



Jane's Cosmos by
Kathy Caldwell

***Thursday,
September 21st***

Thursday Lunch



SOUP

Turkey Gumbo
Soup



SALADS

Salad Bar

Herb, Tomato
and Orzo
Salad

DESSERTS

Rice Krispie Bars

Apricot Halves

Thursday Lunch

ENTREES

Assorted Pizza

Jamaican Jerk Beef Kabob

BLT Wrap

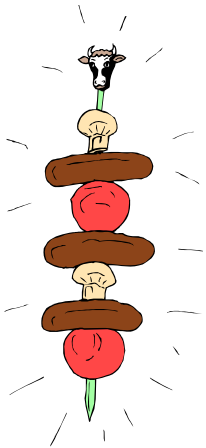
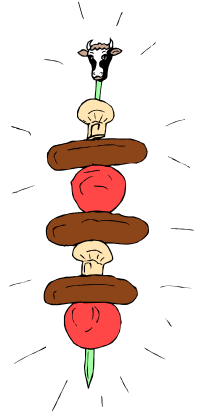
ACCOMPANIMENTS

Potato Wedges

Zucchini & Tomatoes

Basmati Rice

Vegetable Medley



Thursday Dinner

SOUP

Split Pea Soup

SALADS

Salad Bar

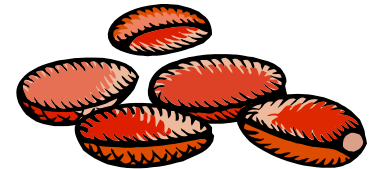
Spinach and
Mushroom Salad



DESSERTS

Toll House Pie

Fresh Fruit



Thursday Dinner



ENTREES

Swedish Meatballs

Hidden Valley Fried Chicken

Tri Colored Quinoa Loaf

ACCOMPANIMENTS

Mashed Potatoes

Long Grain and Wild Rice

Sautéed Greens



Green Peas

Kendal Resale Shop

On-Site Sale at Cottage #209

(near parking lot 15)

50 % off Marked Prices

Now thru Friday, Sept. 22

Daily 8AM–7PM

NOTE: This is a “No Holds” sale. Payment must be made at time of selection. Large items can be tagged for pickup on or before Sept 22.

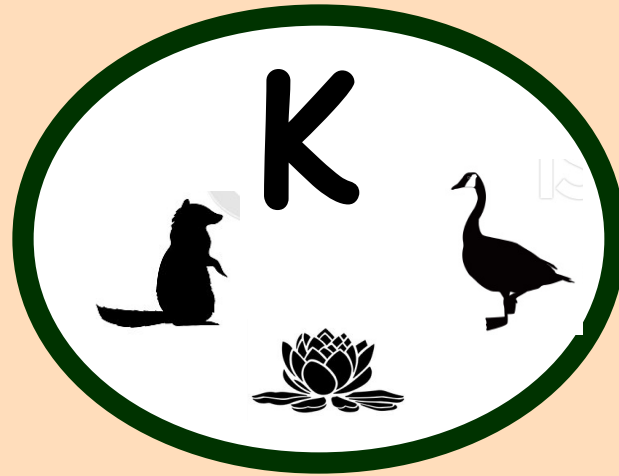
Art Sale

Thurs., Sept 21—9am-3pm

West Corridor

Due to lack of space for many of the art pieces that have been donated to K@O, the Art Committee is offering some for reasonable prices at this “de-accessioning” sale.

Proceeds will go to the Art Committee for use in the repair or reframing of some valuable pieces.



KORA COUNCIL

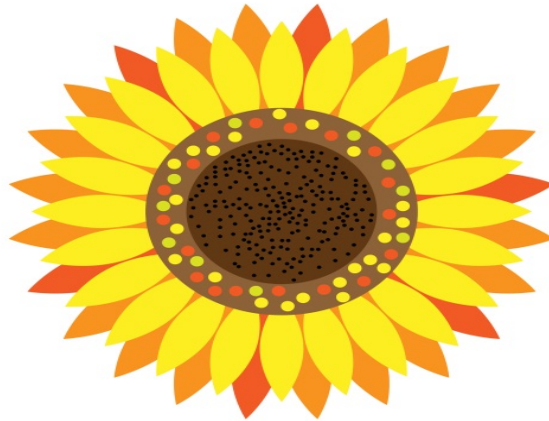
Thursday, Sept. 21

10:00 a.m.

Heiser Auditorium

**All residents are invited to attend!
See the bulletin board for the agenda.**

Afternoon Exchange with
Barbara Thomas
POSTPONED



DATE TO BE DETERMINED

Heiser Auditorium

**Third Thursday Lecture:
“Diversity Forum on Hispanic/Latino Issues”
Victor Leandry, executive director,
El Centro de Servicios Sociales
He will discuss the impact, needs, and
accomplishments of the Latino Community
in our area. Sponsored by Kendal’s
Diversity Awareness Committee.**

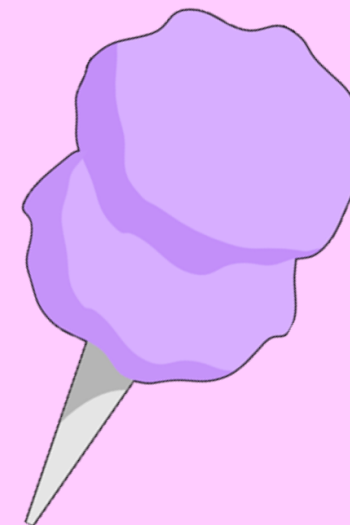
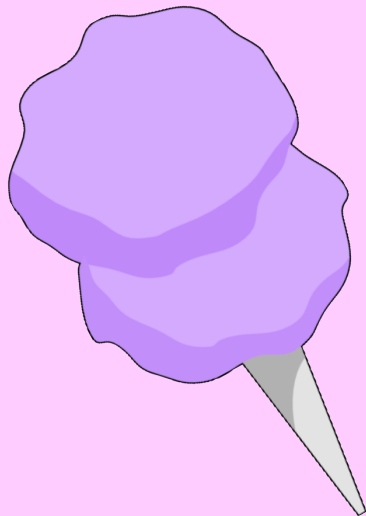


**Sept. 21, 7:15 pm
Auditorium**

Oberlin Chamber Orchestra
Raphael Jimenez, Conductor
Darrett Adkins, cello
OC Associate Prof.

Thurs., Sept. 21
8:00pm—Finney Chapel
Sign up for Kendal bus.





PURPLE

WITH A PURPOSE FRIDAY

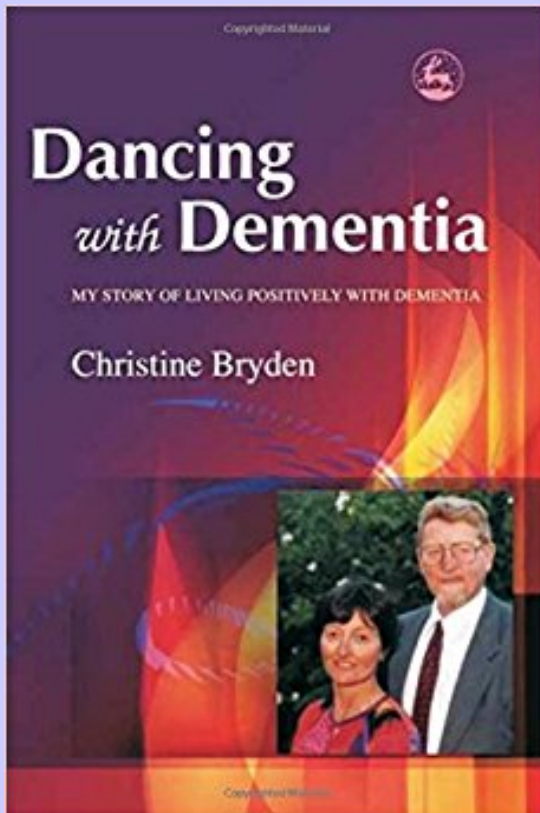
September 22 -- 11:30-3:00—Langston

Cotton Candy \$1.00 each

ALL PROCEEDS GO TO THE ALZHEIMER'S WALK



**Another book club reading of
Dancing with Dementia
will be starting this Friday, Sept. 22,
at 1:00pm in the Ed. Ctr. Training Room.**



**Those interested should
contact Jill Tvaroha or
Priscilla Steinberg
There are a few books
available.**

“Parkinson’s Disease at Kendal”
An Open Conversation with Kim Peters

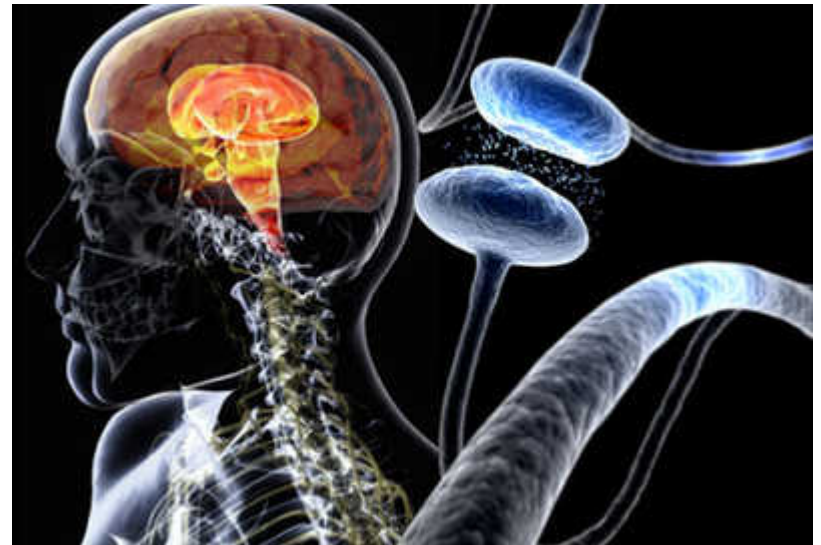
Friday, Sept. 22nd 3:00pm

Green Room

Sponsored by PAAR

Parkinson’s Awareness, Advocacy & Resource Group

For more info
Contact Bob VanDale
7742293



**“Thoughtful Health Conversations” THC,
(formerly Conversations Working Group),
is a subcommittee of Thoughtful Medicine.
A current project encourages the idea of
Wellness Partners.**

Friday, Sept. 22, at 4:00 pm

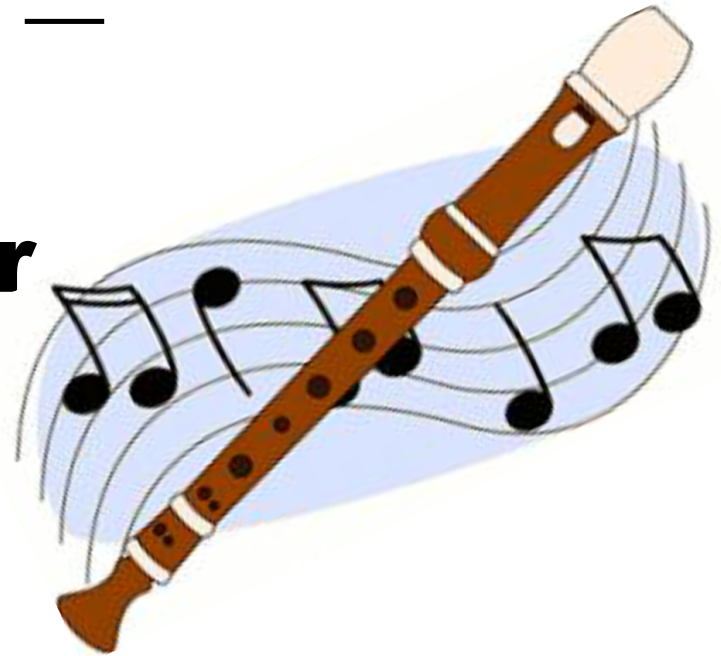
**In the Education Center Training Room
Sign up on a clipboard by the open mailboxes.
Questions to Elizabeth Hole, chair.**

Friday Concert

Friday, September 22nd

4:00 p.m.


**Kendal's Recorder
Small Group
"Toot Sweet"**




in the
Gathering Room

Virtual Trolley Rides with Rod Knight, in Memory of Len Garver. Friday, Sept. 22 Heiser Lounge, 5:00 to 6:15 PM





**Saturday
September 23rd
Walk in the Park
To Tappan Sq. for
Alzheimer's Walk**



**Meet at Heiser
at 9:00 a.m.**



Residents-Staff-Guests WELCOME

Pamper yourself on Saturday

at



PS Salon and Spa

Salon is open
9:00am-1:00pm
Wed. thru Sat.





Styrofoam Recycling Drop-off

Saturday, Sept. 23rd – Sunday, Oct. 1st, 2017



**Last
Collection
in 2017**

Drop-off your molded
EPS#6 Styrofoam™
packaging at:

ACE
Hardware

291 S. Main St.

No Styrofoam accepted after October 1, 2017

– Block Styrofoam Only –

No Peanuts or Food service Styrofoam accepted.

Questions 440-935-0096

Oberlin Orchestra
Raphael Jimenez, Conductor
Stanislav Ioudenitch, Piano,
OC Associate Professor of piano



Saturday, Sept. 23
8:00pm—Finney Chapel
Sign up for Kendal bus.

**A Memorial Gathering
for**

Bill Schreiner



Sunday, Sept 24

At 3:00 pm in

the Auditorium with

Reception following in the

Courtyard Garden



Guest Chamber Music Recital

Members of the Cleveland Orchestra

Sunday, Sept 24 at 8 pm

Kulas Recital Hall

Sign up for the Kendal Bus

Mindfulness

...To be fully present and not overwhelmed...



Come to a presentation by Bill Harper, E.D.
United Way of Lorain County

**A basic introduction to practical mindfulness,
including techniques for work and play**

Wed Sept 27, 9:30 am – 10:30 am

642 Broadway Ave in Lorain

**– *Kendal Transportation will be provided* –
Still time to sign up—clipboard by open mailboxes.**