

Kendal at Oberlin Residents Association

November 2022

Volume XXIX, Number 11

Election Day

Tuesday, November 8 6:30am–7:30pm Heiser Auditorium

Let's leave the parking spaces around Heiser Circle for our local voters on election day.

Please remember to bring a valid ID that includes your name and OHIO address when you come to Heiser Auditorium to vote.

A valid ID can be:

- Current OHIO ID or OHIO driver's license (can show prior OHIO address) or
- Military identification (no address needed) **or**
- One of the following, dated 12 months or less prior to Election Day WITH YOUR CURRENT AD-DRESS ON IT:
 - * Copy of a current utility bill (including a bill from Kendal) or
 - * Bank or any financial statement or
 - * Government check stub or
 - * Paycheck stub or
 - * Other government document.

The following are NOT VALID:

- Notification mailed by the Board of Elections or
- Any document/card that does not show voter's name and current address (including U.S. passport).

Questions? Ask Kendal residents Mary Van Nortwick or Ann Francis, members of the Oberlin Area League of Women Voters.

Everything You Need to Know About Our CARF Visit Reaccreditation Survey: November 7-9 Exit Report: Wed., Nov. 9 - 2:00pm - AUD

It's HERE! For the past year, Kendal at Oberlin has been preparing to be reaccredited as a Continuing Care Retirement Community and a Person-Centered Long-Term Care Organization. KaO is one of the first communities to ask the CARF Surveyor Team to conduct an on-site visit instead of a virtual one. This was Kendal's choice, feeling an on-site visit would have a greater impact.

Resident representatives will join staff and board in a significant number of interactions with the survey team, including the introduction session (Mon., Nov. 7, 8:30am, AUD) and the exit meeting (Wed., Nov. 9, 2:00pm, AUD; all welcome to attend).

Residents will lead the tour on the first day; take part in a group interview over lunch (one group for SCC and one for IL); and participate in interviews for Governance, Finance, Technology, Input from Persons Served, Strategic Planning, and Dementia Care Specialty. If you are personally involved, just be yourself and answer questions to the best of your ability.

As a CCRC, we are striving to be in

conformance with over 1,600 standards in the areas of CCRC, Person-

Centered Long-Term Care Organization, and Dementia Care Specialty Program. The CARF team represents the "eyes and ears of CARF" but does not make the final decision. Kendal should be informed by the end of November whether its five-year accreditation has been granted.

~Barbara Thomas, CEO

COFFEE HOUR WITH BARBARA THOMAS WED., NOV. 9 - 9:30AM FOX & FELL, ZOOM, KOTV

FINAL BUDGET MEETING
ANN O'MALLEY
THUR., NOV. 17 - 4:00PM
AUD, ZOOM, KOTV

AFTERNOON EXCHANGE
BARBARA THOMAS
WED., NOV. 23 - 4:00PM
AUD, KOTV



ANNUAL MEETING THURSDAY, NOVEMBER 10 4:00pm - AUD, ZOOM REFRESHMENTS AT 3:30pm

KORA 2022 Annual Meeting Thurs., Nov. 10 - 4:00pm - AUD and Zoom

AGENDA

- Call to Order Mary Behm, President
- Moment of Silence
- Approval of Minutes of November 11, 2021, Annual Meeting
- Time of Remembrance, naming Kendal residents who died since 2021 Annual Meeting – Carol Harvey, Chair, Memorial Services
- Recognizing new Kendal residents since 2021
 Annual Meeting Anne Wardwell, Chair, Newcomers/ Friendship Service Group
- President's Report Mary Behm
- Consideration for Approval: 2023 Budget Bruce Richards, Treasurer
- Election of KORA Council, Officers, and Leadership Development and Nominations Committee for 2023
 Sue Palmieri, Chair, Leadership Development and Nominations Committee
- Designation of KORA Council Representative to KaO Board of Directors for 2023 – Mary Behm, President
- Other Business
- Closing Remarks & Moment of Silence

Nominations for KORA Council for 2023

Nominated as Officers for 1-year term:

President: Rollin Conway (for 1st term) Vice President: Prudy Hall (1st term) Treasurer: Bruce Richards (3rd term) Secretary: Anne Palmer (2nd term)

Nominated to a first 2-year term as KORA Councilor: Janet Newman, Dina Schoonmaker, Mary Van Nortwick

Nominated to a second 2-year term as KORA Councilor: Barbara Pierce, A.V. Shirk

Nominated to a first 2-year term on Leadership Development and Nominations Committee (LDNC): Ruth Ann Clark, Sally Nelson-Olin, Shirley Taylor

Nominated to a second 2-year term on LDNC: Ann Francis

Continuing for a 2nd year of term as KORA Councilor: Joyce Benjamin, George Blomgren, Rich Hall, Kari Inglis, Tom Konkoly, Phil Pritchett

Code	Committee Name	Proposed 2023 Budget
801	Art	\$1,950.00
802	Care/Memorial	700.00
803	Communication	1,900.00
805	Environmental Concerns	462.00
807	Fitness and Wellness	750.00
808	Dining Matters	100.00
810	Horticulture	1,500.00
811	Floral Creations	750.00
812	House Committee	500.00
813	Library	2,990.00
814	Archives Committee	100.00
816	Program	4,000.00
818	Kendalight	2,500.00
820	LDNC	275.00
822	Pet Matters	300.00
824	Sports and Recreation	2,200.00
825	Transportation	50.00
826	Woodshop	700.00
827	French Language Dining	75.00
829	Meet Greet Eat	100.00
830	Audio Visual	300.00
831	Newcomers/Friendship	450.00
832	Volunteer Clearing House	150.00
834	Essential Tremor	40.00
835	Handbells	150.00
836	English Country Dancing	1,500.00
837	Drama Circle	300.00
838	Eureka	2,400.00
840	Play Readers	775.00
842	Creative Arts & Crafts	300.00
843	Website	50.00
844	KORA Health Letter	340.00
846	Residents Assoc - KORA	3,000.00
848	LGBTQ+	300.00
850	Kendal Resale Shop	200.00
855	Contingency	1,000.00
860	Arboretum	1,500.00
873	Philanthropy	<u>3,500.00</u>
	TOTAL	\$38,157.00

Continuing for a 2nd year of term on LDNC: Robert Longsworth

One member of LDNC to be appointed from Executive Committee by KORA President for 1-year term

Slate submitted by 2022 LDNC: Sue Palmieri, chair; Ann Francis, Robert Longsworth, Tom Morgan, Barbara Whitehouse; Council liaison Anne Palmer

Meeting agenda, proposals, and slate are in the library and on the KORA website and bulletin board.



Next KORA Council Meeting Thurs., Dec. 8 - 10:00am (note date) - AUD, KOTV



We are given hope that the newest Covid booster will be effective against Omicron variants despite recent infections due to our expanding activities and contacts outside Kendal. Our creativity, flexibility, and kindness continue to be called upon.

KORA's annual meeting is Thurs., Nov. 10, at 4:00pm both in person in Heiser Auditorium and on Zoom. There will be refreshments starting at 3:30pm. Come enjoy and socialize before the meeting.

At the annual meeting we will elect and welcome new members and officers of Council and accept the 2023 budget. See page 2 for the slate of nominees, proposed budget, and agenda for the meeting. We urge all residents to attend the annual meeting in order to participate and to assure that we have a quorum to conduct official business.

November also brings our annual request for the Employee Holiday Appeal, which is in lieu of tips. It's a special time of year to show appreciation for everything our staff does for us including dining, reception, maintenance, housekeeping, grounds, and more.

The appeal runs from November 1 to November 30. A box for your gifts is at Heiser Reception Desk during business hours.

Thank you for your generous and thoughtful donations.

~Mary Behm, KORA President 2022

2022 Annual Employee Holiday Appeal November 1–30

Please place your donations in the box at the Heiser Reception Desk by Wed., Nov. 30. Make checks out to Kendal at Oberlin, with Employee Holiday Fund in the memo line. Thank you!

The Road to Concord: How Four Stolen Cannon Ignited the Revolutionary War Wed., Nov. 2 - 7:15pm AUD and KOTV

John Bell, Boston resident and New England historian, tells us why British soldiers were marching through Concord on April 19, 1775. The traditional answer is vague: a search for military supplies.

Bell will discuss how the patriots were assembling an artillery force in the countryside, the British commander was tracking those guns with spies and raids, and both sides had strong reasons to keep those efforts out of the historical record.

Remember! Wear your name tag so newcomers (and old-timers) can tie your name to that face!

J Music at Kendal J

Live Chamber Music at Kendal at Oberlin

The Sunday afternoon live music concerts in Heiser Auditorium will continue through November 20.

No program is scheduled for Nov. 27. The Cleveland Orchestra plays in Severance Hall that afternoon and many Kendal residents will be attending. We try not to compete!

Nov. 6, 4:00pm, AUD The first Sunday in November will be an Open Rehearsal featuring Kendal resident musicians.

Nov. 13, 4:00pm, AUD Oberlin Conservatory students. Program to be announced.

Nov. 20, 4:00pm, AUD Dance program featuring Oberlin students directed by Prof. Holly Handman.

Freedom and Joy: Highlights of the Oberlin Orchestra 2022-2023 Season

OC Prof. Raphael Jimenez, Conductor Thurs., Nov. 10 - 7:15pm - AUD

Professor Jimenez will update us on plans for the Oberlin Orchestra that include two performances in Carnegie Hall.

In December the Orchestra will perform Beethoven's Ninth Symphony to a closed audience, limited to diplomats at the United Nations, to inaugurate a new partnership with the United Nations and the Global Foundation for the Performing Arts announced recently by Oberlin College President Ambar. Oberlin is the only undergraduate institution to participate in the program, which was put together by the UN Institute for Training and Research.

In January the Orchestra will play a concert featuring an oratorio, *The Ordering of Moses*, by the 20th-century Black Canadian composer Nathaniel Dett, who graduated Oberlin in 1906 and received an honorary degree from the College in 1936. This program was performed in Finney Chapel on October 13.

Oberlin Musical Union and the College Choir will participate in both events.

Fun Fitness in 2022: Water Safety Wed., Nov. 16 - 7:15pm - AUD and KOTV

The Fitness and Wellness Committee is presenting monthly programs focusing on the benefits of activity and exercise, utilizing current recreational activities and fitness programs presented by our Fitness Department. Jill Tvaroha, Wellness Coordinator, looks at safety in the pool area. She will give an overview of the orientation, the monitor system, safety protocols, and more. Come to Heiser Auditorium to get your questions answered.



Saturday Night Movies 7:15pm - AUD, KOTV

Nov. 5 - The Merchant of Venice (2004) In 16th-century Venice, a merchant must default on a large loan from an abused Jewish moneylender. The bitterly vengeful creditor (Al Pacino) demands a gruesome payment.

Nov. 19 - Witness (1985) An Amish boy witnesses a murder and identifies a narcotics agent as the killer. The detective on the case (Harrison Ford) flees with him, trying to blend in with the Amish population and avoid detection as he protects the boy.

Nov. 26 - Bogus (1996) A recently orphaned young boy is taken in by his godmother (Whoopi Goldberg), who is shocked to realize that she can see the boy's imaginary friend, a flamboyant, French magician named Bogus.

Second Saturday Film Nov. 12 - 7:15pm - AUD

Smoke Signals (1998) Victor and Thomas live on Idaho's Coeur D'Alene Indian Reservation. Victor resents his father Arnold's alcoholism, violence, and abandonment, but Thomas thinks Arnold's a hero. When he dies, the two go on a trip to retrieve his ashes and have an unforgettable adventure of friendship and discovery. Dwight Call will lead the discussion after the film.

Sunday Movies 7:00pm - WSCC

Nov. 6 - Quiz Show (1994)

Nov. 13 - Andy Hardy Meets Debutante (1940)

Nov. 20 - Lion (2017)

Nov. 27 - Room for One More (1952)

Monday Documentaries 7:00pm - WSCC

The Great Indian Wars (2009)

Nov. 7 - Ep. 1: The Indians

Nov. 14 - Ep. 2: The Cavalry



Art Gallery News

The **Kendal Gallery** features Mark Yasenchack's *Ceramic Mosaics*. This show provides a combination of artworks and poetry. The poems are some of the artist's favorites, which he says give him creative inspiration.

Sheila Markowitz, a self-taught, award-winning artist, explores the infinite possibilities of painting with pixels. In *Altered Realities,* her digital images now filling the **Community Gallery**, she seeks to create visual metaphors for how the mind overlays, blends, and blurs experiences. An

Nov. 21 - Ep. 3: The Indian Warrior

Nov. 28 - Ep. 4: Battle for the Northern Plains

Tuesday Themed Films 1:00pm - WSCC

Nov. 1 - Gentleman's Agreement (1947)

Nov. 8 - To Kill A Mockingbird (1963)

Nov. 15 - Green Book (2018)

Nov. 22 - Invictus (2009)

Nov. 29 - Guess Who's Coming to Dinner (1967)

Thursday Movie Musicals 2:00pm - WSCC

Nov. 3 - Grease (1978)

Nov. 10 - Mary Poppins (1964)

Nov. 17 - My Fair Lady (1964)

Nov. 24 - Miracle on 34th Street (1947) Special Holiday Film

For movie descriptions and details, see www.imdb.com.

Artist's Talk by Sheila is scheduled Thurs., Nov. 3, at 4:00pm in Heiser Auditorium.

In the **Friends Gallery**, Cara Romano's *Temporary Traces: The Light-Based Art of Cara L. Romano* opens on Nov. 7. She uses a process in which she paints or traces shapes directly from sunlight or shadow patterns, using these patterns as a framework for abstract compositions. Cara is an Oberlin native who now makes her home in Cleveland. Her Artist's Talk is on Fri., Dec. 16, at 4:00pm in Heiser Lounge.

Now on view in the **Marketing Display Window** are *Dolls* from the collection of Nancy Cecil, gathered over many years, while the **Curio Cabinet** has *Temple Bells* from the collection of Janet Smith on its shelves.

Lunch Bunch: Sal & Al's Diner, Amherst Wed., Nov. 9 - 11:30am

Sal and Al's offers a variety of dishes, from pizza and burgers to pierogies and Syrian food. The diner also serves a variety of desserts.

Sign up for the Kendal bus. Bus cost to be determined. Lunch on your own. Questions? Ask Gerry Findlan.

Save the Date! BIG BUS Trip to Cleveland Museum of Art Wed., Jan. 4, 2023 ☐

Featured Exhibit: *Impressionism to Modernism: The Keithley Collection,* more than 100 works of art given to the museum by Clevelanders Joseph P. and Nancy F. Keithley in March 2020.

Sign-up sheet is posted now!

~Kathy Hazelton and Gerry Findlan

The Kendal cable channels are:

• WKAO: 919, 19-1, or 95-100

• KOTV: 920, 19-2, or 95-101

• WSCC: 921, 20-1, or 96-100

First Thursday Health Lecture Cultivating Psychological Resilience

Nov. 3, Dec. 8, and Feb. 2 7:15pm - AUD and KOTV

In response to a survey of KaO residents, three members of the Health Lecture Committee, Bud Spierling, Kerry Glaus, and Jesse Carlock, have outlined a series of three presentations on Cultivating Psychological Resilience. The series will be shown on KOTV, but we strongly encourage residents to join us in the auditorium for audience participation.

Presentations include:

Session 1: Focus on Self-Awareness and Regulation of Internal Experience

Session 2: Focus on the Other: Awareness and Regulation of External Experience

Session 3: The Continuum of Intimacy with Self and Others

Suggestions and Concerns Mon., Nov. 14 - 2:00pm Crossroads Room

Members of this committee will listen to your suggestion or concern in confidence (and privately, if you wish), discuss it with you, and refer the matter to the appropriate department head or committee chair. Questions? Contact Chair Anne Lockwood.

Newcomer Introductions Wed., Nov. 16 - 4:00pm - KOTV

The Newcomers Committee is broadcasting the next introductions of new residents. Don't miss this opportunity to become acquainted with some of our newest neighbors. ~Sharon Furrow

Weekly Discussion Group: Short Stories Thursdays 3:00-3:50pm

Thursdays, 3:00–3:50pm Ed Center Conference Room

Formerly called *The Sun* Readers Talk; we've changed our name!

Fall LifeLong Learning Classes at Kendal

This class will be presented in **Heiser Auditorium only**; it will not be available on Zoom. To register, contact Kari Inglis via email.

The Aging Hero: Sophocles's *Oedipus at Colonus*. Tues., Nov. 15, 22, and 29, 10:30am–12:00pm. Heiser Auditorium only. Thomas Van Nortwick, Oberlin College's Nathan A. Greenberg Professor Emeritus of Classics, and Kendal resident, presents a three-part course on the literary and historical context of Sophocles's last play, *Oedipus at Colonus*. We will consider such topics as the origins and endurance of the tragic perspective in western literature and culture, the history and physical circumstances of Greek theater performance, and *Oedipus at Colonus* as a reflection of issues of aging in the human life cycle. The reading for the course will be the text of the play in English: Robert Fagles, trans., Sophocles: *The Three Theban Plays: Antigone; Oedipus the King: Oedipus at Colonus* (Penguin Books, 1984). Copies are available at MindFair Books in Oberlin.

Session 1: The Tragic Perspective in Greek poetry and drama

Session 2: Athenian tragic drama: origins, historical context, and performance

Session 3: *Oedipus at Colonus* as a dramatic representation of the human life cycle

Trekking Through Andean Mountains and Prehistoric Ruins with Loren Gerlach

Mon., Nov 14 - 7:15pm - AUD and KOTV

Marjorie Porter's son Loren kicked off early retirement with a three-month trek in the Andes that included a bit of the coast and jungle that lie to either side of them. He'll present photos and stories from an area of astonishing diversity, natural beauty, and indigenous history. This 90-minute program will include an intermission.

Recycling Revisited, 2022 Tues., Nov. 15 - 7:15pm - AUD and KOTV

A representative from Republic Services will show what can be recycled and what cannot. Do you have items you're not sure about? Bring them to the program, put them on the table at the front of the room, and the presenter will answer your questions.

*Dorothy Luciano, Environmental Concerns Committee

Did you know?









- Lids, covers, tops, and caps CANNOT be recycled UNLESS they are plastic caps or lids screwed onto a recyclable plastic bottle or jar.
- Broken glass CANNOT be recycled. Please do not put broken glass into the recycling bin.

Artist Recital Series Returns for 2022–2023 Season

- Tues., Nov. 15, 7:30pm, Warner Concert Hall. The Baroque Band ACRONYM.
- Sun., April 30, 2:30pm, Finney Chapel. Pianist Bruce Liu.

For ticket information call the Eric Baker Nord Performing Arts Complex at 440-775-8169. Senior discounted tickets are \$30 per concert. ~Allen Huszti

More About Kendal's Residents



William (Bill) Witter

Thirty years ago, my mother wrote, "I guess since mother is gone, time seems to move with such rapidity now—and I am feeling quite disconnected."

My mother died in August 2017.

I arrived at Kendal at Oberlin in early August. From sleeping on a rollaway cot and using a cardboard box for a table, I slowly unpack the past 73 years.

Born in Cleveland, raised in Lorain and in lower Bucks County, PA, I lived most of my adult life in Madison, WI.

I am a graduate of Oberlin Senior High School, the University of Wisconsin: Madison (BA, Political Science), and Case Western Reserve University School of Law (JD).

I am a retired lawyer and civil servant, having worked as a department attorney and administrative law judge for the State of Wisconsin and for the Wisconsin Assembly and Senate.

I am single, divorced after 35 years of marriage, and the father of three children: two daughters and a son. I have two grandsons.

I enjoy reading, listening to music, writing, body surfing, playing basket-ball, and walking.

I chose Kendal at Oberlin. Then, Kendal at Oberlin chose me.

It is good to be home.

Looking for Someone?

Find profiles of all residents, newcomers and old-timers, in *Who's Here* on the library center bookcase.





Ruth (Bunny) Hensley and David (Dave) Scholl

Bunny:

I was born in New Haven, CT. I spent my early years in Atlantic City, NJ, where my parents met and married. I attended high school in Cleveland, attended the University of Cincinnati, and lived for 55 years in Cincinnati.

I have a BA in Child Development and a Masters +40 hours in Special Education. My work experience includes working with children at the Cincinnati Cerebral Palsy Center and running a diagnostic preschool class at the Children's Hospital Medical Center. I was the only Special Educator for Cincinnati's public schools' Head Start program. In order to acquire a pension, I worked the remainder of my teaching career in a Cincinnati public school's multi-handicap classroom teaching children with IQs of 40 and below.

I have enjoyed volunteering in hospitals and in small retail shops. My mother was Jane Weiss Garrett, who lived at Kendal for 15+ years. I have a brother, Andrew, who attended Oberlin College. I have a son, David, who is a computer coder and lives in Lexington, KY.

I met my husband, David, ten years back on a Road Scholar adventure to Italy—Rome, Florence, and Venice. We married nine months later on a Road Scholar adventure sailing on a windjammer off the coast of Maine. The captain performed the honors.

Three years ago we decided to adopt a lovable goldendoodle puppy, Billy. David and I love to travel, especially to Europe with Road Scholar. I enjoy swimming, tennis, exercising, taking walks, visiting museums and good craft shops, and attending plays and movies.

I love to be by the oceans, and Deer Isle, ME, is one of my favorite places. I have so looked forward to living at Kendal.

Dave:

A Depression-era kid, I was born at home. Home was Antioch, CA (near San Francisco), to which my jobseeking parents had migrated from Pennsylvania in 1930. During WWII, again looking for employment opportunities, we (+2 brothers) moved south to the rural Los Angeles town of Torrance, CA.

I graduated from Torrance High in 1952, and the University of Southern California with BS (1956) and MS (1958) degrees in geology. Attending USC was sparked by interest in the geology of the ocean floor and the circumstance that the university operated a sea-going research vessel. As important, a USC professor invited me to join him in his ocean floor studies.

Cruises of discovery fed a thirst to address the frontier of geologic problems of our ocean floors. To broaden my knowledge of the geological and geophysical sciences, I moved on to Stanford University where I completed my PhD studies in 1961. I continue my ocean floor research that, during past decades, has focused on the mechanisms that generate large undersea earthquakes and the destructive tsunamis they launch.

At Stanford I met and married Mary Randal. She passed away in 2002. We raised two children, Kathleen and Steven, who live and prosper in the San Francisco Bay area.

I met Bunny in 2012 on a Road Scholar trip to Italy as we walked to the Roman Forum. (Strange things can happen!) I romanced her as we toured on to Florence and Venice. We married nine months later on a second Road Scholar trip of adventure sailing off the coast of Maine on the ketch *Angelique*.



Activities in the Art Studio for November will include a Drawing Class on Monday afternoons, November 7, 14, 21, and 28. This is being called "Drawing What You See" and is

for anyone interested in improving their drawing skills, from beginning level to more advanced. The class size is limited to eight, so if you want to save a spot in the roster, contact Don Parker.

Clay Workshops in November will be solely for glazing the ceramic pieces that were made by residents in August and October. These pieces will be fired and readied for the Dec. 1-3 Art Studio Sale in Heiser Lounge.

The FAVA Membership show will be open in the FAVA Gallery in downtown Oberlin, until December 11. Search on the internet for FAVA Gallery, Oberlin, for more information about our wonderful local visual arts center.

Recent Moves

Tom and Regina Shea from Rogers City, MI, in mid-October.

Cathy Dickerson to Whittier in mid-October.

Bill Rice to Whittier in mid-October.

Upcoming Moves -

Sarah "Sally" Lloyd from East Lansing, MI, in mid-November.



Event Links

- For "inside Kendal" program links, contact Carol Harvey.
- For "outside Kendal" community cultural and educational ad hoc events, contact Barbara Gordon-Lickey.

Oberlin Opera Theater: One-Act Comedies by Offenbach and Rossini

Thurs., Nov. 10 - 8:00pm - Hall; Sun., Nov. 13 - 2:00pm - Hall

Romance and deception engulf this pairing of one-act comedies, directed by Jonathon Field.

In Offenbach's *Le mariage aux lanternes (The Wedding by Lantern Light*), romance blooms in the French countryside when a young farmer stifles his love for an orphaned cousin but can't resist a quest for "treasure" orchestrated by his matchmaking uncle.

In Rossini's L'occasione fa il ladro (Opportunity Makes the Thief), identities and affections are swapped between two pairs of would-be lovers.

Tickets: \$10. Call 440-775-8610 or email *ConPro@oberlin.edu*. Sign up for a Kendal bus for either performance.



Floral Creations

MELP WANTED

Threads
Thursdays
11:00am-12:00pm
Craft Room

JOIN US! Make simple, striking arrangements using the abundant flowers blooming in the gardens on our campus. Experiment and learn as you go. To serve our community in this beautiful way, call Dina Schoonmaker.

JOIN US! Threads is looking for one or two sewers for simple sewing jobs. We shorten pants, sew on buttons, patch holes, sew up seams, and mend toes of socks. Call Nancy Cecil or stop by the Craft Room during open hours.

How to Be Tax Wise! \$\int\text{Smart Giving!} \text{Fri., Nov. 11 - 3:00pm - Zoom}

Vance DeBouter, local CPA and a community member of KaO's Finance Committee and Audit & Compliance Committee, will offer a year-end tax planning webinar for Kendal.

You'll receive an email in advance, with "click" and register to join the live webinar. It will be recorded and made available to stream afterwards. Questions? Contact Tom Konkoly.

Be sure to take part in this important educational opportunity. Prior year tax planning presentations by Vance have been helpful to Kendal residents.

~Kendal Philanthropy Committee

Kendal Kryptogram #212 – by Nina Love

UX U DOG'S WE CHAOS STUGCB, U DOG

WE BLOZZ STUGCB UG CHAOS YORB.

~LOHSUG ZYSTAH QUGC, PH

Solution to Kryptogram #211: "Every leaf speaks bliss to me fluttering from the autumn tree." ~ *Emily Brontë*

KENDAL Employee Anniversary Program at Oberlin Wed., Nov. 16 - 1:15pm - AUD



Every fall we celebrate Kendal employee tenure anniversaries of 5, 10, 15, 20, 25, and now 30 years of service. All residents and employees are invited to gather for this joyous occasion to recognize and honor 22 employees, as follows:

30 Years Barbara Thomas, Administration

20 Years Robyn Becher – Health and Wellness Clinic/SCC

Stephanie Sutton – Hospitality Services

Tori Webster – Dining Services

15 Years Sally Eber – Hospitality Laundry Services

Jim Keith - Facility Services

Joni Pickworth – Hospitality Dining Services Scott Stonestreet – Hospitality Dining Services Stacy Terrell – Administration Health Services

Greg Zehe – Hospitality Services

10 Years Quinn Barbee – Facility Services

Michelle Hall – Stephens Care Center Brian Milligan – Facility Services Don Mulica – Information Technology Christina Peck – Stephens Care Center

Debra Phillips – Laundry

Veronica Toth – Facility Services

5 Years Julia Diedrick – Stephens Care Center

Ted Hansen – Facility Services Ed Harder – Facility Services

Raechal Lunn – Stephens Care Center Lin Sauer – Stephens Care Center Vicki Wright – Housekeeping

Refreshments and fellowship in the Heiser Lounge will follow the program. Please come to congratulate our employees marking these KaO milestones. Their pictures are now featured on the Heiser hallway bulletin board near the Kendal Early Learning Center. Thank you!

~Toni Merleno, Director of Human Resources & Operational Services



Art Studio Art and Pottery Sale Thursday, Friday, and Saturday Dec. 1, 2, 3 7:45am-8:00pm Heiser Lounge

This year's sales and donations will support both the Kendal at Oberlin Resident Assistance Fund and Oberlin Community Services, equally. There will be suggested pricing, but generous donations will be welcomed.

Please bring cash or check. Since the honor system is in place, you will be dropping your money into a donation box on the tables; it will be gathered up after 8:00 pm.

Thanks for your support in keeping the Art Studio alive and well!

~Joyce Parker and the Art Studio Team

From Supporting Friends



Take a Stephens Friend to a Thanksgiving Season Meal

Supporting Friends will place a table in Heiser Lounge on Nov. 16 with the names of Stephens residents interested in having a meal with a friend sometime during the Thanksgiving holiday season. Drop by the table and pick up the name of someone you would like to eat with. Then, contact them to arrange a day and a time to dine.

Help SCC Residents Attend Sunday Afternoon Events

With the aid of walking partners, Stephens residents can enjoy hymn singing from 3:00-4:00pm on Sundays and live Sunday concerts at 4:00pm in Heiser Auditorium. If you are interested in helping someone get to these fun musical events, contact Sandi McClennen for a short orientation.

"Overlooked" Holidays

Do you celebrate a holiday that other folk may not be aware of? Please tell Polly McIlrath about it so it can be described in *The Kendalight* for others to acknowledge and enjoy.

It's Time to Check the 2023 Kendal Directory

A draft in a labeled white three-ring binder is now on the shelf by the open mailboxes. Please check your entry for the 2023 Kendal at Oberlin Directory for accuracy.

~Nina Love

IN MEMORIAM

Francis "Frank" Mitch October 20, 2022

MARTIN "TIN" DAVID OCTOBER 24, 2022

From the John Bartram Arboretum Winterberry (*Ilex verticillata*)

Winterberry is a deciduous holly native to eastern North America. It grows in swamps, damp thickets, and low woods, liking wet acidic soil with a pH of 3.5-6. It has an oval leaf which drops off during the winter. However, this shrub has beautiful fall and winter color from its bright red berries.

Winterberry is dioecious, meaning there are both male and female plants. One male can fertilize 20 female plants if within 40 feet of them. It is hardy within zones 3-9. Our Arboretum is in zone 6a.

Winterberry likes full sun or partial shade and is adaptable to many soil types, from sandy to loam to clay. It tolerates poorly drained or compacted soils. There are now many cultivars varying from about 4 feet to 12 feet in height, and a few even have berries with colors other than red. You can see some north of the glass wall between the Heiser desk and our Wellness Clinic, in the Courtyard Garden west of the Pond, at the Woods at 4 just south of the old swamp white oak, and on the west side of the island in Center Pond.

Winterberry has a lot of wildlife value. Its flowers are pollinated by bees and flies; it is a food source for butterflies, bees, and birds thanks to its pollen, nectar, and fruit. Some birds and







...by Swamp White Oak at Woods at 4

Winterberry, both male and female, in Courtyard Garden

mammals prefer other food when avail- late in the season, but that is only cosable, but consider Winterberry an "emergency food" during the winter. It is known to be eaten by 48 species of birds, including cedar waxwings and valued songbirds.

Some common problems that Winterberry can have are not serious, such as the arrival of Japanese beetles. Leaf spots and powdery mildew may occur

metic and not fatal. Leaves may turn yellow if the soil pH is higher than 6.5.

> ~Anne Helm and David Benzing for the Arboretum Committee Photo Credits: Anne Helm

References:

- https://www.illinoiswildflowers.info
- NC Extension Gardener Plant Toolbox
- http://plants.ces.ncsu.edu.plants



Library **Notes**

Much appreciation and thanks go to John Matsushima for his generous donations in the past several years of many mysteries and thrillers as well as nonfiction books that cover the current political situation, including:

• The Divider; Trump in the White House, 2017-2021, by Peter Baker and Susan Glasser. A comprehensive history by two well-known political investiga-

- tors said to be the best of the Trump
- American Psychosis: A Historical Investigation of How the Republican Party Went Crazy, by David Corn. The Mother Jones Washington bureau chief's investigation covers seven decades.

The following books have been added to the library using funds from a KORA Special Projects grant:

• Dinners with Ruth: A Memoir on the Power of Friendships, by Nina Totenberg. Summary of a friendship of nearly 50 years by NPR's legal affairs

- correspondent that began when she interviewed Ruth Bader Ginsburg.
- The Marriage Portrait: A Novel, by Maggie O'Farrell. Set in Renaissance Italy this new novel centers on Lucrezia de' Medici, daughter of the grand duke in 1550s Florence.
- Lucy by the Sea, by Elizabeth Strout. The story of Lucy Barton continues as she shelters in Maine during the pandemic.
- Lessons, by Ian McEwan. Saga of one man's life across historical events, told by a best-selling author. ~ Joan Long

Saturday Walks

From now through March, those desiring to walk off the Kendal campus should meet at the Heiser Reception Desk at 9:00am every Saturday. We will decide whether to walk that day (weather permitting) and carpool to the destination. The walks are leisurely, 1-3 miles, and generally scenic. Come join us! Questions? Contact Phil Pritchett.

Please Keep Track of Your Volunteer Hours!

Each October, the Volunteer Clearing House Committee reminds us to get ready for our annual collection of resident and staff volunteer hours. It's time to start calculating your hours!

Even in these pandemic times, Kendal folks are still performing volunteer services, whether here or in the wider community and world. In 2021, despite Covid, more than 40,000 hours of volunteer service were provided by residents and staff.

In January you will receive a form in your open mailbox asking you to guess-timate the hours you have volunteered in 2022. When you receive your form, please return it promptly to Box 121. A copy of the form will also be posted on the Volunteer Bulletin Board in December. Questions? Place them in Box 121. ~Volunteer Clearing House Committee

KENDAL RESALE SHOP

Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities

SHOP!

Wednesday–Saturday 11:00am–5:00pm (closed Sunday–Tuesday)

DONATE!

Bring your donations of clean, gently used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

Given to RAF, year to date:

Total contribution: \$41,033.

Where to Find Contact Info

- Kendal at Oberlin Directory, printed and distributed in February.
- **KaO PDF Directory**, distributed via email to all residents.
- Bulletin Board, near photos of new residents. Make these corrections and additions to your printed directory.
- Online Resident Directory, in the resident database (www.kaores.net), click "Directory." Note: you must either be on the Resident WiFi network or be logged in to access this information.



Save the Date! Winter Solstice Thurs., Dec. 15 7:15pm AUD and KOTV

Solstice 2022 will be a light-hearted, joyful celebration of the season, performed LIVE and on KOTV, then made into a video. The theme is 'Tis the Season to be Jolly – come join the fun!

Let's Dance!

English Country Dancing

Sundays - 7:15pm Heiser Auditorium Contact: Judy Cook

Line Dancing

Mondays - 5:00pm Heiser Auditorium Contact: Dan Reiber

Square Dancing

Tuesdays - 4:00pm Heiser Auditorium

Contact: Donna and Larry Steele

Rollator Line Dancing

Tuesdays - 5:15pm Heiser Auditorium Contact: Dan Reiber

Where happy feet meet happy music.

Church Services

First Church in Oberlin, UCC Sun., 10:00am, WSCC

Oberlin Friends Meeting Sun., 10:30am, Ed Center and Zoom

Oberlin Unitarian Universalist Fellowship

Sun., 11:00am, Zoom

Roman Catholic Mass St. Patrick's Cathedral, NYC Sun., 11:15am, WSCC

Christ Episcopal Church Sun., 12:30pm, WSCC, YouTube

Catholic Communion Service Sat., 3:30pm, Green Room

Table Tennis Hours

Regular hours for table tennis have been set for Wednesday, Friday, and Sunday, 10:00am to 12:00pm in Heiser Auditorium.

Come and play! All are welcome!

~Sidney Rosenfeld, Co-Chair,

Sports and Recreation Committee

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Assn. 600 Kendal Dr., Oberlin, OH 44074 Managing Editor: Elizabeth Aldrich Associate Editor: Suzanne McDougal Proofreaders: Polly McIlrath, Kathy Reichard, Mary Simons

Profile Photos: Sally Nelson-Olin

- Deadline for the December 2022 issue of *The Kendalight* is November 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: <u>Klite600@yahoo.com</u>
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services



It's no news to anyone that employers are scrambling to find workers, particularly in food service jobs. Greg

Zehe reports almost every week in the bulletin on efforts to hire new servers for the Fox and Fell and Langston.

So the Dining Matters Committee has been talking about ideas for easing the pressure on everyone at dinner.

Our first reminder is for those who take meals away. If at all possible, place your order from 4:45 to 5:15pm. The dining room is still closed to diners at that time so you can be sure of the staff's full attention.

After the dining room opens, those being seated for dinner have first crack at server attention. The staff will get to you as soon as possible, but you may face a wait in getting your meal.

We have asked the staff to inform entering diners when they are shortstaffed. It is easier to be patient when we know the problem. If you are planning to catch a 7:10pm bus, arrive for dinner by 5:30pm. Even if service is slow, you should have plenty of time to finish your meal. In this way, we hope residents can avoid missing dinner in order to catch the Kendal bus.

An ice cream list is now in the center of the table for your convenience.

You will also find that the comment cards are back on the tables. Please use them. Lisa Wilken reports that one to four diners a night take the time to leave a comment. We can do better than that. The cards are posted on the bulletin board, where they can be read by all the staff.

Of course, you should report problems, but compliments and praise are always welcome. It should be convenient now to jot down a comment and submit it as you leave the dining room.

Here's to a more enjoyable dinner hour. ~Barbara Pierce

Meet a Dining Star Sara Mastino

Sara has been working at Kendal for 4½ years and really likes being here. The "back of the house" is her area so we don't get to see her, just the food she produces each day.

She says she does whatever is needed, whether it is prep cook, morning cook, baking, making salt-free items and sugar-free items, or evening meals. She makes all of the entrees and sides! So amazing!

Before the pandemic, Sara worked in the Langston making specials. She really enjoyed meeting the residents. During the almost two years of delivered dinners, she mostly made the 70+ daily special meals.

She lives in Wakeman with her husband Jason, who is a nurse, and their 15-year-old cat Demon and 7-year-old dog Diesel. Sara also has a 22-year-old stepdaughter, Quinn, of whom she is very proud.

Next time you eat the really delicious Kahlua brownie, remember that Sara made it! ~Priscilla Steinberg



Solo Diners Tues., Nov. 22 - 5:30pm - Den

Join solo Kendal residents monthly for dinner and conversation in the Den. There is no planned agenda – just informal sharing.

Sign-up sheet is posted by the open mailboxes the week before. The Den holds only 16 diners.



Where 2 Turn? Mon., Nov. 21 2:00pm Green Room

Note change in both day and time!

Parlez-vous français?

Would you like to practice your French with a small group? The French Table would love to have you join us. You don't need to speak fluently, just well enough to participate in simple conversations. We meet on Mondays, alternating between dinner in Fox & Fell at 5:30pm and films or other programs at 7:00pm in the Green Room.

Please contact Barbara Gordon-Lickey for details, et Soyez les Bienvenus à la table française!

Low-Vision Support Group

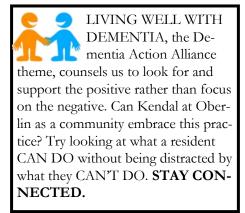


The Low-Vision Rehabilitation group will meet to discuss its future.

Tues., Nov. 1 - 1:30pm
Crossroads ~Terry Carlton

Grief Support Group Tues., Nov. 22 - 10:00am Green Room - All are welcome.

Dementia Friendly Discussion Group Fri., Nov. 25 - 10:30am - Penn All are welcome.



Sl	JN	MON	TUE	WED	THU	FRI	SAT	
First Church Service 10:00am WSCC Quaker Worship 10:30am Ed Ctr, Zoom		Chronicle News 10:00am WSCC Centering Program 11:00am Zoom,	Chronicle News 10:00am WSCC Themed Film (see p. 4) 1:00pm WSCC	Chronicle News 10:00am WSCC	Chronicle News 10:00am WSCC Musical Film (see p. 4) 2:00pm WSCC	Chronicle News 10:00am WSCC	Saturday Walk 9:00am Heiser	
11:15am WSCC Christ Episcopal Service 12:30pm WSCC Film (see p. 4)		WSCC Baking Show 2:00pm WSSC Line Dancing 5:00pm AUD	Square Dancing 4:00pm AUD Rollator Line Dancing 5:15pm AUD	News Currents 2:00pm WSCC SCC Council 4:00pm WSCC TBA	Jazz Listening 2:00pm AUD 11/10 & 11/24 Short Stories Group 3:00-3:50pm Ed Ctr	2:00pm WSCC	Catholic Communion Service 3:30pm Green Rm	
English Country Dancing 7:15pm AUD		Documentary (see p. 4) 7:00pm WSCC	Rick Steve's Europe 7:00pm WSCC	Song Swap 7:00pm Zoom, KOTV 11/9 & 11/23	Ken Burns: Lewis & Clark 7:00pm WSCC		Film (see p. 4) 7:15pm AUD, KOTV	
	No "Home" (at Kendin B	events dal) are old.	1 Low-Vision Support 1:30pm Crossroads	Road to Concord 7:15pm AUD, KOTV	Artist's Talk Sheila Markowitz 4:00pm AUD	4	Met. Opera in HD LA TRAVIATA (Verdi) 1:00pm Apollo Tx	
	"Away" are			Faculty Recital Alexa Still, Flute, and Jamey Haddad, Drums 7:30pm Kulas	Cultivating Psychological Resilience, #1 7:15pm AUD, KOTV		Oberlin Jazz Ensemble Chris Anderson, Dir. 7:30pm Finney	
Chamber Music Open Rehearsal 4:00pm AUD		7	8 Election Day! 6:30am-7:30pm - AUD Be sure to vote! Bring your ID.	GCoffee Hour with BT 9:30am F&F, Zoom, KOTV Lunch Bunch Sal & Al's, Amherst 11:30am-2:00nm	KORA Annual Meeting 4:00pm AUD, Zoom	How to Be Tax Wise! 3:00pm Zoom	Faculty/Guest Recital Four Strings and Piano 4:30pm Kulas	
			Essential Tremor 2:00pm Crossroads	11:30am-2:00pm CARF Exit Report 2:00pm AUD (all invited)	Freedom and Joy Raphael Jimenez 7:15pm AUD Oberlin Opera Theater 8:00pm Hall Tx		Second Saturday Film: Smoke Signals 7:15pm AUD	
Oberlin Ope Two One-Ac (Offenbach, 2:00pm Hal	ct Operas Rossi <u>ni)</u>	14 Suggestions and Concerns 2:00pm Crossroads	LLL Class: Aging Hero, Thomas Van Nortwick 10:30am AUD ONLY	16 Employee Anniversary Program 1:15pm AUD	Final Budget Meeting 4:00pm AUD, Zoom, KOTV	18	19	
Chamber M 4:00pm AU	usic	Trekking Through Andean Mountains & Prehistoric Ruins 7:15pm AUD, KOTV	Recycling Revisited 7:15pm AUD, KOTV Artist Recital Series ACRONYM (Early Music) 7:30pm Warner Tx	4:00pm KOTV Fun Fitness: Water Safety 7:15pm AUD, KOTV	Rod Knight Runs Len's Trolley 4:45–5:45pm HL		Oberlin Baroque Ensemble Mark Edwards, Director 7:30pm Fairchild	
20		21	22 Grief Support Group 10:00am Green Rm	23	24 Thanksgiving	25 Dementia Friendly Discussion Group 10:30am Penn	26	
Dance Prog 4:00pm AU		Where 2 Turn 2:00pm Green Rm	LLL Class: Aging Hero, Thomas Van Nortwick 10:30am AUD ONLY Solo Diners 5:30pm Den	Exchange with Barbara Thomas 4:00pm AUD, KOTV		iv.svaiii reiiii		
27 28		28	29 LLL Class: Aging Hero, Thomas Van Nortwick 10:30am AUD ONLY	30	November 2022 Zoom: See kaores, net and click			
			Oberlin MU, College Choir, Oberlin Orch. Beethoven, Symphony No. 9 ("Choral") 7:30pm Finney		"Calendar" for link. KOTV: Cable 920, 19-2, or 95-101 WSCC: Cable 921, 20-1, or 96-100			