

Kendal  
atOberlin

WKAO

***Swan on Rock  
Pond  
by Rebecca  
Cardozo***



***Wednesday, March 13***

# Dining Changes

**Langston.** The Langston has moved to a bistro-style menu – with meal selections cooked to order.

**Langston meal hours, Mon. - Sat.**

**Breakfast. 7:30 am - 9:30 am**

**Lunch. 11:30 am - 1:30 pm**

**Dinner. 4:45 pm - 6:30 pm**



**Fox & Fell.** Open for dinner & Sundry brunch.  
The cycled menu continues to be available.

# **Wednesday Dinner**

## **SOUP**

**Chicken Tortilla Soup**  
**Vegetarian Potaje**



## **DESSERTS**

**Custard Pie**

**Honeydew Melon**

## **SALADS**

**Salad Bar**

**Roasted Butternut  
Squash Salad**



# **Wednesday Dinner**

## **ENTREES**

**Flank Steak w/Chimichurri**  
**Queso Stuffed Chicken**  
**Vegan Rice & Beans**

## **ACCOMPANIMENTS**

**Roasted Mushrooms**  
**Roasted Peppers & Onions**  
**Spanish Rice**



# **Stretch and Strength Class**



**with Craig Maracci on  
DVD**

**Mon., Wed., Fri.  
8:45 - 10:00 am  
Auditorium**

# **POOL MONITOR times for WEDNESDAY**

**9:30-11:30am**



**9 am Stretch and Meditate with Claire**

**Blood Pressure Clinic**

**Every Wednesday**

**10:00am - 12:00pm**

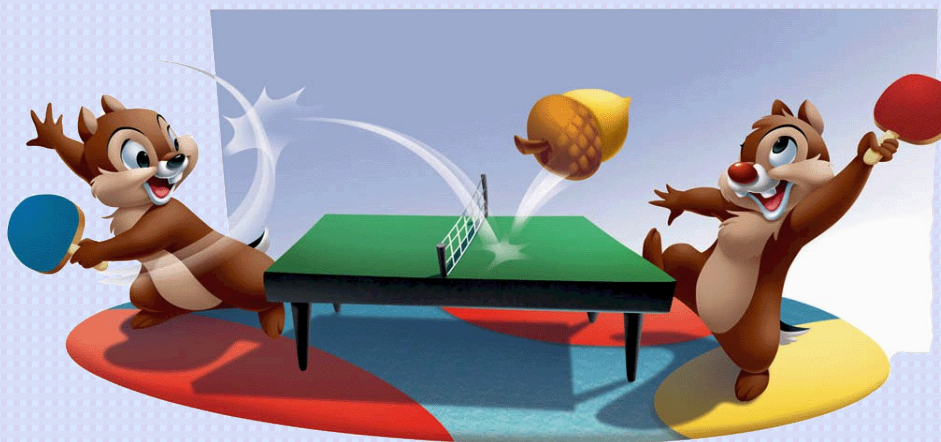
**Ohio Living Office**

**(across from Health & Wellness Clinic)**





# **Stay in Shape with Table Tennis**



***Wednesday, Friday and Sunday***  
**10:00 a.m. to noon in Heiser Aud.**



# Lunch Bunch



## Main Street Grill

**Wed., Mar. 13**

***Sign up for bus.***

**Leaves Heiser at 11:30 am**

# Oberlin Opera Theater Preview



## **Scenes from Monteverdi's L'Orfeo**

**Wed., Mar. 13, 4:00  
Heiser Aud.**



# ***Kendal Song Swap***

**Sing a song  
or just listen.**

***Wednesday, March 13 at 7 pm***

**Auditorium,  
(Zoom by Request)**

# Oberlin College Artist Recital Series



## Artemis

**Wed., Mar. 13, 7:30**

**Finney Chapel**

***Sign up for Kendal bus.***

**Tickets by phone**

**440-775-8169**

**Coffee Hour  
with  
Seth Vilensky**



**Thurs., Mar. 14, 9:30 am  
Langston & KOTV**

✠ CHRIST CHURCH ✠

KENDAL<sup>®</sup>  
*at Oberlin*

**Celebration of Holy Communion**

**with Fr. Andy McQuery**

**March 14 at 10:30 am**

**Green Room**

**James Theodore Holly, Bishop (*Lent Service*)**

*All worship services are open to all.*

WSCC Musicals

# *Swing Time*

1936

Thurs., Mar. 14

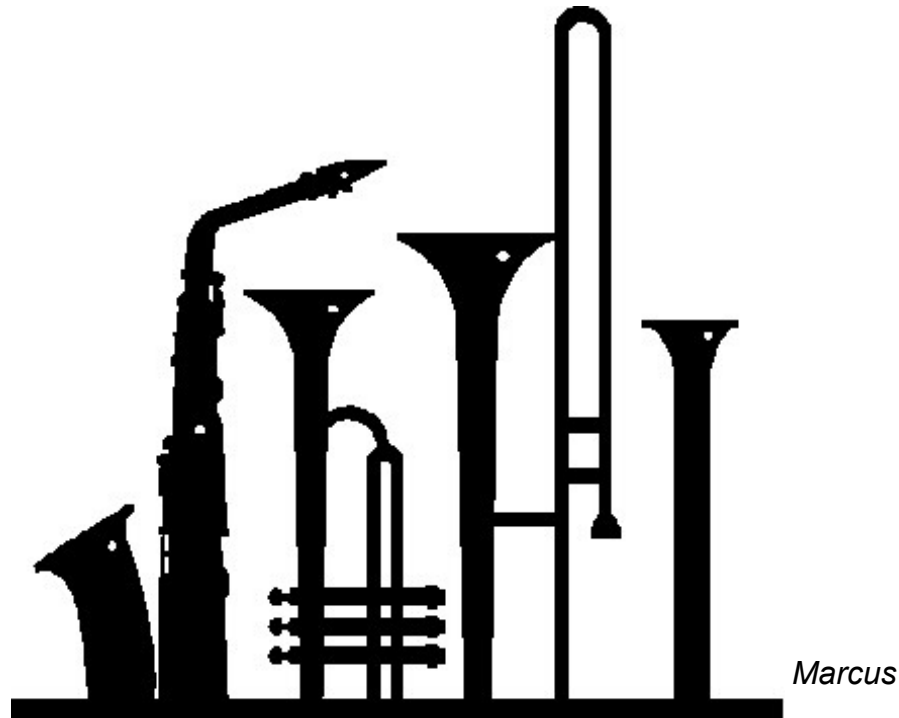
1 pm

WSCC





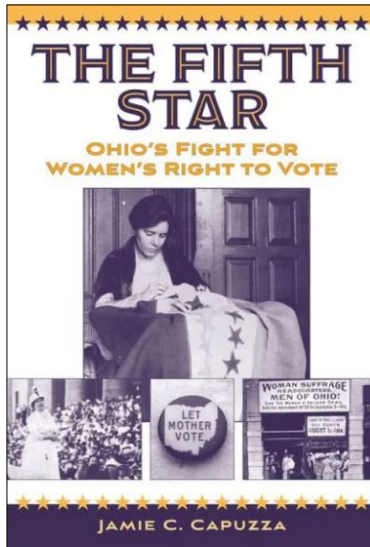
# Jazz Listening



**Thurs., Mar 14, 2:00 pm**  
**Auditorium**

# Oberlin Heritage Center

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## **“The Fifth Star: Ohio’s Fight for Women’s Right to Vote”**

**Jamie Capuzza, Ph.D.**

**Thurs., Mar. 14, 7:15 pm**  
**Heiser Aud.**



# **Oberlin Opera Theater**

## **Monteverdi's L'Orfeo**

**Thurs., Mar. 14, 8:00  
Hall Aud.**

**Tickets by phone  
440-775-8169**

***Sign up for Kendal bus.***



**Have your cake  
and eat it too?**

**Learn how a Charitable Gift Annuity can  
benefit both Kendal at Oberlin and you.**

***with Ann O'Malley, CFO, &  
Tom Konkoly, Committee on Philanthropy***

**Friday, Mar. 15, 9:00 am  
Thomas Education Center**



**For Sale!**  
**Past Spring**  
**Fling**  
**Decorations**

**Dancing Figures**  
**from 2 years ago**

**Sat., Mar. 16, 1-3 pm**  
**Aud.**

# Saturday Night Movie

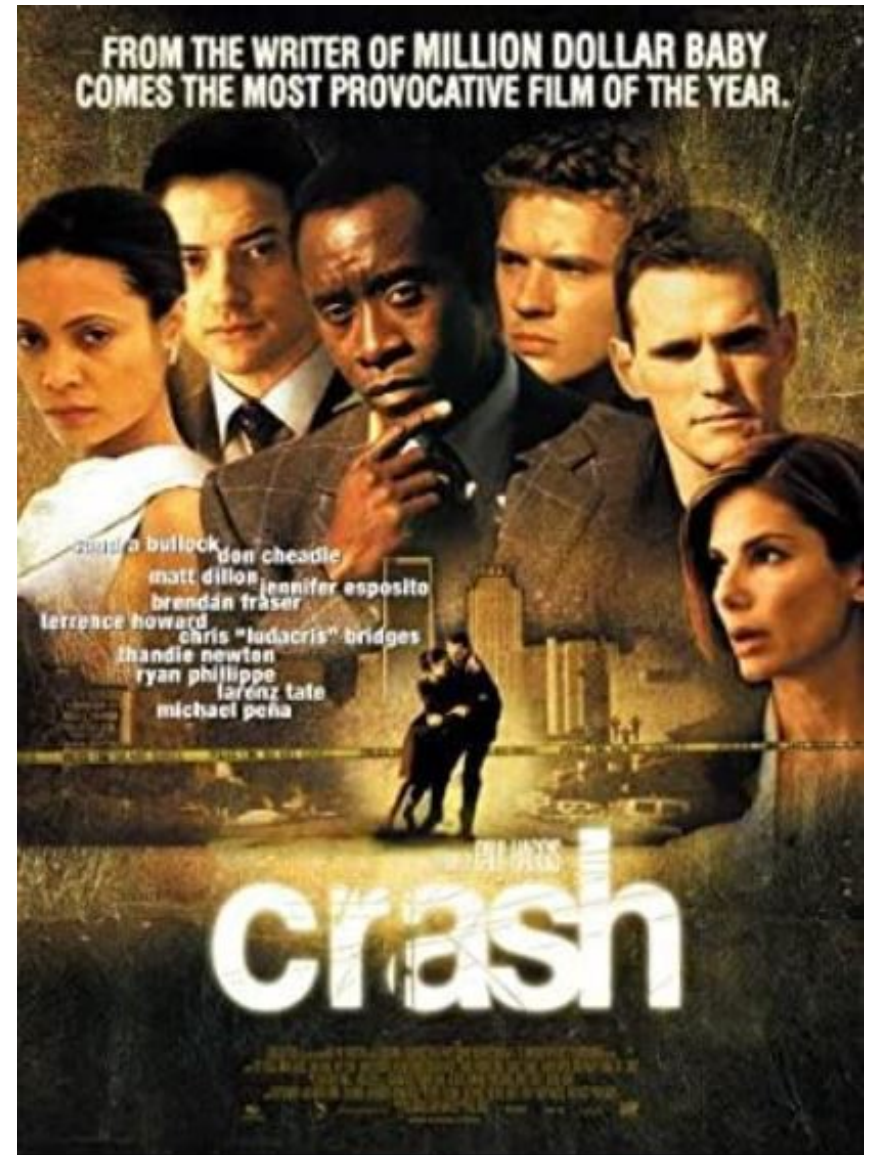
## *Crash*

2004

Sat., Mar. 16,

7:15 pm

Aud. & KOTV



# **Fabulous Finds!**

## **Kendal Resale Shop**



**Excellent support on this like-new office chair with adjustable height and ample armrests.**

**Fabulous Find: \$45.**

**Open Wed - Sat, 11-5. Donations: 24/7**





# Using the Oberlin Public Library:

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## Service to Kendal Residents

- **Get a Library card.**
- **Request a “hold” on an item: online or via email to Kelly Molesky ([kmolesky@oberlinlibrary.org](mailto:kmolesky@oberlinlibrary.org)).**
- **Get your items on Thursdays in the “OPL Pickup” box under the open mailboxes.**
- ***For more info, see instructions at open mailboxes.***

# Rehome EUREKA!

**Please place your  
old copies in the  
Eureka box under  
the open mailboxes  
for others to enjoy.  
Thank you!**



**Lisa Wilken asks us ...**

**Please remember to return the green plastic take-out food containers, ASAP.**



**Place on the  
conveyor belt  
in Langston.**

I don't like it when people  
text me in abbreviations at  
this old age. They be like  
"GM!" Well, General Motors  
to you too





WKAO

**To email inquiries or requests for  
WKAO  
please use address  
[wkao@kao.kendal.org](mailto:wkao@kao.kendal.org)**