

# The Kendalight

Kendal at Oberlin Residents Association

November 2021

Volume XXVIII, Number 11



## Election Day Tuesday, Nov. 2 6:30am–7:30pm New Russia Township Hall



If you haven't voted yet, note that on November 1 the Lorain County Board of Elections, 1985 North Ridge Rd. E., Lorain, will be open 8:00am to 2:00pm. (In-Person Absentee voting ends at 2:00pm.)

## A Time of Remembrance Sun., Nov. 14 - 3:00pm - KOTV

We will celebrate the lives of those lost this past year while we have remained restricted because of the pandemic. As this is being written, we remember the 20 friends and neighbors pictured on the Around Kendal bulletin board. The time-line runs from KORA's annual meeting last November to this year's on November 11.

A special video is being created that will briefly tell each person's story, along with photos and input from their families. Lovely music is being prepared and appropriate comments will be given by three presenters.

You won't want to miss this chance to say good-bye to these fascinating folks, some of whom were members of our community for 20 years.

~Carol Harvey



## From Barbara Thomas: More Core Value Behaviors

Last month I began a series of articles that will continue into 2022 featuring the 14 Core Value Behaviors that are part of every staff member's job description. I told how **Teamwork, Communication, and Creativity and Planning** have been at the center of the last 19 months. The next three are:

### 4. Commitment to Residents:

Every staff member knows that we are here because of our residents. When you care about those you serve, that commitment is easy, whether it's delivering bed linens and towels, preparing meals, cutting grass, repairing plumbing, transporting a resident to a medical appointment, or being at bedside at the end of life. Our staff's commitment comes from their hearts, doing their best to live up to that commitment so you always appreciate your move to Kendal.

### 5. Safety and Environmental

**Awareness:** In these pandemic times, we feel even more the life-and-death importance of our daily practices, to remain healthy and Covid-free. This core value behavior goes far beyond Covid best practices at home and work. Staff are always alert to conditions that pose a risk for others whose cognitive function, mobility, vision, hearing, and other senses may put someone in harm's way.

### 6. Continuous Learning and Edu-

**cation:** Although many of the annual Relias Training Courses for staff are devoted to environmental and safety matters, there are many more. Most training occurs online with excellent content changing from year to year. Courses are spread throughout the year, all due to be completed by November 1. The greatest number are required of all SCC staff, impacted by regulations. Some of the 2021 topics will give you assurance of training that happens every year: Workplace Emergencies and Natural Disasters; Fire Prevention and Response; Covid and Personal Protective Equipment (PPE); Person-Centered Care and Culture Change; Back Injury Prevention; Effective Communication; Trauma-Informed Care; HIPAA Do's and Don'ts for electronic communication and social media; 5+ hours of various aspects of Dementia Care; and Customer Service Essentials.

You may think being the best employee you can be is just "common sense" but there is much more accountability. "Together, transforming the experience of aging" is both hard work and exhilarating for the opportunities it brings, always with an eye to making things better for our residents.

~Barbara Thomas, KaO CEO

**COFFEE HOUR WITH  
BARBARA THOMAS  
THURSDAY, NOVEMBER 4  
9:30AM - FOX & FELL,\* ZOOM**

**AFTERNOON EXCHANGE  
BARBARA THOMAS  
TUESDAY, NOVEMBER 23  
4:00PM - AUD,\* KOTV**

\* For links and last-minute changes in location, transportation, and restrictions, see WKAO and the KORA Calendar.

**KORA 2021 Annual Meeting**  
**Thurs., Nov. 11 - 4:00pm - AUD\* and Zoom**

**AGENDA**

- **Call to Order** – Mary Behm, President
- **Moment of Silence**
- **Approval of Minutes of November 12, 2020, Annual Meeting**
- **Time of Remembrance, naming Kendal residents who died since 2020 Annual Meeting** – Carol Harvey, Chair, Memorial Services
- **Recognizing new Kendal residents since 2020 Annual Meeting** – Anne Wardwell, Chair, Newcomers/Friendship Service Group
- **President’s Report** – Mary Behm
- **Consideration for Approval: 2022 Budget** – Bruce Richards, Treasurer
- **Election of KORA Council, Officers, and Leadership Development and Nominations Committee for 2022** – Sue Palmieri, Chair, Leadership Development and Nominations Committee
- **Designation of KORA Council Representative to KaO Board of Directors for 2022** – Mary Behm, President
- **Consideration of One Amendment to KORA Constitution** – Sandy Siebenschuh, Secretary  
 In Article 5 Section 2, change the name of the Audit Committee to Internal Audit Committee to express more correctly the scope of the audit that is done.
- **Other Business**
- **Closing Remarks & Moment of Silence**

**Nominations for KORA Council for 2022**

**Nominated as Officers for 1-year term:**

President: Mary Behm (for her 2nd term)  
 Vice-President: Charlotte McGowan (2nd term)  
 Treasurer: Bruce Richards (2nd term)  
 Secretary: Anne Palmer (1st term)

**Nominated to a first 2-year term as KORA Councilor:**

George Blomgren, Kari Inglis, Tom Konkoly

**Nominated to a second 2-year term as KORA Councilor:**

Joyce Benjamin, Rich Hall, Phil Pritchett

**Nominated to a second 2-year term on Leadership Development and Nominations Committee (LDNC):**

Robert Longsworth

Code	Committee Name	Proposed 2022 Budget
801	Art	\$1,950.00
802	Care/Memorial	700.00
803	Communication	1,700.00
805	Environmental Concerns	350.00
807	Fitness and Wellness	750.00
808	Dining Matters	100.00
810	Horticulture	1,500.00
811	Floral Creations	750.00
812	House - General	200.00
813	Library	2,860.00
816	Program	3,000.00
818	Kendalight	1,900.00
820	LDNC	275.00
822	Pet Matters	300.00
824	Sports and Recreation	2,600.00
825	Transportation	50.00
826	Woodshop	700.00
830	Audio Visual	300.00
831	Newcomers/Friendship	900.00
832	Volunteer Clearing House	125.00
834	Essential Tremor	60.00
837	Drama Circle	250.00
838	Eureka	2,300.00
839	Genealogy	50.00
840	Play Readers	750.00
842	Creative Arts & Crafts	250.00
843	Website	150.00
844	KORA Health Letter	300.00
846	Residents Assoc - KORA	3,000.00
848	LGBTQ+	200.00
850	KRS (RAFF)	200.00
855	Misc./Contingency	2,400.00
860	Arboretum	1,500.00
873	Philanthropy	4,000.00
<b>TOTAL</b>		<b>\$36,420.00</b>

**Continuing for 2nd year of term as KORA Councilor:**

Rollin Conway, Anne Lockwood, Sandi McClennen, Barbara Pierce, A.V. Shirk

**Continuing for 2nd year of term on LDNC:** Ann Francis, Tom Morgan, Sue Palmieri, Barbara Whitehouse

**One member of LDNC to be appointed from Executive Committee by KORA President for 1-year term**

Slate submitted by 2021 LDNC: Sue Palmieri, Chair; Robert Longsworth, Secretary; Ann Francis, Tom Morgan, Barbara Whitehouse, Sandy Siebenschuh (Council liaison)

**Meeting agenda, proposals, and slate are in the library and on the KORA website and bulletin board.**



**Next KORA Council Meeting**  
**Thurs., Dec. 9 - 10:00am (note date)**  
**Heiser Auditorium\* and KOTV**



Kendal at Oberlin Residents Association

What a year 2021 has been, with many ups and downs! Our recent booster shots, providing increased protection, should bring more “up” times, especially as the Stephens Care Center and our public spaces reopen. Thank you to our many committees and people who continued their work (and hopefully had fun, too) in these changing and challenging times. Despite some limitations, we have had a wealth of programs, activities, and opportunities to help plan KaO’s future.

KORA’s annual meeting is Thursday November 11 at 4:00pm, planned now to be held in person in the Auditorium and on Zoom. Watch for updates. At the annual meeting we will elect and welcome new members and officers of Council, accept the 2022 budget, and vote on one Bylaws amendment. See page 2 for the slate of nominees, proposed budget, and agenda for the meeting. We urge all residents to attend the annual meeting in order to participate and to assure that we have a quorum to conduct business.

November also brings our annual Employee Holiday Appeal, which is in lieu of tips. This is a welcome opportunity at a special time of year to show appreciation for our staff who have demonstrated their dedication to our well-being during Covid. The appeal runs from November 1 to November 30. A box for your gifts is at Heiser Reception Desk during business hours. Thank you for your generous and thoughtful donations.

~Mary Behm, KORA President 2021

## Remember Our 2021 Annual Employee Holiday Appeal November 1–30

Please place your donations in the box at the Heiser Reception Desk.

Thank you!

## NAACP, Racial Equity, and Oberlin

Mon., Nov. 8 - 7:15pm - Zoom

Claudia Jones, president of the Oberlin NAACP Unit and soon-to-be first vice president of the newly merged entity combining the Oberlin and Elyria units, will speak about her experiences growing up in Oberlin, the history and current activities of the Oberlin NAACP unit, and her work on the City of Oberlin’s Social Equity Plan.

Jeanine Donaldson, director of the Lorain and Elyria YWCAs, will join Claudia to talk about the work of the Y’s Anti-Hate Task Force and the Racial Equity Center.

## Tour the Weltzheimer/Johnson House\*

Tues., Nov. 9 - 1:30–3:30pm

Join fellow residents for a private visit to Oberlin’s Frank Lloyd Wright home, led by Jill Greenwood, Eric and Jane Nord Family Curator of Education at the Allen Memorial Art Museum.

Significant alterations to the Weltzheimer house had been made prior to 1968 when art historian Ellen H. Johnson purchased it and oversaw its restoration. Upon her death in 1992, the house was given to Oberlin College.

Meet in front of Heiser at 1:15pm for free Kendal bus. Tour fee will be \$10 at the door (cash or check payable to AMAM). Sign-up sheet is on the shelf under the mailboxes. 🚌

## Play Readers: *The Velocity of Autumn*

Fri., Nov. 19, 1:30pm; Sat., Nov. 20, 7:15pm  
Heiser Auditorium\* and KOTV

Alexandra, a woman in her 80s, sits in her armchair surrounded by Mason jars filled with a grayish liquid. The same liquid fills the jar she holds in one hand, a lighter in the other. She has sealed her front door with duct tape and barricaded it with furniture. Chris, her estranged son, can enter no other way than by breaking in through a window. With humor and poignancy, Eric Coble’s play will amuse and move Kendal audiences as they witness the clash occurring when children and a mother strongly disagree on when she should relinquish her home. It dramatizes that crisis with wit and wisdom.

Ruth Bent and Ted Wolner fill the two roles, while Phyllis Gorfain directs.

## 🎵 Music at Kendal 🎵

### Sunday Chamber Music Open Rehearsal

Sun., Nov. 14 - 4:30–5:30pm  
Heiser Auditorium\*  
(Note date and time change)

Stop by and listen to this informal presentation by Kendal residents. It’s a read-through (or rehearsal) for all to enjoy! If the Heiser Auditorium is full, you can listen from the hallways and Heiser Lounge.

### Gerald Finzi and Settings of Shakespeare’s Poetry

Thomas Bandy

Wed., Nov. 3 - 7:15pm  
Zoom and KOTV

Thomas Bandy is Associate Professor of Vocal Accompanying and Teacher of Vocal Diction at Oberlin Conservatory. Gerald Finzi (1901–1956), a British composer, was one of the most accomplished composers in history at setting the English language to music.

### Newcomer Interviews

Wed., Nov. 17 - 4:00pm - KOTV

The Newcomers Committee continues to provide an opportunity for the whole community to learn more about our newest residents. Recordings of the interviews are available in the Kendal library. ~Sharon Furrow



## Saturday Night Movies 7:15pm - KOTV

**Nov. 6 - The Fantasticks (2000)** Two teenagers hide their romance from their feuding fathers, who are actually good friends trying to get the two together.

**Nov. 13 - Kind Hearts and Coronets (1949)** A distant poor relative of the Duke D'Ascoyne plots to inherit the title by murdering the eight heirs who stand ahead of him in the line of succession. Alec Guinness plays all eight!

### Nov. 20 - No Movie Tonight!

Join the Play Readers for *The Velocity of Autumn* at 7:15pm in Heiser Auditorium\* and on KOTV.

### Nov. 27 - My Octopus Teacher

**(2020)** A filmmaker forges an unusual friendship with an octopus living in a South African kelp forest, learning the mysteries of her world.

## Sunday Movies 7:00pm - WSCC

**Nov. 7 - My Man Godfrey (1936)** Satiric screwball comedy about a socialite (Carole Lombard) who hires a va- grant (William Powell) as her butler.

**Nov. 14 - His Girl Friday (1940)** A newspaper editor (Cary Grant) tries to keep his ace reporter ex-wife (Rosalind Russell) from remarrying.

**Nov. 21 - Planes, Trains and Automobiles (1987)** A Chicago advertising man (Steve Martin) struggles to travel home from New York for Thanksgiving with an annoying salesman (John Candy) as his only companion.

**Nov. 28 - 20,000 Leagues Under the Sea (1954)** A ship sent to investigate a wave of mysterious sinkings encounters

### The Kendal cable channels are:

- WKAO: 919, 19-1, OR 95-100
- KOTV: 920, 19-2, OR 95-101
- WSCC: 921, 20-1, OR 96-100



## Art Gallery News

Currently on view in the **Kendal Gallery** are photographs by Bill Pappas. Two of his favorite subjects are landscapes and portraits, and he has filled our gallery with marvelous examples of both, a number of them on a very large scale. If you missed his Artist Talk on October 29, you can borrow a DVD from the Kendal library. On December 6, a show featuring works from the Artists Archive of the Western Reserve will fill the Gallery.

The **Community Gallery** is exhibiting the work of nine Oberlin High School art students from October 15 to December 9. Under the expert guidance of their teacher, Whitney

the Nautilus, an advanced submarine commanded by Captain Nemo (James Mason).

### Tuesday Themed Films 2:00pm - WSCC

**Nov. 2 - Lunch Hour (2011)** Filmmaker James Costa investigates the National School Lunch Program and childhood obesity, and shows what schools, parents, authors, doctors, politicians, celebrities, and chefs are doing to combat the problem.

**Nov. 9 - Sacred Cow (2021)** Documentary explores the ways that ruminants (cows) and well-raised meat can play an important role in solving our climate crisis.

**Nov. 16 - Sustenance (2020)** Yasaman Geramifard examines the links among food production, eating habits, and sustainability.

**Nov. 23 - Food for Change (2020)** Steve Alves looks at the current resurgence of food cooperatives in the U.S. and their unique historic place in the economic and political landscape.

Brown, they have chosen varied subjects and work in many media – acrylic, chalk pastel, etching, marker, and colored pencil. As of December 10, the Gallery will have fashion and botanical drawings by Charlotte Arnell, Elizabeth Locke's mother.

The **Friends Gallery** continues with the current show *The Art Committee Collects*, with art from the collections of members of the Committee.

The **Curio Cabinet** now has a fascinating collection of Zuni fetishes from the collection of resident A.V. Shirk. Examining intricate detail work on these superb creations by Native American craftsmen from the Zuni Pueblo is well worth your time.

The **Admissions Office Display Case** continues to exhibit a varied collection of resident Ted Nowick's small sculptures.

**Nov. 30 - GMO OMG (2013)** Jeremy Seifert searches for answers about genetically modified organisms (GMOs) and how they affect our children, the health of our planet, and our freedom of choice.

### Thursday Movie Musicals 2:00pm - WSCC

**Nov. 4 - Show Boat (1951)** The daughter (Kathryn Grayson) of a riverboat captain falls in love with a charming gambler (Howard Keel).

**Nov. 11 - Enchanted (2007)** Live action/animated film. Princess Giselle (Amy Adams) is forced from her traditional animated world into the live-action world of New York City.

**Nov. 18 - Sister Act (1992)** Whoopi Goldberg's comedy about a Las Vegas lounge singer who hides from the mob among a group of nuns.

**Nov. 25 - Miracle on 34th Street (1947)** Kris Kringle (Edmund Gwenn) gets a job as Macy's Santa Claus and then has to prove he really is Santa to a skeptical little girl (Natalie Wood).

## Adult Children's Perspectives on Supporting Older Adults Mon., Nov. 15 - 7:15 Zoom and KOTV

Dr. Nancy Darling, William and Jeanette Smith Professor of Psychology, Oberlin College, draws from an interview study of older adult children and their parents and social domain theory to talk about the strategies they use to negotiate this transition.

Family transitions can be difficult for everyone involved. Although both parents and teens agree that adolescents need advice from parents and that parents need to grant adolescents autonomy, they disagree on the how's, when's, and what's.

A similar transition occurs in later life. Parents often want help from their adult children. Similarly, adult children often want to help their parents maintain autonomy but have serious concerns about their health, safety, and well-being.

## The Future of American Democracy Thurs., Nov. 18 - 7:15pm Zoom and KOTV

Economist and professional futurist Rebecca Ryan will share perspectives on the possible futures of American democracy based on political scientist Larry Diamond's analysis of its four key elements:

- A political system for choosing and replacing the government through free and fair elections.
- The active participation of the people, as citizens, in politics and civic life.
- Protection of the human rights of all citizens.
- A rule of law, in which the laws and procedures apply equally to all citizens.

Ms. Ryan will share what foresight is, how it's used, and how to develop a futurist's mindset.

## Training Resumes for End-of-Life Support

Now that Stephens Care Center has reopened, the Supporting Friends group is able to resume end-of-life support for residents and their families. In December, we will have a session to train residents who want to know more about this volunteer opportunity.

Watch for information in *The Kendlight* and on WKAO. ~Margaret-Ann Ellis

## Wellness Support Network Workshop Rescheduled Wed., Nov. 10 - 10:30am - Heiser Auditorium\*

The workshop is in-person only and limited to 20 participants. Please sign up in front of the open mailboxes. ~Sue Palmieri

## 2022 Final Budget Meeting with Residents Thurs., Nov. 18 - 4:00-5:30pm Zoom and KOTV

~Ann O'Malley, CFO

## Suggestions and Concerns Mon., Nov. 8 - 2:00pm Crossroads Room\*

Submit your suggestion or concern in confidence (and privately, if you wish). ~Marjorie Porter, Chair



Paint has been flowing and creative moments are happening in the Art Studio this month. Tuesday afternoons Don is leading the creation of watercolor miniature scenes for cards. And the Clay Workshoppers are rolling clay out in the slab roller again. Joyce's Wednesday class has beginners and experienced hand-builders, some coming with projects, others practicing basic skills. Residents may take their projects home or donate it to the Art Sale on December 2-4 that will benefit Oberlin Community Services.

We hope our Kendal residents will find the art cards that we have been creating attractive to use for "all occasion" note cards. "Buy local" from the Art Studio and have your money be a donation to citizens in southern Lorain County and Oberlin who need assistance with daily expenses. We are grateful to have OCS help meet the needs of our larger community.

Remember to check our bulletin board in the hall outside of our studio for information and give us a call.

~Joyce and Don Parker

## KENDAL RESALE SHOP

Benefitting Kendal Residents Assistance Fund (RAF) and Community Charities

### SHOP!\*

Wednesday-Saturday  
11:00am-5:00pm  
(closed Sunday-Tuesday)

### DONATE!

Bring your donations of clean, gently-used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

### Given to RAF year-to-date:

Total contribution: \$22,743.



## Event Links

- For "inside Kendal" program links, contact **Carol Harvey**.
- For "outside Kendal" community cultural and educational ad hoc events, contact **Barbara Gordon-Lickey**.



## Chanukah Gatherings

Chanukah begins this year at sundown on Sun., Nov. 28, and continues for eight days. At 5:00pm on each of these days Kendal at Oberlin will hold concurrent celebrations of this holiday of hope and resilience.

In Heiser Lounge residents may gather in person for candle lighting and blessings.

Channel WSCC will host Priscilla Steinberg on Zoom where she will recite the opening and closing Chanukah blessings on November 28 and December 6, respectively. (Zoom link posted on WKAO.) On the other nights WSCC will broadcast YouTube blessings as the menorah is lit.

The history of Chanukah begins in the 2nd century BCE, when the Maccabees (a Jewish clan) revolted against their Syrian overlords. When the Jewish Temple was recaptured by the Maccabees, they found the Holy Light above the Holy Ark extinguished. The Holy Light, seen today in almost every synagogue, operates continuously, electrically. Oil to operate the Maccabean temple light was desperately needed. Although some was miraculously found quickly, it was expected to last just one day. It lasted eight days and this miracle became the basis of a Jewish eight-day holiday, Chanukah, often referred to as the Holiday of Light.

The Hebrew word Chanukah means “rededication.” The Maccabees considered the recapture of their temple a rededication to God. Today, many consider this holiday a rededication to world peace.

Happy Chanukah, everyone!

If you have questions, please contact Priscilla Steinberg.



**Art Card and Pottery Sale**  
**Thurs., Fri., and Sat.**  
**Dec. 2, 3, 4**  
**Heiser Lounge**

### Benefits Oberlin Community Services (OCS) to help meet the needs of our larger community

- Handmade in **Art Studio** or donated by Kendal residents (maybe a few surprises, too).
- Prices suggested but any donations welcomed.
- Bring cash or check to place in donation box (honor system).
- Pick up flyer for note card wording ideas, useful for many occasions.
- Warm the hearts of the persons needing OCS and those who hear from you.



## Solstice Is Coming! Songs of the Season Thurs., Dec. 16 - 7:15pm - KOTV

Music is once again filling the air as preparations are well underway for this year’s Solstice celebration, Songs of the Season. You will be able to enjoy the final result of these efforts by video on KOTV. Our videographers have already filmed a number of our readers and will be doing more filming in the next few weeks. And our editors have begun the process of putting the entire program together.

Please mark the date and time on your calendars and, if you like, invite some friends and neighbors in to join you as we all celebrate together the Songs of the Season.

### Supporting the Holiday Spirit in Stephens Care Center

Last year, many residents helped support the winter holiday spirit by writing holiday cards, caroling, story telling, and creating decorations. This enriched the holiday spirit for SCC residents, but also gave others the true holiday experience of giving.



This year, the care center has asked us to continue this effort. Several have volunteered to help with garden decorations.

**Mary Louise VanDyke** will organize indoor caroling. Contact her if you are interested in caroling.

**Priscilla Steinberg** will facilitate the Chanukah celebration, which is early this year.

**Rebecca Cardozo** will record short holiday messages for the SCC. What short holiday message, poem, or story would you like to share with the SCC?

Finally, SCC residents greatly enjoyed seeing holiday lights from their windows. They hope the community surrounding the care center will continue that tradition.

Any questions or suggestions? Contact Elizabeth Hole.



## Program Committee Notes

It is a busy fall programming season. In addition to our Kendal programs, there are a myriad of “outside” programs, especially from Oberlin College. We are back to the “problem” of choice.

Pre-pandemic we didn’t record our Kendal programs. Now we do! But we need your patience in requests to view a program that you have missed. Getting DVDs to the library takes time. We will eventually get some recordings to a private YouTube channel.

We are always looking for programs. These come to us from our own Kendal community, our friends and relatives, and Oberlin College. Please let us know your ideas about programs.

Programs we look forward to in November include Saturday night movies, thoughtfully chosen by Ken Cheek, Terry McGowan’s Life Long Learning classes on Dark Sky and Deep Water, and the final two lectures from Oberlin College’s series Healing Democracy. You’ll find descriptions in this issue of *The Kendalight*.

Presenting a program involves many moving pieces. Thank you to all who make programs happen. And if you want to be involved, please let us know.

~Shirley Taylor, Chair, Program Committee

**Celebrating the Life of  
Paul Schwaegerle**

**Sat., Nov. 13 – 11:00am**  
First Church in Oberlin UCC  
and WSCC

### Upcoming Moves

**Didi Bowditch and Lois Schmidt**  
from West Chester, PA, in early November.

### Recent Transfers

**Kate Walsh** to Jameson House.

**Don Norenberg** to Whittier.

**Betty O’Connor** to Whittier.

**Elizabeth Hole** to a different cottage.

## Fall LifeLong Learning Classes at Kendal

To register for a course and obtain the Zoom link, contact Rebecca Cardozo. There is no fee. You can ask questions by using the Zoom chat function.

**Dark Sky, Deep Water, and Global Warming, Tues., Nov. 2, 9, 23, 10:30am –12:00pm.** Kendal resident Terry McGowan, founder of Lighting Ideas, Inc., a consulting firm providing technical support to the lighting industry, and Dr. Rolf Bergman, a consultant in lighting technology and measurements, present a three-session course focusing on environmental issues.

In the **first session**, *The Wonder of Water*, Dr. Bergman will dive deep into the wonder of water. In the **second session**, *Global Warming, Unsettled Conclusions*, Dr. Bergman explores the science of global warming and why conclusions about it are so unsettling. In the **third session**, *Star Light, Star Bright*, Terry looks at the Dark Skies movement. Remember when the sky was so full of stars?

## Healing Democracy Series Final Lectures

The Program Committee is pleased that Oberlin College has been sharing this series with us. The last lecture is followed by a webinar featuring a faculty panel.

- **Tues., Nov. 2 - 7:00pm - KOTV** The Bondsman’s Unrequited Toil and a New Birth of Citizenship: Truth, Reconciliation, and Reparations, Charles Peterson, Associate Professor of Africana Studies.
- **Tues., Nov. 9 - 7:00pm - KOTV** Join Associate Dean of the College of the Arts and Sciences Laura Baudot and an expert faculty panel for a final webinar to close out the Healing Democracy series.

All lectures in the series will be available on the OC website (<https://advance.oberlin.edu/events/2021/09/14/healing-democracy-lecture-series>).



Many of you receive and depend upon Carol Harvey’s weekly updates for program reminders and Zoom links. Carol is finding herself very busy with Solstice and Kendal Memorial programs. She needs to turn her “golden pen” over to someone who is willing to take on the weekly updates. Would you be willing? Information for each program is centrally located, and

the task involves cutting and pasting to a Word document and then sending the document out to the recipient email list. There are over 140 on the list of recipients, and we do not want to lose this valuable publicity resource. ~Shirley Taylor

## Kendal Kryptogram #200 – by Nina Love

REBMOVVN KEOMZ PRY REBMOVVN

JEMZ, CHAL ALM UPZA NMY

VMNNHMZ PRY ALM SHNZA CLHAM

ZRECZ. ~KUXYM CPAZER

**Solution to Kryptogram #199:** “Be wiser than other people if you can; but do not tell them so.” ~Lord Chesterfield



## Strategic Planning Committee Update

In October conversations with community leaders added to the input being collected by the Strategic Planning Committee in preparation for the 2022–2026 KaO Strategic Plan. Twenty representatives from local and regional government, nonprofit agencies, Oberlin College, and area churches shared in two virtual conversations. Together they discussed two significant questions:

- What are the top needs, challenges, and opportunities facing our community and their constituency in the next five years?
- In what ways can KaO be a positive player in our community?

These discussions produced a wealth of data regarding future challenges facing our community including such topics as housing needs, environmental concerns, transportation issues, workforce changes. In addition, these leaders expressed their great appreciation for Kendal at Oberlin and Kendal’s positive role in the health and strength of the community of Oberlin and of the whole region. Reports of the content from these conversations have been given to each of the goal-drafting teams for consideration.

During November, drafting teams will continue work on the seven goals of the KaO Strategic Plan. Each team is producing the first draft of a goal statement with strategies and initiatives for the assigned goal.

As with the other elements of the strategic planning process, Kendal residents are included in each of the seven drafting teams. Each team will complete its work by November 24 so that the Strategic Planning Committee can begin writing the first draft of the full Strategic Plan. ~Gary Olin, Vice Chair, Strategic Planning Committee

### Changing a Date for an Event?

Notify *The Kendalight* and WKAO so we can update your announcement on the website or elsewhere!



## Smart Giving!

### 2021 Taxes and Changes for Year-End Planning

Tues., Nov. 30 - 7:15pm - KOTV or Wed., Dec. 8 - 4:00pm - KOTV

Vance DeBouter, local CPA and a community member of KaO’s Finance Committee and Audit & Compliance Committee, will talk with Grace Tompos and Tom Konkoly in a pre-recorded program about 2021 year-end tax planning. Vance will offer 2021 items to watch plus remind us of those recurring opportunities for planning that occur every year. There are two opportunities to see this program. ~The Kendal Philanthropy Committee, in the series “Tax-Wise Giving”

### Oberlin Opera Theater: *Acis and Galatea*

Thurs., Nov. 11 - 8:00pm - Hall; Sun., Nov. 14 - 2:00pm - Hall

The Oberlin Opera Theater presents George Frideric Handel’s English-language opera *Acis and Galatea*. One of his most popular works during his lifetime, it tells the story of the love between Acis, a shepherd, and Galatea, a water nymph. Tickets: \$10. Call 800-371-0178 or email [cts@oberlin.edu](mailto:cts@oberlin.edu). Sign up for a Kendal bus for either performance. 🚌

### It’s Time to Check the 2022 Kendal Directory

A draft in a white three-ring binder is now on the shelf by the open mailboxes so you can check your last name and first name entries in the *2022 Kendal at Oberlin Directory* for accuracy.

~Nina Love



### Library Notes

As incoming chair of the KORA Library Committee, I won’t say I have big shoes to fill. No woman likes to hear she has big feet – even if it’s just a metaphor.

And, it can’t be said that this is a hard act to follow, as the leadership of the library by Mary Clare Beck was not an act, but the real thing. As a result, I am in the fortunate position of taking over a library operation that has benefited in so many ways from Mary Clare’s librarianship.

On behalf of the Library Committee, thank you, Mary Clare, for all the innovations and creativity that you have contributed to the Kendal at Oberlin library over these past four years. We look forward to your continuing to be an active library committee member.

~Joan Long

### Where to Find Contact Info

- **Kendal at Oberlin Directory**, printed and distributed each year in February.
- **Bulletin Board**, near photos of new residents. Make these corrections and additions to your printed directory.
- **Online Resident Directory**, in the resident database ([www.kaores.net](http://www.kaores.net)), click “Directory.” Note: you must either be on the Resident WiFi network or be logged in to access this information.

### Having trouble with the sound on KOTV?

Please report this to the Heiser Reception Desk.



## From the John Bartram Arboretum: Franklin Tree (*Franklinia alatomaha*)

John Bartram, for whom our arboretum is named, and his son William discovered this tree in Georgia in 1765. On a subsequent trip, in 1770, William brought back to the Bartram garden in Pennsylvania specimens, fruits, and seeds. He named them *Franklinia* for his father's good friend Benjamin Franklin. The Bartrams propagated the tree and sent specimens to England.

A monotype genus, or sole species, in the tea family, *Theaceae*, it is said to have been extirpated (no longer found growing in the wild) since 1803. It was assessed by the International Union for Conservation of Nature (IUCN) in February 2015 and assigned to the category Extinct in the Wild (EW). The land where it had grown in the wild had been cleared for cotton plantations long ago. As far as we know, all Franklin trees today are descendants of the plants, fruits, and seeds gathered by the

Bartrams. There are many populations found on cultivated lands and in gardens.

We are working at getting several Franklin trees for our arboretum. They do best in the southern part of their range (hardiness zone 5–8), in well-drained rich acid soil, with ample water and partial sun. Our zone is considered 6a, so we will plant them in protected areas. They do not tolerate clay soil or drought.

The Franklin tree reaches a maximum height of 30 feet. It has fragrant white flowers which bloom from July to late summer and are sometimes compared to camellias. Its bright green foliage turns to red-orange while some of the flowers are still blooming. The fruit does not attract wildlife or create a litter problem.

Jim and I visited Bartram's Garden to find out more about John Bartram. It is now a 50-acre public garden and National Historic Landmark in southwest Philadelphia, but you can tell that earlier it was a simple family place. I

encourage you to visit it. What one family can do on this earth is amazing, and saving the Franklin tree is only one of many things we can thank the Bartram family for!

~Anne Helm for the Arboretum Committee

Reference: Bernheim Arboretum and Research Forest, U.S. Forest Service, [www.Arboretum.Harvard.edu](http://www.Arboretum.Harvard.edu)



Flowers and leaves in autumn.  
[CC BY-SA 3.0](https://creativecommons.org/licenses/by-sa/3.0/)



"The Most Interesting Tree in America"  
*Ornamental Hardy Plants of the Better Class: Spring 1906* (Thomas Meehan & Sons, 1906), <https://archive.org/details/CAT31287955>.

---

## Horticulture Committee Report

November is typically past the end of the outdoor gardening season. You probably have some wonderful potted plants that have grown prodigiously since last spring and now you are wondering what will become of them.

Members of the Horticulture Committee are often asked if plants can be placed on shelves in the east and west Heiser hallways. The answer is no, but your plants are willingly accepted by the Horticulture Committee. Plants donated to Horticulture are used and cared for by volunteers in the Horticulture Room, and they make decisions about how best to use the plants. Some are appropriate for display, while others are used for cuttings to generate new plants. Some of these cuttings, once rooted and repotted, will appear in the hallways, and some are for sale. Others will appear at the annual Plant Sale next spring (watch for the date!).

Care of the plants in the hallways is given by members of the Plant Care group, headed by Nancy Snyder.

Are you familiar with the Horticulture Room? If not, plan a visit. It is located along the walkway at the ambulance entrance to the Stephens Care Center. You are welcome to visit even if none of the volunteers is present. This fall the volunteers (usually) meet on Tuesday afternoons at 2:00pm. We will be happy to show you what goes on in the Room and help you with plants you would like to donate. And we'd be happy to have you join our group.

On your way into the Horticulture Room, stop to admire the colors in the garden that Don Parker, Tom Konkoly, and Nick Long have created and weeded. It's truly a bright spot.

~Prudy Hall, Chair

### IN MEMORIAM

**JOY WALWORTH  
OCTOBER 5, 2021**

**MARY LYNNE GROVE  
OCTOBER 8, 2021**

**ANNE WILCOX  
OCTOBER 11, 2021**

**RICHARD "DICK" SCHOONMAKER  
OCTOBER 16, 2021**

## Please Keep Track of Your Volunteer Hours!

Each October, the Volunteer Clearing House (VCH) Committee reminds us to get ready for our annual collection of resident and staff volunteer hours. It's time to start calculating those figures!

Even in these pandemic times, Kendal folks are still performing volunteer services, whether here or in the wider community and world. In 2020 VCH recorded more than 43,797 hours of volunteer service by resident and staff.

In 2021, much of our community volunteering has continued to be curtailed, but new volunteer tasks have become even more important to our Kendal lives: teaching Zoom skills, sanitizing after Stephens Care Center visits, planning how to reorganize to remain a productive community – the list goes on and on.

In January you will receive a form in your open mailbox asking you to estimate the hours you have volunteered in 2021. When you receive your form, please return it promptly to Box 121. A copy of the form will also be posted on the Volunteer Bulletin Board in December. Questions? Place them in Box 121.

~Volunteer Clearing House Committee

---

## Table Tennis Has Returned

Regular hours for table tennis have been set for Wednesday, Friday, and Sunday from 10:00am to 12:00pm in Heiser Auditorium.

One table continues to be set up for play in the Stephens Care Center.

Come and play! All are welcome!

## Pickleball Has Arrived

Sign-up sheet for pickleball has been placed on the shelf by the mailboxes.

~Sidney Rosenfeld, Co-chair,  
Sports and Recreation Committee

## Essential Tremor Support Tues., Nov. 16 - 2:00 to 3:00pm

This group provides an opportunity for residents to share information about essential tremor, the most common movement disorder experienced by people in the Kendal age group. Our group shares personal experiences, coping strategies, treatments, scientific advances and educational opportunities. Contact Marvin Gordon-Lickey for more information. **In-person meeting location will be announced.**

## Did You Know?

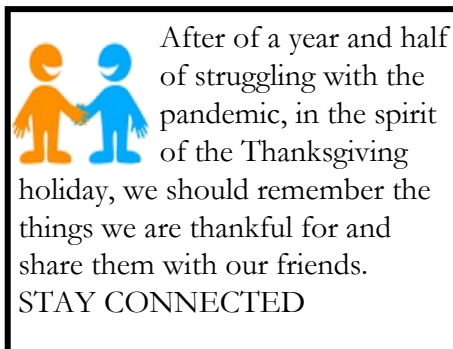
You can call 775-9868 to hear announcements and menus of the day.

## English Country Dancing

Sundays - 7:15pm  
Heiser Auditorium  
Contact: Judy Cook.

## Square Dancing

Tuesdays - 4:00pm  
Heiser Auditorium  
Contact: Jeanne Berger.



## Dementia Friendly Discussion Group

Fri., Nov. 19 - 10:30am  
Green Rm\*

All are welcome!

## Looking for Someone?

You'll find profiles of all residents, newcomers and old-timers, in "Who's Here" on the library center bookcase.

## Saturday Walks

From now through March, those desiring to walk off the Kendal campus should meet outside the Heiser main entrance at 9:00am every Saturday. We will decide whether to walk that day (depending on weather) and carpool to the chosen destination. The walks are leisurely, about 1–3 miles, and generally scenic.

Questions? Contact Phil Pritchett.

## Sunday Church Services

### First Church in Oberlin UCC

10:00am - WSCC

### Oberlin Friends Meeting

10:30am - Zoom

### Oberlin Unitarian Universalist Fellowship

11:00am – Zoom

### Roman Catholic Mass

St. Patrick's Cathedral, NYC

11:15am - WSCC

### Christ Episcopal Church

12:30pm - WSCC, YouTube

---

## The Kendalight

Monthly newsletter of the  
Kendal at Oberlin Residents Assn.  
600 Kendal Dr., Oberlin, OH 44074

Managing Editor: Elizabeth Aldrich  
Associate Editor: Suzanne McDougal  
Proofreaders: Kathy Reichard, Mary Simons

Photos: Sally Nelson-Olin, Gary Olin

- Deadline for the December 2021 issue of *The Kendalight* is Nov. 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: [Klite600@yahoo.com](mailto:Klite600@yahoo.com)
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



## Dining and Nutrition Services



### Dining Matters

We at Kendal are not immune to the staff shortages that affect the dining industry in general and most economic sectors of the country's workforce. Meanwhile, the current staff have been doing double duty – they have been fulfilling their normal duties and have taken on additional tasks to assure that our dining experiences are the best that they can be. They are appreciated.

Kendal, like most other life plan communities, is experiencing staff shortages. Take-away meals have become the industry standard for weathering the dining staff shortage. Our dedicated staff go well beyond their job descriptions to assure that we are provided a variety of hot, nutritious meals for take-out.

We residents have had our Pfizer booster and the immunity it confers after two weeks, so we could safely eat together. **Yet because the dining staff is stretched so thin, the Fox and Fell will not be open for waited dining in the near future.**

As Covid restrictions allow, we are still able to maintain community relationships even without communal dining. We can take away our cooked meals from the Fox and Fell and have dinner parties in our cottages and apartments. Think of it – a dinner party without the cooking! To make our dinner even more traditional, we could all order mostly the same items and use serving bowls to pass around the table to make the experience more family-style. With trusted resident friends or our bubble buddies, we can recreate those social aspects of dining we miss so much.

Dining is not the only way we Kendalites connect with each other. Our KORA committees are the life-blood of our community. With 100+ committees available, we can find committees that interest us. That is a great way to find other residents with the same interests and passions as we have. We can keep our community alive as we socialize before and after committee meetings – and we can make more friends to share other activities – including dining.

### Meet a Dining Star: Emese Toth

Emese (pronounced Emeshe) graduated from Elyria High School and is now taking an LCCC course, Universal Arts Major. She loves languages! She speaks and reads Hungarian (her father is pastor of Lorain's Hungarian church) and taught herself French and Italian. She plans to go on to a four-year college (Oberlin, she hopes) and specialize in Russian and Comparative Literature.

An officer in Phi Theta Kappa, Emese is going to its Ohio Leadership in Action Conference where she will give a presentation about her chosen project – collecting school supplies for children in Iraq. In April she will go to the Phi Theta Kappa national conference.

She is also involved in learning about indigenous people and belongs to an LGBT group for youth in Cleveland. In her spare time she loves to take walks and read.

Emese enjoys being at Kendal and meeting many interesting residents. So take an extra minute and say hello to her.

*Priscilla Steinberg interviews one of our Dining Services staff each month on behalf of the Dining Matters Committee.*

### UU Gathering: Cultivating Resilience Rev. Mary Grigolia Wed., Nov. 17 - 4:00pm - Zoom

How do we stay centered and open to life's resilience? We'll look at the teachings of Rick Hanson, a neuro-psychologist, who explains why we get stuck and how to shape our brains/minds toward resilience and well-being.

And we'll hear your uplifting stories and anecdotes. Each month we'll share a strategy for cultivating resilience, to remind us that life is vibrant, adaptable and so are we. **All are welcome.**

Zoom link: <https://zoom.us/j/3574352466>  
Or <https://zoom.us/j/3574352466>

### Health Lecture Series Help

Bud Spierling is issuing a call for any Kendal residents with health-related professional backgrounds to help him arrange programs on various aspects of health of interest to our entire community. Interested? Find Bud's contact information in your KaO Directory.

### AA for You? Saturdays, 7:00pm - Ed. Bldg.

Try out the resident-led Alcoholics Anonymous meeting on Saturdays at Kendal, for residents only! Contact Kim Peters [kpeters@kao.kendal.org](mailto:kpeters@kao.kendal.org) (440-776-5016) or Kim Preston, [kpreston@kao.kendal.org](mailto:kpreston@kao.kendal.org) (440-775-9813).

### KaO Staff Anniversary Recognition Program Wed., Nov. 10 - 1:15pm - AUD\*

We are honoring eight staff members with the following tenures: 1 for 25 years; 2 for 20 years; 2 for 15 years; 2 for 10 years; 1 for 5 years. A reception will follow in Heiser Lounge.

### Low Vision Support Group

**Audio Presentation:**  
**"The Vision Rehabilitation Specialist: Your Advisor for Independence"**  
**Friday, November 12**  
**1:30pm - Heiser Auditorium\***





SUN	MON	TUE	WED	THU	FRI	SAT
<p><u>First Church Service</u> 10:00am WSCC</p> <p><u>RC Mass</u> 11:15am WSCC</p> <p><u>Christ Episcopal Service</u> 12:30pm WSCC</p> <p><u>Jazz with Nate</u> 2:00pm WSCC</p> <p><u>Film (see page 4)</u> 7:00pm WSCC</p> <p><u>English Country Dancing</u> 7:15pm AUD</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Centering Program</u> 11:00am WSCC</p> <p><u>Documentary</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Themed Film (see p. 4)</u> 2:00pm WSCC</p> <p><u>Square Dancing</u> 4:00pm AUD</p> <p><u>Downton Abbey</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>News Currents</u> 3:00pm WSCC</p> <p><u>SCC Council</u> 4:00pm WSCC 11/3 &amp; 11/17</p> <p><u>Song Swap</u> 7:00pm Zoom, KOTV 11/10 &amp; 11/24</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Musical Film (see p. 4)</u> 2:00pm WSCC</p> <p><u>Great Courses</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Art History</u> 2:00pm WSCC</p> <p><u>Ken Burns Baseball</u> 3:00pm WSCC</p>	<p><u>Saturday Walk</u> 9:00am Heiser</p> <p><u>Book Reading</u> 1:30pm WSCC</p> <p><u>AA for You?</u> 7:00pm Ed Ctr</p> <p><u>Film (see page 4)</u> 7:15pm KOTV</p>
	<p><b>1</b></p> <p>LLL Class Contemporary Japanese Art Kevin Greenwood 10:30am Zoom</p>	<p><b>2</b> Election Day!</p>  <p>LLL Class Dark Sky, Deep Water, and Global Warming 10:30am Zoom</p> <p>Healing Democracy 7:00pm KOTV</p>	<p><b>3</b></p> <p>Gerald Finzi and Settings of Shakespeare's Poetry Thomas Bandy 7:15pm Zoom, KOTV</p>	<p><b>4</b></p> <p>Coffee Hour with BT 9:30am F&amp;F, Zoom</p>	<p><b>5</b></p> <p>Oberlin Orch. et al. 7:30pm Finney </p>	<p><b>6</b></p> <p>Oberlin Baroque Orch. 7:30pm Warner </p>
<p><b>7</b></p>	<p><b>8</b></p> <p>Suggestions, Concerns 2:00pm Crossroads</p> <p>NAACP, Racial Equality, and Oberlin 7:15pm Zoom</p>	<p><b>9</b></p> <p>LLL Class Dark Sky, Deep Water, and Global Warming 10:30am Zoom</p> <p>Weltzheimer/Johnson House Tour 1:30-3:30pm </p> <p>Healing Democracy 7:00pm KOTV</p>	<p><b>10</b></p> <p>Wellness Support Network Workshop 10:30am AUD</p> <p>KaO Staff Anniversary Recognition Program 1:15pm AUD</p>	<p><b>11</b></p> <p>KORA Annual Meeting 4:00pm AUD, Zoom</p> <p>Oberlin Opera Theater: <i>Acis and Galatea</i> 8:00pm Hall </p>	<p><b>12</b></p> <p>Low Vision: The Vision Rehabilitation Specialist 1:30pm AUD</p>	<p><b>13</b></p> <p>Celebrating the Life of Paul Schwaegerle 11:00am First Church, WSCC</p> <p>Oberlin Jazz Ensemble 7:30pm Finney </p>
<p><b>14</b></p> <p>Oberlin Opera Theater: <i>Acis and Galatea</i> 2:00pm Hall </p> <p>Time of Remembrance 3:00pm Zoom, KOTV</p>	<p><b>15</b></p> <p>Adult Children's Perspectives on Supporting Older Adults 7:15pm Zoom, KOTV</p>	<p><b>16</b></p> <p>Essential Tremor Support 2:00pm See WKAO</p>	<p><b>17</b></p> <p>Kendal Newcomers 4:00pm KOTV</p> <p>UU Gathering: Creating Resilience 4:00pm Zoom</p> <p>Oberlin College Choir 7:30pm Finney </p>	<p><b>18</b></p> <p>2022 Budget Meeting 4:00pm Zoom, KOTV</p> <p>The Future of American Democracy 7:15pm Zoom, KOTV</p> <p>Faculty Recital Organ, Flute, Voice 7:30pm Finney </p>	<p><b>19</b></p> <p>Dementia Friendly Discussion Group 10:30am Green Rm</p> <p>Play Readers: <i>The Velocity of Autumn</i> 1:30pm AUD, KOTV</p> <p>Oberlin Orch. et al. 7:30pm Finney </p>	<p><b>20</b></p> <p>Play Readers: <i>The Velocity of Autumn</i> 7:15pm AUD, KOTV</p>
<p><b>21</b></p>	<p><b>22</b></p>	<p><b>23</b></p> <p>Grief Support Group 10:00am Green Rm</p> <p>LLL Class Dark Sky, Deep Water, and Global Warming 10:30am Zoom</p> <p>Exchange with BT 4:00pm AUD, KOTV</p>	<p><b>24</b></p>	<p><b>25</b> Thanksgiving</p> 	<p><b>26</b></p>	<p><b>27</b></p>
<p><b>28</b></p> <p>Chanukkah Begins See p. 6</p> 	<p><b>29</b></p>	<p><b>30</b></p> <p>2021 Taxes and Changes for Year-End Planning 7:15pm KOTV</p>	<p><b>November 2021</b></p> <p><b>Zoom:</b> See <a href="https://kaores.net">kaores.net</a> and click "Calendar" for link.</p> <p><b>KOTV:</b> Cable 920, 19-2, or 95-101</p> <p><b>WSCC:</b> Cable 921, 20-1, or 96-100</p>			

\* For links and last-minute changes in location, transportation, and restrictions, see WKAO and the KORA Calendar.