

The Kendalight

Kendal at Oberlin Residents Association

September 2020

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Kendal Early Learning Center Reopens!

The KELC is back in business! Originally closed because of the coronavirus, the Center reopened on June 15. Children are largely programmed in the classroom and play yard, wearing masks at all times except when eating or sleeping, six feet apart. “It’s fun to watch the children play through the large windows in the hallway by the mailboxes!” says one Kendal resident. “No matter what the day is like for me, it always lifts my spirits to watch our busy 3- and 4-year-olds.”



One parent whose two children attended the KELC observed, “At Kendal, they did a lovely job talking about the life cycle, and life and death. I find

that to be a real gift. It’s one big family. Sometimes when a Grandfriend (local term for a Kendal resident) didn’t come or had passed away, the staff had a conversation about that in class. I’m really grateful that they have such an open community and that kids establish those bonds. I feel it really is our family, and we continue to stay in touch.”

The Early Learning Center began in 1994 to help staff’s children and provide intergenerational activities. It quickly grew to include children from the entire Oberlin community, with a high of 49 in the past three years. The program represents a valued contribution to the larger community. Tuition is on a sliding fee scale. When the center’s original director, Kathy Knipper, retired in 2011, a scholarship fund was established in her name. The fund persists with donations from Kendal residents and others.



~Diana Roose

Photos: Terry Kovach; (Top) Resident Donna Baznik reads to KELC children at January 2020 Madbatter Tea Party. (Bottom) Donna and young friend play Cat’s Cradle.

OBERLIN COMMUNITY CANDIDATES NIGHT PRESENTS:

Candidates in Conversation

A VIRTUAL EVENT, COMING LATE SEPTEMBER, 2020

2020 Oberlin Community Candidates Night Coming in Early October!

This year’s Oberlin Community Candidates Night will be different!

Just as in every other aspect of life over the last several months, COVID-19 has brought concerns, restrictions, and challenges around hosting a large in-person gathering in Oberlin.

For more than 29 years a coalition of Oberlin community groups (including League of Women Voters of the Oberlin Area and Kendal at Oberlin) has co-sponsored this nonpartisan, volunteer event, hosting candidate night forums, facilitating candidate table discussions, and providing opportunities to have personal one-on-one conversations with candidates over cookies and cider at venues such as First Church and the New Russia Township Hall.

This year OCCN will be a series of virtual conversations recorded in mid-September via Zoom without an audience. The sessions entitled “Candidates in Conversation” will be hosted by volunteer moderators. These conversations will be posted on social media sites by early October.

Each session will last no more than 30 minutes and will include candidate opening and closing statements, as well as a series of questions presented by

(Continued on p. 5)

INITIAL BUDGET FORUM

ANN O’MALLEY
MONDAY, SEPTEMBER 14
10:00AM-NOON - ZOOM AND
KOTV

EXCHANGES WITH BARBARA THOMAS

THURSDAYS AT 4:00PM
SEPTEMBER 3, 10, 17, 24
ZOOM AND KOTV

KNOW YOUR KORA COUNCIL

Fall is nearly upon us and KORA Council, along with our many committees, sub-committees, and special-purpose groups, continues to find ways to operate in the “new normal” in this year of pandemic.

The Program Committee is bringing a variety of programs via our new broadcast channels. The Play Readers are creative in presenting their productions. Many outdoor shared activities have resumed, adapted for safe play. The Environmental Concerns Committee has moved ahead with advocacy matters. The Art Committee is bringing new artwork for our enjoyment. The list goes on and on as every group which is able has discovered ways to continue engaging in important work. The only groups that remain inactive are those unable to carry out their purpose due to the restrictions of the pandemic.

KORA Council seeks ways to reach out to new residents, as it has been difficult for them to experience the fullness of our community life. The KORA Executive Committee has hosted monthly Zoom get-togethers for these new residents and their mentors. By now, that group fills my Zoom screen when we meet. In addition, the Newcomers/Friendship Special Service Group is planning new ways to introduce these new friends to all of us.

September is also a time when your resident association begins looking to the next year. This is the month when:

- The KORA Annual Fund Appeal begins in order to fund the work of KORA for 2021 (see article in the third column on this page).
- Plans for our KORA Annual Meeting on Thursday, November 12, are being put in place.
- Amendments to the KORA Constitution are being finalized.

LifeLong Learning Classes at Kendal for Fall 2020

Religion and Politics; Sept. 8, 15, 22; 10:30am-12:00pm. Cindy Chapman, Adelia A.F. Johnston and Harry Thomas Frank Professor of Religion and Chair of Jewish Studies at Oberlin College. This course will be conducted via Zoom. You will be able to ask questions by using the Zoom chat function. Sign up to receive the invitation to join a class by contacting Rebecca Cardozo. No fee will be charged.

The first lecture examines the notion that America was founded on “biblical principles” and should be guided by “biblical values” and asks: Whose Bible? Which principles? Whose interpretation?

The second focuses on the impact of immigrants on religious pluralism in America, with particular attention to political rhetoric around religion and American identity as applied to the Japanese-American Buddhist community during World War II and the Muslim-American community after 9/11.

The third addresses the rise of religious “nones” while noting a simultaneous, dramatic increase in political polarization and explores whether Americans are indeed less religious or whether they have become religious about their politics.

Save the dates:

What We’ve Learned about the COVID-19 Virus; Nov. 3, 10, 17; 10:30am-12:00pm. Yolanda Cruz, Robert S. Danforth Professor of Biology at Oberlin College.

Suggestions and Concerns Committee Meeting Mon., Sept. 14 - 2:00pm Crossroads Room

We meet in the Crossroads Room on second Mondays from 2:00-3:00pm, following proper COVID-19 protocol, wearing masks and observing social distancing.

Only two residents at a time may present their idea or concern to the committee, keeping the maximum number in the room to six.

~Marjorie Porter, chair

- The Leadership Development and Nominations Committee is preparing the slate of KORA councilors and officers for next year.

Here at Kendal at Oberlin the KORA Council is doing our best to keep us connected and engaged as we learn to live in the “new normal.”

~Gary Olin, KORA President 2020

The Center for LifeLong Learning at Lorain County Community College Goes Virtual for Fall 2020

To see the online schedule go to: www.lorainccc.edu/community/center-for-lifelong-learning. Questions? Contact the Center for LifeLong Learning at 440-366-7536 or jkrupa@lorainccc.edu

Time for the 2020 KORA Annual Fund Appeal

This month you will receive a letter asking you to consider a donation to support KORA’s activities. All expenses of the association are covered by your voluntary contributions. Committees, special interest groups, donations to community organizations, and more require financial support to cover expenses and for new activities and initiatives to emerge. This year’s budget goal is \$32,000. Help us meet that goal! Place checks made out to KORA in the marked box at the Heiser Reception Desk September 1 to 21.

KORA Council Meeting - Thurs., Sept. 17 - 10:00am - KOTV

No First Thursday Health Lecture on Sept. 3

Third Thursday Lecture Cosmic Train Wrecks: When Galaxies Collide Dr. Jillian Scudder, Assistant Professor, OC Dept. of Physics Thurs., Sept. 17 - 7:15pm Zoom

Galaxies are not always solitary islands in a mostly empty universe. Occasionally they find themselves with close neighbors. When the neighbors are close enough, gravity promises us a cosmic smash-up, with the two galaxies flung around each other to form a new galaxy. This process provides some of the most photogenic images, but what can we learn from this process?

Professor Scudder will discuss how we search for these collisions between galaxies, how a collision changes the galaxies involved, and what we still hope to learn.

Community Conversations Options for Helping Address the Climate Crisis Mon., Sept. 14 - 7:15pm - Zoom and KOTV

Resident Ted Wolner will share his experiences as an environmental activist and suggest ways we can all get involved. Ted volunteers with the Citizens Climate Lobby, 350.org, and the Sierra Club. He is acting chair of our Environmental Concerns Committee and a member of the Steering Committee for the eight-member All-Kendal Climate Initiative Group.

A Look Ahead at 2021 Budget Meetings

• **Tues., Oct. 20 - Budget Update Meeting with Residents**, 4:00-5:30pm, Zoom and KOTV.

• **Mon., Nov. 23 - Final Budget Meeting with Residents**, 4:00-5:00pm, Zoom and KOTV.

~Ann O'Malley, CFO, KaO

WSCC: New Cable Channel for the Whole Community

Have you watched the newest KaO cable channel? Check it out! You'll find it on channel 921, 20-1, or 96-100 (depending on your TV setup). It was created for the Stephens Care Center but is available to the entire Kendal community.

Tuning in at various times you might find movies, documentaries, music programs, religious services, and meetings, including Barbara Thomas' Exchanges and the SCC Council. In between these there are meditative nature videos such as leisurely walks through woods or seashore scenes with long-legged birds walking in the shallows.

Notable in September are showings of the movie *Hamilton* (Mondays at 2:00pm) and the Ken Burns series on baseball (Fridays at 3:00pm). Michele Tarsitano-Amato reports, "We are working on a daily Chronicle to be run by students. We are working on violin performances in the morning and one evening, and we are working on a few other things."

The Kendalight calendar now includes the WSCC offerings scheduled before we go to press. For details and last-minute scheduling, see WKAO.

Dementia Friendly Discussion Fri., Sept. 25 - 10:30am - Zoom

Focus is on cognitive changes and how to create an environment at KaO that supports the sense of well-being for all residents. Contact Carol Bojanowski for a link to the meeting.

Play Readers: *Doubt* Fri., Sept. 11 - 7:15pm - KOTV

In 2005 John Patrick Shanley's play was awarded the Pulitzer prize for drama and the Tony award for best play. It takes place in a Catholic school. The principal (Jean Slonneger) believes that the priest (Robert Taylor) has compromised a black student. A young nun (Sue Palmieri) struggles with her loyalties and beliefs. The student's mother (Rebecca Cardozo) raises doubts about the charges, as do the cast and the audience. Although our actors will be performing on Zoom, we will watch them on KOTV. Directed by Jerry Berner.

🎵 Music at Kendal 🎵

Song Swap Every Wednesday

Kendal's Song Swap delights residents each Wednesday at 7:00pm for 45 minutes on Zoom/KOTV. Everyone loves the chance to enjoy the songs, sing along, and see each other's faces. Those on Zoom get to sing a song, and theirs are the faces seen. Do join us! Call Judy Cook if you have questions.

Join Kendal Events on Zoom

The Zoom links for Kendal events are on the Resident Calendar. Go to kaores.net, click on **Calendar**, and hover over or click on the listing for the event. Copy the 9-digit ID, and the passcode if there is one. Then go to Zoom.us, click **Join a meeting**, and enter the ID. If there is a passcode required, you will be asked for it.

Watch Kendal Events on KOTV

To watch broadcast events on KOTV, just turn your television to channel 920, 19-2, or 95-101 (depending on your TV setup). You may need to rescan available channels. If you are having trouble contact Cable Co-op.

Interested in Free Virtual Guitar Lessons?

If any Kendal resident is interested in taking free virtual guitar lessons from guitar teacher Patrick Joyce, contact Louise Zeitlin, Director of the Oberlin Music School, at lzeitlin@oberlin.edu. Guitars provided!

Saturday Movies

7:15pm - KOTV

Sept. 5 - The Milagro Beanfield War (1988) One farmer's resistance to "development" energizes a community.

Sept. 12 - Sister Act (1992) Whoopi Goldberg's comedy of having to hide from the mob.

Sept. 19 - The Pirates of Penzance (1980) Gilbert and Sullivan's romp in a complete performance of the Joseph Papp production taped live at the De-lacorte Theater in Central Park during the summer of 1980.

Sept. 26 - Peter, Paul and Mary's 25th Anniversary Concert (1986) Taping of the trio's first PBS TV special includes many songs we sing at our Song Swap.

Sunday Movies

7:00pm - WSCC

Sept. 6 - Jungle Book (1942) Indian juvenile-star Sabu plays Mowgli, who was raised by wolves after having been lost in the jungle as an infant. He has no trouble conversing with his animal neighbors, but yearns to touch base with his human roots.

Sept. 13 - Book Club (2018) Four life-long friends (Diane Keaton, Jane Fonda, Candice Bergen, Mary Steenburgen) find their lives turned upside down with hilarious results when their book club tackles the infamous *Fifty Shades of Grey*.

Sept. 20 - Benji (1974) This tale about a homeless, scruffy dog who saves a pair of children from their kidnappers became an instant family classic.

Sept. 27 - The First Wives Club (1996) After their husbands leave them for younger women, three middle-aged friends (Goldie Hawn, Bette Midler, Diane Keaton) plot to ruin the exes financially. But a better revenge is to force the men to fund the establishment of a nonprofit organization dedicated to aiding abused women.



Art Gallery News

Early last month the dazzling colorful quilts created by **Cat Fobes Nimer**, a graphic designer and award winning quilter, were put on display in the **Community Gallery**. Plans for a reception via Zoom are in the works. Nimer's show will be followed on October 16 by an exhibition of photographs taken primarily in Oberlin by resident **Tom Van Nortwick**.

Continue to enjoy the large intensely hued paintings by the Moroccan-born **Taha Benadada** whose work continues on display in the **Kendal Gallery**. On October 13, a new show of collages by **Helen Wilson** will go up. Plans are underway for an artist's talk via Zoom.

On December 8, oil paintings by

John Sargent will go on display.

The Stephens Care Center, home of the **Friends Gallery**, remains closed to residents and visitors. The Art Committee and the SCC residents are indebted to **Katie Krueger** (whose show continues there) for her generosity and understanding.

"A Few Cups and Saucers," an exhibition of cherished cups in the **Curio Cabinet**, come from the collections of Kendal residents Anne Wardwell, Jan Klaveness, Sheila Eckstein, Kathy Caldwell, Nina Love, Nancy Hultquist, and Emma Mason. It will be followed by Dorothy Washburn's collection of Pueblo art. If you have a special collection of small objects to lend for a display, contact Nina Love.

Look in the Marketing display window and the Green Room hallway for two new exhibits of recent works created in Kendal's Art Studio.

The Kendal cable channels are:

- **WKAO: 919, 19-1, OR 95-100**
- **KOTV: 920, 19-2, OR 95-101**
- **WSCC: 921, 20-1, OR 96-100**

What Being/Having an LGBT+ Ally Means Wed., Sept. 23 - 3:00pm - Zoom and KOTV

Postponed from June Pride month, the program features four Kendal residents who will share personal stories of the significance of being or having an LGBT+ Ally. We will gather electronically to hear Tina Graf (moderator), Barb Benjamin, Gary Olin, and Anne and Ed Wardwell. They will tell their stories for the first half of the program. For the second half, the residents on Zoom will be divided into smaller groups of six to eight for discussion and further sharing. All KaO residents and staff are welcome to participate.

~Sponsored by the *KORA*
LGBT+ Interest Group



Drawing and Painting Classes Scheduled for Fall 2020

Plans are unfolding for the formation of various small Art Studio drawing, painting, and pottery groups for September and October.

There will be an opportunity for four to eight people to sketch outdoors in September. Black graphite pencils (or colored pencils) will be the medium we will use.

In October we will move indoors to try watercolor painting (or practice basic techniques for those acquainted with the medium). Class size will be limited to four at a time, following all the safety guidelines. Contact Don Parker if you are interested in participating in either of these classes.

If you have not been getting the email notices of classes and opportunities in the Art Studio, let Joyce or Don Parker know of your interest!

Get Ready to Vote

Make sure your voter registration is up to date.

You must be registered to vote by October 5 to vote in the November 3 election.

- To check your status, register, update your voter registration, and also find lots of information about issues and candidates, go to the Lorain County Board of Elections (LCBOE) website: www.voteloraincountyohio.gov/.
- Paper copies of voter registration forms are in Heiser Lounge.

Apply for an Absentee Ballot.

The deadline for submitting Absentee Ballot Requests is three days before November 3. But do it now so the Board of Elections isn't overwhelmed with Absentee Ballot Requests in October!

1. Get an Absentee Ballot Request Form.

- To download a form, go to the LCBOE website: www.voteloraincountyohio.gov/.
- Paper copies of the request forms are in Heiser Lounge.

2. **Fill out the form.** Make sure to provide your phone number and email at the bottom of the form so that the Board of Elections can contact you if something is missing/wrong with the ballot application.

3. **Mail your completed form** to: Lorain County Board of Elections, 1985 North Ridge Rd. E., Lorain, OH 44055. Actual ballot will be mailed to you on or after October 6, 2020.

4. **Track the status** of your application at the LCBOE website.

Questions? Please contact Ann Francis or Mary Van Nortwick.

Stephens Care Center Residents:

To check on voter registration status or to receive an Absentee Ballot Request form, please contact Michele Tarsitano at mtars@kao.kendal.org.

For Stephens Care Center voters who need assistance with your ballot, the Board of Elections will provide two individuals to assist you with voting. These two individuals could be Kendal employees.



When you receive your ballot, fill it out soon, and send it back to the Lorain County Board of Elections. Don't let a pandemic, post office problems, or fewer voting sites cause you to miss your opportunity to vote.

REMEMBER: The United States Postal Service estimates first class mail may take 2 to 5 days for delivery.

- Vote early in person at the Lorain County Board of Elections starting on October 6 (1985 North Ridge Rd. E., Lorain, Ohio 44055).
- Vote on Election Day, November 3, from 6:30am to 7:30pm at the New Russia Township Hall.

2020 OCCN (Continued from p. 1)

the moderator. Members of the community have submitted the questions for the candidates. All candidates in contested races on the Oberlin ballot have been invited to participate.

Issues on the Oberlin ballot will be featured in additional recordings.

By early October the recordings will be up for viewing on various social media: YouTube, OCCN Facebook page, and the LWVOA website and Facebook page.

We also hope they will be available on the Oberlin Cable Community Channel. Voters may view the "Candidates in Conversation" sessions at their leisure since we will keep them posted online through the November General Election.

Watch WKAO in late September for the streaming link!

OCCN is a nonpartisan partnership that includes Community Peace Builders, First Church in Oberlin United Church of Christ Outreach and Service Committee, Kendal at Oberlin, League of Women Voters of the Oberlin Area, Lorain County Rising, Oberlin Business Partnership, Oberlin Community Services, Oberlin Friends Meeting, Oberlin National Association for the Advancement of Colored People, Oberlin Pastors Prayer Fellowship, Oberlin Unitarian Universalist Fellowship Social Justice Team, and Voter Friendly Campus Coalition, Oberlin College. ~OCCN Planning Committee: co-coordinators Deb Cocco and Alison Ricker; Nancy Finke, Margie Flood, Ann Francis, Marcia Peterson, Lili Sandler, Ruth Smith, Donna Wilson

Use LWVOA Voter Guide and VOTE411

The LWVOA Voter Guide will be available for distribution by early October. Also information will be posted online at the League's VOTE411.org site. Voters can use these sources to find many candidate answers as well as information on ballot issues.

More About Kendal's Residents



Carol Conti-Entin and Jonathan Entin

Carol:

To those who like trivia, puzzles, or games: Trade mascots for campuses' actual names.

Six States: After a suburban childhood enlivened by trips to Jones Beach and New York City's cultural buffet, I earned music degrees at Wolverine and Badger Universities, then briefly roasted in Arizona before returning to Wisconsin to join Viking University's conservatory faculty. Irresistible opportunities for Jonathan Entin plus commuter-marriage fatigue brought us to Maryland, then Shaker Heights, OH, where we've lived for 36 years.

Five Hobbies: We've hiked in popular and out-of-the-way places. Writing haiku and haibun primed me for photographing wildlife. Thanks to desktop publishing, I've designed and printed items from bookmarks to chapbooks. The nonfiction I favor fills gaps in my education.

Four Medical Mishaps: A surgeon cured one malady in 1971 but unwittingly gave me another that progressed undetected until 2002. Later procedures also both helped and harmed. Despite scant energy and ample pain, I'm able to thrive due to an abiding joy born of accepting ephemerality.

Three Spiritual Stimuli: Questions that arose during adolescence became potent inducements to growth. Could I become consistently receptive to the source of creativity? act selflessly? relinquish religious accretions that impede going deeper?

Two Careers: While a music professor, I glimpsed technology's pedagogical promise. After earning a computer science degree at Terrapin University, I programmed instructional software, then provided academic computing support at Albino Squirrel College. Next came many kinds of volunteering and lengthy stints as caregiver to my father-in-law and mother.

One Spouse: On our wedding day, Jon and I sensed we were married not *to* but *with* each other: our union commenced an adventure. As our golden anniversary approaches, we're less limber but eager to discover what will unfold as Kendal at Oberlin becomes home.

Jonathan:

I was born and raised in Quincy, MA (which also gave us the first railroad in the western hemisphere, the Presidents Adams, Howard Johnson's, and Dunkin' Donuts). I got involved in local and national civil rights issues in high school and went off to college at Brown and graduate school at Michigan expecting to become a social scientist.

Not so fast. I met Carol, my best friend and the love of my life with whom I've been married for 48 years. I did alternative service during Vietnam and then accompanied Carol to Wisconsin.

From there I became executive direc-

tor of the Arizona ACLU, addressing the mistreatment of Native Americans in local courts.

We moved back to Wisconsin for her conservatory job, and I created an arts and public affairs radio show while writing newspaper features.

Eventually I went to law school at Northwestern. We had a commuter marriage all three years.

Then I somehow got a clerkship with Ruth Bader Ginsburg. After that I worked at a Washington law firm, where I helped exonerate an innocent man who came within 12 hours of execution.

Since 1984 I've been teaching at Case Western Reserve University's law school, where I twice served as academic dean and have had fine students, wonderful colleagues, and the chance to write about whatever interests me. I've also had the privilege of becoming friends with legendary civil rights lawyer Fred Gray, who represented Rosa Parks and Martin Luther King, among many others.

Although I supposedly retired a few years ago, I'm still working part-time. And while I still think of myself as a city kid, I've gotten to enjoy nature. I look forward to living at Kendal and to the next chapter of our lives.

Looking for Someone Special?

You'll find profiles of all residents, newcomers and old-timers, in "Who's Here" on the library center bookcase.

Virtual Insurance Workshops with Donna Weber Thursdays - 10:00-11:00am - Zoom/KOTV

- **Sept. 3** – Traditional Medicare with Retiree or Commercial Insurance
- **Sept. 24** – Things to Consider during Open Enrollment
- **Oct. 1** – Traditional Medicare with Medigap Insurance

The fall season brings Open Enrollment options with your insurance coverage. Join Donna Weber, Kendal at Oberlin's insurance coordinator, for these informative discussions. For links, ask Ann O'Malley or see the Online Resident Calendar or WKAO.

Recent Move-Ins

David and Posie Dauphiné, from Blowing Rock, NC, in early August.

George Cyphers, from Reminderville, OH, in mid-August.



Joyce Lemonedes, from Huntington, NY, in early August.

Taught English on high school and college levels. Was a volunteer English teacher for immigrants. Enjoys reading, gardening, listening to music, and visiting art museums.



Donna and Larry Steele, from Princeton, NJ, in mid-June.

Donna: Worked as a nurse in various health-related positions for 30 years. Enjoys travel, biking, kayaking, sewing, and reading.

Larry: Was a chemical engineer with Bristol Myers Squibb for over 30 years. Enjoys biking, golf, photography, gardening, and orchid growing.

Recent Transfers

Mae Alice Donner to Jameson at the end of July.

Del and Emma Mason to a Phase 1 Cottage in early September.

We Don't Know What We Don't Know! Please Be in Touch!

- ◆ Are you watching programs on KOTV?
- ◆ If you enjoy a program, please take time to tell us.
- ◆ If you have comments about a program, please tell us.
- ◆ We want to hear your “attaboys” and your “boos.” We want to hear that you are watching.
- ◆ Is there anyone out there in KOTV land?
- ◆ Please send your comments to Shirley Taylor, Program Committee chair.



Notes From the Program Committee

Your Program Committee is busy trying to put Humpty Dumpty together again: reviving the programs, via Zoom and/or KOTV, that used to be presented in Heiser Auditorium – programs such as Third Thursday lectures, health lectures, Community Conversations, recitals, LifeLong Learning classes, films, special events, even artist receptions.

You will see descriptions of upcoming events elsewhere in this *Kendalight*. **If you want to be sure that you have timely and correct access information, please email Carol Harvey to be added to our Program Committee email list.** No need to do this if you are already on the list.

Nancy MacRae continues to coordinate the AV volunteers, assigning someone to handle each program that is broadcast over KOTV. A big thank you to Nancy and the folks who have learned a new system to get our programs from a streaming format to KOTV.

Now we need a whole new cadre of volunteers who can serve as Zoom techies: setting up the Zoom meeting, providing the information needed for invitations to join, and hosting the event. Hosting entails such things as muting, unmuting, monitoring “chats,” and sharing screens.

If you are willing to consider contributing to the vitality of our community in this way, please call or email Shirley Taylor. You could even volunteer to serve as both AV and Zoom techies!

Additional Help Wanted: Would you be interested in serving on the Third Thursday Lectures Committee or offering a lecture or other presentation to the Kendal community? Please contact Barbara Pierce.

And finally, please send us ideas that you have for future programs. Thanks for this!
~Shirley Taylor, Chair, Program Committee

Kendal Kryptogram #186 - by Nina Love

PUZAOEKU EZ UOK EK'Z KSH HRM UX

KSH MLW; ZSH'Z SOPPERV LRM SORKERV

SHF HGHRRERV LYLW. ~R. P. JUHMHXNHF

Solution to Kryptogram #185: “Count your age by friends, not years. Count your life by smiles, not tears.” ~John Lennon

Kendal Resale Shop Talk

Benefitting Kendal Residents Assistance Fund and Community Charities

Did you know?

- The WKAO slides that come to us each day now feature Kendal Resale Shop “Fabulous Finds.” Of course, there are so many more finds! Don’t miss out.
- If it is time to part with your car, Dan Reiber will help you to sell it. Part of the proceeds will go to the Residents Assistance Fund (RAF)
- If you have a question about a donation that you would like to make, you should contact Vicki Shafarman.
- You can now try on clothes in the shop.
- A wonderful table of jewelry is in the center of the shop. There are unique pieces to go with any wardrobe.
- Resale Shop deposits to the RAF were over \$2,100 in May and June.

COME SHOP!

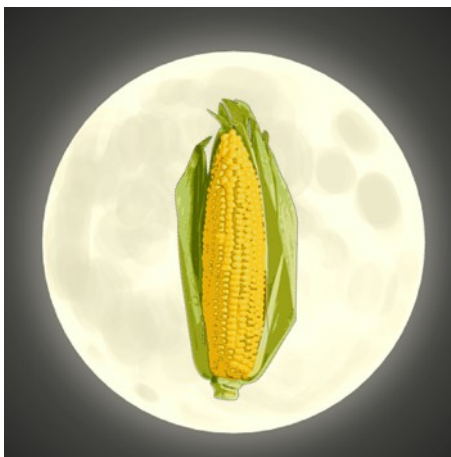
Wed.-Sat., 11:00am-5:00pm
(closed Sunday–Tuesday)

COME DONATE!

The donation box will be available
weekdays, 8:00am-5:00pm,
Saturdays, 11:00am-5:00pm.
We welcome gently used items
and clean clothing.

The Rising of the Moon

The Full Corn Moon rises on Wed.,
Sept. 2, at 1:22am.



Library Notes

Donations

Books. Except for newspapers, which are paid for by KORA, our library relies entirely on donations for the collection.

At this point, we are getting short on new fiction and encourage gifts of novels, particularly those published in the past five years, as well as other high-quality, general interest books.

From donations we cannot use and withdrawals from the collection, Barbara Groseclose selects and sanitizes suitable items for the Stephens Care Center residents, who are eager for books now that they cannot come to the library or have bookmobile visits. Kari Inglis takes the rest to the Paper Retrieve recycling bin at our Facility Services.

Magazines. New magazines also are needed. Dependence on donations for

current magazines creates a constant uncertainty. Sometimes we receive only a single issue, sometimes for a year, or sometimes for many years. Recently we have lost some major donors and could use more magazines in art, business, interior design, food, general interest, public affairs, and science. New residents have filled some of the gaps, but we are still missing former titles such as *Art News*, *Fortune*, *Kiplingers*, *Scientific American*, *Dwell*, and *Vanity Fair*.

DVDs and Audiobook CDs. Movies of all types and periods are needed. Recent DVD donations show the range of resident interests: two of Ken Burns’ notable documentaries, given by Max Morgan; a performance of *Die Fledermaus*; and dramas directed by Robert Altman.

Our library’s high quality is the result of residents sharing their books, magazines, and DVDs. Thank you for being selective but still generous in what you put in the donation box.

~Mary Clare Beck, Library Committee

2020 LeadingAge Ohio STARS Postponed

Annually since 1999 our state association, LeadingAge Ohio, has sponsored the STARS program to recognize non-supervisory staff members who represent the “best of the best” in their daily service. Residents, family members, staff members, and even vendors can nominate staff who consistently demonstrate excellent Service, Teamwork, Attitude, Respect, and Safety (STARS) in their daily work.

We began the 2020 nomination process for our Northeast Ohio region in early March, asking for nominations of non-supervisory staff members to be submitted from March 9 through March 27. The selected STARS finalists (and a nominator) were to attend the regional STARS Recognition Luncheon on April 17.

As we are all very aware, COVID-19 upended all our lives. The preventive need for social distancing eliminated all in-person LeadingAge Ohio gatherings. The luncheon was cancelled and all staff nominations put on hold. The organization has no plans this year to recognize 2020 LeadingAge STARS. As Program Associate Bobbi Dolan noted: “Your safety and the safety of your residents and staff is of the utmost importance.”

LeadingAge Ohio also cancelled its August 25-27 Annual Conference in Columbus, replacing the face-to-face meeting with a virtual “Education Fest” in the fall that will include many of the presentations originally submitted for the conference.

This pandemic, however, has raised a large number of heroic staff member STARS — staff who have cheerfully picked up extra tasks outside their usual Kendal jobs to assure our community continues to be served and safe, making a huge difference to us all. We are grateful to ALL Kendal at Oberlin staff during this challenging time. ~Toni Merleno, Director of Human Resources & Operational Services

We're in This Together for the Long Run!

When it comes to COVID-19, we seem to be lead dogs – there is no end in sight. We need to think about dealing with COVID-19 restrictions for the next 6-12 months. Here are some hints on how we get through this together in the long haul.

Change Your Time Frames. My pharmacist uncle used to say that if you left a cold untreated, it would take 14 days to get over it, but if you used the newest drug, it would only take two weeks. Stop thinking about getting by day-by-day and start thinking seasonally. Think, “This too shall pass. Next year will be much better.”

Be Engaged. Did you ever get so involved in a book that you lost track of time? Try taking a “deep dive” into learning a topic or a skill. Dive slowly, a bit at a time, but go as deeply into the topic as you like. You now have time, so get involved and stay engaged as ways to cope with the long-term impact of the pandemic on your life.

Reach Out to Others. Keep in touch with friends and relatives. Rekindle old relationships. Start a new friendship. Write a letter. Send an e-mail. Join an interest group on social media. Having lots of friends means lots of people to keep up with and lots of people who will laugh with you, cry with you, and support you.

Accept Reality. My serenity prayer goes, “Lord give me wine to accept the things I cannot change, coffee to change the things I can, and an opaque mug so people can't see which I am drinking.” Until we have a vaccine, discover how long immunity lasts, make it available, and develop “community immunity,” we will be taking precautions for a very long time. Experiment with masks and adopt the ones that are effective, comfortable, and stylish. Make handwashing and surface cleansing a regular habit. Have a glass of wine and accept attending smaller public events.

~Joyce Benjamin

From The John Bartram Arboretum: The Northern Red Oak (*Quercus rubra*)

The northern red oak is native to the Midwest. It is a good street tree, tolerating some pollution and compacted soil, though it prefers a mixture of loamy, sandy, and well-drained clay acidic soil. It prefers to grow in full sun, so place it where it will get at least six hours of direct sunlight where it will get a moderate amount of moisture. It is a *northern* red oak because its acorns do not germinate without three months of below-40-degree temperatures (zones 3-8).

Its leaves are dull dark green on top and slightly paler underneath through the summer, with 7 to 11 lobes. As you may surmise from the name, they turn a beautiful bright red in the fall. That is what makes it very much loved as a large tree for street and yard. It often grows two feet in a year and can become more than 60 feet high and 45 feet wide. Like many other oaks, it is susceptible to oak wilt carried by the beetle active during the warmer season, so it must be pruned during the months it is dormant. This gives grounds crews work they must do during the winter months.

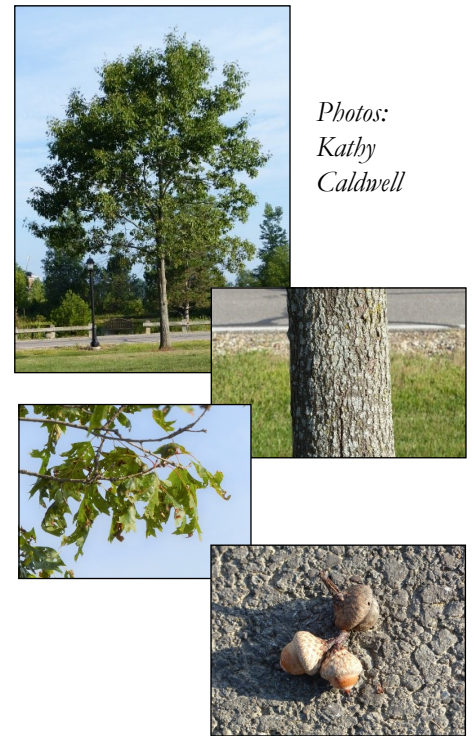
The acorns from the northern red oak are round and 3/4 to 1 inch long. Blue jays love them! Red oak flowers can develop by the end of March because they are affected by the amount of daylight rather than by the temperature. If a frost comes along, the flowers will be killed. Thus, there will be years with lots of acorns for the birds and other years with almost none. The acorns are not favorites of the squirrels because they have much more

tannic acid than burr and swamp white oak.

Its bark has striping on its ridges, and its lumber has high value for indoor use. The lumber is not suitable for outdoor use because of its open grain, but it is used for furniture and flooring. Do you know whether you have northern red oak furniture? Often we learn only that we have oak and have not distinguished the type of grains of the different oaks.

Planting more beautiful northern red oaks could help our environment and future generations.

~Anne Helm for the Arboretum Committee



Photos:
Kathy
Caldwell



Remember! Wear your face mask and your name tag so newcomers and old-timers alike know who you are!

Masks for the New Normal



Get New – From box at Heiser Reception Desk.

Customize – Call Joyce Parker for alterations appointment.

Recycle – Leave misfits and repairs in box at Reception Desk.

Saturday Walks

Our walks now are restricted to the perimeter path and its extension to the New Russia Township Park. We will meet at 9:30am on Saturdays at the Heiser main entrance as long as there is interest.

Questions? Contact Phil Pritchett.

Table Tennis in August

The successful efforts to keep Kendal free of COVID-19 continue, for the most part, to limit table tennis play. Our table in the Stephens Care Center remains in use, though.

~Sidney Rosenfeld

Meet Our Kendal Newcomers on KOTV

Because of the suspension of large group activities, the Newcomers Committee has been unable to hold receptions to introduce new residents to the community.

Now Zoom and KOTV can provide a partial substitute for the receptions. The first of these broadcasts occurred on August 19, when Ann and Rollin Conway and Lillie and Nick Long were interviewed by resident Priscilla Steinberg.

The next program will take place on September 16 at 4:00pm. Over the coming months, there will be more such programs featuring residents who have moved to Kendal since last November.

Watch for announcements of these future KOTV broadcasts.

IN MEMORIAM

ELEANOR DEVEREUX
JULY 25, 2020

RITA HAESSLY
AUGUST 17, 2020

Nest Box News

The pair of Eastern Bluebirds in a nest box by Island Pond successfully raised and fledged their five Bluebird chicks. Bluebirds are not only amazing for their beautiful plumage and song, but for their nests; from the laying of the first ring of grass, the tidy building of a closely woven nest that fills the bottom half or two-thirds of the box, but also for their homemaking "values." The empty nest is clean, dry, undisturbed in any way. Though it's a little flat on top (from the activity of the developing chicks), there is no trace of feather or fluff or poop or any other sign that a family of five Bluebird chicks thrived there. Two in fact, for this was the second clutch of Bluebird chicks one pair raised. We wish them safe travels and will welcome them back next year.

The Tree Swallows and House Wrens have all raised their families and moved on as well. Goldfinches and House Finches continue to crowd around my neighbor's feeder outside my kitchen window so we have our mealtime floor show. In my wooded back yard, Nuthatches and Downy Woodpeckers keep me busy refilling my back yard feeder so they can enjoy the sunflower hearts there. That's all there is to report, folks! Life is good. ~Nina Love



Staying connected is a challenge when you must stay six feet apart and wear a mask. Communicating virtually keeps us safe. We can see faces and talk without a mask – but it's a different kind of connection.

Independent residents are making the extra effort to arrange in-person visits with residents living in the Stephens Care Center – the only opportunity these residents have to get outside the confines of the SCC. It lifts their spirits to be able to go outside and visit with a fellow resident.

STAY CONNECTED.



(Above) Empty Bluebird nest in one of Kendal's nest boxes. Photo: Sally Nelson-Olin

Church Services on WSCC

First Church in Oberlin UCC
Sundays, 10:00am

Roman Catholic Mass,
St. Patrick's Cathedral, NYC
Sundays, 11:15am

The Kendalight

Monthly newsletter of the
Kendal at Oberlin Residents Association,
600 Kendal Dr., Oberlin, OH 44074

Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Kathy Reichard, Mary Simons

Photos: Sally Nelson-Olin, Gary Olin

- Deadline for the October 2020 issue of *The Kendalight* is September 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: Klite600@yahoo.com
- If no email access, please type article on separate sheet, sign and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services



Dining Matters

We all want to recycle, re-use, or repurpose, but the rules and regulations that impact dining often thwart such noble inclinations in favor of protecting our health and safety. Rules can be a good thing.

Sometimes the rules make perfect sense. They protect us from possible contamination/food poisoning by warning us against reusing single-use containers to store other food; they protect us from releasing toxic fumes by microwaving food in containers that are not marked for microwave use.

Sometimes, the basis for the rules is not as obvious. For example, we cannot use our own bags to carry Grobe's produce back to our homes. Even though we want to save the environment, the state regulations will not allow us to transport fresh produce from Heiser in possibly contaminated bags.

But there are things we can do to protect the environment. Now that Dining Services has located other sources for containers, we are able to recycle many of our meal containers. Check the pictures posted in your trash area for the up-to-date information. Creative residents have been re-purposing some containers for use in organizing and storing small non-food items.

Check with the Vegetarian Interest Group for information on how a plant-focused diet is good for both your health and for the environment.

Remember! We can recycle many of the containers used for meal delivery:

- Clean and dry plastics #1 - 7. Includes meal-delivery containers: clam shell box, black soup bowl with lid, black entrée box with lid. Reattach translucent plastic cover to soup bowl (if not attached, it could stop up sorting machines).
- NEVER recycle Styrofoam dish or cup and its plastic lid.
- Yogurt containers; milk, juice, and wine cartons.
- Tinned/metal fish containers. Recycle IF cleaned of oil AND the peel-off lid is tucked firmly inside the container. If you cannot tuck the lid in securely, do NOT recycle the peeled-off lid.



7/21/20
to 8/3/20

Nature Sightings

7/21, immature female **Rose-breasted Gosbeak**, feeder at #201, Lee Hefner; 7/21, **Red-eyed Vireo**, tree top Meadow Pond, Anne Martin; 7/21, **White-breasted Nuthatch**, hopping in oak tree back of #99, Mary Lee Orr; 7/28, **Downy Woodpecker**, backyard tree of #99, Mary Lee O.; 7/30, **large female Turkey**, outside common gardens, Charlotte Elsner; 8/3, **pesky Red Squirrel**, at birdfeeder # 101, Milton Ellis; 8/3, **Eastern Tiger Swallowtail Butterfly**, garden area #90-94, Anne M.

Ride-Share Program Offers Curbside Pickup

Kendal residents can now ask our Ride-Share Program to assign a driver to pick up pre-ordered/prepaid groceries curbside at major area stores like Heinen's or Giant Eagle.

To place an order, notify Ride-Share co-chairs Barb Barna or Ken Cheek. They will contact program drivers who will ask the requesters for pick-up times. COVID-19 restrictions apply: No riders in cars and no drivers in stores. There is no fee for residents in the Ride-Share Program. Other residents may sign up now for curbside pickup for one year (as of 9/1/20) for \$10.00 per household. ~Barb Barna

Interested in the Vegetarian Interest Group?

Plant-based eating is a term in increasing use as reports urge less emphasis on meat in the American diet. As more Kendal residents reduce or reject meat eating, Greg Zehe suggested the formation of a vegetarian interest group for communication between residents and Dining Services. The group's first meeting was last summer, and it got off to a good start, only to be interrupted by the COVID crisis. We are now limited to email communication but may add Zoom meetings.

The group is diverse in its approach to plant-based eating. Some are vegans, some eat eggs and dairy, some eat fish occasionally, some like plant-based "meat" while others shudder at the sight of it. Most of us grew up eating the typically meat-centric American diet, but for various reasons moved away from it. Our common interests are avoidance of meat and aiming for a primarily plant-based diet. We share concerns for our health and that of the planet and revulsion from the cruelty of the meat industry to animals and workers.

Contact Mary Clare Beck to be added to the group's email list.

Did You Know?

You can call 775-9868 to hear announcements and menus of the day.

For the Vision-Impaired



Low-Vision Support Group

Because of restrictions on Kendal meetings due to COVID-19, we will not meet in September.

WEEKLY

SUN	MON	TUE	WED	THU	FRI	SAT
<u>First Church Service</u> 10:00am WSCC <u>RC Mass</u> 11:15am WSCC <u>OC Music</u> 3:00pm WSCC	<u>Chronicles</u> 10:00am WSCC <u>Centering Program</u> Dr Palekar 11:00am WSCC <u>Film: Hamilton</u> 2:00pm WSCC <u>Documentaries</u> 7:00pm WSCC	<u>News Currents</u> 3:00pm WSCC <u>The Crown</u> 7:00pm WSCC	<u>Chronicles</u> 10:00am WSCC <u>Themed Film</u> 2:00pm WSCC <u>SCC Council</u> 4:00pm WSCC <u>Song Swap</u> 7:00pm Zoom/KOTV	<u>Musical</u> 2:00pm WSCC <u>Exchange</u> with Barbara Thomas 4:00pm Zoom/KOTV/ WSCC <u>Art History</u> 7:00pm WSCC	<u>Chronicles</u> 10:00am WSCC <u>Ken Burns' Baseball</u> 3:00pm WSCC	<u>Walk the Perimeter</u> 9:30am Heiser <u>Music by Jara</u> 3:00pm WSCC
<p>NEW CALENDAR FORMAT!</p> <ul style="list-style-type: none"> All repeating weekly events are now at the top. WSCC events are included. 		1	2	3 Insurance Workshop with Donna Weber 10:00am Zoom/KOTV	4	5 Film: The Milagro Beanfield War 7:15pm KOTV
		6 Film: Jungle Book 7:00pm WSCC	7	8 LLL: Religion and Politics -No charge 10:30am Zoom	9	10
13 Film: Book Club 7:00pm WSCC	14 Budget Forum Ann O'Malley 10:00am Zoom/KOTV Suggestions & Concerns 2:00pm Crossroads Climate Crisis 7:15pm Zoom/KOTV	15 LLL: Religion and Politics -No charge 10:30am Zoom	16 Welcome Our Kendal Newcomers 4:00pm KOTV	17 KORA Council 10:00am KOTV When Galaxies Collide 7:15pm Zoom	18	19 Film: The Pirates of Penzance 7:15pm KOTV
20 Film: Benji 7:00pm WSCC	21	22 LLL: Religion and Politics -No charge 10:30am Zoom	23 What Being/Having an LGBT+ Ally Means 3:00pm Zoom/KOTV	24 Insurance Workshop with Donna Weber 10:00am Zoom/KOTV	25 Dementia-Friendly Group 10:30am Zoom	26 Film: Peter, Paul and Mary's 25th Anniversary Concert 7:15pm KOTV
27 Film: The First Wives Club 7:00pm WSCC	28	29	30	<h1 style="color: red;">September 2020</h1> <p>Zoom: See resident database (<i>kaores.net</i>) and click "Calendar" for link.</p> <p>KOTV: Cable channel 920, 19-2, or 95-101.</p> <p>WSCC: Cable channel 921, 20-1, or 96-100.</p>		