

# Kendalight

Kendal at Oberlin Residents Association

October 2017

Volume XXIV, Number 10

## First Church in Oberlin UCC Celebrates 175 Years

On October 8 at 10:30 am, a city-wide celebration of the laying of the cornerstone of the First Church Meeting House in 1842 will take place at the church. Important Oberlin his-



tory, music, prayers, fellowship and a reception afterwards will celebrate 175 years. For many years, the Meeting House was the only place of worship in Oberlin and all residents worshiped together. In addition, many historic events have taken place there including graduations, concerts, a celebration of those freed in the Wellington Rescue, speeches by Frederick Douglass, Martin Luther King, Mark Twain, and the first concert of spirituals presented by the Fisk Jubilee Singers on their famous tour in 1871.

## Thinking about Winter Solstice Yet?

### It's Never too Early to Plan for December Fun!

Please join us around a table at the Fox & Fell Café on Mon., Oct. 2 at 2:00pm. Bring ideas and suggestions for Kendal's 2017 Solstice!  
**EVERYONE WELCOME!** *-Your Program Committee*

## Join us for KatO's "Souper Supper" on Thurs., Oct. 19

Several years ago, Kendal at Oberlin residents decided to celebrate our yearly anniversary in a special way: not with a fancy meal but with a simple supper! The savings are then given to Oberlin Community Services to use for its many outreach efforts. This year OCS is highlighting the need for donations to its food program. Is the money needed? OCS reports that to date in 2017 557,700 pounds of food have been distributed countywide. Its pantry has been visited 46,300 times, up 23% from 2016.

We support Oberlin Community Services because it is a responsive community organization that provides direct assistance, referrals, outreach services and educational support to community members who seek help meeting basic needs. In Oberlin 21% of our residents live below the poverty line. OCS is all about cultivating hope in OUR community.

The Souper Supper started in 2009 when dining room construction became a problem for the usual fancy affair. Resident Jim White suggested we go for a simple supper and place soup kettles around for resident contributions to OCS, with Dining Services contributing the money saved on the less-elegant dinner. KORA agreed, and a tradition began! Look for the soup kettles in both Langston and Fox and Fell all day on Thurs., Oct. 19. Please give generously to support OUR community.

*-Janet Bolland, OCS Board member;  
Janet Kelsey Werner, Chair, Food Committee*

**COFFEE HOUR**  
WITH  
**BARBARA THOMAS**  
**TUESDAY, OCTOBER 10**  
**9:30AM - LANGSTON**

**SPECIAL GUEST:**  
**SEAN KELLY, CEO, PRESIDENT**  
**THE KENDAL CORPORATION**

**2018 BUDGET UPDATE**  
**ANN O'MALLEY**  
**THURSDAY, OCTOBER 12**  
**4:00PM - AUDITORIUM**

**AFTERNOON**  
**EXCHANGE**  
**BARBARA THOMAS**  
**TUESDAY, OCTOBER 24**  
**4:00PM - AUDITORIUM**

## KNOW YOUR KORA COUNCIL

*This is really why I always made my daughters learn to garden -- so they would have a mother to love them, long after I am gone.*  
~Robin Wall Kimmerer

With appreciation and excitement, the co-coordinators for Kendal at Oberlin's 2018 25<sup>th</sup> Anniversary celebrations were announced at September's KORA meeting. They are Kathy Caldwell and Carol Harvey. Working with them will be Sally Nelson-Olin who will maintain the activities calendar. Please funnel your ideas and initiatives through Carol and Kathy. Look for updates from the coordinators about what is planned and needed. Read the vision statement for the 25<sup>th</sup> and list of suggested projects in the Kendal Library (see the folder marked 25<sup>th</sup> on library table) and be inspired. Thanks to KORA's Arboretum Committee, a plan to sustain Kendal at Oberlin's Arboretum has been developed. At council meeting, Arlene Dunn provided highlights of the plan, which is also being submitted to KatO administration, the KatO Facilities Management team, and the Board's Campus Planning Committee. For the Sustainable Plan to be successful, continued resident support of the goals and strategies of the plan and volunteer help for various arboretum projects outlined in the plan are extremely important. The Arboretum Committee welcomes new members and your questions. The presentation and the plan can be found in Kendal's library (see the folder marked Arboretum on the library table). The KORA annual budget appeal ends October 14. Please consider a donation. This year's budget goal is \$31,000. All expenses of the association are covered by your voluntary contributions. There is a box at the Heiser Reception Desk for donations. Make checks out to KORA.

## Fall LifeLong Learning Classes in Heiser Auditorium

**News & Views: Foreign Affairs.** Monthly topics from Foreign Policy Association's "Great Decisions" briefing book. Fri., 10:30am to noon, **Oct. 6**, Prof. Jiyul Kim will present **Conflict in the South China Sea** (see p. 5); **Nov. 3, Nuclear Security; Dec. 1, Prospects for Afghanistan and Pakistan.** No registration or fee.

**Fiction into Film.** One of the reasons for the popularity of films is that a great many of them have been adapted from novels, plays and short stories. Directors and screenwriters have become increasingly challenged to translate literary material into moving visual images. Robert Dudash, Professor Emeritus of English and film, and Director, LCCC Film Society, will survey the history of this process, culminating in a reading and viewing of the novel "Snow Falling on Cedars." (The book is available at Mindfair Books in Oberlin.) Tuesdays, 10:00 to 11:30am, **Oct. 17, 24, 31.** Fee: \$20. (Class # 4418) On Monday, Oct. 30, the film based on the book will be shown at 7:15pm. (See p. 5.) No charge for the film showing; open to the public.

**Opera Preview: "The Marriage of Figaro" – FREE!** Le Nozze di Figaro premiered in 1786; it is one of Mozart's three famous Italian comedies and continues to be performed frequently. Oberlin Opera Theater students from the production will present a preview of this opera on Thurs., 4:00-5:00pm, **Oct. 26** (1 session). No registration or fee. Performances in Hall Auditorium will be Nov. 1, 3 and 4 at 8:00pm and Nov. 5 at 2:00pm (not included with class; to purchase tickets, call Central Ticket Service at 775-8169.

Later this fall: "**Listening to Music,**" a four-session course, will be presented by Kendal residents Diane and Robert Follet on Wednesdays, Nov. 8 through Nov. 29. Details in the November *Kendalight*.

For information and registration, call the LifeLong Learning Center at Lorain County Community College, 440-366-4148.

Remember to check out the Volunteer and KORA Bulletin Boards for activities of interest. If you have questions on how to join a committee or when meetings are held, contact the chair of the committee or special purpose group. The Committee List is on the Bulletin Board and also in the KORA file in the library. There is much joy in our lives here at Kendal at Oberlin. I know too that we experience sadness and have concern for others. Today I remember those in our country and around the world who have been impacted by hurricanes, earthquakes and extreme weather conditions and especially the staff, residents and families of our

community who have friends and loved ones in Puerto Rico. Mark your calendar for the next KORA Council Meeting on Thursday, October 19, at 10:00 am. Your presence makes a difference!

~Ann Francis, KORA President

### Community Conversations "Hunger in America"

**Fri., Oct. 27 - 4:00pm - AUD**

Have a conversation with Matt Hayes, Chief Human Resources Officer of Feeding America. Feeding America is the nationwide network of 200 food banks that leads the fight against hunger in the United States.

# PROGRAMS

## Thursday Health Lecture “Staying Healthy at Kato”

**Oct. 5 - 7:15pm - AUD**

Learn what programs offered at Kendal will best work for you. Questions? Jill Tvaroha, Kendal wellness coordinator, and Stephanie Caesar, rehab director, have the answers.

## Third Thursday Lecture “Lifelong Learning at the Cleveland Museum of Art”

**Oct. 19 - 4:00pm - AUD**

Dale Hilton, director of teaching and learning at the Cleveland Museum of Art, oversees Distance Learning, Art to Go and the Teacher Resource Center. She has produced 47 video-conference topics with Distance Learning staff.

## Big Bus Trip to Cleveland Museum of Art Wednesday, November 1 9:15am - 3:30pm

- Visit special exhibit “The Jazz Age: American Style in the 1920s” at 11:30am (ticket needed)
- Visit various galleries, including CMA’s “Rodin - 100 Years” exhibit.
- Lunch in the Provenance Café (at personal expense) or bring a box/bag lunch and sit at a table in the atrium.

**Cost:** \$25 for bus. **If you are not a CMA member**, add \$12 for the Jazz Age exhibit for a total of \$37. Place check payable to KORA in Box #33 by October 24. **A seat is reserved only with payment in full.** There will be no refund after that date.

Sign up on the sheet in front of the mailboxes. Please indicate whether you are a member of the Museum. Questions? Contact Judy Riggle, vice-chair, Day Trip Committee.

## Lunch Bunch: Sal and Al’s Diner, Amherst Wednesday, October 11

This family-owned restaurant serves a wide array of dishes, including classic sandwiches, pierogies, Syrian dishes (like mjudra), chicken paprikash, old-world pizza, and perch dinners. Bus leaves Heiser at 11:30am, returning about 2:00pm. Bus charge: \$7.00. Lunch at your expense. Place check to KORA for \$7.00 in Box #157 by Mon., Oct. 9.

## LWVOA Issues Night Mon., Oct. 2 - 7:00-8:30pm Community Room, Oberlin Public Library

The League of Women Voters of the Oberlin Area will present speakers on the state, county, Oberlin City and Oberlin School District issues that will appear on the November ballot. **Sign up for Kendal bus.**

## Hear Candidates for Oberlin School Board and Oberlin City Council at First Church on October 9

The 2017 Oberlin Community Candidates Night will be held at First Church Meeting House on Monday, October 9. Refreshments will be served at 6:30pm, followed by the gathering from 7:00-9:00pm in the Meeting House.

Candidates for Oberlin School Board and Oberlin City Council will answer questions. No ballot issues will be presented. A coalition of Oberlin community groups, including Kendal at Oberlin, has been co-sponsoring this nonpartisan, volunteer event for over 26 years. **Sign up for bus.**

## MUSIC

### Folk Music Concert: Martin Groswendt and Susanne Salem-Schatz Sat., Oct. 14 - 7:15pm - AUD

This duo explores traditional and vernacular American music in a unique and compelling way, digging deep into the roots of early blues and southern American music.

### Mohit Dubey, classical guitar Mon., Oct. 16 - 7:15pm - AUD

Mohit will play music of J. S. Bach, Giulio Regondi, Antonio Lauro and Roland Dyens. A student from New Mexico, son of Indian and German scientists, he is excited to use music as a means of expression and storytelling across cultural differences.

### Una Voce Musica Tues., Oct. 17 - 7:15pm - AUD

Under the direction of Tim Unger, this advanced vocal ensemble of Oberlin Choristers will perform about 30-45 minutes of music with commentary about the music and about Oberlin Choristers. After the audience departs they will stay in Heiser Auditorium to rehearse.

### Bob Follet, viola Fri., Oct. 20 - 7:15pm - AUD

Bob Follett will play two works for unaccompanied viola, selected movements from the Bach cello suite in D minor, and Sonata Op. 25, No. 1, by Paul Hindemith. Allen Huszti will join him for the Brahms Sonata, Op. 120, No. 2 in E flat.

### Zoe Proett, violin Mon., Oct. 23 - 7:15pm - AUD

A violin student of Milan Vitek, Zoe will play sonatas by Mozart and Brahms as well as selections by Sarasate and Kreisler.

## Sunday Movies in Whittier at 7:00pm

**Oct. 1 - Up (2009)** In this animated film, 78-year Carl travels to Paradise Falls in his home equipped with balloons, inadvertently taking a young stowaway along with him. PG

**Oct. 9 - The Nutty Professor (1963)** To improve his social life, a nerdy professor (Jerry Lewis) drinks a potion that temporarily turns him into the handsome, but obnoxious, Buddy Love.

**Oct. 15 - Forever Darling (1956)** A couple (Lucille Ball and Desi Arnaz) who have been married for over five years start to drift apart. Then an angel that only she can see comes into the wife's life and warns her of upcoming trouble.

**Oct. 22 - Swing Parade of 1946 (1946)** A struggling young singer falls for a nightclub owner whose millionaire father is trying to shut the club down. The Three Stooges as the waiters steal the show!

**Oct. 29 - Dracula (1931)** - Re-live all the terror, mystery and intrigue of the original vampire masterpiece starring Bela Legosi. It inspired hundreds of adaptations and launched the Hollywood horror genre.

## Saturday Night Movie Oct. 7 - 7:15pm - AUD

**The Best Exotic Marigold Hotel (2011)** A delightful tale about cash-strapped seniors who decide to "out-source" their retirement in far-off India. Here they make new friends and even romance blossoms. Features a stellar cast including Judi Dench, Bill Nighy, Maggie Smith, Tom Wilkinson, and Dev Patel. PG-13. ~Donna VanRaaphorst



Two of our galleries will mount new exhibits this month.

**Kendal Gallery:** When the Cleveland Museum of Natural History's Guild of Nature Artists come down on October 9, the black and white photographs of Zhou Yan, depicting Tiananmen Square in 1989, will be installed. An artist's reception for this show will take place on Fri., Oct 20

## Saturday Foreign Film Oct. 21 - 7:15pm - AUD

**Amandla: A Revolution in Four-Part Harmony (2002)** - Interviews, archival footage, and filmed performances highlight the role of music over 40 years in the South African struggle against apartheid. Through a chronological history of the South African liberation struggle, this documentary cites examples of the way that music was used in the fight for freedom. Songs united those who were being oppressed and gave those fighting a way to express their plight. The music consoled those incarcerated, and created an effective underground form of communication inside the prisons. The film is named for the Xhosa word for "power." English, Zulu. PG-13. ~Dwight Call

## Come See "Garden Haven"

Among the many new garden sites that beautify our KatO campus, these are certainly the smallest. In July I initiated the miniature garden project for the Creative Art Studio. Six persons joined that Clay Workshop to create imaginative miniature garden houses and related objects such as our red and white toad stools. They are now outside the windows of the Art Studio in the ground-cover. ~Joyce Parker

at 4:30pm in the Heiser Lounge.

**Community Gallery:** Next up will be an exhibit of photographs Kathy Caldwell has taken within the last year in and around Kendal.

**Curio Cabinet:** The display of Joe and Sue Colucci's collection of small houses will be succeeded by a show from Anne and Jim Helm's collection of elephants. **Community Gallery:** Selina Bartlett's travel photographs entitled, "Wanderlust: Images of Asia and Africa," will continue.

**Marketing Office Showcase:** Bob and Carla Van Dale's collection of Coptic Crosses are still on display.

## Genealogy/History Group Tues., Oct. 10 - 7:15pm - AUD

We will have the opportunity to hear first time presenter Tom Morgan speak about "My Ggg-grandfather's House, circa 1820, Wayne County, Ohio." If you have questions or are considering a future presentation, contact Nancy Hultquist.

## Film for "Fiction into Film" Mon., Oct. 30 - 7:15pm - AUD

**Snow Falling on Cedars (1999)** This film, from the novel by David Guterson, tells about a high school romance and a murder trial a decade later. Ishmael, son of the local newspaper editor in a small Pacific Northwest town, and Hatsue, daughter of Japanese-Americans, meet in late 1941. Then Hatsue and her family are sent to an internment camp. Nine years later Ishmael is a reporter, covering a murder trial, and the defendant is the man Hatsue married in the camp. PG-13. Free.

## MAGNIFIERS AND MORE returns to Kendal on Monday, October, 30 from 11:00am to 2:00pm in Heiser Lounge.

~Brought to you by the Low-Vision Group and the Kims

**Centennial Symposium  
Saturday, Oct. 7, 10:00am to  
5:00pm at AMAM**

In lieu of a regular Thursday evening program, the AMAM and the Department of Art present a day of talks and reminiscences to celebrate the AMAM and its important role in teaching with art. During this day-long event, former AMAM directors and curators, as well as Oberlin alumni and emeritus professors, will give their perspectives on the importance of academic museums. The keynote speaker is Stephan Jost, director of the Art Gallery of Ontario (and former AMAM curator). **All are welcome.**

**Tuesday Tea at AMAM  
October 10 - 2:30pm**

To mark the 150th anniversary of Frank Lloyd Wright's birth, Jill Greenwood, the new Eric and Jane Nord Family Curator of Education, will speak about the Weltzheimer/Johnson House designed by Wright and given to the college by Ellen Johnson. The talk will focus on the family who commissioned the plans for Wright's first "Usonian" home in Ohio. **All are welcome.** If you need a ride, meet at Heiser Reception Desk at 2:10pm to carpool.

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**Oberlin Opera Theater: "Le Nozze di Figaro"  
Wed., Nov. 1 - 8:00pm - Hall; Sun., Nov. 5 - 2:00pm - Hall**

"Le Nozze di Figaro" (The Marriage of Figaro) premiered in 1786; it is one of Mozart's three famous Italian comedies and continues to be frequently performed. Mozart's comic adventure centers on the foible-filled wedding day of Figaro and Susanna -- as well as the soaring melodies that make it one of the composer's most beloved operas. Libretto by Lorenzo Da Ponte; performed in Italian with English supertitles.

Tickets: \$10. Call CTS: 775-8169.

**Sign up for Kendal bus for either performance.**

Oberlin Opera Theater students from the production will present a preview of this opera on Thursday, October 26, from 4:00-5:00pm in Heiser Auditorium.

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**Oberlin Heritage Center:  
The Medical History of Oberlin  
Tues., Oct. 24 - 7:15pm - AUD**

Dr. James Dascomb arrived in Oberlin in 1834 and for two years treated Oberlin residents and students with such remedies as essence of cinna-mon, calomel and quinine. Fast forward to 2017: Mercy Allen Hospital is one of a few remaining critical access hospitals serving a rural area. Dr. W. Jeanne McKibben has spent decades documenting the medical history of Oberlin through notes, photographs and rare video interviews. She will share portions of her film-video journey through the years, while discussing the growth of Oberlin's medical field, its near-collapse in 2000, and its re-emergence as a community healthcare hub with a vision for the future.

Mercy Regional Medical Center served as the premier sponsor of this program. **Free and open to the public.**

**Weltzheimer/Johnson House  
Oct. 1, noon to 5:00pm open  
house; program at 4:00pm**

Kevin Greenwood, Joan L. Danforth Curator of Asian Art, will speak at 4:00pm about the influence of Japanese art on Frank Lloyd Wright. Admission for the tour is \$5.

**News & Views:  
Foreign Affairs  
Fri., Oct. 6 - 10:30am - AUD**

Col. Jiyul Kim, retired U.S. Army officer and Oberlin College Visiting Assistant Professor of history, will speak on "**Conflict in the South China Sea.**" His publications have dealt with history, archaeology, policy, strategy, culture and military issues. The South China Sea, one of the world's most important waterways, is a locus of competing territorial claims, with China its most vocal claimant. Beijing's interest has intensified disputes with other countries in the region in recent years, especially since China has increased its naval presence. Despite rising international pressure, including an unfavorable ruling by the International Tribunal for the Law of the Sea, China staunchly defends its policies in the region. Preventing tensions from boiling over is a matter of careful diplomacy. No registration or fee.

**Vision Impaired** \_\_\_\_\_

**Low-Vision Support Group**

**Webcast:**

**"Don't Wait for Luck"  
Thursday, October 12  
4:00pm - Green Room**

**Reading of *The Kendalight*  
Monday, October 2, at  
11:00am in Whittier Lounge**

Barbara Bruer will read the current issue of Kendal's newsletter.

**All are welcome!**

**Call 775-9868 to hear  
announcements and  
menus of the day.**

## More About Kendal's New Residents

### Sandy and Bill Siebenschuh

**Sandy:** I was born in Chicago and grew up in a northwest suburb, River Grove. I then went to Grinnell College, where I majored in English and met Bill, to whom I have been married 52 years. We moved to Berkeley for Bill's graduate work, and while he was doing that I taught English in a San Francisco junior high school. When Bill received his PhD, we moved to New Jersey while he taught English at Fordham in New York City and I was a college textbook editor at Prentice Hall. Nearly 40 years ago we moved to Cleveland Heights when Bill joined the faculty at Case Western Reserve University. In Cleveland I was a director of communications, a director of marketing, and an editor of publications in various places, including Case. We enjoy traveling and have been to England, Ireland, France, Italy, and China. We have two children, a daughter Ellen and a son Bob, who live with our five grandchildren in Shaker Heights and Auburn, OH. I enjoy reading mysteries, especially if they're in the classic British tradition; nonfiction, especially history; and fiction. I used to love playing bridge and hope to again after I brush up my bidding. I hope to shape up by swimming, walking, and tai chi-ing, I am also fond of gardening, visiting museums, and attending classes, and I'm already starting my homework for a class on World War II at Oberlin College. I love the sense of community, friendliness, and shared interests at Kendal; and I'm already sure both Bill and I will be very happy here.

**Bill:** I was born in Chicago, and lived on the city's South Side until I went to college. I received a BA (English) from Grinnell College, and an MA



and PhD at the University of California. My specialties were 18th- and 20th-century British literature, biography and autobiography. My first teaching position was at Fordham University.

I came to Cleveland and Case Western Reserve University in 1978 and have been there ever since. I will be commuting to Case Western Reserve and will retire in June 2018.

I met Sandy at Grinnell College. We have lived in Berkeley; Bergenfield, NJ; and Cleveland Heights, OH. We celebrated our 50th Anniversary two years ago. We have two children, Ellen and Bob. Ellen is a clerk for a federal judge in Cleveland, and Bob is Senior Vice President of Property Accounting Operations with Developers Diversified, also in Cleveland. We have five grandchildren: Hannah and Claire, 16; Brooke and Kevin, 12; and Reese, 8.

Sandy and I love to travel. I've been an avid fisherman all my life and don't intend to stop now! I like photography, and have annoyed my family for years with the number of pictures I take. I like reading and watching detective stories, especially classic British mysteries. I'd stop doing almost anything to watch a Joan Hixon-Miss Marple. One of the many reasons I'm happy to be here at Kendal is that I will be able to keep doing the things I like best in the company of lots of people who like the same things.

### Kendal Resale Shop Talk

*Benefitting Kendal Resident Assistance Fund and Community Charities*

As of the writing of this article, Kendal Resale Shop (KRS) is prepping for an on-site cottage sale, scheduled to begin September 15 and run eight days. I'll report the results next month. Resale Shop deposits to the Residents Assistance Fund (RAF) for August totaled \$5,472.75. An additional \$2,500 was deposited to RAF for the sale of an automobile, giving us an August total of \$7,972.75.

In addition to the RAF deposit totals I've been reporting, KRS also sells "big ticket" items (\$100+) to Kendal at Oberlin employees via payroll deduction agreements. When each agreement is fulfilled, Human Resources submits that amount to Finance for transfer to KRS. To date, these amounts for 2017 total \$7901, which is not included in the monthly reporting.

**DID YOU KNOW?** For safety reasons, we can't display kitchen knives or any sharp knives for resale in our KRS showroom. (A kitchen knife is one that is intended to be used in food preparation, such as a chef's knife, paring knife, cleaver, etc.) Whenever such knives are donated to KRS, we post an announcement on our Resale Shop bulletin board so interested buyers can call us to view and purchase them.

**THANK YOU!** Keep those donations coming and keep shopping the KRS!

### Upcoming Move-Ins

**Bruce Harker and Anne Palmer** will move from Sarasota, FL, to a Kendal Cottage in early October.

### Recent Move Ins

**Marilyn Sweet** moved from Akron, OH, to a Kendal Cottage in early September.



7/20/17  
to  
9/8/17

### Nature Sightings

**7/20-9/8** Several sightings of Monarch Butterflies, including two egg- laying, by Maureen Bailey (Housekeeping), Anne Helm, Ann Pilisy, Larry Porter, and Maxine Houck;  
**7/25** Least Bittern (two) over Meadow Pond, Ruth Bent; **8/2** Big turtle crossing Parking Lot 11, headed for Center Pond, Dianne Haley; **8/13** Four vultures in a big oak tree in Westwood Cemetery, Marcia Deist; **8/17** Female Tiger Swallowtail outside Fitness Room, Larry Porter; **8/20** Active Dove nest in crabapple tree at #104, Diane Morgan; **8/21** Cooper's Hawk in tree by Center Pond, Ken Cheek; **8/30** Black Saddlebag Dragonfly on cottage wall near Troll Bridge; Anne Martin; **9/3** Cloudless Sulphur Butterfly at Wildflower Hill, and Viceroy Butterfly near Center Pond, Larry Porter; **9/4** Red-shouldered Hawk behind #201, Lee Hefner; **9/6** Barn Swallows over lot 2 area, Maureen B.; **9/6** Double-crested Cormorant over Rock Pond, Scott Orcutt.

**IN MEMORIAM**

**CATHARINA "KATY" LESTER**  
AUGUST 30, 2017

**VICTORIA "TORIE" YOUNG**  
SEPTEMBER 6, 2017

**WILLIAM "BILL" FARQUHAR**  
SEPTEMBER 10, 2017

**WILLIAM "BILL" SCHREINER**  
SEPTEMBER 16, 2017

### 2017 Oberlin Public Library Book Sale, October 12-15

Free, except for Friends' Pre-Sale (new members can join at the door).  
 Wed., Oct. 11, 5:00pm-8:00pm - Friends' Pre-Sale Night  
 Thur., Oct. 12, 10:00am-8:00pm  
 Fri., Oct. 13, 10:00am-5:30pm  
 Sat., Oct. 14, 10:00am-5:30pm  
 Sun., Oct. 15, 1:00pm-3:00pm

Most items \$0.50-\$1.00.  
 Sat.: \$5.00/bag; Sun.: all items half-price.  
 Sponsored by the Friends of the Oberlin Public Library. Contact Ann Ingram, 520-444-9585 or FOPL.Oberlin@gmail.com.

### The Play Readers Committee Welcomes Resident's Input

- If you would like to be considered for a role in one of our plays, let us know. The actual cast selection for each play resides with that director.
  - If you have any suggestions for plays for us to consider presenting, let us know.
- The choice of plays depends upon the decision of the committee: Jerry Berner, Ruth Bent, Carol Ganzel, Maxine Houck, Robert Taylor, Rachel Fordyce, Nancy McClusky.  
 Questions? Ask Jerry Berner. Call 774-6025 or email [jberner@oberlin.net](mailto:jberner@oberlin.net)

### KatO Resident Insurance Workshops - 10:00-11:00am Education Center Training

The fall season brings Open Enrollment options from your insurance coverage. Join Kendal insurance coordinator Donna Weber on one of the dates listed below for a discussion of your plan's specifics.

#### Open Enrollment Specifics

- Wed., Oct. 4: STRS**  
**Wed., Oct. 11: OPRS**  
**Thurs., Oct. 19: Oberlin College**  
**Wed., Oct. 25: Anthem/BCBS**  
**Wed., Nov. 1: Medicare Advantage**  
**Wed., Nov. 8: Traditional Medicare Medigap**

### Celestial Event in October

The full Harvest Moon will be celebrated at the base of Wildflower Hill at 7:30 pm on Thursday, October 5. Come bring your chair and join in the fun with a song, a snack or a custom to share!

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**Did You Know? You can call 775-9868 to hear announcements and menus of the day.**

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### Kendal Kryptogram #153 - by Nina Love

**YEXWZ WESNXWZ XF ROVP NUVY SE**

**YE: PEG WOVROV TWEK KNOW PEG'VO**

**AXWXFNOY. ~BOFBXO WXOBFOW**

Solution to Kryptogram #152: "War is God's way of teaching Americans geography." ~Ambrose Bierce

## **Report from The John Bartram Arboretum:**

### **Bees and Trees Help Each Other**

While strolling through a Farmer's Market in Toronto, Ontario, I was delighted to come upon a table titled "Bees Love Trees." It caught my attention and kept me there when I saw that our Arboretum signature tree, the tulip tree, was pictured on the material along with the red maple, a tree we have here in over-abundance. The Province of Ontario is encouraging the planting of trees, shrubs and perennials which are beneficial to bees in order to bring nature back into a better balance. We are talking about more than honey bees. From forests to farms, from cities to natural areas, there are 4,000 native bee species in the United States, and about 500 in Ohio according to OSU. Trees are wonderful partners with bees. About the time winter is over and the bees have depleted their stored food, some varieties of trees and shrubs begin to bloom, providing bees with needed pollen and nectar. In turn, the bees are doing the trees a service by fertilizing their flowers. A diversity of healthy trees is more imperative for pollinators than most of us realize. Different species bloom at different times of the growing season, so diversity is important to ensure that something is always in bloom to feed pollinators. Trees are especially important because they provide most of the first-available food for pollinators in the spring. And since trees have hundreds of flowers, they make for efficient foraging for bees in early spring when bees' energy sources are low. Among those early bloomers in our Arboretum are the Ohio buckeye, eastern redbud, serviceberry and red maple. Our tulip tree blooms a little later. Many pollinators have been hurt by broad-spectrum chemical products

marketed to kill other pests. Neonicotinoids have been especially harmful, whether coated on seeds or sprayed onto crops; they disorient bees and disrupt their reproductive patterns. Kendal grounds staff, Arboretum Committee members and residents should ask our nurseries for neonicotinoid-free seeds and plants. Our Arboretum can be part of the solution as we choose to plant more healthy trees and shrubs that can produce hundreds of pollen-laden flowers on just one plant! Without pollinators, we would not have much of the food we eat. One third of our food is pollinated by bees, according to some of the lower estimates of research sites. Among foods from trees, apples, almonds and coffee are produce for which insects are essential as pollinators. I am very thankful for our tree-loving bees.

*~Anne Helm for the Arboretum Committee*

### **Community Conversations "The New Agrarian Center" Mon., Oct. 2 - 7:15pm - AUD**

Nick Swetye, CEO, of the New Agrarian Center, aka the George Jones Memorial Farm and Nature Preserve, will look at the state of the local food movement in northeastern Ohio, the future of farming, and what we can do locally to foster a more just and healthy region.

In Cuyahoga and Lorain Counties, 400,000 people live in food deserts, where grocery stores have closed and left fast food and convenience stores as the only food options. The result is a health crisis very real for residents of these communities. The New Agrarian Center has been working for more than a decade to solve this issue locally and provide a global template for how urban and rural communities can come together to change this broken food system to their mutual benefit. .

### **Nest Box News**

The nesting season has ended! Eastern Bluebirds nested in four of Kendal's 14 nest boxes. In the nest in the box by Meadow Pond, five of the six chicks hatched, but they all perished. A box in the Community Garden, with only three eggs, succeeded in fledging all three chicks that hatched there. A third, on Wild Flower Hill, fledged three of its five chicks, and a fourth box, by Rock Pond, successfully fledged the four chicks from the four eggs laid. This adds up to 14 Eastern Bluebird chicks reared in Kendal's nest boxes. Bluebirds nested in only two of New Russia Township Park's nest boxes this year. One Bluebird pair failed completely, but that in a second box reared two broods of chicks for total of nine chicks successfully fledged, the first brood in mid-summer and the second in late August. American Tree Swallows, always more prolific, successfully raised chicks from five of the six Kendal boxes in which they built their feathery nests, fledging a total of 21 chicks. Next door, in New Russia Township Park, tree swallows nested in 13 boxes. Though one box failed completely, some eggs failed to hatch, and several chicks died, a total of 21 tree swallow chicks fledged from their nest boxes. All in all, it was a pretty good year! *~Nina Love*

### **A Buddy System Update**

The Buddy System is a KORA program whereby residents make quick, personal check-ins each day to be sure we are up and OK.

If you are interested in knowing more about the system or if you would like a buddy, please contact the new Buddy System coordinator Lynn Ayres at [tomorrnschild@oberlin.net](mailto:tomorrnschild@oberlin.net) or at 734-476-3182. A big thank you to her for her willingness to supervise this very important program.

## A New Name for Channel 27

Where do you find the menus and announcements for the activities of the week? Do you actually see them on Channel 27... or 919... or 91.9... or do you see them on our Kendal website, [kaores.kendal.org](http://kaores.kendal.org)? Now the name "Channel 27" doesn't really cover it. The committee that brings you the menus and announcements has changed our name to WKAO. You have seen the letters WKAO on the first slide of the display for many years, and now that is how we shall be known. You will still find your information where you have been finding it. And, if you don't look at WKAO, you don't know what you're missing!  
~Marcia Deist, Chair, WKAO

## KatO Artists, Writers Shine in State Competition

What happened at LeadingAge's annual statewide conference and Arts and Writing Forum for residents of non-profit life care communities? Cate Schwaegerle's striking red, white and black "A Cormorant on a Kusma" received first place in Photography. Don Parker won first place for his fiction, "Getting Home," which was also praised by the master of ceremonies at the luncheon: "I wish I had time to read this great story to you." Eleanor Helper's "Red Snapper at the West Side Market" won honorable mention in Computer Art, and George Hannauer's "Incognito No Longer: A Tale of Adoption" was awarded honorable mention in Prose Non-Fiction. Next June 6 Kendal at Oberlin will host the Greater Cleveland/Lorain County LeadingAge Resident Forum in the Education Center. Plan to enter one of your favorite photos, ceramics, poems or stories.

~Michele Tarsitano-Amato and Thelma Morris

*Kendal staff and residents pose at the LeadingAge Luncheon. Seated: Brian Milligan, Kendal driver; Cate and Paul Schwaegerle, Anne Martin, Eleanor Helper, residents. Standing: Thelma Morris, resident; Amanda Hooley, Jameson House Life Coordinator; Ashley Krueck, Administrator in Training, Creative Arts Therapy; Kathy Caldwell, resident; Michele Tarsitano-Amato, director, Creative Arts Therapy.*



## "Loving Someone Who Has Dementia" Book Group

A new book group has been formed to read and discuss "Loving Someone Who Has Dementia," by Pauline Boss, PhD. Facilitated by Sue Palmieri and Carla Van Dale, it is intended for anyone, resident or staff member, who is caring for a person with dementia or who has done so in the past. It will meet every other week in Crossroads, beginning on Oct. 25 at 7:15pm for a total of four times. Residents will buy their own book; staff will have books provided. Sign up on the sheet under the open mailboxes. The reading assignment for the first meeting will be posted there. Questions, please contact Carla or Sue.

## "Dancing with Dementia" Book Group Begins Oct. 19

Lynn Ensinger, KatO Director of Clinical Services, and resident Sandi McClennen will host a book group to discuss "Dancing with Dementia," a book written by a person living with dementia. The group, which is open to SCC staff and all Kendal residents, will meet from 3:00 to 4:00pm, beginning Thurs., Oct. 19, in the Green Room, and continue every two weeks for four sessions (Nov. 2, 16 and 30). Books will be available from the group facilitators. There will be a sign-up sheet by the mailboxes. *Sponsored by Thoughtful Health Conversations.*

## Low-Vision Book Group Will Listen to "Dancing with Dementia" Beginning Oct. 4

"Dancing with Dementia" will be read, for interested residents with low vision, beginning Wed., Oct. 4. We will meet each Wednesday (until the book is finished) in Whittier Lounge from 4:00 to 5:15pm. Janet Smith and Kenneth Cheek will be the readers and allow time for discussion and questions. For more information, call Janet or Ken or Michele Tarsitano-Amato. *Sponsored by Thoughtful Health Conversations.*

## Table Tennis: Effort and Pleasure

What sets table tennis -- as we Kendal devotees insist on calling it -- apart from "ping pong"? Most simply, it's the effort to step, however modestly, from the basement game of our youth toward what became an Olympic sport in 1988. It's how *seriously* we devote ourselves to achieving that step. For sure, nothing's wrong with "just having fun" batting around a little "ping pong" ball! But as our hold on the basic strokes of table tennis grows firmer, the fun grows deeper. It's this more rewarding kind of fun that keeps us coming back in often strikingly large numbers; and it has made table tennis notably present on the Kendal scene. Thanks, too, to the friendly, patient, persistent coaching of our Wakeman friend Doyle Harbaugh, we're progressing from week to week. ~Sidney Rosenfeld

### AAA Safe-Driving Course

If you signed up for the two-day AAA safe-driving course on **Mon., Oct. 30, and Wed., Nov. 1**, the class meets from 10:00am to 12:00 noon and 1:00 to 3:00pm, both days in the Kendal Education Center.

### First Church United Fellowship Sat., Oct. 14 - AUD

**9:30am - Food and fellowship**  
**10:15am - Bob Longworth**

Come listen to Bob Longworth's talk on "Matthew Arnold and Mark Twain at First Church in 1884 and 1885." Find out about their lectures and why they came to Oberlin.

**All are welcome.**

### Looking for Someone?

**Find biographies of all residents, newcomers and old-timers, in "Who's Here" on the library center bookcase.**

## Saturday Walks

The last scheduled walk til spring will be in October. During the winter, the Saturday walkers will assemble, as usual, in front of the Heiser Reception Desk at 9:00am, then decide where to go on that day.

Our walks are leisurely, 1-3 miles in length.

This month is special -- our finale is the Halloween walk at Carlisle. The decorations are quite creative.

**Oct. 7 - Carlisle/Meadow Loop**

**Oct. 14 - Wellington Reservoir**

**Oct. 21 - Bike Path/Lorain Street**

**Oct. 28 - Carlisle/Nature Center/  
Duck Pond (Halloween)**

Any questions? Contact Jerry Berner.

## UU Kendal Gathering

### "Women Who Led"

**Rev. Patricia Hart**

**Wed., Oct. 18 -4:00 pm - AUD**

Elizabeth Cady Stanton didn't have much use for religion. She felt the Bible and the church helped deny women their full rights. Nevertheless, her friendship with Quakers like Lucretia Mott and Unitarians like Susan B. Anthony helped to shape the radical agenda she pursued in the 19th century, creating a foundation that has come down to us. Rev. Patricia Hart is Interim Senior Minister at West Shore Unitarian Universalist Church in Rocky River.

### RELIGIOUS SERVICES AT KENDAL

#### Episcopal Service

Saturday, Oct. 14, 11:00am,  
Gathering Room, Fr. Brian Wilbert

#### First Church Service

Sunday, Oct. 15, 4:00pm,  
Gathering Room

#### Roman Catholic Mass

Friday, Oct. 20, 10:00am,  
Crossroads Room

#### Society of Friends

Sundays, 10:30am, Education Center



## Bridge Results

**Mondays: Sept. 4:** 1st, Tomo Ijiri;  
2nd, Eileen Dettman.

**Sept. 11:** 1st, Eileen Dettman; 2nd,  
Mary Beth McCalla.

**Sept. 18:** 1st, Joe Colucci; 2nd, Enid  
Cleary.

**Sept. 25:** 1st, Tomo Ijiri; 2nd, Kathy  
Caldwell.

## Kendalopolis Putt Golf Single-Game Tournament

You are invited to play only one game in this last outdoor tournament of the year. Sign up at the Activities Bulletin Board. Teams will consist of three players to encourage the participation of singles.

Our 8-hole putt golf course, designed, built and maintained by Kendal residents, is unique in all of Kendal, Ohio. Sign up Oct. 1-10.

Tournament Oct. 11-31. Celebratory banquet will follow. ~Dan Reiber

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## The Kendalight

Monthly newsletter of the  
Kendal at Oberlin Residents Assn.,  
600 Kendal Dr., Oberlin, OH 44074  
Consulting Editor: Robert Baldwin  
Managing Editor: Elizabeth Aldrich  
Associate Editor: Suzanne McDougal  
Proofreaders: Kathy Reichard, Mary  
Simons

Photos: Lyn Cope, Eleanor Helper,  
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• Deadline for the November 2017  
issue of *The Kendalight* is October 15.

• The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.

• Please submit articles by email to  
our address: [kelite600@yahoo.com](mailto:kelite600@yahoo.com)

• If no email access, please type article on separate sheet, sign and place in *The Kendalight* open mailbox.



## Dining and Nutrition Services

**Thurs., Oct. 12 - 1:15pm - AUD Staff Recognition Program, followed by cake and punch at 2:00pm in Heiser Lounge**

**Thursday, Oct. 19 “Souper Supper” for OCS Fox and Fell and Langston 5:15-7:00pm**

### Intergenerational Gathering

**Thurs., Oct. 26, 3:15pm, Langston.** Diwali, the Hindu festival of light, originated as a harvest festival that marked the last harvest of the year before winter. Kendal resident Lal Arora will join us.

### MEET, GREET AND EAT Returns on Monday, October 23!

Kendal residents enjoy this opportunity to share a meal with other residents with whom they don't usually eat. Just sign up in advance, come to the Heiser Lounge at **5:30pm** and draw a number which will correspond to your table in the Fox and Fell or William Penn, where you will meet your tablemates. You get your meals as you usually do, either by ordering from the menu or going to the buffet. There will be no program: just “Meet, Greet and Eat.”

The **sign-up sheet** will be posted below the open mailboxes on **Mon, Oct. 16**. Only 130 diners can be accommodated, so sign up early! Please help our dining staff by signing up no later than noon on Sat., Oct. 21. Do join us and don't forget to wear your name tags. The usual dining options in Langston and the Fox and Fell will be available for those who do not want to participate. Because of limited seating, this event is open to KatO residents only. *-Sheila Eckstein, Sharon Furrion, Kay Rider, Priscilla Steinberg*

### Time for Your Flu Shot

**Tues., Oct. 3; Wed., Oct. 4; Thurs., Oct. 5:** 10:00am-noon and 2:00-4:00pm, Heiser Lounge.

**Tues., Oct. 10; Wed., Oct. 11; Thurs., Oct. 12:** 2:00-4:00pm, alcove in front of Clinic.

**Tues., Oct. 17; Wed., Oct. 18:** 10:00am-noon, Clinic alcove.

### Danna Mitchell Trained in CranioSacral Techniques

Danna Mitchell, Kendal Wellness Specialist, was selected to take part in a five-day intensive training program on reducing the symptoms of mid-stage Alzheimer's using CranioSacral techniques. Danna will share this knowledge with Kendal residents.

### Caps/Lids/Bench Project

This is your FINAL CHANCE to donate the clean, plastic caps and lids that you have been collecting all summer. This will be two days only!

**Dates:** October 17, October 18, before 1:00pm

**Locations:** Langston, next to the napkin return; Employees Lounge; Kendal Early Learning Center.

**Remember! Wear your name tag so newcomers (and old-timers) can tie your name to that face!**

### Kitchen Tours Wed., Oct. 18, or Fri., Oct. 27 Meet in Langston at 2:00pm

- Sign-up sheet will be posted by the open mailboxes.
- Each tour is limited to a maximum of eight people and will last approximately 45 minutes.
- Please wear socks and enclosed non-slip shoes (no sandals or clogs) and shirts with sleeves due to Health Dept. regulations and for safety.
- Hairnets will be issued to everyone at the start of the tour.
- To keep the kitchen sanitary during the tour, please avoid leaning on or touching kitchen surfaces, counter tops and equipment.
- If you are feeling ill on the day of the tour, please reschedule.
- If you rely on an assisted mobility device (rollator, scooter, electric chair), please talk to Ann Pilisy about possibly arranging another tour to accommodate your needs. Additional tours may be scheduled. Questions? Ask Ann Pilisy.

### Watch for sign-up sheets for Solo Diners and SPINACH:

**Solo Diners:** Thurs., Oct. 12, 5:30pm, The Den (meets on second Thursday of the month).

**SPINACH (Senior Persons Interested in Nutrition and Community Health):** Wed., Oct. 25, 5:30pm, William Penn Room (meets on fourth Wednesday of the month).

### Social Services Lunch Tues., Oct 17 - Noon -The Den

October is national Depression Awareness Month. Do you know the symptoms and how to get help? Join Kim Preston and Kim Peters, Kendal's Social Services Associates, for an hour of conversation. Bring your lunch or purchase it at Langston.

