.

We will be back to shop someday.
Hoorah! Hoorah!

We will be back to shop someday.
Hoorah! Hoorah!

Can't wait for you to come and browse
Bringing unused treasures from your house.

And we'll all be happy when
COVID goes away.

RAF totaled \$4,817.45 for February.
~Shirley Taylor, Kendal Resale Shop



Smart Generosity!

THEN

During our 25th Anniversary celebration in 2018, Kendal residents and staff gave VERY generously – \$2.9 million for our Residents Assistance Fund.

NOW

In 2020, we face a very different challenge. Kendal residents continue to give in so many ways: staying home, volunteering to help with necessary tasks, and striving to be positive.

And our staff has the weight of our community and the world on their shoulders 24/7. Their ongoing support is amazing and much appreciated.

No matter what is asked of us, we support each other.

Kendal at Oberlin is indeed a generous community.

~Grace Tompos, Chair, Philanthropy Committee, and members of the Committee



Art Gallery News

Kendal at Oberlin's permanent art collection makes our hallways and public areas beautiful, inviting, and stimulating. It started with donations and loans from early residents and friends of KaO. Over the years it has grown to over 850 pieces with only donations being accepted now. There is a huge variety of media, styles, and subjects represented. KORA funds, donations, and proceeds from periodic art sales help the Art Committee maintain and display the art collection and exhibits.

A catalog of the collection was first kept in big binders started by Nina and Duncan Love and later updated by Arn Lewis. This became unwieldy as the collection grew. Through the technical assistance of Dennis Cook and the expertise of archivist Jean Slonneger and currently Barbara Whitehouse, Kendal now has an easy-to-access electronic database of all the artwork we own. Check it out on the Kendal Residents website under Artworks. It has images of all the art in our collection. Search by catalog number (lower right-hand corner of the piece's frame) or by loca-

tion (such as 1st Floor North) to find out more about your favorites. You can also search by donor, artist, medium, or keyword. As time permits, more information about each artwork will be added.

Art is everywhere at Kendal, mostly in apartment hallways and other public spaces like the Fox & Fell, but even in the apartment stairwells, restrooms, offices, and the short-stay Patterson rooms. We rotate pieces periodically as new ones are donated (thank you, generous residents!) and to keep different areas feeling “fresh.” In addition to the permanent collection, Kendal's three invitational galleries have exhibits which change every six to eight weeks.

Did you know that Kendal was privileged to have art from the Allen Memorial Art Museum's student rental program on display in the Fox and Fell while the museum was undergoing renovation? Museum staff selected the pieces and crated the works for safe transport to Kendal.

The current exhibits of Taha Benadada's acrylics of light and sea, Roy Jenkins's nature photographs, and Katie Krueger's abstract acrylics are staying on the gallery walls until the administration tells us that it is safe to bring in some new art.

LeadingAge Ohio Art and Writing Contest Cancelled

This year's LeadingAge Ohio Art and Writing Contest has been cancelled. Since 1994 when it was first led by a group of residents and staff, it has been a focal point for the LeadingAge Ohio Annual Conference.

Five Ohio regions host art and writing shows culminating in the naming of top picks in multiple categories which then compete at the state level. Kendal has been a leading participant in these shows and taken prizes at both regional and state levels. Cancelling the contest is a disappointment, but trying to collect over 150 pieces of art and writing for a regional show is just not feasible.

We hope you will take this time to create new works of art and plan to submit them for the 2021 show.
~Amanda Hooley, Anne Palmer, and Thelma Morris

Eureka! Publication Date Delayed

The next issue of *Eureka!* will not be published in May, as originally scheduled. That issue is being prepared, however, and will be held until our administration decides that it is safe to print and distribute it.

How Does Our Kendal Apartments Garden Grow?

When Bobbie Carlton took up residence in Apt. #246 at Kendal at Oberlin in 1995, she began caring for the garden that meets the eye of all who enter and leave the apartments. She planted the creeping, woody juniper ground-cover along the island at the



beginning of the parking lot. Each spring Bobbie and her son planted dozens of annual flowers so that the garden was a beautiful sight all summer long. She could often be seen weeding and caring for the plants, especially during dry spells. She was a happy gardener until early 2014 when she left us.

That spring Grace Tompos began trying to fill Bobbie's gardening shoes. Although the garden was not the same without Bobbie's devoted care, Grace and her team were determined to struggle forward.

The soil struggled, too. Winter salt began to build up, with the result that even hardy marigolds went limp after a few weeks in the ground. What to do? After seeking advice from the experts, the team decided to fill in the island with river stone and place large pots of flowers on the stones. One special Clematis, a variety named Betty Corning, climbs the lamp post in all seasons; it has blue, bell-shaped flowers that bloom until the end of summer.

The ground on both sides of the entrance gets less salt and so continues to sustain plants through the spring, summer, and fall. Fortunately (or not, depending on one's point of view), the weeds seem to be quite happy there, too.

Kara Phillips, Rachel Gordon, and the rest of the Kendal Grounds staff have been especially helpful. Soon staff and volunteers will begin to fill pots, and we can all look forward to another colorful season.

Tuesday Tea at Allen Memorial Art Museum May 12 - 3:00pm on Facebook

The challenges we all face due to COVID-19 have made the importance of community – and of staying strong and supportive even when we are separated – clearer than ever before. Thus the Allen Memorial Art Museum Education Department has begun to offer some public programs remotely. The Tuesday Tea presentation at 3:00pm on May 12 will air via the museum's Facebook page.

Kevin R.E. Greenwood, Joan L. Danforth Curator of Asian Art, will consider in depth a painting in the exhibition *The Enchantment of the Everyday: East Asian Decorative Arts from the Permanent Collection* (through July 19, 2020). Chinese decorative arts frequently feature symbols and motifs believed to attract good fortune or repel dangerous forces. The 18th-century painting *Auspicious Still Life* presents an unusually complex assortment of such symbols, many of which relate to the Chinese Dragon Boat Festival celebrated each summer. He describes the festival and decodes the multilayered meanings of this fascinating work. A virtual forum for questions will follow the talk.

It's NOT Time for the Plant Sale!

The annual Horticulture Plant Sale will NOT happen on Friday, May 8, as originally scheduled.

The Horticulture Committee has cancelled the sale because of the need to practice social distancing during the ongoing COVID-19 pandemic.

Plants suitable for planting outdoors will be used by the Kendal Grounds crew in planting around the Kendal campus. The remaining plants will remain in the hallways, brightening our views. If our social distancing situation improves, we will consider rescheduling the Plant Sale.



~Prudy Hall

May Suggestions and Concerns Committee Meeting Cancelled

But you are welcome to send a suggestion or concern to chair Marjorie Porter, by email, by putting a note in her open mailbox, or by telephone (check the Kendal Directory).

A written message is preferred, to make sure it's conveyed correctly to others. Your message will be shared and discussed with other committee members, and you will receive a response.

For the time being, let's all keep our spirits up by staying in touch with friends and neighbors by phone and email!

~Marjorie Porter, Chair,
Suggestions & Concerns

Keep an eye out for our ducklings and goslings as they deal with nature's challenges.



More About Kendal Residents



Elizabeth Locke

I have always had my own businesses and worked solo. It started in high school selling hammered brass and gold jewelry up and down the California coast, then making whole wheat baklava for health food stores in LA. While still in high school, I attended night classes at Chouinard Art School. After high school, I traveled to London to study at Sir John Cass College of Art and Heatherley School of Art, a small traditional art guild my mother had attended.

Returning to the U.S., I briefly attended New York Arts Students League, then moved back to California to attend California Institute of the

Recent Move-Ins

Rollin and Anne Conway, from Oberlin, OH, to a Kendal Cottage in early April.

Jim and André Underwood, from Vermilion, OH, to a Kendal Apartment in mid-April.

Nick and Lillie Long, from Lafayette, LA, to a Kendal Cottage in late April.

Recent Transfers

Jane Blodgett, from Whittier to Jameson House in late March.

Arts. I finally got the art education I was looking for by apprenticing with two working artists. It was this training that served as the foundation for the Art Study Program I taught in Austin, TX, for 40 years.

I have traveled quite a bit, connecting to different beliefs, both religious and secular, theoretical and metaphysical, searching for what rang true. I found a good fit for a while teaching Transcendental Meditation in the Midwest and the Philippines. In 1980, I returned to the U.S., married, had a beautiful baby boy, and moved to Austin. When the marriage ended, I began Austin Fine Art Classes offering the language of visual communication, the way art used to be taught.

Several trips to France, painting the countryside by day and Monet's Gardens in the evening, resulted in paintings launching an eight-year career as an "in house" artist for several galleries on both coasts and in Texas.

I plan on traveling and spending time with my son and his brilliant, talented and dynamic family in Austin.

I know I am truly lucky to be here at Kendal and am looking forward to being part of this diverse and welcoming community.



Nancy Coleman Matthews

I had the great good fortune to be raised and schooled in Fargo, ND, home of the Non-Partisan League, where the sky meets the earth for 360°.

An exemplary public-school education and surprising cultural opportunities resulted in scholarship offers from Oberlin College (I turned it down) and Northwestern University (which I accepted).

After marriage and two children, I ended up in Oberlin after all, as a faculty wife, a role that didn't suit me.

I subsequently earned an MLS and achieved my childhood ambition to become a school librarian, which was my lifelong career.

During this time, I married again, and Charlie Matthews and I had 25 years of exciting travels together, from Japan to New Zealand, Peru, and most of Europe. After his death in 2018, I made the enormous leap of six Oberlin blocks to Kendal.

My current and enduring interests are politics, animal welfare issues, reading (of course), music and cultural events, gardening and nature in general. It has been a full and interesting life, with more – much more – to follow here in this wonderful community.



The Rising of the Moon

Thursday, May 7, will be the Full Flower Moon (also called Mother's Moon, Milk Moon, and Corn Planting Moon). May marks a time of increasing fertility, with temperatures warm enough for newborns to survive and plants to bloom.

A Message from Barbara Thomas...

Continued from p. 1

Last month I asked you to address challenges brought on by COVID-19 in innovative and creative ways that could enable our Community to overcome these restrictions. I continue to hear endearing stories about how this community has responded in taking care of each other. It's clear you are living the "Kendal Way" and finding ways to connect meaningfully with one another.

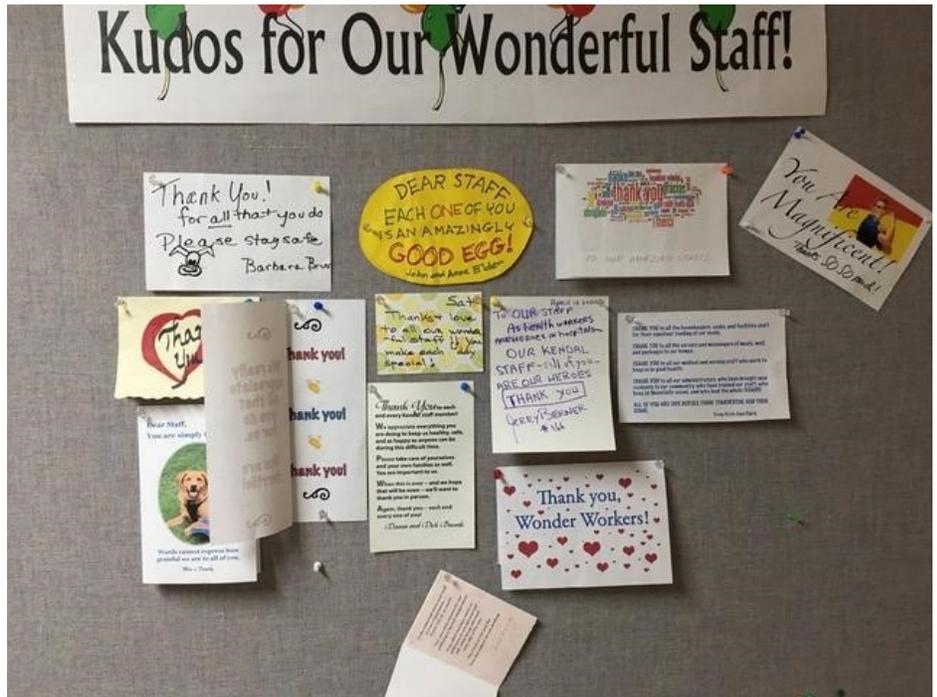
One example is an order of groceries that was created for a non-techie resident without the person's knowledge and that just showed up at her door. That brought tears of joy and a promise to learn technology. Another person shared that she has had an inspirational quote left by some anonymous person in her mailbox for weeks. The resident who shared this still doesn't know who is doing it, but she looks forward every day to the next note. She lives alone, and while it is a small thing, it gives her a special feeling of being loved during this difficult time.

I know there are so many more stories. They warm the heart! These stories remind me that as tough as this situation has been, there are silver linings that we should share and not forget. If you would like to submit a "little thing" that means the world to you or to someone you know at Kendal, please send me a note or email. I'd like to share them when I can as we talk over Zoom, or in a daily bulletin (anonymously or not). There are some things that can't be quarantined and isolated at Kendal: Kindness and Love toward others. Stay strong and stay well.

~Barbara Thomas

Did You Know?

You can call 775-9868 to hear announcements and menus of the day.



Make Your Own Thank You Note for Our Wonderful Kendal at Oberlin Staff!

- Create a card no larger than a half sheet of computer paper.
- Make it noticeable! Decorate it!
- Make it easy to read! Write LARGE.
- Drop your note in the green box between Heiser front doors. We'll take it from there.

Looking for Someone Special?

You'll find biographies of all residents, newcomers and old-timers, in "Who's Here" on the library center bookcase.

Remember!

Wear your name tag so newcomers (and old-timers) can tie your name to that face!

Kendalkrypt #182- by Nina Love

MOEMDO SCDD GETFOR SPUR ZEN BUCK,
 MOEMDO SCDD GETFOR SPUR ZEN KCK,
 QNR MOEMDO SCDD VOXOT GETFOR PES
 ZEN YUKO RPOY GOOD.

~YUZU UVFODEN

Solution to Kendalkrypt #181: You can cut all the flowers but you cannot keep spring from coming. ~Pablo Neruda



Library Notes

Time for a Classic?

Recently, a letter writer to the *New York Times Book Review* reported her pleasure, at age 79, in rereading *The Adventures of Huckleberry Finn*, the latest book in her project of reading a literary classic every year. Probably that is a common goal in retirement, when we think we finally will have time for *Moby Dick*. That expectation apparently was in the minds of our founders when they divided the collection between “Serious Fiction” and “Light Fiction.” Though we are now in the process of merging those sections, the pattern of collecting the canonical classics, the winners of major awards (Nobel, Pulitzer, Mann Booker, etc.), and other examples of literary merit remains. The founders gave us their sets of collected works, including even *The Harvard Classics*, and we have continued to develop representative selections of the most respected writers, recently adding, for example, novels by Conrad, Waugh, and Philip Roth to our usual selection of new contemporary fiction.

With normal activities disrupted, we now have time to sink into a classic novel. For help in making a choice the library has a bibliophile’s delight, *The Top Ten; Writers Pick their Favorite Books (028)*, in which 125 leading authors list their choices of the ten greatest works of fiction. The result is a tasty stew of 544 titles with a brief description of each, lists of the top ten in various categories, the authors’ individual lists, and some essays on their choices.

While the library does not have all 544, we do have many, including those that received the most points, the “top top ten” (except for *The Great Gatsby*, borrowed by an employee who departed with it). The other top top choices are the usual suspects: *Anna Karenina*; *Madame Bovary*; *War and Peace*, *Huckle-*

berry Finn, *Hamlet*, *In Search of Lost Time*, *Middlemarch*, Chekhov’s stories, and, perhaps surprisingly, the still controversial *Lolita*.

Browsing in our Fiction and DVDs sections offers many possibilities. To cite some current examples, our copy of *War and Peace* is being read by a resident who is discussing it online with her faraway son. A book group read *Tale of Two Cities* and now waits for weather that will allow discussion outdoors. A resident who viewed *Hamlet* on DVD was awed by the brilliance of Shakespeare’s language in performance, while another DVD viewer relished Dickens’ lesser-known *Little Dorrit* in a BBC production.

How we define a classic is always debatable, of course. Whatever your choice, a useful statement of the value of reading recently appeared in a *New York Times* interview with the popular author and advice guru Cheryl Strayed about her new podcast of interviews with “sages,” i.e. writers over age 60. Asked if there is a writer she turns to when feeling anxious, she said, “I don’t turn to one particular writer, but many. Good writing always makes me feel less alone. It always makes me feel recognized, consoled, enlightened, and lifted.” ~*Mary Clare Beck*

Cleveland Orchestra: Looking Ahead to the Fall

The Cleveland Orchestra has just announced its 2020-2021 season for concerts in Severance Hall. The coming season is, of course, dependent on Ohio “opening up” in coming months, in particular, allowing attendance at cultural events to be a reality.

Current Kendal subscribers recently received a renewal packet in the mail. The renewal deadline is May 15. If you have participated in the Kendal program that includes the Kendal bus, your subscription renewal form will read S1 series (Sunday matinee, series of four concerts). In the coming season, the S1 concerts are scheduled for Sept. 27 (Mozart’s “Requiem,” conducted by Franz Welser-Möst); Nov. 29; Feb. 14, 2021; and April 11, 2021.

If you have not subscribed before, check out the website clevelandorchestra.com for more details about that series and how to subscribe. Also, current subscribers (or your coordinators, listed below) would be happy to tell you more about the Kendal process. Note: the bus for the coming year will be the same cost as before, \$116 for four concerts. Details/signups will be posted later. Questions? Contact Randy Wagner or Anne Martin.

Big Bus to Blossom Music Center in August? We Hope to Make That Trip Again!

Once again this year we hope to go to Blossom, the summer home of the Cleveland Orchestra located in the lush Cuyahoga River valley. The Cleveland Orchestra Blossom Festival for this summer is scheduled to begin on July 4, and we have looked at the Summer 2020 schedule.

If feasible, if safe, we have tentatively selected the concert on Saturday, Aug. 22 (Brahms violin concerto, Sakaya Shoji, soloist; Brahms Symphony #2, Jahja Ling, conductor). Watch for details about tickets and bus from Kendal if this becomes a possibility.

As usual, the bus would depart Heiser at 5:45pm and deliver us to the Music Center tram stop. The tram takes us to the edge of the pavilion. It is only a short walk to our seats, central but convenient to the restrooms. After the concert, the tram takes us back to our bus which departs on the speedy bus lane. Bus steps are standard. Rollators/walkers can be accommodated.

Questions? Contact Randy Wagner or Anne Martin.

**Report from
The John Bartram Arboretum:
How to Plant Trees**

You've probably heard said, but I'll say it again, "The right tree for the right location." Has a good tree been chosen for the spot where it will be planted? Its size, soil and moisture needs, and fruiting habit, as well as its appropriateness for what happens underneath it, all need to be considered.

Not much would have to be done to the soil if the right tree is chosen for the right location and the site history is natural. But Kendal is at a unique disadvantage because of frequent construction, so we very often need to amend and rework our soil even for native trees. If the site has been relatively undisturbed, it may not need much work other than the addition of some good compost to the top 12 inches, the amount lost during the original construction. If the site has been seriously compacted by repeated construction traffic, it may need to be loosened in a broader and deeper area with addition of compost, C-20, and sometimes sand to improve texture, so that microbes can do serious work and oxygen can get back into the depleted soil. Such preparation may have to be done several months prior to the planting of the tree.

One must take care in determining the depth and diameter of the planting hole: wider rather than deeper. Do not plant the tree any deeper than it grew previously, and make sure that you are seeing the root flare above ground. The hole should be several times the diameter of the soil ball so that the roots can easily grow out into the ground.

Do not pick the tree up by the trunk to move it without supporting it underneath. Doing so may be easy for you, but the weight of the soil may strain and break roots.

After getting the tree in the hole at the right depth and filling in with soil, organic mulch can be placed around it

Five Commemorative Trees

Trees like these five are to be planted in the Arboretum this spring.



Peking Lilac, Syringa reticulata, in honor of Yuji Ijiri, donated by anonymous, located in the bed southwest of the new garages in Lot 5.



Magnolia "Daybreak," in honor of Mary Ann Serazin, donated by Heidi Leen, located northeast of the apartments.



Katsura Tree, Cercidiphyllum japonicum, in honor of Paul and Sally Arnold, donated by Ruth Searles, located west of the Heiser Center Art Studio.



Chinquapin Oak, Quercus muehlenbergii, in honor of Jim Helm, donated by Ruth Searles, located at the entrance of Lot 2.



Fringe Tree, Chionanthus virginicus, in honor of Jim Helm, donated by Grace Tompos, located in the Ambulance Circle.

to a depth of 2 to 3 inches, but not all the way up to the trunk. Piling mulch around the trunk will cause bark decay and disease problems and attract rodents that may chew or eat the bark. Mulch should be away from the trunk of the tree.

Correct watering of a newly planted tree is of great importance to help the tree become reestablished. Slow watering of 1 inch per week is needed, unless that amount of a slow rain has fallen in a day. The water will penetrate down to a depth of 5 to 6 inches. The tree will need supplemental watering for three years. Overwatering or fast watering which runs off rather than soaks in can be a detriment.



Enjoy the pictures on this page and at the display table in Heiser of more mature trees of the five commemorative varieties we will be planting in the Arboretum this spring. Their labels indicate where they will be planted. As you walk the campus, you will be able to observe the soil preparation, planting, and watering of these trees this spring and summer.

~Anne Helm for the Arboretum Committee



Shirley Taylor organized a surprise birthday party for Nancy Lombardi at the daily 3:00pm neighborhood "wave" that is taking place during our sequestered days.

Saturday Walks

We now must restrict our walks to the perimeter path and its extension to Phase 2.

We will meet at 9:30am on Saturdays at the Heiser main entrance as long as there is interest.

Questions? Contact Phil Pritchett.

Table Tennis in April

Like all other group activities at Kendal, table tennis was shut down.

However, the table in the apartment building alcove on the first floor, as well as the one in the Stephens Care Center, were getting good individual use in April. ~Sidney Rosenfeld

IN MEMORIAM

ANNE DAVIS
APRIL 5, 2020

GERALD ZEITLIN
APRIL 26, 2020



3/16/20-
4/13/20

Kendal Nature Sightings

3/16, **Hairy Woodpecker**, on suet behind #201, Lee Hefner; 3/18, **flock of 5 Bufflehead Ducks**, Island Pond, Larry Porter; 3/19, **Kingfisher**, Meadow Pond, Maureen Bailey (HSPK); 3/21, **Ring-Necked Duck**, Island Pond, Larry P.; 3/23, **huge flock of Grackles**, over Lot 1, Maureen B.; 3/23, **2 male and 4 female Hooded Mergansers**, Meadow Pond, Lee H.; 3/23, **2 pair Northern Shovelers**, New Russia Pond seen from Kendal, Lee H.; 3/25, **Killdeer**, New Russia Pond seen from perimeter path, Anne Martin; 3/26, **Scaup and Buffleheads**, Rock Pond, Dina Schoonmaker; 3/26, **Eastern Phoebe**, singing in woods by pool, Maureen B.; 3/29, **Egret**, Rock Pond, Dina S.; 3/29, **pair of Red-Bellied Woodpeckers**, Troll Bridge, Anne M.; 3/29, **American Coot**, Island Pond, Anne, M.; 3/29, **Snapping Turtle**, perimeter path, Anne M.; 3/30, **Belted Kingfisher**, Meadow Pond, Ruth Bent; 3/31, **Horned Grebes**, Island Pond, Anne M.; 3/31, **5 White Egrets**, Meadow Pond, Ruth B.; 3/31, **Eastern Kingbird**, Island Pond, Lee H. & Anne M.; 4/2, **Bald Eagle**, soaring over campus, Maureen B.; 4/2, **Pied-Billed Grebe**, Farmer's Pond, Carla Van Dale; 4/2, **Heron**, near Phase 2, Dina S.; 4/2, **pair of Swans**, New Russia Township, Anne M.; 4/4, **Muskrat**, Buttonbush Swamp, Larry P.; 4/4, **Cardinal**, top of tree lot 8, Larry P.; 4/5, **2 Golden-Crowned Kinglets and 2 Yellow-Rumped Warblers**, Green Woods pond, Lee, H.; 4/5, **1 male and 2 female Kingfishers**, Meadow Pond, Lee. H.; 4/6, **Red-Bellied Woodpecker**, on suet at #201, Lee H.; 4/9, **Brown Thrasher**, singing near Lots 14-15, Maureen B.; 4/13, **Pair of Great Egrets**, Meadow Pond shoreline, Mary Lee Orr; 4/13, **20+ Hooded Mergansers**, Meadow Pond, Maureen B.

Nest Box News

The Eastern Bluebirds have claimed three of Kendal's nest boxes. The box by Meadow Pond has five Bluebird chicks, and the one in the grove of trees northeast of Parking Lot 5 has six healthy chicks. In addition, the nest box in the Community Garden now has a complete Bluebird nest with five eggs. These colorful birds are easy to spot.

American Tree Swallows have returned and are competing for nest boxes by swooping around and chasing rivals away. As of April 27 no breeding pair has won a nest box, built a feather-lined nest, or laid eggs in any of our nest boxes. Maybe next month. Time will tell.

Meadow Pond is an idyllic retreat. In mid-April, in addition to the egrets and the Great Blue Heron, there was a pair of very noisy Kingfishers rattling as they do when they fly about. They were a treat to watch, but they seem to have moved on. ~Nina Love

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Dr., Oberlin, OH 44074

Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Kathy Reichard, Mary Simons

Photos: Sally Nelson-Olin, Gary Olin

- Deadline for the June 2020 issue of *The Kendalight* is May 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: Klite600@yahoo.com
- If no email access, please type article on separate sheet, sign and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services

REMINDER: The plastic bag and all the containers in which your daily meal arrives are trash. None are recyclable or compostable. Please! PUT THEM IN THE TRASH!!!

Reflection on COVID-19

The emerging consensus that COVID-19 will be active for the foreseeable future prompts a review of our late-in-life planning.

Well-being for the rest of our lives: What on your life’s “bucket list” can still be pursued under lockdown and continuing caution? What new things are you learning – perhaps social media tools to stay in touch? What memories can be relived? Do your family and friends know that you love them, and feel loved?

Things: Many of us still enjoy lots of stuff from years of good life. But we may still have too much. Maybe it’s time to pare things down, or pass them on.

Property and investments: Have you completed the arrangements for passing the residue of your property and savings to kids and their families, or to a favorite charity?

Reviewing final plans: The pandemic and new risks may trigger a review of our respective plans for our end time. Do family, friends, and our Health Care Team know what you want? Many of us may need to engage a Wellness Partner or Wellness Team. Plans and desires need to be as clearly stated as possible, shared with these partners, and in a form that will be at hand, especially in case of emergency or isolation.

Resources: KORA’s Thoughtful Health Conversations group has compiled several resources on the main table in the library to assist with late-in-life planning. These include copies of *The Conversation Project Starter Kit*, along with *Being Prepared in the Time of Covid-19*, also available at <http://theconversationproject.org>; decks of *Go Wish*, also available online at <http://gowish.org>; and a relevant article from the *New York Times*.

On the library table, there are also copies of THC checklists created to help you think carefully about, and then communicate, your late-in-life priorities. These include *Conversations with your HCPOA*; *Medical Team*; and your *Wellness Partner* and/or *Wellness Support Network*. Please do not take the last copy of any document.

THC Contact: Elizabeth Hole.

~Don Reeves, endorsed by KORA’s Thoughtful Health Conversations Committee

Need Scrap for Notepads!

HELP! We are getting low on notepads made from scrap paper. Usually we get leftover menus from the dining rooms but these are currently not being printed. Anyone who has scrap paper, 8½×11 (printer paper), blank on one

side and **with no confidential information** on it, please put it in the open mailbox for Ken and Jane Cheek or call Ken to make arrangements. This paper will be cut by Mariotti Printers and then glued by Ken into the notepads that so many of us at Kendal at Oberlin use.
~Ken Cheek



Dining Matters

The Dining Matters Committee, composed of both residents and staff members, cannot safely meet during the COVID-19 crisis. The resident members of the committee are aware of some concerns as we experience necessary modifications to the dining and food services that we once took for granted.

The dining staff members of our committee are engaged in the critical activity of ensuring we receive meals at a time when the food supply chain is under unprecedented stress. They continue to fine-tune the systems on campus that ensure Stephens Care Center residents receive three meals a day delivered to their rooms and residents in independent living receive their choice of one, two, or no meals. They also deliver grocery items that residents order from Langston, all the while coping with the fluctuations in the food supply chain and adapting as necessary.

Those of us residents who receive the mid-day meal can be creative and inventive. If there are more carbohydrates than suits us for a single sitting, we might use one carb at lunch, supplement the lunch meal with vegetables from our pantry, and save the other carb for supper. If a delivered meal is bigger than our appetite at midday, we might eat the salad and fruit items for lunch and save the soup and dessert for supper. Adding our own vegetables to the soup is also an option. In this way, we can extend the food we are provided, reduce the need for supplemental groceries, and minimize food waste.

We can use this opportunity to be creative, to demonstrate our resilience, and to support our dedicated staff.

For the Vision-Impaired



Low-Vision Support Group

Because of restrictions on Kendal meetings due to COVID-19, we will not meet in May.

SUN	MON	TUE	WED	THU	FRI	SAT
<h1 style="color: red;">May 2020</h1> <h2 style="color: red;">Your Personal Calendar</h2> <p> CCR = Crossroads Room WHT = Whittier Lounge GaRm = Gathering Room Bold = at Kendal HL = Heiser Lounge tx = Tickets needed WCH = Warner Concert Hall  = Kendal Bus </p>					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25 MEMORIAL DAY 	26	27	28	29	30
31						