

Kendal at Oberlin Residents Association

May 2022

Volume XXIX, Number 5

Commencement Highlights in Oberlin

Fri., June 3, The Grand Piano Extravaganza, Warner

Concert Hall, 8:00pm (\$25) – Featuring Oberlin Conservatory piano faculty members and graduating seniors. Sign up for Kendal bus.

Sat., June 4, Campus Illumination and Social on the Square, 7:30pm -

Enjoy ice cream, music, and the community on a Tappan Square transformed by strings of colored Japanese lanterns.

After the **Commencement Concert, Oberlin Steel** drum band ends the evening on the steps of Finney Chapel. Please consider carpooling.

Sun., June 5, Commencement Ceremony, Tappan Square, 9:30am -

featuring President Ambar and Board of Trustees Chair T. Chris Canavan '84. No tickets are required. The ceremony will also be live-streamed.

For more information and updates, see: www.oberlin.edu/events/oberlin_college_commencement_class_of_2022

Commencement Weekend Kendal Open House Fri., June 3–Sun., June 5, 9:30am to 4:00pm

The Crossroads Room will be our hospitality suite, offering refreshments and an opportunity to connect with Kendal residents. Tours will be available with the Sales and Marketing staff. Join us in welcoming alumni and other visitors to our campus.



Primary Election Day Tuesday, May 3 - 6:30am–7:30pm The Lodge of New Russia Township 46300 Butternut Ridge Rd., Oberlin

If you haven't voted yet, note that the Absentee Ballot Drop-off Drive-thru in the Lorain County Board of Elections parking lot at 1985 North Ridge Rd. E., Lorain, OH, will be open:

- Sun., May 1, 1:00pm-5:00pm
- Mon., May 2, 8:00am-2:00pm

Issue on the May Primary Ballot:

• Lorain County Proposed Excise Tax - Additional 3% On Lodging and Hotels

Kendal buses for voting leave on Tues., May 3, at 10:00am and 2:00pm. Sign-up sheets at the open mailboxes.

Questions? Ask Kendal resident Mary Van Nortwick, LWV Oberlin Area.



From Barbara Thomas: More Core Value Behaviors

A Closer Look at Ethical Behavior/Integrity

In previous issues of *The Kendalight* I have reviewed all but a few of our 14 Core Value Behaviors that are part of every Kendal at Oberlin employee's job description.

Ethical Behavior/Integrity calls on each person to be accountable to strong moral principles by being honest and doing the right thing.

Much of staff work is accomplished by teams. We observe one another closely and know one another's habits. Our compliance training often reminds us that if we observe something dishonest or unethical, we have the responsibility to report it so it can be addressed. Always DO THE RIGHT THING.

Often, our jobs or roles expose us to confidential or sensitive information about residents or staff. This core value requires us to behave professionally with the highest level of respect and confidentiality. DO THE RIGHT THING.

As a community it is important that we live up to our promises to both residents and staff. However, it is equally important that we don't overpromise and ultimately underdeliver. DO THE RIGHT THING.

As employees, in doing the right thing we align our behavior with Kendal Values and Practices.

~Barbara Thomas, KaO CEO

NOTE: KORA will be seeking nominees to run for a three-year term on the KaO Board of Directors, 2023–2025.



It is exciting to see the bounty of programs and activities which are sprouting even faster than spring flowers: Spring Fling's Let's Dance, the worldfamous Verona Quartet in Heiser Auditorium, auditing college classes again in person, celebrating Arbor Day, Life-Long Learning classes, talking with exhibiting artists, chamber music and folk song performances, Big Bus trips, and much more.

We usually can select from in-person, Zoom, or KOTV to attend. It's getting hard to fit in everything we want to attend!

We thankfully weathered a small outbreak of Covid without community spread. Residents and staff took the required restrictions in stride. We were thrilled to welcome outside guests to dine with us again, especially for Easter dinner.

From May 1 to May 28, residents have the opportunity to thank our staff with gifts to the Staff Vacation/Appreciation Fund, one of our two annual appeals for staff, since we don't give tips. These gifts are distributed equitably among staff in all departments, except senior management and department heads, who are not included.

Thank you for continuing your generosity and meaningful recognition of our exceptional Kendal staff, who greatly appreciate our gifts.

~Mary Behm, KORA President 2022



Next KORA Council Meeting Thurs., May 19 - 10:00am AUD and KOTV

Come to our meeting in Heiser Auditorium, and ask someone to join you! All are welcome.

Fun Fitness May is Bicycle Month!

Fun Fitness for May has several bicycling events:



- Wed., May 18, 7:15pm, AUD and KOTV Lecture on bicycle safety and Rules of the Road by the Oberlin Police Department.
- Sat., May 21, 10:30am, Parking Lot #4 DIY bicycle maintenance with Kendal residents providing instruction. Bring rags to clean chains.
- Sat., May 21, 10:30am and 1:30pm Tour of the Oberlin Heritage Center. This one-hour tour is limited to 15 folks – you will need to sign up (details to be provided). There is a charge of \$4.00 to the OHC for this tour.
- Sat., May 21, following the 1:30pm Tour of OHC Biking Tour of Historic Oberlin. Bike with us to the OHC Tour, then afterwards leisurely ride about 6 miles through Oberlin with stops at historical points of interest. Pace will be 8–10 miles per hour. We'll return to Heiser Circle at around 4:30pm.
- Friday, May 27, 10:30am, in front of Ed Center Try a Trike. Folks can try a trike (provided by fellow residents) to see if you like it! If you own a tricycle and would be willing to let others try it, please meet us at the Ed Center at 10:15am.
- May 30, Memorial Day, 10:30am, Heiser Circle Bicycle Parade! Residents, staff, and KELC kids and their families are invited to participate. THE Occasional Band will play and SCC judges will select winners in categories: craziest hat; oldest bike; best decorated bike. Food will be available.
- Wed., June 1, 7:15pm, AUD and KOTV Dan Reiber will present a talk about recreational activities: canoeing, bocce, pickleball, and more.

Staff Vacation/Appreciation Appeal

Each May, residents have thanked our staff by contributing generously to the annual Staff Vacation/Appreciation Fund which is in lieu of tipping. Every staff member contributes to the quality and ease of our life here, from dining, house-keeping, reception, and grounds to care in the clinic or SCC and maintenance by Facilities.

Our contributions to the Staff Vacation/Appreciation Appeal are distributed equitably among staff by a formula developed in consultation with administration and KORA. Senior management and department heads are not included. Checks should be made out to Kendal at Oberlin with the memo "Staff Appreciation" and deposited in the box at the Heiser Reception desk by May 28. These gifts will be given out in early June.

Your generosity is very much appreciated. ~Mary Behm, KORA President 2022

COFFEE HOUR with Barbara Thomas Wednesday, May 11 9:30am - Fox & Fell, Zoom, KOTV AFTERNOON EXCHANGE Barbara Thomas Wednesday, May 25 4:00pm - AUD, KOTV

2nd Thursday Health Lecture **Sleep Apnea Discussion** Thurs., May 12 - 7:15pm **AUD and KOTV**

Join us in the auditorium to hear speakers Eric Carpenter, retired Oberlin College Collection Development Librarian, and Paul Smaldone, Inspire Medical Systems, Inc.

Animal Behavior and **Ecosystem Restoration** Mon., May 16 - 7:15pm AUD and KOTV

Matt Orr, assistant professor of biology, Oregon State University-Cascades, will present his research on fire ants, beaver dam analogs, scavengers, and the gut microbiome to illustrate the influence of animal behavior on the sustainability of earth's ecosystems.

Ecosystems are prone to large changes when invasive species are introduced, when ecosystem engineers are removed, and when chemical imbalances are introduced by humans.

Behaviors influenced by tiny flies, ant chemical secretions, the ambitions of trappers, and dietary preferences can have profound effects on rangelands, rivers, and the human gut. Matt is the son of resident Mary Lee Orr.

Handbell Concert Sat., May 14 - 4:00pm AUD and KOTV

Celebration Ringers is a community handbell

choir based in Strongsville, OH. Director Patty Yates will lead these experienced ringers in A Night at the Movies, performed on 61/2 octaves of handbells and 7 octaves of hand chimes. Her husband Rad serves as the choir's business manager and bass ringer. Most of the ringers also direct and/or ring in church handbell choirs.

Celebration Ringers has been giving concerts for over 20 years in nursing homes, community organizations, and senior centers in Northeast Ohio.

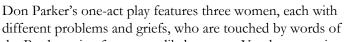
Resident Betsy Allen became a substitute in Celebration Ringers in January 2022. She will introduce the group and ring in this performance. Betsy found the group through a handbell friend and quickly discovered that she had met Patty and Rad on a European handbell concert tour in 2007. Handbell players are a close-knit group!

Please come to Heiser Auditorium to enjoy this unique musical experience. The program will be broadcast on KOTV, but there is nothing like seeing and hearing handbells performed in ~Betsy Allen person.

Present at the Creation Wed., May 4 - 7:15pm - AUD and KOTV

Dorothy Luciano and John Elder, members of the original Oberlin Retirement Community Committee from its start in 1987, will share their memories of how our Kendal community came into being. A resource for those interested in the topic is History of Kendal at Oberlin, published in 2013 by Dick Baznik, available in the Kendal Library.

Readers Theater: Shakespeare in the Park Fri., May 20 - 1:30pm, Sat., May 21 - 7:15pm - AUD and KOTV



the Bard coming from an unlikely source. Yet the mysterious stranger has a dark side that gives the women a different focus on life.

Come to the park and see how this story unfolds. Directed by Don Parker.



♫ Music at Kendal ♫

Live Chamber Music at Kendal at Oberlin Sundays - 4:00pm - AUD

The usual Open Rehearsal on the first Sunday of the month featuring music played by Kendal residents will not be heard on May 1, because there is a Cleveland Orchestra concert that day in Severance Hall and a bus will be going from Kendal. Plan to come to the next Open Rehearsal on June 5.

In May the following programs are planned:

- May 8 Oberlin Conservatory students Michelle Jia Yun Xu and Immanuel Mukyta-Chomsky, both pianists, will give a recital.
- May 15 Oberlin Conservatory students Ben Rodriguez (cello) and Yihang Chen (piano) will play.
- May 22 Oberlin Conservatory students Jane Vourlekis (viola), Gwen Goble (oboe), Linda Su (piano), Coleman Rose (saxophone), and Abe Gold (piano) will be heard.

Live Chamber Music Special Programs

Additional chamber music special programs at Kendal at Oberlin include:

- Sat., May 21, 4:00pm, AUD Oberlin College musicians who are students of the Verona Quartet will perform.
- Thurs., May 26, 7:15pm, AUD -Special recital by Oberlin Conservatory piano instructor Yulia Fedoseeva and violinist Maria Bessmeltseva-Julien. These two professional musicians, one of whom teaches at the Oberlin Conservatory, will offer a program of violin/piano sonatas by Beethoven, Prokofiev, Schnittke, and Shchedrin.

Did You Know?

You can call 775-9868 to hear announcements and menus of the day.

Saturday Night Movies 7:15pm - KOTV

May 7 - The Lady in the Van (2015)

True story about London playwright Alan Bennett (Alex Jennings) who develops an unlikely friendship with Miss Shepherd (Maggie Smith). The eccentric homeless woman "temporarily" parks her van in his driveway and proceeds to live there for 15 years. Maggie Smith at her best!

May 28 - The Horse's Mouth (1958)

Gulley Jimson (Alec Guinness) is a broke, conniving, uncouth welcher. But he's also a dedicated painter, searching for the perfect realization of his artistic vision, much to the chagrin of others. Guinness wrote the screenplay, which was nominated for an Academy Award.

Saturday Foreign Film May 14 - 7:15pm - AUD

Innocent Voices (2004) Spanish with English subtitles. In war-torn 1980s El Salvador, an 11-year old boy named Chana may be forcibly recruited to fight in the civil war. This is a story of life, love, hope of peace, and the ennobling power of the human spirit.

NOTE: I'd review and consider any foreign film for the Saturday screening, especially if the person recommending owns a copy and is willing to lend it for me to review. *Dwight Call*

For movie descriptions and details, see <u>www.imdb.com</u>.

Sunday Movies 7:00pm - WSCC

May 1 - The Hundred-Foot Journey (2013)

May 8 - Steel Magnolias (1989) **Mother's Day**

May 15 - Finger of Guilt (1956)

May 22 - These Old Broads (2001)

May 29 - Taking Chance (2009)



In the **Kendal Gallery** Akron artist **Stephen Tomasko's** show of photographs, encaustics, and collages can be viewed until May 16. In April, he spoke eloquently about his life and his art, giving us insights into various aspects of his show, *Same Same Only Different*.

Jack Millette Mosher's exhibit continues in the Community Gallery until mid-month. Prior to this show, *Paintings of Family–Inspired by Them and Done Over Time*, Jack had never seen this group of paintings together. At a talk in April, he answered resident's questions about the history that inspired his work, done over 45 years and based on small black and white photographs.

Nancy Lombardi's female action figures are now on view in the Curio Cabinet. These strong female characters, many in combat postures, emerged

APPLAUSE Encore Program Play Readers: *The Interview* Mon., May 2 - 7:15pm - KOTV

Set in the Beachwood, OH, home of Holocaust survivor Bracha Weismann, this play explores the complex ties and tensions between mothers and daughters and demonstrates how we can heal from telling and hearing suppressed stories. Phyllis Gorfain directs this beautiful play, performed by Priscilla Steinberg, Pauline Handman, Kathy Hazelton, and Jim Underwood.

Tuesday Themed Films 1:00pm - WSCC

May 3 - Conspiracies (2015) "Nazis" & "The Royal Family"

May 10 - Conspiracies (2015) "The Cold War" & "Disappearances"

May 17 - Conspiracies (2015) "The Hollywood Files" & "Aliens"

May 24 - Conspiracies (2015) "Assassinations" & "Murder at the Vatican"

May 31 - Conspiracies (2015) "Faking the Moon Landings" & "Pearl Harbor Cover Up"

Thursday Movie Musicals 2:00pm - WSCC

May 5 - Guys and Dolls

May 12 - Stage Door Canteen (1943)

May 19 - The Sound of Music (1965)

May 26 - Mary Poppins (1964)

The Kendal cable channels are:

• WKAO: 919, 19-1, or 95-100

- KOTV: 920, 19-2, or 95-101
- WSCC: 921, 20-1, or 96-100

on television, video games, and movies in the last 30 years. They will be followed by items from the Kendal Collects Show.

Art works from the personal collections of Art Committee members continue to enliven the **Friends Gallery** in the Stephens Care Center.

Ceramics by Rockwell Kent from the collection of Jim Underwood are on display in the **Admissions Office Display Window** until mid-month.

The biennial **Kendal Collects** show

will fill all our galleries and display areas from May 17 through August 14. It features one or two original works of art from Kendal

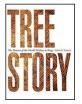


residents' personal collections. Entry forms that were placed in open mailboxes on April 27 need to be returned to Box #68 by May 9. If you need an entry form, place a request in Box #8 (Nina Love) or Box #68 (Sheila Eckstein).

ARBOR DAY CELEBRATION

What We Can Learn About Human, Climate, and Forest History from the Rings in Trees Thurs., May 5 - 7:15pm - AUD and KOTV





Valerie Trouet, a globally recognized tree scientist, is a professor in the Laboratory of Tree-Ring Research at the University of Arizona and a UA Distinguished Scholar. A dendrochronologist for almost two decades, her research focuses on the climate history of the past 2,000 years and allows us to put current climate change in a long-term context.

Valerie will introduce the science of dendrochronology, guiding us through its main applications in climatology, ecology, and archeology, with a wide variety of examples. She will recount some of the many stories the rings in trees can tell us. Her first book, *Tree Story: The History of the World Written in Rings*, was published by Johns Hopkins University Press in Spring 2020. This talk has been jointly arranged by the Arboretum Committee and Oberlin College.

Art Committee Sale Thurs, May 12 - 7:00am– 5:00pm - Heiser Lounge

Selected donations to Kendal, which may have been languishing in storage or have served a "lifetime" of display on Kendal walls, will be for sale. All have been replaced by more recently donated art that will brighten and bring a fresh, interesting look to our Kendal home.

Come and see what might do likewise in your Kendal home!

UU Kendal Monthly Gathering Cultivating Resilience Rev. Mary Grigolia Wed., May 18 - 4:00–5:00pm Kendal Education Center

The surprising power of beauty to help us build resilience, find spiritual wellbeing and joy. **All are welcome.** Zoom login: <u>https://zoom.us/my/</u> <u>keepingfaithwithlife</u>

Grief Support Group Tues., May 24 - 10:00am Green Room - All are welcome.

Save the Date! Kendal Returns to Blossom on Sat., July 9 🖨

After a hiatus of several years, Kendal residents will return to the Blossom Music Festival classical music concert series this summer!

The date will be Saturday, July 9, for an evening concert that features the Cleveland Orchestra with guest pianist Benjamin Grosvenor.

We will have reserved seats in the pavilion (protected in case of rain), with transportation by big bus to and from Blossom.

Look for the "expression of interest" sign-up sheet already out on the counter under the open mailboxes. Then watch later in May for a sign-up sheet to reserve concert and bus tickets. Questions? Contact Randy Wagner or Anne Martin.

Suggestions and Concerns Mon., May 9 - 2:00pm Crossroads Room

Members of this committee will listen to your suggestion or concern in confidence (and privately, if you wish), discuss it with you, and refer the matter to the appropriate department head or committee chair. Questions? Contact Chair Anne Lockwood.

It's Time for the Plant Sale Fri., May 6 7:30am–4:30pm



The Horticulture Committee has plants for your

rooms and for outdoors on sale at two locations: Heiser West Corridor (from mailboxes to the bank) and the covered walkway at the employee entrance.

Plants will be on tables as usual. Some bulbs and root plants from the Courtyard Garden will be available for sale. Volunteers will be on hand to help you decide which plant is best for you and to pack up your purchases.

Leftover plants will be available on the honor system all day Sat., May 7, and Sunday morning, May 8.

We need help with publicity, pricing plants, moving the plants to the sale tables, "crowd control," and sales. Contact Nick Long to get involved.

Chalk Walk Is Back on Sat., June 25!



Hurrah! Hurrah!

Be among the 20+ Kendal participants who help at Chalk Walk by handing out chalk with which to decorate the sidewalks, cardboard on which to sit, and big smiles of encouragement to all. Shifts will be 9:45am–12:00pm, 12:00–2:00pm, and 2:00–4:15pm on Saturday, June 25 (rain date June 26) at four locales in downtown Oberlin.

More information? Ready to sign up? Contact coordinator Dina Schoonmaker by email. Sign-ups begin in June.

Newcomer Introductions Wed., June 15 - 4:00pm - KOTV

Meet our latest arrivals in June! The Newcomers Committee will continue to provide these televised introductions over the coming months as new residents arrive. Be sure to tune in to learn more about our newest neighbors. ~Sharon Furrow

More About Kendal's Residents



Mary Joy Leaper

Beginnings: Born in Chicago; grew up in suburban Oak Park, IL. Also spent many idyllic summer days at my grandparents' home in Freelandville, a tiny German farm community in southern Indiana.

At age 13, I decided I was an atheist. At age 17, I decided I wasn't an atheist, after experiencing my first silent meeting for worship during an American Friends Service Committee work weekend. Quakerism remained my spiritual home for many years, including an appointment as interim clerk of the San Francisco Friends Meeting.

Education: BA in psychology and communications from Lone Mountain College, San Francisco. I was writing a lot of poetry then, and my English teacher circulated some of it to students and faculty. Lone Mountain's president shared my poems with a friend, a medical editor at University of California San Francisco who was looking for an apprentice. Because of writing poetry (and working previously as a medical transcriber), I was launched into a lifelong career.

A note of deepest gratitude here for ongoing serendipity and all the amazing people who have supported me in so many ways throughout this painful, joyful experience called life.

Occupations: For the next 35 years – proofing, editing, summarizing, indexing, and writing for magazines, books, and journals, many of them medical, alternating between working at publishers' offices and freelancing.

In 2008, started a second career as a life-cycle celebrant. After 18 months' training, became certified to write and officiate at weddings, baby blessings, civic ceremonies, funerals.

Volunteering: Trailside Museum (River Forest, IL) – feeding injured birds and woodland animals; hospital Candy Striper; various libraries; Greenwich (CT) Audubon Center; Kenneth G. Mills Foundation (Canada) – board member and communications team member (via Zoom and email).

Interests: Metaphysics; birding, nature watching, environmental protection; words; writing; singing; enjoying classical music; reading.

Achievement: Joining the Kendal at Oberlin community.



Library Notes

The remarkable quality of the book collection in your Kendal at Oberlin library is the result of book donations from residents since the beginning of the library.

In spite of this generosity, there are still titles of interest that don't find their way to the library. That is not surprising considering that the number of books published yearly in the U.S. is estimated to be more than one million.

The KORA Council has responded to our request for funds for book purchases by increasing our library budget for this year by \$500. This will allow us to supplement your donations with the occasional purchase of some recent books of fiction and nonfiction, including large print.

Your suggestions for titles to consider are welcome, as are your continued donations of books.

Following the exhibit on books on trees donated to the library by the Arboretum Committee, the remainder of May will feature books about the history of Oberlin College.

When you borrow a book or DVD from the library, please remove the book card from the back of the book or DVD, sign and date it, and drop the card in the box on the library desk. ~*Joan Long*

Upcoming Moves -

Susan Blouch from Rocky River, OH, in early June.

David and Suzanna Harper from Cazenovia, NY, in early May.

Recent Moves -

Josie Jones from Fairport Harbor, OH, in early April.

Jiann and Pearl Lin from Oberlin, OH, in mid-April.

Steve Ristow and Bobbie Conlan from Kailua, HI, in late April.



KORA Still Needs Your Input!

¹ Leadership Development & Nominations Committee

The deadline for nominations for KORA officers and Councilors is May 15. Please help us reach out to residents who would like to be on KORA Council.

LDNC needs members with a broad knowledge of the community and fellow residents. Who comes to mind?

Remember, first, get the permis-

sion of anyone you wish to nominate. Then by May 15 submit your nomination in writing to LDNC Secretary Bob Longsworth's open mailbox or by email.

A brief letter giving reasons for your choice would be helpful. You may certainly nominate yourself.

~Sue Palmieri, 2022 LDNC Chair



"A gift from my estate is a wonderful Smart Giving! way to support some of my Kendal friends after I am gone."

This is a heartfelt quote from a recent Estate gift donor. Over the years, Kendal has received Estate gifts, large and small, often designated for the Residents Assistance Fund.

The Residents Assistance Fund was established as part of Kendal at Oberlin's original financing. It was launched as a dedicated fund. Income from the fund is available to help people stay at Kendal. In 2021, approximately \$202,000 supported residents who, through no fault of their own, needed financial assistance.

Over the past 29 years, through Estate gifts, the generosity of many residents has provided peace of mind for residents who need help. Since its inception, approximately \$2,400,000 has helped Kendal at Oberlin residents. Commitments in your will provide support for Kendal residents for years to come.

If you have designated Kendal at Oberlin in your will, please let CFO Ann O'Malley or CEO Barbara Thomas know. ~Philanthropy Committee

Big Bus Trip to Toledo Museum of Art Wed., June 15 - 9:30am–5:00pm 🚍

The Toledo Museum of Art has a global reputation for the quality of its collections, innovative and extensive education programs, and architecturally significant campus. Of special interest is the Glass Pavilion.

For more information about the June exhibits, check the website: http://emuseum.toledomuseum.org/objects/74076.

We'll board our comfortable coach (with an on-board toilet) by 9:30am for the 1¹/₂-hour ride to Toledo. Admission to the museum and Glass Pavilion is free.

You may then tour the museum and enjoy lunch (the options are listed on the sign-up sheet). We will plan to leave the museum at 3:30pm, returning to Kendal by 5:00pm.

Price: Bus estimated at \$35 per person. Sign-up deadline: May 10.

To reserve a place for this trip, sign the sheet in front of the open mailboxes and follow the instructions for securing your reservation with pre-payment.

Questions? Check with trip coordinators Kathy Hazelton or Gerry Findlan.

Save the Date! **Big Bus Trip to Lakeside** and Marblehead Lighthouse on August 9 🚍

Spend an afternoon and evening on Lake Erie's shore, visiting Lakeside Chautauqua (lakesideohio.com) and Marblehead Lighthouse State Park (marbleheadlighthouseohio.org).

This year we'll attend an evening concert at Lakeside's Hoover Auditorium to hear cellist Thomas Mesa in a performance of Cello Concerto No. 1 in A Minor by Saint-Saëns. More information, including price, to follow.



Photo: Toledo Museum of Art

KENDAL RESALE SHOP

Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities

SHOP!

Wednesday-Saturday 11:00am-5:00pm (closed Sunday-Tuesday)

DONATE!

Bring your donations of clean, gently-used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

Given to RAF, year to date: Total contribution: \$15,203.

March in Oberlin's 2022 **Big Parade on May 14!**

The Big Parade is happening on May 14 this year and the Kendal at Oberlin Precision Lawn Chair Drill Team will be in it (after a two-year hiatus)!

This is an opportunity for all of you who have ever wanted to be in a parade to join our Drill Team. It is a fun time for all and one of the truly unique ways that KaO can participate in downtown events. Beside the hilarious fun. it even offers beneficial exercise.

No prior experience needed. Practice on Wed., May 11; Thurs. May 12; and Fri., May13, at 3:00pm. Contact Don Parker for information or to sign on.

Kend	lal Kryptog	gram #20	6 – by N	ina Love		
γv	HOHLA	WATER	UYW	WUDBL	AUYA	BDPHL
BUD	OYVVR	Y XZ	ZAAXH	HFAVY	BHZCU	4
xzqı	H XDLCH	IV AUY	L PH	L BUD	PHLAZI	DL
ZA.					~YLDLRI	PDTW

Solution to Kryptogram #205: "I hope that people will finally come to realize that there is only one race - the human race and that we are all members of it." ~Margaret Atwood



For Photographers, Painters, Weavers, and Writers A Little History

Each year Kendal at Oberlin artists, craft folk, and writers would wait for the springtime cue to enter LeadingAge Ohio's Arts and Writing Program. A retirement community in each region of Ohio hosted a day-long exhibit: Kendal judges issued awards for many and varied categories. The winning regional entries were displayed at the annual Columbus

conference in early September. Our victors attended the show as invited guests of Kendal, explored the exhibits, and enjoyed a delicious lunch followed by entertainment and recognition of the statewide finalists.

Over the years, Kendal residents have garnered many awards at the state level, not to mention in our greater Cleveland region – which arguably includes retirement communities with some of the best senior artists and writers in all of Ohio.

Then came Covid. Art groups in the Stephens Care Center could not collaborate on joint projects, regional shows disappeared, and the annual conference was Zoomed. Residents were invited to email a video presentation to a website. Last year's exhibit is still on view at <u>Arts & Writing Program – Leading Age Obio</u>.

Since those heady days of pre-Covid awards for our artists, at least 50 newcomers have moved into Kendal. They ask: What's with LeadingAge Ohio? How did all this begin?

LeadingAge is the respected national advocacy group of not-for-profit retirement communities. As the voice of professional practitioners and allied supporters since 1961, it has been responsible for sponsoring significant legislation in Washington and Columbus. It has also impacted regulatory agencies such as the Ohio Department on Aging. Our Kendal administration has always worked to make this cooperative venture effective. As our logo states, "Together, transforming the experience of aging." LeadingAge helps to make that happen.

LeadingAge Ohio's Arts and Writing Program was the brainchild of our own Director of Creative Arts Therapy Michele Tarsitano-Amato. During her years at Judson Retirement Community in Cleveland, Michele promoted representation from the residents themselves. One of her proudest achievements was the yearly recognition of the best creative art which Ohio seniors in retirement communities could offer.

Columbus headquarters has just confirmed that this will be another year of online exhibits. We'll share details in June. And we'll support you in making this year at Kendal a connective one for sharing our creative arts with Ohio.

> LeadingAge Ohio Arts and Writing Program 2022 Coordinators: Thelma Morris and Ann Palmer – Writing; Don Parker – Art and Crafts

Kendal Resident Rights and Responsibilities

In March we talked about your rights as a Kendal resident. This month we look at your responsibilities as a resident.

To help us meet your healthcare needs and provide you with appropriate care, your responsibilities as a Kendal at Oberlin resident are:

- 1. To provide, to the best of your knowledge, all necessary personal and family health information including your present complaints, past illnesses, hospitalizations, medications and other matters related to your health and to report any changes in your condition to the responsible practitioner.
- 2. To notify the Health Clinic with any changes in medical providers.
- 3. To participate to the best of your abilities in making decisions about your medical treatment and in carrying out the plan of care agreed upon by you and your caregivers.
- 4. To ask questions of your physician or other caregivers when you do not understand any information, instructions or what is expected of you.
- 5. If you believe that an error has been made in your medical care, to inform Kendal staff and/or your NP/physician. You are responsible for reporting your symptoms in an effort to assist our health care staff in preventing medical errors.
- 6. To inform your physician or other care providers if you do not understand your diagnosis or treatment or if you desire a transfer of care to another physician, caregiver, or facility.

Annual Migratory Bird and Amphibian Trip to the Oberlin South Woods Ramsey Right-of-Way Tuesday, May 10 - 9:45am Meet outside Heiser Center

John Katko (Ohio Wetlands Association), Dean Kulwicki (Black River Audubon), and Kate Pilacky (Western Reserve Land Conservancy) will be our guides. Carpool to be arranged. Sign-up sheet by mailboxes. Rain date: May 11. Call Kate Pilacky (440-774-4226) or email *kpilacky@wrlandconservancy.org* for more information. Cosponsored by Kendal Environmental Concerns.

~Kate Pilacky, Assoc. Firelands Director

Having trouble with the sound on KOTV? Please report this to the Heiser Reception Desk.

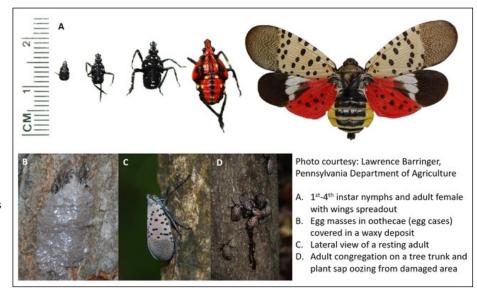
From the John Bartram Arboretum Spotted Lanternfly (Lycorma delicatula)

The Ohio State University is asking for our help in locating infestations of the spotted lanternfly so that it can be brought under control. What can you do? Be a scout! This invasive pest was found as close as Amherst, OH, in the winter of 2022.

The spotted lanternfly especially likes the tree of heaven for a host. Its second favorite is the grape (and we have many vineyards nearby!). It also likes the mulberry and other hardwood and fruit trees.

It lays eggs in the fall which remain dormant until spring. It goes through four nymphal stages. When an adult, it measures an inch to $1\frac{1}{2}$ inches.

Don't worry! It's harmless to people. However, it eats sap from its host tree, which then looks like it is bleeding. The sap can acquire a sooty mold and



attract ants looking for the honeydews the sap creates.

The spotted lanternfly was first discovered in the U.S. near Philadelphia. It is native to Asia. It most likely arrived on a shipment of stone in 2012.

If you think you have come across an infestation, take a picture and send it to our Grounds Staff, Dan Baker (drbaker@kao.kendal.org) and Rachel Duncan (rduncan@kao.kendal.org). They will get in touch with the Ohio Department of Agriculture.

Together, we can be part of slowing the spread!

~Anne Helm for the Arboretum Committee



I think that some of us are taking a deep breath after the heap of activities of the last two months. Spring Fling had a table of residents working with Ted Nowick for regu-

lar evening sessions making paper dance figures as mobile decorations.

We had stick figure (and more) drawing classes, two textile discharge/ printing sessions, and four clay workshops (plus glaze firings). The Spanishspeaking group had a special art project one afternoon.

"Spring has sprung" and the opportunity of lovely temperatures for outdoor activity may now be foremost on our minds.

Nevertheless, our creative urges and chances for trying new things in the Art Studio creep to the fore, and we can't stop dreaming of "the next thing."

In May, Joyce has chosen two after-

noons to keep our clay workshop skills progressing. Consider joining us for workshops on Wednesday and Thursday, May 11 and 12, from 2:30– 5:00pm.

Also, a Miniature Garden House project will be led by Nick and Lillie Long on some Monday afternoons, 2:00–4:00pm. Look for a sign-up sheet on the bulletin board outside of the Art Studio.

You can contact any of us for questions or signing up.

If you are a new resident and would like to be included in the email group that gets alerted to Art Studio activities, please contact Don Parker for drawing/painting or Joyce Parker for clay workshop and other events.

~Joyce Parker

Bag Recycling Bin Is Back!

The bin outside Heiser Auditorium's south doors is now back in service for recycling plastic bags.



When a pet owner has an emergency, is disabled and/or unable to care for their pet, the KaO Health and Wellness Clinic is notified. The clinic has copies of our Pet Registration forms which contain information as to where the pet is to be taken for care.

This is managed by Social Services. If Social Services is not available, contact Gerry Findlan (who also has copies of our registration forms). Check the directories for his mailbox and phone numbers and email address.

Watch for more pet news in the July *Kendaight.* ~*Kathy Caldwell*

Looking for Someone?

You'll find profiles of all residents, newcomers and old-timers alike, in "Who's Here" on the library center bookcase.

From Your Edítors



Two years ago we alerted you to some changes in *The Kendalight*, in particular the empty calendar! Covid lockdown had just started and there were no in-person meetings. As Zooming and masks became routine, red asterisks and footnotes appeared on each page reminding everyone to check WKAO and the KORA Calendar for last-minute changes as Covid restrictions waxed and waned.

With this issue, the asterisks and footnotes are gone! As we write, the community is nearly back to pre-Covid conditions, with in-person meetings and maskless communication the norm.

But WARNING! The signs and footnotes are gone not only because of vaccinations and boosters but also because we have been carefully trained. Our "new normal" includes constant vigilance and the flexibility to adapt to sudden restrictions as needed. Watch for community emails and posters and know that published plans may change.

As always, many thanks go to our entire community for working to keep us safe. Special thanks to Barbara Thomas, who consistently supports the editors in producing *The Kendalight*.

Stay safe and enjoy this "new normal"!~ Elizabeth Aldrich and Suzanne McDougal

Saturday Walks

Come explore walking areas off the KaO campus. The walks are leisurely, about 2–3 miles, and generally scenic. We meet outside the Heiser main entrance every Saturday at 9:00am (weather permitting) to car pool.

- May 7 Black River Steel Mill
- May 14 Old Woman Creek
- May 21 Sandy Ridge Reservation
- May 28 French Creek Pine Tree Questions? Contact Phil Pritchett.

Understanding *The Kendalight* Copyright Policy

The Kendalight does its best to obey copyright laws. We ask authors to include citations or credits with their articles.

Let us know the internet address where you found your photo, artwork, or quotation, and whether the item is free, is available due to the fair use policy, or has been purchased.

If you need help determining the copyright status of your item or the wording to use in its citation, please send the information you have to <u>klite600@yahoo.com</u> with "Citation Editor" in the subject line.

Tennis Anyone?

Kendal tennis is about to restart this month on our beautiful clay-surface tennis courts. Every Monday, Wednesday, and Friday at 8:00am, weather permitting, a group of Kendal residents, staff, and Oberlin neighbors get together for a friendly game of doubles tennis with rotating partners.

We hope the courts will be ready for play in mid-May. Our players have varying skill levels and all are welcome. Our main objective is to get some exercise and have fun doing it. Come out and join us, even if you haven't played in a while or have never played.

Several of us have extra rackets and will help you get (re)started. If you would like to be on our tennis alert email list, please contact Arlene or Larry Dunn.

Table Tennis Hours

Regular hours for table tennis have been set for Wednesday, Friday, and Sunday, 10:00am to 12:00pm in Heiser Auditorium.

Come and play! All are welcome! ~Sidney Rosenfeld, Co-Chair, • Sports and Recreation Committee

Church Services

First Church in Oberlin, UCC Sun., 10:00am, WSCC

Oberlin Friends Meeting Sun., 10:30am, Ed Center and Zoom

Oberlin Unitarian Universalist Fellowship Sun., 11:00am, Zoom

Roman Catholic Mass St. Patrick's Cathedral, NYC Sun., 11:15am, WSCC

Christ Episcopal Church Sun., 12:30pm, WSCC, YouTube

Catholic Communion Service Sat., 3:30pm, Green Room

IN MEMORIAM

JANE MOORE April 8, 2022

7he Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Assn. 600 Kendal Dr., Oberlin, OH 44074 Managing Editor: Elizabeth Aldrich Associate Editor: Suzanne McDougal Proofreaders: Kathy Reichard, Mary Simons

Profile Photos: Sally Nelson-Olin

- Deadline for the June 2022 issue of *The Kendalight* is May 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: <u>*Klite600@yahoo.com*</u>
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.





Because we have heard of several residents finding their grocery orders charged to their dining dollars

account, we thought it would be a good idea to review the grocery ordering procedures.

First and most important, groceries should not be charged to the dining dollars account unless the resident orders a piece of fruit with the meal. In this case, the fruit is considered part of the meal and not a grocery item.

If you wish to order a few groceries, you will find the proper form in the black box on a table to the right as you step into the Fox and Fell. Please do not turn in your grocery order to a server when you are ordering your meal. This invites confusion. If you turn in a completed order form early in the morning, it is likely to be filled that day. Servers generally organize the orders before lunch so that they can be picked up that afternoon.

Between 2:00 and 4:00pm is the ideal time to enquire for your completed grocery order turned in the day before or early that morning.

If you discover that a grocery order has been subtracted from your dining dollars balance, call the error to Lisa Wilken's attention immediately. Happy shopping!



So what's the beef with beef? It emits 32 times as much CO_2 as tofu, and contributes with other livestock 14.5% of global greenhouse gas emissions annually. Choose fish, vegan, vegetarian, or flexitarian options when you can.

Let's Dance!

English Country Dancing

Sundays - 7:15pm Heiser Auditorium Contact: Judy Cook.

Line Dancing

Mondays - 5:00pm Heiser Auditorium Contact: Dan Reiber.

Square Dancing

Tuesdays - 4:00pm Heiser Auditorium Contact: Jeanne Berger.

Rollator Line Dancing

Tuesdays - 5:15pm Heiser Auditorium Contact: Dan Reiber. Where happy feet meet happy music.

Need to Change a Date for a Scheduled Event? Notify *The Kendalight* and WKAO so we can update your event on the website or elsewhere!

Trolley Run!

Lynn Killean and Rod Knight will run Len Garver's (Lynn's brother) HO trolleys on Wed., May 11, 10:15am–noon in Heiser Lounge (after Coffee Hour).

Dementia Friendly Discussion Group Fri., May 27 - 10:30am Green Room

Do you ever hesitate to visit friends in the Stephens Care Center? When you haven't seen someone for a while, it can be hard to start a conversation. One easy approach is to comment about something in the room. Admiring a painting on the wall, a family picture, or an unusual piece of furniture often stimulates pleasant memories and discussion. STAY CONNECTED

Meet a Dining Star Laura Diedrick

Laura grew up in Grafton and now lives in Elyria with her partner and two cats. She began working at Kendal 22 years ago in the Fox and Fell Dining Room, waiting tables when she was 17.

Then she moved over to the Langston for 12 years and always enjoyed our residents. For the last 10 years, she has worked in the "back of the house" in many different positions, wherever she is needed, serving as lunch cook, salad preparer, or baker, or doing scheduling or ordering.

She has also spent time at Oberlin JVS, taking courses such as how to put icing on desserts.

When Laura is not at Kendal, she helps her elderly parents and spends time with her niece and nephew. She loves watching movies and going to parks, especially along Lake Erie.

She does miss interacting with our residents. ~*Priscilla Steinberg*

Where to Find Contact Info

- Kendal at Oberlin Directory, printed and distributed in February.
- **KaO PDF Directory**, distributed via email to all residents.
- Bulletin Board, near photos of new residents. Make these corrections and additions to your printed directory.
- Online Resident Directory, in the resident database (<u>www.kaores.net</u>), click "Directory." Note: you must either be on the Resident WiFi network or be logged in to access this information.

Low-Vision Support Group Audio Presentation



"Understanding Drug Side Effects and Adverse Events" Fri., May 13 - 1:30pm - AUD ~Terry Carlton



SUN	MON	TUE	WED	THU	FRI	SAT
First Church Service 10:00am WSCC Quaker Worship 10:30am Ed Ctr. Zoom	Chronicle News 10:00am WSCC	<u>Chronicle News</u> 10:00am WSCC <u>Themed Film (see p. 4)</u>	Chronicle News 10:00am WSCC	<u>Chronicle News</u> 10:00am WSCC	<u>Chronicle News</u> 10:00am WSCC	<u>Saturday Walk</u> 9:00am Heiser
RC Mass 11:15am WSCC Christ Episcopal Service 12:30pm WSCC Film (see page 4)	Centering Program 11:00am WSCC	1:00pm WSCC Square Dancing 4:00pm AUD Rollator Line Dancing 5:15pm AUD	News Currents 2:00pm WSCC SCC Council 4:00pm WSCC 5/11	<u>Musical Film (see p. 4)</u> 2:00pm WSCC <u>Jazz Listening</u> 2:00pm AUD 5/12 & 5/26	Famous Composer 2:00pm WSCC	<u>S</u> Catholic Commur Service 3:30pm Green Rm
7:00pm WSCC <u>English Country</u> Dancing 7:15pm AUD	Line Dancing 5:00pm AUD <u>Documentary</u> 7:00pm WSCC	5:15pm Add <u>First Woman</u> <u>Constable</u> 7:00pm WSCC	<u>Song Swap</u> 7:00pm Zoom, KOTV 5/11 & 5/25	<u>Ken Burns-Baseball</u> 7:00pm WSCC		<u>Film (see page 4)</u> 7:15pm KOTV
1	2 Encore:	3 Primary Day Bus for voting: 10:00am 2:00pm	4 Health Services Forum 4:00pm AUD, KOTV	5 What We Can Learn	6 Plant Sale! 7:30am- 4:30pm Heiser West Corridor and at Employee Entrance Orch. & Contempo-	
	Play Readers <i>The Interview</i> 7:15pm KOTV		Present at the Creation 7:15pm AUD, KOTV	from the Rings in Trees 7:15pm AUD, KOTV	rary Music Ensemble Peter Slowik, viola 7:30pm Finney	
8 Mother's Day Chamber Music Piano	9 Suggestions, Concerns 2:00pm Crossroads	10 Oberlin South Woods Ramsey Right-of-Way Migratory Bird Walk 9:45am Meet outside Heiser	11 Coffee Hour with BT 9:30am F&F, Zoom, KOTV HO Trolley Exhibit 10:15am–noon HL	12 Art Committee Sale 7:00am–5:00pm Heiser Lounge	13 Low-Vision Suppor Group 1:30pm AUD	4:00pm AUD, KO Film: Innocent Vo
4:00pm AUD				Health Lecture Sleep Apnea 7:15pm AUD, KOTV	Contemporary Music Ensemble Johnum Palado, violi 7:30pm Finney	
15 Chamber Music Cello, piano 4:00pm AUD	16	17	18	19 KORA Council 10:00am AUD, KOTV	20 Readers Theater: Shakespeare in Par 1:30pm AUD, KOT	
Oberlin Musical Union Ben Johns, Conductor 7:30pm Finney	Animal Behavior and Ecosystem Restoration 7:15pm AUD, KOTV		UU Gathering 4:00pm Ed Center Fun Fitness Bike Safety, Rules 7:15pm AUD, KOTV	Oberlin Orchestra Contemporary Music Ensemble 7:30pm Finney		Oberlin Jazz Enser 7:10pm Finney Shakespeare in P. 7:15pm AUD, KO
22 Chamber Music Viola, oboe, sax, piano 4:00pm AUD	23	24 Grief Support Group 10:00am Green Rm Contemporary Music Ensemble David Bowlin, violin 7:30pm Finney	25 Exchange with Barbara Thomas 4:00pm AUD, KOTV Oberlin Chamber Choir Ben Johns, conductor 7:30pm Finney	26 Chamber Music Yulia Fedoseeva, piano , and Maria Bessmeltseva- Julien, violin 7:15pm AUD	27 Dementia Friendly Discussion Group 10:30am Green Rm Fun Fitness Try a Trike 10:30am at Ed Ctr	28
29	30 Memorial Day Fun Fitness Bike Parade 10:30am Heiser Circle	31	Ma Zoom: Se "Calendar KOTV: Ca WSCC: C	Note: "Home" events (at Kendal) are in Bold. "Away" events are not.		