

Kendal at Oberlin Residents Association

September 2024

Volume XXXI, Number 9

## Get Ready NOW to Vote

Check your registration and take advantage of the following ways to get information.

#### **VOTING INFORMATION DROP-IN SESSIONS**

Kendal residents will answer questions, check your voter registration status, help fill out forms, encourage and help you plan to vote, review who and what is on the ballot, and suggest ways to support and advocate for fair elections. Residents and staff welcome.

#### All sessions are 12:30-2:00pm in the Green Room

- Mon., Sept. 9 and Sept. 30: Verify, register, and update voter registration, apply for absentee ballot.
- Tues., Oct. 15: Assistance with absentee ballot bring your ballots.

**OBERLIN CIVIC ENGAGEMENT TOWN HALL 6:00pm, Wed., Sept. 18, First United Methodist Church** Speakers will discuss issues and answer questions. Town hall open for all members of the Oberlin community.

## LORAIN COUNTY MEET THE CANDIDATES 6:30pm, LCCC Spitzer Center, Reaser Grand Room

Doors open at 5:45pm. A mixer or social event is included. Candidates will speak to specific topics.

- Wed., Oct. 9: Meet county-wide candidates.
- Thurs., Oct. 10: Meet state representatives and judges for the Court of Common Pleas.

#### ONLINE INFORMATION

- www.VoteOhio.gov: Check your voting registration status
- www.voteloraincountyohio.gov: Voter registration form, absentee ballot application request form, Board of Elections schedule for early "in person—absentee voting" hours.

#### Walk to End Alzheimer's 2024

Join the Kendal at Oberlin team of residents and staff for the 2024 Walk to End Alzheimer's! Raise awareness and funds for Alzheimer's care, support, and research.

**REGISTER:** Sign up for the Walk Team on the "Purple Flower" bulletin board or call Kim Preston at 440-775-9074. Let us know your t-shirt size and if you'll take the bus! Bus sign-up sheet at open mailboxes.

**PROMISE GARDEN:** Kendal at Oberlin, in partnership with Kendal Charitable Funds, will be the Promise Garden sponsor this year. **Volunteer** with Kim to hand out the flower pinwheels at the Walk. Are you interested in being part of the Promise Garden ceremony as an honorary flower holder?

**BASKETS:** The Raffle Table of Baskets will be in the Heiser Lounge until Fri., Sept. 6, at 3:00pm. Buy tickets for a chance to win and to support the cause!

**SENDOFF:** Walk Team sendoff and basket winner announcements will be in Heiser Lounge on Sept. 6 at 3:00pm.

WALK: Sat., Sept. 7, Lorain County Community College, Elyria.



- 8:30am Entry.
- 8:45am Board bus at Heiser, leave at 9:00am (sign up on sheet).
- 9:45am Ceremony.
- 10:00am Walk.

Come for fun and to show support! Talk to Kim Preston for more details (440-775-9074).

~Kim Preston, KaO Director of Community Outreach

COFFEE HOUR WITH SETH VILENSKY

WED., SEPT. 11 - 9:30AM LANGSTON, ZOOM, KOTV AFTERNOON EXCHANGE
WITH SETH VILENSKY

CANCELLED FOR SEPTEMBER

DISCLOSURE STATEMENT
ANN O'MALLEY, CFO

WED., SEPT. 25 - 4:00PM AUD, KOTV



One of the unique aspects of our Kendal at Oberlin community is that our calendar closely parallels the Oberlin College calendar. This is true for most of the other organizations in town. The rhythm of the academic year seems natural to us.

With the waning of the beautiful days of summer, our attention begins to turn to fall and the increased activities of our new program year. Hopefully, summer has given us an opportunity to rest, so that with renewed spirits we are ready to prioritize our interests and passions for the new season.

This applies to us as individual residents and, collectively, to our many official committees, interest, and support groups. Each of us can review the newly revised *Yellow Book* (thanks, Kari Inglis and the Coordination Committeel) to see which of the many possibilities excites us. Our community makes it easy to get involved. We simply need to express our interest to our neighbors who are already involved. Contact information is helpfully included in the *Yellow Book*.

Looking for exciting new possibilities also applies to each of those committees, interest, and support groups.

If you are already a part of a group, are there exciting new possibilities in the area of your primary passion?

What should we do next?

How are the interests and activities of your group evolving?

I hope we will each have an exciting and fulfilling fall.

~Rollin Conway, KORA President 2024



Next KORA Council Meeting Thurs., Sept. 19 10:00am - AUD, KOTV

#### Fall Lifelong Learning Classes at Kendal

These courses will be offered only in Heiser Auditorium, with the exception of the December course. Doors will close at 10:35am. To register, please contact Kari Inglis.

"It Ain't Nothin' 'Til We Say So": An Imperial Supreme Court? Tues., Sept. 3, 10, and 17; 10:30am-noon. Jonathan Entin, Kendal resident and Professor Emeritus, Case Western Reserve School of Law, examines the most recent Supreme Court term.

Session 1: The Presidency.

Session 2: Federal Regulatory Authority.

Session 3: Voting, the First Amendment, and the Supreme Court's Evolution.

Civilization and Enlightenment: The Spectacular Art of Japan's Meiji Period (1868-1911). Mon., Sept. 30, Oct. 7 and 14; 10:30am-noon. Dr. Kevin R. E. Greenwood, Joan L. Danforth Curator of Asian Art at the Allen Memorial Art Museum, presents three lectures inspired by the recent full restoration of the Allen's large bronze *Incense Burner with Dragon Base*, made during Japan's Meiji era, and introduces the diverse art of the period. Appreciation for the creativity and technical brilliance of Meiji artists and artisans has flowered in recent decades with major museum exhibitions and publications.

Lecture 1: The Historical Context of Meiji Art. Discusses the historical, economic, and cultural roots of Meiji art, the forced opening of Japan to global trade and its effects on the arts, and the political significance of the Japanese arts of the period as a form of global "soft power."

Lecture 2: From the Awe-inspiring to the Exquisite: the Diversity of Meiji Art. Focuses on representative examples of Meiji arts in various mediums, from decorative arts to paintings and prints, with works from the Allen and other collections.

Lecture 3: The Global Impact of Early Modern Japanese Art. Highlights the role of international exhibitions in creating the late 19th- to early 20th-century "Japan Craze," and its wide impact on the arts and culture of Europe and North America.

Writing Workshop. Tues., Nov. 12 and 19; Dec. 3; 10:30am-noon. Hal Sundt, Senior Lecturer of Writing and Communication at Oberlin College. This course explores the genre that goes by many names, including literary journalism and literary nonfiction. It balances research and reportage with the literary flourishes of fiction and poetry. Participants will read examples together and develop a toolkit of techniques and approaches and try crafting their own stories.

Albrecht Dürer: Artist as Creator and Entrepreneur. Tues., Dec. 10 and 17; 10:30am-noon. (This course will be presented as a webinar. More information for participating will appear in later issues of *The Kendalight*.) Erik Inglis, Professor of Medieval Art History at Oberlin College. This course examines Dürer as an artist and printmaker, concentrating on the artistic and entrepreneurial innovations that made him a pivotal figure in art history. It is presented in conjunction with an exhibit at the Allen Memorial Art Museum: *Albrecht Dürer, Printmaker: Observation, Imitation, and Invention,* Sept. 24, 2024, through Jan. 18, 2025.

#### Kendal Health Lecture New Brain Study at Cleveland Clinic Thurs., Sept. 5 - 7:15pm AUD, KOTV

Dr. Imad Najm, MD, a Cleveland Clinic neurologist, discusses a long-term study involving brain health and disease in our aging population. Some residents at Kendal are already participating in this important study.

A specialist in epilepsy, Dr. Najm will be happy to answer any questions you may have. He will be introduced by CEO Seth Vilensky, who knows him from his days at the Cleveland Clinic. ~ Jack Secrist

#### A Conversation with the ACLU of Ohio Wed., Sept. 4 - 7:15pm AUD, KOTV

Attorneys and staff of the ACLU of Ohio will discuss some of the most important political issues of the day, including the future of reproductive rights under Ohio's new constitutional amendment, the state's attempts to curb the rights of LGBTQ+ Ohioans, the ACLU lawsuit to protect trans youth, and the ACLU mobilization efforts to engage with voters in historically marginalized communities.

There will be time for questions. Ask Sandi McClennen or Larry Mirel for more information.

#### Plans for Amtrak in Ohio Mon., Sept. 16 - 7:15pm AUD, KOTV

John Esterly of All Aboard Ohio, an interest group for rail passenger trains in Ohio, will bring us up to date on Amtrak plans, including two routes that will make traveling in our area easier.

The Cleveland-Columbus-Dayton-Cincinnati route (known as the 3C&D route) would most likely include a stop in Berea. Another new route is Cleveland-Toledo-Detroit. *Sponsored by* 

Kendal Railroad Interest Group

# Lunch Bunch: Woodfired Wonders Bar & Grill, Oberlin Wed., Sept. 11 - 11:30am

The newest restaurant in Oberlin serves a wide variety of salads, sand-wiches, and other selections, many of which are finished on a woodfired grill. This restaurant soon hopes to have its liquor license.

**Sign up for the Kendal bus.** The bus is free. Lunch on your own. Questions? Ask Jerry Knapczyk.

### Mercy Health Systems Foundation

Wed., Sept. 18 - 7:15pm AUD, KOTV

Scott Pember and Catherine Woskobnick from Mercy Health Foundation will speak about the outreach programs supported by the foundation.

#### Oberlin Equity Conversation Thurs., Sept. 26 - 1:00-2:00pm Green Room

We'll next meet with City of Oberlin Equity Coordinator Terri Richardson-Sanders in September for our monthly conversation on how we can support equity in Oberlin. Ms. Richardson was unable to meet with us in August.

#### The Asian Rural Institute Thurs., Oct. 3 - 7:15pm AUD, KOTV

Sherry DeLeon and Jack Lichten of the American Friends of ARI present a video showing the experiences and daily lives of the participants in this unique training center located in northern Japan. It empowers grassroots rural leaders from around the world, equipping them with skills and knowledge they need to implement community-driven projects that promote sustainable agriculture, community health and well-being, and peace and justice in their home countries. A Q&A session will follow the video.

#### J Live Music at Kendal J

Sun., Sept. 1, 4:00pm, AUD Oberlin Conservatory Meráki String Quartet and Pandan String Quartet. Music by Smetana, Schubert, Ali-Zadeh, Shostakovich, and more.

**Sun., Sept. 8, 4:00pm, AUD** Kendal Presents; music played by residents.

Sun., Sept. 15, 4:00pm, AUD TBA.

Sun., Sept. 22, 4:00pm, AUD Lorain County Community College Dixieland Jazz Band.

Sun., Sept. 29, 4:00pm, AUD TBA.

## Miller's Apple Hill Fri., Sept. 13 - Kendal bus leaves 9:00am; returns about 11:00am

Join us for a trip to Miller's Apple Hill (on Rt 113, west of Rt 58) to shop for baking items, beans and grains, candy, cheese and meat, dip mixes and dressings, dried fruits, herbs, spices and seasoning, local goods, nuts and seeds, pasta, snacks, and more. No charge for the bus. Sign up on the sheet.

See millersapplehill.com.

#### 2025 KORA Budget Appeal

Thanks to your generous donations, our 2024 KORA budget is \$42,117. Your gifts have been supporting resident-planned campus activities like the wonderful art displays that grace our galleries, equipment in our unique woodshop, newspaper subscriptions available in our library, and the amazing variety of programs and concerts, not to mention *The Kendalight*.

KORA committees have developed the budget for 2025. On September 1, you received a letter asking for donations for the new year's budget. Your support is needed and greatly appreciated. Please place checks made out to KORA in the marked box at the Heiser Reception Desk from September 3 to 30. Thank you very much!

~Rollin Conway, KORA President 2024

#### **Saturday Night Movies** 7:15pm - AUD, KOTV

With opening and closing commentary by A.V. Shirk followed by discussion in the auditorium.

Sept. 7 - Julius Caesar (1953) Shakespeare's Julius Caesar. The great production with John Gielgud, James Mason, and Marlon Brando.

Sept. 14 - Like Water For Chocolate (1992) In Spanish. Brilliant fantasy based on the novel by Laura Esquivel.

Sept. 21 - Proof (2005) A movie version of the fine July Kendal Play Readers production. With Gwyneth Paltrow and Anthony Hopkins.

Sept. 28 - De-Lovely (2004) The Cole Porter story. One of the finest musical movies ever made. With Kevin Kline, Ashley Judd, Natalie Cole, Elvis Costello, and Sheryl Crow.



#### The Rising of the Moon

September 17 at 7:31pm will be the rising of the Corn Harvest Full Moon. It should be above the trees before 8:00pm! Come and join us at the base of Wildflower Hill for a moon viewing and a sip of plum wine.

All are welcome.

~Donna Baznik

#### The Kendal cable channels are:

• WKAO: 919, 19-1, or 95-100

• KOTV: 920, 19-2, or 95-101

• WSCC: 921, 20-1, or 96-100

For movie descriptions and details, see www.imdb.com.

### Art Gallery News

Kendal Collects show, the regular season of curated exhibitions has resumed. The hances them with color and images Art Committee thanks residents who contributed such a rich collection of artworks in varied media.

Currently in the Kendal Gallery is An Artist Lives Twice by The Artists of Group Ten, a cooperative association of graphs of bees, wasps, butterflies, and professional artists established in 2012 in Kent, OH. The group has grown since its inception; 16 of its current artists, who work in a variety of mediums, are on display. It will be in the gallery through October 14. There will be no artist's talk for this exhibition.

The show Poetry and Landscapes, by artist Jill Milenski, will be on display in the Community Gallery from Aug. 23 to Oct. 17. Jill will give an artist's talk on Sat., Sept. 21, at 4:00pm in the Auditorium and KOTV. The exhibit shows colorful oil pastel landscapes and city-

scapes from Northeast Ohio, Europe, and New England.

Also, a selection of poetry/quote With the end of another very successful collages will be on display. Jill takes some of her favorite quotes and ento bring the quote to life and encourage the reader to pay attention to the

> The Kendal Photography group has produced some charming photoother insects foraging on flowers as well as hummingbirds sipping nectar that will brighten the Friends Gallery area while it continues to undergo construction.

> The Curio Cabinet contains a display of glass paperweights from the collections of Mary and Fred Behm, Nancy Garver, Suzanne McDougal, and Grover Zinn.

The Marketing Office Display Window is now filled with recent creations from the Kendal Art Studio.

#### **Sunday Movies** 7:00pm - WSCC

Sept. 1 - Twister (1996)

Sept. 8 - Breakfast at Tiffany's (1961) Sept. 10 - Interstellar (2014)

Sept. 15 - \*\*Hispanic Heritage\*\* Like Water for Chocolate (1993)

Sept. 22 - It Happened One Night (1934)

Sept. 29 - Sherlock Holmes (2009)

#### **Monday Documentaries** 1:00pm - WSCC

Sept. 2 - \*\*Labor Day Holiday \*\* Erin Brockovich (2000)

Sept. 9 - Building the Eiffel Tower (2024)

Sept. 16 - Alzheimer's: Revolutionizing Dementia Care, Ep. 1 (2021)

Sept. 23 - Alzheimer's: The Caregiver's Perspective, Ep. 2 (2021)

Sept. 30 - Alzheimer's: What You Can Do, Ep. 3 (2021)

#### **Tuesday Themed Films** 1:00pm - WSCC

Sept. 3 - First Man (2018)

Sept. 17 - Galaxy Quest (1999)

Sept. 24 - Arrival (2016)

#### Wednesday Special Films 7:00pm - WSCC

Sept. 11 - Alzheimer's: Revolutionizing Dementia Care, Ep. 1 (2021)

Sept. 18 - Alzheimer's: The Caregiver's Perspective, Ep. 2 (2021)

Sept. 25 - Alzheimer's: What You Can Do, Ep. 3 (2021)

#### Thursday Movie Musicals 1:00pm - WSCC

Sept. 5 - Guys and Dolls (1955)

Sept. 12 - In The Heights (2021)

Sept. 19 - Funny Girl (1968)

Sept. 26 - La La Land (2016)

#### Responding to Neuro-Cognitive Change Tues., Sept. 17 - 7:15pm AUD, KOTV

A panel of staff members and residents will speak to the question: How do we live and act as a community of care for residents in the various and differing stages of neuro-cognitive change?

The program will briefly explore the principle of "one community" that has shaped our culture from the start, and how we have evolved as new challenges and practices in care have emerged. The primary focus will be on present practices in the Stephens Care Center, Health & Wellness Clinic, and Social Services in addressing a variety of individual needs. We will learn about the many tools for assessing and addressing what is best for each person, keeping their well-being in mind. How can residents be helpful? There will be time for questions and discussion. ~Sponsored by



Neuro-Cognitive Change Education Group

#### **Cognitive Issues Exhibit**

Mary Clare Beck has organized an exhibit that includes books about dementia and cognitive issues that are available in the Kendal Library as well as handouts from the Cognitive Issues Discussion Group.

#### **Non-Fiction Books for Fall Reading**

- The Rediscovery of America, by Ned Blackhawk
- The Achilles Trap: Saddam Hussein, the United States and the Middle East, 1979-2003, by Steve Coll
- King: A Life, by Jonathan Eig

#### **Fiction Books for Fall Reading**

- A Refiner's Fire, by Donna Leon
- Close to Death: A Novel, by Anthony Horowitz
- The Glassmaker, by Tracy Chevalier
- The Cliffs, by J. Courtney Sullivan

~Joan Long

#### **Cognitive Issues Discussion Group Welcomes Newcomers**

The mission of the Kendal Cognitive Issues Discussion Group is to provide support for those with changing cognitive abilities and their family and friends within the Kendal community. We're also committed to educating the Kendal community and reducing the stigma related to cognitive change.

Join us on the fourth Friday of every month at 10:30am in the Education Center training room. Our meetings are lively and engaging. Sometimes we kick off discussions with an interesting article or a short video related to our mission, but most of the time, it's an open forum for residents to share personal experiences and ask questions.

Our group is highly participatory and incredibly supportive, and we encourage our members to actively shape the group's direction. If you're curious about the group and how it can benefit you, feel free to drop in! We recommend attending several sessions to get a feel for the group. While it's not mandatory, sharing what you hope to gain from the group can help us better meet your needs.

~Jesse Carlock



## vidual needs. We will learn about the many tools for assessing and addressing Fri., Sept. 13 - 1:30 to 3:00pm - Green Room

Join a discussion of the *Guide to Being an Ally to Trans and Nonbinary People*. This informative guide, produced by PFLAG (Parents, Families, and Friends of Lesbians and Gays-LGBTQ+), is a blunt, helpful, and witty exposition with answers to lots of questions that can help demystify what it takes to be an ally.

Residents and staff are invited. Space is limited, so signing up is required. After you sign up, you will be sent the *Guide* in digital form. Jesse Carlock and Ann Francis will facilitate the discussion and ask that attendees read and study the *Guide* in advance and come with reflections and questions.

The sign-up sheet is posted by the open mailboxes in Heiser.

#### Mindful Mondays Lunch with Kim and Cyndi Mon., Sept. 9 - noon - Fox and Fell Den

Join Kendal Social Services Associates Kim Peters (440-776-5016) and Cyndi Moran (440-775-9813) for conversation while enjoying lunch. **All are welcome.** 

#### Kendal at Oberlin Health Services Forum Thurs., Sept. 19 - 4:00pm AUD, KOTV

Join us as we do a deep dive on the Stephens Care Center, with a thorough overview of the services provided in the SCC, understanding the various staff roles in the SCC, introducing key staff members, and reviewing how to access the SCC for both short-term and long-term support needs.

~Stacy Terrell, KaO Chief Health Services Officer

Introverts Unite! Contact Suzanne McDougal

#### Where to Find Contact Info

- Kendal at Oberlin Directory, printed and distributed in February.
- **KaO PDF Directory**, distributed via email to all residents.
- Bulletin Board, near photos of new residents. Make these corrections and additions to your printed directory.
- Online Resident Directory, in the KORA website (<u>www.kaores.org</u>). Click "Directory" under the "People" tab. You must be logged in for access.

#### More About Kendal's Residents



#### **Dianne May**

I was born in St. Paul, MN, where my father taught at Macalester College. At age five I was sent to southern Utah to live with my grandparents in the midst of sheep, turkeys, and sage. The most important things about my childhood were music and poetry. I can still recite A. A. Milne and Mother Goose. Then my family moved to Southern Illinois. When I was 17, we moved to Munich, where I was enrolled in the Gymnasium, the German college-prep high school. I spoke no German but spent the next five months learning how to invert sentences. I attended the University of Illinois and studied anthropology. When I graduated, my plan was to have lots of adventures and to write. I took a job as a piano player in an offoff-Broadway theater company. My other adventures include homesteading in rural Kentucky, serving as a volunteer in Appalachia, and working as a photographic assistant at National Geographic. I supported myself in between as an executive assistant. I've been writing since my first poem at age 10. In addition to poetry, I've written two novels - one set in Bronze Age Greece, and one about a cat, Felix Coolpaw, Feline Private Investigator. Both are in the drawer. My husband, Jim, was a social worker and psychotherapist. With him I wrote Why Did I Do That?, published by Paulist Press.

I lost Jim 14 years ago. I decided to move to Kendal after seeing the ad in *The New Yorker*. I love the music here, the beauty of the arboretum, and how everyone is involved in making it a

great place to live. This fall I'll join the Stanford Novel Writing Certificate Program and hope to have a novel, set in Berlin in 1946, finished in two years.



#### **Pat Edwards**

I grew up swimming and sailing on the Severn River, eight miles up from Annapolis, MD. I've graduated from Severna Park High School '65, Antioch College '70, Bowling Green State University '73, and Kent State University '88. My career in education began as an elementary school teacher and progressed to a middle school teacher, a teacher of infants and children with complex developmental and neurological differences, and a teacher trainer faculty member in both undergraduate and graduate programs at the University of Akron, the University of Maine, and Ashland University. I especially enjoyed teaching teachers to assume competence in ALL learners and work to prove that assumption. I retired in 2013 after 43 years of teaching.

I've traveled throughout Europe and Scandinavia and extensively in South America. My favorite trip was to Antarctica in February 2008 followed by a June 2008 driving trip through the land of the Sami people above the Arctic Circle in Sweden. If I have the opportunity before I die, I'd love to visit Northern Japan and Nunavut, Canada.

I'm the eldest of six children. My eldest brother Pete died in 2020 with pancreatic cancer. His family remains in Florida. My brother Doug and wife Michelle live in Madison, WI. Sister Nancy and her husband Bill live in Riviera Beach, MD. Brother Richard and his wife Linda live in Arkansas, and baby brother Scott lives near Deland, FL.

My mate of 48 years, Jerry Bidwell, and I spent endless summers and occasional winters camping, fishing, backpacking, and canoeing throughout the Upper Peninsula of Michigan. Jerry died in 2021. Ginger, my little dog, and I stayed on our rural property in northwestern Richland County, Ohio, until recently. Organizing and holding a three-week online auction of the contents of our home, selling the pond and home and acreage, packing up the remaining belongings, and moving and rehoming here at Kendal have been pretty overwhelming to me.

Thank you all for your patience as I rest and recover.



# SCC Map and Staff Location Plan Available

The Stephens Care Center can be a confusing

place to navigate. But a new map has been created to help everyone find their way around, thanks to the hard work of a dedicated group of staff members and residents (Stacy Terrell, Bev Zimmerman, and the members of the ad hoc Stephens Care Center Documentation Interest Group [Jeanne Berger, Carol Bojanowski, Elizabeth Hole, Sally Lloyd, and Sara Millman]).

The map shows the location of the Whittier and Patterson wings, Jameson House, the courtyard gardens, specific-use areas (e.g., dining, lounges), nursing stations, and other key staff locations.

The map is easy to use, copy, and update. You can grab a copy at the Heiser Reception Desk or the Health Services Medical Secretary's office. Once the Kendal website is fully up and running, the map will also be found there. 

"Sally Lloyd"

## **KaO Employee Anniversary Recognition Program** Wed., Oct. 2 - 1:15pm - AUD

Our entire CommUnity will recognize 18 wonderful staff members for achieving tenure milestones in a special program led by CEO Seth Vilensky. The honorees will enjoy a special anniversary lunch prior to the program.

After the program, everyone is invited to wish the honorees congratulations at a special reception in the Heiser Lounge, serving our traditional anniversary cassata cake and punch.

**30 Years:** Jill Tvaroha\*, Wellness/Fitness

**25 Years:** Laura Diedrick\*, Hospitality Services: Dining; Jeff Emerick, Hospitality Services: Dining; Blair Loudermelt\*, Finance; Dave Patterson, Facility Services

**20 Years:** Annette Moore\*, Stephens Care Center

**15 Years:** Lorraine Crites, Hospitality Services: Housekeeping; Jeni Hoover\*, Early Learning Center

**10 Years:** Kim Leek\*, Stephens Care Center; Jeanne Schwartz, Facility Services; Nick Ward\*, Facility Services

**5 Years:** Debbie Brown, Finance; Rachel Duncan\*, Facility Services; Vickie Glover, Hospitality Services: Housekeeping; Samantha Grills, Stephens Care Center; Alissa Painter\*, Hospitality Services: Dining; Molly Stonestreet\*, Early Learning Center; Traci Williams, Hospitality Services: Housekeeping

~Toni Merleno, Director of Human Resources & Operational Services

#### Movín', Movín', Movín'

#### Recent Moves •

**Irwin "Irv" Lewis** to Whittier in mid-August.

Marilyn "Casey" Wells from Saint Paul, MN, in late August.

#### **Upcoming Moves**

Thomas "Tom" Roese and William "Bill" Franklin from Strongsville, OH, in early September.

**Leona Schauble** from Nashville, TN, in late September.

#### **Volunteers Needed!**

Oberlin's Eastwood Elementary School has welcomed Kendal tutors into their building. If you would like to be a part of this effort in the new school year, put a note in Box 121 for Anne Elder. We'll plan a meeting before the end of September!

Thanks to the many of you who have joined us in this adventure before! ~ Volunteer Clearinghouse

#### **IN MEMORIAM**

RICHARD "DICK" BURKHARD AUGUST 1, 2024

#### **Transportation News**

#### **Airport Transportation Now Available Through Ride Share!**

For a trial period of four months, the KORA Transportation Committee is expanding the Ride Share program to offer trips between Kendal and the Cleveland Hopkins International Airport. This experiment will continue through the busy holiday season and be reassessed in January 2025. (This is a new Kendal-based alternative to local airport services, Uber, etc.)

The Ride Share program provides its members with rides to medical appointments outside Lorain County (and now to the airport). The drivers are other residents who have received training. The rider is responsible for handling luggage or special equipment (or making arrangements for them). The annual rider fee is \$10 per individual or \$15 per couple.

To join Ride Share, contact either Gerry Findlan (committee chair) or Ken Cheek (Ride Share chair) for a copy of the application form and instructions about how to submit a request, how a driver will be assigned, and how to confirm details of your trip.

## Join the KORA Transportation Committee!

Help plan future trips, help think through medical transport options, and make your needs and wishes known. We can always use new members on the Transportation Committee! We meet on the third Wed. every month.

The next meeting will be Wed., Sept. 18, at 10:00am in the Green Room. All are welcome.

#### Kendal Kryptogram #230 – by Nina Love

GRAMMAZ TEA QUA DRAPHGRA DYE QUAX MUTRR
SYQ GA GASQ YLQ YD MUTWA. ~TSYSXJYLM

**Solution to Kryptogram #229:** "Love is the only force capable of transforming an enemy into a friend." 
~Martin Luther King, Ir.

#### Library book overdue?

Please return it as soon as you can, or let us know where it might be.

Thanks!



<sup>\*</sup> Indicates staff who are "Kendal-homegrown," meaning they have been promoted by gaining education/skills while working here to qualify for a greater position.



The Whimsical Art Chairs for Charity fundraiser for Oberlin Community Services began three months ago with the recruitment of 12 KaO resident artists and the

donation of more than 20 chairs by Main Street Antiques. Each artist chose their chair and their theme and the result is a delightfully eclectic collection of artsy chairs.

The chairs will first be featured in an *Art in Our Lives* presentation on Thurs., Sept. 5 at 1:00pm in the Art Studio. Each artist will briefly describe how they expressed their theme. Then the chairs will be displayed along the glass wall in Heiser Lounge from Sept. 7 to 13.

On Sat., Sept. 14, the chairs will be offered for sale at FAVA's *Art Fair in the Square* (Tappan Square) from 10:00am to 4:00pm. Look for a sign-up sheet for a Kendal bus.

Joyce Parker will introduce acrylic painting for beginners in two sessions. To learn more and the days and times, contact Joyce or watch for the sign-up sheet on the Art Studio bulletin board.

Don Parker offers three sessions of watercolor basics for beginners and dabblers. Dates: Mon., Sept. 16, 23, and 30 from 3:00-5:00pm in the Art Studio. Contact Don for more information and to hold a place (limit six).

Kathleen Cerveny continues her availability on Thursdays to work with individuals on personal projects, such as making the Kendal Coffee Club mugs (information in Langston on shelf by fireplace). Sign-up sheet is in the Art Studio hallway.

~Don Parker



Picture Credit: Kathleen Cerveny.

## Community Conversations Wonder Confronts Certainty by Gary Saul Morson Mon., Sept. 9 - 7:15pm - AUD, KOTV

Prizewinning literary critic and writer Gary Saul Morson discusses his new book Wonder Confronts Certainty: Russian Writers on the Timeless Questions and Why Their Answers Matter. The only Northwestern professor to have held two endowed chairs simultaneously, one for research and one for teaching, he is Lawrence B. Dumas Professor of the Arts and Humanities. For 30 years, his course on Tolstoy and Dostoevsky has frequently been the university's most popular class.

As one critic put it, "A noted literary scholar traverses the Russian canon, exploring how realists, idealists, and revolutionaries debated good and evil, moral responsibility, and freedom."

## Nathaniel Hawthorne and the Puritan Ethic Thurs., Sept 12 - 7:15pm - AUD, KOTV

Although Nathaniel Hawthorne was born in Salem in 1804, long after the Puritans had ruled the Massachusetts Colony, he was obsessed with and critical of the influence of the Puritan heritage on the behavior of Americans and American culture. Resident George Blomgren notes that the effect of this obsession is clearly shown in Hawthorne's novels, including *The Scarlet Letter*, which is widely regarded as one of the few great American novels of the 19th century. George will present the influences on Hawthorne's life and some of the unique perspectives of his literary output.

#### A Seat at the Algonquin Round Table Thurs., Sept 19 - 7:15pm - AUD, KOTV

Sue Wurster, a retired teacher of English, speech, and theater, takes a a look at the formation, membership, and activities of this group of bright, talented, and ambitious artists who lunched together for ten years, beginning in 1919. Including Dorothy Parker, Robert Benchley, Robert Sherwood, George S. Kaufman, Edna Ferber, Harold Ross, and others, the participants produced novels, plays, poetry, and short stories, and among them won eight Pulitzer prizes. But perhaps the longest-lasting contribution to our world of letters was the establishment of *The New Yorker* in 1925 by Ross and his wife Jane Grant.

#### **2025 KaO Budget Meetings**

- Thurs., Sept. 12 Budget Kickoff Meeting with Residents 9:00-10:00am: Refreshments and Departmental Showcase in Heiser Lounge. 10:00am-noon: Meeting, AUD, Zoom, and KOTV.
- Thurs., Oct. 31 Budget Update with Residents, 10:00am-noon, AUD, Zoom, and KOTV.
- Mon., Nov. 25 Final Budget Meeting with Residents, 4:00-5:30pm, AUD, Zoom, and KOTV. ~Ann O'Malley, CFO, KaO

#### Did You Know?









Air travel is among the top causes of global warming. Reconsider your travel choices: vacation closer to home; take the train; Zoom frequently with family and skip the big holiday gatherings.

~Mary Joy Leaper

## From the John Bartram Arboretum Maples

There are 13 native maple species in North America, but not all grow in our area. The best known here are black maple, red maple, silver maple, and sugar maple.

In March 2017, I wrote about the sugar maple. This article focuses on a native, the red maple (*Acer rubrum*), and a newer non-native to our Arboretum, the paperbark maple (*Acer griseum*).

Known for its beautiful fall colors, the deciduous red maple is found in eastern North America. Fast growing, it reaches 60 to 90 feet in height. The red maple tolerates a wide range of conditions. Its wood is soft and its seeds are eaten by small mammals.

Many of our maples here at Kendal are red maples. There is a whole row of them down the center of the roadway from Center Pond to the three-way stop sign. If we plant more maples, we



Red Maples Near Center Pond. Picture Credits: Kathy Caldwell.

should be adding other maple species. There are four paperbark maples in

our Arboretum. Have you noticed any of these beautiful trees? The easiest one to find is just behind the Education Center, between the building and the sidewalk.



Behind the Ed. Center.

Notice its interesting bark, which gives this maple its name. Endangered in China, its native habitat, this tree is fast growing and small in size. It has four-



Paperbark Maple Bark.

season interest, with its unique leaves which are late to emerge, beautiful late fall color, lingering seeds, and of course, its bark. The bark clings to the trunk and is not messy. This tree likes to be moist, but when established can manage some drought. Deer are not likely to bother it.

~Anne Helm for the Arboretum Committee

#### References:

- https://bygl.osu.edu
- https://arboretum.harvard.edu

#### How the Oberlin Salvation Army Helps Our Community Mon., Sept. 23 - 7:15pm - AUD, KOTV

Examining Racism in America to Forge a More Equitable Future

Human Service Worker Stephanie Walker, Oberlin Salvation Army Services Unit, will talk about the services provided to the community and how they help area individuals and families, with particular emphasis on meeting the special challenges African American individuals and families face. ~Arlene Dunn

#### **Indigenous Peoples Interest Group's Plans for October**

Oberlin celebrates Indigenous Peoples' Day on October 14. Kendal's Indigenous Peoples Interest Group has plans for the entire month, including:

- Informative bulletin board displays
- Tues., Oct. 8, program on Decolonizing Cinema: Native Americans in Film
- Kendal library display of books including new acquisitions

Watch for details in the October *Kendalight*. To join our mailing list and be notified of our next monthly meeting, email Carol Conti-Entin.

#### **Solution to Kendal Acrostic #10**

Timothy Snyder, *On Tyranny:* "By establishing a system of checks and balances, the founding fathers sought to avoid the evil that they like ancient philosophers called tyranny. They had in mind the usurpation of power or circumvention of the law by rulers for their own benefit."

Copies of the Kendal Acrostic for Puzzle Aficionados created by Nina Love and Polly McIlrath are available in the Kendal library on a stand in front of the desk.

#### KENDAL RESALE SHOP

Benefiting Kendal Residents Assistance Fund (RAF) and Community Charities

#### SHOP!

Wednesday-Saturday 11:00am-5:00pm (closed Sunday-Tuesday)

#### DONATE!

Bring your donations of clean, gently used, ready-to-wear clothing and usable household items to the box outside the shop, 24/7.

Given to RAF, year to date:

Total contribution: \$26,964.



Remember!
Wear your name
tag so newcomers
(and old-timers)
can tie your name
to that face!

#### Saturday Walks

Come explore walking areas off the KaO campus. The walks are leisurely, about 2-3 miles, and generally scenic. We meet outside the Heiser Reception Desk every Saturday at 9:00am (weather permitting) to car pool. Come join us!

- Sept. 7 Sandy Ridge Reservation
- Sept. 14 Indian Hollow Royal Oaks
- Sept. 21 Carlisle Equestrian Center
- **Sept. 28** Oberlin Reservoir Questions? Contact Phil Pritchett.

#### **Table Tennis Hours**

Come and play on Wednesday, Friday, and Sunday, 10:00am-noon in Heiser Auditorium. **All are welcome!** 

~Phil Pritchett

#### **Insurance Workshops**

Donna Weber, our KaO insurance coordinator, will present workshops in September and October in the Education Center Training Room and via Zoom.

- Wed., Sept. 18, 10:00am Things to Consider During Open Enrollment.
- Wed., Oct. 2, 10:00am Managed Care Plans & the Language of Health Insurance.
- Wed., Oct. 16, 10:00am Medicare with Medigap or a Retirement Plan Secondary to Medicare.

Zoom links are included in the listing of insurance workshops placed in resident mailboxes in August.



#### **Event Links**

- For "inside Kendal" program links, contact Carol Harvey.
- For "outside Kendal" community cultural and educational events, contact Barbara Gordon-Lickey.

#### Christ Episcopal Communion Thurs., Sept. 12 - 10:30am Green Room

Christ Episcopal Church of Oberlin returns for a monthly celebration of Holy Communion in the Green Room on second Thursdays at 10:30am. Service lasts about 45 min. and includes scripture, prayer, a hymn, and a short sermon on the saint of the day, concluding with Communion.

Any resident interested in a service of Christian Communion is welcome, regardless of denominational or congregational membership. Founded in 1855, Christ Church is historically a socialjustice oriented, LGBTQ+ affirming parish, only the second congregation in the Episcopal Church to permit a woman to preside at the altar (1974). Questions? Contact Fr. Andy McQuery fr.andy@christchurchoberlin.org or at 440-775-2501.

#### Let's Dance!

**English Country Dancing to live music played by** *Consensus* 

Sundays - 7:15pm - AUD Contact: Judy Cook

#### **Line Dancing**

Mondays - 4:15pm - AUD Contact: Dan Reiber

#### **Square Dancing**

Tuesdays - 4:00pm - AUD Contact: Donna and Larry Steele

## Rollator Dancing to live music played by *Confusion*

Tuesdays - 5:00pm - AUD Contact: Judy Cook

#### Centering With Indira Palekar Mondays - 11:00-11:30am Zoom and WSCC

Psychologist Indira Palekar offers our community a time to reflect on suggested topics. Contact Kim Peters for the Zoom link (kpeters@kao.kendal.org).

#### **Church Services**

First Church in Oberlin, UCC Sun., 10:00am, WSCC

**Oberlin Friends Meeting** Sun., 10:30am, Ed Center, Zoom

## Oberlin Unitarian Universalist Fellowship

Sun., 10:30am, Zoom

Roman Catholic Mass St. Patrick's Cathedral, NYC Sun., 11:15am, WSCC

Christ Episcopal Church Sun., 12:30pm, WSCC, YouTube

Catholic Communion Service Sat., 3:30pm, Green Room

Christ Episcopal Communion Thurs., Sept. 12, 10:30am, Green Room

#### Newcomer Introductions Wed., Sept. 18 - 4:00pm - KOTV

Don't miss this opportunity to become better acquainted with some of your newest neighbors! ~Sharon Furrow

## The Kendalight

Monthly newsletter of the Kendal at Oberlin Residents Assn. 600 Kendal Dr., Oberlin, OH 44074 Managing Editor: Elizabeth Aldrich Associate Editor: Suzanne McDougal Proofreaders: Barb Benjamin, Deborah Gray, Anne Martin, Polly McIlrath, Mary Simons

Profile Photos: Sally Nelson-Olin

- Deadline for the October 2024 issue of *The Kendalight* is September 15.
- The editors regret that they cannot assume responsibility for errors in content in material submitted for publication.
- Note: Please submit articles by email to our address: <u>klite600@yahoo.com</u>
- If no email access, please type article on separate sheet, sign, and place in *The Kendalight* open mailbox.
- All articles must carry a signature and telephone number.



### Dining Matters

You have probably noticed that we have new faces among the servers. This is the time of year of the great transition. It comes with the beginning of the school year. Some of our favorite servers have moved on, but there are equally interesting young people to get to know. Please make an effort to welcome them and be patient as they get their feet on the ground. Serving in our dining rooms is a complicated business

Lisa Wilken is working to fill other slots in the dining staff. One of the critical but little-known jobs is the receiving clerk. Did you ever consider how complicated it must be to unload all the delivery trucks that arrive here each week and put those groceries away? It was challenging enough doing that job in our homes. Imagine how difficult it is to store the food for about 350 people. Keep your fingers

crossed that she finds a good person soon to do this job.

One of the ways you can tell that we are short of kitchen staff is the Langston evening closures. Friends' Corner in the SCC must always be fully staffed. The Fox and Fell must also always have enough staff to serve all its tables. That leaves the Langston as the facility that can safely close at dinner.

When you notice that it is open for dinner, I urge you to decide to try it. The seating space is much quieter than the Fox and Fell. Moreover, the food is delicious. The menu is designed with maximum flexibility in mind. Talk to those who have discovered the excellence of the fare. You will be pleasantly surprised. Besides, it is easy to slip into a table and meet people you did not already know.

~Barbara Pierce, Chair, Dining Matters Committee

Solo Diners: Come fill our table!

#### Solo Diners Tues., Sept. 24 - 5:30pm - Den

Join solo Kendal residents monthly for dinner and conversation in the Den. There is no planned agenda – just informal sharing. If your usual dinner partner will be elsewhere, do join us.

Sign-up sheet is posted by the open mailboxes the week before. The Den holds only 16 diners.

# Threads: Drop Off or In Person in the Craft Room Thursdays - 11:00am-noon

We do simple sewing jobs for residents only. We shorten pants, sew on buttons, patch holes, sew up seams, and mend toes of socks. Bring your clean, bagged items to the Craft Room anytime, place them on the table, and fill out the work order form located on the clipboard. Call Regina Shea or stop by during open hours.

## Mon., Sept. 23 - 2:00-3:00pm - Education Center Michele Tarsitano will distribute a packet of material on Mo

Michele Tarsitano will distribute a packet of material on Mon., Sept. 9, via email. Answers will be reviewed at the in-person meeting on Sept. 23. If you would like to receive the packet, please email Michele at <a href="mailto:mtars@kao.kenda.org">mtars@kao.kenda.org</a>.

#### **Suggestions and Concerns**

**Cranium Crunches** 

Mon., Sept. 9 and Nov. 11 - 2:00-3:00pm - Crossroads Room Mon., Oct. 14 and Dec. 9 - 2:00-3:00pm - Whittier Lounge

The Suggestions and Concerns Committee listens to your suggestion or concern in confidence (privately, if you wish), discusses it with you, and refers the matter to a pertinent department head or committee chair. 

~Janet Neuman, Chair

#### Grief Support Group Tues., Sept. 24 - 10:00am - Green Room

We meet on the fourth Tuesday of the month, facilitated by licensed social worker Melissa Thompson. Our group is inclusive to anyone who has experienced a significant loss, not only for those who have lost a loved one. Contact Melissa (<a href="mailto:mkthompson@kao.kendal.org">mkthompson@kao.kendal.org</a>).

**Need to Change a Date for a Scheduled Event?** Notify *The Kendalight* and WKAO so we can update your event on the website or elsewhere!

# Cognitive Issues Discussion Group Fri., Sept. 27 - 10:30am Education Center Training Room

All are welcome.

~Jesse Carlock

#### **©UU Kendal Gathering** Tues., Sept. 17 - 2:00-3:00pm Green Room

#### Lift Your Spirit: Poems, Songs, Stories

We'll welcome Rev. Kristina Church, our new part-time minister at the Oberlin Unitarian Universalist Fellowship, to talk about our future plans.

All are welcome.

SUN	MON	TUE	WED	THU	FRI	SAT
First Church Service 10:00am WSCC Quaker Worship	Chronicle News 10:00am WSCC	Chronicle News 10:00am WSCC	Chronicle News 10:00am WSCC	Chronicle News 10:00am WSCC	Chronicle News 10:00am WSCC	Saturday Walk 9:00am Heiser
10:30am Ed Ctr, Zoom RC Mass 11:15am WSCC	Centering Time 11:00am Zoom, WSCC	Themed Film (see p. 4) 1:00pm WSCC	News Currents 1:00pm WSCC	Christ Episcopal Communion Service 9/12 10:30am Green Rm	Art History 1:00pm WSCC	Ken Burns video 1:00pm WSCC
Christ Episcopal Service 12:30pm WSCC Film (see p. 4) 7:00pm WSCC English Country Dancing 7:15pm AUD	Documentary (see p. 4) 1:00pm WSCC Line Dancing 4:15pm AUD The Crown 7:00pm WSCC	Square Dancing 4:00pm AUD Rollator Dancing 5:00pm AUD Travels by Narowboat 7:00pm WSCC	SCC Council 9/25 3:00pm Friends Corner Encore Film (p. 4) 7:00pm WSCC Song Swap 7:00pm AUD 9/11, 9/25	Musical Film (see p. 4) 1:00pm WSCC  Jazz Listening 2:00pm WHT 9/5, 9/19 Classical Music 2:00pm WHT 9/12, 9/26		Catholic Communion Service 3:30pm Green Rm Film (see p. 4) 7:15pm, AUD, KOTV
1	2 Labor Day	3	4	5	6	7
Basket Fundraiser now through Sept. 6 Heiser Lounge Live Music Meráki String Quartet and Pandan String Quartet 4:00pm AUD		LLL Class: Imperial Supreme Court? Jonathan Entin 10:30am AUD	ACLU of Ohio 7:15pm AUD, KOTV	Art in Our Lives 1:00pm Art Studio  New Brain Study at Cleveland Clinic 7:15pm AUD, KOTV	Parkinson's Support Group 1:30pm Green Room Basket Raffle Drawing 3:00pm HL	Walk to End Alzheimer's 10:00am LCCC, Elyria bus leaves 9:00am
8	9	10	11	12	13	14
Live Music Kendal Presents 4:00pm AUD	Lunch with Kim & Cyndi Noon Den Voting Information 12:30-2:00pm Green Rm Suggestions, Concerns 2:00pm Crosroads Wonder Confronts Certainty, G.S. Morson 7:15pm AUD, KOTV	LLL Class: Imperial Supreme Court? 10:30am AUD	Coffee Hour with Seth 9:30 am Langston, KOTV Lunch Bunch Woodfired Wonders, Oberlin Bus Iv. 11:30am	Budget Kickoff 9:00-10:00am HL refreshments 10:00am AUD, Zoom, KOTV Len's Trolley 4:30pm HL Nathaniel Hawthorne and the Puritan Ethic 7:15pm AUD, KOTV	Trip to Miller's Apple Hill Bus Iv. Heiser 9:00am, returns 11:00am.  Being an Ally to Trans and Nonbinary People 1:30-3:00pm Green Rm	FAVA Art Fair in the Square 10:00am-4:00pm Tappan Square Sign up for Kendal bu
15	16	17	18	19	20	21
Live Music TBA 4:00pm AUD	Plans for Amtrak in	LLL Class: Imperial Supreme Court? 10:30am AUD UU Gathering 2:00pm Green Rm	Insurance Workshop: Consider Open En- rollment 10:00am Ed Ctr, Zoom Newcomer Intros 4:00pm KOTV Mercy Health Sys-	KORA Council 10:00am AUD, KOTV  KaO Health Services 4:00pm AUD, KOTV	Contemporary Music Ensemble, Tim Weiss, conductor 7:30pm Warner	Artist's Talk Jill Milenski 4:00pm AUD, KOTV Oberlin Orchestra, James Feddeck, guest
	Ohio 7:15pm AUD, KOTV	Cognitive Change 7:15pm AUD, KOTV	tems Foundation 7:15pm AUD, KOTV	Round Table 7:15pm AUD, KOTV		conductor 7:30pm Finney
22	23	24	25	26	27	28
Verona Quartet and faculty strings 2:30pm Warner Live Music LCCC Dixieland	Cranium Crunches 2:00pm Ed Center	Grief Support Group 10:00am Green Rm Solo Diners 5:30pm Den	Disclosure Statement Ann O'Malley 4:00pm AUD, KOTV	Oberlin Equity Conversation 1:00pm Green Rm	Cognitive Issues Discussion Group 10:30am Ed Ctr Training Room  Oberlin Chamber Orch.	Artist Recital Series, Takács Quartet, Julien Labro, bandoneón
Jazz Band 4:00pm AUD	Oberlin Salvation Army 7:15pm AUD, KOTV		Faculty Recital, Peter Takács, piano; Ross Karre, percussion 7:30pm Warner	Sinfonietta Tim Weiss, conductor; Katherine Jolly, voice 7:30pm Warner	James Feddeck, conductor; John Gruber, trombone 7:30pm Finney	4:30pm Finney tx
29	30					
	LLL Class: Art of	Note:	Sente	amher	2024	

Live Music TBA 4:00pm AUD LLL Class: Art of Japan's Meiji Period Kevin Greenwood 10:30am AUD

Voting Information 12:30-2:00pm Green Rm

#### Note:

"Home" events (at Kendal) are in Bold.

"Away" events are not.

## September 2024

Zoom: See kaores.org Calendar for link.

**KOTV:** Cable 920, 19-2, or 95-101 **WSCC:** Cable 921, 20-1, or 96-100



Corn Harvest Moon Sept. 17, 7:31pm, Wildflower Hill