

The Kendalight

Kendal at Oberlin Residents Association

October 2023

Volume XXX, Number 10

30 October KaO Anniversary Events

History of KaO
Wed., Oct. 4, 7:15 pm
AUD, KOTV

Before you start looking up the traditional gift for a 30th anniversary (pearls are often recommended), attend a presentation on our history. Dick Baznik, who wrote the history of KaO for its 20th anniversary in 2013, will take us through the story of this community from its early planning starting in 1987, through its opening in 1993, and up through the present, complete with photos. Feel free to wear pearls that evening.

Bob Cothran's Mural
Mon., Oct. 9 (See p. 3.)

Don Parker's Play
Fri. Oct. 27; Sat. Oct. 28 (See p. 3.)

Kendal History Photo Exhibit
Oct. 13–Dec. 7 (See p. 4.)

30 Join Friends and Neighbors for a Traditional Souper Supper on Fri., Oct. 6

October 6 is the anniversary of the founding of Kendal at Oberlin, and the dining room will again be celebrating by serving a Souper Supper. As Kendal residents decided long ago, we will remember how fortunate we are by restricting our dining on that day to a simple meal and donating the cost saved, along with any other funds donated by the residents, to the Oberlin Community Services food pantry.



The October 6 meal is a reminder to us that many people in southern Lorain County are food challenged. We think of Oberlin as prosperous, but more than 22.7% of residents who are outside of Kendal live below the federal poverty line, and many more hover just above it. In Lorain County, 72% of residents live at or near the federal poverty line, which is shocking. Without OCS assistance, a large number might have to choose between eating a meal and covering rent, buying shoes, getting medicine, or meeting other basic needs.

OCS provides food and nutrition help for the marginalized and vulnerable members of the community, and the Souper Supper is just a small way we can help. With the increased services possible in the new Cooper Community Resource Center, OCS can continue to help seniors, children, and vulnerable families move back into a more sustainable and productive life.

Along with the non-perishable food items you put in the big box by the Heiser receptionist desk year-round, your monetary donations provide emergency assistance however it is needed, everything from diapers to toothbrushes for kids to special dietary needs for seniors who live on Social Security.

So when you see the soup pots placed at the entrance to the dining room, please consider a generous donation.

~Kendal Friends of OCS

30 30th Anniversary Program, *Simple Gifts* Sat. Nov. 11 - 4:00pm, Part 1; 7:15pm, Part 2 - AUD, KOTV



Planning continues apace for our celebration of Kendal's 30th anniversary. During the day there will be a continuously repeating slide show of pictures from our past. Part 1 includes performances by the Kendal Choir, Kendal Strings, Bel Canto Ringers, and Toot Sweet. Right after dinner, The Occasional Band will take the stage. Then Part 2 includes a one-hour program of visual, vocal, and instrumental entertainment. The loose, yet evocative theme is Simple Gifts—our lives at Kendal are full of them. Live performances will be interspersed with short video interviews of staff and residents who have been here since Kendal's early days. Plan on joining the fun.

**COFFEE HOUR WITH
BARBARA THOMAS**

**WED., OCT. 18 - 9:30AM
LANGSTON, KOTV, ZOOM**



**AFTERNOON EXCHANGE
BARBARA THOMAS**

**WED., OCT. 25 - 4:00PM
AUD, KOTV**



Kendal at Oberlin Residents Association

I would like to express appreciation for the work of two important and very active KORA groups.

The Newcomers/Friendship Special Service Group, chaired by Anne Wardwell, includes Sharon Furrow, Priscilla Steinberg, and Randy Wagner. They work hard throughout the year to make sure our new residents begin to feel at home. The group doesn't do this work alone. It relies on a team of volunteer mentors who help introduce our newest neighbors to our beautiful campus and to the Oberlin area, describe the many opportunities and resources available on campus, and make themselves available to help with any special needs a newcomer might have. After several months, the group checks to make sure the newcomers are getting acclimated. The chair is an active part of KORA's monthly Newcomers and Mentors meetings throughout a resident's first year in our community.

The Leadership Development and Nominations Committee (LDNC) also works hard throughout the year. Chaired by Ann Francis, and including members Ruth Ann Clark, Robert Longsworth, Sally Nelson-Olin, Anne Palmer, and Shirley Taylor, this crucial committee spends time getting to know the interests and abilities of residents, including our newest neighbors. Working cooperatively with the KORA Council Executive Committee, the LDNC determines which residents' skills and interests will complement and enhance the work of the Council, and presents their nominations for election at the Kendal at Oberlin Residents Association annual meeting in November.

Please join me in thanking the members of these important committees.

~Rollin Conway, KORA President 2023

**Next KORA Council Meeting
Thurs., Oct. 19 - 10:00am
AUD and KOTV**

Life-Long Learning Fall Classes at Kendal

These classes will be presented only in Heiser Auditorium. Doors will close at 10:35am, with no admittance after that. To register, please contact Kari Inglis (or Rebecca Cardozo, if so indicated). There is no fee.

Ethics in Medicine. Tues., Oct. 3, 10, 10:30am–12:00pm. Kendal resident Alan Lockwood, Emeritus Professor of Neurology, University at Buffalo, and Senior Scientist, Physicians for Social Responsibility, presents a two-session course. Alan is the author of two books on the health effects of climate change.

The two sessions will begin with the Hippocratic Oath and continue with a description of the evolution to current practices. Milestones will include the Nuremberg Code, which, as of a decade or so ago, was still classified as secret by the U.S. government! Other milestones include the Tuskegee Experiment, the Belmont Report, the Common Rule, the Jesse Gelsinger Experiment and, as a surprise to some, the Tenerife Airport Disaster. The National Academy Press publication, *Responsible Research: A Systems Approach to Protecting Research Participants*, was important in guiding Alan's own role as chairman of the institutional review board of the VA's Western New York healthcare system. More changes are certain to come as medicine and society deal with change.

Curating LGBTQ Art for Intergenerational Audiences. Tues., Oct. 31, Nov., 14, 21, 10:30am–12:00pm. Sam Adams, PhD, Ellen Johnson '33 Assistant Curator of Modern and Contemporary Art, Allen Memorial Art Museum, explores new acquisitions and upcoming exhibitions, sharing his expertise and soliciting the views and experiences of Kendal residents.

From public elementary school children who come to the Allen on field trips, to college students and faculty who teach with the museum's collection, to Kendal residents who form a crucial part of the museum's audience, the Allen serves a broad and deeply engaged audience.

One of the museum's interests is increasing the representation of LGBTQ artists through acquisitions and exhibitions. It is difficult, however, to determine appropriate vocabulary and interpretation for works, especially as terminology around gender and sexuality is generationally specific and constantly changing. Terms of identity that were considered offensive slurs 30 years ago are now terms of empowerment for adolescents and young adults. Furthermore, historical artists who carefully maintained their sexual ambiguity are celebrated today as LGBTQ. Is it appropriate for a museum to "out" them? How do we maintain the historical specificity of their lives, while bringing visibility to their marginalized experiences?

Fitness Talk: Walking Is Good for Everyone Thurs., Oct. 19 - 7:15pm - AUD, KOTV

What are the benefits of walking? Kathy Caldwell will reference the balance and function talks that Jill presented earlier and incorporate that into walking. The presentation will also include information about proper walking manners with our four-legged friends.

Watch for news on WKAO and the bulletin boards about the Fitness Open House on Tues., Nov. 2, 1:30-4:00pm, AUD.



2023 KaO Budget Meetings

- **Mon., Oct. 30 - Budget Update with Residents, 4:00pm, AUD, Zoom, and KOTV.**
- **Mon., Nov. 20 - Final Budget Meeting with Residents, 4:00pm, AUD, Zoom, and KOTV.**

~Ann O'Malley, CFO

Thursday Health Lectures Diagnosis and Management of Cognitive Change

Oct. 5 - 7:15pm - AUD, KOTV

Dr. Swarnalatha Meyyazhagan (Dr. Mey) returns to further discuss memory issues, dementia, and Alzheimer's Disease. She will provide definitions of these conditions and her approach to the patient and diagnosis, as well as discuss normal memory loss, preventive measures, and new treatments.

Sexual and Reproductive Health Care

Nov. 2 - 7:15pm - AUD, KOTV

Tammy Bernard, executive director of Family Planning Services of Lorain County, and CNP Jessica Tobin will discuss the agency's history since its inception in 1969, its current services, and its future with regard to the Dobbs decision and ongoing Ohio legislative actions.

30 Bob Cothran Talks About His Mural

Mon., Oct. 9 - 7:15pm - AUD, KOTV

This past spring Grover Zinn gathered a small group of Kendal residents and staff to have a conversation with Bob Cothran about his wonderful and intriguing mural, *In Search of Curious Herbs and Spices*, that graces the walls on either side of the entrance to the Fox and Fell dining room. This conversation was recorded and masterfully edited by Joyce Benjamin.

In the video, Bob and his interviewers explore the creation of the mural, the journey it depicts, and some of the many puns and hidden symbols that lurk in this masterful creation.

Come to see the video and stay to join a discussion with Bob to explore the mural's imagery and the new journey on which the mural is taking him.

Homework: Take some time to have a close look at the mural so that you can bring comments and questions to the program. You'll find a brochure on the mural just to the left of the first panel.

30 Reader's Theater 30th Anniversary Play: *Pleasant Ponds Locked Down*

Fri., Oct. 27 - 1:30pm; Sat., Oct. 28 - 7:15pm - AUD, KOTV

Kendal at Oberlin's 30th Anniversary play, written and directed by Don Parker, is a backward glance at the pandemic through the eyes of eight spunky individuals, residents of Pleasant Ponds Retirement Community. This tongue-in-cheek Reader's Theater play helps us laugh at ourselves while stumbling through a strange pandemic that reveals the power of community resilience.



Lunch Bunch: Bingo Chinese Restaurant

Thurs., Oct. 12 - 11:40am

You MUST call ahead (440-774-2198) and pre-order your meal. Menus will be with the sign-up clipboard. Bus free, lunch on your own. Sign up for bus. Questions? Ask Gerry Findlan.

Community Conversations Oberlin City Manager's Listening Session

Tues., Oct. 10 - 7:15pm
AUD, KOTV

Rob Hillard, Oberlin's City Manager, will briefly discuss the city's Five Point Strategy, which includes City Services, Environmental Sustainability, Social Equity, Community Development, and Neighborhood Enrichment.

He will review accomplishments to date and invite questions and suggestions for ongoing planning from our Kendal residents.

Note Day
Change!

🎵 Live Music at Kendal 🎵

Sun., Oct. 1 No concert in Heiser. A bus from Kendal will take much of our regular audience to Cleveland for a matinee performance by the Cleveland Orchestra in Severance Hall.

Sun., Oct. 8, 4:00pm, AUD Oberlin Conservatory student string quartet will play music by Beethoven, Bloch, and Caroline Shaw.

Sun., Oct. 15, 22, 29, 4:00pm, AUD Check the vibrant *kaos* website and WKAO for up-to-date information on other performances on October Sunday afternoons.

Sara Grey and Will Brown Folk Concert

Mon., Oct. 16 - 7:15pm
AUD, KOTV

Two of Maine's most revered folk performers will give a concert of song accompanied by banjo and guitar.

Sara was born and raised in New Hampshire, and lived more than 30 years in England and Scotland, absorbing musical traditions from each place she has lived.

Cleveland's Karamu House:

History and Overview

Sun., Oct. 1 - 1:30pm
AUD, KOTV

Nina Domingue, Associate Artistic Director, and Maya Nicholson, Arts Education Manager, will present a brief video about the history of Karamu and an overview of the upcoming season, including a brief synopsis of each play.

The KaO Sales & Marketing team is inviting alumni attending the reunion weekend, residents, and Priority Members to join us for this special OC Homecoming/Reunion event. Kendal at Oberlin is a sponsor of Karamu.

Examining Racism
in America
to Forge a More
Equitable Future

Saturday Night Movies 7:15pm - AUD, KOTV

Oct. 7 - Breaking Away (1979) A working-class Indiana teen obsessed with the Italian cycling team vies for the affections of a college girl while searching for life goals with his friends. Very strong social class issues but a nice feel-good film.

Oct. 14 - Tampopo (1985) Japanese. In this humorous paean to the joys of food, the main story is about trucker Goro, who rides into town like a modern Shane to help Tampopo set up the perfect noodle soup restaurant. Woven into this main story are a number of smaller stories about the importance of food.

Oct. 21 - Black Panther (2018) T'Challa, heir to the hidden but advanced kingdom of Wakanda, must step forward to lead his people into a new future and must confront a challenger from his country's past. An exciting Black hero film.

Oct. 28 - Reader's Theater (see p. 3).



Saturday Night Foreign Film Sponsor

After many years of providing wonderful foreign films once a month, Dwight Call has retired from that role. To continue showing foreign and other films on Saturday nights in the auditorium and on KOTV, your help is needed. Would you consider helping Ken Cheek to select and support the Saturday night movies that we all enjoy? Please contact Ken.

~Shirley Taylor, Program Committee

The Kendal cable channels are:

- WKAO: 919, 19-1, OR 95-100
- KOTV: 920, 19-2, OR 95-101
- WSCC: 921, 20-1, OR 96-100

Art Gallery News

The **Kendal Gallery** continues to show *Signals and Stitches* by Jennifer Whitten through Oct. 9. On display Oct. 10–Dec. 4 will be *Light and Place*, paintings and drawings by Rod Bouc in different mediums: pigment stick, encaustic stick, oil stick, pastel, and charcoal. Recently retired as Executive Deputy Director of Operations for the Columbus Museum of Art, he will present an Artist's Talk on Fri., Oct. 20, at 4:00pm in Heiser Auditorium and on KOTV.

Barbara Colbert's and Diane Reinhart's nature-themed paintings remain on exhibit in the **Community Gallery** until Oct. 12.

Art has returned to the single available wall of the **Friends Gallery!** This delightful development features three members of the Kendal Photo Interest Group. Kathleen Cerveney, Kathy Caldwell, and Prudy Hall have nature-centered photographs in the exhibit.

The **Curio Cabinet** display of some of the late Nancy Cecil's extensive col-

lection of pill boxes runs until Dec. 11. She collected them on worldwide travels with her husband, Dick. Made of wood, porcelain, ceramic, and other materials, all have lovely decorations or witty designs in paint, inlay, or sculpture. Look for a Treasure Hunt sheet by the Curio Cabinet!

The **Marketing Display Window** continues to show ceramic pieces made in a craft co-op in Ayacucho, Peru, from the collection of Ted Wolner.

30 KaO History Photo Exhibit

Oct. 13–Dec. 7 Community Gallery

Take a journey through our 30 years with this exhibit of photos and memorabilia. How did KaO come about? Who had the inspiration and did the work to turn the vision into reality? What did construction look like during the "days of mud"? What activities have we enjoyed through the years? How have we been involved with the greater community? Come and see!

Sunday Movies 7:00pm - WSCC

Oct. 1 - *Driving Miss Daisy* (1989)

Oct. 8 - *Absolute Power* (1997)

Oct. 15 - *Julie & Julia* (2009)

Oct. 22 - *The King's Speech* (2010)

Oct. 29 - *Sabotage* (1936)

Monday Documentaries 1:00pm - WSCC

Oct. 2 - *Artemis 1: Going Back to the Moon* (2022)

1968: *The Year That Changed America* (2018) Seismic shifts in American politics, social movements, and global relations:

Oct. 9 - 1: Winter

Oct. 16 - 2: Spring

Oct. 23 - 3: Summer

Oct. 30 - 4: Fall

Tuesday Themed Films 1:00pm - WSCC

Oct. 3 - *The 39 Steps* (1935)

Oct. 10 - *Stage Fright* (1950)

Oct. 17 - *The Lady Vanishes* (1938)

Oct. 24 - *Foreign Correspondent* (1940)

Oct. 31 - *Dracula* (1931)

Thursday Movie Musicals 1:00pm - WSCC

Oct. 5 - *Enchanted* (2007)

Oct. 12 - *Into the Woods* (2014)

Oct. 19 - *CoCo* (2017)

Oct. 26 - *Little Shop of Horrors* (1986)

For movie descriptions and details, see www.imdb.com.

Racial Equity Forums

Examining Racism in America
to Forge a More Equitable Future

Racial Disparity in Health Care

Wed., Oct. 18 - 7:15pm
AUD, KOTV

Yvonka Hall is executive director of the Northeast Ohio Black Health Coalition, a social justice organization created to address the impact of racism on African American disparities by working to empower, educate, and advocate for health equity in underserved communities.

She will tell us about the cumulative health impact of racial, economic, environmental and social justice inequities.

Walking to Heal Racial and Economic Division Healing the Space Between Us Wed., Nov. 1 - 4:00pm AUD, KOTV

Come hear Inner Visions founder and author Jan Thrope share stories of success and hope made possible by bridging racial and economic divides to realize the dreams of inner-city residents.

As a social worker living in Shaker Heights, Jan was aware of the challenges faced by residents of inner-city Cleveland and East Cleveland. She attended Poverty Summits where solutions to those problems were discussed. But Jan says she was “moved out of her head and further into her heart” when a homeless man stood up at one of those meetings to tell the professionals what he *really* needed.

She then began walking in the neighborhoods and listening to the needs and dreams of people who lived there. Her goal became to discover, support, and promote community improvement projects. Victoria Trotter, Inner Visions board member, will join her.

Continue this conversation over lunch at noon on Thurs., Nov. 2.



Chief Executive Officer (CEO) Transition Team Update

Here's a reassuring story from the Deffet Group campus visit in July. After the second resident group session in the auditorium, three of the participants came back. They asked, What they could do to help ensure the new CEO would succeed? A few others within earshot joined the impromptu conversation and we talked about orientation and onboarding for the new CEO.

Our new CEO will work with the KaO and Kendal Northern Ohio Boards, KORA, KaO staff, The Kendal Corporation, and Friends Services Alliance for formal orientation to become more familiar with specific KaO responsibilities as well as our Quaker culture and values. All of this will be front-loaded early so our new CEO has a good foundation. While 90 days is often the standard orientation period, we suggest taking a year, encompassing a full business cycle and a year of community traditions, for a clear understanding of our organization.

Most importantly, we hope all of you will help with welcoming and onboarding. We are counting on you to help make our new CEO feel welcome, valued, and encouraged to be their own person. Emphasizing the six pillars of onboarding (compliance, clarification, confidence, connection, culture and check back), you can help: Who do you know in Oberlin, in Oberlin public education and government, at Oberlin College and Lorain County Community College, or in the greater Lorain County community to whom you can make an introduction? Who do we partner with for campus and community programs? What are some of the community organizations that our CEO should visit? Who will develop a 90-day calendar of upcoming events? Who will be sure to invite our CEO to campus events and to ask him/her to join in KaO community life?

The Transition Team has moved into the recruitment and initial candidate evaluation by DGI phase of our search. Our CEO position profile has been posted to many senior living and services sites. We are seeing interest in this premier opportunity to lead our outstanding organization. By mid-October, the Transition Team expects to begin reviewing cover letters and resumes along with the Deffet Group's screening notes for the top 6–8 candidates. Our Team will narrow that group down to 3–4 candidates for first virtual interviews.

Watch for updates in the *Weekly News Updates*. For questions or comments, contact the Transition Team at jpvilla@oh.rr.com. ~ *The Transition Team*

KaO Halloween Events

Choose your costumes and celebrate the holiday!

Jack-O-Lantern Showcase Halloween Weekend Heiser Lounge

It's time for Jack-O-Lanterns! You are invited to share your creation for display over the Halloween weekend. Prizes will be awarded Halloween night prior to the Costume Dinner. Start looking for that perfect pumpkin.



Mythical celeb of yore.

~*Dan Reiber*

KELC Costume Parade Fri., Oct. 27 - 4:00–4:30pm Heiser

See the Kendal Early Learning Center students parade in their costumes!

Costume Dinner Tues., Oct. 31 - Dinner - F&F

- Wear a costume in the Fox & Fell on Halloween night.
- There will be judges watching you strut your stuff.
- Residents and Staff are encouraged to show up, show off, and compete.
- Ghostly Merriment will be had.
- Pumpkin Heads will await you there!

~*Jack Mosher*

More About Kendal's Residents



Nanette (Nan) Holben

Born and raised in Pennsylvania's Lehigh Valley, I had the good fortune of attending Bryn Mawr College, which has been a force in my life ever since. The turmoil of the late 1960s led to a postcollege stint in Peace Corps/Libya, where my then-husband and I taught English to schoolchildren until Muammar Gaddafi's coup resulted in our expulsion. A calmer destination awaited as we spent two years in England at Oxford University, where I worked at Lady Margaret Hall, one of Oxford's first two women's colleges. My assignments included research on the rise of women's education at Oxford for a forthcoming history of the university.

Upon our return, I became assistant to Bryn Mawr's then-president with responsibilities for alumnae relations and bicentennial programming. Four years later, after my son was born, we moved to Baltimore where I became the first director of development at Bryn Mawr School (founded the same year as the college, in 1885, to assure a pipeline of qualified applicants for the college). After 20+ years there, during which I completed an MBA at Loyola University Maryland, I managed the development program for Baltimore's new children's museum, Port Discovery. And finally, my favorite job ever, I became the first director of philanthropic resources for the American Philosophical Society, founded by Benjamin Franklin in 1743 in collaboration with none other than John Bartram!—a familiar name at Kendal, too. The APS is the foremost learned society in the

nation, and I had the pleasure (and honor) of working with leading figures in all disciplines, academic and beyond, who were surprisingly great fundraising volunteers.

I am thrilled to be settling in Oberlin in proximity to my son, Ben Jones, an administrator at Oberlin College, and my daughter-in-law, Tanya Rosen-Jones, a professional photographer—both Oberlin alums. My grandsons, Emerson and Asa, are carrying on their parents' Oberlin tradition in the classes of 2025 and 2027. Having just celebrated my 55th reunion at Bryn Mawr, I am excited to be spending my retirement years in a college town with all its amenities.



Stephen (Steve) Kerr

I was born and raised in Oil City, PA, and graduated from Pennsylvania State University in 1960 with a BA in Political Science. After working in a number of jobs over the next few years, I enrolled in Western Reserve University in Cleveland, and earned a Master's degree in Library Science in 1966.

Most of my professional working career was spent in Fort Lauderdale, FL, with the Broward County Public Library System, where I held numerous positions over the years, ending up as a Department Head in the Main Library.

After I retired in 2000, I decided I needed a change of scenery and moved to Santa Fe, NM, in 2005. I lived there until 2022 when I decided I needed to be closer to family members in Ohio as I aged.

My activities outside of work includ-

ed volunteer positions in various civic organizations. I don't consider myself an athlete but have always enjoyed hiking and travel. I was also an active bicyclist and rode in a number of long-distance tours after I retired, including a memorable three-week camping trip in Bulgaria with a niece.

Music has always been an important part of my life. I took piano lessons growing up and played trumpet and horn in high school and later in community bands. I've also sung in various church choirs over the years.

I was a founding member of the South Florida Gay Men's Chorus, and in Santa Fe, I sang with the Santa Fe Symphony Chorus.

I look forward to becoming involved in many of the numerous activities offered to KaO residents once I am settled in.

Movín', Movín', Movín'

Recent Moves

Eileen Beekman from Atlanta, GA, in late September.

Lois Wolfe to Whittier in early September.

Michael Muschitz to Whittier in late September.

Upcoming Moves

Conrad and Lenée Owens from Sarasota, FL, in mid-October.

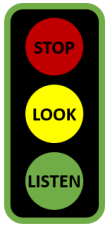
Bill Rush and Ellice Forman from Pittsburgh, PA, in late October.

Insurance Workshop

Join Donna Weber, KaO insurance coordinator, in the Kendal Education Center Training Room and via Zoom.

- **Mon., Oct. 16, 10:00am** - Traditional Medicare with Retiree or Commercial Insurance.

Zoom links were included in the listing of insurance workshops placed in resident mailboxes in August.



STOP, LOOK, AND LISTEN

Wed., Oct. 4 - 2:00–3:00pm
Education Center Training Room

STOP, LOOK, AND LISTEN helps residents be comfortable and effective when communicating with fellow residents, family, and friends who live with cognitive changes.

In September 2022, Kendal residents presented this program at the Dementia Action Alliance Conference in Indianapolis. Conference attendees praised the program for being designed by residents and presented to both residents and staff in our continuing care retirement community.

The presentation begins with a video by a person diagnosed with Alzheimer’s who talks about the importance of maintaining friendships. Then we discuss tips on initiating a conversation and the adjustments you may need to consider when conversing with somebody with cognitive changes. A short activity helps demonstrate the art of listening.

The goal of the program is to provide an atmosphere at Kendal where people with cognitive changes can maintain their friendships and stay active within the community, while adapting to the changes.

Sign-up sheets are available under the open mailboxes. Contact Sandi McClenen with questions.



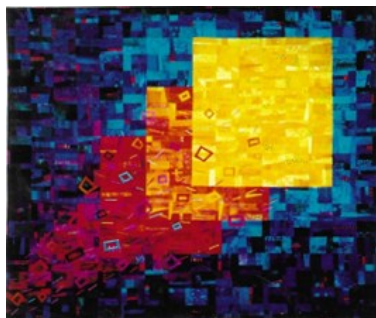
The “Art in Our Lives” series will feature Polly Carroll this month on Thurs., Oct. 5, at 1:00pm in the Art Studio. She will show examples of her art quilts and art journaling and talk about her creative ways of artistic expression.

During this month there will be classes on pencil drawing with Don Parker and two separate pottery classes with Kathleen Cerveney and Joyce Parker.

Watch the bulletin board near the Art Studio for information about classes and activities in the Studio.

Potters and card makers are busy in the Studio preparing for the Art Studio Holiday Sale coming on Nov. 30–Dec. 3. Save the date!

A tour of Firelands Association for



the Visual Arts led by Kathleen Jackson, CEO of FAVA, is being planned for October (date to be determined and announced). Sign-up sheet will be under the mailboxes.

Contact Janet Newman or Mary Van Nortwick with questions.

~Don Parker

American Sign Language Oct.–April - 1:30–2:15pm Ed Center Training Room

Jaison Anderson’s Oberlin High School students will teach ASL to residents and staff. Next few classes:

- Oct. 26 - ABCs
- Nov. 30 - Colors and Numbers
- Dec. 7 - Introduction signs

Questions: email Michele Tarsitano-Amato at mtars@kao.kendal.org.

ALL are welcome to attend.

The Importance of Grass Roots Advocacy Wed., Oct. 18 - 2:00pm Green Room

The Oberlin Friends Committee on National Legislation (FCNL) Advocacy Team’s motto is “We are Quakers and friends changing public policy.” For years FCNL has encouraged and trained citizens to participate in our democracy around an issue selected yearly. Share conversations with the Oberlin Advocacy Team about their work, along with cookies and punch.

Ruby Jones and Her Scholarship Fund Mon., Oct. 23 - 7:15pm AUD, KOTV

Learn how Ruby Jones pursued a long-held dream and founded the Oberlin Community Youth Scholarship Fund in 1998 with the help of other Oberlin residents and friends. A long-time employee of the Oberlin School District, her dream was to establish Oberlin community support for education of Oberlin students beyond the high school level.

Over the next 20 years, more than \$200,000 was raised for that purpose. In 2018, the organization was renamed the Ruby N. Jones Community Scholarship Fund to honor the founder.

Community Conversations George Blomgren Thurs., Oct. 26 - 7:15pm AUD, KOTV

Resident George Blomgren will take us to sea with Herman Melville vicariously, discussing not only *Moby Dick*, but two other Melville novels as well.

Kendal Kryptogram #221 – by Nina Love

BVUVNO TJPXT VT JPX CFBVUKGVM KU KT UP

MFU UJKOHT HP.

~VOLOPXO

Solution to Kryptogram #220: “Experience is a hard teacher because she gives the test first and the lesson after.”

~Vernon Sanders Law

Get Ready to Vote

➤ You must be registered by October 10 to vote in the November 7 election.

- To check your status, register, update your voter registration, and also find lots of information about issues and candidates, go to the Lorain County Board of Elections (LCBOE) website: www.voteloraincountyohio.gov.
- Paper copies of voter registration forms are in the library.

➤ To Vote by Absentee Ballot.

The deadline for submitting Absentee Ballot Requests is October 31. But do it now so the Board of Elections isn't overwhelmed with Absentee Ballot Requests!

1. Get an Absentee Ballot Request Form.

- To download a form, go to the website: www.voteloraincountyohio.gov.
- Paper copies of the request forms are in the library.

2. **Fill out the form.** Make sure to provide your phone number and email at the bottom of the form so that the Board of Elections can contact you if something is missing/wrong with the ballot application.

3. **Mail your completed form** to: Lorain County Board of Elections, 1985 North Ridge Rd. E., Lorain, OH 44055. Actual ballot will be mailed to you on or after October 11, 2023.

4. **Track the status** of your application at the LCBOE website.

Lorain County Issues Night

Wed., Oct. 4 - 6:00–8:00pm - Lorain County Racial Equity Center in the Elyria YWCA, 318 West Avenue, Elyria. See sign-up sheet to carpool.

Doors will open at 5:30pm. The following have agreed to present short, informative programs: Robert Berner on the 911 additional 0.5 mil; Gillian Camera and Dr. Frank Miller on the Criminal Justice Services additional 0.25 mil; Jim Ziemnik on the Lorain County MetroParks replacement operations 1.6 mil.

Discussion about the proposed Appointive Executive Plan proposing Lorain County 7 Districts will be presented by Brian Hoagland (For) and Ted Kalo (Against). This program is sponsored by the League of Women Voters of the Oberlin Area (the only League serving Lorain County) and hosted by the Lorain County Racial Equity Center. ~Ann Francis

Election information will be posted online at the League vote411.org site.

5. When you receive your ballot, fill it out soon, and send it back to the Lorain County Board of Elections.

The USPS estimates first class mail may take 3 to 5 days for delivery.

➤ To Vote in Person.

- **Vote early in person** at the Lorain County Board of Elections starting on October 11 (1985 North Ridge Rd. E., Lorain, Ohio 44055).
- **Vote on Election Day**, November 7, from 6:30am to 7:30pm, in Heiser Auditorium.

➤ Questions?

Please contact residents Ann Francis or Mary Van Nortwick.

2023 Oberlin Community Candidates Night Tues., Oct. 3 - 6:30-9:00pm First Church Meeting House

This year Oberlin Community Candidates Night will return to First Church Meeting House to hear the 11 candidates vying for the seven seats on Oberlin City Council. Three candidates are running for the Oberlin Board of Education. Linda Slocum, former city councilor and LWVOA board member, will moderate the event.

The evening will begin at 6:30pm, with 15 minutes to meet and greet the candidates; the forum will begin promptly at 6:45pm. An extended social period from 8:30–9:00pm will conclude the event. Oberlin Cable Co-op will run a video of the recorded evening discussion several times on the community channel. **Sign up for bus.**

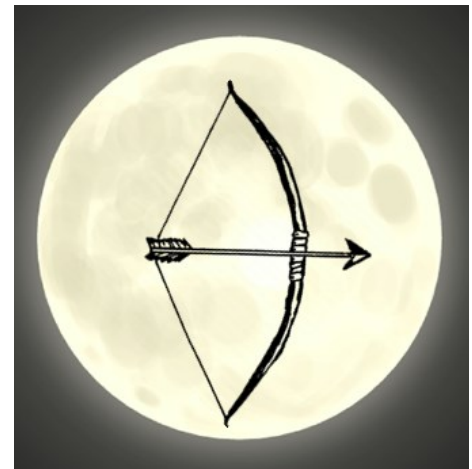
Cognitive Issues/Memory Support Group

Are you experiencing changes in your cognition or memory and wish there was a place to talk to other residents about them? A small group of residents has been meeting twice a month to share their concerns related to memory loss. They talk about how to remain engaged and promote their highest quality of life. Five residents participate, and they encourage others to join who feel they would benefit.

If you think you might be interested in attending this group, contact Carol Bojanowski for further information.

The Rising of the Moon

Join us for the October 28 Full Hunter's Moon rise at 6:25pm on Wildflower Hill. Because the weather gets colder from November to April, this will be the last time this year that we go outdoors to celebrate. The moonrise should be visible above the trees by 6:45pm. ~Donna Baznik



From the John Bartram Arboretum Ironweed and Its Specialist Bee

Ironweed (*Vernonia spp.*) is one of my favorite native fall wildflowers, and we have a good amount of it here at our John Bartram Arboretum. It looks so beautiful to me with its contrasting color among another native fall wildflower, goldenrod.

Only two months ago a fascinating

native ground bee, the Denticulate Long-Horned Bee (*Melissodes denticulatus*), was called to my attention by our wonderful state resource, *The Ohio State University Buckeye Yard and Garden onLine*. I encourage you to make use of this resource.

This specialist bee, a native ground-nesting bee, gets pollen from the ironweed for its offspring. She does not sting you; she is only interested in collecting the white pollen from ironweed.

You can spot this black bee with its white pollen sacks as she works to gather more. Look for her on ironweed on sunny days, when she is especially noticeable. You will need to stay very still or you will frighten her away.

~Anne Helm for the Arboretum Committee

References:

- <http://bygl.OSU.edu>
- *The Detroit News*, August 9, 2022



Ironweed



Ironweed with Goldenrod



Ground Nesting Bee on Ironweed, Gathering Pollen in Her Sacks. Photo: Rebecca Cardozo

Check the Volunteer Bulletin Board!

Many thanks for your plastic bags! Patient folk cut them into 3-in. wide strips and tie them together to become plarn (plastic yarn). More patient folk knit or crochet the plarn into “compassion mats” for those without a home. This year over 70 mats were distributed. Each mat requires about 700 plastic bags. **Keep the clean plastic bags coming!** Place the bags in the container outside the south auditorium door. Check the Volunteer bulletin board for some visuals.

Oberlin Elementary School classes will soon be ready for Volunteer Grandparent Readers. Watch the Volunteer board for the latest news and more information. Sign-up forms are posted there.

~Anne Elder

Mindful Mondays Lunch with Kim and Cyndi Mon., Oct. 9 - 12:00pm - Fox and Fell Den

Join Kendal Social Services Associates Kim Peters (440-776-5016) and Cyndi Moran (440-775-9813) for an hour of conversation and discussion while enjoying lunch. No sign-up required. **All are welcome.**

Essential Tremor Support Group Tues., Oct. 10 - 3:00pm - Green Room

This group provides an opportunity for sharing news, information and personal experience about essential tremor. **All are welcome.**

~Marvin Gordon-Lickey

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Curio Cabinet Treasure Hunt

Win a prize! Now through Dec. 11, look for the fun Treasure Hunt sheet by the Curio Cabinet and find the hidden items!

~Nina Love

KENDAL RESALE SHOP

Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities

SHOP!

Wednesday–Saturday
11:00am–5:00pm
(closed Sunday–Tuesday)

DONATE!

Bring your donations of clean, gently used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

Given to RAF, year to date:

Total contribution: \$28,513.



Remember!
Wear your name tag so newcomers (and old-timers) can tie your name to that face!



Nest Box News

At the Black River Audubon “Wrap-up” Potluck last month, everyone reported the number of birds fledged from their boxes. While overall numbers for the 31 trails and hundreds of boxes were down, **Kendal’s nest boxes had the best outcome in years!** Our boxes fledged 36 Eastern Bluebirds (of 40 eggs laid) and 27 American Tree Swallows (of 39 eggs hatched). Exact figures will be published next month. If you’d like to be a part of this exciting work next year, contact Kathleen Cerveney or Nina Love.

Saturday Walks

Join us for leisurely walks off the KaO campus that are 2–3 miles and generally scenic. Meet outside the Heiser main entrance on Saturday at 9:00am (weather permitting) to car pool.

- **Oct. 7** Old Woman Creek
- **Oct. 14** Schoepfle Garden
- **Oct. 21** French Creek - Pine Tree
- **Oct. 28** Carlisle - Halloween & Deer Run Trails

Questions? Contact Phil Pritchett.

Table Tennis Hours

Come and play on Wednesday, Friday, and Sunday, 10:00am to 12:00pm in Heiser Auditorium. **All are welcome!**

~*Sidney Rosenfeld, Sports and Recreation*

Where to Find Contact Info

- **Kendal at Oberlin Directory**, printed and distributed in February.
- **KaO PDF Directory**, distributed via email to all residents.
- **Bulletin Board**, near photos of new residents. Make these corrections and additions to your printed directory.
- **Online Resident Directory**, in the KORA website (www.kaores.org). Click “Directory” under the “People” tab. You must be logged in for access.

Save the Date! Buy Your Ticket! Wassail: an Irish-Appalachian Christmas by Apollo’s Fire Fri., Dec. 15 - 7:30pm St. Raphael Catholic Church, Bay Village

This heartwarming program from Jeanette Sorrell and Apollo’s Fire follows the hopes and fears of the Irish who crossed the Atlantic, bringing their music with them. It’s Christmas night in Ireland, 1849: Families and friends gather for singing, storytelling, wassail, and tearful farewells, as many prepare to depart for America the next day.

Irish singer Fiona Gillespie joins with fiddlers, medieval harp, hammered dulcimer, and bagpipes in celebration.

Kendal will provide a bus but you must **first** purchase your ticket for this event. Contact the Apollo’s Fire box office (216-320-0012 or apollosfire.org). Sign-up sheet for the Kendal bus will be posted in early October.

Need Scissors or Knives Sharpened?

Leave them on the Woodshop cart in the hallway by the Craft Room door with a completed work request form. Ken Cheek will sharpen them and return them to you with a statement as to cost (based on the Workshop hourly charge, usually \$1-2 per knife). Questions? Contact Ken.

Let’s Dance!

English Country Dancing

Sundays - 7:15pm
Heiser Auditorium
Contact: Judy Cook

Line Dancing

Mondays - 4:15pm
Heiser Auditorium
Contact: Dan Reiber

Square Dancing

Tuesdays - 4:00pm
Heiser Auditorium
Contact: Donna and Larry Steele



Church Services

First Church in Oberlin, UCC
Sun., 10:00am, WSCC

Oberlin Friends Meeting
Sun., 10:30am, Ed Center and Zoom

Oberlin Unitarian Universalist Fellowship
Sun., 11:00am, Zoom

Roman Catholic Mass
St. Patrick’s Cathedral, NYC
Sun., 11:15am, WSCC

Christ Episcopal Church
Sun., 12:30pm, WSCC, YouTube

Catholic Communion Service
Sat., 3:30pm, Green Room



Event Links

- For “inside Kendal” program links, **contact Carol Harvey.**
- For “outside Kendal” community cultural and educational ad hoc events, **contact Barbara Gordon-Lickey.**

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Assn.
600 Kendal Dr., Oberlin, OH 44074
Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Barb Benjamin, Anne Martin, Polly McIlrath, Mary Simons
Profile Photos: Sally Nelson-Olin

- Deadline for the November 2023 issue of *The Kendalight* is October 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: klite600@yahoo.com
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Meet a Dining Star Andrew Miller

We have weathered the return-to-school transition among our servers in the dining room. The student servers we have now are cheerful, energetic, and eager to please. Remember last year when we were struggling to find enough servers to meet our need? But we are not out of the woods yet. At this writing in early September, Director of Hospitality Services Greg Zehe's position has not yet been filled, and Executive Chef Scott Stonestreet is leaving. These are two important positions every day, but they have long-term responsibilities as well.

As you may remember, we are preparing for new menu cycles. We believe that a number of the dining stresses will be addressed by these new menus and dishes. We had been assured with some confidence that September was the month when the staff would be ready for the roll-out. You have undoubtedly noticed that it did not happen in September. It may well not happen in October either. It just depends on how soon the Zehe and Stonestreet positions are filled. So the word from the Dining Matters Committee is "Please hold on. The staff is trying, and we are closer than we have been."

On another subject, you may have noticed that another table for two has been added in the Fox and Fell. This was done in response to a request from those who like talking with only one person over dinner. We have also heard from those who enjoy larger groups urging the addition of larger tables to meet their wish to get to know people. This is a reminder that you can express your preferences by reserving a table of the size you want. You can also ask an interesting group of folks sitting at a larger table if they would mind adding another chair or two to expand their group for you. The larger tables can often be configured to seat six or seven diners.

On the other hand, if three of you are sitting at a four-top and you wish to hold at that number, ask a server to remove a chair or do it yourself. Remember that the servers assigning seats are happy to send more people to your table or to freeze the number where it is. We want your dining experience to be as quiet or as stimulating as you want it to be. You just have to tell servers what you want.

~Barbara Pierce, Chair,
Dining Matters Committee

Andrew has been at Kendal for 5 years. He is our interim executive chef and is responsible for ensuring the food is of the utmost quality, having staff at appropriate stations, and making sure the kitchen is very clean.

He graduated from the Pennsylvania Culinary Institute in Pittsburg and gained a lot of experience working at hotels, athletic clubs, and restaurants.

His wife Kinsey works here at Kendal in the Laundry. They have a 9-year-old named Isaiah and a 3-month-old named Lucius.

Andrew grew up in Euclid in an old-school Italian family. His blind stepfather was a mail clerk, gardened, cooked, and played golf!

When not cooking, Andrew loves to play golf and go fishing with his older son. He loves music – bluegrass, jazz and folk, as well as sea shanties. He also follows the Cleveland Browns (football) and Pittsburgh Penguins (ice hockey). His motto is: "Variety is the spice of life!"

Andrew is very content with his life and loves working here and meeting the residents. Dinner is his main meal. He also likes working with special needs people. He hopes to be a chef one day.

Do meet this young man as he wanders through the dining room during our evening meal! ~Priscilla Steinberg

Suggestions and Concerns Mon., Oct. 9 - 2:00–3:00pm Crossroads Room

This committee will listen to your suggestion or concern in confidence (and privately, if you wish), discuss it with you, and refer the matter to the appropriate department head or committee chair. Contact: Rich Hall, chair.

Newcomer Introductions Wed., Oct. 18 - 4:00pm - KOTV

Don't miss this opportunity to become better acquainted with your new neighbors!
~Sharon Furrow

UU Kendal Gathering The Gift of Welcome Tues., Oct. 24 - 2:00pm Green Room

- Do you make others feel welcome?
- Does your style of welcoming differ from other people's?

All are welcome. ~Rev. Mary Grigolia

Solo Diners Tues., Oct. 24 - 5:30pm - Den

Join solo Kendal residents monthly for dinner and conversation in the Den. There is no planned agenda – just informal sharing. Sign-up sheet will be posted by the open mailboxes.

Cognitive Issues Discussion Group Fri., Oct. 27 - 10:30am Ed Center Training Room

All are welcome. ~Carol Bojanowski



I love October, when the tree leaves change to brilliant colors! I plan to tour the local Metro Park soon and invite my friend who doesn't drive to come with me.
STAY CONNECTED

WEEK -

SUN	MON	TUE	WED	THU	FRI	SAT	
<p><u>First Church Service</u> 10:00am WSCC</p> <p><u>Quaker Worship</u> 10:30am Ed Ctr, Zoom</p> <p><u>RC Mass</u> 11:15am WSCC</p> <p><u>Christ Episcopal Service</u> 12:30pm WSCC</p> <p><u>Film (see p. 4)</u> 7:00pm WSCC</p> <p><u>English Country Dancing</u> 7:15pm AUD</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Centering Time</u> 11:00am Zoom, WSCC</p> <p><u>Documentary (see p. 4)</u> 1:00pm WSCC</p> <p><u>Line Dancing</u> 4:15pm AUD</p> <p><u>The Crown</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Themed Film (see p. 4)</u> 1:00pm WSCC</p> <p><u>Square Dancing</u> 4:00pm AUD</p> <p><u>Somebody Feed Phil</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>News Currents</u> 1:00pm WSCC</p> <p><u>SCC Council</u> 10/11 4:00pm</p> <p><u>Song Swap</u> 10/11, 10/25</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Musical Film (see p. 4)</u> 1:00pm WSCC</p> <p><u>Jazz Listening</u> 2:00pm Penn 10/12, 10/26 See also 10/5</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Art History</u> 1:00pm WSCC</p>	<p><u>Saturday Walk</u> 9:00am Heiser</p> <p><u>Ken Burns: Baseball</u> 1:00pm WSCC</p> <p><u>Catholic Communion Service</u> 3:30pm Green Rm</p> <p><u>Film (see p. 4)</u> 7:15pm</p>	
<p>1</p> <p>Cleveland's Karamu House 1:30pm AUD, KOTV</p> <p>Faculty Recital, L. Gordis, Harpsichord 2:30pm Kulas Carpool</p>	<p>2</p>	<p>3</p> <p>LLL Class: Ethics in Medicine Alan Lockwood 10:30am AUD</p> <p>Oberlin Community Candidates Night  6:30pm First Church</p>	<p>4</p> <p>Stop, Look, and Listen 2:00-3:00pm </p> <p>Issues Night 6:00pm Elyria YWCA Please carpool</p> <p><u>KaO History</u> 7:15pm AUD, KOTV</p>	<p>5</p> <p>Open Studio 1:00-3:00pm Art Studio</p> <p>Jazz Listening Coltrane Documentary 2:00pm Penn</p> <p>Health Lecture 7:15pm AUD, KOTV</p>	<p>6</p> <p>Supper Supper Dinner in F&F </p>	<p>7</p> <p>Guest Recital, Elinor Frey, Cello 4:30pm Kulas </p>	
<p>8</p> <p>Live Music OC student string quartet 4:30pm AUD</p>	<p>9</p> <p>Indigenous Peoples' Day</p> <p>Mindful Mondays Lunch with Kim & Cyndi 12:00pm Den</p> <p>Suggestions and Concerns 2:00pm Crossroads</p> <p>Bob Cothran Talks About His Mural 7:15pm AUD, KOTV</p>	<p>10</p> <p>LLL Class: Ethics in Medicine 10:30am AUD</p> <p>Essential Tremor 3:00pm Green Rm</p> <p>City Manager's Listening Session 7:15pm AUD, KOTV</p> <p>Verona Quartet, Cello 7:30pm Warner </p>	<p>11</p>	<p>12</p> <p>Lunch Bunch Bingo's, Oberlin 11:40am </p> <p>Len's Trolley 4:30-5:45pm HL</p> <p>Oberlin College Choir and Chamber Singers, G. Ristow, Director 7:30pm Warner </p>	<p>13</p> <p>Artist Recital, Seraph Brass 7:30pm Finney Tx </p>	<p>14</p> <p>Miller Voice Competition Finals 4:30pm Kulas </p>	
<p>15</p> <p>Live Music (TBA) 4:00pm AUD</p>	<p>16</p> <p>Insurance Workshop: Medicare + Other 10:00am Ed Ctr, Zoom</p> <p>Sara Grey and Will Brown Folk Concert 7:15pm AUD, KOTV</p>	<p>17</p>	<p>18</p> <p>Coffee Hour with BT 9:30am Langston, Zoom, KOTV</p> <p>Grass Roots Advocacy 2:00pm Green Rm</p> <p>Newcomer Intros 4:00pm KOTV</p> <p>Racial Disparity in Heath Care 7:15pm AUD, KOTV</p>	<p>19</p> <p>KORA Council 10:00am AUD, KOTV</p> <p>Fitness Talk: Walking 7:15pm AUD, KOTV</p>	<p>20</p> <p>Artist's Talk Rod Bouc 4:00pm AUD, KOTV</p>	<p>21</p>	
<p>22</p> <p>Live Music (TBA) 4:00pm AUD</p> <p>Special Event, Northern Ohio Youth Orchestra Fall Concert 5:00pm Warner Tx Carpool</p>	<p>23</p> <p>Ruby Jones and Her Scholarship Fund 7:15pm AUD, KOTV</p>	<p>24</p> <p>Grief Support Group 10:00am Green Rm</p> <p>UU Gathering 2:00pm Green Rm</p> <p>Solo Diners 5:30pm Den</p> <p>Guest Recital, R. Parkins, Organ 7:30pm Warner </p>	<p>25</p> <p>Exchange with BT 4:00pm AUD, KOTV</p>	<p>26</p> <p>American Sign Language Class 1:30pm Ed Ctr</p> <p>George Blomgren on Melville 7:15pm AUD, KOTV</p>	<p>27</p> <p>Cognitive Issues Discussion Group 10:30am Ed Center</p> <p>Reader's Theater: <i>Pleasant Ponds Locked Down</i> 1:30pm AUD, KOTV</p> <p>KELC Parade 4:00-4:30pm Heiser </p>	<p>28</p> <p></p> <p>Full Hunter's Moon 6:25pm, Wildflower Hill</p> <p>Reader's Theater: <i>Pleasant Ponds</i> 7:15pm AUD, KOTV</p> <p>Faculty Recital, Violin, Viola da Gamba, Harpsichord 7:30pm Fairchild </p>	
<p>29</p> <p>Live Music (TBA) 4:00pm AUD</p>	<p>30</p> <p>Budget Meeting 4:00pm AUD, Zoom, KOTV</p>	<p>31 Halloween</p> <p>LLL Class: LGBTQ Art for Intergenerational Audiences Sam Adams 10:30am AUD</p> <p>Costume Dinner F&F </p>	<p>October 2023</p> <p>Zoom: See kaores.org Calendar for link.</p> <p>KOTV: Cable 920, 19-2, or 95-101</p> <p>WSCC: Cable 921, 20-1, or 96-100</p>			<p>Note:</p> <p>"Home" events (at Kendal) are in Bold.</p> <p>"Away" events are not.</p>	