

The Kendalight

Kendal at Oberlin Residents Association

September 2023

Volume XXX, Number 9

30

Open House
East Side - Saturday

Open House
West Side - Monday

Exploring our CommUnity Open House(s)

Sat., Sept. 2
9:00am-12:00pm
East Side;

Mon., Sept. 4
9:00am-12:00pm
West Side

30

Come celebrate the unique, vibrant community at Kendal at Oberlin by visiting residents' homes, which use very similar floor plans yet are each so individual. Thanks to everyone who has signed up to share their homes: 15 homes will be open on Saturday and another 15 plus the Jameson House on Monday.

Saturday's map will be available in Heiser by Thursday, August 31. Monday's map will be available Saturday afternoon. Please take only one set of maps and share, if possible, to minimize printing costs.

Visitors are encouraged to travel in pairs. Family visitors and employees are welcome, but do not bring your pet. Notice photos of pets on doors to alert you if you have allergies. Please bring your own water bottle and wear comfortable shoes.

Enjoy the tour, and have fun!
~Elizabeth Hole and Barbara Whitehouse

Walk to End Alzheimer's Sat., Sept. 9 - 10:00am LCCC, Elyria

Join the Kendal at Oberlin team of residents and staff for the 2023 Walk to End Alzheimer's – and please support our Basket Raffle to raise funds for this important cause!

Kendal departments created amazing themed baskets for the raffle fundraiser. Kendal community members also donated baskets for the event.

Buy tickets for a chance to win a basket and support the cause! Come to the Walk for fun and to show our support!

BASKETS:



**Now–Sept. 8,
Heiser Lounge.**

Buy tickets at the display table or in the Outreach Office. Winners announced on Sept. 8 at 1:30pm.

WALK:

**Sat., Sept. 9,
Lorain County
Community
College, Elyria.**

Entry at 9:00am.
Ceremony at 10:00am. Walk at 10:15am. Transportation available.

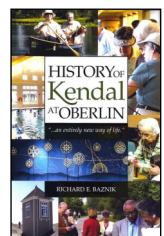
Sign up for the Walk on the "Purple Flower" bulletin board or call Kim Preston at 440-775-9074.



30 October KaO Anniversary Events

History of KaO Wed., Oct. 4, 7:15 pm AUD, KOTV

Before you start looking up the traditional gift for a 30th anniversary (pearls are often recommended), attend a presentation on our history. Dick Baznik, who wrote the history of KaO for its 20th anniversary in 2013, will take us through the story of this community from its early planning starting in 1987, through its opening in 1993, and up through the present, complete with photos. Feel free to wear pearls that evening.



Annual Souper Supper Fri., Oct. 6



Our traditional anniversary simple meal honoring the founding of KaO while donating to Oberlin Community Services. Look for more in the October issue.

Later in October...

Watch for more events (Bob Cothran's video, Don Parker's play *On Kendal Pond*, Community Gallery photo exhibit of KaO history, etc.).

**COFFEE HOUR WITH
BARBARA THOMAS**

**WED., SEPT. 13 - 9:30AM
LANGSTON, KOTV, ZOOM**



**AFTERNOON EXCHANGE
BARBARA THOMAS**

**THURS., SEPT. 21 - 4:00PM
AUD, KOTV**



Kendal at Oberlin Residents Association

Recently, several residents have asked me how they can get involved in one of KORA's many Standing Committees or Interest and Support Groups responsible for the programs and activities for our community. With very few exceptions, these committees are open to everyone who is interested. That makes it easy to get involved. All you have to do is show up to one of their meetings or participate in one of their activities! You can find descriptions of each of KORA's committees in the Yellow Book on the KORA website [Go to the Information drop-down menu > KORA Information > Yellow Book]. Included in the Yellow Book is a section with contact information for the leaders who can help you get involved.

Thanks to your generous donations, our 2023 KORA budget is \$38,157. Your gifts have been supporting campus activities like the wonderful art displays that grace our galleries, equipment in our unique woodshop, newspaper subscriptions available in our library, and the amazing variety of programs and concerts, not to mention this informative monthly newsletter, The Kendalight.

The budget for 2024 is being developed. This month you will receive a letter asking for donations so we can continue these wonderful activities. Your support is needed and greatly appreciated. Please place checks made out to KORA in the marked box at the Heiser Reception Desk from September 4 to 25. Thank you very much!

~Rollin Conway, KORA President 2023



Next KORA Council Meeting
Thurs., Sept. 21 - 10:00am
AUD and KOTV

Life-Long Learning Fall Classes at Kendal

These classes will be presented only in Heiser Auditorium. Doors will close at 10:35am, with no admittance after that. To register, please contact Kari Inglis (or Rebecca Cardozo, if so indicated). There is no fee.

Our Two Supreme Courts. Tues., Sept. 5, 12, 19, 10:30am-12:00pm. Jonathan Entin, Kendal resident and Professor Emeritus, Case Western Reserve School of Law, presents a three-session course.

Session 1: Review of the U.S. Supreme Court's 2022-2023 Term and Preview of the 2023-2024 Term.

Session 2: Judicial Ethics and the U.S. Supreme Court.

Session 3: The Ohio Supreme Court.

Ethics in Medicine. Tues., Oct. 3, 10, 10:30am-12:00pm. Kendal resident Alan Lockwood, Emeritus Professor of Neurology, University at Buffalo, and Senior Scientist, Physicians for Social Responsibility, presents a two-session course. Alan is the author of two books on the health effects of climate change.

The practice of medicine has changed substantially during the past decades. The role of patient participation in medical decision-making has evolved as much as advances in medical and surgical treatments. Much of this change has been driven by deliberate or inadvertent disasters. Gone are the days of "First do no harm" in the Hippocratic Oath. This Oath was aimed at the physician and did not specify any role for the patient. Revised versions of the Oath are still taken by students of medicine. Current medical practices place the patient at the center of medical decision-making.

The two sessions will begin with the Hippocratic Oath and continue with a description of the evolution to current practices. Milestones will include the Nuremberg Code, which as of a decade or so ago was still classified as secret by the U.S. government! Other milestones include the Tuskegee Experiment, the Belmont Report, the Common Rule, the Jesse Gelsinger Experiment, and as a surprise to some, the Tenerife Airport Disaster. The National Academy Press publication Responsible Research: A Systems Approach to Protecting Research Participants was important in guiding Alan's own role as chairman of the institutional review board of the VA's Western New York healthcare system. More changes are certain to come as medicine and society deal with change.

Curating LGBTQ Art for Intergenerational Audiences. Tues., Oct. 31, Nov. 14, 21, 10:30am-12:00pm. Sam Adams, Ellen Johnson '33 Assistant Curator of Modern and Contemporary Art, Allen Memorial Art Museum.

As two volunteers "retire" from their duties...

Dwight Call, thank you for your service in presenting the Second Saturday Foreign Film program. For years, you selected, scheduled, and organized discussions of distinguished foreign films to share with the KaO community.

Joe Colucci, thank you for keeping us sane and safe during Covid shutdown and beyond by creating a way for us to get and return items from the Oberlin Public Library.

Although we'll continue to get OPL books with a new process (see p. 7), the Program Committee would welcome a new volunteer to carry on Dwight's tradition. If interested, please see Shirley Taylor or Ken Cheek.



First Thursday Health Lecture Returns from hiatus on Oct. 5

Community Conversations The Cause of the People: Public Programming and Education at the Allen Wed., Sept. 6 - 7:15pm AUD, KOTV

Jill Greenwood, the Eric & Jane Nord Family Curator of Education at the Allen Memorial Art Museum, will discuss the role of her department in organizing public events, tours, and educational resources for the broader community of Oberlin, Lorain County, and beyond. She will present a summary of recent initiatives and what she hopes to accomplish under the museum's new strategic plan. There will be time to share your ideas for future Allen/Kendal collaboration.

Gorillas in Bwindi Mon., Sept. 18 - 7:15pm AUD, KOTV

Kurt Sarringhaus will talk about his encounters with mountain gorillas in the Bwindi Impenetrable National Park, a large primeval forest located in southwestern Uganda. A UNESCO World Heritage Site, Bwindi is one of only three locations left in the world where people can see these endangered animals in the wild.

A Conversation with the ACLU of Ohio Wed., Sept. 20 - 7:15pm - AUD

Sandi McClennen and Larry Mirel invite you to discuss some of the most important political issues of the day. ACLU attorneys and staff will discuss the state's failed attempt to change the rules of citizen democracy in the August special election, how Ohioans' resounding "No" vote will impact reproductive rights at the ballot box in November, and the status of redistricting and voting rights work in Ohio.

There will be time for questions. Ask Sandi or Larry for more information.

Lunch Bunch: Lupita's, Oberlin 🚌 Wed., Sept. 13 - 11:40am

Have your favorite Mexican dishes at this locally owned family restaurant.

Sign up for the Kendal bus.
The bus is free. Lunch on your own.
Questions? Ask Gerry Findlan.

Understanding and Responding to Dementia- Related Behavior Sat., Sept. 23 - 2:00pm - AUD

Join Dr. Swarnalatha Meyyazhagan from the Alzheimer's Assn. to learn to decode behavioral messages, identify common triggers, and learn strategies to help manage some of the most common behavior challenges of Alzheimer's disease. **This program will be open to people from the greater community.**

The Perspective of Persons Living with Dementia Thurs., Sept. 28 - 4:00pm AUD

At KaO, all of us, even when cognitive changes occur, are recognized and appreciated. This recorded panel discussion by those living with cognitive change will deepen your understanding of their experience and how we create a loving community for all.

After the presentation, you are invited to continue discussion over dinner. Sign up for the table discussions that will be held in the Penn/Fox & Fell. ~Dementia Education Group

Kurt Russell, National Teacher of the Year Thurs., Sept. 28 - 7:15pm AUD, KOTV

Kurt Russell will share what he learned in his travels around the country regarding racial equity, focusing on education nationally, in the state of Ohio, and in the city of Oberlin. ~Arlene Dunn

Examining Racism
in America
to Forge a More
Equitable Future

🎵 Live Music at Kendal 🎵

Sun., Sept. 3, 4:30pm, AUD Kendal Presents; music played by residents.

Sun., Sept. 10, 4:00pm, AUD Poesis String Quartet, Oberlin Conservatory students Sarah Ma, violin; Max Ball, violin; Jasper de Boor, viola; and Drew Dansby, cello.

Sun., Sept. 17, 4:00pm, AUD Musikos Collective, Oberlin Conservatory students presenting string music from different cultures.

Meneely/van Sante Folk Concert Fri., Sept. 22 - 7:15pm AUD, KOTV

Janie Meneely and Rob van Sante will give an hour's concert of songs from maritime traditions old and new mixed with contemporary ballads about the ways of today's world. Janie is from the Chesapeake Bay and writes many songs about the place and people of that region; Rob is Dutch and has performed worldwide.

Karamu House: History and Overview Sun., Oct. 1 - 1:30pm AUD, KOTV

Cleveland's Karamu House is recognized as the oldest site producing African American theatre in the nation. It was founded over 100 years ago by a pair of Oberlin College alumni.

Nina Domingue, Associate Artistic Director, and Maya Nicholson, Arts Education Manager, will present a brief video about the history of Karamu and an overview of the upcoming season, including a brief synopsis of each play.

The Sales & Marketing team is inviting alumni attending the reunion weekend, residents, and Priority Members to join us for this special OC Homecoming/Reunion event. Kendal at Oberlin is a sponsor of Karamu House.

Saturday Night Movies 7:15pm - AUD, KOTV

Sept. 2 - Celluloid Closet (1995) A documentary on how Hollywood films have depicted homosexual characters, subliminally and otherwise. Based on Vito Russo's landmark 1981 book.

Sept. 9 - Through a Glass Darkly (1961) Ingmar Bergman won his second Best Foreign Film Oscar for this moody family drama. It is the first of what came to be called his "chamber dramas," which positioned four characters in one place where they could interact like a string quartet.

Sept. 16 - Imitation of Life (1934) A Black housekeeper and her fair-skinned daughter start a successful business but face familial, identity, and racial issues along the way. In 2005, this Oscar-nominated Best Picture was selected for preservation in the U.S. National Film Registry, deemed "culturally, historically, or aesthetically significant."

Sept. 23 - Blithe Spirit (1945) Based on Noel Coward's play. When a spiritualist medium (Margaret Rutherford) holds a seance for a writer (Rex Harrison) suffering from writer's block, she accidentally summons the spirit of his deceased first wife, which leads to an increasingly complex love triangle with his current wife.

Sept. 30 - A Higher Law – The Oberlin-Wellington Rescue of 1858. The rescue was a key event in the history of abolitionists leading up to the Civil War. A group of 37 White and Black men in Ohio were indicted for violating the Fugitive Slave Act of 1850, in which they used a higher law as their defense in a federal court case.

The Kendal cable channels are:

- **WKAO: 919, 19-1, OR 95-100**
- **KOTV: 920, 19-2, OR 95-101**
- **WSCC: 921, 20-1, OR 96-100**

Art Gallery News

The **Kendal Gallery** features *Signals and Stitches*, fiber art and beadwork assemblages by Cleveland artist Jennifer Whitten. It will remain up until Oct. 9.

Works by two local watercolor artists are in the **Community Gallery** until Oct. 12. The late Barbara Colbert (Oberlin) drew and painted through her life, later specializing in watercolors of natural landscapes. Diane Reinhart (Wakeman) started painting after retiring and moving to the countryside. She teaches watercolor and is a member of several art groups.

One wall of the **Friends Gallery** has now been enclosed by a "temporary" construction wall. However, in the future look for art on this and the remaining (for now) Gallery wall.

The **Curio Cabinet** is filled with "treasures" from the bayside shores of Wellfleet, MA. On view are clam, scallop, quahog, and oyster shells; variously colored rocks displayed in containers of water; and a piece of wood covered in lichen from the forest floor.

The **Marketing Office Showcase** contains a variety of ceramic pieces made in a craft co-op in Ayacucho, Peru. They are from the collection of Ted Wolner.

Community Gathering: Lifting Up Our Nation and World Mon., Sept. 18 - 4:00pm - Education Center Training Room

The Faith Conversation Group at Kendal invites all Kendalites of any spiritual path to come and sit together, holding the welfare of our world and our country in their hearts. It will be apolitical and mostly silent, punctuated by reflections from various world faith traditions. If you have questions, call Sue Palmieri.

Sunday Movies 7:00pm - WSCC

Sept. 3 - *Erin Brockovich* (2000)

Sept. 10 - *A Beautiful Mind* (2001)

Sept. 17 - *True Spirit* (2023)

Sept. 24 - *Happiness For Beginners* (2023)

Monday Documentaries 1:00pm - WSCC

Hacking Your Mind (2020)
Jacob Ward travels the globe to investigate decision science:

Sept. 4 - Ep. 1: *Living on Auto-Pilot*

Sept. 11 - Ep. 2: *Weapons of Influence*

Sept. 18 - Ep. 3: *Us vs. Them*

Sept. 25 - Ep. 4: *The Wings of Angels*

Tuesday Themed Films 1:00pm - WSCC

Sept. 5 - *Still Alice* (2015)

Sept. 12 - *Patch Adams* (1998)

Sept. 19 - *Robot and Frank* (2012)

Sept. 26 - *The Notebook* (2004)

Thursday Movie Musicals 1:00pm - WSCC

Sept. 7 - *Funny Girl* (1968)

Sept. 14 - *The Little Mermaid* (2023)

Sept. 21 - *The King and I* (1956)

Sept. 28 - *Beauty and The Beast* (2017)

For movie descriptions and details, see www.imdb.com.

Looking for Someone? Find profiles of all residents, newcomers and old-timers alike, in *Who's Here* on the Kendal Library center bookcase.

Here's Your Chance To Be a Curator

This year's collaborative exhibit with the Artists Archives of the Western Reserve, which we have titled *Viewer's Choice*, will be in the Kendal Gallery from December 5 to January 29. We are asking interested Kendal residents to go to the Archives' website (https://www.artistsarchives.org/archived_artist/) and find an artwork they would like to see in person here in the Kendal Gallery. This is an excellent opportunity for us to enjoy a wide variety of outstanding art in many mediums by a number of different artists.

An important limitation will be size. Some pieces may be too large for us to transport here and then exhibit in the gallery. Other than that, you are free to browse the entire collection and let us know what you would like to see as part of this show. We will have room for a few three-dimensional pieces, to be displayed on pedestals or shelves.

Please send your choices to Robert Taylor at kailuum@oberlin.net before October 31. Robert and the director of the Archives, Mindy Tousley, will then make the final selections. We hope you will want to be a part of this exciting opportunity.

Insurance Workshops

Donna Weber, KaO insurance coordinator, will present these workshops in September and October in the Kendal Education Center Training Room and via Zoom.

- **Wed., Sept. 20, 3:00pm** - Things to Consider During Open Enrollment.
- **Thurs., Sept. 28, 10:00am** - The Language of Insurance and Medicare Advantage Plans.
- **Mon., Oct. 16, 10:00am** - Traditional Medicare with Retiree or Commercial Insurance.

Zoom links were included in the listing of insurance workshops placed in resident mailboxes in August.



Chief Executive Officer (CEO) Transition Team Considerations

This is a quiet time for the Transition Team. The Deffet Group has been working hard to summarize all of our comments and suggestions gathered during their two-day campus visit, compiling the CEO Needs Assessment responses and adding the individual messages you shared. After review, the Transition Team will approve the CEO position profile drafted by Deffet to help to tell the Kendal at Oberlin story. So, this seems like a good time to talk about some other factors we are considering in our CEO search.

CEO Tenure - While we have been blessed with Barbara Thomas's dedication to KaO for 31 years, the current trend in CEO tenure is much shorter. In today's environment, a CEO stays in their position 4–7 years. If our new CEO stays for 10 years, we will have hit the jackpot!

Work-Life Balance – Successful work-life balance may be defined as meeting and/or exceeding work goals and still having time for family, friends, hobbies, restful sleep, and not constantly worrying about work when away from the office. Today's CEOs expect an organization to support work-life balance and most CEOs are clear up-front about those expectations. Supporting work-life balance has proven to increase productivity, decrease time off, improve morale, and extend retention.

CEO Candidate Professional Concerns – In no particular order, candidates may be concerned about internal and external growth and risk, regulatory management, technology, innovation, people, and organizational culture.

CEO Candidate Personal Concerns – Candidates most likely will have questions about affordable housing availability within a reasonable commuting distance, cultural and leisure opportunities in the region, and if they have children, the quality of the local public school system.

Thank you again to everyone who contributed to the success of the Deffet campus visit. We'll have more to share in mid-September including the finalized CEO position profile and more updates on the CEO search process. Please continue to reach out to jpvilla@oh.rr.com with your questions and suggestions.

~The Transition Team

Still time to sign up for the Kendal bus trip to Amish Country!

Warther Museum, Dutch Valley Restaurant and Shops Thurs., Sept. 21 - Lv. 8:30am, return in time for dinner 🚌

Join a guided tour of the **Ernest Warther Museum's** collection of one-of-a-kind wood carvings by master carver Ernest Mooney Warther in Dover, OH. See the evolution of steam engines in walnut and ivory models, and marvel at the exact replica of Lincoln's funeral train.

After the museum, we'll travel through Amish Country and stop for lunch at **Dutch Valley Restaurant** in Sugarcreek where you can also shop nearby at Dutch Valley Gifts and Dutch Valley Market.

Museum admission is \$17 at the door. Reserve your place on the Kendal bus by putting a check for \$40 made out to KORA in open mailbox #93 by Sept 17.

Note: If fewer than 15 people sign up, this trip is cancelled and checks are returned. More details: <https://www.ohiomagazine.com/ohio-life/article/the-legacy-of-master-carver-ernest-warther>.

More About Kendal's Residents



Louise Hausman and George E. Wright

Louise:

For a while after leaving my Toledo, OH, home, it seemed I was on an unintentional five-year plan. Five years in New York, Sarah Lawrence College and a year in Tarrytown; five years at the University of Iowa (Iowa City) to earn a Masters and MFA in photography and studio art; five years in South Central Texas, leaving behind a first marriage; five years in East Texas, working as Resident Artist and Curator of Education at the Tyler Museum of Art; five years in Tappahannock, VA, teaching studio art at a small girls' boarding school.

The museum job set me on course for a teaching career, and a total of 29 years teaching all levels. I ended my five-year cycles when I took a job teaching studio art in the Upper School at Cincinnati Country Day School, bought a house, and stayed for 27 years.

George Wright and I were married in Rhode Island after 13 years of being together.

We liked the beautiful Ohio River Valley and the Cincinnati area, especially the concerts, the Symphony and music festivals, museums, and restaurants. Our dogs, Danny, Luna, Oboe, and, still, Ully, have been the best companions at home and on the roads we've traveled together.

My volunteer work after retirement in 2015 included gardening at Turner Farm, a non-profit certified organic farm, and work for Save the Animals

Foundation, a volunteer-run cat and dog rescue.

I love to read, go to the movies and museums, listen to music, eat (and cook), and work in my garden. I've traveled to Kenya and France, and we've taken trips to Chicago, California, NYC, Boston, Western Massachusetts, Vermont, Maine, South Carolina, and Northern Michigan.

Significant early influences include Francis Keller, historian, pianist, women's and civil rights advocate, and surrogate Mom, who set the bar for values I hold today; the Farm and Wilderness Camps in Vermont, where I first learned Quaker ways of living simply and in harmony with nature and other human beings; family trips to Frankfort, MI; overnight train journeys to New Orleans, where my mother's family lived; and now, Oberlin, where I look forward to exploring new places and people, meeting new challenges and continuing to become who I will be.

George:

I grew up in Lyndhurst, OH, and graduated from Hiram College majoring in biology. I went to the University of Wisconsin for an MS in zoology. Living on a dairy farm there influenced a change in career direction to veterinary medicine. I graduated in 1976 from The Ohio State University College of Veterinary Medicine. I practiced companion animal medicine in the Cincinnati, OH, area for 40 years as partner of the Milford Animal Hospital. I was active in the Cincinnati Veterinary Medical Association, and I helped establish the Emergency Veterinary Clinic of Cincinnati, Inc., serving as treasurer and president.

I have been an active board member in three nonprofit organizations providing mental health, addiction, and alcohol abuse treatments over the past 20 years. I gained empathy for the cli-

ents of these services, and I learned much about the challenges of running a large nonprofit business.

I met my wife, Louise Hausman, in 1997. She taught art in Cincinnati and had both my children in her classes. In addition, I was her dog's veterinarian. We discovered we had many common interests in art and music, as well as enjoying eating at restaurants serving locally sourced delicious food. We married in 2012, a beautiful small affair of family and friends on the breezy porch of a cottage in Rhode Island. We lived in a 110-year-old house in an older neighborhood of Milford, OH.

We have thought about Kendal at Oberlin as a possible future home for more than 10 years. We are excited to join the active KaO community. Our golden retriever, Ully, makes the move with us. He is pretty excited as well.



Smart Giving!

Tales From the Crypt! Fri., Sept. 1 - 10:30am Ed Center Training Room

Join Catherine Gletherow, KaO Philanthropy Committee member, as she updates her entertaining and informative look at estate planning gone wrong and what we can learn from these stories. The former Oberlin College development officer will once again join us at Kendal. For more information, contact Tom Konkoly by phone or email.

~Kendal Philanthropy Committee

Movín', Movín', Movín'

Recent Moves

Tom Riis from Longmont, CO, in mid-August.

Marj Henderson to Jameson House, in early August.

Upcoming Moves

Eileen Beekman from Atlanta, GA, in late September.

30 CommUnity Picnic - Tues., Sept. 26 - 11:30am-1:00pm - Served from Langston

Join us for our annual picnic lunch. This year it will be served from the Langston and will be the only menu served for lunch on that day. If the weather cooperates, tables and chairs will be set up outside the front Heiser entrance. If it rains or is not warm enough, tables and chairs will be set up in the Auditorium. **All residents and employees are invited** to enjoy their food together; then we will move into our Employee Anniversary Recognition Program:

KaO Employee Anniversary Recognition Program - Tues., Sept. 26 - 1:15pm - AUD

Every fall we celebrate Kendal employee tenure anniversaries. This year residents and employees will gather in the Auditorium after lunch to recognize and honor these 27 wonderful friends. Refreshments follow in the Heiser Lounge.

30 Years: Becky Butler, Human Resources; Laurie Dupee, Health and Wellness Clinic; Jon Hall, Facility Services-Maintenance; Judy Miller, Information Technology & Finance; Michele Tarsitano-Amato, Creative Arts Therapy; Ramie Ybarra, Hospitality Services-SCC Dining; Bev Zimmerman, Stephens Care Center Health Services.

25 Years: Susan Kuncel, Stephens Care Center Health Services; Ruth Jasko, Stephens Care Center Health Services; Toni Merleno, Human Resources & Operational Services.

20 Years: Crystal Hall, Hospitality Services-Housekeeping & Laundry; Lisa Stewart, Stephens Care Center Health Services; Ryan Stalzkowski, Facility Services.

15 Year: Lisa Wilken, Hospitality Services-Dining.

10 Years: Rosemary Hall, Hospitality Services-SCC Dining; Cherie Ridge, Finance; Larry Thompson, Human Resources.

5 Years: Maxine Baggett-Redd, Hospitality Services-Dining; Elisabeth Christman, Sales & Marketing; John Dziak III, Facility Services-Maintenance; Jaciah Edwards, Stephens Care Center Health Services; Angelina Gonzalez, Stephens Care Center Health Services; Diane McCray, Hospitality Services-Housekeeping; Andrew Miller, Hospitality Services-Dining; Kristal Purnell, Hospitality Services-Dining; Kristen Tuttle, Hospitality Services-Dining; Polly Wilhelm, Facility Services-Transportation.
~Toni Merleno, Director of Human Resources & Operational Services



Open Studio for September at 1:00pm on Thurs., Sept. 7, features two Kendal artists who will share in our series "Art in our Lives" – Vincenzo Santone (paper collages) and Sheila Eckstein (sketches and watercolor paintings).

Pencil Drawing. Mon., Sept. 18, 25; Oct. 9, 16 - 3:00-5:00pm. Black on white with graphite pencils. Contact Don Parker.

Pottery Workshops to learn techniques in ceramics and create items for the Holiday Pottery and Art Sale (Nov. 30 to Dec. 4). Sign up at the bulletin board in the Art Studio hallway. Glazing classes will follow later.

- **With Kathleen Cerveney.** Sept. 20-21 and Oct. 5-6 - 3:00-5:00pm.
- **With Joyce Parker.** Sept. 13-14 and Oct. 11-12 - 3:00-5:00pm.

30 KaO Anniversary Celebration Day Sat., Nov. 11 4:00pm, Part 1; 7:15pm, Part 2

The theme of our anniversary event is "Simple Gifts." It includes so many songs, poems, videos, and other live and pre-recorded acts that we scheduled it in two parts!

Save the date and the times for both parts, and see you there!

Oberlin Public Library Weekly Delivery & Pickup

For details about the new procedure for having Oberlin Public Library items delivered and picked up, see the sign on the shelf below the open mailboxes or find the information on the KORA website under **Services and Forms**, then **Non-Kendal Service Providers**. Scroll down to **City** and click on [Oberlin Public Library Weekly Delivery & Pickup Service](#).

Kendal Kryptogram #220 – by Nina Love

HUGHBMHLNH MY E TEBK WHENTHB CHNEOYH

YTH FMPHY WTH WHYW QMBYW ELK WTH JHYXLL

EQWHB.

~PHBLXL YELKHBY JEZ

Solution to Kryptogram #219: "Suppose you were an idiot. And suppose you were a member of congress. But I repeat myself."
~Mark Twain

KaO Health Services Forum **Wed., Sept. 6 - 4:00pm** **AUD, KOTV**

The Dementia Education Group, comprised of residents and staff, will present an overview of Kendal at Oberlin services for those experiencing cognitive change.

Then we will have an auditorium-wide discussion on the fears and concerns associated with cognitive change and how Kendal residents and staff can work together as a community to support those with cognitive change and ensure an atmosphere of belonging to all those experiencing cognitive change.

Cognitive Issues/Memory Support Group

Are you experiencing changes in your cognition or memory and wish there was a place to talk to other residents about them? A small group of residents has been meeting twice a month to share their concerns related to memory loss. They talk about how to remain engaged and promote their highest quality of life. A group of five residents participate, and they encourage others to join who feel they would benefit. If you think you might be interested in attending this group, please contact Carol Bojanowski for further information.

The Girl in Centerfield **Tues., Sept. 12 - 7:15pm** **AUD, KOTV**

Director Brian Kruger, a twice-Employee-nominated filmmaker, will present his documentary that tells the story of Carolyn King, the 12-year-old girl who inspired the rules and regulations giving equal treatment to women in sports.

In 1973, the Little League organization would not allow Carolyn to play on the Ypsilanti Little League team. Brian, who was playing on the Ypsilanti team then, remembers how that decision affected the Little League players. In the 1970s, the national story about Carolyn King didn't focus on what the intense discussion and widely covered news story did to the youngsters who were on those teams, especially Carolyn King herself.

Brian wanted to tell that story. His film includes footage from the 1970s as well as film of Carolyn and of the members of the Ypsilanti 1973 Little League team today. He'll show the film, talk about the backstory and the impact of his film, and answer questions.

2023 KaO Budget Meetings

- **Tues., Sept. 12 - Budget Kickoff Meeting with Residents,** 4:00pm, AUD, Zoom, and KOTV.
- **Mon., Oct. 30 - Budget Update with Residents,** 4:00pm, AUD, Zoom, and KOTV.
- **Mon., Nov. 20 - Final Budget Meeting with Residents,** 4:00pm, AUD, Zoom, and KOTV. *~Ann O'Malley, CFO*

Answer to Kendal Acrostic #5

Lewis Stempl, *Where Poppies Blow*: "The horse was the soul of the village because it delivered mail, collected milk, pulled hay wagons, brought ale for the pub, carried the dead to church, transported the doctor on his rounds, and provided a petting attraction for young mothers with tantrummy toddlers."

Look for the New Acrostics in the Library – Copies of the *Kendal Acrostic for Puzzle Aficionados* created by Nina Love and Polly McIlrath are available in the Kendal library on a stand in front of the desk. Help yourself and enjoy!

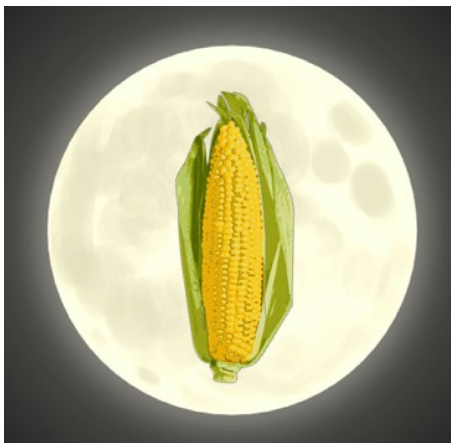
2023 Oberlin Community Candidates Night

Tues., Oct. 3 - 6:30-9:00pm
First Church Meeting House

This year Oberlin Community Candidates Night will return to First Church Meeting House to hear from the candidates. The 11 candidates for the seven seats on Oberlin City Council have been invited to attend.

As in the past, audience members can submit written questions at the door for the candidates to answer, in addition to those asked by the moderator, Pastor A. G. Miller, Oberlin College Associate Professor of Religion Emeritus.

OCCN is a nonpartisan event presented by a coalition of Oberlin community groups (including Kendal at Oberlin and KORA). **Sign-up sheet for the Kendal bus will be posted under the open mailboxes.**



The Rising of the Moon

The Full Harvest/Asian Moon Festival will be on September 29. The moon rises at 7:30pm and should be in full view above the trees before 8:00pm.

We will have candles, plum wine, and songs to share at the base of Wildflower Hill. You are more than welcome to bring a chair or something to share and join in as we celebrate. *~Donna Baznik*

From the John Bartram Arboretum Trees Need Darkness

Most of us know that darkness is needed by people and other animals. But darkness is needed by trees and other vegetation too. Like most other living things, trees need both bright days and dim/dark nights.

William R. Chaney of Purdue University has done research in this area. Too much night lighting harms trees in variable amounts, depending on the species, its age, and the type of lighting. Trees need sunlight for photosynthesis, but at night, plants, shrubs, and trees need darkness to regenerate a key compound: photochrome. Trees take in oxygen in the dark to respire (breathe) as part of their metabolism. They need to sleep. Prior to our using a lot of outdoor night lighting, Chaney states, we had natural periods of darkness. Don't

leave lights on all night, or at least substantially dim them.

Artificial lighting that extends the day also prevents trees from developing the dormancy of the seasons that helps trees and other plants survive winter weather. Younger trees are more subject than mature trees to cold injury as a result of the growth prolonged by artificial illumination, reports Chaney. Continuous lighting is the most damaging.

Kendal's Dark Sky ad hoc committee of residents and staff, headed by resident Terry McGowan (recently named co-chair of the Technical Committee of the International Dark-Sky Association), is working to certify Kendal at Oberlin as an "International Dark Sky Community" as we reduce our exterior light pollution. The choice of type of lamp and whether the lamp shines down rather than up is essential, but

isn't the total solution. New types of lighting control systems designed for LED light sources can both turn lights on and off as well as dim them, and that type of system has recently been installed at Kendal.

What hadn't been known until recently is that the way we have lights turning on when there is movement in the area also seriously disrupts the trees' darkness period for that night. Can we just have that area kept dim for the night?

~Anne Helm for the Arboretum Committee

References:

- <https://www.extension.purdue.edu>, Purdue U. Forestry and Natural Resources, William R. Chaney "Does Night Lighting Harm Trees?"
- International Dark Sky Association. <http://www.darksky.org>
- Indiana Council on Outdoor Lighting Education

Meet Our Ohio Urban Forester Wed., Sept. 6 - 9:30am - AUD

The KORA Arboretum Committee has arranged a visit by Matt Leiden, our new Urban Forester. We in Ohio are fortunate that the Ohio Dept. of Natural Resources has the great Urban Forestry program whose mission, in part, is "to provide community officials and allied agencies with the organizational and technical assistance to effectively manage trees and the land on which they grow." After an informational session in Heiser Auditorium, we will walk the grounds with Matt to show him what we are doing and the issues we face.

Snack N Chat with Chrystn Petsas, NP Mon., Sept. 11 - 11:00am-Noon - Green Room

Come enjoy a snack and hear Chrystn talk about atrial fibrillation (A-Fib.) what it is, what happens when you are diagnosed with it, what are some common symptoms, what are the treatments and the risks for developing a stroke.

Mindful Mondays Lunch with Kim and Cyndi Mon., Sept. 18 - 12:00pm - Fox and Fell Alcove

Join Kendal Social Services Associates Kim Peters (440-776-5016) and Cyndi Moran (440-775-9813) for an hour of conversation and discussion while enjoying lunch. No sign-up required. **All are welcome.**

Did You Know...

You can learn how to recycle certain products for free at terracycle.com/en-us/brigades. This website will give you contact information for 142 companies that offer free recycling of their products. Some offers are limited. Dunkin Donuts recycles only their coffee bags, but other companies offer wider recycling.

~Dorothy Luciano, Environmental Concerns

KENDAL RESALE SHOP

Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities

SHOP!

Wednesday-Saturday
11:00am-5:00pm
(closed Sunday-Tuesday)

DONATE!

Bring your donations of clean, gently used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

Given to RAF, year to date:

Total contribution: \$25,261.



NAME
TAG!

Remember!
Wear your name tag so newcomers (and old-timers) can tie your name to that face!

Saturday Walks

Come explore walking areas off the KaO campus. The walks are leisurely, about 2–3 miles, and generally scenic. We meet outside the Heiser main entrance every Saturday at 9:00am (weather permitting) to car pool.

- **Sept. 2** Findley State Park
 - **Sept. 9** Sandy Ridge Reservation
 - **Sept. 16** Indian Hollow - Royal Oaks
 - **Sept. 23** Rowland Preserve
 - **Sept. 30** Oberlin Reservoir
- Questions? Contact Phil Pritchett.

Table Tennis Hours

Come and play on Wednesday, Friday, and Sunday, 10:00am to 12:00pm in Heiser Auditorium. **All are welcome!**

~Sidney Rosenfeld, Sports and Recreation

Tennis Anyone?

Every Monday, Wednesday, and Friday at 8:00am, weather permitting, a group of residents, staff, and Oberlin neighbors get together for a friendly game of doubles tennis with rotating partners on the Kendal clay-surface tennis courts.

Our main objective is to get some exercise and have fun doing it.

We will play on our outside tennis courts through October and then inside at Oberlin College during the cold weather.

~Arlene and Larry Dunn

Where to Find Contact Info

- **Kendal at Oberlin Directory**, printed and distributed in February.
- **KaO PDF Directory**, distributed via email to all residents.
- **Bulletin Board**, near photos of new residents. Make these corrections and additions to your printed directory.
- **Online Resident Directory**, in the KORA website (www.kaores.org). Click “Directory” under the “People” tab. You must be logged in for access.



Nest Box News

Cold weather will soon be upon us and many of the birds that delight us in spring and summer will be heading south for the winter.

But the good news for bird lovers is that our vibrantly colored, native eastern bluebirds often stay with us through the cold weather. Kendal nest box monitors will soon be winterizing our nest boxes. If you have a bluebird box in your yard, you too can help them stay warm and healthy. In addition, you can supplement their natural food by providing mealworms (live or freeze dried) as well as suet with peanut butter and berries. ~Nina Love

UU Kendal Gathering The Gift of Welcome Tues., Sept. 26 - 2:00pm Green Room

All are welcome. ~Rev. Mary Grigolia

Let's Dance!

English Country Dancing

Sundays - 7:15pm
Heiser Auditorium
Contact: Judy Cook

Line Dancing

Mondays - 4:15pm
Heiser Auditorium
Contact: Dan Reiber

Square Dancing

Tuesdays - 4:00pm
Heiser Auditorium
Contact: Donna and Larry Steele



Event Links

- For “inside Kendal” program links, **contact Carol Harvey**.
- For “outside Kendal” community cultural and educational ad hoc events, **contact Barbara Gordon-Lickey**.

Church Services

First Church in Oberlin, UCC
Sun., 10:00am, WSCC

Oberlin Friends Meeting
Sun., 10:30am, Ed Center and Zoom

Oberlin Unitarian Universalist Fellowship
Sun., 11:00am, Zoom

Roman Catholic Mass
St. Patrick's Cathedral, NYC
Sun., 11:15am, WSCC

Christ Episcopal Church
Sun., 12:30pm, WSCC, YouTube

Catholic Communion Service
Sat., 3:30pm, Green Room

IN MEMORIAM

DAVID (DAVE) HARPER
AUGUST 10, 2023

JANE EDDY
AUGUST 24, 2023

The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Assn.
600 Kendal Dr., Oberlin, OH 44074
Managing Editor: Elizabeth Aldrich
Associate Editor: Suzanne McDougal
Proofreaders: Barb Benjamin, Anne Martin, Polly McIlrath, Mary Simons
Profile Photos: Sally Nelson-Olin

- Deadline for the October 2023 issue of *The Kendalight* is September 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: klite600@yahoo.com
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



Comment Cards. We came away from the August Committee meeting convinced of the importance of encouraging residents to use and sign the comment cards. About 40% of the cards turned in are unsigned, making it difficult for staff members to address the problems being described. The goal is to fix the problems mentioned. Sometimes this can be done globally, but often a personal conversation is necessary.

Remember on the comment cards to commend servers who do an outstanding job. It is also appropriate to report inferior service on these cards as well.

If you are seated in a chair in the Fox and Fell that is hard to move, report it on a card, mentioning the table number so the staff will know where to look for it.

Dessert and Conversations. Perhaps you have noticed that servers are checking back with your tables late in the meal to ask about bringing dessert or coffee. They have been told that at that time they can begin clearing the table if no one is still eating.

We think that dinner conversations are becoming more engaging and that as a result people are losing track of the time. This is a great step forward for our community, but our servers are supposed to be finished with their tasks by 7:30pm. We hope that this gentle reminder by our servers will help us all to keep our meals moving forward.

Enjoy these last days of summer. We hope that you will be experiencing our new menu choices sometime this month.

*~Barbara Pierce, Chair,
Dining Matters Committee*

Solo Diners Tues., Sept. 26 - 5:30pm - Den

Join solo Kendal residents monthly for dinner and conversation in the Den. There is no planned agenda – just informal sharing. Sign-up sheet will be posted by the open mailboxes.

Threads: Drop Off or In Person in the Craft Room Thursdays - 11:00am–12:00pm

Join us! Call Regina Shea or stop by during open hours.

Hearing Impaired Group

KORA is exploring the formation of a group concerned with issues facing the hearing impaired. Interested? Contact Gerlind Jenkner, who will serve as secretary of the new group and notify you about an initial, informal meeting.

Centering With Indira Palekar Mondays - 11:00–11:30am Zoom and WSCC

Psychologist Indira Palekar offers the Kendal community a time to reflect on suggested topics. Contact Kim Peters (kpeters@kao.kendal.org) for the Zoom link.

Grief Support Group Tues., Sept. 26 - 10:00am Green Room

Facilitated by Melissa Thompson, LSW.

Dementia Friendly Discussion Group Fri., Sept 22 - 10:30am Ed Center Classroom

All are welcome. *~Carol Bojanowski*



I live in the Stephens and I'd like to go to the CommUnity Open Houses and also to the Community Picnic, but I need a companion. Would you come with me?
STAY CONNECTED.

School's Back in Session! Kendal Needs Resident Storm Day Volunteers

Calling all residents who can participate as Storm Day Volunteers and offer an hour or more to support Kendal staff children when local schools close. This enables staff to come to work at Kendal when schools are unexpectedly closed.

We will need to have between 10-20 to make it a go. Last year was so mild that we were never needed.

We will have a brief orientation on Wed., Oct. 11, after Barbara's Coffee Hour. The only meeting of the year!

Please give me a call, send an email, or see me if you can help or if you need more information. *~Donna Baznik*

Newcomer Introductions Wed., Sept. 20 - 4:00pm - KOTV

The Newcomers Committee again invites residents to tune in to KOTV to learn more about some of your newest neighbors.

Scrap Paper Needed

Scrap paper, 8½ × 11 in., any color, blank on one side, with no resident names or photos, is needed to make the scrap note pads used by the Heiser Front Desk receptionists and many offices and residents. No staples, please!

Turn the paper in to the Front Desk receptionist. It will be sorted and taken to a local printer to be cut into note pad size, then brought back to Kendal to be glued.

Also, please return the cardboard backing of used note pads.

Questions? Ask Ken Cheek.

Suggestions and Concerns Mon., Sept. 11- 2:00–3:00pm Crossroads Room

This committee will listen to your suggestion or concern in confidence (and privately, if you wish), discuss it with you, and refer the matter to the appropriate department head or committee chair. Contact: Rich Hall, chair.

SUN	MON	TUE	WED	THU	FRI	SAT
<u>First Church Service</u> 10:00am WSCC <u>Quaker Worship</u> 10:30am Ed Ctr, Zoom <u>RC Mass</u> 11:15am WSCC <u>Christ Episcopal Service</u> 12:30pm WSCC <u>Film (see p. 4)</u> 7:00pm WSCC <u>English Country Dancing</u> 7:15pm AUD	<u>Chronicle News</u> 10:00am WSCC <u>Centering Time</u> 11:00am Zoom, WSCC <u>Documentary (see p. 4)</u> 1:00pm WSCC <u>Line Dancing</u> 4:15pm AUD <u>The Crown</u> 7:00pm WSCC	<u>Chronicle News</u> 10:00am WSCC <u>Themed Film (see p. 4)</u> 1:00pm WSCC <u>Square Dancing</u> 4:00pm AUD <u>Somebody Feed Phil</u> 7:00pm WSCC	<u>Chronicle News</u> 10:00am WSCC <u>News Currents</u> 1:00pm WSCC <u>SCC Council</u> 9/13 4:00pm <u>Song Swap</u> 9/13, 9/27	<u>Chronicle News</u> 10:00am WSCC <u>Musical Film (see p. 4)</u> 1:00pm WSCC <u>Jazz Listening</u> 2:00pm Penn 9/14, 9/28	<u>Chronicle News</u> 10:00am WSCC <u>Art History</u> 1:00pm WSCC	<u>Saturday Walk</u> 9:00am Heiser <u>Ken Burns: Baseball</u> 1:00pm WSCC <u>Catholic Communion Service</u> 3:30pm Green Rm <u>Film (see p. 4)</u> 7:15pm



September 2023

Zoom: See kaores.org Calendar for link.

KOTV: Cable 920, 19-2, or 95-101

WSCC: Cable 921, 20-1, or 96-100


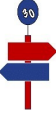
Full Harvest Moon
Thurs., Sept. 29, 7:30pm













Note:
 "Home" events (at Kendal) are in Bold.
 "Away" events are not.

1 Tales From the Crypt!
Catherine Gletherow
10:30am Ed Ctr, Zoom

2 East Side Open House
9:00am-Noon

Basket Fundraiser now through Sept. 8
Heiser Lounge

3 Recital: Oberlin Baroque Ensemble 2:30pm Kulas  Live Music Kendal Presents 4:30pm AUD	4 Labor Day West Side Open House 9:00am-Noon 	5 LLL Class: Our Two Supreme Courts Jonathan Entin 10:30am AUD	6 Meet Our Ohio Urban Forester 9:30am AUD KaO Health Services Forum 4:00pm AUD, KOTV Plans for the Allen, Jill Greenwood 7:15pm AUD, KOTV Lecture/Recital, Gaspar Cassado's Iberian Legacy 7:30pm Kulas 	7 Open Studio 1:00-3:00pm Art Studio	8 Basket Raffle Drawing 1:30pm  WALK TO END Alzheimer's 	9 Walk to End Alzheimer's 10:00am LCCC, Elyria 
10 Live Music Poesis String Quartet 4:00pm AUD Recital: K. Jolly, sop, K. Leemhuis, mez-sop, S. Martin, piano 4:30pm Warner Carpool Recital: Oberlin Trio 7:30pm Warner Carpool	11 Snack N Chat with Chrystn Petsas 11:00am Green Rm Suggestions and Concerns 2:00pm Crossroads	12 LLL Class: Our Two Supreme Courts 10:30am AUD Budget Kickoff 4:00pm AUD, Zoom, KOTV The Girl in Centerfield Brian Kruger 7:15pm AUD, KOTV	13 Coffee Hour with Barbara Thomas 9:30am Langston Zoom, KOTV Lunch Bunch Lupita's, Oberlin 11:40am 	14 Len's Trolley 4:30-5:45pm HL	15 Rosh Hashanah Begins Rosh Hashanah service 7:15pm Green Room	16 Rosh Hashanah service 10:00am Green Room
17 Live Music Musikos Concert; Fiddle playing in different cultures 4:00pm AUD	18 Mindful Mondays Lunch with Kim & Cyndi 12:00pm F&F Alcove Community Gathering: Lifting Up Our Nation and World 4:00pm Ed Ctr Gorillas in Bwindi Kurt Sarringhaus 7:15pm AUD, KOTV	19 LLL Class: Our Two Supreme Courts 10:30am AUD	20 Insurance Workshop: Things to Consider During Open Enrollment 3:00-4:00pm Ed Ctr, Zoom Newcomer Intros 4:00pm KOTV ACLU of Ohio 7:15pm AUD	21 Bus Trip to Warther Museum 8:30am-Dinnertime KORA Council 10:00am AUD, KOTV Exchange with BT 4:00pm AUD, KOTV Sinfonietta, Tim Weiss, conductor 7:30pm Warner 	22 Dementia Friendly Discussion Group 10:30am Ed Center Meneely/van Sante Folk Concert 7:15pm AUD, KOTV ARS: Emerson String Quartet 7:30pm Finney Tx 	23 Dementia-Related Behavior 2:00pm AUD Recital: Goldberg Variations with Guts 2:30pm Fairchild  Oberlin Chamber Orchestra, Raphael Jimenez, conductor 7:30pm Finney 
24 Yom Kippur Begins Yom Kippur (Kol Nidre) service 7:15pm Green Room	25 Yom Kippur (Kol Nidre) service 10:00am Green Room	26 Grief Support Group 10:00am Green Rm CommUnity Picnic 11:30am-1:00pm Employee Anniversary 1:15pm AUD UU Gathering 2:00pm Green Rm Solo Diners 5:30pm Den	27 Contemporary Music Ensemble Tim Weiss, conductor 7:30pm Warner Carpool	28 Insurance Workshop: Medicare Advantage Plans 10:00-11:00am Ed Ctr, Zoom Perspective of Persons Living with Dementia 4:00pm AUD Kurt Russell 7:15pm AUD, KOTV	29 Full Harvest Moon 7:30pm, Wildflower Hill Oberlin Orchestra, Raphael Jimenez, conductor; Stanislav Ioudenitch, piano 7:30pm Finney 	30 Recital: Sibbi Bernhardsson, violin; Darrett Adkins, cello; Susan Ellinger, piano 4:30pm Warner 