



Kendal's 2014 Volunteer Service Fair

Thursday, October 2 from 2:00-4:00pm in Heiser Auditorium

- **Meet representatives from local agencies and from our KORA service committees.**
- **Discover ways to be of service in our community and town.**
- **Learn where you can use your special gifts:**

Read to kindergarten children at Eastwood School ~ Fill bird feeders in the Stephens Care Center ~ Advocate for youngsters in the court system ~ Sort food at the Food Bank ~ Fill food bags at Oberlin Community Services ~ Wheel your Buddy to an event in Heiser ~ Teach a Sunday School class ~ Aid with an income tax return.

Check out the many opportunities available!

Silent Auction Coming in February 2015

Our Annual Silent Auction, formerly held in June, is moving to **February 2015**. Donations to this popular event raise funds to support the Kendal Staff Education and Staff Emergency Funds.

It's time to begin looking through your closets for books, pictures, DVDs, jewelry, hand-crafted pieces and other good-quality items to contribute to the Auction. Success depends upon the variety and quantity of desirable, gently used donated items AND plenty of bidders to purchase them.

As in the past, all items will be accepted and either placed in the Auction or passed on to RAFF.

All Auction donors receive letters, "gifts in kind," for tax purposes, provided the donor's name is attached to the item(s).

Stay tuned for details in the next few months.

-Staff Special Events Committee

2015 KORA Campaign

If you haven't done so already, please donate to this year's KORA campaign and help to keep all of our resident group activities and programs going. Your \$\$ buy everything from microphones to artist materials.

Checks should be made to KORA and placed in the marked box on the Heiser Reception Desk during office hours. Your contribution is tax deductible.

Please give generously by Oct. 10.

COFFEE HOUR

WITH
BARBARA THOMAS
MONDAY, OCTOBER 6
9:30AM - LANGSTON

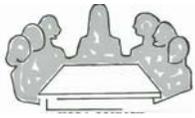
AFTERNOON EXCHANGE
MONDAY, OCTOBER 27
4:00PM - AUDITORIUM
BARBARA THOMAS

KatO's "Souper Supper" Thurs., Oct. 30 for our 21st Anniversary

Let's commemorate the 21st anniversary of Kendal's first "move-ins" in a special way. Instead of treating ourselves to a repeat of the 20th Anniversary Banquet, our Dining Services, assisted by Janet Kelsey Werner of the Food Committee, will serve a more modest dinner than usual. The savings, together with voluntary gifts by residents and staff, will be contributed to Oberlin Community Services. In recent years, our "Souper Supper" donation has totaled over \$3,000 each year. In fiscal 2013-14 OCS experienced a 45% increase in emergency food assistance over 2012-13. With the help of a Kendal volunteer crew, headed by Janet Bolland, 345,925 lbs. of food was distributed.

As recommended by the KORA Executive Committee, "soup" kettles will be placed in each dining room throughout the day on Thursday, Oct. 30. Donations by check (made out to "OCS") or cash will support the Oberlin Community Services food distribution program called Holiday Cheer, which in 2013 provided meals for 248 households. Our contributions will help brighten the season for many of our Oberlin neighbors! And remember OCS's volunteer needs: Right now it needs food packers for an hour one Friday afternoon a month; Meals on Wheels drivers for an hour a week, bi-weekly or once a month; and GED tutors.

*-Janet Kelsey Werner
and Janet Bolland, Coordinators*



**KNOW YOUR
KORA
COUNCIL**

Encouraging and enabling community service by Kendal at Oberlin residents is a significant part of KORA's activity. I hope each of you will take advantage of the Volunteer Service Fair on Thursday, October 2 to affirm or explore your place in volunteer service in Oberlin and beyond. About two dozen agencies that count on KatO volunteers will exhibit.

On October 30, KatO will celebrate our 21st anniversary with a modest dinner. Dining Services will contribute the savings in food costs to Oberlin Community Services. Kettles will be set out at mealtimes for additional contributions from residents and staff. Community needs continue to increase. Several Kendal residents help OCS distribute food on a monthly basis.

A new activity, tentatively called "mobility fairs," is emerging as the focus for our application for a grant from Kendal Charitable Fund. With assurance in hand from several community partners, plans are developing for three or four "mobility fairs" each year, to be held at various locations in Oberlin, e.g., Oberlin Public Library; Oberlin Senior Center; Mt Zion Baptist Church; and KatO. Each fair would feature one or more trained instructors to assist community residents, including Kendal residents, in learning techniques of balance to prevent falls, use of mobility devices, and using dance movements as a mobility aid for persons with Parkinson's Disease or similar conditions. Kendal buses might also transport community participants. Community outreach efforts such as these make up a small but significant part of our annual KORA budget of about \$26,000. If you've not yet made your contribution to the 2015 budget, please contribute by October 10, as you are able.

-Don Reeves, KORA President

Fall LifeLong Learning Classes in Heiser Auditorium

News & Views: Foreign Affairs. Monthly topics, from "Great Decisions" briefing book published by the Foreign Policy Association. **Oct. 3, World Food, Climate and Population** presented by Marta Laskowski. 10:30am to noon. (See p. 5.); **Nov. 7, China's Foreign Policy;** and **Dec. 5, U.S. Trade Policy.** No fee; registration on site.

The Environment: Thoughts about Air and Water Problems. Presented by environmental economists Tin and Betsy David. Tin is Professor Emeritus of Economics and Betsy was Adjunct Associate Professor in the Institute for Environmental Studies, U. of Wisc. **1. Air Pollution and Climate Change.** Though air pollution is an international problem, this discussion will focus on specific ways of addressing this challenge in the U.S. **2. New Thinking about Our Water Infrastructure.** Water and sewer lines and systems, built in the last century, are aging. The presenters will discuss new approaches to this problem. Thurs., 10:30am to noon, **Oct. 2, 9** (two sessions). Fee: \$15. (Class #4802)

The United Arab Emirates and Oman – a Travelogue. Presented by Cherie Fabian, world traveler. See fantastic skyscrapers and ancient fortresses in the Arabian Peninsula. Walk through a gold souk in old Dubai and explore the fjords and geology near the Straits of Hormuz on a wooden dhow. Visit the world's largest mosque and ultra-modern architecture in downtown Dubai, and more. The extremes that co-exist to form the cultures of these countries will amaze you. Tues., 3:00-5:00pm, **Oct. 7** (1 session). Fee: \$10. (Class #4799)

Alice Munro's Final Fictions, scheduled for three Mondays in October, is postponed until the spring term.

Opera Preview: Street Scene by Kurt Weill (music) and Langston Hughes (libretto) premiered in 1947. It combines the best of American opera and musical theater, telling about the lives of the many residents of a New York City tenement on a very hot summer night. Students in the Oberlin Opera Theater program will join in presenting this program with Jonathon Field, Director. Fri., 1:30-2:30pm, **Oct. 31** (1 session). **NOTE CHANGE OF DATE/TIME.** No fee; registration on site.

Performance tickets not included; call the Oberlin College Central Ticket Service at 775-8169 or 800-371-0178. Performances are in Hall Auditorium at 8:00pm on Nov. 5, 7 and 8; at 2:00pm on Sun., Nov. 9.

Religious Experiences of Medieval Female Visionaries, Mystics and Activists. Grover Zinn, Professor Emeritus of Religion, Oberlin College, will explore the distinctive spirituality of medieval women living in religious communities. He will focus on the lives and writings of several important figures, including Hildegard of Bingen and Teresa of Avila. Lectures, discussion of readings, music, visual presentations. Continue informal discussions over lunch after the final lecture. Mon., 10:30am to noon, **Nov. 3-17** (3 sessions). Fee: \$20. (Class #4804)

Registration forms are available in brochures near the bulletin board in Kendal. For more information, call 366-4148; to register by phone, call 366-4067.

**BUDGET UPDATE
FOR RESIDENTS
MONDAY, OCTOBER 6
4:00PM - AUDITORIUM
ANN O'MALLEY**

**DISCLOSURE
STATEMENT
FRIDAY, OCTOBER 10
3:00PM - AUDITORIUM
ANN O'MALLEY**

PROGRAMS

LECTURES

First Thursday Health Lecture: October 2 - 7:15pm - AUD An Evening With Community Nutritionist Sue Cambell

Kendal resident Janet Kelsey Werner will interview Sue Campbell, RD, LD, KatO Community Nutritionist. The duo will cover such topics as memory-boosting foods, prebiotic and probiotic foods and high-fiber foods. And there will be time for your questions. Please come to hear up-to-date information about these timely topics.

Third Thursday Lecture: Oct. 16 - 7:15pm - AUD The Future of the Book

A Lorain native and Oberlin College graduate ('70), Michael Dirda is a Pulitzer Prize-winning columnist for *The Washington Post* Book World. He is the author of the memoir "An Open Book: Coming of Age in the Heartland." **NOTE: He will also be giving a talk on Oct. 16 at 4:00pm at the Oberlin Public Library. Sign up for Kendal bus.**

Oberlin College Convocations

WORDLESS! An Evening with Art Spiegelman and Phillip Johnston Wed., Oct. 8 - 7:30pm - Finney - Free, no ticket required.

Twenty-two years after the release of his Pulitzer Prize-winning graphic novel "Maus," Art Spiegelman presents this innovative hybrid of slides, talk and musical performance created with acclaimed jazz composer Phillip Johnston whose scores accompany the cartoonist's personal tour of the first legitimate "graphic novels." **Sign up for Kendal bus.**

An Evening with Jeffrey Sachs Wed., Oct. 29 - 7:30pm - Finney - Free, no ticket required.

One of the world's leading experts on economic development and the fight against poverty, Jeffrey Sachs is also director of The Earth Institute, Quetelet Professor of Sustainable Development, and Professor of Health Policy and Management at Columbia University. **Sign up for Kendal bus.**

LUNCH BUNCH

Sal and Al's Diner, Amherst Wednesday, October 8

This family-owned restaurant serves a wide array of dishes, including classic sandwiches, pierogies, Syrian dishes (like mjadra), chicken paprikash, old world pizza, and perch dinners. Bus leaves Heiser at 11:30am, returning about 2:00pm. Bus charge: \$7.00. Lunch at your expense. Place check to KORA for \$7.00 in Box #89 by Monday, October 6. Sign-up sheet posted Wednesday, October 1.

Christine St. John in "Bette Davis On the Edge" Sat., Oct. 4 - 7:00pm - AUD

Written and performed by Christine St. John, this meticulously researched play draws from both the Motion Picture Academy Library in Los Angeles and the Bette Davis Archival Collection at Boston University. Packed with drama, intrigue and comedy, it's a compelling story that provides a unique and touching insight into both Hollywood in its heyday and the actress. Ms. St. John lives in London and performs on both sides of the Atlantic.

MUSIC

Stephen Fazio, guitar Thurs., Oct. 23 - 7:15pm - AUD

An award-winning guitarist at the Oberlin Conservatory, Stephen will play works by Domenico Scarlatti, Leo Brouwer, Manuel Ponce and Miguel Llobet.

Judy and Dennis Cook: Ghosts, Witches and Fierce, Scary Things Thurs., Oct. 30 - 7:15pm - AUD

BigBus: Tour of Cuyahoga Valley National Park Fri., Oct. 17, 9:00am-4:00pm

Come join us as Conservancy Chief Development Officer John Debo guides us through the park.

Community Conversations The Good Ship Golden Rule: Sailing for Peace Fri., Oct. 24 - 7:15pm - AUD

Dr. A. J. (Skip) Oliver, retired political science professor at Heidelberg College, will talk about efforts to preserve the American peace ship, The Golden Rule. Now in need of repair, this ship was instrumental in the actions to prevent further nuclear testing in the Pacific. Many Veterans for Peace are now leading efforts to make this ship a floating museum.

Kendal at Oberlin Quarterly Health Services Forum Tues., Oct. 28 - 4:00pm - AUD

Topics for our Quarterly Health Services Forum:

- Life-Sustaining Assistive Devices and Medications;
- Changes on the Horizon for Medicare and Insurance Policies;
- Understanding Level of Care Changes and Support at KatO;
- Local Health Care System Changes and Accountable Care.

Sunday Movies in Whittier at 7:00pm

Oct. 5 - The Pink Panther (1964) - Bumbling, mishap-prone French Inspector Clouseau (Peter Sellers) pursues a suave jewel thief (David Niven) over beautiful European landscapes.

Oct. 12 - Moonstruck (1987) - Young Italian-American widow (Cher, in Oscar-winning role) agrees to marry an older man (Danny Aiello) – then falls for his misfit, younger brother (Nichols Cage). PG.

Oct. 19 - Dracula (1931) - Classic horror film of Transylvanian vampire working his evil spell on a group of Londoners, with Bela Lugosi in his most famous role as the Count.

Oct. 26 - Harry Potter and the Sorcerer's Stone (2001) - First in the series. Harry (Daniel Radcliffe) begins his first year at Hogwarts School of Witchcraft and Wizardry where he makes friends (and enemies), learns magic and becomes entangled in the mystery of the Philosopher's Stone which is hidden within the school. PG.

Saturday Foreign Film

Oct. 11 - 7:15pm - AUD

Smiles of a Summer Night (1955) Swedish - During a long, lazy summer night in a country estate in turn of the century Sweden, eight singles gradually become four couples with witty dialogue and hilarious situations along the way. Director Ingmar Bergman shows the complexities of love with charm and great insight. *-Peggy Gordon*

Saturday Night Movie

Oct. 25 - 7:15pm - AUD

Smoke Signals (1998) - A humorous yet serious story about Victor and Thomas, the movie gives us a glimpse into the Native American world, and is created by an almost exclusively Native American cast. Victor and Thomas are opposites, Thomas a naive but



Kendal's Art Gallery News

The show going up in the **Kendal Gallery** on October 7 is paintings and other work by Oberlin's own **Audra Skuodas**. (You may have seen her work in her East College St. Gallery or the Cleveland Museum of Art or at FAVA). The display will run until the end of November. A reception date will be announced later.

Martha Liebert's "Fantasies: Paintings and Poems" in the **Friends Gallery** will be followed in mid-October by a display of **WWII Posters**, in remembrance of this most destructive of all wars and of the Kendal resi-

dents who served in various capacities. It is based on a collection in the College of Wooster Museum, and it will be showing from October 15 until mid-December. **Beth and Arn Lewis** will share reflections on these wartime posters on **Thursday, Oct. 30 in the Heiser Lounge at 4:00pm**.

Also in mid-October, the work of **Dana Juliano**, currently in the **Community Gallery**, will be succeeded by our own **Katie Brown's** "Colorful Collages." A reception for Katie will be held on Oct 23. Watch Channel 19 for details.

Curio Cabinet's display of **Marilyn Myerson's** folk objects from around the world will be followed by a selection from the collection of **Ted Nowick**. Be sure to see it all!

Time for Your Flu Shot

Flu vaccines will again be available for Kendal at Oberlin residents and staff in October. All vaccines will be given in the Heiser Lounge. Please wear short-sleeved clothing. No appointments are needed during these hours. Hours listed are for Kendal residents:

Monday, Oct. 13: 10:00am-12:30pm; 3:00-5:00pm

Wednesday, Oct. 15: 10:00am-12:30pm; 3:00-5:00pm

Monday, Oct. 20: 10:00am-12:30pm; 3:00-5:00pm

Wednesday, Oct. 22: 10:00am-12:30pm; 3:00-5:00pm

Thursday, Oct. 23: 10:00am-12:30pm

Monday, Oct. 27: 3:00-4:00pm

Anyone still needing a flu shot must come to the Kendal Health and Wellness Clinic during regular hours.

positive nerd with oversized glasses and Victor proud of his Native American stoicism and finding pleasure in confrontation. It is an enjoyable, sentimental and funny film, which gives viewers a look into Native American culture. PG-13. *-Dwight Call*

Iran: An On-Going Case Study in Conflict Resolution

Fri., Oct. 3 - 4:30pm

Craig Hall, OC Science Center

Panelists: William Green Miller, Senior Policy Scholar, Woodrow Wilson International Center for Scholars, former diplomat to Iran and ambassador to Ukraine; Joseph W. Elder, OC '51, emeritus professor of sociology, U. of Wisc.-Madison, Asia scholar and conflict mediator; Ja'far Mahallati, Presidential Scholar in Islamic Studies, Religion Dept., Oberlin College and former Iranian Ambassador to the UN. Sponsored by Peace and Conflict Studies Concentration and Community Peace Builders. **Sign up for Kendal bus.**

Community Conversations Connecting the Future:

Strategic Plan for LCMP

Mon., Oct. 13 - 7:15pm - AUD

Learn about future plans for the Lorain County Metro Parks, looking ahead to the next ten years. LCMP needs our support and input to continue preserving the natural resources we treasure.

News & Views

Fri., Oct. 3 - 10:30am -AUD

World Food, Climate and Population: Marta Laskowski of the Oberlin College biology faculty will speak and lead the discussion. Even as a sixth of the world's population suffers from chronic hunger, a changing climate threatens to wreak havoc on already insecure and vulnerable populations. As food and water become scarce and once-fertile land becomes barren, the U.S. finds itself faced with new challenges in securing the globe. The U.S. is getting ready, but can it lead the way to climate reform? Sponsored by the Center for Lifelong Learning, LCCC, there is no registration or fee. **All are welcome.**

Oberlin College Constitution Day Lecture with Prof. Ron Kahn:

Why Does a Conservative/Moderate Supreme Court in a Conservative Age Expand Individual Rights? - Same-Sex Marriage, Guns, and Obamacare Mon., Oct. 13 - 4:30pm

Hallock Aud., Lewis Center

Oberlin College will honor Prof. Ron Kahn with a special presentation of the endowed Professorship in Politics, the Erwin N. Griswold chair. A Kendal resident and the James Monroe Professor of Politics and Law at Oberlin College, Ron has published several books and articles on the Supreme Court, constitutional law and theory, and American political development. **Sign up for Kendal bus.**

Tuesday Tea at AMAM October 14 - 2:30pm

Oberlin College Professor of History Steven Volk will speak on artists whose works have largely produced Mexico's post-Revolutionary identity. **All are welcome.** If you need a ride, meet at Heiser Reception Desk at 2:10pm to car pool.

Evening Hours at Allen Memorial Art Museum **Symposium: Latin American and Latino Art at AMAM** Fri. Oct. 3 - 5:00-8:00pm **Keynote Lecture: 5:30pm**

Edward J. Sullivan, Helen Gould Shepard Professor of Fine Arts, New York University, will lecture on "Passion for Objects: Collecting and Exhibiting Latin American Art in the U. S." The Symposium will continue on Saturday, October 4 with a Study Session from 9:00am to noon, followed by Symposium Talks from 1:30-6:00pm. **All are welcome.**

The Role of the Novel in Social Change: "The Fracking War" Tues., Oct. 14 - 4:30pm - AUD

Michael J. Fitzgerald, former University of California journalism professor, created a novel using real-life locations but fictitious names and characters to tell a story of how hydrofracking is impacting northern Pennsylvania and southern New York. A magazine and newspaper journalist for more than 40 years, he sees fiction as a way to engage a wider audience in a controversial issue. Sponsored by the Environmental Concerns Committee.

OHC: Jacob Cox and the "Oberlin Letter" – Military Hero, Controversial Politician Wed., Oct. 15 - 7:15pm - AUD

Historian Eugene D. Schmiel, author of a new book, "Citizen-General: Jacob Dolson Cox and the Civil War Era," discusses this man with many ties to Oberlin. Jacob Cox rose to the rank of general in the Union Army during the Civil War, later serving as the 28th governor of Ohio and as U.S. Secretary of the Interior. Co-sponsored by the Oberlin Heritage Center and the Oberlin College Archives. **Free and open to the public.**

Oberlin Candidates to Speak at First Church on October 14

The 2014 Oberlin Community Candidates Night will be held at First Church Meeting House on Tuesday, October 14. Refreshments will be served at 6:30pm, followed by the gathering from 7:00-9:15pm in the Meeting House. Candidates for the Court of Common Pleas, County Commissioners, State Senate, State Board of Education, and 4th Congressional District will make their respective cases for your vote. Ballot issues will be presented as well. Be informed! **Sign up for Kendal bus.**

Computer Users Group Speaker to be announced Tues., Oct. 28 - 7:15pm - AUD

Watch Channel 19 for the speaker and topic for our October meeting. Eleanor Whitehead and Ira Steinberg are retiring as co-chairs of CUG at the end of the fall season after serving for five years. We need volunteers for the steering committee and chair(s) to continue on into 2015.



Vision Impaired

Low-Vision Support Group **25 Ways to See: An Overview of Low-Vision Technology** Thursday, October 9 4:00pm - Green Room

Reading of *The Kendalight* Wednesday, Oct. 1, at **11:00am in Whittier Lounge**

NOTE TIME! Barbara Bruer will read the current issue of Kendal's newsletter. All are welcome!

Call 775-9868 to hear announcements and menus of the day.

Welcome Kendal's New Residents



Jean Slonneger

Born and raised in Central Illinois, I majored in music education on oboe at the University of Illinois. After marriage, I taught in Peoria schools and played oboe professionally, then moved on to join the staff of a weekly newspaper. When the first of our three children came along, I stayed home but continued to write for the paper and keep up with my music. Caterpillar Tractor Co. moved us to Toronto, and over the next five years I took up photography. I freelanced for two local weeklies until we were transferred back to the United States. Back in Peoria, I hoped to be rehired by my old paper, but nothing was available and since the publisher also had a travel agency, I became a travel agent. Eventually I became manager, but airline deregulation had kicked in and the fun was going out of the travel business. I had always loved to draw, so I moved on to take some graphic design classes and start a small business. Making art for profit is not as much fun as making art for fun, so when my husband retired in 1995, I was ready to join him in his lifelong dream. We headed out on our sailboat, Cadenza, cruised the Great Lakes and over time worked our way to the Bahamas. For 11 years we averaged four months a year living on board, storing our boat at the end of each season wherever our travels had brought us. My husband died suddenly in 2012.

I'm grateful we packed so much into our years together; there's little left on my bucket list. With Ron gone, Peoria no longer felt like home. Years earlier I had seen a small ad in *The New Yorker* . . . an ad for Kendal. . . . And the adventure continues.

Recent Move-Ins

Vicki Shafarman - From East Lansing, MI, to a Kendal Cottage at the end of September.

Howard and Christine Storch - From Newton, NJ, to a Kendal Cottage in mid-September.

Upcoming Move-Ins

Mary Clare Beck - From Ypsilanti, MI, to a Cottage in late October.

Richard and Louise Dunn - From Oberlin, OH, to a Kendal Cottage in mid-October.

Recent Transfers

Howard Hatton - To Whittier in late August. Phone number remains the same.

Randi Hoffmann - To Patterson in mid-September. Phone number remains the same.

Kathryn Schreiner - To Whittier in early September.

IN MEMORIAM

EUNICE SCHAEFFER
SEPTEMBER 13, 2014

HERBERT LONG
SEPTEMBER 19, 2014

RAFF Shop Talk

Where you find Reasonably Assessed Finery and Furnishings

Perhaps the most timely news from the RAFF Shop is that the regular donation box behind the front desk is **CLOSED** until further notice.

Friends, we are engaged as are all of you with the construction process of community and administration spaces. The location of our donation box will disappear during the construction of administrative offices. Since we currently have an inventory that will last well beyond three months (!), we are asking everyone to hold off making donations until further notice. As soon as we are able to receive your daily offerings, we will happily do so. Throughout the fall we will be stocking the shop in #257 with fall and winter clothes, and furnishings on hand. If you are involved in a transition of residence or if your family is clearing belongings after a death, RAFF will be open to your donations at such a time. In the good news department, we have an excellent word to share with you: IN AUGUST, THE RAFF RECEIVED A TOTAL OF \$7,369.85!! **WOW!** This exceeds every total for a month in our entire history. Included is \$36 from the work of Threads, \$100 for a car sale, and more than \$4,600 from two special sales in apartments. We are not only celebrating but also recovering from an awesome month of work and use of energy.

If you have any 100% cotton flannel that you want to donate, especially sheets and nightgowns, we are giving such material to Women of Worth, a group of women in prison who are making diapers for babies who have none. Contact Barbara Burkhard or any member of the RAFF team with these donations.

People have asked when our new dedicated space will be open. **IF** con-
(Continued on p. 7)

The New Gardens of Center Pond

The body of water in front of Heiser Center was originally named “Center Pond.” I am promoting that term to help make it the name on everyone’s tongue when referring to that feature. The planting of the south shore wildflower garden of Center Pond was begun in 2013 and was dubbed “The 20th Anniversary Garden.” The west end of the garden was finished this spring, although there has been considerable loss (two trees, three shrubs and many wildflowers) due to the residual effect of high salt levels in the soil. In the established garden we have enjoyed the spring blooming of blue flag iris and prairie sundrops, the early summer flowers of Arkansas blue star, laceleaf tickseed, Ohio spiderwort and pink marsh mallow. In mid-summer there were blossoms of yellow black-eyed Susan, pink obedient plant and vivid red cardinal flowers. An interloper, the tall plants with small yellow flowers, is common evening primrose (an apparent mislabeling of a group of the plants I ordered). The sadly missing summer flowers are the purple coneflowers, probably too salt-sensitive. Late summer and fall bring New England asters and Ohio goldenrod. Plantings made this spring are getting a start on their first year and should



Kendal residents Nina Love (left) and Melissa Reed were two of the hard-working volunteers who turned the tangled island in Center Pond into a lovely garden. Photo: Don Parker.

bloom well next year. These wildflowers, on the west end of the shore garden and on Center Pond Island, will be described in an article next year. New trees include a bald cypress, river birch and black gum on the island, and a service berry near the west end of the shore garden. The small, columnar tree near the sitting area of the shore garden is a lavender twist redbud that bloomed beautifully this spring. Native shrubs on the island include winter holly, red- and yellow-twig dogwood, spire bush and black elderberry. The renovation of the island was made possible by the persistent efforts of Don Reeves to eliminate the unlovely tangle that had previously occu-

ried the spot -- not to mention the building of the tow-line ferry, dubbed the “Ken-tiki.” Geese were blundering around on the island this summer and broke off several plants. That was remedied by putting stakes and a single strand of string around the periphery of the island. The sitting area that I had envisioned for the shore garden was brought to fruition by efforts of Ben Lenz, donation of historic sandstone pavers from Oberlin city sidewalks by Demmie Carrell and suggestions from Anne Helm and others. Many members of the Horticulture Committee have put in hours planting, watering and weeding these lovely community gardens.
-Don Parker

struction is completed by Nov. 28 as announced, the new shop will open on February 1. We’ll get the work room operational during the holidays, then in January get the sales shop ready. One special sale will happen in November: On Thanksgiving morning, the Holiday Shop will open in #280, and you can get some of your holiday decorations there as before. In succeeding years, the Holiday Shop will be part of our regular sales room.

*-Ruth Ann Clark, RAFF Chair
Keep it moving!*

Kendal Kryptogram #116 -by Nina Love

CDBLACKY: (M.) KE SLMY OH CUU

PEHY ET YMYN PCMLRS C TUCK

ZKEVCAP.

-CRERXVEOZ

Solution to Kryptogram #115 “To thrive in your life you need three bones: a backbone, a wish bone and a funny bone.”

-Reba McEntire

Notes From the Thoughtful Medicine Committee

At our August meeting, Kim Preston from the Social Services Dept. presented an overview of the many changes in the Ohio Advanced Directives now before the Ohio State Legislature. She noted two in particular:

1. It is hoped that the DNR (Do Not Resuscitate) directive will be replaced by the MOLST (Medical Order For Life Sustaining Treatment). This new order will clarify many issues in the current DNR which can be confusing.
2. The Ohio Health Care Power of Attorney form has proposed changes that will allow your agent to obtain your protected information and thus removes what the legal field has identified as the "HIPA Barrier."

If the new directives are passed by the Legislature, the Kendal Social Services Dept. will present the new forms in a seminar for all residents. **Kim emphasized that any advanced directives you have properly executed are valid and will be honored at the present time.**

Passage of these two important bills is still uncertain. On p. 1 in the August *Kendalight*, contact information is listed for our state legislator and senator, should you wish to support these changes. Writing a letter to your representatives is even more effective. In other business the Committee: Heard a report from members who attended an interpretive discussion on the 360 Degrees of Wellness program currently being introduced by the Kendal Fitness Center; received an extensive listing of library books and medically related documents in the reference section of the Kendal Library from our task force on resources; received a preliminary report from our task force exploring the possibility of preparing residents to serve as advocates in emergencies; and reaffirmed, with minor revisions, its Mission Statement.

-Ardith Hayes and
Ruth Miller, Co-chairs.



LIBRARY NOTES

- The Kyocera 1035 copier we got in October 2012 was a "lemon." It required six repairs and was out of service about half the time, while we made between 11,000 and 14,000 copies over seven months. It was replaced under warranty with a new Kyocera 1035 copier, which has now made over 48,000 copies during 16 months with no outside service.
- The 1987 Encyclopedia Britannica in the Kendal Library was replaced by a 2003 edition, thanks to a resident who was downsizing. (The last printed edition of the Encyclopedia Britannica was the 2010 edition, sold through March 2012.)
- The "Merck Manual of Diagnosis and Therapy" has guided generations of Medical Doctors. The latest one is the 19th edition, published in 2011. Its Preface acknowledges that the entire body of medical information seems to be available electronically and that the Merck Manual has never cited references to medical literature.
- In contrast, "Current Medical Diagnosis and Treatment 2015" is the 54th edition of an annually updated similar publication that does include references to recent medical literature. The Copier Account #775 bought three copies of it, so the same current medical information will be available on the reference shelf in the Kendal Library, in the Health and Wellness Clinic, and in the Nurse Manager's office.

-Russ Binber

Energy Conservation: The Goal: Zero Waste

According to the December 2013 Oberlin Zero Waste Plan, "Zero waste is the city's goal to minimize the final disposal of waste materials as completely and rapidly as possible. This reduction will be achieved using a combination of environmentally sound strategies with an emphasis on education, on source reduction and reuse and on recycling and composting." Most preferred action is Source Reduction and Reuse as follows:

- Stop junk mail by contacting senders to be removed from mailing lists; or going online to CatalogueChoice.org

to opt out of catalogues, coupons and circulars (free of charge); or visiting StopJunkMail.org.

- Reduce mail by contacting your bank, credit card company, internet service provider and utility providers to receive e-mail rather than paper bills and notices.
 - Recycle eyeglasses and sunglasses.
 - Purchase products with the least amount of packaging.
 - Pass on magazines to others.
 - Purchase and reuse reusable items (water bottles, shopping bags, plastic or glass containers with lids).
 - Repair before replacing. Or donate items that need to be repaired to vocational schools or repair shops.
 - Reuse cloths, towels, sponges, newspapers rather than use disposable one-time products such as paper towels.
- In the Waste Management Hierarchy, after Source Reduction come Recycling/Composting; Energy Recovery; Treatment and Disposal. -Jerry Berner

The Thoughtful Medicine Committee will meet on Oct. 23 at 10:00am in the Green Room. All are welcome!

Update Coming for Resident Medical Resource

The Resident Medical Resource (RMR) is a listing of Kendal at Oberlin residents willing to share some specific personal medical information with others. For instance, if you have recently been diagnosed with a new medical problem, it may be helpful to speak with a fellow resident who has dealt with that issue.

The small orange spiral binder with this information is at the left edge of the top center reference shelf in the Kendal Library. The booklet will be updated soon. **If you would like to add your name and diagnosis to the book, now is the time.** There is a form at the back of the orange binder for this purpose.

Some residents have preferred to add their name only to a confidential listing. In this case, the term “unlisted resident(s)” is found after the diagnosis and you can call one of three residents who have access to the confidential list and that person will see that you get a call to talk about the experience.

It can be very helpful to talk to residents who can share their personal medical experience and knowledge with you. If you are listed, you could provide important information to a friend here at Kendal.

Please find a form in the back of the booklet and return it soon before the booklet is updated.

*-Nancy Hultquist for the
RMR working group*

Newcomers Reception Wed., Oct. 29, 2014 4:00pm - Heiser Lounge

Please come to welcome Kendal's newest residents at our semiannual reception.

Remember: Wear your name tag!

Our Thanks to Bob Cothran

In September, Kendal's Art Committee hosted a reception celebrating the second panel of Bob Cothran's three-part mural, “A Journey in Search of Curious Herbs and Spices.”

As the committee noted, we've all now had time to examine this masterpiece of visual and verbal tongue-in-cheek humor.

On July 25, 2014 KORA President Don Reeves sent a letter to Bob on behalf of the Kendal residents, expressing our deep appreciation for his contributions to life at Kendal.

The letter follows:

Dear Bob: This is a letter of the deepest appreciation to you from the KORA Council on behalf of the residents of Kendal at Oberlin for the creativity and artistry in sharing with us insights from the search for herbs and spices on behalf of the citizens of Humdrum City.

The story depicted in the murals is perhaps a universal one. You've brought it to life, however. Your imaginative creativity coupled with your skills as an artist has inspired residents and visitors alike. And as you know, many residents have enjoyed visiting the Craft Room, some on a daily basis, to view the evolving story. Residents have also commented on the thoughtful use of a sliver of space between the two walls for the inclusion of a dramatic vision of the storm, which we see in the second mural as having grounded the ship upon which the expedition depended. It has also been noted how skillfully you measured the wall space and created murals, which fit exactly.

We recognize you are not the same person who created the original sketch of the third panel. We await with bated breath the outcome based on the images you have created.

But know as you conclude that the residents of this community have been inspired -- and are deeply grateful to a superb artist.

-Don Reeves, on behalf of KORA and the Kendal Residents

Fall 2014 OPL Book Sale

Wed., Oct. 8, 5:00pm-8:00pm -

Friends Pre-Sale Night

Thur., Oct. 9, 10:00am-8:00pm

Fri., Oct. 10, 10:00am-5:30pm

Sat., Oct. 11, 10:00am-5:30pm

Sun., Oct. 12, 1:00pm-3:30pm

Free, except for Friends Pre-Sale (new members can join at the door). Most items \$0.50-\$1.00. Fri.: \$5.00/bag. Sat.: All items half-price. Sun.: All items 10 cents. Electronic scanners are not permitted. Sponsored by the Friends of the Oberlin Public Library. Contact: Joe Luciano.



Bob Cothran stands before the second panel of his mural in the Café. Photo: Paul Schwaegerle

Look for KatO's New Website

Both the KatO resident website and the KatO marketing website have been redesigned this year and have a whole new look: www.kaeo.kendal.org is the portal for social media links, news and resident stories, as well as the Kendal Northern Ohio blog.

We welcome stories from residents. If you have an item that didn't fit into *The Kendalight* or *Eureka!*, submit it for our Resident Stories section. It doesn't need to be about Kendal. If you find it entertaining, share it! Favorite photos are also welcome. *-Terry Kovach*

Kendalopolis Miniature Golf Tournament Extraordinaire

You are invited to join this October tournament to be played on a course that will delight you.

Throughout all of Kendal, ours is the only miniature golf course conceived, designed, fabricated, and put into play by our very own residents. Our course is exquisite and unique. It is absolutely fun to play. We ask that you participate in teams of three members each.

Oct. 1-10: Sign up at bulletin board.

Oct. 11-26: Tournament play.

Celebratory Banquet to follow.

Table Tennis Update

Exercise, fun, interacting. That's how a new resident and member of our starters' group described table tennis at Kendal. Those qualities marked our sessions all summer long. Lucky for us, visiting coach Doyle Harbaugh continues to teach our beginners, who now number five blossoming players (all women!). That's made a big difference. By now, we can all help each other to practice and learn. And among us, we've found a ball-feeding marvel, who outshines any robot with her dexterity and good humor. On top of all that, legal serves have become the order of the day! So look in; you, too, may enjoy playing table tennis.

- *Sidney Rosenfeld*

New Bible Study Group

Kendal residents are invited to attend an informational session that proposes a weekly 30-min. Bible Study here on Tuesdays at 10:00am. First meeting: **Tues., Oct. 7 in the Green Room.**

All residents/family are welcome. The purpose is to promote Bible education with those who enjoy reading and discussing Bible accounts. Bring your own copy of the Bible; copies will be available for those without. This initiative for a new program has come from a resident's family member.

Saturday Park Walks

We're approaching the end of our Saturday Park Walk season but we'll resume the organized walks in April.

In November (if the weather cooperates) we can meet at Heiser Reception Desk on Saturdays at 9:00am to decide where we might want to walk.

For now, please join us at the Heiser Reception Desk at 9:00am to car pool to the areas listed below:

Oct. 4 - Black River Reservation/High Meadows (access newly opened).

Oct. 11 - Wellington Reservoir.

Oct. 18 - Bike Path (opposite direction this time).

Oct. 25 - Carlisle Reservation/Duck Pond. The Halloween decorations are a visual treat!

UU Kendal Gathering

Wed., Oct. 15 - 4:15pm - AUD
What is a Religious Humanist?
Cal Frye, Oberlin College

Often it's held that Faith and Reason are in opposition. Unitarians, in particular, have long wrestled with this relationship. A frequent service leader for the Oberlin UU Fellowship, Cal's theology is Humanist. Although he works in the IT Dept. at Oberlin College, his background is in Geology and Paleontology. **All are welcome!**

RELIGIOUS SERVICES

AT KENDAL

Episcopal Service

Holy Communion, Saturday, Oct. 11, 11:00am, Gathering Room.

First Church Service

Sunday, Oct. 19, 4:00pm, Gathering Room.

Roman Catholic Mass

Friday, Oct. 17, 10:00am, Crossroads.

Society of Friends

Sundays, 10:30am, Whittier.

Bridge Results

Mondays: Aug. 25: 1st, Alverta Schneider; 2nd, Connie Bimber; 3rd, Helen Randel.

Sept. 1: 1st, Connie Bimber; 2nd, Bill Schreiner; 3rd, Ed Schwaegerle.

Sept. 8: 1st, Ed Schwaegerle; 2nd, Helen Randel; 3rd, Warren Wickes and Betty DeWitt (tied).

Sept. 15: 1st, Alverta Schneider; 2nd, Cathy Fauver.

Sept. 22: 1st, Bill Schreiner; 2nd, Eileen Dettman; 3rd, Cathy Fauver.

Wednesdays: Sept. 3: 1st, Helen Randel and Connie Bimber; 2nd, Alice Kohl and Nancy Beauchamp; 3rd, Ed Schwaegerle and Cathy Fauver.

Sept. 17: 1st, Ed Schwaegerle and Pete Andrews; 2nd, Helen and Bob Randel; 3rd, Cate and Paul Schwaegerle.

First Church United Fellowship Saturday, Oct. 11 - AUD

9:30am - Conversation and goodies

10:15am - **Rev. David Hill**

Our pastor will share information about the Sacred Spaces initiative and other happenings at First Church. There will be time for questions as well. **All are welcome!**

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents

Association, 600 Kendal Dr., Oberlin OH 44074

Consulting Editor: Robert Baldwin

Managing Editor: Elizabeth Aldrich

Proofreaders: Joanne Busiel, Mary Simons

Photos: Eleanor Helper

Production: Don VanDyke

Deadline for the November 2014 issue of *The Kendalight* is October 15.

The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

Note: Please submit articles by email to our address:

Klite600@yahoo.com

If no email access, please type article on separate sheet (NOT on room request form), sign and place in *Kendalight* open mailbox. All articles must carry a signature and telephone number.



Dining and Nutrition Services

Wednesday, Oct. 29

Healthy Cooking in the Country Kitchen - 2:00pm,

Community Nutritionist Sue Campbell will demonstrate cooking with apples.

Thursday, Oct. 30

“Souper Supper” for OCS Fox and Fell - 5:15-7:00pm

Watch for the Sign-Up Sheets

Solo Diners: Thurs., Oct. 9, 5:30pm, The Den (second Thursday)

Notes From Ann Pilisy:

Five Kendal residents toured our kitchen and laundry facilities on September 11 and four residents toured on September 18 for a behind-the-scenes look at operations. Since neither tour was at capacity, no additional tours are planned for the rest of this year.

SPINACH: Wed., Oct. 22, 5:15pm, Penn Room (fourth Wednesday)

September 2015

KatO Board News

- The **July financials** showed that while projected revenue was lower, expenses too were lower by 4%. With lower occupancy, management continues to control expenses. One exception was higher utilities due to the very cold winter. Year over year, revenue is up by 8%. Eleven new contracts have been written on our newly renovated cottages and others for the 2nd wave of 15.
- **Board governance** is underway to select a new Kendal resident board member for a three-year term to start in 2015.
- The **Cleveland Clinic** will be contracting with Kendal to provide an additional physician, Jack Voytas, expected sometime in October.
- The **pilot Garage Project** is still under review by engineers for finishing details. Work on remodeling Kendal carports in other parking lots will be put on hold for further study.
- We are still working on **exemptions** with Ohio’s Dept. of Taxation. The request is that our 13 new Assisted Living beds be exempt from property taxes as part of our licensed building.

- The **Generative Discussion** focused on innovative programs offered by a group of Senior Living retirement communities along with their governing structures. Some of the communities featured included: Cedar Village, Mason, OH; Chelsea Jewish Foundation, Chelsea, MA; LaPosada at Park Centre, Green Valley, AZ; Arcadia Retirement Residence, Honolulu. More discussion is anticipated for the governing structures that enable maximum innovation, flexibility and appropriate protection. *-Barbara Thomas*

Estate Planning and More: TIAA-CREF at Kendal Thurs., Oct. 16 - 4:00pm - AUD

Mark Zagrocki and Dan Bollini of TIAA-CREF Financial Services will present an education seminar offering a potpourri of insights.

In the Cardinal Shop Now

The 2015 monthly planning guides are on our shelves. These Monthly Monitors provide plenty of room to write each day’s activities. Cardinal Shop hours: 10:30am-1:00pm Mon-Thurs., and 10:30am-3:00pm Fri. Stop by!

Meet, Greet and Eat Mon., October 27, 5:30pm

Sign-up sheets for the Meet, Greet and Eat dining group will be posted below the open mailboxes on Wednesday, Oct. 20. Sign up, then come to the Fox and Fell at around 5:30pm on Oct. 27 and enjoy a meal with new (or old) friends. Each dining table will be assigned a number and you’ll pick a number to find your table.

The usual dining options are available in Langston and Fox and Fell for those who do not wish to participate. Do join us -- **and don’t forget to wear your name tags.** *-Sheila Eckstein, Kay Rider and Priscilla Steinberg*

Transportation Talk

The analysis of the Holleran Satisfaction Survey that Independent Living residents completed in June summarized the “mood of the residents” regarding transportation thusly:

- Transportation in Lorain County by Kendal is very good;
 - Public transportation outside Lorain County is limited;
 - Private transportation outside of Lorain County is too expensive;
 - More transportation for longer distances could be too expensive for us all to pay for.
- Your Transportation Committee is chipping away at some of these concerns.

Updates: Donna reports that the Kendal bus will go to Midway Mall and Avon Commons on the first and fourth Wednesday of the month, and on Friday afternoon if anyone wants to go further into Oberlin and Walmart.

-Donna Smith, Transportation Coordinator; Diantha Paré, Chair

We Finally Settled In!

Join Kendal’s **Senior Independence** team for an autumn open house on Mon., Oct. 13 from 1:00-3:00pm in Apt. #155.

SUN	MON	TUE	WED	THU	FRI	SAT				
<h1>October 2014</h1>			1 Reading of Kendalight 11:00am - WHT	2 Volunteer Fair 2:00-4:00pm Heiser AUD Thursday Lecture 5:30pm AMAM Health Lecture: Sue Campbell, Community Nutritionist 7:15pm AUD Anthony McGill, clarinet B 8:00pm Kulas	3 News & Views 10:30am AUD Iran: Case Study in Conflict Resolution 4:30pm OC Sci Ctr Craig Lecture Hall B	4 Walk in the Park: 9:00am Heiser Play: "Bette Davis on the Edge" Christine St. John 7:00pm AUD NOTE TIME				
GaRM = Gathering Rm. CCR = Crossroads Conf. Rm. HL = Heiser Lounge WCH = Warner Concert Hall WHT = Whittier Lounge Bold Face = at Kendal B = Kendal Bus			<hr/> Wed. Morning Conversations Group - 10:00- 11:00am - WHT English Country Dancing Sundays, 7:15pm, AUD <hr/>	5 Quaker Worship 10:30am WHT Film: The Pink Panther 7:00pm WHT	6 Coffee Hour Barbara Thomas 9:30am Langston Budget Update Ann O'Malley 4:00pm AUD Bridge 7:00pm AUD	7	8 Lunch Bunch: Sal & Al's Diner, Amherst B 11:30am-2:00pm Song Swap with Judy Cook - Heiser Lounge 6:00pm Scrabble 7:15pm CCR OC Convocation: Art Spiegelman, Phillip Johnston B 7:30pm Finney	9 Low Vision Support Group 4:00pm Green Rm Solo Diners 5:30pm The Den	10 Disclosure Statement Ann O'Malley 3:00pm AUD Bruce Dickey, Cornetto B 8:00pm Fairchild	11 Walk in the Park: 9:00am Heiser United Fellowship 9:30am AUD Episcopal Serv. 11:00am GaRM Met Opera HD: Macbeth B lv. Heiser 11:40am Film: Smiles of a Summer Night 7:15pm AUD
12 Quaker Worship 10:30am WHT Film: Moonstruck 7:00pm WHT	13 Flu Shots - HL 10:00am-12:30pm 3:00-5:00pm Sounding Board 2:00pm WHT Prof. Ron Kahn - Supreme Court and Individual Rights 4:30pm Lewis Ctr. Hallock Aud B Bridge 7:00pm CCR Lorain Parks 7:15pm AUD	14 Tuesday Tea 2:30pm AMAM "The Fracking War" - Role of Novel in Social Change 4:30pm AUD Candidates Night First Church B 6:30pm - Meet/Greet 7:00pm - Forum	15 Flu Shots - HL 10:00am-12:30pm 3:00-5:00pm UU Gathering 4:15pm AUD Pairs Bridge 7:00pm CCR OHC: "Jacob Dolson Cox" 7:15pm AUD Historic B Performance 8:00pm Kulas	16 KORA Council 10:00am AUD Michael Dirda, OPL 4:00pm B Estate Planning and More 4:00pm AUD Thursday Lecture "Future of the Book" Michael Dirda 7:15pm AUD A & S Orchestra B 8:00pm Finney	17 Roman Catholic Mass 10:00am CCR	18 Walk in the Park: 9:00am Heiser Met Opera HD at Crocker Park: Le Nozze di Figaro lv. Heiser 11:40am B				
19 Quaker Worship 10:30am WHT First Church Serv. 4:00pm GaRM Film: Dracula 7:00pm WHT	20 Flu Shots - HL 10:00am-12:30pm 3:00-5:00pm Monday Night B Movie at Apollo (tx) Sign up for bus Bridge 7:00pm AUD	21	22 Flu Shots - HL 10:00am-12:30pm 3:00-5:00pm SPINACH 5:15pm Wm. Penn Scrabble 7:15pm CCR	23 Flu Shots - HL 10:00am-12:30pm Thoughtful Med. 10:00am Green Rm. Stephen Fazio, guitar 7:15pm AUD	24 Remembering Len Garver: Len's Trolley Run 4:30-6:00pm HL Community Conversations Sailing for Peace 7:15pm AUD	25 Walk in the Park Carlisle Duck Pond - Halloween! 9:00am Heiser Film: Smoke Signals 7:15pm AUD				
26 Quaker Worship 10:30am WHT Film: Harry Potter & Sorcerer's Stone 7:00pm WHT	27 Flu Shots - HL 3:00-4:00pm Aft. Exchange Barbara Thomas 4:00pm Langston Meet, Greet, Eat Fox & Fell Bridge 7:00pm AUD	28 Health Services Forum 4:00pm AUD Song Swap HL 6:00pm Computer Users 7:15pm AUD G. Fulkerson, violin, M. Duphil, piano 8:00pm WCH B	29 Country Kitchen: Apples! 2:00pm Newcomers Reception 4:00pm HL OC Convocation: Jeffrey Sachs B 7:30pm Finney	30 Beth & Arn Lewis 4:00pm HL Kendal 21st Anniversary "Souper Supper" Ghosts, Witches and Fierce, Scary Things 7:15pm AUD	31 Halloween! Contemporary Music B Ensemble 8:00pm WCH	<hr/> Mon., Oct 13 Come to Senior Independence Open House Apt. #155 1:00-3:00pm <hr/>				