

The **Kendalight**

Kendal at Oberlin Residents Association

September 2022

Volume XXIX, Number 9



Kendal's Lively Art Scene

Thanks to the creativity of residents, the artistic and literary life here at Kendal has continued through this pandemic as vibrant as ever.

Did you enjoy *Kendal Collects* this summer? Just wait for *Kendal Creates* in 2023 on those same walls. Seasoned Kendalites will smile appreciatively, newcomers will be bowled over by the contributions from resident professional artists and amateurs alike. The range of art to be presented includes pottery, figurines, quilts, pastels, sketches, woven baskets, origami, and on and on. The art will be on display for all of us to ogle, thanks to the hardworking Art Committee, chair Grover Zinn, and installations manager Robert Taylor.

Special thanks go out to the lively center of our artistic universe, the Art Studio, and to Joyce and Don Parker for giving new life to the space just beyond the woodworking and craft rooms – both worth paeans of praise in their own right. The Parkers' infusion of enthusiasm, talent, and teaching have brought diversely skilled residents together for creating and collaborating.

The Kendalight has devoted a monthly space to news from the Art Studio. The March issue identified some artistically supportive folk who will assist in plans for the future. It's worth noting their

2022 Walk to End Alzheimer's Sat., Sept. 17 - 8:30am Mercy Health Stadium, Avon



Join the Kendal at Oberlin team of residents and staff for the 2022 Walk to End Alzheimer's – and please support our Basket Raffle to raise funds for this important cause!

Cognitive change and dementia have impacted all of us in some way. The Alzheimer's Association leads the way to end Alzheimer's and all other forms of dementia by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

Kendal departments are creating amazing themed baskets for the raffle fundraiser. If you are helping to build a basket, please bring it to the Outreach Office (across from the Health and Wellness Clinic) by Wednesday, Sept. 7.

Come see the baskets and buy tickets for a chance to win and to support the cause! Come to the Walk for fun and to show our support!

BASKETS: Sept. 9–16, Heiser Lounge. Buy tickets at the display table or in the Outreach Office. Winners announced on Sept. 16.

WALK: Sat., Sept. 17, Mercy Health Stadium, 2009 Baseball Blvd., Avon. Entry at 8:30am. Ceremony at 9:30am. Walk at 9:45am. Transportation available.

Sign up for the Walk on the "Purple Flower" bulletin board or call Kim Preston at 440-775-9074.



Discussion Group: *The Sun Writes*

Thurs., Sept. 1 - 3:00–3:45pm - Education Center

In the Readers Write section of *The Sun*, readers of the literary magazine are asked to write on subjects for which they're the only authorities. Our group will meet weekly to read these contributions aloud and discuss what memories, thoughts, or emotions are triggered.

Questions? Contact David Dauphiné or Michele Taristano about this newly formed reading and discussion group.

names so we can connect with someone if the Art Studio intrigues us: Lillie and Nick Long, Jill Wettersten, Jim Underwood, and of course, Don and Joyce Parker.

For art news, sign up for Joyce's email newsletter, check *The Kendalight* and KOTV, and use the Art Studio bulletin board to sign up for classes.

~Thelma Morris



Kendal at Oberlin Residents Association

Summer is usually a slower time at Kendal, but we still had lots of activities. We've had live and encore programs, movies, dancing, committee meetings, planting of chestnut trees on Wildflower Hill, weeding out invasive plants around the campus, compilation of a revised *Yellow Book* directory of resident activities, and the rollout of the new resident website.

Throughout this past year, despite ever-changing Covid, we've had a rich offering of activities and programs from KORA committees, interest and support groups, and individuals. All of this is accomplished by residents and financially supported by KORA, your association. Every year in September, we ask for your donations to finance activities such as *The Kendalight*, Play Readers, *Eureka!*, Art, Pet Matters, Woodshop, AV, the phone directory, resident biographies, newspapers and books in the library, Horticulture, Floral Creations, and more.

Thanks to your generous donations last September, our budget for 2022 was \$36,420, which supports resident activities. The budget for 2023 is being developed and expected to be similar. This month you will receive a letter asking for donations. Your contributions to KORA's annual fund provide every committee, every interest group, every resident with an outstanding array of activities and opportunities that keep this community vibrant. We appreciate your continued support. Please place checks made out to KORA in the marked box at the Heiser Reception Desk from September 1 to 21. Thank you very much!

~Mary Behm, KORA President 2022

 Next KORA
Council Meeting
Thurs., Sept. 15 - 10:00am
AUD and KOTV

Fall LifeLong Learning Classes at Kendal

The September and October classes will be presented via ZOOM ONLY. You will be able to ask questions by using the Zoom chat function. To register for a course and obtain the Zoom link, please contact Kari Inglis. The November class will be available in the AUDITORIUM ONLY.

The Emerging Supreme Court. Tues., Sept. 6; Mon., Sept. 12; and Mon., Sept. 19, 10:30am–12:00pm. Jonathan Entin, Kendal resident and Case Western Reserve University law professor, will look at the current Court. This three-session course will point out some broad themes in what the Court appears to be doing and explore the implications of its emerging approach.

Session 1: Originalism, History, and Tradition.

Session 2: Review of the 2021–2022 Term.

Session 3: Preview of the 2022–2023 Term.

Art and Architecture of Medieval European Monasteries. Tues., Oct. 4, 11, and 25, 10:30am–12:00pm. Note: no class on Oct. 18. Dr. Eric Inglis, Oberlin College Professor of Art, presents a three-lecture course focusing on medieval European monasteries from the eighth to twelfth centuries. Monasteries were set up as places of retreat from secular society, where monks and nuns dedicated their lives to prayer and worship. Paradoxically, this retreat from society attracted society's attention, and monasteries became medieval Europe's engines of prayer and education, as well as major patrons and producers of art and architecture.

Session 1: The Spaces of a Monastery. Like residential colleges or retirement communities, monasteries had to meet all the needs of their inhabitants, from the loftiest religious goals to the lowliest bodily functions. We'll look at several examples of how this challenge was addressed, including the ninth-century plan of St. Gall and the actual medieval monasteries of Moissac, Fontenay, and Fountains.

Session 2: Three Abbesses and Their Books. This session addresses books made for three women who led convents: Uta of Niedermünster had an illuminated copy of the Benedictine Rule and a spectacular manuscript of Gospel readings; Herraad of Hohenbourg compiled an illustrated anthology of texts in order to educate her nuns; Hildegard of Bingen commissioned a manuscript that documented and interpreted her visionary experiences.

Session 3: Monastic Artisans. We look at manuscripts and metalwork produced by medieval monks. How did their specialized labor contribute to the monastery? Where and when did it take place? How did monks reconcile individual artistic excellence with the monastic injunction to remain humble and obedient?

Coming Tues., Nov. 1, 8, 15: Tom Van Nortwick presents *The Aging Hero: Sophocles' Oedipus at Colonus* as a dramatic representation of the human life cycle.

**COFFEE HOUR WITH
BARBARA THOMAS
FRI., SEPT. 16 - 9:30AM
FOX & FELL, ZOOM, KOTV**

**AFTERNOON EXCHANGE
BARBARA THOMAS
THURS., SEPT. 29 - 4:00PM
AUD, KOTV**

First Thursday Health Lecture Returns from hiatus on Oct. 6

Oberlin Shansi Looks Ahead Wed., Sept. 7 - 7:15pm AUD and KOTV

Oberlin Shansi has been facilitating two-way educational exchanges between Oberlin College, the Oberlin community, and partners across Asia since 1908. Executive Director Gavin Tritt and other members of the Shansi team will talk about ways in which Shansi Fellows, Visiting Scholars, and partners responded to the pandemic and their outlook for the near future.

Initially an exchange with China, Shansi has expanded since 1951 to India, Japan, and Indonesia. Since 1980, it has been active in China again as well.

Community-Wide Master Plan Presentation Tues., Sept. 13 - 10:00am - AUD, Zoom, and KOTV

A panel including HDS Architects' Tony Hiti and representatives from the KaO Board, Campus Plan Committee, and the Master Plan Sprint Group will present the final Board-approved Master Plan to Kendal residents. The program will be shown as a webinar on Zoom and KOTV.

~Ann O'Malley

2022 KaO Budget Meeting Schedule

- **Fri., Sept. 16 - Budget Kickoff Meeting with Residents, 4:00pm, AUD, Zoom, and KOTV.**
- **Thurs., Oct. 27 - Budget Update with Residents, 4:00pm, AUD, Zoom, and KOTV.**
- **Thurs., Nov. 17 - Final Budget Meeting with Residents, 4:00pm, AUD, Zoom, and KOTV.**

~Ann O'Malley, CFO

Play Readers: *Art* by Yasmina Reza Fri., Sept. 30 - 1:30pm - AUD and KOTV Sat., Oct. 1 - 7:15pm - AUD and KOTV

On the last weekend of September, Kendal audiences can enjoy a comedy by French playwright Yasmina Reza. Three male friends almost destroy a long-standing friendship as they bicker over values and allegiances when one of them purchases an all-white painting for 200,000 francs. You'll laugh at men taking themselves all too seriously as they come undone over silly issues – including how a girlfriend waves away cigarette smoke. *Art* may be the ostensible subject, but the commotion is ultimately about nothing less than love. George Blomgren, Tom Morgan, and Grover Zinn play the friends, and Phyllis Gorfain directs.

🎵 Music at Kendal 🎵

Live Chamber Music at Kendal at Oberlin

The Sunday afternoon live chamber music concert series in Heiser Auditorium featuring Oberlin Conservatory and College students – and sometimes our own Kendal musicians – will resume in the fall. No specific programs have been announced yet because classes don't begin until September 1.

Watch WKAO and the bulletin boards for information.

Inaugural Recital on Our Steinway Pianos Tues., Sept. 13 - 7:15pm - AUD

This piano recital will officially introduce the two recently acquired pianos to the Kendal at Oberlin community. Several residents will play solos and duets on the Steinway pianos. Please come to hear these two wonderful instruments!

~Allen Huszti

Community Conversations Health Care and the Under-served in Lorain County Tues., Oct. 4 - 7:15pm AUD and KOTV

Paul Baumgartner, Executive Director of Lorain County Free Clinic since 1995, will discuss navigating health care during a pandemic and what will happen when the pandemic emergency is lifted.

Established in 1986 as a temporary safety net for the uninsured, the Clinic continues to provide access to timely and compassionate health care to some of the most economically and medically vulnerable adults in Lorain County.

Several of our Kendal residents are or have been physician volunteers.

Reminder! Donations to KORA's Annual Appeal are due by September 21. Please make checks out to KORA.

Saturday Night Movies

7:15pm - AUD, KOTV

Sept. 3 - The Pursuit of Happyness (2006) A suddenly single salesman (Will Smith) who has custody of his son (Jaden Smith) finds providing for the two of them a challenge. He struggles to work his way from an unpaid intern to a more substantial job.

Sept. 17 - The Merchant of Venice [Production shown to be determined.] In 16th-century Venice, when a merchant must default on a large loan from an abused Jewish moneylender for a friend with romantic ambitions, the bitterly vengeful creditor demands a gruesome payment instead.

Sept. 24 - Captain Phillips (2013) The true story of Captain Richard Phillips (Tom Hanks) and the 2009 hijacking by Somali pirates of the US-flagged MV Maersk Alabama, the first American cargo ship to be hijacked in 200 years.

Second Saturday Film

Sept. 10 - 7:15pm - AUD

Smoke Signals (1998) When Victor needs to go away, Thomas has the money to pay for the trip. You're in for a rare and entertaining comic treat as this most unlikely pair leave home on what becomes an unforgettable adventure of friendship and discovery.
~*Dwight Call*

Special Labor Day Movie Mon., Sept. 5 - 2:00pm - WSCC

9 to 5 (1980) Jane Fonda, Lily Tomlin, and Dolly Parton as three working women who outwit their autocratic, "sexist, egotistical, lying, hypocritical bigot" boss, Dabney Coleman.

The Kendal cable channels are:

- WKAO: 919, 19-1, OR 95-100
- KOTV: 920, 19-2, OR 95-101
- WSCC: 921, 20-1, OR 96-100



Art Gallery News

Once again, all Kendal galleries are now open to Kendal residents and outside visitors (if they first check in at the kiosk). Giving local artists a venue in which to display their art to a wider audience as well as to us here at Kendal is gratifying indeed!

On August 16 new exhibitions were installed in each of our galleries. In the **Kendal Gallery** is *Elaine Albers Cohen: A Retrospective*. The works on view cover more than seven decades of the artist's career, from the 1950s to 2022, in a wide range of mediums – from ceramics and glass enamel to oil, acrylic, ink, and watercolor to ceramic and cast paper assemblage. Elaine will be here for an in-person artist's talk on Fri., Sept. 9, at 4:00pm in the Heiser Lounge. The show will remain in the gallery until October 10.

The **Friends Gallery** now shows the work of local photographer John Seyfried. John, who goes everywhere with his camera, is afraid he might miss something. As he says, "Before the

days of ubiquitous camera phones, someone had to do it!" Watch WKAO and the bulletin board for his reception date. His show, *The Development of My Panoramas*, will be on exhibit until October 12.

Dar McDonough's *Dumpster Book Art* is in the **Community Gallery** until October 13. Dar, who is director of the Oberlin Public Library, says he sees everything as a collage – from writing, to music, to images. He salvages photos and images from discarded books and recycles them to give them a second life.

The **Curio Cabinet** now houses an exhibit of the origami creations of local artist James Peake. This inventive artist/teacher creates intricately folded figures – from abstractions to animals and more. On Thurs., Sept. 22, at 4:00pm in Heiser Auditorium, he will demonstrate some of his folding inventions and give pointers to those of us who wrestle with small colorful squares of origami paper in our attempts to fold less ambitious animals and objects!

The works now on view in the **Marketing Office Window** were created between March and June 2022 by two different Art Studio groups – a Clay Workshop and a Textile Arts class.

Sunday Movies

7:00pm - WSCC

Sept. 4 - Kramer vs Kramer (1979)

Sept. 11 - The Princess Diaries (2001)

Sept. 18 - Rain Man (1988)

Sept. 25 - Te Ata (2017)

Monday Documentaries

7:00pm - WSCC

Sept. 12 - Saving Capitalism (2017)

Sept. 19 - Seeing Allred (2018)

Sept. 26 - Pray Away (2021)

For movie descriptions and details, see www.imdb.com.

Tuesday Themed Films

1:00pm - WSCC

Sept. 6 - The Jungle Book (2016)

Sept. 13 - Dumbo (2019)

Sept. 20 - Lady and the Tramp (2019)

Sept. 27 - We Bought A Zoo (2011)

Thursday Movie Musicals

2:00pm - WSCC

Sept. 1 - Hairspray (2007)

Sept. 8 - Singin' in the Rain (1952)

Sept. 15 - On the Town (1949)

Sept. 22 - Across the Universe (2007)

Sept. 29 - Anchors Aweigh (1945)

Get Ready to Vote

➤ Make Sure Your Voter Registration is Up to Date.

You must be registered by October 11 to vote in the November 8 election.

- To check your status, register, update your voter registration, and also find lots of information about issues and candidates, go to the Lorain County Board of Elections (LCBOE) website: www.voteloraincountyohio.gov.
- Paper copies of voter registration forms are in the library.

➤ To Vote by Absentee Ballot.

The deadline for submitting Absentee Ballot Requests is three days before November 8. But do it now so the Board of Elections isn't overwhelmed with Absentee Ballot Requests in October!

1. Get an Absentee Ballot Request Form.

- To download a form, go to the website: www.voteloraincountyohio.gov.
- Paper copies of the request forms are in the library.

2. **Fill out the form.** Make sure to provide your phone number and email at the bottom of the form so that the Board of Elections can contact you if something is missing/wrong with the ballot application.

3. **Mail your completed form** to: Lorain County Board of Elections, 1985 North Ridge Rd. E., Lorain, OH 44055. Actual ballot will be mailed to you on or after October 12, 2022.

4. **Track the status** of your application at the LCBOE website.

When you receive your ballot, fill it out soon, and send it back to the Lorain County Board of Elections. Don't let a pandemic, post office problems, or fewer voting sites cause you to miss your opportunity to vote.

REMEMBER: The United States Postal Service estimates first class mail may take 3 to 5 days for delivery.

➤ To Vote in Person.

- Vote early in person at the Lorain County Board of Elections starting on October 12 (1985 North Ridge Rd. E., Lorain, Ohio 44055).
- Vote on Election Day, November 8, from 6:30am to 7:30pm, in Heiser Auditorium.

➤ Questions?

Please contact residents Ann Francis or Mary Van Nortwick.

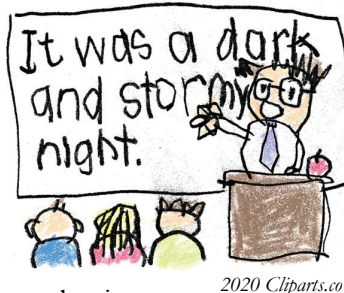
September 12 Deadline for Kendal Artists and Writers

Have you written a creative piece, poem, or short story on aging or being an older adult? Have you painted a portrait, taken a photo, or created an illustration that defines (or redefines) aging?

Generations Today, the magazine of the American Society on Aging, is calling for submission of art of all types from now until September 12.


Pieces selected will appear in the November–December issue.

Send a picture of your painting or a copy of your poem or story to Alison Biggar, Editorial Director (abiggar@asaging.org). For more information, contact Thelma Morris.



2020 Cliparts.co

Lunch Bunch: Bread and Brew, Wellington

Wed., Sept. 14 - 11:30am 

The private dining room has been reserved for us.

Enjoy delicious sandwiches on freshly baked bread, accompanied by hearty soups, refreshing salads, gourmet coffee, freshly brewed tea, and tempting desserts and pastries.

Sign up for the Kendal bus (see sign-up sheet for fee). Lunch on your own.

Questions? Ask Gerry Findlan.

Solo Diners

Tues., Sept. 27 - 5:30pm - Den

Join solo Kendal residents monthly for dinner and conversation in the Den. There is no planned agenda – just informal sharing.

A sign-up sheet is posted by the open mailboxes the week before.



Solo Diners: Come fill our table!

Did You Know Solo Diners Meets Monthly?

Solo diners don't need to be only those residents checking the "single" box on questionnaires.

Often they are – but if you're "solo" for the evening because your spouse or partner will be elsewhere, you might join us for dinner in the Den. Our informal sharing helps build a sense of community.

Sign-up sheet is posted under the open mailboxes a week before the event, and it's first come, first served. The Den holds only 16 diners.

**Introverts Unite!
Contact Suzanne McDougal**

More About Kendal's Residents



Ann Tye

I was born and raised in the West Park neighborhood in Cleveland. My father would bring me to Oberlin so that I would be exposed to music. In addition, as a child, I loved seeing the local windmill.

I survived the May 4, 1970, carnage at Kent State University when one of my friends was killed. That experience haunts me daily.

After graduation from Kent, I taught third grade in a rural district in Southeast Ohio. I returned to Kent and received my master's degree in school counseling.

After that, I worked as an elementary school counselor in the Amish country, and in an inner-city district. I was assistant dean of women at Niagara Univer-

sity, and finally found my favorite job as a high school counselor.

My volunteer experiences include Planned Parenthood, political campaigns, Cub Scouts, religious classes, teachers' association, tutoring Burmese refugee children, and serving as a board member of three homeowners associations.

I enjoy travel, reading, being with friends, and gardening. I love animals, and currently have my first cat, named Lola, who has introduced me to the feline queendom.

Once an avid jogger, swimmer, and gym rat, my fitness pursuits have been sadly curtailed by fibromyalgia.

As I enjoyed coming to Oberlin as a child, "Daddy, can we see the windmill?" I also participated in several Oberlin College Teacher Academy workshops over the years and traveled to Japan with an Oberlin group. When asked, "Are you an Obie?" by residents, I explain my fondness for Oberlin, and my friends refer to me as an Obie-Wannabe!

I am very happy here at Kendal. Every day I give thanks for being at such a beautiful and peaceful place with so many kind and interesting people.

Save the Date 2022 Winter Solstice Thurs., Dec. 15



The Special Events Committee announces that Solstice 2022 will be a light-hearted, joyful celebration of the season, performed LIVE and on KOTV, then made into a video.

The plan is to make the program available to everyone at their individual comfort levels while being ready for whatever restrictions might arise.

You will hear more from us soon as we begin to make it all happen. We will ask for help with performing, stage management, ushering, and anything else that comes up.

Note that all of the videos of Special Events Committee programs made since early 2020 – mainly Spring Fling in April, Independence Day in July, Solstice in late December, and *A Time of Remembrance* – are available on KaO's YouTube channels. ~Carol Harvey



Where 2 Turn? Tues., Sept. 20 10:00am Green Room

Bring your questions (when you can't find answers elsewhere) or discussion topics to the Where 2 Turn group on the third Tuesday of each month.

Suggest topics to Josie Jones ahead of time, or just drop in!

Recent Moves

Jerry Knapczyk and Satsuki Annino from Santa Fe, NM, in early August.

William "Bill" Witter from Madison, WI, in early August.

Ted Muenk to Jameson in early August.

Don and Nancy Hultquist to Whittier in early August.

Upcoming Moves

Catharina "Cathy" Caldwell from Oberlin, OH, in mid-September.

KaO Health Services Forum Wed., Sept. 14 - 4:00pm AUD and KOTV

- Kendal's Fitness Team and Wellness Program
- Managing Health Care Costs Through Home Health
- Highlight on Kendal 30-Day Post-ER or Hospital/SCC Discharge
- Q&A with Health Services Team and Georgia Newman, MD
~Stacy Terrell, Chief Health Services Officer

Looking for Someone? Find profiles of all residents, newcomers and old-timers alike, in *Who's Here* on the Kendal Library center bookcase.



Event Links

- For "inside Kendal" program links, contact **Carol Harvey**.
- For "outside Kendal" community cultural and educational ad hoc events, contact **Barbara Gordon-Lickey**.

Insurance Workshops

Donna Weber, KaO insurance coordinator, will present these workshops in September and October in the Kendal Education Center Conference Room and via Zoom and KOTV.

- **Wed., Sept. 7, 10:00am** - Things to Consider During Open Enrollment.
- **Thurs., Sept. 22, 10:00am** - How Medicare Advantage Plans Work.
- **Wed., Oct. 5, 10:00am** - Traditional Medicare with Retiree or Commercial Insurance.
- **Thurs., Oct. 20, 10:00am** - Traditional Medicare with Medigap

Newcomer Introductions

Wed., Sept. 21 - 4:00pm - KOTV

After a summer hiatus, the Newcomers Committee is resuming introductions of new Kendal residents. Please tune in to get better acquainted with some of our newest neighbors. ~Sharon Furrow



No LeadingAge Contest at Kendal This Year

Caught between Covid protocols for large gatherings at exhibits and staff shortages at LeadingAge Ohio and all life plan communities (like Kendal), the 2022 LeadingAge Ohio Arts and Writing Resident Forum will not materialize here.

However, the people in Columbus who put on LeadingAge Ohio's annual resident show suggest that there will be one "sometime this autumn."

No promises, but stay tuned, folks.

~Anne Palmer, Thelma Morris, and Don Parker, KaO Coordinators

It's a two-day event this year! 2022 Oberlin Community Candidates Nights

➤ **Local Candidates** 🗳️
Tues., Sept. 20 - 7:00–9:00pm
OC Dye Lecture Hall

➤ **State-Wide Candidates** 🗳️
Wed., Sept. 21 - 7:00–9:00pm
First Church Meeting House

This year Oberlin Community Candidates Night will take place on two different nights in two different venues. Candidates for local and state-wide office have been invited to participate in this nonpartisan question and answer forum, open to all.

As in the past, audience members can submit written questions at the door for the candidates to answer, in addition to those asked by the moderator of both events, Charles Peterson, OC Associate Professor and Chair of Africana Studies.

OCCN is a nonpartisan event with a long-standing tradition that encourages informed and active participation in government by facilitating voter engagement. A coalition of a number of Oberlin community groups (including Kendal at Oberlin) has cosponsored this popular volunteer event for more than 30 years.

Sign-up sheets for transportation to each event will be posted on the shelves under the mailboxes.



As fall approaches and our scenery continues its lovely transformation, we experience feelings of gratitude for the beauty that surrounds us. The Kendal Art Studio offers you a chance to share in the processes of creation to make lovely things. Most of the time we succeed with both values: creating and appreciating.

Mondays, 3:00-5:00pm, Sept. 26-Oct. 17. Watercolor classes will be held in the studio with Don Parker. Whether you're just beginning or have some experience with this medium, contact Don to sign up.

Wednesday & Thursday afternoon, Sept. 28 & 29. Joyce Parker is planning a two-day **monotype printing** group. More experience will be gained and some good materials developed for our Art Cards.

Clay Workshops will begin in October, with **pottery glazing** coming up in November.

And don't miss the Art Studio's **pottery sale** on December 1–3.

There is usually a sign-up sheet on the Art Studio bulletin board outside the studio to inform you of classes.

Sign up for Joyce's email newsletter to get information about group happenings. Whatever art form you enjoy, keep those creative juices flowing.

~Joyce and Don Parker

Kendal Kryptogram #210 – by Nina Love

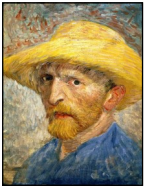
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~ELICO MLIYH DZDEPHT

Solution to Kryptogram #209: "Celery raw develops the jaw but celery stewed is more easily chewed." ~Ogden Nash



BIG BUS Trip to Detroit Institute of Arts
Thurs., Oct. 6 
8:00am–6:00pm

Our trip to the Detroit Institute of Arts (DIA) is on and the bus is full! We will leave from Heiser at 8:00am and arrive at DIA at 10:30am. We will tour the *Van Gogh in America* exhibit at 11:30am, and you'll have time before and afterward to explore other galleries and have a quick bite at Café DIA or a relaxing meal at Kresge Court.

Museum highlights include Diego Rivera's 27 murals depicting Detroit Industry, the Center for African American art, and works by Holbein, Matisse, Monet, Cezanne, Whistler, and Rauschenberg.

We'll leave the museum at 3:30pm and return to Kendal by 6:00pm.

Although the trip is fully subscribed, please contact Gerry Findlan if you are interested in going, in case there are cancellations.

Suggestions and Concerns
Mon., Sept. 12 - 2:00pm
Crossroads Room

Members of this committee will listen to your suggestion or concern in confidence (and privately, if you wish), discuss it with you, and refer the matter to the appropriate department head or committee chair. Questions? Contact Chair Anne Lockwood.



Local Farm Produce

The produce stand on the front entrance walk will continue to be open through the season on Fridays from 11:00am to 1:30pm. Special thanks to the resident volunteers who make this possible! CASH ONLY; and be sure to bring your own bag, too!

Program Committee Notes

The Program Committee is planning Kendal programs for the coming year, and we are looking for people to join our group.

If you would like to know how a program comes together or if you would be interested in helping in another way, please let me know.

There is always room to add programs to the schedule, so tell me if you have an idea for a program.

We hope you will be pleased with what is in store. And I hope you will consider becoming part of our Program Committee team or contribute an idea.

~Shirley Taylor, Chair, Program Committee

Need to Change a Date for a Scheduled Event? Notify *The Kendalight* and WKAO so we can update your event on the website or elsewhere!

How to Use the New Community Event Form

The new Community Event Form (which replaces the old Blue Sheet) is now available. It should be used for all Kendal community events to:

- Update the Resident Community Calendar
- Schedule an AV operator if needed
- Request WKAO and Kendalight publicity
- Tell Facility Services and Dining Services the setup and resources needed.

Use the form not only for Heiser events, but also for events elsewhere on campus and for bus trips off campus.

Do not use it for committee meetings or other events with specific attendees.

If you want to invite the Kendal community to a bocci tournament, a lunch bunch outing, a drivers' ed class, or a silliness event, please use the Community Event Form so that your event is coordinated with other Kendal events and publicized to the Kendal community.

You can request a paper copy of the new form at the Heiser Reception Desk. The form can also be filled out electronically – ask the receptionist for the link.

Try it – you'll like it!



Nature Sightings

7/15/22–8/10/22

- 7/21, **Black-Crowned Night-Heron**, tree by Troll Bridge, Anne Martin;
- 7/24, **Black Swallowtail Butterfly**, in front of Heiser, Anne M.;
- 7/25, **two Monarch Butterflies**, Lot 8, Larry Porter;
- 7/26, **Viceroy Butterfly**, woodland edge behind Jameson House, Maureen Bailey (housekeeping);
- 7/26, **two older fawns**, woods behind pool, Maureen B.;
- 7/28, **6-in. Garter Snake**, Buttonbush arboretum area, Anne Helm;
- 7/30, **Green Heron**, Buttonbush pond, Prudy Hall;
- 7/30, **Indigo Bunting**, Lot 18, Prudy H.;
- 7/31, **American Woodcock**, Lot 10, Prudy H.;
- 8/4, **Hummingbirds**, outside Apt. #155, Mary Joy Leaper;
- 8/5, **Clouded Sulphur Butterfly**, grass near #90, Anne M.;
- 8/10, **Hummingbirds**, hosta bed to right of approach to Buttonbush Bridge, Anne H.



Smart Giving!

The new charitable gift annuity brochure with residents' photos was just published. You are invited to pick one up from the shelf below our open mailboxes. Notice that the new rates for charitable gift annuities are very favorable!

Remember! Wear your name tag so newcomers (and old-timers) can tie your name to that face!

From the John Bartram Arboretum Good Pollinator Plants in Our Arboretum

We have many good pollinator plants in our Arboretum, in both our open woods and wildflower areas and we are working to establish more. I will mention a few in this article.



Joe-pye weed is a great native magnet for pollinators. Butterflies, including monarchs, tiger swallowtails, and skippers, love it. It also attracts native bees.



Cardinal flower (*Lobelia cardinalis*) is a native plant wonderful for naturalizing in wildflower meadows. Its long flower neck makes it difficult to pollinate for many insects. Hummingbirds are strongly attracted to it and get pollen on the top of their heads as they sip the nectar. The pollen then spreads as they fly around.



Ironweed (*Vernonia fasciculata*), named for its tough stem, attracts many butterflies and other pollinators. It is host to the American painted lady. It has a special value for native bees. Its bitter-tasting leaves are not liked by most mammals, a benefit here where we have many deer.



Goldenrod has many small flowers grouped together, filled with nectar and pollen. It draws a wide variety of butterflies, bees, beetles, moths, flies, and wasps. According to the National Wildlife Federation, it does not trigger allergies. Goldenrod makes a beautiful color combination with the joe-pye weed and ironweed in late summer and fall on our Wildflower Hill. Native Americans referred to them as “Sun Medicine.” Their blooms have long been used to dye yarn.

Here at the John Bartram Arboretum, we are making a concerted effort to reduce our lawn mowing and are planting more native trees and plants. We are delighted that cottage residents have been planting native species, including pollinator plants, in the five-foot spaces near their homes.

We encourage residents to seek advice from Grounds staff and Arboretum and Horticulture Committees as to what would work well in their particular location. Our collaboration with the City of Oberlin and the Western Reserve Land Conservancy is very helpful.

~ Anne Helm for the Arboretum Committee

Photo Credits: Anne Helm

References:

www.msu.edu

www.nwf.org

hgic.clemson.edu

Transportation Talk AAA Mature Driver Education Class Sat., Sept. 10 & Fri., Sept 23 10:00am–12:00pm and 1:00–3:00pm Education Center

Sign up for a two-day class given by AAA that includes a driving road test on campus. Cost is \$18 for AAA members and \$25 for non-members. You will receive a certificate of completion to submit to your insurance company (usually good for three years). Attendance is limited. Sign up at the mailbox counter. ~Ken Cheek and Barb Barna

Threads Lost and Found

The following describes an item left with Threads for repair, but the work order form has been lost. If the garment belongs to you, please come to the Craft Room to fill out a new form.

- Lady's slacks
- Eileen Fisher brand
- Petite medium size
- Dark brown
- Waistband opened

Cleveland Orchestra Bus for 2022–2023

There are still seats available on the bus for the 2022–2023 four-concert series which begins on November 27. Each year we organize bus transportation from Kendal to Severance Hall for the Cleveland Orchestra S1 Sunday afternoon performances, with convenient drop-off and pick-up at the main door.

Sign-up sheet is posted under the open mailboxes. Please add your name before September 30. Questions? Contact Anne Martin or Randy Wagner.

Cleveland Orchestra Piano Recital Series Mitsuko Uchida - Sun., Feb. 26, 2023 - 3:00pm

Some Kendal residents plan to buy tickets for Mitsuko Uchida's piano recital and arrange transportation to Severance Hall (sharing a shuttle or carpooling).

If you're interested, contact Anne Martin or Betsy Baumbach soon. Further information about the recital series is available at www.clevelandorchestra.com.

Saturday Walks

Come explore walking areas off the KaO campus. The walks are leisurely, about 2–3 miles, and generally scenic. We meet outside the Heiser main entrance every Saturday at 9:00am (weather permitting) to carpool.

- **Sept. 3** Sandy Ridge
 - **Sept. 10** Indian Hollow - Royal Oaks
 - **Sept. 17** Carlisle - Meadow Loop
 - **Sept. 24** Wellington Reservation
- Questions? Contact Phil Pritchett.

Putt-Putt Returns

The Putt-Putt Golf Tournament of Yore returns September 14–28, 2022, on the playing field of blue flags (Elysian) behind the Fox & Fell.

Sign-up will be on a clipboard under the open mailboxes between September 4 and 12. The Awards Banquet is planned for mid-October. Twixt those dates, both couples and singles are invited to ally themselves into groups of three to strategize for lowest team score. Practice is encouraged to hone your hole-in-one skills.

The challenging and droll putt-putt course was designed and created by Ben Lenz (gone but not forgotten), Joe Luciano (still with us to receive compliments on his ingenuity), and Pam Lenz (reigning Duchess Emerita), yorely.

The Trike-a-thon Fun Ride team (Secrist, Secrist, and Reiber) encourages you to tilt toward a time of tournamental fun and will provide the structure and the rules of the game, anon.

~Dan Reiber, Co-Chair,
Sports and Recreation Committee

Threads

Thursdays
11:00am–12:00pm
Craft Room



JOIN US! Threads is looking for one or two sewers for simple sewing jobs. We shorten pants, sew on buttons, patch holes, sew up seams, and mend toes of socks. Call Nancy Cecil or stop by the Craft Room during open hours.

Where to Find Contact Info

- **Kendal at Oberlin Directory**, printed and distributed in February.
- **KaO PDF Directory**, distributed via email to all residents.
- **Bulletin Board**, near photos of new residents. Make these corrections and additions to your printed directory.
- **Online Resident Directory**, in the resident database (www.kaores.net), click “Directory.” Note: you must either be on the Resident WiFi network or be logged in to access this information.

UU Monthly Kendal Gathering Cultivating Resilience Wed., Sept. 21 - 4:00pm - Ed Ctr

How do we stay centered in stressful times? How do we not get overloaded – emotionally, physically, psychologically and spiritually? And how may we bounce back when overwhelmed?

The “answer” is cultivating resilience. Our theme is the Path of Belonging.

Rev. Mary Grigolia and Zellda Zelley

Let’s Dance!

English Country Dancing

Sundays - 7:15pm
Heiser Auditorium
Contact: Judy Cook.

Line Dancing

Mondays - 5:00pm
Heiser Auditorium
Contact: Dan Reiber.

Square Dancing

Tuesdays - 4:00pm
Heiser Auditorium
Contact: Donna and Larry Steele.

Rollator Line Dancing

Tuesdays - 5:15pm
Heiser Auditorium
Contact: Dan Reiber.
Where happy feet meet happy music.



Church Services

First Church in Oberlin, UCC
Sun., 10:00am, WSCC

Oberlin Friends Meeting
Sun., 10:30am, Ed Center and Zoom

Oberlin Unitarian Universalist Fellowship
Sun., 11:00am, Zoom

Roman Catholic Mass
St. Patrick’s Cathedral, NYC
Sun., 11:15am, WSCC

Christ Episcopal Church
Sun., 12:30pm, WSCC, YouTube

Catholic Communion Service
Sat., 3:30pm, Green Room

Table Tennis Hours

Regular hours for table tennis have been set for Wednesday, Friday, and Sunday, 10:00am to 12:00pm in Heiser Auditorium.

Come and play! All are welcome!

~Sidney Rosenfeld, Co-Chair,
Sports and Recreation Committee

The Kendalight

Monthly newsletter of the
Kendal at Oberlin Residents Assn.
600 Kendal Dr., Oberlin, OH 44074
Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Polly McIlrath, Kathy Reichard, Mary Simons

Profile Photos: Sally Nelson-Olin

- Deadline for the October 2022 issue of *The Kendalight* is September 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: Klite600@yahoo.com
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Dining and Nutrition Services

Meet, Greet, and Eat Returns on Tues., Sept 20, 5:30pm

The Meet, Greet, and Eat (MGE) committee is happy to announce that the popular MGE dinners are resuming. They were suspended during Covid restrictions. The dinners provide an opportunity for residents to share a meal with others they may not yet know and with whom they may not have dined before.

For those who arrived at Kendal after January 2020, here's a brief description of how MGE works: Sign up in advance by noon on Sat., Sept. 17, on the sheets by the open mailboxes. Please arrive at Heiser Lounge at 5:30pm on the night of the dinner (Tues., Sept. 20). After checking in, draw a number that indicates your table assignment, then join your tablemates. Lively conversations ensue throughout the dining room.

MGE events are a great way for newcomers to meet people in a relaxed setting, and the MGE committee especially invites them to join in.

For those residents who choose not to participate, the usual dining options are available in the Fox and Fell.



School's Back in Session! Kendal Needs Resident Storm Day Volunteers

Calling all residents who can offer an hour or more to support Kendal staff children when local schools close. This enables staff to come to work at Kendal when schools are unexpectedly shut. We will need to have 10-20 volunteers to make it a go. So far we only have two.

We will have an orientation for interested volunteers on Wed., Oct. 12, after Barbara's Coffee Hour. The only meeting of the year!

Please give me a call, send an email, or see me if you can help or if you need more information. ~Donna Baznik

KENDAL RESALE SHOP

Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities

SHOP!

Wednesday-Saturday
11:00am-5:00pm
(closed Sunday-Tuesday)

DONATE!

Bring your donations of clean, gently used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

Given to RAF, year to date:

Total contribution: \$31,800.

IN MEMORIAM

ERNEST "ERNIE" EDDY
AUGUST 1, 2022

GAY FISCHER
AUGUST 22, 2022

Low-Vision Support Group Audio Presentation



"Seeing Red: What Makes Us Angry as Visually Impaired Individuals?"
Tues., Sept. 6 - 1:30pm
Crossroads
~Terry Carlton

Did You Know?

Call 440-775-9868 to hear announcements and menus of the day.

Centering Time With Indira Palekar Mondays - 11:00-11:30am Zoom and WSCC

You are invited to participate in Centering, a meditation-focused opportunity each Monday.

Psychologist Indira Palekar offers the Kendal community a time to reflect on topics that are suggested by the current participants.

Recent topics have included forgiveness, compassion, autonomy, connectedness, and gratitude. Indira also suggests a self-reflection practice to carry you through the week.

For the Zoom link, contact Kim Peters (kpeters@kao.kendal.org).

Catch the Trolley on Second Thursdays!

Rod Knight will run Len Garver's HO trolleys on Thurs., Sept. 8, 4:30-5:45pm in Heiser Lounge. Join the fun!

Grief Support Group Tues., Sept. 27 - 10:00am Green Room - All are welcome.

**Dementia Friendly
Discussion Group**
Fri., Sept. 30 - 10:30am - Penn
Note: One week later than usual this month only! **All are welcome.**



When I visit in the care center, my friend sometimes does not have much to say but seems glad that I am there. We've become quite comfortable just sitting in silence. Sometimes she likes us to watch TV together. Sometimes we just sit and watch the birds at the bird feeder. **STAY CONNECTED.**


SUN	MON	TUE	WED	THU	FRI	SAT
<p><u>First Church Service</u> 10:00am WSCC</p> <p><u>Quaker Worship</u> 10:30am Ed Ctr,</p> <p><u>RC Mass</u> 11:15am WSCC</p> <p><u>Christ Episcopal Service</u> 12:30pm WSCC</p> <p><u>Film (see p. 4)</u> 7:00pm WSCC</p> <p><u>English Country Dancing</u> 7:15pm AUD</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Centering Program</u> 11:00am Zoom, WSCC</p> <p><u>Line Dancing</u> 5:00pm AUD</p> <p><u>Documentary (see p. 4)</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Themed Film (see p. 4)</u> 1:00pm WSCC</p> <p><u>Square Dancing</u> 4:00pm AUD</p> <p><u>Rollator Line Dancing</u> 5:15pm AUD</p> <p><u>First Woman Constable</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>News Currents</u> 2:00pm WSCC</p> <p><u>SCC Council</u> 4:00pm WSCC 9/7</p> <p><u>Song Swap</u> 7:00pm Zoom, KOTV 9/14 & 9/28</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Musical Film (see p. 4)</u> 2:00pm WSCC</p> <p><u>Jazz Listening</u> 2:00pm AUD 9/1, 9/15 & 9/29</p> <p><u>The Sun Writes</u> 3:00-3:45pm Ed Ctr</p> <p><u>Ken Burns: The West</u> 7:00pm WSCC</p>	<p><u>Chronicle News</u> 10:00am WSCC</p> <p><u>Famous Composers</u> 2:00pm WSCC</p>	<p><u>Saturday Walk</u> 9:00am Heiser</p> <p><u>Catholic Communion Service</u> 3:30pm Green Rm</p> <p><u>Film (see p. 4)</u> 7:15pm AUD, KOTV</p>

September 2022

Zoom: See kaores.net and click "Calendar" for link.

KOTV: Cable 920, 19-2, or 95-101

WSCC: Cable 921, 20-1, or 96-100

<p>1</p>	<p>2</p>  <p><u>Fresh Produce</u> will be sold on the covered walk to Heiser Center every Friday, 11:00am-1:30pm. Cash only!</p>	<p>3</p>
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4	5 Labor Day Special Labor Day Film: 9 to 5 2:00pm WSCC	6 LLL Class Emerging Court Jonathan Entin 10:30am Zoom ONLY Low-Vision Support Group 1:30pm Crossroads	7 Insurance Workshop: Things to Consider During Open Enrollment 10:00-11:00am Ed Ctr Oberlin Shansi Looks Ahead 7:15pm AUD, KOTV	8 Rod Knight's 2nd Thursday HO Trolley Run 4:30-5:45pm Heiser Lounge	9 Artists' Talk Elaine Albers Cohen 4:00pm Heiser Lounge	10 AAA Mature Driver Education Class 10:00am-12:00pm 1:00pm-3:00pm Education Center Film: <i>Smoke Signals</i> 7:15pm AUD
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11 Chamber Music OC String Quartet and Viola Prof. Kirsten Docter 1:00pm AUD Faculty Organ Recital Jonathan Moyer 4:30pm Finney 🚗	12 LLL Class Emerging Court Jonathan Entin 10:30am Zoom ONLY Suggestions and Concerns 2:00pm Crossroads	13 Community-Wide Master Plan 10:00am AUD, Zoom, KOTV Inaugural Recital on Our Steinway Pianos 7:15pm AUD	14 Lunch Bunch Bread and Brew, Wellington 11:30am-2:00pm 🚗 KaO Health Services Forum 4:00pm AUD, KOTV	15 KORA Council 10:00am AUD, KOTV Faculty Recital Stephen Aron, Guitar 7:30pm Kulas 🚗	16 Coffee Hour with BT 9:30am F&F, Zoom, KOTV Budget Meeting 4:00pm AUD, Zoom, KOTV	17  Walk to End Alzheimer's 8:30am Mercy Health Stadium, Avon 🚗
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18	19 LLL Class Emerging Court Jonathan Entin 10:30am Zoom ONLY	20 Where 2 Turn 10:00am Green Rm Meet, Greet, and Eat 5:30pm Fox & Fell Oberlin Community Candidates Night 🚗 7:00pm OC Dye Hall	21 Newcomer Intros 4:00pm KOTV UU Gathering 4:00pm Ed Center Oberlin Community Candidates Night 🚗 7:00pm First Church Contemporary Ensemble 7:30pm WCH 🚗	22 Insurance Workshop: How Medicare Advantage Plans Work 10:00-11:00am Ed Ctr Artists' Talk James Peake 4:00pm AUD	23 AAA Mature Driver Education Class 10:00am-12:00pm 1:00pm-3:00pm Education Center	24 Oberlin Faculty Trio 7:30pm Kulas 🚗
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25	26	27 Grief Support Group 10:00am Green Rm Solo Diners 5:30pm Den Denise Weller <i>Blood Stripe, a Spouse's Story</i> 7:15pm AUD, KOTV	28	29 Exchange with Barbara Thomas 4:00pm AUD, KOTV Chamber Orchestra 7:30pm Finney 🚗	30 Dementia Friendly Discussion Group 10:30am Penn Play Readers: <i>Art</i> 1:30pm AUD, KOTV Sinfonietta 7:30pm WCH 🚗	<div style="border: 2px solid black; padding: 10px;"> <p>Note:</p> <p>"Home" events (at Kendal) are in Bold.</p> <p>"Away" events are not.</p> </div>
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