

Kendal at Oberlin Residents Association

May 2024

Volume XXXI, Number 5

### Commencement Highlights in Oberlin Fri., May 24–Mon., May 27, 2024

Fri., May 24, The Grand Piano Extravaganza, Warner Concert Hall, 8:00pm (\$25) - Featuring Oberlin Conservatory piano faculty members and graduating seniors. Sign up for Kendal bus.

Sun., May 26, Campus Illumination and Social on the Square, 7:00-10:00pm - Enjoy ice cream, food trucks, music, and the community on a Tappan Square transformed by strings of colored Japanese lanterns. Please consider carpooling.

Mon., May 27, Commencement Ceremony, Tappan Square, 9:30am - featuring President Carmen Twillie Ambar. Grammy-winning musician and Oberlin alum Rhiannon Giddens will deliver the commencement address and receive an honorary doctorate.

No tickets are required. The ceremony will also be live-streamed.

For more information and updates, see: www.oberlin.edu/events/series/commencement-celebrations-calendar.

#### **Commencement Weekend at Kendal**

The Commencement and Milestone Reunion Weekend is different this year. Our friends at Oberlin College have changed their approach to reunions. Because the alums have lodging outside of Oberlin and a very full schedule of events, we are not anticipating many walk-ins at Kendal at Oberlin.

Thus instead of our usual open house, the KaO Sales and Marketing Department will have an information table at the college for peak registration time to offer community tours of Kendal at 2:30pm and 3:30pm on Fri., May 24. Kendal is on the college's schedule for the 50th reunion class at these times. We will provide transportation between Wilder to Kendal.

Marketing staff will be here to handle these tours and throughout the weekend. It would help to have a handful of resident volunteer tour guides who could be "on call" if needed. If you are interested, please let JoDee Palmer know (440-776-5018 or <a href="mailto:ipalmer@kao.kendal.org">ipalmer@kao.kendal.org</a>).

COFFEE HOUR WITH SETH VILENSKY

WED., MAY 8 - 9:30AM LANGSTON, ZOOM, KOTV COFFEE HOUR WITH SPECIAL GUEST VASSAR BYRD, CEO, KENDAL CORPORATION

Tues., May 21 - 9:30am Langston, Zoom, KOTV

## **Kendal Staff Vacation/ Appreciation Appeal**

Each May, residents have thanked our staff by contributing generously to the annual Staff Vacation/Appreciation Fund in lieu of tipping. Every staff member contributes to the quality and ease of our life here, from dining, housekeeping, reception, and grounds to care in our Clinic or SCC and maintenance by Facility Services.

Our contributions to the Staff Vacation/Appreciation Appeal are distributed equitably among staff by a formula developed in consultation with Administration and KORA. Senior management



Kendalites Appreciate Staff!

and department heads are not included.

Checks should be made out to Kendal at Oberlin with the memo "Staff Appreciation" and deposited in the box at the Heiser Reception Desk by May 31. These gifts will be given out in early June.

Your generosity is much appreciated. ~Rollin Conway, KORA President 2024

AFTERNOON EXCHANGE SETH VILENSKY

WED., MAY 22 - 4:00PM AUD, KOTV



As KORA Vice President, I made remarks in the absence of KORA President Rollin Conway at the April 18 meeting of the KORA Council.

I somewhat facetiously commented on the "to do" list Rollin provided before he went off for his heart valve surgery, listing what needed to be accomplished in the following 14 days before the Council meeting. There were 23 items on the list, and while that may sound onerous, it was all quite straightforward.

My remarks were perhaps too light. First, without the help that other members of Council, various residents, and staff all cheerfully provided, the meeting might not have run as well as it did. Second, I have come to learn that beyond accomplishing the "to do" tasks, while important, there are other affairs and responsibilities involved in presiding over KORA – items that Rollin hadn't put on the list but that I became aware of in my role as backup president. My new awareness makes me realize the really important contributions to the life of our Kendal community that KORA, its officers and counselors, and you, its members, make. Our residents' association is active and it is important in our life in this community.

The KORA Council meetings may seem rather pro forma, but the background collection of information and the thought and discussion that precede these meetings is extensive, and the results are worth paying attention to. We residents play a critical role in the way in which we live our lives here. Our ideas, thoughts, and deliberations are important. Keep them coming! ~Prudy Hall, KORA Vice-President 2024

Next KORA
Council Meeting
Thurs., May 16 - 10:00am
AUD, KOTV

#### A Message from the KaO Health & Wellness Clinic

When requesting prescription orders by your Kendal physician or our Nurse Practitioner Chrystn Petsas, we kindly ask that you DO NOT wait until you are out of pills or only have one or two remaining.

It takes time to process requests with pharmacies and we never want you to run out of medication. Please notify the Health & Wellness Clinic at least five business days in advance when you need a new prescription written and processed.

You can call the Health & Wellness Clinic at 440-775-9819 to provide us with the prescription request information or you can complete the request form located at the entrance to the Health & Wellness Clinic.

Please be sure you give us the medication name, the proper dosage, the number of pills remaining, and which pharmacy you would like to use.

~Laurie Dupee, Director of Health & Wellness

#### Balance Clinic and Chat with CNP Chrystn Petsas Thurs., May 9 - 9:00am-12 noon - AUD

The Kendal at Oberlin Therapy Department will host a balance clinic for Kendal residents, including a conversation with our CNP.

Questions? Call 440-775-9816. ~ KaO Director of Rehab Michelle Minnick, PTA

#### Alzheimer's from the Caregiver's Perspective Mon., May 13, 7:30am or 3:30pm; Thurs., May 16, 1:30pm or 7:30pm Education Center Training Room

The Neurocognitive Change Education Group offers four opportunities for both staff and residents to attend this one-hour workshop. Using sections of the PBS video *Alzheimer's from the Caregiver's Perspective*, discussion will build on the experience of family and/or caregivers learning to recognize the early signs and gradual progression of cognitive change, learning different ways of relating, and identifying new ways to cope and to manage their own stress.

The video portrays the empathy and loving care that comes with increased understanding. Attendees may discover helpful new methods for approaching dementia and self-care.

No sign-up in advance is needed. Residents are welcome to attend any one of the four workshops in the Education Center Training Room. ~ Ardith Hayes

#### Kendal at Oberlin Health Services Forum Wed., May 1 - 4:00pm AUD, KOTV

- Maximizing your Health and Wellness tines at the head of the Big Parade
   Clinic benefit, with Nurse Practitioner by Don Parker! Join the fun as we
   Chrystn Petsas show how we at Kendal not only a
- Fall prevention and how to fall safely
- Q and A with Georgia Newman, MD, Medical Director

~Stacy Terrell, KaO Chief Health Services Officer

## **Oberlin's 2024 Big Parade Sat., May 4 - 12:00-4:00pm**

The Kendal Precision Lawn Chair Drill Team will do its inimitable routines at the head of the Big Parade, led by Don Parker! Join the fun as we show how we at Kendal not only age well, but with humor and high spirits.

The parade begins at the West College St. parking lot behind Terrell library and ends at West College St. and Main St. The theme: Toy Chest!

Then join the celebration in Tappan Square for free food, live music, local vendors, and more!. ~Don Parker

#### Kendal Health Lecture Strategies for Better Hearing Thurs., May 2 - 7:15pm AUD, KOTV

Oberlin Audiologist Dr. Josh Bowyer will discuss the diagnosis for, testing of, and the use of hearing devices and aids, as well as some hearing strategies that can be used in restaurants, meeting rooms, and other loud environments.

#### Poetry Reading by *Take Nine* Wed., May 15 - 7:15pm AUD, KOTV

The nine women in resident Kathleen Cerveny's long-standing Cleveland Heights poetry group have been writing, performing, and having potlucks together for nearly 30 years.

They call themselves *Take Nine* because when they read together, the audience hears nine different responses (or "takes") responding to the same topic that was given at the previous potluck.

Ranging in age from their 50s through their 80s, these friends challenge and support each other in their shared love of the written word.

Come listen to their poems!

#### What's Ahead at the Oberlin Conservatory Thurs., May 16 - 7:15pm - AUD

Oberlin Conservatory Dean William Quillen and Associate Dean Sally Takada will tell us about coming events and developments at the Conservatory.

# Lunch Bunch Aladdin's Wed., May 8 Kendal bus ly. 11:30am

Enjoy the Lebanese and Mediterranean menu at this restaurant as well as the great smoothies, mint tea, or fresh juice. Lunch on your own. **Sign up for the free Kendal bus.** 

#### Lipstick and War Mon., May 6 - 7:15 pm AUD, KOTV

Join historian Molly Sampson, Executive Director of the Sandusky Area Maritime Assn., for a look into the inspiring history of the Women's Army Auxiliary Corps (WAAC) and its evolution into the Women's Army Corps (WAC) during World War II. Explore the stories of courageous women who defied norms to serve on the home front and overseas. Through captivating visuals and expert insights, discover diverse roles, challenges, and a lasting impact on military history. This presentation salutes the resilience and patriotism of the trailblazers who shaped the future of women in the armed forces.

#### National Theater Live Best of Enemies Wed., May 1 - 7:00pm Apollo (Carpool)

James Graham's fabulous, frenetic play concerns the clash between Gore Vidal, speaking for the New Left, and William F. Buckley Jr., on the New Right. Senior tickets: \$18 at the door. The National Theater Live film series is being shown in Oberlin at the Apollo.

#### Play Readers: *Romance in D* Fri., May 17 - 1:30pm; Sat., May 18 - 7:15pm - AUD, KOTV

This comedy by James Sherman introduces us to Charles, a musicologist, who lives in his Chicago apartment alone with his books and music; Isabel, a broken-hearted poet on the verge of a divorce, who moves in next door; and Charles's mother Helen and Isabel's father George, who encourage romance between the two, and along the way discover they have their own similar interests.

One reviewer called it a "gentle assertion that those often referred to as 'seniors' have an interesting life of their own." Directed by Robert Taylor.

#### 🎜 Live Music at Kendal 🎜

**Sun., May 5, <u>3:00pm</u> AUD** Oberlin Conservatory students will present a program of unaccompanied string solo Bach pieces.

Sun., May 12, 4:00pm AUD Conservatory students will play Brahms Piano Quartet Op. 25. Jamie Phillips-Freedman (piano), Erin Koo (violin), Lily Bronson (viola), and Adan Caldera Quintero (cello).

**Sun. May 19, 3:00pm AUD** The *Night Owls* swing band will play 20th-century jazz. Kendal resident George Cyphers is a member of the group.

Sun., May 26, 4:00pm AUD Oberlin Conservatory student Alison Du will give a piano recital, program to be announced.

#### Holocaust Remembrance Day Sun., May 5 - 4:30 pm Warner Concert Hall (Carpool)

This free program features speakers including Holocaust survivor Carol Wilner, a performance of songs by soprano and Oberlin Conservatory alumna Emily Mandell '23 with pianist Thomas Bandy, and a performance of *Gideon Klein's String Trio* by Oberlin Conservatory String Department faculty violinist Sibbi Bernhardsson, violist Kirsten Docter, and cellist Dmitry Kouzov.

Klein wrote this piece in Terezín ten days before he was moved to Auschwitz. He perished at the sub-camp of Fürstengrube in 1944. Bernhardsson will perform on one of the violins from the Violins of Hope collection. Three additional violins from the collection will be on display in the Conservatory.

Ammon Weinstein, the renowned Israeli master violin maker, is the restorer responsible for the discovery and repair of these violins. His vision was to restore violins that survived the concentration camps and ghettos of World War II, even when their owners often did not. He received an Anne Frank Special Recognition Award for his efforts.

## Saturday Night Movies 7:15pm - AUD, KOTV

With opening and closing commentary by A.V. Shirk followed by discussion in the auditorium.

May 4 - Good Night, and Good Luck (2005) Edward R. Murrow's 1953 exposé of Sen. Joseph McCarthy, with George Clooney, Frank Langella, Robert Downey Jr., David Strathairn.

May 11 - Ikiru (1952) The great Japanese director Akira Kurosawa's most moving film.

May 18 - Play Readers, see p. 3.

May 25 - North by Northwest (1959) One of Hitchcock's finest thrillers, with Cary Grant, Eva Marie Saint, James Mason, and the famous crop duster.

#### Migratory Bird and Amphibian Trip to Oberlin Ramsey Right-of-Way Mon., May 13 - 9:45am Meet outside Heiser Center

Ray Stewart and John Katco (Ohio Wetlands Association) and Dean Kulwicki (Black River Audubon) will be our guides for the Western Reserve Land Conservancy annual outing to the Oberlin Preserve.

Carpool sign-up sheet by mailboxes. Rain date: May 14.

Cosponsored by Kendal Environmental Concerns, Arboretum, and Horticulture Committees. Questions? Contact Kate Pilacky, Associate Field Director, WRLC, 216-224-4470 or kpilacky@wrlandconservancy.org.

#### The Kendal cable channels are:

• WKAO: 919, 19-1, or 95-100

• KOTV: 920, 19-2, or 95-101

• WSCC: 921, 20-1, or 96-100

#### Art Gallery News

The **Kendal Gallery** exhibition *Drawing with Paint and Color: A Retrospective* with works created by Thomas R. Roese, continues until May 20. Tom's interesting Artist's Talk will soon be available on the KORA website.

The **Community Gallery** show of quilts and posters, *Women's Suffrage and the Ongoing Quest for Equality*, from the fabric artists known as the *Quilting Divas*, also continues through May 20. Diva Chris Worland's Artist's Talk, with many of her own magnificent quilts, will soon be available on the KORA website.

The **Friends Gallery** displays a new set of photographs by members of the Kendal Photography Interest Group while construction continues. When the new Friends Dining Room is completed, the south wall will be enclosed and the new north wall will be available for the gallery.

Antique and/or "antique" cups and saucers in the **Curio Cabinet** and the

variety of birds and butterflies collected by Anne and the late Tom Martin in the **Marketing Office Display Window** will remain through May 20.

#### Biennial Kendal Collects Show Tues., May 21–Mon., Aug. 19

This summer our biennial **Kendal Collects** show will be on exhibit in the Kendal and Community (Galleries as well as the



Curio Cabinet and the Marketing Office Display Window from May 21 until August 19. All residents are invited to submit one or two original works of art from their personal collection. Among works submitted to date are wood block prints, ceramic pieces, paintings, small sculptures, wall hangings, and a quilt.

If you have not submitted art for this popular part of Kendal's summer, it is not too late. Deadline for submitting your entry form has been extended to May 8. Entry forms are available at the Heiser Reception Desk.

## Sunday Movies 7:00pm - WSCC

May 5 - A Walk in the Clouds (1995)

May 12 - Tully (2018)

May 19 - The Miracle Club (2023)

May 26 - Rustin (2023)

### Monday Documentaries 1:00pm - WSCC

May 6 - Mexico: The Royal Tour (2011)

May 13 - The Many Lives of Martha Stewart (2023)

May 20 - Watergate: Blueprint for a Scandal (2022)

May 27 - M\*A\*S\*H (1970)

**Looking for Someone?** Find profiles of all residents, newcomers and old-timers alike, in *Who's Here* on Kendal Library's center bookcase.

## Tuesday Themed Films 1:00pm - WSCC

May 7 - Pretty Woman (1990)

May 14 - What About Bob? (1991)

May 21 - The Joy Luck Club (1993)

May 28 - Forest Gump (1994)

#### Thursday Movie Musicals 1:00pm - WSCC

May 2 - The King and I (1956)

May 9 - Mamma Mia! (2008)

May 16 - Show Boat (1951)

May 23 - West Side Story (1961)

May 30 - Yankee Doodle Dandy (1942)

For movie descriptions and details, see www.imdb.com.

#### Did You Know?

Square, white, paper take-out boxes and brown paper coffee cups really are compostable after all! (A Barnes Industrial Composting employee has confirmed it.)

Please place them on the moving dish belt in Langston, not in the trash.

~Mary Joy Leaper

#### **Springtime and Sidewalks**

Spring is finally here! This is a perfect time to take a look at what is outside your front door and on your sidewalks. Ask yourself these questions:

#### 1. Is my area clear?

- Can emergency personnel and their equipment get through safely while moving at a fast pace to get to me or to a neighbor?
- Are there any items that stick out (obstruct), creating a trip hazard to others walking by? Keep in mind that some of us use devices and have vision impairments.
- Can carts (especially Housekeeping Carts) be maneuvered around corners without my belongings blocking their way?

## 2. Is my area welcoming? Do neighbors and others walking by appreciate what they see?

- Are my plants/flower pots healthy and maintained or is it time to discard/replace?
- Is my own personal trash cleaned up?
- Am I really using every item I have placed out here?
- Is this what I want everyone to see outside my home, making Kendal look the best it can be?

Please take time to observe more closely the walks near your cottage. I will be checking all sidewalk areas in May, hoping we can all work together to maintain our sidewalks for safe clearance and orderly presentation.

~Crystal Hall, Environmental Operations Manager and Safety Committee Member



#### **Call for Nominees - Deadline May 15**

#### **Leadership Development & Nominations Committee**

The deadline for nominations for KORA Officers, Councilors, and LDNC Members is May 15.

Suggestions for residents to serve on the 2025 KORA Council and Leadership Development and Nominations Committee (LDNC) are welcome. Please consider recommending yourself and reaching out to residents who you would like to represent you on Council and LDNC. Nomination Forms and Job Descriptions of the various positions can be found in front of the KORA Bulletin Board in Heiser.

Remember to first get the permission of anyone you wish to nominate. Submit your nomination form to LDNC Secretary Shirley Taylor, placing it in Box #45. Questions? Contact members of LDNC: Ruth Ann Clark, Ann Francis, Kathy Hazelton, Elizabeth Hole, Sally Nelson-Olin, and Shirley Taylor.

#### Yes, KaO Does Have a Safety Committee!

History: KORA originally had a Resident Safety Committee led by the late Bob Coan. Gradually membership dwindled until there was just Bob. By that time, in 2003, KaO had joined the newly formed Peace Church Risk Retention Group and established a required risk management program with the goal of involving our residents in safety efforts to keep our community's risk events as low as possible. We already had a Staff Safety Committee, and the suggestion was made in 2005 to open that committee to resident membership.

Resident members have included Bob Coan, Dave Evans, Thelma Morris, Barbara Bruer (continuing), Diantha Paré, Ron and Chris Price (continuing), Marilyn Burns, and Rebecca Cardozo (continuing). Note: The combined Safety Committee is not a KORA Committee and receives no funds from KORA.

**Staff members** represent Hospitality, Facility, Health Services, and Administration. They perform monthly safety audits throughout the Community Center, Apartment Building, and Facility Services Buildings. This committee is responsible for adhering to the Life Safety standards of the Ohio Department of Health.

The Safety Committee is very active, and responsible for monitoring the environmental safety conditions of our KaO community within and without our buildings on campus. (Remember the Clutter Presentation last fall at the Afternoon Exchange.) When appropriate, articles are published in the *Kendalight* (resident) and *Ripples in the Pond* (staff) newsletters advising of safety concerns observed by or reported to Safety Committee members. Currently the Committee meets every fourth Monday (exceptions dependent on Memorial Day and Christmas Day dates) year-round at 1:00pm in the Green Room.

~Toni Merleno, Chair for the Safety Committee and Risk Manager

#### Mindful Mondays Lunch with Kim and Cyndi Mon., May 13 - 12:00pm - Fox and Fell Den

Join Kendal Social Services Associates Kim Peters (440-776-5016) and Cyndi Moran (440-775-9813) for conversation and discussion while enjoying lunch. No sign-up needed. **All are welcome.** 

#### It's Time for the Plant Sale Fri., May 10 7:30am-4:00pm

The Horticulture Committee will have indoor and outdoor plants on sale on tables in the Heiser West Corridor (from the mailboxes to the bank).

We will have more geraniums this year and a variety of houseplants and vegetable plants to choose from. Some bulbs and root plants from the Courtyard Garden will be available for sale.

Volunteers will be on hand to help you decide which plant is best for you and to pack up your purchases.



Leftover plants will be available on the honor system all day Sat., May 11, and until noon on Sun., May 12.~Nick Long, Horticulture Committee

## Volunteer for Bubble Play on Sat., June 8

The Friends of West-wood Cemetery are celebrating their 10th anniversary on Sat., June 8. (Rain date: June 9.) They have asked if any Kendal residents would like to volunteer for an hour between 1:30-3:30pm to do bubble play with a small group of children on the grass, close to the caregiver cottage at the front of the cemetery.

Contact Ann Findlan if you are interested in a fun time with bubbles!

#### Save the Dates!

## BIG BUS to Cleveland Museum of Art Tues., June 4 - 9:30am-3:30pm

To reserve a bus seat, place \$35.00 check (made out to KORA) in mailbox #93 by May 3. No refunds after May 4.

To buy exhibit tickets, see <a href="https://www.clevelandart.org/exhibitions">www.clevelandart.org/exhibitions</a>.
Upon request, the entrance fee for a caregiver accompanying a resident to a CMA exhibit will be waived.

Questions? Ask Gerry Findlan.

# Ohio Light Opera Guys and Dolls Tues., June 25 - 2:00pm Wooster (Bus is full)

If you ordered your tickets online and signed up for the bus, the Kendal bus leaves at 12:30pm and returns about 5:00pm. Cost: \$20 per person for the bus. Information will be posted if a bus seat becomes available.

## BIG BUS to Blossom A

We are planning our Big Bus Blossom Bus trip for a wonderful evening of Rachmaninoff's Third with Domingo Hindoyan, conductor. A new trumpet concerto by Arutiunian with Michael Sachs, trumpet, and Borodin Polovtsian Dances from *Prince Igor* with chorus complete the program. **Sign-up sheet coming soon.** ~Randy Wagner



Art in Our Lives presentation is on Thurs., May 2, at 1:00pm in the Art Studio. Joyce Parker will discuss and show her variety of art and craft media as they have woven in and out

of her life with art experiences, creativity, and engaging others. Don Parker will show and discuss his latest venture in watercolor – abstracts. The space is cozy and vibrant; come early for the best seats.

Kathleen Cerveny will offer another two-day class in making ceramic votive light Holiday Trees, Tues. and Wed., May 23 and 24, 2:00-4:00pm. She also offers "Studio Hours" each Thursday, morning or afternoon, for people with some experience with clay working on their own projects. Contact Kathleen directly to arrange a time to discuss.

Remember the Whimsical Creatures made with natural materials that were displayed in Heiser Lounge earlier this year? Another chance to make these crafty critters, put together with hot glue guns, is offered on Mon. and Tues., May 6 and 7, 3:00-5:00 pm. Contact Joyce or sign up on the hallway bulletin board near the Art Studio.

~Don Parker

#### Movín', Movín', Movín'

#### **Upcoming Moves**

**Daniel "Dan" Wright** from Oberlin, OH, in early May.

Patricia "Pat" Edwards from Shelby, OH, in mid-May.

**Barbara Brecht** from Stanardsville, VA, in mid-May.

**Marian Thomas** from Leawood, KS, in late May.

#### **Recent Moves** -

**Nancy Matthews** to Whittier in early April.

**Dina Schoonmaker** to an apartment in early April.



#### The Rising of the Moon

The Full Flower Moon, also called Mother's Moon, Milk Moon, and Corn Planting Moon, will rise at 9:28pm on Thurs., May 23. Hopefully it will be warm and dry enough for us to celebrate at the bench by the base of Wildflower Hill. You are welcome to join us to share moon songs and a sip of plum wine as we welcome the moon. Bring a snack to share if you like.

~Donna Baznik

## Racial Equity Forum El Centro de Servicios Sociales Mon., May 13 - 7:15pm - AUD, KOTV

**Examining Racism in America** to Forge a More Equitable Future

Victor Leandry, Executive Director of El Centro, a Latino advocacy organization, will talk about the social, educational, cultural, and community development services it provides the community of Lorain County.

Continue the Conversation on Tues., May 14, at lunch in the Den at 12:00pm.



**The Atlantic.** If you subscribe to *The Atlantic*, please consider donating your copies to the library.

#### Spring Books on the New Bookshelf

- Table for Two by Amor Towles. The new book by the author of *The Lin-coln Highway* and other popular novels features six short stories as well as a novella, *Eve in Hollywood*.
- The Hunter by Tana French. In a sequel to The Searcher published in 2020, a former cop from Chicago moves to a small village west of Ireland. His longed-for peace is disturbed by the arrival of two men bent on finding gold.
- The Age of Deer; Trouble and Kinship with Our Wild Neighbors by Erika Howsare. A thoughtful exploration of our relationship with the deer among us. A connection we experience with mixed emotions at Kendal.
- Three-Inch Teeth by C.J. Box. In this, the 24th book featuring Joe Pickett, the Wyoming game warden faces a rampaging grizzly bear and a released prisoner out for revenge.

**Donations.** A thank you and appreciation for the books on fiction and poetry recently donated by Arlene and Larry Dunn. In addition to donation of books, the library now has an account, augmented by a transfer of funds from the copier account by Terry Carlton, that can be used for occasional purchase of books. Your donation of books as well as cash is welcomed.

~Ioan Long

#### Play with the Kendal Early Learning Center Kids! Tues., May 14 - 9:30-10:30am

Tues., May 14 - 9:30-10:30am AUD

KELC staff will bring activities to share with Grandfriends.
~Jeni Hoover, Director, Kendal Early Learning Center



#### Newcomer Introductions Wed., May 15 - 4:00pm - KOTV

Don't miss this opportunity to become better acquainted with your new neighbors! Tune in to hear Priscilla Steinberg interview new residents.

~Sharon Furrow



If it's Spring, it must be time for a shopping trip to Petitti Garden Center in Avon.

#### **Transportation News**

## Petitti Garden Center, Avon Fri., May 31 - lv. Kendal 9:00am lv. Petitti's 11:30am

Join us for the annual Spring shopping trip to Petitti Garden Center in Avon. We will use the larger bus since it has more room for purchases.

Sign up for the Kendal bus.

### The Shops of Crocker Park Fri., May 10 - 9:00-11:30am

Shop at Trader Joe's and other Crocker Park stores like Dick's and Barnes & Noble. Bus cost: \$15. To go on this trip, put your check payable to KORA in mailbox #93 before May 8.

Sign up for the Kendal bus.



#### 2024 Spring Fling!

Thanks to all who contributed to the success of *In Praise of Pollinators*. Residents watched a parade of bees, hummingbirds, and butterflies. And we were entertained by dance groups, wonderful poetry readings and narratives, and beautiful music. Thank you!

#### Kendal Kryptogram #226 – by Nina Love

SLHONRARS HNXYAHNT BUGT UP KLGNH; FUTG
UP AG AR GVN PUHF UP DNHTDAHLGAUR.

#### ~BUYATN NHAZWTUR

**Solution to Kryptogram #225:** "April is the cruelest month but also the most necessary for growth." ~*Elizabeth Gray* 

## Fourth of July We the Deoptle

Our Fourth of July parade this year is based on the theme *We the People* care about our Constitution.

#### Get Ready to Sing!

Use your voice to honor America's independence! Carol Longsworth invites residents to join the summertime Kendal Choir for a performance at the Fourth of July festivities. We will be singing A Song of Peace (Finlandia), Deep Peace, and the great immigration anthem Give Me Your Tired, Your Poor.

Beginning May 29, choir rehearsals will be held every Wednesday in Heiser Auditorium, 1:30-3:00pm.

Put your name on the sign-up sheet by the open mailboxes and come celebrate in song.

#### Get Ready for the Parade!

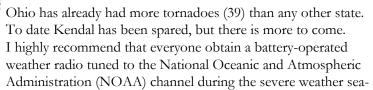
Kendal at Oberlin staff and residents are being asked to march on July 4 to

show that we all care about the U.S. Constitution and its laws, rights, and responsibilities.

Individuals and groups are encouraged to consider what part of the Constitution is of particular importance to you and plan your presentation accordingly.

Placards will be available on which to write your messages. And groups may request their own section of the parade. Questions or suggestions? Please contact Elizabeth Hole.

#### Are You Ready for Severe Weather?



son. For hearing-impaired friends, there are weather radios that will vibrate and show warning messages on a screen.

When severe storms are predicted, monitor your weather radios, computers, and TV weather channels to stay updated on the latest storm advisories. Now is the time to check your battery supply to assure you have flashlights loaded with fresh batteries and replacements in case of power failures due to storms. Start monitoring the weather when a Severe Storm Watch is announced.

Kendal has a Safety Plan and Procedure that residents and staff must follow to avoid injury in the event of severe weather warnings. **Our shelter areas are:** 

**Heiser Community Center:** Public restrooms, Heiser Auditorium, and interior corridors away from windows.

**Apartment Building:** Bathrooms (if no windows), laundry rooms, trash rooms, stairwells, and corridors away from windows. <u>If time permits</u>, second-floor residents should go to the lower level of the building and take shelter in the above-mentioned areas – always away from windows.

**Stephens Care Center:** Public restrooms, bathing rooms, interior corridors, and resident bathrooms away from windows.

Cottages: Bathrooms and closets inside, away from windows.

When the National Weather Service issues a Tornado or Severe Thunderstorm Warning for Lorain County, all staff members and residents should respond immediately by taking precautions and seeking safe shelter.

Facility Services and Stephens Care Center have weather radios that issue watches, warnings, and advisory announcements. They will communicate with the rest of the community center. During the day, Facility Services will notify the Heiser Community Center of imminent severe weather.

Oberlin City's and Kendal's tornado warning sirens will activate only when Oberlin is in the direct path of an approaching tornado. Do not depend on hearing this siren to take shelter. Instead monitor the weather advisories when severe weather is anticipated; tornadoes can strike within minutes. ~Toni Merleno, Director of HR & Operational Services/Risk Manager

#### Chalk Walk 2024 Sat., June 22 (Rain Date: Sun., June 23) 10:00am-4:00pm Downtown Oberlin

Be among the 20+ Kendal volunteers who help at Chalk Walk by handing out chalk with which to decorate the sidewalks, cardboard on which to sit, and big smiles of encouragement to anyone who shows up. These partici-

pants then pick out a spot on downtown Oberlin's sidewalks and draw anything they want.

This year we expect about 2,000 artists from all over the region to join in the festivities.



Shifts are 9:45am-12:00pm, 12:00-2:00pm, and 2:00-4:15pm on Saturday, June 22 (rain date June 23) at four locales in downtown Oberlin.

To sign up as a Kendal volunteer, please email Tom Taylor or put a note in his open mailbox. It's that simple!

> ~Tom Taylor, Kendal Chalk Walk Coordinator



Remember!
Wear your name
tag so newcomers
(and old-timers)
can tie your name
to that face!

#### From the John Bartram Arboretum Street Trees at the Phase 2 Roadway

More than a decade ago, a row of elm trees were planted at the Phase 2 roadway. At the time, many people thought this type of elm could survive a disease spread by a bark beetle. This was not to be the case. Sadly, the trees have now succumbed to the disease.

Nowadays, botanists and arborists recommend against planting only one variety of tree in a row as street trees. Instead, they suggest alternating about three varieties to reduce the likelihood that so many trees will die about the same time.

As a result, the plan this year at the Bartram Arboretum Phase 2 Roadway is to alternate sugar maple, bur oak, and persimmon. An outside contractor will do this planting to give our grounds crew the labor time to plant other trees on campus. Our arborist has already

chosen specific healthy trees:

- 5 oaks (Quercus macrocarpa)
- 4 sugar maples (Acer saccharum) 'Fall Fiesta'
- 4 Persimmons (*Diospyros Virginians*).

The persimmon is dioecious, meaning it has separate male trees and female trees. The persimmon trees selected are straight species (not cultivars) and unseeded. We won't know how many of them will produce fruit until they bloom (which they should be old enough to do at planting).

Do keep your eyes on the Phase 2 roadway to see how beautifully this develops.

~Anne Helm for the Arboretum Committee, Rachel Duncan, Arboretum Horticulturist and Arborist



New planting will alternate three types of tree.

## Ne:

#### Nest Box News

Only one of Kendal's 16 nest boxes is active. It contains the nest of Eastern Bluebirds and as of this writing has five newly hatched bluebird chicks. As you walk the perimeter path, you can watch the adults going in and out to feed the hungry brood. The box is identifiable by the shiny mylar streamers fluttering above it. These are "sparrow spookers" to help deter predation by English House Sparrows which are known to enter nest boxes to destroy eggs and kill the adult sitting on the nest and the chicks. Spookers are mounted on boxes with active nests of native American cavity-dependent birds.

American Tree Swallows are checking out boxes at Farmer Pond, Island Pond, Meadow Pond, the grove of trees near Lot 5, and boxes all along Wildflower Hill and at Rock Pond, but there are no additional nests yet. That is just as well! There are not yet many mosquitoes or other insects in the air for them to catch on the fly.

If you would like to become a part of Kendal's nest box monitoring team contact Nina Love. No experience necessary! ~Nina Love

#### Cleveland Orchestra S1 Series 2024-2025

Each year we organize bus transportation from Kendal to Severance Hall for the Cleveland Orchestra S1 Sunday afternoon series. We are planning buses for the five concerts of the S1 series for all those who have renewed their subscriptions who plan to take the bus, as well as for new subscribers who wish to do so. In 2024-2025, the S1 series concert dates are Sept. 22, Oct. 13, Dec. 1, 2024; Feb. 9, and May 25, 2025. Great news! This year Music Director Franz Welser-Möst will conduct two S1 concerts.

New Kendal residents and others interested should order tickets for preferred seating directly from the Cleveland Orchestra Box Office: 216-231-1111, <a href="https://www.clevelandorchestra.com">www.clevelandorchestra.com</a>. ADA seating is available.

For those using the bus, a signup sheet will be posted on the counter opposite the mailboxes. The arranged bus (fee to be determined, based on number of riders) leaves Kendal at 1:30pm and returns to Kendal by 6:30pm. The bus offers a convenient way to attend Cleveland Orchestra concerts and drops riders off at the main door. For more information about concerts and orchestra buses, contact Anne Martin or Randy Wagner.

#### Oberlin Equity Conversation Thurs., May 23 - 1:00-2:00pm - Green Room

Terri Richardson-Sanders, City of Oberlin Equity Coordinator, joins us for a monthly conversation about our city, what she hopes for in 2024, and how we can support equity in Oberlin. Terri is part of the City of Oberlin's Planning and Development office, which is working on transportation, housing, and other needs including medical debt. **All are welcome!** 

#### KENDAL RESALE SHOP

Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities

#### SHOP!

Wednesday–Saturday 11:00am–5:00pm (closed Sunday–Tuesday)

#### DONATE!

Bring your donations of clean, gently used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

#### Given to RAF, year to date:

Total contribution: \$12,917.

## LWV of Lorain County Annual Meeting Fri., May 31 - Lorain County Racial Equity Center - Elyria

**11:30am:** Business meeting for LWVLoCo members.

12:00pm: Lunch (\$15). Lunch and program are open to all.

12:30-1:30pm: Speaker Tom Roberts, President of the Ohio NAACP:

The Sacred Right of Voting, followed by Q&A.

Sign up for Kendal bus leaving Heiser at 10:30am.

#### Spring Bicycle Check Tues., May 7 1:00pm - Lot 4

Fellow residents will

look over your bike or trike, inflating tires and checking brakes.

~Kathy Caldwell

#### **Saturday Walks**

Come explore walking areas off the KaO campus. The walks are leisurely, about 2–3 miles, and generally scenic.

We meet outside the Heiser Reception Desk every Saturday at 9:00am (weather permitting) to car pool. Come join us!

- May 4 Black River High Meadows
- May 11 Indian Hollow Royal Oaks
- May 18 Old Woman Creek
- May 25 French Creek Pine Tree Questions? Contact Phil Pritchett.

#### **Tennis Anyone?**

Kendal tennis is about to restart this month on our beautiful clay-surface tennis courts. Every Monday, Wednesday, and Friday at 8:00am, weather permitting, a group of Kendal residents, staff, and Oberlin neighbors get together for a friendly game of doubles tennis with rotating partners.

We hope the courts will be ready for play by late May. Our players have varying skill levels and all are welcome. Our main objective is to get some exercise and have fun doing it.

Come out and join us, even if you haven't played in a while or have never played.

Several of us have extra rackets and will help you get (re)started. If you would like to be on our tennis alert email list, please contact Larry Dunn.

#### Kendal Ride Share Program Needs Drivers

Are you interested? Ride Share's purpose is for qualified residents to provide transportation to other residents for medical appointments outside of Lorain County at minimal cost. Most volunteer drivers make a trip once every two or three months.

Contact Gerry Findlan or Kenneth Cheek for details. Help us continue this wonderful program for Kendalites!

~Ken Cheek, Transportation Committee

#### Let's Dance!

English Country
Dancing to live music
played by *Consensus* 

Sundays - 7:15pm - AUD Contact: Judy Cook

#### **Line Dancing**

Mondays - 4:15pm - AUD Contact: Dan Reiber

#### **Square Dancing**

Tuesdays - 4:00pm - AUD Contact: Donna and Larry Steele

## Rollator Dancing to live music played by *Confusion*

Tuesdays - 5:00pm - AUD Contact: Judy Cook



#### **Event Links**

- For "inside Kendal" program links, contact Carol Harvey.
- For "outside Kendal" community cultural and educational ad hoc events, contact Barbara Gordon-Lickey.

#### **Church Services**

First Church in Oberlin, UCC Sun., 10:00am, WSCC

**Oberlin Friends Meeting** Sun., 10:30am, Ed Center, Zoom

### Oberlin Unitarian Universalist Fellowship

Sun., 11:00am, Zoom

Roman Catholic Mass St. Patrick's Cathedral, NYC Sun., 11:15am, WSCC

Christ Episcopal Church Sun., 12:30pm, WSCC, YouTube

Catholic Communion Service Sat., 3:30pm, Green Room

Christ Episcopal Communion Thurs., May 9, 10:00am, Green Room

#### **Table Tennis Hours**

Come and play on Wednesday, Friday, and Sunday, 10:00am to 12:00pm in Heiser Auditorium. **All are welcome!** 

~Phil Pritchett

Call 440-775-9868 for announcements and menus of the day.

### The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Assn. 600 Kendal Dr., Oberlin, OH 44074 Managing Editor: Elizabeth Aldrich Associate Editor: Suzanne McDougal Proofreaders: Barb Benjamin, Anne Martin, Polly McIlrath, Mary Simons Profile Photos: Sally Nelson-Olin

- Deadline for the June 2024 issue of *The Kendalight* is May 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: <a href="klite600@yahoo.com">klite600@yahoo.com</a>
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



#### Dining Matters

In April last year, Kendal conducted ten focus groups so that residents who were not signed up to receive most of their meals in our dining room could talk with Christian Ramsey from the Kendal Corporation about the meal service. During these conversations, a number of participants expressed interest in periodic gatherings in which questions could be asked and suggestions made about dining issues here at Kendal.

Christian commented that other Kendal facilities offered this opportunity, and he thought it was a good idea. At the time we were facing a major restructuring of meal menus and lunch and dinner service generally. The Dining Matters Committee decided that it made sense to settle into these new arrangements before announcing these meetings. We did in fact conduct an open meeting last July in the Stephens Care Center. That proved to be a highly successful discussion, and we

have always intended to come back again once the Friends Corner construction was finished.

Finally the time has come when we can announce our plans for open meetings. As soon as SCC dining has settled into its new home, the Committee will announce and conduct an open meeting. This should be in late May or June.

In the following month, we will schedule a forum for Independent Living residents. This will be a listening session in which residents will be invited to raise questions and express their views about anything having to do with dining matters.

We truly do wish to know what people think and what would make them more satisfied with their dining experience. It is too soon to announce the dates for these gatherings, but they are coming soon, so watch for the announcements.

~Barbara Pierce, Chair, Dining Matters Committee



Solo Diners: Come fill our table!

#### Solo Diners Tues., May 28 - 5:30pm - Den

Join solo Kendal residents monthly for dinner and conversation in the Den. There is no planned agenda – just informal sharing. Sign-up sheet will be posted by the open mailboxes.

#### Centering With Indira Palekar Mondays - 11:00–11:30am Zoom and WSCC

Psychologist Indira Palekar offers our community a time to reflect on suggested topics. Contact Kim Peters for the Zoom link (kpeters@kao.kendal.org).

# Threads: Drop Off or In Person in the Craft Room Thursdays - 11:00am-12:00pm

We do simple sewing jobs for residents only. Bring your clean, bagged items to the Craft Room anytime, place them on the table, fill out the work order form. Or stop by during open hours.

#### Suggestions and Concerns Mon., May 13 - 2:00-3:00pm Crossroads Room

We listen to your suggestion or concern in confidence (privately, if you wish), discuss it with you, and refer the matter to a pertinent department head or committee chair. 

~Ianet Newman, Chair

# Cognitive Issues Discussion Group Fri., May 24 - 10:30am Ed Center Training Room

All are welcome.

~Jesse Carlock

#### Where to Find Contact Info

- Kendal at Oberlin Directory, printed and distributed in February.
- KaO PDF Directory, distributed via email to all residents.
- Bulletin Board, near photos of new residents. Make these corrections and additions to your printed directory.
- Online Resident Directory, in the KORA website (www.kaores.org). Click "Directory" under the "People" tab. You must be logged in for access.

#### Grief Support Group Tues., May. 28 - 10:00am Green Room

Facilitated by Melissa Thompson, LSW (mkthompson@kao.kendal.org).

#### **©UU Kendal Gathering** Interdependence

2:00–3:00pm - Crossroads Tues., May 14 - Lift Your Spirit: Poems, Songs, Stories

### Tues., May 28 -A Community Conversation

Rev. Mary Grigolia. All are welcome.

#### IN MEMORIAM

JOYLYNN "JOY" ILLIG MARCH 31, 2024

HIRSCHEL KASPER APRIL 4, 2024

JOYCE MYERLY APRIL 10, 2024

SUN	MON	TUE	WED	THU	FRI	SAT
First Church Service 10:00am WSCC Quaker Worship	Chronicle News 10:00am WSCC	Chronicle News 10:00am WSCC	Chronicle News 10:00am WSCC	Chronicle News 10:00am WSCC	Chronicle News 10:00am WSCC	Saturday Walk 9:00am Heiser
10:30am Ed Ctr, Zoom RC Mass 11:15am WSCC Christ Episcopal Service 12:30pm WSCC Film (see p. 4)	Centering Time 11:00am Zoom, WSCC  Documentary (see p. 4) 1:00pm WSCC	Themed Film (see p. 4) 1:00pm WSCC Square Dancing 4:00pm AUD Rollator Dancing	News Currents 1:00pm WSCC  SCC Council TBA 4:00pm	Christ Episcopal Communion Service 5/9 10:00am Green Rm  Musical Film (see p. 4) 1:00pm WSCC	Art History 1:00pm WSCC	Ken Burns video 1:00pm WSCC  Catholic Communion Service 3:30pm Green Rm
7:00pm WSCC English Country Dancing 7:15pm AUD	Line Dancing 4:15pm AUD The Crown 7:00pm WSCC	5:00pm AUD  Travels by Narowboat 7:00pm WSCC	Song Swap 7:00pm AUD 5/8, 5/22	Jazz Listening 2:00pm AUD 5 9, 5/23		Film (see p. 4) 7:15pm
<b>May 2024</b>			1	2	3	4
Zoom: See <i>kaores.org</i> Calendar for link.  KOTV: Cable 920, 19-2, or 95-101			KaO Health Services Forum 4:00pm AUD, KOTV National Theater Live, Best of Enemies 7:00pm Apollo tx Carpool	Art in Our Lives 1:00pm Art Studio		Oberlin's Big Parade! 12:00pm Tappan Sq Carpool
<b>WSCC:</b> Cable 921, 20-1, or 96-100			Contemporary Music Ensemble 7:30pm Warner	Kendal Health Lecture 7:15pm AUD, KOTV	Oberlin Chamber Or- chestra 7:30pm Finney	7:30pm Fairchild Oberlin Dance Ensemble 8:00pm Hall
Musical Union and College Choir 2:30pm Finney Live Music Solo Bach string pieces 3:00pm AUD	Memory Course 2:00pm Ed Center	7 Bicycle Check 1:00pm Lot 4 Meditations for Living and Dying Well 1:00-2:30pm Ed Ctr	Coffee Hour with Seth 9:30am Langston, Zoom, KOTV Lunch Bunch Aladdin's, Oberlin 11:30am	9 Balance Clinic/ Chat with C. Petsas 9:00am-12:00pm AUD Len's Trolley 4:30pm HL	Plant Sale! 7:30am- 4:00pm Heiser West Corridor Trip to Crocker Park	Met Opera, Puccini's Madama Butterfly 12:55pm Apollo tx
Holocaust Remembrance Day 4:30pm Warner Carpool	Lipstick and War 7:15pm AUD, KOTV	Oberlin College and Gospel Choirs 7:30pm Finney			9:00am Chestra Oberlin Orchestra 7:30pm Finney	
12 Mother's Day Live Music Brahms 4:00pm AUD	13 Alzheimer's Workshop 7:30am or 3:30pm Ed Center Ramsey Right-of-Way 9:45am Meet outside Heiser Lunch with Kim & Cyndi 12:00pm Den Memory Course 2:00pm Ed Center Suggestions, Concerns 2:00pm Crossroads El Centro	Play with KELC Kids! 9:30am AUD Cont. the Conv. Lunch Noon - Den (see p. 7) Lift Your Spirit with Song, Poems, Stories 2:00pm Crossroads	Newcomer Intros 4:00pm KOTV  Take Nine Poetry	KORA Council 10:00am AUD, KOTV Alzheimer's Workshop 1:30pm or 7:30pm Ed Center Hearing Issues 3:00pm Ed Ctr Room  What's Ahead at the Oberlin Conservatory	Play Readers: Romance in D 1:30pm AUD, KOTV	Play Readers:
19	7:15pm AUD, KOTV	21	7:15pm AUD, KOTV	7:15pm AUD	24	7:15pm AUD, KOTV
Live Music Night Owls swing band, jazz 3:00pm AUD	Memory Course 2:00pm Ed Center	Special Coffee Hour with Vassar Byrd, CEO Kendal Corporation 9:30am Langston, Zoom, KOTV	Exchange with Seth 4:00pm AUD, KOTV	Oberlin Equity Conversation 1:00pm Green Rm Full Flower Moon 9:28pm, Wildflower Hill	Cognitive Issues Discussion Group 10:30am Ed Ctr Room  Grand Piano Extrava- ganza 8:00pm Warner tx	
Commencement Recital II 1:00pm Finney  Live Music Conservatory student Alison Du, pianist 4:00pm AUD  Illumination and Social 7:00-10:00pm Tappan	OC Commencement Ceremony: Speaker Rhiannon Giddens 9:30am Tappan Sq	Grief Support Group 10:00am Green Rm UU Gathering 2:00pm Crossroads Solo Diners 5:30pm Den	29	30	Trip to Petitti Garden Center 9:00am  LWVLoCo Annual Meeting - Elyria Lv. 10:30am - See p. 10	Note: "Home" events (at Kendal) are in Bold. "Away" events are not.