

Kendal at Oberlin Residents Association

November 2023

Volume XXX, Number 11



Election Day

Tuesday, November 7 6:30am–7:30pm Heiser Auditorium

Let's leave the parking spaces around Heiser Circle for our local voters on election day.

Bring a valid ID showing your <u>name</u> and OHIO <u>address</u>. For example (bring ONE):

- OHIO driver's license (includes interim)
- State ID issued by Ohio BMV
- U.S. passport
- Military ID

For more ID options, info about the issues, or other questions, ask Kendal residents Mary Van Nortwick or Ann Francis, members of the League of Women Voters of Lorain County.



30th Anniversary Program Simple Gifts Sat. Nov. 11 - 4:00pm, Part 1; 7:15pm, Part 2 AUD, KOTV

The loose, yet evocative theme of our celebration of Kendal's 30th anniversary is *Simple Gifts* – our lives at Kendal are full of them! Plan on coming along to join the celebration and be prepared to sing! Afternoon and evening parts of the program will include sing-alongs of Kendal Parodies from past years.



During the day there will be a continuously repeating slide show of pictures from our past.



4:00pm, Part 1 - Come to the auditorium to enjoy performances by the Kendal Choir, Kendal Strings, and Toot Sweet.



During the dinner hours enjoy a delectable Dessert Buffet available outside Fox and Fell, thanks to Administration. Leading up to the evening program THE Occasional Band will take the stage to play tunes.



7:15pm, Part 2 - A one-hour program of both live and videoed entertainment, including Bel Canto Ringers and several solos and duets. Live performances will be interspersed with short video interviews of staff and residents who have been here since Kendal's early days.

STAY CONNECTED During the Holidays



Do you need a little nudge to visit someone in the Stephens Care Center or to invite them to join

you for a meal? While visits are always appreciated, they take on a special importance at holiday time.

Supporting Friends will help make this easy.

COFFEE HOUR WITH BARBARA THOMAS

THURS., Nov. 2 - 9:30am Langston, KOTV, Zoom Suggestion: Perhaps you could visit twice – once around Thanksgiving and again in December.

- About a week before Thanksgiving, a table in Heiser Lounge will have names of SCC residents who would like a visit.
- Just pick a name, call the resident, and make a date to get together.
- If the resident needs help getting to the Langston or the Fox and Fell, call Sandi McClennen for Walking or Wheelchair Partner (WWP) assistance.
- Notify the SCC front desk of your plans.
- Visit your friend and **STAY CONNECTED!**

tendal at Oberlin
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AFTERNOON EXCHANGE BARBARA THOMAS

Tues., Nov. 21 - 4:00pm AUD, KOTV



KORA 2023 Annual Meeting Thurs., Nov. 9 - 4:00pm AUD and Zoom

Please attend meeting in person to ensure a quorum is present in Heiser Auditorium.

AGENDA

- Call to Order Rollin Conway, President
- Moment of Silence
- Approval of Minutes of November 10, 2022, Annual Meeting
- Time of Remembrance, naming Kendal residents who died since 2022 Annual Meeting Carol Harvey, Chair, Memorial Services; Betsy Allen, Handbell
- Recognizing new Kendal residents since 2022
 Annual Meeting Anne Wardwell, Chair, Newcomers/ Friendship Service Group
- President's Report Rollin Conway
- Consideration for Approval: 2024 KORA Budget Bruce Richards, Treasurer
- Election of KORA Council, Officers, and Leadership Development and Nominations Committee for 2024
 Ann Francis, Chair, Leadership Development and Nominations Committee
- Designation of KORA Council Representative to KaO Board of Directors for 2024 – Rollin Conway, President, reported by Prudy Hall, Vice President
- Other Business
- Closing Remarks & Moment of Silence

Nominations for KORA Council for 2024

Nominated as Officers for 1-year term:

President: Rollin Conway (for 2nd term) Vice President: Prudy Hall (2nd term) Treasurer: Bruce Richards (4th term) Secretary: Kathy Hazelton (1st term)

Nominated to first 2-year term as KORA Councilor: David Dauphiné, Kerry Glaus, Pearl Lin

Nominated to second 2-year term as KORA Councilor: George Blomgren, Kari Inglis, Tom Konkoly

Nominated to first 2-year term on Leadership Development and Nominations Committee (LDNC): Elizabeth Hole

One member of LDNC to be appointed from Executive Committee by KORA President for 1-year term

| Code | Committee Name | Proposed 2024 Budget |
|------|--------------------------|-------------------------|
| 860 | Arboretum | 1,500.00 |
| 814 | Archives Committee | 50.00 |
| 801 | Art | \$1,950.00 |
| 830 | Audio Visual | 200.00 |
| 802 | Care/Memorial | 500.00 |
| 803 | Communication | 1,550.00 |
| 855 | Contingency | 2,500.00 |
| 841 | Crafts & Hobby Room | 100.00 |
| 842 | Creative Arts & Crafts | 300.00 |
| 808 | Dining Matters | 100.00 |
| 837 | Drama Circle | 300.00 |
| 836 | English Country Dancing | 1,500.00 |
| 805 | Environmental Concerns | 462.00 |
| 834 | Essential Tremor | 65.00 |
| 838 | Eureka | 3,000.00 |
| 807 | Fitness and Wellness | 350.00 |
| 811 | Floral Creations | 900.00 |
| 827 | French Language Dining | 25.00 |
| 835 | Handbells | 150.00 |
| 810 | Horticulture | 1,250.00 |
| 812 | House Committee | 400.00 |
| 850 | Kendal Resale Shop | 200.00 |
| 818 | Kendalight | 3,000.00 |
| 844 | KORA Health Letter | 340.00 |
| 820 | LDNC | 275.00 |
| 848 | LGBTQ+ | 450.00 |
| 813 | Library | 4,150.00 |
| 829 | Meet Greet Eat | 100.00 |
| 831 | Newcomers/Friendship | 150.00 |
| 822 | Pet Matters | 250.00 |
| 873 | Philanthropy | 3,500.00 |
| 840 | Playreaders | 775.00 |
| 816 | Program | 4,500.00 |
| 846 | Residents Assoc - KORA | 3,000.00 |
| 824 | Sports & Recreation | 2,800.00 |
| 825 | Transportation | 50.00 |
| 832 | Volunteer Clearing House | 175.00 |
| 843 | Website | 50.00 |
| 826 | Woodshop | 700.00 |
| | TOTAL | \$41,617.00 |

Continuing for 2nd year of term as KORA Councilor:

Janet Newman, Barbara Pierce, Dina Schoonmaker, Mary Van Nortwick

Continuing for 2nd year of term on LDNC:

Ruth Ann Clark, Ann Francis, Sally Nelson-Olin, Shirley Taylor

Slate submitted by 2023 LDNC: Ann Francis, chair, Ruth Ann Clark, Robert Longsworth, Sally Nelson-Olin, Shirley Taylor; Council liaison, Anne Palmer

Nominations Slate is available in the Kendal library and posted on the KORA website and KORA bulletin board.

Next KORA Council Meeting Thurs., Dec. 14 - 10:00am - AUD, KOTV

Thursday Health Lecture Sexual and Reproductive Health Care

Nov. 2 - 7:15pm - AUD, KOTV

Tammy Bernard, executive director of Family Planning Services of Lorain County, and CNP Jessica Tobin will discuss the agency's history since its inception in 1969, its current services, and its future with regard to the Dobbs decision and ongoing Ohio legislative actions.

Grandma Moses: A Life in Art Thurs., Nov. 9 - 7:15pm AUD, KOTV

Grandma Moses, one of America's most beloved artists, began painting at age 77 and created over 1,600 works during her long life. Art historian Will Jean brings her to Kendal in a dramatic presentation, featuring her own words, her artistic works projected onto Heiser's large screen, and a pianist providing background music of the period she depicted in her work.

Will Jean plays the art dealer who discovered Grandma Moses and resident Polly Carroll plays Anna Mary Moses as they enact how a simple farm wife brought a more innocent time alive through her vivid art.

Employee Holiday Appeal From November 1–30, 2023

November brings our annual request for the Employee Holiday Appeal, which is in lieu of tips. It's a special time of year to show appreciation for everything our staff does for us including dining, reception, maintenance, housekeeping, grounds, and more.

The appeal runs from November 1 to November 30. A box for your gifts is at Heiser Reception Desk during business hours. Make checks out to Kendal at Oberlin, with Employee Holiday Fund in the memo line.

~Rollin Conway, KORA President 2023

Racial Equity Forums

Examining Racism in America to Forge a More Equitable Future

Walking to Heal Racial and Economic Division Healing the Space Between Us Wed., Nov. 1 - 4:00pm AUD, KOTV

Inner Visions founder and author Jan Thrope shares stories of success and hope made possible by bridging racial and economic divides. A retired social worker, Jan began walking inner-city neighborhoods and listening to the needs and dreams of people who lived there. Her goal became to support and promote community improvement projects. Board member Victoria Trotter will join her.

Continue the Conversation over lunch at noon, Thurs., Nov. 2, Penn Room, with Terri Richardson-Sanders, the new equity coordinator of the city of Oberlin.

Previewing *Pipeline*: Director Caroline JacksonSmith and Actors Tues., Nov. 14 - 7:15pm AUD, KOTV

Caroline Jackson-Smith, Oberlin College Professor of Theatre and Africana Studies, previews this Theater Mainstage production by award-winning playwright Dominique Morriseau.

Free tickets are available for residents to attend the play on Fri., Dec. 8, at 7:30pm at OC's Wurtzel Theatre. Sign up for the Kendal bus.

The actors will perform scenes and explain their production design and goals. *Pipeline* is the story of Omari and Nya, his single mother who teaches at the district public school. When Omari, a Black student at a predominantly White prep school, is provoked into an altercation with his teacher, Nya's fears for her son push her to the edge and force audiences to question who is truly at fault as societal issues emerge.

ג Live Music at Kendal よ

Sun., Nov. 5, 4:00pm, AUD Kendal Presents: performances by Kendal resident musicians.

Sun., Nov. 12, 4:00pm, AUD The Sarsaparilla Quartet, a string quartet of Oberlin Conservatory students.

Sun., Nov. 19, 4:00pm, AUD The Eris Quartet, a string quartet of Oberlin Conservatory students.

Sun., Nov. 26, 4:00pm, AUD The Verona Quartet, a string quartet of Oberlin Conservatory faculty.

Where is that Star? Henrietta Leavitt's Achievement Wed., Nov. 29 - 7:15pm AUD, KOTV

Henrietta Leavitt, who attended Oberlin College in the late 19th century, worked assiduously in the Harvard Observatory, starting in 1905, to discover the way to measure the distance to faraway stars. Her ingenious method changed our understanding of the cosmos and our place in it.

Geared for a lay as well as scientific audience, resident Bruce Richards' presentation will help us appreciate the play, *Silent Sky*, to be presented by Play Readers on Dec. 8 and 9. *Silent Sky* dramatizes Leavitt's quest to understand our position in the universe, despite the daunting obstacles she faced in a field dominated by men.

This presentation is not necessary to understand the play but will help us more fully value the magnitude of Leavitt's work.

A Kendal bus trip to enjoy a curatorled tour of Allen Memorial Art Museum exhibit's *Anna V an Mertens/Henrietta Leavitt: A Life Spent Looking* is planned on Thurs., Dec. 14, 1:30pm.

Fitness Open House Tues., Nov. 2 - 1:30–4:00pm - AUD

Fitness staff offers fitness assessment and other activities for residents.

Saturday Night Movies 7:15pm - AUD, KOTV

Nov. 4 - To Catch a Thief (1955)

Cary Grant, Grace Kelly; directed by Alfred Hitchcock. Rich, complex, witty crime story, set in France. A classic example of Hitchcock at his best.

Nov. 11 - No film.

Nov. 18 - Much Ado About Nothing (1993) Kenneth Branagh, Emma Thompson, Denzel Washington, Michael Keaton; directed by Kenneth Branagh. Shakespeare's witty, charming comedy in a brilliant production.

Nov. 25 - Kiss Me Kate (1953)

Kathryn Grayson, Howard Keel, Ann Miller, Keenan Wynn, James Whitmore; directed by George Sidney. One of Cole Porter's finest Broadway musicals, brilliantly transformed to film. Superb choreography by Hermes Pan, great dancing by Ann Miller, and outstanding early work by Bob Fosse.

American Sign Language Nov.-April - 1:40-2:20pm Ed Center Training Room

Jaison Anderson's Oberlin High School students will teach ASL to residents and staff. Next few classes:

- Nov. 30 Colors and numbers
- Dec. 7 Introduction signs
- Jan. 25 Medical signs Questions: email Michele Tarsitano-Amato at mtars@kao.kendal.org.

ALL are welcome to attend.

For movie descriptions and details, see www.imdb.com.

The Kendal cable channels are:

• WKAO: 919, 19-1, or 95-100

• KOTV: 920, 19-2, or 95-101

• WSCC: 921, 20-1, or 96-100

Art Gallery News

The current show, *Light and Place*, will continue in the **Kendal Gallery** until December 4. The artist, Rod Bouc, created these extraordinary images of landscapes, corn fields, flowers, and clouds using a number of different mediums: monotype, pastel, charcoal, oil stick, pigment stick, and encaustic stick.

The **Community Gallery** continues its 30th Anniversary exhibit of historical and current memorabilia (article in next column).

In the **Friends Gallery**, the current show of photographs by Kathleen Cerveny, Kathy Caldwell, and Prudy Hall (from the Kendal Photography Interest Group) continues, with some new images, until December 11.

The **Curio Cabinet** continues to display colorful and delightful pill box-

es from the collection of the late Nancy Cecil until December 11. Don't forget to take a sheet from the envelope on the wall and enter the Treasure Hunt! You might win a prize!

The Marketing Display Window continues to show ceramic pieces made in a craft co-op in Ayacucho, Peru, from the collection of Ted Wolner.

KaO History Photo Exhibit October 13-December 7 Community Gallery

To celebrate Kendal's 30th anniversary, the Community Gallery exhibits photographs and memorabilia from the earliest planning days, construction (and mud!), activities, staff, and residents through the years.

Visit the gallery for a walk through memory lane until December 7 when an exhibit of staff-created artwork will be installed.

Yosemite: Our Second National Park Wed., Nov 15 - 7:15pm - AUD, KOTV

Resident Bud Spierling will offer a travelog featuring his photos of Yosemite.

Sunday Movies 7:00pm - WSCC

Nov. 5 - Heaven Can Wait (1978)

Nov. 12 - Taking Chance (2009)

Nov. 19 - Far From Heaven (2003)

Nov. 26 - Silver Linings Playbook (2012)

Monday Documentaries 1:00pm - WSCC

American Outdoors with Baratunde Thurston (2022):

Nov. 6 - Ep. 1 Death Valley: Life Blooms

Nov. 13 - Ep. 2 Idaho: Tied to the Land

Nov. 20 - Ep. 3 LA: It's a Vibe

Nov. 27 - Ep. 4 Appalachia: A Different Way

Tuesday Themed Films 1:00pm - WSCC

Nov. 7 - The Last Emperor (1987)

Nov. 14 - The Untouchables (1987)

Nov. 21 - Planes, Trains, & Automobiles (1987)

Nov. 28 - Good Morning, Vietnam (1987)

Thursday Movie Musicals 1:00pm - WSCC

Nov. 2 - Speedway (1968)

Nov. 9 - Footloose (1984)

Nov. 16 - Some Like It Hot (1959)

Nov. 23 - **HOLIDAY MOVIE: The Miracle on 34th Street (1947)

Nov. 30 - Topsy-Turvy (1999)



The "Art In Our Lives" series will feature Jean Slonneger on Thurs., Nov. 2, at 1:00pm in the Art Studio. Come and watch the Contributing Illustrator for the *Eureka!* as

she uses pencil and pen-and-ink to produce an illustration for an upcoming issue. Find out how these whimsical graphics begin and what goes into the final result on the printed page. Questions and discussion are encouraged.

In December the series will feature Barbara and Carl Whitehouse and their gingerbread house craft and art.

There are four watercolor class sessions beginning on Mon., Nov. 6, at 3:00pm, continuing weekly through the month. For information contact Don Parker.

Asian brush painting sessions continue in the Studio on Saturdays, 2:00–4:00pm. For information or questions, contact Suzanne McDougal.

~Don Parker



Pottery and Art Sale Exhibition: Thurs., Nov. 30 Sales: Fri., Sat., Sun., Dec. 1, 2, 3 7:00am-8:00pm - Heiser Lounge

Here's a great opportunity to get special holiday gifts for family or friends (or yourself)! Hand-crafted items made in the Art Studio will be on tables in the Heiser Lounge. A special piece will be featured for silent auction.

Sales are on the honor system. Proceeds will support continuing creative work in the Art Studio. ~Don Parker

Gathering of Gratitude Tues., Nov. 28 - 4:00pm - Ed. Ctr

Join together in a Gathering of Gratitude, in both words and silence.



Chief Executive Officer (CEO) Transition Team Update

The Deffet Group has been actively recruiting candidates for our CEO position. Each candidate was virtually interviewed one-on-one and asked to complete a comprehensive screening document. By mid-October, Deffet received over 30 resumes and identified five viable candidates, each with an Ohio connection. Deffet also continued conversations with two out-of-state candidates. Each candidate is employed in management in the senior living sector, though from varying backgrounds. Deffet closed the candidate pool the last week in October.

Deffet has forwarded to our Transition Team (IT), information for the top 7–8 candidates (cover letters, resumes, initial interview notes, and screening information). The TT will meet with Deffet the first week in November to discuss each candidate, and the TT will reach consensus on the 3–4 candidates to be scheduled for first virtual interviews during the week of November 15. Deffet will provide suggested interview questions to supplement our TT questions as well as provide a score sheet to help us uniformly rate each candidate. Along with the usual management skills, we'll be asking candidates about our Quaker values and collaborative decision-making, KaO's goals for conservation, resident relations, workforce team building, cultural fit, etc.

We plan to meet the following week to review our individual ratings and identify the semi-finalist candidates, typically 2–3, who will be invited to formal oncampus interviews with the full TT, a small group of residents, a small group of staff, and Barbara Thomas.

Our TT will narrow the decision to a finalist candidate. We may have additional questions for this person that could involve a second visit to KaO. This is a pivotal point. We will take our time making this huge decision. As we have said from the beginning of this process, our goal is to identify the right best person to be the next leader for Kendal at Oberlin. If this is the right person and if that person accepts the position, we will host a reception for the Kendal community to meet the new CEO. If we do not find the right person, the TT has fallback options. We are going into this late phase of the search process with the positive outlook that we will identify the right best person by year's end.

Meanwhile, the Succession Plan stipulates that an Orientation Team will be appointed by the TT to plan and execute an informed, efficient, and comfortable arrival and integration of the new CEO into the life and management of Kendal at Oberlin. Deffet will provide a guide to develop an orientation and onboarding plan to which we will add our own ideas. This Orientation Team will include residents, staff, Board members, Kendal Corp., and Friends Services Alliance.

Thank you for your continued support. Please send questions or suggestions to our Transition Team at ipvilla@oh.rr.com. ~ The Transition Team

International Christmas Carol Sing-Along Sun., Dec. 3 - 3:00pm - Penn

At this musical and linguistic event, we welcome seasonal songs as well as carols that come from diverse religions and cultures.

Each carol is introduced by a speaker of the language, who pronounces each line for the singers to repeat. We then sing the carol with piano and maybe other instruments.

We have many carols printed up from last year, in German, Spanish, French, Italian, Swedish, etc., but it would be nice to have some new ones.

Please contact Betsy Baumbach if you would like to offer a song.

More About Kendal's Residents





Margaret and John McBride

Margaret:

I was born at the end of WWII in Washington, DC, where my father had been activated from the Army Reserves to work in the Pentagon because of his knowledge of the Pacific Islands. He came from Northern Ireland on the *Lusitania* in 1914, when an aunt living in California sent him the ship's passage and offered to send him to UC Berkeley. My mother was from an old Vermont family, and I spent all my childhood summers there. Both of my siblings live there, so we head to Vermont several times a year.

Apparently from the age of four years, I said that I wanted to be a doctor when I grew up. My school years were in Cincinnati and then Mt. Holyoke College, graduating in 1967. I went to Case Western Reserve Medical School and within months had started seeing John. We were married right before second year and together finished there and went on through three years of pediatric training in Rochester, NY, and a three-year stint in the National Health Service Corps in McCormick, SC, where our two girls were born. In 1977 we moved to Boston for subspecialty training, mine in pediatric neurology at Boston City Hospital. Those were three tough years, which we managed with the help of a nanny.

Our work in pediatric subspecialties was hospital-based – for 19 years at the University of Rochester and 21

years at Akron Children's Hospital. It has been a privilege to be trusted by so many families to take care of their children – from premature babies through college-aged young adults. I have learned lots from these patients and families about humanity, perseverance, and faith. When I retired two years ago, I was ready to start indulging my interest in history, travel, music, and fellowship – for which our working years had allowed little time.

Since we loved visiting my mother and her four sibs in a CCRC in Vermont, seeing what fun they were having and what good care they got, we have long thought of making such a move ourselves. We had heard many good things about Kendal at Oberlin, and with our elder daughter and her family living in Lakewood, OH, we decided to sign up here. Our younger daughter lives in Princeton, NJ, and we have five grandchildren, ages 7 to 15. We love spending time with both families.

In addition to making new friends here we look forward to the many things to do at Kendal and in the area.

John:

I grew up in Lima, OH, with remarkable parents and between two remarkable brothers. After Lima Senior High and four years at Harvard, I entered Case Western Reserve Medical School in Cleveland. I quickly developed an attachment to a remarkable classmate, Margaret Coulter; we were married just before starting our second year. We both chose pediatrics and after graduation spent three years as residents in Rochester, NY. The Vietnam War led to alternative service in the U.S. Public Health Service: three years as a family doctor in McCormick County, SC, population 8,000. I cherish the memories of those years, including the births of our two daughters. Three busy years in Boston for

subspecialty training followed, mine in pediatric pulmonology. In 1980 we joined the faculty of the medical school back in Rochester, where we spent the next nearly 20 years. Among the fondest memories of those years was raising our daughters. Laura is co-chief counsel at MetroHealth in Cleveland and Lindy an associate professor of evolutionary biology and neuroscience at Princeton. Shortly after our daughters left home, we were recruited to join Akron Children's Hospital, where I spent the final 20 stimulating years of my professional career, by then in administration part of the time. It was an honor to care for children and their families with medical challenges. I also enjoyed research, medical writing, and training medical students, residents, and subspecialists. The coincidence of Covid and retirement has helped the transition to this next phase of life.

We love to travel. Over the years we had relatively prolonged stays in Crete and Uganda during medical school and, subsequently, in India and London, and shorter vacations in many interesting parts of the world. I have sung in various choirs. One exciting experience was performing Verdi's Requiem in Carnegie Hall 55 years ago with the Cleveland Orchestra chorus. For nearly 30 years we have spent one or two summer weeks at Chautauqua Institution in NY, a habit we hope to continue. I love to fix things, doodle, and occasionally sketch. I aspire to develop woodworking skills with appropriate support here at Kendal. I am looking forward to a modest garden. Most of all, I count my many blessings and, among them, the opportunity to join this exciting and caring community.

Movín', Movín', Movín'

Recent Moves -

Conrad and Lenée Owens from Sarasota, FL, in mid-October.

Bill Rush and Ellice Forman from Pittsburgh, PA, in late October.



A Look Back. Thirty years ago this November, the Kendal library committee was anticipating the arrival of shelving before they could sort and shelve the accumulated, donated books. The residents' newsletter that was to become *The Kendalight* noted that the committee wanted a collection that provided "a ready source of pleasure and a means of satisfying individual group curiosities and information needs at a general education nontechnical level." Bob Weinstock was the chair of the committee. (*The Ad Hoc Newsletter*, v.1, #1, Nov. 16, 1973)

A Medical Resource. The library provides space for various groups to share their concerns, thus fulfilling information needs that illustrate one of the goals of that first library committee. An example can be found in the KaO Resident Medical Resource that is located on the table in front of the library desk. Compiled and kept up to date by Deborah Gray, this notebook contains lists of categories and subcategories of medical conditions that residents have experienced, accompanied by the names of those residents who have volunteered to share their experiences and knowledge of those conditions.

Women of Mystery. The source of pleasure anticipated by the first library committee can be found in the mystery novels of two prolific women authors, Donna Leon and Jacqueline Winspear. Many of their novels are available in the library, but two memoirs now pro-

Virginia Erdy to a new room in Whittier in early October.

Roger Cooper to Jameson in early October.

Ron Kahn to Whittier in early October.

Upcoming Moves

Linda Triplett from Chicago, IL, in early November.

vide the background of their lives. Just released is the memoir of Donna Leon who recently celebrated her 80th birthday. Wandering through Life covers her early life in New Jersey, adventures abroad, and finally settling in Venice. Published in 2020, the memoir of Jacqueline Winspear, the creator of Maisie Dobbs, details her life in the English countryside post—World War II. The title is This Time Next Year We'll be Langhing. Both books are available in the library. ~Joan Long

Lorain County Racial Equity Center Open House and Town Hall Thurs., Nov. 16 - 5:30pm Elyria YWCA, 318 West Ave.

Join us for a 5:30pm open house, followed by a conversation with Elyria native Michael Bowen about the housing crisis and why solving it is crucial to dismantling systemic racism and supporting community revitalization. Sign up for Kendal bus.

Life-Long Learning Fall Classes at Kendal

These classes will be presented only in Heiser Auditorium. Doors will close at 10:35am, with no admittance after that. To register, please contact Kari Inglis (or Rebecca Cardozo, if so indicated). There is no fee.

Curating LGBTQ Art for Intergenerational Audiences. Tues., Oct. 31, Nov. 14, 21, 10:30am–12:00pm. Sam Adams, PhD, Ellen Johnson '33 Assistant Curator of Modern and Contemporary Art, Allen Memorial Art Museum, explores new acquisitions and upcoming exhibitions, sharing his expertise and soliciting the views and experiences of Kendal residents.

Session 1: 1900-1945: Trailblazers, Alternative Lifestyles, Expat Communities

Session 2: 1945-1980: Black Mountain College, Coenties Slip, and Queer Abstraction

Session 3: 1980-2023: Desire, Liberation, Survival, Visibility

Genetic Engineering. Tues., Jan. 17, 24, and 31, 10:30am–12:00pm. Yolanda Cruz, Professor Emerita of Biology at Oberlin College, presents a three-part course. The products of genetic engineering abound in many aspects of modern lives. What is the novelty all about? Why is the technology called "genetic modification" or "genetic engineering"? How do we assess the benefits of this technology, and what abuses should we be leery of?

Session 1: Genetically Engineered (GM) Products

Session 2: Why It's Called "Genetic Engineering"

Session 3: Pros and Cons of Genetic Engineering

Kendal Kryptogram #222 - by Nina Love

HG UEVA RUG TGRRZ RUOGMGY EVF ETTPOVR

RUG ANGER PVGY RP TXCKOS PLLOSG. ~ EGYPT

Solution to Kryptogram #221: "Autumn shows us how beautiful it is to let things go." ~ *Unknown*

Year-End Tax-Wise Planning \$\mart \text{Giving! Wed., Nov. 15 - 9:15am - Ed Center, Zoom}

CPA Vance DeBouter will offer the annual year-end tax planning program for Kendal. Vance's talk will be especially helpful to new residents. He will address current year changes as well as recurring year-end planning. The Zoom access code will be provided in Kendal's weekly news. It will also be available to stream on the KORA website until the end of March 2024. The printed text of Vance's talk is available upon request. For more information, please contact Tom Konkoly by phone or email.

Kendal Philanthropy Committee

Now is the Time! Consider a QCD from your IRA

Decide how much you want or need from your IRA. If it is less than your required minimum distribution (RMD), consider making a qualified charitable distribution (QCD) as your charitable donation this year. What would otherwise be taxable income (and perhaps raise you to a higher income tax bracket) becomes a charitable amount that will not be taxable to you. Check with your retirement plan custodian for more information.

| Example 1: Planning to use QCD before taking RMD from traditional IRA | | | | |
|---|----------|---|--|--|
| RMD for year | \$50,000 | | | |
| Needed for living expenses | \$45,000 | Taxable as ordinary income | | |
| QCD for charitable giving | \$5,000 | Removed from taxable income (may help donor avoid higher tax bracket) | | |
| Total taken from retirement IRA | \$50,000 | | | |

| Example 2: Taking Full RMD from IRA, then making QCD donation | | | |
|---|----------|----------------------------|--|
| RMD for year | \$50,000 | | |
| Needed for living expenses | \$45,000 | | |
| Full RMD taken | \$50,000 | Taxable as ordinary income | |
| Additional withdrawal as QCD from IRA for gift to charity. | \$5,000 | | |
| Total taken from retirement IRA | \$55,000 | | |

This article was developed by Tom Konkoly and Deborah Gray. Feel free to contact us for more information.

Kendal's Buddy System Needs a New Coordinator

Lynn Ayres has decided to step down as the coordinator of the Buddy System. We are grateful for her consistent work compiling the buddy lists and staying in



touch with the Area Coordinators. The position primarily consists of ensuring the Buddy lists are up to date and sent to the appropriate staff for their reference. It is an excellent way to get to know people and staff across the campus. If you are interested in learning more about this role, please contact Elizabeth Hole.

Mindful Mondays Lunch with Kim and Cyndi Mon., Nov. 13 - 12:00pm - Fox and Fell Den

Join Kendal Social Services Associates Kim Peters (440-776-5016) and Cyndi Moran (440-775-9813) for an hour of conversation and discussion while enjoying lunch. No sign-up required. **All are welcome.**

Predators of the Sky Lorain County Metro Park Wed., Nov. 8 - 1:30-3:30pm

Learn why raptors and other birds of prey are the masters of the sky. Focus will be on hunting strategy and other raptor adaptations, including experience with natural artifacts and live animal demonstrations by Carlisle Raptor Center ambassadors. Cost: \$5.00 (bus and park fee). Make check out to KORA; place in Box #93 by Nov. 5.



Kendal Bus to the Allen Thurs., Dec. 14 - 1:30pm



Curator-led tour of Anna Van Mertens/ Henrietta Leavitt: A Life Spent Looking.

BIG BUS to Cleveland Museum of Art Fri., Jan. 5, 2024 9:30am-3:30pm



To reserve a bus seat, place \$35.00 check (made out to KORA) in mailbox #93. No refunds after Dec 5.

Questions? Ask Gerry Findlan.
To buy exhibit tickets, see
www.clevelandart.org/exhibitions.

Bulletin Boards R Us!

Here are some tips about two bulletin boards across from the metal mailboxes.

- Categories include Personal, Events, and Town & Gown.
- **Information** is designed for three kinds of viewers: *streakers*, *strollers*, and *studiers*. Which are you?
- Odd 3-D items point to same or next day happenings.
- **Big print titles** are in approximate order according to dates.
- **Fine print** is generally posted lower in height.
- Blue notebook has second posters for low vision or viewing positions.
- **Pink notebook** has some day trip information. ~ *Dorothy MacIntyre*

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From the John Bartram Arboretum Collaboration With Oberlin Community Services

The John Bartram Arboretum, the Kendal at Oberlin Grounds Department, and the KORA Horticulture Committee are working with Oberlin Community Services to establish a beautiful area outside the entrance to their new building serving the broader Oberlin area.

First, the Grounds Dept. worked with OCS's new gardener Henry Yeager to weed and prepare beds for new plants, using motorized machinery (which non-staff should not be using).

Cost of the new plants, all native with edible and/or medicinal properties, was covered by the Horticulture Committee and the John Bartram Arboretum Committee. They were pur-

chased, brought to OCS, and then planted by KaO staff, residents of Kendal, and OCS staff working together. Our Grounds Department's time was donated to Oberlin Community Services by Kendal at Oberlin.

"OCS is so grateful to Kendal for your help making the entrance area of our new space beautiful and welcoming! The use of native and edible plants supports OCS's cornerstones of food and sustainability, and will serve as great educational outreach. Thank you for your generosity and service," wrote Margie Flood, Executive Director of Oberlin Community Services.

We at Kendal found much joy in doing this together. What a wonderful collaboration with an important service agency in our community!

> ~Anne Helm for the Arboretum Committee



New Building Where Plantings Are Being Placed.

Rachel Duncan, Horticulturist for Kendal at Oberlin, with Henry Yeager, Grounds Staff for OCS.



Photos: Contributed by Rachel Duncan.

Are You a Former Peace Corps Volunteer?

Join us in the Den for dinner on Wed., Nov. 15, 5:30pm. Nan Holben and Sharon Furrow are organizing a gathering for our Kendal returned volunteers.

Supporting Friends

Members of Supporting Friends visit residents in Stephens who might need a little extra attention. Each month, KaO Social Services provides a list of Stephens residents who could use a visit. At this time, members do not attend meetings – they just receive the email list. If you would like to join Supporting Friends and receive the information about who you might want to visit, contact Elizabeth Hole.

Wheelchair and Walking Partners (WWP)

What we do: We make sure that those who live in Stephens Care Center may attend any and all events that they choose. Some can get there under their own power. Others need assistance, and that's when WWP are involved.

What a partner does: If you have the strength to push a wheelchair, you attend a 20-minute training on safely pushing a person using a wheelchair and how the footrests and brakes work. If you don't have the strength but want to help, you walk with someone who might otherwise get lost. In either case, you accompany the person to the event and sit with them, then return to SCC with them after the event (or during if they need to leave early).

How it works: You receive an email a few days before each major event, asking if you are available. If you are, respond "yes" by email and go to SCC at the time requested (usually about 30 minutes before an event begins), then push or walk with your partner to and from the event. Each event engenders a new request and you respond separately to each one. Thus you can join us even if you will be available only occasionally. And no meetings! Need more information or want to join us? Contact Sandi McClennen.

KENDAL RESALE SHOP

Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities

SHOP!

Wednesday–Saturday 11:00am–5:00pm (closed Sunday–Tuesday)

DONATE!

Bring your donations of clean, gently used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

Given to RAF, year to date:

Total contribution: \$31,053.

Threads: Drop Off or In Person in the Craft Room Thursdays - 11:00am-12:00pm

We do simple sewing jobs for residents only. We shorten pants, sew on buttons, patch holes, sew up seams, and mend toes of socks. Bring your clean, bagged items to the Craft Room anytime, place them on the table, and fill out the required work order form located on the clipboard.

Violins and Hope: From the Holocaust to Symphony Hall Thurs., Nov. 16 - 7:15pm - AUD, KOTV

Daniel Levin, Associate Professor of Photography at Cuyahoga Community College, is a photographer, curator, and conceptual artist who has chronicled the work of Amnon Weinstein, the renowned Israeli master violin maker. Weinstein had a vision many years ago to restore violins that survived the concentration camps and ghettos of World War II, even when their owners often did not. His "Violins of Hope" project is a creative approach to understanding the Holocaust and how one heals from such pain and loss.

In his book, Professor Levin, through hauntingly beautiful photographs and compelling text, depicts Weinstein's workshop in Tel Aviv, his one-of-a-kind collection of violins that survived the Holocaust, and his artful process for restoring them. Weinstein received an Anne Frank Special Recognition Award.

Having "The Conversation" Mon., Nov. 13 - 10:30–11:30am, or Fri., Nov. 17 - 1:30–2:30pm, Education Center Training Room

A gift each of us can give to family and friends is to tell them <u>now</u>, with specificity, what you want at the end of your life. But starting the conversation can be difficult. KORA's Thoughtful Medicine Committee has planned two workshops to help you decide how to have "the conversation" with your family and friends during time together as we approach the holidays. Sign-up forms are by the open mailboxes. For more information, contact Elizabeth Hole or go to this website: theconversationproject.org.

Garrison Keillor: 50th Anniversary of A Prairie Home Companion Sun., May 26, 2024 - 7:00pm - Akron Civic Theater

This 140-min. program celebrates the Last Live Radio Variety show. Enjoy Garrison Keillor's stand-up on the beauty of being 80, popular comedy sketches (like *Guy Noir, Private Eye*); entertaining musical performances, and the latest News from Lake Wobegon. Ticket is \$55. Interested? Contact Gerry Findlan.

Off-Season Saturday Walks Let's Dance!

Those desiring to walk off the Kendal campus should meet at the Heiser Reception Desk at 9:00am every Saturday. We will decide whether to walk that day (weather permitting) and carpool to the destination. The walks are leisurely, 1-3 miles, and generally scenic.

Table Tennis Hours

Come and play on Wednesday, Friday, and Sunday, 10:00am to 12:00pm in Heiser Auditorium. **All are welcome!**

~Sidney Rosenfeld, Sports and Recreation

English Country Dancing

Sundays - 7:15pm Heiser Auditorium Contact: Judy Cook

Line Dancing

Mondays - 4:15pm Heiser Auditorium Contact: Dan Reiber

Square Dancing

Tuesdays - 4:00pm Heiser Auditorium

Contact: Donna and Larry Steele

2023 KaO Budget Meeting

• Mon., Nov. 20 - Final Budget Meeting with Residents, 4:00pm, AUD, Zoom, and KOTV. ~Ann O'Malley, CFO

Church Services

First Church in Oberlin, UCC Sun., 10:00am, WSCC

Oberlin Friends Meeting Sun., 10:30am, Ed Center and Zoom

Oberlin Unitarian Universalist Fellowship

Sun., 11:00am, Zoom

Roman Catholic Mass St. Patrick's Cathedral, NYC Sun., 11:15am, WSCC

Christ Episcopal Church Sun., 12:30pm, WSCC, YouTube

Catholic Communion Service Sat., 3:30pm, Green Room



Event Links

- For "inside Kendal" program links, contact Carol Harvey.
- For "outside Kendal" community cultural and educational ad hoc events, contact Barbara Gordon-Lickey.

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Assn. 600 Kendal Dr., Oberlin, OH 44074 Managing Editor: Elizabeth Aldrich Associate Editor: Suzanne McDougal Proofreaders: Barb Benjamin, Anne Martin, Polly McIlrath, Mary Simons Profile Photos: Sally Nelson-Olin

- Deadline for the December 2023 issue of *The Kendalight* is November 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: klite600@yahoo.com
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



The dining staff has made some big changes in our dining service, responding to resident preferences.

Coffee Machine. There is a sophisticated new coffee machine in the Langston. If you want a fancy coffee or very fine cocoa, try out this new machine. If you are looking for decaf coffee or are happy with a smaller cup of coffee or hot water for tea, turn to the old faithful pots. But if you are trying cappuccino, mocha blend, espresso, or latte, try the new machine using a compostable cup. Not surprisingly, these larger cups of coffee cost more, \$1.25.

Langston Open Longer. As of October 30, the Langston is open pretty much all day. It will remain open all morning so that coffee will be available as well as muffins and scones. A staff member will be on duty to sell these items. We are welcome to enjoy the Langston seating all morning.

Lunch service will be from 11:30am to 1:30pm, as usual. But now the Langston will not close at 1:30pm. Soups,

salads, and desserts will continue to be available through the afternoon.

Take-out in Langston Only! Also as of October 30, from 4:30 to 6:30pm, take-out meals will be available in the Langston only.

Remember, if you want to take your meal home, go to the Langston between 4:30 and 6:30pm. If you want to be seated for dinner, go to the Fox and Fell between 5:30 and 7:00pm.

The dinner service in the Fox and Fell begins at 5:30pm since the servers will be busy dealing with take-out orders in the Langston before then. We hope that dividing take-out service and table seating will eliminate the confusion at the Fox and Fell door and bring more order to the dining scene.

Adjustments? Some small adjustments may be needed to the schedule once we find out how this works and how popular the longer Langston hours and broader food availability turn out to be. Let's see how it works.

~Barbara Pierce, Chair, Dining Matters

Please Keep Track of Your Volunteer Hours!

Each Fall, the Volunteer Clearing House Committee reminds us to get ready for our annual collection of resident and staff volunteer hours.

In 2022, more than 55,000 hours of volunteer service were provided by residents and staff, both here at Kendal and in the wider community. In January, you will receive a form in your open mailbox asking you to report the hours you have volunteered in 2023. When you receive your form, please return it promptly to Box 121. A copy of the form will also be posted on the Volunteer Bulletin Board. Questions? Place them in Box 93 or Box 121.

~Volunteer Clearing House Committee

Suggestions and Concerns Mon., Nov. 13 - 2:00–3:00pm Crossroads Room

This committee will listen to your suggestion or concern in confidence (and privately, if you wish), discuss it with you, and refer the matter to the appropriate department head or committee chair. Contact: Rich Hall, chair.

Newcomer Introductions Wed., Nov. 15 - 4:00pm - KOTV

Don't miss this opportunity to become better acquainted with your new neighbors! ~Sharon Furrow

Thanks from the Floral Creations Committee

We wish to thank the many residents who contributed flowers to the arrangements in Heiser from May through October. Your unprecedented generosity made it possible to keep Heiser looking beautiful for all of us and our many visitors. Thank you ever so much!

~Anne Wardwell

Grief Support Group Tues., Nov. 28 - 10:00am Green Room

Facilitated by Melissa Thompson, LSW. Psychologist Indira Palekar offers the

Cognitive Issues Discussion Group Fri., Nov. 24 - 10:30am Ed Center Training Room

All are welcome. ~Carol Bojanowski

IN MEMORIAM

Lois Wolfe October 9, 2023

Centering With Indira Palekar Mondays - 11:00–11:30am Zoom and WSCC

Psychologist Indira Palekar offers the Kendal community a time to reflect on suggested topics. Contact Kim Peters (kpeters@kao.kendal.org) for the Zoom link.

Solo Diners Tues., Nov. 28 - 5:30pm - Den

Join solo Kendal residents monthly for dinner and conversation in the Den. There is no planned agenda – just informal sharing. Sign-up sheet will be posted by the open mailboxes.

Where to Find Contact Info

- Kendal at Oberlin Directory, printed and distributed in February.
- **KaO PDF Directory**, distributed via email to all residents.
- Bulletin Board, near photos of new residents. Make these corrections and additions to your printed directory.
- Online Resident Directory, in the KORA website (www.kaores.org). Click "Directory" under the "People" tab. You must be logged in for access.