

The Kendalight

Kendal at Oberlin Residents Association

October 2019

Volume XXVI, Number 10

Join Us for Our “Souper Supper” on Fri., Oct. 11

Ten years ago Kendal at Oberlin residents decided to celebrate our annual anniversary in a very special way – not with an elegant dinner, but with a simple supper. The savings were given to Oberlin Community Services to use for its many outreach efforts. Thus began a tradition!

One in five Oberlin residents lives in poverty, and more than half the children in the public school system live at or below 30% of poverty, thus qualifying for a free or reduced-cost lunch. OCS’s choice pantry is the largest in the county, open five days a week, available to all Lorain County residents who live at 200% of poverty or below.

Youth programming provides daily snacks for children involved in the City of Oberlin after-school program and summer lunches for children (4,392 this year), and partners with OHS Interact Club to provide weekend backpacks of food for elementary school students (about 120) each week. There are Food Rescue partnerships with many institutions in the county including Kendal! Over the last year, 21,000 pounds of food were rescued and diverted to hungry people. And between July 2018 and June 2019, OCS served 1,608 Oberlin residents.

Soup kettles in both Langston and Fox and Fell ALL DAY on Fri., Oct. 11, will collect your cash or check donations (made out to Oberlin Community Services). Please give generously to support OUR community.

~Janet Bolland, OCS board member, and Fran Cooper



How Did Kendal Corporation Get Its Name?

Kendal Corporation is named for a town in the South Lakeland District, Cumbria, England. It has ancient roots and is listed in the Domesday Book as part of Yorkshire with the name Cherchebi. For many centuries it was called Kirkbie Kendal, meaning “village with a church in the valley (or dale) of the River Kent.” That the manufacture of woollen goods was the main industry at one time is reflected in the town’s coat of arms and in its Latin motto *Pannus mihi panis*, meaning “cloth is my bread.” “Kendal Green,” a hard-wearing wool-based fabric, is noted by Shakespeare as the color of clothing worn by foresters (*Henry IV, Part 1*).

George Fox, the founder of Quakerism, spoke to followers in Kendal many times. Margaret Fell (who married George Fox years later) used the name for the fund she raised to assist followers. When Quakers in Pennsylvania established a fund that resulted in building a retirement community, it seemed natural to name the corporation Kendal.

Kendal today is a market town and civil parish known mainly as a center for tourism, as the home of Kendal mint cake, and as a producer of pipe tobacco and tobacco snuff. The Quaker Tapestry, 77 panels illustrating the history of Quakerism from the 17th century to the present day, has a permanent home at the Friends Meeting House in Kendal.



Sources: Wikipedia (<https://en.wikipedia.org/wiki/Kendal>, https://en.wikipedia.org/wiki/Quaker_Tapestry); *History of Kendal at Oberlin* by Richard E. Baznik; *Our English Names* by Eleanor Stabler Clarke; *An abstract of the Life of Margaret Fell*, Gwynedd Friends Meeting Historical Notes (http://www.gwyneddmeeting.org/history/margaret_fell.html). Photo credit: CC BY-SA 2.0. Map credit: CC BY-SA 3.0.

**COFFEE HOUR WITH
BARBARA THOMAS
WEDNESDAY, OCTOBER 9
9:30AM - LANGSTON**

**AFTERNOON EXCHANGE
BARBARA THOMAS
WEDNESDAY, OCTOBER 23
4:00PM - AUDITORIUM**

**2020 BUDGET UPDATE
ANN O’MALLEY
TUES., OCTOBER 22
4:00PM - AUDITORIUM**

KNOW YOUR KORA COUNCIL

Kendal at Oberlin is a community of people who care for one another, for others outside our circle, and for the needs of the world beyond. At memorial events we hear about how our departed friends spent their lives making a difference for good. We are not surprised, because that kind of committed living carried over to our shared life here at Kendal. Our annual report of volunteer service shows the continued commitment we make, as individuals, to the well-being of our community and world.

One of the purposes of our resident association (KORA) is to provide the way to make this commitment to caring a shared enterprise. A review of the groups related to KORA Council highlights the many opportunities we have to work together for the good of others and our world. While each committee, sub-committee, and special purpose group does its part in serving our community, there are many efforts specifically focused toward reaching out to the needs of others. All of the sub-committees related to the Care and Nurturing Committee, as well as our special service groups, are obvious examples of other-centered purpose.

Each October we have a yet another opportunity to show we care as we support the Souper Supper event. For ten years we have celebrated the anniversary of Kendal at Oberlin's founding not with a banquet for ourselves, but by participating in a sacrificial meal and making contributions to Oberlin Community Services to support its work of providing for our neighbors in need. This year Friday, October 11, is the date of our Souper Supper.

KORA is pleased to have a part in keeping Kendal at Oberlin's legacy of care a priority.

~Gary Olin, KORA President

**Next KORA Council Meeting
Thurs., Oct. 17 - 10:00am - AUD**

Fall LifeLong Learning Classes in Heiser Auditorium

The LifeLong Learning Center at Lorain County Community College sponsors classes at Kendal during fall, winter, and spring terms. For information or to register call : **440-366-4148**.

News & Views: Foreign Affairs. Monthly topics from Foreign Policy Assn.'s "Great Decisions" briefing book. Usually **Fridays, 10:30am to noon**. No registration or fee. **Oct. 7: (Mon.)** Prof. Steve Crowley, Chair, Oberlin College Dept. of Politics, "The Rise of Populism in Europe." **Nov. 1:** Joe Colucci, "Colombia: A Green Gem with Promise and Problems." **Dec. 6:** Gordon Evans, retired State Department official, "State of the State Department and Diplomacy."

Philosophy of the Mind. Richard Hall, Emeritus Professor of Philosophy, Michigan State University. Three-part course focuses on recent work in the philosophy of mind. (1) Dualist (mind/body) concept dominant in our culture; (2) Materialist theories of mind; (3) Recent non-traditional dualist views.

CLASS IS CLOSED. Tues., Oct. 15, 22, and 29, 10:30am.

Genetics, Epigenetics, Viruses, and Cancer. Dr. Yolanda Cruz, Robert S. Danforth Professor of Biology, Oberlin College. Three sessions on the connections among genes, epigenetics, viruses, and the category of diseases we call cancer. Focuses on why cancer is not just one disease; some cancers are hereditary, some are attributed to lifestyle and environment, and a few are associated with viruses. **Thurs., Oct. 31, Nov. 7 and 14, 10:30am.** Fee \$20. Class #4525.

Opera Preview: A Midsummer Night's Dream. Jonathon Field, Director of the Oberlin Opera Theater, along with students from the production, previews "A Midsummer Night's Dream," by Benjamin Britten, adapted from Shakespeare's comedy. **Thurs., Oct. 31, 4:00pm.** No registration or fee. Call Oberlin College Central Ticket Office (775-8169) to buy tickets for a performance in Hall Auditorium on Nov. 6, 8, or 9 at 7:30pm or Nov. 10 at 2 p.m. There will be Kendal buses to the matinee and one evening performance.

To Save or Not to Save Wed., Oct. 23 - 2:00pm - Green

Any and all persons who are involved in saving materials for KORA committees, subcommittees, and special purpose groups are invited to attend.

The KORA Council Executive Committee is working with the Library and Archives Committees to consider all related materials that are being stored by many groups, in the library and elsewhere. We will address which materials need to be saved and which may be eliminated. In addition, the group will consider how and where saved records and material will be stored.

Questions or concerns? Contact KORA President Gary Olin.

Uh-oh! Annual Reports Due in November

If you are a Chairperson or a KORA contact person for a Committee, an Interest Group, a Support Group, a Service Group, or a Sub-Committee, the KORA Coordination Committee will send you an annual report form on November 1. The form will be attached to an email, and you will be asked to fill it out and return it by November 15. The form is easy to fill out online and shouldn't take more than a few minutes. Just a heads-up! .

**Final Resident
2020 Budget Meeting
Thurs., Nov. 14 - 4:00pm - AUD**

Thursday Health Lecture “Well-Being: What Does This Mean to You?”

Indira Palekar

Oct. 10 - 7:15pm - AUD

When have you experienced it? How can you enrich your sense of well-being? Kendal staff psychologist Indira Palekar explores the concept of well-being and its component parts.

The Thoughtful Health Committee invites you to attend Indira’s presentation, then continue the discussion at workshops where you can ask questions about well-being and explore what gives you a sense of well-being and joy.

The THC workshops will be in the Crossroads Room on:

- Fri., Oct. 18, 10:00am
- Mon., Oct. 21, 10:00am
- Wed., Oct. 23, 10:00am
- Thurs., Oct. 24, 4:00pm

Sign-up sheets will be in front of the open mailboxes.

Third Thursday Lecture “Traditional American Music” Oct. 17 - 7:15pm - AUD

Kendal resident AV Shirk discusses how the music of certain traditional musicians has influenced American music since the 1930s. He will play selections by early country musician Charlie Poole, guitarist Doc Watson, bluegrass banjo proponent Earl Scruggs, and blues singer Robert Johnson, whose recordings strongly influenced later blues singers such as John Hammond and musicians Eric Clapton and The Rolling Stones.

AV has produced radio documentaries, written articles and music reviews, appeared as a guest commentator on Austin radio station KOOP, and served as vice president of the Austin (TX) Friends of Traditional Music. He has also performed at coffee houses and bars, accompanying himself on the five-string banjo.

Lunch Bunch: Sal and Al’s Diner, Amherst Wed., Oct. 9 - 11:30am

This family-owned restaurant serves a wide array of dishes, including classic sandwiches, pierogies, Syrian dishes (like mjudra), chicken paprikash, old-world pizza, and perch dinners.

Bus leaves Heiser 11:30am, returning about 2:00pm. Bus charge: \$8.00. Lunch at your expense. Place check to KORA for \$8.00 in Box #157. **Sign-up sheet below Activities board.**

Oberlin Community Candidates Night Tues., Oct. 1 - 6:00-9:00pm Doors open 5:45pm First Church Fellowship Hall

A coalition of Oberlin community groups has co-sponsored this nonpartisan volunteer event for more than 28 years. OCCN is once again following last year’s successful “candi-dating” format. It will include brief introductory remarks by the candidates running for Oberlin City Council, followed by facilitated roundtable discussions. Refreshments will be available during the evening. **Sign up for Kendal bus.**

Fantastic Folk with Moira Craig and Caroline Robson Thurs., Oct 31 - 7:15pm - AUD

Two outstanding British folk artists present a program of Fantastic Folk music from Scotland and NE England with compelling and amusing lyrics, close harmonies, and good humor.

♪ Music at Kendal ♪

Sunday Afternoon Chamber Music Fun Sun., Oct. 6 - 4:00-5:00pm – HL

This week’s informal presentation by Kendal residents will feature Mozart’s clarinet quintet. It is not a formal concert, but a read-through (or rehearsal) for all to enjoy!

More on Chamber Music Fun

The Music Committee announces a new program of informal chamber music presentations on the first Sunday of each month in Heiser Lounge at 4:00pm. Kendal residents, and occasionally outside friends, will play pieces from the classical repertoire. These sessions will be read-throughs or rehearsals, not formal concerts.

Everyone is invited to stop by and listen. Residents who play a musical instrument or sing and would like to participate in these events should let Larry Mirel. He will maintain a schedule. He will also try to match you up with other resident musicians if you would like to play and don’t have a group.

Players and pieces will generally not be announced in advance but may be posted on WKAO the day of the event. There is a special pleasure in making music with a few friends, and this program is intended to encourage those residents with musical abilities to enjoy playing music in public without the pressure of preparing for a formal concert, and for listeners to join in the fun.

Readers Theater: “Counting Coup” Fri., Oct 25 - 3:30pm - AUD; Sat., Oct 26 - 7:15pm - AUD

Written and directed by Don Parker, this new play features a laid-back detective who is confronted with a long-dead case when new allegations come to light. He finds himself pitting wits with his sharp-elbowed secretary who is smarter than he wants to admit. Sparks fly as the plot thickens and the two must confront a murder suspect. Put on your sleuthing cap and cape and be prepared for unexpected twists. Remember that there will be no late admissions until the first scene break.

Sunday Movies in Jameson House at 7:00pm

Oct. 6 - Arsenic and Old Lace (1944)

A drama critic (Cary Grant) learns on his wedding day that his beloved maiden aunts are homicidal maniacs and that insanity runs in his family.

Oct. 13 - The Bookshop (2017)

Against polite but ruthless local opposition, a free-spirited widow in a small English town decides to open a bookshop, a decision which becomes a political minefield. PG.

Oct. 20 - Driving Miss Daisy (1989)

An elderly Jewish woman (Jessica Tandy) and her African-American chauffeur (Morgan Freeman) have a relationship that grows and improves over 25 years in the American South. PG.

Oct. 27 - The Boy in the Striped Pajamas (2008) The 8-year-old son of the commandant at a German concentration camp has a forbidden friendship with a Jewish boy on the other side of the camp fence. PG-13.

Saturday Foreign Film

Oct. 12 - 7:15pm - AUD

Amistad (1997) In 1839, the revolt of Mende captives aboard the Amistad, a Spanish-owned ship, causes a major controversy in the U.S. when the ship is captured off Long Island. The courts must decide whether the Mende are slaves or legally free. The case finally gets to the Supreme Court, where John Quincy Adams (Sir Anthony Hopkins) pleads eloquently for their release. R. (Mende/English/Portuguese/Spanish)

~ Dwight Call

Newcomers' Reception

Wed., Oct. 30 - 4:00pm - AUD

Kendal residents are invited to welcome our new friends and neighbors! Enjoy refreshments as you chat with our newcomers – and old-timers, too. Come early to hear Larry Mirel, Bob Follet, and Dianne Haley perform a Mozart trio. And wear your name tag!



Art Gallery News

The graphite drawings and lithographic prints by **Darice Polo** will be on display in the **Kendal Gallery** until October 14. **“Sustained”:** **Hanji Artwork** by **Aimee Lee** will go up on Tues., Oct. 15, and be on display until early December. Her art consists of a variety of works she creates from her own handmade paper. Her reception is Fri., Nov. 1, at 4:30pm in Heiser Lounge.

Reid Wood’s “Collages” will continue in the **Friends Gallery** through Oct. 13. His reception will be held in the Friends Corner on Oct. 1, at 2:30pm. **David Miraldi’s** most recent travel photos, including more of his candid photographs of local people, will be hung on Mon., Oct. 14. His reception is scheduled for Tues., Nov. 12, at 2:30pm in the Friends Corner.

“It’s Never Too Late,” the varied show in the **Community Gallery**, displays the work of Lorna Kretchmar’s adult art students. The former Oberlin High School art teacher now teaches

painting and drawing at FAVA and in her home studio. Up next will be an exhibit of **Nancy Lombardi’s** digital photographs, **“Receiving Images.”** Nancy’s reception is scheduled for Wed., Nov. 6, at 4:30pm in Heiser Lounge.

The **Curio Cabinet** display of **Jeanne McKibben’s** small treasures from all over the world will continue until the end of October. In November, a show of small boxes and nativity scenes belonging to **Monica Fuquay** will go on display in the cabinet.

Finally, **the short hallway that leads to the Green Room** is showing a number of small colorful canvases created by participants in Kendal’s Tuesday and Thursday art studio sessions. Jeanne Berger taught how to create these **“Acrylic Flows”** by a process in which specially prepared acrylic paints are poured onto canvases that are then tipped in various ways to allow the colors to form multicolored rivulets and patterns.

On display in the **Marketing case** are pieces of jewelry – necklaces, bracelets, and a ring – collected by Robert Taylor’s mother from Native American Pueblos near Santa Fe and Albuquerque.



Art Studio Sale
Thurs., Oct. 24 and
Fri., Oct. 25
8:00am-7:00pm
Heiser Lounge

Potters in the Art Studio are happily preparing a variety of new, colorfully glazed ceramic items for our sale. The purpose is to raise money for new supplies and equipment for the Art Studio. We will also have a box for donations toward a special project next year. Bring cash or write checks to KORA for this special fundraising project and take home a handmade piece of pottery. Other art creations, such as original paintings, will be for sale, as well. ~Joyce Parke



- View the specific November ballot for your address.
- Check your local Voter Guide.
- See upcoming election-related events in your area.
- Follow links to register to vote or check your voter registration information.

REMINDER: If you move from one Kendal unit to another, remember to update your voter registration!

News & Views:

Foreign Affairs

Mon., Oct. 7 - 10:30am - AUD

Steve Crowley, Professor of Politics and Chair, Dept. of Politics, Oberlin College, will speak on **“The Rise of Populism in Europe.”**

Mass migration and the problems associated with it have directly abetted the rise of populist parties in Europe. Opposition to immigration was the prime driver of support for Brexit; it brought a far-right party to the German Bundestag for the first time since the 1950s and propelled Marine Le Pen to win a third of the vote in the French presidential election. In addition to calling for stronger borders, these parties are invariably illiberal, anti-American, anti-NATO, and pro-Kremlin, making their rise a matter of serious concern for the national security interests of the United States. No registration or fee. **All are welcome.**

Community Conversations

“Service and Learning at Oberlin: My Summer at the City Club of Cleveland”

Wed., Oct. 16 - 7:15pm - AUD

As a Bonner Scholar, Oberlin College senior Sophia Brewer Thompson volunteered with America Reads and Oberlin Community Services. This past summer, she interned at the City Club of Cleveland. Based on her contributions in programming, development, and marketing, she was offered a part-time position with the organization extending through her senior year. She is grateful for the support she has received in Oberlin and the academic and professional skills she has acquired through her experience as a Bonner Scholar.

Looking for a Pet Sitter?

Contact Kathy Caldwell of the Pet Projects group for advice.

News & Views:

Foreign Affairs

Fri., Nov. 1 - 10:30am - AUD

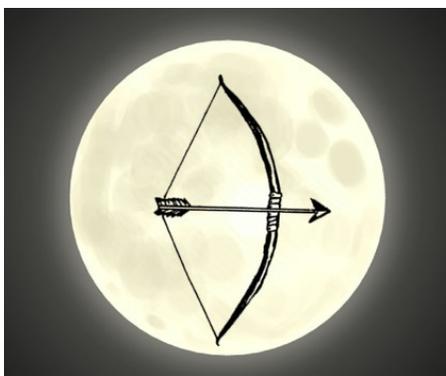
Kendal resident Joe Colucci’s topic is **“Colombia: A Green Gem with Promise and Problems.”**

Colombia, a green, mountainous country in the north of South America, has experienced many years of violence – between its political parties; between government forces, leftist guerilla groups, and right wing paramilitaries; and with major drug cartels. Joe visited Colombia in February 2019. He will describe the country’s history, people, beauty, government, economy, social systems, problems, and promise. The pervasive drug industry’s influence will be discussed as well as the outstanding vision and achievements that have turned Medellin from the center of the drug industry into a thriving, modern city. No registration or fee. **All are welcome.**

Take Action! with the LWVOA

Wed., Oct. 9 - 1:30pm - Green Rm

We’ll write and call our representatives to voice opinions on the important issues confronting us today.



The Rising of the Moon

The full Hunter/Ivy Moon rises on Thurs., Oct. 24, at 7:03pm. Join us at the base of Wildflower Hill at 7:00pm. Bring a song, a chair, or a nibble to share as we enjoy one of nature’s beauties. We will provide the plum wine. All are invited! ~Donna Baznik

Community Conversations

“Art Reach at FAVA”

Tues., Oct. 8 - 7:15pm - AUD

Kathleen Jackson, Executive Director of the Firelands Association for the Visual Arts, will talk about FAVA’s mission to change lives through the visual arts by exhibiting contemporary visual art, educating people of all ages, and strengthening cultural awareness throughout the community. You can visit FAVA at 39 S. Main St. in Oberlin and also online at www.favagallery.org.

“The Age of Automobility: How Driverless Vehicles Will Reshape our World”

Wed., Oct. 23 - 10:30am - AUD

Autonomous electric vehicles are ushering in the “age of automobility,” which promises greater freedom in how people move around and live. Dr. Lawrence D. Burns, retired VP, R&D and Planning/Strategic Planning, General Motors, will review the seeds of this revolution, assess its implications, and highlight how to position for the inevitable transformation.

The assumptions by auto companies that vehicles will be driven by people, powered by combustion engines, and owned primarily by individuals are now being challenged by a stunning convergence of new technology and innovative business models. ~Joe Colucci

For the Vision-Impaired



Low-Vision Support Group: Audio: “Hallucinations and Low Vision”

**Thursday, October 10
4:00pm - Green Room**

Did You Know? You can call 775-9868 to hear announcements and menus of the day.

More About Kendal Residents



Terry and Charlotte McGowan

Terry:

Northern Ohio has always been my home starting with the rural areas of Portage County around Mantua and Hiram. After WWII, my parents moved from Chagrin Falls to a 120-acre farm not far from the farms of their own parents. It was great to grow up with aunts, uncles, and cousins nearby and, of course, critters galore. An added bonus was the maple syrup we made each spring. After high school, I moved to Cleveland and Case Institute of Technology where I became fascinated by the technical and design aspects of lighting which was then part of the electrical engineering program.

Nela Park and the GE Lighting Institute were nearby. Cleveland has a large and important lighting industry, so I spent the next 38 years in the development and application of new light sources, lighting education, and training, ending up as manager of the GE Lighting Institute.

A wonderful family life including two amazing daughters helped to make Cleveland Heights home. We took full advantage of Cleveland's educational

and cultural opportunities, especially University Circle. Lighting projects took us on the road to places such as Mt. Rushmore, the Cherry Blossom Festival and National Christmas Tree in Washington, DC, the "30 Rock" building in Rockefeller Center in NYC, Carlsbad Caverns, and Disney World.

After retiring from GE, I started a lighting consulting business, managing the Lighting Research Office for the Electric Power Research Institute. Now, my main client is the American Lighting Association, the residential lighting trade association serving North America, where I am the Director of Engineering & Technology and involved in the dramatic transformation of electric lighting to LEDs.

Charlotte and I married in 1998 (she will tell that story). Suddenly there were four daughters and eight grandkids scattered around the country. As we have found out, Kendal makes a great home base not only for retirement, but also for grandparenting.

Charlotte:

I grew up in small town Plymouth, IN, exploring the woods at the end of the street and riding my bike all over the countryside.

The 1968 election, assassinations, riots, the Kent State Four – this seminal time changed me from naive small-town conservative to hippy-wannabe liberal and I've been the black sheep of the family ever since.

Employment spans the gamut from babysitter to soda jerk to pickle factory, teacher to stay-at-home mom to sales-clerk. Then I filled a vacancy in youth ministry at our church and found my calling. Seminary followed and with a degree in religious education, I served churches in Illinois and Ohio as director of church education, administering church school for all ages, youth ministry, and mission trips.

In 1997 my youngest went off to college and after years of single parent-

ing – we were and are the Hesse Women – I began to seek companionship. There I was in Athens, OH (along with the Bolland and the Werners), home of 10,000 single men – 9,990 of them in their 20s.

So, how to strike up conversations with interesting men? Car Talk, of course! I posted a description of myself in the personal ads section of their website and a lighting engineer in Cleveland responded.

Several weeks of emails back and forth, a so-so first date, a second date at Chautauqua Institution and I fell in love – with Chautauqua. Terry came along with the package and I have yet to be disappointed.

We each have two daughters. Between us, we have four sons-in-law and eight grandchildren, all of whom are unique individuals and a joy to hang out with.

Interests include in-depth Bible study, reading, and bicycle-riding. I love touring on two wheels and have ridden cross country and border to border.

Twenty-one years of marriage and I look forward to spending many more with The Terrmeister here at Kendal as we grow old together.

Floral Creations

Thanks to those residents who have contributed flowers or allowed us to cut from their garden to continue beautifying Heiser Lounge. Let us know if you still have flowers we can harvest (Box #222). Or pick them yourselves and leave in the Floral Creations Room. Your help is greatly appreciated. ~Dina Schoonmaker

IN MEMORIAM
PHYLLIS CURRENT
SEPTEMBER 11, 2019
JOHN SHEARER
SEPTEMBER 14, 2019

First Thursday Evening Hours at Allen Memorial Art Museum October 3 - 5:30-7:30pm

Chelsea Foxwell, associate professor of art history, University of Chicago, will discuss Kano Hōgai's 1888 painting "Merciful Mother Kannon" which is reproduced on a cloisonné vase on view in the exhibit "The Enchantment of the Everyday" at AMAM. The program will be held in the Sculpture Court, followed by a reception. The galleries will stay open until 7:30pm.

Tuesday Tea at Allen Memorial Art Museum Oct. 8 - 3:00pm

Ann Sherif, professor of East Asian Studies at Oberlin College, will discuss the ukiyo-e prints that depict kabuki actors, noh dance and song, and bunraku puppetry, currently on display in the "Japan on Stage" exhibit at AMAM. Tea and light refreshments will follow the talk in the East Gallery. **All are welcome.**

Genealogy/History Group Tues., Oct. 15 - 7:15pm - AUD

George Andrews will talk about seven generations of his family who attended Oberlin College. **All are welcome.** Note: Kendal residents who have a family story are encouraged to schedule a time to tell it to an appreciative audience.

Recent Move-ins

Edward "Ted" Wolner, from Muncie, IN, to a Kendal Cottage in mid-September.

Recent Transfers

Mae Alice Donner, from her Cottage to Whittier in early September.

Louise Luckenbill, from one Cottage to another in late September. She no longer has a landline.

Fall 2019 Oberlin Public Library Book Sale October 2-6

Wed., Oct. 2, 5:00-8:00pm
Friends' Pre-Sale Night
Thur., Oct. 3, 10:00am-8:00pm
Fri., Oct. 4, 10:00am-5:30pm
Sat., Oct. 5, 10:00am-5:30pm
Sun., Oct. 6, 1:00pm-3:00pm

Free, except for Friends' Pre-Sale (new members can join at the door). Most items \$0.50-\$1.00; Sat.: fill a bag for \$5.00; Sun.: all items 10 cents! (Electronic scanners are not permitted.) Sponsored by the Friends of the Oberlin Public Library. Contact Kay Rider, Robin Laurén, or Vern Wettersten for more information.

KatO Resident Insurance Workshops Kendal Education Center

Join KatO Insurance Coordinator Donna Weber at one or more of these informational sessions.

- **Thurs., Oct. 10, 10:00am** - Medicare with MediGap Insurance Plans and Medicare with Commercial Insurance Plans.
- **Thurs., Oct. 17, 9:00am** - Medicare Advantage Plans.

BIG BUS: Cleveland Museum of Art - Tues., Dec. 3

The featured exhibition, *Michelangelo: Mind of the Master*, includes 28 drawings, 23 of which are from the Teyiers Museum in Haarlem, the Netherlands. This is the first time these works as a collection have been exhibited in the United States. A companion exhibition features works by Renaissance artists influenced by Michelangelo.

Admission to the museum is free. The exhibition of Michelangelo's drawings is a ticketed event.

Our group price per person, including motor coach charter: Cleveland Museum of Art members \$27.00; non-members \$37.00; member guest \$34.00.

Other temporary exhibitions include two silver Byzantine Patens from Dumbarton Oaks and other liturgical objects as well as works of the contemporary Chinese artist Liu Wei. Consult clevelandart.org for more information about the collections.

Look for sign-up sheet in front of the open mailboxes starting October 18. Place check payable to KORA in Box #245 by November 16, at which time enrollment will close.

Call Louise Shoemaker if you have any questions.

Kendal 2019 Directory Additions and Corrections

Barbara Davis - check Heiser Reception desk for email address.

Kendal Kryptogram #176 - by Nina Love

WX CAN CHRN O ROY SNOCHKNM CAOC

AHM LOCANS HM SHDAC, AN AOM O MEY

QAE CAHYZM AN'M QSEYD.

~JAOSPNM QOGMQESCA

Solution to Kryptogram #175: "If you want to fly, you have to give up things that weigh you down." ~Toni Morrison

From The John Bartram Arboretum: Why Are We Removing Buckthorn from Our Arboretum?

Buckthorn is green for a long season and looks nice in many locations. It was purposely brought to our country from Asia, because it was thought to make a beautiful hedge. And it did. So why would we choose to remove it?

As with many things in life, buckthorn looks good until you know more of the story. Folks did not know that buckthorn has a growing season almost two months longer than that of our native plant species and that its seeds release chemicals which inhibit native plants from growing even nearby. This keeps native seeds from sprouting. Think of our woody areas which are now full of buckthorn. Have you noticed that there are almost no middle- and smaller-sized trees there except buckthorn? When those big oaks, sycamores, and cottonwood trees die, there would be no towering trees in the middle, just a sea of buckthorn.

Buckthorn not only harms our plants, but also causes major problems for our wildlife. When our birds do not have enough native berries and insects to feed on, they eat buckthorn berries. These give them diarrhea, and they become dehydrated and weak from the illness. Smaller songbirds can die from the diarrhea. Buckthorn also does not create a good habitat for small woodland animals.

In addition, it affects water quality adversely. Whereas native groundcover helps stabilize soil by absorbing and retaining rainwater, rain washes quickly over the bare soil beneath buckthorn and enters nearby bodies of water.

Clearly, we need to remove buckthorn to get our Kendal ecosystem back in balance so that we can have a good, healthy variety of the plant and animal kingdom in our arboretum.

We are not able to change our en-

Q. How do you place an item on Heiser bulletin boards? A. Put it in the Bulletin Board Committee open mailbox!

Space on our bulletin boards (and on the counters and the shelves under the open mailboxes) is at a premium. That's why responsibility for placement of any item belongs to the Bulletin Board (BB) Committee, a subcommittee of Communications. The BB team sorts through, organizes, and posts appropriate items. Policies for BB use are posted on the first board.

Please do not post anything yourself.

Put items for consideration in the Bulletin Board open mailbox (at far right), with your name, unit number, and date on the back. We check that box daily and do our best to post things promptly, seven days before an event if possible, or well ahead of a deadline.

This is a safety matter, too. A loose push pin can be dangerous, especially if it falls on the floor (more than one resident has stepped on or wheeled over one). We do our best to keep the pins in a special container.

Next month we'll share some tips about the bulletin boards and shelves, including special items and where to find certain kinds of information.

Meanwhile, if you have a question, ask the person listed on the weekly "in charge" list posted at the bottom of the Personals section. Co-chairs Anne Martin (#90) and Fran Cooper (#108) are available to answer questions anytime. And if you would like to join the BB team, please let one of us know!



Time to Start Planning for Winter Solstice Fun!

Join us around a table in the Crossroads Room on Fri., Oct. 11, at 10:30am. Bring ideas and suggestions for Kendal's 2019 Solstice!

Everyone welcome!

~Your Program Committee

And Time to Sign up for Solstice Choir. Winter Solstice Choir welcomes singers old and new for rehearsals beginning Tuesday afternoon, Nov. 12. Be on the lookout for sign-up sheets which will be placed at the mailboxes mid-October. The solstice event is scheduled for Thurs., Dec. 19. It's the best time at Kendal to sing choral music. Director will be Carol Longworth. Piano accompanist will be Dianne Haley.

tire campus all at once. Most work now is occurring in three areas inside the central roadway:

- The woods with the large swamp white oak near parking lot 4.
- The woods by parking lot 8.
- The area to the east and west of the sidewalk leading from the apartment building to Buttonbush Bridge.

We will learn and refine our methods as we take out buckthorn and encourage our native vegetation. We will add additional native plants.

Watch for a further report in the November *Kendalight*!

~Anne Helm for the Arboretum Committee

Dementia Friendly Discussion Group meets Thurs., Oct. 24, 10:30am, Green Room.



I finally found the courage to confide in you that I am concerned because I often forget where things are. It isn't helpful to tell me, "I often forget where things are, too." It invalidates what I said. Listen to me, recognize my concern, and help me decide what to do next. **STAY CONNECTED!**

Kendal Resale Shop Talk

Benefitting Kendal Residents Assistance Fund and Community Charities

There has been a transition in leadership of the Kendal Resale Shop. Vicki Shafarman has agreed to be the contact person for the KRS and will take a leadership role for the shop as well as for the clearing of cottages, apartments, and Stephens Care Center rooms when transitions occur. I (Shirley Taylor) will be assisting her with administrative tasks such as writing these monthly reports, authorizing and submitting forms, looking at spreadsheets and occasionally doing research. Vicki and I are both extremely grateful to Nancy Lombardi who has served as Resale Shop Coordinator for the past three years and who will continue to be there to support us as we move on.

There are many reasons that I have volunteered to help out. In our relatively short time at Kendal, Tom and I have so appreciated finding treasures that didn't make it into our moving van. In addition, it is amazing to watch the teamwork that goes into all of the sorting and organizing and display work in the shop. The KRS is a wonderful resource for Kendal residents and staff as well as the wider community. I look forward to learning more about the "inner workings" of the shop.

After a successful "end of summer 50% off" sale, fall items are on the shelves and racks. Take a look!

Resale Shop deposits to the Residents Assistance Fund in August totaled \$2,621.00 and year to date \$26,558. Isn't that amazing? Thanks to all of our donors and shoppers!!

~Shirley Taylor, Kendal Resale Shop

Magnifiers and More Oct. 25 - 11:00am-2:00pm - HL

Deb Kogler and her traveling store of state-of-the-art low-vision aids is coming. Check it out! And as always, her good advice is free. *~Thelma Morris*



Library Notes

More Library Survey Results

The recent survey of library use asked "What would improve your library experience?" A majority had no suggestions, with many commenting that the library is fine as is. Of those who did see a need for improvement, there was not a large demand for any particular change, but significant numbers did raise those perennial library issues of noise and space. As one summed up, "Less noise and more space. The almost constant sound of conversation from the hall, the library volunteers, and the users is excessive, especially when combined with inadequate seating in a busy area. There is rarely a time and place for quiet reading."

Noise. The Library Committee is aware that talk, including our own, may go on too long and audibly. We have added signs reminding everyone that they are in a Quiet Zone and should use "library voices" for their brief conversations. Beyond that, there are no obvious solutions. The door must remain open to an often noisy hall. Our volunteers have no separate work room for discussions, and their visibility rightly leads to questions from users. The room is too small to have a separate quiet area, and what was originally planned to be a readers' lounge by the large windows now includes the busy copier service and shredder box, which other Kendal libraries do not house in their libraries, as well as the ticking clock that annoys some. We hope to relocate the clock, and we will look for other means to alleviate noise. In the meantime, afternoons are often quiet, but there are no guarantees, and everyone's cooperation is needed. Since many respondents did describe the library as a pleasantly calm and quiet place, it apparently is possible to find peaceful times, and, of course, we can always ask our fellow residents to

take their conversations elsewhere.

Space. Issues of space fall into two main categories: seating for reading or projects and shelving for library materials. We seek always to make the best use of our limited space, and we have plans for several changes in the near future. Retirement communities vary considerably in the size of their libraries, both the collections and the rooms. Our space is probably in the middle range but has more materials and services located in it than is typical, which complicates decisions about possible changes.

Some comments called for more space for books and periodicals, while others wanted more weeding of the "outdated and seldom-used." The collection on our shelves has long been in a zero-growth state, requiring as much "weeding" of books as are added. Books are weeded every year, and other materials are regularly pruned as space is needed. Decisions to withdraw materials are not always easy, and the library lacks a collection policy that would address some difficult issues. Complicating our shelf space is the use of the bottom shelves and other library space for deposit of committee materials. KORA is seeking a solution to this longstanding problem.

Seating seems to have become an afterthought over the years, as space usage not in the original plans crept in. Our recent addition of a lounge chair and floor lamp in the back corner provides a relatively quiet and cozy spot for readers, but the rest of the chairs are in high-traffic areas. At busy times, all the chairs may be occupied. These matters will continue to receive the committee's attention.

One other issue that had a significant number of advocates is the desirability of an online catalog. This has been a major interest within the library committee for several years and will be discussed in a future "Library Notes," along with some of the other requested improvements.

~Mary Clare Beck, Library Committee

Saturday Walks

These will be the last scheduled Saturday walks until Spring. Come join us to see what you have been missing all year long. The walks are leisurely, about 2-3 miles, and generally scenic. We meet at Heiser Reception Desk every Saturday at 9:00am (weather permitting) to carpool.

Questions? Contact Phil Pritchett.

- Oct. 5 Amherst Beaver Creek**
- Oct. 12 Black River Reservation/High Meadows**
- Oct. 19 Bike Path/Butternut Ridge North**
- Oct. 26 Carlisle Reservation/Halloween Trail**

Nest Box News

This was a good year for the nest boxes at Kendal. Five of our nine nest boxes hosted cavity dwelling species this year. The box by Meadow Pond and the box near parking lot 5 fledged **two** broods each of Eastern Bluebird chicks. This brought the total number of Eastern Bluebirds fledged from Kendal's boxes to 14, a record success.

Three of our boxes hosted American Tree Swallows. One box by Island Pond fledged six, and two others on Wildflower Hill fledged six and three for a total of nine. This is fewer Tree Swallows than in past years. The chicks in one of the Wildflower Hill nests were victims of blowfly larva. Monitors discovered the infestation in time to save three of the six swallow chicks. It was also a very wet summer, and there seemed to be a food shortage for Tree Swallows, which catch insects as they fly. Unlike Eastern Bluebirds, American Tree Swallows never, to my knowledge, raise a second clutch.

The nest box in the Community Garden and another at the top of the diagonal path on Wildflower Hill successfully fledged House Wren chicks. Though the adults scold noisily from nearby perches, they are good company for the gardeners and the hikers on Wildflower Hill. ~Nina Love

Table Tennis Report

Down to the first day of fall, our players turned out in robust numbers. At each session 15-17 players were no exception. A new resident joined the group and we were pleased to welcome back a member who had been sidelined. In sum, we Kendalites are gaining from the health benefits of table tennis that were recently touted nationally in *Southwest Airlines* magazine.

The star event of September came at the end. Seth Pech and Jennifer Mast played a table tennis exhibition before some 60 onlookers. Jennifer is a former member of the U.S. National Women's Team, and Seth is the number 2 Ohio player. We'll be talking about their skills for a good while to come.

~Sidney Rosenfeld

Kendal United Fellowship

Sat., Oct. 12 - AUD

9:30am: Food and Fellowship

10:15am: Where Do We Go

From Here?

Bring ideas, change is in the air! **All are welcome.** Contact: Nancy Garver at bradfordng25@gmail.com

UU Kendal Gathering

Wed., Oct. 16 - 4:00 pm - AUD

"Trans-forming Theology"

**The Rev. Erica Saunders
Pastor, Peace Community Church**

Rev. Erica will tell some of her story and sketch out some of her ideas in the emerging field of trans theology. **All are welcome.**

RELIGIOUS SERVICES AT KENDAL

Episcopal Service

Holy Communion

Mon., Oct. 14, 4:00pm, Gathering Rm.

NOTE: Services now take place on 2nd Monday of the month at 4:00pm in the Gathering Room.

Society of Friends

Sundays, 10:30am, Education Center



Bridge Results

Sept. 2: 1st, Rachel Fordyce; 2nd, Connie Bimber.

Sept. 9: 1st, Joe Colucci; 2nd, Rachel Fordyce.

Sept. 16: 1st, Rebecca Cardozo; 2nd, Betty O'Connor.

Sept. 23: 1st, Enid Cleary; 2nd, Rachel Fordyce; 3rd, Joe Colucci.



What's New in the Cardinal Shop

Have a hole in your sock or want something snazzier to wear?

Check out the new selections on the Cardinal Shop shelves. Stop by!

Need Tech Help?

Oberlin College student Kennie Fierro will provide "Gadget Help" on Thursdays (9:00am-1:00pm) and Saturdays (11:00am-1:00pm) in the Whittier Game Lounge. Bring your tablet, laptop, phone, and he can help you out!

The Kendalight

Monthly newsletter of the

Kendal at Oberlin Residents Association,
600 Kendal Dr., Oberlin, OH 44074

Managing Editor: Elizabeth Aldrich

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- Deadline for the November 2019 issue of *The Kendalight* is October 15.
- Editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: kelite600@yahoo.com
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services

KatO Staff Anniversary Recognition Program, Thurs., Oct. 3, 1:15pm, AUD. Followed by reception in Heiser Lounge. We are honoring 30 staff members with the following tenure: 4 for 25 years; 5 for 20 years; 2 for 15 years; 8 for 10 years; 11 for 5 years.

Solo Diners, Thurs., Oct. 10, 5:30pm, Den. Meets 2nd Thursday of month.

“Souper Supper,” Fri., Oct. 11, 5:15-7:00pm, Fox and Fell. Benefit for Oberlin Community Services.

Intergenerational Gathering, Fri., Oct. 18, 3:00pm, Langston. Come enjoy scarecrows and Halloween!

Helping Those with Memory Loss and Dementia

At a recent Health Services Forum, Dr. Supriya Mahajan recommended “Family and Friends Matter,” a guide to ways we can stay connected with someone living with dementia. A hard copy is on the large table near the copiers in our Kendal Library. Or find it at https://www.dementia.org.au/files/resources/FamilyAndFriendsMatter_english.pdf.

Dr. Mahajan is a contracted neurologist with Kendal at Oberlin and is available by appointment in our Health and Wellness Clinic.

~Dementia Friendly Discussion Group

Grief Support Group

Social Services now offers this open group on the second and fourth Tuesday of the month from 10:30-11:30am in Whittier Lounge. This group is facilitated by Melissa Thompson, MSW.

Social Services Lunch with the Kims Tues., Oct. 15 - Noon - Den

Join Kim Preston and Kim Peters, Kendal’s Social Services Associates, from 12 noon to 1:00pm in the Den to talk over lunch. Bring your lunch or purchase it at Langston. Or just join the conversation! **All are welcome.**

Dining Notes from Ann Pilisy

Advice about holiday reservations (Easter Sunday, Mother’s Day, Thanksgiving Day, and Christmas Day):

- On these four holidays, Langston and Fox & Fell will be closed for the evening meal.
 - If you receive an email invitation, simply reply using email.
 - For these four holidays, please reply, whether or not you will eat in the dining room.
 - Holidays are busy days. Please arrive at your chosen time for your meal reservation. Tables must be reset for additional seating times. Please plan to eat within about 1½ hours.
 - Single reservations will be grouped with other singles. You are welcome to inquire about seating options prior to the event.
- Any questions or suggestions? Contact Ann Pilisy.

Third Friday Vegan Dinner Fri., Oct. 18 - 5:30pm - Penn, Den

Enjoy a Japanese plant-based (vegan) dinner with fellow residents. As usual, the sign-up sheet will be in front of the open mailboxes. For more information, contact Carla or Bob VanDale.

We’re Trying Out a Plant-Based Diet Group

An interest group for those who do not eat meat and aim for a primarily plant-based diet is in the try-it phase. Our purpose is to share information and ideas and to communicate with the dining staff. If interested, contact Mary Clare Beck.

MEET, GREET, AND EAT Returns on Monday, October 28!

Kendal residents enjoy this opportunity to share a meal with other residents with whom they don’t usually eat. Just sign up in advance, come to the Heiser Lounge at **5:30pm**, and draw a number which will correspond to your table in the Fox and Fell or William Penn, where you will meet your tablemates. You get your meals as you usually do, either by ordering from the menu or going to the buffet. There will be no program: just “Meet, Greet, and Eat.”

The **sign-up sheet** will be posted below the open mailboxes on **Mon., Oct. 21**. Only 130 diners can be accommodated, so sign up early! Please help our dining staff by signing up no later than noon on Sat., Oct. 26. Do join us and don’t forget to wear your name tags. The usual dining options in Langston and the Fox and Fell will be available for those who do not want to participate. Because of limited seating, this event is open to Kendal at Oberlin residents only.

~Sheila Eckstein, Sharon Furron, and Priscilla Steinberg



DINING MATTERS

You can create a meal any time the Langston doors are open! Even in the afternoon, you can order from the light menu: salad bar, soup, sandwiches, desserts, and beverages. You can use your meal plan or pay à la carte and charge it to your monthly bill.

SUN	MON	TUE	WED	THU	FRI	SAT
<h1>October 2019</h1>		1 Reid Wood 2:30pm Friends Corner Dining Room Oberlin Community Candidates Night 6:00-9:00pm First Church  Arts of Asia Series Cudamani  7:30pm Finney tx	2 Fall Oberlin Public Library Book Sale Wed., Oct. 2 through Sun., Oct. 6 (see p. 7 for hours)	3 KatO Staff Anniversary Recognition Program 1:15pm AUD First Thursday at AMAM Open until 7:30pm Program 5:30pm	4 NOTE: This month News & Views takes place on Mon., Oct. 7 10:30am AUD	5 Walk in Park 9:00am Heiser
6 Quaker Worship 10:30am Ed Ctr Chamber Music Fun 4:00pm HL Faculty Ensemble Recital 4:30pm Kulas  Film: Arsenic and Old Lace 7:00pm Jameson English Country Dancing, every Sun- day, 7:15pm AUD	7 Bible Study every Monday 10:00am Green News & Views 10:30am AUD Square Dancing every Monday 4:00-5:30pm AUD Bridge 6:45pm Green Mexican Train most Mondays 7:15pm F&F Café	8 Grief Support Group 10:30-11:30am WHT Tuesday Tea at AMAM 3:00pm Art Reach at FAVA 7:15pm AUD	9 Coffee Hour with Barbara Thomas 9:30am Langston LUNCH BUNCH: Sal & Al's, Amherst 11:30am-2:00pm  Tea Honoring Eleanor Roose- velt's Birthday 4:00pm AUD Song Swap with Judy Cook 7:00pm AUD	10 Insurance Workshop: Medicare/MediGap & Medicare/Commercial 10:00am Ed Ctr Low-Vision Group 4:00pm Green Rm Solo Diners 5:30pm The Den Health Lecture Indira Palekar 7:15pm AUD	11 Solstice Meeting 10:30am Crossroads Souper Supper Benefit for OCS 5:15pm Fox & Fell, Langston	12 Walk in Park 9:00am Heiser Kendal United Fellowship 9:30am AUD Met Opera HD: Turandot  12:55pm Apollo tx Film: Amistad 7:15pm AUD
13 Quaker Worship 10:30am Ed Ctr Film: The Bookshop 7:00pm Jameson	14 Indigenous People's Day Tappan Square · 12:00-1:00pm vigil 3:30-7:00pm activities Suggestions & Concerns 2:00pm Crossroads Episcopal Serv. 4:00pm GaRm Bridge 6:45pm Green	15 Lunch with the Kims Noon Den Genealogy/History 7:15pm AUD	16 Uni. Univ. Gathering Rev. Erica Saunders 4:00pm AUD My Summer at City Club of Cleveland 7:15pm AUD A&S Orchestra 7:30pm Finney 	17 Insurance Workshop: Medicare Advantage 9:00am Ed Ctr KORA Council 10:00am AUD 3rd Thursday Lecture 7:15pm AUD Oberlin College Choir 7:30pm Finney 	18 THC Workshop 10:00am Crossroads Scarecrows and Halloween! 3:00pm Langston Vegan Dinner 5:30pm Penn, Den	19 Walk in Park 9:00am Heiser Met Opera HD: Manon 12:55pm Apollo tx 
20 Quaker Worship 10:30am Ed Ctr Film: Driving Miss Daisy 7:00pm Jameson	21 THC Workshop 10:00am Crossroads Monday Night Movie at Apollo Sign up for bus  Bridge 6:45pm Green	22 Grief Support Group 10:30-11:30am WHT Budget Update Ann O'Malley 4:00pm AUD	23 THC Workshop 10:00am Crossroads Age of Automobility 10:30am AUD Afternoon Exchange Barbara Thomas 4:00pm AUD Song Swap with Judy Cook 7:00pm AUD	24 Art Studio Sale 8:00am-7:00pm HL Dementia Group 10:30am Green Rm THC Workshop 4:00pm Crossroads Hunter/Ivy Moon 7:00pm Wildflower Hill Spanish Organ Concert, Robert Bates 7:30pm WCH 	25 Art Studio Sale 8:00am-7:00pm HL Magnifiers and More 11:00am-2:00pm HL Readers Theater: "Counting Coup" 3:30pm AUD Remembering Len Garver: Rod Knight runs Len's trolley 4:00pm HL	26 Walk in Park 9:00am Heiser Met Opera HD: Manon 12:55pm Apollo tx  Readers Theater: "Counting Coup" 7:15pm AUD
27 Quaker Worship 10:30am Ed Ctr Film: The Boy in the Striped Pajamas 7:00pm Jameson	28 Meet, Greet, & Eat 5:30pm Fox & Fell Bridge 6:45pm Green	29	30 Newcomers' Reception 4:00pm AUD	31 Halloween!  Moira Craig, Caroline Robson, folk music 7:15pm AUD	CCR = Crossroads Room GaRm = Gathering Room HL = Heiser Lounge WCH = Warner Concert Hall WHT = Whittier Lounge Bold = at Kendal tx = Tickets needed  = Kendal Bus	