



Kendal at Oberlin Residents Association

October 2013

Volume XX, Number 10

Kendal at Oberlin's Legacy

A score of years has come and gone --
the heritage of KatO:
what once was planted at the dawn
and watered, nurtured, urged to grow,
has risen from the fertile soil
of thoughtful, kind, creative minds,
and ranks of those content to toil
for greater good (the nobler kinds
of selfless acts which give the gift
and also bring the giver joy).
Then let's join voices to uplift
the practices that we employ,
the values which set us apart:
community, integrity,
the bonds of friendship from the heart;
the care that maintains dignity
when loss of health and mind converge;
the growth and learning coming where
fresh opportunities emerge;

a wholesome openness and care
where all are welcome with respect;
with soundness in financial plans,
as quality and care connect.
So put together both your hands
and let's applaud all that's been done:
the venues that help keep us fit,
activities we do for fun,
the work and time that we commit
to educate and build new skills;
the wonderful environment,
and stewardship which that instills.
Through all of this development,
where bricks and lives and values met,
the dreams became reality.
To sum it up the best way yet,
one word stands out: Vitality!

*- a tribute by Kendal at Oberlin
resident Don Parker*



KatO 20th Anniversary: Create, Participate, Celebrate, Anticipate

Thanks to the hard work of an incredible team of residents and staff, KatO has made it to the grand finale of our 20th Anniversary celebrations! We've all picked up a copy of Dick Baznik's "The History of Kendal at Oberlin," chosen our favorite Anniversary Punch, enjoyed the Anniversary Musical Revue (while

admiring Bob Cothran's anniversary backdrop), and checked out the Heiser memorabilia shelves and the Kendal Photo Retrospective in Friends Gallery. We will kick off October by building our "Kendal Family Tree," using the "leaves" provided by Kendal's Diversity Awareness Committee. Details will

appear in your open mailboxes soon. We'll celebrate together at the anniversary reception and dinner on Friday, October 4, then attend the Anniversary Symposium on "The Future of Affordable Health Care in an Aging Population" at Warner Concert Hall on Saturday, October 5. The Symposium will also be streamed live to Heiser Auditorium. And don't miss Don Parker's play, "Pleasant Ponds," on Saturday, October 12. A special treat will be an anniversary retrospective issue of *Eureka!* due out in mid-October.



KNOW YOUR KORA COUNCIL

I've just read "The History of Kendal at Oberlin." What a story!

All Kendalites join me in great thanks to Dick Baznik for completing this task. And thanks to John Elder for getting the process started two years ago. And to the committee that reviewed plans and drafts: Connie Boase, Martin Davidoff, John Elder, Thelma Morris, Dina Schoonmaker, Priscilla Steinberg, and Don VanDyke. And to all residents and staff who, from the beginning, have created such a vital community that it's easier to write a good story.

If you've not yet gotten your complimentary copy of the book, or want to order extra copies (\$10 each), leave a note for Priscilla Steinberg.

What fun we all had at the Musical Review on September 21! Thanks from all of us to Carol Longsworth, Ruth Ann Clark and others for its creation, and to Helen Taylor, George Hannauer, the Kendal Anniversary Singers and the Stephens Care Center Bell Choir for such a delightful performance. Kendal at Oberlin's 20th Anniversary Celebrations will climax this weekend, as noted on the front page and elsewhere in this *Kendalight*. Be sure to take part!

KORA's newest committee, the Slow Medicine Review and Oversight Committee, has begun to plan ways to help Kendalites and their families better understand and practice Slow Medicine approaches to health care. They will encourage residents to consider end-of-life choices, to visit with their families as well as Kendal staff about their

Contributions toward the **2014 KORA budget** are running a little behind a year ago. To date (9/26), 131 individuals have contributed \$16,715 toward our goal of \$28,500. If you've not yet contributed, and are able, put your check to KORA, in the marked box on the Heiser Reception Desk by October 11.

options, and communicate relevant decisions to both. They will encourage residents to build an advocacy team which may include other residents or close friends to support their decisions, especially in emergency situations.

The Committee will build a modest library of relevant books, articles and videos to stimulate conversations about Slow Medicine options and decisions. They may initiate conversations, formal or informal, among residents, and schedule occasional programs or speakers (such as a program focused on recognizing developing dementia and supporting affected families). They will explore a regular presence in *The Kendalight*. In these efforts, they expect to engage and cooperate with Kendal staff, relevant Board Committees, and ongoing related KORA committees such as Care and Nurturing and *Health Care Newsletter*. -Don Reeves, KORA President

Fall LifeLong Learning Classes in Heiser Auditorium

News & Views. Major foreign affairs topic taken from the latest "Great Decisions" briefing book published by the Foreign Policy Assn. Discussion leaders and topics on first Fridays, 10:30am to noon: Ira Steinberg, NATO, **Nov. 1**; Robert Randel, Threat Assessment, **Dec. 6**. No fee.

The Poem in the Museum. Studying a poem in the presence of a painting, and the other way around, allows us to see each of them more richly. Connections of subject matter, style, form and context are explored using works from the Allen Memorial Art Museum in a powerpoint presentation. Nicholas Jones, Professor of English, Oberlin College, Mon., 10:30am to noon, **Oct. 7, 14 and 21** (3 sessions). Fee: \$20. (class # 5003)

Opera Preview: Hansel und Gretel by Engelbert Humperdinck. Popular opera taken from the Grimm fairy tale with music based on folk tunes will be sung in German with English subtitles. Performances in Oberlin College's Hall Auditorium start Nov. 6. For our preview, Oberlin Opera Theater Director Jonathon Field with students singing excerpts, on Wed., **Oct. 30**, 4:00 to 5:00pm (1 session). No fee or registration.

How Geology Influenced the War of 1812: Battle of Lake Erie. Construction and deployment of Commodore Perry's vessels of war were at Presque Isle, PA, and linked to geologic processes which confronted him with problems that still perplex us today. Also some new concepts of how Lake Erie came into being. Charles D. Herdendorf, Professor Emeritus of Geological Sciences, The Ohio State University. Thurs., **Nov. 7**, 10:00am to noon (1 session). Fee: \$10. (class #5004)

Registration forms are available in brochures near the bulletin board in Kendal. For more information, call 366-4148; to register by phone, call 366-4067.

**BUDGET UPDATE
FOR RESIDENTS
FRIDAY, OCTOBER 11
10:00AM - AUDITORIUM
ANN O'MALLEY**

**DISCLOSURE
STATEMENT
MONDAY, OCTOBER 14
4:00PM - AUDITORIUM
ANN O'MALLEY**

**COFFEE EXCHANGE
WITH
BARBARA THOMAS
FRIDAY, OCTOBER 18
9:30AM - LANGSTON**

PROGRAMS

LECTURES

**First Thursday Health Lecture:
October 3 - 7:15pm - AUD
“Pain Problems in Older
Adults: Why, How, When”**

Dr. Georgia Newman, Kendal at Oberlin's Medical Director, will discuss the pathophysiology of pain and treatment based on the mechanisms of injury.

**Third Thursday Lecture:
Oct. 17 - 7:15pm - AUD
“Behind the Scenes
but Ahead of the Curve:
Art Museum Conservation”**

Per Knutas, chief conservator of the Cleveland Museum of Art, was chief conservator at the Cincinnati Art Museum from 2009-2012 and worked at ICA Art Conservation in Cleveland from 2002 to 2008.

**Kendal at Oberlin Quarterly
Health Services Forum
Tues., Oct. 22 - 4:00pm - AUD**

Topics for our Quarterly Health Services Forum:

- Cleveland Clinic, Mercy and University Hospital updates.
- New Health and Wellness Clinic Staffing.
- The Role of the Hospitalist in the Hospital.

Oberlin College Convocation

**Define American: An Evening with Jose Antonio Vargas
Tues., Oct. 1 - 7:30pm - Finney - Free, no ticket required.**

A Pulitzer Prize-winning journalist who'd written for *The New Yorker*, *Rolling Stone*, *Washington Post* and more, Jose Vargas had a well-kept secret: Since age 16 he'd been living the life of an undocumented immigrant. Today he runs Define American, a non-profit group seeking to expand and elevate our national conversation on immigration. **Sign up for Kendal bus.**

TRIPS

**Lunch Bunch:
Vintage House Cafe, Avon
Wednesday, October 9**

The Vintage House Cafe began life as a local Avon doctor's office 70 years ago; in 2004 it was transformed into a cozy cafe with two comfortable dining rooms on the ground floor, and a tea room upstairs. The menu: soups, salads, sandwiches, paninis, wraps, along with daily specials and entrees; freshly baked cakes, pies and cheesecakes! Bus leaves Heiser at 11:30am, returning about 2:00pm. Bus charge: \$7.00. Place check to KORA for \$7.00 in Box #89 by Monday, October 7. Lunch at your expense. Sign-up sheet will be posted Tuesday, October 1.

**“Dirty Wars” Co-Producer to
Meet with Kendal Residents**

Anthony Amove (OC '91), co-producer of the new prizewinning documentary “Dirty Wars,” will meet with Kendal residents in the Fox and Fell Alcove at 8:30am on Saturday, October 12. Pick up breakfast in Langston if you choose. “Dirty Wars” follows investigative reporter Jeremy Scahill into the heart of America's covert wars and raises urgent questions of freedom, democracy, war and justice. The film will be shown in Oberlin College Science Center's West Lecture Hall at 7:00pm Thursday, October 10. **Sign up for Kendal bus.**

MUSIC

**One Man's Civil War: as told
through family letters, songs
and images from the time by
Kendal resident Judy Cook
Tues., Oct. 22 - 7:15pm - AUD**

Judy, in costume, will transport us back to the Civil War era, showing photos of the day, reading from family letters, and playing and singing songs that were written and sung then. Judy and Don Cook are new Kendal residents.



**Anniversary
Symposium**

**“The Future of Affordable Health
Care in an Aging Population”
Saturday, October 5
9:15am-12 noon; 2:00-4:00pm
Warner Concert Hall**

Please sign up on the sheet to car pool to Warner Concert Hall.

The Symposium will also be streamed live to Heiser Auditorium. It is sponsored by the Kendal at Oberlin Residents Association; the J. Milton Yinger Lectureship; and the Offices of the President and the Dean of the College of Arts and Sciences, Oberlin College.



**An Anniversary Play:
“Pleasant Ponds”**

**Saturday, October 12
7:15pm - Heiser AUD**

The last official event of our 20th Anniversary Celebration cycle is Don Parker's play, “Pleasant Ponds.” This comedic spoof of life in a retirement community (to remain anonymous under the pseudonym) has moments of tenderness and pithy insights. Eight of our KatO residents will assume roles that are fictitious but might seem vaguely familiar. Come and enjoy a light-hearted look at all of us through the eyes of any of us. “Pleasant Ponds” is directed by Don Parker.

Sunday Movies in Whittier at 7:00pm

Oct. 6 - Guess Who's Coming to Dinner (1967) - The attitudes of Matt and Christina Drayton (Spencer Tracy, Katherine Hepburn) are challenged when their daughter brings home a fiancé who is black. PG.

Oct. 13 - McLintock! (1963) - Cattle baron (John Wayne) spars with his feisty estranged wife (Maureen O'Hara) over custody of their daughter and plans for their divorce in this comic Western.

Oct. 20 - Radio (2003) - A high school coach takes a developmentally challenged man under his wing. PG.

Oct. 27 - Murder on the Orient Express (1974) - When his train is stopped by deep snow, famous detective Hercule Poirot is called upon to solve a murder that occurred in his car the night before. PG

Saturday Foreign Film October 19 - 7:15pm - AUD

Central Station (1998) Spanish with subtitles - Dora who writes letters for illiterate people at Rio de Janeiro's central railroad station feels compelled to help 9-year-old Josué find his estranged father after his mother dies. The drama follows the interplay between Dora and the boy during their journey to Brazil's remote northeast region. Their bonding grows stronger with each mile. Director Walter Salles' background as a documentary film maker gives this lovely film a strong sense of Brazil's improvisational rural landscape. R. *-Peggy Gordon*

Friday Opera DVD - October 11- 7:15pm - AUD

The Flying Dutchman - Wagner's opera tells the story of a man cursed to sail the oceans for eternity. The curse can only be lifted by the true love of a woman. This 1972 movie version stars Donald McIntyre as the Dutchman and Catarina Ligendza as Senta. The Bavarian State Opera production is conducted by Wolfgang Sawallisch. *-Allen Huszti*

Kendal's Art Gallery News

Kendal Gallery - Paintings by Cleveland artist **Rita Schuenemann** will be featured until November 10. Meet her at a reception in Heiser Lounge on Friday, October 18 at 4:30pm

Friends Gallery - "**Kendal at Oberlin through the Years,**" an exhibit of historical photographs, remains on the walls until October 31, offering fasci-

Congratulations Artists, Writers

In LeadingAge's statewide Resident Arts and Writing Forum on September 11, Eleanor Helper won 3rd place in Computer Art for "Atrium Reflection," and Paul Schwaegerle 2nd place for "Every Day Is Wash Day." Don Parker won 2nd place in Prose Fiction for "Tangles." Congratulations also to statewide entrants John Elder and Jane Hannauer whose works also were exhibited.

-Michelle Tarsitano-Amato, Thelma Morris

Saturday Night Movie Oct. 26 - 7:15pm - AUD

Moonstruck (1987) - Cher, Nicholas Cage, Olympia Dukakis, Vincent Gardenia and Danny Aiello star in this Oscar-winning romantic comedy with opera at its heart. A superstitious Brooklyn Italian widow who has "bad luck" worries about how to insure a better outcome for her next marriage. When she falls in love with the estranged brother of her hesitant fiancé, a romantic complication such as found in great comedic opera arises. Only going to the opera can avoid a sad ending. Best Original Screenplay by John Patrick Shanley; directed by Norman Jewison. PG. *-Diana Kahn*

nating depictions of the initial planning and construction of KatO as well as a look at the subsequent vibrant life of our extraordinary community.

Community Gallery - A display of both front and back covers of **Eureka!** ties in with the historical pictures of Kendal in the Friends Gallery. We are celebrating not only Kendal's 20th anniversary but also the 10th anniversary of **Eureka!**

-Nina Love, Joe Luciano, Marilyn Myerson and Robert Taylor

Salvation Army Needs YOU!

For the past 19 years, Kendal residents have been weekend bell ringers for the Salvation Army at IGA in the weeks before Christmas. All money collected stays in Oberlin to feed, clothe and house the transient in town and to help pay utilities. Last year close to \$20,000 was collected.

For many years, Martha Stacy was the coordinator, assigning Kendal residents to work in the lobby of IGA. But now Martha has retired.

Please help us help the Salvation Army:

- We need a resident coordinator.
- We need Kendal residents to volunteer for two-hour shifts to stay with the kettles over the weekends. Contact Joe Luciano (the man with the yellow Michigan hat).

Community Conversations: "Oberlin's 'Home Rule' Issue" Thurs., Oct. 24 - 7:15pm - AUD

Members of Communities for Safe and Sustainable Energy, including resident John Elder., look at the history and consequences of Issue #16, the proposed "Community Bill of Rights and Obligations" ordinance on the November 5 ballot. The ordinance prohibits corporations from engaging in "fracking" and related activities in Oberlin on the basis that the community has a "home rule" right to clean air and water.

Tuesday Tea at AMAM October 8 - 2:30pm

Sebastian Faber, Oberlin College Professor of Hispanic Studies and director, Oberlin Center for Languages and Cultures, will discuss his work on open access issues and the development of ObieMAPS. This online interface allows one to find connections between collections, courses, faculty members, and study away programs at Oberlin College and Conservatory through locations, time periods, themes and languages. No registration or fee; all are welcome.

News & Views

Thurs., Oct. 10 - 10:30am - AUD

The subject is Humanitarian Intervention and U.S. Policy, taken from the latest "Great Decisions" briefing book published by the Foreign Policy Association. Discussion leader is Ben Schiff, Oberlin College Professor of Politics. Sponsored by the Center for Life-Long Learning at Lorain County Community College; there is no registration or fee. All are welcome.

Genealogy Interest Group "Stories from Our Ancestors" Wed., Oct. 16 - 7:15pm - AUD

This season of genealogy programs will begin with presentations of special stories of our ancestors.

Among the stories to be told are: the convincing proposal for marriage by Sue Palmieri's grandfather to her grandmother; the legacy of Ed Schwaegerle's relative who was a 19th century barber; and the chilling story of Nancy Hultquist's direct ancestor who "died" as a young child. All are welcome to attend.

EUREKA! Is 10 Years Old

All Kendal residents are invited to the celebration of *EUREKA!*'s 10th anniversary on Monday, October 21 at 7:15pm in Heiser Auditorium. A special retrospective issue will be unveiled, sampling contributions from the past 10 years. We hope this inspires new residents to read back issues, and longer-term ones to revisit some of the amazing articles and art contained in the 28 issues published since May 2004. Members of the *EUREKA!* Board re-examined over 610 contributions from 152 residents and suggested art and writings to be included. Final decisions were made by the current and former Board chairs and editors. Come share in this happy occasion. After the presentation, pick up your own copy of this retrospective *EUREKA!* and enjoy punch and cookies with us.

OHC: Intellectual Triumvirate: A Look at the Alliance of James A. Garfield, Jacob Dolson Cox and James Monroe in the Ohio Senate Tues., Oct. 15 - 7:15pm - AUD

James A. Garfield National Historic Site Park Ranger Allison Powell and Site Volunteer Andrew Mizsak tell how these three progressive academics from northeast Ohio joined forces. Beginning in 1860, they would call from their desks in the Ohio Senate chamber for the abolition of slavery. Garfield, then on-leave Principal of the Western Reserve Eclectic Institute; Cox, former Superintendent of Warren Schools; and Monroe, Oberlin College professor, became the intellectual giants of the Ohio Legislature. Open to public.

First Thursday Evening Hours at Allen Memorial Art Museum Oct. 3 - 5:00-8:00pm

"Proper Women, Necessary Women:" Libby Murphy, Associate Professor of French, and Gregg Mattson, Assistant Professor of Sociology, will discuss the gender and sexuality roles evident in the 19th century prints in the exhibition "The Human Comedy." Lecture at 5:30pm. All are welcome.

Friends of Oberlin Public Library Book Sale

October 9, 5:00pm-8:00pm -

Friends Pre-Sale Night

October 10, 10:00am-8:00pm

October 11, 10:00am-5:30pm

October 12, 10:00am-5:30pm

October 13, 1:00pm-3:30pm

Free, except for Friends Pre-Sale (new members can join at the door). Most items \$0.50-\$1.00. Fri. aft.: \$5.00/bag. Sat.: All items half-price. Sun.: All items 10 cents. Electronic scanners are not permitted. Sponsored by the Friends of the Oberlin Public Library. Contact: Joe Luciano.



Vision Impaired

Monthly On-Line National Low-Vision Support Group

"Is the iPhone/iPad Right for Low-Vision Seniors?" Thursday, October 10 4:00pm - Green Room

Reading of *The Kendalight* Tuesday, October 1, at 11:00am in Whittier Lounge

Marie Evans reads the parts of *The Kendalight* which are important to you.

Call 775-9868 to hear announcements and menus of the day.



It's Not Too Late! You can still purchase a copy of "The History of Kendal at Oberlin" for \$10, payable to KORA by check or cash placed in KORA Treasurer's open mailbox. And you can still sign up to order 20th Anniversary T-shirts.

Welcome Kendal's New Residents



Kay Rider

Born April 5, 1938, in Pittsburgh, PA. I am the oldest of three girls. Attended graduate school at the University of Pittsburgh.

Lived and worked in the Northeast. Spent 30 years with the Department of Veterans Affairs in Medical Research, health science specialist. My two children and one granddaughter live in the United Kingdom. Retired to Vermont where I met and married John Rider. We spent 13 years in Green Valley, AZ. After John died I moved to Kendal at Oberlin. I enjoy traveling, reading, and volunteering

Upcoming Move-Ins

Heidi Leen - from Beachwood, OH, to a Kendal Apartment in early October.

Kathryn "Kathy" Reichard - from West Haven, CT, to a Kendal Apartment in late October.



Help Us Create the Kendal Family Tree

"Our Diverse Origins" is the theme for this year's Diversity Awareness Month, chosen by KatO's Diversity Awareness Committee to blend with our 20th Anniversary celebration. You'll receive a note telling us how together we will create a "Kendal Family Tree" on which each staff and resident will be represented by two different shades of green-colored "leaves." The final "tree" will show how we have come from different places and at many different times of life to join together to form our much-loved Kendal CommUnity!

The green paper leaves are available at the Heiser Desk and SCC Desk.

-KatO Diversity Awareness Committee

Cleveland Orchestra Sunday Afternoon S-1 Series

Many of you have renewed and already received your 2013-14 tickets for the Sunday 3:00pm concerts on October 13, December 1 and March 30. Sign-up sheet for the bus to Severance Hall

Recent Move-Ins

Dwight Call - from Milledgeville, GA, to a Kendal Cottage in mid-September.

James "Jim" and Linda Marshall - from Huron, OH, to a Kendal Cottage in early September.

Recent Transfers

Randi Hoffmann - from a Kendal Cottage to an Apartment at the end of September.

Alice Kohl - from an Apartment to Whittier in mid-August.

Len Singer - from Whittier to Patterson in early September.

is on the ledge opposite the mailboxes. Cost depends on the number of riders. To obtain tickets for this Sunday S-1 Series, call 1-800-686-1141 or go to clevelandorchestra.com. *-Joy Illig*

2013 Fall Watercolor Workshop

Interested in exploring watercolor painting techniques? Join the Fall Watercolor Workshop! It will meet on Mondays for ten weeks, Oct. 14-Dec. 16 from 3:00-5:00pm. All levels of experience, including beginners, are welcome. Call Don Parker or sign-up on the sheet on the shelf opposite the mailboxes. (Space currently available limits participants to ten.)

RAFF Shop Talk

Where you find Reasonably Assessed Finery and Furnishings

Recently a friend sent me a photo of a garage wall lined with boxes of "stuff." As I read the words below her picture, I understood that she was asking a question about the extent to which we are focused on holding on to all that we possess. Since RAFF deals with stuff, my response to her question is that we are indeed engaged with the possessions in our lives. Sometimes when we give away stuff that we have treasured and it goes to another person who will treasure it also, we experience relief.

We work to clear our spaces out of an affirmation of life and also out of the generosity of our hearts. This month I want to highlight the work of volunteer Jim Helm, who has been tracking the furnishings that are being left behind by the contractor in the cottages being remade, things that have value for RAFF and also potentially for Habitat for Humanity. He has enlisted support from his woodshop colleagues as well. As stewards of all that we have (earth, resources, stuff), we are reusing before we recycle. This is a winner for all of us and the environment in which we live. Thank you, Jim!

Receipts for the month of August were \$1,667. Thanks to ALL the volunteers -- workers and givers -- who make the RAFF possible.

-Ruth Ann Clark, RAFF Chair

Time for Your Flu Shot

Flu vaccines will again be available for Kendal at Oberlin residents and staff in October. All vaccines will be given in the Heiser Lounge. Please wear short-sleeved clothing. No appointments are needed during these hours.

Monday, Oct. 14: 10:00am-noon; 3:00-5:00pm

Wednesday, Oct. 16: 10:00am-noon; 3:00-5:00pm

Watch Channel 19 for other dates.

-Ebony Baker, HWC Coordinator

Computer Users Group “VirtualBox Virtualization” Tues., Oct. 29 - 7:15pm - AUD

Virtualization is the ability to run multiple operating systems as “guests” inside your existing operating system. Neil Higgins, Information Technology Dept. Head, Ohio Business College, Sheffield Village, OH, will demonstrate a running installation of VirtualBox, along with the installation of a Linux guest system inside VirtualBox on a Windows 7 system. VirtualBox is a cross-platform virtualization application. What does that mean? For one thing, it installs on your existing Intel or AMD-based computers, whether they are running Windows, Mac, or Linux operating systems. Second, it extends the capabilities of your existing computer so that it can run multiple operating systems (inside “virtual machines”) at the same time. For example, you can run Windows and Linux on your Mac, run Windows on Linux, run Linux on your Windows PC, and so on, all alongside your existing applications. You can install and run as many virtual machines as you like – the only practical limits are disk space and memory.

IN MEMORIAM

**MARY ASHBROOK
SEPTEMBER 2, 2013**

**RUSSELL “RUSTY” LONG
SEPTEMBER 2, 2013**

**EVA STUNKEL
SEPTEMBER 12, 2013**

**HOWARD SCHWARTZ
SEPTEMBER 15, 2013**

**GEORGE BENT
SEPTEMBER 17, 2013**

All About the KatO Woodshop

The Kendal at Oberlin Woodshop has been an important part of Kendal since inception. Planning was begun in 1993 shortly after Kendal opened, and within six months a room had been found and equipped with several work benches. A life membership was established with a \$20 fee. Major power tools have been donated to the shop, as well as hand tools, which can be used in the shop or borrowed by members for use elsewhere. An efficient exhaust system has been installed by one of the residents. From the start the Woodshop provided space and tools for members to create their own projects and to build or repair items for other residents. By September 1994 a policy was established to charge a nominal hourly fee plus material costs for Woodshop services, with the proceeds going into a Woodshop fund to be used for purchasing new tools and supplies. Uncounted closet shelves and bookshelves were built for residents.

The Woodshop was expanded in 1996 to include a room to the north for finishing work free from the sawdust of the shop. Woodshop members built the new room, providing two benches, storage shelves, and a lumber crib. The expansion also included substantial improvements in the original shop to supply power to the many pieces of equipment then not near any outlets. In 2014 the Woodshop will expand to encompass the room currently used by Channel 19 which will get its own new facilities. This room will become the finishing (paint) room, and the former finishing room will provide space for

some of the power tools, thus relieving dangerous congestion in the main shop. Here are some of the projects completed by Woodshop members: work areas for the Craft Room and a dark-room for photographers; dry sinks and cabinetry in the Horticulture Room; shelves, a new counter and paint for the gift shop; an audio-visual cabinet, stage stairs and flag stands for the auditorium; a magazine rack and bookshelf for the Library; a desk for the Computer Group; “You Are Here” directional signs; the Courtyard Garden gazebo and potting bench; a rabbit hutch, outdoor deck and signage for the Kendal Early Learning Center; picnic tables rebuilt for Facility Services; croquet, horseshoe and shuffleboard courts; a miniature golf course; benches for pathways; a path in the woods by Green Pond; bluebird houses for nest box trails; many closet shelves and bookshelves built for residents; and uncounted repairs to community and resident property as well as to contributions for the RAF. Woodshoppers touched up woodwork in Heiser and SSC; refinished the library desk and the top of Conference Room table; cleaned and touched up dining room chairs and replaced and sanded chair glides for the Fox and Fell; touched up the auditorium chairs and library chairs; refinished benches annually throughout Kendal; stained the Courtyard Garden Gazebo; repaired various bridges. The Committee also built a tool shed for Pleasant School; stilts for the Heritage Center’s children’s programs; signs for the Oberlin Early Childhood Center; renovated equipment for the “Safety Town” program; and a wheelchair ramp for an Oberlin resident. *-Jim Helm*

Kendal Kryptogram #104 -by Nina Love

ELLVKAT RUDV LA YOKATZ, YOG JKGH

UEHUFZ KWRPLJGZ. -HUEY VGEEF

Solution to Kryptogram #103: “Choose a job you love, and you will never have to work a day in your life.”
-Confucius

Take a Trikers-Bikers Ride on October 19

If you have a cycle of some sort, you might like to try a trip to the trail! On a hopefully, nice fall day in October, we want to gather Kendal cyclists for an outing on the Oberlin section of the North Coast Bike Trail. We may strive for two groups starting out together: a less ambitious (few miles) and a more ambitious (10-15 miles). This is an exploratory venture for interest's sake, as well as for exercise. We will ask those interested to sign up on the Activities Board for a present -- or a future venture.

Hoping for temperatures of 55-80 F (and a dry day), we will plan on Saturday, October 19 as our first choice. Rain date: Sunday, October 20. Meet at KatO apartment parking lot at 2:30pm. Questions? Call Joyce Parker.

Ping Pong (Oops!), Anyone?

New residents who've been chided for uttering the p-word -- it happened! -- may relax: The language code has been revised. Henceforth, it's permitted to say "ping pong" if one is: a) referring to the sandpaper-paddle game one played in the garage with Uncle Henry as a kid; or b) using the term humorously: ("No need to call 911! It's just a little ping pong ball!") Better yet, join us for our three-times weekly morning sessions and advance from ping pong to table tennis with lots of friendly help.

During August, we averaged 10 players daily per session, and in late September we were holding well to that average.

Two residents who just thought to peek in wound up enjoying themselves at the table. It could also happen to you. Stop by! Watchers, too, are always welcome.

*-Sidney Rosenfeld, Chair
Sports & Recreation Committee*

Looking for a Volunteer Post?

The Kendal Volunteer Committee is anxious to help residents find the volunteer position that will fit their unique skills and interests.

There are several new volunteer openings -- please check the Volunteer Bulletin Board in the West Corridor, just before the Kendal Early Learning Center. We will post volunteer requests there. Or call Anne Elder.

And remember! Keep track of your volunteer hours for our report at the end of the year when we'll tally the hours for 2013!

Saturday Park Walks

Oct. 5 - No walk today because of 20th Anniversary Symposium

Oct. 12, 9:00am - Oberlin Town Walk, led by Martha Stacy.

Oct. 19, 9:00am - French Creek Nature Center.

Oct. 26, 9:00am - Carlisle Duck Pond. The Halloween decorations are a visual treat!

We're approaching the end of the Saturday Park Walk season. Please join us at the Heiser Reception Desk at the times listed to car pool. Questions? Contact Jerry Berner.

Kendal UU Gathering

**Wed., Oct. 16 - 4:15pm - AUD
"Feeding the World"**

Speaker: Oberlin College Associate Professor of Biology Marta Laskowski. All are welcome!

RELIGIOUS SERVICES AT KENDAL

Episcopal Service

Holy Communion, Saturday, Oct. 12, 11:00am, CAR.

First Church Service

Sunday, October 20, 4:00pm, CAR

Roman Catholic Mass

Friday, October 18, 10:00am, Crossroads Room.

Society of Friends

Sundays, 10:30am, Whittier.



Bridge Results

Mondays: Aug: 26: 1st, Helen Randel; 2nd, Eileen Dettman.

Sept. 2: 1st, Eileen Dettman; 2nd, Mary Beth McCalla.

Sept. 9: 1st, Bill Schreiner; 2nd, Eileen Dettman; 3rd, Connie Bimber.

Sept 16: 1st, Eileen Dettman; 2nd, Cathy Fauver; 3rd, Nancy Beauchamp.

Sept. 23: 1st, Carol Ganzel; 2nd, Helen Randel; 3rd, Connie Bimber.

Wednesdays: Sept: 4: 1st, Cate and Paul Schwaegerle; 2nd, Ed Schwaegerle and Cathy Fauver; 3rd, Russ and Connie Bimber; 4th, Warren Wickes and Harvey (the invisible rabbit).

Sept. 18: 1st, Helen and Bob Randel; 2nd, Ed Schwaegerle and Cathy Fauver; 3rd, Russ and Connie Bimber.

In the Cardinal Shop Now

The 2014 monthly planning guides are on our shelves. Now called Monthly Monitors, these calendars provide plenty of room to write each day's activities. The Cardinal Shop hours are 10:30am-1:00pm Mon-Thurs., and 10:30am-3:00pm Fri. Stop by!

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Association, 600 Kendal Dr., Oberlin OH 44074

Consulting Editor: Robert Baldwin
Managing Editor: Elizabeth Aldrich
Proofreaders: Joanne Busiel, Mary Simons
Photos: Eleanor Helper

Production: Don VanDyke

Deadline for the November 2013 issue of *The Kendalight* is October 15. The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles by email to our address:

Klite600@yahoo.com

If no email access, please type article on separate sheet (NOT on room request form), sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number.



Dining and Nutrition Services

20 Founders Reception and 20th Anniversary Dinner

Kendal at Oberlin's 20th Anniversary Dinner celebration will be held on Friday evening, October 4. The Founders Reception begins at 4:00pm in the Heiser Auditorium.

Oberlin College President Marvin Krislov will speak: "Kendal and Oberlin: A Perfect Fit." Then appetizers will be served to everyone in Heiser Lounge. After the Reception, a celebratory special menu, offering full waited service, will be served in all dining rooms.

MEET, GREET AND EAT Monday, October 28, 5:30pm

Meet, Greet and Eat returns to give Kendal residents the opportunity to share a meal with other residents with whom they don't usually eat.

Just sign up in advance, come to the Heiser Lounge at 5:30pm and draw a number which will correspond to your table in the Fox and Fell or William Penn Room, where you will meet your tablemates. You get your meals as you usually do, either by ordering from the menu or going to the buffet. Sign-up sheets for Meet, Greet and Eat will be posted below the open mailboxes on Monday, October 21. Usual dining options in Langston and the Fox and Fell will be available for those who do not wish to participate. Do join us -- and don't forget to wear your name tags.

-Sheila Eckstein, Gaye Laurell and Priscilla Steinberg

First Church United Fellowship Saturday, Oct. 12 - Penn Room

9:30am - Conversation and goodies
10:15am - **Matthew Gerhardt**, new First Church organist, will speak on the "The Life of an Artist Diploma Student at Oberlin Conservatory of Music."

There will be time for questions; since he is new in town, he may have questions for us. **All are welcome!**

Watch for the Sign-Up Sheets

Solo Diners: Thurs., Oct. 10, 5:30pm, The Den (second Thursday)

SPINACH: Wed., Oct. 23, 5:15pm, Penn Room (fourth Wednesday)

Bird Feeder Guidelines

Some of our residents fill the bird feeders for people in the Stephens Care Center. This step was recommended as a way to help alleviate depression. As Chair of the Care and Nurturing Committees, I have become involved and learned that:

- No bird feeders will be placed in the Courtyard Garden.
- The bird feeders in the Greenleaf Garden will use only black oil sunflower seeds.
- We are asked not to use thistle seeds to fill the feeders. The thistles that germinate have prickles and are difficult to pull up. This is true not only for the Facility Services staff but also for our own resident gardeners. Recently one of the Stephens Care Center residents tried to pull up some weeds that had grown in a pot in Greenleaf Garden and ended up in our clinic because of the thistles.
- Our volunteers do not want to use irradiated seeds. They do not germinate but irradiated seeds may be bad for the birds.

-Connie Bimber

Oberlin Candidates to Speak at First Church on October 15

The 2013 Oberlin Community Candidates Night will be held at First Church Meeting House on Tuesday, October 15. Refreshments will be served at 6:30pm, followed by the gathering from 7:00-9:15pm in the Meeting House. Come hear City Council and Oberlin School Board candidates and be informed!

Sign up for Kendal bus.

Vote on November 5, 2013 !

Election Day, November 5, is just around the corner. The deadline to register in Ohio is October 7 and absentee ballots will be available after October 1. They should be returned to the Board of Elections by the end of October to ensure being counted. Forms for both are available in the Kendal Library.

Voters will select all seven members of the Oberlin City Council and three on the Board of Education (two have ongoing terms) plus an uncontested race for Judge of the Oberlin Municipal Court.

The issues on the ballot are: Oberlin City:

#15. INCOME TAX RENEWAL: 1/5% for OPERATING AND CAPITAL IMPROVEMENTS for 5 years

#16. INITIATIVE PETITION: BILL OF RIGHTS

#34. PUBLIC LIBRARY RENEWAL: 1.5 mills for Current Expenses for 5 years

Lorain County:

#1. SALES AND USE TAX INCREASE: 1/2 of 1% for 3 years

#2. COMMUNITY COLLEGE RENEWAL with INCREASE: 2.1 mills for Current Expenses for 10 years

The League of Women Voters of the Oberlin Area will provide information on all the candidates and issues by early October.

SUN	MON	TUE	WED	THU	FRI	SAT
<h1 style="text-align: center; color: red;">October 2013</h1> <p>Tuesday Meditation - 2:30pm WHT</p> <p>Wed. Morning Conversations Group - 10:00-11:00am - WHT</p> <p>English Country Dancing Sundays, 7:15pm, AUD</p>		1 Reading of Kendalight 11:00pm - WHT OC Convocation: Jose Antonio Vargas 7:30pm Finney 🚌	2 Pairs Bridge 7:00pm AUD	3 Thursday Lecture 5:30pm AMAM Health Lecture: "Pain Problems in Older Adults" Dr. Georgia Newman 7:15pm AUD E. Lilleslatten, violin E. Goldstein, viola 8:00pm Kulas 🚌	4 Kendal 20th Anniversary Founders Reception and Dinner 4:00pm - OC President Marvin Krislov - AUD Reception - HL Full waited service in all dining rooms	5 No Walk With a Doc Today Met Opera HD at Crocker Park: 🚌 Eugene Onegin Iv. Heiser 11:40am Kendal 20th Anniversary Symposium 9:15 am-4:00pm WCH - car pool 9:15am-4:00pm streamed live in Heiser AUD
		6 Quaker Worship 10:30am WHT Peter Dominguez, double bass 🚌 2:00pm Fairchild Film: Guess Who's Coming to Dinner 7:00pm WHT	7 Bridge 7:00pm AUD	8 Tuesday Tea 2:30pm AMAM Patrick Kearney, classical guitar 🚌 8:00pm Kulas	9 Lunch Bunch: Vintage House Cafe, Avon 11:30am-2:30pm 🚌 Scrabble 7:15pm CCR	10 News & Views 10:30am AUD Low Vision Internet Support Group 4:00pm Green Rm Solo Diners 5:30pm The Den "Dirty Wars" 🚌 7:00pm OC Sci Ctr. West Lecture Hall
13 Quaker Worship 10:30am WHT Film: McClintock! 7:00pm WHT Barthold Kujken, Baroque flute 🚌 8:00pm Kulas	14 Flu Shots - HL 10:00-noon 3:00-5:00pm Sounding Board 2:00pm WHT Disclosure Statement Ann O'Malley 4:00pm AUD Bridge 7:00pm CCR	15 Candidates Night First Church 🚌 6:30pm - Meet/Greet 7:00pm - Forum OHC: "Garfield, Cox and Monroe" 7:15pm AUD	16 Flu Shots - HL 10:00-noon 3:00-5:00pm UU Gathering 4:15pm AUD Pairs Bridge 7:00pm CCR Genealogy Group: "Stories of our Ancestors" 7:15pm AUD	17 KORA Council 10:00am AUD Thursday Lecture "Art Conservation" Per Knutas, CMA Chief Conservator 7:15pm AUD Arts & Sciences 🚌 Orchestra, Robt. Shannon, piano 8:00pm Finney	18 Coffee Exchange Barbara Thomas 9:30am Langston Roman Catholic Mass 10:00am CCR Artist Reception: Rita Schuenemann 4:30pm HL	19 Walk in the Park: French Creek Nature Center 9:00am Heiser Trike-Bike Ride on North Coast Bike Trail 2:30pm Apartment Parking Lot Film: Central Station 7:15pm AUD
20 Quaker Worship 10:30am WHT First Church Serv. 4:00pm CAR Film: Radio 7:00pm WHT	21 Bridge 7:00pm CCR EUREKA! 10th Anniversary 7:15pm AUD	22 Quarterly Health Services Forum 4:00pm AUD "One Man's Civil War" - J. Cook 7:15pm AUD Marcin Szelest, organ 🚌 8:00pm Fairchild	23 SPINACH 5:15pm Wm. Penn Scrabble 7:15pm CCR	24 Community Conversations "Oberlin's 'Home Rule' Issue" 7:15pm AUD	25 CAR = Central Activities Rm. CCR = Crossroads Conf. Rm. HL = Heiser Lounge WCH = Warner Concert Hall WHT = Whittier Lounge Bold Face = at Kendal 🚌 = Kendal Bus	26 Walk in the Park Carlisle Duck Pond - Halloween! 9:00am Heiser Film: Moonstruck 7:15pm AUD
27 Quaker Worship 10:30am WHT Film: Murder on the Oreint Express 7:00pm WHT	28 Meet, Greet, Eat 5:30pm - sign up Fox & Fell Bridge 7:00pm AUD	29 Computer Users Group: "VirtualBox Virtualization" 7:15pm AUD	30 🚌 = Kendal Bus	31 Halloween!		