

The Kendalight

Kendal at Oberlin Residents Association

September 2018

Volume XXV, Number 9



Kendal at Oberlin is 25



25 Mark Your Calendars: Three Special Anniversary Events in October!

OCS Update

Thurs., Oct. 4 - 4:00pm - AUD

Over the years, many Kendal residents have volunteered their time and given financial assistance to Oberlin Community Services. Executive Director Margie Longworth Flood and Food Programs Coordinator Hannah Rosenberg will give us an update on OCS activities.

OCS is a responsive organization which nourishes Lorain County residents by providing direct assistance, food, community outreach, and educational programs. Since 1955, OCS has worked to feed the hungry while providing support to our neighbors who are the most vulnerable. In the past 12 months the pantry has distributed enough food for more than 200,000 meals and donated over \$124,000 for help with rent, utilities, and other emergency needs.

KatO's "Souper Supper"

Fri., Oct. 5 - 5:15pm

The Souper Supper tradition began in 2009 when dining room construction became a problem for our usual fancy anniversary dinner. Resident Jim White suggested we go for a simple supper and place soup kettles around for resident contributions to OCS, with Dining Services contributing the money saved on the less-elegant dinner. KORA agreed, and a tradition began!

This year we are having a 25th anniversary gala dinner, but we also want to preserve the traditional Souper Supper!

Soup pots will be out ALL DAY on Friday, October 5, to collect your cash or check donations (made out to Oberlin Community Services) to help with emergency assistance programs at OCS. Please give generously to support OUR community. ~Janet Kelsey Werner



Gala 25th Anniversary Banquet

Sat., Oct. 6
5:00-7:30pm

- **Invitations** with details will go out to residents on Mon., Sept. 17.
- **RSVP** with entrée chosen by Fri., Sept. 21.
- **Appetizers** will be served in Heiser Lounge, 5:00-7:30pm.
- **Dinner** will be served by wait staff in various venues: Langston, Fox & Fell, and Heiser Auditorium.
- **Seating times** are preassigned. About 50 people will be seated every 15 minutes, starting at 5:15pm.

Come to the Kendal Kabaret - Sept. 22 - 7:15pm - AUD

The world has never seen a cabaret like the Kendal Kabaret. Our Kabaret cast will initiate the use of the newly renovated auditorium, sound system, and lights as talented Kendal performers entertain. Master of Ceremonies Ed Wardwell will welcome costumed dancers, singers, pianists, and others through a spectacular arch and curtain, built by stage designer and resident Bob Cothran.

Intergenerational and inclusive of many residents new to the Heiser stage, Kendal's unique cabaret is not to be missed. Celebrate the 25th birthday of Kendal at the Kendal Kabaret. Join the fun by singing not only Happy Birthday but also the Liza Minelli hit song "Come to the Cabaret."

~Carol Harvey and Carol Longworth, Kendal Kabaret Committee

BUDGET FORUM

ANN O'MALLEY

THURSDAY, SEPTEMBER 6

9:00-10:00AM - DEPARTMENTAL

SHOWCASE IN HEISER LOUNGE

10:00AM-NOON - FOX & FELL

COFFEE HOUR WITH

BARBARA THOMAS

TUESDAY, SEPTEMBER 18

9:30AM - LANGSTON

KNOW YOUR KORA COUNCIL

Kendal Value: *To value participation, transparency, and consensus building by nurturing careful listening and effective decision making.* Kendal Values and Practices Booklet, p. 4.

For 25 years council, committees, residents, and staff have been discussing issues that involve careful listening and effective decision making. This is a community that does not shy away from challenges and complexity. It is quite amazing what a community of committed people takes on. When residents and staff fully participate, when what is going on behind the scenes is shared, when we listen carefully and have patience to figure out solutions that will benefit the entire community, not just our individual agendas, good things happen.

Recently, I shared with marketing staff from the Kendal system the concern expressed by long-time residents of Kendal at Oberlin that our Kendal values and practices could be lost. As I was preparing for the presentation, I talked with residents about what values are important to them. Here is some of what they said:

“Kendal is a welcoming community. There is a spirit of inclusiveness and hospitality that you don’t necessarily find anywhere else. This spirit animates our community. We take care of one another, even people outside of Kendal. It’s a community that believes in service. I feel welcomed here, people are friendly. There are different types of people and they come from all sorts of backgrounds. We use first names. There is a vitality here. There are lots of ways to use your skills, lots of varied activities going on, interesting people, an involved community – not only here but in Oberlin and other places.

“I like it because I can be an individual here. I have choice. I can do what I want and can do. There is a spirit of sharing and taking responsibility. This is a community that tries to get along,

Fall LifeLong Learning Classes in Heiser Auditorium

The LifeLong Learning Center at Lorain County Community College (LCCC) sponsors classes in Heiser Auditorium during fall, winter, and spring terms. Oberlin College is an affiliate sponsor of the program at this location. Phone number for information and registration: **440-366-4148**. Copies of LCCC’s Fall course catalog are on the shelf under the Town & Gown bulletin board.

News & Views: Foreign Affairs. Monthly topics from Foreign Policy Association’s “Great Decisions” briefing book. **Fridays, 10:30am to noon.** No registration or fee. **October 5:** Jiyul Kim, former Director of Asian Studies and Regional Studies Coordinator at the U.S. Army War College and currently Visiting Assistant Professor of History at Oberlin College, will present “U.S. Global Engagement and the Military.” **November 2:** Dwight Call will present “Turkey: A Partner in Crisis.” **December 7:** Gayle Sherry will present “Global Health: Progress and Challenges.”

News & Views: Domestic Issues. Fridays, 10:30am to noon. No registration or fee. **December 14:** Ron Kahn, Erwin Griswold Professor Emeritus of Politics, Oberlin College, will present “Why We Need the Supreme Court.”

Functions of Myth. Jim Helm, Professor Emeritus of Classics, Oberlin College, will present a three-session course on the primary theories about the functions in society of myths based on Greek mythology. Jim has provided a list of suggested readings for this course in the Fall LCCC catalog. **Wednesdays, 10:30am-noon, October 10, 17, 24.** Fee: \$20. (Class 4371)

fiercely independent, not afraid to question and ask questions. I appreciate the transparency and accessibility of Administration. Working together, residents and staff solve problems. Residents contribute to the life of the community in many ways and do much of the work. I can and expect to have a say in the things that affect my life. I can expect to be treated with dignity and respect.”

What a wonderful list of values and practices these residents find important! How we live into our values defines us as a community. If we don’t pay attention to and understand our Kendal values, communicate them, practice them, and actually measure the integrity of our practices, they indeed could be lost. As we move into the last quarter of our 25th year, I hope we will continue to share and reflect on the values and practices that we will carry into our future.

~Ann Francis, KORA President

**Next KORA Council Meeting
Thurs., Sept. 20 - 10:00am - AUD.**

KORA Annual Fund Appeal

This month you will receive a letter asking you to consider a donation to support KORA’s activities. All expenses of the Association are covered by your voluntary contributions. Committees, special interest groups, donations to community organizations and more require financial support to cover expenses, and for new activities and initiatives to emerge. This year’s budget goal is \$31,000. We ask that you consider a contribution to help KORA meet that goal.

A Look Ahead at 2019 Budget Meetings

• **Thursday, Oct. 25 - Resident Budget Update Meeting, 4:00pm, Heiser Auditorium**

• **Monday, Nov. 19 - Final Resident Budget Meeting, 4:00pm, Heiser Auditorium.**

~Ann O’Malley, CFO, KatO

No First Thursday Health Lecture on Sept. 6

Thursday Lecture Series “Epic Fail: What Rats, Vets, Witches, and the Father of Modern Surgery Can Teach Us about Our War on Drugs,” Michael Uth Sept. 27 - 7:15pm - AUD

Michael Uth, a volunteer speaker for the American Civil Liberties Union of Ohio on the subject of drug policy, is passionately committed to the reform of drug policy based on reason, science, compassion, and respect for human rights. A civic activist and board member of the ACLU of Ohio, Mike has practiced law in various capacities since 1979. Born and raised in Massillon, he has lived in the Cleveland area since 1981.

Writers’ Ink Annual Reading Tues., Sept. 25 - 7:15 pm - AUD

You are invited to the annual reading by members of Writers’ Ink, a Kendal at Oberlin group of writers. Writers’ Ink has met for several years with Carol Tufts, Associate Professor of English at Oberlin College.

Members will read selections of original work (fiction, non-fiction, and poetry). **All are welcome.**

Playreaders: “Squabbles” Thurs., Sept. 27, 1:30pm, AUD; Fri., Sept. 28, 7:15pm, AUD

In Marshall Karp’s comedy, a young Connecticut couple has the wife’s father living with them. Then the husband’s mother’s house burns down and mom needs to move in with them, too. This results in lots of fractious interactions – not between the two generations but between the two older folks. This is exacerbated by the woman of the house bringing home her newborn baby. Come see how this evolves and resolves. Directed by Jerry Berner.

To avoid the evening crowd, try to come to the matinee. **Note change in days.** Remember that there will be no admission until the first scene break.

Lunch Bunch: The Corner Joint, Oberlin Wed., Sept. 12 - 11:30am

Former chefs at the Black River Café opened this new restaurant in April, offering an eclectic menu focused on locally sourced ingredients prepared from scratch. Choose from salads, soups, an array of sandwiches, as well as pasta, fish, vegetarian, and vegan dishes. Then end your meal with a dessert (from Blue Rooster Bakehouse). Bus leaves Heiser at 11:30am, returning about 1:30pm. No charge for bus. Lunch at your expense.

The Program Committee Wants Your Suggestions for New Programs

A special notice for Kendal residents, both long-term and newly settled: Do you have an idea for a program you think would be appreciated by our residents? If so, please contact the Program Committee.

The Program Committee plans programs dealing with history, music, health, art, movies – just about anything it or you can imagine. It will help you arrange for space and most importantly fill out the blue reservation form to provide for AV, publicity, and space. The Committee also makes sure programs will be free of cost. The Committee meets the second Monday of every month at 4:00pm. For more information, leave a message in Box #121.

Creative Arts and Music in the Shadow of War: Commemorating the Centenary of WWI Saturday, September 8 and Sunday, September 9

This two-day festival features Oberlin College and Conservatory faculty and guests. Enjoy concerts of music composed between 1914-18, lectures, discussions, gallery talks, and an Allen Memorial Art Museum program “From the Trenches: Artists Respond to WWI,” featuring Ernst Kirchner’s 1915 “Self-Portrait as a Soldier.”

This will be a unique opportunity for Kendal residents to participate in the commemoration of this historically important 20th-century event.

Kendal will send buses each day to the panel discussions held in Stull Recital Hall at 3:30pm and to the concerts at 7:30 pm in Warner Concert Hall. Because of time constraints, Kendal is unable to provide bus transportation to the 1:00pm concerts.

Saturday, September 8

CONCERT: 1:00-3:00pm, Warner Concert Hall (includes pre-concert lecture)

 **PANEL PRESENTATION: “Music in and after the Great War,”** 3:30-5:30pm, Stull Recital Hall

 **CONCERT: 7:30-9:30pm, Warner Concert Hall** (includes pre-concert lecture)

Sunday, September 9

CONCERT: 1:00-3:00pm, Warner Concert Hall

 **PANEL PRESENTATION: “Should Music and Art be Viewed through the Lens of Current Affairs?”** 3:30-5:30pm, Stull Recital Hall

 **CONCERT: 7:30-9:30pm, Warner Concert Hall** (includes pre-concert lecture)

Sunday Movies in Jameson House at 7:00pm

Sept. 2 - Fancy Pants (1950) An American actor (Bob Hope) impersonating an English butler is hired by a nouveau riche woman from New Mexico to refine her husband and headstrong daughter (Lucille Ball).

Sept. 9 - Temple Grandin (2010) This biopic looks at Temple Grandin, an autistic woman who has become one of the top scientists in the humane livestock industry. PG.

Sept. 16 - Paper Moon (1973) During the Great Depression, a con man (Ryan O'Neal) finds himself saddled with a young girl (Tatum O'Neal) who may or may not be his daughter, and the two forge an unlikely partnership. Directed by Peter Bogdanovich.

Sept. 23 - Driving Miss Daisy (1989) In the American South, an elderly Jewish woman (Jessica Tandy) and her African-American chauffeur (Morgan Freeman) have a relationship that grows and improves over the years. PG.

Sept. 30 - The Theory of Everything (2014) A look at the relationship between the famous physicist Stephen Hawking and his wife. PG-13.

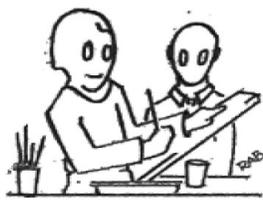
Saturday Foreign Film Sept. 29 - 7:15pm - AUD

Red Dog (2011) Australian film is based on the legendary true story of the red dog who united a disparate local community while roaming the outback in search of his long-lost master. PG.

~Dwight Call

25 "Welcome to Pleasant Ponds" Coming Soon

The folks in Pleasant Ponds retirement community are getting a visitor and the excitement is high. You can be a part of the merriment on October 12 and 13 when Don Parker's "Welcome to Pleasant Ponds" is presented by nine of your fellow Kendal residents.



Art Gallery News

The art committee has had a busy summer and there are now new and completely different shows in all three galleries.

The **Kendal Gallery** exhibit has spilled around the corner to the Green Room in order to show as many as possible of Stephen Tomasko's dramatic photographs of fairgrounds. The many dramatic and colorful images of rides, midways, contests, and spectators capture the spirit superbly. An artist's reception is scheduled for Fri., Sept. 14, at 4:30pm in the Heiser Lounge.

The **Friends Gallery** features the large detailed, shimmering acrylic paintings and a few watercolors of David Soltesz, the deceased partner of resident Tom Konkoly. At the artist's reception last month, Tom shared many details of David's life and described how he worked and created some of his effects.

Are you up to PAAR?

A few years ago, some Kendal residents who learned that they had Parkinson's Disease (PD) decided it would be helpful to get together and learn more about PD and how better to live with this new life's companion. Their common interests began to be shared by other residents with PD, as well as by some local non-residents.

The group eventually decided to meet regularly, and opted for the designation Parkinson's Awareness, Advocacy, and Resources – PAAR. Each gathering involves open conversation about topics of interest centering on the three aspects identified in the group's name.

It usually meets in the Green Room, 3:00-4:30pm, 4th Friday of the month (except for July and August). Questions? Contact Lynn Killean or Bob VanDale.

The **Community Gallery** features the evocative art in a variety of media by individuals currently at the Grafton Correctional Institution. We're delighted to provide a venue for the exhibition of works by these talented artists. A reception is scheduled for Wednesday, Sept. 5, in the Heiser Lounge at 4:30pm.

The **Curio Cabinet** has a display of small model airplanes, cars, trucks, and more that have been made in the Craft Room by Roger Cooper, Milt Ellis, and Joe Luciano. And the **Marketing Office Showcase** contains an Ohio land grant historical map from Jan Van Doren showing such prominent features as the Western Reserve and Greenville Treaty Line.

As for the Kendal Quilt, the plan is to display this creation by founding Kendal residents in the Auditorium after the renovations have been completed. There it will have more public viewing and be safe from exposure to excess light and weather. How and where to place the book which describes each square of the quilt and its creator is not yet determined.

25 Reception for Kendal Artists at FAVA Sun., Sept. 16 - 2:00-4:00pm

As part of the Kendal's 25th anniversary celebration, from September 8 until October 28 FAVA will exhibit in its south gallery work created by 36 Kendal artists.

FAVA will host a reception for these Kendal artists on Sunday afternoon, September 16. Do plan to attend! Please car pool.

Kendal 2018 Directory Additions and Corrections

Bob Baldwin - New phone number: Check with Front Desk.

Beth Lewis - E-mail Correction: Check with Front Desk

LWV VOTING 1-2-3

Step 1: Register to vote by the October 9, 2018, deadline.

Registration forms are available in the Kendal Library.

If you moved within Ohio, you can change your address online at the Secretary of State's website:

<https://olvr.sos.state.oh.us/ovru/Modify.aspx>

You can check if your registration is up to date at:

<http://www.voterfind.com/lorainoh/vtrlookup.aspx>

Step 2: Decide how you want to cast your ballot.

Vote by mail – Fill out and send in an absentee ballot request form (available in the Kendal Library). Or you can request one by calling the Lorain County Board of Elections.

Vote early in person – Registered voters may vote early at the Lorain County Board of Elections. Early voting will begin on October 10 for the November 2018 general election.

Vote at Heiser Auditorium on Election Day – Election Day is **Tuesday, November 6, 2018**. Polls are open from 6:30am to 7:30pm.

Step 3: Make sure you have an acceptable form of ID.

- Ohio driver's license or state ID card with your name and photo. The card must be current (not expired), but it can bear an old address.
- U.S. Military ID with your name and photo (address not required).
- Unexpired government ID with your name, current address, and photo. Student ID is not accepted.
- Original or copy of your Kendal at Oberlin monthly statement.



School's Back in Session! Kendal Needs Storm Day Volunteers

Calling all residents who can participate as Storm Day Volunteers and offer an hour or more to support Kendal staff children when local schools close. This enables staff to come to work at Kendal when schools are unexpectedly closed.

We will have an orientation on Wed., Oct. 10, at 10:00am in the Whittier Game Lounge for all current and interested volunteers.

Please give me a call, send an email, or see me if you can help or if you need more information. ~Donna Baznik



The Rising of the Moon

The full Harvest/Asian Moon rises on Tuesday, September 25, at 8:03pm. Join us at the base of Wildflower Hill at 8:00pm. Bring a song, a chair, or a nibble to share as we enjoy one of nature's beauties. We will provide the plum wine. All are invited! ~Donna Baznik

Kind Message for Unkind Times: Won't You Be My Neighbor?

We hope this article's title caught your attention. Your KatO Diversity Awareness Committee has been focused during our celebratory year on how we can help our Kendal community – particularly all the new residents who have joined our neighborhoods recently – to be good neighbors to everyone. We know the wider society's courtesy levels have dropped substantially with a decrease in tolerance/acceptance. At times negativity has surfaced in our own community relationships among residents and staff members.

Join us on Wed., Oct. 24, at 4:00pm in Heiser Auditorium to enjoy and celebrate the 2018 documentary "Won't You Be My Neighbor?" about Fred Rogers as a model of how we can all grow in understanding and inclusion. Stay for a discussion and the opportunity to share ideas for an even greater, stronger sense of community here at Kendal at Oberlin.

~Your Diversity Awareness Committee

Did You Know?

You can call 775-9868 to hear announcements and menus of the day.

For the Vision-Impaired



**Low-Vision Support Group:
"Learn about the Talking
Books Library Service"
Thursday, September 13
4:00pm - Green Room**

**Reading of
The Kendalight
Saturday, Sept. 1, 11:00am in
Whittier Lounge**

Janet Wanyek will read the current issue of Kendal's newsletter.
All are welcome!

Poetry Workshop



A 12-person poetry workshop will be held in the Whittier Lounge on Wednesdays at 3:00pm for the span of 14 weeks from September 12 through December 12. Materials will be provided upon attending the first class.

Sign-up sheet is on the shelf under the Activities bulletin board. Deadline for sign up: Sept. 7. Questions and concerns? Contact Christopher at ctwymon@kao.kendal.org

MOVE Lorain County Public Meeting on County Transportation Needs

Mon., Sept. 10 - 6:30 pm - First Church in Oberlin UCC

MOVE (Mobility and Opportunity for a Vibrant Economy) Lorain County is asking for our help in understanding the unmet needs and gaps that exist in Lorain County's transportation system. The group is strategically reaching out to all corners of the county and demographic groups to develop a targeted transportation strategy. It is gathering feedback through a survey and community forums and will submit a mass transit system proposal to the Ohio Department of Transportation in November.

Barbara Thomas encouraged Kendal residents to participate in the 2018 Transportation Needs Survey last month. Now, as the next step, MOVE is inviting county residents to participate in a series of public meetings that are taking place throughout Lorain County, including in Sheffield/Elyria and Oberlin. Our participation assists with retaining Federal funds in our county. Questions? Call Sharon Pearson at 440-707-6477. Please car pool.



Sharon Pearson (right), county mobility management consultant and Oberlin City Council member, and MOVE Lorain County board member (and Kendal resident) Barb Barna are gathering feedback from area stakeholders in the development of a coordinated transportation plan for Lorain County. Photo: Kevin Martin, Morning Journal.

KatO Resident Insurance Workshops Wednesdays, 10:00-11:00am

Join KatO Insurance Coordinator Donna Weber at one or more of these informational sessions.

- **Sept. 12, Heiser Lounge** - How Insurance Works with the Kendal Contract.
- **Sept. 19, Kendal Education Center (Ed Ctr)** - The Unique Language of Insurance.
- **Sept. 26, Ed Ctr** - Open Enrollment Considerations.
- **Oct. 3, Ed Ctr** - Traditional Medicare with MediGap Insurance Plans.
- **Oct. 10, Ed Ctr** - Traditional Medicare with Commercial Insurance.
- **Oct. 17, Ed Ctr** - Medicare Advantage Plans.

Coming Move-Ins

Charlotte Elsner will move from Philadelphia, PA, to a Kendal Cottage in early September.

Roger and Carol Hall will move from Middleburg Heights, OH, to a Kendal Cottage in early September.

Robin Lauren will move from Tinley Park, IL, to a Kendal Apartment in mid-September.

Rich and Prudy Hall will move from Hiram, OH, to a Kendal Cottage in late September.

A.V. Shirk will move from Columbus, OH, to a Kendal Cottage in mid-September.

Recent Move-ins

Lynn Eastman and Edward "Ted" Muenk moved from Napa, CA, to a Kendal Apartment in mid-August.

IN MEMORIAM
CHARLES "CHARLIE" MATTHEWS
AUGUST 20, 2018

Resident Medical Resource Prepares for an Update

When you face a new diagnosis, you may want to speak with a resident who has dealt with a similar situation. The Resident Medical Resource (RMR) can help you locate just such a resident.

The RMR, an orange-colored spiral-bound notebook, is located in the Kendal library on the left edge of the center top reference shelf. It lists current Kendal residents who have volunteered to speak informally and privately with other current residents about various medical conditions they may have in common. This is not medical advice. It is the kind of discussion you might have with a close friend.

The last edition of RMR came out in 2016, so it is due for an update, and we need your help.

Please fill out the brief questionnaire you will find in your open mailbox in early September. List the conditions which you are willing to discuss with another resident. Return your completed form **no later than October 8** to the Resident Medical Resource open mailbox, at the top right corner of the open mailboxes.

Your participation is strictly voluntary, but Kendal residents have a long-standing practice of sharing with other residents. We stress again, **no aspect of this service is intended to substitute for the advice and care of your medical providers.**

Question? Contact RMR committee chair Doug McClennen.

Recent Transfers

Jane Blodgett moved from a Cottage to Whittier in late August.

Julie Shaw moved from a Cottage to Jameson House in early August.

Frank Walworth moved from a Cottage to Whittier in early August.

Anne Wilcox moved from Whittier to Jameson in early August.

Transportation Talk AAA Course in October

The two-day AAA safe driving course will be offered again at Kendal on Tuesday, October 30, and Wednesday, October 31, 2018. Hours will be 10:00am - 12:00pm and 1:00-3:00pm both days, in the newly renovated Heiser Auditorium. Test drives will be arranged during class. There will be a sign-up sheet by the mailboxes during the third week of September. For those who sign up, a registration form with payment instructions will be placed in your mailbox. The cost is \$10.00 for AAA members and \$15.00 for non-members. Please place your completed registration form and checks (made out to AAA) in Kendal box #203 **by Tuesday, October 16**. Participants will receive a certificate of completion to submit to the insurance company (usually good for three years). Ohio companies must offer a discount on insurance after proof of AAA course completion. Class must have at least 10 participants, but no more than 14.

First Thursday Evening Hours at Allen Memorial Art Museum September 6 - 5:45-7:30pm

New York-based artist Barbara Bloom will present a talk exploring the themes in her installation "THE RENDERING (H X W X D =)" currently on view in the Ellen Johnson Gallery as part of FRONT International: Cleveland Triennial for Contemporary Art. Her talk will begin at 5:45pm and will be followed by a reception and an opportunity to view the exhibition.

Two additional FRONT International exhibits are on view in Oberlin through September 30: Juan Araujo's installation "Redwood" at the Frank Lloyd Wright-designed Weltzheimer-Johnson House and works by Shanghai-based artist Ciu Jie at the Richard D. Baron '64 Art Gallery.

Tuesday Tea at Allen Memorial Art Museum Sept. 11 - 3:00pm*

Johnny Coleman, a professor of studio art and Africana studies at OC, discusses his work as a FRONT Residency Artist at The Madison in conjunction with the on-going FRONT International: Cleveland Triennial for Contemporary Art. He has created "Reflections from Here: Elders of Glenville," which includes candid inspirational conversations with elders from the neighborhood on Cleveland's east side that was the site of the 1968 Glenville shootout.

Cookies and tea will follow the talk in the East Gallery. **All are welcome.**

If you need a ride, meet at Heiser Reception Desk at 2:40pm to car pool. ***Note the new time for the Teas this season.**

Kendal Kryptogram #163 - by Nina Love

ELULH WHO WA WLMKZ M STY WA PTEY.

OAQ VMPWL OAQH WTFL MEX OAQ MEEAO

WZL STY. ~FMHC WVMTE

Solution to Kryptogram #162: "I always pass on good advice. It is never of any use to myself." ~Oscar Wilde

Kendal Resale Shop Talk

Benefitting Kendal Residents Assistance Fund and Community Charities

Since my last report, the Kendal Resale Shop has successfully conducted two on-site apartment sales, one in late July and the other in mid-August. In addition, our team processed the donated contents of several apartments and Stephens Care Center rooms. As usual, we continue to receive, process, and resell new donations in KRS daily. We're a busy bunch.

Special Events: To make space in our Shop for the coming cooler weather, KRS conducted its annual end-of-season Summer Clothing Sale in late August, with all summer clothing reduced 50% off marked prices. In early September, we will have a Special Sale featuring fall/winter coats and jackets. It's never too early to shop ahead for those special cold-weather bargains!

KRS deposits to the Residents Assistance Fund for July totaled \$2,851.50. Thanks to all our donors and shoppers!

DID YOU KNOW? We appreciate donations of clean clothing. Although we have a small washer and dryer in the KRS workroom, it is often difficult for our volunteers to launder soiled donations. So please help us out. Check each item and launder any soiled clothing before placing it our donations box.

THANK YOU! Keep those donations coming and keep shopping the KRS!

~Nancy Lombardi, Chair, Kendal Resale Shop

Social Services

Lunch with the Kims

Tues., Sept. 18 - Noon - Den

Kim Preston and Kim Peters, Kendal's Social Services Associates, want to get to know you! Join the Kims over lunch from 12 noon to 1:00pm in the Den on the third Tuesday of the month to talk about your interests and concerns.

Bring your lunch or purchase it at Langston. **All are welcome.**

25 Creative Art Studio Sign Becomes a Reality

How often does a need give rise to an idea? The Art Studio had not had a permanent sign outside its door since the 2014 Master Plan renovation created this great space for us. The 25th Anniversary of Kendal at Oberlin seemed a logical time to undertake an ambitious project.

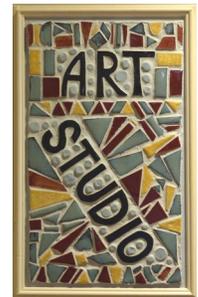
How about a ceramic tile sign for the studio?

Thus began a mosaic tile project in which many residents could take part. We viewed Floral Creations as inclusive in the many artistic ventures in the Art Studio. Clay work after dinner began in January 2018, making small creative and nature-oriented tiles for a wide border. Various residents discussed and drew ideas for accomplishing our goal.

An inspiration for making smaller colorful "jigsaw" type pieces jumped

into the mix. Joyce and Don designed several overall patterns and tested them out with various artists. Then, starting from scratch, Clay Workshoppers made our stoneware clay tiles and cut them into small pieces. After numbering the design pieces, we fired them once, then glazed and fired them again in the spring. Two people worked on the letters for "Art Studio" which Joyce had designed. In May we made final selections, used adhesive to glue tiles down onto a wood backing, and eventually filled in the grout. Don worked on the framing and special hanging device. Facility Services hung the completed sign. Our mission was accomplished by June – thanks to all who shared in the project!

~Joyce Parker



25 9th KORA President: Robert Taylor 2008

Robert Taylor moved to Kendal at Oberlin with Ted Nowick in November 2003. Born in Texas, Robert received a degree in journalism from Texas Tech University. He served five years in the U.S. Army in the Pentagon and in Vietnam, then worked as an editor for several publications in Washington, DC. In 1975 he met Ted. They moved to Maine in 1987 so that Robert could see if he could fulfill his life-long dream of writing fiction. He did. He has written several novels, all to be found in the Kendal library and well worth reading.

In 2008 Robert became KORA's 9th President. It was a transformative year for KORA, a time for some changes. Many residents expressed dissatisfaction that the Administration didn't understand their concerns. Council worked with Administration to establish practices that allowed more give and take: resident participation was added to the Exchange, the monthly Coffee Hour was initiated, KORA Suggestions and Concerns Committee began open monthly meetings. Equally important were efforts to involve more residents in the life of the community and KORA. When monthly Council meetings were moved from the private dining room to Heiser Auditorium, resident attendance increased. The KORA Executive Committee was set up to plan and carry on business in between meetings. Groundwork was laid for development of the resident website. And an ad hoc resident space committee gathered information and recommended the redesign of the Craft Room, Art Studio, Woodshop, and Fitness Room, and construction of new spaces for Horticulture and the Kendal Resale Shop. When asked the importance of KORA, Robert says, "KORA is the real heart of keeping the life we love so much on track and moving."

From The John Bartram Arboretum: Non-Woody Invasives

Non-woody invasive plants are a challenge in the John Bartram Arboretum, and YOU can help with some of them.

Canada thistle (*Cirsium arvense*), a European native, was introduced into North America in the 1600s. It has spread widely because the seeds have a feathery structure attached to them enabling them to blow in the wind.

They are viable in the soil for up to 20 years. Deeply buried rhizomes (creeping stems) are equipped with roots from which new shoots sprout up.

Thus, controlling the Canada thistle is very difficult. You can help some with mechanical control by cutting the flowering seed heads and disposing of them in the trash.

Spearmint (*Mentha spicata*), like all members of the mint family, has square stems. It has rhizomes which run underground and can send up shoots many feet away from the mother plant. DO NOT plant mint directly in the soil or the stones here at Kendal. Instead, plant it in a pot and keep it above ground, or sink the pot into the soil not quite to ground level. If you do have a pot in the ground, you must keep watch that the mint does not escape from the pot via rhizomes.

Common teasel (*Dipsacus fullonum*) is native to Europe and was introduced into the U.S. during the 1800s to cultivate and use in textile processing. The dried flower head was placed on spindles and used to raise the nap, or “tease” the cloth. Teasels are biennials. They have rosettes at ground level the first year, then develop a tall flowering stalk and set seed the next. A single teasel plant can produce 3,000 seeds.

We use both mechanical (digging, pulling, clipping) and chemical means to control these invasives at Kendal. Check the Arboretum display table for help in identifying them and for information on how to help eradicate them. ~Anne Helm for the Arboretum Committee

25 Kendal at Oberlin Committee Displays

Nearly 20 committees and groups have signed up for Kendal’s 25th anniversary committee display in the Community and Friends Galleries. Don’t be left out – there is still time to reserve your committee’s spot. Photos, historical information, brochures, reports – it all makes interesting reading for residents and others to see the wonderful contributions your group has made and still makes to our vibrant community. Displays can be ready to hang or made up of items that you arrange in the space. Contact Mary Behm if you plan to arrange your own display. Ready-to-hang displays are due to Kathy Caldwell by September 25. Spaces are 3 feet wide and can be up to 4 feet high.

Cleveland Orchestra Bus for 2018-19

There are still a few seats available on the bus from Kendal to Severance Hall for the four concerts of the 2018-19 Cleveland Orchestra S1 series beginning September 30.

Bus ticket cost is determined by number of riders. For more information about concerts and orchestra buses, contact Anne Martin or Randy Wagner.

Monthly Dementia-Friendly Discussion Group Thurs., Sept. 27 - 10:30am Green Room

We’ll discuss ways to converse with residents living with dementia as well as ways to help Kendal be a dementia-friendly community.

STAY CONNECTED, a new monthly feature in *The Kendalight* and at Coffee Hour, gives tips about how to keep in touch with friends and neighbors at Kendal who experience challenges in their lives. Questions? Contact Carol Bojanowski.

I’m starting to have significant problems with my memory. I know sometimes I don’t remember your name. Please don’t take it personally. I still know you and need you as a friend. Just tell me your name and remind me how you know me.
STAY CONNECTED!



Big Bus Trip

Spend a Day in Amish Country Wed., Oct. 3 - 9:30am-5:00pm

We’ll visit scenic Holmes County to enjoy the fall beauty of rural Ohio and experience the culture of our nation’s largest Amish-Mennonite settlement.

Mount Hope, Ohio

- Visit Wednesday livestock auction.
- Wander about the village shops, including Lehman’s Hardware.
- Lunch at Mrs. Yoder’s Kitchen (at your own expense).

Amish and Mennonite Heritage Center www.behalt.com

- Visit the museum showing aspects of Amish and Mennonite life.
- With a guide, tour the Behalt, a 10ft by 265ft cyclorama depicting the history of Amish and Mennonite people from their Anabaptist beginnings in Switzerland to the present time.
- View a video presenting local Amish community life.
- Shop at the bookstore and gift shop, which includes resources on the Amish and Mennonites as well as local and world crafts.

Bunker Hill Cheese Co Inc.

- Visit Heini’s Swiss Chalet.
- View cheese making.
- Sample from a large variety of cheeses, also available for purchase.

Sign-up sheet is in front of the open mailboxes. A place on the coach will be reserved with payment by check of \$35 payable to KORA placed in Box #136. For more information contact Gary Olin.

25 Watch for these special events yet to come:

October. All our Kendal art galleries will be filled with Kendal Retrospective Displays.

Thurs., Oct. 4, 4:00pm, AUD Margie Flood, Executive Director, Oberlin Community Services, will give us an update on OCS activities.

Fri., Oct 5, Kendal's annual "Souper Supper." Soup pots will be available all day on Friday for your donations to OCS.

Sat., Oct. 6 Kendal at Oberlin's 25th Gala Anniversary Banquet.

Fri., Oct. 12, 4:00pm, and Sat., Oct. 13, 7:15pm, AUD "Welcome to Pleasant Ponds." Don Parker's 25th Anniversary Play is a tongue-in-cheek romp through a certain retirement community.

November. The John Bartram Arboretum will host a special planting of its signature American tulip tree to celebrate our 25th Anniversary.

Tues., Nov. 13, 7:00pm RAF Celebration with Board of Directors and Residents. Desserts served.

Sun., Nov. 18, 4:00pm Reflections and Thankfulness with Luminaria.

~Carol Harvey and Kathy Caldwell, 25th Co-Coordinator

Saturday Walks

Come walk with us off the Kendal campus. These walks are leisurely, 1-3 miles, and will show you some lovely areas in Lorain County. We meet at the Heiser Reception Desk each Saturday (weather permitting) at 9:00am to carpool.

**Sept. 1 Black River Reservation/
Bur Oak**

**Sept. 8 Carlisle Reservation/
Meadow Loop**

Sept. 15 Findlay State Park

**Sept. 22 Tappan Square/
Alzheimer's Walk**

Sept. 29 Oberlin Reservoir
Questions? Contact Jerry Berner.

No Vacation for Volunteers!

Just a reminder to residents to keep track of those volunteer hours all summer! Your help is important in so many ways. *~Volunteer Clearinghouse*

Kendal United Fellowship

We're on hiatus this month. Join us on Saturday, October 13, at 9:15am in Heiser Auditorium.

Table Tennis in Mid-August

One of our perpetual-motion players had barely finished a backhand when she was already unscrewing the net bracket – on that side, to be sure! But she's fast enough to have reached the bracket on her forehand side before the ball crossed the net. At any rate, with that feat table tennis ended til September 17. During the half-month we played in August, we averaged 13 players per session.

In September, while Dennis Cook refigures the auditorium, the alcove table will be available for play from 9:00 to 9:00. If you have questions, please direct them to the undersigned. Enjoy playing! *~Sidney Rosenfeld*

RELIGIOUS SERVICES AT KENDAL

Episcopal Service

Holy Communion
Sat., Sept. 8, 11:00am, Gathering Rm.

Scripture Contemplation

Sun., Sept. 9 and 16, 3:00pm, Whittier Lounge. **(Note dates.)**

Society of Friends

Sundays, 10:30am, Education Center



Bridge Results

July 30: 1st, Joe Colucci; 2nd, Eileen Dettman; 3rd, Tomo Ijiri.

Aug. 6: 1st, Eileen Dettman.

Aug. 13: 1st, Kathy Caldwell; 2nd, Tomo Ijiri.

Aug. 20: 1st, Betty O'Connor; 2nd, Joe Colucci.

Aug. 27: 1st, Russ Bimber; 2nd, Connie Bimber; 3rd, Eileen Dettman.

UU Kendal Gathering

Wed., Sept. 19, 4:00 pm-5:15 pm

Kendal Education Center

"Resilience for Resistance"

Rev. Mary Grigolia

How are you weathering the political attacks on democracy and the manipulation of mass anxiety? We'll share how we're cultivating emotional, physical, and spiritual resilience for resistance on behalf of the Beloved Community.

All are welcome.

The Kendalight

Monthly newsletter of the
Kendal at Oberlin Residents Association,
600 Kendal Dr., Oberlin, OH 44074
Consulting Editor: Robert Baldwin
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Sally Nelson-Olin, Gary Olin
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- Deadline for the October 2018 issue of *The Kendalight* is September 15.
- Editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: kite600@yahoo.com
- If no email access, please type article on separate sheet, sign and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services

Solo Diners, Thurs., Sept. 13, 5:30pm, Den. Meets 2nd Thursday of month.

Intergenerational Gathering, Thurs., Sept. 20, 3:00 pm, Langston.

It is purple pinwheels for peace in honor of the Alzheimer's Walk. We will make pinwheels and, of course, have some purple treats!

Ninde Scholars Reception, Mon., Sept. 24, 5:30pm, AUD. The late Richard and Nan Ninde, long-time Kendal residents, presented a challenge grant of \$450,000, asking the community to match it dollar for dollar. The resulting endowment supports the Ninde Scholars program.

New Bulletin Board Binder for Area Churches

The bulletin board announcements for church services have been consolidated into a binder labeled "Area Church Services" on the counter under "Town and Gown." The binder includes an overall list available locally, as well as individual notices. Note that the list of drivers for various churches will remain on the bulletin board. Also, special events held at area churches (concerts, dinners to benefit non-profit organizations) will continue to be posted. Please remember that any item proposed for the bulletin board or a counter binder should be submitted to the Bulletin Board open mailbox. Items must bear the name and unit number of the submitter, as well as the date. Items that cover multiple dates will remain in binders indefinitely, as appropriate.

*~Fran Cooper and Anne Martin,
Bulletin Board Subcommittee Co-Chairs*

Cardinal Shop Serves You... and the Residents Assistance Fund

Need a one-of-a-kind gift or a special children's book? Or a last-minute birthday card? Or a quick replacement for that empty toothpaste tube? The Cardinal Shop serves Kendal residents and staff by providing a convenient on-site source of small essentials and gifts. In addition to offering greeting cards, candy bars, and sundries like bars of soap, the shop is an outlet for our resident creative artists. We have unique pottery, paintings, small quilts and throws, note cards and more, all crafted by Kendal residents.

Any profit goes to the Residents Assistance Fund, with a small gift to the Staff Emergency Fund.

In order to stay open five days a week from 10:30am to 1:00pm (and until 3:00pm on Fridays), **we need volunteer cashiers.** If you can help us, drop a note in the Cardinal Shop open mailbox.

Training for Family Promise Volunteers Sat., Sept. 22 - 10:00am First Church Oberlin UCC

Family Promise of Lorain County is a nonprofit agency that works with churches and others to care for homeless families. Volunteers prepare meals, lead activities with families, provide music, stories, games or in other ways interact with families for a few evening hours for one week at a time.

Training will orient new volunteers into the program and serve as a refresher course for those who have assisted before. Interested? Contact Linda Slocum at First Church or Kendal's Carol Longworth to sign up or to learn more about the program. Kendal residents and staff often help at Mt. Zion Church as well as at First Church UCC, Christ Episcopal Church, Sacred Heart Catholic Church, to name a few.

~Carol Longworth, Volunteer

25 From the Archives

September 5 through 9, 2006, was the first Fun Fitness Week, chaired by Jerry Berner and Michele Tarsitano-Amato. They reported that 84 residents and 38 staff members participated.

2018 Walk to End Alzheimer's Sat., Sept. 22 - 10:00am Tappan Square

Join the Kendal at Oberlin team of staff and residents to help a cause that is near and dear to all our hearts. For the third year in a row, the Walk to End Alzheimer's takes place here in Oberlin. Bring your family or friends to join the one- or three-mile walk. All are welcome! Contact Laurie Dupee (775-0094, ext. 346) to register with our KatO team. We'll be glad to assist you with registration.

The Langston will host events to raise money for the Alzheimer's walk.

- **September** - Help fill the flowerpot with spare change.
- **September 11** - Potato bar with all the fixings, cookie and beverage. \$6.50.

SUN	MON	TUE	WED	THU	FRI	SAT
<h1 style="color: red;">September 2018</h1> <p> GaRm = Gathering Room HL = Heiser Lounge WHT = Whittier Lounge Bold = at Kendal  = Kendal Bus </p>						1 Walk in Park: 9:00am Heiser Reading of Kendalight 11:00am WHT
2 Quaker Worship 10:30am Ed Ctr Film: Fancy Pants 7:00pm Jameson <u>English Country Dancing, every Sunday, 7:15pm AUD or HL</u>	3 <u>Bible Study every Mon., 10:00am Crossroads</u> Bridge 6:45pm Green	4	5 <u>Morning Con- versation Group every Wed., 10:00am WHT</u> Artists' Reception: Grafton artists 4:30pm HL	6 Budget Forum: 9:00am Dept. Showcase HL 10:00am-Noon Fox & Fell First Thursday at AMAM Open until 7:30pm; Program 5:45pm No Health Lecture	7	8 Walk in Park: 9:00am Heiser No Kendal United Fellowship Episcopal Serv. 11:00am GaRm WWI Panel 3:30pm Stull  WWI Concert #2 7:30pm WCH 
9 Quaker Worship 10:30am Ed Ctr Scripture Contemplation 3:00pm WHT WWI Panel 3:30pm Stull  Film: Temple Grandin 7:00pm Jameson WWI Concert #4 7:30pm Kulas 	10 Suggestions & Concerns 2:00pm Crossroads Bridge 6:45pm Green	11 Tuesday Tea at AMAM 3:00pm	12 Insurance Workshop: Kendal Contract 10:00-11:00am HL LUNCH BUNCH: The Corner Joint 11:30am-2:00pm  Song Swap with Judy Cook 7:00pm HL	13 Low-Vision Group 4:00pm Green Rm Solo Diners 5:30pm The Den	14 Artist's Reception: Stephen Tomasko 4:30pm HL	15 Walk in Park: 9:00am Heiser
16 Quaker Worship 10:30am Ed Ctr Reception for Kendal Artists at FAVA 2:00-4:00pm Scripture Contemplation 3:00pm WHT Film: Paper Moon 7:00pm Jameson	17 Monday Night Movie at Apollo Sign up for bus  Bridge 6:45pm Green	18 Coffee Hour with Barbara Thomas 9:30am Langston Lunch with the Kims Noon Den	19 Insurance Workshop: Language of Insurance 10:00-11:00am Ed Ctr Unitarian Univ. Gathering: "Resili- ence for Resistance" Rev. Mary Grigolia 4:00pm Ed Ctr	20 KORA Council 10:00am AUD Purple Pinwheels 3:00pm Langston	21 ARS: Cleveland Orch. 7:30pm Finney (tx) 	22 Walk in Park: 9:00am Heiser Walk to End Alzheimer's 10:00am Tappan Square Kendal Kabaret 7:15pm AUD
23 Quaker Worship 10:30am Ed Ctr Film: Driving Miss Daisy 7:00pm Jameson Sezi Seskir, Fortepiano Guest Recital 8:00pm Stull 	24 Ninde Scholars Reception 5:30pm AUD Bridge 6:45pm Green	25 Grief Support Group 10:30am to Noon WHT Writers' Ink Annual Reading 7:15pm AUD Celebrate Full Harvest/Asian Moon 8:00pm - Wild- flower Hill	26 Insurance Workshop: Medicare with MediGap 10:00-11:00am Ed Ctr Song Swap with Judy Cook 7:00pm AUD	27 Dementia Group 10:30am Green Rm Playreaders: Squabbles 1:30pm AUD Thursday Lecture: Our War on Drugs 7:15pm AUD Drew Pattison, Bassoon Oberlin Chamber Orch. 8:00pm Finney 	28 Playreaders: Squabbles 7:15pm AUD Contemporary Music Ensemble 8:00pm Warner 	29 Walk in Park: 9:00am Heiser Film: Red Dog 7:15pm AUD Oberlin Orchestra 8:00pm Finney 
30 Quaker Worship 10:30am Ed Ctr Film: The Theory of Everything 7:00pm Jameson	31 Bridge 6:45pm Green	1 Bridge 6:45pm Green	2 Bridge 6:45pm Green	3 Bridge 6:45pm Green	4 Bridge 6:45pm Green	5 Bridge 6:45pm Green