

The Kendalight

Kendal at Oberlin Residents Association

October 2024

Volume XXXI, Number 10



Traditional Souper Supper on Mon., Oct. 7

Although October 6 is the anniversary of the founding of Kendal at Oberlin, this year the dining room will celebrate by serving our Souper Supper on Oct. 7. Kendal residents decided long ago to remember how fortunate we are by restricting our dining on that day to a simple meal and donating the cost saved, along with any other funds donated by the residents, to the Oberlin Community Services food pantry.

OCS provides food and nutrition help for marginalized and vulnerable members of the community. The Souper Supper is a small way we can help seniors, children, and vulnerable families into a more sustainable and productive life.

The nonperishable food items you put in the big box by the Heiser receptionist desk year-round, as well as your monetary donations, provide emergency assistance however it is needed – everything from diapers to toothbrushes for kids to special dietary needs for seniors who live on Social Security.

So when you see the soup pots placed at the entrance to the dining room, please consider a generous donation to OCS.

~Kendal Friends of OCS

Community Invited to Events Celebrating the Jewish High Holidays

Enid Lader, Rabbi Emerita at Beth Israel–The West Temple, will lead four events for Kendalites to observe *Rosh HaShanah* (Jewish New Year) and *Yom Kippur* (The Day of Atonement). **Whoever wishes to join is welcome.**

Wed., Oct. 2, 7:15pm, AUD - Rosh HaShanah Eve Service. The group will usher in the Jewish New Year with music, readings, the sound of the shofar, and discussion. Jill Sawyer (Priscilla Steinberg's daughter) will sing selected prayers.

Thurs., Oct. 3, 10:00am, AUD - Rosh HaShanah Torah Conversation. Participants examine the Biblical stories of Sarah and Hagar (Genesis) and Hannah (Book I of Samuel) to consider themselves in these women's struggles of loss and hope. This will be followed by *Tashlich* at the Heiser Pond. Those gathered will toss fish food into the pond and imagine that the food represents their misdeeds over the course of the past year. This traditional ceremony symbolically "casts our sins upon the waters," so participants can begin the year with a "clean slate." The shofar will again be sounded.

Fri., Oct. 11, 7:15pm, AUD - Yom Kippur Eve Service. The service opens with chanting "Kol Nidre" by Jill Sawyer, then an instrumental rendition of Kol Nidre by Eli Kopp (cello major at the Oberlin Conservatory), followed by music, readings, and discussion.

Sat., Oct. 12, 10:00am, Green Room - Yom Kippur Creative Liturgy. Participants will examine several thoughtful creative writings that respond to the themes of the High Holy Days and discuss the readings in light of the recent events. This will be followed by *Yizkor* Service. Participants will recite a traditional prayer of



A shofar, pomegranates, wine, apple and honey – symbols of the Rosh Hashanah holiday.

Picture Credit: [N100a](#) at [Hebrew Wikipedia](#)

remembrance for both specific people they mourn and for all who have died. As we remember those who have passed away, may their memories be for a blessing.

**COFFEE HOUR WITH
SETH VILENSKY**

**WED., OCT. 9 - 9:30AM
LANGSTON, ZOOM, KOTV**

**AFTERNOON EXCHANGE
SETH VILENSKY**

**TUES., OCT. 22 - 4:00PM
AUD, KOTV**



Just as we are approaching an important national election on Nov. 5, KORA is approaching its annual meeting and election on Nov. 21. Every resident is a member of KORA, and this Annual Meeting is the only scheduled meeting for the entire resident body for the year.

The agenda includes the election of KORA's 15 Councilors and Officers, the six members of KORA's Leadership Development and Nominations Committee (LDNC), and the adoption of the 2025 KORA budget. At September's KORA Council meeting, the LDNC reported the nominees for these important positions.

KORA has four governance bodies: the Executive Committee, the Council, the LDNC, and a three-member Internal Audit Committee appointed by the Council.

The Council has three committees made up of elected Councilors: the Coordination Committee, the Suggestions & Concerns Committee, and the Finance Committee. Also, each Councilor serves as a liaison to one or more of the myriad Standing Committees and Interest, Service, and Support groups responsible for organizing the extensive and vibrant educational, entertainment, advocacy, social, and celebratory activities of our community.

Just as we need to vote responsibly in our national election, we need to prepare ourselves to participate in our KORA Annual Meeting. Plan now to attend the Annual Meeting at 4:00pm on Nov. 21 in Heiser Auditorium. Get to know the nominees so that they will be better able to represent you.

~Rollin Conway, KORA President 2024



Next KORA Council Meeting
Thurs., Oct. 17
10:00am - AUD, KOTV

Fall Lifelong Learning Classes at Kendal

These courses will be offered only in Heiser Auditorium, with the exception of the December course. Doors close at 10:35am. To register, contact Kari Inglis.

Civilization and Enlightenment: The Spectacular Art of Japan's Meiji Period (1868-1911). Mon., Sept. 30, Oct. 7 and 14; 10:30am-noon. Dr. Kevin R. E. Greenwood, Joan L. Danforth Curator of Asian Art at the Allen Memorial Art Museum, presents three lectures inspired by the recent full restoration of the Allen's large bronze *Incense Burner with Dragon Base*, made during Japan's Meiji era, and introduces the diverse art of the period. Appreciation for the creativity and technical brilliance of Meiji artists and artisans has flowered in recent decades with major museum exhibitions and publications.

Lecture 1: The Historical Context of Meiji Art.

Lecture 2: From the Awe-Inspiring to the Exquisite: The Diversity of Meiji Art.

Lecture 3: The Global Impact of Early Modern Japanese Art.

Writing Workshop. Tues., Nov. 12 and 19; Dec. 3; 10:30am-noon. Hal Sundt, Senior Lecturer of Writing and Communication at Oberlin College. This course explores the genre that goes by many names, including literary journalism and literary nonfiction. It balances research and reportage with the literary flourishes of fiction and poetry. Participants will read examples together and develop a toolkit of techniques and approaches and try crafting their own stories.

Albrecht Dürer: Artist as Creator and Entrepreneur. Tues., Dec. 10 and 17; 10:30am-noon. (This course is a webinar. To register, see the Museum's website or register at: www.amam.oberlin.edu/durer-webinar) Erik Inglis, Professor of Medieval Art History at Oberlin College. This course examines Dürer as an artist and printmaker, concentrating on the artistic and entrepreneurial innovations that made him a pivotal figure in art history. It is presented in conjunction with an exhibit at the Allen Memorial Art Museum: *Albrecht Dürer, Printmaker: Observation, Imitation, and Invention*, Sept. 24, 2024, through Jan. 18, 2025.

Fitness Talk: Holistic Wellness 101: Wellness Coaching at Kendal

Thurs., Oct. 24 - 7:15pm - AUD, KOTV

Whether you're looking for extra support during a difficult time in your life or striving to be an even better version of you, Wellness Coaching is the perfect resource to help you identify, prioritize, and reach your goals! Join Jill as she walks you through the eight dimensions of wellness, how to bolster your own wellness in each dimension, and the different ways you can take advantage of Wellness Coaching at Kendal from the comfort of your own home.

~Jill Tvaroha, Wellness Coordinator



Fall Flavors Open (Haunted) House

Wed., Oct. 30 - 3:00-6:00pm - Fitness Center

Apples, pumpkins, and cinnamon, oh my! Come share a bounty of spooky fall flavors with your friendly Fitness and Wellness Staff! Ask questions, check out the fitness facilities, learn about offerings like Wellness Coaching and classes, and enjoy the festivities. Don't forget to bring your favorite fall recipe! Sign up in front of the Fitness and Wellness Office.

**Kendal Health Lecture
Merger Creates Riveon
Tues., Oct. 15 - 7:15pm
AUD, KOTV**

Don Schiffbauer, CEO, Nord Center, and Dan Haight, CEO, Lorain County Alcohol and Drug Abuse, will discuss how the recent merger of these two organizations into Riveon will impact the acute and long-term care of mental health and drug/alcohol problems in our county.


**Brain Health Study
at Cleveland Clinic
Thurs., Oct. 22 - 7:15pm
AUD, KOTV**

Dr. Imad Najm, MD, a Cleveland Clinic neurologist, discusses a long-term study involving brain health and disease in our aging population. Some residents at Kendal are already participating in this important study.


A specialist in epilepsy, Dr. Najm will be happy to answer any questions you may have. *~Jack Secrist
Postponed from September 5*

**The Asian Rural Institute
Thurs., Oct. 3 - 7:15pm
AUD, KOTV**

Sherry DeLeon and Jack Lichten of the American Friends of ARI will present a video showing the experiences and daily lives of the participants in this unique training center located in northern Japan. It empowers grassroots rural leaders from around the world, equipping them with skills and knowledge they need to implement community-driven projects that promote sustainable agriculture, community health and well-being, and peace and justice in their home countries. A Q&A session will follow the video.


**Grobe Fruit Farm 
Fri., Oct. 11 - Kendal bus leaves
9:00am; returns about 11:00am**

It's known for its apples, cider, corn, peaches, and summer and fall produce.

**Lunch Bunch:
Lorenzo's Pizzeria, Oberlin
Wed., Oct. 9 - 11:30am **

Lorenzo's serves a variety of Italian-inspired food. They also offer vegan and veggie pizzas. The ingredients are personally selected by Larry Cariglio, who is both owner and chef.

Sign up for the Kendal bus. The bus is free. Lunch on your own.
Questions? Ask Jerry Knapczyk.

**National Theater Live 
Fleabag
Wed., Oct. 9 - 7:00pm - Apollo**

Written and performed by Phoebe Waller-Bridge and directed by Vicky Jones, this is a rip-roaring look at some sort of woman living her sort of life. Captured live on stage from London's West End.

Sign up for the Kendal bus. Tickets: \$18 at the door. This is part of a series of presentations at the Apollo Theater.

**Art and Music Education
in the United States
Thurs., Oct. 10 - 7:15pm
AUD, KOTV**

Maggie Nash, professor emerita of the Graduate School of Education at the University of California, Riverside, will talk about the history of U.S. art and music education, with a female focus.

**Disagreeing Better in
Difficult Conversations
Mon., Oct. 14 - 7:15pm
AUD, KOTV**

Bill Shaul gave us an overview of Braver Angels a few years ago; he is back tonight for Braver Angels 2.0. This will be an opportunity to learn and practice a few of the skills in managing difficult conversations, especially with our friends and family members who disagree with us.

Join the Kendal Choir! We are an ensemble of Kendalites who rehearse a variety of mixed choir music in preparation for special events programs. The choir has been led recently by Carol Longsworth and Tom Riis. Dianne Haley is pianist. **Rehearsals: Wed., 1:30pm, AUD. Look for the sign-up sheet!**

 Live Music at Kendal 

Sun., Oct. 6, 4:00pm, AUD "Kendal Presents" songs performed by residents Judy Cook and Allen Huszti.

Sun., Oct. 13, 4:00pm, AUD Piano recital, Oberlin Conservatory student Evan Hou.

Sun., Oct. 20, 4:00pm, AUD Two Oberlin Conservatory guitar students will perform.

**Apollo's Fire Small Ensemble
Sun., Oct. 27 - 4:00pm - AUD**

Four musicians from the Grammy-winning baroque ensemble Apollo's Fire will play a concert of baroque and folk music from 17th-century Europe and the Middle East.

Founder/harpsichordist Jeannette Sorrell will be joined by violinist Emi Tanabe, virtuoso recorder player and singer Daphna Mor, and cellist René Schiffer.

**Tom Kastle in Concert
Mon., Oct. 21 - 7:15pm - AUD**

Tom Kastle has been a singer and folk musician for decades, traveling the world, collecting and performing maritime songs and stories, and captaining sailing ships on the Great Lakes.

Onstage, he has performed theatrical roles ranging from musicals to Shakespeare. A founding member of the Solidarity Sing Along, he is currently touring in the one-man play, *Joe Hill: Alive as You and Me*.

**Meet Farah Emeka
Wed., Oct. 30 - 7:15pm
AUD, KOTV**

Farah Emeka, long-time resident of Oberlin, will talk about life as an attorney and as the prosecuting attorney for the City of Oberlin.

Saturday Night Movies

7:15pm - AUD, KOTV

With opening and closing commentary by A.V. Shirk followed by discussion in the auditorium.

Oct. 5 - Henry V (1944) Shakespeare's Henry V. Laurence Olivier's magnificent 1944 production.

Oct. 12 - Michael Clayton (2007) A gripping thriller with George Clooney, Sydney Pollack, Tom Wilkinson, and Tilda Swinton.

Oct. 19 - Hugo (2011) Martin Scorsese's elegant fantasy that retells the early history of movies. It is a delight. With Ben Kingsley, Sacha Baron Cohen, Jude Law, and Christopher Lee.

Oct. 26 - The Ides of March (2011) Political thriller about a Democratic Presidential candidate with George Clooney, Philip Seymour Hoffman, Paul Giamatti, and Ryan Gosling.

Art Gallery News

Currently in the **Kendal Gallery** is *An Artist Lives Twice* by The Artists of Group Ten, a cooperative association of professional artists. The group has grown since its inception; 16 of its current artists, who work in a variety of mediums, are on display. The exhibit will be in the gallery through Mon., Oct. 14. *Earthscapes & More*, featuring quilts and some encaustic pieces made by Deb Berkebile, will be shown from Oct. 15 to Dec. 9. Deb will give an artist's talk on Fri., Nov. 1, at 4:00pm in Heiser Auditorium and on KOTV.

Poetry and Landscapes, by artist Jill Milenski, will be in the **Community Gallery** through Wed., Oct. 16. It shows colorful oil pastel landscapes and cityscapes from Northeast Ohio, Europe, and New England. Also in-

cluded is a selection of poetry/quote collages. An exhibit of striking photographs by Ron Jantz of our natural world will open on Thurs., Oct. 17. Ron will give an artist's talk on Wed., Oct. 30 at 4:00pm in Heiser Auditorium and on KOTV.

The **Friends Gallery** has new photographs by members of the Kendal Photo Interest Group until mid-October, when a special exhibit will open. The first traditional show by an outside artist will be in December.

The **Curio Cabinet** contains a display of glass paperweights from the collections of Mary and Fred Behm, Nancy Garver, Suzanne McDougal, and Grover Zinn. In mid-October a display of pincushions and thimbles will be installed.

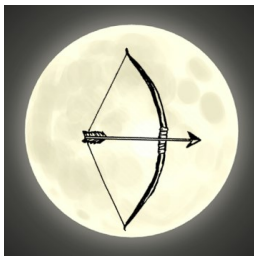
The **Marketing Office Display Window** is now filled with creations from the Kendal Art Studio.

Art Committee Sale Wed., Oct 9 - 7:30am- 4:30pm Heiser Lounge

Now's your chance to buy some great paintings, prints, photographs, and Chinese scrolls at super reasonable prices. Nearly 100 pieces on sale! Brought to you by the Kendal Art Committee as it retires art from the Kendal Collection to make room for fresh new additions to our public spaces.

The Rising of the Moon

The Full Hunter's Moon will be rising on Oct. 17 at 6:45pm and visible by 7:15pm at the base of Wildflower Hill. Join us for a moon viewing and a sip of plum wine.



All are welcome.

~Donna Baznik

Sunday Movies

7:00pm - WSCC

Sunday Movies are shown in the Jameson Activity Room in addition to being shown on WSCC

Oct. 6 - October Sky (1999)

Oct. 13 - Night Must Fall (1937)

Oct. 20 - The Secret Garden (1993)

Oct. 27 - The Picture of Dorian Gray (1945)

Monday Documentaries

1:00pm - WSCC

Oct. 7 - The Buddha (2010)

Oct. 14 - Odysseus Returns (2024)

Oct. 21 - The Bible's Buried Secrets, Beyond Fact or Fiction (2008)

Oct. 28 - Kedi (2016)

For movie descriptions and details, see www.imdb.com.

Tuesday Themed Films

1:00pm - WSCC

Oct. 1 - Dracula (1931)

Oct. 8 - Frankenstein (1931)

Oct. 15 - The Invisible Man (1933)

Oct. 22 - The Mummy (1932)

Oct. 29 - The Wolf Man (1941)

Thursday Movie Musicals

1:00pm - WSCC

Oct. 3 - A Mighty Wind (2003)

Oct. 10 - Bedknobs and Broomsticks (1971)

Oct. 17 - Anchors Aweigh (1945)

Oct. 24 - Meet Me in St. Louis (1944)

Oct. 31 - *Holiday Movie* The Phantom of the Opera (2004)

The Kendal cable channels are:

- WKAO: 919, 19-1, or 95-100
- KOTV: 920, 19-2, or 95-101
- WSCC: 921, 20-1, or 96-100



The *Art in Our Lives* presentation this month is with Nancy Garver, talking about her years of experience with the fabric arts. The program starts at 1:00pm, Thurs., Oct.

3, Art Studio. Come see examples of Nancy's work and hear her story.

Don is leading a four-week series of watercolor abstract landscape painting. This loose approach utilizes spray bottles, credit cards, and some joyful abandon. Mon., 3:00pm, Oct. 14, 21, 28 and Nov. 4. Contact Don (limit 8).

Joyce Parker is updating the history of the Art Studio (aka Independent Living Creative Art Studio) and would like any photos or remembrances of classes or other activities that you may have to share. Email, or drop photos and notes in Joyce's mailbox. She is working with a series of three-ring notebooks covering 2011-2024. Tues., 10:30am, Oct. 15, 22, Art Studio.

Kathleen Cerveney continues her Thursdays in the Art Studio and is available to assist anyone in a project of their choosing, including stenciled designs on their cup for the Coffee Club. Sign up on the Art Studio bulletin board to schedule a time. ~Don Parker

Karamu to Visit Kendal Mon., Oct. 21 - 2:00pm - AUD

Residents are invited to KaO's Annual Priority Member Event. This is a wonderful opportunity to mingle with local Priority Members over light refreshments. The program will be shared on Zoom for those who live further away.

Cleveland's Karamu House, the oldest producing Black Theatre in the United States, was founded in 1915 by Oberlin College Alumni.

Nina Domingue, Associate Artistic Director, and Maya Nicholson, Arts Education Manager, will share the history of Karamu House and an overview of the upcoming season, including a brief synopsis of each play.

🎃 Jack-O'-Lantern Showcase Halloween Weekend Heiser Lounge

Remember your excitement leading up to Halloween – Jack-O'-Lantern faces, colorful costumes, scary cards? Rekindle your imagination and share your Jack-O'-Lantern for display during the three days leading up to Halloween.

Place your creation on the window tables in Heiser Lounge starting Mon., Oct. 28, and follow the registration instructions at the table. Enjoy the entries and vote for the ones you like best. Prizes will be awarded on Halloween at 4:15pm in Heiser Lounge.



Pinocchio by Nick Long (2023).

Open to Kendal residents, staff, and Early Learning Center children.

Start now to find that perfect pumpkin. Info? Contact Dan Reiber or Jack and Kathleen Secrist.

🎃 Costume Dinner Thurs., Oct. 31 - Dinner - F&F

- Wear a costume to dinner in the Fox & Fell on Thurs., Oct. 31.
- Show off and be seen, or spectate in the Heiser Lounge at 5:00pm.
- Residents and Staff are invited. Costumes are optional.
- Hilarity, Spookiness, and PRIZES will be had.
- Gwendolyn will make herself known after a while. ~Jack Mosher

2024 SAGE – Resident LGBTQ+ & Allies Training

SAGE (Services & Advocacy for GLBT Elders) is the country's largest and oldest organization dedicated to improving the lives of lesbian, gay, bisexual, and transgender (LGBTQ+) older adults. All residents are invited to attend this training, which provides deeper understanding of LGBTQ+ people. Part of the training will include new information, and part will be a refresher.



Part I: Building Our Knowledge and Skills

Fri., Oct. 25, 1:30-3:00pm, AUD and Zoom.

Part II: Ensuring a Vibrant LGBTQ+ Inclusive Culture at Kendal,

Thurs., Nov. 7, 1:30-3:00pm, AUD and Zoom.

Signing up is required. Sign-up sheets in front of the open mailboxes on Oct. 11.

Kendal at Oberlin Risk Manager Transition

After serving more than 20 years as Kendal at Oberlin's first risk manager for the Peace Church Risk Retention Group, I will be passing this responsibility to Kim Preston, our Director of Community Outreach, effective Oct. 1, 2024.

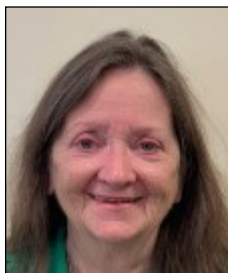
She is eminently qualified to serve as our risk manager. She passed her Certified Professional Aging Services in Risk Management (CPASRM) course this past January and was a helpful participant in preparing for our highly successful triennial risk management program assessment visit this past July, scoring 98.6%. Kim, who holds an RN license, has served since 2000 as Social Services Associate and was promoted to her director position in fall 2021.

I will continue to serve as Kim's advisor as she begins her responsibilities during this last quarter of 2024. Please join me in congratulating her.

~Toni Merleno, Director of Human Resources & Operational Services/Risk Manager

Looking for Someone? Find profiles of all residents, newcomers and old-timers alike, in *Who's Here* on Kendal Library's center bookcase.

More About Kendal's Residents



Ralph Carleton Stock and Elinor (Ellie) Stock

Carleton:

- **Name:** Go by my middle name, Carleton
- **Born:** near Syracuse, NY, in 1943
- **Raised:** outside Buffalo, NY
- **College:** Grove City College, Grove City, PA, north of Pittsburgh
- **Seminary:** Pittsburgh Theological Seminary (Presbyterian), Pittsburgh, PA
- **Spouse:** Rev. Elinor (Ellie) Jane H. Stock, married 1969
- **Children:** Eva (Pittsburgh), Ahren (Cleveland), and Chenoa (Cleveland)

Elinor and I have served churches together in Rochester, NY; Pittsburgh, PA; and St. Louis, MO, retiring in 2011. Our pastoral ministry focused on church, community, and world renewal both social and spiritual. We were part of a Family Ecumenical Order for five years with the Ecumenical Institute based in Chicago. We have centered on an environmental ministry in our retirement to address the current climate crisis. Other concerns include the preservation of democracy and dismantling of racism and white supremacy.

We resonate with Liberation Theology and its “preferential option for the poor,” Faith-based Community Organizing begun by Saul Alinsky in the 1930s, and especially, Creation Spirituality as a way to care for divine creation. We also take seriously the perspective of indigenous peoples around the world and their wisdom for how to live sustainably on Planet Earth.

We come to Kendal at Oberlin for the last years of our lives to live in a vibrant, caring, and progressive community that is still interested in living life to the fullest in the midst of the limitations of older age (Fourth Lifetime).

Interests: I like to get outdoors with all my senses in all seasons. I enjoy playing pickleball, table tennis, and swimming. Music has been a big part of our lives, and I especially enjoy jazz! Diversity, Equity, and Inclusion are good anywhere! Saving life on Planet Earth and savoring life on Planet Earth are passions!

Ellie:

I was born in Ft. Knox, KY, during WWII, lived in Philadelphia until my family moved to Cincinnati, OH, where I grew up, engaged in school activities (sports, music, drama), the Presbyterian Church (Choir), camping trips with family/scouts, fossil/rock/baseball card/stamp collections. I graduated from Muskingum College in 1966 (Spanish/Religion, drama, A Cappella Choir), summers in study/workcamps with migrants in Texas, Indigenous communities in Peru, Cuban immigrants in Miami, FL. Introduced to scientist/priest Pierre Teilhard de Chardin's writings.

In 1970 I graduated from Pittsburgh Theological Seminary where I met my husband, Carleton. We served congregations/communities together in Rochester, NY (co-led a congregational Global Odyssey); Pittsburgh, PA (mission trips to Peru, India, SW U.S., Alaska, Creation Spirituality Studies—Matthew Fox, Pittsburgh Presbytery staff); and St. Louis, MO (Adult Ed., Joining Hands Peru Partnership—environmental/fair trade issues/Peace-Making Award, work trip to Alaska, mission trip to India, Turkey Pilgrimage with Borg/Crosan, racial justice work related to Ferguson, MO, Celtic Spirituality Pilgrimage to Iona, Scot-

land, with Philip Newell, Genesis Farm Earth Literacy Program with Miriam MacGillis and at La Vista Ecology Center, Evolution/Universe Story focus—Thomas Berry and Brian Swimme; and between pastorates we worked with the Ecumenical Institute/Institute of Cultural Affairs—church/community development work in Chicago, New York City, Eastern Canada, and Boston.

Since retirement in 2011, we have focused on environmental justice work.

Our children/extended families bring great joy and love to our lives: Eva, child care teacher (husband Randy, four adult children, Pittsburgh, PA); Ahren, teaches instrumental music at Hawken Middle School (wife Charity, two children, Euclid, OH), Chenoa, PC (USA) mission co-worker, Peru (husband Jose, two children, Cleveland, OH).

Interests/joys/passions: family/friends, EARTH care, reading, traveling, music, writing—reflections/poetry/songs, guitar, walking, Indigenous Lifeways, PBS, Presbyterian Association on Science/Technology/Christian Faith, Chautauqua, and KENDAL!

Movin', Movin', Movin'

Recent Moves

Thomas “Tom” Roese and **William “Bill” Franklin** from Strongsville, OH, in early September.

Leona Schauble from Nashville, TN, in late September.

Upcoming Moves

Jim and Marianne Cassidy from Plainville, CT, in early October.

IN MEMORIAM
ANN SLOSSER
SEPTEMBER 8, 2024
RUSSELL “RUSS” BIMBER
SEPTEMBER 21, 2024

KaO Employee Anniversary Recognition Program Wed., Oct. 2 - 1:15pm - AUD

Our entire Community will recognize 18 wonderful staff members for achieving tenure milestones in a special program led by CEO Seth Vilensky. The honorees will enjoy a special anniversary lunch prior to the program. After the program, everyone is invited to wish the honorees congratulations at a special reception in the Heiser Lounge. ~Toni Merleno, Director of Human Resources & Operational Services

Tips for Guests to Stephens Care Center Wed., Oct. 16 - 3:00-4:00pm - Ed Center Training Room

Stephens Care Center is always open for visitors. But are you unsure how to visit your friends and neighbors living in Stephens? Or what to do if their door is closed?

While no training is required to drop by and visit your friends in Stephens, you might appreciate tips on how to make the visit go more smoothly. Kendal Social Services will provide just this training. Sign up on the posted sheet or just come! Questions? Contact Cyndi Moran or Kim Peters in Social Services.

Learn to Push a Wheelchair

There are two reasons to learn to push a wheelchair. First, an old or new friend who now uses one would appreciate being able to go outside with you and to events in Kendal. Second, Wheelchair and Walking Partners volunteer to help an SCC resident attend a specific event in the auditorium that both want to go to.

Michelle Minick of our Therapy Department will offer three opportunities for training on **Thurs., Oct. 24, 3:00-4:00pm; Tues., Oct. 29, 3:00-4:00pm; and Fri., Nov. 8, 3:00-4:00pm.** There will be sign-up sheets with meeting instructions by the open mailboxes. Questions? Ask Sandi McClennen.

Vegetarians Are Now the Plant Forward Food Group

The Kendal Vegetarians have decided to change its name to the Plant Forward Food group. "Plant forward" is an increasingly popular term for the variety of plant-centric diets (Mediterranean, MIND, DASH, Grandparents, etc.) urged by nutritional experts. It is also a Kendal theme, according to Christian Ramsey, Director of Operations at The Kendal Corporation. We hope our new name will reflect our diversity. Our group includes vegans, vegetarians, lacto-ovo-vegetarians, pescatarians, nutritarians, planetarians, etc., with a common commitment to eat little or no meat and especially to avoid red meat.

The group began in 2019 at the request of the Director of Hospitality Services, who aimed to prepare for a trend of future residents wanting plant-forward dining for health and environmental sustainability. ~Mary Clare Beck

Kendal Kryptogram #231 – by Nina Love

JANJURY BD X EXPPRK PRXE, UHN BN BD XPDJ X

QBMRY LJYBCJK GJYR APRXYPZ DRRK.~LXP UJYPXKM

Solution to Kryptogram #230: "Blessed are the flexible for they shall not be bent out of shape."
~Anonymous

Cleveland Chamber Choir: Meditation and Mysticism 🚗 Sun., Oct. 27 - 4:00pm - First Lutheran Church, Lorain.

Celebrate the healing power of music with the choir, in collaboration with Ghetto Therapy. A program that includes Britten, Glass, and Gregorian chants invites us to reflect on the wonder that surrounds us. Concert is free; donations are welcome.

Bus leaves at 2:30pm to attend OC Professor of Musicology Charles McGuire's talk at 3:15pm. Bus cost: \$15.00. **Check posted sign-up sheet for details of this trip.**

Transportation News

All Kendal Special Event Bus Sign-Ups: Please sign up NO LATER than 48 hours in advance. The Transportation team needs time to schedule buses and drivers. Events with insufficient advance sign-ups (minimum 5 for most) will be canceled.

This does not apply to regularly scheduled Kendal shopping trips (e.g., IGA, Drug Mart), though advance sign-up for those trips is appreciated.

Looking Ahead: We are planning a Holiday Shopping trip to Crocker Park (early December), and a trip to Cleveland Museum of Art to see the Picasso exhibit (January 2025). An updated Transportation Services brochure will be available by Dec. 31.

New Free Oberlin E-Bus: Have you tried it yet? The one-way loop on this van includes a stop at Kendal. Allow time to get to your destination, and for each stop, allow 50-60 min-utes for the bus to return, then time to get back to Kendal. Refer to the poster on the bulletin board or ask our Committee members who have tried it out (Anne Martin, Gerry Findlan, Ken Cheek). At present, the bus runs Mon.-Fri., 10:00am-8:00pm.

~Anne Martin

Transportation Committee Meeting: Wed., Nov. 20, 10:00am, Green Room. (No meeting in October). **All are welcome to attend.**

Get Ready to Vote

➤ **You must be registered by October 7 to vote in the November 5 election.**

- To check your status, register, update your voter registration, and also find information about issues and candidates, go to the Lorain County Board of Elections (LCBOE) website: www.voteloraincountyohio.gov.
- Paper copies of voter registration forms are in the library.

➤ **To Vote by Absentee Ballot.**

The deadline for submitting Absentee Ballot Requests is Oct. 29. But do it now so the Board of Elections isn't overwhelmed with Absentee Ballot Requests!

1. **Get an Absentee Ballot Request Form.**

- To download a form, go to the website: www.voteloraincountyohio.gov.
- Paper copies of the request forms are in the library.

2. **Fill out the form.** Make sure to provide your phone number and email at the bottom of the form so that the Board of Elections can contact you if something is missing/wrong with the ballot application.

3. **Mail your completed form to:** Lorain County Board of Elections, 1985 North Ridge Rd. E., Lorain, OH 44055. Actual ballot will be mailed to you on or after Oct. 9, 2023.

4. **Track the status** of your application at the LCBOE website.

5. **When you receive your ballot, fill it out soon, and send it back to the Lorain County Board of Elections.**

The USPS estimates first class mail may take 3 to 5 days for delivery.

➤ **To Vote in Person.**

- **Vote early in person** at the Lorain County Board of Elections starting on October 8 (1985 North Ridge Rd. E., Lorain, Ohio 44055).
- **Vote on Election Day**, Nov. 5, from 6:30am to 7:30pm, in Heiser Auditorium.

➤ **Questions?**

Please contact residents Ann Francis or Mary Van Nortwick.

More Voting Information

VOTING INFORMATION DROP-IN SESSION

**Tues., Oct. 15 - 12:30-2:00pm
Green Room**

Assistance with absentee ballot – bring your ballots.

Kendal residents will answer questions, check your voter registration status, help fill out forms, encourage and help you plan to vote, review who and what is on the ballot, and suggest ways to support and advocate for fair elections.

Residents and staff welcome.

ISSUES

On Nov. 5, in addition to candidates for various positions locally, statewide and nationally, residents of Oberlin will have issues to vote on:

- **Issue 1 Constitutional Amendment** to establish a Fair District Commission to Determine Voting Maps
- **County Issue 24 LEVY** to renew Mental Health, Addiction, Recovery Services
- **County Issue 25 LEVY** to renew Children Services

LORAIN COUNTY MEET THE CANDIDATES 6:00pm, LCCC Spitzer Center, Reaser Grand Room

Doors open at 5:30pm. A mixer or social event is included. Candidates will speak to specific topics.

- **Wed., Oct. 9:** Meet county-wide candidates.
- **Thurs., Oct. 10:** Meet state representatives and judges for the Court of Common Pleas.

ONE BALLOT

This year there is only one ballot for all voters regardless of affiliation.

You do NOT need to declare your party for the November election.

ONLINE INFORMATION

- www.VoteOhio.gov: Check your voting registration status.
- www.voteloraincountyohio.gov: Voter registration form, absentee ballot application request form, Board of Elections schedule for early “in person-absentee voting” hours.

KENDAL RESALE SHOP

Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities

SHOP!

Wed.-Sat., 11:00am-5:00pm
(closed Sun.-Tues.)

DONATE!

Bring your donations of clean, gently used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

Given to RAF, year to date:

Total contribution: \$34,516.

Oberlin Equity Conversation Thurs., Oct. 24 - 1:00-2:00pm Green Room

City of Oberlin Equity Coordinator Terri Richardson-Sanders joins us for our monthly conversation on how we can support equity in Oberlin.

UU Kendal Gathering Tues., Oct. 15 - 2:00-3:00pm Green Room

We'll talk about our future plans. **All are welcome.**

From the John Bartram Arboretum Silver Maple

The Silver Maple (*Acer saccharinum*) is another well-known maple in north-eastern America. It has delicate, graceful foliage and has been planted as an ornamental. The Silver Maple has paired, winged fruit, the largest of any maple, and squirrels and birds eat them. Young twigs are eaten by deer. They are fast-growing, reaching 50'-80', and thus giving shade. Here at the John Bartram Arboretum, there are two mature ones which you can see to the north of Cottages 106 and 107. You



can also see a woods of very tall straight ones if you walk from the employees' entrance back of Jameson on the blacktop path and look toward your left (south). I think that the



Silver Maples.
Picture Credits:
Kathy Caldwell.

woods was here before Kendal.

There are disadvantages to this tree. It has naturally invasive roots which can do damage over time. They can buckle sidewalks, crack foundations, and damage driveways. Surface roots can be a tripping hazard. Thought needs to be taken as to where it is planted. ~Anne Helm, *Arboretum Committee*

Option of a Philanthropy Gift to the Arboretum Endowment Fund

The Arboretum Endowment Fund helps meet needs that do not fit into our annual KORA allocation, such as special plantings or projects. A balance of at least \$50,000, compared to the present balance of about \$40,000, is the minimum level at which requests for withdrawal from the Fund's income will be considered by the Kendal Finance Committee. Find more information on the Arboretum table in Heiser Lounge or on the Arboretum website.

Questions? Ask Don Reeves, Arboretum Committee chair

References:

- <https://www.srs.fs.usda.gov>
- <https://bygl.osu.edu>



Indigenous Peoples' Day (Oct. 14) Celebrated Throughout October

The Indigenous Peoples Interest Group invites you to join us in honoring the talents and survivance of Native Americans. Here are ways you can participate:

- Visit the Kendal Library, where Indigenous novels, essays, biographies, and histories will be on display all month. While there, pick up a free leaflet that lists the Kendal collection, including many books acquired this year.
- Stop by the educational exhibit that occupies right half of the middle bulletin board near the KELC area. This large-print display is designed to be read a little at a time during your trips between the mailboxes and the SCC.
- Come to the Tues., Oct. 8, program at 7:15pm in the auditorium. Oberlin College Professor Cortney Smith will present *Decolonizing Cinema: Native Americans in Film*, showing how film can both uphold and resist stereotypes.
- Consider joining our email list (contact Carol Conti-Entin). You're also welcome to attend our monthly meetings held over lunch. More information about our group is in the library leaflet and on the bulletin board.

~Carol Conti-Entin

Decolonizing Cinema: Native Americans in Film Tues., Oct. 8 - 7:15pm – AUD, KOTV

Dr. Cortney Smith, Oberlin College Professor, will present a program on Native Americans in film. She will address how film can uphold stereotypes and, in other cases, resist them.

~Co-sponsored with Indigenous Peoples Interest Group

Examining Racism in
America to Forge
a More Equitable Future



Library Notes

The October special display is books by and about our Indigenous People, aka Native Americans or American Indians, at the request of the Indigenous Peoples Interest Group. October 14 was officially changed from Columbus Day to Indigenous Peoples Day by the Oberlin City Council in 2017.

We have been identifying our books on the subject, coding them in our database and marking the copies with a "Native Americans" label showing an arrowhead. This effort is difficult in our library, given our lack of subject cataloging. For example, we have three books dealing with the captives seized in a French and Indian attack on Deerfield, MA, in 1704 and forced to walk to Canada in the depth of winter. The fullest account is *The Unredeemed Captive*, 973.2, by ethnohistorian John Demos. But two shorter versions, *The Boy Captive in Canada* and *The Ransom of Mercy Carter*, are in the Fiction section.

~Mary Clare Beck

Saturday Walks

Come explore walking areas off the KaO campus. The walks are leisurely, about 2-3 miles, and generally scenic. We meet outside the Heiser Reception Desk every Saturday at 9:00am (weather permitting) to carpool. Come join us!

- **Oct. 5** Old Woman Creek
 - **Oct. 12** Schoepfle Garden
 - **Oct. 19** French Creek - Pine Tree
 - **Oct. 26** Carlisle - Halloween and Deer Run Trails
- Questions? Contact Phil Pritchett.

Insurance Workshops

Donna Weber, KaO insurance coordinator, presents these workshops in the Education Center Training Room and via Zoom.

- **Wed., Oct. 2, 10:00am - Managed Care Plans & the Language of Health Insurance.**
- **Wed., Oct. 16, 10:00am - Medicare with Medigap or a Retirement Plan Secondary to Medicare.**

Zoom links are listed in the handouts placed in resident mailboxes in August.

2025 KaO Budget Meetings

- **Thurs., Oct. 31 - Budget Update with Residents, 10:00am-noon, AUD, Zoom, and KOTV.**
- **Mon., Nov. 25 - Final Budget Meeting with Residents, 4:00-5:30pm, AUD, Zoom, and KOTV.**
~Ann O'Malley, CFO, KaO



Event Links

- For "inside Kendal" program links, contact **Carol Harvey**.
- For "outside Kendal" community cultural and educational events, contact **Barbara Gordon-Lickey**.

Table Tennis Hours

Come and play on Wednesday, Friday, and Sunday, 10:00am-noon in Heiser Auditorium. **All are welcome!**

~Phil Pritchett

Centering With Indira Palekar Mondays - 11:00-11:30am Zoom and WSCC

Psychologist Indira Palekar offers our community a time to reflect on suggested topics. Contact Kim Peters for the Zoom link (kpeters@kao.kendal.org).

Essential Tremor Support Group Tues., Oct. 8 - 3:00pm Green Room

Share experiences and information about this common condition, whether you have essential tremor, know someone who does, or want to learn about it. All are welcome.

Grief Support Group Tues., Oct. 22 - 10:00am Green Room

Facilitated by Melissa Thompson, LSW (mkthompson@kao.kendal.org).

Let's Dance!

English Country Dancing to live music played by Consensus
Sundays - 7:15pm - AUD
Contact: Judy Cook

Line Dancing
Mondays - 4:15pm - AUD
Contact: Dan Reiber

Square Dancing
Tuesdays - 4:00pm - AUD
Contact: Donna and Larry Steele

Rollator Dancing to live music played by Confusion
Tuesdays - 5:00pm - AUD
Contact: Judy Cook



Church Services

First Church in Oberlin, UCC
Sun., 10:00am, WSCC

Oberlin Friends Meeting
Sun., 10:30am, Ed Center, Zoom

Oberlin Unitarian Universalist Fellowship
Sun., 10:30am, Zoom

Roman Catholic Mass
St. Patrick's Cathedral, NYC
Sun., 11:15am, WSCC

Christ Episcopal Church
Sun., 12:30pm, WSCC, YouTube

Catholic Communion Service
Sat., 3:30pm, Green Room

Christ Episcopal Communion
Thurs., Oct. 10, 10:30am, Green Room

Newcomer Introductions Wed., Oct. 16 - 4:00pm - KOTV

Don't miss this opportunity to become better acquainted with some of your newest neighbors! ~Sharon Furrow

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Assn.
600 Kendal Dr., Oberlin, OH 44074
Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Barb Benjamin, Deborah Gray, Anne Martin, Polly McIlrath, Mary Simons

Profile Photos: Sally Nelson-Olin

- Deadline for the November 2024 issue of *The Kendalight* is October 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: klite600@yahoo.com
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining Matters

We are pleased that diners are increasingly placing requests for group dinner reservations. To help accommodate these requests, here are some tips.

- The sooner you arrange for your group meal, the more likely you will get your preferred times scheduled.
- To arrange a one-time dinner for a group larger than eight, notify Amy Vetter at least seven days ahead.
- For a repetitive group like a language or pod dining group, remind Amy Vetter of the event at least three days ahead of the dining date.
- Gather before 5:15pm to order your

drinks and make meal selections.

- If the evening is particularly busy, you may be given a different gathering time, so be sure that Amy Vetter has the contact name to call.

The Independent Living listening session with Lisa Wilken, Amy Vetter, our new executive chef Kyle Nowak, and the members of the Dining Matters Committee is Oct. 1 at 2:00pm in the Auditorium. Bring your questions about dining in the Fox and Fell or the Langston. See you soon.

~Barbara Pierce, Chair, Dining Matters



Solo Diners: Come fill our table!

Solo Diners

Tues., Oct. 22 - 5:30pm - Den

Join solo Kendal residents monthly for dinner and conversation in the Den. If your usual dinner partner will be elsewhere, do join us. Sign-up sheet is posted by the open mailboxes the week before. The Den holds only 16 diners.

Threads:



Drop Off or In Person
Thursdays - 11:00am-noon
Craft Room

We do simple sewing jobs for residents only. We shorten pants, sew on buttons, patch holes, sew up seams, and mend toes of socks. Bring your clean, bagged items to the Craft Room anytime, place them on the table, and fill out the required work order form on the clipboard.

~Regina Shea

Cognitive Issues

Discussion Group

Fri., Oct. 25 - 10:30am

Education Center
Training Room

All are welcome.

~Jesse Carlock

Meet, Greet, and Eat Returns on Wed., Oct. 30

Here is an opportunity for residents to share a meal with others they may not yet know and with whom they may not have dined before. To participate, sign up in advance on the sheets on the mailbox shelf beginning Wed., Oct. 23. Then arrive at Fox and Fell at 5:15pm on Oct. 30.



Check in with the committee and draw a number that indicates your table assignment. Join your tablemates and orders will be taken by one of the servers.

These events are a great way to meet new people in a relaxed setting. Newcomers are especially invited to participate. If you've arrived within the past 12 months, please draw your number from the box labeled for newcomers. We hope to assign our newcomers to as many different tables as possible.

If you don't participate, the usual dining options apply in the Fox and Fell.

Mindful Mondays Lunch with Kim and Cyndi

Mon., Oct. 14 - noon - Fox and Fell Den

Join Kendal Social Services Associates Kim Peters (440-776-5016) and Cyndi Moran (440-775-9813) for conversation while enjoying lunch. **All are welcome.**

Suggestions and Concerns

Mon., Oct. 14 - 2:00-3:00pm - Whittier Lounge

The Suggestions and Concerns Committee listens to your suggestion or concern in confidence (privately, if you wish), discusses it with you, and refers the matter to a pertinent department head or committee chair.

Janet Newman, Chair



Smart Giving! KaO Gift Annuity Update Workshop

Wed., Oct. 16 - 7:15pm or Thurs., Oct. 24 - 10:30am - KOTV

CFO Ann O'Malley explains the KaO Charitable Gift Annuity program, providing a useful overview that features the latest Gift Annuity Rate tables. This is a video of the March 15, 2024, informative workshop. Questions? Ask Tom Konkoly, chair, Board/Resident Philanthropy Committee.

Where to Find Contact Info

- **Kendal at Oberlin Directory**, printed and distributed in February.
- **KaO PDF Directory**, distributed via email to all residents.
- **Bulletin Board**, near photos of new residents. Make these corrections and additions to your printed directory.
- **Online Resident Directory**, in the KORA website (www.kaores.org). Click "Directory" under the "People" tab. You must be logged in for access.

SUN	MON	TUE	WED	THU	FRI	SAT
<p><u>First Church Service</u> 10:00am WSCC</p> <p><u>Quaker Worship</u> 10:30am Ed Ctr, Zoom</p> <p><u>RC Mass</u> 11:15am WSCC</p> <p><u>Christ Episcopal Service</u> 12:30pm WSCC</p> <p><u>Film (see p. 4)</u> 7:00pm WSCC</p> <p><u>English Country Dancing</u> 7:15pm AUD</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Centering Time</u> 11:00am Zoom, WSCC</p> <p><u>Documentary (see p. 4)</u> 1:00pm WSCC</p> <p><u>Line Dancing</u> 4:15pm AUD</p> <p><u>The Crown</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Themed Film (see p. 4)</u> 1:00pm WSCC</p> <p><u>Square Dancing</u> 4:00pm AUD</p> <p><u>Rollator Dancing</u> 5:00pm AUD</p> <p><u>Murder She Wrote</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>News Currents</u> 1:00pm WSCC</p> <p><u>SCC Council</u> 10/23 3:00pm Gathering Room</p> <p><u>Song Swap</u> 7:00pm AUD 10/9, 10/23</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Christ Episcopal Communion Service</u> 10/10 10:30am Green Rm</p> <p><u>Musical Film (see p. 4)</u> 1:00pm WSCC</p> <p><u>Jazz Listening</u> 2:00pm WHT 10/3, 10/17, 10/31</p> <p><u>Classical Music</u> 2:00pm WHT 10/10,10/24</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Art History</u> 1:00pm WSCC</p>	<p><u>Saturday Walk</u> 9:00am Heiser</p> <p><u>Ken Burns video</u> 1:00pm WSCC</p> <p><u>Catholic Communion Service</u> 3:30pm Green Rm</p> <p><u>Film (see p. 4)</u> 7:15pm, AUD, KOTV</p>

October 2024

Zoom: See kaores.org Calendar for link.

KOTV: Cable 920, 19-2, or 95-101

WSCC: Cable 921, 20-1, or 96-100

		1 Dining Matters Committee Listening Session: Lisa Wilken, Amy Vetter, Kyle Nowak 2:00pm AUD	2 Rosh HaShanah Begins Insurance Workshop: Managed Care Plans 10:00am Ed Ctr, Zoom Employee Anniversary Recognition Program 1:15pm AUD Rosh HaShanah Eve Service 7:15pm AUD	3 Rosh HaShanah Torah Conversation 10:00am AUD Art in Our Lives 1:00pm Art Studio Asian Rural Institute 7:15pm AUD, KOTV	4 Parkinson's Support Group 1:30pm Green Room	5 Met Opera, <i>Tales of Hoffmann</i> 1:00pm Apollo 🚗
6 Live Music Kendal Presents 4:00pm AUD Artist Recital Series, <i>Art of the Afghan Rubab and Tabla</i> , Salar Nader and Homayoun Sakhij 7:30pm Finney 🚗	7 LLL Class: Art of Japan's Meiji Period Kevin Greenwood 10:30am AUD Souper Supper Dinner in F&F 🍵	8 Essential Tremor Support Group 3:00pm Green Rm Decolonizing Cinema Cortney Smith 7:15pm AUD, KOTV	9 Art Committee Sale 7:30am-4:30pm HL Coffee Hour with Seth 9:30 am Langston, KOTV Lunch Bunch 🚗 Lorenzo's, Oberlin Bus lv. 11:30am National Theater Live, <i>Feabag</i> 7:00pm Apollo tx 🚗	10 Len's Trolley 4:30pm HL U.S. Art and Music Education 7:15pm AUD, KOTV	11 Yom Kippur Begins Grobe's Fruit Farm Bus lv. Heiser 9:00am, returns 11:00am. 🚗 Yom Kippur Eve Service 7:15pm AUD	12 Yom Kippur Creative Liturgy 10:00am Green Room
13 Live Music Evan Hou, piano 4:00pm AUD	14 Indigenous Peoples' Day LLL Class: Japan Art 10:30am AUD Lunch with Kim & Cyndi Noon Den Suggestions, Concerns 2:00pm Whittier Disagreeing Better 7:15pm AUD, KOTV	15 UU Gathering 2:00pm Green Rm Voting Information 12:30-2:00pm Green Rm Merger Creates Riveon 7:15pm AUD, KOTV	16 Insurance Workshop: Medicare + Other 10:00am Ed Ctr, Zoom Visiting SCC Tips 3:00pm Ed Center Newcomer Intros 4:00pm KOTV Oberlin Orchestra, Maurice Cohn, Cond. 7:30pm Finney 🚗	17 KORA Council 10:00am AUD, KOTV Oberlin College Choir and Musical Union 7:30pm Warner 🚗	18	19 Met Opera, Jeanine Tesori's <i>Grounded</i> 1:00pm Apollo 🚗
20 Live Music OC Students, guitar 4:00pm AUD	21 Cranium Crunches 2:00pm Ed Center Cleveland's Karamu House 2:00pm AUD Tom Kastle in Concert 7:15pm AUD	22 Grief Support Group 10:00am Green Rm Exchange with Seth 4:00pm AUD, KOTV Solo Diners 5:30pm Den New Brain Study at Cleveland Clinic 7:15pm AUD, KOTV	23 Fitness Open House 3:00-6:00pm Fitness Center 🍊 Artist's Talk R. Jantz 4:00pm AUD, KOTV Meet, Greet, and Eat 5:15pm Fox & Fell Meet Farah Emeka 7:15pm AUD, KOTV	24 Oberlin Equity Conversation 1:00pm Green Rm Wheelchair Training 3:00-4:00pm See sign-up sheet. Fitness Talk: Wellness Coaching 7:15pm AUD, KOTV	25 Cognitive Issues Discussion Group 10:30am Ed Ctr Training Room SAGE - Part I 1:30-3:00pm AUD, Zoom Sign-up required	26
27 Live Music Apollo's Fire 4:00pm AUD Cleveland Chamber Choir, Greg Ristow, Cond. 3:15pm Talk 4:00pm Concert 🚗 First Lutheran Church Lorain	28 Jack-O'-Lantern Showcase begins 🍷	29 Wheelchair Training 3:00-4:00pm See sign-up sheet.	30 Fitness Open House 3:00-6:00pm Fitness Center 🍊 Artist's Talk R. Jantz 4:00pm AUD, KOTV Meet, Greet, and Eat 5:15pm Fox & Fell Meet Farah Emeka 7:15pm AUD, KOTV	31 Halloween Budget Meeting 10:00am-noon AUD, Zoom, KOTV Costume Dinner F&F 🍷	<div style="border: 1px solid black; padding: 5px;"> <p>Note: "Home" events (at Kendal) are in Bold. "Away" events are not.</p> </div> <div style="text-align: center;">  <p>Full Hunter's Moon Oct. 17, 6:45pm, Wildflower Hill</p> </div>	